

Dubuque Area Swimmin' Hurricanes



Spring Into Summer

Saturday, June 12, 2021

**Dubuque Community Schools Aquatic Center at Hempstead High School, Dubuque, IA
OPEN INVITE**

Hosted by the Dubuque Area Swimmin' Hurricanes (DASH)

ISI SANCTION: IA-21-066. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

All applicable adults participating in or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DATES: Saturday, June 12, 2021

TIME:	<u>Day</u>	<u>Coaches Mtg.</u>	<u>Warm-ups*</u>	<u>Competition</u>
	Morning (10&Under)	7:15 am	7:30 - 8:10 am	Not before 8:20 am
	Afternoon (11&12)	TBD	Not before 11:00 am	Not before 11:50 am
	Evening (13&Over)	TBD	Not before 2:30 pm	Not before 3:20 pm

Session 2 & 3 start times will be determined once entries are received.

* Warm-ups WILL be split if numbers dictate (over 68 swimmers). Groups will be determined once entries are received. Sessions will be 40 minutes each group.

SITE: Dubuque Community Schools Aquatic Center at Hempstead High School
3715 Pennsylvania Ave., Dubuque, IA 52002

FACILITY: The competition course has been certified in accordance to Rule 104.2.2C(4) of USA Swimming Rules and Regulations. The certification is on file with USA Swimming.

The Dubuque Community Schools Aquatic Center features:

- A pool which is 40 yds. long by 25 yards wide with a moveable bulkhead
- Racing course will be set so that there are eight nine-foot wide 25-yard lanes turning at the bulkhead, with an additional five 25-yard seven-foot wide lanes for warm-up and cool-down
- 6'4" deep at the starting end and 6'7" deep at the turn end
- 8 & Under 25 yd. events will start from the bulkhead

- Spectrum starting blocks that include wedges and side rails
- Daktronics Timing System with eight-foot touch pads, two button back up and individual lane speakers
- Daktronics Eight-Lane Timing Scoreboard
- Separate Daktronics Video Display Board
- NO SPECTATORS will be allowed in the aquatic center*.
- Parking available around the Aquatic Center
- The meet will be live-streamed on via the DASH website. Details to follow.
- SEE COVID Protocols later in this document

* Spectators could possibly be allowed, depending on reduction of restrictions by USA Swimming and local health authorities. Final decision will be made by Monday, June 7, 2021.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29).

WARM-UPS: The IASI mandatory warm-up procedure will be followed in accordance with the IASI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter up to five (5) individual events.
3. Seed times must be submitted for a 25 yd. course. Converted times are not allowed. If a swimmer does not have a time for an event, please enter NT.
4. Swimmers must enter the age group as of June 12, 2020.

4-HOUR RULE: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

ENTRY FEES & SUBMISSION:

1. Individual events: \$6.00 per event.
2. ISI swimmer surcharge: \$5.00 per swimmer.

3. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.
4. The entry fee for each outreach swimmer is \$5.00 and covers all individual events swum by an outreach swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the IASI Meet Entry Form (APP-7).

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Submit entries along with the appropriate IASI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimmin' Hurricanes. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted only from ISI teams beginning on Monday, May 10, 2021, 10:00 a.m. CT.
2. All other entries will be accepted beginning on Monday, May 17, 2021, 10:00 a.m. CT.
3. Handwritten entries, along with entry fees and financial sheet, must be received no later than Noon CT, Friday, June 4, 2021.
4. Electronic entries must be received no later than Noon, Monday, June 7, 2021. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Noon CT, Wednesday, June 9, 2021 OR arrangements made to pay at the meet. Failure to submit the hardcopy and fees by this deadline, or make arrangements, will result in entries being scratched.
5. Entries *will not* be accepted by phone or fax.

LATE ENTRIES:

Late entries WILL NOT be accepted.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin

1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Bob Wuebker
dbqwuebkers@mchsi.com
563-542-9247

REFEREE: Marc Gilbertson
mmgilbertson@cvrenergy.com
620-988-9062

MEET COMMITTEE: A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the IASI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. There will be NO Clerk of Course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes. SEE COVID restrictions and protocols for moving to starting area.
2. Events may be combined to facilitate meet operation and separated later for results and scoring.
3. Deck changes are prohibited.
4. The host is not responsible for providing rest for swimmers between events. Breaks WILL NOT be taken for swimmers who are swimming back to back or close races. Plan accordingly.
5. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his/her delegate or leave the pool deck.
6. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
7. As of September 1, 2020, swimmers aged twelve years old and younger shall not compete while wearing a "Tech" suit. Lists of suits that are considered acceptable and those that are not are posted on the USA Swimming website.
8. Total athlete numbers in each session will be limited to **136**. The host club has first priority to enter this meet.
9. Events will be pre-seeded.

SCORING: None

AWARDS: Individual Events 1st - 8th Ribbons for 12 & Younger events only

SCRATCHES: The IASI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the total.

USA SWIMMING REGISTRATION: USA Swimming registrations will NOT be accepted at the meet. Any athlete whose registration and fee has not been received by IASI at least 24 hours before the start of competition will be scratched from the meet and will NOT be permitted to compete during this meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: ALL Dubuque Community School District property, including Hempstead High School, are “Tobacco Free” areas. The use of any tobacco products or alcohol is prohibited.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Printed programs WILL NOT be sold at the meet. Programs will be posted on-line under the “meet landing page” of the TeamDASH website and sent to each entering for teams to disseminate to their families by 8 p.m., Thursday, June 10, 2021. Each team will receive a copy of the program in the coaches’ packet. Each volunteer official will receive a complimentary program.
Results. Electronic results will be provided to all teams participating in the meet. Final results will be posted on the IASI and DASH websites. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional \$5.00.
Concessions. Due to COVID, none will be available.
Swim apparel/merchandise. Due to COVID, none will be available.
Spectator information. No admission for spectators. Free parking is available.

INDEMNITY: In granting this approval it is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Social Distancing & Sanitation Plan

- All DASH Practice protocols will be followed - distancing, laundry baskets, facemasks, post-practice sanitation (www.teamdash.org).
- Laundry baskets will be provided for the swimmers to keep all of their clothes, towels, swim bag, etc... in while on the pool deck or in the pool balcony.
- Swimmers will be required to wear masks at all times, except when approaching the pool to warm-up or race.
- Swimmers will be seated, together with their team but with designated spots 6’ apart, either on the pool deck or in the spectator balcony area.

- Spectators are NOT allowed in the aquatic center. Sorry.
- The meet will be live-streamed via the DASH website. Details to follow.
- Concessions WILL NOT be available.
- One timer per lane, operating a stopwatch and back-up button. Following each session the button, stopwatches, chairs, clipboards, etc... will be sanitized.
- Prior to any 50 yd. or longer race, swimmers will wait by the blue tape on the wall behind the block, arriving ONLY once the prior heat has started, and stepping forward when called by the Referee's four short whistles.
- Each swimmer will do a 25 yd. EZ following their race and exit the water at the bulkhead.
- Officials will wear facemasks, except for the starter when giving start commands, at all times.
- The announcer will maintain a socially distant location OR wear a facemask.
- At the official table, the timing system operator and readout board operator will maintain a 6' separation and wear a facemask at all times, unless from the same household.
- There WILL NOT be any printed results posted at the meet.
- The Dubuque Area Swimmin' Hurricanes have taken enhanced health and safety measures – for you, our other guests, volunteers and our athletes. You must follow all posted instructions while attending the DASH Summer COVID Intra-squad. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the DASH Summer COVID Intra-squad, you voluntarily assume all risks related to exposure to COVID-19.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND IOWA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



Spring Into Summer



Saturday, June 12, 2021

Dubuque Community Schools Aquatic Center at Hempstead High School, Dubuque, IA

OPEN INVITE

Sanction: IA-xx-yy

Session ONE - Morning (10 & Under)

Warm-ups: 7:30-8:10 a.m. (If split, second group will go until 8:50)

Competition: Not before 8:20 a.m. (If warm-ups split, competition will begin at 9:00)

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
1	10 & Under	100 yd. Individual Medley	2
3	8 & Under	25 yd. Freestyle	4
5	10 & Under	50 yd. Freestyle	6
7	8 & Under	25 yd. Breaststroke	8
9	10 & Under	50 yd. Breaststroke	10
11	8 & Under	25 yd. Backstroke	12
13	10 & Under	50 yd. Backstroke	14
15	8 & Under	25 yd. Butterfly	16
17	10 & Under	50 yd. Butterfly	18
19	8 & Under	50 yd. Freestyle	20
21	10 & Under	100 yd. Freestyle	22
23	8 & Under	100 yd. Individual Medley	24

Session TWO - Mid-day (11 & 12)

Warm-ups: Not before 11:00 a.m.

Competition: Not before 11:50 a.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
25	11 & 12	100 yd. Individual Medley	26
27	11 & 12	200 yd. Freestyle	28
29	11 & 12	50 yd. Breaststroke	30
31	11 & 12	100 yd. Backstroke	32
33	11 & 12	50 yd. Butterfly	34
35	11 & 12	50 yd. Freestyle	36
37	11 & 12	100 yd. Breaststroke	38
39	11 & 12	50 yd. Backstroke	40
41	11 & 12	100 yd. Butterfly	42
43	11 & 12	100 yd. Freestyle	44

Session THREE - Late afternoon

Warm-ups: Not before 2:30 p.m.

Competition: Not before 3:20 p.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
45	13 & Over	200 yd. Individual Medley	46
47	13 & Over	100 yd. Freestyle	48
49	13 & Over	100 yd. Breaststroke	50
51	13 & Over	200 yd. Backstroke	52
53	13 & Over	100 yd. Butterfly	54
55	13 & Over	50 yd. Freestyle	56
57	13 & Over	200 yd. Breaststroke	58
59	13 & Over	100 yd. Backstroke	60
61	13 & Over	200 yd. Butterfly	62
63	13 & Over	200 yd. Freestyle	64