



2022 CCMY HEAT Illinois Open Meet - Updates & Reminders

Dates – July 8-10, 2022

Location –

University of Illinois Activities and Recreation Center, 201 E Peabody Dr, Champaign [map](#)

Host Team Page – [Host Team Page](#)

Bullets' Meet Page – [Meet Page](#)

Bullets' Entries - [Entries](#)

Meet Schedule -

Swimmers must arrive on time and be ready to begin warm-ups at the scheduled times.

- Session 1: Friday PM (All Ages) - Warm-ups 3:00 pm Meet Starts 4:15 pm
- Session 2: Saturday AM (10&U, 11-12) - Warm-ups 7:00 am Meet Starts 8:15 am
- Session 3: Saturday PM (13&Over) - Warm-ups: Not Before 12:00 PM Meet Starts:Not Before 1:15 PM
- Session 4: Saturday 800 Free - 20 minutes following the end of session 3
- Session 5: Sunday AM (10&U, 11-12) - Warm-ups 7:00 am Meet Starts 8:15 am
- Session : Sunday PM (13&Over) - Warm-ups: Not Before 12:00 PM Meet Starts:Not Before 1:15 PM

Timers Needed – The host team is asking for each visiting team to supply timers for the meet. Our team is being asked to supply timers during the Saturday and Sunday morning sessions.

Notes

- Swimmers need to be on the pool deck on time for warm-ups. Swimmer should be ready to go with his/her cap and goggles on at the time listed on the meet schedule.
- Positive check-in – This is a positive check-in meet with swimmers checking in with the coaches
- All Bullets swimmers must sit together in the team area on the pool deck.
- To promote team building, comradery and enthusiasm all Springfield Bullets' swimmers should stay at the meet until the last swimmer has finished their last event each session. Swimmers should see their coach before they leave the meet.

- Swimmers should wear their Bullets team apparel at this meet.
 - Swimmers must see their Bullets coach before and after each of their swims.
 - Locker Rooms/Restrooms - for athlete protection swimmers are the only ones allowed in the locker rooms throughout the meet.
 - Snacks – reminder that swimmers should bring HEALTHY snack and drinks to eat/drink throughout the meet. Please leave candy and sodas at home. ***Also, please do not bring peanuts as one of our swimmers is very allergic to them.***
 - Only meet volunteers, coaches, athletes, and officials will be permitted on deck.
 - Psych Sheet – The meet psych sheet can be found [HERE](#)
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- Questions – Please contact Coach Jeff by email at j.skeels@academybullets.com