

Dubuque Area Swimmin' Hurricanes
D.A.S.H. Valentines Classic
Friday, February 10 – Sunday, February 12, 2017
Loras College – San Jose Pool, Dubuque, IA
Age Group & Senior OPEN

ISI SANCTION: IA-17-06R. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: Friday, February 10 – Sunday, February 12, 2017

TIME:	<u>Coaches Mtg.</u>	<u>Warm-ups</u>	<u>Competition</u>
Friday Night	4:20	4:30 – 5:20	5:30
Saturday a.m.	8:20	8:30 – 9:20	9:30
Saturday p.m.	If necessary	Not before 1:30	Not before 2:15
Sunday a.m.	If necessary	7:30 – 8:20	8:30
Sunday p.m.	If necessary	Not before 12:30	Not before 1:15

If warm-ups will be split, teams shall be notified of their designated warm-up period by 6 p.m., Tuesday, February 7, 2017.

SITE: Loras College – San Jose Pool
1901 Cox St., Dubuque, IA 52001
Cox St. is closed between Loras Blvd. & 17th. Parking available next to pool and at corner of 17th & Cox.

FACILITY: Indoor, 6-lanes, 25 yd.
Water Depth: 4 ½' – 5' at turn end / 5 ½' – 6 ½' at the starting end.
Colorado Timing System 6 with non-slip touchpad, back-up button and 2 stopwatches per lane at starting end. For 25 yd. races from the starting blocks, two buttons (one primary / one back-up) & 2 watches per lane at turn end.
The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of such certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) and present a current USA Swimming coach membership card to the referee or his or her designee to verify that all certifications are current and on file.

WARM-UPS: The ISI mandatory warm-up procedure will be followed in accordance with the ISI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee

will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers must enter in the age group events corresponding to each swimmer's age on the first day of the meet.
3. Swimmers may enter no more than four individual events per day.
4. Seed times must be submitted for a 25yd. course. A swimmer's (or relay's) seed time can be no faster than the best time the swimmer (or relay) has achieved in an event swum in the same length pool as this meet. Converted times are not allowed.

4-HOUR RULE: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$5.00 per event.
2. Relays: \$8.00 per relay.
3. ISI swimmer surcharge: \$3.00 per swimmer.
4. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimm' Hurricanes. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted only from ISI teams, ISI affiliated unattached swimmers and out of LSC teams who participated in 2016 - STAT-WI and ORCA-IL - beginning at 1 p.m. on Monday, December 26, 2016.
2. All other entries will be accepted beginning on Monday, January 2, 2017.

3. Manual entries, along with entry fees and financial sheet, must be received no later than Monday, February 6, 2017.
4. Electronic entries must be received no later than Noon, Monday, February 6, 2017. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Wednesday, February 8, 2017. Failure to submit the hardcopy and fees by this deadline will result in entries being scratched.
5. Entries **will not** be accepted by phone or fax.

LATE ENTRIES: Late entries will not be accepted.

SWIMMERS WITH DISABILITIES: Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO: Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin
1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Bob Wuebker
rwuebker@cottinghambutler.com
563-542-9247
&
Mark Cooper
coopermark@hotmail.com
563-663-0810

REFEREE: Dan Hammel
marihammel@gmail.com
563-580-3593

OFFICIALS: DASH welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact referee Dan Hammel at 563-580-3593 / marihammel@gmail.com.

MEET COMMITTEE: A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the ISI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. Events in Session I (Friday evening) will be deck seeded. All other events will be pre-seeded.
2. Positive check-in **IS** required for ALL events in Session I (Friday evening) by 5:00 p.m. *Swimmers who fail to check-in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding.*
3. Positive check-in **IS** required for EVENTS 65 & 66, 11 & Over 500 Free in Session IV, by 9 a.m., Sunday, Feb. 12. *Swimmers who fail to check-in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding.*
4. Swimmers in the afternoon sessions (10 & younger) shall report to the Clerk of Course when called.
5. Events may be combined to facilitate meet operation and separated later for results and scoring.
6. The 1650 Free, 9&10 500 Free, and 400 IM will be swum fastest to slowest, alternating women and men.
7. The 1650 Free is limited to the fastest 12 women and fastest 12 men. If fewer than 12 men or women enter, additional swimmers of the opposite gender will be accepted, not to exceed a combined total of 4 heats. When the entry limit is reached, swimmers who don't make the cutoff will be allowed to enter other individual events.
8. For the 8 & Under 100 relays, the swimmers WILL be allowed to exchange from the deck at the end of the pool opposite the starting blocks. Water depth meets safety requirements.
9. If names for relay events are included in entries, those names will be on the relay cards at the meet.
10. Deck changes are prohibited.
11. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
12. Deck Pass is acceptable proof of membership in USA Swimming. Coaches, Officials and Volunteers must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.
13. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms)any time athletes, coaches, officials and/or spectators are present.

SCORING:

See AWARDS for age group categories.

PLACE:	1	2	3	4	5	6
Individual Event:	7	5	4	3	2	1
Relay Events:	14	10	8	6	4	2

AWARDS:

All results for individual events will be separated into the following age group categories prior to scoring and awards: 6 & Under, 7, 8, 9, 10, 11, 12, 13, 14, and 15 & Over.

Individual Events 1st – 6th Ribbons in each age, 12 & younger

Relay Events: 1st – 3rd Ribbons for 8&Under and 10&Under
Individual High Point: 1st place Trophy in each age, 12 & younger
There are no awards for swimmers age 13 and older

SCRATCHES: The ISI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the daily total.

USA SWIMMING REGISTRATION: USA Swimming registrations will NOT be accepted at the meet. Any athlete whose registration and fee has not be received by ISI at least 24 hours before the start of competition will be scratched from the meet and will NOT be permitted to compete during this meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: Loras College is a “Tobacco Free” campus. The use of any tobacco products or alcohol is prohibited in the swimming venue.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Each team will receive a copy of the program.
Results. Electronic results will be provided to all teams participating in the meet. Final results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
Concessions. Light & healthy snacks. Water & sports drinks.
Swim apparel/merchandise. Splash MultiSport will be the on site vendor.
Spectator information. No admission for spectators. Free parking is available.

INDEMNITY: In granting this approval it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

DUBUQUE AREA SWIMMIN' HURRICANES

D.A.S.H. Valentine's Classic

Age Group / Senior / 8 & Under OPEN

25 yd. Course

Loras College – San Jose Pool, Dubuque, IA

Friday, February 10 – Sunday, February 12, 2017

Sanction # - IA-xx-yy

FRIDAY, FEBRUARY 10, 2017

Session I: Warm-ups: 4:30 – 5:20 p.m.

Competition: 5:30 p.m.

<u>GIRLS Event #</u>	<u>Age Group</u>	<u>Distance & Event</u>	<u>BOYS Event #</u>
1	11 & Over	1650 Freestyle * +	2
3	9 & 10	500 Freestyle +	4
5	11 & Over	400 I.M.	6
7	9 & 10	200 I.M.	8

POSITIVE CHECK-IN IS REQUIRED for ALL events in Session I (Friday evening) by 5:00 p.m. Swimmers who fail to check in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding.

* 1650 Free – Entries in the 1650 will be limited to the fastest 12 women and fastest 12 men. If fewer than 12 men or women enter, additional swimmers of the opposite gender will be accepted, not to exceed a combined total of 4 heats. When the entry limit is reached, the overflow swimmers will be allowed to enter other individual events

+ 1650 Free, 9&10 500 Free, and 400 I.M. – Swum fastest to slowest, alternating women and men.

SATURDAY, FEBRUARY 11, 2017

Session II: Warm-ups: 8:30 – 9:20 a.m.

Competition: 9:30 a.m.

<u>GIRLS Event #</u>	<u>Age Group</u>	<u>Distance & Event</u>	<u>BOYS Event #</u>
9	Senior	200 Medley Relay	10
11	11 & Over	200 Freestyle	12
13	11 & Over	100 Backstroke	14
15	11 & Over	50 Breaststroke	16
17	11 & Over	100 Butterfly	18
19	11 & Over	200 Breaststroke	20
21	11 & Over	22 Freestyle	22
23	11 & Over	200 Individual Medley	24

Session III: Warm-ups: Minimum of 40 minutes, not to begin before 1:30 p.m.

Competition: Not before 2:15 p.m.

<u>GIRLS Event #</u>	<u>Age Group</u>	<u>Distance & Event</u>	<u>BOYS Event #</u>
25	10 & Under	200 Medley Relay	26
27	8 & Under	100 Medley Relay	28
29	9 & 10	200 Freestyle	30
31	8 & Under	100 Freestyle	32
33	9 & 10	50 Backstroke	34
35	8 & Under	25 Backstroke	36
		15 minute Break	
37	8 & Under	25 Butterfly	38
39	9 & 10	50 Butterfly	40
41	8 & Under	50 Breaststroke	42
43	9 & 10	100 Breaststroke	44
45	8 & Under	50 Freestyle	46
47	9 & 10	100 Freestyle	48

SUNDAY, FEBRUARY 12, 2017

Session IV: Warm-ups: 7:30 – 8:20 a.m.

Competition: 8:30 a.m.

<u>GIRLS Event #</u>	<u>Age Group</u>	<u>Distance & Event</u>	<u>BOYS Event #</u>
49	Senior	200 Freestyle Relay	50
51	11 & Over	100 Freestyle	52
53	11 & Over	50 Butterfly	54
55	11 & Over	200 Backstroke	56
57	11 & Over	100 I.M.	58
59	11 & Over	200 Butterfly	60
61	11 & Over	100 Breaststroke	62
63	11 & Over	50 Backstroke	64
65	11 & Over	500 Freestyle	66

POSITIVE CHECK-IN IS REQUIRED for EVENTS 65 & 66, 11 & Over 500 Free, by 9:00 a.m. Swimmers who fail to check in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding.

Session V: Warm-ups: Minimum of 40 minutes, not to begin before 12:30 p.m.

Competition: Not before 1:15 p.m.

<u>GIRLS Event #</u>	<u>Age Group</u>	<u>Distance & Event</u>	<u>BOYS Event #</u>
67	10 & Under	200 Freestyle Relay	68
69	8 & Under	100 Freestyle Relay	70
71	9 & 10	100 Individual Medley	72
73	8 & Under	100 Individual Medley	74
75	9 & 10	100 Backstroke	76
77	8 & Under	50 Backstroke	78
79	9 & 10	50 Freestyle	80
81	8 & Under	25 Freestyle	82
		<i>15 Minute Break</i>	
83	8 & Under	25 Breaststroke	84
85	9 & 10	50 Breaststroke	86
87	8 & Under	50 Butterfly	88
89	9 & 10	100 Butterfly	90