

# 2019 HOLIDAY PRELIM/FINAL CHAMPIONSHIPS

## Bloomington Normal Swim Club December

7-8, 2019, Sanction # ILS19 -1205

### MEET DIRECTOR

Eddie Dean  
(c) 815-343-7001  
[bnsccoaachedie@gmail.com](mailto:bnsccoaachedie@gmail.com)

### ENTRY CHAIRPERSON

Stewart Waltner  
[bnsccmeetentry@gmail.com](mailto:bnsccmeetentry@gmail.com)

### MEET REFEREE

Bruce Walker  
(c) 309-531-9654  
[bruce.walker4@gmail.com](mailto:bruce.walker4@gmail.com)

**FORMAT:** Depending upon age group, events are either timed finals or prelims/finals format. All events will be seeded, swum, scored and awarded as described in this meet packet. Check-in procedures will follow Championship Meet format. **Per the Championship Meet format, a swimmer is expected to swim all their events unless they are scratched the night before or within the set time of Finals announcement. Swimmers that do NOT swim their event without proper notification will be assigned a penalty swim.**

<u>Session</u>	<u>Warm-ups</u>	<u>Check-in Closes</u>	<u>Session Starts</u>	<u>Age Groups</u>
Sat & Sun Prelims	6:30 – 7:50 AM	7:15 AM	8:00 AM	11 & Over
Sat & Sun Afternoon	12:00 – 1:20 PM	12:45 PM	1:30 PM	10 & Under
Sat & Sun Finals	4:30 – 5:20 PM	4:45 PM	5:30 PM	11 & Over

We reserve the right to delay the start of the warm-up sessions by 30 minutes if fewer than three warm up sessions are needed. If the warm-up sessions will be shortened, then this will be reflected in the warm-up assignment sheet.

**LOCATION:** Normal Community West High School (West), 501 North Parkside Road, Normal, IL 61761.

**Directions:** From I-55, take exit 165, U.S. 51-South Main St. Turn right at the first light, Raab Road. After Heartland College, turn left onto Parkside Rd. West is on the right; pool is at the south end of the school. Parking is available for free in the school parking lot.

**FACILITY:** 8-lane, 25-yard pool with Competitor non-turbulent lane markers, Colorado Timing equipment, with starting blocks at the deep end. No separate warm down pool. Water depth at starting end of pool is 12 feet and 4 feet at turn end. Competition for Prelims and 10&under events will be swum in the first 6 lanes, 1-lane empty, and 1-lane for warm-up or cool down. Evening Finals events will compete in all 8-lanes and 4 lanes will be opened during each awards ceremony. BNSC reserves the right to utilize all 8-lanes for Prelims and 10&under events if needed to meet ISI meet timeline requirements.

Spectator seating is limited to approximately 400 in the bleacher section (mezzanine). Due to space limitations and to ensure appropriate wheelchair accessibility, no folding or camping chairs will be permitted on the mezzanine level. An elevator is available for spectators with mobility concerns.

The competition course has been certified in accordance with 104.2.2C(4).

**STAGING:** A gymnasium, located adjacent to the pool deck, will be available for staging (team gathering area). Spectators are welcome to bring folding or camping chairs for use in this area.

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**BULL PEN:** The Bull Pen will be located in the gymnasium during the afternoon sessions only. 10 & under swimmers must report to the Bull Pen at least 15 minutes before their events. Swimmers should remain seated until they are escorted to the pool.

**RULES & SAFETY:** All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Due to USA Swimming regulations, spectators are not permitted on the pool deck. Warm-up procedures are attached. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

**\*The use of audio or visual recording devices, including but not limited to mobile phones, is not permitted in changing areas, restrooms, or locker rooms. \*\***

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:** All USA Swimming-registered swimmers are eligible. All swimmers must be registered prior to the entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 Touhy Ave, Suite 410, Des Plaines, IL 60018. Phone: (847) 824-1596 or FAX (847) 824-1726 or [www.ils swim.org](http://www.ils swim.org).

A swimmer's age as of Saturday, December 7th, 2019 will determine the swimmer's age for the entire meet. Per USA Swimming Rules and Regulations Section 102.2, swimmers are limited to five (5) events per day for timed final events, three (3) events per day for prelims/final events, or three (3) events total per day if combining prelim/finals and timed final events.

**USA SWIMMING MEMBERSHIP:** Insurance regulations require that all swimmers, coaches and officials be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

**COACHES:** All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

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### OFFICIALS:

BNSC welcomes the help of your USA Swimming-certified officials. Please send a list of the officials from your team who are **available to assist to the Meet Referee by November 17<sup>th</sup>, 2019** with their intentions or questions. All officiating credentials must be valid and up-to-date. *Pending approval from Illinois Swimming Inc., this meet has been designated an Officials Qualifying Meet (OQM).* As such, this meet is open to all officials who wish, and are eligible to be evaluated for advancement or re-certification. Those desiring initial certification or re-certification should submit a "Request for National Certification Evaluation" which can be found on the USA Swimming website ([www.usaswimming.org](http://www.usaswimming.org)). Questions regarding the OQM may be directed to Illinois Swimming Office. There will be a mandatory officials meeting 60 minutes prior to the start of each session in the hospitality area.

### ENTRY DATES:

**Entries will not be accepted before 8:00AM, Saturday, November 2<sup>nd</sup>, 2019.** Entries received before this date will be returned. **Entry Deadline is noon on Sunday, November 24<sup>th</sup>, 2019.** We encourage early registration to ensure participation. No deck entries will be accepted except at the discretion of the Meet Referee for swimmers already entered in other events in that session provided there is an open lane for that event.

### ENTRIES:

All entries will comply with current USA Swimming and ISI Rules and Regulations. An emailed Hy-Tek .cl2 file and zip back up is the preferred method for entry. Swimmer entry report summary, meet summary sheet/release form and check should be received within 5 business days of the emailed entries. A Meet Manager file for your entries will be available on our web site for you to download.

**Please mail your check and fee summary sheet and release form to:** Miranda Walker  
403 Dove Ave.  
LeRoy, IL 61752

The host team reserves the right to limit entries on events that are 200 yards in length or longer. Entry fees will be refunded for any events entered but not swum because of being bumped. Teams will be notified via email no later than Thursday, November 28<sup>th</sup> if their swimmers have been bumped. If their swimmer is bumped, BNSC will return the entry fees for these swimmers.

**Accepted entries and alternates for limited events will be posted on the BNSC web site <http://www.bnswimclub.org>. Alternates must positively check-in to be eligible to swim in the event of scratches. Final seeding will be posted at the pool prior to each session warm-up. Entry fees for events entered but not swum due to time-line restrictions will be refunded.**

Hand-written entries will NOT be accepted. If Hy-Tek or Team Unify is not used for entries, an email should be sent to Stewart Waltner at [bnsc.meetentry@gmail.com](mailto:bnsc.meetentry@gmail.com), include the swimmer's first and last name with middle initial, date of birth, whole ISI number, team affiliation, and event numbers to swim, with description and seed times.

If you wish to receive verification of entries received, a valid email address will be required. Entries will be limited to session hour limits. **The time lines will be enforced.** BNSC reserves the right to combine age groups and/or genders. Any seed time may be updated prior to Wednesday, November 27<sup>th</sup>. However, no new swimmers or events may be added after the deadline without the approval from the Meet Referee.

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- CLERK OF COURSE:** The Clerk of Course will be open during each session. Please follow championship meet deadlines. **Early notification of scratches are encouraged and appreciated.** Please submit anticipated scratches to: [bnsclerks@gmail.com](mailto:bnsclerks@gmail.com)
- SCRATCH RULE:** For all 11-12, 13-14 and Open events, the Scratch rule in USA Swimming Rule Book will in effect (207.11.6 D&E). The Scratch Deadline for all sessions will be 30 minutes after announcement of qualifiers for that race or final intentions within 30 minutes following their last individual prelims event. ***NOTE: Swimmers 11 & Over or in the Open Preliminary Sessions, who have checked in and miss an event that they did not scratch, will be scratched from their next individual event. Swimmers 11 & Over and in the Open events who qualify for and fail to compete in a Finals event will be scratched from any events in that session and will be required to sign an Intent to Compete form prior to Scratch Deadline for their next session or they will be scratched.*** For 10 & Under Events, there will be no penalty for failure to scratch.
- Once scratches for an event have been processed, swimmers wishing to 'scratch in' to finals must make their intentions known to the clerk of course within 30 minutes of the announcement that 'scratch in information is available' for a particular event. If there are no scratches in the event, an announcement will be made as well. This is being done to fairly handle swimmers who 'scratch in' and ensure that the final heats are filled and will replace the administrative referee or designate from needing to contact coaches/swimmers to determine swimmer availability for finals.
- ENTRY FEES:** The entry fee is \$5.00 for individual timed final events and \$6.00 for individual prelims/finals events. A \$2.00 per swimmer surcharge has been instituted by ISI. In lieu of a daily admission fee, a \$13.00 per swimmer Facility Surcharge will be required. Entry fees and release should be submitted with entries or shortly thereafter. Checks are made payable to BNSC.
- ADMISSION:** **There will be no admissions fee due to the facility surcharge.** Heat sheets for each session will be available for purchase.
- CONCESSIONS:** Concessions will be available during all sessions.
- AWARDS:** Events will be awarded Medals to the top 3 places and ribbons to the 4th through 16th place finishers per age group. Typical Prelim/Final Championship meet awards procedures will be followed (i.e. a B heat swimmer may NOT outpace an A heat swimmer). This format ensures that swimmers put the appropriate amount of effort into the prelim races.
- RESULTS:** Final Results, Hy-Tek Team Manager results file, and a Hy-Tek Meet Manager back up file will be posted on our website: <http://www.bnswimclub.org>.
- TIMERS:** Each team must provide timers based on the number of their swimmers entered in that session:
- |                   |  |
|-------------------|--|
| 5 – 9 swimmers:   | 1 timer  |
| 10 – 14 swimmers: | 2 timers   |
| 15 + swimmers:    | Divide the # of swimmers by 5 to determine # of timers |
- There will be a mandatory timer's meeting 30 minutes prior to the start of each session behind Lane 1.
- Swimmers participating in the 500 Free must arrange for their own timer and lap counter.**

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**DISABILITIES:** In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**WARM-UP PROCEDURE:** Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in effect at this meet. **Note: BNSC reserves the right to change the start times of warm-up sessions according to meet demand. If warm-up start times are changed, coaches will be notified by Thursday, November 28<sup>th</sup> and changes will be reflected in the warm-up assignment sheet.**

**GENERAL WARM-UP**

1. **NO DIVING** allowed from the edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool (a three-point entry).
2. Entry into the pool is from the starting end only, unless noted otherwise by the Meet Director or Meet Referee.
3. Starts and push/pace are to be done at the end of your assigned general warm-up lanes. NO separate lanes or designated times for starts/pace will be available.

**SAFETY GUIDELINES**

1. **Coaches Responsibilities:**
  - a. Coaches shall instruct their swimmers regarding safety guidelines and warm up procedures as they apply to conduct at meets and practices.
  - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. **Host Team Responsibilities:**
  - a. Marshaling
    - i. A marshal, who reports to and receives instructions from the Meet Referee, shall be on the deck during the warm-up session.
    - ii. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
  - b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
  - d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

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**3. Miscellaneous:**

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Meet Referee may restrict use of bands, hand paddles, or fins during warm-up. The Meet Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

<b>KEY DATES:</b>	Registration Opens	8:00 AM	Saturday, November 2
	Notify Meet Referee of officials	8:00 AM	Sunday, November 17
	Registration Closes	Noon	Sunday, November 24
	Seed time updates close	8:00 AM	Wednesday, December 4
	Notify of bumped swimmers Email	12:00 PM	Thursday, December 5
	Scratch Deadline for Saturday	10:00PM	Friday, December 6
	Meet Starts	8:00 AM	Saturday, December 7

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

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**ORDER OF EVENTS:**

<b>SATURDAY, DECEMBER 7<sup>th</sup>, 2019</b>		
<b>Morning Session - Prelims</b>		
<b>Girls</b>	Warm-Up Not Before 6:30 AM Meet Starts Not Before 8:00 AM	<b>Boys</b>
13	11-12 200 Freestyle	14
15	13-14 200 Freestyle	16
17	Open 200 Freestyle	18
19	11-12 50 Breaststroke	20
21	13-14 200 Breaststroke	22
23	Open 200 Breaststroke	24
25	11-12 100 Backstroke	26
27	13-14 100 Backstroke	28
29	Open 100 Backstroke	30
31	11-12 50 Butterfly	32
33	13-14 200 Butterfly	34
35	Open 200 Butterfly	36
37	11-12 50 Freestyle	38
39	13-14 50 Freestyle	40
41	Open 50 Freestyle	42
<b>Afternoon Session – Timed Final</b>		
<b>Girls</b>	Warm-Up Not Before 12:00 PM Meet Starts Not Before 1:30 PM	<b>Boys</b>
43	8-Under 100 Freestyle	44
45	10-Under 50 Freestyle	46
47	8-Under 25 Breaststroke	48
49	10-Under 50 Breaststroke	50
51	8-Under 50 Backstroke	52
53	10-Under 50 Backstroke	54
55	8-Under 50 Butterfly	56
57	10-Under 100 Butterfly	58
59	8-Under 25 Freestyle	60
<b>Evening Session – Finals</b>		
<b>Girls</b>	Warm-Up Not Before 4:30 PM Meet Starts Not Before 5:30 PM	<b>Boys</b>
13	11-12 200 Freestyle	14
15	13-14 200 Freestyle	16
17	Open 200 Freestyle	18
19	11-12 50 Breaststroke	20
21	13-14 200 Breaststroke	22
23	Open 200 Breaststroke	24
25	11-12 100 Backstroke	26
27	13-14 100 Backstroke	28
29	Open 100 Backstroke	30
31	11-12 50 Butterfly	32
33	13-14 200 Butterfly	34
35	Open 200 Butterfly	36
37	11-12 50 Freestyle	38
39	13-14 50 Freestyle	40
41	Open 50 Freestyle	42

<b>SUNDAY, DECEMBER 8<sup>th</sup>, 2019</b>		
<b>Morning Session - Prelims</b>		
<b>Girls</b>	Warm-Up Not Before 6:30 AM Meet Starts Not Before 8:00 AM	<b>Boys</b>
67	11-12 100 Freestyle	68
69	13-14 100 Freestyle	70
71	Open 100 Freestyle	72
73	11-12 100 Breaststroke	74
75	13-14 100 Breaststroke	76
77	Open 100 Breaststroke	78
79	11-12 100 Butterfly	80
81	13-14 100 Butterfly	82
83	Open 100 Butterfly	84
85	11-12 100 Individual Medley	86
87	13-14 200 Individual Medley	88
89	Open 200 Individual Medley	90
91	11-12 50 Backstroke	92
93	13-14 200 Backstroke	94
95	Open 200 Backstroke	96
<b>Afternoon Session – Timed Final</b>		
<b>Girls</b>	Warm-Up Not Before 12:00 PM Meet Starts Not Before 1:30 PM	<b>Boys</b>
97	8-Under 100 Individual Medley	98
99	10-Under 100 Backstroke	100
101	8-Under 25 Backstroke	102
103	10-Under 100 Breaststroke	104
105	8-Under 50 Breaststroke	106
107	10-Under 100 Freestyle	108
109	8-Under 50 Freestyle	110
111	10-Under 50 Butterfly	112
113	8-Under 25 Butterfly	114
<b>Evening Session – Finals</b>		
<b>Girls</b>	Warm-Up Not Before 4:30 PM Meet Starts Not Before 5:30 PM	<b>Boys</b>
67	11-12 100 Freestyle	68
69	13-14 100 Freestyle	70
71	Open 200 100 Freestyle	72
73	11-12 100 Breaststroke	74
75	13-14 100 Breaststroke	76
77	Open 100 Breaststroke	78
79	11-12 100 Butterfly	80
81	13-14 100 Butterfly	82
83	Open 100 Butterfly	84
85	11-12 100 Individual Medley	86
87	13-14 200 Individual Medley	88
89	Open 200 Individual Medley	90
91	11-12 50 Backstroke	92
93	13-14 200 Backstroke	94
95	Open 200 Backstroke	96

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**FEE SUMMARY AND RELEASE FORM**

Club Name:			
USA Swimming Inc. affiliation (LSC):		Club Code:	
Names of coach(s) attending this meet:			
Name of person submitting entry:			
Mailing address:			
Email address:			
Phone # (daytime):		Phone # (cell):	

	#	<u>Unit Cost</u>	<u>Totals</u>
Individual Timed Final Events:		x \$5.00	a)
Individual Prelims/Finals Events:		x \$6.00	b)
Number of Swimmers:		x \$2.00 (ISI surcharge)	c)
Number of Swimmers:		x \$13.00 (Facility surcharge)	d)
<b>TOTAL AMOUNT ENCLOSED (a+b+c+d):</b>			

In consideration of the acceptance of this entry, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, I hereby consign, waiver, and release any and all rights and claims for damages which may occur against United States Swimming, Inc., Illinois Swimming, Inc., BNSC, Unit 5, their representatives, employees, directors, officers, or successors, for any and all injuries suffered by me or any contestant or representative in said meet, as a representative of my club.

I attest that all athletes entered in the meet are duly and currently registered with USA Swimming.

Signature of coach, Club representative or parent	Date:

This completed form must be returned to:

**Miranda Walker**  
**403 Dove Ave.**  
**LeRoy, IL 61752**