

Dubuque Area Swimmin' Hurricanes



Giving Thanks Invite

Friday - Sunday, November 19-21, 2021

**Dubuque Community Schools Aquatic Center at Hempstead High School, Dubuque, IA
OPEN**

ISI SANCTION: IA-22-011. Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

All applicable adults participating in or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DATES: Friday - Sunday, November 19 - 21, 2021

TIME:	<u>Day</u>	<u>Coaches Mtg.</u>	<u>Warm-ups</u>	<u>Competition</u>
	Friday Evening Prelims	4:15 pm	4:30 pm	5:30 pm
	Saturday Morning Prelims	TBD	9:30 am	10:30 am
	Saturday Afternoon	TBD	Not before 1:30 pm	Not before 2:15 pm
	Saturday Evening Finals	TBD	Not before 5:00 pm	Not before 6:00 pm
	Sunday Morning Finals	TBD	8:00 am	9:00 am
	Sunday Afternoon	TBD	Not before 12:30 pm	Not before 1:15 pm

If warm-ups will be split, teams shall be notified of their designated warm-up period by 6 p.m., Tuesday, November 16, 2021.

SITE: Dubuque Community Schools Aquatic Center at Hempstead High School
3715 Pennsylvania Ave., Dubuque, IA 52002

FACILITY: The competition course has been certified in accordance to Rule 104.2.2C(4) of USA Swimming Rules and Regulations. The certification is on file with USA Swimming.

The Dubuque Community Schools Aquatic Center features:

- The pool is 40 yds. long by 25 yards wide with a moveable bulkhead
- Racing course will be set for eight nine-foot wide 25-yard lanes turning at the bulkhead, with an additional five 25-yard eight-foot wide lanes for warm-up and cool-down
- Twelve-foot deep at the starting end and seven-feet deep at the turn end
- Paragon starting blocks that include wedges and side rails
- Spectrum Backstroke wedges are available for each lane.
- Daktronics Timing System with eight-foot touch pads, two button back up and individual lane speakers

- Daktronics Eight-Lane Timing Scoreboard
- Separate Daktronics Video Display Board
- Stadia seating for 350 spectators.
- Parking available around the Aquatic Center
- There will be a gymnasium available for a “crash area”, near spectator seating.
- SEE COVID Protocols later in this document

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29).

WARM-UPS: The IASI mandatory warm-up procedure will be followed in accordance with the IASI Code Book. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Meet Referee prior to his or her warm-up. The referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet. 18 & older swimmers must be current on Athlete Protection Training (APT).
2. Because of the format of this meet, MANY events are offered on the same day based on what you'll see in the sign-up. HOWEVER, swimmers may only swim the following session &/or daily limits;
 - SI- Friday Night Prelims - 3 events
 - S2 - Saturday Morning Prelims - 3 events, UNLESS entering Sunday 1650 Freestyle
 - S3 - Saturday Afternoon 12 & Under - NO events, IF they swam Friday night OR Saturday morning prelims. Otherwise, they may swim up to 5 events.
 - S4 - Saturday Night Finals - from Friday Night Prelims (top-16 advance)
 - S5 - Sunday Morning Finals - from Saturday Morning Prelims (top-16 advance) and 1650 if desired.
 - S6 - Sunday Afternoon 12 & Under - NO events, IF swimming in Morning Finals. Otherwise, they may swim up to 4 events..
3. Seed times must be submitted for a 25yd. course. Converted times are not allowed. If a swimmer does not have a time for an event, please enter NT.
4. 12 & Under swimmers may only swim in prelim/finals (as Senior) OR in the afternoon timed finals on the same day, not in both.

4-HOUR RULE: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions (except championship meets) shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less.

Entry fees are as follows:

- ENTRY FEES &**
1. Individual events: \$7.00 per event.
 2. ISI swimmer surcharge: \$5.00 per swimmer.

- SUBMISSION:
3. Manual entries (for teams entering more than five swimmers): \$2.00 per swimmer.
 4. The entry fee for each outreach swimmer is \$5.00 and covers all individual events swum by an outreach swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. All other entries require manual input and must be submitted on the IASI Meet Entry Form (APP-7).

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Submit entries along with the appropriate IASI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to Dubuque Area Swimmin' Hurricanes. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

- ENTRY DATES AND DEADLINES:
1. Entries will be accepted only from IASI teams and IASI affiliated unattached swimmers beginning at 1:00 p.m. on Monday, October 11, 2021.
 2. All other entries will be accepted beginning at 1:00 p.m. on Monday, October 18, 2021.
 3. Manual entries, along with entry fees and financial sheet, must be received no later than Wednesday, November 10, 2021.
 4. Electronic entries must be received no later than Noon, Friday, November 12, 2021. A hardcopy of the entries, along with entry fees and financial sheet, must be received by Wednesday, November 17, 2021. Failure to submit the hardcopy and fees by this deadline could result in entries being scratched.
 5. Entries **will not** be accepted by phone or fax.

LATE ENTRIES: Late entries WILL NOT be accepted.

SWIMMERS WITH DISABILITIES: Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO: Send electronic entries by email to Doug Colin at coachdoug@teamdash.org. Receipt will be confirmed by email.

Send all print materials to –
DASH / Doug Colin
1235 Cleveland Ave.
Dubuque, IA 52003

If sent by rush delivery, indicate no signature required.

MEET DIRECTOR: Bob Wuebker
dbqwuebkers@mchsi.com
563-542-9247

REFEREE: Dan Hammel
hammel64@gmail.com
563-580-3593

MEET COMMITTEE: A meet committee consisting of the Meet Director, referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established in accordance with the IASI Code Book. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. There will be NO Clerk of Course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes. SEE COVID restrictions and protocols for moving to starting area.
2. Events may be combined to facilitate meet operation and separated later for results and scoring.
3. Prelim / Final events; 9 - 16 place prelim finishers will swim in the Consolation heat in Finals and the 1 - 8 place prelim finishers in the Championship heat in Finals. See point "4" below for age group separation for finals. See point "9" below for 50 Freestyle "Skins" procedure and explanation.
4. "Open" events for prelims are available for any age, however, are intended for 13 & Older. Finals for these events (see below for 50 Free) will be contested with Consolation & Final heats for 13 & 14 and Consolation & Final heats for "Senior" (anyone NOT 13 & 14)
5. Deck changes are prohibited.
6. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
6. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his/her delegate or leave the pool deck.
7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
8. As of September 1, 2020, swimmers aged twelve years old and younger shall not compete while wearing "Tech" suits. Lists of suits that are considered acceptable and those that are not are posted on the USA Swimming website.
9. The consolation heat, championship heat and "skin" heats of the 50 Free for 13 & over, events 23 & 24 will be contested as follows;
 - Heat 1 - Girls "skins" Quarterfinals, positions 1 - 8 fastest Open
 - Heat 2 - Boys "skins" Quarterfinals, positions 1 - 8 fastest Open
 - Heat 3 - Girls 13 & 14 Consolation, positions 9 - 16 after "skins"
 - Heat 4 - Girls 13 & 14 Championship, positions 1 - 8 after "skins"
 - Heat 5 - Boys 13 & 14 Consolation, positions 9 - 16 after "skins"
 - Heat 6 - Boys 13 & 14 Championships, positions 1 - 8 after "skins"

Heat 7 - Girls "skins" Semi-finals, places 1 - 4 from Quarterfinals
Heat 8 - Boys "skins" Semi-finals, places 1 - 4 from Quarterfinals
Heat 9 - Girls 15 & Over Consolation, positions 9 - 16 after "skins"
Heat 10 - Girls 15 & Over Championship, positions 1 - 8 after "skins"
Heat 11 - Boys 15 & Over Consolation, positions 9 - 16 after "skins"
Heat 12 - Boys 15 & Over Championship, positions 1 - 8 after "skins"
Heat 13 - Girls "skins" Final, places 1 & 2 from Semi-finals
Heat 14 - Boys "skins" Final, places 1 & 2 from Semi-finals

10. Events 1 and 2 (500 Freestyles) and 11 & 12 (400 IMs) will be limited to the fastest 32 entries per event per gender. Should there be less than 32 in one gender, additional entries will be accepted until a total of 64 for both genders are entered.

11. Events 45 & 46 (1650 Freestyles) will be limited to the fastest 16 entries per event per gender. Should there be less than 16 in one gender, additional entries will be accepted until a total of 32 for both genders is entered.

12. The 1650 Freestyles are TIMED FINALS and will be swum fastest to slowest, alternating girls / boys heats, combined when possible.

SCORING: There will be PENTATHLON scoring for only the 12 & Under Saturday afternoon session.

AWARDS: Individual Events 1st - 8th Ribbons for 12 & Younger events only
Pentathlon Events (Sat. afternoon) 1st place in each age group - (TBD)
"Skins" 50 Free 1st place - (TBD)

SCRATCHES: The IASI scratch rule is in effect.

NO SHOWS will be considered as an event contested and count toward the total.

USA SWIMMING REGISTRATION: USA Swimming registrations will NOT be accepted at the meet. Any athlete whose registration and fee has not been received by IASI at least 24 hours before the start of competition will be scratched from the meet and will NOT be permitted to compete during this meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO TOBACCO OR ALCOHOL: ALL Dubuque Community School District property, including Hempstead High School, are "Tobacco Free" areas. The use of any tobacco products or alcohol is prohibited.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL INFORMATION: Programs. Printed programs WILL NOT be sold at the meet. Programs will be posted on-line under the "meet landing page" of the TeamDASH website and sent to each entering team to disseminate to their families by 8 p.m., Wednesday, November 17, 2021. Each team will receive a copy of the program in the coaches' packet.

Results. Electronic results will be provided to all teams participating in the meet. Final results will be posted on the IASI and DASH websites. A hardcopy of the final results

may be requested on the IASI Financial Sheet for an additional \$10.00.

Concessions. TBD

Swim apparel/merchandise. Simply Swimming OR Splash Multi-sport will be available.

Spectator information. No admission for spectators. Free parking is available.

INDEMNITY:

In granting this approval it is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID Protocols - Social Distancing & Sanitation Plan

- At this time, no restrictions are in place. Spectators WILL be allowed. Masks are not required but encouraged. Please use common sense and distance when possible.
- The Dubuque Area Swimmin' Hurricanes have taken enhanced health and safety measures – for you, our other guests, volunteers and our athletes. You must follow all posted instructions while attending the DASH Summer COVID Intra-squad. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the DASH Summer COVID Intra-squad, you voluntarily assume all risks related to exposure to COVID-19.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND IOWA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



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Friday - Sunday, November 19 - 21, 2021

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OPEN

Sanction: IA-22-011

Friday, November 19, 2021

Session ONE - Evening PRELIMS

Warm-ups: 4:30-5:20 pm

Competition: 5:30 p.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
1p*	Open	500 yd. Freestyle	2p*
3p	Open	200 yd. Backstroke	4p
5p	Open	100 yd. Butterfly	6p
7p	Open	200 yd. Breaststroke	8p
9p	Open	100 yd. Freestyle	10p
11p*	Open	400 yd. I.M.	12*

* Events 1 & 2 (500 Frees) and 11 & 12 (400 IMs), are limited to the fastest 32 entries in each gender in each event, or, if not 32 in one of the genders, will fill to 64 total.

Saturday, November 20, 2021

Session TWO - Morning PRELIMS

Warm-ups: 9:30-10:20 a.m.

Competition: 10:30 a.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
13p	Open	200 yd. Butterfly	14p
15p	Open	100 yd. Breaststroke	16p
17p	Open	200 yd. Freestyle	18p
19p	Open	100 yd. Backstroke	20p
21p	Open	200 yd. I.M.	22p
23p	Open	50 yd. Freestyle	24p

Session THREE - Afternoon TIMED FINALS / Pentathlon scoring for this session!!

Warm-ups: Not before 1:30 p.m. / Minimum of 40 minutes

Competition: Not before 2:15 p.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
25	11 & 12	50 yd. Freestyle	26
27	10 & Under	50 yd. Freestyle	28
29	11 & 12	50 yd. Breaststroke	30
31	10 & Under	50 yd. Breaststroke	32
33	11 & 12	50 yd. Backstroke	34
35	10 & Under	50 yd. Backstroke	36
37	11 & 12	50 yd. Butterfly	38
39	10 & Under	50 yd. Butterfly	40
41	11 & 12	100 yd. I.M.	42
43	10 & Under	100 yd. I.M.	44

Session FOUR - Evening FINALS / Consolation & Championship Heats

Warm-ups: Not before 5:00 p.m. / Minimum of 50 minutes

Competition: Not before 6:00 p.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
1	13 & 14 Senior	500 yd. Freestyle 500 yd. Freestyle	2
3	13 & 14 Senior	200 yd. Backstroke 200 yd. Backstroke	4
5	13 & 14 Senior	100 yd. Butterfly 100 yd. Butterfly	6
7	13 & 14 Senior	200 yd. Breaststroke 200 yd. Breaststroke	8
9	13 & 14 Senior	100 yd. Freestyle 100 yd. Freestyle	10
11	13 & 14 Senior	400 yd. I.M. 400 yd. I.M.	12

Sunday, November 21, 2021

Session FIVE - Morning FINALS / Consolation & Championship Heats**

Warm-ups: 8:00-8:50 a.m.

Competition: 9:00 a.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
13	13 & 14 Senior	200 yd. Butterfly 200 yd. Butterfly	14
15	13 & 14 Senior	100 yd. Breaststroke 100 yd. Breaststroke	16
17	13 & 14 Senior	200 yd. Freestyle 200 yd. Freestyle	18
19	13 & 14 Senior	100 yd. Backstroke 100 yd. Backstroke	20
21	13 & 14 Senior	200 yd. I.M. 200 yd. I.M.	22
23**	13 & 14 Senior	50 yd. Freestyle 50 yd. Freestyle	24**
45***	Senior	1650 yd. Freestyle	46***

** See MEET OPERATION Point "9" for 50 Free Finals ("Skins") procedure explanation.

*** Events 45 & 46, 1650 Frees - TIMED FINALS, are limited to the fastest 16 entries in each gender in each event, or, if not 16 in one of the genders, will fill to 32 total.

Session SIX - Afternoon TIMED FINALS

Warm-ups: Not before 12:30 p.m. / Minimum of 40 minutes

Competition: Not before 1:15 p.m.

GIRLS EVENT #	Age Group	EVENT	BOYS EVENT #
47	12 & Under	100 yd. Freestyle	48
49	10 - 12	200 yd. Backstroke	50
51	12 & Under	100 yd. Breaststroke	52
53	10 - 12	200 yd. Butterfly	54
55	12 & Under	100 yd. Backstroke	56
57	10 - 12	400 yd. I.M.	58
59	8 - 12	200 yd. I.M.	60
61	12 & Under	100 yd. Butterfly	62
63	10 - 12	200 yd. Breaststroke	64
65	8 - 12	200 yd. Freestyle	66