

VANDAL AQUATIC CLUB
2021 IE VAN Trick Or Treat OPEN

Sunday * October 24, 2021

ENTRY DEADLINE: October 17, 2021 * 6:00 PM PST

Held under Sanction of United States Swimming, Inc. and
Inland Empire Swimming, Inc., **Sanction # IE 21-1471**

Sanction	This meet has been sanctioned by Inland Empire Swimming, Inc. and current USA Swimming rules and any relevant sections of the Inland Empire Swimming Policies & Procedures Manual will apply. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.	
Liability	<i>In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</i> It is further understood that Inland Empire Swimming, Inc., all meet officials, University of Idaho Swim Center, and Vandal Aquatic Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.	
COVID-19	An inherent risk of exposure to COVID-19 exists in any public place where people are present. Vandal Aquatic Club, in cooperation with the University of Idaho Swim Center, and in accordance with current state and local guidelines, have enacted enhanced health and safety protocols for all VAN-hosted practices and events. SEE FULL STATEMENT P2 OF THIS DOCUMENT.	
Location	University of Idaho Swim Center 1030 Rayburn Avenue Moscow, Idaho 83843 Facility Phone: (208) 885-2281 Parking is available in Lot #39 (Memorial Gym*Swim Center*PE Bldg), along Rayburn Ave (downhill side only), and in Lot #24 behind UI Law School. Please obey all posted signs for restricted spaces.	
Facility	Indoor 25-yard pool, 8 lanes, with non-turbulent lane lines. Depth is 6' at start end and 14' at turn end. Eight starting blocks at start end only. Daktronix Timing System with 8 lane scoreboard. Separate 4 lane warm-up pool. SPECTATORS WILL BE LIMITED AT THIS MEET per current UI Swim Center COVID-19 guidelines – see additional details p3. Swim venue includes Men's and Women's locker rooms with access onto the pool deck. Facilities are accessible for swimmers with disabilities. Service animals only are allowed in the facility. The competition course has been certified in accordance with 104.2.2 C (4) and is on file with USA Swimming.	
Eligibility	All athletes must be currently registered members of USA Swimming.	
Meet Referee	Michael Miura * (208) 596-2340 * mikemiura90@yahoo.com	
Meet Director	Jody Rash * (541) 580-6512 * jody.rash@gmail.com	
Meet Host	Vandal Aquatic Club * www.vandalaquatics.com	
Meet Schedule	11&U Morning Session	Meet Schedule 12&O Afternoon Session
Athletes Arrive:	8:00 AM	Athletes Arrive: 12:00 PM (NOON) est
Warm-ups:	8:15 – 8:45 AM	Warm-ups: 12:15 – 12:50 PM est
Officials Meeting:	8:15 AM	Officials Meeting: 12:15 PM
Coaches Meeting:	If needed per MR	Coaches Meeting: If needed per MR
Timed Finals:	9:00 AM	Timed Finals: 1:00 PM est

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COVID-19

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND INLAND EMPIRE SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Vandal Aquatic Club, in cooperation with the University of Idaho Swim Center and in accordance with current state and local guidelines, have enacted enhanced health and safety protocols for all VAN-hosted practices and events. These protocols will be in effect for this event and include the wearing of face masks and the practice of social distancing between non-family members, as specified by the current University of Idaho Swim Center protocols at the time of competition.

These safety protocols are subject to change at any time, up to and including the potential cancellation of the event. Additional details are listed in the Supplemental Safety Plan, as required by Inland Empire Swimming, and USA Swimming's Return To Competition Safety Plan.

Safe Sport

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and 3 credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before October 24, 2021, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

Times achieved by an athlete who turns age 18 on or before October 24, 2021, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

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- Rules** Current USA Swimming rules will govern this meet. Current Inland Empire Swimming Rules & Procedures will be in effect and strictly enforced.
- No athlete will be permitted to compete unless they are a member of USA Swimming as provided in Article 302 of the current USA Swimming Rulebook.
- The age of the athlete will be his/her age as of October 24, 2021, the day of competition.**
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Coaches must be currently certified members of USA Swimming and must provide proof of current certification upon request by the Meet Referee or their designee.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, rest rooms, or locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Deck changing is prohibited.
- Restrictions** **ONLY USA SWIMMING-CERTIFIED ATHLETES, COACHES, OFFICIALS, & DESIGNATED MEET VOLUNTEERS ARE PERMITTED ON DECK. The deck area is defined as the 4' perimeter around the deck of the competition pool and the entire area behind the starting blocks.**
- SPECTATORS WILL BE LIMITED AT THIS COMPETITION per current UI Swim Center COVID-19 guidelines. Final details will be determined by total athletes entered in the meet and will be announced following the close of entries.**
- All swimmers entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make these arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Photography is not allowed behind the blocks during the start of a race or relay exchange.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Shaving is not permitted anywhere in the facility.
- Tobacco products, alcoholic beverages, and glass containers are not allowed in the venue.
- Service Animals only are permitted in the Swim Center facility.
- Broadcast Statement** Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.
- Photography / Video** Photographers and/or videographers may be present on deck at this meet. Parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the start of warm-ups on Saturday morning. **Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.**
- Warmups** Lanes will be assigned for the pre-meet warmups and coaches are responsible for supervising their athletes at all times. The warmup pool will be available throughout the competition – lanes **will not** be assigned. The competition pool may be available between events for warm up/warm down as directed by the Meet Referee.
- MAX of 11 athletes per lane at any time per UI Swim Center Covid Safety Protocols**

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Order of Events

SUNDAY 11&U AM Session		
Girls Event #	Event Name	Boys Event #
1	11&U 100 Individual Medley	2
3	11&U 50 Freestyle	4
5	11&U 100 Butterfly	6
7	11&U 50 Breaststroke	8
9	11&U 100 Backstroke	10
	*** 5-minute break ***	
11	11&U 50 Backstroke	12
13	11&U 100 Breaststroke	14
15	11&U 50 Butterfly	16
17	11&U 100 Freestyle	18
	*** 5-minute break ***	
19	11&U 200 Freestyle	20
 SUNDAY 12&O PM Session		
21	12&O 200 Individual Medley	22
23	12&O 50 Freestyle	24
25	12&O 100 Butterfly	26
27	12&O 50 Breaststroke	28
29	12&O 100 Backstroke	30
31	12&O 200 Freestyle	32
33	12&O 50 Backstroke	34
35	12&O 100 Breaststroke	36
37	12&O 50 Butterfly	38
39	12&O 100 Freestyle	40
	*** 10-minute break ***	
41	OPEN 500 Freestyle (A) (B)	42

Meet Format

Meet format will be SCY, pre-seeded, timed finals events with two age groups: 11&U and 12&O.

Events will be seeded and swum fastest to slowest.

- (A) 500 Freestyles** will be Deck-Seeded * Positive Check-In Deadline: One Hour prior to the scheduled start of Events 41 & 42 – Exact Time TBA
- (B)** The 500 Freestyles may be swum alternating girls and boys heats, and/or combining girls and boys in heats, of Events 41 & 42, fastest to slowest. Details will be announced following the close of entries.

In addition to the breaks noted in the Order of Events, above, additional breaks may be added at the discretion of meet management.

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MEET ENTRIES

Eligibility	All participants must be currently registered members of USA Swimming. No on-deck registration will be permitted.
Entry Deadlines	Entries OPEN at 12:00 PM PST, Monday, October 11, 2021 Entries CLOSE (must be received by) at 6:00 PM PST on Sunday, October 17, 2021.
Late Entries	Late entries will be accepted, space permitting, on a case-by-case basis, at the discretion of Meet Management.
To Submit Entries	1. HY-TEK Meet Manager 8.0 Software will be used for this meet. 2. Submit entries using Short Course Yards times only. No Time (NT) entries will be accepted. Submit entries via email to Meet Director Jody Rash jody.rash@gmail.com 3. Ages and USA Swimming registration numbers must be included with all entries. 4. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
Meet Limit	Entries into the meet will be limited to 132 athletes <u>per session</u> . Entries per session will close following the team with the 120 th athlete, and teams will be so advised.
Entry Limit	Swimmers may enter a maximum of five (5) individual events.
Entry Fees	\$30.00 athlete surcharge (\$15.00 IES surcharge * \$10.00 facility surcharge * \$5.00 Covid/Heat Sheet Fee) \$ 4.00 individual entry fee
Scoring	Scoring will be top 16 places for each event: 20-17-16-15-14-13-12-11 * 9-7-6-5-4-3-2-1 Individual points earned will be combined from both sessions to determine combined team scoring
Awards	Individual Ribbons for top 16 places per event * Team Awards for top 3 teams on combined team scoring
Officials	Meet Referee Michael Miura Admin Official Matthew Bernards Head Starter Andy Crossler Stroke & Turn Paige Buehler, Rick Edge, Cindi Fuller, Mike Graham and others
Timers	The Daktronics Timing System will be the primary time recording system. Additionally, 1 – 2 backup timers per lane will be assigned by the Meet Director for the duration of each competition session and will be required to wear a face mask at all times.
Programs / Results	Meet programs will be emailed to entered teams, and a limited number will be posted at the facility. Meet programs will be provided for coaches but will not be printed for spectators. Results will be distributed directly to coaches during the meet, as well as on Meet Mobile if possible. Final results will be emailed following the meet.
Hospitality & Concessions	Hospitality will be provided for Coaches & Officials * Concessions are TBD
Livestreaming	If possible, this event will be streamed live for families to observe their athletes. Additional details will be provided if this option is available.