

Co-hosted by Dubuque Area Swimmin' Hurricanes and Black Hawk Area Swim Team

DASH Spring Into Summer Invitational

Saturday, June 8, 2019

Holmes Jr. High Swimming Pool

12 & Under "Q-" and 8 & Under OPEN

ISI SANCTION: IA-19-65

Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: Saturday, June 8, 2019

TIME: Morning
Warm-ups: 9:30 – 10:20 a.m.
Competition: 10:30 a.m.
Coaches' Meeting: 9:20 a.m.

If warm-ups will be split, teams shall be notified of their designated warm-up period by Tuesday, June 4, 2019.

SITE: Holmes Jr. High Swimming Pool
505 Holmes Dr., Cedar Falls, IA 50613

FACILITY: Indoor, 6 lanes, 25 yard (with bulkhead at turn end and water on opposite side). Water Depth: 11 feet at starting end and 4 feet at far end. Daktronic 2000 timing system, with a minimum of two watches and one back-up button per lane.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of such certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) and present a current USA Swimming coach membership card to the Referee or his or her designee to verify that all certifications are current and on file.

WARM-UPS: The ISI mandatory warm-up procedure will be followed. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS:

All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete.
2. Swimmers must enter in the age group events corresponding to each swimmer's age on the first day of the meet.
3. Swimmers may enter no more than four individual events per day.
4. Seed times must be submitted for a 25 yd. course. A swimmer's seed time can be no faster than the best time the swimmer (or relay) has achieved in an event swum in the same length pool as this meet. Converted times are not allowed.
5. For 10 & Under (10 & Under cuts), 11&12, and 12 & Under (11&12 cuts), a swimmer MAY NOT enter an event in which they have that ISI "Q" time, in any length course (SCY, LCM, SCM).
6. 8 & Under events are OPEN, so may be entered regardless of seed time.

ENTRY LIMITS:

Pursuant to rule 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less per session. Events for the same 12 & Under shall be limited to one session per day, except where prelim/final meets where events for 12 & Under swimmers may be offered in both prelims and finals. Swimmers Relays may be scratched if timeline exceeds four hours.

Teams will not be split if received together even if it causes us to exceed the entry limit. Relays may be scratched if timeline exceeds four hours.

ENTRY SUBMISSION:

Entry fees are as follows:

1. Individual events: \$4.00 per event
2. ISI swimmer surcharge: \$5.00 per swimmer.
3. Handwritten entries (for teams entering more than five swimmers): \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to - Dubuque Area Swimmⁱⁿ’ Hurricanes. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier’s check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted only from ISI teams beginning on Friday, May 3, 2019.
2. All other entries will be accepted beginning on Friday, May 10, 2019.
3. Handwritten entries, along with entry fees and financial sheet, must be received no later than Noon, Friday, May 31, 2019.
4. Electronic entries must be received no later than Noon, Monday, June 3, 2019. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Noon, Wednesday, June 5, 2019 OR arrangements made to pay at the meet. Failure to submit the hardcopy and fees by this deadline, or make arrangements, will result in entries being scratched.
5. Entries *will not* be accepted by phone or fax.

LATE ENTRIES:

Late entries will not be accepted.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer’s coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin
1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTORS:

Bob Wuebker
dbqwuebkers@mchsi.com
563-542-9247

REFEREE:

Dan Hammel
Hammel64@gmail.com
563-580-3593

OFFICIALS:

DASH welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact Coach Doug Colin – coachdoug@teamdash.org or 563-543-1105.

MEET COMMITTEE:

A meet committee consisting of the Meet Director, Referee, a Coach Representative, an Athlete Representative, and a certified Official acting at large will be established in accordance with ISI Policies and Procedures. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. Events will be pre-seeded.
2. Positive check-in is not required.
3. Swimmers shall report to the Clerk of Course when called.
4. Events may be combined to facilitate meet operation and separated later for results and scoring.
5. Deck Changes are prohibited.
6. The host is not responsible for providing rest for swimmers entered in more than one classification (e.g., 8 & Under and 10 & Under) or in consecutive events (e.g. 50 Free & 100 Free).
7. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials and must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.
8. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms)any time athletes, coaches, officials and/or spectators are present.
9. Swimmers ages ten years and younger shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or time trials. A list of suits that is considered "Tech" suits is posted on the ISI website.

SCORING: None.

AWARDS: Individual Events: Ribbons 1st – 6th

SCRATCHES: The ISI scratch rule is in effect. NO SHOWS will be considered as an event contested and count toward the daily total.

USA SWIMMING REGISTRATION: No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: Smoking and the consumption of alcohol is not permitted in the swimming venue. Cedar Falls Schools and Holmes Jr. High, in particular, is a “Tobacco Free” campus. No smoking or use of chewing tobacco is allowed on school property.

IMAGE AUTHORIZATION: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Each team will receive a copy of the program.
Results. Electronic results will be provided to all ISI teams and any non-ISI team participating in the meet. Final results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
Concessions. None will be available.
Swim apparel/merchandise. There WILL NOT be a vendor present.
Spectator information. No admission for spectators. Free parking available.

INDEMNITY: In granting this approval it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Saturday Morning

Coaches Meeting: 9:20 a.m.

Warm-ups: 9:30 – 10:20 a.m.

Competition: 10:30 a.m.

<u>GIRLS #</u>	<u>Fastest Entry Time</u>	<u>AGE GROUP / Event</u>	<u>Fastest Entry Time</u>	<u>BOYS #</u>
1		8 & Under / 25 Free		2
3	:33.00	10 & Under / 50 Free	:33.30	4
5	:28.90	11 & 12 / 50 Free	:29.40	6
7	1:02.50	12 & Under / 100 Free	1:04.20	8
9		8 & Under / 25 Breast		10
11	:46.20	10 & Under / 50 Breast	:46.60	12
13	:38.30	11 & 12 / 50 Breast	:39.60	14
15	1:24.90	12 & Under / 100 Breast	1:25.50	16
17		8 & Under / 25 Back		18
19	:38.80	10 & Under / 50 Back	:40.30	20
21	:33.90	11 & 12 / 50 Back	:35.30	22
23	1:11.80	12 & Under / 100 Back	1:15.80	24
25		8 & Under / 25 Fly		26
27	:38.30	10 & Under / 50 Fly	:40.50	28
29	:32.20	11 & 12 / 50 Fly	:34.20	30
31	1:16.70	12 & Under / 100 Fly	1:16.50	32
33		8 & Under / 100 I.M.		34
35	1:25.40	10 & Under / 100 I.M.	1:26.30	36
37	1:13.10	11 & 12 / 100 I.M.	1:15.00	38
39	2:36.70	12 & Under / 200 I.M.	2:44.20	40