

IOWA SWIMMING, INC.

2020 Winter Silver and 8 & Under Championships

Hosted by Dubuque Area Swimmin' Hurricanes
February 14-16, 2020

ISI SANCTION: IA-20-51. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and Iowa Swimming technical and administrative rules will govern this meet.

DATES: Friday, February 14, 2020 - Sunday, February 16, 2020

TIMES:

SESSION		COACHES MTG	WARM UP	COMPETITION
1	FRI PM	6:15PM	5:30PM	6:30PM
2	SAT AM	8:45AM	8:00AM	9:00AM
3	SAT AFTERNOON	If needed	1:00PM *	2:00PM*
4	SAT PM	If needed	5:30PM *	6:30PM*
5	SUN AM	If needed	8:00AM	9:00AM
6	SUN PM	If needed	1:00PM *	2:00PM*

*Immediately following the prior session, but no earlier than stated time
Teams shall be notified of their designated warm-up period by Tuesday, February 5, 2019, if
warm-ups will be split

SITE: Dubuque Community Schools Aquatic Center
Hempstead High School
3715 Pennsylvania Ave. Dubuque, Iowa 52002

FACILITY: The competition course has been certified in accordance to Rule
104.2.2C(4) of USA Swimming Rules and Regulations. The certification is
on file with USA Swimming.

The Dubuque Community Schools Aquatic Center features:

- A pool which is 40 yds. long by 25 yards wide with a moveable bulkhead
- Racing course will be set so that there are eight nine-foot wide 25-yard

lanes turning at the bulkhead, with an additional five 25-yard nine-foot wide lanes for warm-up and cool-down

- Twelve-foot deep at the starting end and seven-feet deep at the turn end
- 8 & Under 25 yd. events will start from the bulkhead
- Spectrum starting blocks that include wedges and side rails
- Daktronics Timing System with eight-foot touch pads, two button back up and individual lane speakers
- Daktronics Eight-Lane Timing Scoreboard
- Separate Daktronics Video Display Board
- Stadia seating for 350 spectators
- Parking available around the Aquatic Center

COACHES:

Only currently registered USA Swimming member coaches will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current and on file with USA Swimming. Deck Pass is acceptable proof USA Swimming membership.

WARM-UPS:

The ISI mandatory warm-up procedure will be followed.

All athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the athlete in making arrangements for such supervision, but it is the athlete's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS:

All athletes entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

SEEDING AND ENTRY: All Athletes must be current Iowa Swimming Athlete Members

1. **Individual Entry Requirements:**

a. For athletes 8 and under.

- i. There are no qualifying time standards for 8 and under events.
- ii. Athletes may enter a maximum of four individual events per day plus relays provided they do not enter any 10 and under events that are competed on the same day.
- iii. Athletes 8 and under who enter 10 and under events must achieve the 10 and under Silver time standard but cannot have a time faster than a 10 and under Q time standard for the event they are entering.

b. For all other age groups:

- i. Athletes ages 9 and older may only enter events in which they have achieved an Iowa Silver time standard in their age group and **not** an Iowa Q time standard in their age group, except as noted in "iii" below.
- ii. Athletes may not enter more than four individual events per day plus relays.
- iii. Any athlete who qualifies for at least one individual event is eligible for bonus events. Bonus events cannot be used to exceed six individual

entries. Bonus events may not be one in which the swimmer has an Iowa Q time standard. Eligible bonus events are as follows:

Number of Silver Qualified Events	Number of Bonus Events Allowed
1	5
2	4
3	3
4	2
5	1

Bonus events will be seeded at the slowest NON-CONFORMING Time Standard.

iv. An athlete who has achieved a Silver qualifying time standard in either the 1000 free or the 1650 free may compete in both events even if they have not met the Silver time standard in both events. If swimming the opposite event, it will not be counted as a bonus event.

2. Para Athletes may enter events without a Silver Qualifying Time. Para Athletes must be resisted with USA Swimming as such at the time of entry. Para Athletes may not compete in events which they hold a qualifying time in ISI Championships (Q time).

3. **Relay Entry Requirements:**

- a. Athletes who have an Iowa Q time standard in the 50 yard or meter distance of a stroke MAY NOT swim that leg in a 200 relay. Athletes 13 & Over who have an Iowa Q time standard in the 100 yard or meter Backstroke, Breaststroke, or Butterfly MAY NOT swim the leg of that particular stroke in the 200 Medley Relay.

- b. There are no limits to the number of relays an athlete may swim except the athlete may swim in only one relay per event. Relay events do not count towards the individual event entry limits per day. Unattached athletes may not swim in relay events.

- c. A team may enter no more than three relay teams per gender, per relay event (an A relay, a B relay and a C relay). The maximum number of relays allowed per team, per event is determined as follows:

Number of qualified athletes a team has entered in at least one individual event within an age group	Maximum number of relays a team may enter to each relay event in each corresponding age group
1-4 athletes	1 Relay
5-8 athletes	2 Relays
9-12 athletes	3 Relays

- d. If an athlete participates in a relay prior to entering the meet and providing proof of USA Swimming registration for the Iowa LSC, the relay team shall be disqualified even if proof of registration is provided after the relay has competed.

4. **Seeding (for all age groups):**

- a. A seed time is the best time achieved in an event.

- b. Conforming seed times are short course yard times time recorded in the USA Swimming database (“SWIMS”) achieved since February 14, 2018. Long and short course meter times are non-conforming times and will be seeded in that order after conforming seed times.
- c. Athletes who have a non-conforming time recorded in SWIMS achieved since February 14, 2018 will be seeded at that non-conforming time that is recorded in SWIMS for the length of course in which the entry time was achieved. If an athlete’s time is in SWIMS but is achieved before February 14, 2018, the athlete shall be seeded at the slowest qualifying time for the length achieved. Proof of time is required if the athlete fails to achieve the event’s qualifying time at the meet.
- d. If the seed time is not in SWIMS then the athlete shall be seeded at the slowest qualifying time for short course meters. Proof of time is required if the athlete fails to achieve the event’s qualifying time at the meet.
- e. Converted times are not allowed.
- f. Athletes who age up to a new age group between the Silver Championships and the ISI Short Course Championship Meet and the ISI Age Group Championship Meet will be able to swim in the age group corresponding to their age on the first day of Silver Championships in those events offered in their current age group in which they do not have an Iowa Q time standard for their new age group, even if they have an Iowa Q time standard in those events for their current age group. Athletes who swim events under this rule will not be eligible for awards. This rule will not change the current ISI rule regarding relay competition.

ENTRY FEES:

Entry fees are as follows:

- Individual events: \$6.00 per event.
- Relays: \$10.00 per relay.
- ISI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers.
- The entry fee for each outreach swimmer is \$5.00 and covers all individual events swum by an outreach swimmer.
- Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7). There will be a \$2.00 per athlete surcharge to any team that submits entries for five or more athletes that are submitted and require manual input into Hy-Tek.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software.

Submit entries along with the ISI Financial Sheet –APP-8.3. If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet. All entry fees, including ISI athlete surcharge fee, should be combined on one check made payable to the **Dubuque Area Swimmin’ Hurricanes**. DASH reserves the right to require payment by money order or cashier’s check. Entry fees are non-refundable; ISI athlete surcharge fees will be refunded only if the entire meet is cancelled.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted beginning on Monday, January 13, 2020 at 12:00pm.
2. Entries must be received by 12:00pm on Friday, February 7, 2020. New event qualifying times achieved after the entry deadline shall be entered by noon, Monday, February 10, 2020. Entries received after these deadlines shall be considered late entries.
3. Entries will not be accepted by phone or fax.
4. Regardless of the entry system used, a hardcopy of the entries, along with entry fees and the appropriate financial sheet, must be received by the meet host no later than 15 minutes prior to the start of warmups of the first session in which the team has athletes. Teams may not receive the coach's packet, deck passes, or relay cards until entry fees have been paid.
5. If an athlete is entered into the meet in a specific event and if that athlete achieves a Q time standard in that event after noon on Friday, February 7, 2020 and the athlete or his or her coach notifies the designee for meet entries in writing prior to noon, Monday, February 10, 2020, the athlete may change to an event without the change being considered a late entry. The athlete will be given a refund of his or her individual entry fee for the specific event if the athlete qualifies for no other event in his or her age group because the athlete has met the Iowa Q time standard for all other available events.

LATE ENTRIES:

1. Late Entries will be accepted up to 6:00pm of the evening prior to the session of the event. Athletes who late enter the meet will be required to provide proof of USA Swimming Registration in ISI and proof of time.
2. Late entered athletes shall be seeded according to entry time like non-late entries, unless the session heat sheets have been printed in which case the athlete shall swim in heat one of the event or, if necessary, a zero heat shall be created.
3. All late entered relays shall be seeded with no time.
4. Late entry fees are:
 - Individual events: \$12.00 per event.
 - Relays: \$20.00 per relay.

Contact Doug Colin for questions at coachdoug@teamdash.org or (563) 543-1105 regarding late entries.

ATHLETES WITH DISABILITIES:

Athletes with disabilities are encouraged to compete. There are No Qualifying time requirements.

The Information Form for Adapted Competitive Athletes (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Meet Referee. The athlete (or athlete's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules.

SEND ENTRIES TO:

Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email. Mail all printed materials to 1235 Cleveland Ave., Dubuque, IA 52003. If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Bob Wuebker
563-542-9247
dbqwuebkers@mchsi.com

REFEREE: Dan Hammel
563-580-3593
marihammel@teamdash.org

TIMERS AND OFFICIALS:

Clubs and unattached athletes participating in this meet must provide 50% of the timers and officials on a prorated basis according to number of entries.

Officials must volunteer by 12:00 pm on Monday, February 3, 2020, to count toward meeting this requirement. Clubs will be informed about their timers and officials assignments via email to the club contact on Wednesday, February 12, 2020.

In addition, one timer is to be provided by clubs or unattached athletes for each of their athletes swimming the 1000 Free and their 1650 Free.

MEET COMMITTEE:

A meet committee consisting of the Meet Director, Referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the USA Swimming Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final

MEET OPERATION:

1. All events are time/finals.
2. All athletes shall report directly to the blocks.
3. If names for relay events are included in entries, those names will be on the relay cards at the meet.
4. Events may be combined to facilitate meet operation and separated later for results and scoring.
5. All events will be pre-seeded except the 1000 and 1650 Freestyle.
 - a) Positive check-in is required for the 1000 and 1650 Free. Positive Check-in ends 30 minutes before the start of competition of the session of the event. Check in will take place at the announcer's table. Athletes who fail to check in by the deadline and want to swim the event will be down-seeded to the slowest heats and the slowest lanes if lanes are available. Zero heats will not be created.
 - b) The 11 and over 1000 Frees will be seeded together and separated later for results and scoring. This event will be swum fastest to slowest, alternating women and men.
 - c) The 11 and 12 1650 Frees will be swum fastest to slowest, alternating women and men.
 - d) The 13 and over 1650 Frees will be seeded together and separated later for results and scoring. This event will be swum fastest to slowest,

alternating women and men.

6. The host is not responsible for providing rest for athletes entered in more than one classification (e.g., 8 & Under and 10 & Under, or Age Group and Senior). If an athlete has less than 10 minutes between events, the athlete (or athlete's coach) should inform the Referee.
7. Deck Changes are prohibited.
8. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
9. Swimmer ages ten years old and younger shall not compete while wearing "Tech" suits even when competing in Senior or Open events or time trials. A list of suits that are considered a "Tech" suits is posted on the ISI website.

SCORING:

Individual Events:

Place:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>
Points:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Relay Events:

Place:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>
Points:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Only two relays per term, per event, per gender will score points

AWARDS:

For 8 and Under Events:

Individual events: 1st - 3rd medals 4th - 8th medals 9th - 16th ribbons

Relay events:

1st - 3rd medals 4th - 8th ribbons

Individual High Point Awards will be presented to the top three boys and girls based on points earned.

An 8 & Under Championship Banner will be presented to the club with the highest combined 8 and Under boys and girls score.

For all other Age Group Events:

Individual events:

1st-3rd medals 4th-8th ribbons.

Relay events:

1st-3rd ribbons.

No individual high point awards will be given to athletes 9 and over.

ISI Team Sportsmanship-Spirit Award:

An ISI Team Sportsmanship-Spirit award will be presented to one team at the end of the meet. The Referee, one coach and one athlete from each team will vote on this award. Criteria to use for this

award will be included in the coach's packets.

SCRATCHES: The Iowa Swimming Scratch Rule is in effect.

USA SWIMMING

REGISTRATION: No athlete or club registrations will be taken at this meet. Athletes whose names do not appear on the current registration list and cannot show proof of USA Swimming/Iowa Swimming membership will not be allowed to compete in this meet.

CAMERAS: Use of audio or visual recording devices. Including cell phones, is not permitted at any time in changing areas, restrooms, or locker rooms.

NO TOBACCO

OR ALCOHOL: The use of any tobacco products or the consumption of alcohol is not permitted anywhere in the swimming venue.

IMAGE

AUTHORIZATION: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Iowa Swimming. Participants authorize the use names, pictures, likenesses, and biographical information before, during or after the meet to promote competitive swimming. All participants agree not to use awards received in this competition for the purpose of trade or financial gain.

ADDITIONAL

Programs: Each team will receive one copy of the program.

Results: Electronic results will be provided to all teams participating in the meet.

Final Results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00. Concessions: Concessions will be available onsite

Swim apparel/merchandise: Splash Multisport will be onsite. Spectator information: No admission for spectators.

INDEMNITY: It is understood that USA Swimming and Iowa Swimming, Inc shall be free from any liabilities or claims for damages by reason of injuries and during the conduct of this meet.

Order of Events

For Iowa Swimming Silver Championship Time Standards and Championship "Q" Time Standards see the Iowa Swimming, Inc. website - www.teamunify.com/team/lscis/page/times/time-standards.

Session I – Friday Evening, February 14, 2020

Warm-ups: 5:30 pm Competition: 6:30 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
1	11 & 12	1000/800 Free	2
3	13 & 14	1000/800 Free	4
5	15 & Over	1000/800 Free	6
7	10 & UNDER	500/400 Free	8
9	11 & 12	400 I.M.	10
11	13 & 14	400 I.M.	12
13	15 & Over	400 I.M.	14

Session II – Saturday Morning, February 15, 2020

Warm-ups: 8:00 am Competition: 9:00 am

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
15	11 & 12	100 FREE	16
17	10 & UNDER	100 FREE	18
19	11 & 12	100 BREAST	20
21	10 & UNDER	50 BREAST	22
23	11 & 12	200 BACK	24
25	10 & UNDER	100 BACK	26
27	11 & 12	50 FLY	28
29	10 & UNDER	50 FLY	30
31	11 & 12	100 I.M.	32
33	10 & UNDER	100 I.M.	34
35	11 & 12	50 BACK	36
37	11 & 12	200 FLY	38
39	10 & UNDER	200 MEDLEY RELAY	40
41	11 & 12	200 MEDLEY RELAY	42
		15 Minute Break	
43	11 & 12	500/400 FREE	44

Session III – Saturday Afternoon, February 15, 2020
Warm-ups: Immediately following Session II, not before 1:00 pm
Competition: Not before 2:00 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
45	8 & UNDER	100 MEDLEY RELAY	46
47	8 & UNDER	100 FREE	48
49	8 & UNDER	25 BREAST	50
51	8 & UNDER	50 BACK	52
53	8 & UNDER	25 FLY	54
55	8 & UNDER	50 FREE	56
57	8 & UNDER	100 I.M.	58
59	8 & UNDER	50 BREAST	60
61	8 & UNDER	25 BACK	62
63	8 & UNDER	50 FLY	64
65	8 & UNDER	25 FREE	66
67	8 & UNDER	100 FREE RELAY	68

Session IV – Saturday Evening , February 15, 2020
Warm-ups: Immediately following Session III, not before 5:30 pm
Competition: Not Before 6:30PM

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
69	13 & 14	100 FREE	70
71	15 & OVER	100 FREE	72
73	13 & 14	200 I.M.	74
75	15 & OVER	200 I.M.	76
77	13 & 14	100 BREAST	78
79	15 & OVER	100 BREAST	80
81	13 & 14	200 BACK	82
83	15 & OVER	200 BACK	84
85	13 & 14	100 FLY	86
87	15 & OVER	100 FLY	88
89	13 & 14	200 MEDLEY RELAY	90
91	15 & OVER	200 MEDLEY RELAY	92
		15 Minute Break	
93	13 & 14	500/400 FREE	94
95	15 & OVER	500/400 FREE	96

Session V – Sunday Morning, February 16, 2020

Warm-ups: 8:00 am

Competition: 9:00 am

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
97	11 & 12	50 FREE	98
99	10 & UNDER	50 FREE	100
101	11 & 12	200 I.M.	102
103	10 & UNDER	200 I.M.	104
105	11 & 12	200 BREAST	106
107	10 & UNDER	100 BREAST	108
109	11 & 12	100 BACK	110
111	10 & UNDER	50 BACK	112
113	11 & 12	100 FLY	114
115	10 & UNDER	100 FLY	116
117	11 & 12	200 FREE	118
119	10 & UNDER	200 FREE	120
121	11 & 12	50 BREAST	122
123	10 & UNDER	200 FREE RELAY	124
125	12 & UNDER	200 FREE RELAY	126
		15 Minute Break	
127	11 & 12	1650/1500 FREE	128

Session VI – Sunday, February 16, 2020

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
129	13 & 14	50 FREE	130
131	15 & OVER	50 FREE	132
133	13 & 14	200 BREAST	134
135	15 & OVER	200 BREAST	136
137	13 & 14	100 BACK	138
139	15 & OVER	100 BACK	140
141	13 & 14	200 FREE	142
143	15 & OVER	200 FREE	144
145	13 & 14	200 FLY	146
147	15 & OVER	200 FLY	148
149	13 & 14	200 FREE RELAY	150
151	15 & OVER	200 FREE RELAY	152
153	13 & 14	1650/1500 FREE	154
155	15 & OVER	1650/1500 FREE	156

Warm-ups: Immediately following Session V,

Competition: Not before 2:00 pm but not before 1:00 pm

FINANCIAL SHEET – SILVER and 8 & Under CHAMPIONSHIPS

MEET NAME: ISI Winter Silver and 8 & Under Championships DATE: February 14-16, 2020

TEAM NAME: _____ CODE: _____

COACHES ATTENDING MEET: _____

ENTRY CONTACT: _____

ADDRESS: _____, IA _____
Street Address City Zip

PHONE: (____) ____ - _____

EMAIL: _____

Entry Fees	Number	Fee	Total \$
Individual Entries	_____	\$6.00	_____
Relay Entries	_____	\$10.00	_____
Athletes (splash fees)	_____	\$ 5.00	_____
Outreach Swimmers	_____	\$ 5.00 (total fee)	_____
Total Entry Fees	_____		_____

MAKE CHECK PAYABLE TO:

TO WHOM DO FINAL RESULTS GO, IF REQUESTING A HARD COPY?
