

# Iowa Flyers Swim Club (IFLY) Volunteer Policy

Running meets is a necessity for all clubs and we are no exception. The meets we host simply cannot run without IFLY member volunteers. The following points outline our policy regarding volunteering:

- We expect ALL IFLY member families to volunteer during periods when their accounts are active.
- We expect each family to volunteer for 3 full shifts at IFLY-hosted meets per year (September to August). A full shift is considered to be 4 hours of volunteer time.
- One meet shift can be replaced by food donations to IFLY-hosted meets, chaperoning during team social events, sorting and bagging ribbons, and other requests from the coaching staff.
- IFLY will track volunteer participation and will reach out to families to request volunteer shifts as needed.
- Volunteer sign-ups will be available on the IFLY website and we will send notifications when those sign-ups open for each meet.
- Volunteers are not limited to just swimmers and parents but can include siblings or other family members.
- IFLY families with members who serve as USA Swimming officials during the year at our hosted events will be exempt from additional volunteer hours (although their help is always appreciated and encouraged).

Since the number of events varies from year to year we will review and revise the shift requirements on an annual basis.

We're all familiar with the old adage, "Many hands make light work." If everyone is accountable for helping out, then our requirements remain low and we won't have to rely on many hours of volunteering by a small group of families.

Volunteering requires NO experience or swimming knowledge, but it provides a great opportunity to meet other swim families and learn more about the sport, and to have fun doing it.

The pool deck is the most exciting place to be during a swim meet and IFLY's success depends on the participation of all of our member families.

