

Thankswimming Open

Manta Ray Aquatics

Tony St. Onge Pool of Dreams

Moses Lake

November 13th-14th, 2021

Held under Sanction of United States Swimming, Inc. and

Inland Empire Swimming, Inc., **Sanction #IE 21-1466**

In granting this sanction it is understood and agreed that USA Swimming (USA-S) and Inland Empire Swimming (IES) shall be free and held harmless from any Liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio or visual recording devices (including a cell phone camera), is not allowed in changing areas, behind starting blocks, rest rooms or locker rooms. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

The Manta Ray Aquatics swim team has put in place enhanced health and safety measures for swimmers, officials, coaches, and lifeguards. All safety protocols that are already in place for MRA practices must be followed at all times during this and any other future event during the pandemic.

Host: Manta Ray Aquatics, P.O. Box 452, Moses Lake, WA 98837

Location: Tony St. Onge Pool of Dreams (MLHS), 803 Sharon Avenue, Moses Lake, WA 98837

Format: Timed Finals, Non-Split

Schedule: Saturday and Sunday: Facility Opens: 7:30 a.m.
Warm-ups: 8:00-8:40 a.m. (13 & O)
8:40-9:25 a.m. (12 & U)
Events start: 9:30 a.m.

Meetings: Saturday & Sunday: Coaches: 7:45 a.m. - Officials: 8:15 a.m.

Entry Deadline:

Entries must be received no later than **Wednesday, November 3rd, 2021 at 11:59 p.m.** to ensure entrance into the meet. Entries will be limited to include teams up to and including the team that has the 350th swimmer entered. We reserve the right to change the warm up and start times after all entries are received.

Rules: Current USA Swimming Rules will govern throughout the meet. The rules and procedures of Inland Empire Swimming also apply. The referee of the meet shall be the final authority for the conduct of the competition. IES scratch rules will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Only swimmers, coaches, officials and meet workers are permitted in the deck area. Spectators will not be allowed in the deck area without proof of current USA Swimming membership. The deck area is considered to be a 3 foot area from the edge of the pool and the area behind the start platforms up to the timer chairs.

Course: Indoor, 25-yard, 8 lane pool with turbulence control racing lane lines. 6 lanes (3-8) are used for competition, and lane 1 will be open for warm-up/cool-down with lane 2 as a buffer lane throughout the meet. All races including the 25-yard races will begin from the starting block end of the pool and touchpads are installed at both ends. The pool meets USA Swimming water depth and starting block height requirements. The competition course has been certified in accordance with 104.2.2C(4).

Meet Marshalls will be on deck during warm-up sessions.

Timing: The Daktronics Timing System will be the primary time recording system; however, lane timers will be needed throughout the meet. Each team will be responsible for sharing in the timing duties.

Eligibility: All participants must be currently registered with USA Swimming. USA-S numbers must be included with the entries. Swimmers compete for scoring in their respective age groups. Age on the first day of the meet shall govern the full meet. Swimmers not represented by a coach must check in with the meet referee before warm-ups. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

SWIMS: **The USA Swimming SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USA Swimming database. If you know of any swimmer data that is NOT correct in the meet database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USA Swimming within 3 days of the meet.**

Coaches: All Coaches must be currently USA Swimming certified. Proof of current certification must be supplied to the meet referee or administrative office upon request.

Entries: Swimmers may enter a maximum of five (5) individual events on Saturday and Sunday. No time (NT) entries are allowed. All entries must be in yard times. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee, with payment of \$4 per event due upon approval. No phone entries will be accepted. Swimmers entering a meet must be registered with IES by the meet entry deadline date.

1650 free and 500 free:

Will be swum mixed gender and age group, fastest to slowest. Swimmers must provide their own timers and counter for these events. Please estimate times for swimmers with no-times (NT). There will be a positive check-in that will close 1 hour before the scheduled event time.

Relay Entries: Swimmers may enter a maximum of one (1) relay per day. For entry purposes, there are separate girls, boys, and mixed events for each relay. However, relays may be combined and swum together depending on entries. Mixed relays must consist of 2 girls and 2 boys to be official. Any relay team that doesn't meet these requirements can compete but will be disqualified upon completion of the event.

Time Trials: Time trials may be offered pending time line availability. Time Trial swimmers must be entered in the meet and must pay a \$7.00 fee for each Time Trial entered. Time Trial swims will count towards the maximum swims allowed per day. Coaches requesting to enter a swimmer for a Time Trial event that are already entered into maximum events must scratch that swimmer from an entered event that day. Meet entry fees for events that are scratched to participate in Time Trials will not be refunded. The Meet Referee has the final decision on how many heats of Time Trials that will be offered each day. The Meet Referee may also combine strokes of the same distance within the same heat. Time Trial requests must come from team coaches. Payment must be made at the time of entry.

Scoring: The top 8 swimmers in each age group and gender will score. The top 8 relay teams will score. Swimmers will score in the division entered (8 & under, 9-10, 11-12, 13-14, and 15 & over as appropriate).

Awards: All individual events will score towards high point scoring. Combined events will be separated into 8 & under, 9-10, 11-12, 13-14, and 15 & over as appropriate. Ribbons will be awarded for 1st through 8th place for individual events and 1st through 3rd place for relays. Individual high point awards will be given to each girls and boys age group.

Entry Fees: Entry fees are \$4 for each individual event and \$12 for each relay team. Each swimmer will be charged a **\$18.00** fee which includes a \$15 IES surcharge and free access to the event heat sheet via Meet Mobile or by printing the posted pdf. Once the meet is seeded, the heat sheet pdf will be sent to each team.

Please make checks payable to: Manta Ray Aquatics.

Entries: **Submitting Instructions for e-mailing entries:**
E-mail entries to: mrmeetentries@gmail.com

Please e-mail the following attachments no later than 11:59 p.m. November 3rd, 2021:

1. Commlink entry file from Team Manager or Team Unify
2. Print to file (Word format or PDF) of team individual entries.
3. Print to file (Word format or PDF) of team relay entries.
4. Print to file (Word format or PDF) of meet fees due.

Payment sent to: Manta Ray Aquatics
P.O. Box 452
Moses Lake, WA 98837

*****Please waive requirements for signature*****

Meet Director: Steve Washburn: washburnscw@gmail.com
Meet Referee: Rod Richeson: rodr@desmodue.com
Administrative Official: Steve Washburn: washburnscw@gmail.com
Head Starter: Joel Bodenman
Stroke & Turn: Emily Burke, Robbie Davis, Bobbie Bodenman, Eric Lindberg
Officials Contact: Rod Richeson: rodr@desmodue.com

The Manta Rays welcome the help from visiting officials. The uniform is a white Polo shirt, blue shorts/pants/skirt, and white shoes.

Lodging:	Ten Pin Inn & Suites	(509) 764-7500	Inn at Moses Lake	(509) 766-7000
	Lakeshore Inn	(509) 765-9201	Ramada Inn	(509) 766-1000
	Best Western	(509) 765-9211	Quality Inn	(509) 765-8886
	Wingate	(509) 766-2000	Comfort Suites	(509) 765-3731
	Holiday Inn Express	(509) 766-8000	SureStay Plus	(509) 765-9317
	Econolodge	(509) 765-8631	Travelodge	(509) 760-1737
	Motel 6	(509)-766-0260	Fairfield	(509) 765-0500

Concessions: Limited concessions will be available at the meet. Credit/debit cards will **NOT** be accepted.

Facility: Additional spectator and athlete seating will be available in the Gold Gym inside the back door of the high school behind the pool locker rooms. The heat and event information will be displayed on a scoreboard in the gym. The pool deck and Gold Gym are wheel chair accessible.

Hospitality: MRA will be providing concessions to all Coaches and Officials.

Results: The results will be available on the Meet Mobile. Final results will be posted on the IES website after the conclusion of the meet.

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Entry Fee Tabulation

Team: _____ Coach: _____

Address: _____

Telephone: _____ E-mail: _____

Of Coaches attending: _____

Computations:

Surcharge per swimmer (# of swimmers) _____ x \$18.00 = _____

Number of individual entries _____ x \$4.00 = _____

Number of relays _____ x \$12 .00= _____

Total Entry Fee \$_____

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2021 Thankswimming Open

Saturday Events

Mixed 12 & Under 200 I.M.
Mixed 13 & Over 400 I.M.
Mixed 12 & Under 200 Freestyle
Mixed 13 & Over 200 Freestyle
Girls 19 & Under 200 Medley Relay
Boys 19 & Under 200 Medley Relay
Mixed 19 & Under 200 Medley Relay
Mixed 8 & Under 25 Butterfly
Mixed 12 & Under 100 Butterfly
Mixed 13 & Over 100 Butterfly
Mixed 12 & Under 50 Backstroke
Mixed 11 & Over 200 Backstroke
Mixed 8 & Under 25 Breaststroke
Mixed 12 & Under 100 Breaststroke
Mixed 13 & Over 100 Breaststroke
Mixed 12 & Under 50 Freestyle
Mixed 13 & Over 50 Freestyle
Mixed 11 & Over 1650 Freestyle

Sunday Events

Mixed 12 & Under 100 I.M.
Mixed 13 & Over 200 I.M.
Mixed 12 & Under 50 Butterfly
Mixed 11 & Over 200 Butterfly
Mixed 8 & Under 25 Freestyle
Girls 19 & Under 200 Freestyle Relay
Boys 19 & Under 200 Freestyle Relay
Mixed 19 & Under 200 Freestyle Relay
Mixed 8 & Under 25 Backstroke
Mixed 12 & Under 100 Backstroke
Mixed 13 & Over 100 Backstroke
Mixed 12 & Under 50 Breaststroke
Mixed 11 & Over 200 Breaststroke
Mixed 12 & Under 100 Freestyle
Mixed 13 & Over 100 Freestyle
Mixed 11 & Over 500 Freestyle