

Dubuque Area Swimmin' Hurricanes



D.A.S.H. Bronze "Final"

Saturday, February 2, 2019

Hempstead High School Pool, Dubuque, IA

8 & Under OPEN / Age Group & Senior SUB-Silver Champs

ISI SANCTION: IA-19-13. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: Saturday, February 2, 2019

TIME:

	<u>Coaches Mtg.</u>	<u>Warm-ups</u>	<u>Competition</u>
Saturday a.m.	8:15 a.m.	8:30 - 9:20 a.m.	9:30 a.m.

If warm-ups will be split, teams shall be notified of their designated warm-up period by 6 p.m., Tuesday, January 29, 2019.

SITE: Hempstead High School Pool
3715 Pennsylvania Ave., Dubuque, IA 52002

FACILITY: Indoor, 8-lanes, 25 yd. Only Lanes 1 - 6 will be used for competition and starts during warm-ups.
Water Depth: Varies from 4' - 11' at the starting block end / 3 ½' constant depth at the shallow end. All starts will be done from the block end. Colorado Timing System 6 w/touchpad and one-button back-up at the primary start end and 2-button electronic timing at the shallow end for 25 yd. races and 2 watches per lane.
The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of such certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29).

WARM-UPS: The ISI mandatory warm-up procedure will be followed in accordance with the ISI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee

will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter no more than four individual events
3. Swimmers MAY NOT enter an event in which they have achieved an ISI Silver Championships or faster qualifying time, in any length course.
4. Seed times must be submitted for a 25yd. course. Converted times are not allowed. If a swimmer does not have a time for an event, please enter NT.

4-HOUR RULE: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$4.00 per event.
2. ISI swimmer surcharge: \$5.00 per swimmer.
3. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimmin' Hurricanes. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted only from ISI teams and ISI affiliated unattached swimmers beginning at 1:00 p.m. on Wednesday, December 26, 2018.
2. All other entries will be accepted beginning at 1:00 p.m. on Wednesday, January 2, 2019.
3. Manual entries, along with entry fees and financial sheet, must be received no later than Monday, January 28, 2019.
4. Electronic entries must be received no later than Noon, Monday, January

28, 2019. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Wednesday, January 30, 2019. Failure to submit the hardcopy and fees by this deadline will result in entries being scratched.

5. Entries **will not** be accepted by phone or fax.

LATE ENTRIES: Late entries WILL NOT be accepted.

SWIMMERS WITH DISABILITIES: Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO: Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin
1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Bob Wuebker
dbqwuebkers@mchsi.com
563-542-9247

REFEREE: Dan Hammel
marihammel@teamdash.org
563-580-3593

MEET COMMITTEE: A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the ISI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. There will be NO Clerk of Course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes.
2. Events may be combined to facilitate meet operation and separated later for results and scoring.
3. Deck changes are prohibited.
4. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
5. Deck Pass is acceptable proof of membership in USA Swimming.

Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his/her delegate or leave the pool deck.

6. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

7. Swimmers, age ten years and younger, shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or time trials. A list of suits that are considered "Tech" suits is posted on the ISI website.

SCORING: None

AWARDS: Individual Events 1st – 6th Ribbons for 12 & Younger only

SCRATCHES: The ISI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the total.

USA SWIMMING REGISTRATION: USA Swimming registrations will NOT be accepted at the meet. Any athlete whose registration and fee has not been received by ISI at least 24 hours before the start of competition will be scratched from the meet and will NOT be permitted to compete during this meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: ALL Dubuque Community School District property, including Hempstead High School, are "Tobacco Free" areas. The use of any tobacco products or alcohol is prohibited.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Each team will receive a copy of the program.
Results. Electronic results will be provided to all teams participating in the meet. Final results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
Concessions. Light & healthy snacks. Water & sports drinks.
Swim apparel/merchandise. Splash MultiSport will be the on site vendor.
Spectator information. No admission for spectators. Free parking is available.

INDEMNITY:

In granting this approval it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Iowa Swimming Sanction #: IA-19-13

Girls #	Max Entry Time (SCY/LCM/SCM)	Age Group	Event	Max Entry Time (SCY/LCM/SCM)	Boys #
1	1:04.30/1:13.40/1:11.30	13 & Over	100 Free	1:02.60/1:11.90/1:09.10	2
3	1:11.90/1:21.60/1:19.50	11 & 12	100 Free	1:13.90/1:22.50/1:21.20	4
5	1:28.50/1:40.50/1:37.40	10 & Under	100 Free	1:29.60/1:42.80/1:38.40	6
7		8 & Under	25 Breast		8
9	1:25.60/1:39.30/1:34.40	13 & Over	100 Breast	1:23.20/1:35.20/1:31.20	10
11	44.10/51.10/48.60	11 & 12	50 Breast	45.60/52.30/50.00	12
13	55.50/1:04.00/1:00.80	10 & Under	50 Breast	56.00/1:04.00/1:01.10	14
15		8 & Under	25 Back		16
17	1:13.20/1:25.40/1:20.800	13 & Over	100 Back	1:11.50/1:26.20/1:18.60	18
19	39.00/45.10/42.90	11 & 12	50 Back	40.60/46.30/44.50	20
21	46.60/54.20/51.30	10 & Under	50 Back	48.40/55.50/53.10	22
23		8 & Under	25 Fly		24
25	1:14.40/1:25.70/1:22.00	13 & Over	100 Fly	1:12.90/1:23.10/1:19.90	26
27	37.10/41.70/40.90	11 & 12	50 Fly	39.40/44.50/43.20	28
29	46.00/53.40/50.60	10 & Under	50 Fly	48.60/55.20/53.10	30
31		8 & Under	25 Free		32
33	29.50/33.90/32.70	13 & Over	50 Free	28.60/32.50/31.60	34
35	33.30/37.20/36.80	11 & 12	50 Free	33.90/39.00/37.30	36
37	39.60/44.60/43.60	10 & Under	50 Free	40.00/45.60/43.80	38
39	2:39.90/3:07.20/2:56.80	13 & Over	200 IM	2:35.90/3:02.40/2:51.80	40
41	1:24.10/X/1:32.80	11 & 12	100 IM	1:26.30/X/1:34.70	42
43	1:42.50/X/1:52.60	10 & Under	100 IM	1:43.60/X/1:53.70	44