

**2023 IASI RSC Blizzard Blast Invitational - 1/7/2023 to 1/8/2023**

**25-Yards**

**Session Report**

Session: 1 Saturday 10&U Pool

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 8 & Under 100 Butterfly	0	0	03:00 PM	_____
Finals	2 Mixed 9-10 200 Butterfly	0	0	03:00 PM	_____
Finals	3 Mixed 8 & Under 200 Freestyle	1	1	03:00 PM	_____
Finals	4 Mixed 10 & Under 200 Medley Relay	18	3	03:05 PM	_____
	Break: 2 Minutes: Timers Move				
Finals	5 Mixed 8 & Under 25 Butterfly	23	3	03:20 PM	_____
	Break: 2 Minutes: Timers Move				
Finals	6 Mixed 9-10 50 Butterfly	44	6	03:27 PM	_____
Finals	7 Mixed 8 & Under 100 IM	6	1	03:37 PM	_____
Finals	8 Mixed 9-10 100 IM	50	7	03:40 PM	_____
Finals	9 Mixed 8 & Under 50 Backstroke	29	4	03:58 PM	_____
Finals	10 Mixed 9-10 100 Backstroke	42	6	04:06 PM	_____
Finals	11 Mixed 8 & Under 50 Breaststroke	12	2	04:23 PM	_____
Finals	12 Mixed 9-10 100 Breaststroke	37	5	04:27 PM	_____
	Break: 2 Minutes: Timers Move				
Finals	13 Mixed 8 & Under 25 Freestyle	35	5	04:44 PM	_____
	Break: 2 Minutes: Timers Move				
Finals	14 Mixed 9-10 50 Freestyle	85	11	04:52 PM	_____
Finals	15 Mixed 9-10 500 Freestyle	5	1	05:09 PM	_____
	Swimmers Counts for Warm-ups: 125	=====	=====		
	Entry / Heat Totals:	387	55		
	Finish Time			05:18 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CAST	Carroll Area Swim Team	32	11		
DMSF	Des Moines Swimming Federation	90	29		
RIP	Dowling Catholic Riptide	135	44		
BLAZ	Johnston Blaze Swim Club	28	12		
SCM	Mariners Swim Club	12	3		
MCSC	Mason City Swim Club	11	3		
RSC	Rams Swim Club	51	16		
SEA	South East Aquatics	28	7		

**2023 IASI RSC Blizzard Blast Invitational - 1/7/2023 to 1/8/2023**

**25-Yards**

**Session Report**

Session: 2 Saturday 11&O Pool

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	16 Mixed 11-12 200 Butterfly	0	0	03:00 PM	_____
Finals	17 Mixed 11-12 200 Freestyle	29	3	03:00 PM	_____
	Break: 5 Minutes:				
Finals	18 Mixed 11-12 200 Medley Relay	10	1	03:17 PM	_____
Finals	19 Mixed 13 & Over 200 Medley Relay	11	2	03:21 PM	_____
	Break: 5 Minutes:				
Finals	20 Mixed 11-12 50 Butterfly	52	6	03:33 PM	_____
Finals	21 Mixed 13-14 100 Butterfly	27	3	03:41 PM	_____
Finals	22 Mixed 15 & Over 100 Butterfly	16	2	03:47 PM	_____
Finals	23 Mixed 11-12 200 IM	18	2	03:50 PM	_____
Finals	24 Mixed 13-14 200 IM	27	3	03:58 PM	_____
Finals	25 Mixed 15 & Over 200 IM	13	2	04:09 PM	_____
Finals	26 Mixed 11-12 100 Backstroke	53	6	04:16 PM	_____
Finals	27 Mixed 13-14 100 Backstroke	53	6	04:31 PM	_____
Finals	28 Mixed 15 & Over 100 Backstroke	21	3	04:45 PM	_____
Finals	29 Mixed 11-12 100 Breaststroke	44	5	04:51 PM	_____
Finals	30 Mixed 13 & Over 200 Breaststroke	24	3	05:03 PM	_____
Finals	31 Mixed 11-12 50 Freestyle	85	9	05:15 PM	_____
Finals	32 Mixed 13-14 100 Freestyle	59	6	05:25 PM	_____
Finals	33 Mixed 15 & Over 100 Freestyle	30	3	05:36 PM	_____
	Break: 10 Minutes:				
Finals	34 Mixed 13 & Over 1000 Freestyle	5	1	05:51 PM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	577	66		
	Finish Time			06:03 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CAST	Carroll Area Swim Team	25	10		
DMSF	Des Moines Swimming Federation	140	42		
RIP	Dowling Catholic Riptide	114	37		
DSMY	Greater Des Moines YMCA	6	2		
BLAZ	Johnston Blaze Swim Club	61	23		
SCM	Mariners Swim Club	25	7		
MCSC	Mason City Swim Club	41	11		
NSST	North Side Swim Team	31	10		
RSC	Rams Swim Club	110	37		
SEA	South East Aquatics	24	6		

**2023 IASI RSC Blizzard Blast Invitational - 1/7/2023 to 1/8/2023**

**25-Yards**

**Session Report**

Session: 3 Sunday 10&U Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Mixed 9-10 200 Freestyle Break: 5 Minutes:	31	4	09:00 AM	_____
Finals	36 Mixed 10 & Under 200 Freestyle Relay Break: 2 Minutes: Timers Move	18	3	09:23 AM	_____
Finals	37 Mixed 8 & Under 25 Backstroke Break: 2 Minutes: Timers Move	33	5	09:36 AM	_____
Finals	38 Mixed 9-10 200 Backstroke	5	1	09:46 AM	_____
Finals	39 Mixed 8 & Under 50 Butterfly	3	1	09:50 AM	_____
Finals	40 Mixed 9-10 100 Butterfly	3	1	09:52 AM	_____
Finals	41 Mixed 8 & Under 100 Backstroke Break: 2 Minutes: Timers Move	3	1	09:54 AM	_____
Finals	42 Mixed 8 & Under 25 Breaststroke Break: 2 Minutes: Timers Move	24	3	09:59 AM	_____
Finals	43 Mixed 9-10 50 Breaststroke	79	10	10:06 AM	_____
Finals	44 Mixed 8 & Under 100 Freestyle	8	1	10:24 AM	_____
Finals	45 Mixed 10 & Under 200 IM	16	2	10:26 AM	_____
Finals	46 Mixed 8 & Under 50 Backstroke	25	4	10:35 AM	_____
Finals	47 Mixed 9-10 50 Backstroke	85	11	10:43 AM	_____
Finals	48 Mixed 8 & Under 100 Breaststroke	3	1	11:04 AM	_____
Finals	49 Mixed 9-10 200 Breaststroke	5	1	11:07 AM	_____
Finals	50 Mixed 8 & Under 50 Freestyle	37	5	11:11 AM	_____
Finals	51 Mixed 9-10 100 Freestyle	77	10	11:20 AM	_____
	Swimmers Counts for Warm-ups: 136	=====	=====		
	Entry / Heat Totals:	455	64		
	Finish Time			11:44 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CAST	Carroll Area Swim Team	21	7		
DMSF	Des Moines Swimming Federation	102	30		
RIP	Dowling Catholic Riptide	120	38		
DSMY	Greater Des Moines YMCA	84	23		
BLAZ	Johnston Blaze Swim Club	31	11		
SCM	Mariners Swim Club	11	3		
MCSC	Mason City Swim Club	10	3		
RSC	Rams Swim Club	47	14		
SEA	South East Aquatics	29	7		

**2023 IASI RSC Blizzard Blast Invitational - 1/7/2023 to 1/8/2023**

**25-Yards**

**Session Report**

Session: 4 Sunday 11&O Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	52 Mixed 11-12 200 Freestyle	34	4	09:00 AM	_____
Finals	53 Mixed 13-14 200 Freestyle	65	7	09:16 AM	_____
Finals	54 Mixed 15 & Over 200 Freestyle	19	2	09:38 AM	_____
Finals	55 Mixed 11-12 200 Freestyle Relay	11	2	09:43 AM	_____
	Break: 5 Minutes:				
Finals	56 Mixed 13 & Over 200 Freestyle Relay	19	2	09:54 AM	_____
Finals	57 Mixed 11-12 100 Butterfly	13	2	09:59 AM	_____
Finals	58 Mixed 13 & Over 200 Butterfly	3	1	10:04 AM	_____
Finals	59 Mixed 11-12 50 Breaststroke	73	8	10:07 AM	_____
Finals	261 Mixed 11 & Over 400 IM	16	2	10:18 AM	_____
Finals	62 Mixed 11-12 200 Backstroke	18	2	10:32 AM	_____
Finals	63 Mixed 13-14 200 Backstroke	33	4	10:40 AM	_____
Finals	64 Mixed 15 & Over 200 Backstroke	9	1	10:55 AM	_____
Finals	65 Mixed 11-12 200 Breaststroke	23	3	10:58 AM	_____
Finals	66 Mixed 13-14 100 Breaststroke	49	5	11:12 AM	_____
Finals	67 Mixed 15 & Over 100 Breaststroke	19	2	11:22 AM	_____
Finals	68 Mixed 11-12 100 Freestyle	67	7	11:26 AM	_____
Finals	69 Mixed 13-14 50 Freestyle	79	8	11:40 AM	_____
Finals	70 Mixed 15 & Over 50 Freestyle	19	2	11:48 AM	_____
	Break: 5 Minutes:				
Finals	71 Mixed 11-12 500 Freestyle	12	2	11:55 AM	_____
Finals	72 Mixed 13 & Over 500 Freestyle	28	3	12:12 PM	_____
	Swimmers Counts for Warm-ups: 202	=====	=====		
	Entry / Heat Totals:	609	69		
	Finish Time			12:35 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CAST	Carroll Area Swim Team	27	10		
DMSF	Des Moines Swimming Federation	142	45		
RIP	Dowling Catholic Riptide	99	34		
DSMY	Greater Des Moines YMCA	132	43		
BLAZ	Johnston Blaze Swim Club	37	15		
SCM	Mariners Swim Club	28	7		
MCSC	Mason City Swim Club	36	10		
NSST	North Side Swim Team	19	6		
RSC	Rams Swim Club	78	29		
SEA	South East Aquatics	11	3		