



VS NEWS

A Newsletter for Velocity Swimming

May, 2013
Volume 13 Issue 5

Velocity Swimming, PO Box 2791, Wenatchee, WA 98807
<http://www.velocity-swimming.com> coachjohn@velocity-swimming.com
(509) 884-8917

Coaching Staff News, Coach Darcy to EHS!

By Coach Pringle

INSIDE THIS ISSUE

- 1 Coaching Staff News
- 1 Upcoming Events
- 2 Team ramblings
- 2 April Swimmers of the Month
- 2 News and Notes

From the time I first arrived for my interviews in May, 2011, I knew that I had a special group of coaches in place to allow our team to progress in a manner that everyone could be proud of. Getting to know Coach Kathy, Darcy, and Anne (I always knew Coach Carolyn!) over the past two years has been a great experience and I have learned from each and every one of them. The same holds true for our newest Coach, Trent Grigsby. Whether paid, or volunteer, these coaches provide your swimmers with unequalled swimming experience, coaching experience, and a love for our sport that rubs off on the swimmers of our team. I have said this many times...I am truly blessed to have a group like this—it isn't normal, and there is nothing regular about having so much swimming experience under the umbrella of one team. I also believe that each and every one of you, parent and swimmer alike, have been equally blessed by them.

So, it is with a bittersweet feeling in my heart that I announce that Coach Darcy will be leaving Velocity as a coach effective August 1st. I am also proud to tell you that Coach Darcy has accepted the Head Coach position at Eastmont High School. So, it is bitter that we are losing her as a coach here, but it is sweet that Velocity Swimmers will once again have a coach at EHS that they know, and trust. Someone who cares about the program and will do everything she can to restore and ensure a positive future for a storied high school swimming program. Her passion for our swimmers showed in the interviews.

The decision was not easy for her to leave Velocity. In our discussions before her hire, she spoke about her love of her "Teal Group kids and parents." We also spoke about the importance of a unified swimming presence in the valley that is cooperative and works for the betterment of competitive swimming both at the club and high school levels on both sides of the river. I have felt since I arrived that Eastmont needed a coach that the Velocity Swimming membership could trust. I believe that in the long run, this move is in the best interest of all of our swimmers both now and in the future as I will be able to work closely with Darcy to promote and sell EHS swimmers on the benefits of Velocity.

So, I say congratulations Coach Darcy! The coaching staff and I will miss you on deck, but we know you aren't too far away. Thank you for all you have done for us!

I will begin to evaluate our team needs and start the search for our new Teal Group Coach immediately. We currently have two potential new part-time coaches training for their credentials, and there are also some more global team options to be considered. I'll keep you posted! Velocity HAA!

UPCOMING EVENTS!

May 31-June 2
Apple Capital Open!

June 14th-16th Wine
Country Open, Toppenish

June 22nd **Swimfest!**

June 28th
Chelan Slides Trip

NEWS and NOTES

I am pleased to announce that our new corporate fundraising efforts have born some fruit! Alcoa has agreed to a deal with Velocity Swimming to be a meet name sponsor for our 2013 Starlight Swim Meet. The meet will now be known as the "Alcoa Starlight Swim Meet." Thank you to Alcoa for their generous support of our team and our mission.

Swim A Thon raised over our \$30,000 goal. Great job! Of course this means that your coaches will swim a 200 relay at Alcoa Starlight Swim Meet to celebrate!! Coaches rule the pool! Also, our efforts have earned us the #3 best Swim A Thon Score in the nation for clubs our size...Fantastic!

OFFICIALS! THANK YOU!!!! Our presence is bigger and better all of the time. We appreciate you! Matt Bruggman conducted a training on May 11th and we had 5 new officials training, thank you!

Apple Blossom was May 4th! We had approximately 50 athletes carried parade award banners in the parade. Our team made quite the showing with our neon shirts and "Rockin' A Pool Near You" slogan. Thank you to all who participated and to Shawna Pringle and Carolyn Dressel for working on the shirt orders

Our team will be hosting the 2013 Summer Long Course Age Group Regional meet on August 9, 10, and 11th. Please save these dates as we will need *all hands on deck* to host the revival of this once traditional and fast swim meet. Volunteering at this meet is a team requirement!

There is a new swim meet on our calendar! It is the new "Quad/Tri LSC Championship" to be held in Missoula, Montana July 5th - 7th. The meet is an "A" time standard meet. We are encouraging all "A" qualifiers to attend. The team is staying at the Comfort Inn. Should be fun!

TEAM RAMBLINGS

AVOID CHARGES!!! All team members need to inform billing if you will be taking time off. This needs to be done 5 days before the 1st day of the month. Contact billing@velocity-swimming.com

Welcome to our new team members! I am excited to see so many new faces. Please let me or one of the other coaches know if you need anything. Don't be afraid to ask questions! We are here to help! (509) 884-8917

The 2013-2014 competition calendar has been finalized and will be emailed to you soon! It will also be available on the team unify website. Pay special attention to meets that require a hotel stay. Plan ahead and book your hotels early!

Your Velocity Board is hard at work making sure our team operates smoothly and efficiently. Current projects include a complete look at our team, its vision, and goals. If you have questions, you can speak with any of them—or ask a coach!

Did you know that Velocity Swimming is involved in a community-wide effort to highlight swimming safety and drowning awareness? We will be helping at "SWIMFEST" on June 22nd to highlight water safety awareness. Job sign up for Swimfest will be available soon! Like the page on Facebook for updates. This is just one of our community outreach projects. Others include the annual Apple Blossom parade; Master's meet officials and timers, and officials for WHS and EHS Swim Meets! Great job team!

The Inland Empire HOD (House of Delegates) meeting was held on April 28th in Moses Lake. Coach John was re-elected as Administrative Vice Chair, Dave Cutter is Sanctions Chair, and I am pleased to announce that our own John Bergstrom was elected as Treasurer. This enhances our team presence in decisions that affect the operation of IES and our own team. Thanks to Dave and John for their volunteer efforts on behalf of all of the IES athletes.

April SWIMMERS OF THE MONTH (SOM)

Coach John announced that the following swimmers were selected as Swimmers of the Month for April:

Black Group: Braden Dilly

White Group: America Avilez

Teal Group: Olga Murillo

Splash Group: Ella Smiddy, Amy Meuret

CONGRATS!!!!!! AWESOME JOB!!!! KEEP UP THE GOOD WORK!