

VANDAL AQUATIC CLUB
2022 IE VAN Summer Solstice OPEN

Saturday & Sunday * June 25 - 26, 2022

ENTRY DEADLINE: Wednesday, June 15, 2022

Held under Sanction of United States Swimming, Inc. and
Inland Empire Swimming, Inc., **Sanction # IE 22-1493**

Sanction This meet has been sanctioned by Inland Empire Swimming, Inc. and current USA Swimming rules and any relevant sections of the Inland Empire Swimming Policies & Procedures Manual will apply. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability *In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

It is further understood that Inland Empire Swimming, Inc., all meet officials, Witter Aquatic Center, and Vandal Aquatic Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.

COVID-19 **An inherent risk of exposure to COVID-19 exists in any public place where people are present.** Vandal Aquatic Club, in cooperation with the Witter Aquatic Center, and in accordance with current state and local guidelines, have enacted enhanced health and safety protocols for all VAN-hosted practices and events. **SEE FULL STATEMENT P2 OF THIS DOCUMENT.**

Location Witter Aquatic Center
1300 East Mission Avenue
Spokane, WA 99202
Facility Phone: (509) 625-6960

Parking: Parking is available in the Aquatic Center lot, & Mission Park lot (adjacent to pool) - NO parking on the Centennial Trail. Parking is also available in the Stevens Elementary parking lot (two blocks east over the bridge, on the right). Street parking is available along the area residential streets. The AVISTA parking lot may be available on Saturday & Sunday - TBD. No overnight camping (tent or R.V.) is allowed in any lots or City parks.

Facility Outdoor 8-lane, 50M pool with non-turbulent lane lines. Pool depth: 12ft. at start end & 3.6 ft. at turn end. Eight starting blocks at start end only. Colorado Timing System with matrix scoreboard. Separate 20-yard, 3-lane lane warm-up pool. Swim venue includes Men's and Women's locker rooms with access onto the pool deck. Facilities are accessible for swimmers with disabilities. Service animals only are allowed in the facility.

The competition course has **not** been certified in accordance with USA Swimming Article 104.2.2 C (4)

Eligibility **All athletes must be currently registered members of USA Swimming.**

Meet Referee Steve Hudlet * sdhswim@yahoo.com

Meet Director Jody Broyles * (541) 580-6512 * jodybroyles1@gmail.com

Meet Host Vandal Aquatic Club * www.vandalaquatics.com

Meet Schedule **SATURDAY Session**
Athletes Arrive: 9:30 AM
Coaches Meeting: 9:45 AM
12&U Warm-ups: 10:00 – 10:30 AM
Officials Meeting: 10:30 AM
13&O Warm-ups: 10:35 – 11:20 AM
Timed Finals: 11:30 AM

SUNDAY Session
Athletes Arrive: 9:30 AM
Coaches Meeting: If needed per MR
12&U Warm-ups: 10:00 – 10:30 AM
Officials Meeting: 10:30 AM
13&O Warm-ups: 10:35 – 11:20 AM
Timed Finals: 11:30 AM

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COVID-19

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND INLAND EMPIRE SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Vandal Aquatic Club, in cooperation with Witter Aquatic Center and in accordance with current state and local guidelines, have enacted enhanced health and safety protocols for all VAN-hosted practices and events. These protocols will be in effect for this event, as specified by the current Witter Aquatic Center protocols at the time of competition.

These safety protocols are subject to change at any time, up to and including the potential cancellation of the event. Additional details are listed in the Supplemental Safety Plan, as required by Inland Empire Swimming, and USA Swimming's Return To Competition Safety Plan.

Safe Sport

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and 3 credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before June 25, 2022, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

Times achieved by an athlete who turns age 18 on or before June 25, 2022, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

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- Rules**
- Current USA Swimming rules will govern this meet. Current Inland Empire Swimming Rules & Procedures will be in effect and strictly enforced.
- No athlete will be permitted to compete unless they are a member of USA Swimming as provided in Article 302 of the current USA Swimming Rulebook.
- The age of the athlete will be his/her age as of June 25, 2022, the first day of competition.**
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Coaches must be currently certified members of USA Swimming and must provide proof of current certification upon request by the Meet Referee or their designee.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, rest rooms, or locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Deck changing is prohibited.
- Restrictions**
- ONLY USA SWIMMING-CERTIFIED ATHLETES, COACHES, OFFICIALS, & DESIGNATED MEET VOLUNTEERS ARE PERMITTED ON DECK. The deck area is defined as the 4' perimeter around the deck of the competition pool and the entire area behind the starting blocks.**
- Spectators will be allowed at this meet** – additional information on spectator areas and viewing will be provided following the close of entries.
- All swimmers entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make these arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Photography is not allowed behind the blocks during the start of a race or relay exchange.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Shaving is not permitted anywhere in the facility.
- Tobacco products, alcoholic beverages, and glass containers are not allowed in the venue.
- Service Animals only are permitted in the facility.
- Broadcast Statement**
- Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.
- Photography / Video**
- Photographers and/or videographers may be present on deck at this meet. **Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.**
- Warmups**
- Lanes will be assigned for the pre-meet warmups**, based on team entry counts.
- Warmups have been split into two sessions: 12&U and 13&O – see meet schedule, p.1 of this announcement
 - Coaches are responsible for supervising their athletes at all times especially during the practice of sprint starts.
 - The warmup pool will be available throughout the competition – NO DIVING.

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Order of Events

SATURDAY June 25th

Girls Event #	Event Name	Boys Event #
1	OPEN 200 Freestyle Relay	2
3	OPEN 200 Breaststroke	4
5	OPEN 50 Butterfly	6
7	OPEN 100 Freestyle	8
9	OPEN 200 Backstroke	10
11	OPEN 50 Breaststroke	12
13	OPEN 100 Butterfly	14
15	OPEN 400 Individual Medley	16

SUNDAY June 26th

17	OPEN 200 Medley Relay	18
19	OPEN 200 Freestyle	20
21	OPEN 100 Breaststroke	22
23	OPEN 50 Backstroke	24
25	OPEN 200 Individual Medley	26
27	OPEN 50 Freestyle	28
29	OPEN 100 Backstroke	30
31	OPEN 200 Butterfly	32
33	OPEN 1500 Freestyle	34

Meet Format

Meet format will be LCM, OPEN (no age groups) timed finals events.

Events will be pre-seeded and swum fastest to slowest, except as noted below for the 400 IM & 1500 Freestyles:

(A) 400 IM & 1500 Freestyles will be deck-seeded

(B) Positive Check-In Deadline: 12:30 pm on the day the event is swum

(C) The 400 IM & 1500 Freestyles may be swum alternating girls' and boys' heats, and/or combining girls and boys in heats, fastest to slowest, at the discretion of meet management. Details will be announced following the close of entries.

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Meet Entries

Eligibility	All participants must be currently registered members of USA Swimming. No on-deck registration will be permitted.
Entry Deadlines	Entries OPEN Wednesday, June 1, 2022 Entries CLOSE (must be received by) at 11:59 PM on Wednesday, June 15, 2022.
Late Entries	Late entries will be accepted, space permitting, on a case-by-case basis, at the discretion of Meet Management.
To Submit Entries	1. HY-TEK Meet Manager 8.0 Software will be used for this meet. 2. Submit entries using Long Course Meters times only. No Time (NT) entries will be accepted. Submit entries via email to Meet Director Jody Broyles jodybroyles1@gmail.com 3. Ages and USA Swimming registration numbers must be included with all entries. 4. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
Meet Limit	Entries into the meet will be limited to the team with the 400 th athlete.
Entry Limit	Swimmers may enter a maximum of five (5) individual events, and one (1) relay per day.
Entry Fees	\$28.00 athlete surcharge (\$20.00 IES surcharge * \$8.00 facility fee) \$ 4.00 individual entry fee \$12.00 relay entry fee

Other Important Information

Scoring	NO scoring
Awards	NO awards – all entered athletes will receive a Summer Solstice “goody bag”
Officials	Meet Referee Steve Hudlet Admin Official Jody Broyles Head Starter Andy Crossler Stroke & Turn Paige Buehler, Cindi Fuller, Brian Johnson, Paul Ockerberg, and others
Timers	The Colorado Timing System will be the primary time recording system. Additionally, 1 – 2 backup timers per lane will be assigned by the Meet Director for the duration of each competition session. <ul style="list-style-type: none">• VAN volunteers will be the primary source of timers for this event; additional information on timing opportunities for parents from other teams will be provided following the close of entries.• <i>400 IM & 1500 Freestyle Events: athletes/teams are responsible for providing their own volunteer backup timer(s) or their lane will go unprotected.</i>• Athletes/teams asking for initial distance splits may be asked to provide additional backup timers for this purpose. Additional information will be provided following the close of entries.
1500 Freestyle	Lap counting devices will be provided for athletes wishing to use them during this event. Athletes / teams are responsible for providing their own volunteer for counting laps.

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Programs / Results Meet programs will be emailed to entered teams, and a limited number will be posted at the facility. Meet programs will be provided for coaches but will not be printed for spectators. Initial results will be posted and distributed directly to coaches during the meet, as well as on Meet Mobile, if possible. Final results will be emailed to coaches of record following the meet.

Hospitality & Concessions Hospitality will be provided for Coaches & Officials * Concessions are TBD