

Dowling Riptide Fall Schedule  
September 13 – December 19

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Introduction	6:45-7:30 PM	6:45-7:30 PM		6:45-7:30 PM			
8 & Under	5:45-6:30 PM	5:45-6:30 PM		5:45-6:30 PM			
9 – 10	6:30-7:30 PM	6:30-7:30 PM		6:30-7:30 PM			
11 - 12	5:45-7:15 PM	5:45-7:15 PM		5:45-7:15 PM	5:45-7:15 PM		
13 & Over	7:30-9:30 PM	7:30-9:30 PM		7:30-9:30 PM	7:30-9:30 PM	10:30-12:30 AM	

Notes:

\*DCHS will have meets on some Tuesdays. When that happens, the Intro, 8 and Unders, and 9-10 groups will move their practice to the following Friday. For the girls' season, this will happen on Sep 14 (practice will be Sep 17), Oct 5 (practice will be Oct 8), and Oct 12 (practice will be Oct 15). On those same home meet nights, the 13 and Overs will practice from 8 PM to 9:30 PM after the meet.

\*After school resumes after Christmas break, each of the age groups will add one practice per week.

Lead Coach for each group:

Introduction-Shannan Schoening  
8 and Unders-Luke Halsch  
9-10 Luke Halsch  
11-12 Paul Eure (Head Coach)  
13 and Overs-Arkady Lichinsky

Other coaches to assist where needed:

Katie Wainwright  
Anya Koenigsfeld – during college breaks  
Leo Duffy – weekends and during college breaks  
Patty Spahr  
Stephanie Tiefenthaler