Blue Marlins
Super Pentathlon XI
Sunday, January 24-25, 2015

Approved by USA Swimming, Inc. and Illinois Swimming, Inc.
Approval Number:

The Blue Marlins Swim Team of Buehler YMCA is proud to bring you the Super Sunday Pentathlon X. This is a USA swimming approved meet closed to YMCA competition. Times for USA swimmers will be uploaded into the SWIMS Database.

MEET REFEREE	MEET DIRECTOR:	ENTRY CHAIRMAN:	SAFTEY CORDINATOR:
Rebecca Menso	Darby Brtva	David Brtva	Darby Brtva
847-277-1492	847-732-1973	815-744-2718	847-732-1973
mensob2000@yahoo.com	Buehler_blue_marlins@yahoo.com	Buehler_blue_marlins@yahoo.com	Buehler_blue_marlins@yahoo.com

Date: January 24 - 25, 2015

Location: Buehler YMCA
1400 W Northwest Highway
Palatine, IL 60067
(847) 359-2400

Pool Course: Indoor pool, heated, 25 yard competition pool, 6 lanes, fresh water, non-Turbulent, Kiefer Advantage II single lane lines, starting blocks, IST timing equipment.

Meet Schedule: 6:45 AM doors open

Sessions 1 & 3: Warm up @ 7:00 am, Meet @ 8:00 am (warm up times may be adjusted based on the number of entries received)
7:15 AM Positive check in ends
7:15 AM Officials Meeting
7:40 AM Coaches Meeting
7:50 AM Timers Meeting
7:50 AM Event 1 called to bullpen

Sessions 2 & 4: Warm up following am session, but not before 12:00pm, positive check in ends 15 minutes after warm up starts and meet follows 60 minutes after warm up starts.

Warm ups: Warm up lanes will be determined after entries are received. Lane assignments will be given in the coaches' packets, which will be available at the admissions table. (Will also e-mail out)

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Age: Swimmer's age as of December 1st.

Rules: Current USA Swimming Technical rules shall govern this meet.

Time Finals: All events will be conducted on a time final basis

Events: There will be five events per age group (See attached). A 21 & Under Free Relay has been added to comply with YMCA Closed Competition requirements.

Awards: Team Trophies will be awarded for 1st – 6th place based on team points. Place 1-12 will score points (see scoring). Individual Medals for 1st through 3rd. Straight ribbons will be awarded for those who place in events 4th through 12th. 1st through 5th for both Male and Female per age group will be awarded individual high point trophies based on final overall time.

Team Scoring: 16-13-12-11-10-9-7-5-4-3-2-1

Eligibility: All YMCA Swimmers are eligible. All YMCA Swimmers who are USA Swimming registered swimmers will have their times entered into the SWIMS database. All swimmers must be registered prior to entry deadline. Entries listed, as "Registration applied for" will not be accepted to the SWIMS database. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Avenue Suite 245 Des Plaines, IL 60018, Phone (847) 824-1596, Fax (847) 824 – 1726, Email: ilswimoffice@sbcglobal.net. A swimmer's age as of the date of the first day of competition will determine their age for the meet for the SWIMS database.

Note: The host team is a YMCA/USA team and has applied for approval to USA Swimming. Registered USA teams are required to provide a copy of their latest USA membership roster for the host team and only have the USA swimming ID in the Meet Manager database for those swimmers. The USA swimming ID will be erased for all swimmers who are not registered for USA Swimming and these swimmers will not be entered into the SWIMS Database.

Entry Limit: Swimmers may enter 5 individual Events. <u>All events must be in the same session</u>. A seed time must be submitted for each swimmer for all events entered. PLEASE SUMBIT TIMES FOR ALL SWIMS!! Please enter times in short course yards. PLEASE ESTIMATE TIMES FOR THOSE SWIMMERS WITH NO TIMES. "NO TIME" ENTRIES <u>MAY NOT</u> BE ACCEPTED. Any swimmer entered in an event with a "No Time (NT)" may be scratched from that event.

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Entry Forms: Entries submitted on HY-TEK Meet or Team Manager will be greatly appreciated. Electronic entries including copies of paperwork is preferred.

Entry Deadline: Please e-mail entries to buehler_blue_marlins@yahoo.com. They will not be accepted before 8:00 am (CST) on Monday January 5, 2015 and will not be accepted after 9:00 PM Friday January 16th. Additions may be accepted based on space available after the 16th but swimmers will not appear on the meet t-shirt.

Entries will be accepted in the order received, on a first come, first entered basis. We will accept entries until the timeline is at capacity The Blue Marlins will return any entries received prior to the opening of the entry acceptance period listed above.

Mail Entries: Buehler YMCA
ATTN: Entry Chair/Blue Marlins Swim Team
1400 W. Northwest Highway
Palatine, IL. 60067

Fees: There will be a surcharge of $18.00 per swimmer. Make check payable to YMCA of Metropolitan Chicago or transfer will be accepted to our clearing account.

Bullpen: The bullpen will be located in the gym, towards the front, for all age groups.

The Facility: We will have a gymnasium for swimmers to camp out in. SHOES MUST BE WORN FROM GYM TO THE POOL Bleacher style seating and chairs will be available on deck for spectators. Seating is limited so please come in and watch your swimmer and then let the next parent do the same. Lockers are available on a first come, first serve basis. Please bring your own lock. If you need maps please let us know. We will have signs for certain areas.

Warm up procedures: Two (2) 30 minute sessions, one each, prior to am and pm sessions. Teams will be notified of warm up assignments prior to the meet day. Six lanes will be available for warm ups.

SAFETY: Each 30 minute session:

A. General warm up (First 20 minutes)
   1. No diving allowed from the blocks or the edge of the pool. Swimmers must enter the pool feet first in a cautious manner.

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2. No sprinting or pace work allowed during this general warm up session.
3. Assigned lanes used for general warm up.

B. Specific warm up (Last 10 minutes)
1. Sprint and pace, as agreed upon by coaches sharing each lane.
2. Diving – sprint only, diving from blocks in a one way direction. One length only. Backstroke starts only at agreed upon times by coaches sharing lanes.

SAFETY GUIDELINES:

1. A minimum of three meet marshals who report to and receive instructions from the Meet Referee and/or the Meet Director, shall be on deck during the entire warm up session. One marshal shall act as the Safety Coordinator.
2. Marshals shall have the authority to remove from the deck for the remainder of the warm up session any swimmer or coach who is in violation of safety requirements of warm up procedures. Flagrant violations of safety requirements or warm up procedures by a swimmer could result in the swimmer being barred from their next individual event.
3. Coaches shall instruct their swimmers regarding safety guidelines and warm up procedures as they apply to conduct at meets and practices. Coaches shall be on deck during warm ups and shall actively supervise their swimmers throughout the entire warm up session.
4. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
5. Swimmers are required to exit the pool upon completion of their warm up to allow other swimmers adequate warm up time. The pool is not for visiting or playing during the warm up session.
6. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

Concessions: There will be food available for purchase. There will be an area to sit and eat available. This area will be clearly marked!!!! There will also be coaches/officials Hospitality.

T-Shirts: There will once again be a vendor selling custom meet t-shirts.

Swim Vendor: The Swim Team Store will be on hand with swim apparel for sale.

Admission: FREE!!!!!!

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Heat Sheets: $3.00

Parking: Parking is available in the back half of the lot or across the street in the office building lot. Please leave slots in front for our members.

Final Results: One copy of the final Results will be mailed or e-mailed to each team.

Timing: We will have two timers with stopwatches at each lane, backup button, and backup timer. We will need timers from each team, your team may be responsible for timing depending on the number of swimmers attending, lane assignments will be e-mailed prior to the meet and posted at the meet as well. Attached is a timer sheet.

Officials: We can always use officials!!!! We can use both USA and YMCA Officials. Attached is an officials sheet.

Audio/Visual Recording Devices: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

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EVENT LIST

Session 1
Saturday AM
10 & Under

Girls	Event	Boys
1	50 Fly	2
3	50 Back	4
5	50 Breat	6
7	50 Free	8
9	100 IM	10

Session 2
Saturday PM
14 & Under

Girls	Event	Boys
11	100 Fly	12
13	100 Back	14
15	100 Breat	16
17	100 Free	18
19	200 IM	20

Session 3
Sunday AM
12 & Under

Girls	Event	Boys
21	50 Fly	22
23	50 Back	24
25	50 Breast	26
27	50 Free	28
29	200 IM	30

Session 4
Sunday PM
6& Under
8 & Under
21 & Under

Girls	Event	Boys
31	6&U 25 Fly	32
33	8&U 25 Fly	34
35	21&U 100 Fly	36
37	6&U 25 Back	38
39	8&U 25 Back	40
41	21&U 100 Back	42
43	6&U 25 Breast	44
45	8&U 25 Breast	46
47	21&U 100 Breast	48
49	6&U 25 Free	50
51	8&U 25 Free	52
53	21&U 100 Free	54
55	6&U 100 IM	56
57	8&U 100 IM	58
59	21&U 200 IM	60
61	21&U 200 Free Relay	62

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The Buehler Blue Marlins would greatly appreciate any help from parents during the meet. Please return this sheet with your entry.

OFFICIALS

Name: _____ **Level:** _____

Team: _____ **Phone:** _____

Name: _____ **Level:** _____

Team: _____ **Phone:** _____

Name: _____ **Level:** _____

Team: _____ **Phone:** _____

Timers

Name: _____

Team: _____ **Phone:** _____

Name: _____

Team: _____ **Phone:** _____

Name: _____

Team: _____ **Phone:** _____

Name: _____

Team: _____ **Phone:** _____

Name: _____

Team: _____ **Phone:** _____

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Please complete this form and return it with your entries and fees to:

Entry Chair Blue Marlins Swim Team
Buehler YMCA
1400 W. Northwest Highway
Palatine, IL. 60067
(847)410-5234

8 & Under Number of swimmers:_____@$18.00 each=_____

9 & 10 Number of swimmers:_____@$18.00 each=_____

11& 12 Number of swimmers:_____@18.00 each=_____

13 & 14 Number of swimmers:_____@18.00 each=_____

15 & Over Number of swimmers:_____@18.00 each=_____

Total # of Swimmers: _____ Total fees=_____

Club Name: _____ Club Code: _____

Head Coach: _____

Asst. Coaches: _____

_____

Mailing Address: Name: _____

Address: _____

City, State, Zip: _____

Home Phone: _____ Work phone: _____

Signed: _____ Date: _____

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Release and Hold Harmless Agreement

In consideration of being permitted by the Buehler YMCA Swim Team to participate in the 2014 Pentathlon, and for other good and valuable consideration, the undersigned, for himself or herself, his successors and assigns, hereby releases and forever discharges the Buehler YMCA Swim Team, its parents, and its Board of Directors, its officers, employees, members, successors and assigns, and all other persons in any way connected with the event, from any liabilities, claims, demands, actions, and causes of action of whatever kind or character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the Buehler YMCA Swim Team, its parents, and Board of Directors, employees, and members of the foregoing, and all other persons connected in any way with the event, from any and all injury, including death, or alleged injury, or damage or alleged damage to property sustained or alleged to have been sustained in connection with of to have risen out of said event.

Executed this_____ day of _____, 201__

For_____
(Name of Participating Swim Team)

Signed: _____
(Head Coach)

_____
(Executive Director)