



IMX

I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Leif Broxson

of Velocity Swimming has achieved an IM Xtreme score of

2780

for the 14 year old age group during the LCM 2019 season

Rankings

National Rank: 678 of 1055 (36 percentile)
Zone Rank: 181 of 268 (33 percentile)
LSC Rank: 3 of 7 (71 percentile)
Club Rank: 2 of 3 (67 percentile)

IM Xtreme Event Scores

400 FR (LCM): 460 points (time: 4:55.88)
200 BK (LCM): 371 points (time: 2:43.51)
200 BR (LCM): 594 points (time: 2:51.13)
200 FL (LCM): 294 points (time: 2:49.12)
200 IM (LCM): 539 points (time: 2:32.96)
400 IM (LCM): 522 points (time: 5:29.09)

LINDSAY MINTENKO
NATIONAL TEAM MANAGING DIRECTOR

August 25, 2019

Date



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I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Leif Broxson

of Velocity Swimming has achieved an IM Xtreme score of

2389

for the 15 year old age group during the LCM 2019 season

Rankings

National Rank: 586 of 778 (25 percentile)
Zone Rank: 132 of 169 (22 percentile)
LSC Rank: 3 of 8 (75 percentile)
Club Rank: 1 of 3 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 383 points (time: 4:55.88)
200 BK (LCM): 321 points (time: 2:43.51)
200 BR (LCM): 564 points (time: 2:48.01)
200 FL (LCM): 226 points (time: 2:49.12)
200 IM (LCM): 449 points (time: 2:32.93)
400 IM (LCM): 446 points (time: 5:27.43)

LINDSAY MINTENKO
NATIONAL TEAM MANAGING DIRECTOR

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PROGRAM ACHIEVEMENT

Trenten Calloway

of Velocity Swimming has achieved an IM Xtreme score of

3439

for the 14 year old age group during the LCM 2019 season

Rankings

National Rank: 406 of 1055 (62 percentile)
Zone Rank: 98 of 268 (64 percentile)
LSC Rank: 2 of 7 (86 percentile)
Club Rank: 1 of 3 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 764 points (time: 4:22.71)
200 BK (LCM): 521 points (time: 2:33.27)
200 BR (LCM): 444 points (time: 3:03.34)
200 FL (LCM): 484 points (time: 2:35.20)
200 IM (LCM): 588 points (time: 2:30.03)
400 IM (LCM): 638 points (time: 5:13.74)

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PROGRAM ACHIEVEMENT

Molly Coonfield

of Velocity Swimming has achieved an IM Xtreme score of

1299

for the 14 year old age group during the LCM 2019 season

Rankings

National Rank: 998 of 1062 (6 percentile)
Zone Rank: 227 of 236 (4 percentile)
LSC Rank: 8 of 9 (22 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 167 points (time: 5:45.49)
200 BK (LCM): 193 points (time: 3:09.96)
200 BR (LCM): 336 points (time: 3:22.21)
200 FL (LCM): 103 points (time: 3:20.16)
200 IM (LCM): 272 points (time: 3:01.12)
400 IM (LCM): 228 points (time: 6:33.48)

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PROGRAM ACHIEVEMENT

Charlie Cutter

of Velocity Swimming has achieved an IM Xtreme score of

1623

for the 19 & Over age group during the LCM 2019 season

Rankings

National Rank:	31 of	35 (14 percentile)
Zone Rank:	7 of	7 (14 percentile)
LSC Rank:	1 of	1 (100 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	346 points	(time: 4:53.37)
200 BK (LCM):	310 points	(time: 2:37.84)
200 BR (LCM):	179 points	(time: 3:16.47)
200 FL (LCM):	190 points	(time: 2:46.30)
200 IM (LCM):	329 points	(time: 2:36.99)
400 IM (LCM):	269 points	(time: 5:47.58)

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PROGRAM ACHIEVEMENT

Christian Cutter

of Velocity Swimming has achieved an IM Xtreme score of

2516

for the 17 year old age group during the LCM 2019 season

Rankings

National Rank: 339 of 423 (20 percentile)
Zone Rank: 69 of 85 (20 percentile)
LSC Rank: 4 of 7 (57 percentile)
Club Rank: 1 of 3 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 300 points (time: 5:00.41)
200 BK (LCM): 454 points (time: 2:28.74)
200 BR (LCM): 733 points (time: 2:31.88)
200 FL (LCM): 26 points (time: 3:04.52)
200 IM (LCM): 595 points (time: 2:21.26)
400 IM (LCM): 408 points (time: 5:26.40)

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PROGRAM ACHIEVEMENT

Brooklyn Dressel

of Velocity Swimming has achieved an IM Xtreme score of

2479

for the 15 year old age group during the LCM 2019 season

Rankings

National Rank: 552 of 773 (29 percentile)
Zone Rank: 111 of 149 (26 percentile)
LSC Rank: 4 of 5 (40 percentile)
Club Rank: 2 of 2 (50 percentile)

IM Xtreme Event Scores

400 FR (LCM): 316 points (time: 5:18.56)
200 BK (LCM): 430 points (time: 2:47.59)
200 BR (LCM): 461 points (time: 3:07.89)
200 FL (LCM): 331 points (time: 2:55.92)
200 IM (LCM): 503 points (time: 2:42.10)
400 IM (LCM): 438 points (time: 5:51.84)

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PROGRAM ACHIEVEMENT

Aiden Grigsby

of Velocity Swimming has achieved an IM Xtreme score of

2419

for the 11 year old age group during the LCM 2019 season

Rankings

National Rank: 591 of 1259 (53 percentile)
Zone Rank: 162 of 289 (44 percentile)
LSC Rank: 1 of 4 (100 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 557 points (time: 5:25.35)
100 BK (LCM): 592 points (time: 1:22.38)
100 BR (LCM): 432 points (time: 1:41.68)
100 FL (LCM): 382 points (time: 1:29.41)
200 IM (LCM): 456 points (time: 3:05.41)

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PROGRAM ACHIEVEMENT

James Gyde

of Velocity Swimming has achieved an IM Xtreme score of

136

for the 12 year old age group during the LCM 2019 season

Rankings

National Rank: 1699 of 1717 (1 percentile)
Zone Rank: 374 of 380 (2 percentile)
LSC Rank: 9 of 10 (20 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 3 points (time: 7:05.63)
100 BK (LCM): 64 points (time: 1:40.48)
100 BR (LCM): 27 points (time: 1:57.15)
100 FL (LCM): 1 points (time: 1:57.21)
200 IM (LCM): 41 points (time: 3:38.98)

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PROGRAM ACHIEVEMENT

Jordan Hartley

of Velocity Swimming has achieved an IM Xtreme score of

3139

for the 19 & Over age group during the LCM 2019 season

Rankings

National Rank:	15 of	16 (13 percentile)
Zone Rank:	3 of	3 (33 percentile)
LSC Rank:	1 of	1 (100 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	499 points	(time: 4:51.72)
200 BK (LCM):	277 points	(time: 2:58.29)
200 BR (LCM):	602 points	(time: 2:54.85)
200 FL (LCM):	588 points	(time: 2:33.81)
200 IM (LCM):	576 points	(time: 2:36.14)
400 IM (LCM):	597 points	(time: 5:27.93)

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PROGRAM ACHIEVEMENT

Sierra Hartley

of Velocity Swimming has achieved an IM Xtreme score of

2488

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank: 421 of 538 (22 percentile)
Zone Rank: 75 of 99 (25 percentile)
LSC Rank: 2 of 6 (83 percentile)
Club Rank: 1 of 4 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 256 points (time: 5:23.69)
200 BK (LCM): 348 points (time: 2:52.44)
200 BR (LCM): 621 points (time: 2:54.31)
200 FL (LCM): 287 points (time: 2:59.36)
200 IM (LCM): 548 points (time: 2:38.75)
400 IM (LCM): 428 points (time: 5:52.55)

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PROGRAM ACHIEVEMENT

Sam Hobson

of Velocity Swimming has achieved an IM Xtreme score of

1277

for the 10 year old age group during the LCM 2019 season

Rankings

National Rank: 1131 of 1363 (17 percentile)
Zone Rank: 270 of 311 (14 percentile)
LSC Rank: 6 of 11 (55 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

200 FR (LCM): 370 points (time: 2:59.52)
100 BK (LCM): 400 points (time: 1:36.58)
100 BR (LCM): 255 points (time: 1:59.30)
100 FL (LCM): 68 points (time: 1:57.91)
200 IM (LCM): 184 points (time: 3:46.93)

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PROGRAM ACHIEVEMENT

Karlyn Kelly

of Velocity Swimming has achieved an IM Xtreme score of

1924

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank:	485 of	538 (10 percentile)
Zone Rank:	91 of	99 (9 percentile)
LSC Rank:	5 of	6 (33 percentile)
Club Rank:	3 of	4 (50 percentile)

IM Xtreme Event Scores

400 FR (LCM):	423 points	(time: 5:01.60)
200 BK (LCM):	257 points	(time: 3:00.04)
200 BR (LCM):	420 points	(time: 3:11.12)
200 FL (LCM):	117 points	(time: 3:15.37)
200 IM (LCM):	396 points	(time: 2:49.26)
400 IM (LCM):	311 points	(time: 6:11.67)

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PROGRAM ACHIEVEMENT

Emma Knott

of Velocity Swimming has achieved an IM Xtreme score of

2492

for the 15 year old age group during the LCM 2019 season

Rankings

National Rank: 544 of 773 (30 percentile)
Zone Rank: 108 of 149 (28 percentile)
LSC Rank: 2 of 5 (80 percentile)
Club Rank: 1 of 2 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 455 points (time: 5:01.16)
200 BK (LCM): 369 points (time: 2:52.26)
200 BR (LCM): 344 points (time: 3:18.33)
200 FL (LCM): 475 points (time: 2:44.49)
200 IM (LCM): 460 points (time: 2:45.07)
400 IM (LCM): 389 points (time: 5:59.57)

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I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Emma Knott

of Velocity Swimming has achieved an IM Xtreme score of

2430

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank:	428 of	538 (21 percentile)
Zone Rank:	77 of	99 (23 percentile)
LSC Rank:	3 of	6 (67 percentile)
Club Rank:	2 of	4 (75 percentile)

IM Xtreme Event Scores

400 FR (LCM):	427 points	(time: 5:01.16)
200 BK (LCM):	351 points	(time: 2:52.26)
200 BR (LCM):	341 points	(time: 3:18.33)
200 FL (LCM):	473 points	(time: 2:44.49)
200 IM (LCM):	454 points	(time: 2:45.07)
400 IM (LCM):	384 points	(time: 5:59.57)

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I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Ben Madson

of Velocity Swimming has achieved an IM Xtreme score of

3516

for the 13 year old age group during the LCM 2019 season

Rankings

National Rank:	304 of	795 (62 percentile)
Zone Rank:	84 of	197 (58 percentile)
LSC Rank:	2 of	4 (75 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	600 points	(time: 4:49.97)
200 BK (LCM):	627 points	(time: 2:32.70)
200 BR (LCM):	540 points	(time: 3:02.45)
200 FL (LCM):	497 points	(time: 2:42.49)
200 IM (LCM):	698 points	(time: 2:29.18)
400 IM (LCM):	554 points	(time: 5:36.79)

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I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Tage Madson

of Velocity Swimming has achieved an IM Xtreme score of

1827

for the 17 year old age group during the LCM 2019 season

Rankings

National Rank: 386 of 423 (9 percentile)
Zone Rank: 77 of 85 (11 percentile)
LSC Rank: 6 of 7 (29 percentile)
Club Rank: 3 of 3 (33 percentile)

IM Xtreme Event Scores

400 FR (LCM): 216 points (time: 5:12.53)
200 BK (LCM): 261 points (time: 2:42.21)
200 BR (LCM): 393 points (time: 2:57.74)
200 FL (LCM): 145 points (time: 2:50.91)
200 IM (LCM): 398 points (time: 2:33.01)
400 IM (LCM): 414 points (time: 5:25.49)

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PROGRAM ACHIEVEMENT

Tage Madson

of Velocity Swimming has achieved an IM Xtreme score of

2348

for the 18 year old age group during the LCM 2019 season

Rankings

National Rank:	144 of	161 (11 percentile)
Zone Rank:	32 of	36 (14 percentile)
LSC Rank:	1 of	2 (100 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	210 points	(time: 5:12.53)
200 BK (LCM):	252 points	(time: 2:42.21)
200 BR (LCM):	685 points	(time: 2:34.86)
200 FL (LCM):	139 points	(time: 2:50.91)
200 IM (LCM):	648 points	(time: 2:17.76)
400 IM (LCM):	414 points	(time: 5:25.49)

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PROGRAM ACHIEVEMENT

Rachel Marquis

of Velocity Swimming has achieved an IM Xtreme score of

1379

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank: 514 of 538 (5 percentile)
Zone Rank: 99 of 99 (1 percentile)
LSC Rank: 6 of 6 (17 percentile)
Club Rank: 4 of 4 (25 percentile)

IM Xtreme Event Scores

400 FR (LCM): 178 points (time: 5:36.34)
200 BK (LCM): 203 points (time: 3:04.86)
200 BR (LCM): 502 points (time: 3:04.11)
200 FL (LCM): 1 points (time: 3:36.84)
200 IM (LCM): 282 points (time: 2:58.12)
400 IM (LCM): 213 points (time: 6:29.52)

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PROGRAM ACHIEVEMENT

Isabel Murillo

of Velocity Swimming has achieved an IM Xtreme score of

678

for the 9 & Under age group during the LCM 2019 season

Rankings

National Rank: 767 of 866 (12 percentile)
Zone Rank: 178 of 193 (8 percentile)
LSC Rank: 7 of 8 (25 percentile)
Club Rank: 2 of 2 (50 percentile)

IM Xtreme Event Scores

200 FR (LCM): 163 points (time: 3:34.39)
100 BK (LCM): 358 points (time: 1:46.37)
100 BR (LCM): 32 points (time: 2:29.74)
100 FL (LCM): 1 points (time: 2:31.59)
200 IM (LCM): 124 points (time: 4:17.03)

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PROGRAM ACHIEVEMENT

William Neer

of Velocity Swimming has achieved an IM Xtreme score of

2158

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank: 529 of 602 (12 percentile)
Zone Rank: 126 of 133 (6 percentile)
LSC Rank: 7 of 8 (25 percentile)
Club Rank: 2 of 2 (50 percentile)

IM Xtreme Event Scores

400 FR (LCM): 309 points (time: 5:01.65)
200 BK (LCM): 499 points (time: 2:28.48)
200 BR (LCM): 278 points (time: 3:11.22)
200 FL (LCM): 174 points (time: 2:50.39)
200 IM (LCM): 561 points (time: 2:25.79)
400 IM (LCM): 337 points (time: 5:41.25)

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PROGRAM ACHIEVEMENT

Aurelia Ribellia

of Velocity Swimming has achieved an IM Xtreme score of

264

for the 10 year old age group during the LCM 2019 season

Rankings

National Rank: 1781 of 1809 (2 percentile)
Zone Rank: 411 of 414 (1 percentile)
LSC Rank: 15 of 15 (7 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

200 FR (LCM): 16 points (time: 3:46.97)
100 BK (LCM): 1 points (time: 2:15.90)
100 BR (LCM): 216 points (time: 2:01.51)
100 FL (LCM): 1 points (time: 2:31.60)
200 IM (LCM): 30 points (time: 4:17.61)

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PROGRAM ACHIEVEMENT

Kyle Sutton

of Velocity Swimming has achieved an IM Xtreme score of

438

for the 15 year old age group during the LCM 2019 season

Rankings

National Rank:	775 of	778 (1 percentile)
Zone Rank:	168 of	169 (1 percentile)
LSC Rank:	8 of	8 (13 percentile)
Club Rank:	3 of	3 (33 percentile)

IM Xtreme Event Scores

400 FR (LCM):	103 points	(time: 5:39.87)
200 BK (LCM):	69 points	(time: 3:06.76)
200 BR (LCM):	13 points	(time: 3:42.35)
200 FL (LCM):	77 points	(time: 3:03.50)
200 IM (LCM):	97 points	(time: 3:01.32)
400 IM (LCM):	79 points	(time: 6:32.68)

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I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Lindsay Sutton

of Velocity Swimming has achieved an IM Xtreme score of

1952

for the 11 year old age group during the LCM 2019 season

Rankings

National Rank: 893 of 1692 (47 percentile)
Zone Rank: 218 of 348 (38 percentile)
LSC Rank: 2 of 4 (75 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 379 points (time: 5:47.05)
100 BK (LCM): 632 points (time: 1:19.97)
100 BR (LCM): 202 points (time: 1:52.14)
100 FL (LCM): 244 points (time: 1:36.23)
200 IM (LCM): 495 points (time: 3:02.65)

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PROGRAM ACHIEVEMENT

Madeline Sutton

of Velocity Swimming has achieved an IM Xtreme score of

1506

for the 9 & Under age group during the LCM 2019 season

Rankings

National Rank:	558 of	866 (36 percentile)
Zone Rank:	139 of	193 (28 percentile)
LSC Rank:	4 of	8 (63 percentile)
Club Rank:	1 of	2 (100 percentile)

IM Xtreme Event Scores

200 FR (LCM):	153 points	(time: 3:35.74)
100 BK (LCM):	375 points	(time: 1:45.47)
100 BR (LCM):	385 points	(time: 2:01.12)
100 FL (LCM):	176 points	(time: 2:01.59)
200 IM (LCM):	417 points	(time: 3:38.48)

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PROGRAM ACHIEVEMENT

Grace Van Der Merwe

of Velocity Swimming has achieved an IM Xtreme score of

1145

for the 17 year old age group during the LCM 2019 season

Rankings

National Rank:	288 of	295 (3 percentile)
Zone Rank:	60 of	61 (3 percentile)
LSC Rank:	1 of	1 (100 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	196 points	(time: 5:33.01)
200 BK (LCM):	192 points	(time: 3:05.89)
200 BR (LCM):	260 points	(time: 3:24.86)
200 FL (LCM):	4 points	(time: 3:27.56)
200 IM (LCM):	287 points	(time: 2:57.49)
400 IM (LCM):	206 points	(time: 6:30.89)

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Wyatt Van Der Merwe

of Velocity Swimming has achieved an IM Xtreme score of

1736

for the 14 year old age group during the LCM 2019 season

Rankings

National Rank: 946 of 1055 (10 percentile)
Zone Rank: 247 of 268 (8 percentile)
LSC Rank: 5 of 7 (43 percentile)
Club Rank: 3 of 3 (33 percentile)

IM Xtreme Event Scores

400 FR (LCM): 433 points (time: 4:59.25)
200 BK (LCM): 329 points (time: 2:46.67)
200 BR (LCM): 251 points (time: 3:20.84)
200 FL (LCM): 69 points (time: 3:10.57)
200 IM (LCM): 376 points (time: 2:43.64)
400 IM (LCM): 278 points (time: 6:06.39)

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PROGRAM ACHIEVEMENT

Evan Vandersluis

of Velocity Swimming has achieved an IM Xtreme score of

2328

for the 15 year old age group during the LCM 2019 season

Rankings

National Rank: 597 of 778 (23 percentile)
Zone Rank: 133 of 169 (22 percentile)
LSC Rank: 4 of 8 (63 percentile)
Club Rank: 2 of 3 (67 percentile)

IM Xtreme Event Scores

400 FR (LCM): 291 points (time: 5:08.06)
200 BK (LCM): 261 points (time: 2:48.15)
200 BR (LCM): 743 points (time: 2:34.56)
200 FL (LCM): 137 points (time: 2:57.08)
200 IM (LCM): 533 points (time: 2:27.78)
400 IM (LCM): 363 points (time: 5:39.49)

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PROGRAM ACHIEVEMENT

Evan Vandersluis

of Velocity Swimming has achieved an IM Xtreme score of

2357

for the 16 year old age group during the LCM 2019 season

Rankings

National Rank: 511 of 602 (15 percentile)
Zone Rank: 123 of 133 (8 percentile)
LSC Rank: 6 of 8 (38 percentile)
Club Rank: 1 of 2 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 264 points (time: 5:08.06)
200 BK (LCM): 223 points (time: 2:48.15)
200 BR (LCM): 836 points (time: 2:27.37)
200 FL (LCM): 104 points (time: 2:57.08)
200 IM (LCM): 581 points (time: 2:24.63)
400 IM (LCM): 349 points (time: 5:39.49)

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PROGRAM ACHIEVEMENT

Cameron Wheeler

of Velocity Swimming has achieved an IM Xtreme score of

1859

for the 17 year old age group during the LCM 2019 season

Rankings

National Rank: 385 of 423 (9 percentile)
Zone Rank: 76 of 85 (12 percentile)
LSC Rank: 5 of 7 (43 percentile)
Club Rank: 2 of 3 (67 percentile)

IM Xtreme Event Scores

400 FR (LCM): 524 points (time: 4:33.23)
200 BK (LCM): 286 points (time: 2:40.31)
200 BR (LCM): 351 points (time: 3:01.27)
200 FL (LCM): 50 points (time: 3:01.14)
200 IM (LCM): 345 points (time: 2:36.55)
400 IM (LCM): 303 points (time: 5:41.98)

LINDSAY MINTENKO
NATIONAL TEAM MANAGING DIRECTOR

August 25, 2019

Date