

# ELLENSBURG AREA SWIM TEAM – EQUIPMENT LIST

The following equipment is recommended for training and stroke development. Each training group has different recommendations for their equipment needs. The team provides some equipment for the swimmers, but we believe when the swimmers have their own training equipment they have some ownership and additional pride for their swimming.

Training Groups/Equipment: Please purchase the equipment brand and style that is listed. All swimmers should have a water bottle at every practice. **Please label all equipment/team clothing with swimmer's name.**

Bronze: No Equipment Required, Recommended – Mesh Bag, Kickboard, Extra Caps & Goggles

Silver: No Equipment Required, Recommended – Mesh Bag, Kickboard, Pull Buoy, Extra Caps & Goggles  
Also recommended for 11 & Over Swimmers – Strokemaker Paddles (Green)

Gold: Required – Mesh Bag, Kickboard, Pull Buoy, Paddles, Fins, Extra Caps & Goggles  
Additional equipment may be recommended (shoes, snorkels, or alternate types of required equipment).

\*Recommended Equipment List – Average Price Listed



Strokemaker Paddles: \$20.00  
#1 – Green/Small #2 – Yellow/ Medium #3 – Red/Large #4 –Blue/Ex Large  
\*Please consult with coach for correct size prior to ordering



TYR Hydrofoil Kickboard: \$29.99  
Black



Mesh Equipment Backpack: \$15.00  
Choice of Style



Junior Size Pull Buoy \$10



TYR CrossBlade Training Fin: \$49.99 or other "short blade" fin. Sporti offers a short blade fin for \$25.

**Practice Suits:** Polyester competition suit (Dolphin Uglies, Sporti, Speedo Endurance, TYR Durafast)

**Swim Meet Suit:** TYR Hexa Maxfit or Diamondfit One Piece with a red accent for females and TYR Hexa Jammer for males; if not available swimmers must have a solid black suit. Technical Suits are not needed until Sectionals level or above.

**Goggles:** Speedo Vanquisher style or similar Sporti model with a bungee strap. They have junior sizes as well in this style.

**Caps:** Latex or Silicone practices caps. Silicone can be prone to slide off on some swimmers. Caps can help protect hair from the effects of pool water, they also assist in keeping goggle straps in place, limiting the amount of goggles leaking.

**Shopping Recommendations:** The most competitive pricing can be found at our team store at: [EBurgSwim Team Store at SwimOutlet.com](http://EBurgSwimTeamStore.atSwimOutlet.com). When using our team store, a portion of all proceeds goes back to EAST, however you can also purchase these items at the swimming equipment website of your choice or on Amazon. Some of these items can be found at the swim meet vendors, along with suits, caps, goggles and other swimming merchandise, but this is sometimes at a higher cost. Equipment Questions: Contact the Head Coach.

**Swim Suit Style Guide-Women:**

Thin-Strap Solid Competition or Practice Suit



Dolphin Uglies or other Polyester Practice Suit



**Swim Suit Style Guide-Men:**

Jammer



Brief



**Goggle Style Guide:**

Speedo Vanquisher or Sporti



Goggle Bungee

