

Sizzlin' Summer Open

Manta Ray Aquatics

Surf 'N Slide Water Park

Moses Lake

July 12th-14th, 2019

Held under Sanction of United States Swimming, Inc. and
Inland Empire Swimming, Inc., **Sanction #IE 19-1395**

In granting this sanction it is understood and agreed that USA Swimming (USA-S) and Inland Empire Swimming (IES) shall be free and held harmless from any Liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio or visual recording devices (including a cell phone camera), is not allowed in changing areas, behind starting blocks, rest rooms or locker rooms. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Host: Manta Ray Aquatics, P.O. Box 452, Moses Lake, WA 98837

Location: Surf 'N Slide Water Park, 5th Avenue & Beech in McCosh Park.

From Seattle: take exit 176 and turn left onto Broadway Ave. Go about 2 miles and turn right on Dogwood Street.

From Spokane: take exit 179 and turn right onto Pioneer Way. Go about 2.5 miles and turn left on 5th Ave.

Format: Timed Finals, Non-Split

Schedule:

Friday:	Facility Opens: 5:00 p.m. Warm-ups: 5:10-5:50 p.m. Events start: 6:00 p.m.
Saturday and Sunday:	Facility Opens: 6:30 a.m. Warm-ups (13 & Over): 7:00-7:45 a.m. Warm-ups (12 & Under): Immediately following the 1 st event (Approximately 8:30 – 9:00 a.m.) Events start: 8:00 a.m.

Meetings:

Friday:	Coaches: 5:50 p.m. - Officials: 5:20 p.m.
Saturday and Sunday:	Coaches: 7:45 a.m. - Officials: 7:20 a.m.

Entry Deadline:

Entries must be received no later than **Wednesday, July 3rd, 2019 at 11:59 p.m.** to ensure entrance into the meet. Entries will be limited to include teams up to and including the team that has the 425th swimmer entered. We reserve the right to change the warm up and start times after all entries are received.

Eligibility: No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302 at the time of meet entry, or a current registered SNC (Swimming/Natation Canada) athlete. All SNC swimmers must complete and submit the liability waiver prior to the start of warm-ups. Age on the first day of the meet determines the age group to enter. Each swimmer must swim in his/her respective age group. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

SWIMS: **The USA Swimming SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USA Swimming database. If you know of any swimmer data that is NOT correct in the meet database, please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USA Swimming within 3 days of the meet.**

Course: Outdoor, 50 meter, 8 lane pool with turbulence control racing lane lines. Depending on meet attendance and timeline considerations, seeding may be reduced to 6 Lanes for competition, providing a warm-up/cool-down lane that would be available during competition. Pool meets USA Swimming water depth and starting block height requirements. The start end of the pool is 12.5' deep, with the turn end being 3.5' deep. In-water starts will be used for the turn end during the 200 meter relays. The Competition course has not been certified in accordance with 104.2.2C(4).

Meet Marshalls will be on deck during warm-up sessions.

****The Lazy River will be used for warm-up and cool-down**

Timing: A Daktronics Timing System will be the primary time recording system with touch pads at both ends of the pool. 2 lane timers will also be required throughout the meet. Each team will be responsible for sharing in the timing duties.

Rules: Current USAS rules will govern. The rules and procedures of IES also apply. Any protests or questions concerning the outcome of an event shall be directed in writing to the meet referee by the team coach. The meet referee will be the final authority for the conduct of the competition. Coaches that have an athlete with a disability that requires accommodations to the starting procedure must notify the referee prior to the athlete's swim. Only swimmers, coaches, officials and meet workers are permitted in the deck area. The deck area is considered to be a 3-foot area from the edge of the pool and the area behind the start platforms up to the timer chairs. There will be no swimming in the Lazy River except for swimmers to warm-up prior to their events and cool down immediately thereafter. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. This meet may be covered by media showing swimmers participating in this meet. Entry into this meet is acknowledgement of this fact.

Coaches: Coaches must be current members of USAS or Swimming/Natation Canada (SNC). All SNC coaches must complete and submit the USAS liability form available at the clerk of course prior to the start of warm-ups. The liability form can also be downloaded from the MRA website www.mlmr.org and emailed to mrmeetentries@gmail.com prior to the meet. Proof of coaching certification must be produced on request at any time by the referee. Please take note of the 12 & Under warm-up times for Saturday and Sunday. They will warm-up immediately following the first 13 & Over event on Saturday and Sunday.

Awards: All individual events entered by the deadline will score towards high point scoring. Deck entries and time trials will not be scored. Combined events will be separated into 8 & Under; 9-10; 11-12; 13-14; and 15 & Over as appropriate for each gender. Ribbons will be awarded for 1st through 8th place for individual events and 1st through 3rd place for relays. Relays are mixed and will be scored by team per event. Individual high point awards will be given to each girls and boys age group. Plaques will be awarded to the Top 3 teams in total points. Please assign an adult representative of your team to pick up awards at the conclusion of the meet as they will not be mailed.

Individual Entries:

Swimmers may enter a maximum of two (2) individual events on Friday (Note: No events are available for 8 & Under on Friday due to time constraints), and a maximum of five (5) individual events on Saturday and Sunday. Entries will be limited to the team that has the 425th swimmer entered. Date of receiving entries determines the order of entry. "No Time" (NT) entries are allowed. All entries must be in meters or converted yards times. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee. Payment of \$5 per event is due upon approval. There will be no deck registrations.

All events on Friday will be swum fastest to slowest.

Relay Entries: Swimmers may enter a maximum of one (1) relay per day. All relays will be swum as mixed gender.

Time Trials: Time trials may be offered on a limited basis. Time trial entry requests are due by 10 am of the trial request day. Swimmers must already be entered in the meet in order to participate in time trials, and pay a \$7.00 fee for each time trial entered upon referee approval. Time trial swims will count towards the maximum swims allowed per day. Coaches requesting a time trial for a swimmer that is already entered into the maximum number of events must scratch that swimmer from an already entered event that day. Meet entry fees for events that are scratched in order to participate in time trials will not be refunded. The meet referee has the final decision on how many heats of time trials will be offered. The meet referee may also combine strokes of the same distance within the same heat. Time trial requests must come from team coaches.

In the event that the meet is going to exceed the time constraint issued by the facility, we will be forced to scratch events starting with the relays.

Entry Fees: Entry fees are \$4.00 for each individual event, \$12.00 for each relay, \$7 for time trials, and an \$18 surcharge per athlete (\$14.00 IES surcharge and a \$4.00 facility fee per swimmer).

Please make checks payable to: Manta Ray Aquatics.

Entries: **Submitting Instructions for e-mailing entries:**
E-mail entries to: mrmeetentries@gmail.com

Payment must be received by July 13th for entries to be considered official.

Please e-mail the following attachments no later than 11:59 p.m. July 3rd, 2019:

1. Commlink entry file from Team Manager or Team Unify
2. Print to file (Word format or PDF) of team individual entries.
3. Print to file (Word format or PDF) of team relay entries.
4. Print to file (Word format or PDF) of meet fees due.

Payment sent to: Manta Ray Aquatics
P.O. Box 452
Moses Lake, WA 98837

*****Please waive requirements for signature*****

Meet Director: Steve Washburn: washburnscw@gmail.com

Meet Referee: Rod Richeson: rodr@desmodue.com

Administrative Official: Steve Washburn: washburnscw@gmail.com

Head Starter: Angela Richeson

Stroke & Turn: Robb Davis, Emily Burke, Eric Lindberg, Melissa Heaps

Officials Contact: Rod Richeson: rodr@desmodue.com

***The Manta Rays welcome the help from visiting officials.
The uniform is a white Polo shirt, blue shorts/pants/skirt, and white shoes.***

Results: Results will be posted in the pool area throughout the meet. The results will also be available on the Meet Mobile and Meet Bop apps. Final results will be posted on the IES website after the conclusion of the meet.

Facility: Tent camping will be permitting in McCosh Park in designated areas only. See map (last page) Restroom facilities will be available in the park 24 hours. Please park in designated parking areas, and carry your belongings to your camp site. Do not drive vehicles in ANY area of the park.

No tobacco products, glass containers, weapons, or alcoholic beverages are allowed within the pool area or any area of the park. No pets are allowed within the pool fence area.

RV and Trailer camping will be available in the designated fenced area across the street from McCosh Park in the fields of Frontier Middle School. No RV's/Trailers will be allowed in McCosh Park's lots. **There will be a \$25 charge (except for coaches that provide credentials at Clerk of Course during camping registration) for camping at Frontier Middle School for the weekend. All campers utilizing this area must register and pay at the Clerk of Course upon arrival.**

MRA's use of the Aquatic Center is partially limited. Changing rooms, the competition tank and the grassy area surrounding it, and the lazy river will be available. All other amenities and areas are off limits during the hours of the meet.

The pool deck is wheel chair accessible.

Hospitality: MRA will be providing concessions to all Coaches and Officials.

Concessions: Programs &, concessions, will be available for sale at the meet. There will be no credit/debit card purchases available.

Lodging:	Ten Pin Inn & Suites	(509) 764-7500	Inn at Moses Lake	(509) 766-7000
	Lakeshore Inn	(509) 765-9201	Ramada Inn	(509) 766-1000
	Best Western	(509) 765-9211	Quality Inn	(509) 765-8886
	Wingate	(509) 766-2000	Comfort Suites	(509) 765-3731
	Holiday Inn Express	(509) 766-8000	SureStay Plus	(509) 765-9317
	Econolodge	(509) 765-8631	Travelodge	(509) 760-1737
	Motel 6	(509) 766-0260	Fairfield Inn	(509) 765-0500

Water Park: The Surf 'N Slide Water Park will open to the public at 4:00 p.m. Saturday and Sunday after the meet. Admission must be paid to enter the Water Park after the meet. Admission tickets may be purchased during the meet in the Water Park's office prior to the meet concluding that will allow patrons to enter the Water Park through the VIP Gate and avoid waiting in line to pay.

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Entry Fee Tabulation

Team: _____ Coach: _____

Address: _____

Telephone: _____ E-mail: _____

Of Coaches attending: _____

Computations:

IES Surcharge per swimmer (# of swimmers) _____ x \$14.00 = _____

Facility fee per swimmer (# of swimmers) _____ x \$4.00 = _____

Number of individual entries _____ x \$4.00 = _____

Number of relays _____ x \$12.00 = _____

Total Entry Fee \$ _____

Make checks payable to: **Manta Ray Aquatics**

Mail to: Manta Ray Aquatics
P.O. Box 452
Moses Lake, WA 98837

Friday

- 1 Mixed 9-12 200 IM
- 2 Mixed 13 & Over 400 IM
- 3 Mixed 9-12 200 Freestyle
- 4 Mixed 13 & Over 400 Freestyle

Saturday

- 5 Mixed 13 & Over 200 IM
- 6 Mixed 12 & Under 200 Medley Relay
- 7 Mixed 13 & Over 400 Medley Relay
- 8 Mixed 12 & Under 100 Breaststroke
- 9 Mixed 13 & Over 100 Breaststroke
- 10 Mixed 12 & Under 50 Backstroke
- 11 Mixed 13 & Over 200 Backstroke
- 12 Mixed 12 & Under 100 Butterfly
- 13 Mixed 13 & Over 100 Butterfly
- 14 Mixed 12 & Under 50 Freestyle
- 15 Mixed 13 & Over 50 Freestyle

Sunday

- 16 Mixed 13 & Over 200 Freestyle
- 17 Mixed 12 & Under 200 Freestyle Relay
- 18 Mixed 13 & Over 400 Freestyle Relay
- 19 Mixed 12 & Under 50 Butterfly
- 20 Mixed 13 & Over 200 Butterfly
- 21 Mixed 12 & Under 100 Backstroke
- 22 Mixed 13 & Over 100 Backstroke
- 23 Mixed 12 & Under 50 Breaststroke
- 24 Mixed 13 & Over 200 Breaststroke
- 25 Mixed 12 & Under 100 Freestyle
- 26 Mixed 13 & Over 100 Freestyle