

Dubuque Area Swimmin' Hurricanes
DASH Summer Mid-week
Closed Invitational

- ISI SANCTION: *IA-17-55*
- RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will govern this meet.
- TEAMS INVITED: DASH, DMET & RCA
- DATES: Wednesday, July 5, 2017
- TIME: Afternoon
Warm-ups: 4:10 p.m.
Competition: 5:00 p.m.
Coaches Meeting: 4:00 p.m.
- SITE: Loras College – San Jose Pool
1901 Cox St. (between Kirkwood and 17th Street)
Dubuque, IA 52001
Indoor, 6-lane, with diving well for warm-up / cool-down
Water Depth: *at Start end, 5.25'-6.25', at turn end, 4.5'*
Colorado Timing system w/touch pad and back-up button and two watch back-ups.
The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). A copy of the certification is on file with USA Swimming.
- COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) as verification that all certifications are current and on file.
- WARM-UPS: ISI Warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.
- RACING STARTS
CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start

each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY

1) Swimmers must be current USA Swimming registered athletes and members of DASH, DMET or RCA in order to compete.

REQUIREMENTS:

- 2) A swimmer may enter up to 4 individual events per day.
- 3) Seed times must be submitted for a 25 yd. course. Converted times are not allowed.

ENTRY LIMITS:

100 Splashes/lane/session

Pursuant to Rule 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less. Relays may be scratched if timeline exceeds four hours.

ENTRY FEES:

ISI Swimmer Surcharge - \$3.00 per swimmer
Meet Entry Fee – \$5.00 per swimmer
Please make check payable to D.A.S.H.

ENTRY FORMS:

Entries must be submitted electronically in Hy-Tek format. When submitting electronic entries, please provide a printout of your entries for backup and the ISI Financial Sheet (APP-8.1). Team will receive the meet results electronically following the meet.

Electronic entries accepted will be confirmed via a return email message.

ENTRY DEADLINE:

Entries must be received by Wednesday, June 28, 2017. Fees are due by Wednesday, July 5, 2017 at the start of the meet.

LATE ENTRIES

Late entries will be accepted up to 4 p.m., July 5, 2017. New swimmers entering the meet must show proof of current USA Swimming membership.

SEND ENTRIES TO:

Doug Colin
coachdoug@teamdash.org

MEET DIRECTOR:

Bob Wuebker

dbqwuebkers@mchsi.com
Mark Cooper
coopermark@hotmail.com

563-543-1105
P.O. Box 1062
Dubuque, IA 52004-1062

REFEREE: Dan Hammel
hammel64@gmail.com

SCORING: *Team and individual scores will not be kept.*

AWARDS: *12 & younger events - Individual events Ribbons 1st – 6th*

MEET OPERATION:

- 1) Events will be *pre-seeded*.
- 2) There *will not* be a Clerk of Course, however, DASH will have volunteers behind the blocks for 8 & Under events to help guide the swimmers to their lane.
- 3) If names are on entry sheets for relays, those names will be on the relay cards at the meet.
- 4) Swimmer check in *is not* required.
- 5) The host is not required to provide rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the Referee. **NO ADDITIONAL** break will given to swimmers swimming in consecutive events (e.g. - 11&12 50 Breast & Senior 100 Breast).
- 6) All events are mixed gender.
- 7) Events may be combined to facilitate meet operation and separated later.
- 8) Deck Changes are prohibited.
- 9) Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials and must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.
- 10) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms)any time athletes, coaches, officials and/or spectators are present.

MEET COMMITTEE: A meet committee comprised of the Referee, Meet Director, Coach

Representative, Athlete Representative and one Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Referee.

SCRATCHES: ISI Scratch Rule is in effect.

NO SMOKING OR ALCOHOL: *Smoking (or any use of tobacco) and the consumption of alcohol is NOT ALLOWED anywhere on the Loras College campus.*

USA REGISTRATION: Any athlete whose registration and fee has not been received by ISI at least 24 hours before the start of competition will NOT be permitted to swim. No registrations will be accepted at the meet.

SWIMMERS WITH DISABILITIES: Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required.

CAMERAS: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

OTHER INFORMATION: *Programs & final results will be available for purchase.*
There will not be an equipment vendor in attendance.
A limited concession stand will be available.
Spectator seating is available on the balcony. Spectators are NOT ALLOWED on the pool deck.

INDEMNITY: By participating in this meet, it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

*DASH Summer Mid-week Invitational
Wednesday, July 5, 2017
Sanction # - IA-17-55
Loras College – San Jose Pool
25yd. Course*

Warm-ups: 4:10 p.m. / Competition: 5:00 p.m.

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u> |
|----------------|------------------|----------------------------|
| 1 | Senior | Mixed 100 Free |
| 2 | 8 & Under | Mixed 25 yd. Freestyle |
| 3 | 10 & Under | Mixed 50 yd. Freestyle |
| 4 | 11 & 12 | Mixed 50 yd. Freestyle |
| 5 | Senior | Mixed 50 yd. Freestyle |
| 6 | 8 & Under | Mixed 25 yd. Breaststroke |
| 7 | 10 & Under | Mixed 50 yd. Breaststroke |
| 8 | 11 & 12 | Mixed 50 yd. Breaststroke |
| 9 | Senior | Mixed 100 yd. Breaststroke |
| 10 | 8 & Under | Mixed 25 yd. Backstroke |
| 11 | 10 & Under | Mixed 50 yd. Backstroke |
| 12 | 11 & 12 | Mixed 50 yd. Backstroke |
| 13 | Senior | Mixed 100 yd. Backstroke |
| 14 | 8 & Under | Mixed 25 yd. Butterfly |
| 15 | 10 & Under | Mixed 50 yd. Butterfly |
| 16 | 11 & 12 | Mixed 50 yd. Butterfly |
| 17 | Senior | Mixed 100 yd. Butterfly |
| 18 | 10 & Under | Mixed 100 yd. I.M. |
| 19 | 11 & 12 | Mixed 100 yd. I.M. |
| 20 | Senior | Mixed 200 yd. I.M. |
| 21 | Senior | Mixed 500 yd. Freestyle |
| 22 | Senior | Mixed 200 yd. Backstroke |
| 23 | Senior | Mixed 200 yd. Breaststroke |
| 24 | Senior | Mixed 200 yd. Butterfly |
| 25 | Senior | Mixed 400 yd. I.M. |

