



Dowling Catholic Riptide Swim Club Tryouts

*2021 Spring/Summer Season – Long Course
For new swimmers to Riptide only.*

When:

Thursday, April, 1 2021 7:00 p.m.

OR

Saturday, April 3, 2021 11:00 a.m.

The coach and team talk will be at the beginning of the tryout session.

Where:

Dowling Catholic High School Swimming Pool

1400 Buffalo Road

West Des Moines, IA 50265

Please enter through the south end of the school at the pool entrance and meet us in the pool balcony.

Spring/Summer 2021 SWIMMER TRYOUTS

- **AGE GROUPS:** boys & girls ages 7 years old to 17 years old
- **BRING:** swimsuit, goggles, towel and water bottle
- **SWIM SKILL:** Tryouts will include swimming each stroke pool length (25 yards). Strokes include: freestyle, backstroke, butterfly and breaststroke.
- **SEASON DATES:** depends on age group & meets: April - July 2021
- **SWIM MEET OPTIONS:** average of 2/month, typically on weekends in Iowa
- **CLUB FEES:** depends on the level of ability & competitive capabilities plus swim meet fees. Training group information can be found on our website under Club Info/Training Groups.
- **PARENT INVOLVEMENT:** is very important for the success of the team. We want engaged families to help our athletes to succeed. We will ask for volunteers or our hosted meet in May.

More information found on team website at dowlingcatholicriptide.com.

If you have questions, feel free to contact the team at dchsriptide@gmail.com.

