MEET DIRECTOR

ENTRY CHAIRPERSON MEET REFEREE

Matt Elliott

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**FORMAT:** All events are Timed Final. All events will be seeded and swum together but scored and awarded separately as described in the Awards section. This meet will be pre-seeded

We reserve the right to delay the start of the warm-up sessions by 30 minutes if fewer than three warm up sessions are needed. If the warm-up sessions will be shortened, then this will be reflected in the warm-up assignment sheet.

**Conduct:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Due to Mclean County Unit 5 policy all person entering the pool will be required to wear a face covering regardless of vaccination status.

**COVID-19:** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an

extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease

Control and Prevention, senior citizens and individuals with underlying medical conditions are especially

vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

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| --- | --- | --- | --- |
| **Session** | **Warm-Up** | **Session Start** | **Age Group** |
| Sat & Sun AM | 6:30AM-7:50AM | 8:00 AM | 13 & Over |
| Sat & Sun PM | 1:00 PM-2:20PM | 2:30 PM | 12 & Under |

**LOCATION:** Normal Community West High School (West), 501 North Parkside Road, Normal, IL 61761.

Directions: From I-55, take exit 165, U.S. 51-South Main St. Turn right at the first light, Raab Road. After Heartland College, turn left onto Parkside Rd. West is on the right; pool is at the south end of the school. Parking is available for free in the school parking lot.

**FACILITY:** 8-lane, 25 yard pool with Competitor non-turbulent lane markers, Colorado Timing equipment, with starting blocks at the deep end. No separate warm down pool. Water depth at starting end of pool is 12 feet and 4 feet at turn end. Competition will be run with 6-lanes, 1-lane empty, and 1-lane for warm down. BNSC reserves the right to utilize all 8-lanes if needed to meet ISI meet timeline requirements.

**RULES AND SAFETY:** All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Due to USA Swimming regulations, spectators are not permitted on the pool deck. Warm-up procedures are attached. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance w ith this requirement

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

\*\*The use of audio or visual recording devices, including but not limited to mobile phones, is not permitted in changing areas, restrooms, or locker rooms. \*\*

**Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Eligibility:** All USA Swimming-registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as “Registration applied for” will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 Touhy Ave, Suite 410, Des Plaines, IL 60018. Phone: (847) 824-1596 or FAX (847) 824-1726 or [www.ilswim.org.](http://www.ilswim.org/)

A swimmer’s age as of Friday, October 2nd, 2021 will determine the swimmer’s age for the entire meet. Swimmers are limited to five (5) individual events per day on Saturday and Sunday and two (2) on Friday.

**USA Swimming Membership:** Insurance regulations require that all swimmers, coaches and officials be a current member of USA Swimming. It is each club’s responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

**Coaches:**  All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

**Officials:** BNSC welcomes the help of your USA Swimming-certified officials. Please send a list of the officials from your team who are available to assist with the meet to our Meet Referee, Bruce Walker on or before 9/24/21 with their availability or questions; all credentials will be verified before the meet or prior to each session, as-needed. There will also be an official’s meeting 45 minutes prior to the start of each session in the pool office located behind the scoring table.

**Spectators:** Spectators will view the meet from the upstairs balcony. Seating is limited and masks are required by all visitors coinciding with Mclean County Unit 5 policy. Admissions for spectators will be located in the pool atrium.

**Entries Dates:** Entries will not be accepted before 8:00 AM, Monday September 6th , 2021. Entries received before this date will be returned. Entry Deadline is noon, Sunday, September26th, 2021. We encourage early registration to ensure participation. No deck entries will be accepted except at the discretion of the Meet Referee for swimmers already entered in other events in that session provided there is an open lane for that event.

**Entry Fees:** Swimmers will be charged a $15 facility fee. This facility fee includes the $2 ISI fee. In addition, swimmers will then be charged $5 per event. Make checks payable to Bloomington Normal Swim Club.

SEEDING: Swimmers will be seeded and will swim from slowest to fastest. All non-conforming times will be seeded last in rank order.

RESULTS: Final Results, Hy-Tek Team Manager results file, and a Hy-Tek Meet Manager back up file will be posted on our website: [http://www.bnswimclub.org.](http://www.bnswimclub.org/)

**Disabilities:** In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**Starts:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Warm-up Procedure:** Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in effect at this meet. Note: BNSC reserves the right to change the start times of warm-up sessions according to meet demand.

**MAAPP** **All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.**

G ENERAL WARM-UP

1. N O DIVING allowed from the edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool (a three-point entry).

2. Entry into the pool is from the starting end only, unless noted otherwise by the Meet Director or Meet

Referee.

3. Starts and push/pace are to be done at the end of your assigned general warm-up lanes. NO separate lanes or designated times for starts/pace will be available.

S AFETY GUIDELINES

1. Coaches Responsibilities:

a. Coaches shall instruct their swimmers regarding safety guidelines and warm up procedures as they apply to conduct at meets and practices.

b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities:

a. Marshaling

i. A marshal, who reports to and receives instructions from the Meet Referee, shall be on the deck during the warm-up session.

ii. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.

b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: “Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in effect at this meet.”

c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.

d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or

officials shall be removed or clearly marked.

3. Miscellaneous:

a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.

b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers

adequate warm-up time. The pool is not for visiting or playing during the warm-up session. d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e. The Meet Referee may restrict use of bands, hand paddles, or fins during warm-up. The Meet Referee

shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

KEY DATES: Registration Opens 8:00 AM Friday, September 10

Notify Meet Referee of officials 8:00 AM Registration Closes Noon

Friday, September 24

Sunday, September 26

Notify of bumped swimmers 12:00 PM Thursday, September 30

Meet starts 6:00 PM Saturday, October 2

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| --- | --- | --- |
| Girls Events | Session 1 | Boys Events |
| #1 Girls 13 & Up 500 Freestyle |  | #2 Boys 13 & Up 500 Freestyle |
| #3 Girls 13 & Up 100 Butterfly |  | #4 Boys 13 & Up 100 Butterfly |
| #5 Girls 13 & Up 200 Backstroke |  | #6 Boys 13 & Up 200 Backstroke |
| #7 Girls 13 & Up 100 Breaststroke |  | #8 Boys 200 Breaststroke |
| #9 Girls 13 & Up 200 Freestyle |  | #10 Boys 13 & Up 200 Freestyle |
| # 11 Girls 13 & Up 200 Individual Medley |  | # 12 Boys 13 & Up 200 Individual Medley |
|  |  |  |
| Girls Events | **Session 2** | **Boys Events** |
| #13 Girls 12 & Under 200 Freestyle |  | #14 Boys 12 & Under 200 Freestyle |
| #15 Girls 12 & Under 50 Butterfly |  | #16 Boys 12 & Under 50 Butterfly |
| #17 Girls 12 & Under 100 Backstroke |  | #18 Boys 12 & Under 100 Backstroke |
| #19 Girls 12 & Under 50 Breaststroke |  | #20 Boys 12 & Under 50 Breaststroke |
| #21 Girls 12 & Under 100 Freestyle |  | #22 Boys 12 & Under 100 Freestyle |
|  |  |  |
| Girls Events | Session 3 | Boys Events |
| #23 Girls 13 & Over 50 Freestyle |  | #24 Boys 13 & Over 50 Freestyle |
| #25 Girls 13 & Over 200 Butterfly |  | #26 Boys 13 & Over 200 Butterfly |
| #27 Girls 13 & Over 100 Backstroke |  | #28 Boys 13 & Over 100 Backstroke |
| #29 Girls 13 & Over 200 Breaststroke |  | #30 Boys 13 & Over 200 Breaststroke |
| #31 Girls 13 & Over 100 Freestyle |  | # 32 Boys 13 & Over 100 Freestyle |
| #33 Girls 13 & Over 400 Individual Medley |  | # 34 Boys 13 & Over 400 Individual Medley |
|  |  |  |
| Girls Events | Session 4 | Boys Events |
| #35 Girls 12 & Under 200 Individual Medley |  | # 36 Boys 12 & Under 200 Individual Medley |
| #37 Girls 12 & Under 100 Butterfly |  | #38 Boys 12 & Under 100 Butterfly |
| #39 Girls 12 & Under 50 Backstroke |  | #40 Boys 12 & Under 50 Backstroke |
| #41 Girls 12 & Under 100 Breaststroke |  | #42 Boys 12 & Under 100 Breaststroke |
| #43 Girls 12 & Under 50 Freestyle |  | #44 Boys 12 & Under 50 Freestyle |

**TEAM SUMMARY REPORT**

Please send this in once you are accepted into the meet!

Club Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Code: \_\_\_\_\_\_\_\_\_

Number of Swimmers Entered: Boys \_\_\_\_ Girls \_\_\_\_ = Total \_\_\_\_\_

Total Number \_\_\_\_\_ X $15.00 = \_\_\_\_\_\_\_\_\_\_

Number of Girls’ Timed Final Events \_\_\_\_\_\_\_\_ X $5.00 each = $ \_\_\_\_\_\_\_\_\_\_

Number of Boys’ Timed Final Events \_\_\_\_\_\_\_\_ X $5.00 each = $ \_\_\_\_\_\_\_\_\_\_

**Release and Hold Harmless Agreement:**

In consideration of the acceptance of this entry, I, intending to legally bound on behalf of myself, my club and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Bloomington Normal Swim Club; or their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in the sanctioned/approved event are duly registered as current athlete members of USA Swimming

Executed this \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 2021.

Signature of Club Official or Coach\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_