2017 SPEEDO MIDWEST CHALLENGE

***HOSTED by* Iowa Flyers Swim Club**

November 10-12, 2017

University of Iowa CRWC Natatorium, Iowa City IA

ISI SANCTION: IA-18-07
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: **Friday, November 10 – Sunday, November 12, 2017**
Pool deck will open at 4:30 PM on Friday, November 10th.
Pool deck will open 6:45 AM on Saturday November 11th and Sunday November 12th.

TIME:

Sessions:	**Warmups:**	**Meet Start:**	**Coaches Meeting/room:**
Friday T/F	**Not before 4:45PM**	**Not before 6:00PM**	**4:15 PM* wet class**
Saturday Prelims	**7:00AM**	**8:30AM**	**6:45 AM* wet class**
Saturday Finals	**4:30PM**	**5:30PM**	**If Needed**
Sunday Prelims	**7:00AM**	**8:30AM**	**If Needed**
Sunday Finals	**3:30PM**	**4:30PM**	**If Needed**

*Coaches Meetings: The two coaches meetings will cover the same agenda. The coaches meetings on Friday and Saturday will be held in the wet classroom located just off the pool deck under the spectator seating.

SITE: University of Iowa
Campus Recreation and Wellness Center (CRWC),
309 S. Madison Street
Iowa City, Iowa 52242

FACILITY: 50-meter, 8-lane, indoor pool with two moveable bulkheads to accommodate two 25-yard courses—a competition pool and a warm up/cool down area.

Competition Pool: The competition pool depth ranges from 8 feet at the start and turn ends to 9 feet in the center. A Daktronics Timing System with touch pads and push button back-up system will be utilized. A minimum of one manual stopwatch and one push button will be used on each lane for back-up times. Backstroke flags will be placed fifteen feet from each end of the course. The competition course has been certified in accordance with 104.2.2C (4). A copy of such certification is on file with USA Swimming.

Warm-up Pool: There will be eight 25-yard lanes at the north end of the natatorium for warm-up and cool-down. The diving well will only be used for warm ups and cool downs when both the north pool and the south pool are used for competition. Otherwise the dive well will be closed for meet participants.

COACHES: Only currently registered USA Swimming coach-members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current and on file. Displaying credentials by Deck Pass is acceptable for the purpose of this requirement. Coaches shall wear their issued deck credentials so they are clearly visible to swimmers and meet personnel at all times.

WARM-UPS: The ISI mandatory warm-up procedure will be followed. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

There will be eight 25-yard lanes at the north end of the natatorium for warm-up and cool-down at all times with the exception when the meet will be run in two pools. During competition, lanes 1-7 will be designated as general warm-up/cool-down, and lane 8 will be designated as a pace lane. When both pools will be used for competition the warm up/cool-down will be accommodated in the diving well.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter no more **than three** individual events per session and no more than **1** relay event per day.
3. Maximum of seven individual events can be entered for the meet plus relays.
4. Seed times may be submitted for a SCY, LCM or a SCM course. The order seeding will be SCY, LCM, and SCM**.** Converted times are not allowed.
5. Qualifying standards for the meet are set as the USA Swimming's 2017-2020 National Age Group "A" motivational time standards for 15-16 year old age group. Swimmers may enter any events in which they have met the qualifying time standard. USA SWIMS database will be used as proof of time.
6. The ISI Missed-Cut Times and Fine procedures will apply to this meet.
7. A session will be closed when the prelim timeline reaches five hours. The meet will be closed when both prelim sessions reach 5 hours and Friday reaches capacity as explained below.

ENTRY LIMITS: Preliminaries and finals will be contested in a total of eight hours or less per day**.**

Teams will not be split if received together even if it causes us to exceed the entry limit. Relays may be scratched if timeline exceeds a total of eight hours for the day.

The 400IM will be limited to a total of 128 entries. The top seeded 64 females and the top seeded 64 male swimmers based on the entry times in each of the respective event will be entered into the meet. Additional entries will be accepted to fill open lanes if this results in an unbalanced mix of males and females. Those entrants not in the top 64 male or female swimmers will be notified via email to the club or coach by 6:00 PM Central Time on Monday, November 6, 2017. In addition, the excluded swimmers will be given an

opportunity to substitute another event if the swimmer's sessions entry limit is not exceeded and the request is made no later than 12:00 PM Central Time on Wednesday, November 8, 2017. In the event a swimmer is scratched into the 400IM due to positive check-in, swimmer will be removed from the added event**.**

The 1650 will be limited to a total of 64 entries. The top seeded 32 females and the top seeded 32 male swimmers based on the entry times in each of the respective event will be entered into the meet. Additional entries will be accepted to fill open lanes if this results in an unbalanced mix of males and females. Those entrants not in the top 32 male or female swimmers will be notified via email to the club or coach by 6:00 PM Central Time on Monday, November 6, 2017. In addition, the excluded swimmers will be given an opportunity to substitute another event if the swimmer's sessions entry limit is not exceeded and the request is made no later than 12:00 PM Central Time on Wednesday, November 8, 2017. In the event a swimmer is scratched into the 1650 Free due to positive check-in, swimmer will be removed from the added event**.**

ENTRY SUBMISSION:

Entry fees are as follows:

1. Individual events: $10.00 per event.
2. Relays: $20.00 per relay.
3. ISI swimmer surcharge: $5.00 per swimmer.
4. Handwritten entries: $2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check or money order made payable to **Iowa Flyers Swim Club**. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from teams/athletes in the Iowa LSC and from non-ISI teams that attended last year's Speedo Midwest Senior Challenge, Non ISI teams that competed in last year's event were: ACAD-IL, BAC-WI, GNST-MW, HOSC-IL, JAXY-IL, KCB-MV, LSS-MW, LYON-IL, MAC-WI, MCA-MN, PAWW-IL, SPY-IL, WEST-IL, WEST-WI, WEST-MN beginning at **October 11, 2017 at 9:00 AM Central Time.**
2. Entries will be accepted from all teams/athletes **October 18, 2017 at 9:00 AM Central Time.**
3. Electronic entries must be received no later than **November 6, 2017 by 9:00 AM Central Time.**
4. Handwritten entries, along with entry fees, additional $2 per swimmer and financial sheet, must be received no later than **November 6, 2017 by 10:00 AM Central Time.** Handwritten entries will not be considered entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. IFLY is not permitted to rescind a team's entries once an email is sent confirming the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.

6. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by November 7, 2017 by 9:00 AM Central Time unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
8. Entries will be confirmed via a return email receipt.
9. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform ISI meet contacts as well as any non-ISI teams with entries already accepted.

LATE ENTRIES:

1. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter.
2. After 9:00 AM Central Time on November 6, 2017 late entries will only be accepted on deck up to the beginning of the second warm-up of each session.
3. Late entries shall be assigned to an empty lane; no new heats will be added.
4. No late entries will be accepted for the 400IM and 1650 Free.

Late entry fees
Individual events: $15.00 per event
Relays: $20.00 per relay

For questions regarding late entries or to find out if late entries will be accepted, contact the Meet Director.

SWIMMERS WITH DISABILITIES: Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Meet Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO: Send electronic entries by email to **iflyentries@gmail.com**. Send all print materials to
Iowa Flyers Swim Club
University of Iowa
E230 CRWC
309 S. Madison
Iowa City, IA 52242

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Nathan Mundt, nathan-mundt@uiowa.edu 319-371-4342

REFEREE: Jeff Wilkins, wilkinsj@me.com 319-929-5981

OFFICIALS: The Iowa Flyers Swim Club welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact the Referee.

MEET COMMITTEE: A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. All events except the 400 IM and 1650 Free will be pre-seeded.
2. The top 24 qualifiers from prelims will swim in finals, with the top eight finishers swimming in the A Finals, the next eight in the B Finals, and the next eight in the C Finals.
3. Fly-over starts will be used for all prelim and timed final events. Except for the A Finals, swimmers must be behind the blocks and ready to swim at least one heat prior to the start of their heat. Swimmers in the A Finals will be paraded from a designated area predetermined by the Referee and announced at the meet. Swimmers must arrive to the designated area one event prior to their event.
4. Positive check-in is required for Friday's T/F events. The deadline is the start of warm ups for the Friday session. Swimmers who fail to check in by the deadline will be scratched and only allowed to re-enter if there are empty lanes available after seeding. A swimmer that fails to compete after positively checking in the 400 IM and 1650 Free will be barred from their next individual event
5. Swimmers in all events shall report directly to the starting blocks. Swimmers will NOT be checked in by a Clerk of Course.
6. Events may be combined to facilitate meet operation and separated later for results and scoring.
7. 400IM, 1650FR and 500 FR will be swum fastest to slowest.
8. At the discretion of the Referee, both the north and the south pools may be used for competition for the 400 IM and the 1650 Free timed finals (session 1), Saturday (session 2) and Sunday prelims (session 3).
9. Relays will be swum as timed finals (Limit 1 Women's and 1 Men's Relay per team) during the Saturday and Sunday finals sessions.
10. The host is not responsible for providing rest for swimmers between events. Please plan accordingly.
11. If a swimmer wishes to obtain an official intermediate split time for an event, the swimmer (or swimmer's coach) must coordinate it in advance with the Referee and arrange for an additional lane timer to be present during the swim.
12. Coaches or their designees are responsible for attending the Coaches Meetings and are solely responsible for disseminating all information shared during the coaches meetings to their teams and coaching staff. Meet management shall not make exceptions to policies and procedures due to lack of attendance at the meetings.
13. Deck Changes are prohibited.
14. Operation of a drone, or any other flying apparatus, is prohibited over the pools, athlete/coach areas, spectator areas any time athletes, coaches, officials and/or spectators are present.

SCORING: Points will be awarded as follows:

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

AWARDS: Individual and Relay places: 1st -3rd will receive medals. Speedo prizes for those who finish in 1st place in A, B, & C finals. Individual High Point: Trophy for overall Top Female and Male swimmer. Combined score of a maximum of six events. Team High Point: 1st, 2nd & 3rd overall teams will receive trophies.

The awards for the 400 IM and 1650 Free will be presented prior to Finals on Saturday evening (session 3). All other awards will be presented immediately following each event.

SCRATCHES:

1. Swimmers who are entered into preliminary heats who do not intend to swim must scratch prior to the scratch deadline (see bullet points below) for the preliminary session or declare a false start to the deck referee prior to the closing of the heat. Failure to scratch or failure to declare a false start shall result in the swimmer being excluded from the next entered individual event.

    - Friday scratches due at the start of the session's warm-up.
    - Saturday scratches due by 6:30 PM Central Time on Friday
    - Sunday scratches due by 6:30 PM Central Time on Saturday

2. Scratching from A, B, & C Finals:
    a. Scratches will be handled by filling out an official scratch form at the Administration Table. A swimmer has 30 minutes after the announcement of qualifiers for finals for an event to declare the intent to scratch or to scratch from the finals. A swimmer must confirm the intent to scratch within 30 minutes of the announcement of final qualifiers for the swimmer's final event in which the swimmer is entered for that session. If the swimmer doesn't confirm the intent by the deadline, then the swimmer will not be scratched from the original event.
    b. Any swimmer qualifying for the A, B, & C Finals race in an individual event who fails to compete in the A, B, & C Finals race shall be barred from further competition for the remainder of the meet except as detailed below.
    c. Any swimmer qualifying for the A, B, & C Finals race in an individual event who fails to compete in the A, B, & C Finals race on Sunday shall be barred from further competition on that evening and be penalized a $50.00 fine. Failure to pay the fine will result in the team being barred from competing at this meet the following year.
    d. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the A, B, & C Finals when possible with the next qualified swimmer(s). First and second alternates shall not be penalized if unavailable to compete in the finals.
    e. Exceptions for Failure to Compete are:
        i. Illness to the swimmer reported to the Referee prior to warm-ups at the finals.
        ii. Cancellation of the meet due to inclement weather at the discretion of the Referee.
        iii. Circumstances beyond the control of the swimmer restricting the ability of the swimmer to attend the heat at the discretion of the Referee.

USA SWIMMING REGISTRATION: No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO GLASS: No glass containers of any kind are permitted in the Natatorium.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION:

1. Program: Each team will receive a copy of the program in the coaches' packet. Each volunteer official will receive a complimentary program.
2. Results: Electronic results will be provided to all teams participating in the meet. Final Results will also be posted on ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional $5.00.
3. Concessions: Food Concessions will be available near the spectator seating area and from the "CRWC Power Café" which is located on the first floor of the CRWC.
4. Swim apparel/merchandise. Splash Multisport will be on site and will have a variety of swimwear and accessories available for sale at the meet.
5. Spectator information. No admission fee for spectators. Heat sheets will be available for purchase.
6. Parking: Parking is available in the Recreation Center Lot (Lot 11) one block southeast of the CRWC on Madison Street for $5.00 per entry. Additional parking is available in the Old Capitol Town Center Garage one block north on Burlington Street as well as various other city parking facilities listed on the meet webpage at www.IFLYswimclub.com.
7. Hotels: Participating hotels are listed on the meet webpage at www.IFLYswimclub.com.
8. Facility Rules:

    - No glass allowed on the pool deck or spectator areas
    - Diving boards and platforms are off limits.
    - No swimming under the bulkheads.
    - No swimming in the lanes between bulkheads.

INDEMNITY: It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

The 2017 Speedo Midwest Challenge

University of Iowa Campus Recreation and Wellness Center (CRWC)
Friday, November 10, 2017 – Sunday, November 12, 2017
Sanction #: IA-18-07

Session 1: Friday Evening – (Timed Finals)

Warm ups begin not before 4:45 PM, Session begins not before 6:00 PM – Timed Finals Session

Cuts: SCY/LCM/SCM	Women's Event #	Event Name	Men's Event #	Cuts: SCY/LCM/SCM
5:06.49/5:49.69/5:38.69	1	400 IM	2	4:42.09/5:20.59/5:11.69
19:47.29/20:20.49*/19:40.39**	3	1650 Free	4	18:30.39/18:59.09*/18:23.89**

*1500 LCM Free standard
**1500 SCM Free standard

Session 2: Saturday Morning – (Prelims)

Warm ups begin at 7:00 AM, Session begins at 8:30 AM

Cuts: SCY/LCM/SCM	Women's Event #	Event Name	Men's Event #	Cuts: SCY/LCM/SCM
2:08.49/2:26.49/2:21.99	5	200 Free	6	1:57.69/2:14.89/2:10.09
1:14.49/1:25.39/1:22.39	7	100 Breast	8	1:06.49/1:16.99/1:13.49
1:04.69/1:15.69/1:11.49	9	100 Back	10	58.59/1:08.89/1:04.79
2:22.89/2:41.39/2:37.99	11	200 Fly	12	2:09.79/2:27.99/2:23.39
27.49/31.19/30.39	13	50 Free	14	24.79/27.89/27.39
2:24.19/2:45.89/2:39.29	15	200 IM	16	2:10.89/2:31.39/2:24.69

Session 3: Saturday Evening – (Finals)

Warm ups begin at 4:30 PM, Session begins at 5:30 PM

Women's Event #	Event Name	Men's Event #
5	200 Free	6
7	100 Breast	8
9	100 Back	10
11	200 Fly	12
13	50 Free	14
15	200 IM	16
17	200 Medley Relay	18

The 2017 Speedo Midwest Challenge

University of Iowa Campus Recreation and Wellness Center (CRWC)
Friday, November 10, 2017 – Sunday, November 12, 2017
Sanction #: IA-18-07

Session 4: Sunday Morning – (Prelims)

Warm ups begin at 7:00 AM, Session begins at 8:30 AM

Cuts: SCY/LCM/SCM	Women's Events	Event Name	Men's Events	Cuts: SCY/LCM/SCM
59.59/1:07.99/1:05.89	19	100 Free	20	53.89/1:01.89/59.59
2:20.69/2:42.09/2:35.49	21	200 back	22	2:08.49/2:28.89/2:21.99
2:41.29/3:05.39/2:58.19	23	200 Breast	24	2:24.59/2:48.39/2:39.79
1:04.59/1:13.39/1:11.39	25	100 Fly	26	58.59/1:06.29/1:04.69
5:43.49/5:07.29*/5:00.59**	27	500 Free	28	5:19.39/4:46.09*/4:39.49**

*400 LCM Free standard
**400 SCM Free standard

Session 5: Sunday Evening – (Finals)

Warm ups begin at 3:30 PM, Session begins at 4:30 PM

Women's Events	Event Name	Men's Events
19	100 Free	20
21	200 back	22
23	200 Breast	24
25	100 Fly	26
27	500 Free	28
29	400 Free Relay	30

Limit 1 Men's and 1 Women's Relay per team.