

Hello IFLY,

As announced earlier this week, IFLY will be able to resume practices at the CRWC on July 27. In this email, we would like to share some details about Phase 1. However, most importantly, it is critical to emphasize that all of the following information is subject to change at any time. As we have come to know in the past few months, plans change rapidly. Furthermore, the IFLY coaching staff will do our very best to communicate changes that may occur in a timely manner, and the COVID-19 Programming tab on our website will remain the central location for updates during our phased reopening. We are excited to resume practices, but we ask for your patience and cooperation, as both will be essential during this process.

With that, let's get started with Phase 1. Upon reopening, Recreational Services has scheduled 1.5 hour time blocks throughout the day for patrons to use the CRWC. Each patron must check-in at the front desk at the beginning of their designated time block and exit the building before the conclusion of the same time block. IFLY has been assigned three of these time blocks during the week (8:30-10:00 AM, 4:00-5:30 PM, 5:30-7:00 PM) and two on Saturday (8:30-10:00 AM, 10:00-11:30 AM). In order to allow adequate time to check in at the front desk and exit the building on time, our practices will be 1 hour in length. Additionally, IFLY must adhere to University of Iowa and Recreational Services maximum occupancy guidelines.

For Phase 1, we have assigned the following groups to each of the time blocks listed below:

Monday - Friday

8:30-10:00 AM (8:45-9:45 in water)	Senior Elite
4:00-5:30 PM (4:15-5:15 in water)	Senior, Junior, Pre-Elite
5:30-7:00 PM (5:45-6:45 in water) M,W,F)	Junior Elite, Masters (Masters will be offered M,W,F)

Saturday

8:30-10:00 AM (8:45-9:45 in water)	Senior Elite, Junior Elite
10:00-11:30 AM (10:15-11:15 in water)	Senior, Junior, Pre-Elite

In the coming days, we will be posting more information about Phases 2 &3, along with protocols for entering the CRWC, practice expectations, and billing. As you receive them, please read these emails thoroughly and let us know if you have any questions.

Finally, before we return to practice, IFLY will require that each family participates in a Zoom meeting for an overview of our reopening procedures. Please plan to join us on one of the following dates:

Tuesday, July 21 7:00 PM Central Time (US and Canada)

<https://uiowa.zoom.us/j/94432596028>

Meeting ID: 944 3259 6028

Tuesday, July 22 7:00 PM Central Time (US and Canada)

<https://uiowa.zoom.us/j/98327661653>

Meeting ID: 983 2766 1653