Dubuque Area Swimmin' Hurricanes





D.A.S.H. Valentines Classic

Saturday, February 2 & Sunday, February 3, 2019 Hempstead High School Pool, Dubuque, IA Age Group & Senior OPEN

ISI SANCTION: IA-19-14. Held under the sanction of USA Swimming and Iowa Swimming,

Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern

this meet.

DATES: Saturday, February 2 & Sunday, February 3, 2019

TIME: <u>Coaches Mtg.</u> <u>Warm-ups</u> <u>Competition</u>

Saturday p.m. 1:15 p.m. Not before 1:30 Not before 2:30

Sunday a.m. If necessary 7:30 – 8:20 8:30

Sunday p.m. If necessary Not before 11:30 Not before 12:20

If warm-ups will be split, teams shall be notified of their designated warm-up

period by 6 p.m., Tuesday, January 29, 2019.

SITE: Hempstead High School Pool

3715 Pennsylvania Ave.., Dubuque, IA 52002

FACILITY: Indoor, 8-lanes, 25 yd. Only Lanes 1 - 6 will be used for competition and starts

during warm-ups.

Water Depth: Varies from 4' - 11' at the starting block end / 3 ½' constant depth at the shallow end. All starts will be done from the block end. 8 & Under relay starts at the shallow end, 2nd and 4th legs of the relay, will be "in water". Colorado Timing System 6 w/touchpad and one-button back-up at the primary start end and 2-button electronic timing at the shallow end for 25 yd. races and

2 watches per lane.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of such certification is on

file with USA Swimming.

COACHES:

Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29).

WARM-UPS:

The ISI mandatory warm-up procedure will be followed in accordance with the ISI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS:

All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

- 1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
- 2. Swimmers may enter no more than three individual events on Saturday and four individual and two relay events on Sunday.
- 3. Seed times must be submitted for a 25yd. course. A swimmer's (or relay's) seed time can be no faster than the best time the swimmer (or relay) has achieved in an event swum in the same length pool as this meet. Converted times are not allowed. If a swimmer does not have a time for an event, please enter NT.

4-HOUR RULE:

Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

ENTRY SUBMISSION:

Entry fees are as follows:

- 1. Individual events: \$6.00 per event.
- 2. Relay events: NO Charge
- 3. ISI swimmer surcharge: \$5.00 per swimmer.
- 4. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimmin' Hurricanes. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

- 1. Entries will be accepted only from ISI teams, ISI affiliated unattached swimmers and out of LSC teams who participated in 2017 on Wednesday, December 26, 2018.
- 2. All other entries will be accepted beginning on Wednesday, January 2, 2019.
- 3. Manual entries, along with entry fees and financial sheet, must be received no later than Monday, January 28, 2019.
- 4. Electronic entries must be received no later than Noon, Monday, January 28, 2019. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Wednesday, January 30, 2019. Failure to submit the hardcopy and fees by this deadline will result in entries being scratched.
- 5. Entries *will not* be accepted by phone or fax.

LATE ENTRIES:

Late entries WILL NOT be accepted.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email. If sent by rush delivery, indicate no signature required.

Send all print materials to – DASH / Doug Colin 1235 Cleveland Ave. Dubuque, IA 52003

MEET DIRECTOR: Bob Wuebker

dbgwuebkers@mchsi.com

563-542-9247

REFEREE: Dan Hammel

marihammel@teamdash.org

563-580-3593

MEET

COMMITTEE:

A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the ISI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

- 1. POSITIVE CHECK-IN IS REQUIRED for the following; Session I: EVENTS 1 & 2 9 & Over 500 Free and EVENTS 9 & 10 10 & Over 400 I.M., by 2:00 p.m., Saturday, February 2. Swimmers who fail to check in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding.
- 2. There will be NO Clerk of Course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes during the Sunday morning session.
- 3. Events may be combined to facilitate meet operation and separated later for results and scoring.
- 4. For the 8 & Under 100 relays, the swimmers on the 2nd and 4th legs MUST start in the water due to minimal water depth.
- 5. If names for relay events are included in entries, those names will be on the relay cards at the meet.
- 6. Deck changes are prohibited.
- 7. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
- 8. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his/her delegate or leave the pool deck.
- 9. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms)any time athletes, coaches, officials and/or spectators are present.

 10. Swimmers. age ten years and younger, shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or time trials. A list of suits that are considered "Tech" suits is posted on the ISI website.

SCORING: See AWARDS for age group categories.

> PLACE: 6 Individual Event: 5 4 3 2 1 14 10 8 6 4 2 Relay Events:

AWARDS:

All results for individual events will be separated into the following age group categories prior to scoring and awards: 6 & Under, 7, 8, 9, 10, 11, 12, 13, 14, 15 & Older.

1st – 6th Ribbons in each age, 12 & younger **Individual Events** 1st – 3rd Ribbons for 8&Under and 10&Under Relay Events: 1st place Trophy in each age, 12 & younger Individual High Point:

There are no awards for swimmers age 13 and older

SCRATCHES: The ISI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the

daily total.

USA SWIMMING USA Swimming registrations will NOT be accepted at the meet. Any athlete **REGISTRATION:** whose registration and fee has not be received by ISI at least 24 hours before

the start of competition will be scratched from the meet and will NOT be

permitted to compete during this meet.

CAMERAS: USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING

CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING

AREAS, RESTROOMS, OR LOCKER ROOMS.

NO TOBACCO OR ALCOHOL:

ALL Dubuque Community School District property, including Hempstead High School, are "Tobacco Free" areas. The use of any tobacco products or

alcohol is prohibited.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized

photographer(s) and/or network(s) of ISI and/or the host club under conditions

determined by the host club, and authorize the use of names, pictures,

likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for

trade or financial gain.

ADDITIONAL <u>Programs</u>. Each team will receive a copy of the program.

INFORMATION: Results. Electronic results will be provided to all teams participating in the

meet. Final results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.

Concessions. Light & healthy snacks. Water & sports drinks.

Swim apparel/merchandise. Splash MultiSport will be the on site vendor.

Spectator information. No admission for spectators. Free parking is available.

INDEMNITY:

In granting this approval it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

DUBUQUE AREA SWIMMIN' HURRICANES

D.A.S.H. Valentine's Classic

Age Group / Senior / 8 & Under OPEN
25 yd. Course
Hempstead High School Pool, Dubuque, IA
Saturday, February 2 – Sunday, February 3, 2019
Sanction # - IA-19-14

SATURDAY, FEBRUARY 2, 2019

Session I: Warm-ups: 1:30 - 2:20 p.m.
Competition: 2:30 p.m.

GIRLS Event #	Age Group	Distance & Event		BOYS Event #
1	9 & Over	<i>500</i>	Freestyle	2
3	10 & Under	100	Breaststroke	4
5	10 & Over	200	Breaststroke	6
7	10 & Under	<i>200</i>	Individual Medley	8
9	10 & Over	400	Individual Medley	10
11	10 & Under	100	Backstroke	12
13	10 & Over	200	Backstroke	14
15	10 & Under	100	Butterfly	16
<i>17</i>	10 & Over	<i>200</i>	Butterfly	18
19	9 & Over	200	Freestyle	20

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SUNDAY, FEBRUARY 3, 2019

Session II: Warm-ups: 7:30 – 8:20 a.m.

Competition: 8:30 a.m.

GIRLS Event #	Age Group	Distance & Event		BOYS Event #	
21 - MIXED	11 & Over	<i>200</i>	Medley Relay	21 - MIXED	
22	11 & Over	100	Freestyle	23	
24	11 & Over	<i>50</i>	Breaststroke	25	
26	11 & Over	100	Backstroke	27	
28	11 & Over	<i>50</i>	Butterfly	29	
30	11 & Over	<i>200</i>	Individual Medley	31	
32	11 & Over	<i>50</i>	Freestyle	33	
34	11 & Over	100	Breaststroke	35	
36	11 & Over	<i>50</i>	Backstroke	<i>37</i>	
38	11 & Over	100	Butterfly	39	
40 - MIXED	11 & Over	200	Free Relay	40 - MIXED	

Session III: Warm-ups: Minimum of 40 minutes, not to begin before 11:30 a.m.

Competition: Not before 12:20 p.m.

GIRLS Event #	Age Group	Distance & Event		BOYS Event #	
41 - MIXED	8 & Under	100	Medley Relay	41 - MIXED	
42 - MIXED	10 & Under	<i>200</i>	Medley Relay	42 - MIXED	
43	10 & Under	100	Freestyle	44	
45	10 & Under	<i>50</i>	Breaststroke	46	
<i>47</i>	10 & Under	50	Backstroke	48	
49	10 & Under	100	Individual Medley	50	
51	10 & Under	<i>50</i>	Freestyle	52	
53	10 & Under	<i>50</i>	Butterfly	54	
55 - MIXED	8 & Under	100	Free Relay	55 - MIXED	
56 - MIXED	10 & Under	200	Free Relay	56 - MIXED	