

Parent Code of Conduct

As a parent of a swimmer and member of Walla Walla Swim Club, I will abide by the following guidelines:

- I. Practice *teamwork* with all parents, swimmers and coaches by supporting the values of *Discipline, Loyalty, Commitment and Hard Work*.
- II. As a parent, I will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck.
- III. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
- IV. As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, and/or any participating swimmer will not be permitted or tolerated.
- V. Enjoy involvement with Walla Walla Swim Club by supporting the swimmers, coaches and other parents with positive communication and actions.
- VI. During competitions, questions or concerns regarding decisions made by meet officials are directed to a member of our coaching staff. Parents address officials via the coaching staff only.

Swimmer Code Of Conduct

As a swimmer of the Walla Walla Swim Club, I will abide by the following guidelines:

- I. I will come to all practices and competitions on time.
- II. I will practice teamwork with all teammates by using the values of loyalty, commitment, and hard work.
- III. I will show good sportsmanship and respect to all other swimmers, officials, coaches, and parents, regardless of race, sex, ability, at all practices and competitions.
- IV. I will notify my coach if I cannot attend a scheduled practice or competition.
- V. I will listen and learn from my coaches to the best of my ability.
- VI. I will refrain from using any drugs, tobacco, alcohol, and performance enhancing supplements while on the Walla Walla Swim Club. I understand if I do so, there will be disciplinary action taken.
- VII. I will remember that swimming is an opportunity to learn and have fun.

Discipline Procedures

- I. Walla Walla Swim Club practices and competes in rented facilities under an agreement and/or contract with the Whitman College Harvey Pool and the YMCA. Walla Walla Swim Club members and athletes must conduct themselves in a manner respectful of all policies and property at all facilities. Any violation of policies at any facility may result in disciplinary actions by the facility management and our team as detailed below:
- II. The following behaviors will **NOT** be tolerated and will result in immediate disciplinary consequences. Depending on the severity of the offence, a minimum of a one day to a maximum of one month suspension will be prescribed by the Head Coach. If necessary an Executive Board meeting may be called.
 - Insubordination to any coach, meet official, chaperone, or parent volunteer.
 - Displaying or promoting unsafe actions in or around the pool or locker room.
 - The possession or use of alcohol, tobacco, or any non-prescribed drug.
 - Fighting or other disorderly conduct.

Failure to comply with the Code of Conduct for minor offenses may result in, but not necessarily limited to the following:

- First Incidence: The swimmer will be removed from the situation or problem and verbally reprimanded, and then allowed to return to the water. Other consequences as determined by the Coach may be assigned. Coach will document action.
- Second Incidence: The swimmer will be dismissed from practice, required to shower, dress and return to the pool deck bleachers in a timely manner. Swimmer is to remain on bleachers for the remainder of the practice and parents notified of the situation. Other consequences as determined by the coach may be assigned.
- Other consequences may include: Formal written apology to offended parties; Restitution of damages; parent notification; exclusion from a meet; forfeiture of all monies from IES or WWSC for sectional meets, zones, all star camps, nationals, etc. Any swimmer may at any time be suspended from the team for an indefinite period of time for extreme violations after a review by coaches and Executive Board.