

Dubuque Area Swimmin' Hurricanes



D.A.S.H. Bronze "Final"

Sunday, February 7, 2021

Dubuque Community Schools Aquatic Center at Hempstead High School, Dubuque, IA
8 & Under OPEN / Age Group & Senior OPEN

ISI SANCTION: IA-21-027. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

All applicable adults participating in or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DATES: Sunday, February 7, 2021

TIME:	<u>Coaches Mtg.</u>	<u>Warm-ups</u>	<u>Competition</u>
	7:15 a.m.	7:30 a.m.	8:20 a.m.

If warm-ups will be split, teams shall be notified of their designated warm-up period by 6 p.m., Tuesday, February 2, 2021.

SITE: Dubuque Community Schools Aquatic Center at Hempstead High School
3715 Pennsylvania Ave.
Dubuque, IA 52002

FACILITY: The competition course has been certified in accordance to Rule 104.2.2C(4) of USA Swimming Rules and Regulations. The certification is on file with USA Swimming.

The Dubuque Community Schools Aquatic Center features:

- A pool which is 40 yds. long by 25 yards wide with a moveable bulkhead
- Racing course will be set so that there are eight nine-foot wide 25-yard lanes turning at the bulkhead, with an additional five 25-yard nine-foot wide lanes for warm-up and cool-down
- Twelve-foot deep at the starting end and seven-feet deep at the turn end
- 8 & Under 25 yd. events will start from the bulkhead

- Spectrum starting blocks that include wedges and side rails
- Daktronics Timing System with eight-foot touch pads, two button back up and individual lane speakers
- Daktronics Eight-Lane Timing Scoreboard
- Separate Daktronics Video Display Board
- Stadia seating for 350 spectators - MASKS ARE REQUIRED inside the Aquatic Center. Also, SOCIAL DISTANCING is encouraged and expected. **ALL TBD**
- Parking available around the Aquatic Center
- SEE COVID Protocols later in this document

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29).

WARM-UPS: The ISI mandatory warm-up procedure will be followed in accordance with the ISI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter no more than four individual events.
3. Seed times must be submitted for a 25yd. course. Converted times are not allowed. If a swimmer does not have a time for an event, please enter NT.

4-HOUR RULE: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$5.00 per event.
2. ISI swimmer surcharge: \$5.00 per swimmer.
3. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimmin' Hurricanes. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES
AND DEADLINES:

1. Entries will be accepted only from ISI teams and ISI affiliated unattached swimmers beginning at 1:00 p.m. on Wednesday, January 13, 2021.
2. All other entries will be accepted beginning at 1:00 p.m. on Wednesday, January 20, 2021.
3. Manual entries, along with entry fees and financial sheet, must be received no later than Monday, January 24, 2021.
4. Electronic entries must be received no later than Noon, Monday, January 31, 2021. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Wednesday, February 5, 2020. Failure to submit the hardcopy and fees by this deadline will result in entries being scratched.
5. Entries **will not** be accepted by phone or fax.

LATE ENTRIES:

Late entries WILL NOT be accepted.

SWIMMERS WITH
DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin
1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR:

Bob Wuebker
dbqwuebkers@mchsi.com
563-542-9247

REFEREE: Dan Hammel
marihammel@teamdash.org
563-580-3593

MEET COMMITTEE: A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the ISI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. There will be NO Clerk of Course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes.
2. Events may be combined to facilitate meet operation and separated later for results and scoring.
3. All events will be PRE-SEEDED. NO DECK ENTRIES will be allowed.
4. EVERY athlete must be a USA Swimming, as confirmed by the Pre-Meet Recon. NO athletes are allowed to enter the meet once the Registration Recon has been performed, unless cleared by Iowa Swimming staff.
5. Deck changes are prohibited.
6. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
7. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his/her delegate or leave the pool deck.
8. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
9. Swimmers. age ten years and younger, shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or time trials. A list of suits that are considered "Tech" suits is posted on the ISI website.

SCORING: None

AWARDS: Individual Events 1st – 6th Ribbons for 12 & Younger only

SCRATCHES: The ISI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the total.

USA SWIMMING REGISTRATION: USA Swimming registrations will NOT be accepted at the meet. Any athlete whose registration and fee has not be received by ISI at least 24 hours before

the start of competition will be scratched from the meet and will NOT be permitted to compete during this meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: ALL Dubuque Community School District property, including Hempstead High School, are “Tobacco Free” areas. The use of any tobacco products or alcohol is prohibited.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Each team will receive a copy of the program.
Results. Electronic results will be provided to all teams participating in the meet. Final results will be posted on the ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
Concessions. Light & healthy snacks. Water & sports drinks.
Swim apparel/merchandise. Splash MultiSport will be the on site vendor.
Spectator information. No admission for spectators. Free parking is available.

INDEMNITY: In granting this approval it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DASH COVID - Social Distancing & Sanitation Plan

- All Practice protocols will be followed - distancing, laundry baskets, facemasks, post-practice sanitation.
- One timer per lane, operating a stopwatch and back-up button.
- Prior to any 50 yd. or longer race, swimmers will wait by the blue tape on the wall behind the block, arriving ONLY once the prior heat has started, and stepping forward when called by the Referee’s four short whistles.
- Each swimmer will do a 25 yd. EZ following their race and exit the water at the bulkhead.
- Officials will wear facemasks, except for the starter when giving start commands, at all times.
- The announcer will maintain a socially distant location OR wear a facemask.
- At the official table, the timing system operator and readout board operator will maintain a 6’ separation and wear a facemask at all times, unless from the same household.
- There WILL NOT be any printed results posted at the meet.
- The Dubuque Area Swimmin’ Hurricanes have taken enhanced health and safety measures – for you, our other guests, volunteers and our athletes. You must follow all posted instructions while attending the DASH Summer COVID Intra-squad. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe

illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the DASH Summer COVID Intra-squad, you voluntarily assume all risks related to exposure to COVID-19.

- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND IOWA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

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8 & Under OPEN / Age Group & Senior OPEN

Iowa Swimming Sanction #: IA-21-027

Girls #		Age Group	Event		Boys #
1		13 & Over	100 Free		2
3		11 & 12	100 Free		4
5		10 & Under	100 Free		6
7		8 & Under	25 Breast		8
9		13 & Over	100 Breast		10
11		11 & 12	50 Breast		12
13		10 & Under	50 Breast		14
15		8 & Under	25 Back		16
17		13 & Over	100 Back		18
19		11 & 12	50 Back		20
21		10 & Under	50 Back		22
23		8 & Under	25 Fly		24
25		13 & Over	100 Fly		26
27		11 & 12	50 Fly		28
29		10 & Under	50 Fly		30
31		8 & Under	25 Free		32
33		13 & Over	50 Free		34
35		11 & 12	50 Free		36
37		10 & Under	50 Free		38
39		13 & Over	200 IM		40
41		11 & 12	100 IM		42
43		10 & Under	100 IM		44