

DOWLING CATHOLIC RIPTIDE SWIM CLUB ATHLETE CODE OF CONDUCT

I, _____, hereby pledge to honor and support the Dowling Catholic Riptide Swimming Club by adhering to the team's Athlete Code of Conduct as stated below.

I will be respectful by using appropriate language in appropriate tones when interacting with other athletes, coaches, officials, parents, and spectators. I will not taunt, use obscene gestures, or engage in boastful celebrations that demean fellow athletes.

I will treat everyone fairly regardless of gender, disability, ethnic origin, race, religion, or sexual orientation.

I will treat all athletes, coaches, officials, parents, and spectators with dignity and respect.

I will not provide, use, or condone the use of tobacco products, alcoholic beverages, illegal drugs, or prescription drugs unless the prescription has been written for me by my physician.

I will arrive on time for all practices, and meets.

I will seek to become the best athlete I can be by practicing appropriately and eating right.

I will play by the rules of the sport, demonstrating and encouraging good sportsmanship both in victory and defeat.

I will be honest. I will not lie, cheat, or steal.

I will be respectful by not fighting or damaging the property of others.

I will cooperate with medical personnel in their efforts to care for my well-being.

I will encourage and assist my teammates in becoming better athletes and human beings. I will adhere to the team's Anti-Bullying Policy.

I have read and understand the above statements and agree to conduct myself in a manner consistent with each.

Signature of Athlete _____ Date _____

Signature of Parent/Guardian _____ Date _____