ISI Team Iowa CONSENT AND INDEMNITY AGREEMENT

PARTICIPANT/PARENT/LEGAL GUARDIAN RELEASE,

The undersigned Participant/Parent(s)/Legal Guardian(s) in Team Iowa, in return for good and valuable consideration (in the form of the financial, administrative, organizational and personal services provided by Iowa Swimming, Inc. and the planning thereof) do (es) hereby:

- 1. Release and discharge Iowa Swimming, Inc., all coaches, officers, directors, volunteer members, employees or agents of Iowa Swimming, Inc. and all other adults and minors taking part in or planning the Activity, their respective heirs, personal representatives, successors and assigns (collectively the "Released Parties") from any and all liability for damages to their persons, emotions or property arising directly or indirectly out of the Activity. Each of the undersigned expressly surrenders and gives up any claim he/she might otherwise have at any time based on negligence or other liability producing acts or omissions of the parties hereby released.
- 2. Covenant and agree to indemnify in full and hold harmless all of the Released Parties with respect to any amounts which any of the Released Parties might be legally required to pay as a result of injury to the person, emotions or property of his/her child (ren) or of himself/herself.
- 3. Grant to the chaperones and adults on said Activity full authority to authorize any professionally recommended medical care and services for his/her child (ren) on the Activity and to consent to said care and treatment in his/her behalf in accordance with the Emergency Medical Authorization-Consent for Medical Treatment on the reverse side hereof.
- 4. Consent to the Activity and the rules established by Iowa Swimming, Inc. to govern conduct and procedure on the Activity

WE HAVE CAREFULLY READ THIS <u>RELEASE</u>, <u>CONSENT AND INDEMNITY</u> <u>AGREEMENT</u> AND UNDERSTAND IT AND AGREE TO EACH OF ITS TERMS.