

2020 IA DMET Quad Meet

ISI SANCTION: IA-20-40
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: **Sunday, February 2nd 2020.**

<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
Session #1 (10 & Unders)	8:30 AM – 9:00 AM	9:15 AM
Session #2 (11 & Overs)	15 minutes after the conclusion of Session #1 (50-minute warm-up period)	One hour after the start of Session #2 warm-ups.
Session #3 (1650 Freestyle)	Immediately following the conclusion of Session #2 (15 minutes)	Immediately following the Session #3 warm-up duration

Teams will be notified of their designated warm-up sessions via email by **Thursday, January 30th 2020.**

Coaches meeting at **8:15 AM** and **before the start of Session #2 warm-ups (if needed)**_____.

SITE: **Davenport Central High School
1120 Main Street, Davenport, IA 52803**

FACILITY: **Pool is a 8 lane, 25 yard pool. 12 feet deep at starting end; 4 1/2 feet deep at turn end.**

Colorado 6 Timing System will be used during this meet.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

WARM-UPS: The ISI mandatory warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS:

All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming and be registered for **DMET, PSC, L4A, or RCA** in order to compete in this meet.
2. Swimmers may enter no more than **4** individual events per session.
3. Seed times must be submitted for a **25 yard**-course. Converted times are not allowed.

ENTRY LIMITS:

Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

ENTRY SUBMISSION:

Entry fees are as follows:

1. Individual events: \$4.00 per event.
2. Relays: \$8.00 per relay.
3. ISI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers.
4. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
5. Handwritten entries: \$4.00 per swimmer.

Electronic entries must be submitted in a format compatible with **Hy-TEK Meet Manager software**. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Davenport Metro Swim Team**. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from participating teams **at 10:00 AM Monday, January 20th 2020.**

2. Electronic entries must be received no later than **Tuesday, January 28th 2020 by 5:00 PM.**
3. Handwritten entries, along with entry fees, additional \$2 per swimmer and financial sheet, must be received no later than **Monday, January 27th by 5:00 PM.** Handwritten entries will not be considered entered in the meet until full payment is received.
4. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
5. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
6. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Monday, January 27th by 5:00 PM** unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
7. Entries will be confirmed via a return email receipt.
8. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform ISI meet contacts as well as any non-ISI teams with entries already accepted.

LATE ENTRIES:

1. Provided space is available, late entries will be accepted by email until **Thursday, January 30th at 12:00 PM.** After that time, they will only be accepted on deck up to the beginning of the second warm-up of each session.
2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after **Thursday, January 30th at 12:00 PM.**
3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:

Individual events: \$8.00 per event.

Relays: \$16.00 per relay.

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to **ramseyvens@gmail.com.** Send all print materials to **Ramsey Vens, 2321 N Marquette Street, Davenport, IA 52804.** If sent by rush delivery, indicate no signature required.

- MEET DIRECTORS: **Ramsey Vens, ramseyvens@gmail.com , 563.940.7063**
- REFEREE: **Kirstin Oppel, oppelk@hotmail.com, 563-340-1399**
- OFFICIALS: **Davenport Metro Swim Team** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact the Referee.
- MEET COMMITTEE: A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.
- MEET OPERATION:
1. Effective April 1, 2018, Swimmers ages ten and younger shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or Time Trials. A list of suits that is considered to be "Tech" suits is posted on the ISI website.
 2. Deck Changes are prohibited.
 3. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.
 4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 5. **Teams participating understand that there is a possibility implementing breaks between events or combining Session #1 and Session #2 meet sessions if athlete numbers are low in order to give swimmers adequate amounts of rest between their events.**
 6. **MAAPP:** All applicable adults participating in or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition
- SCORING: **No scoring for this meet.**
- AWARDS: **No awards for this meet.**
- SCRATCHES: The ISI scratch rule is in effect.
- USA SWIMMING REGISTRATION: No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.
- CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**
- NO ALCOHOL OR TOBACCO: The use of any tobacco or alcohol products is prohibited in the swimming venue.

IMAGE RELEASE:

Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL
INFORMATION:

1. Program: The final meet program will be posted to the Davenport Metro Swim Team website (www.davenportmetro.com) and sent out to participating team by Friday evening for spectators to print and use during the swim meet. Each coach will receive a copy of the program. Each volunteer official will receive a complimentary program.
2. Results: Electronic results will be provided to all teams participating in the meet. Final Results will also be posted on ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
3. Concessions: There will be concession items available at the meet.
4. There will be no clerk of course.

INDEMNITY:

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DMET/PSC/L4A/RCA Quad Meet

February 2nd, 2020

SANCTION – IA-20-40

25 YARD POOL

Session 1 - Sunday, February 2nd 2020 -Warm up 8:30 AM; Competition 9:15 AM

EVENT

1	Mixed 10&Under 50 Free
2	Mixed 8&Under 25 Free
3	Mixed 10&Under 100 Fly
4	Mixed 8&Under 50 Fly
5	Mixed 10&Under 200 IM
6	Mixed 8&Under 100 IM
7	Mixed 10&Under 50 Breast
8	Mixed 8&Under 25 Breast
9	Mixed 10&Under 100 Back
10	Mixed 8&Under 50 Back
11	Mixed 10&Under 100 IM
12	Mixed 8&Under 25 Fly
13	Mixed 10&Under 50 Fly
14	Mixed 8&Under 50 Breast
15	Mixed 10&Under 100 Breast
16	Mixed 8&Under 25 Back
17	Mixed 10&Under 50 Back
18	Mixed 8&Under 50 Free
19	Mixed 10&Under 100 Free

Session 2 - Sunday, February 2nd 2020 –

Warm up: 15 minutes following the conclusion of Session 1; Competition: 60 minutes after the start of warm-up.

EVENT

20	Mixed 11 – 12 100 Back
21	Mixed Open 200 Back
22	Mixed 11 – 12 100 Free
23	Mixed Open 100 Free
24	Mixed 11 – 12 200 IM
25	Mixed Open 200 IM
26	Mixed 11 – 12 50 Breast
27	Mixed Open 100 Breast
28	Mixed 11 – 12 100 Fly
29	Mixed Open 200 Fly
30	Mixed 11 – 12 100 Breast
31	Mixed Open 200 Breast
32	Mixed 11 – 12 50 Free
33	Mixed Open 50 Free
34	Mixed 11 – 12 50 Back
35	Mixed Open 100 Back
36	Mixed 11 – 12 100 IM
37	Mixed Open 200 Free
38	Mixed 11 – 12 50 Fly
39	Mixed Open 100 Fly
40	Mixed 11-12 200 Free
41	Mixed Open 500 Free

Session 3 – Sunday, February 2nd 2020 –

Warm up: Immediately following the conclusion of Session 2; Competition: 20 minutes after the start of warm-up.

EVENT

42	Mixed Open 1650 Free
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