

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 50 Yard Freestyle Swimming Competition**

National: 23.08 \* 1998 S. Williams

Bloomsburg, PA

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Margo Geer	17	Springfield Family YMCA	22.78	22.68*
2 Lauren Nichols	18	Birmingham Family YMCA	23.47	23.22
3 Sabrina Benson	15	Triangle Area YMCA	23.53	23.32
4 Mary Moser	17	Reading and Berks County YMCA	23.57	23.48
5 Bekka Westrick	17	Great Miami Valley Ohio YMCA	23.67	23.77
*6 Katherine Carl	17	Birmingham Family YMCA	23.88	23.93
*6 Paige Impink	17	Reading and Berks County YMCA	23.90	23.93
--- Emily Lloyd False start	16	Anne Arundel County YMCA	22.70	DQ
<b>B - Final</b>				
9 Lauren Funk	17	Springfield Family YMCA	24.04	23.54
10 Lulu Belak	16	New Canaan Community YMCA	24.15	24.06
11 Heather Savage	18	Canandaigua YMCA	24.07	24.13
12 Courtney Raw	17	Somerset Valley YMCA	24.16	24.14
13 Becky Yokosh	17	Pabst Farms YMCA	24.01	24.16
14 Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	24.13	24.17
15 Julia Kudryashova	15	Somerset Hills YMCA	24.08	24.21
16 Samantha Sides	16	Burlington County YMCA	24.11	24.36
<b>C - Final</b>				
17 Suzanne Lemberg	17	Westfield YMCA	24.19	24.00
18 Maddy Morgan	16	West Seattle Branch YMCA	24.19	24.09
19 Shannon Rauth	13	Upper Main Line YMCA	24.20	24.18
20 Evan Swenson	14	McGaw YMCA	24.22	24.19
*21 Jillian Gamble	16	Riverfront Branch YMCA	24.29	24.23
*21 Amina Meho	17	Burbank Branch YMCA	24.18	24.23
23 Jaynie Pulte	15	Birmingham Family YMCA	24.21	24.33
24 Evann Heidersbach	17	Vermilion Family YMCA	24.16	24.36

**Women 50 Yard Freestyle Swim-off**

Name	Age	Team	Seed Time	Finals Time
<b>- Swim-off</b>				
1 Courtney Raw	17	Somerset Valley YMCA	NT	23.87
2 Evann Heidersbach	17	Vermilion Family YMCA	NT	23.93

**Women 50 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Paige Weslaski	17	Racine Family YMCA	24.58	24.55
2 Dana Iverson	15	Racine Family YMCA	24.87	24.77
3 Caitlin Nelson	18	Montclair YMCA	24.69	25.03
4 Kate Kelly	14	Middle Tyger YMCA	25.11	25.05
5 Bethany Milliman	18	Michiana YMCA	24.89	25.08
6 Madie Gaido	14	Middle Tyger YMCA	24.94	25.14
7 Morgan Brooks	15	Middle Tyger YMCA	25.19	25.18
8 Kate O'Leary	17	Western Connecticut YMCA	25.41	25.31
9 Rose Kell	16	Northern Dauphin County YMCA	26.50	25.51
*10 Megan Alexander	14	North Shore (Sterling) MA YMC	25.91	25.55
*10 Maggie Dillione	17	Tri-Hampton Family Branch YMC	25.34	25.55

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 50 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*12	Annie Fothergill	16	Melrose Massachusetts YMCA	25.48	25.59
*12	Emily Thomas	18	Hilliard YMCA	25.34	25.59
14	Amy Needham	16	North Shore (Sterling) MA YMCA <sup>f</sup>	25.87	25.62
15	Molly McSweeney	15	North Shore (Sterling) MA YMCA <sup>f</sup>	25.46	25.63
16	Bernadette Byrne	16	South Shore Mill Pond YMCA	25.38	25.65
17	Allison Luzik	17	Northern Dauphin County YMCA	26.50	25.68
*18	Natalie Statham	15	Knox County YMCA	26.40	25.69
*18	Lauren Albert	17	Knox County YMCA	26.01	25.69
20	Kelly Carroll	14	Summit Branch YMCA	25.34	25.71
*21	Alex Burns	12	Pocono Family YMCA	25.59	25.80
*21	Sarah Baggette	14	Edwardsville YMCA	25.49	25.80
23	Heather Librizzi	17	Western Connecticut YMCA	26.24	25.82
*24	Dana Rzewnicki	15	Somerset Valley YMCA	25.81	25.83
*24	Jennifer Trodden	18	North Shore (Sterling) MA YMCA <sup>f</sup>	25.90	25.83
26	Kalee Kemmesat	17	Bismarck YMCA	26.14	25.84
27	Emily Tsang	14	Lakeland Hills Family YMCA	25.39	25.89
28	Emma Newman	16	Champaign County YMCA	26.02	25.90
29	Sara Weinberg	18	Bismarck YMCA	25.46	25.93
30	Rikki Berk	14	Wyckoff Family YMCA Inc	25.62	25.96
31	Allison Witt	17	La Crosse Area Family YMCA	25.95	25.99
32	Kimberly Hall	17	Morris Center YMCA	25.65	26.01
33	Kayla McCormick	17	La Crosse Area Family YMCA	27.11	26.04
*34	Brittany Luzik	17	Northern Dauphin County YMCA	26.50	26.05
*34	Emilie Klos	15	La Crosse Area Family YMCA	25.90	26.05
36	Erica Hasson	16	South Shore Mill Pond YMCA	26.02	26.09
*37	Emma Werkiser	14	Kennett Area YMCA	25.36	26.12
*37	Madeline Rastall	14	Marinette-Menominee YMCA	25.25	26.12
*37	Taylor Camp	13	Hilliard YMCA	25.96	26.12
40	Christa Cook	16	Marinette-Menominee YMCA	26.38	26.13
*41	Alisa Danzer	15	Racine Family YMCA	25.10	26.14
*41	Monica Sullivan	17	New Canaan Community YMCA	25.82	26.14
43	Bridget Riley	17	Bismarck YMCA	25.53	26.15
*44	Maureen Ryan	14	Phoenixville Branch YMCA	26.08	26.16
*44	Margaret Hoynes	18	Columbia Northwest Family YMC	25.78	26.16
46	Kathleen Varner	17	Knox County YMCA	27.27	26.17
47	Avanti Banks	16	Pocono Family YMCA	25.65	26.18
48	Abby Motley	18	Greater Johnstown Community	25.63	26.21
49	Alexa Kaufman	15	Hilliker YMCA	25.31	26.22
50	Anne Trojanowski	16	Somerset Hills YMCA	26.89	26.24
*51	Jessica Frazelle	17	Winston Salem YMCA	26.15	26.26
*51	Tori McKenna	18	Eastside Family Branch YMCA	26.13	26.26
53	Rachael Theiler	14	Powel Crosley Jr. YMCA	26.34	26.27
54	Allie Hood	12	Fayette County Family YMCA	26.01	26.30
*55	Sarah Robbins	15	Greater Johnstown Community	25.85	26.32
*55	Nollaig Noll	13	Greater Johnstown Community	26.10	26.32
*55	Madeline Zimmerman	12	Phoenixville Branch YMCA	25.70	26.32
58	Amanda Grant	16	Hamilton Area NJ YMCA	26.15	26.33
59	Emily Schroeder	12	Hamilton Area NJ YMCA	26.84	26.35
60	Kelly Hall	17	Morris Center YMCA	26.12	26.39
*61	Kayla McCoy	12	McGaw YMCA	26.08	26.42
*61	Jillian Kniffen	17	Greensburg YMCA	25.70	26.42

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 50 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
63	Ashleigh Bush	14	Michiana YMCA	25.94	26.44
64	Annie Suarez	16	Columbia Northwest Family YMC	25.53	26.49
65	Kristen Harding	16	Canandaigua YMCA	26.74	26.50
66	Melissa Kang	17	Brandywine YMCA -PA	25.68	26.55
*67	Katie Hommes	17	Wyckoff Family YMCA Inc	26.12	26.57
*67	Casey Earnest	18	Middle Tyger YMCA	26.09	26.57
69	Catherine Amoriello	13	Northern Dauphin County YMCA	26.50	26.65
70	Colleen Joorfetz	16	B.R. Ryall (Northwestern Dupag	26.78	26.72
71	Lena Yang	14	Pocono Family YMCA	25.76	26.81
72	Jennifer Benson	17	Canandaigua YMCA	26.86	26.88
73	Alison Johnson	16	Marinette-Menominee YMCA	26.66	26.90
74	Sara Pardue	15	B.R. Ryall (Northwestern Dupag	26.41	27.20
75	Hillary Johnson	17	Eau Claire Wisconsin YMCA	27.90	27.26
76	Alex Zimmerman	17	Phoenixville Branch YMCA	26.59	27.28
77	MaKenna Cannon	15	Pabst Farms YMCA	28.50	27.46
78	Kasey Travitz	18	Northern Dauphin County YMCA	26.50	27.66
79	Tasha Kewalramani	14	Summit Branch YMCA	27.00	27.73
80	Mariah Akinbi	16	Powel Crosley Jr. YMCA	27.78	27.91
81	Allison Siegel	17	McGaw YMCA	25.91	28.10
82	Erin Molloy	16	Canandaigua YMCA	27.73	28.41
---	Kaley Wittrock	18	Jefferson City Area YMCA	25.92	DQ
---	Ashley El Naggar	15	Wyckoff Family YMCA Inc	26.54	DQ
---	Sara Tillie	16	Harford County Family YMCA	25.52	DQ
---	Ali Lampen	13	Edwardsville YMCA	25.25	NS
---	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	26.88	NS

**Women 50 Yard Freestyle Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Sara Beth Drake	16	Middle Tyger YMCA	25.79	25.02
2	Maddy Smart	13	Western Connecticut YMCA	25.59	25.05
3	Mirna Kojic'	16	Red River Valley YMCA	25.59	25.12
4	Courtney Delehanty	16	Red Bank Branch	25.61	25.19
5	Alison O'Connor	15	Wyckoff Family YMCA Inc	25.36	25.24
6	Jules Rava	18	Upper Main Line YMCA	25.50	25.25
7	Carrie Dukes	13	Harford County Family YMCA	25.80	25.31
8	Michelle Walcker	17	Burbank Branch YMCA	25.49	25.32
9	Erin Hackett	14	Lakeland Hills Family YMCA	25.37	25.33
10	Kate Durkan	17	Upper Main Line YMCA	25.00	25.41
11	Heather Lundstrom	14	West County Branch YMCA	25.35	25.44
12	Morgan Contino	13	M.E. Lyons (Anderson) YMCA	25.77	25.46
13	Alexia Hynes	15	Western Monmouth Co. YMCA	25.54	25.49
*14	Annie Fothergill	16	Melrose Massachusetts YMCA	25.62	25.50
*14	Kelsey Sipple	18	Marinette-Menominee YMCA	25.20	25.50
16	Sara Nestrowitz	13	Ridgewood NJ YMCA	25.31	25.52
17	Sarah Baggette	14	Edwardsville YMCA	25.49	25.56
18	Emily Ashton	15	Morris Center YMCA	25.60	25.59
*19	Eilish Devine	15	Ridgewood NJ YMCA	25.43	25.60
*19	Melissa Peplinski	16	Spokane YMCA	25.69	25.60
21	Rachael Ragen	17	Eastside Family Branch YMCA	27.08	25.61
*22	Jamie Osborn	16	Middle Tyger YMCA	26.29	25.62

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*22	Jennifer Murphy	17	Lynchburg YMCA	25.96	25.62
24	Regina Shetler	17	Riverfront Branch YMCA	25.56	25.63
25	Celia Frick	13	Somerset Hills YMCA	25.45	25.64
*26	Avanti Banks	16	Pocono Family YMCA	25.97	25.65
*26	Katie Kuhl	12	Fayette County Family YMCA	25.39	25.65
28	Allie Scime	18	Edwardsville YMCA	25.59	25.68
29	Colleen Webb	17	B.R. Ryall (Northwestern Dupag	26.00	25.71
*30	Tori Hall	17	Tri-Hampton Family Branch YMC	25.68	25.72
*30	Kristen Ferriero	17	West Morris YMCA	25.30	25.72
*32	Morgan Johnston	14	Mid-Delmarva Family YMCA	25.81	25.74
*32	Emilie Klos	15	La Crosse Area Family YMCA	25.90	25.74
34	Kendra Wagner	15	Laurel Highlands Regional YMCA	25.82	25.76
35	Eileen Butler	14	Phoenixville Branch YMCA	25.91	25.79
*36	Petra Janney	16	Bath Area Family YMCA	25.99	25.82
*36	Liz Mooney	15	Middle Tyger YMCA	25.89	25.82
38	Kirsten Guelly	17	Flushing YMCA	26.10	25.87
39	Becca Murray	17	Brandywine -DE YMCA	25.71	25.88
40	Kara Dubiel	17	Somerset Valley YMCA	26.07	25.97
41	Lissy Maercklein	14	Schroeder YMCA	25.32	25.99
42	Katie Duggan	16	Boyertown Area YMCA	26.24	26.02
43	Addy DiCristina	14	Red River Valley YMCA	25.94	26.03
44	Katie Shoemaker	15	Columbia Northwest Family YMC	25.62	26.05
45	Annelise Sprau	14	Schroeder YMCA	25.42	26.18
46	Allie Hood	12	Fayette County Family YMCA	26.03	26.19
47	Nysa Casha	16	Burbank Branch YMCA	25.49	26.20
48	Amanda Feiser	15	Pottstown YMCA	25.90	26.21
49	Alex Miller	16	Birmingham Family YMCA	26.20	26.23
50	Cara Egan	14	New Canaan Community YMCA	26.00	26.24
51	Chelsey Curran	15	Down East Family YMCA	25.66	26.27
52	Allison Lohnes	15	Springfield Family YMCA	25.93	26.30
53	Kara Millaci	16	Hunterdon County YMCA	27.40	26.32
54	Abby Fisher	13	Lakeland Hills Family YMCA	26.71	26.33
55	Abby Pires	15	Westfield YMCA	25.99	26.36
*56	Sara Reidler	16	Suburban West Branch Ohio YMC	25.36	26.39
*56	Hanna Schenkman	17	West Morris YMCA	26.09	26.39
58	Kaylee Morris	15	Fayette County Family YMCA	25.68	26.40
59	Kelsie Montana	15	Rock River Valley YMCA	25.70	26.44
*60	Bryn Crowder	16	Brandywine -DE YMCA	26.12	26.46
*60	Lena Yang	14	Pocono Family YMCA	25.76	26.46
*62	Megan VanKirk	15	Hunterdon County YMCA	26.19	26.50
*62	Katherine Rodzak	14	La Crosse Area Family YMCA	26.20	26.50
64	Marissa Fattore	17	Boyertown Area YMCA	26.23	26.55
65	Jill Faull	16	Western Branch YMCA	26.23	26.60
66	Eva Wimberley	16	Western Monmouth Co. YMCA	26.06	26.62
67	Abbey Ridge	17	Bath Area Family YMCA	26.50	26.66
68	Lindsay Yarborough	17	Winston Salem YMCA	26.61	26.72
69	Jillian Strassner	18	Wheeler Regional Branch YMCA	25.37	26.77
70	Ashleigh Christopherson	17	La Crosse Area Family YMCA	26.69	26.83
71	Shannon Markham	17	Eastside Family Branch YMCA	26.70	26.93
72	Katie Helfrich	17	Hilliker YMCA	26.20	27.04

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 50 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
--- Erica Smrcina	16	Cape Cod YMCA	25.46	DQ
False start				
--- Laura Wardecke	17	Fox Cities YMCA	25.81	NS

**Women 50 Yard Freestyle Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Emily Lloyd	16	Anne Arundel County YMCA	23.04	22.70
2 Margo Geer	17	Springfield Family YMCA	22.40	22.78
3 Lauren Nichols	18	Birmingham Family YMCA	23.29	23.47
4 Sabrina Benson	15	Triangle Area YMCA	23.60	23.53
5 Mary Moser	17	Reading and Berks County YMCA <sup>A</sup>	23.36	23.57
6 Bekka Westrick	17	Great Miami Valley Ohio YMCA	23.44	23.67
7 Katherine Carl	17	Birmingham Family YMCA	23.24	23.88
8 Paige Impink	17	Reading and Berks County YMCA <sup>A</sup>	24.31	23.90
9 Becky Yokosh	17	Pabst Farms YMCA	23.75	24.01
10 Lauren Funk	17	Springfield Family YMCA	23.77	24.04
11 Heather Savage	18	Canandaigua YMCA	23.73	24.07
12 Julia Kudryashova	15	Somerset Hills YMCA	24.37	24.08
13 Samantha Sides	16	Burlington County YMCA	24.46	24.11
14 Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	24.15	24.13
15 Lulu Belak	16	New Canaan Community YMCA	24.62	24.15
16 Courtney Raw	17	Somerset Valley YMCA	24.11	J24.16
17 Evann Heidersbach	17	Vermilion Family YMCA	23.63	J24.16
18 Amina Meho	17	Burbank Branch YMCA	24.33	24.18
*19 Maddy Morgan	16	West Seattle Branch YMCA	24.14	24.19
*19 Suzanne Lemberg	17	Westfield YMCA	23.91	24.19
21 Shannon Rauth	13	Upper Main Line YMCA	24.29	24.20
22 Jaynie Pulte	15	Birmingham Family YMCA	24.00	24.21
23 Evan Swenson	14	McGaw YMCA	24.43	24.22
24 Jillian Gamble	16	Riverfront Branch YMCA	24.55	24.29
25 Rebekah Land	15	Hannibal YMCA	23.81	24.31
26 Kayla Smith	18	Madison West YMCA	23.29	J24.31
27 Anna Wujciak	14	Greater Flint YMCA	24.61	24.32
*28 Taylor Steffl	15	Birmingham Family YMCA	23.99	24.33
*28 Lianne McCluskey	17	Penobscot Bay YMCA	24.39	24.33
30 Daphne Williams	18	Tri-City Area IL YMCA	24.57	24.35
*31 Samantha Heyman	17	Greenwich YMCA	24.81	24.37
*31 Diana Diel	17	Pabst Farms YMCA	23.87	24.37
*31 Janene Senofonte	17	Fanwood-Scotch Plains YMCA	24.80	24.37
*34 Bryn Dunbar	18	Powel Crosley Jr. YMCA	24.47	24.38
*34 Katheryne Muth	17	Sarasota Family YMCA, Inc	24.01	24.38
*36 Rachel Gadzicki	18	Pottstown YMCA	24.70	24.39
*36 Chloe Conjares	16	Wyckoff Family YMCA Inc	24.22	24.39
*36 Hayley Martin	18	Madison East YMCA	24.19	24.39
39 Marissa Murphy	17	Rapid Area YMCA - MI	24.23	24.40
*40 Molly Higgins	17	Lakeland Hills Family YMCA	24.23	24.41
*40 Dana Gnerre	18	Wilton Family YMCA	24.70	24.41

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## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 50 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
42 Nicole Colucci	18	Fanwood-Scotch Plains YMCA	24.41	24.42
43 Caroline Higgins	16	Wilton Family YMCA	24.34	24.45
44 Sara Krueger	15	Powel Crosley Jr. YMCA	24.18	24.46
45 Maureen McKenna	16	Red Bank Branch	25.00	24.47
46 Allison Siegel	17	McGaw YMCA	24.39	24.51
47 Lauren Schmittle	17	West Shore YMCA	23.80	24.52
48 Jenna Immormino	15	Somerset Hills YMCA	24.26	24.53
49 Chelsea Unger	17	Western Monmouth Co. YMCA	24.48	24.54
50 Sarah Finn	15	Red Bank Branch	24.97	24.55
*51 Tara O'Prey	14	Ridley Area YMCA	25.09	24.56
*51 Katey Brooks	18	Ridgewood Branch OH YMCA	23.93	24.56
*51 Hollis Capuano	18	Cheshire YMCA	23.95	24.56
*54 Rylee Klomp	14	Eastside Family Branch YMCA	24.47	24.57
*54 Camilla Czulada	15	Reading and Berks County YMCA	25.05	24.57
*54 JaLynn Gieseke	16	Hannibal YMCA	24.44	24.57
57 Paige Weslaski	17	Racine Family YMCA	25.06	24.58
*58 Kaitlyn Utkewicz	16	Lakeland Hills Family YMCA	24.45	24.59
*58 Allison Pavlik	14	B.R. Ryall (Northwestern Dupag	24.69	24.59
60 Nikki Barczak	15	Birmingham Family YMCA	24.27	24.61
*61 Taylor Byerly	15	Wilton Family YMCA	24.91	24.64
*61 Natalie Rohr	15	South Family YMCA-Kettering	24.21	24.64
63 Anna Susko	17	West Morris YMCA	24.74	24.65
64 Kelly Markwell	17	Red Bank Branch	24.94	24.67
*65 Andrea McPike	18	Tri-City Area IL YMCA	25.03	24.68
*65 Anna Gibas	17	Greensburg YMCA	23.87	24.68
*67 Catriona Coppler	16	Greater Holyoke YMCA	24.61	24.69
*67 Maggie Brabbins	17	Birmingham Family YMCA	24.76	24.69
69 Hayley Tilton	18	Sarasota Family YMCA, Inc	24.74	24.70
*70 Marley Clark	18	Piscataquis Regional YMCA	24.43	24.71
*70 Lauren Solernou	16	Cheshire YMCA	24.88	24.71
72 Melissa Woody	17	Beavercreek Branch YMCA	24.58	24.72
*73 Emily Buczkowski	15	Bath Area Family YMCA	24.40	24.73
*73 Kimberly Closs	17	Somerset Hills YMCA	25.00	24.73
75 Chase Kinney	14	North Canton Community YMCA	24.63	24.74
76 Ariana Lyons	17	Fanwood-Scotch Plains YMCA	24.59	24.75
77 Jessica Burkhart	16	Lancaster Family YMCA	24.06	24.77
78 Noelle Klockner	14	Western Monmouth Co. YMCA	24.71	24.78
79 Anna Yontz	15	Canton IL YMCA	25.12	24.79
80 Courtney Shields	17	Allegheny Valley YMCA	25.26	24.80
81 Rachael Lewis	15	Countryside Ralph Stolle YMCA.	24.53	24.82
82 Renee Rosenkranz	18	Dutchess County YMCA	24.38	24.83
*83 Amber Amr	16	Spokane YMCA	25.26	24.84
*83 Deirdre Esposito	15	Morris Center YMCA	28.10S	24.84
*85 Stephie Fox	18	Rapid Area YMCA - MI	25.08	24.85
*85 Caitlin Nelson	18	Montclair YMCA	24.69	24.85
*87 Cassie Walth	14	Bismarck YMCA	25.04	24.86
*87 Bowie Reilly	17	Western Monmouth Co. YMCA	24.90	24.86
*89 Alexis Houser	17	Tri-Hampton Family Branch YMC	24.77	24.87
*89 Meghan Kiely	14	Lakeland Hills Family YMCA	24.56	24.87
*89 Dana Iverson	15	Racine Family YMCA	25.19	24.87
*92 Kaci McIlmoyle	14	Jennersville YMCA	24.58	24.88

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## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 50 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
*92 Celia Oberholzer	15	Powel Crosley Jr. YMCA	24.96	24.88
*94 Casey Stahl	17	Somerset Valley YMCA	24.18	24.91
*94 Madie Gaido	14	Middle Tyger YMCA	25.06	24.91
*94 Marisa Immormino	16	Somerset Hills YMCA	24.21	24.91
97 Lauren Lo	17	Red Bank Branch	24.88	24.93
*98 Emily Murphy	12	Lima Ohio YMCA	25.24	24.94
*98 Carolyn Curran	15	Madison West YMCA	25.23	24.94
100 Emily Waller	18	Kishwaukee Family YMCA	24.33	24.95
*101 Annie Carter	18	Brandywine -DE YMCA	25.09	24.96
*101 Emily Weir	17	Greenwich YMCA	24.74	24.96
*103 Kristen Moll	17	Somerset Valley YMCA	24.96	24.97
*103 Jenny Dalmonte	17	Upper Main Line YMCA	25.15	24.97
*105 Lee Ingram	18	Western Monmouth Co. YMCA	24.77	24.98
*105 Danielle Davis	15	Boyertown Area YMCA	25.02	24.98
*105 Caroline Finkbeiner	14	West Shore YMCA	25.16	24.98
108 Lauren Barnes	16	Wilkes-Barre Family YMCA	24.90	24.99
*109 Alex Eiler	14	Oshkosh Community YMCA	25.01	25.00
*109 Elena Melloni	15	Greater Burlington YMCA	25.12	25.00
111 Nicole Miller	18	Triangle Area YMCA	24.84	25.01
*112 Leah Pronschinske	14	Eau Claire Wisconsin YMCA	24.27	25.02
*112 Elizabeth Jordan	17	Pocono Family YMCA	24.62	25.02
*114 Jackie Parker	14	Somerset Valley YMCA	24.75	25.03
*114 Britt Rehrig	18	Western Branch YMCA	24.98	25.03
*114 Casey Ostrander	17	Cape Cod YMCA	24.29	25.03
*117 Kendall Kirsteier	15	Tri-Hampton Family Branch YMC	28.70L	25.05
*117 Casey Jepsen	16	Kishwaukee Family YMCA	25.16	25.05
*119 Katie Keefer	17	Waynesboro Family YMCA	24.91	25.06
*119 Ali Church	14	Red River Valley YMCA	25.15	25.06
*119 Allison Walker	17	Riverfront Branch YMCA	24.98	25.06
*122 Brianna Bentz	15	Boyertown Area YMCA	24.93	25.08
*122 Alex Iwanicki	15	B.R. Ryall (Northwestern Dupag	25.14	25.08
*122 Meredith Foster	16	Harford County Family YMCA	25.21	25.08
125 Julie Wallerstein	17	Western Connecticut YMCA	25.10	25.09
126 Kori Golden	17	Anne Arundel County YMCA	24.96	25.10
*127 Alyssa Petruzzello	17	Champaign County YMCA	25.06	25.11
*127 Meg Kaveney	16	Westfield YMCA	25.20	25.11
*129 Meredith Gibbon	17	Greensburg YMCA	24.92	25.12
*129 Jennifer Deist	14	Edwardsville YMCA	25.29	25.12
131 Sierra Sachtjen	15	Madison West YMCA	24.90	25.13
132 Emma Cammann	14	Andover/North Andover YMCA	25.05	25.14
133 Kate Kelly	14	Middle Tyger YMCA	25.11	25.15
134 Kelsey Sipple	18	Marinette-Menominee YMCA	24.83	25.16
*135 Alissa Endres	17	Madison West YMCA	24.50	25.17
*135 Hannah Stephenson	16	Triangle Area YMCA	25.18	25.17
*135 Molly McSweeney	15	North Shore (Sterling) MA YMC#	28.73L	25.17
*138 Danielle Albright	14	Tampa Metro YMCA	25.07	25.18
*138 Becca Blinstrub	17	Birmingham Family YMCA	25.04	25.18
140 Tina DeLakis	17	Eau Claire Wisconsin YMCA	24.82	25.20
*141 Samantha Ward	17	North Oakland Family YMCA	25.20	25.21
*141 Rachel Polanco	14	M.E. Lyons (Anderson) YMCA	25.01	25.21
*143 Danielle Alcorn	16	Rock Hill Area YMCA	25.02	25.22

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 50 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*143	Meaghan Kwarcinski	14	Greater Holyoke YMCA	24.70	25.22
*143	Emily Bourguignon	16	Green Bay YMCA Metro	24.94	25.22
*143	Karyn Adams	15	Eastside Family Branch YMCA	25.09	25.22
147	Payton Shirey	14	Talbot County YMCA	25.09	25.23
148	Jessica Russell	14	Bath Area Family YMCA	25.26	25.24
149	Courtney Sepich	17	Burlington County YMCA	24.85	25.25
150	Izzy Brassfield	17	Greensboro YMCA	24.96	25.26
*151	Kathryn Coniglio	16	Hunterdon County YMCA	24.87	25.27
*151	Brooke Reynolds	15	La Crosse Area Family YMCA	25.02	25.27
153	Emily Eaton	15	Greater Flint YMCA	24.92	25.28
*154	Ally Stover	18	South Family YMCA-Kettering	24.67	25.29
*154	Jordon Momsen	17	Pabst Farms YMCA	24.83	25.29
*156	Danielle Parowski	14	Greater Johnstown Community	24.89	25.30
*156	Lauren Timmerman	17	Darien Community YMCA	24.84	25.30
*156	Patty Boyer	16	Wyckoff Family YMCA Inc	25.25	25.30
*159	Milon Crawford	15	Farmington Family YMCA	25.07	25.31
*159	Ashley Conroy	16	Ocean County YMCA	25.22	25.31
*161	Morgan Lydic	14	Cuyahoga Falls Riverfront YMCA	24.77	25.32
*161	Caitlin Casazza	12	Greater High Point YMCA	24.86	25.32
163	Charlotte Yaw	15	Birmingham Family YMCA	25.22	25.33
*164	Kimberly Lawson	18	Morris Center YMCA	28.19S	25.34
*164	Julia Messina	15	Canandaigua YMCA	24.72	25.34
*164	Stephanie Paape	15	Green Bay YMCA Metro	25.26	25.34
167	Corinne Capodanno	14	Brandywine -DE YMCA	24.92	25.35
*168	Kelsey Millin	16	Madison East YMCA	25.25	25.36
*168	Tommie Dillione	13	Tri-Hampton Family Branch YMC	25.07	25.36
*168	Elle Ryan	14	Springfield IL YMCA	25.16	25.36
*171	Lauren Burt	18	North Oakland Family YMCA	25.15	25.37
*171	Marissa Yontz	15	Canton IL YMCA	25.26	25.37
*171	Arica Woolbright	17	Rock River Valley YMCA	25.23	25.37
*171	Jessica Metcalf	18	Cheshire YMCA	25.24	25.37
*175	McKenzie Goudreau	14	Fox Cities YMCA	25.19	25.39
*175	Samantha Kietlinski	18	Hamilton Area NJ YMCA	24.92	25.39
*177	Julianna Lynch	18	Great Miami Valley Ohio YMCA	24.54	25.42
*177	Lydia Engberg	15	Bismarck YMCA	28.70L	25.42
*177	Melissa Cook	18	Pottstown YMCA	25.25	25.42
*177	Hannah Benn	16	Summit Branch YMCA	25.28	25.42
181	Alyssa Sanders	15	Central Delaware YMCA	24.97	25.44
182	Kelly Hamilton	14	Chambersburg Memorial YMCA	25.27	25.45
*183	Savanna Keator	18	Norwich YMCA	24.86	25.46
*183	Lauren Pruet	17	Newberry County Family YMCA	25.29	25.46
*185	Andrea DeAngelis	15	Lakeland Hills Family YMCA	25.22	25.47
*185	Taylor McWilliams	18	Talbot County YMCA	24.86	25.47
*187	Sara Weinberg	18	Bismarck YMCA	24.97	25.49
*187	Julia Wisler	15	Phoenixville Branch YMCA	25.23	25.49
189	Casey Thomas	16	Talbot County YMCA	25.12	25.50
*190	Abigail Raatz	13	Schroeder YMCA	24.92	25.51
*190	Taylor Snyder	15	Titusville YMCA	25.14	25.51
*192	Carly Dvorak	17	B.R. Ryall (Northwestern Dupag	25.03	25.52
*192	Kinsey Kowalski	18	Blue Ash Branch YMCA	24.68	25.52
*194	Britney Hilgendorf	16	Madison East YMCA	25.02	25.53



## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 50 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
*194 Natasha Wahl	16	South Family YMCA-Kettering	25.15	25.53
*194 Ali Lampen	13	Edwardsville YMCA	25.25	25.53
197 Sarah Behrent	15	Hilliard YMCA	24.90	25.54
*198 Alisa Danzer	15	Racine Family YMCA	25.10	25.55
*198 Kendra Seeholzer	18	Green Bay YMCA Metro	25.18	25.55
*200 Kayce Smith	14	Madison West YMCA	24.71	25.57
*200 Madeline Rastall	14	Marinette-Menominee YMCA	25.25	25.57
*202 Claire Oh	17	Metuchen Edison YMCA	25.20	25.58
*202 Aubrey Ketrick	17	Watertown Family YMCA	25.24	25.58
204 Laura Stephens	15	Kennett Area YMCA	25.05	25.59
*205 Mariangela Macchiavello	18	Sarasota Family YMCA, Inc	28.51 L	25.60
*205 Nicole Becks	15	North Canton Community YMCA	25.03	25.60
*207 Margo Khalili	17	Beavercreek Branch YMCA	24.69	25.61
*207 Cacky Keating	18	Somerset Hills YMCA	25.23	25.61
*209 Elina Hu	16	Oshkosh Community YMCA	25.07	25.66
*209 Hannah Knapp	14	North Oakland Family YMCA	27.92 S	25.66
*209 Maddie Monroe	15	Tri-City Area IL YMCA	25.14	25.66
212 Rebecca Adams	15	M.E. Lyons (Anderson) YMCA	25.28	25.67
*213 Shannon Connors	17	Blue Ash Branch YMCA	25.15	25.70
*213 Michelle Giordani	15	Sunbury Branch YMCA	25.25	25.70
215 Charlotte Wilhelm	14	Sarasota Family YMCA, Inc	28.58 L	25.71
*216 Maddi Thompson	16	Jersey Shore Area YMCA	25.09	25.74
*216 Sonja Bogojevski	17	Lakeland Hills Family YMCA	25.17	25.74
218 Keara Leong	16	Flushing YMCA	25.29	25.75
*219 Meredith Hardy	17	Triangle Area YMCA	25.23	25.78
*219 Nicole Bruneel	14	Boise YMCA	25.27	25.78
221 Tricia Hartley	15	Somerset Hills YMCA	25.27	25.79
222 Claudia DiCapua	14	New Canaan Community YMCA	25.03	25.81
*223 Maddie Nichols	16	Birmingham Family YMCA	24.93	25.85
*223 Morgan Nuess	17	South Family YMCA-Kettering	25.22	25.85
*223 Sarah Robbins	15	Greater Johnstown Community	25.29	25.85
226 Monika Drogosz	17	Wheeler Regional Branch YMCA	24.71	25.88
227 Kelsey Theriault	17	Gloucester County YMCA	25.29	25.89
228 Timea Tozser	16	Northwest Family Branch YMCA	25.25	25.93
229 Allison Ulbrich	17	Miami County Ohio YMCA	25.06	26.04
230 Sarah Rowe	13	Canton IL YMCA	25.27	26.07
231 Danielle McPherson	16	Jersey Shore Area YMCA	25.10	26.19
232 Bethany Milliman	18	Michiana YMCA	24.89	26.43
233 Laura Askin	15	Central Delaware YMCA	25.15	26.76
--- Kimberly Hill	12	Greenwich YMCA	24.64	DQ
False start				
--- Shannon Walters	15	Williamsport Branch YMCA	25.26	DQ
False start				

## Women 100 Yard Freestyle Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sara Beth Drake	16	Middle Tyger YMCA	54.99	53.42
26.15	53.42	(27.27)		
2 Samantha Sides	16	Burlington County YMCA	NT	53.79
25.39	53.79	(28.40)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
3	Katherine O'Leary 26.04	18	Montclair YMCA	54.14	53.85
					53.85 (27.81)
4	Taylor Brew 25.85	15	York And York County YMCA	53.57	54.05
					54.05 (28.20)
5	Sam Berizzi 26.07	17	New Canaan Community YMCA	54.07	54.22
					54.22 (28.15)
6	Evan Swenson 26.50	14	McGaw YMCA	56.03	54.54
					54.54 (28.04)
7	Kendall Kirsteier 26.35	15	Tri-Hampton Family Branch YMC	54.89	54.59
					54.59 (28.24)
*8	Samantha Ward 26.15	17	North Oakland Family YMCA	54.76	54.63
					54.63 (28.48)
*8	Erin Timochenko 26.06	14	Reading and Berks County YMCA	57.03	54.63
					54.63 (28.57)
10	Emily Needham 26.73	18	North Shore (Sterling) MA YMCA	55.70	54.65
					54.65 (27.92)
11	Andrea DeAngelis 25.76	15	Lakeland Hills Family YMCA	55.26	54.70
					54.70 (28.94)
12	Katherine Glenn 26.45	17	Catawba Valley YMCA	55.20	54.78
					54.78 (28.33)
13	Emma McKinley 26.76	15	Piedmont Family YMCA Inc.	55.49	54.79
					54.79 (28.03)
14	Carrie Dukes 26.47	13	Harford County Family YMCA	56.24	54.82
					54.82 (28.35)
15	Kathryn Coniglio 26.34	16	Hunterdon County YMCA	54.30	54.84
					54.84 (28.50)
16	Ryan Alexander 26.35	13	North Shore (Sterling) MA YMCA	55.09	54.86
					54.86 (28.51)
*17	Jennifer Deist 26.36	14	Edwardsville YMCA	55.90	54.94
					54.94 (28.58)
*17	Jamie Osborn 26.58	16	Middle Tyger YMCA	55.09	54.94
					54.94 (28.36)
19	Katherine Dwyer 26.73	17	Western Monmouth Co. YMCA	55.92	55.05
					55.05 (28.32)
*20	Jessica Russell 26.67	14	Bath Area Family YMCA	55.20	55.06
					55.06 (28.39)
*20	Natasha Wahl 26.77	16	South Family YMCA-Kettering	55.47	55.06
					55.06 (28.29)
22	Melissa Feeney 26.60	15	Lakeland Hills Family YMCA	55.16	55.13
					55.13 (28.53)
23	Kelsey Poole 26.53	17	Greater Westfield YMCA	55.31	55.19
					55.19 (28.66)
24	Regina Shetler 26.33	17	Riverfront Branch YMCA	56.04	55.21
					55.21 (28.88)
*25	Kendra Wagner 26.61	15	Laurel Highlands Regional YMCA	54.79	55.23
					55.23 (28.62)
*25	MJ Higgins 26.77	17	M.E. Lyons (Anderson) YMCA	55.00	55.23
					55.23 (28.46)
27	Madeline Bowe 26.69	18	Piedmont Family YMCA Inc.	55.40	55.24
					55.24 (28.55)
28	Mirna Kojic' 26.59	16	Red River Valley YMCA	55.20	55.28
					55.28 (28.69)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
29	Lyndsey Marcheskie	15	Pottstown YMCA	55.22	55.30
	26.61	55.30	(28.69)		
30	Julie Wallerstein	17	Western Connecticut YMCA	55.21	55.33
	26.58	55.33	(28.75)		
*31	Madi Ralston	16	Rowan County YMCA	55.64	55.36
	26.95	55.36	(28.41)		
*31	Garrison Stevens	17	Rowan County YMCA	56.15	55.36
	27.02	55.36	(28.34)		
*33	Chelsea Doyle	17	Riverfront Branch YMCA	55.90	55.37
	26.73	55.37	(28.64)		
*33	Stephanie Ross	14	Western Monmouth Co. YMCA	56.68	55.37
	26.76	55.37	(28.61)		
*35	Katherine Foley	16	North Shore (Sterling) MA YMCA	55.78	55.39
	26.81	55.39	(28.58)		
*35	Michelle Walcker	17	Burbank Branch YMCA	55.28	55.39
	26.59	55.39	(28.80)		
37	Caitlin Casazza	12	Greater High Point YMCA	55.26	55.42
	26.39	55.42	(29.03)		
*38	Megan Bock	17	Red Bank Branch	58.25	55.43
	26.85	55.43	(28.58)		
*38	Briehan Burke	18	Summit Branch YMCA	55.64	55.43
	26.63	55.43	(28.80)		
40	Amber Amr	16	Spokane YMCA	55.30	55.47
	26.51	55.47	(28.96)		
41	Brodde Lamb	15	Piedmont Family YMCA Inc.	56.46	55.50
	26.66	55.50	(28.84)		
42	Ainsley Reed	13	Lynchburg YMCA	55.86	55.51
	27.22	55.51	(28.29)		
43	Alex Vezzetti	15	Rock Hill Area YMCA	55.95	55.57
	26.67	55.57	(28.90)		
44	Lizzy Visconti	18	Cheshire YMCA	56.41	55.58
	26.86	55.58	(28.72)		
45	Kristyn Wikoff	18	Red Bank Branch	56.46	55.60
	26.56	55.60	(29.04)		
46	Jackie Parker	14	Somerset Valley YMCA	55.65	55.65
	26.56	55.65	(29.09)		
47	Claire Keithly	17	Upper Main Line YMCA	56.50	55.68
	27.13	55.68	(28.55)		
48	Charlotte Yaw	15	Birmingham Family YMCA	55.08	55.73
	26.85	55.73	(28.88)		
49	Tara O'Prey	14	Ridley Area YMCA	57.41	55.74
	26.21	55.74	(29.53)		
*50	Allison Pavlik	14	B.R. Ryall (Northwestern Dupag	54.71	55.78
	26.62	55.78	(29.16)		
*50	Katie Kuhl	12	Fayette County Family YMCA	55.51	55.78
	27.12	55.78	(28.66)		
52	Tricia Hartley	15	Somerset Hills YMCA	57.36	55.83
	26.75	55.83	(29.08)		
*53	Corinne Capodanno	14	Brandywine -DE YMCA	54.74	55.87
	27.01	55.87	(28.86)		
*53	Katie Shoemaker	15	Columbia Northwest Family YMC	55.84	55.87
	26.78	55.87	(29.09)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
55	Colleen Webb	17	B.R. Ryall (Northwestern Dupag	54.93	55.89
	26.78				55.89 (29.11)
56	Jillian Crosby	14	Red Bank Branch	54.70	55.90
	27.04				55.90 (28.86)
*57	Shannon Slate	15	Red Bank Branch	57.62	55.91
	26.76				55.91 (29.15)
*57	Danielle Davis	15	Boyertown Area YMCA	55.50	55.91
	26.70				55.91 (29.21)
*57	Michelle Whitfield	15	Columbia Northwest Family YMC	56.15	55.91
	26.66				55.91 (29.25)
60	Rachel Cortright	15	Ridgewood NJ YMCA	56.13	55.92
	26.94				55.92 (28.98)
61	Colleen McCormack	17	North Shore (Sterling) MA YMCA	56.63	55.93
	27.49				55.93 (28.44)
62	Britney Hilgendorf	16	Madison East YMCA	54.85	55.98
	26.86				55.98 (29.12)
63	Addy DiCristina	14	Red River Valley YMCA	55.90	56.00
	27.07				56.00 (28.93)
64	Angie Healy	14	Twin Rivers NC YMCA	55.69	56.01
	27.13				56.01 (28.88)
65	Katie Rohn	17	New Canaan Community YMCA	55.00	56.02
	26.73				56.02 (29.29)
66	Izzy Brassfield	17	Greensboro YMCA	54.99	56.05
	26.88				56.05 (29.17)
*67	Melissa Peplinski	16	Spokane YMCA	56.69	56.06
	27.00				56.06 (29.06)
*67	Eileen Butler	14	Phoenixville Branch YMCA	56.50	56.06
	27.06				56.06 (29.00)
69	Erin Hackett	14	Lakeland Hills Family YMCA	55.00	56.08
	27.15				56.08 (28.93)
70	Lauren LaRocco	17	Lakeland Hills Family YMCA	56.51	56.10
	26.63				56.10 (29.47)
71	Kelly Markwell	17	Red Bank Branch	57.70	56.11
	26.20				56.11 (29.91)
*72	Amani Amr	14	Spokane YMCA	56.78	56.14
	26.87				56.14 (29.27)
*72	Rebecca Adams	15	M.E. Lyons (Anderson) YMCA	55.80	56.14
	26.44				56.14 (29.70)
74	Carly Dvorak	17	B.R. Ryall (Northwestern Dupag	54.95	56.21
	27.13				56.21 (29.08)
75	Courtney Fisk	15	Red River Valley YMCA	56.90	56.22
	27.17				56.22 (29.05)
76	Tori Hall	17	Tri-Hampton Family Branch YMC	55.84	56.26
	26.72				56.26 (29.54)
77	Morgan Nuess	17	South Family YMCA-Kettering	56.07	56.27
	26.75				56.27 (29.52)
*78	Alexis Coon	15	Brandywine -DE YMCA	57.42	56.28
	27.34				56.28 (28.94)
*78	Wendy Liu	16	Somerset Valley YMCA	56.73	56.28
	27.07				56.28 (29.21)
80	Kristen Lee	16	Burlington County YMCA	55.90	56.37
	26.95				56.37 (29.42)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*81	Sonja Bogojevski	17	Lakeland Hills Family YMCA	55.52	56.39
	26.07		56.39 (30.32)		
*81	Jennifer Murphy	17	Lynchburg YMCA	55.87	56.39
	27.07		56.39 (29.32)		
*83	Amanda Malmstrom	15	Phoenixville Branch YMCA	56.92	56.44
	27.52		56.44 (28.92)		
*83	Rachel Stoddard	14	Somerset Valley YMCA	56.08	56.44
	27.49		56.44 (28.95)		
85	Nysa Casha	16	Burbank Branch YMCA	55.04	56.46
	27.08		56.46 (29.38)		
86	Nina Lisella	16	Boyertown Area YMCA	56.67	56.48
	27.10		56.48 (29.38)		
87	Kylie Reiter	15	Reading and Berks County YMCA	57.12	56.51
	26.81		56.51 (29.70)		
88	Cara Egan	14	New Canaan Community YMCA	55.70	56.60
	27.52		56.60 (29.08)		
*89	Christina Santomauro	16	Somerset Valley YMCA	55.91	56.61
	26.74		56.61 (29.87)		
*89	Hailey Growney	17	Lakeland Hills Family YMCA	57.11	56.61
	27.45		56.61 (29.16)		
91	Katherine Rodzak	14	La Crosse Area Family YMCA	55.60	56.63
	27.30		56.63 (29.33)		
92	Alison Simon	18	Greensboro YMCA	56.99	56.67
	27.50		56.67 (29.17)		
*93	Julia Harrigan	15	Summit Branch YMCA	57.57	56.68
	26.89		56.68 (29.79)		
*93	Megan Daniher	15	M.E. Lyons (Anderson) YMCA	56.20	56.68
	27.72		56.68 (28.96)		
95	Keegan Abar	15	Waynesboro Family YMCA	55.95	56.73
	27.35		56.73 (29.38)		
96	Lydia Engberg	15	Bismarck YMCA	56.51	56.74
	27.17		56.74 (29.57)		
97	Jamie Redlawsk	17	Eastside Family Branch YMCA	56.76	56.75
	26.72		56.75 (30.03)		
*98	Abby Fisher	13	Lakeland Hills Family YMCA	57.00	56.78
	27.26		56.78 (29.52)		
*98	Megan Harris	16	Brandywine YMCA -PA	56.13	56.78
	27.50		56.78 (29.28)		
100	Keara Leong	16	Flushing YMCA	55.41	56.80
	26.81		56.80 (29.99)		
101	Kelsey Sipple	18	Marinette-Menominee YMCA	55.70	56.81
	26.54		56.81 (30.27)		
102	Alex Miller	16	Birmingham Family YMCA	58.00	56.83
	27.16		56.83 (29.67)		
103	Sarah Behrent	15	Hilliard YMCA	55.51	56.85
	27.06		56.85 (29.79)		
104	Amanda Gilsey	17	Red Bank Branch	58.64	57.07
	27.13		57.07 (29.94)		
105	Livi Kroll	15	New Canaan Community YMCA	56.56	57.08
	27.37		57.08 (29.71)		
*106	Kirsten Guelly	17	Flushing YMCA	55.71	57.13
	27.33		57.13 (29.80)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*106	Alexia Hynes 27.03	15	Western Monmouth Co. YMCA	55.30	57.13
					57.13 (30.10)
108	Riley Hilbrandt 27.24	13	Saginaw YMCA	56.49	57.19
					57.19 (29.95)
109	Ashleigh Christopherson 27.46	17	La Crosse Area Family YMCA	55.22	57.20
					57.20 (29.74)
110	Karen Novak 27.56	16	Cheshire YMCA	56.51	57.24
					57.24 (29.68)
111	Amanda Distler 27.33	16	Wyckoff Family YMCA Inc	56.83	57.28
					57.28 (29.95)
112	Megan VanKirk 27.42	15	Hunterdon County YMCA	56.50	57.32
					57.32 (29.90)
113	Brielle Caucino 27.80	17	Red Bank Branch	57.80	57.37
					57.37 (29.57)
114	Claudia DiCapua 27.65	14	New Canaan Community YMCA	58.80	57.43
					57.43 (29.78)
115	Jill Faull 27.22	16	Western Branch YMCA	56.44	57.44
					57.44 (30.22)
116	Aileen McCleaf 27.52	18	York And York County YMCA	56.50	57.49
					57.49 (29.97)
117	Katie Flannigan 27.79	17	Pottstown YMCA	57.02	57.52
					57.52 (29.73)
*118	Marissa Fattore 27.49	17	Boyertown Area YMCA	57.00	57.60
					57.60 (30.11)
*118	Lindsay Yarborough 27.42	17	Winston Salem YMCA	56.31	57.60
					57.60 (30.18)
120	Christel Murray 27.74	15	Red Bank Branch	59.13	57.66
					57.66 (29.92)
121	Lauren Brundage 27.81	16	Somerset Hills YMCA	57.67	57.69
					57.69 (29.88)
122	Tara Gidaszewski 27.96	14	Kishwaukee Family YMCA	59.95	58.04
					58.04 (30.08)
*123	Jennifer Arana 28.24	12	Flushing YMCA	56.51	58.09
					58.09 (29.85)
*123	Brooke Lacey 27.73	17	New Canaan Community YMCA	1:00.00	58.09
					58.09 (30.36)
125	Allison Ulbrich 27.47	17	Miami County Ohio YMCA	56.75	58.15
					58.15 (30.68)
126	Rachel Svendson 28.24	14	Red River Valley YMCA	58.50	58.19
					58.19 (29.95)
127	Mary Samuels 27.55	16	Kennett Area YMCA	57.91	58.22
					58.22 (30.67)
128	Megan Aitro 28.25	15	Cheshire YMCA	58.51	58.27
					58.27 (30.02)
129	Jane Kim 27.60	18	Flushing YMCA	58.46	58.28
					58.28 (30.68)
130	Eva Wimberley 27.22	16	Western Monmouth Co. YMCA	58.06	58.37
					58.37 (31.15)
131	Gen Spittler 27.73	18	B.R. Ryall (Northwestern Dupag	58.00	58.52
					58.52 (30.79)
132	Rebecca Haegele 28.22	18	Kennett Area YMCA	59.44	58.57
					58.57 (30.35)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
133 Tessa Lindner	14	Madison East YMCA	59.25	58.72
27.92		58.72 (30.80)		
134 Maddie Nichols	16	Birmingham Family YMCA	58.00	58.83
28.07		58.83 (30.76)		
135 Devonne Moore	14	Phoenixville Branch YMCA	58.99	59.24
28.40		59.24 (30.84)		
136 Kelsey Theriault	17	Gloucester County YMCA	55.48	59.25
28.24		59.25 (31.01)		
--- Maeve Maloney	14	Westfield YMCA	56.32	DQ
Declared false start				
--- Kaitlin Kunkle	14	Newberry County Family YMCA	56.28	DQ
False start				
26.35		DQ (29.45)		
--- Natalie Cronk	14	Piedmont Family YMCA Inc.	55.41	NS
Declared false start				
--- Celia Oberholzer	15	Powel Crosley Jr. YMCA	55.60	NS
--- Laura Wardecke	17	Fox Cities YMCA	57.04	NS
--- Lauren Lo	17	Red Bank Branch	55.20	NS

**Women 100 Yard Freestyle Swimming Competition**

**National: 49.23 \* 1998**

**S. Williams**

**Bloomsburg, PA**

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
*1 Emily Lloyd	16	Anne Arundel County YMCA	50.04	49.02*
23.81		49.02 (25.21)		
*1 Margo Geer	17	Springfield Family YMCA	50.34	49.02*
23.54		49.02 (25.48)		
3 Brittney Kuras	18	Canandaigua YMCA	51.85	50.55
24.81		50.55 (25.74)		
4 Rachel Moore	14	Andover/North Andover YMCA	51.62	51.20
24.84		51.20 (26.36)		
5 Mary Moser	17	Reading and Berks County YMCA	51.47	51.24
24.46		51.24 (26.78)		
6 Shelby Fortin	16	Wilton Family YMCA	51.74	51.38
24.97		51.38 (26.41)		
7 Anna Wujciak	14	Greater Flint YMCA	52.00	51.81
25.09		51.81 (26.72)		
8 Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	52.02	52.26
24.89		52.26 (27.37)		
<b>B - Final</b>				
9 Susanna White	15	Lynchburg YMCA	52.11	50.90
24.71		50.90 (26.19)		
10 Lauren Nichols	18	Birmingham Family YMCA	52.37	51.49
24.75		51.49 (26.74)		
11 Heather Savage	18	Canandaigua YMCA	52.24	51.85
25.13		51.85 (26.72)		
12 Erin Burke	18	Triangle Area YMCA	52.27	51.89
25.20		51.89 (26.69)		
13 Molly Higgins	17	Lakeland Hills Family YMCA	52.16	51.93
25.04		51.93 (26.89)		
14 Nikki Barczak	15	Birmingham Family YMCA	52.17	52.55
25.44		52.55 (27.11)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Women 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
15 Katherine Carl	17	Birmingham Family YMCA	52.39	52.69
25.50	52.69 (27.19)			
16 Breann McDowell	17	Countryside Ralph Stolle YMCA.	52.09	52.76
25.22	52.76 (27.54)			
<b>C - Final</b>				
17 Suzanne Lemberg	17	Westfield YMCA	52.43	51.98
25.14	51.98 (26.84)			
18 Stephanie Kinsey	17	West Shore YMCA	52.78	51.99
24.83	51.99 (27.16)			
19 Katheryne Muth	17	Sarasota Family YMCA, Inc	52.50	52.50
25.36	52.50 (27.14)			
20 Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	52.63	52.71
25.78	52.71 (26.93)			
21 Julia Kudryashova	15	Somerset Hills YMCA	52.75	52.76
25.22	52.76 (27.54)			
22 Alivia Berg	15	South Eastern Coastline Branch	52.64	52.85
25.33	52.85 (27.52)			
23 Jenna Immormino	15	Somerset Hills YMCA	52.58	52.90
25.31	52.90 (27.59)			
24 Mara Valenzuela	15	Somerset Valley YMCA	52.75	53.01
25.28	53.01 (27.73)			

**Women 100 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Maureen McKenna	16	Red Bank Branch	55.32	54.25
25.59	54.25 (28.66)	54.25 ( )		
2 Patty Boyer	16	Wyckoff Family YMCA Inc	54.94	54.58
26.44	54.58 (28.14)			
3 Danielle Alcorn	16	Rock Hill Area YMCA	54.98	54.93
26.70	54.93 (28.23)			
4 Emma Cammann	14	Andover/North Andover YMCA	55.49	55.11
26.51	55.11 (28.60)	55.11 ( )		
5 Jennifer Trodden	18	North Shore (Sterling) MA YMCA	56.95	55.26
26.84	55.26 (28.42)	55.26 ( )		
6 Amanda Grant	16	Hamilton Area NJ YMCA	56.36	55.54
7 Erica Hasson	16	South Shore Mill Pond YMCA	56.14	55.55
8 Emily Thomas	18	Hilliard YMCA	55.20	55.59
26.81	55.59 (28.78)	55.59 ( )		
9 Julia Rasmussen	17	Rock River Valley YMCA	55.71	55.64
26.55	55.64 (29.09)	55.64 ( )		
10 Lauren Pruett	17	Newberry County Family YMCA	54.92	55.75
26.70	55.75 (29.05)			
11 Cacky Keating	18	Somerset Hills YMCA	54.98	55.80
26.61	55.80 (29.19)			
12 Carly Whitmer	14	Westfield YMCA	57.30	55.95
27.55	55.95 (28.40)	55.95 ( )		
13 Emma Newman	16	Champaign County YMCA	56.62	56.19
27.10	56.19 (29.09)	56.19 ( )		
*14 Christine Edwards	12	Birmingham Family YMCA	55.00	56.29
27.18	56.29 (29.11)			
*14 Keegan Abar	15	Waynesboro Family YMCA	55.95	56.29



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
16	Payton Shirey	14	Talbot County YMCA	54.88	56.30
	26.85	56.30 (29.45)			
17	Claire Oh	17	Metuchen Edison YMCA	56.05	56.31
18	Carly Dvorak	17	B.R. Ryall (Northwestern Dupag	54.95	56.45
	27.23	56.45 (29.22)			
19	Tori McKenna	18	Eastside Family Branch YMCA	56.71	56.54
	26.85	56.54 (29.69)	56.54 ( )		
20	Ellen Huelbig	17	Montclair YMCA	57.67	56.69
	27.38	56.69 (29.31)	56.69 ( )		
*21	Austin Mateo	14	Wyckoff Family YMCA Inc	56.75	56.72
	27.59	56.72 (29.13)	56.72 ( )		
*21	Arica Woolbright	17	Rock River Valley YMCA	56.12	56.72
23	Kristen Harding	16	Canandaigua YMCA	57.29	56.75
	27.33	56.75 (29.42)	56.75 ( )		
24	Emily Schroeder	12	Hamilton Area NJ YMCA	56.82	56.95
	27.93	56.95 (29.02)	56.95 ( )		
25	Maria Messina	15	Canandaigua YMCA	56.33	57.00
26	Katie Hommes	17	Wyckoff Family YMCA Inc	55.95	57.08
27	Mackenzie Anderson	16	Kankakee Area YMCA	58.02	57.28
	27.30	57.28 (29.98)	57.28 ( )		
28	Kelly Hall	17	Morris Center YMCA	58.91	57.40
	28.42	57.40 (28.98)			
29	Jennifer Benson	17	Canandaigua YMCA	57.22	57.68
	28.24	57.68 (29.44)	57.68 ( )		
30	Samantha Sides	16	Burlington County YMCA	54.77	57.72
	26.92	57.72 (30.80)			
31	Casey Thomas	16	Talbot County YMCA	55.61	57.80
	27.56	57.80 (30.24)	57.80 ( )		
32	Claire Gilbert	16	North Oakland Family YMCA	58.72	57.81
	27.61	57.81 (30.20)			
33	Sara Pardue	15	B.R. Ryall (Northwestern Dupag	56.94	57.82
	27.75	57.82 (30.07)	57.82 ( )		
34	Laura Nichols	17	Columbia Northwest Family YMC	56.30	58.05
35	Anne Trojanowski	16	Somerset Hills YMCA	55.54	58.10
	27.60	58.10 (30.50)	58.10 ( )		
36	Meg Kaveney	16	Westfield YMCA	58.09	58.21
	27.24	58.21 (30.97)	58.21 ( )		
37	Taylor Camp	13	Hilliard YMCA	57.63	58.34
	27.81	58.34 (30.53)	58.34 ( )		
38	Jenelle Zee	15	Somerset Hills YMCA	1:00.07	58.49
	28.40	58.49 (30.09)			
---	Tricia Hartley	15	Somerset Hills YMCA	56.79	NS
---	Alex Burns	12	Pocono Family YMCA	57.65	NS
---	Kimberly Closs	17	Somerset Hills YMCA	55.14	NS

**Women 100 Yard Freestyle Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Emily Lloyd	16	Anne Arundel County YMCA	50.23	50.04
	24.01	50.04 (26.03)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
2	Margo Geer	17	Springfield Family YMCA	48.99	50.34
	24.26	50.34	(26.08)		
3	Mary Moser	17	Reading and Berks County YMCA	50.82	51.47
	24.58	51.47	(26.89)		
4	Rachel Moore	14	Andover/North Andover YMCA	51.74	51.62
	25.10	51.62	(26.52)		
5	Shelby Fortin	16	Wilton Family YMCA	51.97	51.74
	25.15	51.74	(26.59)		
6	Brittney Kuras	18	Canandaigua YMCA	51.76	51.85
	25.24	51.85	(26.61)		
7	Anna Wujciak	14	Greater Flint YMCA	53.71	52.00
	25.29	52.00	(26.71)		
8	Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	52.61	52.02
	25.09	52.02	(26.93)		
9	Breann McDowell	17	Countryside Ralph Stolle YMCA.	53.14	52.09
	25.24	52.09	(26.85)		
10	Susanna White	15	Lynchburg YMCA	52.41	52.11
	25.51	52.11	(26.60)		
11	Molly Higgins	17	Lakeland Hills Family YMCA	52.48	52.16
	25.13	52.16	(27.03)		
12	Nikki Barczak	15	Birmingham Family YMCA	51.73	52.17
	25.25	52.17	(26.92)		
13	Heather Savage	18	Canandaigua YMCA	52.86	52.24
	24.86	52.24	(27.38)		
14	Erin Burke	18	Triangle Area YMCA	53.33	52.27
	25.25	52.27	(27.02)		
15	Lauren Nichols	18	Birmingham Family YMCA	50.83	52.37
	24.86	52.37	(27.51)		
16	Katherine Carl	17	Birmingham Family YMCA	50.65	52.39
	25.10	52.39	(27.29)		
17	Suzanne Lemberg	17	Westfield YMCA	52.34	52.43
	25.20	52.43	(27.23)		
*18	Katheryne Muth	17	Sarasota Family YMCA, Inc	52.24	52.50
	25.22	52.50	(27.28)		
*18	Diana Diel	17	Pabst Farms YMCA	51.45	52.50
	25.33	52.50	(27.17)		
20	Jenna Immormino	15	Somerset Hills YMCA	52.53	52.58
	24.97	52.58	(27.61)		
21	Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	51.75	52.63
	25.52	52.63	(27.11)		
22	Alivia Berg	15	South Eastern Coastline Branch	51.53	52.64
	25.36	52.64	(27.28)		
*23	Mara Valenzuela	15	Somerset Valley YMCA	53.40	52.75
	25.24	52.75	(27.51)		
*23	Julia Kudryashova	15	Somerset Hills YMCA	53.57	52.75
	24.97	52.75	(27.78)		
25	Stephanie Kinsey	17	West Shore YMCA	51.49	52.78
	25.36	52.78	(27.42)		
26	Rachel Revolinski	16	Oshkosh Community YMCA	52.29	52.79
	25.27	52.79	(27.52)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
27	Lauren Funk	17	Springfield Family YMCA	52.33	52.93
	24.89	52.93	(28.04)		
28	Hayley Martin	18	Madison East YMCA	52.59	53.11
	25.32	53.11	(27.79)		
29	Claire Loht	16	West Shore YMCA	52.52	53.19
	25.68	53.19	(27.51)		
*30	Lulu Belak	16	New Canaan Community YMCA	54.47	53.20
	25.08	53.20	(28.12)		
*30	Lauren Schmittle	17	West Shore YMCA	51.18	53.20
	25.47	53.20	(27.73)		
*32	Anna Gibas	17	Greensburg YMCA	53.54	53.22
	25.38	53.22	(27.84)		
*32	Kaitlyn Utkewicz	16	Lakeland Hills Family YMCA	53.46	53.22
	25.39	53.22	(27.83)		
34	Chloe Conjares	16	Wyckoff Family YMCA Inc	52.73	53.25
	25.44	53.25	(27.81)		
*35	Rachel Gadzicki	18	Pottstown YMCA	51.90	53.26
	25.52	53.26	(27.74)		
*35	Samantha Kietlinski	18	Hamilton Area NJ YMCA	52.12	53.26
	25.71	53.26	(27.55)		
37	Paige Weslaski	17	Racine Family YMCA	53.86	53.27
	25.55	53.27	(27.72)		
38	Amina Meho	17	Burbank Branch YMCA	53.29	53.28
	25.65	53.28	(27.63)		
39	Paige Impink	17	Reading and Berks County YMCA	51.69	53.33
	25.06	53.33	(28.27)		
40	Marissa Murphy	17	Rapid Area YMCA - MI	52.34	53.35
	25.51	53.35	(27.84)		
41	Paige Baisden	15	Phoenixville Branch YMCA	53.53	53.37
	25.70	53.37	(27.67)		
42	Camilla Czulada	15	Reading and Berks County YMCA	52.96	53.39
	25.94	53.39	(27.45)		
43	Bekka Westrick	17	Great Miami Valley Ohio YMCA	51.81	53.40
	24.97	53.40	(28.43)		
44	Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	53.50	53.49
	25.37	53.49	(28.12)		
45	Noelle Klockner	14	Western Monmouth Co. YMCA	54.41	53.53
	25.52	53.53	(28.01)		
46	Evann Heidersbach	17	Vermilion Family YMCA	51.41	53.54
	25.11	53.54	(28.43)		
*47	Sara Krueger	15	Powel Crosley Jr. YMCA	52.99	53.56
	25.98	53.56	(27.58)		
*47	Casey Jepsen	16	Kishwaukee Family YMCA	54.57	53.56
	25.85	53.56	(27.71)		
49	Jenny Dalmonte	17	Upper Main Line YMCA	54.42	53.58
	25.85	53.58	(27.73)		
50	Dana Gnerre	18	Wilton Family YMCA	53.92	53.61
	25.60	53.61	(28.01)		
*51	Andrea McPike	18	Tri-City Area IL YMCA	54.45	53.63
	25.55	53.63	(28.08)		
*51	JaLynn Gieseke	16	Hannibal YMCA	53.86	53.63
	25.92	53.63	(27.71)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*51 Hollis Capuano	18	Cheshire YMCA	52.36	53.63
25.84	53.63	(27.79)		
*51 Jaynie Pulte	15	Birmingham Family YMCA	53.82	53.63
25.84	53.63	(27.79)		
55 Kori Golden	17	Anne Arundel County YMCA	52.98	53.64
25.95	53.64	(27.69)		
*56 Alexis Houser	17	Tri-Hampton Family Branch YMC	53.23	53.65
25.92	53.65	(27.73)		
*56 Hayley Tilton	18	Sarasota Family YMCA, Inc	53.95	53.65
25.65	53.65	(28.00)		
58 Bryn Dunbar	18	Powel Crosley Jr. YMCA	52.99	53.67
25.61	53.67	(28.06)		
59 Kendall Farnham	16	Anne Arundel County YMCA	54.15	53.73
26.06	53.73	(27.67)		
60 Lianne McCluskey	17	Penobscot Bay YMCA	54.41	53.74
25.93	53.74	(27.81)		
61 Maddy Smart	13	Western Connecticut YMCA	54.67	53.75
25.83	53.75	(27.92)		
62 Katie Keefer	17	Waynesboro Family YMCA	52.91	53.76
25.62	53.76	(28.14)		
*63 Rylee Klomp	14	Eastside Family Branch YMCA	53.12	53.78
25.90	53.78	(27.88)		
*63 Nicole Colucci	18	Fanwood-Scotch Plains YMCA	52.88	53.78
25.60	53.78	(28.18)		
*63 Natalie Rohr	15	South Family YMCA-Kettering	52.86	53.78
25.18	53.78	(28.60)		
66 Anna Yontz	15	Canton IL YMCA	53.84	53.80
25.49	53.80	(28.31)		
67 Stephie Fox	18	Rapid Area YMCA - MI	53.47	53.84
25.75	53.84	(28.09)		
68 Maggie Brabbins	17	Birmingham Family YMCA	53.85	53.86
26.04	53.86	(27.82)		
69 Emily Waller	18	Kishwaukee Family YMCA	52.53	53.87
25.87	53.87	(28.00)		
*70 Katey Brooks	18	Ridgewood Branch OH YMCA	52.33	53.89
25.76	53.89	(28.13)		
*70 Meredith Ketchmark	16	Hamilton Area NJ YMCA	53.38	53.89
25.77	53.89	(28.12)		
72 Kayla Smith	18	Madison West YMCA	51.33	53.92
25.29	53.92	(28.63)		
73 Molly McSweeney	15	North Shore (Sterling) MA YMCA	54.51	53.94
26.21	53.94	(27.73)		
*74 Jennifer Tavares	14	Cheshire YMCA	54.27	53.97
26.28	53.97	(27.69)		
*74 Katy Munzenmaier	15	Glens Falls YMCA	52.81	53.97
25.83	53.97	(28.14)		
76 Maggie Thompson	17	Spokane YMCA	53.60	53.99
25.98	53.99	(28.01)		
77 Chelsea Unger	17	Western Monmouth Co. YMCA	54.15	54.01
25.66	54.01	(28.35)		
78 Caroline Higgins	16	Wilton Family YMCA	53.42	54.02
26.03	54.02	(27.99)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
79	Alexandra Meyers 25.98	13	Schroeder YMCA	53.02	54.03
			54.03 (28.05)		
80	Renee Rosenkranz 25.58	18	Dutchess County YMCA	53.82	54.04
			54.04 (28.46)		
81	Caroline Finkbeiner 26.17	14	West Shore YMCA	53.48	54.06
			54.06 (27.89)		
82	Alex Iwanicki 25.46	15	B.R. Ryall (Northwestern Dupag	53.77	54.07
			54.07 (28.61)		
*83	Katherine Foley 25.50	18	Lakeland Hills Family YMCA	52.96	54.08
			54.08 (28.58)		
*83	Daphne Williams 25.15	18	Tri-City Area IL YMCA	53.38	54.08
			54.08 (28.93)		
85	Cassie Walth 25.94	14	Bismarck YMCA	53.20	54.10
			54.10 (28.16)		
86	Jesse Evans 26.17	15	Greenwich YMCA	54.18	54.11
			54.11 (27.94)		
87	Heather Librizzi 26.15	17	Western Connecticut YMCA	54.21	54.13
			54.13 (27.98)		
88	Taylor Steffl 25.51	15	Birmingham Family YMCA	53.85	54.14
			54.14 (28.63)		
89	Carey Fries 25.83	16	Summit Branch YMCA	54.62	54.15
			54.15 (28.32)		
*90	Meghan Kiely 25.67	14	Lakeland Hills Family YMCA	53.78	54.16
			54.16 (28.49)		
*90	Annie Carter 26.05	18	Brandywine -DE YMCA	53.95	54.16
			54.16 (28.11)		
92	Jillian Gamble 26.15	16	Riverfront Branch YMCA	53.99	54.17
			54.17 (28.02)		
93	Kristen Ferriero 26.01	17	West Morris YMCA	54.42	54.19
			54.19 (28.18)		
*94	Caitlin Nelson 26.08	18	Montclair YMCA	54.29	54.23
			54.23 (28.15)		
*94	Janene Senofonte 25.72	17	Fanwood-Scotch Plains YMCA	54.50	54.23
			54.23 (28.51)		
*96	Danielle Albright 26.12	14	Tampa Metro YMCA	54.00	54.25
			54.25 (28.13)		
*96	Ali Church 26.21	14	Red River Valley YMCA	54.19	54.25
			54.25 (28.04)		
98	Hayley Tomlinson 26.60	15	Triangle Area YMCA	54.06	54.26
			54.26 (27.66)		
*99	Amy Needham 26.38	16	North Shore (Sterling) MA YMCA	54.29	54.27
			54.27 (27.89)		
*99	Marissa Doepker 26.13	18	Farmington Family YMCA	54.19	54.27
			54.27 (28.14)		
101	Lauren Barnes 26.16	16	Wilkes-Barre Family YMCA	54.04	54.28
			54.28 (28.12)		
102	Casey Stahl 26.02	17	Somerset Valley YMCA	53.73	54.30
			54.30 (28.28)		
103	Meghan Buckley 26.25	15	Sarasota Family YMCA, Inc	1:02.10L	54.32
			54.32 (28.07)		
104	Dana Iverson 26.14	15	Racine Family YMCA	54.06	54.38
			54.38 (28.24)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*105	Taylor Folkertsma 25.90	15	Rapid Area YMCA - MI	54.48	54.41
				54.41 (28.51)	
*105	Charlotte Wilhelm 26.56	14	Sarasota Family YMCA, Inc	53.86	54.41
				54.41 (27.85)	
107	Abigail Raatz 26.20	13	Schroeder YMCA	53.78	54.43
				54.43 (28.23)	
*108	Kate Durkan 25.97	17	Upper Main Line YMCA	54.40	54.45
				54.45 (28.48)	
*108	Katie Orem 26.37	16	New Canaan Community YMCA	54.18	54.45
				54.45 (28.08)	
*108	Catriona Coppler 26.43	16	Greater Holyoke YMCA	53.22	54.45
				54.45 (28.02)	
*111	Mariangela Macchiavello 26.56	18	Sarasota Family YMCA, Inc	1:01.65L	54.47
				54.47 (27.91)	
*111	Courtney Shields 25.90	17	Allegheny Valley YMCA	53.32	54.47
				54.47 (28.57)	
113	Maddi Webb 26.19	16	B.R. Ryall (Northwestern Dupag	54.15	54.49
				54.49 (28.30)	
*114	Tommie Dillione 26.33	13	Tri-Hampton Family Branch YMC	54.11	54.51
				54.51 (28.18)	
*114	Stephanie Berg 26.17	17	Birmingham Family YMCA	53.79	54.51
				54.51 (28.34)	
116	Chelsey Young 26.66	17	Defiance Area YMCA	54.61	54.54
				54.54 (27.88)	
*117	Anna Strzempko 26.14	14	Greater Holyoke YMCA	54.01	54.55
				54.55 (28.41)	
*117	Lauren Timmerman 26.25	17	Darien Community YMCA	54.58	54.55
				54.55 (28.30)	
119	Emily Bourguignon 26.19	16	Green Bay YMCA Metro	53.60	54.63
				54.63 (28.44)	
120	Morgan Brooks 25.90	15	Middle Tyger YMCA	54.49	54.67
				54.67 (28.77)	
121	Rachel Dekar 26.05	17	Birmingham Family YMCA	54.15	54.68
				54.68 (28.63)	
*122	Grace Counts 26.75	15	Powel Crosley Jr. YMCA	53.94	54.69
				54.69 (27.94)	
*122	Casey Ostrander 26.07	17	Cape Cod YMCA	1:01.77L	54.69
				54.69 (28.62)	
124	Bernadette Byrne 26.54	16	South Shore Mill Pond YMCA	53.58	54.70
				54.70 (28.16)	
125	Emily Murphy 26.13	12	Lima Ohio YMCA	53.97	54.73
				54.73 (28.60)	
126	Melissa Woody 25.66	17	Beavercreek Branch YMCA	54.02	54.74
				54.74 (29.08)	
*127	Kathryn Coniglio 26.29	16	Hunterdon County YMCA	54.30	54.76
				54.76 (28.47)	
*127	Kate Kelly 26.64	14	Middle Tyger YMCA	54.37	54.76
				54.76 (28.12)	
129	Kalee Kemmesat 26.70	17	Bismarck YMCA	1:02.04L	54.77
				54.77 (28.07)	
*130	Madie Gaido 26.24	14	Middle Tyger YMCA	54.27	54.79
				54.79 (28.55)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*130	Kaci McIlmoyle	14	Jennersville YMCA	53.34	54.79
	25.98		54.79 (28.81)		
*132	Sarah Finn	15	Red Bank Branch	54.34	54.81
	26.08		54.81 (28.73)		
*132	Meaghan Kwarcinski	14	Greater Holyoke YMCA	53.41	54.81
	26.52		54.81 (28.29)		
134	Courtney Delehanty	16	Red Bank Branch	54.50	54.82
	26.47		54.82 (28.35)		
135	Karyn Adams	15	Eastside Family Branch YMCA	54.43	54.83
	26.05		54.83 (28.78)		
136	Savanna Keator	18	Norwich YMCA	53.14	54.84
	26.54		54.84 (28.30)		
*137	Brooke Reynolds	15	La Crosse Area Family YMCA	54.02	54.85
	26.14		54.85 (28.71)		
*137	Megan Foran	15	Red Bank Branch	54.18	54.85
	26.67		54.85 (28.18)		
*137	Emily Martin	18	Marietta YMCA	54.35	54.85
	26.45		54.85 (28.40)		
140	Meredith Smith	16	Westfield YMCA	54.68	54.86
	26.59		54.86 (28.27)		
*141	Danielle Parowski	14	Greater Johnstown Community	54.17	54.91
	26.65		54.91 (28.26)		
*141	Jessica Metcalf	18	Cheshire YMCA	54.06	54.91
	26.56		54.91 (28.35)		
143	Elizabeth Jordan	17	Pocono Family YMCA	53.80	54.93
	26.04		54.93 (28.89)		
144	Kristen Moll	17	Somerset Valley YMCA	54.40	54.96
	26.25		54.96 (28.71)		
145	Jordon Momsen	17	Pabst Farms YMCA	53.74	54.98
	26.01		54.98 (28.97)		
146	Alison O'Connor	15	Wyckoff Family YMCA Inc	54.52	54.99
	26.51		54.99 (28.48)		
147	Sierra Sachtjen	15	Madison West YMCA	54.25	55.08
	26.54		55.08 (28.54)		
148	Michelle Giordani	15	Sunbury Branch YMCA	53.98	55.10
	26.68		55.10 (28.42)		
*149	Ashley Conroy	16	Ocean County YMCA	53.94	55.11
	26.07		55.11 (29.04)		
*149	Jessica Colucci	16	Fanwood-Scotch Plains YMCA	54.04	55.11
	26.68		55.11 (28.43)		
151	Chase Kinney	14	North Canton Community YMCA	54.44	55.14
	26.47		55.14 (28.67)		
152	Kara Dubiel	17	Somerset Valley YMCA	54.33	55.16
	26.42		55.16 (28.74)		
153	Maggie Dillione	17	Tri-Hampton Family Branch YMC	54.33	55.18
	26.57		55.18 (28.61)		
*154	Stephanie Paape	15	Green Bay YMCA Metro	54.28	55.22
	26.72		55.22 (28.50)		
*154	Sara Weinberg	18	Bismarck YMCA	54.58	55.22
	26.78		55.22 (28.44)		
156	Bowie Reilly	17	Western Monmouth Co. YMCA	54.68	55.24
	26.55		55.24 (28.69)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*157	Allison Witt	17	La Crosse Area Family YMCA	54.51	55.25
	26.43	55.25	(28.82)		
*157	Kelsey Millin	16	Madison East YMCA	54.20	55.25
	26.32	55.25	(28.93)		
159	Alissa Endres	17	Madison West YMCA	54.45	55.27
	25.83	55.27	(29.44)		
160	Samantha Heyman	17	Greenwich YMCA	54.04	55.29
	26.09	55.29	(29.20)		
161	Maddie Monroe	15	Tri-City Area IL YMCA	53.95	55.31
	26.74	55.31	(28.57)		
162	Emily Healey	17	Wilton Family YMCA	54.69	55.35
	26.29	55.35	(29.06)		
*163	Margo Khalili	17	Beavercreek Branch YMCA	54.61	55.36
	26.44	55.36	(28.92)		
*163	Marah Pugh	13	Macomb Family YMCA	54.17	55.36
	26.74	55.36	(28.62)		
165	Rachel Polanco	14	M.E. Lyons (Anderson) YMCA	54.69	55.37
	26.22	55.37	(29.15)		
166	Bridget Riley	17	Bismarck YMCA	54.65	55.39
	26.32	55.39	(29.07)		
167	Emily Eaton	15	Greater Flint YMCA	54.43	55.44
	26.56	55.44	(28.88)		
168	Ally Stover	18	South Family YMCA-Kettering	54.23	55.45
	26.56	55.45	(28.89)		
169	Emily Buczkowski	15	Bath Area Family YMCA	54.12	55.46
	26.63	55.46	(28.83)		
*170	Julianna Lynch	18	Great Miami Valley Ohio YMCA	53.50	55.48
	26.28	55.48	(29.20)		
*170	Jaime Kohnke	13	Schroeder YMCA	53.24	55.48
	26.89	55.48	(28.59)		
172	Allison Siegel	17	McGaw YMCA	54.11	55.53
	26.54	55.53	(28.99)		
*173	Sammy Joe Koons	15	Sunbury Branch YMCA	54.22	55.54
	26.79	55.54	(28.75)		
*173	Morgan Lydic	14	Cuyahoga Falls Riverfront YMCA	53.92	55.54
	26.38	55.54	(29.16)		
175	Carolyn Curran	15	Madison West YMCA	54.55	55.55
	27.16	55.55	(28.39)		
176	Laura Stephens	15	Kennett Area YMCA	53.91	55.59
	26.75	55.59	(28.84)		
177	Kinsey Kowalski	18	Blue Ash Branch YMCA	53.95	55.61
	26.51	55.61	(29.10)		
178	Erin Frye	17	Ashland Area YMCA	54.62	55.70
	26.18	55.70	(29.52)		
179	Milon Crawford	15	Farmington Family YMCA	54.53	55.87
	26.21	55.87	(29.66)		
180	Marley Clark	18	Piscataquis Regional YMCA	53.98	55.88
	26.64	55.88	(29.24)		
181	Marisa Immormino	16	Somerset Hills YMCA	54.51	55.93
	26.22	55.93	(29.71)		
182	Hannah Knapp	14	North Oakland Family YMCA	1:00.16S	55.94
	26.72	55.94	(29.22)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
183 Monika Drogosz 26.61	17	Wheeler Regional Branch YMCA	54.02	56.11
184 Maddi Thompson 26.90	16	Jersey Shore Area YMCA	53.95	56.18
185 Elina Hu 26.73	16	Oshkosh Community YMCA	54.48	56.21
186 Ashlie Benson 27.02	16	Edwardsville YMCA	54.33	56.30
187 Jacquelyn Misanik 26.68	16	North Canton Community YMCA	54.35	56.32
188 Nicole Becks 27.13	15	North Canton Community YMCA	54.38	56.41
189 Becca Blinstrub 26.68	17	Birmingham Family YMCA	54.61	56.48
190 Jessica Burkhart 26.01	16	Lancaster Family YMCA	54.31	56.63
191 Rachael Ragen 26.80	17	Eastside Family Branch YMCA	54.58	56.71
192 Laura Askin 27.43	15	Central Delaware YMCA	54.01	57.05
193 Meredith Hardy 27.38	17	Triangle Area YMCA	54.56	57.44
--- Alisa Danzer False start 26.92	15	Racine Family YMCA	54.61	DQ
--- Ariana Lyons Declared false start	17	Fanwood-Scotch Plains YMCA	54.01	DFS
--- Julia Wisler Declared false start	15	Phoenixville Branch YMCA	54.50	DFS
--- Lauren Burt Declared false start	18	North Oakland Family YMCA	54.63	DFS

**Women 200 Yard Freestyle Swimming Competition**National: **1:46.33** \* 1998 S. Williams

Bloomsburg, PA

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Margo Geer 24.70	17	Springfield Family YMCA	1:50.82	1:47.21
2 Sada Stewart 25.84	15	York And York County YMCA	1:50.27	1:49.01
3 Breann McDowell 26.09	17	Countryside Ralph Stolle YMCA.	1:51.10	1:50.51
4 Shelby Fortin 25.65	16	Wilton Family YMCA	1:51.26	1:50.84
5 Erin Burke 26.42	18	Triangle Area YMCA	1:51.44	1:50.93
6 Addie Carne 26.09	18	Middle Tyger YMCA	1:50.41	1:51.27
7 Julia Comodeca 26.29	16	M.E. Lyons (Anderson) YMCA	1:51.17	1:53.68
8 Casey Ridge 26.83	18	M.E. Lyons (Anderson) YMCA	1:51.23	1:54.29

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Women 200 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>B - Final</b>				
9 Emily Lloyd	16	Anne Arundel County YMCA	1:51.81	1:48.18
24.82	51.96 (27.14)	1:19.80 (27.84)	1:48.18 (28.38)	
10 Brittney Kuras	18	Canandaigua YMCA	1:52.89	1:50.88
25.82	54.23 (28.41)	1:22.94 (28.71)	1:50.88 (27.94)	
11 Kata Fodor	19	Sarasota Family YMCA, Inc	1:51.88	1:51.46
26.06	54.21 (28.15)	1:22.88 (28.67)	1:51.46 (28.58)	
12 Madeline Hoch	13	West Shore YMCA	1:52.89	1:51.59
25.96	54.19 (28.23)	1:22.66 (28.47)	1:51.59 (28.93)	
13 Anna Wujciak	14	Greater Flint YMCA	1:51.99	1:52.58
26.04	53.97 (27.93)	1:23.15 (29.18)	1:52.58 (29.43)	
14 Marissa Harrington	18	Sarasota Family YMCA, Inc	1:53.21	1:53.44
27.39	56.13 (28.74)	1:24.80 (28.67)	1:53.44 (28.64)	
15 Courtney Raw	17	Somerset Valley YMCA	1:53.01	1:53.77
26.14	54.73 (28.59)	1:24.33 (29.60)	1:53.77 (29.44)	
16 Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	1:53.06	1:54.10
26.92	55.53 (28.61)	1:24.84 (29.31)	1:54.10 (29.26)	
<b>C - Final</b>				
17 Nikki Barczak	15	Birmingham Family YMCA	1:53.31	1:51.59
26.39	54.51 (28.12)	1:23.18 (28.67)	1:51.59 (28.41)	
18 Emri Moore	15	Spokane YMCA	1:53.56	1:52.33
25.84	54.28 (28.44)	1:23.52 (29.24)	1:52.33 (28.81)	
19 Hayley Tomlinson	15	Triangle Area YMCA	1:53.96	1:53.81
26.70	55.53 (28.83)	1:24.91 (29.38)	1:53.81 (28.90)	
20 Katheryne Muth	17	Sarasota Family YMCA, Inc	1:53.64	1:54.16
26.27	55.16 (28.89)	1:24.75 (29.59)	1:54.16 (29.41)	
21 Madeline Bowe	18	Piedmont Family YMCA Inc.	1:53.65	1:54.30
26.76	55.62 (28.86)	1:24.97 (29.35)	1:54.30 (29.33)	
22 Samantha Kietlinski	18	Hamilton Area NJ YMCA	1:53.56	1:54.42
26.49	55.16 (28.67)	1:24.94 (29.78)	1:54.42 (29.48)	
23 Alexandra Meyers	13	Schroeder YMCA	1:53.88	1:55.34
26.26	55.61 (29.35)	1:25.44 (29.83)	1:55.34 (29.90)	
24 Shelby Leonard	16	Sarasota Family YMCA, Inc	1:53.32	1:55.91
26.29	54.82 (28.53)	1:25.24 (30.42)	1:55.91 (30.67)	

**Women 200 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Courtney Sepich	17	Burlington County YMCA	2:00.65	1:55.64
26.41	55.75 (29.34)	1:25.59 (29.84)	1:55.64 (30.05)	
2 Emma McKinley	15	Piedmont Family YMCA Inc.	1:57.99	1:55.65
27.17	56.41 (29.24)	1:26.29 (29.88)	1:55.65 (29.36)	
3 Katherine Foley	16	North Shore (Sterling) MA YMCA	1:59.04	1:55.73
27.57	56.70 (29.13)	1:26.53 (29.83)	1:55.73 (29.20)	
4 Katie Orem	16	New Canaan Community YMCA	1:59.50	1:55.82
26.93	56.57 (29.64)	1:26.47 (29.90)	1:55.82 (29.35)	
5 Casey Jepsen	16	Kishwaukee Family YMCA	1:59.78	1:56.08
26.52	55.29 (28.77)	1:25.72 (30.43)	1:56.08 (30.36)	
6 Dana Iverson	15	Racine Family YMCA	1:59.42	1:56.16
26.88	56.24 (29.36)	1:26.15 (29.91)	1:56.16 (30.01)	
7 Christina Daquila	18	Somerset Hills YMCA	1:56.18	1:56.18
27.33	56.22 (28.89)	1:26.09 (29.87)	1:56.18 (30.09)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
8	Sara Tillie	16	Harford County Family YMCA	1:59.20	1:56.63
	27.33	56.90 (29.57)	1:26.69 (29.79)	1:56.63 (29.94)	
9	Meaghan Kwarcinski	14	Greater Holyoke YMCA	1:55.38	1:56.73
	27.70	57.13 (29.43)	1:27.26 (30.13)	1:56.73 (29.47)	
10	Annie Carter	18	Brandywine -DE YMCA	2:00.09	1:57.10
	26.90	56.15 (29.25)	1:26.46 (30.31)	1:57.10 (30.64)	
11	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	1:59.22	1:57.19
	27.25	56.91 (29.66)	1:27.23 (30.32)	1:57.19 (29.96)	
12	Morgan Brooks	15	Middle Tyger YMCA	1:59.09	1:57.22
	27.30	56.59 (29.29)	1:26.99 (30.40)	1:57.22 (30.23)	
*13	Alison O'Connor	15	Wyckoff Family YMCA Inc	1:58.31	1:57.33
	27.44	56.93 (29.49)	1:27.16 (30.23)	1:57.33 (30.17)	
*13	Lindsay Tyler	16	Darien Community YMCA	1:58.90	1:57.33
	27.82	57.07 (29.25)	1:26.94 (29.87)	1:57.33 (30.39)	
15	Maddy Smart	13	Western Connecticut YMCA	1:58.19	1:57.34
	27.80	57.38 (29.58)	1:27.56 (30.18)	1:57.34 (29.78)	
16	Katey Brooks	18	Ridgewood Branch OH YMCA	1:58.32	1:57.54
	27.15	56.58 (29.43)	1:27.20 (30.62)	1:57.54 (30.34)	
*17	Jillian Gamble	16	Riverfront Branch YMCA	1:57.73	1:57.56
	26.67	56.60 (29.93)	1:27.33 (30.73)	1:57.56 (30.23)	
*17	Jamie Osborn	16	Middle Tyger YMCA	1:58.09	1:57.56
	27.19	56.86 (29.67)	1:27.50 (30.64)	1:57.56 (30.06)	
19	Andrea DeAngelis	15	Lakeland Hills Family YMCA	2:00.04	1:57.62
	26.62	55.47 (28.85)	1:25.93 (30.46)	1:57.62 (31.69)	
20	Lauren Solernou	16	Cheshire YMCA	2:01.51	1:57.68
	27.06	56.91 (29.85)	1:27.94 (31.03)	1:57.68 (29.74)	
21	Kelsey Reid	17	Greater Flint YMCA	1:57.60	1:57.82
	27.97	57.80 (29.83)	1:28.24 (30.44)	1:57.82 (29.58)	
22	Caitlin Nelson	18	Montclair YMCA	2:00.26	1:57.83
	27.57	57.22 (29.65)	1:27.17 (29.95)	1:57.83 (30.66)	
23	Claire Keithly	17	Upper Main Line YMCA	1:58.20	1:57.89
	27.63	57.27 (29.64)	1:27.79 (30.52)	1:57.89 (30.10)	
24	Sarah Finn	15	Red Bank Branch	2:00.89	1:57.92
	27.73	57.63 (29.90)	1:28.39 (30.76)	1:57.92 (29.53)	
25	Abigail Raatz	13	Schroeder YMCA	2:01.44	1:58.02
	27.20	57.11 (29.91)	1:27.74 (30.63)	1:58.02 (30.28)	
26	Riley LeBlanc	15	North Shore (Sterling) MA YMCA	1:59.81	1:58.10
	27.77	57.37 (29.60)	1:27.51 (30.14)	1:58.10 (30.59)	
27	Madie Gaido	14	Middle Tyger YMCA	1:58.99	1:58.12
	26.96	56.80 (29.84)	1:27.97 (31.17)	1:58.12 (30.15)	
28	Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	1:59.50	1:58.19
	28.06	57.71 (29.65)	1:28.00 (30.29)	1:58.19 (30.19)	
29	Kimberly Kaller	17	Somerset Hills YMCA	1:57.59	1:58.26
	26.85	56.79 (29.94)	1:27.96 (31.17)	1:58.26 (30.30)	
30	Jennie Marosits	17	Lakeland Hills Family YMCA	2:03.36	1:58.37
	26.87	56.62 (29.75)	1:27.35 (30.73)	1:58.37 (31.02)	
31	Rachel Mulligan	13	Triangle Area YMCA	1:59.86	1:58.39
	27.60	58.06 (30.46)	1:28.44 (30.38)	1:58.39 (29.95)	
32	Sarah Weidner	16	South Family YMCA-Kettering	1:58.76	1:58.44
	27.88	58.19 (30.31)	1:28.76 (30.57)	1:58.44 (29.68)	
33	Carrigan Eckels	13	West Shore YMCA	1:58.62	1:58.47
	27.64	57.94 (30.30)	1:28.85 (30.91)	1:58.47 (29.62)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
34	Katie Hallenbeck	16	Kishwaukee Family YMCA	1:58.38	1:58.49
	27.68	57.80 (30.12)	1:28.50 (30.70)	1:58.49 (29.99)	
*35	Kara Lacoste	15	Greater Holyoke YMCA	1:58.31	1:58.61
	27.78	57.74 (29.96)	1:28.38 (30.64)	1:58.61 (30.23)	
*35	Julia Kudryashova	15	Somerset Hills YMCA	2:00.66	1:58.61
	26.63	56.64 (30.01)	1:27.78 (31.14)	1:58.61 (30.83)	
37	Lulu Belak	16	New Canaan Community YMCA	2:00.02	1:58.73
	26.55	55.59 (29.04)	1:27.04 (31.45)	1:58.73 (31.69)	
38	Carolyn Carter	15	Countryside Ralph Stolle YMCA.	1:58.66	1:58.80
	28.23	58.17 (29.94)	1:28.98 (30.81)	1:58.80 (29.82)	
39	Karen Novak	16	Cheshire YMCA	1:57.19	1:58.81
	27.68	57.63 (29.95)	1:28.27 (30.64)	1:58.81 (30.54)	
40	Addy DiCristina	14	Red River Valley YMCA	2:00.90	1:58.87
	27.53	57.79 (30.26)	1:28.46 (30.67)	1:58.87 (30.41)	
41	Kelly Hamilton	14	Chambersburg Memorial YMCA	1:59.20	1:58.90
	27.48	57.46 (29.98)	1:28.03 (30.57)	1:58.90 (30.87)	
42	Colleen McCormack	17	North Shore (Sterling) MA YMCA	1:56.20	1:58.98
	27.82	57.81 (29.99)	1:28.53 (30.72)	1:58.98 (30.45)	
43	Rylee Klomp	14	Eastside Family Branch YMCA	1:59.31	1:59.13
	27.30	57.13 (29.83)	1:28.29 (31.16)	1:59.13 (30.84)	
44	Liz Mooney	15	Middle Tyger YMCA	1:59.99	1:59.14
	27.46	57.23 (29.77)	1:28.14 (30.91)	1:59.14 (31.00)	
45	Hanna Hunstad	14	North Oakland Family YMCA	2:00.12	1:59.62
	27.63	58.13 (30.50)	1:29.02 (30.89)	1:59.62 (30.60)	
46	Sarah Baggette	14	Edwardsville YMCA	2:02.99	1:59.65
	28.04	58.38 (30.34)	1:29.78 (31.40)	1:59.65 (29.87)	
47	Caitlin Casazza	12	Greater High Point YMCA	2:00.39	1:59.67
	27.81	58.12 (30.31)	1:29.26 (31.14)	1:59.67 (30.41)	
48	Kristen Landry	15	Lakeland Hills Family YMCA	1:58.30	1:59.69
	27.85	58.03 (30.18)	1:29.13 (31.10)	1:59.69 (30.56)	
49	Katie Rohn	17	New Canaan Community YMCA	1:58.50	1:59.71
	27.42	57.73 (30.31)	1:28.64 (30.91)	1:59.71 (31.07)	
50	Hannah Benn	16	Summit Branch YMCA	2:03.10	1:59.73
	27.73	58.07 (30.34)	1:28.75 (30.68)	1:59.73 (30.98)	
51	Courtney Delehanty	16	Red Bank Branch	2:02.24	1:59.75
	27.85	58.10 (30.25)	1:29.06 (30.96)	1:59.75 (30.69)	
52	Alexandria Koukos	15	Cheshire YMCA	1:59.25	1:59.77
	27.74	57.69 (29.95)	1:28.78 (31.09)	1:59.77 (30.99)	
53	Samantha Shelley	16	Brandywine -DE YMCA	1:58.27	1:59.84
	28.11	58.37 (30.26)	1:29.15 (30.78)	1:59.84 (30.69)	
54	Madeline Froehlich	18	Cheshire YMCA	2:00.51	1:59.85
	28.19	58.50 (30.31)	1:29.28 (30.78)	1:59.85 (30.57)	
55	Kristyn Wikoff	18	Red Bank Branch	1:59.85	1:59.88
	27.30	57.09 (29.79)	1:28.04 (30.95)	1:59.88 (31.84)	
56	Lynn Brotherton	17	Countryside Ralph Stolle YMCA.	NT	2:00.04
	27.90	57.99 (30.09)	1:29.13 (31.14)	2:00.04 (30.91)	
57	Christine McGuire	15	Greenwich YMCA	1:58.31	2:00.22
	27.95	58.15 (30.20)	1:29.37 (31.22)	2:00.22 (30.85)	
58	Brittany Guinee	16	Somerset Hills YMCA	1:57.82	2:00.30
	26.98	57.36 (30.38)	1:28.61 (31.25)	2:00.30 (31.69)	
59	Cathleen Pruden	14	Triangle Area YMCA	2:03.68	2:00.44
	28.06	58.82 (30.76)	1:30.16 (31.34)	2:00.44 (30.28)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
60	Price Kinney	18	Middle Tyger YMCA	2:05.09	2:00.53
	28.00	58.57 (30.57)	1:29.85 (31.28)	2:00.53 (30.68)	
61	Keegan Abar	15	Waynesboro Family YMCA	1:57.79	2:00.54
	27.78	58.00 (30.22)	1:29.35 (31.35)	2:00.54 (31.19)	
62	Catherine Patrell	17	Cheshire YMCA	2:03.57	2:00.57
	27.86	58.71 (30.85)	1:29.86 (31.15)	2:00.57 (30.71)	
63	Chelsea Doyle	17	Riverfront Branch YMCA	2:00.61	2:00.58
	27.89	58.52 (30.63)	1:29.66 (31.14)	2:00.58 (30.92)	
64	Amanda Steinfeld	15	Cheshire YMCA	2:00.51	2:00.60
	27.69	58.12 (30.43)	1:29.25 (31.13)	2:00.60 (31.35)	
65	Tori Hall	17	Tri-Hampton Family Branch YMC	2:01.83	2:00.61
	28.10	58.53 (30.43)	1:29.73 (31.20)	2:00.61 (30.88)	
66	Emma Newman	16	Champaign County YMCA	1:59.96	2:00.66
	27.84	58.12 (30.28)	1:29.36 (31.24)	2:00.66 (31.30)	
67	Kimberly Roos	13	Schroeder YMCA	2:01.77	2:00.69
	27.89	58.41 (30.52)	1:29.83 (31.42)	2:00.69 (30.86)	
68	Emily O'Neill	16	Western Monmouth Co. YMCA	2:08.43	2:00.70
	27.21	57.61 (30.40)	1:29.02 (31.41)	2:00.70 (31.68)	
69	Hannah Knapp	14	North Oakland Family YMCA	2:01.20	2:00.72
	27.93	58.58 (30.65)	1:29.75 (31.17)	2:00.72 (30.97)	
70	Kelly Markwell	17	Red Bank Branch	2:01.80	2:00.75
	27.66	58.55 (30.89)	1:29.88 (31.33)	2:00.75 (30.87)	
*71	Kathryn Coniglio	16	Hunterdon County YMCA	2:00.47	2:00.79
	26.88	57.42 (30.54)	1:28.70 (31.28)	2:00.79 (32.09)	
*71	Chelsea Ross	17	Upper Main Line YMCA	1:59.12	2:00.79
	28.10	58.24 (30.14)	1:29.56 (31.32)	2:00.79 (31.23)	
73	Livi Kroll	15	New Canaan Community YMCA	2:00.80	2:00.85
	27.60	58.11 (30.51)	1:29.38 (31.27)	2:00.85 (31.47)	
74	Samantha Heyman	17	Greenwich YMCA	2:02.77	2:00.88
	27.45	58.66 (31.21)	1:31.27 (32.61)	2:00.88 (29.61)	
75	Hailey Growney	17	Lakeland Hills Family YMCA	2:02.10	2:00.95
	28.32	59.18 (30.86)	1:30.42 (31.24)	2:00.95 (30.53)	
76	Tricia Hartley	15	Somerset Hills YMCA	2:00.21	2:01.10
	27.37	57.78 (30.41)	1:29.26 (31.48)	2:01.10 (31.84)	
77	Julie Wallerstein	17	Western Connecticut YMCA	2:08.89	2:01.13
	27.26	57.09 (29.83)	1:28.80 (31.71)	2:01.13 (32.33)	
78	Rebecca Adams	15	M.E. Lyons (Anderson) YMCA	2:01.15	2:01.17
	28.29	58.53 (30.24)	1:29.31 (30.78)	2:01.17 (31.86)	
79	Laura Westfall	17	Fox Cities YMCA	2:07.95	2:01.19
	28.12	58.70 (30.58)	1:30.08 (31.38)	2:01.19 (31.11)	
80	Charlotte Yaw	15	Birmingham Family YMCA	2:00.69	2:01.38
	26.80	57.32 (30.52)	1:29.32 (32.00)	2:01.38 (32.06)	
81	Meghan Lam	17	Brandywine -DE YMCA	1:59.98	2:01.55
	27.24	58.35 (31.11)	1:30.20 (31.85)	2:01.55 (31.35)	
82	Emily Tsang	14	Lakeland Hills Family YMCA	2:03.98	2:01.67
	27.40	57.90 (30.50)	1:29.77 (31.87)	2:01.67 (31.90)	
*83	Alex Vezzetti	15	Rock Hill Area YMCA	2:02.76	2:01.68
	28.54	59.51 (30.97)	1:30.78 (31.27)	2:01.68 (30.90)	
*83	Alisa Danzer	15	Racine Family YMCA	2:02.60	2:01.68
	27.84	58.40 (30.56)	1:30.13 (31.73)	2:01.68 (31.55)	
85	Claire Mesko	15	Western Branch YMCA	2:00.21	2:01.73
	27.50	58.02 (30.52)	1:29.98 (31.96)	2:01.73 (31.75)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
86	Austin Mateo	14	Wyckoff Family YMCA Inc	2:03.13	2:01.77
	28.16	59.06 (30.90)	1:30.90 (31.84)	2:01.77 (30.87)	
87	Sara Weinberg	18	Bismarck YMCA	2:00.62	2:01.84
	28.24	58.68 (30.44)	1:30.33 (31.65)	2:01.84 (31.51)	
88	Christina Santomauro	16	Somerset Valley YMCA	1:59.03	2:01.86
	27.41	57.78 (30.37)	1:29.91 (32.13)	2:01.86 (31.95)	
89	Lexi Cole	15	Sunbury Branch YMCA	2:01.45	2:02.02
	27.80	58.98 (31.18)	1:30.74 (31.76)	2:02.02 (31.28)	
90	Erin Hackett	14	Lakeland Hills Family YMCA	2:04.14	2:02.03
	27.83	58.79 (30.96)	1:30.88 (32.09)	2:02.03 (31.15)	
91	Allison Siegel	17	McGaw YMCA	2:03.61	2:02.08
	28.04	59.48 (31.44)	1:31.06 (31.58)	2:02.08 (31.02)	
92	Katie Flannigan	17	Pottstown YMCA	2:03.28	2:02.38
	28.19	58.79 (30.60)	1:30.66 (31.87)	2:02.38 (31.72)	
93	Silke Herold	16	Somerset Valley YMCA	1:59.89	2:02.42
	27.39	58.55 (31.16)	1:30.69 (32.14)	2:02.42 (31.73)	
94	Maria Messina	15	Canandaigua YMCA	2:02.07	2:02.70
	27.85	58.58 (30.73)	1:30.50 (31.92)	2:02.70 (32.20)	
95	Deirdre Esposito	15	Morris Center YMCA	2:08.39	2:02.72
	27.51	58.91 (31.40)	1:30.94 (32.03)	2:02.72 (31.78)	
96	Carolyn Curran	15	Madison West YMCA	2:05.37	2:02.78
	28.91	59.92 (31.01)	1:32.05 (32.13)	2:02.78 (30.73)	
97	Dana Rzewnicki	15	Somerset Valley YMCA	2:01.51	2:02.89
	27.47	59.05 (31.58)	1:31.11 (32.06)	2:02.89 (31.78)	
98	Anne Trojanowski	16	Somerset Hills YMCA	1:59.22	2:02.95
	27.79	58.47 (30.68)	1:30.74 (32.27)	2:02.95 (32.21)	
99	Briehan Burke	18	Summit Branch YMCA	2:05.88	2:03.02
	28.41	59.46 (31.05)	1:31.61 (32.15)	2:03.02 (31.41)	
100	Cara Egan	14	New Canaan Community YMCA	2:00.60	2:03.03
	27.98	59.01 (31.03)	1:31.12 (32.11)	2:03.03 (31.91)	
101	Kimberly Hall	17	Morris Center YMCA	2:01.27	2:03.16
	27.89	58.79 (30.90)	1:30.77 (31.98)	2:03.16 (32.39)	
102	Danielle Davis	15	Boyertown Area YMCA	2:04.00	2:03.20
	28.39	58.97 (30.58)	1:30.76 (31.79)	2:03.20 (32.44)	
103	Grace Baird	14	Winston Salem YMCA	1:59.62	2:03.40
	27.87	59.29 (31.42)	1:31.31 (32.02)	2:03.40 (32.09)	
104	Katie Gillespie	15	Riverfront Branch YMCA	2:07.23	2:03.73
	28.14	59.12 (30.98)	1:31.08 (31.96)	2:03.73 (32.65)	
105	Maeve Maloney	14	Westfield YMCA	2:00.92	2:03.84
	28.02	58.69 (30.67)	1:31.12 (32.43)	2:03.84 (32.72)	
106	Sara Pardue	15	B.R. Ryall (Northwestern Dupag	1:59.44	2:04.10
	28.11	59.57 (31.46)	1:32.06 (32.49)	2:04.10 (32.04)	
107	Karyn Adams	15	Eastside Family Branch YMCA	2:03.31	2:04.17
	28.26	59.95 (31.69)	1:32.25 (32.30)	2:04.17 (31.92)	
108	Carly Whitmer	14	Westfield YMCA	2:02.68	2:04.55
	28.22	59.92 (31.70)	1:32.40 (32.48)	2:04.55 (32.15)	
109	Caroline Roos	17	Schroeder YMCA	2:03.50	2:04.57
	28.24	59.28 (31.04)	1:31.95 (32.67)	2:04.57 (32.62)	
110	Lauren LaRocco	17	Lakeland Hills Family YMCA	2:08.39	2:04.90
	27.31	58.17 (30.86)	1:30.98 (32.81)	2:04.90 (33.92)	
111	Julia Harrigan	15	Summit Branch YMCA	2:04.00	2:05.44
	27.85	59.40 (31.55)	1:32.17 (32.77)	2:05.44 (33.27)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
112	Tara O'Prey	14	Ridley Area YMCA	2:08.33	2:05.59
	27.92	59.94 (32.02)	1:33.74 (33.80)	2:05.59 (31.85)	
113	Julia Adams	17	Eastside Family Branch YMCA	2:08.04	2:05.66
	27.74	59.51 (31.77)	1:33.01 (33.50)	2:05.66 (32.65)	
114	Meredith Hardy	17	Triangle Area YMCA	1:58.20	2:05.80
	27.90	58.80 (30.90)	1:31.80 (33.00)	2:05.80 (34.00)	
115	Jennifer Benson	17	Canandaigua YMCA	2:02.77	2:05.81
	28.98	1:01.16 (32.18)	1:34.01 (32.85)	2:05.81 (31.80)	
116	Alyssa Sanders	15	Central Delaware YMCA	2:02.63	2:06.92
	28.22	59.61 (31.39)	1:32.50 (32.89)	2:06.92 (34.42)	
117	Lydia Engberg	15	Bismarck YMCA	2:06.10	2:07.01
	29.27	1:00.42 (31.15)	1:33.36 (32.94)	2:07.01 (33.65)	
118	Ashley El Nagggar	15	Wyckoff Family YMCA Inc	2:06.71	2:07.56
	28.13	59.93 (31.80)	1:33.27 (33.34)	2:07.56 (34.29)	
119	Devonne Moore	14	Phoenixville Branch YMCA	2:06.99	2:08.33
	29.17	1:01.56 (32.39)	1:34.76 (33.20)	2:08.33 (33.57)	
120	Nollaig Noll	13	Greater Johnstown Community	2:03.78	2:09.18
	29.37	1:00.80 (31.43)	1:34.84 (34.04)	2:09.18 (34.34)	
121	Tori McKenna	18	Eastside Family Branch YMCA	2:08.00	2:09.23
	28.92	1:01.73 (32.81)	1:35.48 (33.75)	2:09.23 (33.75)	
122	Alyssa Finn	16	Hunterdon County YMCA	2:09.56	2:11.84
	29.05	1:01.37 (32.32)	1:36.22 (34.85)	2:11.84 (35.62)	
123	Jaelyn Andrews	15	Catonsville MD YMCA	2:09.80	2:15.09
	30.15	1:04.81 (34.66)	1:39.94 (35.13)	2:15.09 (35.15)	
---	Suzanne Lemberg	17	Westfield YMCA	1:57.06	NS
---	Kate Durkan	17	Upper Main Line YMCA	1:58.00	NS
---	Jenny Dalmonte	17	Upper Main Line YMCA	1:58.40	NS
---	Samantha Ward	17	North Oakland Family YMCA	1:58.00	NS
---	Marissa Fattore	17	Boyertown Area YMCA	2:04.53	NS

**Women 200 Yard Freestyle Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Sada Stewart	15	York And York County YMCA	1:50.12	1:50.27
	25.95	54.12 (28.17)	1:22.43 (28.31)	1:50.27 (27.84)	
2	Addie Carne	18	Middle Tyger YMCA	1:52.49	1:50.41
	26.13	53.56 (27.43)	1:21.81 (28.25)	1:50.41 (28.60)	
3	Margo Geer	17	Springfield Family YMCA	1:48.21	1:50.82
	25.35	53.24 (27.89)	1:22.13 (28.89)	1:50.82 (28.69)	
4	Breann McDowell	17	Countryside Ralph Stolle YMCA.	1:49.66	1:51.10
	26.11	53.42 (27.31)	1:22.24 (28.82)	1:51.10 (28.86)	
5	Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	1:48.85	1:51.17
	26.29	54.33 (28.04)	1:22.97 (28.64)	1:51.17 (28.20)	
6	Casey Ridge	18	M.E. Lyons (Anderson) YMCA	1:50.62	1:51.23
	26.26	54.15 (27.89)	1:22.88 (28.73)	1:51.23 (28.35)	
7	Shelby Fortin	16	Wilton Family YMCA	1:52.41	1:51.26
	25.75	53.66 (27.91)	1:22.81 (29.15)	1:51.26 (28.45)	
8	Erin Burke	18	Triangle Area YMCA	1:52.61	1:51.44
	26.19	54.23 (28.04)	1:23.06 (28.83)	1:51.44 (28.38)	
9	Emily Lloyd	16	Anne Arundel County YMCA	1:49.62	1:51.81
	25.58	54.59 (29.01)	1:23.52 (28.93)	1:51.81 (28.29)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
10	Kata Fodor	19	Sarasota Family YMCA, Inc	1:52.55	1:51.88
	26.30	54.28 (27.98)	1:23.06 (28.78)	1:51.88 (28.82)	
11	Anna Wujciak	14	Greater Flint YMCA	1:55.82	1:51.99
	26.67	54.84 (28.17)	1:23.56 (28.72)	1:51.99 (28.43)	
*12	Madeline Hoch	13	West Shore YMCA	1:53.29	1:52.89
	26.66	55.14 (28.48)	1:24.00 (28.86)	1:52.89 (28.89)	
*12	Brittney Kuras	18	Canandaigua YMCA	1:53.39	1:52.89
	25.76	54.28 (28.52)	1:23.82 (29.54)	1:52.89 (29.07)	
14	Courtney Raw	17	Somerset Valley YMCA	1:51.05	1:53.01
	25.92	54.31 (28.39)	1:23.49 (29.18)	1:53.01 (29.52)	
15	Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	1:52.03	1:53.06
	26.78	55.48 (28.70)	1:24.54 (29.06)	1:53.06 (28.52)	
16	Marissa Harrington	18	Sarasota Family YMCA, Inc	1:51.97	1:53.21
	27.72	56.58 (28.86)	1:25.00 (28.42)	1:53.21 (28.21)	
17	Nikki Barczak	15	Birmingham Family YMCA	1:52.00	1:53.31
	26.32	54.67 (28.35)	1:23.88 (29.21)	1:53.31 (29.43)	
18	Shelby Leonard	16	Sarasota Family YMCA, Inc	1:50.78	1:53.32
	26.51	54.70 (28.19)	1:23.92 (29.22)	1:53.32 (29.40)	
*19	Samantha Kietlinski	18	Hamilton Area NJ YMCA	1:53.22	1:53.56
	26.44	55.24 (28.80)	1:24.49 (29.25)	1:53.56 (29.07)	
*19	Emri Moore	15	Spokane YMCA	1:51.49	1:53.56
	25.82	54.35 (28.53)	1:23.87 (29.52)	1:53.56 (29.69)	
21	Katheryne Muth	17	Sarasota Family YMCA, Inc	1:52.92	1:53.64
	26.42	54.96 (28.54)	1:24.25 (29.29)	1:53.64 (29.39)	
22	Madeline Bowe	18	Piedmont Family YMCA Inc.	1:57.21	1:53.65
	26.44	54.94 (28.50)	1:24.31 (29.37)	1:53.65 (29.34)	
23	Alexandra Meyers	13	Schroeder YMCA	1:54.24	1:53.88
	26.37	55.14 (28.77)	1:24.83 (29.69)	1:53.88 (29.05)	
24	Hayley Tomlinson	15	Triangle Area YMCA	1:54.78	1:53.96
	26.52	54.92 (28.40)	1:24.28 (29.36)	1:53.96 (29.68)	
25	Katy Munzenmaier	15	Glens Falls YMCA	1:55.16	1:54.05
	26.51	54.86 (28.35)	1:23.75 (28.89)	1:54.05 (30.30)	
26	Katie Keefer	17	Waynesboro Family YMCA	1:52.36	1:54.09
	25.96	54.61 (28.65)	1:24.40 (29.79)	1:54.09 (29.69)	
27	Claire Loht	16	West Shore YMCA	1:50.33	1:54.11
	25.90	54.16 (28.26)	1:23.70 (29.54)	1:54.11 (30.41)	
28	Ashlee Linn	16	Sarasota Family YMCA, Inc	1:49.45	1:54.30
	26.28	54.72 (28.44)	1:24.32 (29.60)	1:54.30 (29.98)	
29	Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	1:53.99	1:54.42
	25.63	54.07 (28.44)	1:24.11 (30.04)	1:54.42 (30.31)	
30	Ali Church	14	Red River Valley YMCA	1:54.64	1:54.43
	26.74	55.97 (29.23)	1:25.33 (29.36)	1:54.43 (29.10)	
31	Nicole Colucci	18	Fanwood-Scotch Plains YMCA	1:56.19	1:54.44
	26.53	55.26 (28.73)	1:24.49 (29.23)	1:54.44 (29.95)	
32	Emily Waller	18	Kishwaukee Family YMCA	1:56.97	1:54.47
	26.78	55.61 (28.83)	1:25.24 (29.63)	1:54.47 (29.23)	
33	Genevieve Miller	13	Winston Salem YMCA	1:54.82	1:54.53
	26.67	55.70 (29.03)	1:25.53 (29.83)	1:54.53 (29.00)	
34	Katie Nemann	16	M.E. Lyons (Anderson) YMCA	1:53.28	1:54.62
	27.06	56.09 (29.03)	1:25.60 (29.51)	1:54.62 (29.02)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
35	Suzanne Lemberg	17	Westfield YMCA	1:57.06	1:54.74
	26.16	54.61 (28.45)	1:24.43 (29.82)	1:54.74 (30.31)	
36	Anna Susko	17	West Morris YMCA	1:54.35	1:54.75
	26.68	55.86 (29.18)	1:25.62 (29.76)	1:54.75 (29.13)	
37	Susanna White	15	Lynchburg YMCA	1:52.81	1:54.85
	26.42	54.98 (28.56)	1:24.82 (29.84)	1:54.85 (30.03)	
38	Paige Baisden	15	Phoenixville Branch YMCA	1:54.77	1:54.86
	26.91	56.15 (29.24)	1:25.72 (29.57)	1:54.86 (29.14)	
39	Sara Beth Drake	16	Middle Tyger YMCA	1:55.29	1:54.87
	27.37	56.08 (28.71)	1:25.67 (29.59)	1:54.87 (29.20)	
40	Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	1:55.67	1:54.88
	26.93	56.14 (29.21)	1:25.68 (29.54)	1:54.88 (29.20)	
41	Paige Weslaski	17	Racine Family YMCA	1:55.45	1:55.00
	26.57	55.65 (29.08)	1:25.24 (29.59)	1:55.00 (29.76)	
42	Maggie Thompson	17	Spokane YMCA	1:56.07	1:55.16
	26.79	55.91 (29.12)	1:25.87 (29.96)	1:55.16 (29.29)	
43	Stephie Fox	18	Rapid Area YMCA - MI	1:54.07	1:55.20
	26.17	54.98 (28.81)	1:24.90 (29.92)	1:55.20 (30.30)	
44	Alivia Berg	15	South Eastern Coastline Branch	1:51.54	1:55.23
	25.86	54.64 (28.78)	1:25.30 (30.66)	1:55.23 (29.93)	
*45	Maddi Webb	16	B.R. Ryall (Northwestern Dupag	1:56.43	1:55.30
	26.65	55.20 (28.55)	1:24.85 (29.65)	1:55.30 (30.45)	
*45	Caroline Finkbeiner	14	West Shore YMCA	1:54.14	1:55.30
	26.95	55.97 (29.02)	1:26.02 (30.05)	1:55.30 (29.28)	
47	Megan Foran	15	Red Bank Branch	1:57.03	1:55.31
	27.49	56.46 (28.97)	1:25.96 (29.50)	1:55.31 (29.35)	
48	Anna Strzempko	14	Greater Holyoke YMCA	1:54.57	1:55.37
	26.67	55.43 (28.76)	1:25.31 (29.88)	1:55.37 (30.06)	
49	Lauren Baisden	17	Phoenixville Branch YMCA	1:55.49	1:55.55
	27.20	56.38 (29.18)	1:26.09 (29.71)	1:55.55 (29.46)	
50	Hannah Lips	12	Middle Tyger YMCA	1:55.69	1:55.56
	27.47	56.51 (29.04)	1:26.36 (29.85)	1:55.56 (29.20)	
51	Audrey Tolbert	17	Harford County Family YMCA	1:55.01	1:55.58
	27.31	56.57 (29.26)	1:26.23 (29.66)	1:55.58 (29.35)	
52	Becky Yokosh	17	Pabst Farms YMCA	1:55.77	1:55.69
	26.51	55.31 (28.80)	1:25.06 (29.75)	1:55.69 (30.63)	
53	Jennifer Tavares	14	Cheshire YMCA	1:55.32	1:55.75
	26.99	56.18 (29.19)	1:25.80 (29.62)	1:55.75 (29.95)	
54	Kalee Kemmesat	17	Bismarck YMCA	1:57.25	1:55.81
	27.76	56.85 (29.09)	1:26.05 (29.20)	1:55.81 (29.76)	
55	Sam Berizzi	17	New Canaan Community YMCA	1:56.35	1:55.86
	26.34	55.12 (28.78)	1:25.89 (30.77)	1:55.86 (29.97)	
56	Rachel Wilson	18	Winston Salem YMCA	1:53.07	1:55.88
	26.54	55.48 (28.94)	1:25.35 (29.87)	1:55.88 (30.53)	
57	Danielle Albright	14	Tampa Metro YMCA	1:55.19	1:55.92
	26.68	55.39 (28.71)	1:25.35 (29.96)	1:55.92 (30.57)	
58	Grace Counts	15	Powel Crosley Jr. YMCA	1:55.51	1:56.00
	27.22	56.29 (29.07)	1:25.85 (29.56)	1:56.00 (30.15)	
59	Katherine Carl	17	Birmingham Family YMCA	1:54.70	1:56.03
	26.72	56.05 (29.33)	1:26.18 (30.13)	1:56.03 (29.85)	
60	Hayley Martin	18	Madison East YMCA	1:55.76	1:56.07
	26.14	54.77 (28.63)	1:24.99 (30.22)	1:56.07 (31.08)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
61	Abby Houchin	17	Triangle Area YMCA	1:55.99	1:56.08
	26.72	55.51 (28.79)	1:25.68 (30.17)	1:56.08 (30.40)	
62	Danielle Parowski	14	Greater Johnstown Community	1:56.20	1:56.10
	27.11	56.12 (29.01)	1:26.29 (30.17)	1:56.10 (29.81)	
63	Adrienne Phillips	18	West Shore YMCA	1:55.97	1:56.12
	26.72	55.89 (29.17)	1:26.07 (30.18)	1:56.12 (30.05)	
64	Katherine Glenn	17	Catawba Valley YMCA	1:56.40	1:56.13
	26.96	56.08 (29.12)	1:25.93 (29.85)	1:56.13 (30.20)	
*65	Stephanie Hughes	18	Triangle Area YMCA	1:57.38	1:56.21
	27.75	57.47 (29.72)	1:27.38 (29.91)	1:56.21 (28.83)	
*65	Marah Pugh	13	Macomb Family YMCA	1:55.74	1:56.21
	27.38	56.70 (29.32)	1:26.68 (29.98)	1:56.21 (29.53)	
67	Carey Fries	16	Summit Branch YMCA	1:56.66	1:56.39
	26.89	55.90 (29.01)	1:25.98 (30.08)	1:56.39 (30.41)	
68	Rachel Gadzicki	18	Pottstown YMCA	1:53.70	1:56.41
	26.47	55.83 (29.36)	1:26.52 (30.69)	1:56.41 (29.89)	
69	Theresa Gallagher	18	Anne Arundel County YMCA	1:57.42	1:56.49
	27.00	56.07 (29.07)	1:25.96 (29.89)	1:56.49 (30.53)	
70	Natalie Bolin	16	Oshkosh Community YMCA	1:55.56	1:56.57
	27.25	56.71 (29.46)	1:26.91 (30.20)	1:56.57 (29.66)	
71	Molly Loftus	15	Westport/Weston CT YMCA	1:55.78	1:56.64
	26.97	55.65 (28.68)	1:26.01 (30.36)	1:56.64 (30.63)	
72	Kaitlyn Utkewicz	16	Lakeland Hills Family YMCA	1:55.72	1:56.68
	27.00	56.52 (29.52)	1:25.79 (29.27)	1:56.68 (30.89)	
73	Meredith Smith	16	Westfield YMCA	1:57.18	1:56.74
	26.96	56.19 (29.23)	1:26.13 (29.94)	1:56.74 (30.61)	
74	Lauren Timmerman	17	Darien Community YMCA	1:57.26	1:56.79
	27.33	56.85 (29.52)	1:26.69 (29.84)	1:56.79 (30.10)	
75	Lauren Schmittle	17	West Shore YMCA	1:51.85	1:56.82
	26.98	55.85 (28.87)	1:25.87 (30.02)	1:56.82 (30.95)	
76	Kori Golden	17	Anne Arundel County YMCA	1:54.58	1:56.83
	26.88	56.43 (29.55)	1:26.47 (30.04)	1:56.83 (30.36)	
77	Jesse Evans	15	Greenwich YMCA	1:55.89	1:56.86
	26.65	55.60 (28.95)	1:26.22 (30.62)	1:56.86 (30.64)	
78	Meghan Buckley	15	Sarasota Family YMCA, Inc	1:56.18	1:56.87
	27.29	57.39 (30.10)	1:27.65 (30.26)	1:56.87 (29.22)	
79	Claire Shannon	18	M.E. Lyons (Anderson) YMCA	1:56.50	1:56.94
	27.37	56.77 (29.40)	1:27.03 (30.26)	1:56.94 (29.91)	
80	Ally Stover	18	South Family YMCA-Kettering	1:56.15	1:57.01
	27.27	56.76 (29.49)	1:26.78 (30.02)	1:57.01 (30.23)	
81	Catriona Coppler	16	Greater Holyoke YMCA	1:56.73	1:57.03
	27.41	56.65 (29.24)	1:27.00 (30.35)	1:57.03 (30.03)	
82	Katherine Foley	18	Lakeland Hills Family YMCA	1:51.52	1:57.07
	26.07	55.01 (28.94)	1:25.34 (30.33)	1:57.07 (31.73)	
83	Kara Dubiel	17	Somerset Valley YMCA	1:55.03	1:57.13
	26.93	56.35 (29.42)	1:26.47 (30.12)	1:57.13 (30.66)	
84	Mara Valenzuela	15	Somerset Valley YMCA	1:56.16	1:57.14
	26.80	56.12 (29.32)	1:26.75 (30.63)	1:57.14 (30.39)	
85	Kaitlyn Ferrara	13	M.E. Lyons (Anderson) YMCA	1:56.76	1:57.18
	27.45	57.31 (29.86)	1:27.53 (30.22)	1:57.18 (29.65)	
86	Kate O'Leary	17	Western Connecticut YMCA	1:56.66	1:57.32
	27.60	57.00 (29.40)	1:27.07 (30.07)	1:57.32 (30.25)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
87	Sammy Joe Koons	15	Sunbury Branch YMCA	1:55.86	1:57.37
	27.16	56.77 (29.61)	1:27.16 (30.39)	1:57.37 (30.21)	
88	Tommie Dillione	13	Tri-Hampton Family Branch YMC	1:57.11	1:57.38
	27.29	56.62 (29.33)	1:26.88 (30.26)	1:57.38 (30.50)	
89	Lynn Brotherton	17	Countryside Ralph Stolle YMCA.	1:53.46	1:57.43
	27.13	56.81 (29.68)	1:27.14 (30.33)	1:57.43 (30.29)	
*90	Hannah Pugh	16	Macomb Family YMCA	1:55.26	1:57.63
	27.30	56.52 (29.22)	1:27.15 (30.63)	1:57.63 (30.48)	
*90	Cathy Howard	18	Burlington County YMCA	1:56.67	1:57.63
	27.25	56.94 (29.69)	1:27.65 (30.71)	1:57.63 (29.98)	
92	Anna Blair Bullock	15	Winston Salem YMCA	1:55.79	1:57.65
	27.13	56.52 (29.39)	1:27.03 (30.51)	1:57.65 (30.62)	
93	Maggie Brabbins	17	Birmingham Family YMCA	1:55.23	1:57.66
	27.29	56.62 (29.33)	1:27.08 (30.46)	1:57.66 (30.58)	
94	Amanda Thach	15	West Seattle Branch YMCA	1:57.13	1:57.79
	26.92	56.40 (29.48)	1:27.09 (30.69)	1:57.79 (30.70)	
95	Katherine Dwyer	17	Western Monmouth Co. YMCA	1:56.41	1:57.82
	27.31	56.34 (29.03)	1:26.61 (30.27)	1:57.82 (31.21)	
96	Stephanie Berg	17	Birmingham Family YMCA	1:57.40	1:57.92
	26.82	56.23 (29.41)	1:26.57 (30.34)	1:57.92 (31.35)	
97	Chelsey Young	17	Defiance Area YMCA	1:57.41	1:57.93
	27.84	57.64 (29.80)	1:27.84 (30.20)	1:57.93 (30.09)	
98	Bekka Westrick	17	Great Miami Valley Ohio YMCA	1:51.06	1:57.97
	25.64	54.54 (28.90)	1:25.80 (31.26)	1:57.97 (32.17)	
99	Bridget Hilferty	17	Boyertown Area YMCA	1:56.21	1:58.03
	27.96	57.85 (29.89)	1:28.13 (30.28)	1:58.03 (29.90)	
100	Camilla Czulada	15	Reading and Berks County YMCA	1:56.71	1:58.11
	27.94	57.86 (29.92)	1:28.16 (30.30)	1:58.11 (29.95)	
101	Rebecca Maher	18	Downtown Youth Center YMCA	1:56.12	1:58.14
	27.30	56.83 (29.53)	1:27.33 (30.50)	1:58.14 (30.81)	
102	Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	1:56.46	1:58.24
	27.99	57.74 (29.75)	1:27.72 (29.98)	1:58.24 (30.52)	
103	Emily Bourguignon	16	Green Bay YMCA Metro	1:56.26	1:58.35
	27.31	56.95 (29.64)	1:27.05 (30.10)	1:58.35 (31.30)	
104	Charlotte Wilhelm	14	Sarasota Family YMCA, Inc	1:57.17	1:58.50
	27.75	57.65 (29.90)	1:28.17 (30.52)	1:58.50 (30.33)	
105	Natalie Rohr	15	South Family YMCA-Kettering	1:56.17	1:58.58
	26.47	56.28 (29.81)	1:26.97 (30.69)	1:58.58 (31.61)	
106	Jen Gavin	17	Orlando YMCA	1:57.29	1:58.69
	27.76	57.82 (30.06)	1:28.29 (30.47)	1:58.69 (30.40)	
107	Meredith Ketchmark	16	Hamilton Area NJ YMCA	1:54.85	1:58.70
	26.99	56.88 (29.89)	1:27.62 (30.74)	1:58.70 (31.08)	
108	Kristen Ferriero	17	West Morris YMCA	1:57.06	1:58.75
	27.46	56.75 (29.29)	1:27.44 (30.69)	1:58.75 (31.31)	
109	Mirna Kojic'	16	Red River Valley YMCA	1:57.45	1:58.87
	27.95	58.03 (30.08)	1:28.56 (30.53)	1:58.87 (30.31)	
110	Taylor Brew	15	York And York County YMCA	2:12.34L	1:58.92
	27.59	57.27 (29.68)	1:27.78 (30.51)	1:58.92 (31.14)	
111	Megan Gegesky	17	Birmingham Family YMCA	1:53.44	1:59.03
	27.32	56.93 (29.61)	1:28.00 (31.07)	1:59.03 (31.03)	
112	Lee Ingram	18	Western Monmouth Co. YMCA	1:57.40	1:59.09
	27.75	57.63 (29.88)	1:28.19 (30.56)	1:59.09 (30.90)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
113 Emily Martin	18	Marietta YMCA	1:57.26	1:59.10
27.19	58.08 (30.89)	1:28.75 (30.67)	1:59.10 (30.35)	
114 Jillian Crosby	14	Red Bank Branch	1:56.62	1:59.13
27.53	57.23 (29.70)	1:28.18 (30.95)	1:59.13 (30.95)	
115 Sarah Kaneshiki	16	Greater Johnstown Community	1:55.72	1:59.37
26.88	56.92 (30.04)	1:28.09 (31.17)	1:59.37 (31.28)	
116 Angie Healy	14	Twin Rivers NC YMCA	1:56.96	1:59.43
27.57	57.78 (30.21)	1:28.68 (30.90)	1:59.43 (30.75)	
117 Jessica Colucci	16	Fanwood-Scotch Plains YMCA	1:57.30	1:59.57
27.90	57.64 (29.74)	1:28.24 (30.60)	1:59.57 (31.33)	
118 Michelle Kim	12	Ridgewood NJ YMCA	1:57.06	1:59.73
27.53	57.69 (30.16)	1:28.87 (31.18)	1:59.73 (30.86)	
119 Karen Novak	16	Cheshire YMCA	1:57.19	1:59.74
27.56	57.51 (29.95)	1:28.41 (30.90)	1:59.74 (31.33)	
120 Bernadette Byrne	16	South Shore Mill Pond YMCA	1:57.48	2:00.02
27.52	57.62 (30.10)	1:28.74 (31.12)	2:00.02 (31.28)	
121 MJ Higgins	17	M.E. Lyons (Anderson) YMCA	1:56.27	2:00.05
27.66	57.75 (30.09)	1:29.04 (31.29)	2:00.05 (31.01)	
122 Liz Mooney	15	Middle Tyger YMCA	1:56.81	2:00.19
27.65	58.13 (30.48)	1:29.30 (31.17)	2:00.19 (30.89)	
123 Sydnee Eberly	16	Countryside Ralph Stolle YMCA.	1:54.51	2:00.20
27.67	57.69 (30.02)	1:28.97 (31.28)	2:00.20 (31.23)	
124 Jaime Kohnke	13	Schroeder YMCA	1:54.73	2:00.37
27.62	57.72 (30.10)	1:29.45 (31.73)	2:00.37 (30.92)	
125 Emily Healey	17	Wilton Family YMCA	1:57.46	2:00.44
27.61	57.47 (29.86)	1:28.53 (31.06)	2:00.44 (31.91)	
126 Madi Ralston	16	Rowan County YMCA	1:56.19	2:00.63
28.18	57.72 (29.54)	1:28.79 (31.07)	2:00.63 (31.84)	
127 Jennifer Hicks	18	M.E. Lyons (Anderson) YMCA	1:56.29	2:00.77
27.83	58.10 (30.27)	1:29.60 (31.50)	2:00.77 (31.17)	
128 Kendra Wagner	15	Laurel Highlands Regional YMCA	1:56.92	2:01.13
27.82	58.05 (30.23)	1:29.73 (31.68)	2:01.13 (31.40)	
129 Ashlie Benson	16	Edwardsville YMCA	1:56.34	2:01.37
27.69	58.09 (30.40)	1:29.44 (31.35)	2:01.37 (31.93)	
130 Laura Stephens	15	Kennett Area YMCA	1:57.25	2:01.39
28.07	58.50 (30.43)	1:30.06 (31.56)	2:01.39 (31.33)	
131 Liz Broadley	18	Orlando YMCA	1:56.13	2:01.99
28.19	59.04 (30.85)	1:30.54 (31.50)	2:01.99 (31.45)	
132 Michelle Giordani	15	Sunbury Branch YMCA	1:56.13	2:02.10
27.26	57.44 (30.18)	1:29.54 (32.10)	2:02.10 (32.56)	
133 Maddie Monroe	15	Tri-City Area IL YMCA	1:54.89	2:02.88
27.54	57.54 (30.00)	1:29.72 (32.18)	2:02.88 (33.16)	
134 Laura Askin	15	Central Delaware YMCA	1:57.38	2:03.32
28.06	59.02 (30.96)	1:31.29 (32.27)	2:03.32 (32.03)	
--- Janene Senofonte	17	Fanwood-Scotch Plains YMCA	1:56.70	DQ

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 500 Yard Freestyle Swimming Competition**

National: 4:41.91 \* 4/1/2008 Corinne Showalter

Sarasota-FL

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Haley Lips	15	Middle Tyger YMCA	4:47.25	4:45.73
26.68	54.88 (28.20)	1:23.45 (28.57)	1:52.32 (28.87)	
2:21.43 (29.11)	2:50.50 (29.07)	3:19.17 (28.67)	3:48.08 (28.91)	
4:17.06 (28.98)	4:45.73 (28.67)			
2 Kata Fodor	19	Sarasota Family YMCA, Inc	4:49.91	4:47.25
27.01	55.55 (28.54)	1:24.20 (28.65)	1:52.96 (28.76)	
2:21.99 (29.03)	2:51.07 (29.08)	3:20.06 (28.99)	3:49.22 (29.16)	
4:18.30 (29.08)	4:47.25 (28.95)			
3 Kelly Ann Baird	17	Winston Salem YMCA	4:49.46	4:49.06
26.47	54.87 (28.40)	1:23.48 (28.61)	1:52.41 (28.93)	
2:21.69 (29.28)	2:51.09 (29.40)	3:20.53 (29.44)	3:50.12 (29.59)	
4:19.69 (29.57)	4:49.06 (29.37)			
4 Laura Simon	18	Middle Tyger YMCA	4:49.76	4:49.80
26.79	55.25 (28.46)	1:24.11 (28.86)	1:53.26 (29.15)	
2:22.59 (29.33)	2:52.10 (29.51)	3:21.71 (29.61)	3:51.23 (29.52)	
4:20.80 (29.57)	4:49.80 (29.00)			
5 Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	4:49.53	4:51.18
26.90	55.64 (28.74)	1:25.01 (29.37)	1:54.47 (29.46)	
2:24.07 (29.60)	2:53.35 (29.28)	3:23.20 (29.85)	3:53.02 (29.82)	
4:22.76 (29.74)	4:51.18 (28.42)			
6 Casey Ridge	18	M.E. Lyons (Anderson) YMCA	4:51.87	4:52.71
27.28	56.08 (28.80)	1:25.56 (29.48)	1:54.99 (29.43)	
2:24.62 (29.63)	2:54.45 (29.83)	3:24.32 (29.87)	3:54.30 (29.98)	
4:24.13 (29.83)	4:52.71 (28.58)			
7 Emri Moore	15	Spokane YMCA	4:54.74	4:53.31
26.41	55.38 (28.97)	1:24.97 (29.59)	1:54.54 (29.57)	
2:24.18 (29.64)	2:54.01 (29.83)	3:23.95 (29.94)	3:54.09 (30.14)	
4:24.29 (30.20)	4:53.31 (29.02)			
8 Breann McDowell	17	Countryside Ralph Stolle YMCA.	4:54.29	4:55.92
27.35	56.31 (28.96)	1:25.88 (29.57)	1:55.87 (29.99)	
2:25.93 (30.06)	2:56.06 (30.13)	3:26.07 (30.01)	3:56.13 (30.06)	
4:26.23 (30.10)	4:55.92 (29.69)			
<b>B - Final</b>				
9 Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:54.85	4:48.10
26.24	54.52 (28.28)	1:23.13 (28.61)	1:52.07 (28.94)	
2:21.00 (28.93)	2:50.01 (29.01)	3:19.33 (29.32)	3:48.87 (29.54)	
4:18.50 (29.63)	4:48.10 (29.60)			
10 Marissa Harrington	18	Sarasota Family YMCA, Inc	4:56.97	4:51.72
28.04	57.29 (29.25)	1:26.59 (29.30)	1:56.19 (29.60)	
2:25.70 (29.51)	2:55.13 (29.43)	3:24.44 (29.31)	3:53.93 (29.49)	
4:23.15 (29.22)	4:51.72 (28.57)			
11 Caroline Smith	18	Rowan County YMCA	4:55.86	4:53.87
26.62	55.18 (28.56)	1:24.37 (29.19)	1:53.92 (29.55)	
2:23.76 (29.84)	2:53.41 (29.65)	3:23.39 (29.98)	3:53.60 (30.21)	
4:24.21 (30.61)	4:53.87 (29.66)			
12 Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	4:56.91	4:53.95
27.37	56.65 (29.28)	1:26.35 (29.70)	1:56.28 (29.93)	
2:26.24 (29.96)	2:56.01 (29.77)	3:26.14 (30.13)	3:55.80 (29.66)	
4:25.28 (29.48)	4:53.95 (28.67)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## B - Final ... (Women 500 Yard Freestyle Swimming Competition)

Name	Age	Team	Prelim Time	Finals Time
13 Erin Burke	18	Triangle Area YMCA	4:57.21	4:54.36
27.22	56.28 (29.06)	1:25.72 (29.44)	1:55.38 (29.66)	
2:24.95 (29.57)	2:54.72 (29.77)	3:24.50 (29.78)	3:54.58 (30.08)	
4:25.01 (30.43)	4:54.36 (29.35)			
14 Madeline Hoch	13	West Shore YMCA	4:56.34	4:54.55
26.67	55.41 (28.74)	1:24.59 (29.18)	1:54.44 (29.85)	
2:24.79 (30.35)	2:55.06 (30.27)	3:25.45 (30.39)	3:55.87 (30.42)	
4:25.79 (29.92)	4:54.55 (28.76)			
15 Julia Kucherich	17	York And York County YMCA	4:55.83	4:54.61
27.05	55.97 (28.92)	1:25.76 (29.79)	1:55.54 (29.78)	
2:25.54 (30.00)	2:55.52 (29.98)	3:25.53 (30.01)	3:55.61 (30.08)	
4:25.85 (30.24)	4:54.61 (28.76)			
16 Carly Munchel	17	West Shore YMCA	4:56.51	4:55.37
27.09	56.18 (29.09)	1:25.93 (29.75)	1:55.78 (29.85)	
2:25.67 (29.89)	2:55.64 (29.97)	3:25.87 (30.23)	3:56.00 (30.13)	
4:26.13 (30.13)	4:55.37 (29.24)			
<b>C - Final</b>				
17 Claire Loht	16	West Shore YMCA	4:58.06	4:56.53
26.91	55.90 (28.99)	1:25.29 (29.39)	1:55.15 (29.86)	
2:25.22 (30.07)	2:55.50 (30.28)	3:25.83 (30.33)	3:56.23 (30.40)	
4:26.79 (30.56)	4:56.53 (29.74)			
18 Rachel Harrington	16	Sarasota Family YMCA, Inc	4:58.54	4:56.76
27.50	56.76 (29.26)	1:26.48 (29.72)	1:56.23 (29.75)	
2:26.11 (29.88)	2:56.18 (30.07)	3:26.25 (30.07)	3:56.61 (30.36)	
4:27.01 (30.40)	4:56.76 (29.75)			
19 Danielle Valley	13	Sarasota Family YMCA, Inc	4:58.91	4:57.47
28.14	58.02 (29.88)	1:27.87 (29.85)	1:57.89 (30.02)	
2:27.93 (30.04)	2:58.32 (30.39)	3:28.52 (30.20)	3:58.48 (29.96)	
4:28.42 (29.94)	4:57.47 (29.05)			
20 Rocky Raybon	17	Sarasota Family YMCA, Inc	5:00.42	4:57.83
28.02	58.02 (30.00)	1:28.10 (30.08)	1:58.14 (30.04)	
2:27.91 (29.77)	2:57.85 (29.94)	3:27.75 (29.90)	3:57.72 (29.97)	
4:27.92 (30.20)	4:57.83 (29.91)			
21 Katie Nemann	16	M.E. Lyons (Anderson) YMCA	4:58.29	4:57.99
27.78	57.84 (30.06)	1:27.97 (30.13)	1:58.26 (30.29)	
2:28.29 (30.03)	2:58.68 (30.39)	3:28.57 (29.89)	3:58.80 (30.23)	
4:28.79 (29.99)	4:57.99 (29.20)			
22 Genevieve Miller	13	Winston Salem YMCA	5:00.45	4:58.00
27.50	57.74 (30.24)	1:28.34 (30.60)	1:58.40 (30.06)	
2:28.28 (29.88)	2:58.42 (30.14)	3:28.94 (30.52)	3:59.11 (30.17)	
4:29.12 (30.01)	4:58.00 (28.88)			
23 Megan Happ	18	Upper Main Line YMCA	5:00.54	4:58.78
28.25	58.08 (29.83)	1:28.22 (30.14)	1:58.26 (30.04)	
2:28.55 (30.29)	2:58.47 (29.92)	3:28.96 (30.49)	3:59.33 (30.37)	
4:29.53 (30.20)	4:58.78 (29.25)			
24 Rachel Wilson	18	Winston Salem YMCA	5:01.10	5:01.95
27.47	57.81 (30.34)	1:28.81 (31.00)	1:59.38 (30.57)	
2:29.86 (30.48)	3:00.42 (30.56)	3:31.16 (30.74)	4:01.70 (30.54)	
4:32.18 (30.48)	5:01.95 (29.77)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 500 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Hali Flickinger	14	York And York County YMCA	4:56.20	4:54.58
26.82	55.47 (28.65)	1:24.62 (29.15)	1:54.30 (29.68)	
2:24.14 (29.84)	2:54.49 (30.35)	3:24.80 (30.31)	3:55.13 (30.33)	
4:25.27 (30.14)	4:54.58 (29.31)			
2 Emily Needham	18	North Shore (Sterling) MA YMCA	5:13.81	5:03.08
28.43	59.14 (30.71)	1:29.61 (30.47)	2:00.51 (30.90)	
2:30.96 (30.45)	3:01.22 (30.26)	3:31.90 (30.68)	4:02.36 (30.46)	
4:32.89 (30.53)	5:03.08 (30.19)			
3 Emma McKinley	15	Piedmont Family YMCA Inc.	5:15.10	5:03.77
28.30	58.51 (30.21)	1:29.34 (30.83)	2:00.30 (30.96)	
2:31.23 (30.93)	3:01.69 (30.46)	3:32.31 (30.62)	4:03.08 (30.77)	
4:33.71 (30.63)	5:03.77 (30.06)			
4 Emily Renzini	15	Spokane YMCA	5:14.99	5:05.12
28.51	58.78 (30.27)	1:29.56 (30.78)	2:00.29 (30.73)	
2:31.20 (30.91)	3:02.07 (30.87)	3:32.60 (30.53)	4:03.75 (31.15)	
4:34.87 (31.12)	5:05.12 (30.25)			
5 Katie Orem	16	New Canaan Community YMCA	5:17.20	5:05.70
28.50	59.38 (30.88)	1:30.60 (31.22)	2:01.53 (30.93)	
2:32.44 (30.91)	3:03.36 (30.92)	3:34.53 (31.17)	4:05.37 (30.84)	
4:35.96 (30.59)	5:05.70 (29.74)			
6 Sam Berizzi	17	New Canaan Community YMCA	5:21.00	5:07.14
27.29	57.05 (29.76)	1:27.43 (30.38)	1:58.06 (30.63)	
2:29.31 (31.25)	3:00.73 (31.42)	3:32.17 (31.44)	4:04.57 (32.40)	
4:36.28 (31.71)	5:07.14 (30.86)			
7 Sara Tillie	16	Harford County Family YMCA	5:14.14	5:09.18
28.23	59.05 (30.82)	1:29.94 (30.89)	2:00.87 (30.93)	
2:31.66 (30.79)	3:02.88 (31.22)	3:34.30 (31.42)	4:06.05 (31.75)	
4:37.80 (31.75)	5:09.18 (31.38)			
8 Heather Librizzi	17	Western Connecticut YMCA	5:34.50	5:10.45
28.09	58.97 (30.88)	1:30.84 (31.87)	2:02.58 (31.74)	
2:34.83 (32.25)	3:06.85 (32.02)	3:38.69 (31.84)	4:10.39 (31.70)	
4:41.26 (30.87)	5:10.45 (29.19)			
9 Madeline Bowe	18	Piedmont Family YMCA Inc.	5:06.44	5:10.66
27.79	57.48 (29.69)	1:28.20 (30.72)	1:59.35 (31.15)	
2:30.91 (31.56)	3:02.18 (31.27)	3:33.90 (31.72)	4:05.93 (32.03)	
4:38.06 (32.13)	5:10.66 (32.60)			
10 Kate Timmerman	17	Darien Community YMCA	5:24.69	5:12.79
29.24	1:00.31 (31.07)	1:31.92 (31.61)	2:03.66 (31.74)	
2:34.92 (31.26)	3:06.66 (31.74)	3:38.30 (31.64)	4:10.28 (31.98)	
4:41.74 (31.46)	5:12.79 (31.05)			
11 Alexandria Koukos	15	Cheshire YMCA	5:11.45	5:12.87
28.41	59.21 (30.80)	1:30.39 (31.18)	2:01.96 (31.57)	
2:33.62 (31.66)	3:05.21 (31.59)	3:37.35 (32.14)	4:09.56 (32.21)	
4:41.57 (32.01)	5:12.87 (31.30)			
12 Jennie Marosits	17	Lakeland Hills Family YMCA	5:16.47	5:12.90
27.91	58.25 (30.34)	1:29.58 (31.33)	2:00.90 (31.32)	
2:32.58 (31.68)	3:04.43 (31.85)	3:36.58 (32.15)	4:08.85 (32.27)	
4:41.20 (32.35)	5:12.90 (31.70)			
13 Grace Baird	14	Winston Salem YMCA	5:14.70	5:14.08
28.14	59.12 (30.98)	1:30.11 (30.99)	2:01.89 (31.78)	
2:34.12 (32.23)	3:06.38 (32.26)	3:38.65 (32.27)	4:10.93 (32.28)	
4:42.92 (31.99)	5:14.08 (31.16)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 500 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
14 Danielle Parowski	14	Greater Johnstown Community	5:18.50	5:14.38
28.77	59.28 (30.51)	1:30.61 (31.33)	2:02.10 (31.49)	
2:33.70 (31.60)	3:05.27 (31.57)	3:37.89 (32.62)	4:10.56 (32.67)	
4:42.96 (32.40)	5:14.38 (31.42)			
15 Hailey Growney	17	Lakeland Hills Family YMCA	5:18.36	5:15.14
28.82	59.86 (31.04)	1:31.54 (31.68)	2:03.57 (32.03)	
2:35.63 (32.06)	3:07.78 (32.15)	3:40.16 (32.38)	4:12.18 (32.02)	
4:44.20 (32.02)	5:15.14 (30.94)			
16 Jillian Crosby	14	Red Bank Branch	5:20.05	5:15.28
29.52	1:00.33 (30.81)	1:32.04 (31.71)	2:04.42 (32.38)	
2:36.73 (32.31)	3:09.06 (32.33)	3:41.55 (32.49)	4:13.51 (31.96)	
4:45.18 (31.67)	5:15.28 (30.10)			
*17 Caroline Brennan	16	Somerset Hills YMCA	5:17.13	5:15.36
28.80	1:00.26 (31.46)	1:32.31 (32.05)	2:04.71 (32.40)	
2:36.88 (32.17)	3:09.01 (32.13)	3:40.96 (31.95)	4:12.88 (31.92)	
4:44.77 (31.89)	5:15.36 (30.59)			
*17 Rachel Svendsen	14	Red River Valley YMCA	5:22.30	5:15.36
28.51	59.56 (31.05)	1:31.33 (31.77)	2:03.27 (31.94)	
2:35.46 (32.19)	3:07.58 (32.12)	3:39.68 (32.10)	4:11.95 (32.27)	
4:44.24 (32.29)	5:15.36 (31.12)			
19 Karissa Gorman	18	Greater Holyoke YMCA	5:13.87	5:15.69
28.32	59.38 (31.06)	1:31.16 (31.78)	2:03.17 (32.01)	
2:35.23 (32.06)	3:07.35 (32.12)	3:39.96 (32.61)	4:12.18 (32.22)	
4:44.49 (32.31)	5:15.69 (31.20)			
20 Katherine Dwyer	17	Western Monmouth Co. YMCA	5:20.22	5:16.34
28.74	59.34 (30.60)	1:29.79 (30.45)	2:01.03 (31.24)	
2:32.84 (31.81)	3:04.84 (32.00)	3:37.79 (32.95)	4:11.10 (33.31)	
4:44.35 (33.25)	5:16.34 (31.99)			
21 Riley LeBlanc	15	North Shore (Sterling) MA YMCA	5:19.63	5:16.75
28.89	59.46 (30.57)	1:30.49 (31.03)	2:01.64 (31.15)	
2:33.23 (31.59)	3:05.31 (32.08)	3:38.05 (32.74)	4:11.26 (33.21)	
4:44.37 (33.11)	5:16.75 (32.38)			
22 Lizzy Visconti	18	Cheshire YMCA	5:20.51	5:16.98
27.69	58.03 (30.34)	1:29.28 (31.25)	2:01.30 (32.02)	
2:33.67 (32.37)	3:06.26 (32.59)	3:39.28 (33.02)	4:12.54 (33.26)	
4:45.73 (33.19)	5:16.98 (31.25)			
23 Ryan Alexander	13	North Shore (Sterling) MA YMCA	5:21.62	5:18.60
28.60	59.63 (31.03)	1:31.53 (31.90)	2:03.99 (32.46)	
2:36.76 (32.77)	3:09.55 (32.79)	3:42.33 (32.78)	4:15.11 (32.78)	
4:47.49 (32.38)	5:18.60 (31.11)			
24 Allison Schafer	16	Pottstown YMCA	5:16.24	5:18.85
28.76	1:00.22 (31.46)	1:32.17 (31.95)	2:04.66 (32.49)	
2:37.15 (32.49)	3:09.36 (32.21)	3:41.74 (32.38)	4:14.38 (32.64)	
4:46.96 (32.58)	5:18.85 (31.89)			
25 Kaitlyn McKenna	16	Sanford-Springvale YMCA	5:20.75	5:19.46
28.81	59.85 (31.04)	1:31.66 (31.81)	2:04.23 (32.57)	
2:37.03 (32.80)	3:09.90 (32.87)	3:42.84 (32.94)	4:15.70 (32.86)	
4:48.32 (32.62)	5:19.46 (31.14)			
26 Kristen Landry	15	Lakeland Hills Family YMCA	5:21.57	5:20.20
27.92	59.18 (31.26)	1:31.56 (32.38)	2:04.04 (32.48)	
2:36.90 (32.86)	3:09.34 (32.44)	3:42.43 (33.09)	4:15.49 (33.06)	
4:48.35 (32.86)	5:20.20 (31.85)			



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 500 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
27 Carlyn Evans	15	Lionville Community YMCA	5:18.86	5:20.33
28.79	59.91 (31.12)	1:32.05 (32.14)	2:04.49 (32.44)	
2:37.19 (32.70)	3:09.79 (32.60)	3:42.66 (32.87)	4:15.31 (32.65)	
4:48.31 (33.00)	5:20.33 (32.02)			
28 Amanda Malmstrom	15	Phoenixville Branch YMCA	5:22.18	5:23.67
28.99	1:00.77 (31.78)	1:33.07 (32.30)	2:05.55 (32.48)	
2:39.05 (33.50)	3:12.16 (33.11)	3:45.67 (33.51)	4:19.22 (33.55)	
4:52.22 (33.00)	5:23.67 (31.45)			
29 Erin Malone	14	Riverfront Branch YMCA	5:34.50	5:24.35
29.42	1:02.02 (32.60)	1:34.98 (32.96)	2:08.23 (33.25)	
2:41.32 (33.09)	3:14.48 (33.16)	3:47.52 (33.04)	4:20.65 (33.13)	
4:53.33 (32.68)	5:24.35 (31.02)			
30 Kathryn Coniglio	16	Hunterdon County YMCA	5:35.00	5:24.65
29.29	1:02.10 (32.81)	1:35.42 (33.32)	2:08.85 (33.43)	
2:41.67 (32.82)	3:14.04 (32.37)	3:47.02 (32.98)	4:19.88 (32.86)	
4:53.23 (33.35)	5:24.65 (31.42)			
31 Lyndsey Marcheskie	15	Pottstown YMCA	5:30.25	5:24.69
28.58	1:00.51 (31.93)	1:32.78 (32.27)	2:05.67 (32.89)	
2:38.44 (32.77)	3:11.40 (32.96)	3:44.85 (33.45)	4:18.75 (33.90)	
4:52.32 (33.57)	5:24.69 (32.37)			
32 Mary Samuels	16	Kennett Area YMCA	5:25.35	5:24.85
28.72	1:00.94 (32.22)	1:34.26 (33.32)	2:07.47 (33.21)	
2:40.44 (32.97)	3:13.70 (33.26)	3:46.64 (32.94)	4:20.02 (33.38)	
4:53.33 (33.31)	5:24.85 (31.52)			
33 Alisa Danzer	15	Racine Family YMCA	5:44.00	5:25.30
28.81	1:00.25 (31.44)	1:32.95 (32.70)	2:06.69 (33.74)	
2:39.82 (33.13)	3:13.10 (33.28)	3:46.44 (33.34)	4:19.63 (33.19)	
4:52.97 (33.34)	5:25.30 (32.33)			
34 Caitlin Casazza	12	Greater High Point YMCA	5:27.60	5:28.49
29.63	1:01.36 (31.73)	1:34.87 (33.51)	2:09.05 (34.18)	
2:42.84 (33.79)	3:16.72 (33.88)	3:50.52 (33.80)	4:24.26 (33.74)	
4:57.46 (33.20)	5:28.49 (31.03)			
35 Sara Weinberg	18	Bismarck YMCA	5:23.49	5:35.15
29.47	1:02.46 (32.99)	1:36.23 (33.77)	2:10.46 (34.23)	
2:44.95 (34.49)	3:18.97 (34.02)	3:53.42 (34.45)	4:27.72 (34.30)	
5:02.21 (34.49)	5:35.15 (32.94)			
--- Rachel Stoddard	14	Somerset Valley YMCA	5:23.90	NS
--- Sarah D'Antoni	16	Ridgewood NJ YMCA	5:32.80	NS

**Women 500 Yard Freestyle Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Haley Lips	15	Middle Tyger YMCA	4:50.94	4:47.25
26.98	55.47 (28.49)	1:24.39 (28.92)	1:53.26 (28.87)	
2:22.34 (29.08)	2:51.31 (28.97)	3:20.38 (29.07)	3:49.67 (29.29)	
4:19.22 (29.55)	4:47.25 (28.03)			
2 Kelly Ann Baird	17	Winston Salem YMCA	4:50.75	4:49.46
26.08	54.20 (28.12)	1:22.78 (28.58)	1:51.65 (28.87)	
2:20.95 (29.30)	2:50.55 (29.60)	3:20.37 (29.82)	3:50.38 (30.01)	
4:20.56 (30.18)	4:49.46 (28.90)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
3 Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	4:51.66	4:49.53
27.15	56.17 (29.02)	1:25.50 (29.33)	1:55.06 (29.56)	
2:24.57 (29.51)	2:53.62 (29.05)	3:22.63 (29.01)	3:51.74 (29.11)	
4:20.93 (29.19)	4:49.53 (28.60)			
4 Laura Simon	18	Middle Tyger YMCA	4:55.63	4:49.76
26.79	55.27 (28.48)	1:23.99 (28.72)	1:53.06 (29.07)	
2:22.29 (29.23)	2:51.74 (29.45)	3:21.44 (29.70)	3:51.14 (29.70)	
4:20.76 (29.62)	4:49.76 (29.00)			
5 Kata Fodor	19	Sarasota Family YMCA, Inc	4:55.65	4:49.91
27.10	56.08 (28.98)	1:25.44 (29.36)	1:54.73 (29.29)	
2:23.95 (29.22)	2:53.14 (29.19)	3:22.46 (29.32)	3:51.95 (29.49)	
4:21.16 (29.21)	4:49.91 (28.75)			
6 Casey Ridge	18	M.E. Lyons (Anderson) YMCA	4:52.41	4:51.87
26.95	55.77 (28.82)	1:24.92 (29.15)	1:54.39 (29.47)	
2:24.30 (29.91)	2:54.07 (29.77)	3:23.47 (29.40)	3:53.29 (29.82)	
4:23.20 (29.91)	4:51.87 (28.67)			
7 Breann McDowell	17	Countryside Ralph Stolle YMCA.	4:57.31	4:54.29
26.80	55.86 (29.06)	1:24.98 (29.12)	1:54.52 (29.54)	
2:24.19 (29.67)	2:53.97 (29.78)	3:24.38 (30.41)	3:54.45 (30.07)	
4:24.70 (30.25)	4:54.29 (29.59)			
8 Emri Moore	15	Spokane YMCA	4:54.75	4:54.74
26.52	55.71 (29.19)	1:24.92 (29.21)	1:54.69 (29.77)	
2:24.39 (29.70)	2:54.46 (30.07)	3:24.41 (29.95)	3:54.84 (30.43)	
4:25.30 (30.46)	4:54.74 (29.44)			
9 Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:53.40	4:54.85
26.43	54.81 (28.38)	1:23.57 (28.76)	1:52.79 (29.22)	
2:22.33 (29.54)	2:52.26 (29.93)	3:22.54 (30.28)	3:52.96 (30.42)	
4:23.80 (30.84)	4:54.85 (31.05)			
10 Julia Kucherich	17	York And York County YMCA	4:58.52	4:55.83
27.75	57.12 (29.37)	1:26.87 (29.75)	1:56.52 (29.65)	
2:26.51 (29.99)	2:56.48 (29.97)	3:26.61 (30.13)	3:56.77 (30.16)	
4:26.99 (30.22)	4:55.83 (28.84)			
11 Caroline Smith	18	Rowan County YMCA	4:53.14	4:55.86
27.17	56.11 (28.94)	1:25.67 (29.56)	1:55.38 (29.71)	
2:25.13 (29.75)	2:55.05 (29.92)	3:25.16 (30.11)	3:55.62 (30.46)	
4:25.95 (30.33)	4:55.86 (29.91)			
12 Madeline Hoch	13	West Shore YMCA	5:08.59	4:56.34
26.75	55.64 (28.89)	1:25.16 (29.52)	1:55.53 (30.37)	
2:25.84 (30.31)	2:56.32 (30.48)	3:26.77 (30.45)	3:57.20 (30.43)	
4:27.10 (29.90)	4:56.34 (29.24)			
13 Carly Munchel	17	West Shore YMCA	5:00.99	4:56.51
27.36	56.55 (29.19)	1:26.40 (29.85)	1:56.37 (29.97)	
2:26.30 (29.93)	2:56.44 (30.14)	3:26.60 (30.16)	3:56.80 (30.20)	
4:26.99 (30.19)	4:56.51 (29.52)			
14 Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	4:56.39	4:56.91
27.66	57.11 (29.45)	1:26.99 (29.88)	1:57.31 (30.32)	
2:27.41 (30.10)	2:57.50 (30.09)	3:27.69 (30.19)	3:57.82 (30.13)	
4:27.51 (29.69)	4:56.91 (29.40)			
15 Marissa Harrington	18	Sarasota Family YMCA, Inc	4:53.77	4:56.97
28.56	58.06 (29.50)	1:27.79 (29.73)	1:57.68 (29.89)	
2:27.27 (29.59)	2:57.14 (29.87)	3:27.19 (30.05)	3:57.33 (30.14)	
4:27.52 (30.19)	4:56.97 (29.45)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
16 Erin Burke	18	Triangle Area YMCA	5:00.14	4:57.21
27.08	55.72 (28.64)	1:25.03 (29.31)	1:54.96 (29.93)	
2:24.96 (30.00)	2:55.40 (30.44)	3:25.84 (30.44)	3:56.42 (30.58)	
4:27.28 (30.86)	4:57.21 (29.93)			
17 Claire Loht	16	West Shore YMCA	4:55.20	4:58.06
27.46	56.76 (29.30)	1:26.49 (29.73)	1:56.44 (29.95)	
2:26.88 (30.44)	2:56.75 (29.87)	3:27.15 (30.40)	3:57.55 (30.40)	
4:27.91 (30.36)	4:58.06 (30.15)			
18 Katie Nemann	16	M.E. Lyons (Anderson) YMCA	4:58.65	4:58.29
27.69	57.37 (29.68)	1:27.42 (30.05)	1:57.58 (30.16)	
2:27.50 (29.92)	2:57.89 (30.39)	3:28.07 (30.18)	3:58.15 (30.08)	
4:28.32 (30.17)	4:58.29 (29.97)			
19 Rachel Harrington	16	Sarasota Family YMCA, Inc	4:57.31	4:58.54
28.45	58.39 (29.94)	1:28.48 (30.09)	1:58.56 (30.08)	
2:28.70 (30.14)	2:58.63 (29.93)	3:28.65 (30.02)	3:58.78 (30.13)	
4:29.03 (30.25)	4:58.54 (29.51)			
20 Danielle Valley	13	Sarasota Family YMCA, Inc	5:06.57	4:58.91
27.94	57.70 (29.76)	1:27.41 (29.71)	1:56.97 (29.56)	
2:26.83 (29.86)	2:57.10 (30.27)	3:27.34 (30.24)	3:57.88 (30.54)	
4:28.56 (30.68)	4:58.91 (30.35)			
21 Rocky Raybon	17	Sarasota Family YMCA, Inc	4:58.67	5:00.42
27.70	57.41 (29.71)	1:27.34 (29.93)	1:57.60 (30.26)	
2:27.61 (30.01)	2:57.83 (30.22)	3:28.19 (30.36)	3:59.07 (30.88)	
4:30.08 (31.01)	5:00.42 (30.34)			
22 Genevieve Miller	13	Winston Salem YMCA	5:02.33	5:00.45
26.98	56.19 (29.21)	1:26.05 (29.86)	1:56.24 (30.19)	
2:26.76 (30.52)	2:57.68 (30.92)	3:28.36 (30.68)	3:59.33 (30.97)	
4:30.35 (31.02)	5:00.45 (30.10)			
23 Megan Happ	18	Upper Main Line YMCA	5:00.58	5:00.54
27.55	57.21 (29.66)	1:27.58 (30.37)	1:57.77 (30.19)	
2:28.27 (30.50)	2:58.75 (30.48)	3:29.17 (30.42)	3:59.90 (30.73)	
4:30.42 (30.52)	5:00.54 (30.12)			
24 Katheryne Muth	17	Sarasota Family YMCA, Inc	4:31.72L	5:00.94
27.51	57.19 (29.68)	1:27.48 (30.29)	1:57.78 (30.30)	
2:28.14 (30.36)	2:58.58 (30.44)	3:29.31 (30.73)	4:00.26 (30.95)	
4:30.85 (30.59)	5:00.94 (30.09)			
25 Rachel Wilson	18	Winston Salem YMCA	5:02.18	5:01.10
27.21	56.93 (29.72)	1:27.33 (30.40)	1:57.71 (30.38)	
2:28.16 (30.45)	2:58.78 (30.62)	3:29.56 (30.78)	4:00.53 (30.97)	
4:31.07 (30.54)	5:01.10 (30.03)			
26 Nikki Barczak	15	Birmingham Family YMCA	5:05.46	5:01.38
27.49	57.19 (29.70)	1:27.60 (30.41)	1:58.41 (30.81)	
2:28.89 (30.48)	3:00.36 (31.47)	3:31.45 (31.09)	4:02.23 (30.78)	
4:32.88 (30.65)	5:01.38 (28.50)			
27 Sara Craft	14	Wyckoff Family YMCA Inc	5:11.49	5:01.39
27.54	57.04 (29.50)	1:27.17 (30.13)	1:57.72 (30.55)	
2:28.41 (30.69)	2:59.16 (30.75)	3:30.02 (30.86)	4:00.96 (30.94)	
4:31.65 (30.69)	5:01.39 (29.74)			
28 Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	5:00.54	5:01.94
27.82	58.38 (30.56)	1:29.07 (30.69)	2:00.34 (31.27)	
2:30.80 (30.46)	3:01.35 (30.55)	3:31.83 (30.48)	4:02.48 (30.65)	
4:32.80 (30.32)	5:01.94 (29.14)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
29 Hilary Woldt	17	Oshkosh Community YMCA	5:04.67	5:01.96
27.65	57.37 (29.72)	1:27.93 (30.56)	1:58.78 (30.85)	
2:29.58 (30.80)	3:00.23 (30.65)	3:31.05 (30.82)	4:01.48 (30.43)	
4:31.94 (30.46)	5:01.96 (30.02)			
30 Lauren Baisden	17	Phoenixville Branch YMCA	4:59.15	5:02.31
27.21	56.59 (29.38)	1:26.58 (29.99)	1:57.10 (30.52)	
2:27.82 (30.72)	2:58.61 (30.79)	3:29.56 (30.95)	4:00.78 (31.22)	
4:31.92 (31.14)	5:02.31 (30.39)			
31 Kiera Molloy	14	Triangle Area YMCA	5:02.68	5:02.64
27.29	56.83 (29.54)	1:26.83 (30.00)	1:57.24 (30.41)	
2:27.92 (30.68)	2:58.86 (30.94)	3:29.90 (31.04)	4:01.08 (31.18)	
4:32.31 (31.23)	5:02.64 (30.33)			
32 Paige Weslaski	17	Racine Family YMCA	5:04.62	5:02.71
27.42	57.31 (29.89)	1:27.84 (30.53)	1:58.44 (30.60)	
2:29.24 (30.80)	2:59.92 (30.68)	3:30.87 (30.95)	4:01.96 (31.09)	
4:32.76 (30.80)	5:02.71 (29.95)			
33 Adrienne Phillips	18	West Shore YMCA	5:02.80	5:02.72
27.02	56.34 (29.32)	1:26.28 (29.94)	1:56.73 (30.45)	
2:27.29 (30.56)	2:58.12 (30.83)	3:29.39 (31.27)	4:00.66 (31.27)	
4:31.98 (31.32)	5:02.72 (30.74)			
34 Ava Jones	15	Sarasota Family YMCA, Inc	5:06.21	5:02.85
28.43	58.93 (30.50)	1:29.39 (30.46)	1:59.75 (30.36)	
2:30.23 (30.48)	3:01.03 (30.80)	3:31.65 (30.62)	4:02.43 (30.78)	
4:33.08 (30.65)	5:02.85 (29.77)			
35 Jennifer Tavares	14	Cheshire YMCA	5:08.24	5:03.18
27.70	57.63 (29.93)	1:28.00 (30.37)	1:58.99 (30.99)	
2:29.84 (30.85)	3:00.34 (30.50)	3:30.78 (30.44)	4:01.72 (30.94)	
4:32.79 (31.07)	5:03.18 (30.39)			
36 Mary deMarrais	18	Somerset Hills YMCA	5:00.40	5:03.23
27.56	57.44 (29.88)	1:27.63 (30.19)	1:57.92 (30.29)	
2:28.24 (30.32)	2:58.99 (30.75)	3:30.01 (31.02)	4:01.05 (31.04)	
4:32.43 (31.38)	5:03.23 (30.80)			
37 Corey Allison	18	Sarasota Family YMCA, Inc	5:05.88	5:03.42
27.98	57.88 (29.90)	1:28.08 (30.20)	1:58.64 (30.56)	
2:29.51 (30.87)	3:00.52 (31.01)	3:31.46 (30.94)	4:02.48 (31.02)	
4:33.29 (30.81)	5:03.42 (30.13)			
*38 Hannah Pugh	16	Macomb Family YMCA	5:05.87	5:03.50
27.88	57.79 (29.91)	1:28.33 (30.54)	1:58.72 (30.39)	
2:29.24 (30.52)	3:00.16 (30.92)	3:30.66 (30.50)	4:01.79 (31.13)	
4:32.94 (31.15)	5:03.50 (30.56)			
*38 Ali Church	14	Red River Valley YMCA	5:09.34	5:03.50
27.32	57.26 (29.94)	1:27.70 (30.44)	1:58.28 (30.58)	
2:28.96 (30.68)	2:59.67 (30.71)	3:30.78 (31.11)	4:02.12 (31.34)	
4:33.28 (31.16)	5:03.50 (30.22)			
40 Molly McSweeney	15	North Shore (Sterling) MA YMCA	5:09.62	5:03.61
28.22	58.45 (30.23)	1:29.42 (30.97)	2:00.94 (31.52)	
2:32.16 (31.22)	3:03.27 (31.11)	3:33.95 (30.68)	4:04.40 (30.45)	
4:34.92 (30.52)	5:03.61 (28.69)			
41 Anna Wujciak	14	Greater Flint YMCA	5:08.81	5:03.87
29.07	59.96 (30.89)	1:31.06 (31.10)	2:02.17 (31.11)	
2:33.08 (30.91)	3:03.44 (30.36)	3:34.13 (30.69)	4:04.48 (30.35)	
4:34.80 (30.32)	5:03.87 (29.07)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
42 Samantha Kietlinski	18	Hamilton Area NJ YMCA	5:09.41	5:04.19
27.53	57.39 (29.86)	1:27.81 (30.42)	1:58.37 (30.56)	
2:29.15 (30.78)	3:00.16 (31.01)	3:31.38 (31.22)	4:02.69 (31.31)	
4:33.99 (31.30)	5:04.19 (30.20)			
43 Megan Gegesky	17	Birmingham Family YMCA	5:07.42	5:04.46
28.04	58.19 (30.15)	1:28.86 (30.67)	1:59.93 (31.07)	
2:30.72 (30.79)	3:01.73 (31.01)	3:32.90 (31.17)	4:03.88 (30.98)	
4:34.53 (30.65)	5:04.46 (29.93)			
44 Sara Beth Drake	16	Middle Tyger YMCA	5:09.90	5:04.91
28.15	58.09 (29.94)	1:29.23 (31.14)	2:00.28 (31.05)	
2:31.17 (30.89)	3:02.20 (31.03)	3:32.93 (30.73)	4:03.66 (30.73)	
4:34.65 (30.99)	5:04.91 (30.26)			
45 Sarah Kaneshiki	16	Greater Johnstown Community	5:06.44	5:04.98
27.72	57.84 (30.12)	1:28.49 (30.65)	1:59.49 (31.00)	
2:30.72 (31.23)	3:02.04 (31.32)	3:33.20 (31.16)	4:04.80 (31.60)	
4:35.77 (30.97)	5:04.98 (29.21)			
46 Paige Baisden	15	Phoenixville Branch YMCA	5:06.27	5:05.01
27.46	57.48 (30.02)	1:28.08 (30.60)	1:59.27 (31.19)	
2:30.61 (31.34)	3:02.07 (31.46)	3:33.58 (31.51)	4:04.78 (31.20)	
4:35.63 (30.85)	5:05.01 (29.38)			
47 Audrey Tolbert	17	Harford County Family YMCA	5:07.18	5:05.14
27.39	57.29 (29.90)	1:27.68 (30.39)	1:58.22 (30.54)	
2:28.98 (30.76)	3:00.04 (31.06)	3:31.22 (31.18)	4:02.58 (31.36)	
4:34.07 (31.49)	5:05.14 (31.07)			
48 Katherine Glenn	17	Catawba Valley YMCA	5:04.71	5:05.28
15.58	57.31 (41.73)	1:27.68 (30.37)	1:58.15 (30.47)	
2:28.99 (30.84)	2:59.88 (30.89)	3:30.93 (31.05)	4:02.36 (31.43)	
4:34.03 (31.67)	5:05.28 (31.25)			
49 Emily Launer	15	Kishwaukee Family YMCA	5:05.67	5:05.39
27.26	56.94 (29.68)	1:27.46 (30.52)	1:58.43 (30.97)	
2:29.64 (31.21)	3:00.96 (31.32)	3:32.22 (31.26)	4:03.65 (31.43)	
4:34.82 (31.17)	5:05.39 (30.57)			
50 Molly Loftus	15	Westport/Weston CT YMCA	5:05.90	5:05.45
27.42	56.61 (29.19)	1:26.55 (29.94)	1:57.11 (30.56)	
2:28.07 (30.96)	2:59.20 (31.13)	3:30.62 (31.42)	4:02.34 (31.72)	
4:34.15 (31.81)	5:05.45 (31.30)			
*51 Courtney Weaver	13	Greater Flint YMCA	5:07.47	5:05.51
28.11	58.57 (30.46)	1:29.50 (30.93)	2:00.49 (30.99)	
2:31.35 (30.86)	3:02.31 (30.96)	3:33.42 (31.11)	4:04.52 (31.10)	
4:35.62 (31.10)	5:05.51 (29.89)			
*51 Whitney Woodbridge	16	Saginaw YMCA	5:11.56	5:05.51
27.71	57.61 (29.90)	1:28.33 (30.72)	1:59.38 (31.05)	
2:30.88 (31.50)	3:02.18 (31.30)	3:33.27 (31.09)	4:04.38 (31.11)	
4:35.33 (30.95)	5:05.51 (30.18)			
53 Taylor Brew	15	York And York County YMCA	5:05.31	5:05.57
28.04	58.21 (30.17)	1:28.73 (30.52)	1:59.45 (30.72)	
2:30.19 (30.74)	3:01.08 (30.89)	3:32.28 (31.20)	4:03.81 (31.53)	
4:35.16 (31.35)	5:05.57 (30.41)			
54 Marah Pugh	13	Macomb Family YMCA	5:08.51	5:05.61
27.99	58.34 (30.35)	1:29.26 (30.92)	1:59.66 (30.40)	
2:30.61 (30.95)	3:01.69 (31.08)	3:33.11 (31.42)	4:03.79 (30.68)	
4:35.01 (31.22)	5:05.61 (30.60)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
55 Megan Foran	15	Red Bank Branch	5:12.55	5:05.66
28.52	58.98 (30.46)	1:29.89 (30.91)	2:00.87 (30.98)	
2:31.87 (31.00)	3:02.59 (30.72)	3:33.40 (30.81)	4:04.29 (30.89)	
4:35.51 (31.22)	5:05.66 (30.15)			
56 Joanna Murphy	14	Sarasota Family YMCA, Inc	5:11.05	5:05.74
28.60	58.58 (29.98)	1:29.19 (30.61)	1:59.79 (30.60)	
2:30.67 (30.88)	3:01.60 (30.93)	3:32.71 (31.11)	4:03.85 (31.14)	
4:35.13 (31.28)	5:05.74 (30.61)			
57 Caroline Finkbeiner	14	West Shore YMCA	5:07.67	5:06.03
27.26	57.39 (30.13)	1:28.21 (30.82)	1:59.25 (31.04)	
2:30.48 (31.23)	3:01.65 (31.17)	3:33.20 (31.55)	4:04.36 (31.16)	
4:35.74 (31.38)	5:06.03 (30.29)			
58 Kristina Roop	17	Upper Main Line YMCA	5:07.85	5:06.28
27.85	57.70 (29.85)	1:28.14 (30.44)	1:58.94 (30.80)	
2:30.07 (31.13)	3:01.19 (31.12)	3:32.47 (31.28)	4:04.00 (31.53)	
4:35.44 (31.44)	5:06.28 (30.84)			
59 Cathy Howard	18	Burlington County YMCA	5:03.94	5:06.31
27.31	56.88 (29.57)	1:27.19 (30.31)	1:58.06 (30.87)	
2:29.27 (31.21)	3:00.69 (31.42)	3:32.18 (31.49)	4:03.62 (31.44)	
4:35.25 (31.63)	5:06.31 (31.06)			
60 Alexandra Meyers	13	Schroeder YMCA	5:08.31	5:06.33
27.61	57.69 (30.08)	1:28.14 (30.45)	1:58.94 (30.80)	
2:29.89 (30.95)	3:00.97 (31.08)	3:32.29 (31.32)	4:03.84 (31.55)	
4:35.54 (31.70)	5:06.33 (30.79)			
61 Jamie Osborn	16	Middle Tyger YMCA	5:11.74	5:06.36
27.87	57.97 (30.10)	1:28.79 (30.82)	2:00.15 (31.36)	
2:31.13 (30.98)	3:02.12 (30.99)	3:33.41 (31.29)	4:04.85 (31.44)	
4:36.28 (31.43)	5:06.36 (30.08)			
62 Anna Strzempko	14	Greater Holyoke YMCA	5:12.18	5:06.38
27.10	56.51 (29.41)	1:27.16 (30.65)	1:58.04 (30.88)	
2:29.11 (31.07)	3:00.36 (31.25)	3:31.87 (31.51)	4:03.45 (31.58)	
4:35.33 (31.88)	5:06.38 (31.05)			
63 Madeline Bowe	18	Piedmont Family YMCA Inc.	5:07.94	5:06.44
27.68	57.44 (29.76)	1:27.84 (30.40)	1:58.64 (30.80)	
2:29.42 (30.78)	3:00.66 (31.24)	3:31.73 (31.07)	4:03.26 (31.53)	
4:34.97 (31.71)	5:06.44 (31.47)			
64 Claire Keithly	17	Upper Main Line YMCA	5:10.52	5:06.47
27.85	57.84 (29.99)	1:28.41 (30.57)	1:59.03 (30.62)	
2:29.72 (30.69)	3:00.90 (31.18)	3:32.26 (31.36)	4:03.91 (31.65)	
4:35.83 (31.92)	5:06.47 (30.64)			
65 Kalee Kemmesat	17	Bismarck YMCA	5:10.94	5:06.66
28.02	58.26 (30.24)	1:29.07 (30.81)	2:00.46 (31.39)	
2:30.53 (30.07)	3:01.52 (30.99)	3:33.21 (31.69)	4:05.04 (31.83)	
4:36.72 (31.68)	5:06.66 (29.94)			
66 Stephie Fox	18	Rapid Area YMCA - MI	5:08.80	5:06.73
27.19	57.00 (29.81)	1:27.32 (30.32)	1:58.18 (30.86)	
2:29.27 (31.09)	3:00.53 (31.26)	3:32.74 (32.21)	4:04.50 (31.76)	
4:36.30 (31.80)	5:06.73 (30.43)			
67 Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	5:09.41	5:06.89
28.19	58.77 (30.58)	1:29.66 (30.89)	2:01.21 (31.55)	
2:32.31 (31.10)	3:03.29 (30.98)	3:34.73 (31.44)	4:06.21 (31.48)	
4:36.95 (30.74)	5:06.89 (29.94)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
68 Cameron Davis	13	Sarasota Family YMCA, Inc	5:08.34	5:07.00
28.97	59.79 (30.82)	1:31.16 (31.37)	2:02.37 (31.21)	
2:33.60 (31.23)	3:04.23 (30.63)	3:35.35 (31.12)	4:06.63 (31.28)	
4:37.54 (30.91)	5:07.00 (29.46)			
69 Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	5:13.51	5:07.08
28.28	58.69 (30.41)	1:29.27 (30.58)	2:00.38 (31.11)	
2:31.78 (31.40)	3:03.32 (31.54)	3:34.87 (31.55)	4:06.17 (31.30)	
4:37.28 (31.11)	5:07.08 (29.80)			
70 Christina Daquila	18	Somerset Hills YMCA	5:05.22	5:07.28
27.99	57.98 (29.99)	1:28.57 (30.59)	1:59.66 (31.09)	
2:30.72 (31.06)	3:01.73 (31.01)	3:33.15 (31.42)	4:04.94 (31.79)	
4:36.33 (31.39)	5:07.28 (30.95)			
71 Kara Keenan	18	Upper Main Line YMCA	5:08.28	5:07.33
28.17	58.03 (29.86)	1:28.58 (30.55)	1:59.67 (31.09)	
2:30.98 (31.31)	3:02.43 (31.45)	3:33.83 (31.40)	4:05.54 (31.71)	
4:36.79 (31.25)	5:07.33 (30.54)			
72 Michelle Kim	12	Ridgewood NJ YMCA	5:09.80	5:07.76
27.57	57.72 (30.15)	1:28.55 (30.83)	1:59.62 (31.07)	
2:31.05 (31.43)	3:02.47 (31.42)	3:34.05 (31.58)	4:05.97 (31.92)	
4:37.18 (31.21)	5:07.76 (30.58)			
73 Rachel Mulligan	13	Triangle Area YMCA	5:13.39	5:08.17
27.96	58.49 (30.53)	1:28.99 (30.50)	1:59.96 (30.97)	
2:31.14 (31.18)	3:02.79 (31.65)	3:34.06 (31.27)	4:05.88 (31.82)	
4:37.43 (31.55)	5:08.17 (30.74)			
74 Colleen McCormack	17	North Shore (Sterling) MA YMCA	5:06.26	5:08.32
27.33	57.12 (29.79)	1:27.95 (30.83)	1:59.36 (31.41)	
2:30.71 (31.35)	3:02.17 (31.46)	3:33.67 (31.50)	4:05.33 (31.66)	
4:37.29 (31.96)	5:08.32 (31.03)			
75 Alivia Berg	15	South Eastern Coastline Branch	5:03.38	5:08.34
27.24	57.09 (29.85)	1:27.74 (30.65)	1:45.23 (17.49)	
2:30.25 (45.02)	3:01.66 (31.41)	3:33.33 (31.67)	4:05.41 (32.08)	
4:37.36 (31.95)	5:08.34 (30.98)			
76 Megan Kittilstad	17	Schroeder YMCA	5:12.44	5:08.41
28.46	58.49 (30.03)	1:29.21 (30.72)	2:00.27 (31.06)	
2:31.16 (30.89)	3:02.37 (31.21)	3:33.77 (31.40)	4:05.41 (31.64)	
4:37.16 (31.75)	5:08.41 (31.25)			
77 Kate Dillione	16	Tri-Hampton Family Branch YMC	5:06.12	5:08.60
27.52	57.51 (29.99)	1:28.13 (30.62)	1:59.20 (31.07)	
2:30.43 (31.23)	3:02.07 (31.64)	3:33.51 (31.44)	4:05.08 (31.57)	
4:37.21 (32.13)	5:08.60 (31.39)			
78 Kaitlyn Ferrara	13	M.E. Lyons (Anderson) YMCA	5:09.31	5:08.63
28.18	58.65 (30.47)	1:29.72 (31.07)	2:01.08 (31.36)	
2:32.60 (31.52)	3:03.84 (31.24)	3:35.36 (31.52)	4:06.78 (31.42)	
4:38.14 (31.36)	5:08.63 (30.49)			
79 Mckenzie Clark	16	Sarasota Family YMCA, Inc	5:07.81	5:08.64
28.48	58.86 (30.38)	1:28.94 (30.08)	1:59.23 (30.29)	
2:29.78 (30.55)	3:00.92 (31.14)	3:32.51 (31.59)	4:04.83 (32.32)	
4:37.13 (32.30)	5:08.64 (31.51)			
80 Grace Counts	15	Powel Crosley Jr. YMCA	5:11.81	5:08.99
28.95	59.60 (30.65)	1:31.23 (31.63)	2:02.83 (31.60)	
2:34.39 (31.56)	3:05.47 (31.08)	3:36.75 (31.28)	4:08.41 (31.66)	
4:39.10 (30.69)	5:08.99 (29.89)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
81 Carolyn Carter	15	Countryside Ralph Stolle YMCA.	5:10.90	5:09.08
28.92	59.97 (31.05)	1:31.24 (31.27)	2:02.54 (31.30)	
2:33.60 (31.06)	3:05.12 (31.52)	3:36.22 (31.10)	4:07.68 (31.46)	
4:38.79 (31.11)	5:09.08 (30.29)			
82 Alex Catena	15	Sarasota Family YMCA, Inc	5:13.39	5:09.18
29.31	1:00.30 (30.99)	1:31.44 (31.14)	2:02.72 (31.28)	
2:34.14 (31.42)	3:05.52 (31.38)	3:36.67 (31.15)	4:07.93 (31.26)	
4:38.96 (31.03)	5:09.18 (30.22)			
83 Kimberly Kaller	17	Somerset Hills YMCA	5:12.81	5:09.56
27.63	57.66 (30.03)	1:28.42 (30.76)	1:59.62 (31.20)	
2:31.07 (31.45)	3:02.94 (31.87)	3:34.84 (31.90)	4:06.87 (32.03)	
4:38.96 (32.09)	5:09.56 (30.60)			
84 Meredith Ketchmark	16	Hamilton Area NJ YMCA	5:10.38	5:09.64
27.52	57.74 (30.22)	1:29.01 (31.27)	2:00.49 (31.48)	
2:32.18 (31.69)	3:03.87 (31.69)	3:35.64 (31.77)	4:07.33 (31.69)	
4:38.96 (31.63)	5:09.64 (30.68)			
85 Carey Fries	16	Summit Branch YMCA	5:12.33	5:09.65
27.72	57.91 (30.19)	1:28.72 (30.81)	2:00.38 (31.66)	
2:31.85 (31.47)	3:03.48 (31.63)	3:34.86 (31.38)	4:06.44 (31.58)	
4:38.38 (31.94)	5:09.65 (31.27)			
86 Bridget Hilferty	17	Boyertown Area YMCA	5:12.73	5:09.74
28.67	59.66 (30.99)	1:31.04 (31.38)	2:02.42 (31.38)	
2:34.11 (31.69)	3:05.88 (31.77)	3:37.41 (31.53)	4:08.61 (31.20)	
4:39.90 (31.29)	5:09.74 (29.84)			
87 Stephanie Nguyen	16	Cheshire YMCA	5:12.52	5:09.77
28.63	59.02 (30.39)	1:30.00 (30.98)	2:01.24 (31.24)	
2:32.46 (31.22)	3:03.68 (31.22)	3:35.13 (31.45)	4:06.87 (31.74)	
4:38.82 (31.95)	5:09.77 (30.95)			
88 Amanda Hardewig	16	M.E. Lyons (Anderson) YMCA	5:11.09	5:10.08
28.66	59.05 (30.39)	1:30.13 (31.08)	2:01.22 (31.09)	
2:32.91 (31.69)	3:04.34 (31.43)	3:35.71 (31.37)	4:07.45 (31.74)	
4:39.06 (31.61)	5:10.08 (31.02)			
89 Marissa Doepker	18	Farmington Family YMCA	5:09.56	5:10.41
27.36	57.33 (29.97)	1:28.61 (31.28)	1:59.92 (31.31)	
2:31.69 (31.77)	3:03.40 (31.71)	3:35.37 (31.97)	4:07.70 (32.33)	
4:39.74 (32.04)	5:10.41 (30.67)			
90 Theresa Gallagher	18	Anne Arundel County YMCA	5:09.71	5:10.58
27.53	57.78 (30.25)	1:28.71 (30.93)	2:00.11 (31.40)	
2:31.89 (31.78)	3:03.87 (31.98)	3:35.77 (31.90)	4:07.58 (31.81)	
4:39.60 (32.02)	5:10.58 (30.98)			
91 Rebecca Maher	18	Downtown Youth Center YMCA	5:09.82	5:10.83
28.28	58.64 (30.36)	1:29.41 (30.77)	2:00.70 (31.29)	
2:32.01 (31.31)	3:03.54 (31.53)	3:36.01 (32.47)	4:08.01 (32.00)	
4:39.92 (31.91)	5:10.83 (30.91)			
92 Natalie Bolin	16	Oshkosh Community YMCA	5:06.86	5:11.39
28.29	58.71 (30.42)	1:29.53 (30.82)	2:01.02 (31.49)	
2:32.47 (31.45)	3:04.06 (31.59)	3:35.85 (31.79)	4:07.93 (32.08)	
4:39.99 (32.06)	5:11.39 (31.40)			
93 Anna Blair Bullock	15	Winston Salem YMCA	5:09.85	5:11.43
27.70	57.97 (30.27)	1:28.96 (30.99)	2:00.28 (31.32)	
2:32.03 (31.75)	3:03.83 (31.80)	3:35.91 (32.08)	4:08.28 (32.37)	
4:40.24 (31.96)	5:11.43 (31.19)			



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
94 Jesse Evans	15	Greenwich YMCA	5:09.16	5:11.73
27.78	57.63 (29.85)	1:28.33 (30.70)	1:59.61 (31.28)	
2:31.41 (31.80)	3:03.53 (32.12)	3:35.76 (32.23)	4:08.21 (32.45)	
4:40.77 (32.56)	5:11.73 (30.96)			
95 Maggie Thompson	17	Spokane YMCA	5:10.43	5:11.79
27.21	57.41 (30.20)	1:28.54 (31.13)	2:00.10 (31.56)	
2:32.16 (32.06)	3:04.37 (32.21)	3:36.75 (32.38)	4:08.85 (32.10)	
4:40.73 (31.88)	5:11.79 (31.06)			
96 Katherine Crain	17	Huntington WV YMCA	5:11.71	5:12.34
28.01	58.60 (30.59)	1:29.76 (31.16)	2:01.25 (31.49)	
2:32.97 (31.72)	3:04.38 (31.41)	3:36.48 (32.10)	4:08.73 (32.25)	
4:40.68 (31.95)	5:12.34 (31.66)			
97 Maggie Brabbins	17	Birmingham Family YMCA	5:08.55	5:12.46
28.04	58.26 (30.22)	1:29.12 (30.86)	2:00.21 (31.09)	
2:31.89 (31.68)	3:03.90 (32.01)	3:35.82 (31.92)	4:07.98 (32.16)	
4:40.53 (32.55)	5:12.46 (31.93)			
98 Kelsey Reid	17	Greater Flint YMCA	5:13.12	5:12.58
29.31	1:00.22 (30.91)	1:31.47 (31.25)	2:02.69 (31.22)	
2:34.08 (31.39)	3:05.85 (31.77)	3:37.58 (31.73)	4:09.40 (31.82)	
4:41.43 (32.03)	5:12.58 (31.15)			
99 Kimberly Roos	13	Schroeder YMCA	5:11.36	5:12.70
28.23	58.84 (30.61)	1:30.14 (31.30)	2:01.77 (31.63)	
2:33.76 (31.99)	3:05.91 (32.15)	3:37.81 (31.90)	4:09.81 (32.00)	
4:41.77 (31.96)	5:12.70 (30.93)			
100 Sydnee Eberly	16	Countryside Ralph Stolle YMCA.	5:07.65	5:12.76
28.58	59.58 (31.00)	1:31.06 (31.48)	2:02.85 (31.79)	
2:35.06 (32.21)	3:07.36 (32.30)	3:38.60 (31.24)	4:10.15 (31.55)	
4:41.87 (31.72)	5:12.76 (30.89)			
101 Christine McGuire	15	Greenwich YMCA	5:09.99	5:13.01
28.37	59.28 (30.91)	1:30.67 (31.39)	2:02.29 (31.62)	
2:34.21 (31.92)	3:06.00 (31.79)	3:37.91 (31.91)	4:10.20 (32.29)	
4:42.33 (32.13)	5:13.01 (30.68)			
102 Carrigan Eckels	13	West Shore YMCA	5:13.19	5:13.03
28.14	58.90 (30.76)	1:30.72 (31.82)	2:02.30 (31.58)	
2:34.31 (32.01)	3:06.62 (32.31)	3:38.40 (31.78)	4:10.69 (32.29)	
4:42.72 (32.03)	5:13.03 (30.31)			
103 Karen Novak	16	Cheshire YMCA	5:12.61	5:13.18
28.53	59.41 (30.88)	1:30.78 (31.37)	2:02.19 (31.41)	
2:33.96 (31.77)	3:05.84 (31.88)	3:37.87 (32.03)	4:09.90 (32.03)	
4:41.89 (31.99)	5:13.18 (31.29)			
104 Karen Chu	15	Westport/Weston CT YMCA	5:07.88	5:13.29
27.36	57.96 (30.60)	1:29.26 (31.30)	2:00.90 (31.64)	
2:33.07 (32.17)	3:05.33 (32.26)	3:37.49 (32.16)	4:09.68 (32.19)	
4:42.04 (32.36)	5:13.29 (31.25)			
105 Claire Shannon	18	M.E. Lyons (Anderson) YMCA	5:10.69	5:13.98
27.98	58.75 (30.77)	1:30.38 (31.63)	2:02.29 (31.91)	
2:34.34 (32.05)	3:06.28 (31.94)	3:38.44 (32.16)	4:10.72 (32.28)	
4:42.86 (32.14)	5:13.98 (31.12)			
106 Becky Evenson	17	Sarasota Family YMCA, Inc	5:09.24	5:14.01
29.13	1:00.16 (31.03)	1:31.31 (31.15)	2:02.69 (31.38)	
2:34.27 (31.58)	3:06.24 (31.97)	3:38.09 (31.85)	4:09.97 (31.88)	
4:42.32 (32.35)	5:14.01 (31.69)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
107 Shannon Mulcahy	16	York And York County YMCA	5:12.24	5:14.18
28.95	59.97 (31.02)	1:31.45 (31.48)	2:02.97 (31.52)	
2:34.75 (31.78)	3:06.62 (31.87)	3:38.84 (32.22)	4:10.97 (32.13)	
4:43.09 (32.12)	5:14.18 (31.09)			
108 Kori Golden	17	Anne Arundel County YMCA	5:08.62	5:14.23
28.05	58.59 (30.54)	1:30.29 (31.70)	2:02.28 (31.99)	
2:33.89 (31.61)	3:05.60 (31.71)	3:37.92 (32.32)	4:10.25 (32.33)	
4:42.47 (32.22)	5:14.23 (31.76)			
109 Alexandria Koukos	15	Cheshire YMCA	5:11.45	5:14.71
28.55	59.18 (30.63)	1:30.24 (31.06)	2:01.65 (31.41)	
2:33.68 (32.03)	3:05.94 (32.26)	3:38.29 (32.35)	4:10.85 (32.56)	
4:42.76 (31.91)	5:14.71 (31.95)			
110 Dayna Nellis	18	Green Bay YMCA Metro	5:12.56	5:14.80
27.74	58.42 (30.68)	1:29.89 (31.47)	2:01.51 (31.62)	
2:33.51 (32.00)	3:05.51 (32.00)	3:38.05 (32.54)	4:10.49 (32.44)	
4:42.86 (32.37)	5:14.80 (31.94)			
111 Lexi Cole	15	Sunbury Branch YMCA	5:11.99	5:15.52
29.07	1:00.39 (31.32)	1:32.42 (32.03)	2:04.61 (32.19)	
2:37.17 (32.56)	3:09.32 (32.15)	3:41.16 (31.84)	4:13.31 (32.15)	
4:44.60 (31.29)	5:15.52 (30.92)			
112 Chelsey Young	17	Defiance Area YMCA	5:13.27	5:15.55
28.50	59.23 (30.73)	1:30.62 (31.39)	2:02.73 (32.11)	
2:34.53 (31.80)	3:06.08 (31.55)	3:38.25 (32.17)	4:10.60 (32.35)	
4:43.40 (32.80)	5:15.55 (32.15)			
113 Jennifer Hicks	18	M.E. Lyons (Anderson) YMCA	5:06.41	5:15.71
28.78	59.63 (30.85)	1:31.06 (31.43)	2:02.62 (31.56)	
2:34.32 (31.70)	3:06.43 (32.11)	3:38.93 (32.50)	4:11.36 (32.43)	
4:44.00 (32.64)	5:15.71 (31.71)			
*114 Jaime Kohnke	13	Schroeder YMCA	5:07.86	5:15.95
28.97	1:00.02 (31.05)	1:31.93 (31.91)	2:03.77 (31.84)	
2:36.28 (32.51)	3:08.58 (32.30)	3:40.85 (32.27)	4:12.69 (31.84)	
4:45.11 (32.42)	5:15.95 (30.84)			
*114 Kara Dubiel	17	Somerset Valley YMCA	5:10.99	5:15.95
28.14	58.47 (30.33)	1:29.49 (31.02)	2:00.65 (31.16)	
2:32.54 (31.89)	3:04.64 (32.10)	3:37.32 (32.68)	4:10.25 (32.93)	
4:43.36 (33.11)	5:15.95 (32.59)			
116 Sammy Joe Koons	15	Sunbury Branch YMCA	5:11.98	5:16.91
28.45	59.02 (30.57)	1:31.12 (32.10)	2:03.31 (32.19)	
2:35.71 (32.40)	3:08.35 (32.64)	3:40.98 (32.63)	4:13.59 (32.61)	
4:46.07 (32.48)	5:16.91 (30.84)			
117 Sara Pardue	15	B.R. Ryall (Northwestern Dupag	5:12.62	5:16.95
27.83	58.58 (30.75)	1:29.96 (31.38)	2:01.98 (32.02)	
2:34.39 (32.41)	3:06.76 (32.37)	3:39.40 (32.64)	4:12.27 (32.87)	
4:44.98 (32.71)	5:16.95 (31.97)			
118 Nicole Bruneel	14	Boise YMCA	5:13.02	5:17.11
29.23	1:00.60 (31.37)	1:32.50 (31.90)	2:04.22 (31.72)	
2:36.27 (32.05)	3:08.53 (32.26)	3:40.82 (32.29)	4:13.29 (32.47)	
4:45.83 (32.54)	5:17.11 (31.28)			
119 Anne Trojanowski	16	Somerset Hills YMCA	5:11.69	5:17.40
28.77	1:00.09 (31.32)	1:31.89 (31.80)	2:04.48 (32.59)	
2:37.13 (32.65)	3:09.49 (32.36)	3:41.80 (32.31)	4:14.42 (32.62)	
4:46.51 (32.09)	5:17.40 (30.89)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 500 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
120 Shaylynn Spelman	13	M.E. Lyons (Anderson) YMCA	5:13.11	5:17.71
27.96	58.81 (30.85)	1:31.30 (32.49)	2:03.52 (32.22)	
2:35.73 (32.21)	3:08.64 (32.91)	3:41.15 (32.51)	4:13.75 (32.60)	
4:46.23 (32.48)	5:17.71 (31.48)			
121 Keegan Abar	15	Waynesboro Family YMCA	5:10.29	5:18.40
28.41	59.28 (30.87)	1:30.64 (31.36)	2:02.63 (31.99)	
2:35.00 (32.37)	3:07.36 (32.36)	3:40.06 (32.70)	4:12.81 (32.75)	
4:45.96 (33.15)	5:18.40 (32.44)			
122 Megan Daniher	15	M.E. Lyons (Anderson) YMCA	4:38.03L	5:18.68
28.64	59.70 (31.06)	1:31.11 (31.41)	2:03.11 (32.00)	
2:35.50 (32.39)	3:08.55 (33.05)	3:41.25 (32.70)	4:14.67 (33.42)	
4:47.73 (33.06)	5:18.68 (30.95)			
123 Lauren Doerrman	14	Boyertown Area YMCA	5:11.53	5:19.06
28.04	58.96 (30.92)	1:30.82 (31.86)	2:03.15 (32.33)	
2:35.61 (32.46)	3:08.33 (32.72)	3:41.33 (33.00)	4:13.95 (32.62)	
4:47.02 (33.07)	5:19.06 (32.04)			
124 Lindsay Tyler	16	Darien Community YMCA	5:13.58	5:19.72
28.29	58.16 (29.87)	1:28.60 (30.44)	1:59.87 (31.27)	
2:31.83 (31.96)	3:04.69 (32.86)	3:38.11 (33.42)	4:12.20 (34.09)	
4:46.35 (34.15)	5:19.72 (33.37)			
125 Brittany Guinee	16	Somerset Hills YMCA	5:13.50	5:20.39
27.30	57.64 (30.34)	1:28.81 (31.17)	2:00.73 (31.92)	
2:33.31 (32.58)	3:06.47 (33.16)	3:39.80 (33.33)	4:13.53 (33.73)	
4:47.56 (34.03)	5:20.39 (32.83)			
126 Melinda Spinella	17	Sarasota Family YMCA, Inc	5:12.39	5:21.01
29.41	1:00.31 (30.90)	1:32.17 (31.86)	2:04.31 (32.14)	
2:36.85 (32.54)	3:09.53 (32.68)	3:42.43 (32.90)	4:15.67 (33.24)	
4:48.84 (33.17)	5:21.01 (32.17)			
127 Maddy Skorcz	15	Lynchburg YMCA	5:12.65	5:21.75
28.78	1:00.26 (31.48)	1:32.30 (32.04)	2:04.96 (32.66)	
2:37.81 (32.85)	3:10.97 (33.16)	3:43.61 (32.64)	4:16.45 (32.84)	
4:49.29 (32.84)	5:21.75 (32.46)			
128 Lauren Chase	17	Birmingham Family YMCA	5:11.53	5:25.17
29.01	59.79 (30.78)	1:31.66 (31.87)	2:04.34 (32.68)	
2:37.69 (33.35)	3:11.60 (33.91)	3:45.40 (33.80)	4:19.13 (33.73)	
4:52.57 (33.44)	5:25.17 (32.60)			

**Women 1000 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Jennifer Tavares	14	Cheshire YMCA	10:46.51	10:33.29
28.43	59.23 (30.80)	1:30.29 (31.06)	2:01.86 (31.57)	
2:34.03 (32.17)	3:06.46 (32.43)	3:38.62 (32.16)	4:10.60 (31.98)	
4:42.77 (32.17)	5:15.45 (32.68)	5:47.25 (31.80)	6:19.27 (32.02)	
6:51.90 (32.63)	7:23.62 (31.72)	7:55.88 (32.26)	8:27.87 (31.99)	
8:59.24 (31.37)	9:31.33 (32.09)	10:02.73 (31.40)	10:33.29 (30.56)	
2 Rachel Svendson	14	Red River Valley YMCA	10:52.40	10:42.79
28.81	1:00.42 (31.61)	1:32.48 (32.06)	2:04.63 (32.15)	
2:37.01 (32.38)	3:09.31 (32.30)	3:41.74 (32.43)	4:13.96 (32.22)	
4:46.51 (32.55)	5:18.80 (32.29)	5:51.08 (32.28)	6:23.51 (32.43)	
6:55.85 (32.34)	7:28.28 (32.43)	8:00.98 (32.70)	8:33.47 (32.49)	
9:05.97 (32.50)	9:38.57 (32.60)	10:10.97 (32.40)	10:42.79 (31.82)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 1000 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
3 Shaylynn Spelman	13	M.E. Lyons (Anderson) YMCA	10:47.00	10:48.45
28.73	1:00.03 (31.30)	1:32.08 (32.05)	2:04.91 (32.83)	
2:37.56 (32.65)	3:09.99 (32.43)	3:42.58 (32.59)	4:15.03 (32.45)	
4:47.80 (32.77)	5:20.70 (32.90)	5:53.51 (32.81)	6:26.61 (33.10)	
6:59.81 (33.20)	7:32.88 (33.07)	8:05.79 (32.91)	8:38.68 (32.89)	
9:11.41 (32.73)	9:44.34 (32.93)	10:16.75 (32.41)	10:48.45 (31.70)	

**Women 1000 Yard Freestyle Swimming Competition**

National: 9:39.09 \* 4/15/2007 Corrine Showalter

Sarasota

Name	Age	Team	Seed Time	Finals Time
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	10:00.73	9:41.24
27.07	56.12 (29.05)	1:25.29 (29.17)	1:54.56 (29.27)	
2:23.77 (29.21)	2:52.83 (29.06)	3:21.97 (29.14)	3:51.25 (29.28)	
4:20.36 (29.11)	4:49.61 (29.25)	5:18.56 (28.95)	5:47.80 (29.24)	
6:17.03 (29.23)	6:46.40 (29.37)	7:15.33 (28.93)	7:44.52 (29.19)	
8:13.80 (29.28)	8:43.12 (29.32)	9:12.57 (29.45)	9:41.24 (28.67)	
2 Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	9:56.92	9:46.77
27.48	56.75 (29.27)	1:26.23 (29.48)	1:55.73 (29.50)	
2:25.26 (29.53)	2:54.47 (29.21)	3:23.88 (29.41)	3:53.37 (29.49)	
4:22.99 (29.62)	4:52.86 (29.87)	5:22.23 (29.37)	5:51.73 (29.50)	
6:21.07 (29.34)	6:50.09 (29.02)	7:19.60 (29.51)	7:49.35 (29.75)	
8:18.95 (29.60)	8:48.99 (30.04)	9:18.69 (29.70)	9:46.77 (28.08)	
3 Kelly Ann Baird	17	Winston Salem YMCA	9:49.37	9:53.93
26.92	55.91 (28.99)	1:25.25 (29.34)	1:54.55 (29.30)	
2:23.83 (29.28)	2:52.95 (29.12)	3:22.12 (29.17)	3:51.62 (29.50)	
4:21.49 (29.87)	4:51.51 (30.02)	5:21.50 (29.99)	5:51.69 (30.19)	
6:21.61 (29.92)	6:51.99 (30.38)	7:22.71 (30.72)	7:53.28 (30.57)	
8:23.07 (29.79)	8:53.63 (30.56)	9:24.00 (30.37)	9:53.93 (29.93)	
4 Laura Simon	18	Middle Tyger YMCA	10:03.88	9:54.89
27.21	56.15 (28.94)	1:25.48 (29.33)	1:55.00 (29.52)	
2:24.68 (29.68)	2:54.41 (29.73)	3:24.34 (29.93)	3:54.49 (30.15)	
4:24.67 (30.18)	4:54.74 (30.07)	5:24.99 (30.25)	5:55.19 (30.20)	
6:25.21 (30.02)	6:55.39 (30.18)	7:25.43 (30.04)	7:55.56 (30.13)	
8:25.81 (30.25)	8:55.87 (30.06)	9:25.68 (29.81)	9:54.89 (29.21)	
5 Caroline Smith	18	Rowan County YMCA	10:07.40	9:58.93
27.74	57.48 (29.74)	1:27.34 (29.86)	1:57.22 (29.88)	
2:27.25 (30.03)	2:57.31 (30.06)	3:27.01 (29.70)	3:57.03 (30.02)	
4:26.87 (29.84)	4:57.00 (30.13)	5:27.06 (30.06)	5:57.16 (30.10)	
6:27.07 (29.91)	6:57.16 (30.09)	7:27.36 (30.20)	7:57.78 (30.42)	
8:28.21 (30.43)	8:58.50 (30.29)	9:29.00 (30.50)	9:58.93 (29.93)	
6 Kata Fodor	19	Sarasota Family YMCA, Inc	10:18.47	10:00.34
27.92	57.62 (29.70)	1:27.68 (30.06)	1:57.91 (30.23)	
2:28.03 (30.12)	2:58.18 (30.15)	3:28.45 (30.27)	3:58.49 (30.04)	
4:28.45 (29.96)	4:58.28 (29.83)	5:28.30 (30.02)	5:58.53 (30.23)	
6:28.70 (30.17)	6:59.29 (30.59)	7:29.43 (30.14)	7:59.66 (30.23)	
8:29.98 (30.32)	9:00.57 (30.59)	9:30.97 (30.40)	10:00.34 (29.37)	
7 Hali Flickinger	14	York And York County YMCA	10:08.62	10:03.20
27.65	57.15 (29.50)	1:27.11 (29.96)	1:57.13 (30.02)	
2:27.42 (30.29)	2:57.67 (30.25)	3:28.14 (30.47)	3:58.73 (30.59)	
4:29.29 (30.56)	4:59.96 (30.67)	5:30.50 (30.54)	6:01.23 (30.73)	
6:31.88 (30.65)	7:02.85 (30.97)	7:33.76 (30.91)	8:04.32 (30.56)	
8:34.95 (30.63)	9:05.18 (30.23)	9:35.10 (29.92)	10:03.20 (28.10)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
8 Kate Woolbright	16	Orlando YMCA	9:59.79	10:03.27
27.60	57.15 (29.55)	1:26.80 (29.65)	1:56.54 (29.74)	
2:26.27 (29.73)	2:56.05 (29.78)	3:26.37 (30.32)	3:56.44 (30.07)	
4:26.73 (30.29)	4:56.98 (30.25)	5:27.57 (30.59)	5:58.09 (30.52)	
6:28.52 (30.43)	6:59.22 (30.70)	7:30.13 (30.91)	8:00.88 (30.75)	
8:31.71 (30.83)	9:02.37 (30.66)	9:33.28 (30.91)	10:03.27 (29.99)	
9 Courtney Beidler	17	Tri-Hampton Family Branch YMC	10:11.63	10:03.29
26.55	55.17 (28.62)	1:24.56 (29.39)	1:54.07 (29.51)	
2:23.86 (29.79)	2:54.06 (30.20)	3:24.26 (30.20)	3:54.72 (30.46)	
4:25.28 (30.56)	4:56.01 (30.73)	5:26.72 (30.71)	5:57.45 (30.73)	
6:28.23 (30.78)	6:58.98 (30.75)	7:29.83 (30.85)	8:00.73 (30.90)	
8:31.66 (30.93)	9:02.42 (30.76)	9:33.26 (30.84)	10:03.29 (30.03)	
10 Marissa Harrington	18	Sarasota Family YMCA, Inc	9:57.76	10:05.86
28.93	59.07 (30.14)	1:29.51 (30.44)	1:59.89 (30.38)	
2:30.37 (30.48)	3:00.75 (30.38)	3:30.94 (30.19)	4:01.20 (30.26)	
4:31.57 (30.37)	5:02.21 (30.64)	5:32.66 (30.45)	6:03.21 (30.55)	
6:33.89 (30.68)	7:04.64 (30.75)	7:35.23 (30.59)	8:05.69 (30.46)	
8:36.27 (30.58)	9:06.68 (30.41)	9:36.79 (30.11)	10:05.86 (29.07)	
11 Danielle Valley	13	Sarasota Family YMCA, Inc	10:11.00	10:08.67
28.85	59.16 (30.31)	1:29.75 (30.59)	2:00.38 (30.63)	
2:30.96 (30.58)	3:01.32 (30.36)	3:31.81 (30.49)	4:02.43 (30.62)	
4:32.78 (30.35)	5:03.44 (30.66)	5:34.00 (30.56)	6:04.62 (30.62)	
6:35.22 (30.60)	7:05.92 (30.70)	7:36.85 (30.93)	8:07.53 (30.68)	
8:38.17 (30.64)	9:08.92 (30.75)	9:39.27 (30.35)	10:08.67 (29.40)	
12 Rocky Raybon	17	Sarasota Family YMCA, Inc	10:11.70	10:09.14
28.75	59.17 (30.42)	1:29.77 (30.60)	2:00.39 (30.62)	
2:30.91 (30.52)	3:01.32 (30.41)	3:31.79 (30.47)	4:02.34 (30.55)	
4:33.01 (30.67)	5:03.67 (30.66)	5:34.21 (30.54)	6:04.94 (30.73)	
6:35.57 (30.63)	7:06.42 (30.85)	7:37.11 (30.69)	8:07.83 (30.72)	
8:38.49 (30.66)	9:09.00 (30.51)	9:39.57 (30.57)	10:09.14 (29.57)	
13 Casey Ridge	18	M.E. Lyons (Anderson) YMCA	10:02.97	10:09.31
27.89	57.82 (29.93)	1:27.96 (30.14)	1:58.69 (30.73)	
2:29.47 (30.78)	3:00.07 (30.60)	3:30.87 (30.80)	4:01.63 (30.76)	
4:32.37 (30.74)	5:02.98 (30.61)	5:33.74 (30.76)	6:04.47 (30.73)	
6:35.26 (30.79)	7:06.17 (30.91)	7:36.88 (30.71)	8:07.61 (30.73)	
8:38.25 (30.64)	9:09.06 (30.81)	9:39.79 (30.73)	10:09.31 (29.52)	
14 Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	10:22.07	10:10.64
28.58	58.97 (30.39)	1:29.68 (30.71)	2:00.32 (30.64)	
2:31.22 (30.90)	3:02.22 (31.00)	3:33.27 (31.05)	4:04.18 (30.91)	
4:35.24 (31.06)	5:06.32 (31.08)	5:37.39 (31.07)	6:08.33 (30.94)	
6:39.00 (30.67)	7:09.75 (30.75)	7:40.18 (30.43)	8:10.45 (30.27)	
8:40.57 (30.12)	9:10.73 (30.16)	9:40.82 (30.09)	10:10.64 (29.82)	
15 Carly Munchel	17	West Shore YMCA	10:13.76	10:11.10
28.19	58.12 (29.93)	1:28.42 (30.30)	1:58.97 (30.55)	
2:29.58 (30.61)	3:00.38 (30.80)	3:31.28 (30.90)	4:02.36 (31.08)	
4:33.14 (30.78)	5:04.15 (31.01)	5:35.04 (30.89)	6:05.83 (30.79)	
6:36.77 (30.94)	7:07.56 (30.79)	7:38.44 (30.88)	8:09.15 (30.71)	
8:40.03 (30.88)	9:10.61 (30.58)	9:41.21 (30.60)	10:11.10 (29.89)	
16 Rachel Harrington	16	Sarasota Family YMCA, Inc	10:11.92	10:11.99
28.11	58.07 (29.96)	1:28.43 (30.36)	1:58.97 (30.54)	
2:29.50 (30.53)	2:59.94 (30.44)	3:30.61 (30.67)	4:01.14 (30.53)	
4:31.78 (30.64)	5:02.56 (30.78)	5:33.42 (30.86)	6:04.35 (30.93)	
6:35.44 (31.09)	7:06.48 (31.04)	7:37.56 (31.08)	8:08.67 (31.11)	
8:39.67 (31.00)	9:10.80 (31.13)	9:41.77 (30.97)	10:11.99 (30.22)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
17 Corey Allison	18	Sarasota Family YMCA, Inc	10:19.86	10:14.06
28.37	58.66 (30.29)	1:29.33 (30.67)	2:00.24 (30.91)	
2:30.92 (30.68)	3:01.77 (30.85)	3:32.69 (30.92)	4:03.70 (31.01)	
4:34.81 (31.11)	5:05.89 (31.08)	5:36.93 (31.04)	6:07.97 (31.04)	
6:38.94 (30.97)	7:09.80 (30.86)	7:40.81 (31.01)	8:11.76 (30.95)	
8:42.46 (30.70)	9:13.38 (30.92)	9:44.36 (30.98)	10:14.06 (29.70)	
18 Genevieve Miller	13	Winston Salem YMCA	10:21.66	10:14.73
27.99	58.57 (30.58)	1:29.52 (30.95)	2:00.40 (30.88)	
2:31.24 (30.84)	3:02.21 (30.97)	3:33.00 (30.79)	4:03.92 (30.92)	
4:35.02 (31.10)	5:06.12 (31.10)	5:37.38 (31.26)	6:08.45 (31.07)	
6:39.45 (31.00)	7:10.33 (30.88)	7:41.39 (31.06)	8:12.30 (30.91)	
8:43.32 (31.02)	9:14.20 (30.88)	9:45.17 (30.97)	10:14.73 (29.56)	
19 Megan Happ	18	Upper Main Line YMCA	10:26.54	10:15.51
29.07	59.82 (30.75)	1:30.98 (31.16)	2:02.07 (31.09)	
2:32.91 (30.84)	3:03.84 (30.93)	3:34.81 (30.97)	4:05.87 (31.06)	
4:36.86 (30.99)	5:08.01 (31.15)	5:38.71 (30.70)	6:09.57 (30.86)	
6:40.49 (30.92)	7:11.60 (31.11)	7:42.72 (31.12)	8:13.73 (31.01)	
8:44.64 (30.91)	9:15.40 (30.76)	9:45.93 (30.53)	10:15.51 (29.58)	
20 Madeline Hoch	13	West Shore YMCA	10:30.51	10:15.72
27.58	57.53 (29.95)	1:28.34 (30.81)	1:59.08 (30.74)	
2:30.23 (31.15)	3:01.33 (31.10)	3:32.53 (31.20)	4:03.79 (31.26)	
4:35.33 (31.54)	5:06.32 (30.99)	5:37.58 (31.26)	6:08.80 (31.22)	
6:39.88 (31.08)	7:11.16 (31.28)	7:42.44 (31.28)	8:13.61 (31.17)	
8:44.46 (30.85)	9:15.51 (31.05)	9:45.97 (30.46)	10:15.72 (29.75)	
21 Kiera Molloy	14	Triangle Area YMCA	10:15.74	10:16.10
28.22	58.50 (30.28)	1:29.27 (30.77)	1:59.98 (30.71)	
2:30.74 (30.76)	3:01.50 (30.76)	3:32.34 (30.84)	4:03.45 (31.11)	
4:34.59 (31.14)	5:05.79 (31.20)	5:36.73 (30.94)	6:07.72 (30.99)	
6:39.30 (31.58)	7:10.44 (31.14)	7:41.53 (31.09)	8:12.56 (31.03)	
8:43.58 (31.02)	9:14.88 (31.30)	9:45.86 (30.98)	10:16.10 (30.24)	
22 Joanna Murphy	14	Sarasota Family YMCA, Inc	10:31.87	10:16.78
29.10	59.96 (30.86)	1:31.18 (31.22)	2:02.17 (30.99)	
2:33.18 (31.01)	3:04.25 (31.07)	3:35.48 (31.23)	4:06.46 (30.98)	
4:37.65 (31.19)	5:08.70 (31.05)	5:39.67 (30.97)	6:10.53 (30.86)	
6:41.64 (31.11)	7:12.60 (30.96)	7:43.56 (30.96)	8:14.58 (31.02)	
8:45.45 (30.87)	9:16.33 (30.88)	9:47.00 (30.67)	10:16.78 (29.78)	
23 Cameron Davis	13	Sarasota Family YMCA, Inc	10:32.33	10:20.23
29.54	1:00.81 (31.27)	1:32.24 (31.43)	2:03.63 (31.39)	
2:34.72 (31.09)	3:05.71 (30.99)	3:37.22 (31.51)	4:08.34 (31.12)	
4:39.54 (31.20)	5:10.59 (31.05)	5:41.48 (30.89)	6:12.72 (31.24)	
6:43.78 (31.06)	7:14.62 (30.84)	7:45.62 (31.00)	8:16.70 (31.08)	
8:48.11 (31.41)	9:19.59 (31.48)	9:50.72 (31.13)	10:20.23 (29.51)	
24 Mary deMarrais	18	Somerset Hills YMCA	10:23.11	10:20.31
28.40	59.06 (30.66)	1:29.98 (30.92)	2:00.99 (31.01)	
2:31.97 (30.98)	3:02.76 (30.79)	3:33.66 (30.90)	4:04.30 (30.64)	
4:35.32 (31.02)	5:06.37 (31.05)	5:37.45 (31.08)	6:08.45 (31.00)	
6:39.83 (31.38)	7:11.17 (31.34)	7:42.59 (31.42)	8:14.22 (31.63)	
8:45.95 (31.73)	9:17.61 (31.66)	9:49.25 (31.64)	10:20.31 (31.06)	
25 Kaitlyn Ferrara	13	M.E. Lyons (Anderson) YMCA	10:30.93	10:20.82
28.51	58.97 (30.46)	1:30.26 (31.29)	2:01.31 (31.05)	
2:32.63 (31.32)	3:03.83 (31.20)	3:35.30 (31.47)	4:06.64 (31.34)	
4:38.08 (31.44)	5:09.41 (31.33)	5:40.65 (31.24)	6:12.06 (31.41)	
6:43.61 (31.55)	7:15.27 (31.66)	7:46.89 (31.62)	8:18.34 (31.45)	
8:49.75 (31.41)	9:20.89 (31.14)	9:51.79 (30.90)	10:20.82 (29.03)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
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**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
26 Megan Alexander	14	North Shore (Sterling) MA YMCA	10:36.85	10:21.12
28.93	59.77 (30.84)	1:31.21 (31.44)	2:02.66 (31.45)	
2:34.01 (31.35)	3:05.39 (31.38)	3:36.98 (31.59)	4:08.46 (31.48)	
4:39.79 (31.33)	5:11.34 (31.55)	5:42.31 (30.97)	6:13.55 (31.24)	
6:44.64 (31.09)	7:15.74 (31.10)	7:46.77 (31.03)	8:17.77 (31.00)	
8:48.94 (31.17)	9:20.08 (31.14)	9:51.24 (31.16)	10:21.12 (29.88)	
27 Ava Jones	15	Sarasota Family YMCA, Inc	10:31.51	10:21.17
29.00	59.70 (30.70)	1:30.96 (31.26)	2:01.87 (30.91)	
2:32.71 (30.84)	3:03.59 (30.88)	3:34.84 (31.25)	4:06.31 (31.47)	
4:38.03 (31.72)	5:09.36 (31.33)	5:40.35 (30.99)	6:11.64 (31.29)	
6:43.04 (31.40)	7:14.68 (31.64)	7:45.94 (31.26)	8:17.54 (31.60)	
8:49.03 (31.49)	9:20.60 (31.57)	9:51.74 (31.14)	10:21.17 (29.43)	
28 Katherine Glenn	17	Catawba Valley YMCA	10:28.10	10:21.81
28.73	59.46 (30.73)	1:30.46 (31.00)	2:01.82 (31.36)	
2:32.98 (31.16)	3:03.93 (30.95)	3:34.91 (30.98)	4:06.24 (31.33)	
4:37.51 (31.27)	5:08.85 (31.34)	5:40.37 (31.52)	6:11.83 (31.46)	
6:43.30 (31.47)	7:15.12 (31.82)	7:46.47 (31.35)	8:18.15 (31.68)	
8:49.72 (31.57)	9:21.12 (31.40)	9:52.20 (31.08)	10:21.81 (29.61)	
29 Colleen McCormack	17	North Shore (Sterling) MA YMCA	10:29.52	10:21.87
29.56	1:01.29 (31.73)	1:32.94 (31.65)	2:04.37 (31.43)	
2:36.04 (31.67)	3:07.42 (31.38)	3:38.85 (31.43)	4:10.32 (31.47)	
4:41.79 (31.47)	5:13.25 (31.46)	5:44.42 (31.17)	6:15.20 (30.78)	
6:46.12 (30.92)	7:17.07 (30.95)	7:48.21 (31.14)	8:19.22 (31.01)	
8:50.13 (30.91)	9:20.90 (30.77)	9:51.98 (31.08)	10:21.87 (29.89)	
30 Whitney Woodbridge	16	Saginaw YMCA	10:35.88	10:23.56
28.74	59.74 (31.00)	1:31.38 (31.64)	2:02.85 (31.47)	
2:34.66 (31.81)	3:06.16 (31.50)	3:37.57 (31.41)	4:09.23 (31.66)	
4:40.73 (31.50)	5:12.10 (31.37)	5:43.39 (31.29)	6:14.60 (31.21)	
6:45.68 (31.08)	7:16.91 (31.23)	7:47.97 (31.06)	8:19.25 (31.28)	
8:50.57 (31.32)	9:21.80 (31.23)	9:53.05 (31.25)	10:23.56 (30.51)	
31 Katie Nemann	16	M.E. Lyons (Anderson) YMCA	10:28.01	10:24.21
29.38	1:00.88 (31.50)	1:32.43 (31.55)	2:04.17 (31.74)	
2:35.59 (31.42)	3:07.20 (31.61)	3:38.50 (31.30)	4:09.88 (31.38)	
4:41.15 (31.27)	5:12.49 (31.34)	5:43.95 (31.46)	6:15.43 (31.48)	
6:46.84 (31.41)	7:18.23 (31.39)	7:49.48 (31.25)	8:20.80 (31.32)	
8:52.06 (31.26)	9:23.21 (31.15)	9:54.03 (30.82)	10:24.21 (30.18)	
32 Emily Launer	15	Kishwaukee Family YMCA	10:24.33	10:24.82
27.23	57.59 (30.36)	1:28.56 (30.97)	1:59.80 (31.24)	
2:31.00 (31.20)	3:02.46 (31.46)	3:33.93 (31.47)	4:05.61 (31.68)	
4:36.96 (31.35)	5:08.59 (31.63)	5:40.28 (31.69)	6:11.82 (31.54)	
6:43.69 (31.87)	7:15.72 (32.03)	7:47.54 (31.82)	8:19.05 (31.51)	
8:50.71 (31.66)	9:22.33 (31.62)	9:54.00 (31.67)	10:24.82 (30.82)	
33 Meriza Werenski	13	Greater Holyoke YMCA	10:10.48	10:25.09
27.37	57.04 (29.67)	1:27.17 (30.13)	1:57.87 (30.70)	
2:29.01 (31.14)	3:00.55 (31.54)	3:32.32 (31.77)	4:04.13 (31.81)	
4:36.63 (32.50)	5:08.43 (31.80)	5:40.17 (31.74)	6:11.93 (31.76)	
6:43.44 (31.51)	7:15.24 (31.80)	7:47.46 (32.22)	8:19.09 (31.63)	
8:51.10 (32.01)	9:23.10 (32.00)	9:54.52 (31.42)	10:25.09 (30.57)	
34 Kara Keenan	18	Upper Main Line YMCA	10:40.24	10:25.79
29.06	1:00.13 (31.07)	1:31.43 (31.30)	2:02.96 (31.53)	
2:34.45 (31.49)	3:06.11 (31.66)	3:37.83 (31.72)	4:09.32 (31.49)	
4:40.76 (31.44)	5:12.20 (31.44)	5:43.67 (31.47)	6:15.19 (31.52)	
6:46.47 (31.28)	7:17.94 (31.47)	7:49.45 (31.51)	8:20.99 (31.54)	
8:52.41 (31.42)	9:23.84 (31.43)	9:55.25 (31.41)	10:25.79 (30.54)	

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**(Women 1000 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
35 Molly Loftus	15	Westport/Weston CT YMCA	10:29.33	10:26.73
29.45	1:00.75 (31.30)	1:32.37 (31.62)	2:04.01 (31.64)	
2:35.50 (31.49)	3:07.37 (31.87)	3:38.44 (31.07)	4:09.52 (31.08)	
4:40.89 (31.37)	5:12.34 (31.45)	5:43.94 (31.60)	6:15.43 (31.49)	
6:47.03 (31.60)	7:18.35 (31.32)	7:49.63 (31.28)	8:21.21 (31.58)	
8:52.66 (31.45)	9:24.22 (31.56)	9:55.87 (31.65)	10:26.73 (30.86)	
36 Mckenzie Clark	16	Sarasota Family YMCA, Inc	10:21.69	10:27.49
28.87	59.35 (30.48)	1:30.09 (30.74)	2:00.91 (30.82)	
2:31.78 (30.87)	3:02.63 (30.85)	3:33.60 (30.97)	4:04.82 (31.22)	
4:36.21 (31.39)	5:07.74 (31.53)	5:39.46 (31.72)	6:11.26 (31.80)	
6:43.27 (32.01)	7:15.08 (31.81)	7:47.35 (32.27)	8:19.51 (32.16)	
8:51.74 (32.23)	9:24.07 (32.33)	9:56.14 (32.07)	10:27.49 (31.35)	
37 Jamie Osborn	16	Middle Tyger YMCA	10:37.14	10:28.32
28.82	1:00.02 (31.20)	1:31.52 (31.50)	2:02.73 (31.21)	
2:33.92 (31.19)	3:05.34 (31.42)	3:36.71 (31.37)	4:08.00 (31.29)	
4:39.57 (31.57)	5:11.03 (31.46)	5:42.28 (31.25)	6:13.99 (31.71)	
6:45.61 (31.62)	7:17.52 (31.91)	7:49.28 (31.76)	8:21.36 (32.08)	
8:53.58 (32.22)	9:25.67 (32.09)	9:57.76 (32.09)	10:28.32 (30.56)	
38 Stephanie Nguyen	16	Cheshire YMCA	10:34.46	10:28.53
28.81	59.56 (30.75)	1:30.48 (30.92)	2:01.15 (30.67)	
2:32.17 (31.02)	3:03.36 (31.19)	3:34.68 (31.32)	4:06.39 (31.71)	
4:37.83 (31.44)	5:09.45 (31.62)	5:41.43 (31.98)	6:13.30 (31.87)	
6:45.44 (32.14)	7:17.70 (32.26)	7:49.69 (31.99)	8:21.69 (32.00)	
8:53.83 (32.14)	9:25.78 (31.95)	9:57.53 (31.75)	10:28.53 (31.00)	
39 Cathy Howard	18	Burlington County YMCA	10:32.89	10:29.30
28.02	58.49 (30.47)	1:29.69 (31.20)	2:00.98 (31.29)	
2:32.68 (31.70)	3:04.55 (31.87)	3:36.35 (31.80)	4:07.93 (31.58)	
4:39.81 (31.88)	5:11.41 (31.60)	5:43.33 (31.92)	6:15.10 (31.77)	
6:46.97 (31.87)	7:18.98 (32.01)	7:51.04 (32.06)	8:23.10 (32.06)	
8:54.97 (31.87)	9:26.68 (31.71)	9:58.54 (31.86)	10:29.30 (30.76)	
40 Audrey Tolbert	17	Harford County Family YMCA	10:37.68	10:30.22
28.55	59.36 (30.81)	1:30.84 (31.48)	2:02.32 (31.48)	
2:33.96 (31.64)	3:05.81 (31.85)	3:37.75 (31.94)	4:09.65 (31.90)	
4:41.56 (31.91)	5:13.17 (31.61)	5:44.90 (31.73)	6:16.73 (31.83)	
6:49.14 (32.41)	7:21.08 (31.94)	7:53.09 (32.01)	8:25.04 (31.95)	
8:56.91 (31.87)	9:28.67 (31.76)	10:00.15 (31.48)	10:30.22 (30.07)	
41 Madeline Bowe	18	Piedmont Family YMCA Inc.	10:36.62	10:30.30
29.83	1:01.07 (31.24)	1:32.60 (31.53)	2:04.04 (31.44)	
2:35.60 (31.56)	3:07.16 (31.56)	3:38.92 (31.76)	4:10.80 (31.88)	
4:42.64 (31.84)	5:14.11 (31.47)	5:45.99 (31.88)	6:17.58 (31.59)	
6:49.03 (31.45)	7:21.05 (32.02)	7:52.75 (31.70)	8:24.30 (31.55)	
8:56.03 (31.73)	9:27.80 (31.77)	9:59.09 (31.29)	10:30.30 (31.21)	
42 Kimberly Kaller	17	Somerset Hills YMCA	10:30.59	10:30.65
27.56	57.86 (30.30)	1:28.93 (31.07)	2:00.25 (31.32)	
2:31.87 (31.62)	3:03.68 (31.81)	3:35.70 (32.02)	4:07.71 (32.01)	
4:40.06 (32.35)	5:12.21 (32.15)	5:44.26 (32.05)	6:16.22 (31.96)	
6:48.16 (31.94)	7:19.90 (31.74)	7:52.01 (32.11)	8:24.05 (32.04)	
8:55.95 (31.90)	9:27.91 (31.96)	9:59.91 (32.00)	10:30.65 (30.74)	
43 Rebecca Maher	18	Downtown Youth Center YMCA	10:37.50	10:30.86
28.89	1:00.26 (31.37)	1:31.83 (31.57)	2:03.82 (31.99)	
2:35.29 (31.47)	3:06.91 (31.62)	3:38.90 (31.99)	4:11.10 (32.20)	
4:43.00 (31.90)	5:14.99 (31.99)	5:46.78 (31.79)	6:18.71 (31.93)	
6:50.66 (31.95)	7:22.56 (31.90)	7:54.53 (31.97)	8:26.28 (31.75)	
8:57.87 (31.59)	9:29.44 (31.57)	10:00.93 (31.49)	10:30.86 (29.93)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
44 Rachel Wilson	18	Winston Salem YMCA	10:31.45	10:31.90
29.02	1:00.51 (31.49)	1:32.42 (31.91)	2:04.42 (32.00)	
2:36.45 (32.03)	3:08.45 (32.00)	3:40.55 (32.10)	4:12.70 (32.15)	
4:44.67 (31.97)	5:16.55 (31.88)	5:48.53 (31.98)	6:20.39 (31.86)	
6:52.07 (31.68)	7:23.74 (31.67)	7:55.50 (31.76)	8:27.02 (31.52)	
8:58.51 (31.49)	9:29.78 (31.27)	10:01.11 (31.33)	10:31.90 (30.79)	
45 Katherine Crain	17	Huntington WV YMCA	10:39.15	10:32.06
28.52	59.63 (31.11)	1:31.31 (31.68)	2:03.00 (31.69)	
2:34.46 (31.46)	3:06.38 (31.92)	3:38.18 (31.80)	4:10.01 (31.83)	
4:41.93 (31.92)	5:13.64 (31.71)	5:45.10 (31.46)	6:16.99 (31.89)	
6:48.78 (31.79)	7:20.92 (32.14)	7:53.39 (32.47)	8:25.10 (31.71)	
8:57.07 (31.97)	9:29.12 (32.05)	10:01.06 (31.94)	10:32.06 (31.00)	
46 Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	9:30.55 L	10:32.34
29.03	1:00.17 (31.14)	1:31.89 (31.72)	2:03.84 (31.95)	
2:35.65 (31.81)	3:07.66 (32.01)	3:39.34 (31.68)	4:11.26 (31.92)	
4:43.03 (31.77)	5:15.00 (31.97)	5:46.43 (31.43)	6:18.15 (31.72)	
6:49.88 (31.73)	7:21.57 (31.69)	7:53.45 (31.88)	8:25.10 (31.65)	
8:57.13 (32.03)	9:29.16 (32.03)	10:01.14 (31.98)	10:32.34 (31.20)	
47 Megan Kittilstad	17	Schroeder YMCA	10:35.90	10:32.57
29.03	59.86 (30.83)	1:31.53 (31.67)	2:03.74 (32.21)	
2:35.90 (32.16)	3:08.04 (32.14)	3:40.27 (32.23)	4:12.39 (32.12)	
4:44.36 (31.97)	5:16.38 (32.02)	5:48.13 (31.75)	6:20.02 (31.89)	
6:51.53 (31.51)	7:23.36 (31.83)	7:55.03 (31.67)	8:26.79 (31.76)	
8:58.66 (31.87)	9:30.25 (31.59)	10:01.45 (31.20)	10:32.57 (31.12)	
48 Sara Craft	14	Wyckoff Family YMCA Inc	10:29.77	10:33.11
29.44	1:01.14 (31.70)	1:32.85 (31.71)	2:04.91 (32.06)	
2:36.51 (31.60)	3:08.34 (31.83)	3:40.14 (31.80)	4:12.04 (31.90)	
4:43.86 (31.82)	5:15.63 (31.77)	5:47.58 (31.95)	6:19.27 (31.69)	
6:50.97 (31.70)	7:22.78 (31.81)	7:54.45 (31.67)	8:26.41 (31.96)	
8:57.96 (31.55)	9:29.95 (31.99)	10:01.76 (31.81)	10:33.11 (31.35)	
49 Alexandra Meyers	13	Schroeder YMCA	10:37.34	10:33.30
28.99	1:00.04 (31.05)	1:31.68 (31.64)	2:03.05 (31.37)	
2:34.59 (31.54)	3:06.32 (31.73)	3:38.20 (31.88)	4:10.03 (31.83)	
4:42.05 (32.02)	5:14.18 (32.13)	5:46.35 (32.17)	6:18.35 (32.00)	
6:50.31 (31.96)	7:22.59 (32.28)	7:54.65 (32.06)	8:26.61 (31.96)	
8:58.78 (32.17)	9:30.63 (31.85)	10:02.64 (32.01)	10:33.30 (30.66)	
50 Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	10:27.57	10:34.53
29.23	1:00.44 (31.21)	1:31.79 (31.35)	2:03.48 (31.69)	
2:35.11 (31.63)	3:06.47 (31.36)	3:38.18 (31.71)	4:09.89 (31.71)	
4:41.21 (31.32)	5:13.18 (31.97)	5:44.14 (30.96)	6:16.06 (31.92)	
6:49.15 (33.09)	7:22.01 (32.86)	7:54.67 (32.66)	8:26.29 (31.62)	
8:58.39 (32.10)	9:31.06 (32.67)	10:02.99 (31.93)	10:34.53 (31.54)	
51 Karen Chu	15	Westport/Weston CT YMCA	10:34.29	10:35.48
28.39	59.29 (30.90)	1:30.78 (31.49)	2:02.46 (31.68)	
2:34.34 (31.88)	3:05.95 (31.61)	3:37.91 (31.96)	4:10.09 (32.18)	
4:42.14 (32.05)	5:14.71 (32.57)	5:46.63 (31.92)	6:19.15 (32.52)	
6:51.48 (32.33)	7:23.96 (32.48)	7:56.43 (32.47)	8:28.70 (32.27)	
9:01.15 (32.45)	9:33.41 (32.26)	10:04.90 (31.49)	10:35.48 (30.58)	
52 Nicole Bruneel	14	Boise YMCA	10:37.01	10:35.71
29.33	1:01.15 (31.82)	1:32.79 (31.64)	2:04.89 (32.10)	
2:36.82 (31.93)	3:08.67 (31.85)	3:40.45 (31.78)	4:12.47 (32.02)	
4:44.28 (31.81)	5:16.04 (31.76)	5:48.08 (32.04)	6:20.23 (32.15)	
6:52.17 (31.94)	7:24.14 (31.97)	7:56.12 (31.98)	8:28.04 (31.92)	
9:00.40 (32.36)	9:32.58 (32.18)	10:04.62 (32.04)	10:35.71 (31.09)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
53 Alivia Berg	15	South Eastern Coastline Branch	10:20.82	10:37.43
28.58	59.97 (31.39)	1:31.03 (31.06)	2:02.79 (31.76)	
2:34.73 (31.94)	3:06.93 (32.20)	3:38.91 (31.98)	4:11.14 (32.23)	
4:43.24 (32.10)	5:15.76 (32.52)	5:48.28 (32.52)	6:20.72 (32.44)	
6:52.98 (32.26)	7:25.03 (32.05)	7:57.20 (32.17)	8:29.38 (32.18)	
9:01.84 (32.46)	9:34.44 (32.60)	10:06.48 (32.04)	10:37.43 (30.95)	
54 Natalie Bolin	16	Oshkosh Community YMCA	10:35.59	10:37.77
29.31	1:00.46 (31.15)	1:32.05 (31.59)	2:03.93 (31.88)	
2:35.98 (32.05)	3:07.87 (31.89)	3:39.96 (32.09)	4:12.13 (32.17)	
4:44.09 (31.96)	5:16.36 (32.27)	5:48.33 (31.97)	6:20.37 (32.04)	
6:52.46 (32.09)	7:24.58 (32.12)	7:56.79 (32.21)	8:28.90 (32.11)	
9:01.42 (32.52)	9:33.83 (32.41)	10:06.22 (32.39)	10:37.77 (31.55)	
55 Melinda Spinella	17	Sarasota Family YMCA, Inc	10:38.02	10:38.57
29.54	1:01.36 (31.82)	1:33.56 (32.20)	2:05.95 (32.39)	
2:38.09 (32.14)	3:09.99 (31.90)	3:41.99 (32.00)	4:14.02 (32.03)	
4:46.01 (31.99)	5:18.38 (32.37)	5:50.54 (32.16)	6:22.18 (31.64)	
6:54.24 (32.06)	7:26.47 (32.23)	7:58.53 (32.06)	8:30.71 (32.18)	
9:03.13 (32.42)	9:35.52 (32.39)	10:07.70 (32.18)	10:38.57 (30.87)	
56 Sarah Kaneshiki	16	Greater Johnstown Community	10:32.95	10:38.92
28.56	59.77 (31.21)	1:31.49 (31.72)	2:03.62 (32.13)	
2:35.70 (32.08)	3:08.19 (32.49)	3:40.61 (32.42)	4:13.11 (32.50)	
4:45.44 (32.33)	5:17.97 (32.53)	5:50.31 (32.34)	6:22.73 (32.42)	
6:55.35 (32.62)	7:27.79 (32.44)	8:00.30 (32.51)	8:32.50 (32.20)	
9:05.00 (32.50)	9:37.25 (32.25)	10:08.74 (31.49)	10:38.92 (30.18)	
57 Amanda Hardewig	16	M.E. Lyons (Anderson) YMCA	10:40.15	10:39.83
29.32	1:00.65 (31.33)	1:32.22 (31.57)	2:04.07 (31.85)	
2:35.99 (31.92)	3:08.06 (32.07)	3:40.10 (32.04)	4:12.22 (32.12)	
4:44.51 (32.29)	5:16.63 (32.12)	5:49.16 (32.53)	6:21.50 (32.34)	
6:53.76 (32.26)	7:26.13 (32.37)	7:58.44 (32.31)	8:30.99 (32.55)	
9:03.08 (32.09)	9:35.54 (32.46)	10:08.00 (32.46)	10:39.83 (31.83)	
58 Becky Evenson	17	Sarasota Family YMCA, Inc	10:36.00	10:40.01
29.73	1:01.04 (31.31)	1:32.47 (31.43)	2:04.01 (31.54)	
2:35.56 (31.55)	3:07.32 (31.76)	3:39.32 (32.00)	4:11.03 (31.71)	
4:43.27 (32.24)	5:15.23 (31.96)	5:47.17 (31.94)	6:19.20 (32.03)	
6:51.39 (32.19)	7:23.66 (32.27)	7:56.15 (32.49)	8:28.68 (32.53)	
9:01.72 (33.04)	9:34.37 (32.65)	10:07.16 (32.79)	10:40.01 (32.85)	
59 Dayna Nellis	18	Green Bay YMCA Metro	10:39.58	10:43.29
28.07	59.42 (31.35)	1:31.24 (31.82)	2:03.27 (32.03)	
2:35.19 (31.92)	3:07.38 (32.19)	3:39.72 (32.34)	4:12.18 (32.46)	
4:44.40 (32.22)	5:16.95 (32.55)	5:49.60 (32.65)	6:22.62 (33.02)	
6:55.48 (32.86)	7:28.50 (33.02)	8:00.88 (32.38)	8:33.56 (32.68)	
9:06.24 (32.68)	9:38.97 (32.73)	10:11.48 (32.51)	10:43.29 (31.81)	
60 Grace Baird	14	Winston Salem YMCA	10:37.20	10:44.91
28.93	1:00.54 (31.61)	1:32.57 (32.03)	2:05.00 (32.43)	
2:37.30 (32.30)	3:09.91 (32.61)	3:42.65 (32.74)	4:15.33 (32.68)	
4:47.50 (32.17)	5:20.00 (32.50)	5:52.48 (32.48)	6:24.87 (32.39)	
6:57.48 (32.61)	7:30.29 (32.81)	8:03.35 (33.06)	8:35.98 (32.63)	
9:08.35 (32.37)	9:41.07 (32.72)	10:13.54 (32.47)	10:44.91 (31.37)	
61 Karissa Gorman	18	Greater Holyoke YMCA	10:35.00	10:45.44
28.84	1:00.16 (31.32)	1:31.86 (31.70)	2:03.61 (31.75)	
2:35.48 (31.87)	3:07.68 (32.20)	3:40.04 (32.36)	4:12.51 (32.47)	
4:45.13 (32.62)	5:17.67 (32.54)	5:50.62 (32.95)	6:23.33 (32.71)	
6:56.40 (33.07)	7:29.35 (32.95)	8:02.08 (32.73)	8:34.85 (32.77)	
9:07.79 (32.94)	9:40.75 (32.96)	10:13.89 (33.14)	10:45.44 (31.55)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
62 Keegan Abar	15	Waynesboro Family YMCA	10:34.82	10:46.62
28.65	1:00.00 (31.35)	1:31.73 (31.73)	2:03.77 (32.04)	
2:36.11 (32.34)	3:08.67 (32.56)	3:41.10 (32.43)	4:13.71 (32.61)	
4:46.26 (32.55)	5:18.95 (32.69)	5:51.66 (32.71)	6:24.41 (32.75)	
6:57.17 (32.76)	7:29.97 (32.80)	8:03.06 (33.09)	8:35.92 (32.86)	
9:09.24 (33.32)	9:42.43 (33.19)	10:14.87 (32.44)	10:46.62 (31.75)	
63 Jaime Kohnke	13	Schroeder YMCA	10:37.32	10:48.27
28.99	1:00.34 (31.35)	1:32.32 (31.98)	2:05.25 (32.93)	
2:37.94 (32.69)	3:09.98 (32.04)	3:42.93 (32.95)	4:16.36 (33.43)	
4:49.51 (33.15)	5:22.12 (32.61)	5:55.01 (32.89)	6:27.84 (32.83)	
7:01.10 (33.26)	7:34.10 (33.00)	8:07.13 (33.03)	8:39.70 (32.57)	
9:12.51 (32.81)	9:44.92 (32.41)	10:17.06 (32.14)	10:48.27 (31.21)	
64 Maddy Skorcz	15	Lynchburg YMCA	10:30.12	10:54.69
29.31	1:01.49 (32.18)	1:34.19 (32.70)	2:06.91 (32.72)	
2:39.46 (32.55)	3:12.48 (33.02)	3:45.20 (32.72)	4:17.98 (32.78)	
4:50.84 (32.86)	5:23.64 (32.80)	5:56.54 (32.90)	6:29.53 (32.99)	
7:02.55 (33.02)	7:35.67 (33.12)	8:08.71 (33.04)	8:41.93 (33.22)	
9:15.29 (33.36)	9:48.69 (33.40)	10:21.94 (33.25)	10:54.69 (32.75)	
65 Kara Dubiel	17	Somerset Valley YMCA	10:37.41	10:58.96
29.11	1:00.92 (31.81)	1:33.36 (32.44)	2:06.17 (32.81)	
2:39.33 (33.16)	3:11.95 (32.62)	3:45.03 (33.08)	4:18.23 (33.20)	
4:51.26 (33.03)	5:24.67 (33.41)	5:58.22 (33.55)	6:31.52 (33.30)	
7:04.95 (33.43)	7:38.31 (33.36)	8:11.83 (33.52)	8:45.43 (33.60)	
9:19.05 (33.62)	9:52.41 (33.36)	10:25.97 (33.56)	10:58.96 (32.99)	

**Women 1650 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Jamie Osborn	16	Middle Tyger YMCA	17:55.86	17:22.01
28.82	59.96 (31.14)	1:31.34 (31.38)	2:03.15 (31.81)	
2:34.88 (31.73)	3:06.53 (31.65)	3:38.28 (31.75)	4:10.01 (31.73)	
4:41.80 (31.79)	5:13.44 (31.64)	5:44.72 (31.28)	6:16.03 (31.31)	
6:47.71 (31.68)	7:19.13 (31.42)	7:50.56 (31.43)	8:22.27 (31.71)	
8:53.98 (31.71)	9:25.87 (31.89)	9:57.64 (31.77)	10:29.60 (31.96)	
11:01.64 (32.04)	11:33.20 (31.56)	12:05.13 (31.93)	12:37.21 (32.08)	
13:08.91 (31.70)	13:41.01 (32.10)	14:12.93 (31.92)	14:45.00 (32.07)	
15:16.99 (31.99)	15:48.94 (31.95)	16:20.42 (31.48)	16:52.32 (31.90)	17:22.01 (29.69)
2 Claire Keithly	17	Upper Main Line YMCA	18:00.01	17:32.73
28.64	59.23 (30.59)	1:30.84 (31.61)	2:02.60 (31.76)	
2:33.96 (31.36)	3:05.46 (31.50)	3:37.15 (31.69)	4:08.72 (31.57)	
4:40.74 (32.02)	5:12.41 (31.67)	5:44.19 (31.78)	6:16.04 (31.85)	
6:48.16 (32.12)	7:20.45 (32.29)	7:52.97 (32.52)	8:25.93 (32.96)	
8:58.33 (32.40)	9:30.17 (31.84)	10:02.17 (32.00)	10:34.36 (32.19)	
11:07.07 (32.71)	11:38.98 (31.91)	12:11.48 (32.50)	12:43.61 (32.13)	
13:15.68 (32.07)	13:48.00 (32.32)	14:20.80 (32.80)	14:54.00 (33.20)	
15:25.54 (31.54)	15:57.86 (32.32)	16:30.17 (32.31)	17:02.02 (31.85)	17:32.73 (30.71)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 1650 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
3 Emma McKinley	15	Piedmont Family YMCA Inc.	18:00.26	17:35.54
29.54	1:01.14 (31.60)	1:33.23 (32.09)	2:05.27 (32.04)	
2:37.54 (32.27)	3:09.51 (31.97)	3:41.22 (31.71)	4:13.14 (31.92)	
4:44.98 (31.84)	5:16.57 (31.59)	5:48.23 (31.66)	6:19.80 (31.57)	
6:51.39 (31.59)	7:23.02 (31.63)	7:54.64 (31.62)	8:25.85 (31.21)	
8:56.78 (30.93)	9:27.88 (31.10)	9:58.95 (31.07)	10:29.15 (30.20)	
11:07.02 (37.87)	11:40.46 (33.44)	12:14.08 (33.62)	12:47.53 (33.45)	
13:19.90 (32.37)	13:52.45 (32.55)	14:25.25 (32.80)	14:57.73 (32.48)	
15:30.00 (32.27)	16:02.31 (32.31)	16:33.57 (31.26)	17:04.94 (31.37)	17:35.54 (30.60)
4 Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	17:36.57	17:37.40
29.09	1:00.68 (31.59)	1:33.13 (32.45)	2:04.55 (31.42)	
2:36.03 (31.48)	3:07.78 (31.75)	3:39.82 (32.04)	4:11.85 (32.03)	
4:43.97 (32.12)	5:16.18 (32.21)	5:47.62 (31.44)	6:19.55 (31.93)	
6:51.68 (32.13)	7:23.70 (32.02)	7:55.69 (31.99)	8:28.06 (32.37)	
9:00.64 (32.58)	9:33.51 (32.87)	10:06.36 (32.85)	10:38.55 (32.19)	
11:10.96 (32.41)	11:43.45 (32.49)	12:16.58 (33.13)	12:48.53 (31.95)	
13:20.86 (32.33)	13:52.84 (31.98)	14:25.24 (32.40)	14:57.56 (32.32)	
15:30.18 (32.62)	16:02.59 (32.41)	16:34.92 (32.33)	17:06.88 (31.96)	17:37.40 (30.52)
5 Audrey Tolbert	17	Harford County Family YMCA	17:54.20	17:42.81
28.61	59.79 (31.18)	1:30.94 (31.15)	2:02.53 (31.59)	
2:34.40 (31.87)	3:06.51 (32.11)	3:38.64 (32.13)	4:11.00 (32.36)	
4:43.16 (32.16)	5:15.12 (31.96)	5:47.67 (32.55)	6:20.03 (32.36)	
6:52.35 (32.32)	7:24.67 (32.32)	7:57.01 (32.34)	8:29.49 (32.48)	
9:02.06 (32.57)	9:34.64 (32.58)	10:07.28 (32.64)	10:39.72 (32.44)	
11:12.33 (32.61)	11:44.76 (32.43)	12:17.45 (32.69)	12:50.09 (32.64)	
13:23.05 (32.96)	13:55.68 (32.63)	14:28.16 (32.48)	15:01.06 (32.90)	
15:33.54 (32.48)	16:06.25 (32.71)	16:39.00 (32.75)	17:11.37 (32.37)	17:42.81 (31.44)
6 Kelsey Reid	17	Greater Flint YMCA	17:59.00	17:45.94
29.80	1:01.40 (31.60)	1:33.43 (32.03)	2:05.45 (32.02)	
2:37.08 (31.63)	3:08.84 (31.76)	3:40.97 (32.13)	4:13.34 (32.37)	
4:45.44 (32.10)	5:17.95 (32.51)	5:50.42 (32.47)	6:22.89 (32.47)	
6:55.42 (32.53)	7:28.13 (32.71)	8:00.91 (32.78)	8:33.69 (32.78)	
9:06.26 (32.57)	9:38.79 (32.53)	10:11.21 (32.42)	10:43.80 (32.59)	
11:16.33 (32.53)	11:48.96 (32.63)	12:21.42 (32.46)	12:53.92 (32.50)	
13:26.43 (32.51)	13:58.88 (32.45)	14:31.80 (32.92)	15:04.83 (33.03)	
15:37.68 (32.85)	16:10.27 (32.59)	16:42.86 (32.59)	17:15.10 (32.24)	17:45.94 (30.84)
7 Courtney Weaver	13	Greater Flint YMCA	17:50.00	17:46.17
29.58	1:01.40 (31.82)	1:33.55 (32.15)	2:05.18 (31.63)	
2:36.87 (31.69)	3:08.69 (31.82)	3:40.39 (31.70)	4:12.44 (32.05)	
4:44.56 (32.12)	5:16.90 (32.34)	5:48.83 (31.93)	6:20.88 (32.05)	
6:53.03 (32.15)	7:25.47 (32.44)	7:58.02 (32.55)	8:30.85 (32.83)	
9:03.72 (32.87)	9:36.76 (33.04)	10:09.74 (32.98)	10:42.74 (33.00)	
11:15.69 (32.95)	11:48.67 (32.98)	12:21.22 (32.55)	12:54.00 (32.78)	
13:26.67 (32.67)	13:59.31 (32.64)	14:32.30 (32.99)	15:05.08 (32.78)	
15:37.72 (32.64)	16:10.64 (32.92)	16:43.45 (32.81)	17:15.40 (31.95)	17:46.17 (30.77)
8 Alexandria Koukos	15	Cheshire YMCA	17:58.62	17:57.59
28.56	59.01 (30.45)	1:29.75 (30.74)	2:00.89 (31.14)	
2:32.54 (31.65)	3:04.37 (31.83)	3:36.69 (32.32)	4:09.03 (32.34)	
4:41.73 (32.70)	5:14.75 (33.02)	5:47.94 (33.19)	6:21.45 (33.51)	
6:55.01 (33.56)	7:28.45 (33.44)	8:01.97 (33.52)	8:35.25 (33.28)	
9:08.52 (33.27)	9:41.87 (33.35)	10:15.31 (33.44)	10:48.41 (33.10)	
11:21.61 (33.20)	11:55.48 (33.87)	12:28.41 (32.93)	13:01.52 (33.11)	
13:34.82 (33.30)	14:08.08 (33.26)	14:40.98 (32.90)	15:13.88 (32.90)	
15:47.29 (33.41)	16:19.94 (32.65)	16:52.93 (32.99)	17:25.70 (32.77)	17:57.59 (31.89)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 1650 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
9 Rachel Svendsen	14	Red River Valley YMCA	18:12.00	17:58.17
29.06	1:00.93 (31.87)	1:33.35 (32.42)	2:05.95 (32.60)	
2:38.42 (32.47)	3:10.92 (32.50)	3:43.73 (32.81)	4:16.64 (32.91)	
4:49.38 (32.74)	5:22.18 (32.80)	5:54.88 (32.70)	6:27.59 (32.71)	
7:00.22 (32.63)	7:32.92 (32.70)	8:05.68 (32.76)	8:38.50 (32.82)	
9:11.29 (32.79)	9:44.19 (32.90)	10:17.05 (32.86)	10:49.94 (32.89)	
11:23.03 (33.09)	11:55.97 (32.94)	12:29.06 (33.09)	13:01.95 (32.89)	
13:34.92 (32.97)	14:07.92 (33.00)	14:40.59 (32.67)	15:13.65 (33.06)	
15:46.44 (32.79)	16:19.52 (33.08)	16:52.50 (32.98)	17:25.84 (33.34)	17:58.17 (32.33)
10 Jennie Marosits	17	Lakeland Hills Family YMCA	18:12.41	18:05.25
28.78	1:00.49 (31.71)	1:32.54 (32.05)	2:04.73 (32.19)	
2:37.50 (32.77)	3:10.20 (32.70)	3:42.83 (32.63)	4:15.55 (32.72)	
4:48.32 (32.77)	5:20.73 (32.41)	5:53.18 (32.45)	6:25.87 (32.69)	
6:58.63 (32.76)	7:31.58 (32.95)	8:03.85 (32.27)	8:36.60 (32.75)	
9:09.59 (32.99)	9:42.63 (33.04)	10:15.69 (33.06)	10:48.91 (33.22)	
11:22.01 (33.10)	11:55.55 (33.54)	12:28.87 (33.32)	13:02.39 (33.52)	
13:36.04 (33.65)	14:09.66 (33.62)	14:43.44 (33.78)	15:17.16 (33.72)	
15:50.78 (33.62)	16:24.80 (34.02)	16:58.61 (33.81)	17:32.30 (33.69)	18:05.25 (32.95)
11 Courtney Sepich	17	Burlington County YMCA	18:00.00	18:08.17
27.81	59.12 (31.31)	1:31.18 (32.06)	2:03.71 (32.53)	
2:36.53 (32.82)	3:09.49 (32.96)	3:42.35 (32.86)	4:15.14 (32.79)	
4:48.04 (32.90)	5:21.38 (33.34)	5:54.38 (33.00)	6:27.56 (33.18)	
7:00.86 (33.30)	7:34.29 (33.43)	8:07.77 (33.48)	8:40.79 (33.02)	
9:14.17 (33.38)	9:47.61 (33.44)	10:20.95 (33.34)	10:54.20 (33.25)	
11:27.74 (33.54)	12:00.97 (33.23)	12:34.18 (33.21)	13:07.67 (33.49)	
13:41.20 (33.53)	14:14.88 (33.68)	14:48.34 (33.46)	15:21.83 (33.49)	
15:55.57 (33.74)	16:29.48 (33.91)	17:02.92 (33.44)	17:35.95 (33.03)	18:08.17 (32.22)
12 Samantha Shelley	16	Brandywine -DE YMCA	18:50.33	18:12.54
28.91	59.93 (31.02)	1:31.67 (31.74)	2:04.37 (32.70)	
2:37.57 (33.20)	3:10.96 (33.39)	3:44.57 (33.61)	4:18.43 (33.86)	
4:52.08 (33.65)	5:25.73 (33.65)	5:58.75 (33.02)	6:32.28 (33.53)	
7:05.71 (33.43)	7:39.14 (33.43)	8:12.70 (33.56)	8:46.25 (33.55)	
9:19.73 (33.48)	9:53.05 (33.32)	10:26.96 (33.91)	11:00.71 (33.75)	
11:33.75 (33.04)	12:07.37 (33.62)	12:40.80 (33.43)	13:14.17 (33.37)	
13:47.46 (33.29)	14:21.00 (33.54)	14:54.66 (33.66)	15:28.08 (33.42)	
16:01.70 (33.62)	16:35.31 (33.61)	17:08.01 (32.70)	17:40.64 (32.63)	18:12.54 (31.90)
13 Bridget Hilferty	17	Boyertown Area YMCA	18:06.00	18:13.09
30.13	1:02.32 (32.19)	1:35.01 (32.69)	2:07.77 (32.76)	
2:40.32 (32.55)	3:13.00 (32.68)	3:45.95 (32.95)	4:19.08 (33.13)	
4:52.27 (33.19)	5:25.55 (33.28)	5:58.46 (32.91)	6:31.87 (33.41)	
7:05.33 (33.46)	7:38.61 (33.28)	8:12.03 (33.42)	8:45.40 (33.37)	
9:18.59 (33.19)	9:52.30 (33.71)	10:25.62 (33.32)	10:59.05 (33.43)	
11:32.39 (33.34)	12:06.05 (33.66)	12:39.47 (33.42)	13:13.19 (33.72)	
13:46.73 (33.54)	14:20.76 (34.03)	14:54.36 (33.60)	15:28.05 (33.69)	
16:01.97 (33.92)	16:35.55 (33.58)	17:08.92 (33.37)	17:42.01 (33.09)	18:13.09 (31.08)
14 Karen Novak	16	Cheshire YMCA	18:25.51	18:13.20
29.61	1:01.86 (32.25)	1:34.75 (32.89)	2:07.99 (33.24)	
2:41.11 (33.12)	3:14.26 (33.15)	3:48.15 (33.89)	4:21.49 (33.34)	
4:54.75 (33.26)	5:27.93 (33.18)	6:01.21 (33.28)	6:34.72 (33.51)	
7:08.21 (33.49)	7:41.63 (33.42)	8:15.01 (33.38)	8:48.34 (33.33)	
9:21.33 (32.99)	9:54.28 (32.95)	10:27.82 (33.54)	11:01.40 (33.58)	
11:34.50 (33.10)	12:08.01 (33.51)	12:41.22 (33.21)	13:14.64 (33.42)	
13:47.97 (33.33)	14:21.55 (33.58)	14:55.31 (33.76)	15:28.52 (33.21)	
16:01.94 (33.42)	16:35.09 (33.15)	17:08.76 (33.67)	17:41.60 (32.84)	18:13.20 (31.60)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 1650 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
15 Andrea DeAngelis	15	Lakeland Hills Family YMCA	18:57.69	18:26.72
28.88	1:00.87 (31.99)	1:33.70 (32.83)	2:07.16 (33.46)	
2:40.47 (33.31)	3:13.76 (33.29)	3:47.40 (33.64)	4:20.85 (33.45)	
4:54.30 (33.45)	5:28.13 (33.83)	6:02.04 (33.91)	6:36.15 (34.11)	
7:10.20 (34.05)	7:43.88 (33.68)	8:17.71 (33.83)	8:50.82 (33.11)	
9:24.73 (33.91)	9:58.80 (34.07)	10:32.54 (33.74)	11:06.03 (33.49)	
11:39.98 (33.95)	12:14.23 (34.25)	12:48.38 (34.15)	13:22.10 (33.72)	
13:56.24 (34.14)	14:30.23 (33.99)	15:03.96 (33.73)	15:38.28 (34.32)	
16:12.72 (34.44)	16:46.71 (33.99)	17:20.98 (34.27)	17:54.46 (33.48)	18:26.72 (32.26)
16 Lauren Doerrman	14	Boyertown Area YMCA	18:08.00	18:33.87
30.33	1:03.73 (33.40)	1:37.05 (33.32)	2:10.74 (33.69)	
2:44.22 (33.48)	3:18.34 (34.12)	3:52.24 (33.90)	4:25.83 (33.59)	
4:59.45 (33.62)	5:32.66 (33.21)	6:06.23 (33.57)	6:39.97 (33.74)	
7:13.96 (33.99)	7:47.83 (33.87)	8:21.74 (33.91)	8:55.48 (33.74)	
9:28.80 (33.32)	10:02.57 (33.77)	10:36.89 (34.32)	11:10.88 (33.99)	
11:45.16 (34.28)	12:19.67 (34.51)	12:53.95 (34.28)	13:28.71 (34.76)	
14:02.57 (33.86)	14:37.10 (34.53)	15:11.50 (34.40)	15:45.69 (34.19)	
16:20.05 (34.36)	16:53.80 (33.75)	17:27.76 (33.96)	18:01.39 (33.63)	18:33.87 (32.48)
17 Kelly Hamilton	14	Chambersburg Memorial YMCA	18:50.00	18:36.55
28.30	59.97 (31.67)	1:32.41 (32.44)	2:06.13 (33.72)	
2:39.69 (33.56)	3:13.49 (33.80)	3:47.24 (33.75)	4:20.95 (33.71)	
4:54.95 (34.00)	5:28.88 (33.93)	6:02.63 (33.75)	6:36.71 (34.08)	
7:10.91 (34.20)	7:45.30 (34.39)	8:19.90 (34.60)	8:54.51 (34.61)	
9:28.94 (34.43)	10:03.28 (34.34)	10:37.67 (34.39)	11:12.25 (34.58)	
11:47.08 (34.83)	12:21.85 (34.77)	12:55.95 (34.10)	13:30.21 (34.26)	
14:04.50 (34.29)	14:38.78 (34.28)	15:13.62 (34.84)	15:48.11 (34.49)	
16:22.49 (34.38)	16:57.17 (34.68)	17:30.48 (33.31)	18:03.77 (33.29)	18:36.55 (32.78)
18 Samantha Kietlinski	18	Hamilton Area NJ YMCA	18:40.89	18:43.41
29.36	1:01.52 (32.16)	1:34.82 (33.30)	2:08.09 (33.27)	
2:41.94 (33.85)	3:15.85 (33.91)	3:49.81 (33.96)	4:23.93 (34.12)	
4:57.81 (33.88)	5:32.27 (34.46)	6:06.42 (34.15)	6:40.40 (33.98)	
7:14.87 (34.47)	7:49.37 (34.50)	8:23.94 (34.57)	8:58.51 (34.57)	
9:32.60 (34.09)	10:07.23 (34.63)	10:42.08 (34.85)	11:16.72 (34.64)	
11:51.19 (34.47)	12:25.60 (34.41)	13:00.07 (34.47)	13:34.82 (34.75)	
14:09.22 (34.40)	14:43.61 (34.39)	15:18.35 (34.74)	15:52.98 (34.63)	
16:27.31 (34.33)	17:02.10 (34.79)	17:36.22 (34.12)	18:10.17 (33.95)	18:43.41 (33.24)
19 Alisa Danzer	15	Racine Family YMCA	19:01.22	18:48.73
29.74	1:03.20 (33.46)	1:37.79 (34.59)	2:12.14 (34.35)	
2:46.35 (34.21)	3:21.42 (35.07)	3:55.74 (34.32)	4:30.11 (34.37)	
5:04.65 (34.54)	5:38.85 (34.20)	6:13.25 (34.40)	6:47.81 (34.56)	
7:22.28 (34.47)	7:56.81 (34.53)	8:31.05 (34.24)	9:05.78 (34.73)	
9:40.80 (35.02)	10:15.27 (34.47)	10:50.04 (34.77)	11:24.86 (34.82)	
11:59.64 (34.78)	12:34.52 (34.88)	13:09.37 (34.85)	13:43.26 (33.89)	
14:17.05 (33.79)	14:51.67 (34.62)	15:26.25 (34.58)	16:00.54 (34.29)	
16:34.63 (34.09)	17:08.42 (33.79)	17:43.16 (34.74)	18:17.02 (33.86)	18:48.73 (31.71)
20 Kristen Landry	15	Lakeland Hills Family YMCA	18:58.88	18:49.29
29.55	1:01.79 (32.24)	1:35.39 (33.60)	2:09.00 (33.61)	
2:42.95 (33.95)	3:16.81 (33.86)	3:51.22 (34.41)	4:25.68 (34.46)	
5:00.38 (34.70)	5:35.71 (35.33)	6:11.63 (35.92)	6:47.42 (35.79)	
7:22.28 (34.86)	7:57.17 (34.89)	8:32.49 (35.32)	9:07.83 (35.34)	
9:43.12 (35.29)	10:19.09 (35.97)	10:54.80 (35.71)	11:29.70 (34.90)	
12:03.82 (34.12)	12:39.07 (35.25)	13:13.58 (34.51)	13:47.35 (33.77)	
14:21.04 (33.69)	14:55.23 (34.19)	15:29.05 (33.82)	16:03.00 (33.95)	
16:35.89 (32.89)	17:09.04 (33.15)	17:43.28 (34.24)	18:13.88 (30.60)	18:49.29 (35.41)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 1650 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
21 Jennifer Benson	17	Canandaigua YMCA	19:40.07	19:22.77
30.22	1:04.10 (33.88)	1:38.48 (34.38)	2:13.54 (35.06)	
2:48.72 (35.18)	3:24.07 (35.35)	3:59.52 (35.45)	4:34.61 (35.09)	
5:10.05 (35.44)	5:45.45 (35.40)	6:21.02 (35.57)	6:56.32 (35.30)	
7:31.81 (35.49)	8:06.91 (35.10)	8:42.36 (35.45)	9:18.04 (35.68)	
9:53.49 (35.45)	10:29.01 (35.52)	11:04.39 (35.38)	11:40.12 (35.73)	
12:15.41 (35.29)	12:51.10 (35.69)	13:26.86 (35.76)	14:02.71 (35.85)	
14:39.02 (36.31)	15:14.63 (35.61)	15:50.73 (36.10)	16:26.61 (35.88)	
17:02.62 (36.01)	17:38.41 (35.79)	18:13.92 (35.51)	18:49.64 (35.72)	19:22.77 (33.13)
--- Megan Foran	15	Red Bank Branch	18:14.44	NS

**Women 1650 Yard Freestyle Swimming Competition**

National: 16:04.96 \* 4/5/2007 Leah Gingrich

West Shore-PA

Name	Age	Team	Seed Time	Finals Time
1 Laura Simon	18	Middle Tyger YMCA	16:48.66	16:21.77
27.60	56.80 (29.20)	1:25.97 (29.17)	1:55.24 (29.27)	
2:24.62 (29.38)	2:54.18 (29.56)	3:23.97 (29.79)	3:53.58 (29.61)	
4:23.37 (29.79)	4:53.28 (29.91)	5:23.27 (29.99)	5:53.22 (29.95)	
6:23.11 (29.89)	6:53.12 (30.01)	7:23.12 (30.00)	7:53.05 (29.93)	
8:22.97 (29.92)	8:52.99 (30.02)	9:22.97 (29.98)	9:53.06 (30.09)	
10:23.03 (29.97)	10:53.09 (30.06)	11:23.16 (30.07)	11:53.09 (29.93)	
12:23.24 (30.15)	12:53.31 (30.07)	13:23.40 (30.09)	13:53.37 (29.97)	
14:23.32 (29.95)	14:53.44 (30.12)	15:23.25 (29.81)	15:52.96 (29.71)	16:21.77 (28.81)
2 Kata Fodor	19	Sarasota Family YMCA, Inc	16:49.15	16:25.43
2:26.75	2:56.86 ( )	3:27.01 (30.15)	3:57.21 (30.20)	
4:27.30 (30.09)	4:57.40 (30.10)	5:27.31 (29.91)	5:57.17 (29.86)	
6:27.07 (29.90)	6:56.92 (29.85)	7:26.77 (29.85)	7:56.63 (29.86)	
8:26.50 (29.87)	8:56.15 (29.65)	9:25.99 (29.84)	9:55.65 (29.66)	
10:25.70 (30.05)	10:55.48 (29.78)	11:25.32 (29.84)	11:55.20 (29.88)	
12:25.11 (29.91)	12:55.15 (30.04)	13:25.26 (30.11)	13:55.66 (30.40)	
14:26.00 (30.34)	14:55.86 (29.86)	15:25.79 (29.93)	15:55.85 (30.06)	16:25.43 (29.58)
3 Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	16:45.68	16:29.25
27.54	57.07 (29.53)	1:26.89 (29.82)	1:56.63 (29.74)	
2:26.52 (29.89)	2:56.29 (29.77)	3:25.96 (29.67)	3:55.83 (29.87)	
4:25.85 (30.02)	4:55.99 (30.14)	5:25.77 (29.78)	5:55.72 (29.95)	
6:25.59 (29.87)	6:55.80 (30.21)	7:25.98 (30.18)	7:56.51 (30.53)	
8:27.02 (30.51)	8:57.54 (30.52)	9:27.94 (30.40)	9:58.41 (30.47)	
10:28.71 (30.30)	10:59.05 (30.34)	11:29.22 (30.17)	11:59.71 (30.49)	
12:30.11 (30.40)	12:59.94 (29.83)	13:29.80 (29.86)	13:59.51 (29.71)	
14:29.76 (30.25)	14:59.94 (30.18)	15:30.07 (30.13)	15:59.95 (29.88)	16:29.25 (29.30)
4 Marissa Harrington	18	Sarasota Family YMCA, Inc	16:39.34	16:30.66
28.87	58.95 (30.08)	1:29.26 (30.31)	1:59.72 (30.46)	
2:30.02 (30.30)	3:00.39 (30.37)	3:30.86 (30.47)	4:01.33 (30.47)	
4:31.67 (30.34)	5:01.96 (30.29)	5:32.22 (30.26)	6:02.39 (30.17)	
6:32.61 (30.22)	7:02.74 (30.13)	7:32.99 (30.25)	8:03.13 (30.14)	
8:33.19 (30.06)	9:03.22 (30.03)	9:33.09 (29.87)	10:03.02 (29.93)	
10:32.79 (29.77)	11:02.71 (29.92)	11:32.42 (29.71)	12:02.30 (29.88)	
12:32.15 (29.85)	13:02.16 (30.01)	13:32.15 (29.99)	14:02.14 (29.99)	
14:32.42 (30.28)	15:02.69 (30.27)	15:32.57 (29.88)	16:02.23 (29.66)	16:30.66 (28.43)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
5 Kelly Ann Baird	17	Winston Salem YMCA	16:31.32	16:45.44
27.48	56.98 (29.50)	1:26.70 (29.72)	1:56.45 (29.75)	
2:26.52 (30.07)	2:56.56 (30.04)	3:26.47 (29.91)	3:56.57 (30.10)	
4:26.36 (29.79)	4:56.48 (30.12)	5:26.42 (29.94)	5:56.61 (30.19)	
6:26.79 (30.18)	6:57.24 (30.45)	7:27.97 (30.73)	7:58.75 (30.78)	
8:29.31 (30.56)	9:00.11 (30.80)	9:31.04 (30.93)	10:02.06 (31.02)	
10:32.99 (30.93)	11:03.49 (30.50)	11:34.71 (31.22)	12:05.93 (31.22)	
12:37.43 (31.50)	13:08.63 (31.20)	13:40.01 (31.38)	14:11.38 (31.37)	
14:42.59 (31.21)	15:13.51 (30.92)	15:44.38 (30.87)	16:15.10 (30.72)	16:45.44 (30.34)
6 Claire Loht	16	West Shore YMCA	17:02.52	16:46.98
28.41	58.55 (30.14)	1:29.22 (30.67)	2:00.29 (31.07)	
2:31.05 (30.76)	3:01.97 (30.92)	3:32.50 (30.53)	4:03.21 (30.71)	
4:33.95 (30.74)	5:05.01 (31.06)	5:35.84 (30.83)	6:06.69 (30.85)	
6:37.73 (31.04)	7:08.58 (30.85)	7:39.08 (30.50)	8:09.61 (30.53)	
8:39.86 (30.25)	9:10.47 (30.61)	9:41.00 (30.53)	10:11.49 (30.49)	
10:41.87 (30.38)	11:12.27 (30.40)	11:42.81 (30.54)	12:13.40 (30.59)	
12:43.53 (30.13)	13:13.79 (30.26)	13:44.04 (30.25)	14:14.60 (30.56)	
14:45.29 (30.69)	15:16.02 (30.73)	15:46.76 (30.74)	16:17.03 (30.27)	16:46.98 (29.95)
7 Hali Flickinger	14	York And York County YMCA	16:43.15	16:47.59
27.93	58.03 (30.10)	1:28.37 (30.34)	1:58.91 (30.54)	
2:29.60 (30.69)	3:00.29 (30.69)	3:31.14 (30.85)	4:01.93 (30.79)	
4:32.91 (30.98)	5:03.93 (31.02)	5:34.85 (30.92)	6:05.64 (30.79)	
6:36.53 (30.89)	7:07.28 (30.75)	7:37.88 (30.60)	8:08.53 (30.65)	
8:39.28 (30.75)	9:09.77 (30.49)	9:40.38 (30.61)	10:10.83 (30.45)	
10:41.38 (30.55)	11:12.04 (30.66)	11:42.60 (30.56)	12:13.15 (30.55)	
12:43.79 (30.64)	13:14.54 (30.75)	13:45.34 (30.80)	14:16.13 (30.79)	
14:46.98 (30.85)	15:17.63 (30.65)	15:48.33 (30.70)	16:18.55 (30.22)	16:47.59 (29.04)
*8 Casey Ridge	18	M.E. Lyons (Anderson) YMCA	16:38.09	16:52.27
28.14	57.77 (29.63)	1:28.13 (30.36)	1:58.50 (30.37)	
2:29.23 (30.73)	3:00.01 (30.78)	3:30.97 (30.96)	4:01.97 (31.00)	
4:32.90 (30.93)	5:03.62 (30.72)	5:34.23 (30.61)	6:04.96 (30.73)	
6:35.66 (30.70)	7:06.26 (30.60)	7:36.88 (30.62)	8:07.71 (30.83)	
8:38.35 (30.64)	9:09.22 (30.87)	9:40.22 (31.00)	10:11.28 (31.06)	
10:42.37 (31.09)	11:13.32 (30.95)	11:44.34 (31.02)	12:15.27 (30.93)	
12:46.25 (30.98)	13:17.29 (31.04)	13:48.33 (31.04)	14:19.18 (30.85)	
14:50.19 (31.01)	15:20.98 (30.79)	15:51.75 (30.77)	16:22.57 (30.82)	16:52.27 (29.70)
*8 Danielle Valley	13	Sarasota Family YMCA, Inc	17:19.80	16:52.27
29.38	1:00.34 (30.96)	1:31.22 (30.88)	2:02.23 (31.01)	
2:32.84 (30.61)	3:03.55 (30.71)	3:34.33 (30.78)	4:05.02 (30.69)	
4:35.76 (30.74)	5:06.29 (30.53)	5:36.81 (30.52)	6:07.17 (30.36)	
6:37.59 (30.42)	7:08.17 (30.58)	7:38.74 (30.57)	8:08.99 (30.25)	
8:39.42 (30.43)	9:09.89 (30.47)	9:40.42 (30.53)	10:11.03 (30.61)	
10:41.66 (30.63)	11:12.57 (30.91)	11:43.46 (30.89)	12:14.08 (30.62)	
12:45.20 (31.12)	13:16.08 (30.88)	13:47.32 (31.24)	14:18.05 (30.73)	
14:49.23 (31.18)	15:20.27 (31.04)	15:51.45 (31.18)	16:22.53 (31.08)	16:52.27 (29.74)
10 Carly Munchel	17	West Shore YMCA	17:10.99	16:57.34
28.53	59.12 (30.59)	1:30.12 (31.00)	2:01.02 (30.90)	
2:31.79 (30.77)	3:02.71 (30.92)	3:33.46 (30.75)	4:04.39 (30.93)	
4:35.41 (31.02)	5:06.39 (30.98)	5:37.37 (30.98)	6:08.49 (31.12)	
6:39.49 (31.00)	7:10.44 (30.95)	7:41.20 (30.76)	8:12.17 (30.97)	
8:43.17 (31.00)	9:14.38 (31.21)	9:45.37 (30.99)	10:16.25 (30.88)	
10:46.87 (30.62)	11:17.73 (30.86)	11:48.67 (30.94)	12:19.50 (30.83)	
12:50.38 (30.88)	13:21.37 (30.99)	13:52.32 (30.95)	14:23.52 (31.20)	
14:54.56 (31.04)	15:25.62 (31.06)	15:56.57 (30.95)	16:27.44 (30.87)	16:57.34 (29.90)



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
11 Corey Allison	18	Sarasota Family YMCA, Inc	17:27.46	17:00.62
29.11	59.93 (30.82)	1:31.08 (31.15)	2:02.29 (31.21)	
2:33.47 (31.18)	3:04.71 (31.24)	3:35.83 (31.12)	4:06.98 (31.15)	
4:37.92 (30.94)	5:08.95 (31.03)	5:39.97 (31.02)	6:10.85 (30.88)	
6:41.83 (30.98)	7:12.92 (31.09)	7:43.91 (30.99)	8:15.01 (31.10)	
8:46.02 (31.01)	9:17.26 (31.24)	9:48.52 (31.26)	10:19.43 (30.91)	
10:50.59 (31.16)	11:21.60 (31.01)	11:52.81 (31.21)	12:24.17 (31.36)	
12:55.13 (30.96)	13:26.29 (31.16)	13:57.46 (31.17)	14:28.36 (30.90)	
14:59.46 (31.10)	15:30.17 (30.71)	16:01.00 (30.83)	16:31.79 (30.79)	17:00.62 (28.83)
12 Mckenzie Clark	16	Sarasota Family YMCA, Inc	17:23.67	17:00.98
29.06	1:00.08 (31.02)	1:31.36 (31.28)	2:02.39 (31.03)	
2:33.66 (31.27)	3:04.75 (31.09)	3:35.82 (31.07)	4:07.11 (31.29)	
4:38.12 (31.01)	5:09.32 (31.20)	5:40.00 (30.68)	6:10.79 (30.79)	
6:41.44 (30.65)	7:12.18 (30.74)	7:43.01 (30.83)	8:13.68 (30.67)	
8:44.48 (30.80)	9:15.24 (30.76)	9:46.06 (30.82)	10:16.97 (30.91)	
10:47.74 (30.77)	11:18.78 (31.04)	11:49.90 (31.12)	12:21.04 (31.14)	
12:52.11 (31.07)	13:23.39 (31.28)	13:54.79 (31.40)	14:26.53 (31.74)	
14:57.93 (31.40)	15:29.40 (31.47)	16:00.64 (31.24)	16:31.73 (31.09)	17:00.98 (29.25)
13 Molly Hazelbaker	15	M.E. Lyons (Anderson) YMCA	17:09.61	17:06.51
28.81	59.39 (30.58)	1:30.40 (31.01)	2:01.61 (31.21)	
2:32.84 (31.23)	3:04.02 (31.18)	3:35.40 (31.38)	4:06.64 (31.24)	
4:37.98 (31.34)	5:09.26 (31.28)	5:40.42 (31.16)	6:11.42 (31.00)	
6:42.58 (31.16)	7:13.89 (31.31)	7:45.17 (31.28)	8:16.22 (31.05)	
8:47.57 (31.35)	9:18.66 (31.09)	9:49.95 (31.29)	10:21.29 (31.34)	
10:52.72 (31.43)	11:24.26 (31.54)	11:55.51 (31.25)	12:26.96 (31.45)	
12:58.22 (31.26)	13:29.19 (30.97)	14:00.16 (30.97)	14:31.21 (31.05)	
15:02.24 (31.03)	15:33.39 (31.15)	16:04.56 (31.17)	16:35.85 (31.29)	17:06.51 (30.66)
14 Katie Nemann	16	M.E. Lyons (Anderson) YMCA	17:32.33	17:09.79
28.38	59.39 (31.01)	1:30.93 (31.54)	2:02.41 (31.48)	
2:34.05 (31.64)	3:05.29 (31.24)	3:37.18 (31.89)	4:08.45 (31.27)	
4:40.39 (31.94)	5:11.71 (31.32)	5:43.23 (31.52)	6:14.84 (31.61)	
6:46.53 (31.69)	7:17.76 (31.23)	7:49.06 (31.30)	8:20.64 (31.58)	
8:52.16 (31.52)	9:23.63 (31.47)	9:55.22 (31.59)	10:26.34 (31.12)	
10:57.71 (31.37)	11:29.04 (31.33)	12:00.30 (31.26)	12:31.59 (31.29)	
13:02.79 (31.20)	13:33.96 (31.17)	14:04.98 (31.02)	14:36.04 (31.06)	
15:07.03 (30.99)	15:37.88 (30.85)	16:08.81 (30.93)	16:39.99 (31.18)	17:09.79 (29.80)
15 Genevieve Miller	13	Winston Salem YMCA	17:17.70	17:11.03
28.70	59.62 (30.92)	1:30.53 (30.91)	2:01.91 (31.38)	
2:33.36 (31.45)	3:04.48 (31.12)	3:35.84 (31.36)	4:06.98 (31.14)	
4:38.04 (31.06)	5:09.56 (31.52)	5:41.25 (31.69)	6:12.65 (31.40)	
6:44.00 (31.35)	7:15.32 (31.32)	7:46.72 (31.40)	8:18.28 (31.56)	
8:49.59 (31.31)	9:21.15 (31.56)	9:52.56 (31.41)	10:24.42 (31.86)	
10:55.57 (31.15)	11:26.78 (31.21)	11:58.62 (31.84)	12:30.85 (32.23)	
13:02.58 (31.73)	13:34.25 (31.67)	14:05.77 (31.52)	14:36.94 (31.17)	
15:08.62 (31.68)	15:40.32 (31.70)	16:11.64 (31.32)	16:42.30 (30.66)	17:11.03 (28.73)
16 Megan Happ	18	Upper Main Line YMCA	17:19.34	17:11.44
29.13	59.85 (30.72)	1:30.88 (31.03)	2:02.17 (31.29)	
2:33.48 (31.31)	3:04.76 (31.28)	3:36.12 (31.36)	4:07.50 (31.38)	
4:38.50 (31.00)	5:09.99 (31.49)	5:41.38 (31.39)	6:12.93 (31.55)	
6:44.26 (31.33)	7:15.59 (31.33)	7:47.02 (31.43)	8:18.53 (31.51)	
8:49.68 (31.15)	9:21.34 (31.66)	9:53.09 (31.75)	10:24.36 (31.27)	
10:56.18 (31.82)	11:27.45 (31.27)	11:59.08 (31.63)	12:30.94 (31.86)	
13:02.86 (31.92)	13:34.35 (31.49)	14:06.20 (31.85)	14:37.64 (31.44)	
15:08.97 (31.33)	15:40.31 (31.34)	16:11.78 (31.47)	16:42.19 (30.41)	17:11.44 (29.25)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
17 Joanna Murphy	14	Sarasota Family YMCA, Inc	17:39.26	17:14.79
29.42	1:01.01 (31.59)	1:32.67 (31.66)	2:04.39 (31.72)	
2:36.09 (31.70)	3:07.75 (31.66)	3:39.35 (31.60)	4:11.05 (31.70)	
4:42.59 (31.54)	5:14.07 (31.48)	5:45.37 (31.30)	6:16.48 (31.11)	
6:47.76 (31.28)	7:19.14 (31.38)	7:50.45 (31.31)	8:21.79 (31.34)	
8:53.20 (31.41)	9:24.72 (31.52)	9:56.27 (31.55)	10:27.63 (31.36)	
10:58.97 (31.34)	11:30.38 (31.41)	12:01.95 (31.57)	12:33.57 (31.62)	
13:05.11 (31.54)	13:36.51 (31.40)	14:08.12 (31.61)	14:39.55 (31.43)	
15:10.84 (31.29)	15:42.01 (31.17)	16:13.29 (31.28)	16:44.76 (31.47)	17:14.79 (30.03)
18 Rachel Harrington	16	Sarasota Family YMCA, Inc	17:02.78	17:14.80
28.26	58.48 (30.22)	1:29.21 (30.73)	1:59.94 (30.73)	
2:30.81 (30.87)	3:01.73 (30.92)	3:32.63 (30.90)	4:03.65 (31.02)	
4:34.92 (31.27)	5:06.05 (31.13)	5:37.13 (31.08)	6:08.21 (31.08)	
6:39.28 (31.07)	7:10.39 (31.11)	7:41.48 (31.09)	8:12.45 (30.97)	
8:43.75 (31.30)	9:15.16 (31.41)	9:46.42 (31.26)	10:18.14 (31.72)	
10:50.01 (31.87)	11:21.89 (31.88)	11:53.69 (31.80)	12:25.65 (31.96)	
12:57.77 (32.12)	13:30.04 (32.27)	14:02.04 (32.00)	14:34.36 (32.32)	
15:06.71 (32.35)	15:38.80 (32.09)	16:11.09 (32.29)	16:43.27 (32.18)	17:14.80 (31.53)
19 Rachel Wilson	18	Winston Salem YMCA	17:17.94	17:16.44
28.76	1:00.02 (31.26)	1:31.55 (31.53)	2:03.04 (31.49)	
2:34.84 (31.80)	3:06.59 (31.75)	3:38.42 (31.83)	4:10.26 (31.84)	
4:42.07 (31.81)	5:13.81 (31.74)	5:45.57 (31.76)	6:17.20 (31.63)	
6:48.72 (31.52)	7:20.45 (31.73)	7:52.08 (31.63)	8:23.80 (31.72)	
8:55.44 (31.64)	9:26.96 (31.52)	9:58.59 (31.63)	10:30.00 (31.41)	
11:01.29 (31.29)	11:32.78 (31.49)	12:04.29 (31.51)	12:35.69 (31.40)	
13:06.95 (31.26)	13:38.44 (31.49)	14:09.75 (31.31)	14:41.08 (31.33)	
15:12.32 (31.24)	15:43.62 (31.30)	16:14.99 (31.37)	16:45.96 (30.97)	17:16.44 (30.48)
20 Kaitlyn Ferrara	13	M.E. Lyons (Anderson) YMCA	17:30.36	17:17.36
28.27	58.64 (30.37)	1:29.71 (31.07)	2:00.95 (31.24)	
2:32.34 (31.39)	3:03.95 (31.61)	3:35.36 (31.41)	4:06.98 (31.62)	
4:38.45 (31.47)	5:10.02 (31.57)	5:41.49 (31.47)	6:13.10 (31.61)	
6:44.80 (31.70)	7:16.65 (31.85)	7:48.02 (31.37)	8:19.58 (31.56)	
8:51.13 (31.55)	9:22.52 (31.39)	9:54.02 (31.50)	10:25.42 (31.40)	
10:57.07 (31.65)	11:28.80 (31.73)	12:00.47 (31.67)	12:32.12 (31.65)	
13:03.96 (31.84)	13:35.85 (31.89)	14:07.57 (31.72)	14:39.40 (31.83)	
15:11.41 (32.01)	15:43.45 (32.04)	16:15.44 (31.99)	16:47.12 (31.68)	17:17.36 (30.24)
21 Whitney Woodbridge	16	Saginaw YMCA	17:39.31	17:20.53
29.27	1:00.36 (31.09)	1:31.96 (31.60)	2:03.35 (31.39)	
2:35.05 (31.70)	3:06.80 (31.75)	3:38.48 (31.68)	4:10.35 (31.87)	
4:42.04 (31.69)	5:13.78 (31.74)	5:45.46 (31.68)	6:16.85 (31.39)	
6:48.19 (31.34)	7:19.43 (31.24)	7:50.88 (31.45)	8:22.11 (31.23)	
8:53.48 (31.37)	9:24.75 (31.27)	9:56.45 (31.70)	10:27.94 (31.49)	
10:59.14 (31.20)	11:30.47 (31.33)	12:02.19 (31.72)	12:33.61 (31.42)	
13:05.35 (31.74)	13:36.98 (31.63)	14:08.55 (31.57)	14:40.30 (31.75)	
15:12.15 (31.85)	15:44.51 (32.36)	16:16.96 (32.45)	16:49.31 (32.35)	17:20.53 (31.22)
22 Molly Loftus	15	Westport/Weston CT YMCA	17:51.09	17:21.71
28.49	58.92 (30.43)	1:29.12 (30.20)	1:59.45 (30.33)	
2:29.87 (30.42)	3:00.51 (30.64)	3:31.43 (30.92)	4:02.06 (30.63)	
4:33.09 (31.03)	5:04.28 (31.19)	5:35.65 (31.37)	6:07.14 (31.49)	
6:38.80 (31.66)	7:10.93 (32.13)	7:43.46 (32.53)	8:15.84 (32.38)	
8:48.05 (32.21)	9:20.31 (32.26)	9:52.21 (31.90)	10:24.19 (31.98)	
10:56.42 (32.23)	11:28.61 (32.19)	12:00.91 (32.30)	12:33.45 (32.54)	
13:05.80 (32.35)	13:37.98 (32.18)	14:10.30 (32.32)	14:42.52 (32.22)	
15:15.19 (32.67)	15:47.44 (32.25)	16:19.54 (32.10)	16:51.29 (31.75)	17:21.71 (30.42)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
23 Katherine Glenn	17	Catawba Valley YMCA	17:36.24	17:22.33
28.23	59.46 (31.23)	1:30.86 (31.40)	2:02.53 (31.67)	
2:34.24 (31.71)	3:06.12 (31.88)	3:37.84 (31.72)	4:09.51 (31.67)	
4:41.51 (32.00)	5:13.36 (31.85)	5:45.03 (31.67)	6:16.65 (31.62)	
6:48.66 (32.01)	7:20.44 (31.78)	7:52.21 (31.77)	8:23.72 (31.51)	
8:54.96 (31.24)	9:26.42 (31.46)	9:57.97 (31.55)	10:29.57 (31.60)	
11:01.66 (32.09)	11:33.23 (31.57)	12:05.10 (31.87)	12:36.87 (31.77)	
13:08.67 (31.80)	13:40.49 (31.82)	14:12.00 (31.51)	14:43.84 (31.84)	
15:16.02 (32.18)	15:47.98 (31.96)	16:19.96 (31.98)	16:51.67 (31.71)	17:22.33 (30.66)
24 Cameron Davis	13	Sarasota Family YMCA, Inc	17:32.45	17:24.45
29.70	1:01.27 (31.57)	1:33.11 (31.84)	2:04.84 (31.73)	
2:36.49 (31.65)	3:07.90 (31.41)	3:39.47 (31.57)	4:11.01 (31.54)	
4:42.68 (31.67)	5:14.17 (31.49)	5:45.26 (31.09)	6:16.82 (31.56)	
6:48.43 (31.61)	7:20.13 (31.70)	7:51.69 (31.56)	8:23.48 (31.79)	
8:55.31 (31.83)	9:27.08 (31.77)	9:58.88 (31.80)	10:30.64 (31.76)	
11:02.15 (31.51)	11:34.19 (32.04)	12:06.19 (32.00)	12:38.41 (32.22)	
13:10.13 (31.72)	13:42.52 (32.39)	14:14.75 (32.23)	14:46.82 (32.07)	
15:18.75 (31.93)	15:50.83 (32.08)	16:22.72 (31.89)	16:54.62 (31.90)	17:24.45 (29.83)
*25 Kara Keenan	18	Upper Main Line YMCA	17:35.03	17:25.80
28.92	59.60 (30.68)	1:30.94 (31.34)	2:02.31 (31.37)	
2:34.06 (31.75)	3:05.67 (31.61)	3:37.41 (31.74)	4:08.97 (31.56)	
4:40.52 (31.55)	5:12.13 (31.61)	5:43.83 (31.70)	6:15.71 (31.88)	
6:47.51 (31.80)	7:19.21 (31.70)	7:50.87 (31.66)	8:22.71 (31.84)	
8:54.61 (31.90)	9:26.51 (31.90)	9:58.59 (32.08)	10:30.65 (32.06)	
11:02.69 (32.04)	11:34.61 (31.92)	12:06.72 (32.11)	12:38.69 (31.97)	
13:10.75 (32.06)	13:42.92 (32.17)	14:15.00 (32.08)	14:47.23 (32.23)	
15:19.33 (32.10)	15:51.47 (32.14)	16:23.21 (31.74)	16:54.81 (31.60)	17:25.80 (30.99)
*25 Colleen McCormack	17	North Shore (Sterling) MA YMCA	17:23.85	17:25.80
29.49	1:00.83 (31.34)	1:32.41 (31.58)	2:04.25 (31.84)	
2:36.13 (31.88)	3:07.77 (31.64)	3:39.48 (31.71)	4:11.43 (31.95)	
4:43.31 (31.88)	5:14.91 (31.60)	5:46.74 (31.83)	6:18.51 (31.77)	
6:49.94 (31.43)	7:21.70 (31.76)	7:53.68 (31.98)	8:25.38 (31.70)	
8:57.18 (31.80)	9:29.27 (32.09)	10:01.05 (31.78)	10:32.69 (31.64)	
11:04.67 (31.98)	11:36.53 (31.86)	12:08.37 (31.84)	12:39.90 (31.53)	
13:11.65 (31.75)	13:43.23 (31.58)	14:14.88 (31.65)	14:46.46 (31.58)	
15:18.07 (31.61)	15:50.08 (32.01)	16:22.41 (32.33)	16:54.43 (32.02)	17:25.80 (31.37)
27 Jesse Evans	15	Greenwich YMCA	17:45.21	17:29.52
29.11	1:00.70 (31.59)	1:32.59 (31.89)	2:04.39 (31.80)	
2:36.56 (32.17)	3:08.59 (32.03)	3:40.47 (31.88)	4:12.45 (31.98)	
4:44.50 (32.05)	5:16.49 (31.99)	5:48.65 (32.16)	6:20.72 (32.07)	
6:52.94 (32.22)	7:24.70 (31.76)	7:56.73 (32.03)	8:28.78 (32.05)	
9:00.94 (32.16)	9:33.15 (32.21)	10:05.10 (31.95)	10:37.12 (32.02)	
11:09.16 (32.04)	11:41.30 (32.14)	12:13.11 (31.81)	12:45.00 (31.89)	
13:17.03 (32.03)	13:49.11 (32.08)	14:20.91 (31.80)	14:52.97 (32.06)	
15:24.54 (31.57)	15:56.49 (31.95)	16:28.29 (31.80)	16:59.87 (31.58)	17:29.52 (29.65)
28 Ava Jones	15	Sarasota Family YMCA, Inc	17:40.48	17:30.16
30.09	1:01.61 (31.52)	1:33.58 (31.97)	2:05.34 (31.76)	
2:37.03 (31.69)	3:08.89 (31.86)	3:40.62 (31.73)	4:12.60 (31.98)	
4:44.92 (32.32)	5:16.79 (31.87)	5:48.68 (31.89)	6:20.71 (32.03)	
6:52.85 (32.14)	7:24.55 (31.70)	7:56.44 (31.89)	8:28.18 (31.74)	
9:00.03 (31.85)	9:32.10 (32.07)	10:04.10 (32.00)	10:36.11 (32.01)	
11:07.82 (31.71)	11:39.72 (31.90)	12:11.33 (31.61)	12:43.70 (32.37)	
13:15.76 (32.06)	13:47.67 (31.91)	14:19.85 (32.18)	14:52.27 (32.42)	
15:24.00 (31.73)	15:56.07 (32.07)	16:27.93 (31.86)	16:59.62 (31.69)	17:30.16 (30.54)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
29 Stephanie Nguyen	16	Cheshire YMCA	17:46.53	17:31.30
29.61	1:00.86 (31.25)	1:32.21 (31.35)	2:04.09 (31.88)	
2:35.83 (31.74)	3:07.25 (31.42)	3:38.58 (31.33)	4:10.19 (31.61)	
4:41.67 (31.48)	5:13.71 (32.04)	5:45.59 (31.88)	6:17.77 (32.18)	
6:49.81 (32.04)	7:21.75 (31.94)	7:54.00 (32.25)	8:26.07 (32.07)	
8:58.38 (32.31)	9:30.53 (32.15)	10:02.81 (32.28)	10:34.98 (32.17)	
11:07.27 (32.29)	11:39.87 (32.60)	12:12.19 (32.32)	12:44.37 (32.18)	
13:16.60 (32.23)	13:48.69 (32.09)	14:20.79 (32.10)	14:52.81 (32.02)	
15:24.73 (31.92)	15:56.64 (31.91)	16:28.51 (31.87)	17:00.38 (31.87)	17:31.30 (30.92)
30 Cathy Howard	18	Burlington County YMCA	17:27.35	17:33.91
28.29	59.25 (30.96)	1:30.89 (31.64)	2:03.04 (32.15)	
2:34.91 (31.87)	3:06.77 (31.86)	3:38.55 (31.78)	4:10.33 (31.78)	
4:42.31 (31.98)	5:14.36 (32.05)	5:46.15 (31.79)	6:18.01 (31.86)	
6:49.98 (31.97)	7:22.17 (32.19)	7:54.10 (31.93)	8:26.46 (32.36)	
8:58.61 (32.15)	9:30.82 (32.21)	10:02.84 (32.02)	10:35.35 (32.51)	
11:07.50 (32.15)	11:39.77 (32.27)	12:11.57 (31.80)	12:43.63 (32.06)	
13:15.89 (32.26)	13:48.27 (32.38)	14:20.57 (32.30)	14:52.98 (32.41)	
15:25.00 (32.02)	15:57.45 (32.45)	16:29.77 (32.32)	17:01.94 (32.17)	17:33.91 (31.97)
31 Karen Chu	15	Westport/Weston CT YMCA	17:21.29	17:34.49
28.33	59.08 (30.75)	1:30.52 (31.44)	2:02.12 (31.60)	
2:33.94 (31.82)	3:05.41 (31.47)	3:37.31 (31.90)	4:09.04 (31.73)	
4:40.52 (31.48)	5:12.92 (32.40)	5:44.81 (31.89)	6:17.23 (32.42)	
6:49.43 (32.20)	7:21.97 (32.54)	7:54.14 (32.17)	8:26.84 (32.70)	
8:58.95 (32.11)	9:31.12 (32.17)	10:03.27 (32.15)	10:35.77 (32.50)	
11:07.76 (31.99)	11:40.00 (32.24)	12:12.58 (32.58)	12:44.99 (32.41)	
13:17.72 (32.73)	13:50.08 (32.36)	14:22.15 (32.07)	14:54.56 (32.41)	
15:26.91 (32.35)	15:59.34 (32.43)	16:31.92 (32.58)	17:03.61 (31.69)	17:34.49 (30.88)
32 Sarah Kaneshiki	16	Greater Johnstown Community	17:32.45	17:34.81
27.60	57.95 (30.35)	1:28.91 (30.96)	2:00.40 (31.49)	
2:31.81 (31.41)	3:03.32 (31.51)	3:34.79 (31.47)	4:06.44 (31.65)	
4:38.30 (31.86)	5:10.17 (31.87)	5:41.87 (31.70)	6:13.68 (31.81)	
6:45.66 (31.98)	7:17.75 (32.09)	7:49.88 (32.13)	8:21.67 (31.79)	
8:53.79 (32.12)	9:25.99 (32.20)	9:58.44 (32.45)	10:31.00 (32.56)	
11:03.69 (32.69)	11:36.27 (32.58)	12:09.35 (33.08)	12:42.16 (32.81)	
13:15.13 (32.97)	13:47.30 (32.17)	14:20.22 (32.92)	14:52.86 (32.64)	
15:25.03 (32.17)	15:57.88 (32.85)	16:30.49 (32.61)	17:03.28 (32.79)	17:34.81 (31.53)
33 Kimberly Kaller	17	Somerset Hills YMCA	17:38.29	17:35.34
28.22	58.89 (30.67)	1:30.42 (31.53)	2:02.30 (31.88)	
2:34.35 (32.05)	3:06.30 (31.95)	3:38.18 (31.88)	4:10.15 (31.97)	
4:42.52 (32.37)	5:14.86 (32.34)	5:47.10 (32.24)	6:19.13 (32.03)	
6:51.29 (32.16)	7:23.41 (32.12)	7:55.60 (32.19)	8:27.72 (32.12)	
8:59.83 (32.11)	9:31.97 (32.14)	10:04.23 (32.26)	10:36.29 (32.06)	
11:08.48 (32.19)	11:40.77 (32.29)	12:13.10 (32.33)	12:45.65 (32.55)	
13:17.90 (32.25)	13:50.53 (32.63)	14:22.95 (32.42)	14:55.33 (32.38)	
15:27.96 (32.63)	16:00.61 (32.65)	16:32.87 (32.26)	17:04.73 (31.86)	17:35.34 (30.61)
34 Emily Launer	15	Kishwaukee Family YMCA	17:16.46	17:36.85
27.41	58.27 (30.86)	1:29.91 (31.64)	2:01.66 (31.75)	
2:33.34 (31.68)	3:05.04 (31.70)	3:36.68 (31.64)	4:08.92 (32.24)	
4:41.26 (32.34)	5:13.75 (32.49)	5:46.07 (32.32)	6:18.35 (32.28)	
6:50.52 (32.17)	7:22.75 (32.23)	7:55.23 (32.48)	8:27.58 (32.35)	
9:00.04 (32.46)	9:32.30 (32.26)	10:04.38 (32.08)	10:36.95 (32.57)	
11:09.19 (32.24)	11:41.70 (32.51)	12:14.07 (32.37)	12:46.44 (32.37)	
13:18.92 (32.48)	13:51.26 (32.34)	14:23.67 (32.41)	14:56.04 (32.37)	
15:28.30 (32.26)	16:00.61 (32.31)	16:33.06 (32.45)	17:05.40 (32.34)	17:36.85 (31.45)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
35 Valerie Jones	16	Kishwaukee Family YMCA	17:53.28	17:38.85
28.49	1:00.99 (32.50)	1:33.57 (32.58)	2:05.02 (31.45)	
2:36.85 (31.83)	3:08.72 (31.87)	3:40.92 (32.20)	4:12.79 (31.87)	
4:44.74 (31.95)	5:16.54 (31.80)	5:48.40 (31.86)	6:20.42 (32.02)	
6:52.50 (32.08)	7:24.84 (32.34)	7:57.11 (32.27)	8:29.28 (32.17)	
9:01.20 (31.92)	9:33.30 (32.10)	10:05.56 (32.26)	10:37.93 (32.37)	
11:10.26 (32.33)	11:42.61 (32.35)	12:14.96 (32.35)	12:47.40 (32.44)	
13:19.75 (32.35)	13:52.83 (33.08)	14:24.96 (32.13)	14:57.63 (32.67)	
15:29.82 (32.19)	16:02.35 (32.53)	16:35.18 (32.83)	17:07.65 (32.47)	17:38.85 (31.20)
36 Claire Shannon	18	M.E. Lyons (Anderson) YMCA	17:47.38	17:39.83
28.88	1:00.73 (31.85)	1:33.11 (32.38)	2:05.50 (32.39)	
2:37.72 (32.22)	3:09.71 (31.99)	3:41.75 (32.04)	4:13.95 (32.20)	
4:45.93 (31.98)	5:18.07 (32.14)	5:50.22 (32.15)	6:22.25 (32.03)	
6:54.37 (32.12)	7:26.57 (32.20)	7:58.68 (32.11)	8:30.81 (32.13)	
9:03.28 (32.47)	9:35.59 (32.31)	10:08.38 (32.79)	10:40.53 (32.15)	
11:12.92 (32.39)	11:45.45 (32.53)	12:17.99 (32.54)	12:50.35 (32.36)	
13:22.52 (32.17)	13:54.77 (32.25)	14:27.03 (32.26)	14:59.44 (32.41)	
15:31.60 (32.16)	16:03.94 (32.34)	16:36.16 (32.22)	17:08.49 (32.33)	17:39.83 (31.34)
37 Rebecca Maher	18	Downtown Youth Center YMCA	17:44.40	17:41.61
29.05	1:00.85 (31.80)	1:32.93 (32.08)	2:05.03 (32.10)	
2:36.55 (31.52)	3:08.23 (31.68)	3:40.30 (32.07)	4:12.41 (32.11)	
4:44.37 (31.96)	5:16.34 (31.97)	5:48.35 (32.01)	6:20.34 (31.99)	
6:52.48 (32.14)	7:24.93 (32.45)	7:57.33 (32.40)	8:30.16 (32.83)	
9:02.40 (32.24)	9:34.67 (32.27)	10:07.13 (32.46)	10:40.36 (33.23)	
11:12.79 (32.43)	11:45.22 (32.43)	12:18.07 (32.85)	12:50.59 (32.52)	
13:23.14 (32.55)	13:55.74 (32.60)	14:28.28 (32.54)	15:00.83 (32.55)	
15:33.25 (32.42)	16:05.87 (32.62)	16:38.59 (32.72)	17:10.45 (31.86)	17:41.61 (31.16)
38 Katherine Crain	17	Huntington WV YMCA	17:50.18	17:42.63
28.43	59.21 (30.78)	1:30.78 (31.57)	2:02.66 (31.88)	
2:34.89 (32.23)	3:06.99 (32.10)	3:39.07 (32.08)	4:11.23 (32.16)	
4:43.34 (32.11)	5:15.35 (32.01)	5:47.38 (32.03)	6:19.39 (32.01)	
6:51.71 (32.32)	7:24.23 (32.52)	7:56.71 (32.48)	8:29.37 (32.66)	
9:01.91 (32.54)	9:34.39 (32.48)	10:07.15 (32.76)	10:39.79 (32.64)	
11:12.21 (32.42)	11:44.66 (32.45)	12:17.46 (32.80)	12:50.13 (32.67)	
13:23.30 (33.17)	13:56.02 (32.72)	14:28.84 (32.82)	15:01.41 (32.57)	
15:34.08 (32.67)	16:06.80 (32.72)	16:39.07 (32.27)	17:11.46 (32.39)	17:42.63 (31.17)
39 Rachel Mulligan	13	Triangle Area YMCA	17:50.96	17:43.52
28.87	59.51 (30.64)	1:30.90 (31.39)	2:02.00 (31.10)	
2:33.27 (31.27)	3:04.83 (31.56)	3:36.23 (31.40)	4:07.89 (31.66)	
4:39.95 (32.06)	5:11.74 (31.79)	5:44.03 (32.29)	6:16.26 (32.23)	
6:48.66 (32.40)	7:21.29 (32.63)	7:54.09 (32.80)	8:26.72 (32.63)	
8:59.78 (33.06)	9:32.74 (32.96)	10:05.71 (32.97)	10:38.45 (32.74)	
11:11.78 (33.33)	11:44.83 (33.05)	12:16.95 (32.12)	12:50.39 (33.44)	
13:23.41 (33.02)	13:56.09 (32.68)	14:29.50 (33.41)	15:02.81 (33.31)	
15:36.33 (33.52)	16:08.78 (32.45)	16:39.45 (30.67)	17:11.91 (32.46)	17:43.52 (31.61)
40 Melinda Spinella	17	Sarasota Family YMCA, Inc	17:46.11	17:43.87
29.54	1:01.08 (31.54)	1:33.07 (31.99)	2:05.34 (32.27)	
2:37.84 (32.50)	3:10.28 (32.44)	3:42.32 (32.04)	4:14.57 (32.25)	
4:46.94 (32.37)	5:19.38 (32.44)	5:51.68 (32.30)	6:23.84 (32.16)	
6:56.28 (32.44)	7:28.92 (32.64)	8:01.15 (32.23)	8:33.14 (31.99)	
9:05.53 (32.39)	9:38.17 (32.64)	10:10.80 (32.63)	10:43.40 (32.60)	
11:15.52 (32.12)	11:47.77 (32.25)	12:20.26 (32.49)	12:52.90 (32.64)	
13:25.64 (32.74)	13:57.70 (32.06)	14:30.25 (32.55)	15:03.05 (32.80)	
15:35.66 (32.61)	16:08.28 (32.62)	16:40.37 (32.09)	17:12.58 (32.21)	17:43.87 (31.29)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
41 Amanda Hardewig	16	M.E. Lyons (Anderson) YMCA	17:43.40	17:50.15
29.31	1:00.80 (31.49)	1:32.64 (31.84)	2:04.60 (31.96)	
2:36.71 (32.11)	3:08.67 (31.96)	3:40.93 (32.26)	4:12.81 (31.88)	
4:45.08 (32.27)	5:17.22 (32.14)	5:49.80 (32.58)	6:22.25 (32.45)	
6:54.75 (32.50)	7:27.23 (32.48)	7:59.78 (32.55)	8:32.43 (32.65)	
9:05.09 (32.66)	9:37.67 (32.58)	10:10.46 (32.79)	10:43.26 (32.80)	
11:15.79 (32.53)	11:48.44 (32.65)	12:21.18 (32.74)	12:54.21 (33.03)	
13:27.13 (32.92)	14:00.16 (33.03)	14:32.99 (32.83)	15:05.92 (32.93)	
15:38.69 (32.77)	16:11.81 (33.12)	16:44.98 (33.17)	17:18.00 (33.02)	17:50.15 (32.15)
42 Megan Kittilstad	17	Schroeder YMCA	17:48.25	17:51.46
29.41	1:00.59 (31.18)	1:31.91 (31.32)	2:03.76 (31.85)	
2:35.98 (32.22)	3:08.46 (32.48)	3:41.03 (32.57)	4:13.73 (32.70)	
4:46.49 (32.76)	5:19.17 (32.68)	5:51.69 (32.52)	6:23.77 (32.08)	
6:56.15 (32.38)	7:28.44 (32.29)	8:00.80 (32.36)	8:33.22 (32.42)	
9:05.73 (32.51)	9:38.40 (32.67)	10:10.90 (32.50)	10:43.55 (32.65)	
11:16.05 (32.50)	11:48.64 (32.59)	12:21.42 (32.78)	12:54.21 (32.79)	
13:27.51 (33.30)	14:00.41 (32.90)	14:33.59 (33.18)	15:06.73 (33.14)	
15:39.85 (33.12)	16:12.80 (32.95)	16:46.00 (33.20)	17:19.15 (33.15)	17:51.46 (32.31)
43 Carolyn Carter	15	Countryside Ralph Stolle YMCA	17:53.69	17:52.08
29.78	1:01.78 (32.00)	1:33.99 (32.21)	2:06.48 (32.49)	
2:38.78 (32.30)	3:11.10 (32.32)	3:43.79 (32.69)	4:16.40 (32.61)	
4:49.07 (32.67)	5:21.95 (32.88)	5:55.02 (33.07)	6:27.74 (32.72)	
7:00.44 (32.70)	7:32.97 (32.53)	8:05.48 (32.51)	8:37.87 (32.39)	
9:10.53 (32.66)	9:42.95 (32.42)	10:15.18 (32.23)	10:48.01 (32.83)	
11:20.89 (32.88)	11:53.30 (32.41)	12:25.90 (32.60)	12:58.33 (32.43)	
13:31.40 (33.07)	14:04.43 (33.03)	14:37.43 (33.00)	15:10.15 (32.72)	
15:42.55 (32.40)	16:15.35 (32.80)	16:47.85 (32.50)	17:20.71 (32.86)	17:52.08 (31.37)
44 Christine McGuire	15	Greenwich YMCA	17:52.07	17:58.17
29.14	1:00.77 (31.63)	1:32.91 (32.14)	2:05.75 (32.84)	
2:38.18 (32.43)	3:10.87 (32.69)	3:43.70 (32.83)	4:16.44 (32.74)	
4:49.14 (32.70)	5:21.94 (32.80)	5:54.69 (32.75)	6:27.50 (32.81)	
7:00.26 (32.76)	7:32.77 (32.51)	8:05.49 (32.72)	8:38.03 (32.54)	
9:11.23 (33.20)	9:43.69 (32.46)	10:17.19 (33.50)	10:50.16 (32.97)	
11:23.29 (33.13)	11:56.42 (33.13)	12:29.41 (32.99)	13:02.43 (33.02)	
13:35.72 (33.29)	14:08.79 (33.07)	14:41.74 (32.95)	15:14.99 (33.25)	
15:48.11 (33.12)	16:21.09 (32.98)	16:54.12 (33.03)	17:26.57 (32.45)	17:58.17 (31.60)
45 Anna Strzempko	14	Greater Holyoke YMCA	17:48.24	17:59.31
28.20	59.10 (30.90)	1:30.50 (31.40)	2:02.46 (31.96)	
2:34.72 (32.26)	3:06.96 (32.24)	3:39.52 (32.56)	4:12.31 (32.79)	
4:45.01 (32.70)	5:18.00 (32.99)	5:50.97 (32.97)	6:23.83 (32.86)	
6:57.02 (33.19)	7:30.00 (32.98)	8:03.30 (33.30)	8:36.59 (33.29)	
9:09.85 (33.26)	9:43.10 (33.25)	10:16.19 (33.09)	10:49.39 (33.20)	
11:22.61 (33.22)	11:55.92 (33.31)	12:29.22 (33.30)	13:02.66 (33.44)	
13:36.12 (33.46)	14:09.40 (33.28)	14:42.79 (33.39)	15:15.80 (33.01)	
15:48.95 (33.15)	16:22.08 (33.13)	16:54.98 (32.90)	17:27.73 (32.75)	17:59.31 (31.58)
46 Grace Baird	14	Winston Salem YMCA	17:33.76	18:03.26
28.33	59.55 (31.22)	1:31.37 (31.82)	2:03.94 (32.57)	
2:36.54 (32.60)	3:09.55 (33.01)	3:42.59 (33.04)	4:16.15 (33.56)	
4:49.67 (33.52)	5:22.78 (33.11)	5:56.27 (33.49)	6:29.28 (33.01)	
7:02.15 (32.87)	7:35.07 (32.92)	8:08.69 (33.62)	8:41.66 (32.97)	
9:14.55 (32.89)	9:47.44 (32.89)	10:20.74 (33.30)	10:53.98 (33.24)	
11:26.97 (32.99)	11:59.78 (32.81)	12:32.93 (33.15)	13:06.02 (33.09)	
13:38.50 (32.48)	14:11.49 (32.99)	14:45.16 (33.67)	15:18.75 (33.59)	
15:52.07 (33.32)	16:25.40 (33.33)	16:58.88 (33.48)	17:32.16 (33.28)	18:03.26 (31.10)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
47 Keegan Abar	15	Waynesboro Family YMCA	17:48.54	18:05.34
28.98	1:00.86 (31.88)	1:33.18 (32.32)	2:05.83 (32.65)	
2:38.57 (32.74)	3:11.08 (32.51)	3:43.83 (32.75)	4:16.50 (32.67)	
4:49.15 (32.65)	5:22.11 (32.96)	5:54.79 (32.68)	6:27.86 (33.07)	
7:00.92 (33.06)	7:34.07 (33.15)	8:07.09 (33.02)	8:40.03 (32.94)	
9:13.13 (33.10)	9:46.20 (33.07)	10:19.27 (33.07)	10:52.55 (33.28)	
11:25.96 (33.41)	11:59.17 (33.21)	12:32.65 (33.48)	13:05.95 (33.30)	
13:39.25 (33.30)	14:12.66 (33.41)	14:46.12 (33.46)	15:19.69 (33.57)	
15:53.08 (33.39)	16:26.51 (33.43)	16:59.86 (33.35)	17:32.96 (33.10)	18:05.34 (32.38)
48 Maddy Skorcz	15	Lynchburg YMCA	17:33.63	18:05.37
28.83	1:00.55 (31.72)	1:33.22 (32.67)	2:05.71 (32.49)	
2:38.27 (32.56)	3:11.07 (32.80)	3:43.64 (32.57)	4:16.66 (33.02)	
4:49.71 (33.05)	5:22.60 (32.89)	5:55.62 (33.02)	6:28.10 (32.48)	
7:00.58 (32.48)	7:33.09 (32.51)	8:06.09 (33.00)	8:39.03 (32.94)	
9:12.09 (33.06)	9:45.11 (33.02)	10:18.27 (33.16)	10:51.56 (33.29)	
11:24.93 (33.37)	11:58.31 (33.38)	12:31.86 (33.55)	13:05.47 (33.61)	
13:39.40 (33.93)	14:12.82 (33.42)	14:45.91 (33.09)	15:19.62 (33.71)	
15:53.03 (33.41)	16:26.50 (33.47)	16:59.95 (33.45)	17:33.06 (33.11)	18:05.37 (32.31)
49 Shaylynn Spelman	13	M.E. Lyons (Anderson) YMCA	17:47.68	18:08.77
29.16	1:01.20 (32.04)	1:33.00 (31.80)	2:04.63 (31.63)	
2:36.49 (31.86)	3:09.01 (32.52)	3:41.47 (32.46)	4:13.70 (32.23)	
4:46.63 (32.93)	5:19.88 (33.25)	5:52.81 (32.93)	6:26.03 (33.22)	
6:59.26 (33.23)	7:32.86 (33.60)	8:06.56 (33.70)	8:40.15 (33.59)	
9:13.81 (33.66)	9:47.21 (33.40)	10:20.40 (33.19)	10:54.10 (33.70)	
11:28.03 (33.93)	12:01.56 (33.53)	12:35.00 (33.44)	13:08.67 (33.67)	
13:42.33 (33.66)	14:15.68 (33.35)	14:49.35 (33.67)	15:22.56 (33.21)	
15:56.21 (33.65)	16:29.90 (33.69)	17:03.22 (33.32)	17:36.62 (33.40)	18:08.77 (32.15)
50 Sydnee Eberly	16	Countryside Ralph Stolle YMCA.	17:43.32	18:08.81
29.21	1:01.05 (31.84)	1:33.70 (32.65)	2:06.26 (32.56)	
2:38.90 (32.64)	3:11.30 (32.40)	3:43.70 (32.40)	4:16.13 (32.43)	
4:48.99 (32.86)	5:21.76 (32.77)	5:54.72 (32.96)	6:27.53 (32.81)	
7:00.17 (32.64)	7:32.87 (32.70)	8:05.92 (33.05)	8:39.14 (33.22)	
9:12.16 (33.02)	9:45.35 (33.19)	10:18.70 (33.35)	10:52.08 (33.38)	
11:25.87 (33.79)	11:59.48 (33.61)	12:33.68 (34.20)	13:07.09 (33.41)	
13:40.80 (33.71)	14:14.53 (33.73)	14:48.07 (33.54)	15:21.71 (33.64)	
15:55.62 (33.91)	16:29.49 (33.87)	17:02.79 (33.30)	17:36.31 (33.52)	18:08.81 (32.50)
51 Sara Craft	14	Wyckoff Family YMCA Inc	17:48.69	18:09.76
28.68	59.61 (30.93)	1:31.39 (31.78)	2:03.74 (32.35)	
2:36.44 (32.70)	3:09.09 (32.65)	3:41.98 (32.89)	4:14.66 (32.68)	
4:47.59 (32.93)	5:20.41 (32.82)	5:53.62 (33.21)	6:26.67 (33.05)	
6:59.99 (33.32)	7:33.17 (33.18)	8:06.73 (33.56)	8:39.83 (33.10)	
9:13.28 (33.45)	9:46.67 (33.39)	10:20.46 (33.79)	10:54.04 (33.58)	
11:27.80 (33.76)	12:01.45 (33.65)	12:35.20 (33.75)	13:08.88 (33.68)	
13:42.27 (33.39)	14:15.75 (33.48)	14:49.30 (33.55)	15:23.14 (33.84)	
15:56.98 (33.84)	16:30.37 (33.39)	17:04.03 (33.66)	17:37.30 (33.27)	18:09.76 (32.46)
52 Riley LeBlanc	15	North Shore (Sterling) MA YMCA	17:45.71	18:23.62
29.37	1:01.27 (31.90)	1:33.68 (32.41)	2:06.36 (32.68)	
2:39.10 (32.74)	3:12.07 (32.97)	3:44.90 (32.83)	4:17.96 (33.06)	
4:51.14 (33.18)	5:23.96 (32.82)	5:57.23 (33.27)	6:30.87 (33.64)	
7:04.62 (33.75)	7:38.37 (33.75)	8:12.01 (33.64)	8:45.64 (33.63)	
9:19.38 (33.74)	9:53.54 (34.16)	10:27.60 (34.06)	11:01.71 (34.11)	
11:35.63 (33.92)	12:10.10 (34.47)	12:44.31 (34.21)	13:18.74 (34.43)	
13:53.17 (34.43)	14:27.07 (33.90)	15:01.36 (34.29)	15:35.59 (34.23)	
16:09.49 (33.90)	16:43.26 (33.77)	17:17.39 (34.13)	17:50.59 (33.20)	18:23.62 (33.03)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Women 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
--- Kiera Molloy	14	Triangle Area YMCA	17:28.72	DFS
Declared false start				
--- Jennifer Hicks	18	M.E. Lyons (Anderson) YMCA	17:28.83	DFS
Declared false start				

**Women 50 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Emily Slabe	12	Coffman Family YMCA	27.03	27.29
2 Clare Christopherson	17	La Crosse Area Family YMCA	29.00	28.25
3 Courtney Miller	15	Harrison Area YMCA	27.43	28.49
4 Heather Lundstrom	14	West County Branch YMCA	30.53	28.78
5 Chelsey Curran	15	Down East Family YMCA	28.08	28.82
6 Patty Boyer	16	Wyckoff Family YMCA Inc	31.00	28.96
7 Emma Cammann	14	Andover/North Andover YMCA	31.20	29.26
8 Christine Edwards	12	Birmingham Family YMCA	28.50	29.53
9 Rebecca Haegele	18	Kennett Area YMCA	30.76	29.59
10 Izzy Brassfield	17	Greensboro YMCA	29.99	29.96
11 Tara Gidaszewski	14	Kishwaukee Family YMCA	29.66	29.97
12 Allison Schafer	16	Pottstown YMCA	30.12	30.00
13 Erin Molloy	16	Canandaigua YMCA	29.52	30.26
14 Annie Suarez	16	Columbia Northwest Family YMC	31.12	30.78
15 Lauren Chase	17	Birmingham Family YMCA	32.00	31.14
16 Kayla McCoy	12	McGaw YMCA	30.21	31.19
--- Sarah Boyle	16	Columbia Northwest Family YMC	28.86	NS

**Women 100 Yard Backstroke Swimming Competition**

National: 54.90 * 4/12/2008 Candace Cooper		Triangle Area-NC		
Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Margo Geer	17	Springfield Family YMCA	54.66	54.19*
26.41	54.19 (27.78)			
2 Annie Gillig	14	Middle Tyger YMCA	54.90	54.37*
26.75	54.37 (27.62)			
3 Lauren Solernou	16	Cheshire YMCA	55.78	54.61*
26.62	54.61 (27.99)			
4 Ashlee Linn	16	Sarasota Family YMCA, Inc	55.32	54.91
26.86	54.91 (28.05)			
5 Sabrina Benson	15	Triangle Area YMCA	55.08	55.30
26.69	55.30 (28.61)			
6 Rachel Moore	14	Andover/North Andover YMCA	55.85	55.44
27.18	55.44 (28.26)			
7 Celia Oberholzer	15	Powel Crosley Jr. YMCA	56.34	56.15
27.67	56.15 (28.48)			
8 Becky Yokosh	17	Pabst Farms YMCA	56.33	56.16
27.44	56.16 (28.72)			
<b>B - Final</b>				
9 Shelby Fortin	16	Wilton Family YMCA	56.51	56.59
27.63	56.59 (28.96)			
10 Sarah Reynolds	14	Montgomery -East Branch YMCA	56.42	56.63
27.54	56.63 (29.09)			



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**B - Final ... (Women 100 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
11 Sarah Galvin 27.74	18	B.R. Ryall (Northwestern Dupag)	56.36	56.70
12 Sadie Nennig 27.47	16	Schroeder YMCA	56.68	56.81
13 Stephanie Kinsey 27.73	17	West Shore YMCA	56.83	57.06
14 Courtney Raw 28.07	17	Somerset Valley YMCA	57.15	57.40
15 Emily O'Neill 28.14	16	Western Monmouth Co. YMCA	56.83	58.07
16 Anna Gibas 28.42	17	Greensburg YMCA	56.96	58.26

**C - Final**

17 Shelby Leonard 27.37	16	Sarasota Family YMCA, Inc	57.64	56.78
18 Paige Impink 27.37	17	Reading and Berks County YMCA	57.53	57.08
19 Siri Smits 27.74	15	Oshkosh Community YMCA	57.49	57.21
20 Brooke Waugaman 27.91	16	Greensburg YMCA	57.45	57.40
21 Lee Ingram 28.11	18	Western Monmouth Co. YMCA	57.39	58.03
22 Kelsey Williams 28.57	16	Sunbury Branch YMCA	57.42	58.24
23 Kendall Crawford 28.33	14	Middle Tyger YMCA	57.41	58.35
24 Bekka Westrick 27.77	17	Great Miami Valley Ohio YMCA	57.52	58.43

**Women 100 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Kelly O'Connor 28.94	17	North Shore (Sterling) MA YMCA	58.50	58.36
2 Olivia Evans 29.46	13	Reading and Berks County YMCA	1:00.32	59.72
3 Madeline Barlow 29.58	18	Tri-Hampton Family Branch YMC	1:00.27	1:00.01
4 Kristyn Wikoff 29.14	18	Red Bank Branch	58.98	1:00.02
5 Christina Daquila 29.52	18	Somerset Hills YMCA	1:04.14	1:00.11
6 Kara Lacoste 29.87	15	Greater Holyoke YMCA	1:02.30	1:00.41
7 Megan Alexander 29.57	14	North Shore (Sterling) MA YMCA	1:01.56	1:00.42
8 Jennifer Deist 29.35	14	Edwardsville YMCA	1:01.90	1:00.46
9 Amy Needham 29.69	16	North Shore (Sterling) MA YMCA	1:01.61	1:00.83
10 Natalie Cronk 30.19	14	Piedmont Family YMCA Inc.	1:01.20	1:00.90

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 100 Yard Backstroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
11	Hannah Lips	12	Middle Tyger YMCA	59.99	1:00.96
	30.16		1:00.96 (30.80)		
12	Brodde Lamb	15	Piedmont Family YMCA Inc.	1:01.39	1:00.98
	30.07		1:00.98 (30.91)		
13	Christen Cherry	16	Lakeland Hills Family YMCA	1:02.11	1:01.04
	30.06		1:01.04 (30.98)		
14	Michelle Kim	12	Ridgewood NJ YMCA	1:02.86	1:01.12
	29.97		1:01.12 (31.15)		
15	Sidney Pahmer	15	Wilton Family YMCA	1:01.50	1:01.44
	29.57		1:01.44 (31.87)		
16	Katie Rohn	17	New Canaan Community YMCA	1:00.22	1:01.47
	30.02		1:01.47 (31.45)		
17	Silke Herold	16	Somerset Valley YMCA	1:03.86	1:01.50
	29.84		1:01.50 (31.66)		
18	Dana Rzewnicki	15	Somerset Valley YMCA	1:03.50	1:01.54
	29.54		1:01.54 (32.00)		
19	Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	1:02.19	1:01.58
	30.22		1:01.58 (31.36)		
20	Paige Baisden	15	Phoenixville Branch YMCA	1:03.10	1:01.63
	30.55		1:01.63 (31.08)		
*21	Julia Harrigan	15	Summit Branch YMCA	1:02.70	1:01.69
	30.07		1:01.69 (31.62)		
*21	Monica Milici	15	Middle Tyger YMCA	1:04.99	1:01.69
	30.16		1:01.69 (31.53)		
23	Melissa Kang	17	Brandywine YMCA -PA	1:01.06	1:01.72
	29.94		1:01.72 (31.78)		
*24	Kimberly Lawson	18	Morris Center YMCA	1:02.38	1:01.77
	30.22		1:01.77 (31.55)		
*24	Samantha Sides	16	Burlington County YMCA	1:02.54	1:01.77
	30.15		1:01.77 (31.62)		
26	Rebecca Ball	17	Greater Flint YMCA	1:01.91	1:01.85
	29.83		1:01.85 (32.02)		
27	Maeve Maloney	14	Westfield YMCA	1:02.57	1:01.89
	30.18		1:01.89 (31.71)		
28	Kimberly Hall	17	Morris Center YMCA	1:02.82	1:01.98
	30.34		1:01.98 (31.64)		
29	Meg Powers	17	South Shore Mill Pond YMCA	1:02.16	1:02.06
	30.10		1:02.06 (31.96)		
30	Madie Gaido	14	Middle Tyger YMCA	1:02.29	1:02.14
	30.31		1:02.14 (31.83)		
31	Katie Sagaser	17	Talbot County YMCA	1:01.13	1:02.19
	30.36		1:02.19 (31.83)		
*32	Desirae Deveaux	18	North Shore (Sterling) MA YMCA	1:04.39	1:02.30
	29.96		1:02.30 (32.34)		
*32	Angie Healy	14	Twin Rivers NC YMCA	1:01.98	1:02.30
	30.51		1:02.30 (31.79)		
*34	Elizabeth Simon	17	Middle Tyger YMCA	1:05.08	1:02.31
	30.10		1:02.31 (32.21)		
*34	Tara Gidaszewski	14	Kishwaukee Family YMCA	1:02.36	1:02.31
	30.53		1:02.31 (31.78)		
36	Hanna Hunstad	14	North Oakland Family YMCA	1:01.07	1:02.35
	30.33		1:02.35 (32.02)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Backstroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
37 Kate Kelly	14	Middle Tyger YMCA	1:04.99	1:02.61
30.77		1:02.61 (31.84)		
38 Becca Blinstrub	17	Birmingham Family YMCA	1:02.00	1:02.65
30.07		1:02.65 (32.58)		
39 Claire Mesko	15	Western Branch YMCA	1:02.34	1:02.76
30.29		1:02.76 (32.47)		
40 Emily Black	16	Lynchburg YMCA	1:02.83	1:02.87
30.81		1:02.87 (32.06)		
41 Ashleigh Bush	14	Michiana YMCA	1:02.59	1:03.09
30.36		1:03.09 (32.73)		
42 Casey Jepsen	16	Kishwaukee Family YMCA	1:06.29	1:03.12
31.14		1:03.12 (31.98)		
43 Marisa Immormino	16	Somerset Hills YMCA	1:02.20	1:03.13
30.16		1:03.13 (32.97)		
44 Meghan Lam	17	Brandywine -DE YMCA	1:00.20	1:03.22
30.09		1:03.22 (33.13)		
45 Jenny Dalmonte	17	Upper Main Line YMCA	1:04.20	1:03.42
31.48		1:03.42 (31.94)		
46 Gen Spittler	18	B.R. Ryall (Northwestern Dupag	1:03.22	1:03.55
30.72		1:03.55 (32.83)		
47 Shannon Rauth	13	Upper Main Line YMCA	1:05.00	1:03.65
30.72		1:03.65 (32.93)		
*48 Jessica Cronin	14	Fanwood-Scotch Plains YMCA	1:02.63	1:03.79
30.83		1:03.79 (32.96)		
*48 Annie Suarez	16	Columbia Northwest Family YMC	1:03.77	1:03.79
31.19		1:03.79 (32.60)		
*50 Chelsea Doyle	17	Riverfront Branch YMCA	1:02.51	1:03.82
31.71		1:03.82 (32.11)		
*50 Amanda Distler	16	Wyckoff Family YMCA Inc	1:04.44	1:03.82
30.85		1:03.82 (32.97)		
*52 Molly McSweeney	15	North Shore (Sterling) MA YMCA	1:03.00	1:03.83
31.43		1:03.83 (32.40)		
*52 Jacqueline White	16	Ridgewood NJ YMCA	1:04.88	1:03.83
31.25		1:03.83 (32.58)		
54 Izzy Brassfield	17	Greensboro YMCA	1:03.01	1:04.36
31.08		1:04.36 (33.28)		
55 Erin Brooks	13	Hilliard YMCA	1:04.43	1:04.45
31.14		1:04.45 (33.31)		
56 Kaitlin Richter	15	Riverfront Branch YMCA	1:03.50	1:04.52
31.40		1:04.52 (33.12)		
57 Lauren Lennartz	16	Miami County Ohio YMCA	1:03.36	1:04.56
31.68		1:04.56 (32.88)		
58 Audrey Rittenhouse	16	Phoenixville Branch YMCA	1:03.59	1:04.59
31.10		1:04.59 (33.49)		
59 Chelsea Ross	17	Upper Main Line YMCA	1:03.89	1:04.65
31.74		1:04.65 (32.91)		
60 Hannah Newman	14	Champaign County YMCA	1:03.62	1:04.80
30.94		1:04.80 (33.86)		
61 Kathleen Marrese	16	Western Connecticut YMCA	1:03.26	1:04.81
31.44		1:04.81 (33.37)		
62 Meghan Kiely	14	Lakeland Hills Family YMCA	1:05.80	1:04.92
31.43		1:04.92 (33.49)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 100 Yard Backstroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
63 Aubrey Kettrick	17	Watertown Family YMCA	1:03.76	1:05.25
31.25	1:05.25	(34.00)		
64 Rebecca Haegele	18	Kennett Area YMCA	1:05.75	1:05.61
31.69	1:05.61	(33.92)		
65 Julie Wallerstein	17	Western Connecticut YMCA	1:07.19	1:05.83
31.72	1:05.83	(34.11)		
66 Christa Cook	16	Marinette-Menominee YMCA	1:03.55	1:05.85
30.85	1:05.85	(35.00)		
67 Abby Wiese	18	Somerset Hills YMCA	1:04.46	1:06.37
32.18	1:06.37	(34.19)		
68 Erin Molloy	16	Canandaigua YMCA	1:04.47	1:06.53
31.86	1:06.53	(34.67)		
69 Lydia Engberg	15	Bismarck YMCA	1:04.64	1:07.43
32.48	1:07.43	(34.95)		
--- Lindsay Tyler	16	Darien Community YMCA	1:04.64	DQ
False start				
30.31	DQ	(31.60)		
--- Sarah Finn	15	Red Bank Branch	1:04.54	NS
--- Julia Kudryashova	15	Somerset Hills YMCA	1:05.84	NS

**Women 100 Yard Backstroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Margo Geer	17	Springfield Family YMCA	54.92	54.66
26.78	54.66	(27.88)		
2 Annie Gillig	14	Middle Tyger YMCA	56.41	54.90
26.95	54.90	(27.95)		
3 Sabrina Benson	15	Triangle Area YMCA	56.45	55.08
26.85	55.08	(28.23)		
4 Ashlee Linn	16	Sarasota Family YMCA, Inc	55.19	55.32
26.93	55.32	(28.39)		
5 Lauren Solernou	16	Cheshire YMCA	54.92	55.78
27.04	55.78	(28.74)		
6 Rachel Moore	14	Andover/North Andover YMCA	56.26	55.85
27.28	55.85	(28.57)		
7 Becky Yokosh	17	Pabst Farms YMCA	56.74	56.33
27.63	56.33	(28.70)		
8 Celia Oberholzer	15	Powel Crosley Jr. YMCA	56.91	56.34
27.40	56.34	(28.94)		
9 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	55.70	56.36
27.61	56.36	(28.75)		
10 Sarah Reynolds	14	Montgomery -East Branch YMCA	57.89	56.42
27.61	56.42	(28.81)		
11 Shelby Fortin	16	Wilton Family YMCA	57.71	56.51
27.74	56.51	(28.77)		
12 Sadie Nennig	16	Schroeder YMCA	55.73	56.68
27.33	56.68	(29.35)		
*13 Emily O'Neill	16	Western Monmouth Co. YMCA	57.33	56.83
27.52	56.83	(29.31)		
*13 Stephanie Kinsey	17	West Shore YMCA	56.27	56.83
27.48	56.83	(29.35)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
15	Anna Gibas	17	Greensburg YMCA	56.22	56.96
	27.66		56.96 (29.30)		
16	Courtney Raw	17	Somerset Valley YMCA	56.54	57.15
	27.50		57.15 (29.65)		
17	Lee Ingram	18	Western Monmouth Co. YMCA	58.23	57.39
	27.92		57.39 (29.47)		
18	Kendall Crawford	14	Middle Tyger YMCA	59.83	57.41
	27.63		57.41 (29.78)		
19	Kelsey Williams	16	Sunbury Branch YMCA	57.35	57.42
	28.23		57.42 (29.19)		
20	Brooke Waugaman	16	Greensburg YMCA	56.14	57.45
	27.84		57.45 (29.61)		
21	Siri Smits	15	Oshkosh Community YMCA	56.11	57.49
	28.02		57.49 (29.47)		
22	Bekka Westrick	17	Great Miami Valley Ohio YMCA	59.13	57.52
	27.82		57.52 (29.70)		
23	Paige Impink	17	Reading and Berks County YMCA	57.41	57.53
	27.57		57.53 (29.96)		
24	Emily Lloyd	16	Anne Arundel County YMCA	58.47	57.62
	28.28		57.62 (29.34)		
25	Shelby Leonard	16	Sarasota Family YMCA, Inc	56.93	57.64
	27.85		57.64 (29.79)		
26	Amanda Thach	15	West Seattle Branch YMCA	57.52	57.72
	28.02		57.72 (29.70)		
27	Nicole Colucci	18	Fanwood-Scotch Plains YMCA	59.57	57.84
	27.79		57.84 (30.05)		
28	Hayley Martin	18	Madison East YMCA	59.21	57.90
	28.44		57.90 (29.46)		
29	Katie Orem	16	New Canaan Community YMCA	59.50	57.98
	28.38		57.98 (29.60)		
30	Lori Lynn	15	Edwardsville YMCA	58.80	58.08
	28.45		58.08 (29.63)		
31	Jenni Roberts	16	Sanford-Springvale YMCA	58.02	58.09
	27.92		58.09 (30.17)		
32	Kayla Douglas	15	Farmington Family YMCA	57.74	58.16
	28.26		58.16 (29.90)		
33	Marissa Blumenthal	16	Birmingham Family YMCA	58.31	58.19
	28.07		58.19 (30.12)		
34	Courtney Sepich	17	Burlington County YMCA	58.11	58.20
	28.42		58.20 (29.78)		
35	Emily Slabe	12	Coffman Family YMCA	58.72	58.26
	27.79		58.26 (30.47)		
36	Dana Iverson	15	Racine Family YMCA	59.05	58.31
	28.28		58.31 (30.03)		
37	Erica Demunbrun	15	Attleboro YMCA	1:00.35	58.39
	28.20		58.39 (30.19)		
*38	Caroline Burns	17	Anne Arundel County YMCA	58.54	58.40
	28.16		58.40 (30.24)		
*38	Meredith Foster	16	Harford County Family YMCA	58.35	58.40
	28.45		58.40 (29.95)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*40 Mara Valenzuela 27.74	15	Somerset Valley YMCA	58.90	58.43
		58.43 (30.69)		
*40 Anna Susko 28.54	17	West Morris YMCA	58.11	58.43
		58.43 (29.89)		
42 Lauren Raczkowski 28.63	17	Middle Tyger YMCA	1:00.71	58.44
		58.44 (29.81)		
43 Hollis Capuano 27.99	18	Cheshire YMCA	59.34	58.50
		58.50 (30.51)		
44 Kelly O'Connor 28.89	17	North Shore (Sterling) MA YMCA <sup>A</sup>	58.52	58.64
		58.64 (29.75)		
*45 Julia Comodeca 28.99	16	M.E. Lyons (Anderson) YMCA	59.40	58.73
		58.73 (29.74)		
*45 Anna Ratana 28.58	17	Winston Salem YMCA	59.75	58.73
		58.73 (30.15)		
47 Evann Heidersbach 28.66	17	Vermilion Family YMCA	1:00.19	58.81
		58.81 (30.15)		
48 Julia Brownrigg 28.76	17	West Shore YMCA	58.97	58.83
		58.83 (30.07)		
49 Becky Evenson 28.95	17	Sarasota Family YMCA, Inc	59.20	58.84
		58.84 (29.89)		
50 Kristin Crawford 28.48	14	Triangle Area YMCA	1:00.68	59.01
		59.01 (30.53)		
51 Noelle Klockner 28.41	14	Western Monmouth Co. YMCA	58.62	59.04
		59.04 (30.63)		
52 Erin Timochenko 28.69	14	Reading and Berks County YMCA <sup>A</sup>	58.54	59.18
		59.18 (30.49)		
53 Nicole Miller 28.59	18	Triangle Area YMCA	1:00.12	59.20
		59.20 (30.61)		
54 Meghan Buckley 28.96	15	Sarasota Family YMCA, Inc	1:00.61	59.31
		59.31 (30.35)		
55 Rebekah Land 27.96	15	Hannibal YMCA	57.38	59.37
		59.37 (31.41)		
56 Stephanie Hughes 28.99	18	Triangle Area YMCA	1:00.93	59.38
		59.38 (30.39)		
57 Erin Frye 28.37	17	Ashland Area YMCA	58.64	59.39
		59.39 (31.02)		
58 Liza Bragg 28.76	14	Darien Community YMCA	1:00.37	59.44
		59.44 (30.68)		
59 Sara Nestowitz 28.72	13	Ridgewood NJ YMCA	59.77	59.45
		59.45 (30.73)		
60 Carlene Ostromecki 28.50	17	Boyertown Area YMCA	58.87	59.48
		59.48 (30.98)		
61 Maureen McKenna 28.96	16	Red Bank Branch	1:00.96	59.50
		59.50 (30.54)		
62 Lauren LaRocco 28.72	17	Lakeland Hills Family YMCA	59.72	59.56
		59.56 (30.84)		
63 Stephanie Berg 28.28	17	Birmingham Family YMCA	59.29	59.57
		59.57 (31.29)		
64 Amina Meho 29.18	17	Burbank Branch YMCA	1:00.98	59.58
		59.58 (30.40)		
65 Ashley Conroy 28.71	16	Ocean County YMCA	59.44	59.59
		59.59 (30.88)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
66 Kelly Hamilton	14	Chambersburg Memorial YMCA	58.39	59.60
28.71	59.60 (30.89)			
67 Casey Ostrander	17	Cape Cod YMCA	58.14	59.61
28.51	59.61 (31.10)			
*68 Morgan Brooks	15	Middle Tyger YMCA	1:00.75	59.65
29.01	59.65 (30.64)			
*68 Allison Walker	17	Riverfront Branch YMCA	58.71	59.65
28.76	59.65 (30.89)			
*70 Katelyn Pratt-Collins	18	Great Miami Valley Ohio YMCA	58.60	59.66
29.01	59.66 (30.65)			
*70 Amber Amr	16	Spokane YMCA	1:00.98	59.66
28.89	59.66 (30.77)			
72 Hailey Growney	17	Lakeland Hills Family YMCA	59.75	59.69
29.29	59.69 (30.40)			
73 Sarah Boyle	16	Columbia Northwest Family YMC	1:00.03	59.72
29.01	59.72 (30.71)			
*74 Annie Taylor	14	Boise YMCA	1:00.51	59.73
29.20	59.73 (30.53)			
*74 Carey Fries	16	Summit Branch YMCA	1:01.14	59.73
28.69	59.73 (31.04)			
*76 Colleen Webb	17	B.R. Ryall (Northwestern Dupag	59.34	59.77
29.21	59.77 (30.56)			
*76 Sarah Dotzel	17	York And York County YMCA	58.69	59.77
29.13	59.77 (30.64)			
78 Emily Weaner	16	West Shore YMCA	58.26	59.79
28.67	59.79 (31.12)			
79 Alexis Coon	15	Brandywine -DE YMCA	1:00.36	59.81
28.91	59.81 (30.90)			
80 Megan Niermann	13	Fayette County Family YMCA	59.61	59.88
29.77	59.88 (30.11)			
81 Jessica Russell	14	Bath Area Family YMCA	1:00.62	59.92
28.88	59.92 (31.04)			
82 Kathryn Greskoff	17	Upper Main Line YMCA	1:00.39	59.96
28.48	59.96 (31.48)			
83 Madison Allen	16	Middle Tyger YMCA	1:00.91	59.99
28.83	59.99 (31.16)			
84 Tori Hall	17	Tri-Hampton Family Branch YMC	59.74	1:00.00
29.24	1:00.00 (30.76)			
85 Katie Keefer	17	Waynesboro Family YMCA	1:00.51	1:00.06
28.94	1:00.06 (31.12)			
86 Katie Gillespie	15	Riverfront Branch YMCA	1:00.71	1:00.12
29.07	1:00.12 (31.05)			
87 Taylor Steffl	15	Birmingham Family YMCA	1:00.38	1:00.17
28.22	1:00.17 (31.95)			
88 Hannah Benn	16	Summit Branch YMCA	59.66	1:00.20
29.40	1:00.20 (30.80)			
89 Katie Rohn	17	New Canaan Community YMCA	1:00.46	1:00.22
29.04	1:00.22 (31.18)			
*90 Emily Thomesen	15	Laurel East Hartford YMCA	1:01.08	1:00.32
29.28	1:00.32 (31.04)			
*90 Andrea McPike	18	Tri-City Area IL YMCA	59.94	1:00.32
28.38	1:00.32 (31.94)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*92	Gabriella Levine	15	Fanwood-Scotch Plains YMCA	1:00.95	1:00.33
	29.19		1:00.33 (31.14)		
*92	Emily Buczkowski	15	Bath Area Family YMCA	1:00.86	1:00.33
	29.21		1:00.33 (31.12)		
*92	Olivia Evans	13	Reading and Berks County YMCA	1:00.32	1:00.33
	29.15		1:00.33 (31.18)		
95	Katie Duggan	16	Boyertown Area YMCA	58.79	1:00.41
	29.04		1:00.41 (31.37)		
*96	Sarah Weidner	16	South Family YMCA-Kettering	1:01.05	1:00.46
	29.90		1:00.46 (30.56)		
*96	Amani Amr	14	Spokane YMCA	59.53	1:00.46
	29.15		1:00.46 (31.31)		
98	Sarah Wagner	16	West Morris YMCA	1:00.49	1:00.52
	29.58		1:00.52 (30.94)		
99	Alyssa Niebrugge	17	Schroeder YMCA	1:00.29	1:00.56
	29.73		1:00.56 (30.83)		
*100	Kate Durkan	17	Upper Main Line YMCA	1:01.35	1:00.60
	29.34		1:00.60 (31.26)		
*100	Jen Gavin	17	Orlando YMCA	59.89	1:00.60
	29.56		1:00.60 (31.04)		
*102	Courtney Miller	15	Harrison Area YMCA	59.53	1:00.73
	28.99		1:00.73 (31.74)		
*102	Hannah Stephenson	16	Triangle Area YMCA	59.13	1:00.73
	29.47		1:00.73 (31.26)		
*104	Jennie Marosits	17	Lakeland Hills Family YMCA	1:00.35	1:00.74
	29.17		1:00.74 (31.57)		
*104	Taylor Byerly	15	Wilton Family YMCA	1:01.30	1:00.74
	28.86		1:00.74 (31.88)		
106	Alyssa Petruzzello	17	Champaign County YMCA	59.07	1:00.76
	29.46		1:00.76 (31.30)		
107	Kristyn Wikoff	18	Red Bank Branch	58.98	1:00.78
	29.65		1:00.78 (31.13)		
108	Adelyn Graf	14	New Canaan Community YMCA	1:01.16	1:00.82
	29.66		1:00.82 (31.16)		
109	Brooke Reynolds	15	La Crosse Area Family YMCA	59.39	1:00.83
	29.44		1:00.83 (31.39)		
110	Alex Eiler	14	Oshkosh Community YMCA	58.90	1:00.87
	29.15		1:00.87 (31.72)		
111	Caitlin English	15	Fanwood-Scotch Plains YMCA	1:00.84	1:00.89
	29.40		1:00.89 (31.49)		
112	Bryn Crowder	16	Brandywine -DE YMCA	1:00.97	1:00.91
	29.39		1:00.91 (31.52)		
113	Alexis Houser	17	Tri-Hampton Family Branch YMC	1:01.07	1:00.96
	30.32		1:00.96 (30.64)		
114	Emily Bourguignon	16	Green Bay YMCA Metro	1:00.27	1:01.00
	29.69		1:01.00 (31.31)		
115	Erin Malone	14	Riverfront Branch YMCA	1:01.27	1:01.01
	29.59		1:01.01 (31.42)		
116	Chelsey Curran	15	Down East Family YMCA	1:01.05	1:01.06
	29.42		1:01.06 (31.64)		
117	Eva Schulteis	16	Schroeder YMCA	1:00.15	1:01.09
	29.67		1:01.09 (31.42)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
118	Meghan Lam	17	Brandywine -DE YMCA	1:00.22	1:01.13
	29.05		1:01.13 (32.08)		
119	Melissa Kang	17	Brandywine YMCA -PA	1:01.06	1:01.15
	29.72		1:01.15 (31.43)		
120	Heather Saule	16	Greater Flint YMCA	1:01.05	1:01.19
	30.10		1:01.19 (31.09)		
*121	Corinne Capodanno	14	Brandywine -DE YMCA	1:01.24	1:01.26
	29.48		1:01.26 (31.78)		
*121	Austin Mateo	14	Wyckoff Family YMCA Inc	1:00.31	1:01.26
	30.28		1:01.26 (30.98)		
*123	Stefanie Sippl	17	Stevens Point Area YMCA	1:00.30	1:01.27
	29.65		1:01.27 (31.62)		
*123	Dana Yu	14	Somerset Valley YMCA	1:00.86	1:01.27
	29.38		1:01.27 (31.89)		
125	Ashley El Nagggar	15	Wyckoff Family YMCA Inc	1:00.67	1:01.28
	29.40		1:01.28 (31.88)		
126	Patty Boyer	16	Wyckoff Family YMCA Inc	1:01.22	1:01.31
	29.31		1:01.31 (32.00)		
127	Alison O'Connor	15	Wyckoff Family YMCA Inc	1:00.67	1:01.38
	29.95		1:01.38 (31.43)		
128	Lissy Maercklein	14	Schroeder YMCA	1:00.62	1:01.41
	29.48		1:01.41 (31.93)		
129	Allison Lohnes	15	Springfield Family YMCA	1:00.47	1:01.46
	29.52		1:01.46 (31.94)		
130	Livi Kroll	15	New Canaan Community YMCA	1:01.27	1:01.47
	30.06		1:01.47 (31.41)		
131	Jacquelyn Misanik	16	North Canton Community YMCA	59.69	1:01.49
	29.65		1:01.49 (31.84)		
132	Hannah Morris	16	Marietta YMCA	1:00.96	1:01.53
	29.81		1:01.53 (31.72)		
*133	Ashley Martin	16	Rock Hill Area YMCA	1:01.15	1:01.54
	29.99		1:01.54 (31.55)		
*133	Jillian Strassner	18	Wheeler Regional Branch YMCA	59.88	1:01.54
	29.90		1:01.54 (31.64)		
135	Bowie Reilly	17	Western Monmouth Co. YMCA	1:01.30	1:01.57
	29.90		1:01.57 (31.67)		
136	Julia Badding	17	Schroeder YMCA	1:01.20	1:01.60
	29.87		1:01.60 (31.73)		
137	Enya Messersmith	18	West Shore YMCA	1:00.31	1:01.65
	30.26		1:01.65 (31.39)		
138	Sara Reidler	16	Suburban West Branch Ohio YMC	1:00.63	1:01.66
	29.41		1:01.66 (32.25)		
139	Aubrey Miller	16	Boyertown Area YMCA	1:00.17	1:01.73
	29.68		1:01.73 (32.05)		
140	Colleen O'Neil	14	South Shore Mill Pond YMCA	1:01.22	1:01.75
	30.11		1:01.75 (31.64)		
141	Erin Erdley	17	Franklin/Grove City YMCA	1:00.87	1:01.76
	29.68		1:01.76 (32.08)		
142	Kayla Smith	18	Madison West YMCA	59.25	1:01.78
	29.47		1:01.78 (32.31)		
143	Alyssa Sanders	15	Central Delaware YMCA	1:01.32	1:01.85
	29.89		1:01.85 (31.96)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
144	Christine Edwards	12	Birmingham Family YMCA	1:01.26	1:01.90
	29.98		1:01.90 (31.92)		
145	Cassie Cesaro	17	Wheeler Regional Branch YMCA	59.93	1:01.93
	30.49		1:01.93 (31.44)		
146	Sharon Wu	14	McGaw YMCA	1:00.96	1:02.01
	29.82		1:02.01 (32.19)		
147	Julia Adams	17	Eastside Family Branch YMCA	1:01.16	1:02.22
	29.56		1:02.22 (32.66)		
148	Ashlie Benson	16	Edwardsville YMCA	1:00.10	1:02.27
	30.09		1:02.27 (32.18)		
149	Ali Glassbrenner	13	Eau Claire Wisconsin YMCA	1:01.01	1:02.29
	30.19		1:02.29 (32.10)		
150	Katie Buchser	14	Somerset Hills YMCA	1:01.30	1:02.30
	29.73		1:02.30 (32.57)		
151	Meaghan Kwarcinski	14	Greater Holyoke YMCA	1:00.00	1:02.31
	30.30		1:02.31 (32.01)		
*152	Jessica Frazelle	17	Winston Salem YMCA	1:01.39	1:02.34
	29.87		1:02.34 (32.47)		
*152	Hanna Hunstad	14	North Oakland Family YMCA	1:01.07	1:02.34
	30.22		1:02.34 (32.12)		
154	Madeline Froehlich	18	Cheshire YMCA	1:00.88	1:02.40
	30.58		1:02.40 (31.82)		
155	Hannah Huber	16	Anne Arundel County YMCA	1:01.17	1:02.41
	30.22		1:02.41 (32.19)		
156	Rachel Misanik	17	North Canton Community YMCA	1:00.93	1:02.54
	30.47		1:02.54 (32.07)		
157	Holly Hirsch	18	Rock Hill Area YMCA	59.09	1:02.58
	30.25		1:02.58 (32.33)		
158	Lindsay Yarborough	17	Winston Salem YMCA	59.34	1:02.61
	30.15		1:02.61 (32.46)		
159	Jess Healy	18	Hatboro Area YMCA	58.44	1:02.65
	30.77		1:02.65 (31.88)		
160	Kaci McIlmoyle	14	Jennersville YMCA	1:00.81	1:02.84
	30.44		1:02.84 (32.40)		
161	Margo Khalili	17	Beavercreek Branch YMCA	1:00.92	1:02.89
	29.72		1:02.89 (33.17)		
162	Emma Kiefer	14	Miami County Ohio YMCA	1:00.70	1:02.90
	30.77		1:02.90 (32.13)		
163	Mackenzie Anderson	16	Kankakee Area YMCA	1:00.93	1:03.13
	29.63		1:03.13 (33.50)		
164	Emma Hartings	15	Galion Community Center YMCA	1:01.34	1:03.20
	30.11		1:03.20 (33.09)		
165	Ainsley Reed	13	Lynchburg YMCA	1:01.36	1:03.31
	31.39		1:03.31 (31.92)		
166	Madeline Rastall	14	Marinette-Menominee YMCA	1:01.31	1:03.37
	31.20		1:03.37 (32.17)		
167	Maryssa Beckman	18	Fayette County Family YMCA	1:01.34	1:03.70
	30.97		1:03.70 (32.73)		
168	Elina Hu	16	Oshkosh Community YMCA	1:00.76	1:04.14
	30.91		1:04.14 (33.23)		
169	Breanne Rieman	16	Defiance Area YMCA	1:01.06	1:04.15
	30.71		1:04.15 (33.44)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
170 Jenna Hoffman	18	Northwest Family Branch YMCA	1:01.14	1:04.24
30.87	1:04.24 (33.37)			
171 Laura Wardecke	17	Fox Cities YMCA	1:00.80	1:04.44
30.49	1:04.44 (33.95)			
172 Melissa Woody	17	Beavercreek Branch YMCA	1:00.99	1:05.73
30.97	1:05.73 (34.76)			

**Women 200 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Lauren Baisden	17	Phoenixville Branch YMCA	2:06.32	2:04.45
29.83	1:01.05 (31.22)	1:32.76 (31.71)	2:04.45 (31.69)	
2 Kathryn Greskoff	17	Upper Main Line YMCA	2:14.00	2:06.95
29.52	1:01.70 (32.18)	1:34.62 (32.92)	2:06.95 (32.33)	
3 Hannah Lips	12	Middle Tyger YMCA	2:08.99	2:07.30
31.22	1:03.45 (32.23)	1:35.04 (31.59)	2:07.30 (32.26)	
4 Erica Demunbrun	15	Attleboro YMCA	2:13.31	2:07.88
28.75	1:01.02 (32.27)	1:34.59 (33.57)	2:07.88 (33.29)	
5 Meg Powers	17	South Shore Mill Pond YMCA	2:15.51	2:09.36
31.27	1:04.00 (32.73)	1:36.99 (32.99)	2:09.36 (32.37)	
6 Maureen McKenna	16	Red Bank Branch	2:12.26	2:09.46
29.77	1:02.76 (32.99)	1:36.48 (33.72)	2:09.46 (32.98)	
7 Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	2:13.28	2:09.95
30.62	1:03.27 (32.65)	1:36.37 (33.10)	2:09.95 (33.58)	
8 Kelly Hamilton	14	Chambersburg Memorial YMCA	2:08.70	2:10.45
30.93	1:03.57 (32.64)	1:37.12 (33.55)	2:10.45 (33.33)	
9 Elizabeth Simon	17	Middle Tyger YMCA	2:15.99	2:10.67
30.64	1:03.20 (32.56)	1:37.02 (33.82)	2:10.67 (33.65)	
10 Erin Malone	14	Riverfront Branch YMCA	2:13.00	2:10.71
30.96	1:03.96 (33.00)	1:37.59 (33.63)	2:10.71 (33.12)	
11 Silke Herold	16	Somerset Valley YMCA	2:13.33	2:11.06
30.78	1:04.01 (33.23)	1:37.98 (33.97)	2:11.06 (33.08)	
12 Alyssa Petruzzello	17	Champaign County YMCA	2:09.57	2:11.52
30.37	1:03.27 (32.90)	1:37.61 (34.34)	2:11.52 (33.91)	
13 Ashley Martin	16	Rock Hill Area YMCA	2:15.34	2:11.86
31.20	1:04.13 (32.93)	1:37.62 (33.49)	2:11.86 (34.24)	
14 Ellen Huelbig	17	Montclair YMCA	2:12.10	2:12.17
31.66	1:04.49 (32.83)	1:38.14 (33.65)	2:12.17 (34.03)	
*15 Alex Hammerberg	18	Triangle Area YMCA	2:15.39	2:12.38
32.09	1:05.50 (33.41)	1:39.53 (34.03)	2:12.38 (32.85)	
*15 Stephanie Hughes	18	Triangle Area YMCA	2:15.00	2:12.38
31.21	1:04.57 (33.36)	1:38.82 (34.25)	2:12.38 (33.56)	
17 Paige Baisden	15	Phoenixville Branch YMCA	2:18.99	2:12.39
32.14	1:05.74 (33.60)	1:39.48 (33.74)	2:12.39 (32.91)	
18 Taylor Byerly	15	Wilton Family YMCA	2:19.00	2:12.50
30.11	1:03.59 (33.48)	1:38.09 (34.50)	2:12.50 (34.41)	
19 Kristin Crawford	14	Triangle Area YMCA	2:13.78	2:12.54
31.25	1:04.92 (33.67)	1:39.28 (34.36)	2:12.54 (33.26)	
20 Chelsey Curran	15	Down East Family YMCA	2:14.96	2:12.63
29.91	1:03.01 (33.10)	1:37.83 (34.82)	2:12.63 (34.80)	
21 Emily Healey	17	Wilton Family YMCA	2:15.41	2:12.91
31.84	1:05.04 (33.20)	1:38.85 (33.81)	2:12.91 (34.06)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Backstroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*22	Hannah Newman	14	Champaign County YMCA	2:20.84	2:13.11
	30.26	1:03.40 (33.14)	1:38.33 (34.93)	2:13.11 (34.78)	
*22	Courtney Miller	15	Harrison Area YMCA	2:16.76	2:13.11
	30.74	1:04.52 (33.78)	1:39.03 (34.51)	2:13.11 (34.08)	
*24	Michelle Kim	12	Ridgewood NJ YMCA	2:16.86	2:13.17
	31.66	1:05.96 (34.30)	1:40.15 (34.19)	2:13.17 (33.02)	
*24	Emily Buczkowski	15	Bath Area Family YMCA	2:13.00	2:13.17
	30.81	1:04.34 (33.53)	1:38.68 (34.34)	2:13.17 (34.49)	
26	Emily Thomesen	15	Laurel East Hartford YMCA	2:14.09	2:13.29
	30.10	1:03.21 (33.11)	1:38.57 (35.36)	2:13.29 (34.72)	
27	Caroline Brennan	16	Somerset Hills YMCA	2:21.86	2:13.38
	31.65	1:05.15 (33.50)	1:39.20 (34.05)	2:13.38 (34.18)	
28	Katie Buchser	14	Somerset Hills YMCA	2:17.36	2:13.44
	30.90	1:05.62 (34.72)	1:40.53 (34.91)	2:13.44 (32.91)	
29	Cassie Cesaro	17	Wheeler Regional Branch YMCA	2:12.81	2:13.57
	31.28	1:04.90 (33.62)	1:39.61 (34.71)	2:13.57 (33.96)	
30	Hannah Huber	16	Anne Arundel County YMCA	2:13.07	2:13.87
	30.77	1:04.38 (33.61)	1:39.13 (34.75)	2:13.87 (34.74)	
31	Jacqueline White	16	Ridgewood NJ YMCA	2:14.42	2:14.04
	31.75	1:04.91 (33.16)	1:39.31 (34.40)	2:14.04 (34.73)	
32	Christine McGuire	15	Greenwich YMCA	2:17.30	2:14.06
	31.80	1:05.23 (33.43)	1:39.88 (34.65)	2:14.06 (34.18)	
33	Julia Adams	17	Eastside Family Branch YMCA	2:22.95	2:14.20
	30.52	1:04.33 (33.81)	1:40.04 (35.71)	2:14.20 (34.16)	
34	Emma Cammann	14	Andover/North Andover YMCA	2:18.57	2:15.44
	32.31	1:06.60 (34.29)	1:41.70 (35.10)	2:15.44 (33.74)	
35	Bryn Crowder	16	Brandywine -DE YMCA	2:13.56	2:15.65
	30.33	1:04.08 (33.75)	1:39.88 (35.80)	2:15.65 (35.77)	
36	Jess Healy	18	Hatboro Area YMCA	2:15.50	2:15.66
	31.93	1:06.12 (34.19)	1:41.22 (35.10)	2:15.66 (34.44)	
37	Kimberly Lawson	18	Morris Center YMCA	2:20.99	2:15.76
	31.19	1:04.38 (33.19)	1:39.84 (35.46)	2:15.76 (35.92)	
38	Dana Yu	14	Somerset Valley YMCA	2:13.28	2:16.32
	31.77	1:05.89 (34.12)	1:40.91 (35.02)	2:16.32 (35.41)	
39	Bowie Reilly	17	Western Monmouth Co. YMCA	2:20.73	2:16.33
	32.62	1:07.25 (34.63)	1:42.14 (34.89)	2:16.33 (34.19)	
40	Kaitlin Richter	15	Riverfront Branch YMCA	2:15.58	2:16.39
	32.54	1:06.81 (34.27)	1:41.72 (34.91)	2:16.39 (34.67)	
41	Audrey Rittenhouse	16	Phoenixville Branch YMCA	2:15.85	2:16.76
	32.25	1:06.71 (34.46)	1:41.70 (34.99)	2:16.76 (35.06)	
42	Allison Schafer	16	Pottstown YMCA	2:20.14	2:17.37
	32.20	1:06.89 (34.69)	1:42.34 (35.45)	2:17.37 (35.03)	
43	Alyssa Finn	16	Hunterdon County YMCA	2:16.50	2:17.62
	32.31	1:06.90 (34.59)	1:42.25 (35.35)	2:17.62 (35.37)	
44	Kaela Bjornberg	17	Cheshire YMCA	2:20.51	2:17.84
	32.64	1:07.16 (34.52)	1:43.18 (36.02)	2:17.84 (34.66)	
45	Kathleen Marrese	16	Western Connecticut YMCA	2:24.42	2:17.89
	31.94	1:06.32 (34.38)	1:41.94 (35.62)	2:17.89 (35.95)	
46	Carly Whitmer	14	Westfield YMCA	2:17.56	2:19.28
	31.74	1:07.63 (35.89)	1:43.76 (36.13)	2:19.28 (35.52)	
47	Jenna Tugaoen	13	Hilliker YMCA	2:16.75	2:19.68
	31.65	1:06.64 (34.99)	1:42.89 (36.25)	2:19.68 (36.79)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 200 Yard Backstroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
48 Kristen Landry	15	Lakeland Hills Family YMCA	2:13.46	2:19.70
32.41	1:08.00 (35.59)	1:44.09 (36.09)	2:19.70 (35.61)	
49 Sharon Wu	14	McGaw YMCA	2:15.47	2:20.15
32.22	1:07.26 (35.04)	1:44.04 (36.78)	2:20.15 (36.11)	
50 Meghan Kiely	14	Lakeland Hills Family YMCA	2:19.99	2:23.67
32.39	1:09.33 (36.94)	1:46.76 (37.43)	2:23.67 (36.91)	
--- Ashley Conroy	16	Ocean County YMCA	2:12.50	NS
Declared false start				
--- Alyssa Sanders	15	Central Delaware YMCA	2:14.33	NS
--- Meredith Smith	16	Westfield YMCA	2:14.15	NS
Declared false start				

**Women 200 Yard Backstroke Swimming Competition**

National: 1:58.13 \* 4/7/2004 Tricia Weaner

West Shore

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Annie Gillig	14	Middle Tyger YMCA	1:58.91	1:55.45 *
27.12	56.07 (28.95)	1:25.93 (29.86)	1:55.45 (29.52)	
2 Lauren Solernou	16	Cheshire YMCA	1:59.41	1:59.88
27.75	57.18 (29.43)	1:28.61 (31.43)	1:59.88 (31.27)	
3 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:02.26	2:01.74
28.70	59.00 (30.30)	1:30.62 (31.62)	2:01.74 (31.12)	
4 Sadie Nennig	16	Schroeder YMCA	2:01.38	2:02.58
28.64	59.00 (30.36)	1:30.39 (31.39)	2:02.58 (32.19)	
*5 Becky Yokosh	17	Pabst Farms YMCA	2:02.84	2:02.90
29.22	59.93 (30.71)	1:31.25 (31.32)	2:02.90 (31.65)	
*5 Sabrina Benson	15	Triangle Area YMCA	2:01.59	2:02.90
28.50	58.31 (29.81)	1:30.61 (32.30)	2:02.90 (32.29)	
7 Shelby Leonard	16	Sarasota Family YMCA, Inc	2:02.29	2:03.47
28.37	59.23 (30.86)	1:31.81 (32.58)	2:03.47 (31.66)	
8 Courtney Sepich	17	Burlington County YMCA	2:02.25	2:03.65
28.73	59.32 (30.59)	1:31.65 (32.33)	2:03.65 (32.00)	
<b>B - Final</b>				
9 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:02.87	1:59.96
28.66	58.68 (30.02)	1:29.10 (30.42)	1:59.96 (30.86)	
10 Shelby Fortin	16	Wilton Family YMCA	2:03.30	2:01.34
28.91	59.39 (30.48)	1:30.87 (31.48)	2:01.34 (30.47)	
11 Hali Flickinger	14	York And York County YMCA	2:03.80	2:03.43
29.78	1:01.05 (31.27)	1:32.72 (31.67)	2:03.43 (30.71)	
12 Siri Smits	15	Oshkosh Community YMCA	2:03.53	2:03.44
28.72	59.70 (30.98)	1:31.96 (32.26)	2:03.44 (31.48)	
13 Celia Oberholzer	15	Powel Crosley Jr. YMCA	2:03.77	2:03.50
28.79	59.77 (30.98)	1:31.27 (31.50)	2:03.50 (32.23)	
14 Kelsey Williams	16	Sunbury Branch YMCA	2:03.01	2:03.67
29.05	1:00.39 (31.34)	1:32.72 (32.33)	2:03.67 (30.95)	
15 Emily O'Neill	16	Western Monmouth Co. YMCA	2:03.45	2:03.68
29.15	1:00.49 (31.34)	1:32.10 (31.61)	2:03.68 (31.58)	
16 Anna Susko	17	West Morris YMCA	2:03.08	2:04.14
29.22	1:00.41 (31.19)	1:32.38 (31.97)	2:04.14 (31.76)	
<b>C - Final</b>				
17 Sarah Reynolds	14	Montgomery -East Branch YMCA	2:03.94	2:02.17
29.08	1:00.52 (31.44)	1:31.51 (30.99)	2:02.17 (30.66)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****C - Final ... (Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
18 Kelly O'Connor	17	North Shore (Sterling) MA YMCA	2:04.93	2:02.28
29.06	59.73 (30.67)	1:31.30 (31.57)	2:02.28 (30.98)	
19 Lori Lynn	15	Edwardsville YMCA	2:05.09	2:03.84
28.64	59.29 (30.65)	1:31.16 (31.87)	2:03.84 (32.68)	
20 Lee Ingram	18	Western Monmouth Co. YMCA	2:04.53	2:05.03
29.32	1:00.67 (31.35)	1:32.67 (32.00)	2:05.03 (32.36)	
21 Amanda Thach	15	West Seattle Branch YMCA	2:05.12	2:05.27
29.30	59.99 (30.69)	1:32.34 (32.35)	2:05.27 (32.93)	
22 Lauren Raczkowski	17	Middle Tyger YMCA	2:04.36	2:05.52
29.73	1:01.20 (31.47)	1:33.62 (32.42)	2:05.52 (31.90)	
23 Shannon Draves	18	Pottstown YMCA	2:05.19	2:07.69
29.75	1:01.58 (31.83)	1:34.28 (32.70)	2:07.69 (33.41)	
24 Kendall Crawford	14	Middle Tyger YMCA	2:04.18	2:09.84
29.89	1:02.52 (32.63)	1:36.17 (33.65)	2:09.84 (33.67)	

**Women 200 Yard Backstroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Annie Gillig	14	Middle Tyger YMCA	2:00.87	1:58.91
27.97	57.64 (29.67)	1:28.10 (30.46)	1:58.91 (30.81)	
2 Lauren Solernou	16	Cheshire YMCA	2:00.36	1:59.41
28.11	57.95 (29.84)	1:28.60 (30.65)	1:59.41 (30.81)	
3 Sadie Nennig	16	Schroeder YMCA	2:00.49	2:01.38
28.35	58.43 (30.08)	1:29.08 (30.65)	2:01.38 (32.30)	
4 Sabrina Benson	15	Triangle Area YMCA	2:00.57	2:01.59
28.48	58.04 (29.56)	1:29.53 (31.49)	2:01.59 (32.06)	
5 Courtney Sepich	17	Burlington County YMCA	2:03.62	2:02.25
28.93	59.69 (30.76)	1:31.12 (31.43)	2:02.25 (31.13)	
6 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:02.69	2:02.26
28.96	59.62 (30.66)	1:31.08 (31.46)	2:02.26 (31.18)	
7 Shelby Leonard	16	Sarasota Family YMCA, Inc	2:03.74	2:02.29
28.73	59.19 (30.46)	1:30.70 (31.51)	2:02.29 (31.59)	
8 Becky Yokosh	17	Pabst Farms YMCA	2:04.15	2:02.84
29.23	1:00.05 (30.82)	1:31.40 (31.35)	2:02.84 (31.44)	
9 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:01.96	2:02.87
29.36	59.83 (30.47)	1:31.47 (31.64)	2:02.87 (31.40)	
10 Kelsey Williams	16	Sunbury Branch YMCA	2:10.22	2:03.01
29.37	59.81 (30.44)	1:31.67 (31.86)	2:03.01 (31.34)	
11 Anna Susko	17	West Morris YMCA	2:04.55	2:03.08
29.46	1:00.30 (30.84)	1:31.56 (31.26)	2:03.08 (31.52)	
12 Shelby Fortin	16	Wilton Family YMCA	2:03.62	2:03.30
29.13	59.55 (30.42)	1:31.44 (31.89)	2:03.30 (31.86)	
13 Emily O'Neill	16	Western Monmouth Co. YMCA	2:05.31	2:03.45
29.03	1:00.24 (31.21)	1:31.56 (31.32)	2:03.45 (31.89)	
14 Siri Smits	15	Oshkosh Community YMCA	2:02.14	2:03.53
28.89	59.81 (30.92)	1:31.79 (31.98)	2:03.53 (31.74)	
15 Celia Oberholzer	15	Powel Crosley Jr. YMCA	2:10.98	2:03.77
28.95	59.82 (30.87)	1:31.37 (31.55)	2:03.77 (32.40)	
16 Hali Flickinger	14	York And York County YMCA	2:03.49	2:03.80
29.47	1:00.73 (31.26)	1:32.60 (31.87)	2:03.80 (31.20)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
17	Sarah Reynolds	14	Montgomery -East Branch YMCA	2:04.20	2:03.94
	28.47	59.41 (30.94)	1:31.69 (32.28)	2:03.94 (32.25)	
18	Kendall Crawford	14	Middle Tyger YMCA	2:08.94	2:04.18
	28.83	59.40 (30.57)	1:31.50 (32.10)	2:04.18 (32.68)	
19	Lauren Raczkowski	17	Middle Tyger YMCA	2:07.73	2:04.36
	29.40	59.98 (30.58)	1:32.03 (32.05)	2:04.36 (32.33)	
20	Lee Ingram	18	Western Monmouth Co. YMCA	2:05.30	2:04.53
	29.49	1:00.21 (30.72)	1:31.96 (31.75)	2:04.53 (32.57)	
21	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	2:03.81	2:04.93
	29.21	1:00.53 (31.32)	1:32.95 (32.42)	2:04.93 (31.98)	
22	Lori Lynn	15	Edwardsville YMCA	2:05.26	2:05.09
	28.66	59.22 (30.56)	1:31.57 (32.35)	2:05.09 (33.52)	
23	Amanda Thach	15	West Seattle Branch YMCA	2:05.90	2:05.12
	29.28	1:00.35 (31.07)	1:32.71 (32.36)	2:05.12 (32.41)	
24	Shannon Draves	18	Pottstown YMCA	2:06.17	2:05.19
	29.54	1:01.57 (32.03)	1:33.39 (31.82)	2:05.19 (31.80)	
25	Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	2:04.21	2:05.64
	29.63	1:00.90 (31.27)	1:33.42 (32.52)	2:05.64 (32.22)	
26	Dana Iverson	15	Racine Family YMCA	2:08.28	2:05.95
	29.48	1:01.10 (31.62)	1:33.83 (32.73)	2:05.95 (32.12)	
27	Katie Orem	16	New Canaan Community YMCA	2:10.45	2:05.98
	29.41	1:01.10 (31.69)	1:33.67 (32.57)	2:05.98 (32.31)	
28	Becky Evenson	17	Sarasota Family YMCA, Inc	2:05.69	2:05.99
	29.79	1:01.15 (31.36)	1:33.57 (32.42)	2:05.99 (32.42)	
29	Adrienne Phillips	18	West Shore YMCA	2:08.60	2:06.00
	29.89	1:01.39 (31.50)	1:33.89 (32.50)	2:06.00 (32.11)	
30	Anna Gibas	17	Greensburg YMCA	2:08.44	2:06.05
	29.67	1:01.76 (32.09)	1:34.74 (32.98)	2:06.05 (31.31)	
31	McKayla Lightbourn	16	Sarasota Family YMCA, Inc	2:02.55	2:06.54
	29.61	1:01.22 (31.61)	1:33.78 (32.56)	2:06.54 (32.76)	
*32	Nicole Miller	18	Triangle Area YMCA	2:10.11	2:06.74
	30.12	1:01.79 (31.67)	1:34.16 (32.37)	2:06.74 (32.58)	
*32	Julia Brownrigg	17	West Shore YMCA	2:06.36	2:06.74
	29.41	1:01.02 (31.61)	1:33.91 (32.89)	2:06.74 (32.83)	
34	Madeline Barlow	18	Tri-Hampton Family Branch YMC	2:11.17	2:06.87
	30.10	1:02.09 (31.99)	1:34.96 (32.87)	2:06.87 (31.91)	
*35	Amanda Hardewig	16	M.E. Lyons (Anderson) YMCA	2:28.44L	2:06.99
	30.46	1:01.69 (31.23)	1:34.31 (32.62)	2:06.99 (32.68)	
*35	Julia Kucherich	17	York And York County YMCA	2:03.26	2:06.99
	30.21	1:02.22 (32.01)	1:34.85 (32.63)	2:06.99 (32.14)	
37	Caroline Burns	17	Anne Arundel County YMCA	2:06.79	2:07.03
	29.18	1:00.38 (31.20)	1:33.14 (32.76)	2:07.03 (33.89)	
38	Meredith Foster	16	Harford County Family YMCA	2:03.01	2:07.10
	29.15	1:00.75 (31.60)	1:33.56 (32.81)	2:07.10 (33.54)	
39	Olivia Evans	13	Reading and Berks County YMCA	2:10.50	2:07.31
	29.34	1:01.32 (31.98)	1:34.78 (33.46)	2:07.31 (32.53)	
40	Shannon Ahearn	15	Wilton Family YMCA	2:10.22	2:07.36
	30.07	1:01.97 (31.90)	1:34.62 (32.65)	2:07.36 (32.74)	
41	KC Moss	14	Wilton Family YMCA	2:08.39	2:07.40
	29.55	1:01.48 (31.93)	1:34.59 (33.11)	2:07.40 (32.81)	
42	Marissa Blumenthal	16	Birmingham Family YMCA	2:09.84	2:07.47
	28.08	58.72 (30.64)	1:32.22 (33.50)	2:07.47 (35.25)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
43 Ava Jones	15	Sarasota Family YMCA, Inc	2:11.69	2:07.52
31.10	1:03.34 (32.24)	1:35.68 (32.34)	2:07.52 (31.84)	
44 Emily Slabe	12	Coffman Family YMCA	2:05.43	2:07.54
29.11	1:00.94 (31.83)	1:34.51 (33.57)	2:07.54 (33.03)	
45 Meghan Buckley	15	Sarasota Family YMCA, Inc	2:27.27L	2:07.62
31.12	1:03.67 (32.55)	1:35.99 (32.32)	2:07.62 (31.63)	
46 Sarah Dotzel	17	York And York County YMCA	2:06.43	2:07.67
30.20	1:02.06 (31.86)	1:35.13 (33.07)	2:07.67 (32.54)	
47 Emily Launer	15	Kishwaukee Family YMCA	2:05.21	2:07.69
29.55	1:01.73 (32.18)	1:35.01 (33.28)	2:07.69 (32.68)	
48 Stephanie Berg	17	Birmingham Family YMCA	2:10.57	2:07.70
30.46	1:02.51 (32.05)	1:35.45 (32.94)	2:07.70 (32.25)	
49 Megan Alexander	14	North Shore (Sterling) MA YMCA	2:08.99	2:07.79
30.08	1:01.87 (31.79)	1:34.65 (32.78)	2:07.79 (33.14)	
50 Hilary Woldt	17	Oshkosh Community YMCA	2:03.15	2:07.82
30.63	1:02.47 (31.84)	1:35.36 (32.89)	2:07.82 (32.46)	
51 Carlene Ostrombecki	17	Boyertown Area YMCA	2:10.47	2:07.96
30.46	1:02.53 (32.07)	1:35.27 (32.74)	2:07.96 (32.69)	
52 Hailey Growney	17	Lakeland Hills Family YMCA	2:08.32	2:08.20
30.27	1:02.76 (32.49)	1:35.70 (32.94)	2:08.20 (32.50)	
53 Annie Taylor	14	Boise YMCA	2:06.99	2:08.22
29.54	1:00.96 (31.42)	1:34.02 (33.06)	2:08.22 (34.20)	
54 Lisa Zhang	15	Red Bank Branch	2:08.40	2:08.45
30.60	1:03.17 (32.57)	1:35.41 (32.24)	2:08.45 (33.04)	
55 Jasmine Lee	16	Green Bay YMCA Metro	2:06.25	2:08.53
29.82	1:01.54 (31.72)	1:34.42 (32.88)	2:08.53 (34.11)	
56 Morgan Brooks	15	Middle Tyger YMCA	2:11.33	2:08.60
30.32	1:02.82 (32.50)	1:36.23 (33.41)	2:08.60 (32.37)	
57 Christina Daquila	18	Somerset Hills YMCA	2:08.90	2:08.66
30.71	1:02.79 (32.08)	1:36.04 (33.25)	2:08.66 (32.62)	
58 Lindsay Tyler	16	Darien Community YMCA	2:11.76	2:08.75
30.79	1:02.79 (32.00)	1:35.49 (32.70)	2:08.75 (33.26)	
59 Katelyn Pratt-Collins	18	Great Miami Valley Ohio YMCA	2:10.99	2:08.81
30.15	1:02.80 (32.65)	1:35.56 (32.76)	2:08.81 (33.25)	
60 Noelle Klockner	14	Western Monmouth Co. YMCA	2:06.72	2:08.84
29.82	1:01.74 (31.92)	1:35.40 (33.66)	2:08.84 (33.44)	
61 Emily Weaner	16	West Shore YMCA	2:07.15	2:08.89
29.89	1:02.35 (32.46)	1:35.45 (33.10)	2:08.89 (33.44)	
62 Liza Bragg	14	Darien Community YMCA	2:11.13	2:08.91
30.24	1:02.61 (32.37)	1:35.23 (32.62)	2:08.91 (33.68)	
63 Sara Nestowitz	13	Ridgewood NJ YMCA	2:09.05	2:08.92
29.68	1:01.51 (31.83)	1:35.24 (33.73)	2:08.92 (33.68)	
64 Anna Ratana	17	Winston Salem YMCA	2:11.51	2:09.13
30.07	1:02.31 (32.24)	1:35.54 (33.23)	2:09.13 (33.59)	
65 Erin Frye	17	Ashland Area YMCA	2:06.23	2:09.15
29.52	1:01.86 (32.34)	1:35.60 (33.74)	2:09.15 (33.55)	
66 Jenni Roberts	16	Sanford-Springvale YMCA	2:06.35	2:09.17
29.71	1:01.74 (32.03)	1:35.58 (33.84)	2:09.17 (33.59)	
67 Kara Lacoste	15	Greater Holyoke YMCA	2:10.72	2:09.26
30.50	1:02.70 (32.20)	1:35.65 (32.95)	2:09.26 (33.61)	
68 Allison Walker	17	Riverfront Branch YMCA	2:08.64	2:09.52
30.35	1:02.15 (31.80)	1:35.77 (33.62)	2:09.52 (33.75)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Backstroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
69 Rebekah Land	15	Hannibal YMCA	2:05.39	2:09.56
31.08	1:03.79 (32.71)	1:36.55 (32.76)	2:09.56 (33.01)	
70 Sidney Pahmer	15	Wilton Family YMCA	2:11.75	2:09.64
30.08	1:02.57 (32.49)	1:36.41 (33.84)	2:09.64 (33.23)	
71 Tori Hall	17	Tri-Hampton Family Branch YMC	2:11.84	2:09.69
30.80	1:02.98 (32.18)	1:36.51 (33.53)	2:09.69 (33.18)	
72 Chelsea Doyle	17	Riverfront Branch YMCA	2:11.93	2:09.75
30.77	1:03.03 (32.26)	1:36.35 (33.32)	2:09.75 (33.40)	
73 Megan Niermann	13	Fayette County Family YMCA	2:10.80	2:09.77
30.15	1:02.30 (32.15)	1:36.26 (33.96)	2:09.77 (33.51)	
74 Heather Saule	16	Greater Flint YMCA	2:08.59	2:09.98
31.06	1:03.28 (32.22)	1:36.74 (33.46)	2:09.98 (33.24)	
75 Eva Schulteis	16	Schroeder YMCA	2:11.22	2:10.01
30.06	1:02.73 (32.67)	1:36.40 (33.67)	2:10.01 (33.61)	
76 Alyssa Niebrugge	17	Schroeder YMCA	2:11.59	2:10.10
30.77	1:03.33 (32.56)	1:36.99 (33.66)	2:10.10 (33.11)	
77 Ryan Alexander	13	North Shore (Sterling) MA YMCA	2:11.21	2:10.46
31.12	1:04.11 (32.99)	1:37.29 (33.18)	2:10.46 (33.17)	
*78 Adelyn Graf	14	New Canaan Community YMCA	2:11.62	2:10.49
30.77	1:03.36 (32.59)	1:37.02 (33.66)	2:10.49 (33.47)	
*78 Natalie Rohr	15	South Family YMCA-Kettering	2:07.27	2:10.49
29.92	1:02.48 (32.56)	1:35.88 (33.40)	2:10.49 (34.61)	
*80 Madison Allen	16	Middle Tyger YMCA	2:10.47	2:10.54
29.78	1:02.13 (32.35)	1:35.68 (33.55)	2:10.54 (34.86)	
*80 Sarah Weidner	16	South Family YMCA-Kettering	2:11.55	2:10.54
31.60	1:04.85 (33.25)	1:37.99 (33.14)	2:10.54 (32.55)	
82 Sarah Wagner	16	West Morris YMCA	2:09.40	2:10.60
29.84	1:02.51 (32.67)	1:36.38 (33.87)	2:10.60 (34.22)	
83 Melissa Kang	17	Brandywine YMCA -PA	2:11.07	2:10.72
30.54	1:02.99 (32.45)	1:36.72 (33.73)	2:10.72 (34.00)	
84 Catriona Coppler	16	Greater Holyoke YMCA	2:11.43	2:10.78
31.90	1:04.39 (32.49)	1:37.48 (33.09)	2:10.78 (33.30)	
85 Katie Gillespie	15	Riverfront Branch YMCA	2:10.63	2:10.82
30.10	1:02.74 (32.64)	1:36.65 (33.91)	2:10.82 (34.17)	
86 Kelly Hamilton	14	Chambersburg Memorial YMCA	2:09.92	2:10.90
31.17	1:03.07 (31.90)	1:36.46 (33.39)	2:10.90 (34.44)	
87 Colleen Webb	17	B.R. Ryall (Northwestern Dupag	2:09.99	2:10.93
30.57	1:03.00 (32.43)	1:36.70 (33.70)	2:10.93 (34.23)	
88 Tara Gidaszewski	14	Kishwaukee Family YMCA	2:10.91	2:11.22
30.90	1:03.37 (32.47)	1:37.45 (34.08)	2:11.22 (33.77)	
89 Alison O'Connor	15	Wyckoff Family YMCA Inc	2:10.95	2:11.24
30.74	1:03.70 (32.96)	1:37.74 (34.04)	2:11.24 (33.50)	
90 Amani Amr	14	Spokane YMCA	2:09.12	2:11.28
30.78	1:03.46 (32.68)	1:37.64 (34.18)	2:11.28 (33.64)	
91 Mara Valenzuela	15	Somerset Valley YMCA	2:07.84	2:11.35
29.96	1:02.95 (32.99)	1:37.14 (34.19)	2:11.35 (34.21)	
92 Katie Rohn	17	New Canaan Community YMCA	2:10.46	2:11.44
30.68	1:03.70 (33.02)	1:37.43 (33.73)	2:11.44 (34.01)	
93 Kayla Douglas	15	Farmington Family YMCA	2:05.17	2:11.55
29.29	1:01.62 (32.33)	1:35.86 (34.24)	2:11.55 (35.69)	
94 Lauren LaRocco	17	Lakeland Hills Family YMCA	2:09.61	2:11.63
29.41	1:02.13 (32.72)	1:36.78 (34.65)	2:11.63 (34.85)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
95	Amanda Steinfeld	15	Cheshire YMCA	2:12.01	2:11.67
	31.66	1:04.53 (32.87)	1:38.02 (33.49)	2:11.67 (33.65)	
96	Jennie Marosits	17	Lakeland Hills Family YMCA	2:10.21	2:11.72
	30.88	1:03.67 (32.79)	1:37.72 (34.05)	2:11.72 (34.00)	
97	Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	2:12.01	2:11.73
	31.09	1:04.40 (33.31)	1:38.21 (33.81)	2:11.73 (33.52)	
*98	Christen Cherry	16	Lakeland Hills Family YMCA	2:09.25	2:11.81
	30.43	1:03.12 (32.69)	1:37.89 (34.77)	2:11.81 (33.92)	
*98	Caitlin English	15	Fanwood-Scotch Plains YMCA	2:11.83	2:11.81
	31.26	1:04.69 (33.43)	1:38.24 (33.55)	2:11.81 (33.57)	
100	Enya Messersmith	18	West Shore YMCA	2:11.56	2:11.84
	30.85	1:03.35 (32.50)	1:37.25 (33.90)	2:11.84 (34.59)	
101	Jessica Russell	14	Bath Area Family YMCA	2:11.02	2:12.02
	29.96	1:02.34 (32.38)	1:37.26 (34.92)	2:12.02 (34.76)	
102	Madeline Froehlich	18	Cheshire YMCA	2:29.01 L	2:12.21
	32.07	1:05.08 (33.01)	1:38.39 (33.31)	2:12.21 (33.82)	
103	Kristyn Wikoff	18	Red Bank Branch	2:07.95	2:12.31
	29.94	1:02.11 (32.17)	1:36.67 (34.56)	2:12.31 (35.64)	
104	Brooke Reynolds	15	La Crosse Area Family YMCA	2:11.87	2:12.38
	30.86	1:04.51 (33.65)	1:38.88 (34.37)	2:12.38 (33.50)	
105	Julia Badding	17	Schroeder YMCA	2:09.86	2:12.54
	30.86	1:04.33 (33.47)	1:38.38 (34.05)	2:12.54 (34.16)	
106	Stefanie Sippl	17	Stevens Point Area YMCA	2:10.97	2:12.56
	30.22	1:03.24 (33.02)	1:37.67 (34.43)	2:12.56 (34.89)	
107	Casey Ostrander	17	Cape Cod YMCA	2:11.70	2:12.59
	29.86	1:02.90 (33.04)	1:37.81 (34.91)	2:12.59 (34.78)	
108	Emilee Letarte	17	Countryside Ralph Stolle YMCA.	2:11.48	2:12.70
	31.25	1:04.90 (33.65)	1:39.18 (34.28)	2:12.70 (33.52)	
109	Julianna Lynch	18	Great Miami Valley Ohio YMCA	2:11.89	2:12.97
	30.79	1:03.87 (33.08)	1:38.07 (34.20)	2:12.97 (34.90)	
110	Ashley El Naggar	15	Wyckoff Family YMCA Inc	2:11.79	2:13.00
	30.41	1:03.50 (33.09)	1:37.87 (34.37)	2:13.00 (35.13)	
111	Holly Hirsch	18	Rock Hill Area YMCA	2:11.34	2:13.10
	32.07	1:06.10 (34.03)	1:40.11 (34.01)	2:13.10 (32.99)	
112	Patty Boyer	16	Wyckoff Family YMCA Inc	2:09.00	2:13.24
	30.25	1:03.30 (33.05)	1:38.42 (35.12)	2:13.24 (34.82)	
113	Colleen O'Neil	14	South Shore Mill Pond YMCA	2:11.53	2:13.33
	31.19	1:04.90 (33.71)	1:39.13 (34.23)	2:13.33 (34.20)	
*114	Meaghan Kwarcinski	14	Greater Holyoke YMCA	2:10.13	2:13.36
	31.71	1:05.44 (33.73)	1:39.78 (34.34)	2:13.36 (33.58)	
*114	Nicole Bruneel	14	Boise YMCA	2:12.03	2:13.36
	31.18	1:04.16 (32.98)	1:38.61 (34.45)	2:13.36 (34.75)	
116	Brittany Guinee	16	Somerset Hills YMCA	2:11.88	2:13.51
	30.86	1:04.30 (33.44)	1:38.83 (34.53)	2:13.51 (34.68)	
117	Alexis Houser	17	Tri-Hampton Family Branch YMC	2:11.98	2:13.53
	31.65	1:04.20 (32.55)	1:38.03 (33.83)	2:13.53 (35.50)	
118	Allison Lohnes	15	Springfield Family YMCA	2:10.93	2:13.75
	29.88	1:02.34 (32.46)	1:38.23 (35.89)	2:13.75 (35.52)	
119	Emily Black	16	Lynchburg YMCA	2:11.91	2:14.07
	31.59	1:05.53 (33.94)	1:39.97 (34.44)	2:14.07 (34.10)	
120	Maeve Maloney	14	Westfield YMCA	2:12.07	2:14.48
	31.09	1:03.93 (32.84)	1:38.92 (34.99)	2:14.48 (35.56)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
121	Jessica Cronin	14	Fanwood-Scotch Plains YMCA	2:11.62	2:14.56
	31.50	1:05.05 (33.55)	1:39.78 (34.73)	2:14.56 (34.78)	
122	Hannah Stephenson	16	Triangle Area YMCA	2:10.86	2:14.67
	31.07	1:04.51 (33.44)	1:39.70 (35.19)	2:14.67 (34.97)	
123	Hannah Morris	16	Marietta YMCA	2:11.52	2:14.86
	31.80	1:05.57 (33.77)	1:40.08 (34.51)	2:14.86 (34.78)	
124	Aubrey Miller	16	Boyertown Area YMCA	2:10.18	2:15.23
	31.22	1:05.26 (34.04)	1:40.43 (35.17)	2:15.23 (34.80)	
125	Hannah Benn	16	Summit Branch YMCA	2:11.45	2:15.24
	30.92	1:04.23 (33.31)	1:39.59 (35.36)	2:15.24 (35.65)	
126	Sarah Boyle	16	Columbia Northwest Family YMC	2:08.08	2:15.29
	30.49	1:04.51 (34.02)	1:40.15 (35.64)	2:15.29 (35.14)	
127	Christine Edwards	12	Birmingham Family YMCA	2:12.06	2:15.39
	31.26	1:04.94 (33.68)	1:40.14 (35.20)	2:15.39 (35.25)	
128	Rebecca Ball	17	Greater Flint YMCA	2:11.09	2:15.43
	31.08	1:05.02 (33.94)	1:40.61 (35.59)	2:15.43 (34.82)	
129	Keegan Abar	15	Waynesboro Family YMCA	2:11.69	2:15.95
	31.98	1:05.96 (33.98)	1:40.95 (34.99)	2:15.95 (35.00)	
130	Claire Mesko	15	Western Branch YMCA	2:10.32	2:16.23
	31.48	1:05.10 (33.62)	1:40.48 (35.38)	2:16.23 (35.75)	
131	Emma Kiefer	14	Miami County Ohio YMCA	2:11.90	2:16.31
	31.48	1:05.73 (34.25)	1:40.88 (35.15)	2:16.31 (35.43)	
132	Austin Mateo	14	Wyckoff Family YMCA Inc	2:11.38	2:16.55
	31.99	1:06.67 (34.68)	1:42.16 (35.49)	2:16.55 (34.39)	
133	Lindsay Yarborough	17	Winston Salem YMCA	2:10.64	2:16.83
	31.85	1:05.69 (33.84)	1:40.93 (35.24)	2:16.83 (35.90)	
134	Jacquelyn Misanik	16	North Canton Community YMCA	2:11.32	2:17.20
	30.99	1:05.06 (34.07)	1:41.32 (36.26)	2:17.20 (35.88)	
135	Alex Eiler	14	Oshkosh Community YMCA	2:11.88	2:17.31
	31.05	1:05.71 (34.66)	1:41.95 (36.24)	2:17.31 (35.36)	
136	Anna Blackburn	15	Winston Salem YMCA	2:10.31	2:17.86
	31.81	1:06.71 (34.90)	1:42.55 (35.84)	2:17.86 (35.31)	
137	Jessica Frazelle	17	Winston Salem YMCA	2:11.80	2:18.37
	31.60	1:05.40 (33.80)	1:41.50 (36.10)	2:18.37 (36.87)	
138	Chelsea Ross	17	Upper Main Line YMCA	2:09.89	2:18.99
	32.23	1:06.65 (34.42)	1:43.31 (36.66)	2:18.99 (35.68)	
139	Sierra Sachtjen	15	Madison West YMCA	2:11.98	2:20.19
	31.94	1:06.54 (34.60)	1:43.61 (37.07)	2:20.19 (36.58)	
---	Livi Kroll	15	New Canaan Community YMCA	2:11.96	DQ
	Non-continuous turning action				
	31.02	1:04.10 (33.08)	1:38.47 (34.37)	DQ (34.41)	
---	Katherine Foley	18	Lakeland Hills Family YMCA	2:08.96	DFS
	Declared false start				

**Women 50 Yard Breaststroke Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Deirdre Esposito	15	Morris Center YMCA	31.43	29.51
2	Jamie Kane	15	Pottstown YMCA	30.97	30.81
3	Jenelle Zee	15	Somerset Hills YMCA	30.31	31.13
4	Abby Pires	15	Westfield YMCA	30.10	31.35
5	Paula Bentley	16	Canandaigua YMCA	32.17	31.49

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 50 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
6	Laura Stephens	15	Kennett Area YMCA	31.78	31.72
7	Shannon Markham	17	Eastside Family Branch YMCA	NT	31.74
8	Erica Smrcina	16	Cape Cod YMCA	32.63	31.91
9	Carlyn Evans	15	Lionville Community YMCA	32.63	31.93
10	Morgan Johnston	14	Mid-Delmarva Family YMCA	31.42	32.08
11	Emily Ashton	15	Morris Center YMCA	37.70	32.34
12	Amanda Feiser	15	Pottstown YMCA	31.89	32.44
13	Elisa Grant	17	County YMCA - Ediboro, PA	31.60	32.56
14	Greta Leberfinger	15	Somerset Hills YMCA	33.09	32.69
15	Kirstin Klemp	16	La Crosse Area Family YMCA	32.00	32.71
16	Julia Messina	15	Canandaigua YMCA	33.39	32.81
17	Celia Frick	13	Somerset Hills YMCA	34.95	33.04
18	Maria Messina	15	Canandaigua YMCA	34.46	33.18
19	Cecelia McEachern	14	Down East Family YMCA	33.07	33.30
20	Ashley Collier	18	Norwich YMCA	33.00	33.47
21	Meg Kaveney	16	Westfield YMCA	32.15	33.51
*22	Morgan Kandrac	15	Hamilton Area NJ YMCA	33.79	33.53
*22	Haley Heydt	15	Boyertown Area YMCA	33.55	33.53
24	Eilish Devine	15	Ridgewood NJ YMCA	33.26	33.67
25	Colleen Shelly	15	Knox County YMCA	34.01	33.87
26	Julia Sung	16	Flushing YMCA	35.19	34.00
27	Becca Citti	18	Ridgewood NJ YMCA	33.56	34.75
28	Kristen Moll	17	Somerset Valley YMCA	36.50	35.71
---	Mara Valenzuela	15	Somerset Valley YMCA	36.56	DQ

**Women 100 Yard Breaststroke Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Price Kinney	18	Middle Tyger YMCA	1:09.99	1:06.02
	30.83		1:06.02 (35.19)		
2	Jenn Abbott	17	Wilton Family YMCA	1:07.00	1:06.86
	31.63		1:06.86 (35.23)		
3	Shannon Ahearn	15	Wilton Family YMCA	1:08.94	1:07.71
	32.28		1:07.71 (35.43)		
4	Sara Tillie	16	Harford County Family YMCA	1:10.37	1:07.98
	32.04		1:07.98 (35.94)		
5	Kendall Crawford	14	Middle Tyger YMCA	1:08.99	1:08.40
	32.64		1:08.40 (35.76)		
6	Rachel Polanco	14	M.E. Lyons (Anderson) YMCA	1:09.09	1:08.46
	32.21		1:08.46 (36.25)		
7	Megan Lattimer	15	Wilton Family YMCA	1:11.00	1:08.65
	32.53		1:08.65 (36.12)		
8	Seana Acker	14	Piedmont Family YMCA Inc.	1:10.06	1:08.81
	32.79		1:08.81 (36.02)		
9	Kelly Caggainello	17	Wilton Family YMCA	1:08.50	1:09.05
	32.30		1:09.05 (36.75)		
10	Kayla McAvoy	15	Wyckoff Family YMCA Inc	1:10.75	1:09.07
	33.01		1:09.07 (36.06)		
11	Alexis Coon	15	Brandywine -DE YMCA	1:07.52	1:09.11
	32.63		1:09.11 (36.48)		
12	Amanda Steinfeld	15	Cheshire YMCA	1:08.92	1:09.19
	32.66		1:09.19 (36.53)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
13	Lulu Belak	16	New Canaan Community YMCA	1:10.01	1:09.23
	32.32	1:09.23	(36.91)		
14	Samantha Heyman	17	Greenwich YMCA	1:07.49	1:09.40
	32.42	1:09.40	(36.98)		
15	Kerry Borbidge	16	Ridley Area YMCA	1:08.55	1:09.51
	33.03	1:09.51	(36.48)		
16	Hannah Lips	12	Middle Tyger YMCA	1:10.99	1:09.68
	33.53	1:09.68	(36.15)		
17	Emily Thomesen	15	Laurel East Hartford YMCA	1:10.83	1:09.74
	32.90	1:09.74	(36.84)		
18	Brodde Lamb	15	Piedmont Family YMCA Inc.	1:09.27	1:09.82
	33.02	1:09.82	(36.80)		
19	Kara Lacoste	15	Greater Holyoke YMCA	1:10.41	1:09.86
	32.94	1:09.86	(36.92)		
20	Stephanie Ross	14	Western Monmouth Co. YMCA	1:08.90	1:10.01
	33.13	1:10.01	(36.88)		
21	Megan VanKirk	15	Hunterdon County YMCA	1:10.33	1:10.09
	33.23	1:10.09	(36.86)		
*22	Silke Herold	16	Somerset Valley YMCA	1:10.30	1:10.24
	32.98	1:10.24	(37.26)		
*22	Ashley Collier	18	Norwich YMCA	1:10.83	1:10.24
	33.37	1:10.24	(36.87)		
24	Karissa Gorman	18	Greater Holyoke YMCA	1:06.99	1:10.36
	33.02	1:10.36	(37.34)		
*25	Liz Mooney	15	Middle Tyger YMCA	1:09.99	1:10.37
	33.33	1:10.37	(37.04)		
*25	Sloane Hindman	16	Red Bank Branch	1:10.24	1:10.37
	33.60	1:10.37	(36.77)		
27	Claudia DiCapua	14	New Canaan Community YMCA	1:11.80	1:10.49
	32.78	1:10.49	(37.71)		
28	Erin Seiler	15	Upper Main Line YMCA	1:09.89	1:10.50
	33.55	1:10.50	(36.95)		
29	Aileen McCleaf	18	York And York County YMCA	1:10.38	1:10.54
	33.46	1:10.54	(37.08)		
30	Suzanne Lemberg	17	Westfield YMCA	1:11.11	1:10.59
	33.13	1:10.59	(37.46)		
31	Colleen McCormack	17	North Shore (Sterling) MA YMCA	1:10.70	1:10.64
	33.43	1:10.64	(37.21)		
32	Erica Hasson	16	South Shore Mill Pond YMCA	1:10.99	1:10.83
	33.49	1:10.83	(37.34)		
33	Maddy Smart	13	Western Connecticut YMCA	1:12.02	1:11.06
	33.12	1:11.06	(37.94)		
34	Megan Aitro	15	Cheshire YMCA	1:09.66	1:11.07
	33.07	1:11.07	(38.00)		
35	Hannah Larson	17	Western North Carolina YMCA	1:10.00	1:11.13
	33.34	1:11.13	(37.79)		
36	Morgan Kandrac	15	Hamilton Area NJ YMCA	1:10.85	1:11.26
	33.45	1:11.26	(37.81)		
*37	Caitlin Casazza	12	Greater High Point YMCA	1:12.02	1:11.31
	33.53	1:11.31	(37.78)		
*37	Evan Swenson	14	McGaw YMCA	1:09.63	1:11.31
	33.06	1:11.31	(38.25)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 100 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
39	Meriza Werenski	13	Greater Holyoke YMCA	1:06.80	1:11.44
	33.26	1:11.44 (38.18)			
40	Meredith Smith	16	Westfield YMCA	1:13.99	1:11.73
	33.94	1:11.73 (37.79)			
41	Lyndsey Marcheskie	15	Pottstown YMCA	1:11.30	1:12.07
	33.86	1:12.07 (38.21)			
42	Dana Yu	14	Somerset Valley YMCA	1:11.11	1:12.08
	33.86	1:12.08 (38.22)			
43	Haley Heydt	15	Boyertown Area YMCA	1:09.87	1:12.41
	33.90	1:12.41 (38.51)			
44	Julia Messina	15	Canandaigua YMCA	1:11.64	1:12.46
	33.56	1:12.46 (38.90)			
45	Ali Lampen	13	Edwardsville YMCA	1:13.50	1:12.55
	33.68	1:12.55 (38.87)			
46	Eileen Butler	14	Phoenixville Branch YMCA	1:16.10	1:12.67
	34.41	1:12.67 (38.26)			
47	Katie Buchser	14	Somerset Hills YMCA	1:10.26	1:12.74
	33.78	1:12.74 (38.96)			
48	Shannon Markham	17	Eastside Family Branch YMCA	1:12.90	1:12.81
	33.71	1:12.81 (39.10)			
49	Maria Messina	15	Canandaigua YMCA	1:13.26	1:12.96
	33.94	1:12.96 (39.02)			
*50	Madie Gaido	14	Middle Tyger YMCA	1:15.99	1:13.02
	34.83	1:13.02 (38.19)			
*50	Breanne Rieman	16	Defiance Area YMCA	1:12.22	1:13.02
	34.40	1:13.02 (38.62)			
52	Christel Murray	15	Red Bank Branch	1:11.33	1:13.09
	34.54	1:13.09 (38.55)			
53	Sam Berizzi	17	New Canaan Community YMCA	1:10.14	1:13.14
	33.63	1:13.14 (39.51)			
54	Alyssa Heydorn	17	Hilliker YMCA	1:12.70	1:13.28
	34.61	1:13.28 (38.67)			
55	Allie Hood	12	Fayette County Family YMCA	1:12.99	1:13.44
	34.37	1:13.44 (39.07)			
56	Julia Sung	16	Flushing YMCA	1:11.52	1:13.52
	34.54	1:13.52 (38.98)			
57	Kelsey Theriault	17	Gloucester County YMCA	1:14.36	1:13.55
	34.82	1:13.55 (38.73)			
58	Courtney Delehanty	16	Red Bank Branch	1:12.87	1:13.69
	35.17	1:13.69 (38.52)			
59	Addy DiCristina	14	Red River Valley YMCA	1:16.00	1:13.70
	34.14	1:13.70 (39.56)			
60	Katie Keefer	17	Waynesboro Family YMCA	1:17.00	1:14.18
	35.03	1:14.18 (39.15)			
61	Jessica Burkett	13	West Shore YMCA	1:11.75	1:14.21
	35.35	1:14.21 (38.86)			
62	Alexia Hynes	15	Western Monmouth Co. YMCA	1:13.99	1:14.28
	34.70	1:14.28 (39.58)			
63	Colleen O'Neil	14	South Shore Mill Pond YMCA	1:10.99	1:14.37
	35.01	1:14.37 (39.36)			
64	Bowie Reilly	17	Western Monmouth Co. YMCA	1:15.32	1:14.38
	35.08	1:14.38 (39.30)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Women 100 Yard Breaststroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
65 Carly Dvorak	17	B.R. Ryall (Northwestern Dupag	1:11.68	1:14.52
34.38	1:14.52 (40.14)			
66 Emma Werkiser	14	Kennett Area YMCA	1:14.97	1:14.55
34.97	1:14.55 (39.58)			
67 Melissa Kang	17	Brandywine YMCA -PA	1:14.69	1:14.59
35.11	1:14.59 (39.48)			
68 Meg Kaveney	16	Westfield YMCA	1:13.89	1:14.73
34.57	1:14.73 (40.16)			
69 Riley LeBlanc	15	North Shore (Sterling) MA YMCA	1:11.50	1:14.74
35.48	1:14.74 (39.26)			
70 Dana Rzewnicki	15	Somerset Valley YMCA	1:14.35	1:14.82
35.21	1:14.82 (39.61)			
71 Jackie Parker	14	Somerset Valley YMCA	1:17.20	1:15.08
35.29	1:15.08 (39.79)			
72 Rebecca Haegele	18	Kennett Area YMCA	1:14.56	1:15.18
35.30	1:15.18 (39.88)			
73 Bernadette Byrne	16	South Shore Mill Pond YMCA	1:18.66	1:16.17
35.89	1:16.17 (40.28)			
74 Allison Ulbrich	17	Miami County Ohio YMCA	1:12.22	1:16.59
34.75	1:16.59 (41.84)			
75 Ashley Conroy	16	Ocean County YMCA	1:18.50	1:16.61
35.90	1:16.61 (40.71)			
76 Maureen Ryan	14	Phoenixville Branch YMCA	1:17.00	1:17.12
36.48	1:17.12 (40.64)			
77 Wendy Liu	16	Somerset Valley YMCA	1:16.61	1:18.28
37.05	1:18.28 (41.23)			
78 Tori Hall	17	Tri-Hampton Family Branch YMC	1:17.52	1:18.54
37.13	1:18.54 (41.41)			
79 Katherine Foley	16	North Shore (Sterling) MA YMCA	1:12.00	1:18.67
37.73	1:18.67 (40.94)			
--- Ellen Huelbig	17	Montclair YMCA	1:12.71	NS
--- Mara Valenzuela	15	Somerset Valley YMCA	1:17.24	NS
--- Abby Pires	15	Westfield YMCA	1:09.09	NS
--- Laura Wardecke	17	Fox Cities YMCA	1:10.71	NS
--- Kathryn Bromback	17	Morris Center YMCA	1:11.05	NS
--- Elizabeth Simon	17	Middle Tyger YMCA	1:12.99	NS

**Women 100 Yard Breaststroke Swimming Competition**

National: 1:02.25 \* 1999

C. Clark

Up. Main Line, PA

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Emily Weir	17	Greenwich YMCA	1:03.73	1:03.15
29.83	1:03.15 (33.32)			
2 Laura Johnson	18	Montgomery -East Branch YMCA	1:03.03	1:03.72
30.11	1:03.72 (33.61)			
3 Leah Pronschinske	14	Eau Claire Wisconsin YMCA	1:04.54	1:03.94
30.06	1:03.94 (33.88)			
4 Laura Gorinski	18	Greensburg YMCA	1:03.74	1:04.02
30.33	1:04.02 (33.69)			
5 KC Moss	14	Wilton Family YMCA	1:04.46	1:04.03
30.42	1:04.03 (33.61)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Women 100 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
6 Stephanie Ferrell	16	Montclair YMCA	1:03.84	1:04.41
30.65		1:04.41 (33.76)		
7 Rachel Dekar	17	Birmingham Family YMCA	1:03.98	1:04.88
30.06		1:04.88 (34.82)		
8 Maddy Morgan	16	West Seattle Branch YMCA	1:04.11	1:05.08
29.83		1:05.08 (35.25)		

**B - Final**

9 Tina DeLakis	17	Eau Claire Wisconsin YMCA	1:04.55	1:04.14
29.99		1:04.14 (34.15)		
10 Emily Schon	17	Upper Main Line YMCA	1:04.79	1:04.36
30.70		1:04.36 (33.66)		
11 Monica Milici	15	Middle Tyger YMCA	1:05.01	1:05.10
30.45		1:05.10 (34.65)		
*12 Abby Houchin	17	Triangle Area YMCA	1:05.16	1:05.15
30.95		1:05.15 (34.20)		
*12 Amelia Buckley	16	Western Monmouth Co. YMCA	1:05.17	1:05.15
30.65		1:05.15 (34.50)		
14 Kim Jerome	16	Cheshire YMCA	1:04.74	1:05.36
30.70		1:05.36 (34.66)		
15 Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	1:05.15	1:05.46
31.03		1:05.46 (34.43)		
16 Jenelle Zee	15	Somerset Hills YMCA	1:05.21	1:05.53
31.23		1:05.53 (34.30)		

**C - Final**

17 Erica Lynn	18	Edwardsville YMCA	1:05.34	1:05.44
31.12		1:05.44 (34.32)		
18 Kendra Crew	14	Springfield Family YMCA	1:05.27	1:05.59
30.72		1:05.59 (34.87)		
19 Caroline Fore	17	Middle Tyger YMCA	1:05.53	1:05.76
31.30		1:05.76 (34.46)		
20 Savitri Horrigan	17	Westport/Weston CT YMCA	1:05.97	1:06.24
31.54		1:06.24 (34.70)		
21 Becca Murray	17	Brandywine -DE YMCA	1:05.99	1:06.44
31.60		1:06.44 (34.84)		
22 Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	1:06.36	1:06.73
31.25		1:06.73 (35.48)		
23 Lizzy Visconti	18	Cheshire YMCA	1:05.82	1:06.90
31.33		1:06.90 (35.57)		
24 Chelsea Unger	17	Western Monmouth Co. YMCA	1:05.92	1:07.01
31.24		1:07.01 (35.77)		

**Women 100 Yard Breaststroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Laura Johnson	18	Montgomery -East Branch YMCA	1:03.00	1:03.03
29.61		1:03.03 (33.42)		
2 Emily Weir	17	Greenwich YMCA	1:03.30	1:03.73
30.19		1:03.73 (33.54)		
3 Laura Gorinski	18	Greensburg YMCA	1:03.99	1:03.74
30.39		1:03.74 (33.35)		
4 Stephanie Ferrell	16	Montclair YMCA	1:04.75	1:03.84
30.32		1:03.84 (33.52)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
5	Rachel Dekar	17	Birmingham Family YMCA	1:02.66	1:03.98
	29.76		1:03.98 (34.22)		
6	Maddy Morgan	16	West Seattle Branch YMCA	1:04.50	1:04.11
	29.52		1:04.11 (34.59)		
7	KC Moss	14	Wilton Family YMCA	1:05.02	1:04.46
	30.45		1:04.46 (34.01)		
8	Leah Pronschinske	14	Eau Claire Wisconsin YMCA	1:03.20	1:04.54
	30.14		1:04.54 (34.40)		
9	Tina DeLakis	17	Eau Claire Wisconsin YMCA	1:04.66	1:04.55
	30.29		1:04.55 (34.26)		
10	Kim Jerome	16	Cheshire YMCA	1:03.67	1:04.74
	30.39		1:04.74 (34.35)		
11	Emily Schon	17	Upper Main Line YMCA	1:03.82	1:04.79
	30.82		1:04.79 (33.97)		
12	Monica Milici	15	Middle Tyger YMCA	1:06.31	1:05.01
	30.84		1:05.01 (34.17)		
13	Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	1:05.56	1:05.15
	30.58		1:05.15 (34.57)		
14	Abby Houchin	17	Triangle Area YMCA	1:07.73	1:05.16
	31.22		1:05.16 (33.94)		
15	Amelia Buckley	16	Western Monmouth Co. YMCA	1:05.20	1:05.17
	30.66		1:05.17 (34.51)		
16	Jenelle Zee	15	Somerset Hills YMCA	1:04.91	1:05.21
	31.10		1:05.21 (34.11)		
17	Kendra Crew	14	Springfield Family YMCA	1:06.39	1:05.27
	30.33		1:05.27 (34.94)		
18	Erica Lynn	18	Edwardsville YMCA	1:05.92	1:05.34
	30.84		1:05.34 (34.50)		
19	Caroline Fore	17	Middle Tyger YMCA	1:06.21	1:05.53
	31.27		1:05.53 (34.26)		
20	Lizzy Visconti	18	Cheshire YMCA	1:05.60	1:05.82
	30.58		1:05.82 (35.24)		
21	Chelsea Unger	17	Western Monmouth Co. YMCA	1:05.68	1:05.92
	30.92		1:05.92 (35.00)		
22	Savitri Horrigan	17	Westport/Weston CT YMCA	1:05.95	1:05.97
	31.00		1:05.97 (34.97)		
23	Becca Murray	17	Brandywine -DE YMCA	1:06.48	1:05.99
	31.50		1:05.99 (34.49)		
24	Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	1:06.43	1:06.36
	31.43		1:06.36 (34.93)		
25	Rachel Revolinski	16	Oshkosh Community YMCA	1:05.40	1:06.38
	31.31		1:06.38 (35.07)		
26	Britt Rehrig	18	Western Branch YMCA	1:06.91	1:06.40
	30.93		1:06.40 (35.47)		
27	Price Kinney	18	Middle Tyger YMCA	1:09.04	1:06.43
	31.09		1:06.43 (35.34)		
28	Brittney Kuras	18	Canandaigua YMCA	1:07.73	1:06.49
	31.62		1:06.49 (34.87)		
*29	Kylie Reiter	15	Reading and Berks County YMCA	1:06.74	1:06.58
	31.18		1:06.58 (35.40)		

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<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*29 Calley Murphy	16	Birmingham Family YMCA	1:07.87	1:06.58
31.05				1:06.58 (35.53)
31 Alex Hammerberg	18	Triangle Area YMCA	1:07.66	1:06.59
31.45				1:06.59 (35.14)
32 Deirdre Esposito	15	Morris Center YMCA	1:05.77	1:06.61
30.61				1:06.61 (36.00)
33 Kate Timmerman	17	Darien Community YMCA	1:08.33	1:06.67
32.07				1:06.67 (34.60)
34 Taylor Andrews	18	Pabst Farms YMCA	1:08.54	1:06.69
30.89				1:06.69 (35.80)
35 Jamie Kane	15	Pottstown YMCA	1:05.62	1:06.71
30.86				1:06.71 (35.85)
*36 Kaela Bjornberg	17	Cheshire YMCA	1:07.96	1:06.76
31.72				1:06.76 (35.04)
*36 Meredith Gibbon	17	Greensburg YMCA	1:06.34	1:06.76
30.60				1:06.76 (36.16)
*38 Kate O'Leary	17	Western Connecticut YMCA	1:06.27	1:06.92
31.59				1:06.92 (35.33)
*38 Gabbie Pettinichi	16	M.E. Lyons (Anderson) YMCA	1:05.34	1:06.92
31.32				1:06.92 (35.60)
*40 Megan Harris	16	Brandywine YMCA -PA	1:05.98	1:07.00
31.49				1:07.00 (35.51)
*40 Annie Maercklein	16	Schroeder YMCA	1:06.23	1:07.00
31.77				1:07.00 (35.23)
42 Kylie McKenzie	17	Tri-Hampton Family Branch YMC	1:06.60	1:07.05
31.22				1:07.05 (35.83)
43 Elizabeth Jordan	17	Pocono Family YMCA	1:05.77	1:07.06
31.43				1:07.06 (35.63)
*44 Eva Wimberley	16	Western Monmouth Co. YMCA	1:07.29	1:07.29
31.76				1:07.29 (35.53)
*44 Marina Borri	14	Farmington Family YMCA	1:08.12	1:07.29
31.81				1:07.29 (35.48)
46 Samantha Shelley	16	Brandywine -DE YMCA	1:07.70	1:07.41
31.80				1:07.41 (35.61)
47 Maggie Storm	16	Sunbury Branch YMCA	1:06.36	1:07.43
31.77				1:07.43 (35.66)
48 Abby Fisher	13	Lakeland Hills Family YMCA	1:06.46	1:07.48
31.78				1:07.48 (35.70)
49 Maddie Eyolfson	14	Boise YMCA	1:07.47	1:07.52
32.44				1:07.52 (35.08)
50 Alexis Coon	15	Brandywine -DE YMCA	1:07.64	1:07.53
32.08				1:07.53 (35.45)
51 Jenn Abbott	17	Wilton Family YMCA	1:08.06	1:07.54
31.77				1:07.54 (35.77)
52 Renee Rosenkranz	18	Dutchess County YMCA	1:08.51	1:07.55
31.24				1:07.55 (36.31)
53 Ellen Bradford	15	Idaho Falls YMCA	1:07.54	1:07.70
31.76				1:07.70 (35.94)
54 Carlyn Evans	15	Lionville Community YMCA	1:07.39	1:07.75
31.95				1:07.75 (35.80)
55 Brooke Lacey	17	New Canaan Community YMCA	1:08.69	1:07.80
32.06				1:07.80 (35.74)

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<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
56 Emily Blohm	18	Green Bay YMCA Metro	1:06.82	1:07.84
32.11		1:07.84 (35.73)		
57 Rebecca Young	16	Montgomery -East Branch YMCA	1:07.61	1:07.91
32.03		1:07.91 (35.88)		
*58 Hannah Markey	15	Fanwood-Scotch Plains YMCA	1:07.96	1:07.94
32.04		1:07.94 (35.90)		
*58 Maeve O'Leary	16	Montclair YMCA	1:08.88	1:07.94
32.07		1:07.94 (35.87)		
60 Amber Wingfield	15	Lynchburg YMCA	1:06.99	1:07.95
31.53		1:07.95 (36.42)		
*61 Stephanie Paape	15	Green Bay YMCA Metro	1:07.55	1:07.96
31.77		1:07.96 (36.19)		
*61 Greta Leberfinger	15	Somerset Hills YMCA	1:07.90	1:07.96
32.43		1:07.96 (35.53)		
63 Melissa Feeney	15	Lakeland Hills Family YMCA	1:06.83	1:08.00
31.48		1:08.00 (36.52)		
64 Erin Hackett	14	Lakeland Hills Family YMCA	1:08.17	1:08.06
31.53		1:08.06 (36.53)		
65 Courtney Fisk	15	Red River Valley YMCA	1:09.07	1:08.16
32.23		1:08.16 (35.93)		
66 Garrison Stevens	17	Rowan County YMCA	1:20.00L	1:08.19
32.39		1:08.19 (35.80)		
67 Nicole Provenza	15	Anne Arundel County YMCA	1:08.61	1:08.23
31.91		1:08.23 (36.32)		
68 Jenni Russell	17	Rock Hill Area YMCA	1:07.49	1:08.24
31.78		1:08.24 (36.46)		
69 Jenny Larsen	17	North Oakland Family YMCA	1:07.37	1:08.31
31.95		1:08.31 (36.36)		
70 Lauren Lo	17	Red Bank Branch	1:08.97	1:08.37
32.32		1:08.37 (36.05)		
*71 Amanda Grant	16	Hamilton Area NJ YMCA	1:08.75	1:08.43
31.89		1:08.43 (36.54)		
*71 Tara O'Prey	14	Ridley Area YMCA	1:09.13	1:08.43
31.97		1:08.43 (36.46)		
73 Morgan Johnston	14	Mid-Delmarva Family YMCA	1:07.07	1:08.51
32.00		1:08.51 (36.51)		
74 Laura Stephens	15	Kennett Area YMCA	1:08.59	1:08.53
32.15		1:08.53 (36.38)		
75 Maiyah Hilliard	16	Schroeder YMCA	1:06.60	1:08.56
32.02		1:08.56 (36.54)		
76 Stephanie Baliko	17	Fanwood-Scotch Plains YMCA	1:08.52	1:08.67
32.17		1:08.67 (36.50)		
77 Kelly Caggainello	17	Wilton Family YMCA	1:08.97	1:08.72
32.19		1:08.72 (36.53)		
78 Emma Newman	16	Champaign County YMCA	1:07.62	1:08.74
32.46		1:08.74 (36.28)		
79 Abby Pires	15	Westfield YMCA	1:09.09	1:08.75
32.06		1:08.75 (36.69)		
80 Natalie Cronk	14	Piedmont Family YMCA Inc.	1:09.40	1:08.78
32.80		1:08.78 (35.98)		
*81 Melissa Merwin	15	Downtown Youth Center YMCA	1:08.17	1:08.83
32.72		1:08.83 (36.11)		

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<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*81 Rikki Berk	14	Wyckoff Family YMCA Inc	1:08.96	1:08.83
31.83		1:08.83 (37.00)		
83 Riley Hilbrandt	13	Saginaw YMCA	1:08.20	1:08.89
32.16		1:08.89 (36.73)		
84 Kristen Lee	16	Burlington County YMCA	1:06.21	1:08.93
32.37		1:08.93 (36.56)		
85 Emily Tsang	14	Lakeland Hills Family YMCA	1:08.63	1:08.98
32.33		1:08.98 (36.65)		
86 Elizabeth Emmerich	16	Madison East YMCA	1:08.88	1:09.12
32.28		1:09.12 (36.84)		
87 Kelly Hall	17	Morris Center YMCA	1:08.32	1:09.13
32.81		1:09.13 (36.32)		
*88 Amanda Steinfeld	15	Cheshire YMCA	1:08.92	1:09.14
32.67		1:09.14 (36.47)		
*88 Rachael Theiler	14	Powel Crosley Jr. YMCA	1:09.53	1:09.14
32.08		1:09.14 (37.06)		
90 Kayce Smith	14	Madison West YMCA	1:07.02	1:09.16
32.24		1:09.16 (36.92)		
*91 Claire Gilbert	16	North Oakland Family YMCA	1:09.36	1:09.17
32.23		1:09.17 (36.94)		
*91 Elise Prayson	15	South Family YMCA-Kettering	1:08.91	1:09.17
32.66		1:09.17 (36.51)		
93 Jane Kim	18	Flushing YMCA	1:09.52	1:09.18
32.62		1:09.18 (36.56)		
94 Vanessa Weidner	18	Miami County Ohio YMCA	1:07.23	1:09.19
32.27		1:09.19 (36.92)		
*95 Megan Bock	17	Red Bank Branch	1:08.60	1:09.21
31.97		1:09.21 (37.24)		
*95 McKenzie Courtney	17	Lima Ohio YMCA	1:06.92	1:09.21
32.29		1:09.21 (36.92)		
*95 Jennifer Trodden	18	North Shore (Sterling) MA YMCA	1:08.27	1:09.21
32.04		1:09.21 (37.17)		
*98 Kassandra Mestemaker	13	The Licking County Family YMC	1:07.85	1:09.26
31.95		1:09.26 (37.31)		
*98 Ashley Reid	15	Sarasota Family YMCA, Inc	1:07.96	1:09.26
32.78		1:09.26 (36.48)		
100 Michelle Walcker	17	Burbank Branch YMCA	1:08.66	1:09.31
32.06		1:09.31 (37.25)		
101 Taylor Brew	15	York And York County YMCA	1:08.37	1:09.34
32.46		1:09.34 (36.88)		
102 Kim Weyand	16	Anne Arundel County YMCA	1:08.48	1:09.41
32.35		1:09.41 (37.06)		
103 Stephanie Ross	14	Western Monmouth Co. YMCA	1:08.91	1:09.45
32.52		1:09.45 (36.93)		
104 Jami Andrews	17	Greensburg YMCA	1:07.04	1:09.47
32.20		1:09.47 (37.27)		
105 Karissa Gorman	18	Greater Holyoke YMCA	1:06.94	1:09.48
32.49		1:09.48 (36.99)		
*106 Brielle Caucino	17	Red Bank Branch	1:09.35	1:09.52
32.75		1:09.52 (36.77)		
*106 Paula Bentley	16	Canandaigua YMCA	1:08.35	1:09.52
32.15		1:09.52 (37.37)		

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
108	Lauren Brundage 32.49	16	Somerset Hills YMCA	1:07.40	1:09.55
					1:09.55 (37.06)
109	Kerry Borbidge 32.54	16	Ridley Area YMCA	1:08.55	1:09.57
					1:09.57 (37.03)
110	Jillian Kniffen 32.23	17	Greensburg YMCA	1:09.53	1:09.58
					1:09.58 (37.35)
111	Lianne McCluskey 33.19	17	Penobscot Bay YMCA	1:08.79	1:09.59
					1:09.59 (36.40)
112	Kelsey Rouse 32.53	18	Anne Arundel County YMCA	1:09.40	1:09.63
					1:09.63 (37.10)
113	Melissa Peplinski 32.17	16	Spokane YMCA	1:09.28	1:09.67
					1:09.67 (37.50)
114	Heidi Nichols 32.82	17	Columbia Northwest Family YMC	1:08.05	1:09.68
					1:09.68 (36.86)
115	Mariah Reading 32.92	15	Bangor YMCA	1:08.93	1:09.74
					1:09.74 (36.82)
116	Rachel Stoddard 32.55	14	Somerset Valley YMCA	1:06.64	1:09.77
					1:09.77 (37.22)
117	Katey Brooks 32.96	18	Ridgewood Branch OH YMCA	1:09.26	1:09.81
					1:09.81 (36.85)
118	Laura Nichols 32.19	17	Columbia Northwest Family YMC	1:06.86	1:09.83
					1:09.83 (37.64)
119	Mariah Akinbi 32.06	16	Powel Crosley Jr. YMCA	1:08.59	1:09.85
					1:09.85 (37.79)
120	Monica Sullivan 32.15	17	New Canaan Community YMCA	1:08.44	1:09.91
					1:09.91 (37.76)
121	Liz Mooney 33.06	15	Middle Tyger YMCA	1:09.37	1:09.96
					1:09.96 (36.90)
122	Lauren Funk 32.35	17	Springfield Family YMCA	1:09.20	1:09.98
					1:09.98 (37.63)
123	Caitlin Nelson 32.61	18	Montclair YMCA	1:09.36	1:09.99
					1:09.99 (37.38)
*124	Heather Thole 33.15	16	Madison West YMCA	1:07.45	1:10.01
					1:10.01 (36.86)
*124	Elisa Grant 32.00	17	County YMCA - Ediboro, PA	1:08.43	1:10.01
					1:10.01 (38.01)
126	Amanda Gilsey 32.72	17	Red Bank Branch	1:08.78	1:10.13
					1:10.13 (37.41)
127	Shannon Slate 32.14	15	Red Bank Branch	1:09.07	1:10.14
					1:10.14 (38.00)
128	Kaitlin Kunkle 33.29	14	Newberry County Family YMCA	1:09.69	1:10.19
					1:10.19 (36.90)
129	Devonne Moore 32.87	14	Phoenixville Branch YMCA	1:07.22	1:10.26
					1:10.26 (37.39)
130	Jennifer Murphy 33.11	17	Lynchburg YMCA	1:09.66	1:10.28
					1:10.28 (37.17)
131	Hillary Johnson 32.42	17	Eau Claire Wisconsin YMCA	1:08.21	1:10.31
					1:10.31 (37.89)
132	Nicole Hranchook 33.27	15	Macomb Family YMCA	1:08.28	1:10.35
					1:10.35 (37.08)
133	Rachel Holm 33.20	13	Fayette County Family YMCA	1:08.70	1:10.36
					1:10.36 (37.16)

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
134	Emily Gwynn	14	Canandaigua YMCA	1:09.59	1:10.43
	33.05		1:10.43 (37.38)		
*135	Alex Zimmerman	17	Phoenixville Branch YMCA	1:09.63	1:10.44
	33.02		1:10.44 (37.42)		
*135	Taylor McCabe	16	Hilliker YMCA	1:07.54	1:10.44
	33.47		1:10.44 (36.97)		
137	Colleen Joorfetz	16	B.R. Ryall (Northwestern Dupag	1:09.44	1:10.48
	33.00		1:10.48 (37.48)		
138	Sarah Weilein	16	Breeden YMCA	1:08.73	1:10.51
	32.48		1:10.51 (38.03)		
*139	Andrea DeAngelis	15	Lakeland Hills Family YMCA	1:09.32	1:10.52
	32.66		1:10.52 (37.86)		
*139	Jessica Hodsdon	17	Bangor YMCA	1:07.09	1:10.52
	33.28		1:10.52 (37.24)		
*139	Hanna Schenkman	17	West Morris YMCA	1:09.47	1:10.52
	32.81		1:10.52 (37.71)		
142	Jen Koide	13	West Morris YMCA	1:09.44	1:10.53
	33.35		1:10.53 (37.18)		
143	Jenna Immormino	15	Somerset Hills YMCA	1:09.52	1:10.54
	33.05		1:10.54 (37.49)		
144	Jackie Moroz	17	Beavercreek Branch YMCA	1:09.61	1:10.56
	33.02		1:10.56 (37.54)		
145	Rebecca Heffernan	16	Lakeland Hills Family YMCA	1:08.05	1:10.60
	33.42		1:10.60 (37.18)		
146	Bethany Milliman	18	Michiana YMCA	1:09.59	1:10.72
	32.89		1:10.72 (37.83)		
147	Celia Frick	13	Somerset Hills YMCA	1:08.80	1:10.75
	33.15		1:10.75 (37.60)		
*148	Maddy O'Keefe	17	Madison West YMCA	1:08.64	1:10.77
	33.51		1:10.77 (37.26)		
*148	Jill Georgen	14	Fox Cities YMCA	1:09.06	1:10.77
	32.63		1:10.77 (38.14)		
150	Kirstin Klemp	16	La Crosse Area Family YMCA	1:09.38	1:10.80
	32.89		1:10.80 (37.91)		
151	MaKenna Cannon	15	Pabst Farms YMCA	1:09.37	1:10.83
	32.80		1:10.83 (38.03)		
152	Erica Smrcina	16	Cape Cod YMCA	1:09.56	1:10.92
	33.07		1:10.92 (37.85)		
153	Casey Stahl	17	Somerset Valley YMCA	1:09.63	1:11.05
	33.62		1:11.05 (37.43)		
154	Allison Lewandowski	15	Auburn-Lewiston (Twin Cities)	1:09.65	1:11.07
	33.45		1:11.07 (37.62)		
155	Kimberly Closs	17	Somerset Hills YMCA	1:09.27	1:11.11
	33.49		1:11.11 (37.62)		
156	Chandler Keating	16	Edwardsville YMCA	1:09.50	1:11.17
	33.34		1:11.17 (37.83)		
157	Cara Egan	14	New Canaan Community YMCA	1:09.67	1:11.31
	33.23		1:11.31 (38.08)		
158	Abbey Ridge	17	Bath Area Family YMCA	1:09.40	1:11.44
	32.92		1:11.44 (38.52)		
159	Elizabeth Brunzman	17	Beavercreek Branch YMCA	1:09.12	1:11.46
	33.24		1:11.46 (38.22)		

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Name	Age	Team	Seed Time	Prelim Time
160 Briehan Burke	18	Summit Branch YMCA	1:09.53	1:11.64
33.73				1:11.64 (37.91)
161 Allison Witt	17	La Crosse Area Family YMCA	1:09.35	1:11.66
33.84				1:11.66 (37.82)
162 Brittany Finlay	16	Hilliker YMCA	1:09.37	1:11.68
33.97				1:11.68 (37.71)
163 Katie Helfrich	17	Hilliker YMCA	1:09.05	1:11.72
33.01				1:11.72 (38.71)
164 Megan Aitro	15	Cheshire YMCA	1:09.66	1:11.82
33.35				1:11.82 (38.47)
165 Amanda Feiser	15	Pottstown YMCA	1:09.01	1:11.86
34.17				1:11.86 (37.69)
166 Carly Hickman	15	Clinton Community YMCA	1:09.59	1:12.02
33.82				1:12.02 (38.20)
167 Allison Pavlik	14	B.R. Ryall (Northwestern Dupag	1:08.71	1:12.10
33.61				1:12.10 (38.49)
168 Amy Herink	16	Canton IL YMCA	1:09.64	1:12.11
33.26				1:12.11 (38.85)
169 Danielle McPherson	16	Jersey Shore Area YMCA	1:08.70	1:12.17
33.88				1:12.17 (38.29)
*170 Sarah Folk	15	Liberty Township/Powell YMCA	1:09.45	1:12.26
33.28				1:12.26 (38.98)
*170 Mary Kallinicou	14	Springfield Family YMCA	1:09.67	1:12.26
33.91				1:12.26 (38.35)
172 Cecelia McEachern	14	Down East Family YMCA	1:09.32	1:12.58
34.13				1:12.58 (38.45)
173 Nysa Casha	16	Burbank Branch YMCA	1:08.51	1:13.86
33.96				1:13.86 (39.90)
--- Arica Woolbright	17	Rock River Valley YMCA	1:07.55	DQ
Downward butterfly kick				
32.36				DQ (37.49)
--- Emily Ashton	15	Morris Center YMCA	1:08.37	DQ
False start				
32.98				DQ (37.41)
--- Katie England	17	Orlando YMCA	1:07.16	DFS
Declared false start				
--- Melissa Oishi	18	West Seattle Branch YMCA	1:05.80	DFS
Declared false start				

**Women 200 Yard Breaststroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Megan Lattimer	15	Wilton Family YMCA	2:30.00	2:25.02
32.60				1:09.59 (36.99) 1:47.23 (37.64) 2:25.02 (37.79)
2 Seana Acker	14	Piedmont Family YMCA Inc.	2:29.12	2:25.45
32.98				1:10.05 (37.07) 1:47.62 (37.57) 2:25.45 (37.83)
3 Amanda Grant	16	Hamilton Area NJ YMCA	2:31.12	2:28.31
32.46				1:10.14 (37.68) 1:49.40 (39.26) 2:28.31 (38.91)
4 Erin Seiler	15	Upper Main Line YMCA	2:34.72	2:28.61
34.36				1:12.35 (37.99) 1:50.44 (38.09) 2:28.61 (38.17)
5 Taylor McCabe	16	Hilliker YMCA	2:31.29	2:28.70
33.44				1:11.22 (37.78) 1:50.83 (39.61) 2:28.70 (37.87)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
6	Garrison Stevens	17	Rowan County YMCA	2:30.70	2:28.96
	33.92	1:11.50 (37.58)	1:49.86 (38.36)	2:28.96 (39.10)	
7	Lauren Law	14	Upper Main Line YMCA	2:35.00	2:29.29
	34.34	1:13.25 (38.91)	1:51.29 (38.04)	2:29.29 (38.00)	
8	Kelsey Rouse	18	Anne Arundel County YMCA	2:30.76	2:29.41
	33.06	1:10.34 (37.28)	1:49.18 (38.84)	2:29.41 (40.23)	
9	Kerry Borbidge	16	Ridley Area YMCA	2:30.89	2:30.03
	33.38	1:11.27 (37.89)	1:50.51 (39.24)	2:30.03 (39.52)	
10	Jen Koide	13	West Morris YMCA	2:30.81	2:31.17
	35.13	1:13.45 (38.32)	1:52.53 (39.08)	2:31.17 (38.64)	
11	Jane Kim	18	Flushing YMCA	2:30.77	2:31.33
	33.72	1:11.35 (37.63)	1:50.87 (39.52)	2:31.33 (40.46)	
12	Jennifer Murphy	17	Lynchburg YMCA	2:33.16	2:31.89
	34.74	1:13.10 (38.36)	1:52.42 (39.32)	2:31.89 (39.47)	
13	Rachel Polanco	14	M.E. Lyons (Anderson) YMCA	2:33.08	2:31.93
	33.60	1:12.25 (38.65)	1:51.78 (39.53)	2:31.93 (40.15)	
14	Erica Hasson	16	South Shore Mill Pond YMCA	2:33.73	2:32.09
	35.34	1:14.50 (39.16)	1:53.29 (38.79)	2:32.09 (38.80)	
15	Shannon Slate	15	Red Bank Branch	2:35.39	2:32.23
	33.80	1:11.96 (38.16)	1:51.75 (39.79)	2:32.23 (40.48)	
16	Celia Frick	13	Somerset Hills YMCA	2:31.32	2:32.28
	34.30	1:13.02 (38.72)	1:52.31 (39.29)	2:32.28 (39.97)	
17	Ali Bauer	15	Rapid Area YMCA - MI	2:34.61	2:33.09
	34.75	1:13.24 (38.49)	1:53.14 (39.90)	2:33.09 (39.95)	
18	Megan VanKirk	15	Hunterdon County YMCA	2:33.50	2:33.76
	34.14	1:13.65 (39.51)	1:52.92 (39.27)	2:33.76 (40.84)	
19	Rachel Holm	13	Fayette County Family YMCA	2:37.64	2:33.90
	34.09	1:12.89 (38.80)	1:53.42 (40.53)	2:33.90 (40.48)	
20	Cecelia McEachern	14	Down East Family YMCA	2:36.69	2:33.95
	35.47	1:14.75 (39.28)	1:55.09 (40.34)	2:33.95 (38.86)	
21	Brielle Caucino	17	Red Bank Branch	2:31.83	2:34.39
	34.12	1:12.89 (38.77)	1:53.79 (40.90)	2:34.39 (40.60)	
22	Claudia DiCapua	14	New Canaan Community YMCA	2:39.00	2:34.44
	34.37	1:13.32 (38.95)	1:52.98 (39.66)	2:34.44 (41.46)	
23	Abby Pires	15	Westfield YMCA	2:36.17	2:34.86
	33.65	1:13.02 (39.37)	1:54.04 (41.02)	2:34.86 (40.82)	
24	Emily Ashton	15	Morris Center YMCA	2:32.04	2:34.93
	33.70	1:12.66 (38.96)	1:53.81 (41.15)	2:34.93 (41.12)	
25	Elisa Grant	17	County YMCA - Ediboro, PA	2:35.64	2:35.16
	33.98	1:12.99 (39.01)	1:54.58 (41.59)	2:35.16 (40.58)	
26	Colleen O'Neil	14	South Shore Mill Pond YMCA	2:35.95	2:35.31
	35.01	1:14.53 (39.52)	1:54.37 (39.84)	2:35.31 (40.94)	
27	Lauren Baisden	17	Phoenixville Branch YMCA	2:34.18	2:35.42
	36.11	1:15.30 (39.19)	1:55.27 (39.97)	2:35.42 (40.15)	
28	Julia Sung	16	Flushing YMCA	2:34.51	2:36.17
	35.00	1:13.83 (38.83)	1:54.16 (40.33)	2:36.17 (42.01)	
29	Grace Kaminer	17	Riverfront Branch YMCA	2:31.74	2:36.31
	34.54	1:13.66 (39.12)	1:54.05 (40.39)	2:36.31 (42.26)	
30	Colleen Joorfetz	16	B.R. Ryall (Northwestern Dupag	2:30.50	2:36.53
	34.32	1:13.99 (39.67)	1:55.26 (41.27)	2:36.53 (41.27)	
31	Dana Yu	14	Somerset Valley YMCA	2:39.22	2:36.73
	35.66	1:15.33 (39.67)	1:56.24 (40.91)	2:36.73 (40.49)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
32	Mary Kallinicou	14	Springfield Family YMCA	2:36.02	2:37.20
	34.97	1:15.00 (40.03)	1:55.37 (40.37)	2:37.20 (41.83)	
33	Emily Gwynn	14	Canandaigua YMCA	2:35.77	2:37.29
	35.42	1:15.38 (39.96)	1:55.88 (40.50)	2:37.29 (41.41)	
34	Tasha Kewalramani	14	Summit Branch YMCA	2:39.00	2:37.30
	32.66	1:10.96 (38.30)	1:54.30 (43.34)	2:37.30 (43.00)	
35	Mariah Akinbi	16	Powel Crosley Jr. YMCA	2:40.27	2:37.62
	34.35	1:14.25 (39.90)	1:54.99 (40.74)	2:37.62 (42.63)	
36	Megan Aitro	15	Cheshire YMCA	2:39.51	2:37.69
	34.87	1:14.33 (39.46)	1:55.35 (41.02)	2:37.69 (42.34)	
37	Becca Citti	18	Ridgewood NJ YMCA	2:36.50	2:37.89
	35.08	1:14.80 (39.72)	1:56.31 (41.51)	2:37.89 (41.58)	
38	Jill Georgen	14	Fox Cities YMCA	2:33.87	2:38.77
	35.49	1:15.01 (39.52)	1:56.83 (41.82)	2:38.77 (41.94)	
39	Kirstin Klemp	16	La Crosse Area Family YMCA	2:35.21	2:39.14
	34.00	1:14.32 (40.32)	1:56.29 (41.97)	2:39.14 (42.85)	
40	Carrie Dukes	13	Harford County Family YMCA	2:38.21	2:39.16
	35.66	1:15.98 (40.32)	1:57.31 (41.33)	2:39.16 (41.85)	
41	Kelsey Theriault	17	Gloucester County YMCA	2:38.00	2:40.15
	35.45	1:15.12 (39.67)	1:57.42 (42.30)	2:40.15 (42.73)	
42	Allison Pavlik	14	B.R. Ryall (Northwestern Dupag	2:37.54	2:40.31
	34.76	1:15.72 (40.96)	1:57.99 (42.27)	2:40.31 (42.32)	
43	Haley Heydt	15	Boyertown Area YMCA	2:38.00	2:41.44
	35.66	1:15.76 (40.10)	1:57.62 (41.86)	2:41.44 (43.82)	
44	Paige Baisden	15	Phoenixville Branch YMCA	2:38.88	2:41.99
	35.92	1:17.09 (41.17)	1:59.33 (42.24)	2:41.99 (42.66)	
45	Amanda Feiser	15	Pottstown YMCA	2:40.50	2:42.43
	33.66	1:14.96 (41.30)	1:58.72 (43.76)	2:42.43 (43.71)	
46	Alex Zimmerman	17	Phoenixville Branch YMCA	2:39.01	2:42.84
	35.79	1:17.26 (41.47)	1:59.60 (42.34)	2:42.84 (43.24)	
47	Sharon Wu	14	McGaw YMCA	2:36.91	2:49.85
	38.65	1:21.81 (43.16)	2:05.94 (44.13)	2:49.85 (43.91)	

**Women 200 Yard Breaststroke Swimming Competition**National: **2:12.47** \* 4/3/2002 Amy Wheatley

Montgomery, AL-

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Laura Gorinski	18	Greensburg YMCA	2:18.49	2:15.90
	31.00	1:05.50 (34.50)	1:40.20 (34.70)	2:15.90 (35.70)	
2	Laura Johnson	18	Montgomery -East Branch YMCA	2:17.89	2:16.45
	30.69	1:04.53 (33.84)	1:39.97 (35.44)	2:16.45 (36.48)	
3	KC Moss	14	Wilton Family YMCA	2:18.72	2:16.68
	30.73	1:05.08 (34.35)	1:40.55 (35.47)	2:16.68 (36.13)	
4	Emily Schon	17	Upper Main Line YMCA	2:18.74	2:16.73
	30.96	1:05.07 (34.11)	1:41.48 (36.41)	2:16.73 (35.25)	
5	Abby Houchin	17	Triangle Area YMCA	2:18.78	2:17.13
	31.11	1:05.62 (34.51)	1:41.38 (35.76)	2:17.13 (35.75)	
6	Maddy Morgan	16	West Seattle Branch YMCA	2:18.95	2:17.53
	31.03	1:05.72 (34.69)	1:41.57 (35.85)	2:17.53 (35.96)	
7	Erica Lynn	18	Edwardsville YMCA	2:18.65	2:18.55
	31.36	1:06.06 (34.70)	1:42.00 (35.94)	2:18.55 (36.55)	
8	Stephanie Ferrell	16	Montclair YMCA	2:19.42	2:20.11
	31.22	1:05.90 (34.68)	1:42.68 (36.78)	2:20.11 (37.43)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Women 200 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>B - Final</b>				
9 Savitri Horrigan	17	Westport/Weston CT YMCA	2:20.85	2:19.59
31.84	1:07.12 (35.28)	1:43.35 (36.23)	2:19.59 (36.24)	
10 Emily Weir	17	Greenwich YMCA	2:20.26	2:19.98
30.43	1:05.46 (35.03)	1:43.03 (37.57)	2:19.98 (36.95)	
11 Rachel Dekar	17	Birmingham Family YMCA	2:19.78	2:20.44
30.83	1:05.02 (34.19)	1:41.81 (36.79)	2:20.44 (38.63)	
12 Caroline Fore	17	Middle Tyger YMCA	2:21.45	2:21.08
31.71	1:07.05 (35.34)	1:43.44 (36.39)	2:21.08 (37.64)	
13 Kendra Crew	14	Springfield Family YMCA	2:20.13	2:21.56
31.71	1:07.07 (35.36)	1:43.80 (36.73)	2:21.56 (37.76)	
14 Amelia Buckley	16	Western Monmouth Co. YMCA	2:22.38	2:21.74
31.77	1:06.97 (35.20)	1:44.40 (37.43)	2:21.74 (37.34)	
15 Monica Milici	15	Middle Tyger YMCA	2:22.16	2:22.32
31.92	1:07.67 (35.75)	1:44.65 (36.98)	2:22.32 (37.67)	
16 Annie Maercklein	16	Schroeder YMCA	2:22.69	2:22.59
32.63	1:08.91 (36.28)	1:45.88 (36.97)	2:22.59 (36.71)	
<b>C - Final</b>				
17 Rachel Revolinski	16	Oshkosh Community YMCA	2:23.89	2:22.67
32.07	1:07.85 (35.78)	1:44.50 (36.65)	2:22.67 (38.17)	
18 Maddie Eyolfson	14	Boise YMCA	2:23.96	2:22.70
32.59	1:08.94 (36.35)	1:46.12 (37.18)	2:22.70 (36.58)	
19 Marina Borri	14	Farmington Family YMCA	2:22.76	2:22.71
32.86	1:08.79 (35.93)	1:45.51 (36.72)	2:22.71 (37.20)	
20 Jenn Abbott	17	Wilton Family YMCA	2:23.56	2:22.75
32.20	1:08.07 (35.87)	1:44.58 (36.51)	2:22.75 (38.17)	
21 Becca Murray	17	Brandywine -DE YMCA	2:24.00	2:22.92
32.23	1:08.69 (36.46)	1:45.63 (36.94)	2:22.92 (37.29)	
22 Lizzy Visconti	18	Cheshire YMCA	2:23.33	2:23.06
32.51	1:08.21 (35.70)	1:45.75 (37.54)	2:23.06 (37.31)	
23 Alex Hammerberg	18	Triangle Area YMCA	2:23.61	2:23.16
32.52	1:08.54 (36.02)	1:45.60 (37.06)	2:23.16 (37.56)	
24 Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	2:23.19	2:25.32
32.19	1:09.23 (37.04)	1:47.08 (37.85)	2:25.32 (38.24)	

**Women 200 Yard Breaststroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Laura Johnson	18	Montgomery -East Branch YMCA	2:16.09	2:17.89
30.78	1:04.89 (34.11)	1:40.80 (35.91)	2:17.89 (37.09)	
2 Laura Gorinski	18	Greensburg YMCA	2:17.87	2:18.49
31.56	1:06.42 (34.86)	1:41.84 (35.42)	2:18.49 (36.65)	
3 Erica Lynn	18	Edwardsville YMCA	2:18.50	2:18.65
31.59	1:05.75 (34.16)	1:41.46 (35.71)	2:18.65 (37.19)	
4 KC Moss	14	Wilton Family YMCA	2:18.76	2:18.72
31.11	1:05.81 (34.70)	1:42.26 (36.45)	2:18.72 (36.46)	
5 Emily Schon	17	Upper Main Line YMCA	2:23.74	2:18.74
31.14	1:05.33 (34.19)	1:41.58 (36.25)	2:18.74 (37.16)	
6 Abby Houchin	17	Triangle Area YMCA	2:24.05	2:18.78
31.17	1:05.59 (34.42)	1:41.44 (35.85)	2:18.78 (37.34)	
7 Maddy Morgan	16	West Seattle Branch YMCA	2:18.97	2:18.95
30.88	1:05.43 (34.55)	1:41.52 (36.09)	2:18.95 (37.43)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Breaststroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
8 Stephanie Ferrell	16	Montclair YMCA	2:20.15	2:19.42
31.39	1:05.91 (34.52)	1:41.89 (35.98)	2:19.42 (37.53)	
9 Rachel Dekar	17	Birmingham Family YMCA	2:20.36	2:19.78
30.48	1:04.92 (34.44)	1:41.25 (36.33)	2:19.78 (38.53)	
10 Kendra Crew	14	Springfield Family YMCA	2:23.48	2:20.13
31.41	1:06.87 (35.46)	1:43.12 (36.25)	2:20.13 (37.01)	
11 Emily Weir	17	Greenwich YMCA	2:25.65	2:20.26
30.53	1:05.29 (34.76)	1:42.42 (37.13)	2:20.26 (37.84)	
12 Savitri Horrigan	17	Westport/Weston CT YMCA	2:23.76	2:20.85
31.77	1:06.76 (34.99)	1:43.34 (36.58)	2:20.85 (37.51)	
13 Caroline Fore	17	Middle Tyger YMCA	2:21.99	2:21.45
31.76	1:07.21 (35.45)	1:43.87 (36.66)	2:21.45 (37.58)	
14 Monica Milici	15	Middle Tyger YMCA	2:23.62	2:22.16
32.12	1:07.68 (35.56)	1:44.80 (37.12)	2:22.16 (37.36)	
15 Amelia Buckley	16	Western Monmouth Co. YMCA	2:21.67	2:22.38
31.98	1:06.75 (34.77)	1:44.12 (37.37)	2:22.38 (38.26)	
16 Annie Maercklein	16	Schroeder YMCA	2:21.91	2:22.69
32.18	1:08.01 (35.83)	1:45.64 (37.63)	2:22.69 (37.05)	
17 Marina Borri	14	Farmington Family YMCA	2:26.56	2:22.76
32.81	1:08.89 (36.08)	1:45.85 (36.96)	2:22.76 (36.91)	
18 Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	2:26.29	2:23.19
32.29	1:08.39 (36.10)	1:45.14 (36.75)	2:23.19 (38.05)	
19 Lizzy Visconti	18	Cheshire YMCA	2:24.41	2:23.33
31.74	1:06.90 (35.16)	1:44.25 (37.35)	2:23.33 (39.08)	
20 Jenn Abbott	17	Wilton Family YMCA	2:27.55	2:23.56
32.31	1:07.96 (35.65)	1:45.34 (37.38)	2:23.56 (38.22)	
21 Alex Hammerberg	18	Triangle Area YMCA	2:26.37	2:23.61
32.70	1:09.05 (36.35)	1:46.09 (37.04)	2:23.61 (37.52)	
22 Rachel Revolinski	16	Oshkosh Community YMCA	2:22.86	2:23.89
32.38	1:08.05 (35.67)	1:45.15 (37.10)	2:23.89 (38.74)	
23 Maddie Eyolfson	14	Boise YMCA	2:24.91	2:23.96
32.48	1:09.16 (36.68)	1:46.57 (37.41)	2:23.96 (37.39)	
24 Becca Murray	17	Brandywine -DE YMCA	2:23.73	2:24.00
32.35	1:08.42 (36.07)	1:46.02 (37.60)	2:24.00 (37.98)	
25 Kate Timmerman	17	Darien Community YMCA	2:27.75	2:24.33
33.18	1:09.39 (36.21)	1:46.44 (37.05)	2:24.33 (37.89)	
26 Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	2:22.87	2:24.65
32.19	1:08.00 (35.81)	1:45.50 (37.50)	2:24.65 (39.15)	
27 Chelsea Unger	17	Western Monmouth Co. YMCA	2:24.24	2:24.67
32.01	1:07.81 (35.80)	1:45.04 (37.23)	2:24.67 (39.63)	
28 Jamie Kane	15	Pottstown YMCA	2:27.00	2:24.71
32.90	1:10.22 (37.32)	1:47.36 (37.14)	2:24.71 (37.35)	
29 Abby Fisher	13	Lakeland Hills Family YMCA	2:22.30	2:24.89
32.46	1:08.62 (36.16)	1:46.23 (37.61)	2:24.89 (38.66)	
30 Price Kinney	18	Middle Tyger YMCA	2:29.30	2:24.92
32.49	1:08.53 (36.04)	1:46.56 (38.03)	2:24.92 (38.36)	
31 McKayla Lightbourn	16	Sarasota Family YMCA, Inc	2:20.75	2:25.38
32.47	1:08.65 (36.18)	1:46.46 (37.81)	2:25.38 (38.92)	
32 Kaela Bjornberg	17	Cheshire YMCA	2:26.18	2:25.42
33.37	1:10.00 (36.63)	1:47.65 (37.65)	2:25.42 (37.77)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
33	Tina DeLakis	17	Eau Claire Wisconsin YMCA	2:23.24	2:25.71
	31.59	1:07.84 (36.25)	1:45.85 (38.01)	2:25.71 (39.86)	
34	Ashley Reid	15	Sarasota Family YMCA, Inc	2:26.73	2:25.72
	33.27	1:10.10 (36.83)	1:47.80 (37.70)	2:25.72 (37.92)	
35	Samantha Shelley	16	Brandywine -DE YMCA	2:28.28	2:25.94
	32.98	1:10.51 (37.53)	1:48.24 (37.73)	2:25.94 (37.70)	
36	Amber Wingfield	15	Lynchburg YMCA	2:27.60	2:26.00
	32.67	1:10.05 (37.38)	1:47.89 (37.84)	2:26.00 (38.11)	
*37	Calley Murphy	16	Birmingham Family YMCA	2:29.54	2:26.02
	31.75	1:08.07 (36.32)	1:46.80 (38.73)	2:26.02 (39.22)	
*37	Shannon Ahearn	15	Wilton Family YMCA	2:26.62	2:26.02
	33.33	1:10.41 (37.08)	1:48.09 (37.68)	2:26.02 (37.93)	
39	Natalie Cronk	14	Piedmont Family YMCA Inc.	2:29.32	2:26.08
	33.00	1:09.99 (36.99)	1:47.89 (37.90)	2:26.08 (38.19)	
40	Jenelle Zee	15	Somerset Hills YMCA	2:24.94	2:26.25
	32.39	1:08.68 (36.29)	1:47.37 (38.69)	2:26.25 (38.88)	
41	Emily Blohm	18	Green Bay YMCA Metro	2:24.58	2:26.27
	32.95	1:09.69 (36.74)	1:47.85 (38.16)	2:26.27 (38.42)	
42	Heidi Nichols	17	Columbia Northwest Family YMC	2:25.17	2:26.45
	32.62	1:09.44 (36.82)	1:47.93 (38.49)	2:26.45 (38.52)	
43	Kylie McKenzie	17	Tri-Hampton Family Branch YMC	2:25.52	2:26.51
	32.80	1:09.63 (36.83)	1:47.90 (38.27)	2:26.51 (38.61)	
44	Meriza Werenski	13	Greater Holyoke YMCA	2:24.13	2:26.60
	33.14	1:09.74 (36.60)	1:47.45 (37.71)	2:26.60 (39.15)	
45	Morgan Pfaff	15	West Shore YMCA	2:25.43	2:26.82
	32.96	1:09.99 (37.03)	1:47.93 (37.94)	2:26.82 (38.89)	
46	Rachel Clegg	16	Bath Area Family YMCA	2:28.86	2:26.85
	33.23	1:10.11 (36.88)	1:48.12 (38.01)	2:26.85 (38.73)	
47	Jenny Larsen	17	North Oakland Family YMCA	2:29.30	2:27.01
	33.00	1:10.54 (37.54)	1:48.33 (37.79)	2:27.01 (38.68)	
48	Brooke Lacey	17	New Canaan Community YMCA	2:27.15	2:27.06
	33.34	1:10.00 (36.66)	1:48.44 (38.44)	2:27.06 (38.62)	
49	Ellen Bradford	15	Idaho Falls YMCA	2:28.78	2:27.11
	33.87	1:10.93 (37.06)	1:48.53 (37.60)	2:27.11 (38.58)	
50	Kayla McAvoy	15	Wyckoff Family YMCA Inc	2:28.65	2:27.12
	33.93	1:10.91 (36.98)	1:48.91 (38.00)	2:27.12 (38.21)	
51	Melissa Merwin	15	Downtown Youth Center YMCA	2:28.49	2:27.14
	33.36	1:10.44 (37.08)	1:48.70 (38.26)	2:27.14 (38.44)	
52	Nicole Osman	16	Western Branch YMCA	2:21.60	2:27.22
	32.53	1:08.97 (36.44)	1:47.32 (38.35)	2:27.22 (39.90)	
53	Kylie Reiter	15	Reading and Berks County YMCA	2:29.78	2:27.35
	32.60	1:09.02 (36.42)	1:47.67 (38.65)	2:27.35 (39.68)	
54	Taylor Andrews	18	Pabst Farms YMCA	2:30.00	2:27.44
	31.98	1:09.42 (37.44)	1:48.50 (39.08)	2:27.44 (38.94)	
55	Emma Newman	16	Champaign County YMCA	2:28.14	2:27.52
	32.61	1:09.66 (37.05)	1:48.26 (38.60)	2:27.52 (39.26)	
56	Greta Leberfinger	15	Somerset Hills YMCA	2:27.73	2:27.65
	33.67	1:11.57 (37.90)	1:50.08 (38.51)	2:27.65 (37.57)	
57	McKenzie Courtney	17	Lima Ohio YMCA	2:28.80	2:27.86
	32.41	1:09.65 (37.24)	1:48.94 (39.29)	2:27.86 (38.92)	
58	Sara Tillie	16	Harford County Family YMCA	2:28.89	2:27.94
	32.97	1:09.70 (36.73)	1:48.12 (38.42)	2:27.94 (39.82)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
59	Vanessa Weidner	18	Miami County Ohio YMCA	2:26.36	2:28.06
	32.84	1:09.92 (37.08)	1:48.98 (39.06)	2:28.06 (39.08)	
60	Megan Lattimer	15	Wilton Family YMCA	2:28.91	2:28.10
	32.73	1:09.77 (37.04)	1:48.54 (38.77)	2:28.10 (39.56)	
*61	Carlyn Evans	15	Lionville Community YMCA	2:28.67	2:28.15
	33.28	1:10.88 (37.60)	1:49.13 (38.25)	2:28.15 (39.02)	
*61	Chantel Ferguson	17	Spokane YMCA	2:27.73	2:28.15
	34.44	1:12.15 (37.71)	1:49.89 (37.74)	2:28.15 (38.26)	
63	Rebecca Young	16	Montgomery -East Branch YMCA	2:24.93	2:28.17
	33.09	1:10.82 (37.73)	1:49.24 (38.42)	2:28.17 (38.93)	
64	Gabbie Pettinichi	16	M.E. Lyons (Anderson) YMCA	2:28.34	2:28.40
	32.85	1:09.53 (36.68)	1:47.95 (38.42)	2:28.40 (40.45)	
65	Michelle Walcker	17	Burbank Branch YMCA	2:27.58	2:28.43
	32.84	1:10.32 (37.48)	1:48.64 (38.32)	2:28.43 (39.79)	
66	Sloane Hindman	16	Red Bank Branch	2:29.01	2:28.47
	34.38	1:12.22 (37.84)	1:50.02 (37.80)	2:28.47 (38.45)	
67	Kristen Lee	16	Burlington County YMCA	2:22.22	2:28.57
	32.63	1:10.16 (37.53)	1:49.58 (39.42)	2:28.57 (38.99)	
68	Melissa Feeney	15	Lakeland Hills Family YMCA	2:24.11	2:28.77
	31.97	1:09.59 (37.62)	1:48.86 (39.27)	2:28.77 (39.91)	
69	Jenni Russell	17	Rock Hill Area YMCA	2:25.79	2:28.78
	33.28	1:10.61 (37.33)	1:48.98 (38.37)	2:28.78 (39.80)	
70	Leah Pronschinske	14	Eau Claire Wisconsin YMCA	2:21.03	2:29.10
	32.19	1:09.44 (37.25)	1:48.70 (39.26)	2:29.10 (40.40)	
71	Kate O'Leary	17	Western Connecticut YMCA	2:27.55	2:29.36
	33.47	1:10.31 (36.84)	1:49.31 (39.00)	2:29.36 (40.05)	
72	Nicole Provenza	15	Anne Arundel County YMCA	2:26.07	2:29.42
	33.04	1:09.99 (36.95)	1:49.02 (39.03)	2:29.42 (40.40)	
73	Rikki Berk	14	Wyckoff Family YMCA Inc	2:30.20	2:29.52
	33.53	1:11.36 (37.83)	1:50.30 (38.94)	2:29.52 (39.22)	
74	Jennifer Trodden	18	North Shore (Sterling) MA YMCA	2:27.62	2:29.55
	33.58	1:11.46 (37.88)	1:50.15 (38.69)	2:29.55 (39.40)	
75	Seana Acker	14	Piedmont Family YMCA Inc.	2:29.12	2:29.69
	33.03	1:10.37 (37.34)	1:49.56 (39.19)	2:29.69 (40.13)	
76	Maggie Storm	16	Sunbury Branch YMCA	2:29.97	2:29.81
	33.75	1:12.04 (38.29)	1:51.30 (39.26)	2:29.81 (38.51)	
77	Arica Woolbright	17	Rock River Valley YMCA	2:27.92	2:29.82
	32.96	1:10.80 (37.84)	1:49.98 (39.18)	2:29.82 (39.84)	
78	Hannah Larson	17	Western North Carolina YMCA	2:28.90	2:29.84
	33.87	1:11.92 (38.05)	1:50.79 (38.87)	2:29.84 (39.05)	
79	Stephanie Baliko	17	Fanwood-Scotch Plains YMCA	2:28.52	2:29.99
	33.27	1:11.24 (37.97)	1:49.73 (38.49)	2:29.99 (40.26)	
80	Emily Tsang	14	Lakeland Hills Family YMCA	2:29.73	2:30.01
	33.01	1:10.50 (37.49)	1:49.61 (39.11)	2:30.01 (40.40)	
81	Megan Harris	16	Brandywine YMCA -PA	2:47.63 S	2:30.15
	32.76	1:09.64 (36.88)	1:49.21 (39.57)	2:30.15 (40.94)	
82	Salena Casha	17	Burbank Branch YMCA	2:29.92	2:30.20
	32.93	1:10.53 (37.60)	1:49.75 (39.22)	2:30.20 (40.45)	
83	Hannah Markey	15	Fanwood-Scotch Plains YMCA	2:30.14	2:30.29
	34.08	1:11.86 (37.78)	1:50.36 (38.50)	2:30.29 (39.93)	
*84	Nicole Hranchook	15	Macomb Family YMCA	2:30.21	2:30.35
	33.93	1:11.56 (37.63)	1:50.63 (39.07)	2:30.35 (39.72)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*84	Karissa Gorman	18	Greater Holyoke YMCA	2:26.93	2:30.35
	33.69	1:11.47 (37.78)	1:50.98 (39.51)	2:30.35 (39.37)	
86	Riley Hilbrandt	13	Saginaw YMCA	2:27.73	2:30.49
	32.95	1:10.67 (37.72)	1:50.85 (40.18)	2:30.49 (39.64)	
*87	Maiyah Hilliard	16	Schroeder YMCA	2:27.72	2:30.53
	34.04	1:12.10 (38.06)	1:50.91 (38.81)	2:30.53 (39.62)	
*87	Kayce Smith	14	Madison West YMCA	2:27.73	2:30.53
	33.91	1:12.40 (38.49)	1:50.81 (38.41)	2:30.53 (39.72)	
89	Melissa Oishi	18	West Seattle Branch YMCA	2:23.48	2:30.54
	33.68	1:10.96 (37.28)	1:49.99 (39.03)	2:30.54 (40.55)	
90	Maeve O'Leary	16	Montclair YMCA	2:29.73	2:30.82
	33.38	1:11.55 (38.17)	1:50.51 (38.96)	2:30.82 (40.31)	
91	Kim Weyand	16	Anne Arundel County YMCA	2:27.61	2:30.92
	33.10	1:11.40 (38.30)	1:50.51 (39.11)	2:30.92 (40.41)	
92	Lauren Lo	17	Red Bank Branch	2:29.16	2:31.48
	33.82	1:11.18 (37.36)	1:50.17 (38.99)	2:31.48 (41.31)	
93	Katie England	17	Orlando YMCA	2:23.26	2:31.72
	34.60	1:12.95 (38.35)	1:52.27 (39.32)	2:31.72 (39.45)	
94	Eva Wimberley	16	Western Monmouth Co. YMCA	2:24.33	2:31.77
	32.86	1:09.94 (37.08)	1:50.02 (40.08)	2:31.77 (41.75)	
95	Silke Herold	16	Somerset Valley YMCA	2:30.27	2:31.81
	33.53	1:12.18 (38.65)	1:51.51 (39.33)	2:31.81 (40.30)	
*96	Kelly Caggainello	17	Wilton Family YMCA	2:29.71	2:31.82
	33.53	1:11.65 (38.12)	1:51.34 (39.69)	2:31.82 (40.48)	
*96	Courtney Fisk	15	Red River Valley YMCA	2:28.88	2:31.82
	33.60	1:11.75 (38.15)	1:51.42 (39.67)	2:31.82 (40.40)	
98	Ashley Collier	18	Norwich YMCA	2:29.75	2:32.08
	34.14	1:12.35 (38.21)	1:52.33 (39.98)	2:32.08 (39.75)	
99	Claire Gilbert	16	North Oakland Family YMCA	2:27.28	2:32.10
	33.11	1:11.14 (38.03)	1:51.19 (40.05)	2:32.10 (40.91)	
100	Rebekah Baker	15	Sarasota Family YMCA, Inc	2:29.17	2:32.20
	34.11	1:12.03 (37.92)	1:51.26 (39.23)	2:32.20 (40.94)	
101	Amanda Steinfeld	15	Cheshire YMCA	2:28.09	2:32.27
	33.44	1:11.80 (38.36)	1:51.91 (40.11)	2:32.27 (40.36)	
102	Kassandra Mestemaker	13	The Licking County Family YMC	2:28.02	2:32.34
	33.16	1:11.18 (38.02)	1:51.44 (40.26)	2:32.34 (40.90)	
103	Valerie Jones	16	Kishwaukee Family YMCA	2:30.04	2:32.51
	33.81	1:12.04 (38.23)	1:51.87 (39.83)	2:32.51 (40.64)	
104	Chandler Keating	16	Edwardsville YMCA	2:28.20	2:32.55
	33.40	1:11.85 (38.45)	1:51.89 (40.04)	2:32.55 (40.66)	
105	Morgan Johnston	14	Mid-Delmarva Family YMCA	2:26.60	2:32.57
	33.06	1:11.35 (38.29)	1:51.33 (39.98)	2:32.57 (41.24)	
106	Rachel Stoddard	14	Somerset Valley YMCA	2:28.74	2:32.65
	32.68	1:10.77 (38.09)	1:50.83 (40.06)	2:32.65 (41.82)	
107	MaKenna Cannon	15	Pabst Farms YMCA	2:29.41	2:32.71
	32.88	1:10.86 (37.98)	1:50.72 (39.86)	2:32.71 (41.99)	
108	Heather Thole	16	Madison West YMCA	2:28.57	2:32.77
	34.63	1:13.25 (38.62)	1:52.58 (39.33)	2:32.77 (40.19)	
109	Deirdre Esposito	15	Morris Center YMCA	2:30.02	2:32.87
	32.18	1:11.59 (39.41)	1:51.48 (39.89)	2:32.87 (41.39)	
110	Aileen McCleaf	18	York And York County YMCA	2:28.50	2:32.89
	34.29	1:12.41 (38.12)	1:51.95 (39.54)	2:32.89 (40.94)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 200 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
111 Kelly Hall	17	Morris Center YMCA	2:29.28	2:33.00
33.76	1:12.25 (38.49)	1:52.09 (39.84)	2:33.00 (40.91)	
112 Erin Hackett	14	Lakeland Hills Family YMCA	2:28.90	2:33.02
33.54	1:12.42 (38.88)	1:52.84 (40.42)	2:33.02 (40.18)	
*113 Lauren Brundage	16	Somerset Hills YMCA	2:28.93	2:33.14
33.01	1:10.64 (37.63)	1:51.16 (40.52)	2:33.14 (41.98)	
*113 Stephanie Paape	15	Green Bay YMCA Metro	2:27.76	2:33.14
32.38	1:10.97 (38.59)	1:51.67 (40.70)	2:33.14 (41.47)	
115 Renee Rosenkranz	18	Dutchess County YMCA	2:30.07	2:33.21
32.71	1:10.99 (38.28)	1:52.04 (41.05)	2:33.21 (41.17)	
116 Amanda Gilsey	17	Red Bank Branch	2:29.34	2:33.28
33.96	1:12.76 (38.80)	1:52.66 (39.90)	2:33.28 (40.62)	
117 Rebecca Heffernan	16	Lakeland Hills Family YMCA	2:29.28	2:33.47
33.65	1:12.00 (38.35)	1:52.27 (40.27)	2:33.47 (41.20)	
118 Megan Bock	17	Red Bank Branch	2:28.83	2:33.48
33.37	1:11.57 (38.20)	1:52.06 (40.49)	2:33.48 (41.42)	
119 Allison Schroeder	14	The Licking County Family YMC	2:29.91	2:33.53
34.62	1:13.14 (38.52)	1:53.12 (39.98)	2:33.53 (40.41)	
120 Devonnie Moore	14	Phoenixville Branch YMCA	2:28.67	2:33.54
33.16	1:12.70 (39.54)	1:53.22 (40.52)	2:33.54 (40.32)	
121 Elise Prayson	15	South Family YMCA-Kettering	2:29.32	2:33.56
34.11	1:12.95 (38.84)	1:52.80 (39.85)	2:33.56 (40.76)	
122 Andrea DeAngelis	15	Lakeland Hills Family YMCA	2:29.72	2:33.59
33.00	1:10.63 (37.63)	1:51.45 (40.82)	2:33.59 (42.14)	
123 Liz Mooney	15	Middle Tyger YMCA	2:29.51	2:33.69
34.59	1:12.73 (38.14)	1:52.52 (39.79)	2:33.69 (41.17)	
124 Laura Nichols	17	Columbia Northwest Family YMC	2:30.15	2:33.82
32.46	1:11.00 (38.54)	1:52.08 (41.08)	2:33.82 (41.74)	
125 Morgan Kandrac	15	Hamilton Area NJ YMCA	2:29.41	2:34.06
33.84	1:12.57 (38.73)	1:52.83 (40.26)	2:34.06 (41.23)	
126 Jackie Moroz	17	Beavercreek Branch YMCA	2:30.02	2:34.17
33.64	1:11.80 (38.16)	1:52.18 (40.38)	2:34.17 (41.99)	
127 Melissa Peplinski	16	Spokane YMCA	2:30.23	2:34.66
33.67	1:12.19 (38.52)	1:53.05 (40.86)	2:34.66 (41.61)	
128 Briehan Burke	18	Summit Branch YMCA	2:29.99	2:34.88
34.69	1:13.54 (38.85)	1:53.85 (40.31)	2:34.88 (41.03)	
129 Jessica Hodsdon	17	Bangor YMCA	2:29.32	2:41.05
35.29	1:16.41 (41.12)	1:58.40 (41.99)	2:41.05 (42.65)	
--- Kim Jerome	16	Cheshire YMCA	2:21.33	DQ
Elbows recovered over water				
31.65	1:06.46 (34.81)	1:42.34 (35.88)	DQ (37.33)	

**Women 50 Yard Butterfly Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Madeline Zimmerman	12	Phoenixville Branch YMCA	26.51	26.30
2 McKenzie Goudreau	14	Fox Cities YMCA	27.16	26.67
3 Allison Siegel	17	McGaw YMCA	27.11	27.23
4 Isabelle Cecere	13	Somerset Hills YMCA	28.82	27.39
5 Casey Stahl	17	Somerset Valley YMCA	29.59	27.53
6 Kylie McKenzie	17	Tri-Hampton Family Branch YMC	27.51	27.54
7 Paula Bentley	16	Canandaigua YMCA	28.00	27.59

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 50 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
8	Kayla McCormick	17	La Crosse Area Family YMCA	28.11	27.74
9	Sarah Robbins	15	Greater Johnstown Community	27.85	27.76
10	Rachel Cortright	15	Ridgewood NJ YMCA	28.86	27.78
11	Danielle Albright	14	Tampa Metro YMCA	30.05	27.91
12	Lauren Albert	17	Knox County YMCA	28.49	27.96
13	Kathryn Bromback	17	Morris Center YMCA	28.30	28.09
14	Logan Schumpert	14	Columbia Northwest Family YMC	28.54	28.12
15	Maureen Ryan	14	Phoenixville Branch YMCA	28.08	28.40
16	Kaley Wittrock	18	Jefferson City Area YMCA	28.87	28.43
17	Kayla McCoy	12	McGaw YMCA	28.69	28.68
18	Alyssa Heydorn	17	Hilliker YMCA	28.70	28.73
19	Laura Westfall	17	Fox Cities YMCA	28.90	28.76
*20	Gabrielle Giambagno	17	Hamilton Area NJ YMCA	28.11	28.85
*20	Alyssa Finn	16	Hunterdon County YMCA	29.06	28.85
22	Kathleen Varner	17	Knox County YMCA	29.89	28.96
23	Alexa Kaufman	15	Hilliker YMCA	29.05	29.18
24	Sharon Wu	14	McGaw YMCA	30.16	29.27
25	Jenna Tugaoen	13	Hilliker YMCA	29.45	29.38
26	Cecelia McEachern	14	Down East Family YMCA	29.45	29.51
27	Alison Johnson	16	Marinette-Menominee YMCA	28.85	29.54
28	Nollaig Noll	13	Greater Johnstown Community	28.05	29.85
29	Evan Swenson	14	McGaw YMCA	29.30	31.52
---	Kristen Moll	17	Somerset Valley YMCA	28.00	NS

**Women 100 Yard Butterfly Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Elizabeth Simon	17	Middle Tyger YMCA	58.99	58.07
	27.47		58.07 (30.60)		
2	Kirsten Guelly	17	Flushing YMCA	58.15	58.17
	27.26		58.17 (30.91)		
3	Emily Weaner	16	West Shore YMCA	57.17	58.30
	27.43		58.30 (30.87)		
4	Sara Beth Drake	16	Middle Tyger YMCA	59.59	58.47
	27.64		58.47 (30.83)		
5	Brodde Lamb	15	Piedmont Family YMCA Inc.	58.26	58.75
	27.37		58.75 (31.38)		
6	Lauren Raczkowski	17	Middle Tyger YMCA	59.99	58.81
	27.89		58.81 (30.92)		
7	Katherine O'Leary	18	Montclair YMCA	57.91	58.86
	27.72		58.86 (31.14)		
8	Kate Kelly	14	Middle Tyger YMCA	1:00.39	58.89
	28.13		58.89 (30.76)		
9	Kaela Bjornberg	17	Cheshire YMCA	58.66	59.06
	28.15		59.06 (30.91)		
10	Kendall Crawford	14	Middle Tyger YMCA	1:00.09	59.42
	27.78		59.42 (31.64)		
11	Amy Needham	16	North Shore (Sterling) MA YMCA	58.99	59.50
	28.21		59.50 (31.29)		
12	Natalie Cronk	14	Piedmont Family YMCA Inc.	59.90	59.56
	28.37		59.56 (31.19)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
13	Calley Murphy	16	Birmingham Family YMCA	1:00.60	59.59
	27.68	59.59 (31.91)			
*14	Meg Powers	17	South Shore Mill Pond YMCA	59.11	59.64
	28.90	59.64 (30.74)			
*14	Molly McSweeney	15	North Shore (Sterling) MA YMCA	1:01.25	59.64
	28.33	59.64 (31.31)			
16	Allie Dye	16	Middle Tyger YMCA	59.59	59.71
	28.08	59.71 (31.63)			
17	Danielle Albright	14	Tampa Metro YMCA	1:01.14	59.73
	27.74	59.73 (31.99)			
18	Kendall Kirsteier	15	Tri-Hampton Family Branch YMC	59.58	59.74
	27.73	59.74 (32.01)			
19	Ellen Huelbig	17	Montclair YMCA	58.64	59.85
	28.45	59.85 (31.40)			
20	Casey Earnest	18	Middle Tyger YMCA	1:00.99	59.94
	28.48	59.94 (31.46)			
21	Hayley Martin	18	Madison East YMCA	1:00.02	59.95
	27.82	59.95 (32.13)			
22	Kelly Carroll	14	Summit Branch YMCA	1:01.60	59.97
	28.28	59.97 (31.69)			
23	Amina Meho	17	Burbank Branch YMCA	1:01.42	1:00.03
	27.72	1:00.03 (32.31)			
24	Allie Skaperdas	15	New Canaan Community YMCA	1:00.60	1:00.05
	27.90	1:00.05 (32.15)			
25	Hannah Lips	12	Middle Tyger YMCA	59.69	1:00.09
	28.75	1:00.09 (31.34)			
26	Kathryn Greskoff	17	Upper Main Line YMCA	1:02.40	1:00.11
	28.14	1:00.11 (31.97)			
27	Jessica Weber	17	Greater Flint YMCA	1:00.10	1:00.17
	28.41	1:00.17 (31.76)			
28	Morgan Nuess	17	South Family YMCA-Kettering	1:03.42	1:00.19
	28.34	1:00.19 (31.85)			
29	Megan Alexander	14	North Shore (Sterling) MA YMCA	59.86	1:00.23
	28.49	1:00.23 (31.74)			
30	Mirna Kojic'	16	Red River Valley YMCA	1:01.10	1:00.24
	28.21	1:00.24 (32.03)			
31	Annie Fothergill	16	Melrose Massachusetts YMCA	1:00.23	1:00.34
	28.36	1:00.34 (31.98)			
32	Jazzi Cooper	14	Wilton Family YMCA	1:00.70	1:00.40
	28.70	1:00.40 (31.70)			
33	Kylie McKenzie	17	Tri-Hampton Family Branch YMC	59.80	1:00.46
	28.47	1:00.46 (31.99)			
34	Anna Blair Bullock	15	Winston Salem YMCA	59.54	1:00.50
	28.22	1:00.50 (32.28)			
35	Katy Munzenmaier	15	Glens Falls YMCA	1:01.11	1:00.53
	28.58	1:00.53 (31.95)			
*36	Julia Brownrigg	17	West Shore YMCA	1:03.66	1:00.75
	28.25	1:00.75 (32.50)			
*36	Madison Allen	16	Middle Tyger YMCA	1:02.99	1:00.75
	28.61	1:00.75 (32.14)			
38	Katie Shoemaker	15	Columbia Northwest Family YMC	1:00.83	1:00.80
	28.62	1:00.80 (32.18)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
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**Results**

**- Time Trial ... (Women 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
39	Kara Millaci	16	Hunterdon County YMCA	1:00.45	1:00.86
	28.37		1:00.86 (32.49)		
*40	Amanda Distler	16	Wyckoff Family YMCA Inc	1:00.52	1:00.90
	28.55		1:00.90 (32.35)		
*40	Erin Malone	14	Riverfront Branch YMCA	1:00.90	1:00.90
	28.70		1:00.90 (32.20)		
*40	Monica Sullivan	17	New Canaan Community YMCA	1:01.70	1:00.90
	28.10		1:00.90 (32.80)		
43	Katherine Dwyer	17	Western Monmouth Co. YMCA	1:01.91	1:00.91
	28.80		1:00.91 (32.11)		
44	Alison Simon	18	Greensboro YMCA	59.99	1:00.92
	28.71		1:00.92 (32.21)		
45	Christina Provenza	17	Anne Arundel County YMCA	1:00.33	1:00.95
	28.02		1:00.95 (32.93)		
46	Kayla McCormick	17	La Crosse Area Family YMCA	1:02.11	1:01.13
	27.83		1:01.13 (33.30)		
47	Maureen McKenna	16	Red Bank Branch	1:02.50	1:01.15
	28.59		1:01.15 (32.56)		
*48	Logan Schumpert	14	Columbia Northwest Family YMC	1:01.02	1:01.19
	28.99		1:01.19 (32.20)		
*48	Corinne Capodanno	14	Brandywine -DE YMCA	1:01.00	1:01.19
	28.68		1:01.19 (32.51)		
50	Desirae Deveaux	18	North Shore (Sterling) MA YMC <del>A</del>	1:01.20	1:01.20
	28.58		1:01.20 (32.62)		
51	Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMC <del>A</del>	1:01.80	1:01.30
	28.92		1:01.30 (32.38)		
52	Emily Thomesen	15	Laurel East Hartford YMCA	1:00.55	1:01.32
	28.50		1:01.32 (32.82)		
*53	Christen Cherry	16	Lakeland Hills Family YMCA	1:02.07	1:01.35
	28.54		1:01.35 (32.81)		
*53	Madi Ralston	16	Rowan County YMCA	1:00.54	1:01.35
	29.08		1:01.35 (32.27)		
55	Ryan Alexander	13	North Shore (Sterling) MA YMC <del>A</del>	1:02.26	1:01.36
	28.91		1:01.36 (32.45)		
56	Amanda Wachenfeld	16	Somerset Hills YMCA	1:05.13	1:01.39
	28.84		1:01.39 (32.55)		
57	Kimberly Lawson	18	Morris Center YMCA	1:01.29	1:01.41
	28.32		1:01.41 (33.09)		
58	McKenzie Goudreau	14	Fox Cities YMCA	1:01.88	1:01.49
	28.23		1:01.49 (33.26)		
59	Kathleen Marrese	16	Western Connecticut YMCA	1:00.86	1:01.52
	29.13		1:01.52 (32.39)		
60	Liza Bragg	14	Darien Community YMCA	1:04.39	1:01.59
	28.75		1:01.59 (32.84)		
*61	Trinity Whitney	17	Eau Claire Wisconsin YMCA	59.97	1:01.60
	28.38		1:01.60 (33.22)		
*61	Jessica Frazelle	17	Winston Salem YMCA	1:03.69	1:01.60
	28.57		1:01.60 (33.03)		
*61	Bridget Riley	17	Bismarck YMCA	1:02.11	1:01.60
	28.58		1:01.60 (33.02)		
64	Christel Murray	15	Red Bank Branch	1:00.23	1:01.63
	28.35		1:01.63 (33.28)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Women 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
65	Megan Niermann 28.69	13	Fayette County Family YMCA	1:00.67	1:01.66
				1:01.66 (32.97)	
66	Shannon Connors 29.20	17	Blue Ash Branch YMCA	1:04.87	1:01.67
				1:01.67 (32.47)	
67	Jessica Metcalf 29.28	18	Cheshire YMCA	1:03.04	1:01.70
				1:01.70 (32.42)	
68	Kelly Hall 29.43	17	Morris Center YMCA	1:01.34	1:01.72
				1:01.72 (32.29)	
69	Catriona Coppler 28.92	16	Greater Holyoke YMCA	1:00.68	1:01.81
				1:01.81 (32.89)	
*70	Kaitlin Richter 28.51	15	Riverfront Branch YMCA	1:00.97	1:01.83
				1:01.83 (33.32)	
*70	Jamie Redlawsk 28.47	17	Eastside Family Branch YMCA	1:03.30	1:01.83
				1:01.83 (33.36)	
72	Lauren Lennartz 28.73	16	Miami County Ohio YMCA	1:01.17	1:01.84
				1:01.84 (33.11)	
73	Alex Iwanicki 29.05	15	B.R. Ryall (Northwestern Dupag	1:02.98	1:01.89
				1:01.89 (32.84)	
74	Natasha Wahl 29.18	16	South Family YMCA-Kettering	1:01.73	1:01.93
				1:01.93 (32.75)	
75	Allison Walker 28.63	17	Riverfront Branch YMCA	1:06.59	1:01.94
				1:01.94 (33.31)	
76	Rachel Stoddard 28.85	14	Somerset Valley YMCA	1:05.23	1:02.01
				1:02.01 (33.16)	
77	Alexia Hynes 28.66	15	Western Monmouth Co. YMCA	1:00.72	1:02.03
				1:02.03 (33.37)	
*78	Megan Daniher 28.66	15	M.E. Lyons (Anderson) YMCA	1:01.66	1:02.15
				1:02.15 (33.49)	
*78	Sarah Miner 28.79	16	Rock River Valley YMCA	1:01.12	1:02.15
				1:02.15 (33.36)	
80	Amanda Malmstrom 29.28	15	Phoenixville Branch YMCA	1:04.40	1:02.21
				1:02.21 (32.93)	
81	Kristen Moll 29.05	17	Somerset Valley YMCA	1:01.45	1:02.25
				1:02.25 (33.20)	
82	Jacqueline White 29.05	16	Ridgewood NJ YMCA	1:00.88	1:02.33
				1:02.33 (33.28)	
83	Maddy O'Keefe 29.27	17	Madison West YMCA	1:00.80	1:02.34
				1:02.34 (33.07)	
84	Regina Shetler 29.14	17	Riverfront Branch YMCA	1:07.06	1:02.38
				1:02.38 (33.24)	
85	Jackie Parker 28.75	14	Somerset Valley YMCA	1:03.62	1:02.39
				1:02.39 (33.64)	
86	Meredith Smith 29.67	16	Westfield YMCA	1:02.24	1:02.40
				1:02.40 (32.73)	
87	Cassie Walth 28.53	14	Bismarck YMCA	1:01.34	1:02.58
				1:02.58 (34.05)	
88	Madeline Zimmerman 28.84	12	Phoenixville Branch YMCA	1:00.45	1:02.59
				1:02.59 (33.75)	
89	Eileen Butler 29.12	14	Phoenixville Branch YMCA	NT	1:02.69
				1:02.69 (33.57)	
90	Gen Spittler 29.44	18	B.R. Ryall (Northwestern Dupag	1:00.84	1:02.75
				1:02.75 (33.31)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
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**Results**

**- Time Trial ... (Women 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
91	Hannah Newman 29.18	14	Champaign County YMCA	1:01.67	1:02.76
					1:02.76 (33.58)
92	Kaitlyn McKenna 29.30	16	Sanford-Springvale YMCA	1:01.26	1:02.87
					1:02.87 (33.57)
93	Rachael Theiler 28.69	14	Powel Crosley Jr. YMCA	1:02.71	1:02.91
					1:02.91 (34.22)
94	Ashley Conroy 29.37	16	Ocean County YMCA	1:04.40	1:02.94
					1:02.94 (33.57)
95	Wendy Liu 29.04	16	Somerset Valley YMCA	1:00.79	1:02.95
					1:02.95 (33.91)
96	Cassie Cesaro 29.74	17	Wheeler Regional Branch YMCA	1:01.02	1:03.02
					1:03.02 (33.28)
97	Noelle Klockner 28.15	14	Western Monmouth Co. YMCA	1:02.24	1:03.03
					1:03.03 (34.88)
98	Katie Kuhl 29.32	12	Fayette County Family YMCA	1:01.17	1:03.09
					1:03.09 (33.77)
99	Jillian Kniffen 28.70	17	Greensburg YMCA	NT	1:03.15
					1:03.15 (34.45)
100	Anna Blackburn 29.48	15	Winston Salem YMCA	1:03.93	1:03.20
					1:03.20 (33.72)
101	Kristen Harding 29.89	16	Canandaigua YMCA	1:02.67	1:03.22
					1:03.22 (33.33)
102	Jennifer Arana 29.20	12	Flushing YMCA	1:02.09	1:03.30
					1:03.30 (34.10)
103	Gabrielle Giambagno 29.68	17	Hamilton Area NJ YMCA	1:03.27	1:03.42
					1:03.42 (33.74)
104	Alissa Endres 28.42	17	Madison West YMCA	1:02.41	1:03.50
					1:03.50 (35.08)
105	Mary Samuels 29.22	16	Kennett Area YMCA	1:01.21	1:03.53
					1:03.53 (34.31)
*106	Rebecca Heffernan 29.28	16	Lakeland Hills Family YMCA	1:04.90	1:03.54
					1:03.54 (34.26)
*106	Kelly Caggainello 29.42	17	Wilton Family YMCA	1:04.50	1:03.54
					1:03.54 (34.12)
108	Ashley Martin 29.93	16	Rock Hill Area YMCA	1:03.32	1:03.59
					1:03.59 (33.66)
109	Sarah Wagner 29.43	16	West Morris YMCA	1:03.19	1:03.85
					1:03.85 (34.42)
110	Casey Stahl 29.26	17	Somerset Valley YMCA	1:05.13	1:03.87
					1:03.87 (34.61)
111	Sarah Behrent 28.32	15	Hilliard YMCA	1:01.40	1:04.00
					1:04.00 (35.68)
112	Aubrey Miller 29.55	16	Boyertown Area YMCA	1:04.17	1:04.01
					1:04.01 (34.46)
113	Maeve O'Leary 30.07	16	Montclair YMCA	1:04.80	1:04.15
					1:04.15 (34.08)
114	Ashleigh Christopherson 29.51	17	La Crosse Area Family YMCA	1:03.71	1:04.21
					1:04.21 (34.70)
115	Marisa Immormino 28.44	16	Somerset Hills YMCA	1:02.18	1:04.28
					1:04.28 (35.84)
*116	Emma Werkiser 29.52	14	Kennett Area YMCA	1:03.42	1:04.53
					1:04.53 (35.01)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1  
Swimming and Diving Championship  
Results**

**- Time Trial ... (Women 100 Yard Butterfly Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
*116 Rebecca Ball	17	Greater Flint YMCA	1:02.90	1:04.53
30.05	1:04.53 (34.48)			
118 Emma Kiefer	14	Miami County Ohio YMCA	1:02.09	1:04.65
29.62	1:04.65 (35.03)			
119 Bryn Crowder	16	Brandywine -DE YMCA	1:05.54	1:04.85
29.94	1:04.85 (34.91)			
120 Katie Lewis	18	Hilliard YMCA	1:02.67	1:05.17
28.37	1:05.17 (36.80)			
*121 Tessa Lindner	14	Madison East YMCA	1:05.58	1:05.21
29.89	1:05.21 (35.32)			
*121 Meg Kaveney	16	Westfield YMCA	1:06.94	1:05.21
29.71	1:05.21 (35.50)			
123 Alexa Kaufman	15	Hilliker YMCA	1:02.41	1:05.28
29.60	1:05.28 (35.68)			
124 Tara Dugan	17	Wilton Family YMCA	1:03.50	1:05.44
30.56	1:05.44 (34.88)			
125 Aubrey Kettrick	17	Watertown Family YMCA	1:04.10	1:05.47
29.67	1:05.47 (35.80)			
126 Adelyn Graf	14	New Canaan Community YMCA	1:07.80	1:05.50
30.06	1:05.50 (35.44)			
127 Jennifer Trodden	18	North Shore (Sterling) MA YMC	1:00.90	1:05.66
30.12	1:05.66 (35.54)			
128 Mara Valenzuela	15	Somerset Valley YMCA	1:05.40	1:05.67
29.30	1:05.67 (36.37)			
129 Evan Swenson	14	McGaw YMCA	1:04.91	1:05.84
30.12	1:05.84 (35.72)			
130 Elizabeth Emmerich	16	Madison East YMCA	1:05.55	1:06.16
30.12	1:06.16 (36.04)			
131 Katherine Rodzak	14	La Crosse Area Family YMCA	1:02.70	1:06.17
30.89	1:06.17 (35.28)			
132 Hillary Johnson	17	Eau Claire Wisconsin YMCA	1:10.76	1:07.95
30.22	1:07.95 (37.73)			
133 Audrey Rittenhouse	16	Phoenixville Branch YMCA	1:11.11	1:09.15
31.96	1:09.15 (37.19)			
--- Emily Weir	17	Greenwich YMCA	1:03.97	NS
--- Maggie Dillione	17	Tri-Hampton Family Branch YMC	1:01.10	NS
--- Shannon Rauth	13	Upper Main Line YMCA	1:06.02	NS
--- Sonja Bogojevski	17	Lakeland Hills Family YMCA	58.70	NS
--- Tommie Dillione	13	Tri-Hampton Family Branch YMC	1:03.10	NS

**Women 100 Yard Butterfly Swimming Competition**

National: 53.67 \* 1988 J. Jorgensen

Wilton Family, CT

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Haley Lips	15	Middle Tyger YMCA	54.70	53.28*
24.93	53.28 (28.35)			
2 Sada Stewart	15	York And York County YMCA	56.37	54.38
25.71	54.38 (28.67)			
3 Sabrina Benson	15	Triangle Area YMCA	55.63	54.58
25.09	54.58 (29.49)			
4 Heather Savage	18	Canandaigua YMCA	56.40	55.25
26.33	55.25 (28.92)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
5	Rachel Moore	14	Andover/North Andover YMCA	56.25	55.37
	26.00	55.37	(29.37)		
6	Kendall Farnham	16	Anne Arundel County YMCA	56.68	55.81
	26.36	55.81	(29.45)		
7	Diana Diel	17	Pabst Farms YMCA	56.53	55.94
	26.10	55.94	(29.84)		
8	Sarah Dotzel	17	York And York County YMCA	56.39	56.35
	26.64	56.35	(29.71)		

**B - Final**

9	Addie Carne	18	Middle Tyger YMCA	56.94	56.08
	26.14	56.08	(29.94)		
10	Jenni Roberts	16	Sanford-Springvale YMCA	57.42	56.20
	26.44	56.20	(29.76)		
11	Amber Wingfield	15	Lynchburg YMCA	56.75	56.42
	26.28	56.42	(30.14)		
12	Shannon Draves	18	Pottstown YMCA	56.90	56.69
	26.79	56.69	(29.90)		
13	Emri Moore	15	Spokane YMCA	57.41	56.83
	26.81	56.83	(30.02)		
14	Marissa Murphy	17	Rapid Area YMCA - MI	57.35	56.95
	26.37	56.95	(30.58)		
15	Alyssa Petruzzello	17	Champaign County YMCA	57.48	57.00
	26.29	57.00	(30.71)		
---	Molly Higgins	17	Lakeland Hills Family YMCA	57.00	DQ
	Non-simultaneous arms				
	25.89	DQ	(30.21)		

**C - Final**

17	Erica Demunbrun	15	Attleboro YMCA	57.77	56.58
	25.85	56.58	(30.73)		
18	Nicole Osman	16	Western Branch YMCA	57.86	56.85
	26.73	56.85	(30.12)		
19	Mary Moser	17	Reading and Berks County YMCA	57.71	56.91
	26.45	56.91	(30.46)		
20	Emily Needham	18	North Shore (Sterling) MA YMCA	57.68	57.09
	27.15	57.09	(29.94)		
21	Lisa Zhang	15	Red Bank Branch	57.56	57.36
	26.87	57.36	(30.49)		
22	Abbey Tuchscherer	17	Oshkosh Community YMCA	57.68	57.37
	26.84	57.37	(30.53)		
23	Laura Krueger	17	Powel Crosley Jr. YMCA	57.63	57.44
	27.26	57.44	(30.18)		
24	Janene Senofonte	17	Fanwood-Scotch Plains YMCA	57.81	57.61
	26.92	57.61	(30.69)		

**Women 100 Yard Butterfly Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Haley Lips	15	Middle Tyger YMCA	54.17	54.70
	25.64	54.70	(29.06)		
2	Sabrina Benson	15	Triangle Area YMCA	55.34	55.63
	25.83	55.63	(29.80)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
3	Rachel Moore 26.83	14	Andover/North Andover YMCA	56.23	56.25
4	Sada Stewart 26.76	15	York And York County YMCA	56.49	56.37
5	Sarah Dotzel 26.78	17	York And York County YMCA	56.17	56.39
6	Heather Savage 26.51	18	Canandaigua YMCA	55.73	56.40
7	Diana Diel 26.62	17	Pabst Farms YMCA	55.98	56.53
8	Kendall Farnham 26.58	16	Anne Arundel County YMCA	56.71	56.68
9	Amber Wingfield 26.50	15	Lynchburg YMCA	56.44	56.75
10	Shannon Draves 26.91	18	Pottstown YMCA	55.22	56.90
11	Addie Carne 26.47	18	Middle Tyger YMCA	56.90	56.94
12	Molly Higgins 26.38	17	Lakeland Hills Family YMCA	56.05	57.00
13	Marissa Murphy 26.38	17	Rapid Area YMCA - MI	56.45	57.35
14	Emri Moore 26.49	15	Spokane YMCA	56.26	57.41
15	Jenni Roberts 26.84	16	Sanford-Springvale YMCA	57.83	57.42
16	Alyssa Petruzzello 26.86	17	Champaign County YMCA	57.06	57.48
17	Lisa Zhang 26.82	15	Red Bank Branch	57.09	57.56
18	Laura Krueger 27.35	17	Powel Crosley Jr. YMCA	56.87	57.63
*19	Abbey Tuchscherer 26.98	17	Oshkosh Community YMCA	56.61	57.68
*19	Emily Needham 27.57	18	North Shore (Sterling) MA YMCA	58.19	57.68
21	Mary Moser 26.81	17	Reading and Berks County YMCA	58.72	57.71
22	Erica Demunbrun 26.17	15	Attleboro YMCA	58.04	57.77
23	Janene Senofonte 26.62	17	Fanwood-Scotch Plains YMCA	57.69	57.81
24	Nicole Osman 27.16	16	Western Branch YMCA	56.47	57.86
25	Stephanie Kinsey 27.04	17	West Shore YMCA	57.25	57.95
26	Heather Librizzi 27.14	17	Western Connecticut YMCA	58.81	58.01
27	Madeline Barlow 27.09	18	Tri-Hampton Family Branch YMC	57.44	58.05

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
28	Anna Ratana	17	Winston Salem YMCA	57.71	58.09
	26.88	58.09	(31.21)		
29	Lynn Brotherton	17	Countryside Ralph Stolle YMCA.	57.59	58.10
	27.24	58.10	(30.86)		
30	Kirsten Guelly	17	Flushing YMCA	58.47	58.15
	26.90	58.15	(31.25)		
31	Courtney Raw	17	Somerset Valley YMCA	56.75	58.17
	26.59	58.17	(31.58)		
32	Kate Woolbright	16	Orlando YMCA	1:00.08	58.18
	27.89	58.18	(30.29)		
33	Emily Miles	16	West Morris YMCA	57.93	58.25
	26.76	58.25	(31.49)		
34	Brodde Lamb	15	Piedmont Family YMCA Inc.	58.32	58.26
	26.84	58.26	(31.42)		
35	Kelly Markwell	17	Red Bank Branch	58.42	58.27
	26.79	58.27	(31.48)		
*36	Lori Lynn	15	Edwardsville YMCA	57.71	58.34
	26.79	58.34	(31.55)		
*36	Elizabeth Simon	17	Middle Tyger YMCA	58.79	58.34
	27.21	58.34	(31.13)		
38	Emily Weaner	16	West Shore YMCA	57.18	58.37
	27.40	58.37	(30.97)		
39	Katherine O'Leary	18	Montclair YMCA	57.91	58.40
	27.48	58.40	(30.92)		
40	Lauren Baisden	17	Phoenixville Branch YMCA	57.85	58.43
	27.45	58.43	(30.98)		
41	Amanda Thach	15	West Seattle Branch YMCA	58.91	58.44
	27.00	58.44	(31.44)		
42	Siri Smits	15	Oshkosh Community YMCA	57.11	58.48
	27.36	58.48	(31.12)		
43	Jesse Bessire	17	Sarasota Family YMCA, Inc	58.58	58.61
	27.72	58.61	(30.89)		
*44	Margo Khalili	17	Beavercreek Branch YMCA	58.68	58.70
	26.92	58.70	(31.78)		
*44	Kelly Heyde	18	Wilton Family YMCA	58.35	58.70
	27.56	58.70	(31.14)		
46	Lianne McCluskey	17	Penobscot Bay YMCA	1:00.20	58.74
	27.82	58.74	(30.92)		
47	Katie Hallenbeck	16	Kishwaukee Family YMCA	58.64	58.77
	27.98	58.77	(30.79)		
48	Gabriella Levine	15	Fanwood-Scotch Plains YMCA	1:00.14	58.83
	27.78	58.83	(31.05)		
49	Andrea McPike	18	Tri-City Area IL YMCA	58.24	58.84
	27.07	58.84	(31.77)		
50	Allie Dye	16	Middle Tyger YMCA	1:00.26	58.85
	27.82	58.85	(31.03)		
*51	Suzanne Lemberg	17	Westfield YMCA	59.28	58.87
	27.56	58.87	(31.31)		
*51	Kate Dillione	16	Tri-Hampton Family Branch YMC	1:00.13	58.87
	27.54	58.87	(31.33)		
53	Sadie Nennig	16	Schroeder YMCA	57.48	58.93
	27.73	58.93	(31.20)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
54 Paige Impink 26.94	17	Reading and Berks County YMCA	57.12	58.94 58.94 (32.00)
55 Courtney Shields 27.01	17	Allegheny Valley YMCA	57.24	58.97 58.97 (31.96)
56 Sara Beth Drake 27.90	16	Middle Tyger YMCA	59.45	58.99 58.99 (31.09)
57 Jasmine Lee 27.39	16	Green Bay YMCA Metro	57.76	59.02 59.02 (31.63)
58 JaLynn Gieseke 27.30	16	Hannibal YMCA	57.28	59.07 59.07 (31.77)
59 Caroline Burns 27.54	17	Anne Arundel County YMCA	58.51	59.11 59.11 (31.57)
60 Rebecca Young 27.55	16	Montgomery -East Branch YMCA	59.00	59.13 59.13 (31.58)
61 Jenna Immormino 27.49	15	Somerset Hills YMCA	57.68	59.18 59.18 (31.69)
*62 Carrie Dukes 27.61	13	Harford County Family YMCA	59.73	59.27 59.27 (31.66)
*62 Sarah D'Antoni 27.48	16	Ridgewood NJ YMCA	58.81	59.27 59.27 (31.79)
64 Emma McKinley 27.88	15	Piedmont Family YMCA Inc.	59.56	59.33 59.33 (31.45)
65 Brittany Groene 27.58	18	M.E. Lyons (Anderson) YMCA	57.57	59.34 59.34 (31.76)
66 Nicole Miller 27.19	18	Triangle Area YMCA	1:00.14	59.36 59.36 (32.17)
*67 Jaynie Pulte 27.74	15	Birmingham Family YMCA	58.93	59.41 59.41 (31.67)
*67 Hannah Morris 27.86	16	Marietta YMCA	57.88	59.41 59.41 (31.55)
69 Chloe Conjares 28.01	16	Wyckoff Family YMCA Inc	58.14	59.42 59.42 (31.41)
*70 Amy Needham 27.74	16	North Shore (Sterling) MA YMCA	58.99	59.44 59.44 (31.70)
*70 Stephanie Bolin 28.10	18	Oshkosh Community YMCA	1:00.38	59.44 59.44 (31.34)
72 Kaela Bjornberg 28.52	17	Cheshire YMCA	58.66	59.47 59.47 (30.95)
*73 Winston Waters 27.68	16	Montgomery -East Branch YMCA	59.35	59.50 59.50 (31.82)
*73 Jaina Lumkong 27.71	16	West Morris YMCA	58.70	59.50 59.50 (31.79)
75 Devin Lessard 27.79	18	Talbot County YMCA	58.22	59.51 59.51 (31.72)
76 Taylor Byerly 27.22	15	Wilton Family YMCA	58.58	59.53 59.53 (32.31)
77 Jennifer Deist 27.63	14	Edwardsville YMCA	59.32	59.59 59.59 (31.96)
78 Kelly Hamilton 28.15	14	Chambersburg Memorial YMCA	59.56	59.61 59.61 (31.46)
79 Stephanie Hughes 28.17	18	Triangle Area YMCA	1:00.09	59.68 59.68 (31.51)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
80	Marissa Blumenthal	16	Birmingham Family YMCA	58.41	59.69
	28.15		59.69 (31.54)		
81	Hollis Capuano	18	Cheshire YMCA	58.42	59.71
	27.34		59.71 (32.37)		
82	Marissa Doepker	18	Farmington Family YMCA	58.50	59.74
	27.38		59.74 (32.36)		
83	Abby Wiese	18	Somerset Hills YMCA	59.36	59.80
	28.18		59.80 (31.62)		
84	Lauren Keenan	15	Upper Main Line YMCA	1:00.49	59.81
	28.44		59.81 (31.37)		
85	Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	59.70	59.83
	27.56		59.83 (32.27)		
86	Kathryn Bromback	17	Morris Center YMCA	1:00.46	59.87
	28.14		59.87 (31.73)		
87	Samantha Sides	16	Burlington County YMCA	1:00.14	59.88
	27.90		59.88 (31.98)		
88	Erin Seiler	15	Upper Main Line YMCA	1:00.23	59.89
	28.42		59.89 (31.47)		
89	Carly Whitmer	14	Westfield YMCA	58.84	59.95
	27.81		59.95 (32.14)		
90	Brennah Ross	15	Upper Main Line YMCA	1:00.40	59.98
	28.04		59.98 (31.94)		
91	Leah Pronschinske	14	Eau Claire Wisconsin YMCA	58.18	59.99
	27.93		59.99 (32.06)		
*92	Salena Casha	17	Burbank Branch YMCA	59.67	1:00.05
	28.13		1:00.05 (31.92)		
*92	Ellen Huelbig	17	Montclair YMCA	58.64	1:00.05
	28.49		1:00.05 (31.56)		
*94	Erica Smrcina	16	Cape Cod YMCA	58.92	1:00.07
	28.18		1:00.07 (31.89)		
*94	Meg Powers	17	South Shore Mill Pond YMCA	59.11	1:00.07
	28.46		1:00.07 (31.61)		
96	Alexis Coon	15	Brandywine -DE YMCA	58.80	1:00.12
	27.80		1:00.12 (32.32)		
97	Anna Schena	17	Birmingham Family YMCA	59.93	1:00.16
	28.16		1:00.16 (32.00)		
98	Taylor Steffl	15	Birmingham Family YMCA	1:00.42	1:00.23
	27.72		1:00.23 (32.51)		
99	Emily Martin	18	Marietta YMCA	1:00.36	1:00.26
	28.20		1:00.26 (32.06)		
*100	Sloane Hindman	16	Red Bank Branch	1:00.44	1:00.28
	28.01		1:00.28 (32.27)		
*100	Jessica Weber	17	Greater Flint YMCA	1:00.10	1:00.28
	28.33		1:00.28 (31.95)		
*102	Dayna Nellis	18	Green Bay YMCA Metro	1:00.44	1:00.29
	27.93		1:00.29 (32.36)		
*102	Kala Misavage	19	Sunbury Branch YMCA	59.14	1:00.29
	27.65		1:00.29 (32.64)		
104	Kelsey Poole	17	Greater Westfield YMCA	1:00.31	1:00.31
	27.81		1:00.31 (32.50)		
105	Emily Schroeder	12	Hamilton Area NJ YMCA	1:00.14	1:00.32
	28.14		1:00.32 (32.18)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
106	Kate Kelly	14	Middle Tyger YMCA	1:00.21	1:00.34
	28.70		1:00.34 (31.64)		
107	Annie Fothergill	16	Melrose Massachusetts YMCA	1:00.23	1:00.35
	28.00		1:00.35 (32.35)		
108	Elizabeth Malone	15	Springfield Family YMCA	58.86	1:00.37
	28.12		1:00.37 (32.25)		
*109	Paige Baisden	15	Phoenixville Branch YMCA	59.54	1:00.38
	28.38		1:00.38 (32.00)		
*109	Katie Hommes	17	Wyckoff Family YMCA Inc	59.35	1:00.38
	28.21		1:00.38 (32.17)		
111	Meredith Ketchmark	16	Hamilton Area NJ YMCA	1:00.35	1:00.39
	28.45		1:00.39 (31.94)		
112	Brianna Bentz	15	Boyertown Area YMCA	58.78	1:00.47
	27.86		1:00.47 (32.61)		
113	Alex Catena	15	Sarasota Family YMCA, Inc	1:07.94L	1:00.48
	29.05		1:00.48 (31.43)		
114	Elise Lankiewicz	13	Pabst Farms YMCA	1:00.20	1:00.51
	28.38		1:00.51 (32.13)		
115	Emily Renzini	15	Spokane YMCA	1:00.49	1:00.55
	28.58		1:00.55 (31.97)		
*116	Kelsey Millin	16	Madison East YMCA	58.41	1:00.56
	27.60		1:00.56 (32.96)		
*116	Nina Lisella	16	Boyertown Area YMCA	58.63	1:00.56
	28.39		1:00.56 (32.17)		
118	Jen Gavin	17	Orlando YMCA	59.16	1:00.57
	28.45		1:00.57 (32.12)		
119	Kayla Smith	18	Madison West YMCA	58.23	1:00.60
	27.88		1:00.60 (32.72)		
120	Kristina Roop	17	Upper Main Line YMCA	59.62	1:00.70
	28.36		1:00.70 (32.34)		
121	Ellen Bradford	15	Idaho Falls YMCA	59.31	1:00.72
	28.26		1:00.72 (32.46)		
*122	Megan Gegesky	17	Birmingham Family YMCA	59.00	1:00.78
	28.59		1:00.78 (32.19)		
*122	Sarah Boyle	16	Columbia Northwest Family YMC	59.77	1:00.78
	27.89		1:00.78 (32.89)		
124	Morgan Contino	13	M.E. Lyons (Anderson) YMCA	59.76	1:00.79
	28.44		1:00.79 (32.35)		
125	Catherine Patrell	17	Cheshire YMCA	59.78	1:00.81
	28.88		1:00.81 (31.93)		
126	Mariah Reading	15	Bangor YMCA	59.21	1:00.82
	28.09		1:00.82 (32.73)		
127	Kendall Kirsteier	15	Tri-Hampton Family Branch YMC	59.58	1:00.84
	28.08		1:00.84 (32.76)		
*128	Kristin Crawford	14	Triangle Area YMCA	1:00.46	1:00.85
	28.46		1:00.85 (32.39)		
*128	Cacky Keating	18	Somerset Hills YMCA	1:00.48	1:00.85
	28.69		1:00.85 (32.16)		
130	Casey Earnest	18	Middle Tyger YMCA	59.96	1:00.87
	28.27		1:00.87 (32.60)		
131	Katie Buchser	14	Somerset Hills YMCA	59.74	1:00.90
	28.10		1:00.90 (32.80)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
132 Kaitlyn Utkewicz 28.33	16	Lakeland Hills Family YMCA	1:00.08	1:00.96
133 Maddie Monroe 28.19	15	Tri-City Area IL YMCA	59.31	1:01.00
*134 Maggie Storm 28.59	16	Sunbury Branch YMCA	58.38	1:01.02
*134 Justine Barnes 29.09	18	North Oakland Family YMCA	59.82	1:01.02
136 Sonja Bogojevski 28.22	17	Lakeland Hills Family YMCA	58.78	1:01.05
*137 Isabelle Cecere 29.17	13	Somerset Hills YMCA	1:00.03	1:01.12
*137 Chantel Ferguson 29.05	17	Spokane YMCA	1:00.36	1:01.12
139 Rachael Ragen 27.92	17	Eastside Family Branch YMCA	58.78	1:01.14
140 Erin Erdley 27.92	17	Franklin/Grove City YMCA	59.27	1:01.15
141 Petra Janney 28.65	16	Bath Area Family YMCA	1:00.20	1:01.27
142 Jessica Colucci 28.41	16	Fanwood-Scotch Plains YMCA	1:00.31	1:01.34
143 Rachel Cortright 28.63	15	Ridgewood NJ YMCA	59.95	1:01.35
144 Caroline Roos 28.93	17	Schroeder YMCA	59.90	1:01.36
145 Abby Stone 28.23	12	The Licking County Family YMC	59.61	1:01.40
146 Jaclyn Andrews 28.61	15	Catonsville MD YMCA	1:00.06	1:01.41
147 Stephanie Ross 28.56	14	Western Monmouth Co. YMCA	1:00.37	1:01.43
148 Amanda Gilsey 28.09	17	Red Bank Branch	1:00.33	1:01.47
149 Heather Lundstrom 28.63	14	West County Branch YMCA	59.78	1:01.48
150 Rebekah Land 28.05	15	Hannibal YMCA	57.33	1:01.49
151 Kara Millaci 28.74	16	Hunterdon County YMCA	1:00.45	1:01.52
152 Kayla Douglas 28.86	15	Farmington Family YMCA	1:00.34	1:01.53
153 Emily Slabe 28.26	12	Coffman Family YMCA	59.43	1:01.57
154 Allison Siegel 28.64	17	McGaw YMCA	1:00.44	1:01.59
155 Christel Murray 28.05	15	Red Bank Branch	1:00.21	1:01.61
156 Michelle Kim 28.40	12	Ridgewood NJ YMCA	1:00.26	1:01.62
157 Marissa Yontz 28.28	15	Canton IL YMCA	1:00.39	1:01.68

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
158	Erin Timochenko	14	Reading and Berks County YMCA	59.37	1:01.72
	28.30				1:01.72 (33.42)
159	Dana Yu	14	Somerset Valley YMCA	1:00.23	1:01.73
	28.54				1:01.73 (33.19)
160	Erica Hasson	16	South Shore Mill Pond YMCA	1:00.47	1:01.79
	29.22				1:01.79 (32.57)
161	Sam Vandyke	17	Countryside Ralph Stolle YMCA.	59.61	1:01.81
	28.94				1:01.81 (32.87)
162	Jules Rava	18	Upper Main Line YMCA	1:00.13	1:01.84
	28.75				1:01.84 (33.09)
163	Ally Stover	18	South Family YMCA-Kettering	59.48	1:01.88
	28.94				1:01.88 (32.94)
164	Trinity Whitney	17	Eau Claire Wisconsin YMCA	59.97	1:01.95
	28.38				1:01.95 (33.57)
165	Miranda Doepker	15	Farmington Family YMCA	1:00.25	1:02.04
	28.26				1:02.04 (33.78)
166	Annelise Sprau	14	Schroeder YMCA	1:00.07	1:02.14
	28.90				1:02.14 (33.24)
167	Christina Santomauro	16	Somerset Valley YMCA	59.63	1:02.17
	28.30				1:02.17 (33.87)
168	Liz Broadley	18	Orlando YMCA	59.89	1:02.20
	29.24				1:02.20 (32.96)
169	Eva Schulteis	16	Schroeder YMCA	1:00.25	1:02.32
	28.62				1:02.32 (33.70)
170	Alex Miller	16	Birmingham Family YMCA	59.34	1:02.42
	28.47				1:02.42 (33.95)
171	Madeline Zimmerman	12	Phoenixville Branch YMCA	1:00.45	1:02.54
	28.16				1:02.54 (34.38)
172	Christina Provenza	17	Anne Arundel County YMCA	1:00.33	1:02.61
	28.17				1:02.61 (34.44)
173	Kendra Wagner	15	Laurel Highlands Regional YMCA	59.99	1:02.63
	29.21				1:02.63 (33.42)
174	Emily Friedline	15	Greensburg YMCA	1:00.38	1:02.66
	29.18				1:02.66 (33.48)
175	Brittany Luzik	17	Northern Dauphin County YMCA	59.60	1:02.74
	28.64				1:02.74 (34.10)
*176	Courtney Sepich	17	Burlington County YMCA	1:00.11	1:02.75
	28.50				1:02.75 (34.25)
*176	Kaley Wittrock	18	Jefferson City Area YMCA	1:00.48	1:02.75
	29.51				1:02.75 (33.24)
178	Cristina Sanchez	17	Orlando YMCA	59.27	1:02.91
	29.09				1:02.91 (33.82)
179	Emily Healey	17	Wilton Family YMCA	1:00.38	1:03.04
	28.95				1:03.04 (34.09)
180	Hannah Stephenson	16	Triangle Area YMCA	59.71	1:03.29
	28.71				1:03.29 (34.58)
181	Dana Rzewnicki	15	Somerset Valley YMCA	59.83	1:03.32
	28.54				1:03.32 (34.78)
182	Kinsey Kowalski	18	Blue Ash Branch YMCA	59.94	1:03.45
	29.02				1:03.45 (34.43)
183	Caitlyn Scheirer	17	Greater Peoria Family YMCA	1:00.13	1:04.24
	30.55				1:04.24 (33.69)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 100 Yard Butterfly Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
184 Nysa Casha	16	Burbank Branch YMCA	59.67	1:04.27
29.78	1:04.27 (34.49)			
185 Samantha Kennelley	17	Jersey Shore Area YMCA	59.88	1:04.54
29.43	1:04.54 (35.11)			
186 Jessica Hodsdon	17	Bangor YMCA	1:00.33	1:04.60
29.06	1:04.60 (35.54)			

**Women 200 Yard Butterfly Swimming Competition**National: **1:56.75** \* 4/15/2008 Leah Gingrich

West Shore-PA

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Haley Lips	15	Middle Tyger YMCA	1:59.39	1:58.41
26.78	57.09 (30.31)	1:27.56 (30.47)	1:58.41 (30.85)	
2 Corinne Showalter	18	Sarasota Family YMCA, Inc	2:02.33	2:00.59
27.22	57.50 (30.28)	1:28.49 (30.99)	2:00.59 (32.10)	
3 Rachel Moore	14	Andover/North Andover YMCA	2:01.25	2:01.56
27.22	58.14 (30.92)	1:29.41 (31.27)	2:01.56 (32.15)	
4 Sarah Dotzel	17	York And York County YMCA	2:03.35	2:01.89
27.35	58.07 (30.72)	1:29.62 (31.55)	2:01.89 (32.27)	
5 Heather Savage	18	Canandaigua YMCA	2:03.76	2:02.64
27.30	58.32 (31.02)	1:30.17 (31.85)	2:02.64 (32.47)	
6 Caroline Smith	18	Rowan County YMCA	2:02.92	2:02.75
27.25	58.34 (31.09)	1:29.98 (31.64)	2:02.75 (32.77)	
7 Addie Carne	18	Middle Tyger YMCA	2:03.24	2:03.90
27.15	58.65 (31.50)	1:30.97 (32.32)	2:03.90 (32.93)	
8 Emily Needham	18	North Shore (Sterling) MA YMCA	2:03.48	2:04.30
27.67	58.91 (31.24)	1:31.42 (32.51)	2:04.30 (32.88)	
<b>B - Final</b>				
9 Erin Burke	18	Triangle Area YMCA	2:04.71	2:01.62
27.69	58.06 (30.37)	1:29.65 (31.59)	2:01.62 (31.97)	
10 Rocky Raybon	17	Sarasota Family YMCA, Inc	2:04.63	2:02.28
27.72	58.68 (30.96)	1:30.41 (31.73)	2:02.28 (31.87)	
11 Emri Moore	15	Spokane YMCA	2:04.89	2:02.80
26.79	57.63 (30.84)	1:29.73 (32.10)	2:02.80 (33.07)	
12 Courtney Beidler	17	Tri-Hampton Family Branch YMC	2:04.81	2:02.87
27.94	58.57 (30.63)	1:31.04 (32.47)	2:02.87 (31.83)	
13 Shannon Draves	18	Pottstown YMCA	2:05.25	2:03.31
27.80	59.27 (31.47)	1:31.49 (32.22)	2:03.31 (31.82)	
14 Rachel Harrington	16	Sarasota Family YMCA, Inc	2:05.75	2:04.48
28.24	59.42 (31.18)	1:31.57 (32.15)	2:04.48 (32.91)	
15 Kendall Farnham	16	Anne Arundel County YMCA	2:05.71	2:05.41
28.07	59.58 (31.51)	1:31.83 (32.25)	2:05.41 (33.58)	
16 Jesse Bessire	17	Sarasota Family YMCA, Inc	2:03.94	2:05.50
28.16	59.57 (31.41)	1:32.15 (32.58)	2:05.50 (33.35)	
<b>C - Final</b>				
17 Erica Demunbrun	15	Attleboro YMCA	2:06.60	2:03.28
26.58	57.90 (31.32)	1:30.39 (32.49)	2:03.28 (32.89)	
18 Kelly Heyde	18	Wilton Family YMCA	2:06.87	2:05.35
28.60	1:00.64 (32.04)	1:33.26 (32.62)	2:05.35 (32.09)	
19 Emily Renzini	15	Spokane YMCA	2:06.59	2:05.57
28.52	1:00.23 (31.71)	1:32.32 (32.09)	2:05.57 (33.25)	
20 Abbey Tuchscherer	17	Oshkosh Community YMCA	2:07.04	2:05.66
27.76	58.63 (30.87)	1:31.66 (33.03)	2:05.66 (34.00)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****C - Final ... (Women 200 Yard Butterfly Swimming Competition)**

	Name	Age	Team	Prelim Time	Finals Time
21	Amber Wingfield	15	Lynchburg YMCA	2:05.91	2:06.40
	27.70	59.74 (32.04)	1:32.94 (33.20)	2:06.40 (33.46)	
22	Jaina Lumkong	16	West Morris YMCA	2:06.15	2:06.89
	28.85	1:00.78 (31.93)	1:33.26 (32.48)	2:06.89 (33.63)	
23	Elizabeth Simon	17	Middle Tyger YMCA	2:07.01	2:07.50
	27.96	59.41 (31.45)	1:33.07 (33.66)	2:07.50 (34.43)	
24	Nicole Osman	16	Western Branch YMCA	2:06.17	2:08.27
	27.93	1:00.49 (32.56)	1:34.18 (33.69)	2:08.27 (34.09)	

**Women 200 Yard Butterfly Time Trial Swimming Competition**

	Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>					
1	Lauren Baisden	17	Phoenixville Branch YMCA	2:06.32	2:04.38
	27.95	59.33 (31.38)	1:31.75 (32.42)	2:04.38 (32.63)	
2	Brennah Ross	15	Upper Main Line YMCA	2:08.79	2:06.48
	29.38	1:01.26 (31.88)	1:33.94 (32.68)	2:06.48 (32.54)	
3	Sara Beth Drake	16	Middle Tyger YMCA	2:09.99	2:06.90
	29.16	1:00.78 (31.62)	1:34.17 (33.39)	2:06.90 (32.73)	
4	Megan Alexander	14	North Shore (Sterling) MA YMCA	2:08.48	2:07.99
	29.16	1:01.53 (32.37)	1:34.49 (32.96)	2:07.99 (33.50)	
5	Lauren Raczkowski	17	Middle Tyger YMCA	2:13.99	2:08.01
	28.72	1:00.75 (32.03)	1:34.46 (33.71)	2:08.01 (33.55)	
6	Paige Baisden	15	Phoenixville Branch YMCA	2:18.99	2:08.16
	28.52	1:01.26 (32.74)	1:34.58 (33.32)	2:08.16 (33.58)	
7	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	2:08.69	2:08.59
	29.33	1:01.77 (32.44)	1:34.87 (33.10)	2:08.59 (33.72)	
8	Allie Dye	16	Middle Tyger YMCA	2:11.64	2:08.80
	29.33	1:01.70 (32.37)	1:35.00 (33.30)	2:08.80 (33.80)	
9	Desirae Deveaux	18	North Shore (Sterling) MA YMCA	2:10.83	2:10.17
	29.51	1:02.88 (33.37)	1:36.40 (33.52)	2:10.17 (33.77)	
10	Madeline Barlow	18	Tri-Hampton Family Branch YMC	2:19.45	2:10.89
	28.94	1:02.56 (33.62)	1:36.91 (34.35)	2:10.89 (33.98)	
11	Catherine Patrell	17	Cheshire YMCA	2:08.28	2:11.13
	29.48	1:03.07 (33.59)	1:37.07 (34.00)	2:11.13 (34.06)	
12	Carrie Dukes	13	Harford County Family YMCA	2:16.48	2:11.69
	29.33	1:03.24 (33.91)	1:37.38 (34.14)	2:11.69 (34.31)	
13	Natalie Cronk	14	Piedmont Family YMCA Inc.	2:14.36	2:11.85
	29.03	1:02.53 (33.50)	1:37.03 (34.50)	2:11.85 (34.82)	
14	Kylie McKenzie	17	Tri-Hampton Family Branch YMC	2:12.11	2:12.15
	28.85	1:02.04 (33.19)	1:36.92 (34.88)	2:12.15 (35.23)	
15	Casey Earnest	18	Middle Tyger YMCA	2:11.75	2:12.41
	28.92	1:02.20 (33.28)	1:37.23 (35.03)	2:12.41 (35.18)	
16	Rebecca Young	16	Montgomery -East Branch YMCA	2:15.09	2:12.92
	29.15	1:02.73 (33.58)	1:37.63 (34.90)	2:12.92 (35.29)	
17	Madison Allen	16	Middle Tyger YMCA	2:17.99	2:13.01
	29.19	1:01.87 (32.68)	1:36.35 (34.48)	2:13.01 (36.66)	
18	Paige Weslaski	17	Racine Family YMCA	2:14.20	2:13.06
	29.17	1:03.05 (33.88)	1:37.52 (34.47)	2:13.06 (35.54)	
19	Maggie Dillione	17	Tri-Hampton Family Branch YMC	2:16.80	2:13.74
	28.58	1:02.38 (33.80)	1:37.68 (35.30)	2:13.74 (36.06)	
20	Molly McSweeney	15	North Shore (Sterling) MA YMCA	2:09.50	2:13.78
	29.43	1:03.06 (33.63)	1:38.22 (35.16)	2:13.78 (35.56)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
21	Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMCA	2:14.04	2:14.01
	30.81	1:05.92 (35.11)	1:40.05 (34.13)	2:14.01 (33.96)	
22	Morgan Contino	13	M.E. Lyons (Anderson) YMCA	2:14.50	2:14.28
	29.14	1:02.96 (33.82)	1:38.44 (35.48)	2:14.28 (35.84)	
23	Kate Kelly	14	Middle Tyger YMCA	2:25.99	2:14.38
	29.71	1:03.47 (33.76)	1:39.07 (35.60)	2:14.38 (35.31)	
24	Meghan Lam	17	Brandywine -DE YMCA	2:21.23	2:14.88
	28.73	1:03.14 (34.41)	1:38.94 (35.80)	2:14.88 (35.94)	
25	Jessica Metcalf	18	Cheshire YMCA	2:20.51	2:15.00
	29.98	1:03.97 (33.99)	1:39.44 (35.47)	2:15.00 (35.56)	
26	Michelle Kim	12	Ridgewood NJ YMCA	2:11.09	2:15.02
	29.47	1:03.23 (33.76)	1:38.85 (35.62)	2:15.02 (36.17)	
27	Lauren Law	14	Upper Main Line YMCA	2:18.00	2:15.09
	30.56	1:04.95 (34.39)	1:39.99 (35.04)	2:15.09 (35.10)	
28	Mariah Reading	15	Bangor YMCA	2:15.77	2:15.15
	29.44	1:03.36 (33.92)	1:40.00 (36.64)	2:15.15 (35.15)	
29	Ryan Alexander	13	North Shore (Sterling) MA YMCA	2:17.90	2:15.16
	30.51	1:04.98 (34.47)	1:40.29 (35.31)	2:15.16 (34.87)	
30	Brittany Guinee	16	Somerset Hills YMCA	2:24.64	2:15.17
	29.13	1:04.51 (35.38)	1:40.14 (35.63)	2:15.17 (35.03)	
31	Cathleen Pruden	14	Triangle Area YMCA	2:18.74	2:15.28
	29.81	1:03.98 (34.17)	1:40.09 (36.11)	2:15.28 (35.19)	
32	Heather Saule	16	Greater Flint YMCA	2:17.04	2:15.71
	30.77	1:05.30 (34.53)	1:40.98 (35.68)	2:15.71 (34.73)	
33	Kathleen Marrese	16	Western Connecticut YMCA	2:17.69	2:15.75
	30.56	1:04.95 (34.39)	1:40.82 (35.87)	2:15.75 (34.93)	
34	Cacky Keating	18	Somerset Hills YMCA	2:18.42	2:15.82
	29.76	1:04.97 (35.21)	1:41.28 (36.31)	2:15.82 (34.54)	
35	Alexis Houser	17	Tri-Hampton Family Branch YMC	2:20.93	2:16.07
	30.31	1:04.96 (34.65)	1:40.15 (35.19)	2:16.07 (35.92)	
36	Erin Malone	14	Riverfront Branch YMCA	2:23.00	2:16.08
	29.23	1:04.31 (35.08)	1:40.28 (35.97)	2:16.08 (35.80)	
37	Mirna Kojic'	16	Red River Valley YMCA	2:20.00	2:16.19
	28.94	1:02.73 (33.79)	1:38.05 (35.32)	2:16.19 (38.14)	
38	Sonja Bogojevski	17	Lakeland Hills Family YMCA	2:18.66	2:16.40
	28.80	1:02.69 (33.89)	1:38.91 (36.22)	2:16.40 (37.49)	
39	Nina Lisella	16	Boyertown Area YMCA	NT	2:17.21
	30.82	1:05.95 (35.13)	1:41.70 (35.75)	2:17.21 (35.51)	
40	Sarah Weidner	16	South Family YMCA-Kettering	2:18.70	2:17.22
	30.38	1:04.87 (34.49)	1:41.13 (36.26)	2:17.22 (36.09)	
41	Anne Trojanowski	16	Somerset Hills YMCA	2:17.02	2:17.23
	31.12	1:07.65 (36.53)	1:42.41 (34.76)	2:17.23 (34.82)	
42	Gabrielle Giambagno	17	Hamilton Area NJ YMCA	2:19.56	2:17.37
	30.25	1:04.75 (34.50)	1:40.64 (35.89)	2:17.37 (36.73)	
43	Rebecca Ball	17	Greater Flint YMCA	2:18.90	2:17.65
	31.56	1:06.37 (34.81)	1:42.48 (36.11)	2:17.65 (35.17)	
44	Mary Samuels	16	Kennett Area YMCA	2:17.50	2:17.71
	30.21	1:05.39 (35.18)	1:41.34 (35.95)	2:17.71 (36.37)	
45	Anna Blackburn	15	Winston Salem YMCA	2:14.78	2:18.36
	30.58	1:04.93 (34.35)	1:41.41 (36.48)	2:18.36 (36.95)	
46	Laura Westfall	17	Fox Cities YMCA	2:18.31	2:18.42
	30.48	1:05.13 (34.65)	1:41.33 (36.20)	2:18.42 (37.09)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard Butterfly Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
47 Kristen Harding	16	Canandaigua YMCA	2:27.19	2:18.78
30.32	1:05.44 (35.12)	1:42.34 (36.90)	2:18.78 (36.44)	
48 Carrigan Eckels	13	West Shore YMCA	2:22.52	2:19.11
30.29	1:05.51 (35.22)	1:42.08 (36.57)	2:19.11 (37.03)	
49 Tricia Hartley	15	Somerset Hills YMCA	2:22.81	2:19.31
30.40	1:05.44 (35.04)	1:42.11 (36.67)	2:19.31 (37.20)	
50 Samantha Sides	16	Burlington County YMCA	2:22.59	2:19.35
29.41	1:04.18 (34.77)	1:40.84 (36.66)	2:19.35 (38.51)	
51 Abby Fisher	13	Lakeland Hills Family YMCA	2:24.66	2:20.06
29.82	1:04.93 (35.11)	1:42.40 (37.47)	2:20.06 (37.66)	
52 Trinity Whitney	17	Eau Claire Wisconsin YMCA	2:19.60	2:20.40
29.61	1:04.21 (34.60)	1:40.87 (36.66)	2:20.40 (39.53)	
53 Rachel Stoddard	14	Somerset Valley YMCA	2:32.67	2:20.59
30.29	1:05.98 (35.69)	1:43.28 (37.30)	2:20.59 (37.31)	
54 Kendra Wagner	15	Laurel Highlands Regional YMCA	2:17.92	2:21.70
30.12	1:05.01 (34.89)	1:42.16 (37.15)	2:21.70 (39.54)	
55 Morgan Brooks	15	Middle Tyger YMCA	2:24.99	2:21.96
30.23	1:05.60 (35.37)	1:43.35 (37.75)	2:21.96 (38.61)	
56 Kristen Lee	16	Burlington County YMCA	2:26.26	2:22.25
29.19	1:02.21 (33.02)	1:43.04 (40.83)	2:22.25 (39.21)	
57 Alyssa Finn	16	Hunterdon County YMCA	2:20.08	2:22.95
30.95	1:07.31 (36.36)	1:45.58 (38.27)	2:22.95 (37.37)	
58 Sarah Miner	16	Rock River Valley YMCA	2:22.17	2:24.35
29.80	1:05.84 (36.04)	1:44.50 (38.66)	2:24.35 (39.85)	
59 Rebecca Heffernan	16	Lakeland Hills Family YMCA	2:24.68	2:25.53
30.19	1:06.16 (35.97)	1:45.73 (39.57)	2:25.53 (39.80)	
60 Hailey Growney	17	Lakeland Hills Family YMCA	2:27.21	2:28.62
32.28	1:09.36 (37.08)	1:48.58 (39.22)	2:28.62 (40.04)	
--- Adrienne Phillips	18	West Shore YMCA	2:14.33	DQ
Alternating Kick				
28.34	1:00.54 (32.20)	1:35.02 (34.48)	DQ (34.60)	
--- Kara Millaci	16	Hunterdon County YMCA	2:13.65	NS
--- Cassie Walth	14	Bismarck YMCA	2:23.81	NS

**Women 200 Yard Butterfly Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Haley Lips	15	Middle Tyger YMCA	2:00.24	1:59.39
26.82	57.07 (30.25)	1:27.79 (30.72)	1:59.39 (31.60)	
2 Rachel Moore	14	Andover/North Andover YMCA	2:04.35	2:01.25
27.22	57.27 (30.05)	1:28.46 (31.19)	2:01.25 (32.79)	
3 Corinne Showalter	18	Sarasota Family YMCA, Inc	2:04.89	2:02.33
27.55	58.42 (30.87)	1:30.10 (31.68)	2:02.33 (32.23)	
4 Caroline Smith	18	Rowan County YMCA	2:03.98	2:02.92
27.83	58.75 (30.92)	1:30.68 (31.93)	2:02.92 (32.24)	
5 Addie Carne	18	Middle Tyger YMCA	2:06.67	2:03.24
27.12	58.03 (30.91)	1:30.17 (32.14)	2:03.24 (33.07)	
6 Sarah Dotzel	17	York And York County YMCA	2:02.10	2:03.35
27.75	59.16 (31.41)	1:30.78 (31.62)	2:03.35 (32.57)	
7 Emily Needham	18	North Shore (Sterling) MA YMCA	2:06.66	2:03.48
27.81	59.05 (31.24)	1:30.69 (31.64)	2:03.48 (32.79)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
8	Heather Savage	18	Canandaigua YMCA	2:10.94	2:03.76
	27.71	59.05 (31.34)	1:30.56 (31.51)	2:03.76 (33.20)	
9	Jesse Bessire	17	Sarasota Family YMCA, Inc	2:04.92	2:03.94
	28.14	59.29 (31.15)	1:31.20 (31.91)	2:03.94 (32.74)	
10	Rocky Raybon	17	Sarasota Family YMCA, Inc	2:02.81	2:04.63
	28.50	59.84 (31.34)	1:32.25 (32.41)	2:04.63 (32.38)	
11	Erin Burke	18	Triangle Area YMCA	2:06.30	2:04.71
	27.72	58.68 (30.96)	1:31.20 (32.52)	2:04.71 (33.51)	
12	Courtney Beidler	17	Tri-Hampton Family Branch YMC	2:07.64	2:04.81
	27.57	59.04 (31.47)	1:31.89 (32.85)	2:04.81 (32.92)	
13	Emri Moore	15	Spokane YMCA	2:09.15	2:04.89
	27.27	58.62 (31.35)	1:31.17 (32.55)	2:04.89 (33.72)	
14	Shannon Draves	18	Pottstown YMCA	2:01.71	2:05.25
	27.95	59.99 (32.04)	1:32.45 (32.46)	2:05.25 (32.80)	
15	Kendall Farnham	16	Anne Arundel County YMCA	2:04.91	2:05.71
	27.84	59.51 (31.67)	1:32.39 (32.88)	2:05.71 (33.32)	
16	Rachel Harrington	16	Sarasota Family YMCA, Inc	2:05.43	2:05.75
	28.51	59.81 (31.30)	1:32.73 (32.92)	2:05.75 (33.02)	
17	Amber Wingfield	15	Lynchburg YMCA	2:11.57	2:05.91
	27.61	59.13 (31.52)	1:31.98 (32.85)	2:05.91 (33.93)	
18	Jaina Lumkong	16	West Morris YMCA	2:09.24	2:06.15
	28.76	1:00.75 (31.99)	1:32.78 (32.03)	2:06.15 (33.37)	
19	Nicole Osman	16	Western Branch YMCA	2:03.17	2:06.17
	27.58	59.28 (31.70)	1:31.91 (32.63)	2:06.17 (34.26)	
20	Emily Renzini	15	Spokane YMCA	2:09.70	2:06.59
	28.53	1:00.46 (31.93)	1:33.38 (32.92)	2:06.59 (33.21)	
21	Erica Demunbrun	15	Attleboro YMCA	2:10.25	2:06.60
	26.82	57.93 (31.11)	1:31.07 (33.14)	2:06.60 (35.53)	
22	Kelly Heyde	18	Wilton Family YMCA	2:07.94	2:06.87
	27.94	59.90 (31.96)	1:33.03 (33.13)	2:06.87 (33.84)	
23	Elizabeth Simon	17	Middle Tyger YMCA	2:12.43	2:07.01
	27.97	59.35 (31.38)	1:32.67 (33.32)	2:07.01 (34.34)	
24	Abbey Tuchscherer	17	Oshkosh Community YMCA	2:05.53	2:07.04
	27.74	59.85 (32.11)	1:33.21 (33.36)	2:07.04 (33.83)	
25	Shelby Leonard	16	Sarasota Family YMCA, Inc	2:09.87	2:07.09
	28.14	59.76 (31.62)	1:33.05 (33.29)	2:07.09 (34.04)	
26	Hilary Woldt	17	Oshkosh Community YMCA	2:05.12	2:07.10
	27.85	1:00.35 (32.50)	1:33.08 (32.73)	2:07.10 (34.02)	
27	Ellen Huelbig	17	Montclair YMCA	2:08.81	2:07.18
	28.69	1:00.80 (32.11)	1:33.72 (32.92)	2:07.18 (33.46)	
28	Laura Krueger	17	Powel Crosley Jr. YMCA	2:06.69	2:07.23
	28.89	1:01.58 (32.69)	1:34.50 (32.92)	2:07.23 (32.73)	
*29	Sarah D'Antoni	16	Ridgewood NJ YMCA	2:07.60	2:07.39
	28.00	1:00.11 (32.11)	1:33.28 (33.17)	2:07.39 (34.11)	
*29	Abby Wiese	18	Somerset Hills YMCA	2:07.37	2:07.39
	29.12	1:00.95 (31.83)	1:33.74 (32.79)	2:07.39 (33.65)	
31	Devin Lessard	18	Talbot County YMCA	2:08.80	2:07.66
	28.59	1:00.69 (32.10)	1:33.83 (33.14)	2:07.66 (33.83)	
*32	Madeline Hoch	13	West Shore YMCA	2:13.38	2:07.76
	28.56	1:00.25 (31.69)	1:33.51 (33.26)	2:07.76 (34.25)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*32 Katie Hallenbeck	16	Kishwaukee Family YMCA	2:10.55	2:07.76
28.65	1:00.99 (32.34)	1:34.28 (33.29)	2:07.76 (33.48)	
34 Emma McKinley	15	Piedmont Family YMCA Inc.	2:12.71	2:07.82
29.30	1:02.03 (32.73)	1:35.20 (33.17)	2:07.82 (32.62)	
35 Emily Weaner	16	West Shore YMCA	2:05.07	2:07.94
28.39	1:00.45 (32.06)	1:33.57 (33.12)	2:07.94 (34.37)	
36 Stephanie Bolin	18	Oshkosh Community YMCA	2:14.07	2:07.95
28.43	1:00.30 (31.87)	1:33.66 (33.36)	2:07.95 (34.29)	
37 Kate Dillione	16	Tri-Hampton Family Branch YMC	2:09.95	2:08.11
28.76	1:01.08 (32.32)	1:34.08 (33.00)	2:08.11 (34.03)	
38 Catherine Patrell	17	Cheshire YMCA	2:09.22	2:08.28
29.24	1:01.62 (32.38)	1:34.69 (33.07)	2:08.28 (33.59)	
39 Katherine O'Leary	18	Montclair YMCA	2:07.08	2:08.33
28.67	1:01.22 (32.55)	1:34.22 (33.00)	2:08.33 (34.11)	
40 Morgan Pfaff	15	West Shore YMCA	2:09.61	2:08.44
29.01	1:01.47 (32.46)	1:34.68 (33.21)	2:08.44 (33.76)	
41 Sara Beth Drake	16	Middle Tyger YMCA	2:09.31	2:08.48
29.27	1:01.46 (32.19)	1:34.96 (33.50)	2:08.48 (33.52)	
42 Kelly O'Connor	17	North Shore (Sterling) MA YMC <del>A</del>	2:09.44	2:08.69
28.89	1:01.21 (32.32)	1:34.95 (33.74)	2:08.69 (33.74)	
*43 Brittany Groene	18	M.E. Lyons (Anderson) YMCA	2:12.82	2:08.73
27.89	59.92 (32.03)	1:33.79 (33.87)	2:08.73 (34.94)	
*43 Kristina Roop	17	Upper Main Line YMCA	2:08.62	2:08.73
29.17	1:01.44 (32.27)	1:34.26 (32.82)	2:08.73 (34.47)	
45 Katherine Foley	16	North Shore (Sterling) MA YMC <del>A</del>	2:11.27	2:08.77
29.40	1:01.92 (32.52)	1:35.16 (33.24)	2:08.77 (33.61)	
46 Brennah Ross	15	Upper Main Line YMCA	2:10.49	2:08.79
29.15	1:01.18 (32.03)	1:34.47 (33.29)	2:08.79 (34.32)	
47 Megan Alexander	14	North Shore (Sterling) MA YMC <del>A</del>	2:09.56	2:08.82
29.16	1:01.43 (32.27)	1:34.88 (33.45)	2:08.82 (33.94)	
48 Jessica Weber	17	Greater Flint YMCA	2:12.46	2:08.85
28.89	1:01.15 (32.26)	1:34.36 (33.21)	2:08.85 (34.49)	
49 Meg Powers	17	South Shore Mill Pond YMCA	2:11.60	2:08.92
29.67	1:02.46 (32.79)	1:35.43 (32.97)	2:08.92 (33.49)	
50 Alex Catena	15	Sarasota Family YMCA, Inc	2:11.48	2:08.99
29.69	1:02.23 (32.54)	1:35.43 (33.20)	2:08.99 (33.56)	
51 Marissa Doepker	18	Farmington Family YMCA	2:13.84	2:09.13
28.24	1:00.03 (31.79)	1:34.00 (33.97)	2:09.13 (35.13)	
52 Jasmine Lee	16	Green Bay YMCA Metro	2:08.53	2:09.16
28.28	1:01.27 (32.99)	1:34.52 (33.25)	2:09.16 (34.64)	
53 Megan Gegesky	17	Birmingham Family YMCA	2:10.72	2:09.21
28.92	1:01.47 (32.55)	1:35.18 (33.71)	2:09.21 (34.03)	
54 Molly McSweeney	15	North Shore (Sterling) MA YMC <del>A</del>	2:12.05	2:09.22
28.54	1:01.65 (33.11)	1:35.98 (34.33)	2:09.22 (33.24)	
55 Mary deMarrais	18	Somerset Hills YMCA	2:05.36	2:09.24
28.53	1:00.63 (32.10)	1:34.43 (33.80)	2:09.24 (34.81)	
56 Hannah Lips	12	Middle Tyger YMCA	2:09.26	2:09.60
29.09	1:01.55 (32.46)	1:35.25 (33.70)	2:09.60 (34.35)	
57 Jacque Garcia	16	Sarasota Family YMCA, Inc	2:11.00	2:09.76
29.38	1:01.83 (32.45)	1:35.31 (33.48)	2:09.76 (34.45)	
58 Amy Needham	16	North Shore (Sterling) MA YMC <del>A</del>	2:11.90	2:09.85
28.80	1:01.03 (32.23)	1:34.80 (33.77)	2:09.85 (35.05)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
59 Chloe Conjares	16	Wyckoff Family YMCA Inc	2:08.10	2:10.18
28.81	1:01.29 (32.48)	1:35.44 (34.15)	2:10.18 (34.74)	
60 Jazzi Cooper	14	Wilton Family YMCA	2:13.25	2:10.35
29.34	1:02.37 (33.03)	1:36.22 (33.85)	2:10.35 (34.13)	
*61 Kirsten Guelly	17	Flushing YMCA	2:12.41	2:10.40
28.52	1:01.32 (32.80)	1:35.35 (34.03)	2:10.40 (35.05)	
*61 Jenn Abbott	17	Wilton Family YMCA	2:10.56	2:10.40
28.78	1:01.60 (32.82)	1:35.23 (33.63)	2:10.40 (35.17)	
63 Stephanie Hughes	18	Triangle Area YMCA	2:13.13	2:10.56
29.67	1:03.15 (33.48)	1:37.28 (34.13)	2:10.56 (33.28)	
64 Desirae Deveaux	18	North Shore (Sterling) MA YMCA	2:14.04	2:10.59
29.51	1:02.77 (33.26)	1:36.79 (34.02)	2:10.59 (33.80)	
65 Lauren Keenan	15	Upper Main Line YMCA	2:12.00	2:10.66
29.94	1:03.57 (33.63)	1:37.30 (33.73)	2:10.66 (33.36)	
66 Anna Schena	17	Birmingham Family YMCA	2:10.44	2:10.80
28.37	1:00.36 (31.99)	1:35.23 (34.87)	2:10.80 (35.57)	
67 Charlotte Wilhelm	14	Sarasota Family YMCA, Inc	2:13.48	2:10.88
29.37	1:02.71 (33.34)	1:36.34 (33.63)	2:10.88 (34.54)	
68 Madeline Bowe	18	Piedmont Family YMCA Inc.	2:11.34	2:10.95
28.93	1:01.91 (32.98)	1:36.26 (34.35)	2:10.95 (34.69)	
69 Courtney Weaver	13	Greater Flint YMCA	2:12.42	2:10.96
28.93	1:02.53 (33.60)	1:36.82 (34.29)	2:10.96 (34.14)	
70 Brodde Lamb	15	Piedmont Family YMCA Inc.	2:10.86	2:10.99
28.04	1:00.82 (32.78)	1:35.08 (34.26)	2:10.99 (35.91)	
71 Anna Ratana	17	Winston Salem YMCA	2:10.34	2:11.02
27.90	59.81 (31.91)	1:34.44 (34.63)	2:11.02 (36.58)	
*72 Christina Daquila	18	Somerset Hills YMCA	2:11.10	2:11.14
29.52	1:02.16 (32.64)	1:36.00 (33.84)	2:11.14 (35.14)	
*72 Katie Hommes	17	Wyckoff Family YMCA Inc	2:11.03	2:11.14
29.19	1:02.31 (33.12)	1:36.56 (34.25)	2:11.14 (34.58)	
74 Chantel Ferguson	17	Spokane YMCA	2:13.92	2:11.36
29.46	1:01.70 (32.24)	1:35.65 (33.95)	2:11.36 (35.71)	
*75 Allie Dye	16	Middle Tyger YMCA	2:12.23	2:11.61
28.77	1:01.64 (32.87)	1:36.08 (34.44)	2:11.61 (35.53)	
*75 Kelly Markwell	17	Red Bank Branch	2:09.01	2:11.61
28.73	1:01.12 (32.39)	1:35.74 (34.62)	2:11.61 (35.87)	
*77 Hannah Pugh	16	Macomb Family YMCA	2:11.46	2:11.75
29.58	1:03.05 (33.47)	1:36.88 (33.83)	2:11.75 (34.87)	
*77 Casey Earnest	18	Middle Tyger YMCA	2:11.22	2:11.75
29.14	1:01.83 (32.69)	1:36.15 (34.32)	2:11.75 (35.60)	
79 Kathryn Bromback	17	Morris Center YMCA	2:11.71	2:11.85
28.54	1:01.23 (32.69)	1:36.20 (34.97)	2:11.85 (35.65)	
80 Jennifer Tavares	14	Cheshire YMCA	2:13.74	2:11.90
29.40	1:03.12 (33.72)	1:37.47 (34.35)	2:11.90 (34.43)	
81 Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	2:14.10	2:12.29
29.48	1:02.91 (33.43)	1:37.08 (34.17)	2:12.29 (35.21)	
82 Tommie Dillione	13	Tri-Hampton Family Branch YMC	2:13.01	2:12.37
29.08	1:02.66 (33.58)	1:37.40 (34.74)	2:12.37 (34.97)	
83 Allie Skaperdas	15	New Canaan Community YMCA	2:12.62	2:12.40
28.71	1:02.49 (33.78)	1:37.03 (34.54)	2:12.40 (35.37)	
*84 Elizabeth Malone	15	Springfield Family YMCA	2:09.12	2:12.45
29.01	1:01.66 (32.65)	1:36.48 (34.82)	2:12.45 (35.97)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*84	Sam Vandyke	17	Countryside Ralph Stolle YMCA.	2:10.21	2:12.45
	30.09	1:03.38 (33.29)	1:37.61 (34.23)	2:12.45 (34.84)	
86	Heather Librizzi	17	Western Connecticut YMCA	2:12.36	2:12.50
	28.39	1:00.31 (31.92)	1:35.40 (35.09)	2:12.50 (37.10)	
87	Anna Blair Bullock	15	Winston Salem YMCA	2:13.13	2:12.61
	29.77	1:03.54 (33.77)	1:38.21 (34.67)	2:12.61 (34.40)	
88	Katherine Crain	17	Huntington WV YMCA	2:12.83	2:12.65
	29.54	1:02.64 (33.10)	1:37.28 (34.64)	2:12.65 (35.37)	
89	Kaley Wittrock	18	Jefferson City Area YMCA	2:13.69	2:12.83
	29.65	1:03.39 (33.74)	1:38.32 (34.93)	2:12.83 (34.51)	
90	Dayna Nellis	18	Green Bay YMCA Metro	2:11.37	2:12.88
	28.37	1:01.34 (32.97)	1:36.74 (35.40)	2:12.88 (36.14)	
91	Emily Miles	16	West Morris YMCA	2:12.43	2:13.05
	28.63	1:01.99 (33.36)	1:36.94 (34.95)	2:13.05 (36.11)	
92	Alison Simon	18	Greensboro YMCA	2:11.71	2:13.30
	29.78	1:02.98 (33.20)	1:37.98 (35.00)	2:13.30 (35.32)	
93	Christen Cherry	16	Lakeland Hills Family YMCA	2:12.75	2:13.45
	28.99	1:02.27 (33.28)	1:37.60 (35.33)	2:13.45 (35.85)	
94	Carly Whitmer	14	Westfield YMCA	2:11.67	2:13.72
	29.08	1:04.60 (35.52)	1:38.74 (34.14)	2:13.72 (34.98)	
95	Kaitlyn McKenna	16	Sanford-Springvale YMCA	2:13.24	2:13.79
	29.19	1:02.58 (33.39)	1:38.30 (35.72)	2:13.79 (35.49)	
96	Alyssa Petruzzello	17	Champaign County YMCA	2:09.83	2:13.94
	28.53	1:01.71 (33.18)	1:37.17 (35.46)	2:13.94 (36.77)	
97	Katie Shoemaker	15	Columbia Northwest Family YMC	2:13.42	2:14.10
	29.47	1:02.64 (33.17)	1:37.50 (34.86)	2:14.10 (36.60)	
*98	Christina Provenza	17	Anne Arundel County YMCA	2:11.92	2:14.14
	28.38	1:00.64 (32.26)	1:36.14 (35.50)	2:14.14 (38.00)	
*98	Kimberly Kaller	17	Somerset Hills YMCA	2:12.84	2:14.14
	29.08	1:02.71 (33.63)	1:38.45 (35.74)	2:14.14 (35.69)	
100	Caroline Roos	17	Schroeder YMCA	2:13.35	2:14.17
	29.21	1:02.36 (33.15)	1:37.55 (35.19)	2:14.17 (36.62)	
*101	Danielle Albright	14	Tampa Metro YMCA	2:13.89	2:14.18
	29.00	1:01.87 (32.87)	1:36.82 (34.95)	2:14.18 (37.36)	
*101	Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMC	2:14.03	2:14.18
	29.31	1:02.68 (33.37)	1:37.25 (34.57)	2:14.18 (36.93)	
103	Caroline Brennan	16	Somerset Hills YMCA	2:13.61	2:14.19
	29.62	1:03.41 (33.79)	1:38.39 (34.98)	2:14.19 (35.80)	
104	Shannon Mulcahy	16	York And York County YMCA	2:13.74	2:14.22
	30.10	1:03.15 (33.05)	1:38.19 (35.04)	2:14.22 (36.03)	
105	Emily Schroeder	12	Hamilton Area NJ YMCA	2:12.45	2:14.28
	29.77	1:03.81 (34.04)	1:39.48 (35.67)	2:14.28 (34.80)	
106	Molly Higgins	17	Lakeland Hills Family YMCA	2:09.66	2:14.64
	28.33	1:01.52 (33.19)	1:36.98 (35.46)	2:14.64 (37.66)	
107	Isabelle Cecere	13	Somerset Hills YMCA	2:14.14	2:14.81
	30.36	1:04.87 (34.51)	1:40.25 (35.38)	2:14.81 (34.56)	
108	Stephanie Ross	14	Western Monmouth Co. YMCA	2:13.95	2:15.19
	29.44	1:03.27 (33.83)	1:38.63 (35.36)	2:15.19 (36.56)	
109	Amanda Wachenfeld	16	Somerset Hills YMCA	2:12.29	2:15.32
	29.97	1:04.00 (34.03)	1:39.15 (35.15)	2:15.32 (36.17)	
110	Rachel Cortright	15	Ridgewood NJ YMCA	2:11.38	2:15.41
	28.81	1:01.76 (32.95)	1:37.51 (35.75)	2:15.41 (37.90)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Butterfly Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
111 Caitlyn Scheirer	17	Greater Peoria Family YMCA	2:13.01	2:15.49
30.29	1:03.81 (33.52)	1:38.74 (34.93)	2:15.49 (36.75)	
112 Abby Stone	12	The Licking County Family YMC	2:13.33	2:15.51
28.73	1:02.17 (33.44)	1:38.54 (36.37)	2:15.51 (36.97)	
113 Kristin Crawford	14	Triangle Area YMCA	2:29.95L	2:15.79
29.61	1:03.67 (34.06)	1:39.32 (35.65)	2:15.79 (36.47)	
114 Kara Millaci	16	Hunterdon County YMCA	2:13.48	2:15.88
28.79	1:02.48 (33.69)	1:39.10 (36.62)	2:15.88 (36.78)	
115 Madi Ralston	16	Rowan County YMCA	2:13.30	2:15.96
30.20	1:03.86 (33.66)	1:38.84 (34.98)	2:15.96 (37.12)	
116 Christina Santomauro	16	Somerset Valley YMCA	2:12.09	2:15.99
29.13	1:03.55 (34.42)	1:38.78 (35.23)	2:15.99 (37.21)	
117 Gen Spittler	18	B.R. Ryall (Northwestern Dupag	2:12.80	2:16.21
30.05	1:03.59 (33.54)	1:39.03 (35.44)	2:16.21 (37.18)	
118 Jennifer Hicks	18	M.E. Lyons (Anderson) YMCA	2:13.32	2:16.29
31.25	1:05.72 (34.47)	1:41.18 (35.46)	2:16.29 (35.11)	
119 Grace Counts	15	Powel Crosley Jr. YMCA	2:14.08	2:16.62
30.70	1:05.25 (34.55)	1:40.59 (35.34)	2:16.62 (36.03)	
120 Jacqueline White	16	Ridgewood NJ YMCA	2:10.89	2:16.72
30.05	1:03.85 (33.80)	1:39.65 (35.80)	2:16.72 (37.07)	
121 Hannah Morris	16	Marietta YMCA	2:10.24	2:17.54
28.96	1:03.05 (34.09)	1:39.45 (36.40)	2:17.54 (38.09)	
122 Logan Schumpert	14	Columbia Northwest Family YMC	2:12.83	2:17.61
29.66	1:03.36 (33.70)	1:39.50 (36.14)	2:17.61 (38.11)	
123 Emily Healey	17	Wilton Family YMCA	2:12.61	2:17.66
29.83	1:03.71 (33.88)	1:39.65 (35.94)	2:17.66 (38.01)	
124 Tara Dugan	17	Wilton Family YMCA	2:13.33	2:17.84
30.85	1:05.48 (34.63)	1:41.14 (35.66)	2:17.84 (36.70)	
125 Amanda Distler	16	Wyckoff Family YMCA Inc	2:13.82	2:18.68
29.60	1:03.11 (33.51)	1:40.94 (37.83)	2:18.68 (37.74)	
126 JaLynn Gieseke	16	Hannibal YMCA	2:13.45	2:19.51
29.45	1:03.81 (34.36)	1:41.66 (37.85)	2:19.51 (37.85)	
127 Jennifer Arana	12	Flushing YMCA	2:13.32	2:19.82
30.38	1:05.24 (34.86)	1:42.07 (36.83)	2:19.82 (37.75)	
128 Hannah Newman	14	Champaign County YMCA	2:12.67	2:21.19
29.54	1:04.35 (34.81)	1:41.74 (37.39)	2:21.19 (39.45)	
--- Lisa Zhang	15	Red Bank Branch	2:12.71	DQ
Arms underwater recovery				
28.85	1:01.01 (32.16)	1:34.01 (33.00)	DQ (35.54)	
--- Kylie McKenzie	17	Tri-Hampton Family Branch YMC	2:12.11	DFS
Declared false start				

**Women 200 Yard IM Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Lauren Baisden	17	Phoenixville Branch YMCA	2:09.01	2:08.40
27.58	58.66 (31.08)	1:38.86 (40.20)	2:08.40 (29.54)	
2 Courtney Sepich	17	Burlington County YMCA	2:15.62	2:09.09
25.84	59.04 (33.20)	1:39.24 (40.20)	2:09.09 (29.85)	
3 Kaela Bjornberg	17	Cheshire YMCA	2:13.49	2:09.92
28.28	1:02.02 (33.74)	1:38.73 (36.71)	2:09.92 (31.19)	
4 Alex Hammerberg	18	Triangle Area YMCA	2:13.69	2:10.14
29.40	1:03.32 (33.92)	1:39.13 (35.81)	2:10.14 (31.01)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
5	Katherine Foley	16	North Shore (Sterling) MA YMCA	2:15.04	2:10.30
	28.32	1:00.86 (32.54)	1:40.46 (39.60)	2:10.30 (29.84)	
6	Kate Dillione	16	Tri-Hampton Family Branch YMC	2:12.87	2:10.57
	28.35	1:02.23 (33.88)	1:40.67 (38.44)	2:10.57 (29.90)	
7	Seana Acker	14	Piedmont Family YMCA Inc.	2:14.74	2:11.32
	28.95	1:02.16 (33.21)	1:39.63 (37.47)	2:11.32 (31.69)	
8	Chantel Ferguson	17	Spokane YMCA	2:13.22	2:11.45
	28.49	1:01.99 (33.50)	1:40.51 (38.52)	2:11.45 (30.94)	
9	Lauren Timmerman	17	Darien Community YMCA	2:16.79	2:11.77
	29.23	1:02.70 (33.47)	1:42.75 (40.05)	2:11.77 (29.02)	
10	Morgan Brooks	15	Middle Tyger YMCA	2:16.99	2:11.78
	28.37	1:00.59 (32.22)	1:41.82 (41.23)	2:11.78 (29.96)	
11	Audrey Tolbert	17	Harford County Family YMCA	2:13.50	2:11.83
	29.33	1:02.59 (33.26)	1:41.78 (39.19)	2:11.83 (30.05)	
12	Allie Dye	16	Middle Tyger YMCA	2:17.99	2:12.33
	28.33	1:01.19 (32.86)	1:40.35 (39.16)	2:12.33 (31.98)	
13	Price Kinney	18	Middle Tyger YMCA	2:19.99	2:12.56
	29.76	1:03.10 (33.34)	1:41.04 (37.94)	2:12.56 (31.52)	
14	Colleen McCormack	17	North Shore (Sterling) MA YMCA	2:16.17	2:12.78
	29.01	1:04.48 (35.47)	1:42.20 (37.72)	2:12.78 (30.58)	
15	Allie Skaperdas	15	New Canaan Community YMCA	2:16.50	2:12.87
	27.50	1:01.26 (33.76)	1:42.57 (41.31)	2:12.87 (30.30)	
16	Madison Allen	16	Middle Tyger YMCA	2:15.99	2:12.89
	28.88	1:01.05 (32.17)	1:41.85 (40.80)	2:12.89 (31.04)	
17	Liza Bragg	14	Darien Community YMCA	2:13.29	2:12.97
	28.85	1:00.99 (32.14)	1:41.98 (40.99)	2:12.97 (30.99)	
18	Katey Brooks	18	Ridgewood Branch OH YMCA	2:14.96	2:13.08
	29.05	1:04.41 (35.36)	1:42.56 (38.15)	2:13.08 (30.52)	
19	Rikki Berk	14	Wyckoff Family YMCA Inc	2:13.48	2:13.25
	28.88	1:02.99 (34.11)	1:41.56 (38.57)	2:13.25 (31.69)	
20	Lauren Law	14	Upper Main Line YMCA	2:14.00	2:13.30
	28.72	1:02.58 (33.86)	1:42.58 (40.00)	2:13.30 (30.72)	
21	Samantha Shelley	16	Brandywine -DE YMCA	2:16.34	2:13.31
	29.42	1:04.29 (34.87)	1:41.38 (37.09)	2:13.31 (31.93)	
22	Amanda Gilsey	17	Red Bank Branch	2:13.22	2:13.41
	28.16	1:01.56 (33.40)	1:41.34 (39.78)	2:13.41 (32.07)	
23	Jen Koide	13	West Morris YMCA	2:16.05	2:13.51
	29.90	1:03.75 (33.85)	1:42.46 (38.71)	2:13.51 (31.05)	
24	Tommie Dillione	13	Tri-Hampton Family Branch YMC	2:14.04	2:13.54
	28.71	1:02.16 (33.45)	1:44.07 (41.91)	2:13.54 (29.47)	
25	Stephanie Ross	14	Western Monmouth Co. YMCA	2:13.55	2:13.56
	28.44	1:02.83 (34.39)	1:42.03 (39.20)	2:13.56 (31.53)	
26	Riley Hilbrandt	13	Saginaw YMCA	2:15.00	2:13.58
	30.05	1:03.95 (33.90)	1:41.32 (37.37)	2:13.58 (32.26)	
27	Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	2:14.33	2:13.61
	28.96	1:02.09 (33.13)	1:42.86 (40.77)	2:13.61 (30.75)	
28	Shannon Connors	17	Blue Ash Branch YMCA	2:16.56	2:13.76
	29.32	1:04.41 (35.09)	1:42.82 (38.41)	2:13.76 (30.94)	
29	Jazzi Cooper	14	Wilton Family YMCA	2:17.90	2:13.89
	28.42	1:03.03 (34.61)	1:43.70 (40.67)	2:13.89 (30.19)	
30	Dana Yu	14	Somerset Valley YMCA	2:13.93	2:14.06
	27.94	1:02.10 (34.16)	1:42.73 (40.63)	2:14.06 (31.33)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
31	Kendall Kirsteier	15	Tri-Hampton Family Branch YMC	2:13.82	2:14.10
	27.75	1:02.72 (34.97)	1:43.27 (40.55)	2:14.10 (30.83)	
*32	Megan Lattimer	15	Wilton Family YMCA	2:18.50	2:14.12
	29.34	1:05.56 (36.22)	1:43.01 (37.45)	2:14.12 (31.11)	
*32	Caitlin Nelson	18	Montclair YMCA	2:17.10	2:14.12
	29.56	1:03.65 (34.09)	1:43.29 (39.64)	2:14.12 (30.83)	
34	Lauren Keenan	15	Upper Main Line YMCA	2:16.00	2:14.16
	29.14	1:03.29 (34.15)	1:44.02 (40.73)	2:14.16 (30.14)	
35	Kerry Borbidge	16	Ridley Area YMCA	2:20.69	2:14.17
	29.86	1:04.21 (34.35)	1:42.99 (38.78)	2:14.17 (31.18)	
*36	Calley Murphy	16	Birmingham Family YMCA	2:13.00	2:14.24
	27.46	1:02.36 (34.90)	1:41.65 (39.29)	2:14.24 (32.59)	
*36	Jessica Burkett	13	West Shore YMCA	2:14.90	2:14.24
	30.23	1:04.77 (34.54)	1:43.62 (38.85)	2:14.24 (30.62)	
38	Megan Harris	16	Brandywine YMCA -PA	2:16.06	2:14.25
	29.23	1:04.64 (35.41)	1:42.08 (37.44)	2:14.25 (32.17)	
39	Kayla McAvoy	15	Wyckoff Family YMCA Inc	2:17.42	2:14.33
	29.77	1:04.19 (34.42)	1:42.61 (38.42)	2:14.33 (31.72)	
40	Garrison Stevens	17	Rowan County YMCA	2:19.50	2:14.34
	31.12	1:06.53 (35.41)	1:43.88 (37.35)	2:14.34 (30.46)	
41	Jenna Immormino	15	Somerset Hills YMCA	2:16.00	2:14.46
	28.16	1:02.67 (34.51)	1:43.22 (40.55)	2:14.46 (31.24)	
42	Maggie Dillione	17	Tri-Hampton Family Branch YMC	2:18.31	2:14.66
	28.70	1:03.52 (34.82)	1:44.55 (41.03)	2:14.66 (30.11)	
43	Katie Hallenbeck	16	Kishwaukee Family YMCA	2:16.93	2:14.69
	28.21	1:02.20 (33.99)	1:43.92 (41.72)	2:14.69 (30.77)	
*44	Amanda Steinfeld	15	Cheshire YMCA	2:13.99	2:14.70
	29.58	1:02.74 (33.16)	1:42.98 (40.24)	2:14.70 (31.72)	
*44	Amanda Wachenfeld	16	Somerset Hills YMCA	2:18.60	2:14.70
	29.03	1:03.18 (34.15)	1:43.30 (40.12)	2:14.70 (31.40)	
46	Kelly Caggainello	17	Wilton Family YMCA	2:16.55	2:14.75
	28.81	1:04.51 (35.70)	1:43.31 (38.80)	2:14.75 (31.44)	
47	Monica Sullivan	17	New Canaan Community YMCA	2:19.50	2:14.77
	27.95	1:02.74 (34.79)	1:41.96 (39.22)	2:14.77 (32.81)	
48	Colleen O'Neil	14	South Shore Mill Pond YMCA	2:13.70	2:14.82
	29.30	1:02.13 (32.83)	1:42.58 (40.45)	2:14.82 (32.24)	
49	Bridget Riley	17	Bismarck YMCA	2:16.40	2:14.90
	29.30	1:04.78 (35.48)	1:43.87 (39.09)	2:14.90 (31.03)	
50	Rebecca Heffernan	16	Lakeland Hills Family YMCA	2:15.40	2:14.93
	29.01	1:03.90 (34.89)	1:42.59 (38.69)	2:14.93 (32.34)	
51	Heidi Nichols	17	Columbia Northwest Family YMC	2:14.87	2:14.94
	29.57	1:03.56 (33.99)	1:42.33 (38.77)	2:14.94 (32.61)	
52	Jaina Lumkong	16	West Morris YMCA	2:14.08	2:14.95
	28.16	1:02.70 (34.54)	1:44.20 (41.50)	2:14.95 (30.75)	
53	Erin Seiler	15	Upper Main Line YMCA	2:17.83	2:14.98
	29.22	1:04.13 (34.91)	1:42.88 (38.75)	2:14.98 (32.10)	
54	Clara Wynn	17	Greensboro YMCA	2:14.50	2:15.15
	30.47	1:05.23 (34.76)	1:44.70 (39.47)	2:15.15 (30.45)	
55	Melissa Merwin	15	Downtown Youth Center YMCA	2:20.91	2:15.19
	29.64	1:05.97 (36.33)	1:43.63 (37.66)	2:15.19 (31.56)	
56	Julia Wisler	15	Phoenixville Branch YMCA	2:21.18	2:15.30
	28.79	1:01.95 (33.16)	1:44.53 (42.58)	2:15.30 (30.77)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
57	Casey Earnest	18	Middle Tyger YMCA	2:16.99	2:15.44
	28.62	1:03.30 (34.68)	1:44.07 (40.77)	2:15.44 (31.37)	
58	Rachael Theiler	14	Powel Crosley Jr. YMCA	2:18.99	2:15.71
	29.85	1:05.17 (35.32)	1:44.06 (38.89)	2:15.71 (31.65)	
59	Anna Strzempko	14	Greater Holyoke YMCA	2:19.94	2:15.82
	29.80	1:03.64 (33.84)	1:46.55 (42.91)	2:15.82 (29.27)	
60	Annie Carter	18	Brandywine -DE YMCA	2:17.89	2:15.83
	29.51	1:03.95 (34.44)	1:44.85 (40.90)	2:15.83 (30.98)	
*61	Tara O'Prey	14	Ridley Area YMCA	2:20.62	2:15.86
	28.72	1:04.43 (35.71)	1:44.31 (39.88)	2:15.86 (31.55)	
*61	Maddie Eyolfson	14	Boise YMCA	2:18.20	2:15.86
	30.66	1:07.54 (36.88)	1:44.43 (36.89)	2:15.86 (31.43)	
63	Emily Tsang	14	Lakeland Hills Family YMCA	2:15.19	2:15.96
	29.45	1:04.56 (35.11)	1:43.56 (39.00)	2:15.96 (32.40)	
64	Megan Bock	17	Red Bank Branch	2:16.38	2:16.00
	29.52	1:05.13 (35.61)	1:44.10 (38.97)	2:16.00 (31.90)	
65	Rebekah Baker	15	Sarasota Family YMCA, Inc	2:14.33	2:16.02
	28.47	1:03.66 (35.19)	1:44.33 (40.67)	2:16.02 (31.69)	
66	Courtney Fisk	15	Red River Valley YMCA	2:16.90	2:16.14
	29.65	1:05.78 (36.13)	1:44.25 (38.47)	2:16.14 (31.89)	
67	Meredith Smith	16	Westfield YMCA	2:16.99	2:16.25
	29.67	1:04.38 (34.71)	1:45.67 (41.29)	2:16.25 (30.58)	
*68	Bernadette Byrne	16	South Shore Mill Pond YMCA	2:17.83	2:16.26
	29.24	1:04.15 (34.91)	1:45.87 (41.72)	2:16.26 (30.39)	
*68	Wendy Liu	16	Somerset Valley YMCA	2:13.62	2:16.26
	28.90	1:03.16 (34.26)	1:44.55 (41.39)	2:16.26 (31.71)	
70	Laura Stephens	15	Kennett Area YMCA	2:14.76	2:16.35
	29.73	1:06.55 (36.82)	1:44.76 (38.21)	2:16.35 (31.59)	
71	Allison Witt	17	La Crosse Area Family YMCA	2:15.89	2:16.40
	28.96	1:04.45 (35.49)	1:44.28 (39.83)	2:16.40 (32.12)	
72	Catherine Patrell	17	Cheshire YMCA	2:18.81	2:16.45
	29.15	1:02.80 (33.65)	1:45.28 (42.48)	2:16.45 (31.17)	
73	Madi Ralston	16	Rowan County YMCA	2:19.50	2:16.46
	28.98	1:02.34 (33.36)	1:44.82 (42.48)	2:16.46 (31.64)	
74	Kylie Reiter	15	Reading and Berks County YMCA	2:15.27	2:16.66
	30.04	1:06.77 (36.73)	1:45.02 (38.25)	2:16.66 (31.64)	
75	Shannon Slate	15	Red Bank Branch	2:20.71	2:16.67
	29.82	1:05.12 (35.30)	1:43.60 (38.48)	2:16.67 (33.07)	
76	Elise Prayson	15	South Family YMCA-Kettering	2:16.28	2:16.80
	30.66	1:04.97 (34.31)	1:44.47 (39.50)	2:16.80 (32.33)	
77	Adelyn Graf	14	New Canaan Community YMCA	2:19.00	2:16.84
	29.43	1:01.92 (32.49)	1:45.22 (43.30)	2:16.84 (31.62)	
78	Maeve O'Leary	16	Montclair YMCA	2:20.28	2:16.87
	29.57	1:05.05 (35.48)	1:43.90 (38.85)	2:16.87 (32.97)	
79	Christina Santomauro	16	Somerset Valley YMCA	2:13.68	2:16.93
	28.11	1:01.67 (33.56)	1:45.28 (43.61)	2:16.93 (31.65)	
80	Greta Leberfingher	15	Somerset Hills YMCA	2:16.75	2:17.11
	29.92	1:05.64 (35.72)	1:44.14 (38.50)	2:17.11 (32.97)	
81	Aubrey Miller	16	Boyertown Area YMCA	2:15.36	2:17.37
	29.50	1:03.53 (34.03)	1:43.92 (40.39)	2:17.37 (33.45)	
82	Brielle Caucino	17	Red Bank Branch	2:19.01	2:17.51
	30.23	1:06.16 (35.93)	1:45.06 (38.90)	2:17.51 (32.45)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
83	Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMCA	2:20.42	2:17.53
	28.62	1:03.72 (35.10)	1:44.76 (41.04)	2:17.53 (32.77)	
84	Christel Murray	15	Red Bank Branch	2:16.22	2:17.64
	28.45	1:03.98 (35.53)	1:43.93 (39.95)	2:17.64 (33.71)	
85	Carrigan Eckels	13	West Shore YMCA	2:15.66	2:17.65
	30.44	1:06.02 (35.58)	1:46.81 (40.79)	2:17.65 (30.84)	
86	Grace Kaminer	17	Riverfront Branch YMCA	2:18.83	2:17.68
	29.70	1:05.27 (35.57)	1:44.78 (39.51)	2:17.68 (32.90)	
87	Kelly Markwell	17	Red Bank Branch	2:15.91	2:17.87
	27.40	1:02.23 (34.83)	1:45.27 (43.04)	2:17.87 (32.60)	
88	Jane Kim	18	Flushing YMCA	2:16.73	2:18.03
	30.56	1:06.53 (35.97)	1:45.36 (38.83)	2:18.03 (32.67)	
*89	Jackie Parker	14	Somerset Valley YMCA	2:21.21	2:18.09
	29.25	1:03.17 (33.92)	1:45.61 (42.44)	2:18.09 (32.48)	
*89	Katie Gillespie	15	Riverfront Branch YMCA	2:20.73	2:18.09
	29.80	1:03.06 (33.26)	1:45.70 (42.64)	2:18.09 (32.39)	
91	Brooke Lacey	17	New Canaan Community YMCA	2:19.50	2:18.50
	30.48	1:09.09 (38.61)	1:45.65 (36.56)	2:18.50 (32.85)	
92	Alison Simon	18	Greensboro YMCA	2:19.01	2:18.61
	28.92	1:04.33 (35.41)	1:46.93 (42.60)	2:18.61 (31.68)	
93	Colleen Joorfetz	16	B.R. Ryall (Northwestern Dupag	2:17.34	2:18.66
	30.17	1:05.68 (35.51)	1:46.03 (40.35)	2:18.66 (32.63)	
94	Haley Heydt	15	Boyertown Area YMCA	2:19.00	2:18.71
	30.62	1:07.54 (36.92)	1:46.93 (39.39)	2:18.71 (31.78)	
95	Trinity Whitney	17	Eau Claire Wisconsin YMCA	2:14.60	2:18.74
	29.01	1:04.63 (35.62)	1:46.29 (41.66)	2:18.74 (32.45)	
96	Caitlyn Scheirer	17	Greater Peoria Family YMCA	2:14.55	2:18.83
	29.47	1:04.26 (34.79)	1:45.85 (41.59)	2:18.83 (32.98)	
97	Heather Thole	16	Madison West YMCA	2:15.07	2:19.01
	29.96	1:05.86 (35.90)	1:45.87 (40.01)	2:19.01 (33.14)	
98	Hannah Larson	17	Western North Carolina YMCA	2:20.00	2:19.85
	29.93	1:05.77 (35.84)	1:46.03 (40.26)	2:19.85 (33.82)	
99	Jamie Redlawsk	17	Eastside Family Branch YMCA	2:22.38	2:19.92
	29.58	1:05.57 (35.99)	1:47.46 (41.89)	2:19.92 (32.46)	
100	Deirdre Esposito	15	Morris Center YMCA	2:24.11	2:19.97
	29.75	1:06.08 (36.33)	1:46.59 (40.51)	2:19.97 (33.38)	
101	Claudia DiCapua	14	New Canaan Community YMCA	2:21.00	2:20.16
	29.78	1:07.02 (37.24)	1:46.24 (39.22)	2:20.16 (33.92)	
102	Emily Gwynn	14	Canandaigua YMCA	2:18.47	2:20.79
	30.87	1:07.93 (37.06)	1:46.89 (38.96)	2:20.79 (33.90)	
103	Katie Flannigan	17	Pottstown YMCA	2:24.17	2:21.72
	29.92	1:06.57 (36.65)	1:49.49 (42.92)	2:21.72 (32.23)	
104	Nina Lisella	16	Boyertown Area YMCA	2:21.14	2:21.79
	28.97	1:06.02 (37.05)	1:49.01 (42.99)	2:21.79 (32.78)	
105	Alex Zimmerman	17	Phoenixville Branch YMCA	2:25.00	2:22.12
	30.37	1:07.71 (37.34)	1:48.78 (41.07)	2:22.12 (33.34)	
106	Hillary Johnson	17	Eau Claire Wisconsin YMCA	2:20.00	2:22.21
	30.27	1:07.46 (37.19)	1:47.42 (39.96)	2:22.21 (34.79)	
107	Tara Dugan	17	Wilton Family YMCA	2:17.90	2:22.77
	30.13	1:07.18 (37.05)	1:48.96 (41.78)	2:22.77 (33.81)	
108	Megan Aitro	15	Cheshire YMCA	2:22.51	2:23.32
	31.64	1:08.46 (36.82)	1:49.63 (41.17)	2:23.32 (33.69)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 200 Yard IM Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
109 Emma Werkiser	14	Kennett Area YMCA	NT	2:25.65
31.11	1:08.17 (37.06)	1:51.40 (43.23)	2:25.65 (34.25)	
110 Kelsey Theriault	17	Gloucester County YMCA	2:18.99	2:25.66
30.90	1:08.54 (37.64)	1:51.76 (43.22)	2:25.66 (33.90)	
111 Jill Georgen	14	Fox Cities YMCA	2:22.74	2:30.09
32.90	1:10.73 (37.83)	1:53.49 (42.76)	2:30.09 (36.60)	
--- Nikki Barczak	15	Birmingham Family YMCA	2:05.57	NS

**Women 200 Yard IM Swimming Competition**National: **2:00.23** \* 4/14/2003 **Brittany Johnson**

Winston-Salem-

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	2:02.09	2:00.26
26.75	56.63 (29.88)	1:31.94 (35.31)	2:00.26 (28.32)	
2 Brittney Kuras	18	Canandaigua YMCA	2:03.82	2:02.13
27.19	59.20 (32.01)	1:34.14 (34.94)	2:02.13 (27.99)	
3 Sada Stewart	15	York And York County YMCA	2:03.60	2:02.39
26.59	56.62 (30.03)	1:33.81 (37.19)	2:02.39 (28.58)	
4 Susanna White	15	Lynchburg YMCA	2:04.78	2:03.01
26.74	58.71 (31.97)	1:35.21 (36.50)	2:03.01 (27.80)	
5 Addie Carne	18	Middle Tyger YMCA	2:03.04	2:03.43
26.44	58.03 (31.59)	1:34.92 (36.89)	2:03.43 (28.51)	
6 Laura Johnson	18	Montgomery -East Branch YMCA	2:03.55	2:03.78
27.11	58.76 (31.65)	1:33.94 (35.18)	2:03.78 (29.84)	
7 Annie Gillig	14	Middle Tyger YMCA	2:04.73	2:04.86
27.51	58.50 (30.99)	1:36.11 (37.61)	2:04.86 (28.75)	
8 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:03.49	2:06.23
27.57	57.56 (29.99)	1:36.17 (38.61)	2:06.23 (30.06)	
<b>B - Final</b>				
9 Laura Gorinski	18	Greensburg YMCA	2:06.30	2:04.47
28.22	1:00.45 (32.23)	1:35.50 (35.05)	2:04.47 (28.97)	
10 KC Moss	14	Wilton Family YMCA	2:06.64	2:05.58
27.70	1:00.00 (32.30)	1:35.28 (35.28)	2:05.58 (30.30)	
11 Stephanie Ferrell	16	Montclair YMCA	2:05.13	2:05.89
27.92	59.54 (31.62)	1:35.75 (36.21)	2:05.89 (30.14)	
12 Kim Jerome	16	Cheshire YMCA	2:06.31	2:06.12
27.98	1:00.94 (32.96)	1:35.85 (34.91)	2:06.12 (30.27)	
*13 Nicole Osman	16	Western Branch YMCA	2:05.73	2:06.64
27.25	1:00.05 (32.80)	1:36.39 (36.34)	2:06.64 (30.25)	
*13 Lauren Raczkowski	17	Middle Tyger YMCA	2:06.46	2:06.64
27.84	58.96 (31.12)	1:36.82 (37.86)	2:06.64 (29.82)	
15 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:06.13	2:07.02
28.14	58.88 (30.74)	1:37.62 (38.74)	2:07.02 (29.40)	
16 Ashley Reid	15	Sarasota Family YMCA, Inc	2:06.46	2:07.09
28.74	1:00.61 (31.87)	1:37.55 (36.94)	2:07.09 (29.54)	
<b>C - Final</b>				
17 Diana Diel	17	Pabst Farms YMCA	2:06.82	2:06.31
27.50	59.50 (32.00)	1:36.75 (37.25)	2:06.31 (29.56)	
18 McKayla Lightbourn	16	Sarasota Family YMCA, Inc	2:07.09	2:06.39
27.59	59.02 (31.43)	1:36.79 (37.77)	2:06.39 (29.60)	
19 Morgan Pfaff	15	West Shore YMCA	2:06.87	2:06.42
27.96	59.75 (31.79)	1:37.07 (37.32)	2:06.42 (29.35)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**C - Final ... (Women 200 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
20 Rachel Revolinski	16	Oshkosh Community YMCA	2:07.09	2:06.52
28.16	1:00.91 (32.75)	1:37.11 (36.20)	2:06.52 (29.41)	
21 Emily Schon	17	Upper Main Line YMCA	2:07.04	2:06.88
29.11	1:02.87 (33.76)	1:36.59 (33.72)	2:06.88 (30.29)	
22 Marissa Murphy	17	Rapid Area YMCA - MI	2:07.08	2:07.86
27.09	59.60 (32.51)	1:37.68 (38.08)	2:07.86 (30.18)	
23 Laura Krueger	17	Powel Crosley Jr. YMCA	2:07.31	2:08.89
27.71	1:01.20 (33.49)	1:39.30 (38.10)	2:08.89 (29.59)	
24 Julia Kucherich	17	York And York County YMCA	2:06.87	2:09.61
28.54	1:00.73 (32.19)	1:39.42 (38.69)	2:09.61 (30.19)	

**Women 200 Yard IM Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	2:02.19	2:02.09
27.19	57.50 (30.31)	1:33.42 (35.92)	2:02.09 (28.67)	
2 Addie Carne	18	Middle Tyger YMCA	2:05.80	2:03.04
26.06	57.81 (31.75)	1:34.36 (36.55)	2:03.04 (28.68)	
3 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:02.72	2:03.49
27.68	57.86 (30.18)	1:34.80 (36.94)	2:03.49 (28.69)	
4 Laura Johnson	18	Montgomery -East Branch YMCA	2:03.93	2:03.55
27.14	58.52 (31.38)	1:33.61 (35.09)	2:03.55 (29.94)	
5 Sada Stewart	15	York And York County YMCA	2:04.42	2:03.60
26.76	57.43 (30.67)	1:34.51 (37.08)	2:03.60 (29.09)	
6 Brittney Kuras	18	Canandaigua YMCA	2:05.35	2:03.82
27.44	59.66 (32.22)	1:35.27 (35.61)	2:03.82 (28.55)	
7 Annie Gillig	14	Middle Tyger YMCA	2:06.76	2:04.73
27.37	58.43 (31.06)	1:36.02 (37.59)	2:04.73 (28.71)	
8 Susanna White	15	Lynchburg YMCA	2:05.50	2:04.78
27.15	59.74 (32.59)	1:36.68 (36.94)	2:04.78 (28.10)	
9 Stephanie Ferrell	16	Montclair YMCA	2:06.96	2:05.13
28.09	59.89 (31.80)	1:35.28 (35.39)	2:05.13 (29.85)	
10 Nicole Osman	16	Western Branch YMCA	2:06.45	2:05.73
27.04	59.26 (32.22)	1:35.77 (36.51)	2:05.73 (29.96)	
11 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:08.82	2:06.13
27.53	58.20 (30.67)	1:36.80 (38.60)	2:06.13 (29.33)	
12 Laura Gorinski	18	Greensburg YMCA	2:05.19	2:06.30
28.00	1:01.16 (33.16)	1:36.57 (35.41)	2:06.30 (29.73)	
13 Kim Jerome	16	Cheshire YMCA	2:07.21	2:06.31
28.22	1:01.09 (32.87)	1:35.77 (34.68)	2:06.31 (30.54)	
*14 Ashley Reid	15	Sarasota Family YMCA, Inc	2:09.29	2:06.46
28.37	59.50 (31.13)	1:36.75 (37.25)	2:06.46 (29.71)	
*14 Lauren Raczkowski	17	Middle Tyger YMCA	2:07.33	2:06.46
28.08	59.37 (31.29)	1:37.27 (37.90)	2:06.46 (29.19)	
16 KC Moss	14	Wilton Family YMCA	2:08.79	2:06.64
27.48	1:00.00 (32.52)	1:35.80 (35.80)	2:06.64 (30.84)	
17 Diana Diel	17	Pabst Farms YMCA	2:05.16	2:06.82
26.68	57.94 (31.26)	1:36.51 (38.57)	2:06.82 (30.31)	
*18 Morgan Pfaff	15	West Shore YMCA	2:06.08	2:06.87
27.61	59.50 (31.89)	1:37.12 (37.62)	2:06.87 (29.75)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*18	Julia Kucherich	17	York And York County YMCA	2:06.72	2:06.87
	28.49	1:00.82 (32.33)	1:38.29 (37.47)	2:06.87 (28.58)	
20	Emily Schon	17	Upper Main Line YMCA	2:06.62	2:07.04
	28.66	1:02.81 (34.15)	1:36.75 (33.94)	2:07.04 (30.29)	
21	Marissa Murphy	17	Rapid Area YMCA - MI	2:06.02	2:07.08
	26.15	57.72 (31.57)	1:36.02 (38.30)	2:07.08 (31.06)	
*22	McKayla Lightbourn	16	Sarasota Family YMCA, Inc	2:03.78	2:07.09
	27.30	58.82 (31.52)	1:36.59 (37.77)	2:07.09 (30.50)	
*22	Rachel Revolinski	16	Oshkosh Community YMCA	2:06.13	2:07.09
	27.73	1:00.23 (32.50)	1:36.93 (36.70)	2:07.09 (30.16)	
24	Laura Krueger	17	Powel Crosley Jr. YMCA	2:05.43	2:07.31
	27.59	1:01.29 (33.70)	1:38.20 (36.91)	2:07.31 (29.11)	
25	Hayley Tomlinson	15	Triangle Area YMCA	2:11.85	2:07.36
	27.81	1:00.07 (32.26)	1:37.71 (37.64)	2:07.36 (29.65)	
26	Sadie Nennig	16	Schroeder YMCA	2:08.81	2:07.46
	28.22	59.57 (31.35)	1:36.84 (37.27)	2:07.46 (30.62)	
27	Lisa Zhang	15	Red Bank Branch	2:08.81	2:07.52
	26.91	58.48 (31.57)	1:37.50 (39.02)	2:07.52 (30.02)	
28	Caroline Fore	17	Middle Tyger YMCA	2:08.24	2:07.59
	28.83	1:02.24 (33.41)	1:36.60 (34.36)	2:07.59 (30.99)	
29	Lori Lynn	15	Edwardsville YMCA	2:10.14	2:07.61
	27.26	58.55 (31.29)	1:36.68 (38.13)	2:07.61 (30.93)	
30	Meriza Werenski	13	Greater Holyoke YMCA	2:07.61	2:08.03
	28.05	1:00.79 (32.74)	1:37.64 (36.85)	2:08.03 (30.39)	
31	Shannon Ahearn	15	Wilton Family YMCA	2:10.54	2:08.05
	28.32	1:00.43 (32.11)	1:37.18 (36.75)	2:08.05 (30.87)	
32	Brodde Lamb	15	Piedmont Family YMCA Inc.	2:09.52	2:08.09
	26.71	58.78 (32.07)	1:36.58 (37.80)	2:08.09 (31.51)	
33	Madeline Barlow	18	Tri-Hampton Family Branch YMC	2:12.92	2:08.15
	27.14	58.45 (31.31)	1:36.65 (38.20)	2:08.15 (31.50)	
34	Jenn Abbott	17	Wilton Family YMCA	2:09.63	2:08.25
	27.99	1:01.02 (33.03)	1:37.46 (36.44)	2:08.25 (30.79)	
35	Hannah Lips	12	Middle Tyger YMCA	2:10.95	2:08.42
	28.68	1:00.31 (31.63)	1:38.64 (38.33)	2:08.42 (29.78)	
36	Kelly Heyde	18	Wilton Family YMCA	2:08.87	2:08.47
	27.78	1:00.16 (32.38)	1:38.18 (38.02)	2:08.47 (30.29)	
37	Erica Lynn	18	Edwardsville YMCA	2:07.86	2:08.48
	27.83	1:01.98 (34.15)	1:37.67 (35.69)	2:08.48 (30.81)	
38	Jenni Roberts	16	Sanford-Springvale YMCA	2:08.89	2:08.54
	27.84	59.31 (31.47)	1:38.98 (39.67)	2:08.54 (29.56)	
39	Abbey Tuchscherer	17	Oshkosh Community YMCA	2:09.50	2:08.64
	26.82	1:00.09 (33.27)	1:38.80 (38.71)	2:08.64 (29.84)	
40	Kendall Crawford	14	Middle Tyger YMCA	2:12.98	2:08.69
	27.40	58.92 (31.52)	1:37.80 (38.88)	2:08.69 (30.89)	
41	Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	2:07.90	2:08.93
	28.72	1:01.84 (33.12)	1:38.69 (36.85)	2:08.93 (30.24)	
42	Kate Woolbright	16	Orlando YMCA	2:07.72	2:08.95
	27.97	1:01.37 (33.40)	1:39.34 (37.97)	2:08.95 (29.61)	
*43	Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	2:10.09	2:08.96
	28.78	1:02.97 (34.19)	1:39.16 (36.19)	2:08.96 (29.80)	
*43	Katherine O'Leary	18	Montclair YMCA	2:09.09	2:08.96
	27.34	1:00.75 (33.41)	1:39.15 (38.40)	2:08.96 (29.81)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*45	Katy Munzenmaier	15	Glens Falls YMCA	2:11.13	2:09.03
	28.00	1:00.97 (32.97)	1:39.61 (38.64)	2:09.03 (29.42)	
*45	Kendall Farnham	16	Anne Arundel County YMCA	2:10.71	2:09.03
	26.51	1:00.98 (34.47)	1:39.15 (38.17)	2:09.03 (29.88)	
47	Stephanie Kinsey	17	West Shore YMCA	2:05.98	2:09.08
	27.13	58.80 (31.67)	1:38.12 (39.32)	2:09.08 (30.96)	
48	Siri Smits	15	Oshkosh Community YMCA	2:10.07	2:09.27
	27.97	59.80 (31.83)	1:39.30 (39.50)	2:09.27 (29.97)	
49	Natalie Cronk	14	Piedmont Family YMCA Inc.	2:10.09	2:09.49
	28.11	1:00.70 (32.59)	1:39.35 (38.65)	2:09.49 (30.14)	
50	Emily Weir	17	Greenwich YMCA	2:08.08	2:09.52
	26.81	1:01.54 (34.73)	1:38.42 (36.88)	2:09.52 (31.10)	
51	Breann McDowell	17	Countryside Ralph Stolle YMCA.	2:12.50	2:09.64
	27.88	1:01.51 (33.63)	1:40.10 (38.59)	2:09.64 (29.54)	
52	Abby Houchin	17	Triangle Area YMCA	2:11.68	2:09.66
	27.82	1:02.32 (34.50)	1:39.34 (37.02)	2:09.66 (30.32)	
53	Kendra Crew	14	Springfield Family YMCA	2:12.55	2:09.79
	28.44	1:01.75 (33.31)	1:39.06 (37.31)	2:09.79 (30.73)	
54	Silke Herold	16	Somerset Valley YMCA	2:12.98	2:09.89
	28.26	1:01.45 (33.19)	1:39.52 (38.07)	2:09.89 (30.37)	
*55	Becca Murray	17	Brandywine -DE YMCA	2:10.96	2:09.90
	29.96	1:03.26 (33.30)	1:39.29 (36.03)	2:09.90 (30.61)	
*55	Monica Milici	15	Middle Tyger YMCA	2:12.21	2:09.90
	28.76	1:01.37 (32.61)	1:37.87 (36.50)	2:09.90 (32.03)	
*57	Amelia Buckley	16	Western Monmouth Co. YMCA	2:09.32	2:09.94
	27.53	1:01.78 (34.25)	1:38.27 (36.49)	2:09.94 (31.67)	
*57	Anna Schena	17	Birmingham Family YMCA	2:08.01	2:09.94
	28.02	1:00.55 (32.53)	1:38.83 (38.28)	2:09.94 (31.11)	
59	Erica Demunbrun	15	Attleboro YMCA	2:11.43	2:10.08
	27.15	59.26 (32.11)	1:38.31 (39.05)	2:10.08 (31.77)	
60	Shannon Draves	18	Pottstown YMCA	2:08.85	2:10.18
	27.37	58.79 (31.42)	1:38.98 (40.19)	2:10.18 (31.20)	
61	Katherine Foley	18	Lakeland Hills Family YMCA	2:09.05	2:10.20
	28.11	1:00.52 (32.41)	1:40.16 (39.64)	2:10.20 (30.04)	
62	Jasmine Lee	16	Green Bay YMCA Metro	2:07.57	2:10.25
	27.72	59.92 (32.20)	1:38.96 (39.04)	2:10.25 (31.29)	
63	Sarah Reynolds	14	Montgomery -East Branch YMCA	2:12.90	2:10.42
	27.19	59.48 (32.29)	1:39.85 (40.37)	2:10.42 (30.57)	
64	Courtney Weaver	13	Greater Flint YMCA	2:08.98	2:10.50
	28.25	1:00.92 (32.67)	1:39.91 (38.99)	2:10.50 (30.59)	
65	Kate O'Leary	17	Western Connecticut YMCA	2:09.46	2:10.62
	28.40	1:02.36 (33.96)	1:39.79 (37.43)	2:10.62 (30.83)	
*66	Emily Miles	16	West Morris YMCA	2:10.93	2:10.65
	26.75	59.98 (33.23)	1:40.43 (40.45)	2:10.65 (30.22)	
*66	Sloane Hindman	16	Red Bank Branch	2:12.56	2:10.65
	28.14	1:01.65 (33.51)	1:40.14 (38.49)	2:10.65 (30.51)	
68	Emily Blohm	18	Green Bay YMCA Metro	2:11.30	2:10.72
	28.70	1:02.41 (33.71)	1:39.72 (37.31)	2:10.72 (31.00)	
69	Savitri Horrigan	17	Westport/Weston CT YMCA	2:11.47	2:10.76
	28.84	1:03.72 (34.88)	1:39.79 (36.07)	2:10.76 (30.97)	
70	Rachel Dekar	17	Birmingham Family YMCA	2:07.71	2:10.84
	27.39	1:00.57 (33.18)	1:37.44 (36.87)	2:10.84 (33.40)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
71	Alexis Coon	15	Brandywine -DE YMCA	2:12.39	2:10.89
	27.83	1:01.03 (33.20)	1:38.98 (37.95)	2:10.89 (31.91)	
72	Ellen Huelbig	17	Montclair YMCA	2:11.16	2:10.91
	28.36	1:00.32 (31.96)	1:39.95 (39.63)	2:10.91 (30.96)	
73	Sarah D'Antoni	16	Ridgewood NJ YMCA	2:11.20	2:10.96
	27.22	1:01.08 (33.86)	1:40.43 (39.35)	2:10.96 (30.53)	
74	Julia Brownrigg	17	West Shore YMCA	2:11.23	2:11.24
	27.82	1:00.47 (32.65)	1:40.91 (40.44)	2:11.24 (30.33)	
*75	Hannah Pugh	16	Macomb Family YMCA	2:12.67	2:11.25
	29.01	1:02.97 (33.96)	1:41.51 (38.54)	2:11.25 (29.74)	
*75	Kara Lacoste	15	Greater Holyoke YMCA	2:12.79	2:11.25
	28.74	1:01.02 (32.28)	1:40.03 (39.01)	2:11.25 (31.22)	
77	Carlene Ostromecki	17	Boyertown Area YMCA	2:09.12	2:11.27
	28.14	1:01.02 (32.88)	1:40.32 (39.30)	2:11.27 (30.95)	
78	Melissa Feeney	15	Lakeland Hills Family YMCA	2:10.50	2:11.41
	28.04	1:02.61 (34.57)	1:41.34 (38.73)	2:11.41 (30.07)	
79	Brennah Ross	15	Upper Main Line YMCA	2:12.95	2:11.43
	28.28	1:02.45 (34.17)	1:41.45 (39.00)	2:11.43 (29.98)	
80	Jennifer Trodden	18	North Shore (Sterling) MA YMCA	2:12.79	2:11.52
	29.03	1:02.74 (33.71)	1:41.06 (38.32)	2:11.52 (30.46)	
81	Theresa Gallagher	18	Anne Arundel County YMCA	2:09.78	2:11.57
	28.66	1:01.90 (33.24)	1:41.01 (39.11)	2:11.57 (30.56)	
82	Emily Waller	18	Kishwaukee Family YMCA	2:10.11	2:11.59
	29.04	1:01.96 (32.92)	1:41.08 (39.12)	2:11.59 (30.51)	
83	Elizabeth Simon	17	Middle Tyger YMCA	2:12.24	2:11.64
	27.94	1:00.96 (33.02)	1:41.10 (40.14)	2:11.64 (30.54)	
84	Salena Casha	17	Burbank Branch YMCA	2:08.65	2:11.70
	27.77	1:00.29 (32.52)	1:39.63 (39.34)	2:11.70 (32.07)	
85	Taylor Andrews	18	Pabst Farms YMCA	2:30.21 L	2:11.71
	28.60	1:02.63 (34.03)	1:40.38 (37.75)	2:11.71 (31.33)	
86	Maddi Webb	16	B.R. Ryall (Northwestern Dupag	2:11.66	2:11.76
	28.52	1:01.76 (33.24)	1:41.13 (39.37)	2:11.76 (30.63)	
87	Katelyn Pratt-Collins	18	Great Miami Valley Ohio YMCA	2:08.43	2:11.84
	28.36	1:00.73 (32.37)	1:41.24 (40.51)	2:11.84 (30.60)	
88	Erica Hasson	16	South Shore Mill Pond YMCA	2:12.70	2:11.88
	28.46	1:02.72 (34.26)	1:41.34 (38.62)	2:11.88 (30.54)	
89	Brittany Groene	18	M.E. Lyons (Anderson) YMCA	2:09.24	2:12.00
	27.65	1:01.35 (33.70)	1:40.26 (38.91)	2:12.00 (31.74)	
90	Brooke Waugaman	16	Greensburg YMCA	2:05.34	2:12.18
	28.41	1:00.94 (32.53)	1:40.05 (39.11)	2:12.18 (32.13)	
91	Erin Timochenko	14	Reading and Berks County YMCA	2:12.91	2:12.43
	27.79	1:00.51 (32.72)	1:41.47 (40.96)	2:12.43 (30.96)	
92	Kathryn Bromback	17	Morris Center YMCA	2:11.85	2:12.50
	27.90	1:02.00 (34.10)	1:40.84 (38.84)	2:12.50 (31.66)	
93	Maiyah Hilliard	16	Schroeder YMCA	2:12.39	2:12.51
	29.25	1:03.80 (34.55)	1:41.69 (37.89)	2:12.51 (30.82)	
94	Taylor Brew	15	York And York County YMCA	2:07.91	2:12.54
	28.80	1:02.77 (33.97)	1:41.00 (38.23)	2:12.54 (31.54)	
95	Kelsey Williams	16	Sunbury Branch YMCA	2:09.71	2:12.60
	28.86	1:01.32 (32.46)	1:40.93 (39.61)	2:12.60 (31.67)	
96	Liz Mooney	15	Middle Tyger YMCA	2:12.30	2:12.76
	29.64	1:03.88 (34.24)	1:41.99 (38.11)	2:12.76 (30.77)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
97	Mariangela Macchiavello	18	Sarasota Family YMCA, Inc	2:12.64	2:12.81
	29.66	1:03.17 (33.51)	1:42.32 (39.15)	2:12.81 (30.49)	
98	Megan Niermann	13	Fayette County Family YMCA	2:12.71	2:13.01
	28.75	1:01.78 (33.03)	1:41.14 (39.36)	2:13.01 (31.87)	
99	Abby Stone	12	The Licking County Family YMC	2:12.36	2:13.17
	28.30	1:01.82 (33.52)	1:42.35 (40.53)	2:13.17 (30.82)	
100	Caroline Burns	17	Anne Arundel County YMCA	2:11.87	2:13.19
	27.53	59.76 (32.23)	1:41.43 (41.67)	2:13.19 (31.76)	
*101	Jacque Garcia	16	Sarasota Family YMCA, Inc	2:12.98	2:13.25
	29.07	1:02.30 (33.23)	1:43.33 (41.03)	2:13.25 (29.92)	
*101	Cathleen Pruden	14	Triangle Area YMCA	2:10.92	2:13.25
	28.88	1:04.28 (35.40)	1:42.70 (38.42)	2:13.25 (30.55)	
103	Devin Lessard	18	Talbot County YMCA	2:12.43	2:13.26
	28.01	1:02.20 (34.19)	1:42.25 (40.05)	2:13.26 (31.01)	
*104	Emily Slabe	12	Coffman Family YMCA	2:11.80	2:13.31
	27.58	1:00.32 (32.74)	1:41.35 (41.03)	2:13.31 (31.96)	
*104	Andrea DeAngelis	15	Lakeland Hills Family YMCA	2:13.00	2:13.31
	29.19	1:01.06 (31.87)	1:41.01 (39.95)	2:13.31 (32.30)	
106	Kayce Smith	14	Madison West YMCA	2:11.19	2:13.39
	29.16	1:03.90 (34.74)	1:42.07 (38.17)	2:13.39 (31.32)	
107	Abby Fisher	13	Lakeland Hills Family YMCA	2:12.83	2:13.50
	28.97	1:03.01 (34.04)	1:41.38 (38.37)	2:13.50 (32.12)	
108	Taylor McCabe	16	Hilliker YMCA	2:11.63	2:13.54
	28.61	1:03.03 (34.42)	1:42.03 (39.00)	2:13.54 (31.51)	
109	Kylie McKenzie	17	Tri-Hampton Family Branch YMC	2:12.90	2:13.63
	28.28	1:02.76 (34.48)	1:40.78 (38.02)	2:13.63 (32.85)	
110	Arica Woolbright	17	Rock River Valley YMCA	2:11.75	2:13.64
	28.44	1:02.06 (33.62)	1:40.93 (38.87)	2:13.64 (32.71)	
111	Jenni Russell	17	Rock Hill Area YMCA	2:12.95	2:13.67
	30.05	1:04.51 (34.46)	1:42.02 (37.51)	2:13.67 (31.65)	
112	Kelly Hall	17	Morris Center YMCA	2:12.67	2:13.68
	28.90	1:02.87 (33.97)	1:41.45 (38.58)	2:13.68 (32.23)	
113	Gabbie Pettinichi	16	M.E. Lyons (Anderson) YMCA	2:10.42	2:13.77
	29.92	1:04.07 (34.15)	1:41.94 (37.87)	2:13.77 (31.83)	
114	Amani Amr	14	Spokane YMCA	2:12.97	2:13.96
	29.08	1:02.07 (32.99)	1:42.08 (40.01)	2:13.96 (31.88)	
115	Mariah Reading	15	Bangor YMCA	2:12.52	2:14.05
	28.41	1:02.71 (34.30)	1:42.41 (39.70)	2:14.05 (31.64)	
116	Rachel Stoddard	14	Somerset Valley YMCA	2:12.92	2:14.12
	28.42	1:02.87 (34.45)	1:42.85 (39.98)	2:14.12 (31.27)	
117	Madeline Froehlich	18	Cheshire YMCA	2:11.07	2:14.23
	29.78	1:03.42 (33.64)	1:43.20 (39.78)	2:14.23 (31.03)	
118	Lauren Brundage	16	Somerset Hills YMCA	2:12.75	2:14.29
	28.92	1:03.75 (34.83)	1:42.06 (38.31)	2:14.29 (32.23)	
119	Valerie Jones	16	Kishwaukee Family YMCA	2:13.18	2:14.41
	29.61	1:04.43 (34.82)	1:43.11 (38.68)	2:14.41 (31.30)	
120	Annie Maercklein	16	Schroeder YMCA	2:12.25	2:14.51
	29.70	1:04.40 (34.70)	1:42.45 (38.05)	2:14.51 (32.06)	
121	Rachel Mulligan	13	Triangle Area YMCA	2:11.10	2:14.55
	30.22	1:04.11 (33.89)	1:43.64 (39.53)	2:14.55 (30.91)	
122	Jamie Kane	15	Pottstown YMCA	2:12.55	2:14.82
	28.43	1:04.73 (36.30)	1:42.12 (37.39)	2:14.82 (32.70)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
123 Kristen Lee	16	Burlington County YMCA	2:13.04	2:14.88
28.82	1:03.92 (35.10)	1:42.91 (38.99)	2:14.88 (31.97)	
124 Nicole Hranchook	15	Macomb Family YMCA	2:12.85	2:15.04
28.97	1:03.10 (34.13)	1:43.56 (40.46)	2:15.04 (31.48)	
125 Elizabeth Malone	15	Springfield Family YMCA	2:12.17	2:15.39
27.86	1:02.90 (35.04)	1:43.37 (40.47)	2:15.39 (32.02)	
126 Emily Friedline	15	Greensburg YMCA	2:12.42	2:15.99
28.77	1:02.74 (33.97)	1:43.91 (41.17)	2:15.99 (32.08)	
127 McKenzie Courtney	17	Lima Ohio YMCA	2:12.79	2:16.36
29.25	1:05.35 (36.10)	1:43.42 (38.07)	2:16.36 (32.94)	
128 Anna Yontz	15	Canton IL YMCA	2:13.18	2:16.50
28.59	1:04.45 (35.86)	1:45.89 (41.44)	2:16.50 (30.61)	
129 Melissa Oishi	18	West Seattle Branch YMCA	2:10.92	2:17.21
29.34	1:04.81 (35.47)	1:44.50 (39.69)	2:17.21 (32.71)	
--- Jesse Bessire	17	Sarasota Family YMCA, Inc	2:07.96	DQ
27.74	1:00.50 (32.76)	1:38.23 (37.73)	DQ (30.09)	

**Women 400 Yard IM Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Emily Renzini	15	Spokane YMCA	4:53.00	4:35.06
28.50	1:00.19 (31.69)	1:35.40 (35.21)	2:09.01 (33.61)	
2:50.39 (41.38)	3:32.38 (41.99)	4:04.18 (31.80)	4:35.06 (30.88)	
2 Sloane Hindman	16	Red Bank Branch	4:50.89	4:36.20
29.42	1:02.74 (33.32)	1:39.43 (36.69)	2:13.92 (34.49)	
2:52.89 (38.97)	3:32.50 (39.61)	4:04.66 (32.16)	4:36.20 (31.54)	
3 Monica Milici	15	Middle Tyger YMCA	4:47.99	4:37.17
29.29	1:03.71 (34.42)	1:39.09 (35.38)	2:14.14 (35.05)	
2:52.46 (38.32)	3:30.92 (38.46)	4:04.66 (33.74)	4:37.17 (32.51)	
4 Catherine Patrell	17	Cheshire YMCA	4:45.21	4:39.51
29.29	1:02.45 (33.16)	1:38.01 (35.56)	2:12.36 (34.35)	
2:55.23 (42.87)	3:38.04 (42.81)	4:09.48 (31.44)	4:39.51 (30.03)	
5 Jazzi Cooper	14	Wilton Family YMCA	4:50.00	4:40.01
29.20	1:02.14 (32.94)	1:38.13 (35.99)	2:13.59 (35.46)	
2:54.77 (41.18)	3:36.68 (41.91)	4:08.77 (32.09)	4:40.01 (31.24)	
6 Allie Dye	16	Middle Tyger YMCA	4:50.99	4:40.73
28.90	1:01.25 (32.35)	1:36.83 (35.58)	2:11.21 (34.38)	
2:52.62 (41.41)	3:35.62 (43.00)	4:08.98 (33.36)	4:40.73 (31.75)	
7 Price Kinney	18	Middle Tyger YMCA	4:51.99	4:41.17
30.44	1:06.10 (35.66)	1:42.40 (36.30)	2:17.61 (35.21)	
2:56.04 (38.43)	3:35.21 (39.17)	4:08.65 (33.44)	4:41.17 (32.52)	
8 Madison Allen	16	Middle Tyger YMCA	4:47.99	4:41.24
29.13	1:03.65 (34.52)	1:38.65 (35.00)	2:13.27 (34.62)	
2:54.60 (41.33)	3:36.37 (41.77)	4:09.45 (33.08)	4:41.24 (31.79)	
9 Samantha Shelley	16	Brandywine -DE YMCA	4:47.64	4:41.95
30.51	1:04.38 (33.87)	1:41.86 (37.48)	2:18.67 (36.81)	
2:57.12 (38.45)	3:36.88 (39.76)	4:10.17 (33.29)	4:41.95 (31.78)	
10 Lauren Keenan	15	Upper Main Line YMCA	4:47.64	4:42.14
30.32	1:04.19 (33.87)	1:40.74 (36.55)	2:16.09 (35.35)	
2:58.25 (42.16)	3:39.59 (41.34)	4:11.34 (31.75)	4:42.14 (30.80)	
11 Erin Seiler	15	Upper Main Line YMCA	4:46.23	4:42.17
30.11	1:03.84 (33.73)	1:41.13 (37.29)	2:16.90 (35.77)	
2:56.93 (40.03)	3:36.58 (39.65)	4:10.21 (33.63)	4:42.17 (31.96)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Women 400 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
12	Lauren Timmerman	17	Darien Community YMCA	4:52.90	4:42.37
	30.50	1:07.16 (36.66)	1:43.25 (36.09)	2:18.36 (35.11)	
	3:00.92 (42.56)	3:42.49 (41.57)	4:13.01 (30.52)	4:42.37 (29.36)	
13	Allie Skaperdas	15	New Canaan Community YMCA	4:56.25	4:42.58
	28.63	1:01.44 (32.81)	1:37.54 (36.10)	2:13.16 (35.62)	
	2:55.89 (42.73)	3:38.91 (43.02)	4:10.80 (31.89)	4:42.58 (31.78)	
14	Salena Casha	17	Burbank Branch YMCA	4:45.98	4:42.63
	28.98	1:02.78 (33.80)	1:37.92 (35.14)	2:13.23 (35.31)	
	2:53.90 (40.67)	3:36.29 (42.39)	4:09.96 (33.67)	4:42.63 (32.67)	
15	Heather Thole	16	Madison West YMCA	4:47.70	4:42.97
	26.87	58.94 (32.07)	1:34.84 (35.90)	2:10.83 (35.99)	
	2:51.86 (41.03)	3:34.38 (42.52)	4:09.79 (35.41)	4:42.97 (33.18)	
16	Seana Acker	14	Piedmont Family YMCA Inc.	4:52.53	4:43.00
	30.39	1:04.51 (34.12)	1:40.46 (35.95)	2:16.33 (35.87)	
	2:56.40 (40.07)	3:37.28 (40.88)	4:10.81 (33.53)	4:43.00 (32.19)	
17	Kayla McAvoy	15	Wyckoff Family YMCA Inc	4:44.88	4:43.01
	30.72	1:05.67 (34.95)	1:42.11 (36.44)	2:17.57 (35.46)	
	2:57.41 (39.84)	3:37.26 (39.85)	4:10.39 (33.13)	4:43.01 (32.62)	
18	Megan Lattimer	15	Wilton Family YMCA	4:50.00	4:44.29
	29.73	1:05.30 (35.57)	1:43.63 (38.33)	2:21.64 (38.01)	
	2:59.59 (37.95)	3:38.09 (38.50)	4:12.00 (33.91)	4:44.29 (32.29)	
19	Nicole Bruneel	14	Boise YMCA	4:46.42	4:44.79
	30.22	1:05.86 (35.64)	1:42.27 (36.41)	2:17.00 (34.73)	
	2:57.91 (40.91)	3:39.73 (41.82)	4:13.26 (33.53)	4:44.79 (31.53)	
20	Lindsay Tyler	16	Darien Community YMCA	4:48.48	4:45.23
	30.69	1:05.33 (34.64)	1:40.95 (35.62)	2:15.99 (35.04)	
	2:59.47 (43.48)	3:42.62 (43.15)	4:14.53 (31.91)	4:45.23 (30.70)	
21	Heidi Nichols	17	Columbia Northwest Family YMC	4:54.76	4:45.29
	30.08	1:04.72 (34.64)	1:40.46 (35.74)	2:15.76 (35.30)	
	2:56.17 (40.41)	3:37.45 (41.28)	4:11.84 (34.39)	4:45.29 (33.45)	
22	Melissa Merwin	15	Downtown Youth Center YMCA	4:57.99	4:46.17
	29.99	1:04.47 (34.48)	1:44.17 (39.70)	2:21.72 (37.55)	
	3:01.04 (39.32)	3:40.55 (39.51)	4:14.48 (33.93)	4:46.17 (31.69)	
23	Kerry Borbidge	16	Ridley Area YMCA	4:54.64	4:46.20
	30.65	1:05.83 (35.18)	1:43.05 (37.22)	2:19.69 (36.64)	
	2:59.90 (40.21)	3:40.93 (41.03)	4:14.68 (33.75)	4:46.20 (31.52)	
24	Amanda Steinfeld	15	Cheshire YMCA	5:02.51	4:46.24
	30.61	1:05.49 (34.88)	1:41.91 (36.42)	2:17.84 (35.93)	
	2:59.10 (41.26)	3:40.77 (41.67)	4:14.22 (33.45)	4:46.24 (32.02)	
25	Desirae Deveaux	18	North Shore (Sterling) MA YMCA	4:59.22	4:46.62
	29.43	1:02.57 (33.14)	1:38.37 (35.80)	2:13.28 (34.91)	
	2:56.95 (43.67)	3:40.92 (43.97)	4:14.15 (33.23)	4:46.62 (32.47)	
26	Maddie Eyolfson	14	Boise YMCA	4:48.96	4:46.94
	31.75	1:08.20 (36.45)	1:46.34 (38.14)	2:24.48 (38.14)	
	3:03.20 (38.72)	3:42.20 (39.00)	4:15.27 (33.07)	4:46.94 (31.67)	
27	Liza Bragg	14	Darien Community YMCA	4:49.80	4:47.42
	30.03	1:04.46 (34.43)	1:39.07 (34.61)	2:13.84 (34.77)	
	2:56.18 (42.34)	3:39.93 (43.75)	4:13.70 (33.77)	4:47.42 (33.72)	
28	Karissa Gorman	18	Greater Holyoke YMCA	4:47.85	4:48.21
	30.55	1:06.90 (36.35)	1:44.19 (37.29)	2:21.51 (37.32)	
	3:01.32 (39.81)	3:41.76 (40.44)	4:16.25 (34.49)	4:48.21 (31.96)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## - Time Trial ... (Women 400 Yard IM Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
29 Riley LeBlanc	15	North Shore (Sterling) MA YMCA	4:46.97	4:48.24
30.76	1:05.76 (35.00)	1:41.36 (35.60)	2:16.87 (35.51)	
2:59.13 (42.26)	3:42.33 (43.20)	4:15.70 (33.37)	4:48.24 (32.54)	
30 Liz Mooney	15	Middle Tyger YMCA	4:55.99	4:48.47
30.71	1:06.69 (35.98)	1:44.01 (37.32)	2:20.53 (36.52)	
3:00.98 (40.45)	3:42.31 (41.33)	4:15.91 (33.60)	4:48.47 (32.56)	
31 Kylie McKenzie	17	Tri-Hampton Family Branch YMC	4:48.89	4:50.33
29.22	1:03.02 (33.80)	1:40.81 (37.79)	2:18.51 (37.70)	
2:58.52 (40.01)	3:40.13 (41.61)	4:15.95 (35.82)	4:50.33 (34.38)	
32 Casey Stahl	17	Somerset Valley YMCA	5:04.32	4:50.53
31.21	1:07.22 (36.01)	1:43.83 (36.61)	2:20.16 (36.33)	
3:01.71 (41.55)	3:43.99 (42.28)	4:18.05 (34.06)	4:50.53 (32.48)	
33 Laura Nichols	17	Columbia Northwest Family YMC	4:51.87	4:52.32
29.10	1:03.68 (34.58)	1:41.60 (37.92)	2:19.04 (37.44)	
2:59.56 (40.52)	3:42.09 (42.53)	4:17.30 (35.21)	4:52.32 (35.02)	
34 Isabelle Cecere	13	Somerset Hills YMCA	4:48.10	4:52.40
30.11	1:04.96 (34.85)	1:45.14 (40.18)	2:24.34 (39.20)	
3:05.82 (41.48)	3:47.79 (41.97)	4:20.91 (33.12)	4:52.40 (31.49)	
35 Grace Kaminer	17	Riverfront Branch YMCA	4:51.44	4:52.82
30.85	1:05.66 (34.81)	1:43.04 (37.38)	2:19.91 (36.87)	
3:01.03 (41.12)	3:43.53 (42.50)	4:18.84 (35.31)	4:52.82 (33.98)	
36 Hannah Larson	17	Western North Carolina YMCA	4:54.00	4:54.65
30.56	1:06.84 (36.28)	1:44.35 (37.51)	2:21.67 (37.32)	
3:02.52 (40.85)	3:44.21 (41.69)	4:20.00 (35.79)	4:54.65 (34.65)	
37 Sara Nestowitz	13	Ridgewood NJ YMCA	5:12.11	4:54.91
32.33	1:10.04 (37.71)	1:45.58 (35.54)	2:20.43 (34.85)	
3:05.39 (44.96)	3:50.01 (44.62)	4:23.16 (33.15)	4:54.91 (31.75)	
38 Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMCA	4:55.86	4:55.53
29.98	1:04.09 (34.11)	1:42.32 (38.23)	2:20.69 (38.37)	
3:02.86 (42.17)	3:47.01 (44.15)	4:21.74 (34.73)	4:55.53 (33.79)	
39 Alexandria Koukos	15	Cheshire YMCA	4:53.51	4:55.71
30.68	1:05.52 (34.84)	1:41.15 (35.63)	2:16.82 (35.67)	
3:02.59 (45.77)	3:49.66 (47.07)	4:23.11 (33.45)	4:55.71 (32.60)	
40 Adelyn Graf	14	New Canaan Community YMCA	5:00.05	4:56.13
31.37	1:07.56 (36.19)	1:43.72 (36.16)	2:17.95 (34.23)	
3:03.48 (45.53)	3:48.13 (44.65)	4:23.03 (34.90)	4:56.13 (33.10)	
41 Rebecca Heffernan	16	Lakeland Hills Family YMCA	NT	4:57.44
30.10	1:06.03 (35.93)	1:43.97 (37.94)	2:21.28 (37.31)	
3:02.85 (41.57)	3:45.41 (42.56)	4:21.94 (36.53)	4:57.44 (35.50)	
42 Maeve O'Leary	16	Montclair YMCA	5:05.00	4:57.64
30.65	1:06.57 (35.92)	1:45.03 (38.46)	2:24.42 (39.39)	
3:04.14 (39.72)	3:45.96 (41.82)	4:22.23 (36.27)	4:57.64 (35.41)	
43 Hanna Hunstad	14	North Oakland Family YMCA	4:56.07	4:58.19
30.74	1:05.96 (35.22)	1:43.47 (37.51)	2:19.81 (36.34)	
3:04.43 (44.62)	3:50.39 (45.96)	4:24.98 (34.59)	4:58.19 (33.21)	
44 Emily Gwynn	14	Canandaigua YMCA	5:06.85	5:01.24
31.74	1:08.64 (36.90)	1:48.20 (39.56)	2:26.79 (38.59)	
3:08.54 (41.75)	3:50.33 (41.79)	4:26.18 (35.85)	5:01.24 (35.06)	
45 Kaci McIlmoyle	14	Jennersville YMCA	4:51.98	5:03.10
30.87	1:06.59 (35.72)	1:46.00 (39.41)	2:24.74 (38.74)	
3:09.09 (44.35)	3:53.90 (44.81)	4:29.42 (35.52)	5:03.10 (33.68)	
--- Suzanne Lemberg	17	Westfield YMCA	4:49.46	NS
Declared false start - Misc				

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 400 Yard IM Swimming Competition**

National: 4:13.00 \* 4/14/2008 Leah Gingrich

West Shore-PA

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	4:18.52	4:12.76*
27.02	57.91 (30.89)	1:29.88 (31.97)	2:01.01 (31.13)	
2:38.20 (37.19)	3:15.87 (37.67)	3:45.05 (29.18)	4:12.76 (27.71)	
2 Haley Lips	15	Middle Tyger YMCA	4:22.80	4:16.19
26.79	57.60 (30.81)	1:30.33 (32.73)	2:02.62 (32.29)	
2:39.90 (37.28)	3:19.05 (39.15)	3:48.26 (29.21)	4:16.19 (27.93)	
3 Laura Simon	18	Middle Tyger YMCA	4:20.33	4:16.75
27.57	58.25 (30.68)	1:30.49 (32.24)	2:02.03 (31.54)	
2:40.82 (38.79)	3:18.80 (37.98)	3:48.33 (29.53)	4:16.75 (28.42)	
4 Sada Stewart	15	York And York County YMCA	4:23.50	4:21.10
27.85	59.04 (31.19)	1:32.28 (33.24)	2:05.22 (32.94)	
2:43.06 (37.84)	3:21.49 (38.43)	3:51.97 (30.48)	4:21.10 (29.13)	
5 Annie Gillig	14	Middle Tyger YMCA	4:23.50	4:22.84
28.32	1:00.29 (31.97)	1:33.21 (32.92)	2:05.84 (32.63)	
2:44.19 (38.35)	3:23.37 (39.18)	3:53.33 (29.96)	4:22.84 (29.51)	
6 Maddy Morgan	16	West Seattle Branch YMCA	4:25.82	4:23.71
28.16	1:00.47 (32.31)	1:35.25 (34.78)	2:09.13 (33.88)	
2:45.99 (36.86)	3:23.10 (37.11)	3:54.00 (30.90)	4:23.71 (29.71)	
7 Julia Kucherich	17	York And York County YMCA	4:24.19	4:25.54
28.75	1:00.86 (32.11)	1:34.52 (33.66)	2:07.13 (32.61)	
2:45.90 (38.77)	3:24.80 (38.90)	3:55.93 (31.13)	4:25.54 (29.61)	
8 Morgan Pfaff	15	West Shore YMCA	4:27.21	4:27.08
28.80	1:00.99 (32.19)	1:35.23 (34.24)	2:08.57 (33.34)	
2:46.95 (38.38)	3:25.21 (38.26)	3:56.89 (31.68)	4:27.08 (30.19)	
<b>B - Final</b>				
9 Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:28.97	4:17.31
27.65	58.54 (30.89)	1:31.79 (33.25)	2:04.66 (32.87)	
2:42.11 (37.45)	3:19.91 (37.80)	3:48.89 (28.98)	4:17.31 (28.42)	
10 Rocky Raybon	17	Sarasota Family YMCA, Inc	4:29.63	4:20.54
28.30	59.67 (31.37)	1:32.61 (32.94)	2:04.92 (32.31)	
2:42.88 (37.96)	3:21.23 (38.35)	3:51.45 (30.22)	4:20.54 (29.09)	
11 Hali Flickinger	14	York And York County YMCA	4:27.88	4:22.77
28.07	59.49 (31.42)	1:32.63 (33.14)	2:04.67 (32.04)	
2:43.59 (38.92)	3:23.00 (39.41)	3:53.59 (30.59)	4:22.77 (29.18)	
12 Ashley Reid	15	Sarasota Family YMCA, Inc	4:28.28	4:23.78
28.63	1:00.82 (32.19)	1:33.71 (32.89)	2:06.17 (32.46)	
2:44.54 (38.37)	3:23.13 (38.59)	3:54.18 (31.05)	4:23.78 (29.60)	
13 Laura Johnson	18	Montgomery -East Branch YMCA	4:29.52	4:23.94
27.92	1:00.30 (32.38)	1:35.05 (34.75)	2:09.43 (34.38)	
2:45.49 (36.06)	3:22.42 (36.93)	3:53.87 (31.45)	4:23.94 (30.07)	
14 Kelly Ann Baird	17	Winston Salem YMCA	4:28.80	4:25.84
28.60	1:01.36 (32.76)	1:33.05 (31.69)	2:05.19 (32.14)	
2:44.47 (39.28)	3:24.37 (39.90)	3:55.09 (30.72)	4:25.84 (30.75)	
15 Lauren Raczkowski	17	Middle Tyger YMCA	4:29.24	4:29.00
28.32	1:01.14 (32.82)	1:35.10 (33.96)	2:08.04 (32.94)	
2:47.13 (39.09)	3:26.75 (39.62)	3:58.24 (31.49)	4:29.00 (30.76)	
16 Mary deMarrais	18	Somerset Hills YMCA	4:29.10	4:29.83
28.48	1:00.46 (31.98)	1:34.38 (33.92)	2:08.55 (34.17)	
2:47.32 (38.77)	3:27.13 (39.81)	3:59.04 (31.91)	4:29.83 (30.79)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**C - Final ... (Women 400 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>C - Final</b>				
17 Jesse Bessire	17	Sarasota Family YMCA, Inc	4:31.35	4:25.87
29.02	1:00.67 (31.65)	1:34.58 (33.91)	2:08.20 (33.62)	
2:46.48 (38.28)	3:24.97 (38.49)	3:55.95 (30.98)	4:25.87 (29.92)	
18 Stephanie Ferrell	16	Montclair YMCA	4:31.75	4:26.50
28.63	1:00.67 (32.04)	1:35.22 (34.55)	2:09.18 (33.96)	
2:46.23 (37.05)	3:24.14 (37.91)	3:55.92 (31.78)	4:26.50 (30.58)	
19 Laura Gorinski	18	Greensburg YMCA	4:32.23	4:28.11
29.72	1:03.66 (33.94)	1:38.50 (34.84)	2:13.13 (34.63)	
2:50.29 (37.16)	3:27.28 (36.99)	3:58.17 (30.89)	4:28.11 (29.94)	
20 Kiera Molloy	14	Triangle Area YMCA	4:32.08	4:28.21
29.54	1:03.14 (33.60)	1:37.89 (34.75)	2:11.89 (34.00)	
2:50.75 (38.86)	3:29.55 (38.80)	3:59.29 (29.74)	4:28.21 (28.92)	
21 Kim Jerome	16	Cheshire YMCA	4:30.61	4:28.72
29.04	1:01.09 (32.05)	1:36.79 (35.70)	2:11.67 (34.88)	
2:49.39 (37.72)	3:27.02 (37.63)	3:58.83 (31.81)	4:28.72 (29.89)	
22 Lauren Baisden	17	Phoenixville Branch YMCA	4:31.44	4:28.95
28.20	1:00.26 (32.06)	1:33.60 (33.34)	2:06.85 (33.25)	
2:47.69 (40.84)	3:28.17 (40.48)	3:59.17 (31.00)	4:28.95 (29.78)	
23 Adrienne Phillips	18	West Shore YMCA	4:32.65	4:31.88
28.43	1:01.20 (32.77)	1:35.45 (34.25)	2:09.70 (34.25)	
2:48.95 (39.25)	3:29.43 (40.48)	4:01.35 (31.92)	4:31.88 (30.53)	
24 Corey Allison	18	Sarasota Family YMCA, Inc	4:31.64	4:33.07
29.36	1:02.68 (33.32)	1:37.18 (34.50)	2:11.18 (34.00)	
2:51.54 (40.36)	3:31.86 (40.32)	4:02.93 (31.07)	4:33.07 (30.14)	

**Women 400 Yard IM Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	4:22.69	4:18.52
27.25	57.74 (30.49)	1:29.55 (31.81)	2:01.19 (31.64)	
2:39.59 (38.40)	3:18.66 (39.07)	3:49.08 (30.42)	4:18.52 (29.44)	
2 Laura Simon	18	Middle Tyger YMCA	4:22.26	4:20.33
27.57	58.34 (30.77)	1:31.16 (32.82)	2:02.74 (31.58)	
2:41.73 (38.99)	3:20.35 (38.62)	3:50.83 (30.48)	4:20.33 (29.50)	
3 Haley Lips	15	Middle Tyger YMCA	4:28.30	4:22.80
26.81	57.41 (30.60)	1:30.52 (33.11)	2:03.85 (33.33)	
2:43.01 (39.16)	3:23.33 (40.32)	3:53.31 (29.98)	4:22.80 (29.49)	
*4 Sada Stewart	15	York And York County YMCA	4:22.87	4:23.50
27.53	58.39 (30.86)	1:32.12 (33.73)	2:05.15 (33.03)	
2:43.24 (38.09)	3:22.39 (39.15)	3:53.52 (31.13)	4:23.50 (29.98)	
*4 Annie Gillig	14	Middle Tyger YMCA	4:25.95	4:23.50
28.15	59.95 (31.80)	1:32.57 (32.62)	2:04.70 (32.13)	
2:43.62 (38.92)	3:23.57 (39.95)	3:53.92 (30.35)	4:23.50 (29.58)	
6 Julia Kucherich	17	York And York County YMCA	4:24.44	4:24.19
28.83	1:00.70 (31.87)	1:34.03 (33.33)	2:05.90 (31.87)	
2:44.73 (38.83)	3:23.38 (38.65)	3:54.50 (31.12)	4:24.19 (29.69)	
7 Maddy Morgan	16	West Seattle Branch YMCA	4:30.43	4:25.82
28.63	1:01.62 (32.99)	1:36.32 (34.70)	2:10.30 (33.98)	
2:46.98 (36.68)	3:24.93 (37.95)	3:55.86 (30.93)	4:25.82 (29.96)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
8 Morgan Pfaff	15	West Shore YMCA	4:34.22	4:27.21
28.59	1:00.87 (32.28)	1:35.63 (34.76)	2:09.24 (33.61)	
2:47.76 (38.52)	3:26.23 (38.47)	3:57.33 (31.10)	4:27.21 (29.88)	
9 Hali Flickinger	14	York And York County YMCA	4:24.78	4:27.88
28.42	1:00.23 (31.81)	1:33.94 (33.71)	2:06.48 (32.54)	
2:46.76 (40.28)	3:27.10 (40.34)	3:58.26 (31.16)	4:27.88 (29.62)	
10 Ashley Reid	15	Sarasota Family YMCA, Inc	4:27.81	4:28.28
29.03	1:01.83 (32.80)	1:34.70 (32.87)	2:07.23 (32.53)	
2:46.05 (38.82)	3:25.93 (39.88)	3:57.57 (31.64)	4:28.28 (30.71)	
11 Kelly Ann Baird	17	Winston Salem YMCA	4:24.71	4:28.80
28.48	1:01.07 (32.59)	1:33.16 (32.09)	2:04.99 (31.83)	
2:44.90 (39.91)	3:27.50 (42.60)	3:58.28 (30.78)	4:28.80 (30.52)	
12 Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:26.54	4:28.97
27.59	58.90 (31.31)	1:33.60 (34.70)	2:07.59 (33.99)	
2:47.69 (40.10)	3:28.17 (40.48)	3:59.00 (30.83)	4:28.97 (29.97)	
13 Mary deMarrais	18	Somerset Hills YMCA	4:27.71	4:29.10
28.46	1:00.59 (32.13)	1:35.14 (34.55)	2:09.63 (34.49)	
2:48.04 (38.41)	3:27.36 (39.32)	3:58.69 (31.33)	4:29.10 (30.41)	
14 Lauren Raczkowski	17	Middle Tyger YMCA	4:33.03	4:29.24
28.82	1:01.53 (32.71)	1:35.04 (33.51)	2:08.10 (33.06)	
2:47.02 (38.92)	3:26.56 (39.54)	3:58.18 (31.62)	4:29.24 (31.06)	
15 Laura Johnson	18	Montgomery -East Branch YMCA	4:28.53	4:29.52
28.41	1:01.17 (32.76)	1:36.19 (35.02)	2:10.79 (34.60)	
2:47.80 (37.01)	3:25.86 (38.06)	3:58.48 (32.62)	4:29.52 (31.04)	
16 Rocky Raybon	17	Sarasota Family YMCA, Inc	4:26.88	4:29.63
28.68	1:00.73 (32.05)	1:34.81 (34.08)	2:08.28 (33.47)	
2:48.02 (39.74)	3:28.02 (40.00)	3:59.23 (31.21)	4:29.63 (30.40)	
17 Susanna White	15	Lynchburg YMCA	4:31.25	4:30.30
28.14	1:00.54 (32.40)	1:36.02 (35.48)	2:09.68 (33.66)	
2:48.66 (38.98)	3:28.58 (39.92)	4:00.39 (31.81)	4:30.30 (29.91)	
18 Kim Jerome	16	Cheshire YMCA	4:33.82	4:30.61
29.07	1:01.15 (32.08)	1:36.98 (35.83)	2:12.28 (35.30)	
2:50.02 (37.74)	3:28.03 (38.01)	4:00.07 (32.04)	4:30.61 (30.54)	
19 Jesse Bessire	17	Sarasota Family YMCA, Inc	4:30.26	4:31.35
28.22	1:00.60 (32.38)	1:35.66 (35.06)	2:10.06 (34.40)	
2:49.54 (39.48)	3:29.12 (39.58)	4:00.62 (31.50)	4:31.35 (30.73)	
20 Lauren Baisden	17	Phoenixville Branch YMCA	4:27.80	4:31.44
28.39	1:00.62 (32.23)	1:34.22 (33.60)	2:07.23 (33.01)	
2:48.77 (41.54)	3:30.04 (41.27)	4:01.53 (31.49)	4:31.44 (29.91)	
21 Corey Allison	18	Sarasota Family YMCA, Inc	4:38.99	4:31.64
29.19	1:01.89 (32.70)	1:36.48 (34.59)	2:09.59 (33.11)	
2:49.96 (40.37)	3:30.74 (40.78)	4:01.78 (31.04)	4:31.64 (29.86)	
22 Stephanie Ferrell	16	Montclair YMCA	4:30.07	4:31.75
28.73	1:01.73 (33.00)	1:36.41 (34.68)	2:10.35 (33.94)	
2:48.87 (38.52)	3:27.99 (39.12)	4:00.50 (32.51)	4:31.75 (31.25)	
23 McKayla Lightbourn	16	Sarasota Family YMCA, Inc	5:02.15L	4:31.96
27.95	1:00.13 (32.18)	1:34.09 (33.96)	2:07.91 (33.82)	
2:47.71 (39.80)	3:28.19 (40.48)	4:00.76 (32.57)	4:31.96 (31.20)	
24 Kiera Molloy	14	Triangle Area YMCA	4:36.79	4:32.08
29.76	1:03.17 (33.41)	1:39.00 (35.83)	2:13.43 (34.43)	
2:52.67 (39.24)	3:31.83 (39.16)	4:02.40 (30.57)	4:32.08 (29.68)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
25	Megan Happ	18	Upper Main Line YMCA	4:37.58	4:32.13
	29.43	1:03.27 (33.84)	1:39.26 (35.99)	2:13.98 (34.72)	
	2:52.63 (38.65)	3:31.43 (38.80)	4:02.60 (31.17)	4:32.13 (29.53)	
26	Laura Gorinski	18	Greensburg YMCA	4:30.27	4:32.23
	29.87	1:04.56 (34.69)	1:39.91 (35.35)	2:15.25 (35.34)	
	2:52.27 (37.02)	3:29.81 (37.54)	4:01.60 (31.79)	4:32.23 (30.63)	
27	Adrienne Phillips	18	West Shore YMCA	4:42.27	4:32.65
	28.16	1:00.65 (32.49)	1:34.88 (34.23)	2:08.73 (33.85)	
	2:48.77 (40.04)	3:29.76 (40.99)	4:01.84 (32.08)	4:32.65 (30.81)	
28	Meriza Werenski	13	Greater Holyoke YMCA	4:30.70	4:33.08
	28.51	1:02.38 (33.87)	1:37.11 (34.73)	2:11.42 (34.31)	
	2:48.91 (37.49)	3:28.73 (39.82)	4:01.69 (32.96)	4:33.08 (31.39)	
29	Kelly Heyde	18	Wilton Family YMCA	4:35.29	4:33.40
	28.60	1:01.49 (32.89)	1:36.78 (35.29)	2:11.98 (35.20)	
	2:51.07 (39.09)	3:31.44 (40.37)	4:03.59 (32.15)	4:33.40 (29.81)	
30	Becca Murray	17	Brandywine -DE YMCA	4:38.56	4:33.49
	30.43	1:05.62 (35.19)	1:40.16 (34.54)	2:14.07 (33.91)	
	2:51.61 (37.54)	3:29.32 (37.71)	4:01.89 (32.57)	4:33.49 (31.60)	
31	Caroline Fore	17	Middle Tyger YMCA	4:35.46	4:33.50
	29.65	1:03.84 (34.19)	1:38.95 (35.11)	2:13.17 (34.22)	
	2:50.85 (37.68)	3:29.19 (38.34)	4:01.79 (32.60)	4:33.50 (31.71)	
32	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	4:36.26	4:33.80
	29.07	1:01.59 (32.52)	1:34.93 (33.34)	2:08.31 (33.38)	
	2:49.74 (41.43)	3:32.01 (42.27)	4:03.37 (31.36)	4:33.80 (30.43)	
33	Megan Alexander	14	North Shore (Sterling) MA YMCA	4:35.93	4:33.84
	28.93	1:01.09 (32.16)	1:34.84 (33.75)	2:07.91 (33.07)	
	2:49.27 (41.36)	3:31.59 (42.32)	4:03.48 (31.89)	4:33.84 (30.36)	
34	Theresa Gallagher	18	Anne Arundel County YMCA	4:34.65	4:34.22
	29.76	1:03.33 (33.57)	1:38.39 (35.06)	2:12.84 (34.45)	
	2:52.88 (40.04)	3:32.86 (39.98)	4:04.08 (31.22)	4:34.22 (30.14)	
35	Hayley Tomlinson	15	Triangle Area YMCA	4:36.61	4:34.23
	28.70	1:01.34 (32.64)	1:37.02 (35.68)	2:12.16 (35.14)	
	2:51.84 (39.68)	3:31.76 (39.92)	4:03.87 (32.11)	4:34.23 (30.36)	
36	Hilary Woldt	17	Oshkosh Community YMCA	4:30.30	4:34.33
	28.55	1:00.93 (32.38)	1:35.07 (34.14)	2:08.41 (33.34)	
	2:51.02 (42.61)	3:33.07 (42.05)	4:04.17 (31.10)	4:34.33 (30.16)	
37	Madeline Barlow	18	Tri-Hampton Family Branch YMC	4:39.97	4:34.79
	27.39	59.23 (31.84)	1:33.68 (34.45)	2:07.61 (33.93)	
	2:48.41 (40.80)	3:30.03 (41.62)	4:03.18 (33.15)	4:34.79 (31.61)	
38	Kara Keenan	18	Upper Main Line YMCA	4:38.89	4:35.20
	29.80	1:02.75 (32.95)	1:37.60 (34.85)	2:11.36 (33.76)	
	2:52.47 (41.11)	3:32.85 (40.38)	4:04.66 (31.81)	4:35.20 (30.54)	
39	Carly Munchel	17	West Shore YMCA	4:29.86	4:35.51
	28.77	1:02.23 (33.46)	1:37.85 (35.62)	2:12.45 (34.60)	
	2:52.64 (40.19)	3:33.55 (40.91)	4:05.41 (31.86)	4:35.51 (30.10)	
40	Erica Lynn	18	Edwardsville YMCA	4:35.60	4:35.94
	29.31	1:02.44 (33.13)	1:40.37 (37.93)	2:17.28 (36.91)	
	2:53.59 (36.31)	3:31.22 (37.63)	4:03.25 (32.03)	4:35.94 (32.69)	
41	Katherine O'Leary	18	Montclair YMCA	4:33.94	4:36.23
	28.56	1:00.50 (31.94)	1:36.21 (35.71)	2:10.53 (34.32)	
	2:50.95 (40.42)	3:31.83 (40.88)	4:04.08 (32.25)	4:36.23 (32.15)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
42	Kate Dillione	16	Tri-Hampton Family Branch YMC	4:41.54	4:36.24
	28.79	1:02.09 (33.30)	1:38.44 (36.35)	2:13.62 (35.18)	
	2:53.05 (39.43)	3:33.69 (40.64)	4:06.49 (32.80)	4:36.24 (29.75)	
43	Katy Munzenmaier	15	Glens Falls YMCA	4:41.74	4:36.58
	28.63	1:01.24 (32.61)	1:36.65 (35.41)	2:11.78 (35.13)	
	2:52.63 (40.85)	3:34.89 (42.26)	4:06.18 (31.29)	4:36.58 (30.40)	
44	Ellen Huelbig	17	Montclair YMCA	4:35.37	4:36.63
	28.76	1:01.08 (32.32)	1:35.94 (34.86)	2:10.52 (34.58)	
	2:51.41 (40.89)	3:32.62 (41.21)	4:05.13 (32.51)	4:36.63 (31.50)	
45	Katherine Foley	16	North Shore (Sterling) MA YMC	4:42.38	4:36.79
	28.70	1:01.54 (32.84)	1:36.61 (35.07)	2:11.67 (35.06)	
	2:53.09 (41.42)	3:34.91 (41.82)	4:06.04 (31.13)	4:36.79 (30.75)	
46	Shannon Ahearn	15	Wilton Family YMCA	4:37.01	4:36.82
	30.01	1:04.30 (34.29)	1:38.89 (34.59)	2:13.39 (34.50)	
	2:52.13 (38.74)	3:31.84 (39.71)	4:05.13 (33.29)	4:36.82 (31.69)	
47	Christina Daquila	18	Somerset Hills YMCA	4:34.88	4:36.88
	29.34	1:02.39 (33.05)	1:36.00 (33.61)	2:08.95 (32.95)	
	2:51.89 (42.94)	3:34.72 (42.83)	4:06.16 (31.44)	4:36.88 (30.72)	
48	Kendall Crawford	14	Middle Tyger YMCA	4:38.99	4:37.07
	28.81	1:01.33 (32.52)	1:34.83 (33.50)	2:08.84 (34.01)	
	2:50.94 (42.10)	3:33.67 (42.73)	4:06.42 (32.75)	4:37.07 (30.65)	
49	Laura Krueger	17	Powel Crosley Jr. YMCA	4:41.02	4:37.16
	29.48	1:02.89 (33.41)	1:39.94 (37.05)	2:16.20 (36.26)	
	2:56.02 (39.82)	3:36.16 (40.14)	4:07.81 (31.65)	4:37.16 (29.35)	
50	Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	4:38.71	4:37.42
	29.99	1:04.39 (34.40)	1:41.44 (37.05)	2:17.23 (35.79)	
	2:56.88 (39.65)	3:36.84 (39.96)	4:07.86 (31.02)	4:37.42 (29.56)	
51	Sarah D'Antoni	16	Ridgewood NJ YMCA	4:39.93	4:37.50
	27.99	1:00.22 (32.23)	1:37.03 (36.81)	2:13.10 (36.07)	
	2:53.29 (40.19)	3:34.25 (40.96)	4:06.20 (31.95)	4:37.50 (31.30)	
52	Brodde Lamb	15	Piedmont Family YMCA Inc.	4:32.70	4:37.66
	28.23	1:00.73 (32.50)	1:35.87 (35.14)	2:12.05 (36.18)	
	2:51.55 (39.50)	3:32.25 (40.70)	4:05.30 (33.05)	4:37.66 (32.36)	
53	Silke Herold	16	Somerset Valley YMCA	4:40.72	4:37.84
	30.94	1:06.15 (35.21)	1:41.41 (35.26)	2:15.39 (33.98)	
	2:55.07 (39.68)	3:35.31 (40.24)	4:06.81 (31.50)	4:37.84 (31.03)	
54	Kristina Roop	17	Upper Main Line YMCA	4:36.78	4:38.03
	28.96	1:01.33 (32.37)	1:36.80 (35.47)	2:11.05 (34.25)	
	2:54.00 (42.95)	3:35.73 (41.73)	4:07.11 (31.38)	4:38.03 (30.92)	
55	Sara Tillie	16	Harford County Family YMCA	4:37.65	4:38.13
	30.48	1:04.89 (34.41)	1:39.74 (34.85)	2:13.45 (33.71)	
	2:53.09 (39.64)	3:33.95 (40.86)	4:06.85 (32.90)	4:38.13 (31.28)	
56	Melissa Feeny	15	Lakeland Hills Family YMCA	4:37.08	4:38.43
	28.33	1:02.99 (34.66)	1:40.27 (37.28)	2:16.43 (36.16)	
	2:55.23 (38.80)	3:34.87 (39.64)	4:07.24 (32.37)	4:38.43 (31.19)	
57	Audrey Tolbert	17	Harford County Family YMCA	4:34.79	4:38.47
	30.10	1:04.56 (34.46)	1:39.37 (34.81)	2:13.80 (34.43)	
	2:54.44 (40.64)	3:35.84 (41.40)	4:08.03 (32.19)	4:38.47 (30.44)	
58	Abbey Tuchscherer	17	Oshkosh Community YMCA	4:36.94	4:38.54
	27.46	59.48 (32.02)	1:35.60 (36.12)	2:11.41 (35.81)	
	2:52.85 (41.44)	3:34.90 (42.05)	4:07.26 (32.36)	4:38.54 (31.28)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
59 Brittany Groene	18	M.E. Lyons (Anderson) YMCA	4:40.49	4:38.69
28.29	1:01.50 (33.21)	1:37.89 (36.39)	2:12.90 (35.01)	
2:52.80 (39.90)	3:33.93 (41.13)	4:06.73 (32.80)	4:38.69 (31.96)	
60 Elizabeth Simon	17	Middle Tyger YMCA	4:40.01	4:38.76
28.04	1:00.58 (32.54)	1:36.45 (35.87)	2:11.18 (34.73)	
2:52.35 (41.17)	3:34.54 (42.19)	4:07.15 (32.61)	4:38.76 (31.61)	
61 Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	4:40.96	4:38.80
29.59	1:05.88 (36.29)	1:41.16 (35.28)	2:15.73 (34.57)	
2:55.14 (39.41)	3:34.95 (39.81)	4:07.84 (32.89)	4:38.80 (30.96)	
62 Michelle Kim	12	Ridgewood NJ YMCA	4:38.26	4:39.01
29.62	1:03.46 (33.84)	1:39.08 (35.62)	2:13.85 (34.77)	
2:55.56 (41.71)	3:37.20 (41.64)	4:08.92 (31.72)	4:39.01 (30.09)	
63 Rachel Mulligan	13	Triangle Area YMCA	4:40.21	4:39.25
30.37	1:04.42 (34.05)	1:39.28 (34.86)	2:13.98 (34.70)	
2:53.46 (39.48)	3:34.57 (41.11)	4:07.45 (32.88)	4:39.25 (31.80)	
64 Madeline Froehlich	18	Cheshire YMCA	4:43.83	4:39.60
30.41	1:05.15 (34.74)	1:40.36 (35.21)	2:14.76 (34.40)	
2:55.26 (40.50)	3:36.33 (41.07)	4:08.54 (32.21)	4:39.60 (31.06)	
65 Mariangela Macchiavello	18	Sarasota Family YMCA, Inc	4:44.24	4:40.02
29.58	1:03.67 (34.09)	1:38.96 (35.29)	2:13.34 (34.38)	
2:53.88 (40.54)	3:34.72 (40.84)	4:08.13 (33.41)	4:40.02 (31.89)	
66 Hannah Lips	12	Middle Tyger YMCA	4:37.20	4:40.04
29.55	1:03.82 (34.27)	1:38.77 (34.95)	2:13.82 (35.05)	
2:56.04 (42.22)	3:37.94 (41.90)	4:09.95 (32.01)	4:40.04 (30.09)	
67 Kaela Bjornberg	17	Cheshire YMCA	4:41.45	4:40.19
29.69	1:03.07 (33.38)	1:39.98 (36.91)	2:15.94 (35.96)	
2:55.10 (39.16)	3:34.46 (39.36)	4:08.18 (33.72)	4:40.19 (32.01)	
68 Anna Schena	17	Birmingham Family YMCA	4:37.65	4:40.60
28.36	59.92 (31.56)	1:35.64 (35.72)	2:11.33 (35.69)	
2:52.53 (41.20)	3:35.17 (42.64)	4:08.58 (33.41)	4:40.60 (32.02)	
69 Courtney Weaver	13	Greater Flint YMCA	4:33.14	4:40.85
29.16	1:02.91 (33.75)	1:38.60 (35.69)	2:13.45 (34.85)	
2:54.16 (40.71)	3:35.44 (41.28)	4:08.71 (33.27)	4:40.85 (32.14)	
70 Natalie Cronk	14	Piedmont Family YMCA Inc.	4:38.22	4:40.97
30.20	1:04.74 (34.54)	1:40.23 (35.49)	2:16.00 (35.77)	
2:56.73 (40.73)	3:37.39 (40.66)	4:09.42 (32.03)	4:40.97 (31.55)	
71 Whitney Woodbridge	16	Saginaw YMCA	4:42.72	4:41.00
30.68	1:05.75 (35.07)	1:41.86 (36.11)	2:17.26 (35.40)	
2:57.17 (39.91)	3:38.06 (40.89)	4:10.26 (32.20)	4:41.00 (30.74)	
72 Erica Hasson	16	South Shore Mill Pond YMCA	4:43.92	4:41.17
30.53	1:04.60 (34.07)	1:40.91 (36.31)	2:17.36 (36.45)	
2:57.65 (40.29)	3:38.08 (40.43)	4:10.27 (32.19)	4:41.17 (30.90)	
73 Emily Blohm	18	Green Bay YMCA Metro	4:35.79	4:41.29
30.16	1:04.37 (34.21)	1:39.92 (35.55)	2:15.56 (35.64)	
2:55.14 (39.58)	3:35.25 (40.11)	4:09.19 (33.94)	4:41.29 (32.10)	
74 Marah Pugh	13	Macomb Family YMCA	4:39.79	4:41.32
30.56	1:04.95 (34.39)	1:41.33 (36.38)	2:16.46 (35.13)	
2:57.91 (41.45)	3:39.69 (41.78)	4:11.69 (32.00)	4:41.32 (29.63)	
75 Valerie Jones	16	Kishwaukee Family YMCA	4:42.54	4:41.46
30.30	1:05.88 (35.58)	1:42.50 (36.62)	2:17.58 (35.08)	
2:57.00 (39.42)	3:37.52 (40.52)	4:10.65 (33.13)	4:41.46 (30.81)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
76 Nicole Provenza	15	Anne Arundel County YMCA	4:44.00	4:41.47
30.33	1:04.78 (34.45)	1:43.28 (38.50)	2:20.12 (36.84)	
2:57.04 (36.92)	3:36.01 (38.97)	4:08.96 (32.95)	4:41.47 (32.51)	
77 Brennah Ross	15	Upper Main Line YMCA	4:41.79	4:41.86
29.79	1:03.14 (33.35)	1:41.01 (37.87)	2:17.32 (36.31)	
2:57.96 (40.64)	3:38.90 (40.94)	4:11.25 (32.35)	4:41.86 (30.61)	
78 Cathleen Pruden	14	Triangle Area YMCA	4:40.63	4:42.09
30.08	1:04.94 (34.86)	1:42.38 (37.44)	2:17.78 (35.40)	
2:58.42 (40.64)	3:38.94 (40.52)	4:11.30 (32.36)	4:42.09 (30.79)	
79 Danielle Valley	13	Sarasota Family YMCA, Inc	4:41.58	4:42.16
31.01	1:06.21 (35.20)	1:44.58 (38.37)	2:21.87 (37.29)	
3:00.99 (39.12)	3:41.14 (40.15)	4:12.04 (30.90)	4:42.16 (30.12)	
80 Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	4:43.47	4:42.32
29.58	1:03.77 (34.19)	1:38.77 (35.00)	2:13.34 (34.57)	
2:54.84 (41.50)	3:38.03 (43.19)	4:11.05 (33.02)	4:42.32 (31.27)	
81 Lauren Law	14	Upper Main Line YMCA	4:42.48	4:42.80
29.97	1:04.13 (34.16)	1:39.95 (35.82)	2:14.92 (34.97)	
2:56.77 (41.85)	3:37.45 (40.68)	4:10.96 (33.51)	4:42.80 (31.84)	
82 Jessica Burkett	13	West Shore YMCA	4:43.74	4:43.05
31.05	1:06.82 (35.77)	1:43.70 (36.88)	2:19.25 (35.55)	
2:59.80 (40.55)	3:40.22 (40.42)	4:12.47 (32.25)	4:43.05 (30.58)	
83 Taylor Andrews	18	Pabst Farms YMCA	4:42.93	4:43.11
29.56	1:04.07 (34.51)	1:41.46 (37.39)	2:18.40 (36.94)	
2:57.20 (38.80)	3:38.21 (41.01)	4:11.47 (33.26)	4:43.11 (31.64)	
84 Jacque Garcia	16	Sarasota Family YMCA, Inc	4:44.13	4:43.43
29.92	1:03.78 (33.86)	1:39.67 (35.89)	2:14.84 (35.17)	
2:57.10 (42.26)	3:39.39 (42.29)	4:12.14 (32.75)	4:43.43 (31.29)	
85 Chantel Ferguson	17	Spokane YMCA	4:41.87	4:43.54
29.27	1:02.14 (32.87)	1:39.22 (37.08)	2:16.00 (36.78)	
2:56.99 (40.99)	3:38.78 (41.79)	4:11.53 (32.75)	4:43.54 (32.01)	
86 Natalie Bolin	16	Oshkosh Community YMCA	4:39.13	4:43.83
29.72	1:04.08 (34.36)	1:38.55 (34.47)	2:13.58 (35.03)	
2:55.48 (41.90)	3:38.64 (43.16)	4:11.97 (33.33)	4:43.83 (31.86)	
87 Rebecca Young	16	Montgomery -East Branch YMCA	4:43.78	4:44.46
28.81	1:02.63 (33.82)	1:39.21 (36.58)	2:16.12 (36.91)	
2:55.22 (39.10)	3:36.14 (40.92)	4:10.80 (34.66)	4:44.46 (33.66)	
88 Cameron Davis	13	Sarasota Family YMCA, Inc	4:42.16	4:44.51
31.16	1:05.93 (34.77)	1:42.67 (36.74)	2:18.45 (35.78)	
3:01.27 (42.82)	3:44.03 (42.76)	4:14.68 (30.65)	4:44.51 (29.83)	
89 Sara Craft	14	Wyckoff Family YMCA Inc	4:39.31	4:44.96
29.99	1:04.21 (34.22)	1:41.39 (37.18)	2:17.74 (36.35)	
3:00.17 (42.43)	3:42.48 (42.31)	4:14.08 (31.60)	4:44.96 (30.88)	
90 Emily Black	16	Lynchburg YMCA	4:38.92	4:44.98
31.23	1:07.05 (35.82)	1:42.23 (35.18)	2:17.08 (34.85)	
2:59.96 (42.88)	3:41.97 (42.01)	4:13.87 (31.90)	4:44.98 (31.11)	
91 Lauren Doerrman	14	Boyertown Area YMCA	4:42.25	4:45.02
30.10	1:05.00 (34.90)	1:42.40 (37.40)	2:17.98 (35.58)	
2:59.04 (41.06)	3:40.89 (41.85)	4:13.73 (32.84)	4:45.02 (31.29)	
92 Emily Miles	16	West Morris YMCA	4:40.07	4:45.30
27.36	1:00.36 (33.00)	1:36.25 (35.89)	2:11.96 (35.71)	
2:55.58 (43.62)	3:39.71 (44.13)	4:12.82 (33.11)	4:45.30 (32.48)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
93	Anna Blair Bullock	15	Winston Salem YMCA	4:41.55	4:45.54
	29.69	1:03.39 (33.70)	1:40.19 (36.80)	2:16.17 (35.98)	
	2:59.11 (42.94)	3:42.14 (43.03)	4:14.55 (32.41)	4:45.54 (30.99)	
94	Rebekah Baker	15	Sarasota Family YMCA, Inc	4:41.76	4:45.63
	29.69	1:03.95 (34.26)	1:40.59 (36.64)	2:17.54 (36.95)	
	2:59.03 (41.49)	3:40.13 (41.10)	4:13.08 (32.95)	4:45.63 (32.55)	
95	Amanda Wachenfeld	16	Somerset Hills YMCA	4:40.36	4:46.06
	29.43	1:02.69 (33.26)	1:38.85 (36.16)	2:14.75 (35.90)	
	2:56.74 (41.99)	3:40.25 (43.51)	4:13.91 (33.66)	4:46.06 (32.15)	
96	Kelly Carroll	14	Summit Branch YMCA	4:40.08	4:46.22
	29.57	1:03.21 (33.64)	1:40.36 (37.15)	2:16.16 (35.80)	
	2:59.46 (43.30)	3:42.89 (43.43)	4:15.27 (32.38)	4:46.22 (30.95)	
97	Marina Borri	14	Farmington Family YMCA	4:42.52	4:46.31
	30.75	1:04.52 (33.77)	1:45.03 (40.51)	2:22.99 (37.96)	
	3:02.22 (39.23)	3:41.47 (39.25)	4:14.43 (32.96)	4:46.31 (31.88)	
98	Mariah Reading	15	Bangor YMCA	4:41.10	4:46.47
	29.76	1:04.54 (34.78)	1:42.02 (37.48)	2:19.30 (37.28)	
	3:00.21 (40.91)	3:41.42 (41.21)	4:15.42 (34.00)	4:46.47 (31.05)	
99	Shannon Mulcahy	16	York And York County YMCA	4:43.71	4:46.76
	30.49	1:04.81 (34.32)	1:42.26 (37.45)	2:18.09 (35.83)	
	3:00.09 (42.00)	3:42.73 (42.64)	4:15.45 (32.72)	4:46.76 (31.31)	
100	Clara Wynn	17	Greensboro YMCA	4:44.06	4:46.78
	31.95	1:08.90 (36.95)	1:46.28 (37.38)	2:22.59 (36.31)	
	3:03.38 (40.79)	3:43.53 (40.15)	4:15.98 (32.45)	4:46.78 (30.80)	
101	Colleen McCormack	17	North Shore (Sterling) MA YMCA	4:43.62	4:47.07
	29.85	1:04.73 (34.88)	1:41.83 (37.10)	2:18.90 (37.07)	
	3:00.46 (41.56)	3:42.39 (41.93)	4:15.24 (32.85)	4:47.07 (31.83)	
*102	Emily Friedline	15	Greensburg YMCA	4:44.05	4:47.08
	30.46	1:05.81 (35.35)	1:43.08 (37.27)	2:19.41 (36.33)	
	3:01.38 (41.97)	3:43.49 (42.11)	4:16.12 (32.63)	4:47.08 (30.96)	
*102	Mckenzie Clark	16	Sarasota Family YMCA, Inc	4:41.62	4:47.08
	29.94	1:05.42 (35.48)	1:42.07 (36.65)	2:17.97 (35.90)	
	3:00.55 (42.58)	3:43.86 (43.31)	4:16.50 (32.64)	4:47.08 (30.58)	
104	Nicole Hranchook	15	Macomb Family YMCA	4:41.47	4:47.26
	29.92	1:04.27 (34.35)	1:41.33 (37.06)	2:18.36 (37.03)	
	3:00.28 (41.92)	3:42.41 (42.13)	4:15.44 (33.03)	4:47.26 (31.82)	
105	Kim Weyand	16	Anne Arundel County YMCA	4:42.03	4:47.60
	30.39	1:05.29 (34.90)	1:43.25 (37.96)	2:20.16 (36.91)	
	3:00.21 (40.05)	3:39.98 (39.77)	4:14.28 (34.30)	4:47.60 (33.32)	
106	Maddy Skorcz	15	Lynchburg YMCA	4:42.19	4:48.32
	31.50	1:07.61 (36.11)	1:45.10 (37.49)	2:22.43 (37.33)	
	3:02.91 (40.48)	3:44.21 (41.30)	4:16.53 (32.32)	4:48.32 (31.79)	
107	Elizabeth Malone	15	Springfield Family YMCA	4:42.57	4:48.44
	29.28	1:03.13 (33.85)	1:40.64 (37.51)	2:17.65 (37.01)	
	2:59.80 (42.15)	3:42.59 (42.79)	4:15.57 (32.98)	4:48.44 (32.87)	
108	Abby Fisher	13	Lakeland Hills Family YMCA	4:39.21	4:49.39
	29.53	1:05.37 (35.84)	1:42.82 (37.45)	2:20.45 (37.63)	
	3:01.38 (40.93)	3:41.77 (40.39)	4:16.01 (34.24)	4:49.39 (33.38)	
109	Stephanie Nguyen	16	Cheshire YMCA	4:39.58	4:49.48
	30.03	1:04.24 (34.21)	1:41.76 (37.52)	2:18.82 (37.06)	
	3:01.69 (42.87)	3:45.30 (43.61)	4:17.62 (32.32)	4:49.48 (31.86)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Women 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
110 Jenni Russell	17	Rock Hill Area YMCA	4:44.00	4:49.69
31.37	1:08.48 (37.11)	1:46.21 (37.73)	2:22.89 (36.68)	
3:02.28 (39.39)	3:42.36 (40.08)	4:16.36 (34.00)	4:49.69 (33.33)	
111 Christen Cherry	16	Lakeland Hills Family YMCA	4:41.73	4:50.74
29.63	1:03.80 (34.17)	1:39.01 (35.21)	2:13.92 (34.91)	
2:58.25 (44.33)	3:43.03 (44.78)	4:17.02 (33.99)	4:50.74 (33.72)	
112 Meghan Lam	17	Brandywine -DE YMCA	4:44.05	4:51.39
30.42	1:06.99 (36.57)	1:43.73 (36.74)	2:19.27 (35.54)	
3:03.58 (44.31)	3:47.02 (43.44)	4:19.49 (32.47)	4:51.39 (31.90)	
113 Kristen Landry	15	Lakeland Hills Family YMCA	4:43.67	4:51.94
30.96	1:07.62 (36.66)	1:43.31 (35.69)	2:19.18 (35.87)	
3:03.47 (44.29)	3:47.29 (43.82)	4:20.15 (32.86)	4:51.94 (31.79)	
114 Anna Blackburn	15	Winston Salem YMCA	4:39.42	4:51.95
30.02	1:04.48 (34.46)	1:40.37 (35.89)	2:15.87 (35.50)	
3:00.13 (44.26)	3:45.19 (45.06)	4:18.91 (33.72)	4:51.95 (33.04)	
115 Colleen O'Neil	14	South Shore Mill Pond YMCA	4:42.16	4:52.25
31.07	1:07.01 (35.94)	1:42.77 (35.76)	2:17.98 (35.21)	
3:01.37 (43.39)	3:44.66 (43.29)	4:18.64 (33.98)	4:52.25 (33.61)	
116 Dana Rzewnicki	15	Somerset Valley YMCA	4:40.70	4:53.04
30.34	1:07.09 (36.75)	1:43.10 (36.01)	2:18.77 (35.67)	
3:01.84 (43.07)	3:45.59 (43.75)	4:20.18 (34.59)	4:53.04 (32.86)	
117 Elise Lankiewicz	13	Pabst Farms YMCA	4:40.44	4:53.48
30.17	1:04.21 (34.04)	1:41.15 (36.94)	2:17.48 (36.33)	
3:02.88 (45.40)	3:49.34 (46.46)	4:21.57 (32.23)	4:53.48 (31.91)	
118 Christina Santomauro	16	Somerset Valley YMCA	4:43.61	4:54.42
29.43	1:03.39 (33.96)	1:40.05 (36.66)	2:16.43 (36.38)	
3:02.83 (46.40)	3:48.46 (45.63)	4:21.34 (32.88)	4:54.42 (33.08)	
119 Wendy Liu	16	Somerset Valley YMCA	4:43.47	4:57.19
29.80	1:05.15 (35.35)	1:43.95 (38.80)	2:21.59 (37.64)	
3:06.70 (45.11)	3:50.41 (43.71)	4:23.81 (33.40)	4:57.19 (33.38)	
--- Karen Chu	15	Westport/Weston CT YMCA	4:42.20	DQ
--- Caroline Smith	18	Rowan County YMCA	4:25.97	DQ
Non-continuous turning action - back				
27.49	59.00 (31.51)	1:31.32 (32.32)	2:04.01 (32.69)	
2:43.80 (39.79)	3:24.20 (40.40)	3:54.72 (30.52)	DQ (30.20)	
--- Melissa Oishi	18	West Seattle Branch YMCA	4:42.32	DQ
--- Kathryn Bromback	17	Morris Center YMCA	4:43.23	DQ
Non-continuous turning action - back				
28.23	1:01.19 (32.96)	1:37.87 (36.68)	2:13.41 (35.54)	
2:54.17 (40.76)	3:35.79 (41.62)	4:10.68 (34.89)	DQ (33.45)	

**Women 200 Yard Freestyle Relay Swimming Competition**

National: 1:33.26 \* 4/5/2007      YMCA of the Triangle Area      Triangle Area  
 T Long, S Drechsel, A Myers, C Cooper

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Sarasota Family YMCA, Inc		1:36.55	1:34.68
1) Kathyne Muth 17	2) Ashlee Linn 16	3) Corinne Showalter 18	4) Hayley Tilton 18
24.28	47.71 (23.43)	1:10.99 (23.28)	1:34.68 (23.69)
2 Birmingham Family YMCA		1:35.68	1:34.94
1) Katherine Carl 17	2) Taylor Steffl 15	3) Jaynie Pulte 15	4) Lauren Nichols 18
24.06	47.86 (23.80)	1:11.94 (24.08)	1:34.94 (23.00)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
3 Middle Tyger YMCA		1:36.22	1:35.53
1) Addie Carne 18	2) Haley Lips 15	3) Annie Gillig 14	4) Laura Simon 18
24.29	47.54 (23.25)	1:11.49 (23.95)	1:35.53 (24.04)
4 Reading and Berks County YI		1:36.26	1:36.07
1) Paige Impink 17	2) Camilla Czulada 15	3) Erin Timochenko 14	4) Mary Moser 17
24.38	48.20 (23.82)	1:13.20 (25.00)	1:36.07 (22.87)
5 Anne Arundel County YMCA		1:36.89	1:36.18
1) Emily Lloyd 16	2) Kendall Farnham 16	3) Caroline Burns 17	4) Kori Golden 17
22.76	47.40 (24.64)	1:11.76 (24.36)	1:36.18 (24.42)
6 Wilton Family YMCA		1:37.27	1:36.49
1) Shelby Fortin 16	2) Caroline Higgins 16	3) Taylor Byerly 15	4) Dana Gnerre 18
23.63	48.11 (24.48)	1:12.35 (24.24)	1:36.49 (24.14)
7 Fanwood-Scotch Plains YMC		1:37.06	1:36.86
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Jessica Colucci 16	4) Ariana Lyons 17
24.30	48.70 (24.40)	1:13.40 (24.70)	1:36.86 (23.46)
8 Springfield Family YMCA		1:37.18	1:37.40
1) Margo Geer 17	2) Kendra Crew 14	3) Lauren Funk 17	4) Liz Samuelson 18
22.89	47.96 (25.07)	1:11.84 (23.88)	1:37.40 (25.56)
<b>B - Final</b>			
9 B.R. Ryall (Northwestern Dur		1:37.33	1:36.44
1) Allison Pavlik 14	2) Madeline Scarborough 18	3) Sarah Galvin 18	4) Emily Gniatczyk 17
24.69	49.10 (24.41)	1:13.08 (23.98)	1:36.44 (23.36)
10 Triangle Area YMCA		1:37.37	1:36.81
1) Sabrina Benson 15	2) Nicole Miller 18	3) Hayley Tomlinson 15	4) Erin Burke 18
24.07	48.04 (23.97)	1:12.77 (24.73)	1:36.81 (24.04)
*11 Tri-Hampton Family Branch		1:38.15	1:37.15
1) Kate Dillione 16	2) Kendall Kirsteier 15	3) Courtney Beidler 17	4) Alexis Houser 17
24.55	48.92 (24.37)	1:13.12 (24.20)	1:37.15 (24.03)
*11 Somerset Hills YMCA		1:37.68	1:37.15
1) Julia Kudryashova 15	2) Marisa Immormino 16	3) Kimberly Closs 17	4) Jenna Immormino 15
24.35	48.69 (24.34)	1:13.17 (24.48)	1:37.15 (23.98)
13 Somerset Valley YMCA		1:37.45	1:37.21
1) Kristen Moll 17	2) Mara Valenzuela 15	3) Casey Stahl 17	4) Courtney Raw 17
24.96	48.90 (23.94)	1:13.21 (24.31)	1:37.21 (24.00)
14 Lakeland Hills Family YMCA		1:37.89	1:37.33
1) Molly Higgins 17	2) Kaitlyn Utkewicz 16	3) Meghan Kiely 14	4) Katherine Foley 18
24.27	48.89 (24.62)	1:13.08 (24.19)	1:37.33 (24.25)
15 Oshkosh Community YMCA		1:37.81	1:37.40
1) Rachel Revolinski 16	2) Siri Smits 15	3) Hilary Woldt 17	4) Abbey Tuchscherer 17
24.28	48.69 (24.41)	1:13.33 (24.64)	1:37.40 (24.07)
16 Greensburg YMCA		1:37.94	1:37.76
1) Anna Gibas 17	2) Brooke Waugaman 16	3) Meredith Gibbon 17	4) Laura Gorinski 18
24.42	48.91 (24.49)	1:13.46 (24.55)	1:37.76 (24.30)

**Women 200 Yard Freestyle Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 Birmingham Family YMCA		1:37.52	1:35.68
1) Katherine Carl 17	2) Taylor Steffl 15	3) Jaynie Pulte 15	4) Lauren Nichols 18
24.36	48.42 (24.06)	1:12.51 (24.09)	1:35.68 (23.17)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
2 Middle Tyger YMCA			1:38.28	1:36.22
1) Haley Lips 15	2) Addie Carne 18	3) Annie Gillig 14	4) Laura Simon 18	
24.22	48.05 (23.83)	1:12.11 (24.06)	1:36.22 (24.11)	
3 Reading and Berks County YI			1:38.36	1:36.26
1) Paige Impink 17	2) Camilla Czulada 15	3) Erin Timochenko 14	4) Mary Moser 17	
24.38	48.65 (24.27)	1:13.27 (24.62)	1:36.26 (22.99)	
4 Sarasota Family YMCA, Inc			1:40.28	1:36.55
1) Ashlee Linn 16	2) Corinne Showalter 18	3) Hayley Tilton 18	4) Katheryne Muth 17	
24.02	47.81 (23.79)	1:12.25 (24.44)	1:36.55 (24.30)	
5 Anne Arundel County YMCA			1:38.35	1:36.89
1) Emily Lloyd 16	2) Kendall Farnham 16	3) Caroline Burns 17	4) Kori Golden 17	
22.76	47.69 (24.93)	1:12.33 (24.64)	1:36.89 (24.56)	
6 Fanwood-Scotch Plains YMC			1:38.41	1:37.06
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Jessica Colucci 16	4) Ariana Lyons 17	
24.52	48.46 (23.94)	1:12.95 (24.49)	1:37.06 (24.11)	
7 Springfield Family YMCA			1:37.25	1:37.18
1) Margo Geer 17	2) Kendra Crew 14	3) Lauren Funk 17	4) Liz Samuelson 18	
22.85	47.73 (24.88)	1:11.46 (23.73)	1:37.18 (25.72)	
8 Wilton Family YMCA			1:38.70	1:37.27
1) Dana Gnerre 18	2) Caroline Higgins 16	3) Taylor Byerly 15	4) Shelby Fortin 16	
24.61	49.30 (24.69)	1:13.62 (24.32)	1:37.27 (23.65)	
9 B.R. Ryall (Northwestern Dup			1:39.23	1:37.33
1) Allison Pavlik 14	2) Madeline Scarborough 18	3) Sarah Galvin 18	4) Emily Gniatczyk 17	
25.08	49.40 (24.32)	1:13.72 (24.32)	1:37.33 (23.61)	
10 Triangle Area YMCA			1:38.15	1:37.37
1) Sabrina Benson 15	2) Nicole Miller 18	3) Hayley Tomlinson 15	4) Erin Burke 18	
23.95	48.47 (24.52)	1:13.34 (24.87)	1:37.37 (24.03)	
11 Somerset Valley YMCA			1:38.00	1:37.45
1) Kristen Moll 17	2) Mara Valenzuela 15	3) Casey Stahl 17	4) Courtney Raw 17	
25.06	49.23 (24.17)	1:13.50 (24.27)	1:37.45 (23.95)	
12 Somerset Hills YMCA			1:37.84	1:37.68
1) Julia Kudryashova 15	2) Marisa Immormino 16	3) Kimberly Closs 17	4) Jenna Immormino 15	
24.77	49.15 (24.38)	1:13.65 (24.50)	1:37.68 (24.03)	
13 Oshkosh Community YMCA			1:36.90	1:37.81
1) Rachel Revolinski 16	2) Siri Smits 15	3) Hilary Woldt 17	4) Abbey Tuchscherer 17	
24.62	49.24 (24.62)	1:13.81 (24.57)	1:37.81 (24.00)	
14 Lakeland Hills Family YMCA			1:37.32	1:37.89
1) Molly Higgins 17	2) Kaitlyn Utkewicz 16	3) Meghan Kiely 14	4) Katherine Foley 18	
24.48	49.02 (24.54)	1:13.49 (24.47)	1:37.89 (24.40)	
15 Greensburg YMCA			1:37.97	1:37.94
1) Anna Gibas 17	2) Brooke Waugaman 16	3) Meredith Gibbon 17	4) Laura Gorinski 18	
24.78	49.24 (24.46)	1:13.67 (24.43)	1:37.94 (24.27)	
16 Tri-Hampton Family Branch			1:40.52	1:38.15
1) Kate Dillione 16	2) Kendall Kirsteier 15	3) Courtney Beidler 17	4) Alexis Houser 17	
24.92	49.42 (24.50)	1:13.99 (24.57)	1:38.15 (24.16)	
17 Canandaigua YMCA			1:37.32	1:38.26
1) Julia Messina 15	2) Brittney Kuras 18	3) Paula Bentley 16	4) Heather Savage 18	
25.29	48.79 (23.50)	1:14.63 (25.84)	1:38.26 (23.63)	
18 Upper Main Line YMCA			1:40.39	1:38.41
1) Shannon Rauth 13	2) Kate Durkan 17	3) Jules Rava 18	4) Jenny Dalmonte 17	
24.48	49.15 (24.67)	1:14.15 (25.00)	1:38.41 (24.26)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
19 Red Bank Branch		1:39.79	1:38.64
1) Maureen McKenna 16	2) Kelly Markwell 17	3) Lauren Lo 17	4) Sarah Finn 15
24.85	49.29 (24.44)	1:14.22 (24.93)	1:38.64 (24.42)
20 West Shore YMCA		1:39.44	1:38.67
1) Lauren Schmittle 17	2) Madeline Hoch 13	3) Claire Loht 16	4) Stephanie Kinsey 17
24.76	49.42 (24.66)	1:14.04 (24.62)	1:38.67 (24.63)
21 Pabst Farms YMCA		1:38.21	1:38.83
1) Becky Yokosh 17	2) Diana Diel 17	3) Jordon Momsen 17	4) Elise Lankiewicz 13
24.51	48.20 (23.69)	1:13.55 (25.35)	1:38.83 (25.28)
22 Tri-City Area IL YMCA		1:39.77	1:39.01
1) Andrea McPike 18	2) Maddie Monroe 15	3) Sage Haggard 15	4) Daphne Williams 18
24.54	49.66 (25.12)	1:15.06 (25.40)	1:39.01 (23.95)
23 M.E. Lyons (Anderson) YMC		1:39.63	1:39.11
1) Julia Comodeca 16	2) Katie Nemann 16	3) Claire Shannon 18	4) Casey Ridge 18
24.71	49.89 (25.18)	1:14.71 (24.82)	1:39.11 (24.40)
24 Countryside Ralph Stolle YM		1:41.94	1:39.16
1) Breann McDowell 17	2) Lynn Brotherton 17	3) Rachael Lewis 15	4) Sam Vandyke 17
24.91	49.61 (24.70)	1:14.09 (24.48)	1:39.16 (25.07)
25 South Family YMCA-Ketterir		1:39.25	1:39.25
1) Natalie Rohr 15	2) Morgan Nuess 17	3) Natasha Wahl 16	4) Ally Stover 18
24.59	50.04 (25.45)	1:14.63 (24.59)	1:39.25 (24.62)
26 Western Monmouth Co. YMC		1:38.86	1:39.32
1) Chelsea Unger 17	2) Noelle Klockner 14	3) Bowie Reilly 17	4) Lee Ingram 18
24.93	49.45 (24.52)	1:14.62 (25.17)	1:39.32 (24.70)
27 Lynchburg YMCA		1:40.87	1:39.40
1) Susanna White 15	2) Amber Wingfield 15	3) Jennifer Murphy 17	4) Ainsley Reed 13
23.97	48.46 (24.49)	1:14.11 (25.65)	1:39.40 (25.29)
28 Cheshire YMCA		1:39.70	1:39.50
1) Hollis Capuano 18	2) Lauren Solernou 16	3) Jennifer Tavares 14	4) Jessica Metcalf 18
24.90	49.58 (24.68)	1:14.39 (24.81)	1:39.50 (25.11)
29 Powel Crosley Jr. YMCA		1:38.50	1:39.56
1) Bryn Dunbar 18	2) Sara Krueger 15	3) Laura Krueger 17	4) Celia Oberholzer 15
24.82	49.47 (24.65)	1:14.91 (25.44)	1:39.56 (24.65)
30 West Seattle Branch YMCA		1:39.00	1:39.58
1) Maddy Morgan 16	2) Melissa Oishi 18	3) Audrey Griggs 15	4) Amanda Thach 15
24.29	49.94 (25.65)	1:15.11 (25.17)	1:39.58 (24.47)
31 Madison East YMCA		1:40.93	1:39.63
1) Britney Hilgendorf 16	2) Elizabeth Emmerich 16	3) Kelsey Millin 16	4) Hayley Martin 18
25.75	51.11 (25.36)	1:15.98 (24.87)	1:39.63 (23.65)
32 Wyckoff Family YMCA Inc		1:39.05	1:39.65
1) Alison O'Connor 15	2) Patty Boyer 16	3) Sara Craft 14	4) Chloe Conjares 16
25.29	50.29 (25.00)	1:15.54 (25.25)	1:39.65 (24.11)
33 York And York County YMC		1:42.01	1:39.67
1) Sarah Dotzel 17	2) Julia Kucherich 17	3) Taylor Brew 15	4) Sada Stewart 15
25.42	50.56 (25.14)	1:15.43 (24.87)	1:39.67 (24.24)
34 Greater Flint YMCA		1:41.62	1:39.73
1) Anna Wujciak 14	2) Emily Eaton 15	3) Kelsey Reid 17	4) Courtney Weaver 13
24.57	49.43 (24.86)	1:14.80 (25.37)	1:39.73 (24.93)
35 Madison West YMCA		1:37.61	1:39.81
1) Alissa Endres 17	2) Kayce Smith 14	3) Sierra Sachtjen 15	4) Kayla Smith 18
25.22	50.52 (25.30)	1:16.21 (25.69)	1:39.81 (23.60)
36 Eau Claire Wisconsin YMCA		1:39.86	1:39.85
1) Tina DeLakis 17	2) Trinity Whitney 17	3) Ali Glassbrenner 13	4) Leah Pronschinske 14
24.71	50.43 (25.72)	1:15.71 (25.28)	1:39.85 (24.14)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
37 Riverfront Branch YMCA			1:41.78	1:39.88
1) Jillian Gamble 16	2) Regina Shetler 17	3) Allison Walker 17	4) Chelsea Doyle 17	
24.92	49.86 (24.94)	1:14.63 (24.77)	1:39.88 (25.25)	
38 Winston Salem YMCA			1:37.82	1:39.91
1) Anna Ratana 17	2) Kelly Ann Baird 17	3) Genevieve Miller 13	4) Rachel Wilson 18	
25.06	50.01 (24.95)	1:15.15 (25.14)	1:39.91 (24.76)	
39 Green Bay YMCA Metro			1:39.60	1:39.95
1) Jasmine Lee 16	2) Emily Bourguignon 16	3) Stephanie Paape 15	4) Kendra Seeholzer 18	
24.90	50.10 (25.20)	1:15.02 (24.92)	1:39.95 (24.93)	
40 Hannibal YMCA			1:41.03	1:40.05
1) Kaylan Gieseke 14	2) Tessa Bieniek 14	3) JaLynn Gieseke 16	4) Rebekah Land 15	
25.63	51.20 (25.57)	1:16.07 (24.87)	1:40.05 (23.98)	
41 Schroeder YMCA			1:40.31	1:40.06
1) Sadie Nennig 16	2) Alyssa Niebrugge 17	3) Abigail Raatz 13	4) Eva Schulteis 16	
24.90	50.02 (25.12)	1:15.14 (25.12)	1:40.06 (24.92)	
42 Greenwich YMCA			1:41.33	1:40.23
1) Samantha Heyman 17	2) Emily Weir 17	3) Christine McGuire 15	4) Jesse Evans 15	
24.77	50.26 (25.49)	1:15.81 (25.55)	1:40.23 (24.42)	
43 Bismarck YMCA			1:40.96	1:40.45
1) Cassie Walth 14	2) Sara Weinberg 18	3) Lydia Engberg 15	4) Kalee Kemmesat 17	
25.13	49.91 (24.78)	1:15.39 (25.48)	1:40.45 (25.06)	
44 Pottstown YMCA			1:40.43	1:40.48
1) Lyndsey Marcheskie 15	2) Shannon Draves 18	3) Melissa Cook 18	4) Rachel Gadzicki 18	
25.73	50.74 (25.01)	1:15.76 (25.02)	1:40.48 (24.72)	
45 Harford County Family YMC			1:42.15	1:40.50
1) Meredith Foster 16	2) Sara Tillie 16	3) Carrie Dukes 13	4) Audrey Tolbert 17	
25.37	50.75 (25.38)	1:15.89 (25.14)	1:40.50 (24.61)	
46 Spokane YMCA			1:42.09	1:40.54
1) Amber Amr 16	2) Maggie Thompson 17	3) Amani Amr 14	4) Emri Moore 15	
25.46	51.37 (25.91)	1:16.28 (24.91)	1:40.54 (24.26)	
47 Rapid Area YMCA - MI			1:39.31	1:40.64
1) Taylor Folkertsma 15	2) Marissa Murphy 17	3) Stephie Fox 18	4) Ali Bauer 15	
25.27	49.49 (24.22)	1:14.11 (24.62)	1:40.64 (26.53)	
48 North Shore (Sterling) MA YI			1:55.62L	1:40.71
1) Molly McSweeney 15	2) Amy Needham 16	3) Ryan Alexander 13	4) Megan Alexander 14	
25.40	50.61 (25.21)	1:15.78 (25.17)	1:40.71 (24.93)	
49 North Oakland Family YMCA			1:40.04	1:40.88
1) Hannah Knapp 14	2) Hanna Hunstad 14	3) Lauren Burt 18	4) Samantha Ward 17	
25.51	51.05 (25.54)	1:16.45 (25.40)	1:40.88 (24.43)	
50 Farmington Family YMCA			1:41.93	1:40.99
1) Kayla Douglas 15	2) Marissa Doepker 18	3) Milon Crawford 15	4) Miranda Doepker 15	
25.65	50.31 (24.66)	1:15.38 (25.07)	1:40.99 (25.61)	
51 Burlington County YMCA			1:40.52	1:41.06
1) Samantha Sides 16	2) Cathy Howard 18	3) Kristen Lee 16	4) Courtney Sepich 17	
24.61	50.40 (25.79)	1:16.47 (26.07)	1:41.06 (24.59)	
52 Eastside Family Branch YMC			1:41.69	1:41.28
1) Karyn Adams 15	2) Jamie Redlawsk 17	3) Tori McKenna 18	4) Rylee Klomp 14	
25.54	50.96 (25.42)	1:16.61 (25.65)	1:41.28 (24.67)	
53 Bath Area Family YMCA			1:41.96	1:41.34
1) Emily Buczkowski 15	2) Jessica Russell 14	3) Petra Janney 16	4) Abbey Ridge 17	
24.81	49.84 (25.03)	1:15.19 (25.35)	1:41.34 (26.15)	
54 Westfield YMCA			1:41.33	1:41.35
1) Meg Kaveney 16	2) Carly Whitmer 14	3) Meredith Smith 16	4) Suzanne Lemberg 17	
25.90	51.36 (25.46)	1:17.04 (25.68)	1:41.35 (24.31)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
55 New Canaan Community YM		1:41.41	1:41.39
1) Lulu Belak 16	2) Katie Orem 16	3) Claudia DiCapua 14	4) Sam Berizzi 17
24.95	50.57 (25.62)	1:16.29 (25.72)	1:41.39 (25.10)
56 Greater Holyoke YMCA		1:40.63	1:41.50
1) Anna Strzempko 14	2) Meaghan Kwarcinski 14	3) Kara Lacoste 15	4) Catriona Coppler 16
25.48	51.01 (25.53)	1:16.49 (25.48)	1:41.50 (25.01)
57 Brandywine -DE YMCA		1:41.84	1:41.85
1) Becca Murray 17	2) Corinne Capodanno 14	3) Meghan Lam 17	4) Annie Carter 18
26.06	51.08 (25.02)	1:16.40 (25.32)	1:41.85 (25.45)
58 Beaver creek Branch YMCA		1:40.60	1:41.96
1) Melissa Woody 17	2) Jackie Moroz 17	3) Elizabeth Brunsmann 17	4) Margo Khalili 17
25.48	51.63 (26.15)	1:17.53 (25.90)	1:41.96 (24.43)
59 Vermilion Family YMCA		1:40.84	1:42.05
1) Rachel Buckley 15	2) Jennifer Buckley 14	3) Taylor Sustersic 15	4) Evann Heidersbach 17
26.48	52.48 (26.00)	1:18.20 (25.72)	1:42.05 (23.85)
*60 Sunbury Branch YMCA		1:41.05	1:42.28
1) Kelsey Williams 16	2) Kala Misavage 19	3) Lexi Cole 15	4) Michelle Giordani 15
25.76	51.09 (25.33)	1:16.86 (25.77)	1:42.28 (25.42)
*60 La Crosse Area Family YMC.		1:40.29	1:42.28
1) Brooke Reynolds 15	2) Kayla McCormick 17	3) Allison Witt 17	4) Emilie Klos 15
25.58	51.20 (25.62)	1:16.88 (25.68)	1:42.28 (25.40)
62 Phoenixville Branch YMCA		1:40.43	1:42.39
1) Paige Baisden 15	2) Madeline Zimmerman 12	3) Maureen Ryan 14	4) Eileen Butler 14
25.42	51.02 (25.60)	1:16.55 (25.53)	1:42.39 (25.84)
63 North Canton Community YM		1:40.93	1:42.53
1) Nicole Becks 15	2) Rachel Misanik 17	3) Jacquelyn Misanik 16	4) Chase Kinney 14
26.23	52.18 (25.95)	1:17.96 (25.78)	1:42.53 (24.57)
64 Kishwaukee Family YMCA		1:40.69	1:42.55
1) Emily Launer 15	2) Valerie Jones 16	3) Casey Jepsen 16	4) Emily Waller 18
25.46	51.65 (26.19)	1:17.26 (25.61)	1:42.55 (25.29)
65 Boyertown Area YMCA		1:40.92	1:42.57
1) Danielle Davis 15	2) Brianna Bentz 15	3) Katie Duggan 16	4) Marissa Fattore 17
25.18	50.43 (25.25)	1:16.10 (25.67)	1:42.57 (26.47)
66 Knox County YMCA		1:42.14	1:42.58
1) Lauren Albert 17	2) Colleen Shelly 15	3) Kathleen Varner 17	4) Natalie Statham 15
25.78	51.39 (25.61)	1:16.97 (25.58)	1:42.58 (25.61)
67 McGaw YMCA		1:41.55	1:42.62
1) Evan Swenson 14	2) Allison Siegel 17	3) Sharon Wu 14	4) Kayla McCoy 12
24.94	49.52 (24.58)	1:16.18 (26.66)	1:42.62 (26.44)
68 Canton IL YMCA		1:42.11	1:42.66
1) Anna Yontz 15	2) Marissa Yontz 15	3) Amy Herink 16	4) Sarah Rowe 13
25.42	50.92 (25.50)	1:17.44 (26.52)	1:42.66 (25.22)
69 Summit Branch YMCA		1:41.10	1:42.83
1) Hannah Benn 16	2) Carey Fries 16	3) Julia Harrigan 15	4) Kelly Carroll 14
25.60	51.87 (26.27)	1:17.54 (25.67)	1:42.83 (25.29)
70 Fox Cities YMCA		1:38.06	1:42.97
1) Laura Wardecke 17	2) Jill Georgen 14	3) McKenzie Goudreau 14	4) Laura Westfall 17
26.03	52.62 (26.59)	1:17.82 (25.20)	1:42.97 (25.15)
71 Edwardsville YMCA		1:40.95	1:43.14
1) Sarah Baggette 14	2) Allie Scime 18	3) Ali Lampen 13	4) Jennifer Deist 14
25.86	51.82 (25.96)	1:17.74 (25.92)	1:43.14 (25.40)
72 Hilliard YMCA		1:41.60	1:43.20
1) Sarah Behrent 15	2) Taylor Camp 13	3) Emily Thomas 18	4) Katie Lewis 18
25.81	51.83 (26.02)	1:17.19 (25.36)	1:43.20 (26.01)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
73 Morris Center YMCA			1:41.72	1:43.24
1) Emily Ashton 15	2) Kimberly Hall 17	3) Kimberly Lawson 18	4) Deirdre Esposito 15	
26.40	52.90 (26.50)	1:18.20 (25.30)	1:43.24 (25.04)	
74 Talbot County YMCA			1:41.95	1:43.34
1) Casey Thomas 16	2) Katie Sagaser 17	3) Devin Lessard 18	4) Taylor McWilliams 18	
25.77	52.16 (26.39)	1:17.86 (25.70)	1:43.34 (25.48)	
75 Rock River Valley YMCA			1:42.13	1:43.37
1) Kelsie Montana 15	2) Arica Woolbright 17	3) Julia Rasmussen 17	4) Rachel Larson 15	
26.81	52.00 (25.19)	1:17.63 (25.63)	1:43.37 (25.74)	
76 Western Branch YMCA			1:41.43	1:43.45
1) Nicole Osman 16	2) Jill Faull 16	3) Claire Mesko 15	4) Britt Rehrig 18	
25.70	52.05 (26.35)	1:18.30 (26.25)	1:43.45 (25.15)	
77 South Eastern Coastline Branc			1:41.06	1:43.58
1) Alivia Berg 15	2) Dana Tricarico 17	3) Noelene Power 14	4) Julie Lalonde 18	
25.15	50.72 (25.57)	1:17.73 (27.01)	1:43.58 (25.85)	
78 Great Miami Valley Ohio YM			1:40.83	1:43.59
1) Bekka Westrick 17	2) Katelyn Pratt-Collins 18	3) Julianna Lynch 18	4) Maya Lynch 16	
24.88	50.62 (25.74)	1:16.28 (25.66)	1:43.59 (27.31)	
79 West Morris YMCA			1:42.09	1:43.81
1) Sarah Wagner 16	2) Jen Koide 13	3) Hanna Schenkman 17	4) Kristen Ferriero 17	
26.19	51.95 (25.76)	1:18.09 (26.14)	1:43.81 (25.72)	
80 Montclair YMCA			1:41.61	1:43.83
1) Caitlin Nelson 18	2) Maeve O'Leary 16	3) Ellen Huelbig 17	4) Katherine O'Leary 18	
25.08	52.18 (27.10)	1:18.17 (25.99)	1:43.83 (25.66)	
81 Macomb Family YMCA			1:42.07	1:43.88
1) Brooke Will 16	2) Nicole Hranchook 15	3) Marah Pugh 13	4) Hannah Pugh 16	
26.23	52.22 (25.99)	1:18.15 (25.93)	1:43.88 (25.73)	
82 Northern Dauphin County YM			1:42.00	1:44.14
1) Allison Luzik 17	2) Catherine Amoriello 13	3) Brittany Luzik 17	4) Rose Kell 16	
26.29	52.62 (26.33)	1:18.73 (26.11)	1:44.14 (25.41)	
83 Pocono Family YMCA			1:41.94	1:44.15
1) Alex Burns 12	2) Lena Yang 14	3) Avanti Banks 16	4) Elizabeth Jordan 17	
26.55	53.30 (26.75)	1:19.49 (26.19)	1:44.15 (24.66)	
84 Marinette-Menominee YMCA			1:42.15	1:44.41
1) Madeline Rastall 14	2) Alison Johnson 16	3) Christa Cook 16	4) Kelsey Sipple 18	
26.24	52.75 (26.51)	1:19.19 (26.44)	1:44.41 (25.22)	
85 Columbia Northwest Family Y			1:41.89	1:44.61
1) Margaret Hoynes 18	2) Annie Suarez 16	3) Katie Shoemaker 15	4) Michelle Whitfield 15	
26.38	53.20 (26.82)	1:18.90 (25.70)	1:44.61 (25.71)	
86 Greater Johnstown Communit			1:41.79	1:45.23
1) Danielle Parowski 14	2) Sarah Robbins 15	3) Abby Motley 18	4) Sarah Kaneshiki 16	
26.68	52.80 (26.12)	1:19.17 (26.37)	1:45.23 (26.06)	
87 Michiana YMCA			1:41.44	1:50.22
1) Ashleigh Bush 14	2) Alyssa Sater 16	3) Makenzie Milliman 15	4) Bethany Milliman 18	
27.10	54.05 (26.95)	1:24.73 (30.68)	1:50.22 (25.49)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 400 Yard Freestyle Relay Swimming Competition**

National: 3:24.28 \* 1988

Wilton Family, CT

Wilton Family, CT

L. Curtis, S. Porter, L. Seward, J. Jorgensen

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Middle Tyger YMCA		3:26.70	3:24.21 *
1) Haley Lips 15	2) Addie Carne 18	3) Annie Gillig 14	4) Laura Simon 18
24.52	50.48 (50.48)	1:14.63 (24.15)	1:41.79 (51.31)
2:06.17 (24.38)	2:32.52 (50.73)	2:56.91 (24.39)	3:24.21 (51.69)
2 Sarasota Family YMCA, Inc		3:28.70	3:25.72
1) Ashlee Linn 16	2) Corinne Showalter 18	3) Kata Fodor 19	4) McKayla Lightbourn 16
24.98	51.22 (51.22)	1:15.21 (23.99)	1:41.47 (50.25)
2:06.53 (25.06)	2:33.33 (51.86)	2:57.95 (24.62)	3:25.72 (52.39)
3 Triangle Area YMCA		3:28.22	3:27.36
1) Sabrina Benson 15	2) Nicole Miller 18	3) Hayley Tomlinson 15	4) Erin Burke 18
24.27	50.66 (50.66)	1:15.42 (24.76)	1:43.16 (52.50)
2:08.45 (25.29)	2:36.19 (53.03)	3:00.71 (24.52)	3:27.36 (51.17)
4 Birmingham Family YMCA		3:30.96	3:27.39
1) Katherine Carl 17	2) Jaynie Pulte 15	3) Lauren Nichols 18	4) Nikki Barczak 15
24.87	51.85 (51.85)	1:16.98 (25.13)	1:44.69 (52.84)
2:08.66 (23.97)	2:35.73 (51.04)	3:00.40 (24.67)	3:27.39 (51.66)
5 Lakeland Hills Family YMCA		3:31.52	3:30.09
1) Molly Higgins 17	2) Kaitlyn Utkewicz 16	3) Meghan Kiely 14	4) Katherine Foley 18
25.11	51.95 (51.95)	1:16.71 (24.76)	1:44.95 (53.00)
2:09.32 (24.37)	2:37.29 (52.34)	3:02.26 (24.97)	3:30.09 (52.80)
6 Oshkosh Community YMCA		3:32.26	3:30.54
1) Rachel Revolinski 16	2) Abbey Tuchscherer 17	3) Hilary Woldt 17	4) Siri Smits 15
25.39	53.01 (53.01)	1:17.73 (24.72)	1:44.99 (51.98)
2:10.06 (25.07)	2:37.95 (52.96)	3:03.05 (25.10)	3:30.54 (52.59)
7 Wilton Family YMCA		3:32.33	3:31.02
1) Dana Gnerre 18	2) Caroline Higgins 16	3) Jenn Abbott 17	4) Shelby Fortin 16
25.61	53.41 (53.41)	1:18.86 (25.45)	1:46.61 (53.20)
2:11.90 (25.29)	2:40.43 (53.82)	3:04.66 (24.23)	3:31.02 (50.59)
8 M.E. Lyons (Anderson) YMC		3:32.28	3:32.98
1) Molly Hazelbaker 15	2) Katie Nemann 16	3) Casey Ridge 18	4) Julia Comodeca 16
26.69	54.64 (54.64)	1:20.20 (25.56)	1:48.11 (53.47)
2:13.64 (25.53)	2:40.93 (52.82)	3:06.16 (25.23)	3:32.98 (52.05)
<b>B - Final</b>			
9 B.R. Ryall (Northwestern Duř		3:33.18	3:28.92
1) Alex Iwanicki 15	2) Sarah Galvin 18	3) Madeline Scarborough 18	4) Emily Gniatczyk 17
25.30	53.19 (53.19)	1:18.09 (24.90)	1:45.21 (52.02)
2:09.86 (24.65)	2:37.67 (52.46)	3:02.08 (24.41)	3:28.92 (51.25)
10 Anne Arundel County YMCA		3:32.53	3:29.00
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16
25.85	53.57 (53.57)	1:18.92 (25.35)	1:46.65 (53.08)
2:12.23 (25.58)	2:40.58 (53.93)	3:03.65 (23.07)	3:29.00 (48.42)
11 West Shore YMCA		3:32.59	3:29.39
1) Madeline Hoch 13	2) Lauren Schmittle 17	3) Claire Loht 16	4) Stephanie Kinsey 17
25.60	52.99 (52.99)	1:18.45 (25.46)	1:46.11 (53.12)
2:11.08 (24.97)	2:38.04 (51.93)	3:02.48 (24.44)	3:29.39 (51.35)
12 Reading and Berks County YI		3:32.69	3:32.02
1) Paige Impink 17	2) Camilla Czulada 15	3) Olivia Evans 13	4) Mary Moser 17
24.92	52.69 (52.69)	1:17.71 (25.02)	1:45.92 (53.23)
2:12.33 (26.41)	2:41.54 (55.62)	3:05.50 (23.96)	3:32.02 (50.48)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Women 400 Yard Freestyle Relay Swimming Competition)**

Team	Relay	Prelim Time	Finals Time
13 Tri-Hampton Family Branch		3:33.54	3:32.25
1) Alexis Houser 17	2) Tommie Dillione 13	3) Maggie Dillione 17	4) Courtney Beidler 17
25.65	53.27 (53.27)	1:18.84 (25.57)	1:46.79 (53.52)
2:12.11 (25.32)	2:40.77 (53.98)	3:05.38 (24.61)	3:32.25 (51.48)
14 Powel Crosley Jr. YMCA		3:33.56	3:33.80
1) Sara Krueger 15	2) Laura Krueger 17	3) Grace Counts 15	4) Bryn Dunbar 18
25.90	53.11 (53.11)	1:19.11 (26.00)	1:46.76 (53.65)
2:12.87 (26.11)	2:40.56 (53.80)	3:05.74 (25.18)	3:33.80 (53.24)
15 Fanwood-Scotch Plains YMC		3:33.79	3:34.08
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Jessica Colucci 16	4) Ariana Lyons 17
25.34	52.80 (52.80)	1:17.83 (25.03)	1:45.50 (52.70)
2:11.49 (25.99)	2:40.15 (54.65)	3:05.38 (25.23)	3:34.08 (53.93)
16 Upper Main Line YMCA		3:34.09	3:34.75
1) Jenny Dalmonte 17	2) Kate Durkan 17	3) Shannon Rauth 13	4) Brennah Ross 15
25.76	53.84 (53.84)	1:18.85 (25.01)	1:47.01 (53.17)
2:12.27 (25.26)	2:40.80 (53.79)	3:06.05 (25.25)	3:34.75 (53.95)

**Women 400 Yard Freestyle Relay Swimming Competition**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Middle Tyger YMCA		3:30.82	3:26.70
1) Addie Carne 18	2) Haley Lips 15	3) Annie Gillig 14	4) Laura Simon 18
24.87	51.89 (51.89)	1:16.51 (24.62)	1:43.23 (51.34)
2:07.95 (24.72)	2:34.83 (51.60)	2:59.44 (24.61)	3:26.70 (51.87)
2 Triangle Area YMCA		3:32.09	3:28.22
1) Sabrina Benson 15	2) Hayley Tomlinson 15	3) Nicole Miller 18	4) Erin Burke 18
24.34	50.82 (50.82)	1:16.32 (25.50)	1:43.90 (53.08)
2:08.68 (24.78)	2:36.51 (52.61)	3:01.13 (24.62)	3:28.22 (51.71)
3 Sarasota Family YMCA, Inc		3:28.65	3:28.70
1) Katherine Muth 17	2) Corinne Showalter 18	3) Shelby Leonard 16	4) McKayla Lightbourn 16
25.75	53.11 (53.11)	1:17.40 (24.29)	1:43.58 (50.47)
2:08.55 (24.97)	2:35.97 (52.39)	3:01.15 (25.18)	3:28.70 (52.73)
4 Birmingham Family YMCA		3:30.81	3:30.96
1) Katherine Carl 17	2) Jaynie Pulte 15	3) Lauren Nichols 18	4) Nikki Barczak 15
25.92	53.68 (53.68)	1:18.57 (24.89)	1:46.59 (52.91)
2:11.13 (24.54)	2:38.91 (52.32)	3:03.60 (24.69)	3:30.96 (52.05)
5 Lakeland Hills Family YMCA		3:31.33	3:31.52
1) Molly Higgins 17	2) Kaitlyn Utkewicz 16	3) Meghan Kiely 14	4) Katherine Foley 18
25.24	52.23 (52.23)	1:17.37 (25.14)	1:45.27 (53.04)
2:10.02 (24.75)	2:38.66 (53.39)	3:03.57 (24.91)	3:31.52 (52.86)
6 Oshkosh Community YMCA		3:31.29	3:32.26
1) Rachel Revolinski 16	2) Abbey Tuchscherer 17	3) Hilary Woldt 17	4) Siri Smits 15
25.45	53.15 (53.15)	1:18.38 (25.23)	1:46.00 (52.85)
2:11.07 (25.07)	2:39.22 (53.22)	3:04.75 (25.53)	3:32.26 (53.04)
7 M.E. Lyons (Anderson) YMC		3:34.57	3:32.28
1) Molly Hazelbaker 15	2) Katie Nemann 16	3) Casey Ridge 18	4) Julia Comodeca 16
26.50	54.39 (54.39)	1:20.08 (25.69)	1:48.24 (53.85)
2:13.58 (25.34)	2:40.61 (52.37)	3:05.46 (24.85)	3:32.28 (51.67)
8 Wilton Family YMCA		3:38.08	3:32.33
1) Dana Gnerre 18	2) Caroline Higgins 16	3) Jenn Abbott 17	4) Shelby Fortin 16
25.54	53.39 (53.39)	1:19.17 (25.78)	1:46.93 (53.54)
2:12.22 (25.29)	2:40.50 (53.57)	3:05.16 (24.66)	3:32.33 (51.83)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
9 Anne Arundel County YMCA			3:31.76	3:32.53
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16	
25.99	53.70 (53.70)	1:19.63 (25.93)	1:47.84 (54.14)	
2:14.14 (26.30)	2:42.40 (54.56)	3:06.13 (23.73)	3:32.53 (50.13)	
10 West Shore YMCA			3:31.21	3:32.59
1) Madeline Hoch 13	2) Lauren Schmittle 17	3) Claire Loht 16	4) Stephanie Kinsey 17	
25.77	53.19 (53.19)	1:18.86 (25.67)	1:46.86 (53.67)	
2:12.88 (26.02)	2:40.67 (53.81)	3:05.44 (24.77)	3:32.59 (51.92)	
11 Reading and Berks County YL			3:31.69	3:32.69
1) Paige Impink 17	2) Camilla Czulada 15	3) Olivia Evans 13	4) Mary Moser 17	
25.05	52.90 (52.90)	1:18.16 (25.26)	1:46.54 (53.64)	
2:12.67 (26.13)	2:42.27 (55.73)	3:06.19 (23.92)	3:32.69 (50.42)	
12 B.R. Ryall (Northwestern Dup			3:34.03	3:33.18
1) Alex Iwanicki 15	2) Sarah Galvin 18	3) Madeline Scarborough 18	4) Emily Gniatczyk 17	
26.08	55.05 (55.05)	1:20.55 (25.50)	1:48.33 (53.28)	
2:13.16 (24.83)	2:41.06 (52.73)	3:05.77 (24.71)	3:33.18 (52.12)	
13 Tri-Hampton Family Branch Y			3:35.55	3:33.54
1) Alexis Houser 17	2) Tommie Dillione 13	3) Maggie Dillione 17	4) Courtney Beidler 17	
26.15	53.77 (53.77)	1:19.48 (25.71)	1:47.65 (53.88)	
2:13.41 (25.76)	2:41.90 (54.25)	3:06.58 (24.68)	3:33.54 (51.64)	
14 Powel Crosley Jr. YMCA			3:33.71	3:33.56
1) Sara Krueger 15	2) Laura Krueger 17	3) Grace Counts 15	4) Bryn Dunbar 18	
25.69	53.15 (53.15)	1:19.23 (26.08)	1:46.57 (53.42)	
2:12.86 (26.29)	2:40.36 (53.79)	3:05.43 (25.07)	3:33.56 (53.20)	
15 Fanwood-Scotch Plains YMC			3:35.48	3:33.79
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Jessica Colucci 16	4) Ariana Lyons 17	
25.28	52.64 (52.64)	1:17.55 (24.91)	1:45.81 (53.17)	
2:11.88 (26.07)	2:40.55 (54.74)	3:05.60 (25.05)	3:33.79 (53.24)	
16 Upper Main Line YMCA			3:39.43	3:34.09
1) Jenny Dalmonte 17	2) Kate Durkan 17	3) Shannon Rauth 13	4) Brennah Ross 15	
25.48	53.02 (53.02)	1:18.43 (25.41)	1:46.67 (53.65)	
2:12.45 (25.78)	2:40.68 (54.01)	3:06.20 (25.52)	3:34.09 (53.41)	
17 Cheshire YMCA			3:37.51	3:34.18
1) Hollis Capuano 18	2) Jennifer Tavares 14	3) Jessica Metcalf 18	4) Lauren Solernou 16	
25.86	53.58 (53.58)	1:19.20 (25.62)	1:46.77 (53.19)	
2:12.68 (25.91)	2:41.03 (54.26)	3:06.05 (25.02)	3:34.18 (53.15)	
18 Somerset Valley YMCA			3:31.79	3:34.26
1) Courtney Raw 17	2) Mara Valenzuela 15	3) Casey Stahl 17	4) Kara Dubiel 17	
25.31	52.42 (52.42)	1:17.53 (25.11)	1:45.45 (53.03)	
2:11.66 (26.21)	2:39.93 (54.48)	3:05.74 (25.81)	3:34.26 (54.33)	
19 York And York County YMC			3:33.19	3:34.62
1) Sada Stewart 15	2) Taylor Brew 15	3) Sarah Dotzel 17	4) Julia Kucherich 17	
25.42	51.84 (51.84)	1:17.62 (25.78)	1:45.67 (53.83)	
2:12.20 (26.53)	2:40.98 (55.31)	3:07.03 (26.05)	3:34.62 (53.64)	
20 Winston Salem YMCA			3:31.04	3:34.87
1) Rachel Wilson 18	2) Anna Ratana 17	3) Anna Blair Bullock 15	4) Kelly Ann Baird 17	
26.09	54.10 (54.10)	1:19.55 (25.45)	1:47.97 (53.87)	
2:13.57 (25.60)	2:41.86 (53.89)	3:07.29 (25.43)	3:34.87 (53.01)	
21 Springfield Family YMCA			3:32.21	3:34.97
1) Kendra Crew 14	2) Lauren Funk 17	3) Liz Samuelson 18	4) Margo Geer 17	
26.02	54.75 (54.75)	1:19.84 (25.09)	1:48.36 (53.61)	
2:14.88 (26.52)	2:44.65 (56.29)	3:08.76 (24.11)	3:34.97 (50.32)	

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<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
22 Pabst Farms YMCA			3:33.28	3:35.03
1) Becky Yokosh 17	2) Diana Diel 17	3) Jordon Momsen 17	4) Elise Lankiewicz 13	
25.39	52.62 (52.62)	1:17.58 (24.96)	1:45.20 (52.58)	
2:11.08 (25.88)	2:39.88 (54.68)	3:05.85 (25.97)	3:35.03 (55.15)	
23 Somerset Hills YMCA			3:35.27	3:35.25
1) Mary deMarrais 18	2) Kimberly Closs 17	3) Jenna Immormino 15	4) Julia Kudryashova 15	
25.96	54.08 (54.08)	1:19.48 (25.40)	1:49.18 (55.10)	
2:13.95 (24.77)	2:42.02 (52.84)	3:07.09 (25.07)	3:35.25 (53.23)	
24 Western Monmouth Co. YMC			3:37.12	3:35.68
1) Lee Ingram 18	2) Bowie Reilly 17	3) Noelle Klockner 14	4) Chelsea Unger 17	
26.16	54.72 (54.72)	1:20.80 (26.08)	1:49.31 (54.59)	
2:14.47 (25.16)	2:42.26 (52.95)	3:07.66 (25.40)	3:35.68 (53.42)	
25 Canandaigua YMCA			3:34.78	3:36.46
1) Julia Messina 15	2) Heather Savage 18	3) Kristen Harding 16	4) Brittney Kuras 18	
26.64	56.10 (56.10)	1:21.01 (24.91)	1:48.34 (52.24)	
2:15.10 (26.76)	2:44.60 (56.26)	3:09.40 (24.80)	3:36.46 (51.86)	
26 Wyckoff Family YMCA Inc			3:36.68	3:36.71
1) Sara Craft 14	2) Patty Boyer 16	3) Alison O'Connor 15	4) Chloe Conjares 16	
26.46	55.09 (55.09)	1:20.73 (25.64)	1:49.57 (54.48)	
2:15.36 (25.79)	2:43.75 (54.18)	3:08.89 (25.14)	3:36.71 (52.96)	
27 Piedmont Family YMCA Inc.			3:42.19	3:36.90
1) Madeline Bowe 18	2) Emma McKinley 15	3) Brodde Lamb 15	4) Natalie Cronk 14	
26.23	54.61 (54.61)	1:20.34 (25.73)	1:48.08 (53.47)	
2:13.98 (25.90)	2:42.77 (54.69)	3:08.86 (26.09)	3:36.90 (54.13)	
28 Greater Holyoke YMCA			3:35.67	3:36.91
1) Anna Strzempko 14	2) Kara Lacoste 15	3) Meaghan Kwarcinski 14	4) Catriona Coppler 16	
26.16	54.12 (54.12)	1:20.01 (25.89)	1:48.72 (54.60)	
2:14.60 (25.88)	2:42.68 (53.96)	3:08.67 (25.99)	3:36.91 (54.23)	
29 Kishwaukee Family YMCA			3:37.13	3:37.03
1) Emily Launer 15	2) Katie Hallenbeck 16	3) Casey Jepsen 16	4) Emily Waller 18	
26.11	54.23 (54.23)	1:21.08 (26.85)	1:50.19 (55.96)	
2:15.41 (25.22)	2:43.74 (53.55)	3:09.07 (25.33)	3:37.03 (53.29)	
30 Red Bank Branch			3:37.72	3:37.05
1) Megan Foran 15	2) Maureen McKenna 16	3) Courtney Delehanty 16	4) Sarah Finn 15	
26.38	54.58 (54.58)	1:20.16 (25.58)	1:49.19 (54.61)	
2:14.79 (25.60)	2:43.54 (54.35)	3:08.67 (25.13)	3:37.05 (53.51)	
31 South Family YMCA-Ketterir			3:37.66	3:37.07
1) Natalie Rohr 15	2) Natasha Wahl 16	3) Sarah Weidner 16	4) Ally Stover 18	
25.19	53.63 (53.63)	1:19.94 (26.31)	1:48.74 (55.11)	
2:14.70 (25.96)	2:43.12 (54.38)	3:08.85 (25.73)	3:37.07 (53.95)	
32 Pottstown YMCA			3:37.29	3:37.11
1) Shannon Draves 18	2) Lyndsey Marcheskie 15	3) Melissa Cook 18	4) Rachel Gadzicki 18	
26.26	54.50 (54.50)	1:20.04 (25.54)	1:48.72 (54.22)	
2:14.79 (26.07)	2:44.06 (55.34)	3:09.04 (24.98)	3:37.11 (53.05)	
33 Western Connecticut YMCA			3:38.35	3:37.20
1) Kate O'Leary 17	2) Julie Wallerstein 17	3) Maddy Smart 13	4) Heather Librizzi 17	
26.33	54.75 (54.75)	1:20.79 (26.04)	1:50.10 (55.35)	
2:15.70 (25.60)	2:43.75 (53.65)	3:09.24 (25.49)	3:37.20 (53.45)	
34 North Shore (Sterling) MA YI			3:37.99	3:37.52
1) Megan Alexander 14	2) Molly McSweeney 15	3) Amy Needham 16	4) Jennifer Trodden 18	
26.25	54.20 (54.20)	1:19.88 (25.68)	1:47.92 (53.72)	
2:04.37 (16.45)	2:42.71 (54.79)	3:08.69 (25.98)	3:37.52 (54.81)	

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<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
35 Greater Flint YMCA				3:38.68	3:37.56
1) Kelsey Reid 17	2) Anna Wujciak 14	3) Courtney Weaver 13	4) Emily Eaton 15		
26.78	55.26 (55.26)	1:20.41 (25.15)	1:47.80 (52.54)		
2:14.17 (26.37)	2:42.85 (55.05)	3:08.71 (25.86)	3:37.56 (54.71)		
36 Schroeder YMCA				3:33.38	3:37.70
1) Alexandra Meyers 13	2) Abigail Raatz 13	3) Sadie Nennig 16	4) Alyssa Niebrugge 17		
26.01	53.86 (53.86)	1:20.09 (26.23)	1:48.66 (54.80)		
2:14.14 (25.48)	2:42.79 (54.13)	3:08.88 (26.09)	3:37.70 (54.91)		
37 Riverfront Branch YMCA				3:39.59	3:37.82
1) Allison Walker 17	2) Regina Shetler 17	3) Jillian Gamble 16	4) Chelsea Doyle 17		
26.27	55.25 (55.25)	1:20.92 (25.67)	1:49.52 (54.27)		
2:14.80 (25.28)	2:42.95 (53.43)	3:09.06 (26.11)	3:37.82 (54.87)		
38 Spokane YMCA				3:38.43	3:38.39
1) Maggie Thompson 17	2) Amber Amr 16	3) Amani Amr 14	4) Emri Moore 15		
26.35	54.53 (54.53)	1:20.27 (25.74)	1:49.19 (54.66)		
2:15.21 (26.02)	2:44.64 (55.45)	3:10.15 (25.51)	3:38.39 (53.75)		
*39 Burlington County YMCA				3:42.15	3:38.66
1) Courtney Sepich 17	2) Samantha Sides 16	3) Cathy Howard 18	4) Kristen Lee 16		
26.01	53.92 (53.92)	1:19.18 (25.26)	1:48.12 (54.20)		
2:14.43 (26.31)	2:42.71 (54.59)	3:09.14 (26.43)	3:38.66 (55.95)		
*39 Burbank Branch YMCA				3:36.70	3:38.66
1) Michelle Walcker 17	2) Salena Casha 17	3) Nysa Casha 16	4) Amina Meho 17		
26.34	55.24 (55.24)	1:20.74 (25.50)	1:48.94 (53.70)		
2:15.88 (26.94)	2:45.99 (57.05)	3:10.74 (24.75)	3:38.66 (52.67)		
41 Countryside Ralph Stolle YM				3:38.32	3:38.88
1) Lynn Brotherton 17	2) Rachael Lewis 15	3) Sam Vandyke 17	4) Breann McDowell 17		
26.33	54.56 (54.56)	1:20.43 (25.87)	1:50.30 (55.74)		
2:16.98 (26.68)	2:45.87 (55.57)	3:01.81 (15.94)	3:38.88 (53.01)		
*42 Tri-City Area IL YMCA				3:40.73	3:38.91
1) Andrea McPike 18	2) Maddie Monroe 15	3) Sage Haggard 15	4) Daphne Williams 18		
26.34	55.63 (55.63)	1:21.75 (26.12)	1:50.75 (55.12)		
2:17.35 (26.60)	2:45.80 (55.05)	3:10.60 (24.80)	3:38.91 (53.11)		
*42 Harford County Family YMC				3:41.46	3:38.91
1) Sara Tillie 16	2) Meredith Foster 16	3) Carrie Dukes 13	4) Audrey Tolbert 17		
26.71	55.20 (55.20)	1:21.24 (26.04)	1:49.24 (54.04)		
2:15.91 (26.67)	2:44.85 (55.61)	3:11.04 (26.19)	3:38.91 (54.06)		
44 Greensburg YMCA				3:38.32	3:39.03
1) Anna Gibas 17	2) Brooke Waugaman 16	3) Jami Andrews 17	4) Laura Gorinski 18		
26.63	55.38 (55.38)	1:20.93 (25.55)	1:49.32 (53.94)		
2:15.74 (26.42)	2:45.70 (56.38)	3:11.20 (25.50)	3:39.03 (53.33)		
45 New Canaan Community YM				3:40.12	3:39.04
1) Sam Berizzi 17	2) Katie Orem 16	3) Katie Rohn 17	4) Lulu Belak 16		
26.21	54.07 (54.07)	1:20.70 (26.63)	1:49.62 (55.55)		
2:15.55 (25.93)	2:44.50 (54.88)	3:10.22 (25.72)	3:39.04 (54.54)		
46 Westfield YMCA				3:40.64	3:39.48
1) Meredith Smith 16	2) Carly Whitmer 14	3) Maeve Maloney 14	4) Suzanne Lemberg 17		
26.60	54.74 (54.74)	1:20.63 (25.89)	1:50.37 (55.63)		
2:17.41 (27.04)	2:46.26 (55.89)	3:11.75 (25.49)	3:39.48 (53.22)		
47 Farmington Family YMCA				3:42.27	3:39.57
1) Kayla Douglas 15	2) Miranda Doepker 15	3) Milon Crawford 15	4) Marissa Doepker 18		
26.72	55.17 (55.17)	1:20.90 (25.73)	1:50.58 (55.41)		
2:16.16 (25.58)	2:45.56 (54.98)	3:11.10 (25.54)	3:39.57 (54.01)		

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<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
48 Summit Branch YMCA			3:41.10	3:39.65
1) Carey Fries 16	2) Hannah Benn 16	3) Brihan Burke 18	4) Kelly Carroll 14	
26.27	55.13 (55.13)	1:21.25 (26.12)	1:50.68 (55.55)	
2:16.79 (26.11)	2:45.64 (54.96)	3:11.51 (25.87)	3:39.65 (54.01)	
49 Boyertown Area YMCA			3:40.55	3:39.66
1) Brianna Bentz 15	2) Danielle Davis 15	3) Carlene Ostromecki 17	4) Bridget Hilferty 17	
26.40	55.33 (55.33)	1:21.25 (25.92)	1:50.24 (54.91)	
2:16.45 (26.21)	2:45.44 (55.20)	3:11.06 (25.62)	3:39.66 (54.22)	
50 West Seattle Branch YMCA			3:39.07	3:39.70
1) Maddy Morgan 16	2) Melissa Oishi 18	3) Audrey Griggs 15	4) Amanda Thach 15	
25.34	53.00 (53.00)	1:19.98 (26.98)	1:49.61 (56.61)	
2:16.22 (26.61)	2:45.80 (56.19)	3:01.66 (15.86)	3:39.70 (53.90)	
51 West Morris YMCA			3:39.80	3:40.16
1) Kristen Ferriero 17	2) Jaina Lumkong 16	3) Emily Miles 16	4) Anna Susko 17	
26.74	55.26 (55.26)	1:21.60 (26.34)	1:50.68 (55.42)	
2:16.66 (25.98)	2:45.40 (54.72)	3:11.66 (26.26)	3:40.16 (54.76)	
52 Madison West YMCA			3:34.58	3:40.27
1) Sierra Sachtjen 15	2) Kayce Smith 14	3) Alissa Endres 17	4) Kayla Smith 18	
26.36	55.56 (55.56)	1:21.80 (26.24)	1:51.11 (55.55)	
2:16.37 (25.26)	2:45.81 (54.70)	3:11.24 (25.43)	3:40.27 (54.46)	
53 Bismarck YMCA			3:37.70	3:40.68
1) Cassie Walth 14	2) Sara Weinberg 18	3) Lydia Engberg 15	4) Kalee Kemmesat 17	
26.08	54.55 (54.55)	1:20.83 (26.28)	1:49.52 (54.97)	
2:16.10 (26.58)	2:46.68 (57.16)	3:12.59 (25.91)	3:40.68 (54.00)	
54 Sunbury Branch YMCA			3:40.30	3:40.89
1) Kelsey Williams 16	2) Lexi Cole 15	3) Sammy Joe Koons 15	4) Michelle Giordani 15	
26.51	54.70 (54.70)	1:21.19 (26.49)	1:50.57 (55.87)	
2:17.01 (26.44)	2:45.46 (54.89)	3:11.80 (26.34)	3:40.89 (55.43)	
55 Phoenixville Branch YMCA			3:36.27	3:41.08
1) Paige Baisden 15	2) Julia Wisler 15	3) Amanda Malmstrom 15	4) Lauren Baisden 17	
26.36	54.41 (54.41)	1:20.58 (26.17)	1:51.16 (56.75)	
2:17.58 (26.42)	2:46.90 (55.74)	3:12.89 (25.99)	3:41.08 (54.18)	
56 North Oakland Family YMCA			3:41.44	3:41.45
1) Lauren Burt 18	2) Hannah Knapp 14	3) Hanna Hunstad 14	4) Samantha Ward 17	
27.03	56.96 (56.96)	1:22.91 (25.95)	1:52.25 (55.29)	
2:18.17 (25.92)	2:47.22 (54.97)	3:12.85 (25.63)	3:41.45 (54.23)	
57 Hamilton Area NJ YMCA			3:41.45	3:41.75
1) Emily Schroeder 12	2) Amanda Grant 16	3) Meredith Ketchmark 16	4) Samantha Kietlinski 18	
27.64	56.88 (56.88)	1:23.49 (26.61)	1:52.87 (55.99)	
2:19.47 (26.60)	2:48.97 (56.10)	3:14.48 (25.51)	3:41.75 (52.78)	
58 Macomb Family YMCA			3:40.00	3:41.80
1) Marah Pugh 13	2) Brooke Will 16	3) Alyssa Kulczycki 16	4) Hannah Pugh 16	
26.86	55.09 (55.09)	1:21.37 (26.28)	1:51.53 (56.44)	
2:18.02 (26.49)	2:47.57 (56.04)	3:13.45 (25.88)	3:41.80 (54.23)	
59 Brandywine -DE YMCA			3:42.18	3:41.81
1) Corinne Capodanno 14	2) Samantha Shelley 16	3) Meghan Lam 17	4) Annie Carter 18	
26.10	54.90 (54.90)	1:21.68 (26.78)	1:51.30 (56.40)	
2:17.54 (26.24)	2:47.54 (56.24)	3:13.51 (25.97)	3:41.81 (54.27)	
60 Green Bay YMCA Metro			3:38.54	3:42.12
1) Jasmine Lee 16	2) Dayna Nellis 18	3) Stephanie Paape 15	4) Emily Bourguignon 16	
26.07	54.55 (54.55)	1:20.99 (26.44)	1:50.30 (55.75)	
2:16.90 (26.60)	2:46.25 (55.95)	3:12.67 (26.42)	3:42.12 (55.87)	



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<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
61 Ridgewood NJ YMCA			3:41.11	3:42.21
1) Eilish Devine 15	2) Sara Nestrowitz 13	3) Michelle Kim 12	4) Sarah D'Antoni 16	
26.48	54.99 (54.99)	1:21.23 (26.24)	1:50.37 (55.38)	
2:17.24 (26.87)	2:46.12 (55.75)	3:12.65 (26.53)	3:42.21 (56.09)	
62 Greenwich YMCA			3:38.88	3:42.90
1) Samantha Heyman 17	2) Emily Weir 17	3) Christine McGuire 15	4) Jesse Evans 15	
25.77	54.57 (54.57)	1:22.17 (27.60)	1:53.39 (58.82)	
2:19.54 (26.15)	2:48.96 (55.57)	3:14.88 (25.92)	3:42.90 (53.94)	
63 South Shore Mill Pond YMC			3:41.27	3:43.11
1) Bernadette Byrne 16	2) Erica Hasson 16	3) Colleen O'Neil 14	4) Meg Powers 17	
26.99	55.61 (55.61)	1:22.34 (26.73)	1:51.28 (55.67)	
2:18.89 (27.61)	2:48.66 (57.38)	3:14.83 (26.17)	3:43.11 (54.45)	
64 Red River Valley YMCA			3:42.38	3:43.49
1) Mirna Kojic' 16	2) Addy DiCristina 14	3) Courtney Fisk 15	4) Ali Church 14	
26.92	55.59 (55.59)	1:22.45 (26.86)	1:51.45 (55.86)	
2:19.27 (27.82)	2:49.20 (57.75)	3:15.36 (26.16)	3:43.49 (54.29)	
65 Orlando YMCA			3:37.99	3:43.61
1) Jen Gavin 17	2) Kate Woolbright 16	3) Cristina Sanchez 17	4) Liz Broadley 18	
26.46	54.48 (54.48)	1:21.37 (26.89)	1:50.73 (56.25)	
2:17.45 (26.72)	2:46.82 (56.09)	3:14.01 (27.19)	3:43.61 (56.79)	
66 Eastside Family Branch YMC			3:38.84	3:43.64
1) Karyn Adams 15	2) Rachael Ragen 17	3) Tori McKenna 18	4) Rylee Klomp 14	
26.34	55.65 (55.65)	1:22.37 (26.72)	1:52.61 (56.96)	
2:19.20 (26.59)	2:50.17 (57.56)	3:15.58 (25.41)	3:43.64 (53.47)	
67 North Canton Community YM			3:40.44	3:43.66
1) Nicole Becks 15	2) Rachel Misanik 17	3) Jacquelyn Misanik 16	4) Chase Kinney 14	
27.15	56.26 (56.26)	1:23.08 (26.82)	1:53.09 (56.83)	
2:19.40 (26.31)	2:48.87 (55.78)	3:14.67 (25.80)	3:43.66 (54.79)	
68 La Crosse Area Family YMC			3:39.80	3:44.02
1) Brooke Reynolds 15	2) Katherine Rodzak 14	3) Ashleigh Christopherson 17	4) Allison Witt 17	
26.44	55.41 (55.41)	1:21.95 (26.54)	1:51.55 (56.14)	
2:18.73 (27.18)	2:48.78 (57.23)	3:15.11 (26.33)	3:44.02 (55.24)	
69 Montclair YMCA			3:42.56	3:44.30
1) Katherine O'Leary 18	2) Ellen Huelbig 17	3) Maeve O'Leary 16	4) Caitlin Nelson 18	
26.70	55.09 (55.09)	1:22.30 (27.21)	1:52.12 (57.03)	
2:19.67 (27.55)	2:50.80 (58.68)	3:16.02 (25.22)	3:44.30 (53.50)	
70 Western Branch YMCA			3:41.33	3:44.73
1) Nicole Osman 16	2) Jill Faull 16	3) Claire Mesko 15	4) Britt Rehrig 18	
26.58	55.99 (55.99)	1:23.35 (27.36)	1:52.85 (56.86)	
2:19.25 (26.40)	2:49.32 (56.47)	3:15.33 (26.01)	3:44.73 (55.41)	
71 Greater Johnstown Communit			3:41.14	3:45.51
1) Danielle Parowski 14	2) Sarah Robbins 15	3) Nollaig Noll 13	4) Sarah Kaneshiki 16	
26.71	55.62 (55.62)	1:22.67 (27.05)	1:52.95 (57.33)	
2:19.97 (27.02)	2:50.12 (57.17)	3:16.42 (26.30)	3:45.51 (55.39)	
72 Edwardsville YMCA			3:39.25	3:47.01
1) Jennifer Deist 14	2) Ashlie Benson 16	3) Sarah Baggette 14	4) Lori Lynn 15	
27.23	56.94 (56.94)	1:25.21 (28.27)	1:56.40 (59.46)	
2:23.41 (27.01)	2:53.15 (56.75)	3:18.59 (25.44)	3:47.01 (53.86)	
73 Great Miami Valley Ohio YM			3:40.59	4:02.19
1) Julianna Lynch 18	2) Maya Lynch 16	3) Katelyn Pratt-Collins 18	4) Caitlyn Stanfield 17	
27.20	57.42 (57.42)	1:25.29 (27.87)	1:57.81 (1:00.39)	
2:26.87 (29.06)	2:59.54 (1:01.73)	3:28.89 (29.35)	4:02.19 (1:02.65)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 800 Yard Freestyle Relay Swimming Competition**

National: 7:23.46 \* 4/6/2007

Sarasota

M.E. Lyons-

Miller, Ball, Keefe, Tomes

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Middle Tyger YMCA		7:29.49	7:18.09 *
1) Haley Lips 15	2) Addie Carne 18	3) Annie Gillig 14	4) Laura Simon 18
25.14	52.19 (52.19)	1:20.25 (1:20.25)	1:48.17 (1:48.17)
2:12.72 (24.55)	2:40.13 (51.96)	3:08.63 (1:20.46)	3:37.67 (1:49.50)
4:03.31 (25.64)	4:31.72 (54.05)	5:00.34 (1:22.67)	5:28.10 (1:50.43)
5:53.03 (24.93)	6:20.78 (52.68)	6:49.37 (1:21.27)	7:18.09 (1:49.99)
2 Sarasota Family YMCA, Inc		7:31.86	7:19.91 *
1) Corinne Showalter 18	2) Kata Fodor 19	3) Marissa Harrington 18	4) Cha-cha Bugatti 15
25.80	53.02 (53.02)	1:20.74 (1:20.74)	1:48.25 (1:48.25)
2:05.24 (16.99)	2:41.13 (52.88)	3:09.08 (1:20.83)	3:37.29 (1:49.04)
4:03.93 (26.64)	4:32.56 (55.27)	5:00.70 (1:23.41)	5:28.43 (1:51.14)
5:53.47 (25.04)	6:21.70 (53.27)	6:50.87 (1:22.44)	7:19.91 (1:51.48)
3 M.E. Lyons (Anderson) YMC		7:30.39	7:29.64
1) Julia Comodeca 16	2) Casey Ridge 18	3) Katie Nemann 16	4) Molly Hazelbaker 15
26.12	54.54 (54.54)	1:23.26 (1:23.26)	1:51.52 (1:51.52)
2:17.19 (25.67)	2:45.20 (53.68)	3:14.13 (1:22.61)	3:42.79 (1:51.27)
4:08.39 (25.60)	4:37.35 (54.56)	5:07.20 (1:24.41)	5:37.05 (1:54.26)
6:02.75 (25.70)	6:30.84 (53.79)	7:00.14 (1:23.09)	7:29.64 (1:52.59)
4 York And York County YMC		7:35.56	7:31.88
1) Sada Stewart 15	2) Hali Flickinger 14	3) Sarah Dotzel 17	4) Julia Kucherich 17
25.97	53.54 (53.54)	1:21.23 (1:21.23)	1:49.09 (1:49.09)
2:15.65 (26.56)	2:44.91 (55.82)	3:14.65 (1:25.56)	3:43.86 (1:54.77)
4:10.53 (26.67)	4:39.45 (55.59)	5:08.75 (1:24.89)	5:37.86 (1:54.00)
6:04.28 (26.42)	6:33.55 (55.69)	7:03.30 (1:25.44)	7:31.88 (1:54.02)
5 West Shore YMCA		7:35.83	7:33.51
1) Claire Loht 16	2) Madeline Hoch 13	3) Adrienne Phillips 18	4) Stephanie Kinsey 17
26.33	54.64 (54.64)	1:23.55 (1:23.55)	1:52.12 (1:52.12)
2:17.40 (25.28)	2:45.51 (53.39)	3:14.53 (1:22.41)	3:43.88 (1:51.76)
4:09.89 (26.01)	4:39.12 (55.24)	5:09.50 (1:25.62)	5:40.66 (1:56.78)
6:04.88 (24.22)	6:33.01 (52.35)	7:02.98 (1:22.32)	7:33.51 (1:52.85)
6 Triangle Area YMCA		7:34.23	7:33.73
1) Sabrina Benson 15	2) Kiera Molloy 14	3) Abby Houchin 17	4) Erin Burke 18
26.45	55.12 (55.12)	1:24.98 (1:24.98)	1:54.37 (1:54.37)
2:20.29 (25.92)	2:49.20 (54.83)	3:18.47 (1:24.10)	3:47.78 (1:53.41)
4:13.94 (26.16)	4:43.04 (55.26)	5:12.63 (1:24.85)	5:42.84 (1:55.06)
6:08.07 (25.23)	6:35.86 (53.02)	7:04.78 (1:21.94)	7:33.73 (1:50.89)
7 Tri-Hampton Family Branch		7:37.92	7:36.45
1) Kate Dillione 16	2) Tommie Dillione 13	3) Alexis Houser 17	4) Courtney Beidler 17
26.23	54.87 (54.87)	1:24.19 (1:24.19)	1:53.63 (1:53.63)
2:19.97 (26.34)	2:49.29 (55.66)	3:19.59 (1:25.96)	3:50.10 (1:56.47)
4:16.72 (26.62)	4:45.81 (55.71)	5:15.41 (1:25.31)	5:45.76 (1:55.66)
6:10.96 (25.20)	6:38.60 (52.84)	7:07.34 (1:21.58)	7:36.45 (1:50.69)
8 Winston Salem YMCA		7:35.38	7:38.64
1) Rachel Wilson 18	2) Genevieve Miller 13	3) Anna Blair Bullock 15	4) Kelly Ann Baird 17
26.44	55.39 (55.39)	1:24.59 (1:24.59)	1:53.95 (1:53.95)
2:20.09 (26.14)	2:49.06 (55.11)	3:19.01 (1:25.06)	3:48.55 (1:54.60)
4:15.12 (26.57)	4:44.70 (56.15)	5:15.06 (1:26.51)	5:45.05 (1:56.50)
6:10.58 (25.53)	6:38.90 (53.85)	7:08.53 (1:23.48)	7:38.64 (1:53.59)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Women 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>B - Final</b>			
9 Birmingham Family YMCA		7:44.81	7:34.65
1) Katherine Carl 17	2) Megan Gegesky 17	3) Maggie Brabbins 17	4) Nikki Barczak 15
25.77	54.48 (54.48)	1:24.35 (1:24.35)	1:54.22 (1:54.22)
2:20.26 (26.04)	2:48.86 (54.64)	3:18.35 (1:24.13)	3:47.96 (1:53.74)
4:14.27 (26.31)	4:43.11 (55.15)	5:13.05 (1:25.09)	5:42.86 (1:54.90)
6:07.82 (24.96)	6:35.66 (52.80)	7:05.16 (1:22.30)	7:34.65 (1:51.79)
10 Anne Arundel County YMCA		7:40.91	7:36.93
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16
26.54	55.73 (55.73)	1:26.05 (1:26.05)	1:56.56 (1:56.56)
2:23.14 (26.58)	2:52.73 (56.17)	3:23.10 (1:26.54)	3:53.00 (1:56.44)
4:18.89 (25.89)	4:47.62 (54.62)	5:17.45 (1:24.45)	5:47.73 (1:54.73)
6:12.29 (24.56)	6:40.37 (52.64)	7:08.79 (1:21.06)	7:36.93 (1:49.20)
11 Oshkosh Community YMCA		7:42.10	7:39.34
1) Hilary Woldt 17	2) Natalie Bolin 16	3) Abbey Tuchscherer 17	4) Rachel Revolinski 16
26.56	55.37 (55.37)	1:25.51 (1:25.51)	1:55.57 (1:55.57)
2:21.50 (25.93)	2:50.52 (54.95)	3:21.02 (1:25.45)	3:51.21 (1:55.64)
4:17.28 (26.07)	4:46.17 (54.96)	5:16.17 (1:24.96)	5:46.35 (1:55.14)
6:11.66 (25.31)	6:39.86 (53.51)	7:09.15 (1:22.80)	7:39.34 (1:52.99)
12 Lakeland Hills Family YMCA		7:41.30	7:40.69
1) Katherine Foley 18	2) Molly Higgins 17	3) Kaitlyn Utkewicz 16	4) Jennie Marosits 17
25.86	54.53 (54.53)	1:23.46 (1:23.46)	1:53.30 (1:53.30)
2:18.90 (25.60)	2:47.20 (53.90)	3:16.57 (1:23.27)	3:46.40 (1:53.10)
4:12.83 (26.43)	4:42.46 (56.06)	5:12.65 (1:26.25)	5:42.70 (1:56.30)
6:08.41 (25.71)	6:37.89 (55.19)	7:08.97 (1:26.27)	7:40.69 (1:57.99)
13 Countryside Ralph Stolle YM		7:43.11	7:40.71
1) Lynn Brotherton 17	2) Sam Vandyke 17	3) Carolyn Carter 15	4) Breann McDowell 17
26.36	55.11 (55.11)	1:24.95 (1:24.95)	1:55.60 (1:55.60)
2:12.05 (16.45)	2:51.73 (56.13)	3:22.33 (1:26.73)	3:52.61 (1:57.01)
4:19.95 (27.34)	4:50.36 (57.75)	5:21.32 (1:28.71)	5:51.45 (1:58.84)
6:16.58 (25.13)	6:44.17 (52.72)	7:12.62 (1:21.17)	7:40.71 (1:49.26)
14 Cheshire YMCA		7:42.21	7:41.07
1) Hollis Capuano 18	2) Jennifer Tavares 14	3) Lauren Solernou 16	4) Kim Jerome 16
26.19	54.98 (54.98)	1:25.19 (1:25.19)	1:55.39 (1:55.39)
2:10.58 (15.19)	2:50.29 (54.90)	3:19.68 (1:24.29)	3:49.60 (1:54.21)
4:15.17 (25.57)	4:44.57 (54.97)	5:15.05 (1:25.45)	5:44.92 (1:55.32)
6:11.82 (26.90)	6:41.04 (56.12)	7:11.10 (1:26.18)	7:41.07 (1:56.15)
15 Kishwaukee Family YMCA		7:44.77	7:44.06
1) Emily Launer 15	2) Katie Hallenbeck 16	3) Casey Jepsen 16	4) Emily Waller 18
26.24	55.28 (55.28)	1:25.38 (1:25.38)	1:55.58 (1:55.58)
2:12.70 (17.12)	2:53.23 (57.65)	3:23.54 (1:27.96)	3:53.57 (1:57.99)
4:19.74 (26.17)	4:48.93 (55.36)	5:19.42 (1:25.85)	5:50.07 (1:56.50)
6:15.85 (25.78)	6:44.71 (54.64)	7:14.51 (1:24.44)	7:44.06 (1:53.99)
16 B.R. Ryall (Northwestern Dur)		7:42.64	7:47.57
1) Maddi Webb 16	2) Sarah Galvin 18	3) Carrie Chibe 18	4) Emily Gniatczyk 17
26.46	55.42 (55.42)	1:25.99 (1:25.99)	1:57.36 (1:57.36)
2:14.38 (17.02)	2:53.04 (55.68)	3:23.40 (1:26.04)	3:53.33 (1:55.97)
4:19.82 (26.49)	4:49.30 (55.97)	5:20.25 (1:26.92)	5:51.60 (1:58.27)
6:16.99 (25.39)	6:45.57 (53.97)	7:16.39 (1:24.79)	7:47.57 (1:55.97)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 800 Yard Freestyle Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 Middle Tyger YMCA		7:30.97	7:29.49
1) Laura Simon 18	2) Addie Carne 18	3) Sara Beth Drake 16	4) Haley Lips 15
26.91	55.42 (55.42)	1:24.02 (1:24.02)	1:52.15 (1:52.15)
2:17.59 (25.44)	2:45.48 (53.33)	3:14.68 (1:22.53)	3:43.72 (1:51.57)
4:10.57 (26.85)	4:39.31 (55.59)	5:09.08 (1:25.36)	5:38.75 (1:55.03)
6:04.02 (25.27)	6:31.92 (53.17)	7:00.80 (1:22.05)	7:29.49 (1:50.74)
2 M.E. Lyons (Anderson) YMC		7:39.49	7:30.39
1) Molly Hazelbaker 15	2) Casey Ridge 18	3) Katie Nemann 16	4) Julia Comodeca 16
27.09	55.81 (55.81)	1:24.92 (1:24.92)	1:54.08 (1:54.08)
2:19.75 (25.67)	2:47.71 (53.63)	3:16.68 (1:22.60)	3:45.56 (1:51.48)
4:01.57 (16.01)	4:40.40 (54.84)	5:10.26 (1:24.70)	5:39.89 (1:54.33)
6:05.55 (25.66)	6:33.60 (53.71)	7:02.17 (1:22.28)	7:30.39 (1:50.50)
3 Sarasota Family YMCA, Inc		8:31.75L	7:31.86
1) Rachel Harrington 16	2) Marissa Harrington 18	3) Kata Fodor 19	4) Cha-cha Bugatti 15
27.30	55.99 (55.99)	1:24.93 (1:24.93)	1:53.84 (1:53.84)
2:21.02 (27.18)	2:49.97 (56.13)	3:18.67 (1:24.83)	3:47.25 (1:53.41)
4:13.70 (26.45)	4:42.50 (55.25)	5:11.42 (1:24.17)	5:39.97 (1:52.72)
6:06.15 (26.18)	6:34.62 (54.65)	7:03.56 (1:23.59)	7:31.86 (1:51.89)
4 Triangle Area YMCA		7:41.77	7:34.23
1) Erin Burke 18	2) Abby Houchin 17	3) Kiera Molloy 14	4) Sabrina Benson 15
26.15	54.21 (54.21)	1:23.19 (1:23.19)	1:51.97 (1:51.97)
2:18.15 (26.18)	2:46.50 (54.53)	3:16.34 (1:24.37)	3:45.81 (1:53.84)
4:12.59 (26.78)	4:41.53 (55.72)	5:11.19 (1:25.38)	5:40.33 (1:54.52)
6:05.43 (25.10)	6:33.53 (53.20)	7:03.64 (1:23.31)	7:34.23 (1:53.90)
5 Winston Salem YMCA		7:29.58	7:35.38
1) Kelly Ann Baird 17	2) Genevieve Miller 13	3) Anna Blair Bullock 15	4) Rachel Wilson 18
26.47	54.99 (54.99)	1:23.54 (1:23.54)	1:52.17 (1:52.17)
2:18.21 (26.04)	2:47.00 (54.83)	3:16.55 (1:24.38)	3:45.84 (1:53.67)
4:13.25 (27.41)	4:42.80 (56.96)	5:12.70 (1:26.86)	5:42.33 (1:56.49)
6:08.26 (25.93)	6:37.30 (54.97)	7:06.35 (1:24.02)	7:35.38 (1:53.05)
6 York And York County YMC		7:37.14	7:35.56
1) Sada Stewart 15	2) Hali Flickinger 14	3) Sarah Dotzel 17	4) Julia Kucherich 17
26.00	54.24 (54.24)	1:22.66 (1:22.66)	1:50.94 (1:50.94)
2:17.21 (26.27)	2:46.40 (55.46)	3:16.21 (1:25.27)	3:45.52 (1:54.58)
4:12.51 (26.99)	4:42.03 (56.51)	5:12.10 (1:26.58)	5:42.62 (1:57.10)
5:58.60 (15.98)	6:37.58 (54.96)	7:07.39 (1:24.77)	7:35.56 (1:52.94)
7 West Shore YMCA		7:31.30	7:35.83
1) Madeline Hoch 13	2) Caroline Finkbeiner 14	3) Stephanie Kinsey 17	4) Claire Loht 16
26.08	54.47 (54.47)	1:23.82 (1:23.82)	1:53.52 (1:53.52)
2:08.67 (15.15)	2:48.53 (55.01)	3:19.10 (1:25.58)	3:50.03 (1:56.51)
4:15.46 (25.43)	4:43.97 (53.94)	5:13.81 (1:23.78)	5:43.98 (1:53.95)
6:09.68 (25.70)	6:37.71 (53.73)	7:06.41 (1:22.43)	7:35.83 (1:51.85)
8 Tri-Hampton Family Branch		7:40.55	7:37.92
1) Kate Dillione 16	2) Tommie Dillione 13	3) Alexis Houser 17	4) Courtney Beidler 17
26.82	56.16 (56.16)	1:25.82 (1:25.82)	1:55.16 (1:55.16)
2:21.71 (26.55)	2:50.86 (55.70)	3:20.95 (1:25.79)	3:51.16 (1:56.00)
4:17.90 (26.74)	4:46.77 (55.61)	5:16.05 (1:24.89)	5:46.01 (1:54.85)
6:11.60 (25.59)	6:39.80 (53.79)	7:08.69 (1:22.68)	7:37.92 (1:51.91)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
9 Anne Arundel County YMCA		7:38.58	7:40.91
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16
27.25	56.71 (56.71)	1:26.66 (1:26.66)	1:56.82 (1:56.82)
2:13.44 (16.62)	2:53.19 (56.37)	3:23.90 (1:27.08)	3:54.36 (1:57.54)
4:20.66 (26.30)	4:49.96 (55.60)	5:20.12 (1:25.76)	5:50.32 (1:55.96)
6:15.37 (25.05)	6:43.63 (53.31)	7:12.55 (1:22.23)	7:40.91 (1:50.59)
10 Lakeland Hills Family YMCA		7:38.77	7:41.30
1) Katherine Foley 18	2) Molly Higgins 17	3) Kaitlyn Utkewicz 16	4) Jennie Marosits 17
26.89	56.07 (56.07)	1:24.83 (1:24.83)	1:54.24 (1:54.24)
2:20.04 (25.80)	2:48.66 (54.42)	3:18.42 (1:24.18)	3:47.79 (1:53.55)
4:14.43 (26.64)	4:43.70 (55.91)	5:13.55 (1:25.76)	5:44.76 (1:56.97)
6:10.76 (26.00)	6:40.22 (55.46)	7:10.94 (1:26.18)	7:41.30 (1:56.54)
11 Oshkosh Community YMCA		7:36.95	7:42.10
1) Hilary Woldt 17	2) Natalie Bolin 16	3) Abbey Tuchscherer 17	4) Rachel Revolinski 16
26.98	56.36 (56.36)	1:26.34 (1:26.34)	1:55.83 (1:55.83)
2:22.11 (26.28)	2:51.61 (55.78)	3:22.02 (1:26.19)	3:52.59 (1:56.76)
4:18.91 (26.32)	4:48.19 (55.60)	5:18.44 (1:25.85)	5:48.69 (1:56.10)
6:14.62 (25.93)	6:43.12 (54.43)	7:12.61 (1:23.92)	7:42.10 (1:53.41)
12 Cheshire YMCA		7:46.21	7:42.21
1) Hollis Capuano 18	2) Jennifer Tavares 14	3) Lauren Solernou 16	4) Kim Jerome 16
26.84	55.83 (55.83)	1:25.76 (1:25.76)	1:55.55 (1:55.55)
2:11.45 (15.90)	2:51.96 (56.41)	3:21.68 (1:26.13)	3:50.86 (1:55.31)
4:16.62 (25.76)	4:45.94 (55.08)	5:16.44 (1:25.58)	5:46.46 (1:55.60)
6:13.31 (26.85)	6:42.69 (56.23)	7:12.65 (1:26.19)	7:42.21 (1:55.75)
13 B.R. Ryall (Northwestern Dup		7:42.55	7:42.64
1) Maddi Webb 16	2) Sarah Galvin 18	3) Carrie Chibe 18	4) Emily Gniatczyk 17
26.46	55.08 (55.08)	1:24.97 (1:24.97)	1:55.57 (1:55.57)
2:22.18 (26.61)	2:51.51 (55.94)	3:21.68 (1:26.11)	3:51.42 (1:55.85)
4:17.99 (26.57)	4:47.36 (55.94)	5:17.47 (1:26.05)	5:47.69 (1:56.27)
6:13.46 (25.77)	6:42.64 (54.95)	7:12.75 (1:25.06)	7:42.64 (1:54.95)
14 Countryside Ralph Stolle YM		7:35.26	7:43.11
1) Lynn Brotherton 17	2) Breann McDowell 17	3) Carolyn Carter 15	4) Sam Vandyke 17
26.62	55.51 (55.51)	1:25.18 (1:25.18)	1:55.20 (1:55.20)
2:20.54 (25.34)	2:48.58 (53.38)	3:17.54 (1:22.34)	3:46.49 (1:51.29)
4:02.41 (15.92)	4:44.22 (57.73)	5:14.89 (1:28.40)	5:45.09 (1:58.60)
6:11.93 (26.84)	6:41.79 (56.70)	7:12.40 (1:27.31)	7:43.11 (1:58.02)
15 Kishwaukee Family YMCA		7:49.32	7:44.77
1) Emily Launer 15	2) Katie Hallenbeck 16	3) Casey Jepsen 16	4) Emily Waller 18
26.49	55.89 (55.89)	1:25.61 (1:25.61)	1:55.30 (1:55.30)
2:11.81 (16.51)	2:52.36 (57.06)	3:22.95 (1:27.65)	3:52.97 (1:57.67)
4:18.84 (25.87)	4:47.69 (54.72)	5:18.18 (1:25.21)	5:49.23 (1:56.26)
6:15.30 (26.07)	6:44.52 (55.29)	7:14.58 (1:25.35)	7:44.77 (1:55.54)
16 Birmingham Family YMCA		7:44.84	7:44.81
1) Megan Gegesky 17	2) Katherine Carl 17	3) Maggie Brabbins 17	4) Nikki Barczak 15
26.34	55.38 (55.38)	1:25.70 (1:25.70)	1:55.17 (1:55.17)
2:21.40 (26.23)	2:50.46 (55.29)	3:20.85 (1:25.68)	3:51.06 (1:55.89)
4:17.92 (26.86)	4:47.35 (56.29)	5:17.68 (1:26.62)	5:48.12 (1:57.06)
6:14.20 (26.08)	6:43.33 (55.21)	7:14.15 (1:26.03)	7:44.81 (1:56.69)
17 North Shore (Sterling) MA YI		7:47.83	7:44.93
1) Megan Alexander 14	2) Colleen McCormack 17	3) Kelly O'Connor 17	4) Katherine Foley 16
27.29	56.34 (56.34)	1:25.90 (1:25.90)	1:55.35 (1:55.35)
2:22.10 (26.75)	2:51.87 (56.52)	3:22.75 (1:27.40)	3:53.44 (1:58.09)
4:19.81 (26.37)	4:49.12 (55.68)	5:19.89 (1:26.45)	5:50.49 (1:57.05)
6:16.12 (25.63)	6:44.81 (54.32)	7:14.99 (1:24.50)	7:44.93 (1:54.44)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
18 Spokane YMCA				7:54.13	7:46.46
1) Emri Moore 15	2) Maggie Thompson 17	3) Amber Amr 16	4) Emily Renzini 15		
25.64	53.59 (53.59)	1:23.24 (1:23.24)	1:53.23 (1:53.23)		
2:19.68 (26.45)	2:49.63 (56.40)	3:20.64 (1:27.41)	3:51.34 (1:58.11)		
4:17.44 (26.10)	4:46.98 (55.64)	5:18.53 (1:27.19)	5:49.81 (1:58.47)		
6:16.75 (26.94)	6:46.51 (56.70)	7:16.59 (1:26.78)	7:46.46 (1:56.65)		
19 Somerset Valley YMCA				7:39.80	7:46.90
1) Mara Valenzuela 15	2) Rachel Stoddard 14	3) Kara Dubiel 17	4) Courtney Raw 17		
26.82	56.15 (56.15)	1:25.94 (1:25.94)	1:55.83 (1:55.83)		
2:22.88 (27.05)	2:53.47 (57.64)	3:25.07 (1:29.24)	3:56.72 (2:00.89)		
4:23.38 (26.66)	4:52.81 (56.09)	5:23.31 (1:26.59)	5:54.03 (1:57.31)		
6:19.39 (25.36)	6:47.60 (53.57)	7:16.82 (1:22.79)	7:46.90 (1:52.87)		
20 Upper Main Line YMCA				7:51.01	7:48.38
1) Megan Happ 18	2) Claire Keithly 17	3) Kara Keenan 18	4) Jenny Dalmonte 17		
27.19	56.12 (56.12)	1:25.38 (1:25.38)	1:54.78 (1:54.78)		
2:22.39 (27.61)	2:52.22 (57.44)	3:22.95 (1:28.17)	3:53.24 (1:58.46)		
4:20.27 (27.03)	4:49.66 (56.42)	5:20.19 (1:26.95)	5:50.83 (1:57.59)		
6:16.85 (26.02)	6:45.83 (55.00)	7:16.66 (1:25.83)	7:48.38 (1:57.55)		
21 Wilton Family YMCA				7:55.96	7:48.88
1) Caroline Higgins 16	2) Jenn Abbott 17	3) Kelly Heyde 18	4) Shelby Fortin 16		
26.93	56.83 (56.83)	1:28.17 (1:28.17)	1:59.26 (1:59.26)		
2:26.06 (26.80)	2:56.07 (56.81)	3:27.17 (1:27.91)	3:57.86 (1:58.60)		
4:24.59 (26.73)	4:54.32 (56.46)	5:24.98 (1:27.12)	5:55.58 (1:57.72)		
6:11.18 (15.60)	6:49.57 (53.99)	7:19.16 (1:23.58)	7:48.88 (1:53.30)		
22 Springfield Family YMCA				7:48.37	7:49.71
1) Margo Geer 17	2) Lauren Funk 17	3) Elizabeth Malone 15	4) Kendra Crew 14		
24.65	51.98 (51.98)	1:20.66 (1:20.66)	1:49.45 (1:49.45)		
2:05.56 (16.11)	2:44.47 (55.02)	3:16.24 (1:26.79)	3:49.05 (1:59.60)		
4:16.08 (27.03)	4:46.22 (57.17)	5:17.90 (1:28.85)	5:49.36 (2:00.31)		
6:16.23 (26.87)	6:45.80 (56.44)	7:17.43 (1:28.07)	7:49.71 (2:00.35)		
23 Piedmont Family YMCA Inc.				7:57.15	7:50.00
1) Natalie Cronk 14	2) Madeline Bowe 18	3) Brodde Lamb 15	4) Emma McKinley 15		
27.68	57.62 (57.62)	1:29.72 (1:29.72)	2:01.78 (2:01.78)		
2:28.09 (26.31)	2:57.94 (56.16)	3:28.48 (1:26.70)	3:58.93 (1:57.15)		
4:25.70 (26.77)	4:55.74 (56.81)	5:26.10 (1:27.17)	5:56.10 (1:57.17)		
6:22.36 (26.26)	6:51.33 (55.23)	7:20.75 (1:24.65)	7:50.00 (1:53.90)		
24 Fanwood-Scotch Plains YMC				7:48.51	7:50.06
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Caitlin English 15	4) Jessica Colucci 16		
26.22	55.04 (55.04)	1:25.23 (1:25.23)	1:56.05 (1:56.05)		
2:21.62 (25.57)	2:50.54 (54.49)	3:20.98 (1:24.93)	3:51.62 (1:55.57)		
4:18.75 (27.13)	4:48.73 (57.11)	5:19.38 (1:27.76)	5:49.74 (1:58.12)		
6:16.64 (26.90)	6:46.65 (56.91)	7:17.71 (1:27.97)	7:50.06 (2:00.32)		
25 New Canaan Community YM				7:56.80	7:50.38
1) Sam Berizzi 17	2) Lulu Belak 16	3) Katie Rohn 17	4) Katie Orem 16		
26.57	55.31 (55.31)	1:25.05 (1:25.05)	1:55.46 (1:55.46)		
2:22.01 (26.55)	2:51.52 (56.06)	3:22.58 (1:27.12)	3:53.91 (1:58.45)		
4:20.79 (26.88)	4:51.50 (57.59)	5:22.57 (1:28.66)	5:53.68 (1:59.77)		
6:20.56 (26.88)	6:50.15 (56.47)	7:20.92 (1:27.24)	7:50.38 (1:56.70)		
26 Schroeder YMCA				7:48.64	7:50.57
1) Alexandra Meyers 13	2) Megan Kittilstad 17	3) Sadie Nennig 16	4) Abigail Raatz 13		
26.57	55.78 (55.78)	1:25.88 (1:25.88)	1:56.19 (1:56.19)		
2:22.92 (26.73)	2:52.45 (56.26)	3:23.68 (1:27.49)	3:54.57 (1:58.38)		
4:21.26 (26.69)	4:51.17 (56.60)	5:22.14 (1:27.57)	5:53.47 (1:58.90)		
6:20.25 (26.78)	6:50.13 (56.66)	7:20.68 (1:27.21)	7:50.57 (1:57.10)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
27 Somerset Hills YMCA			7:45.85	7:50.63
1) Mary deMarrais 18	2) Julia Kudryashova 15	3) Kimberly Kaller 17	4) Christina Daquila 18	
26.51	55.44 (55.44)	1:25.45 (1:25.45)	1:55.74 (1:55.74)	
2:21.71 (25.97)	2:51.37 (55.63)	3:22.53 (1:26.79)	3:54.08 (1:58.34)	
4:20.79 (26.71)	4:51.03 (56.95)	5:22.30 (1:28.22)	5:53.37 (1:59.29)	
6:20.45 (27.08)	6:50.18 (56.81)	7:20.80 (1:27.43)	7:50.63 (1:57.26)	
28 Greater Flint YMCA			7:54.70	7:50.81
1) Kelsey Reid 17	2) Anna Wujciak 14	3) Heather Saule 16	4) Courtney Weaver 13	
27.98	57.52 (57.52)	1:27.44 (1:27.44)	1:57.10 (1:57.10)	
2:23.62 (26.52)	2:52.34 (55.24)	3:21.72 (1:24.62)	3:51.06 (1:53.96)	
4:19.43 (28.37)	4:49.97 (58.91)	5:21.16 (1:30.10)	5:52.30 (2:01.24)	
6:19.94 (27.64)	6:50.29 (57.99)	7:21.37 (1:29.07)	7:50.81 (1:58.51)	
29 West Morris YMCA			7:48.32	7:51.18
1) Jen Koide 13	2) Jaina Lumkong 16	3) Emily Miles 16	4) Kristen Ferriero 17	
27.85	57.96 (57.96)	1:29.08 (1:29.08)	1:59.60 (1:59.60)	
2:26.28 (26.68)	2:56.03 (56.43)	3:26.49 (1:26.89)	3:57.32 (1:57.72)	
4:23.34 (26.02)	4:53.49 (56.17)	5:24.15 (1:26.83)	5:55.03 (1:57.71)	
6:21.66 (26.63)	6:51.06 (56.03)	7:20.95 (1:25.92)	7:51.18 (1:56.15)	
30 Powel Crosley Jr. YMCA			7:53.68	7:51.23
1) Sara Krueger 15	2) Laura Krueger 17	3) Bryn Dunbar 18	4) Grace Counts 15	
27.16	56.45 (56.45)	1:27.03 (1:27.03)	1:57.25 (1:57.25)	
2:24.89 (27.64)	2:55.01 (57.76)	3:25.78 (1:28.53)	3:55.62 (1:58.37)	
4:22.69 (27.07)	4:53.09 (57.47)	5:23.90 (1:28.28)	5:54.85 (1:59.23)	
6:22.40 (27.55)	6:51.83 (56.98)	7:21.92 (1:27.07)	7:51.23 (1:56.38)	
31 Greater Holyoke YMCA			7:42.95	7:52.46
1) Meaghan Kwarcinski 14	2) Catriona Coppler 16	3) Meriza Werenski 13	4) Anna Strzempko 14	
27.82	57.42 (57.42)	1:27.89 (1:27.89)	1:58.13 (1:58.13)	
2:24.53 (26.40)	2:53.62 (55.49)	3:24.40 (1:26.27)	3:55.73 (1:57.60)	
4:22.86 (27.13)	4:52.52 (56.79)	5:23.00 (1:27.27)	5:53.35 (1:57.62)	
6:20.06 (26.71)	6:49.87 (56.52)	7:21.21 (1:27.86)	7:52.46 (1:59.11)	
32 Pabst Farms YMCA			7:44.20	7:53.63
1) Diana Diel 17	2) Becky Yokosh 17	3) Jordon Momsen 17	4) Elise Lankiewicz 13	
27.01	56.62 (56.62)	1:26.59 (1:26.59)	1:56.86 (1:56.86)	
2:22.55 (25.69)	2:51.58 (54.72)	3:22.55 (1:25.69)	3:54.02 (1:57.16)	
4:21.23 (27.21)	4:51.69 (57.67)	5:22.55 (1:28.53)	5:53.43 (1:59.41)	
6:20.29 (26.86)	6:51.08 (57.65)	7:22.34 (1:28.91)	7:53.63 (2:00.20)	
33 Rowan County YMCA			7:56.42	7:53.78
1) Caroline Smith 18	2) Madi Ralston 16	3) Garrison Stevens 17	4) McKenzie Stevens 13	
26.34	54.50 (54.50)	1:23.00 (1:23.00)	1:51.34 (1:51.34)	
2:19.24 (27.90)	2:48.49 (57.15)	3:18.86 (1:27.52)	3:49.69 (1:58.35)	
4:17.27 (27.58)	4:47.46 (57.77)	5:17.46 (1:27.77)	5:47.11 (1:57.42)	
6:15.71 (28.60)	6:47.51 (1:00.40)	7:20.66 (1:33.55)	7:53.78 (2:06.67)	
34 Green Bay YMCA Metro			7:44.21	7:53.82
1) Emily Bourguignon 16	2) Dayna Nellis 18	3) Emily Blohm 18	4) Jasmine Lee 16	
27.11	56.43 (56.43)	1:26.88 (1:26.88)	1:57.98 (1:57.98)	
2:24.06 (26.08)	2:53.78 (55.80)	3:25.28 (1:27.30)	3:56.18 (1:58.20)	
4:23.13 (26.95)	4:53.13 (56.95)	5:23.98 (1:27.80)	5:54.69 (1:58.51)	
6:21.61 (26.92)	6:51.70 (57.01)	7:22.84 (1:28.15)	7:53.82 (1:59.13)	
35 Wyckoff Family YMCA Inc			7:51.29	7:54.06
1) Alison O'Connor 15	2) Patty Boyer 16	3) Sara Craft 14	4) Chloe Conjares 16	
27.47	57.44 (57.44)	1:28.44 (1:28.44)	1:59.58 (1:59.58)	
2:26.48 (26.90)	2:57.29 (57.71)	3:29.54 (1:29.96)	4:01.66 (2:02.08)	
4:28.47 (26.81)	4:57.95 (56.29)	5:28.63 (1:26.97)	5:58.89 (1:57.23)	
6:24.53 (25.64)	6:53.30 (54.41)	7:23.45 (1:24.56)	7:54.06 (1:55.17)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
36 South Family YMCA-Ketterir			7:53.78	7:54.79
1) Sarah Weidner 16	2) Ally Stover 18	3) Natalie Rohr 15	4) Natasha Wahl 16	
27.49	57.28 (57.28)	1:27.82 (1:27.82)	1:57.86 (1:57.86)	
2:24.90 (27.04)	2:54.76 (56.90)	3:25.57 (1:27.71)	3:56.25 (1:58.39)	
4:22.29 (26.04)	4:52.16 (55.91)	5:23.42 (1:27.17)	5:55.03 (1:58.78)	
6:22.58 (27.55)	6:52.88 (57.85)	7:23.84 (1:28.81)	7:54.79 (1:59.76)	
37 Macomb Family YMCA			7:52.98	7:54.88
1) Marah Pugh 13	2) Nichole Contesti 16	3) Nicole Hranchook 15	4) Hannah Pugh 16	
27.62	56.81 (56.81)	1:26.84 (1:26.84)	1:57.17 (1:57.17)	
2:24.73 (27.56)	2:54.99 (57.82)	3:25.65 (1:28.48)	3:56.34 (1:59.17)	
4:23.58 (27.24)	4:54.04 (57.70)	5:25.31 (1:28.97)	5:56.31 (1:59.97)	
6:23.29 (26.98)	6:53.40 (57.09)	7:24.35 (1:28.04)	7:54.88 (1:58.57)	
38 Red River Valley YMCA			7:57.24	7:55.25
1) Ali Church 14	2) Addy DiCristina 14	3) Rachel Svendson 14	4) Mirna Kojic' 16	
26.64	55.59 (55.59)	1:25.38 (1:25.38)	1:55.06 (1:55.06)	
2:21.93 (26.87)	2:52.48 (57.42)	3:23.64 (1:28.58)	3:54.57 (1:59.51)	
4:22.42 (27.85)	4:52.98 (58.41)	5:24.59 (1:30.02)	5:56.26 (2:01.69)	
6:23.02 (26.76)	6:52.94 (56.68)	7:23.93 (1:27.67)	7:55.25 (1:58.99)	
39 Boyertown Area YMCA			7:58.50	7:57.71
1) Lauren Doerrman 14	2) Nina Lisella 16	3) Carlene Ostromecki 17	4) Bridget Hilferty 17	
27.30	57.80 (57.80)	1:29.52 (1:29.52)	2:00.74 (2:00.74)	
2:27.52 (26.78)	2:58.15 (57.41)	3:29.27 (1:28.53)	4:00.18 (1:59.44)	
4:27.08 (26.90)	4:56.49 (56.31)	5:27.08 (1:26.90)	5:58.47 (1:58.29)	
6:25.81 (27.34)	6:56.72 (58.25)	7:27.71 (1:29.24)	7:57.71 (1:59.24)	
40 Phoenixville Branch YMCA			7:54.87	7:58.44
1) Lauren Baisden 17	2) Paige Baisden 15	3) Devonne Moore 14	4) Amanda Malmstrom 15	
26.98	56.23 (56.23)	1:26.17 (1:26.17)	1:55.51 (1:55.51)	
2:22.23 (26.72)	2:51.60 (56.09)	3:21.44 (1:25.93)	3:50.78 (1:55.27)	
4:18.28 (27.50)	4:50.21 (59.43)	5:24.12 (1:33.34)	5:59.09 (2:08.31)	
6:25.86 (26.77)	6:57.14 (58.05)	7:28.10 (1:29.01)	7:58.44 (1:59.35)	
41 Hamilton Area NJ YMCA			7:50.66	7:58.62
1) Amanda Grant 16	2) Emily Schroeder 12	3) Meredith Ketchmark 16	4) Samantha Kietlinski 18	
27.59	58.23 (58.23)	1:30.38 (1:30.38)	2:02.36 (2:02.36)	
2:30.71 (28.35)	3:01.70 (59.34)	3:33.64 (1:31.28)	4:04.80 (2:02.44)	
4:31.64 (26.84)	5:01.83 (57.03)	5:33.19 (1:28.39)	6:04.26 (1:59.46)	
6:30.31 (26.05)	6:59.26 (55.00)	7:29.35 (1:25.09)	7:58.62 (1:54.36)	
42 Western Monmouth Co. YMC			7:52.93	7:58.77
1) Noelle Klockner 14	2) Stephanie Ross 14	3) Alexia Hynes 15	4) Katherine Dwyer 17	
27.07	56.58 (56.58)	1:27.03 (1:27.03)	1:57.34 (1:57.34)	
2:24.41 (27.07)	2:54.38 (57.04)	3:25.18 (1:27.84)	3:56.28 (1:58.94)	
4:23.28 (27.00)	4:54.65 (58.37)	5:28.57 (1:32.29)	6:01.91 (2:05.63)	
6:27.97 (26.06)	6:56.81 (54.90)	7:27.23 (1:25.32)	7:58.77 (1:56.86)	
43 Tri-City Area IL YMCA			7:56.28	7:59.54
1) Daphne Williams 18	2) Sage Haggard 15	3) Andrea McPike 18	4) Maddie Monroe 15	
27.33	57.39 (57.39)	1:28.86 (1:28.86)	2:00.62 (2:00.62)	
2:27.94 (27.32)	2:58.75 (58.13)	3:29.93 (1:29.31)	4:01.04 (2:00.42)	
4:28.21 (27.17)	4:58.37 (57.33)	5:28.31 (1:27.27)	5:58.34 (1:57.30)	
6:24.99 (26.65)	6:54.77 (56.43)	7:26.91 (1:28.57)	7:59.54 (2:01.20)	
44 Red Bank Branch			7:53.08	8:00.72
1) Jillian Crosby 14	2) Sarah Finn 15	3) Courtney Delehanty 16	4) Megan Foran 15	
27.56	57.75 (57.75)	1:28.87 (1:28.87)	1:59.81 (1:59.81)	
2:26.69 (26.88)	2:56.81 (57.00)	3:28.06 (1:28.25)	3:58.52 (1:58.71)	
4:25.80 (27.28)	4:56.09 (57.57)	5:28.19 (1:29.67)	6:00.45 (2:01.93)	
6:28.42 (27.97)	6:58.21 (57.76)	7:29.31 (1:28.86)	8:00.72 (2:00.27)	



## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 800 Yard Freestyle Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
45 Darien Community YMCA		7:55.25	8:01.21
1) Kate Timmerman 17	2) Lindsay Tyler 16	3) Liza Bragg 14	4) Lauren Timmerman 17
28.33	58.45 (58.45)	1:28.98 (1:28.98)	
2:26.73 (27.48)	2:56.93 (57.68)	3:28.61 (1:29.36)	
4:28.42 (27.77)	4:59.64 (58.99)	5:31.15 (1:30.50)	
6:30.65 (27.70)	7:01.05 (58.10)	7:31.59 (1:28.64)	
46 Pottstown YMCA		7:50.89	8:02.96
1) Lyndsey Marcheskie 15	2) Katie Flannigan 17	3) Allison Schafer 16	4) Rachel Gadzicki 18
27.36	57.23 (57.23)	1:27.50 (1:27.50)	
2:25.90 (27.67)	2:56.74 (58.51)	3:28.89 (1:30.66)	
4:27.48 (27.01)	4:57.95 (57.48)	5:30.16 (1:29.69)	
6:29.24 (26.60)	7:00.05 (57.41)	7:32.26 (1:29.62)	
47 Ridgewood NJ YMCA		7:55.63	8:03.12
1) Eilish Devine 15	2) Sara Nestrowitz 13	3) Michelle Kim 12	4) Sarah D'Antoni 16
26.80	56.34 (56.34)	1:27.09 (1:27.09)	
2:26.15 (27.23)	2:57.13 (58.21)	3:28.86 (1:29.94)	
4:28.96 (28.36)	5:00.47 (59.87)	5:32.09 (1:31.49)	
6:29.17 (26.41)	6:59.76 (57.00)	7:31.52 (1:28.76)	
48 Sunbury Branch YMCA		7:58.96	8:03.19
1) Maggie Storm 16	2) Lexi Cole 15	3) Sammy Joe Koons 15	4) Michelle Giordani 15
27.71	58.61 (58.61)	1:30.59 (1:30.59)	
2:28.54 (27.17)	2:58.96 (57.59)	3:30.59 (1:29.22)	
4:28.67 (27.29)	4:59.72 (58.34)	5:31.49 (1:30.11)	
6:29.57 (27.33)	7:00.24 (58.00)	7:31.93 (1:29.69)	
49 Westfield YMCA		7:57.84	8:03.75
1) Suzanne Lemberg 17	2) Meredith Smith 16	3) Maeve Maloney 14	4) Carly Whitmer 14
26.75	56.01 (56.01)	1:26.55 (1:26.55)	
2:13.16 (15.79)	2:53.81 (56.44)	3:24.39 (1:27.02)	
4:23.20 (28.39)	4:55.73 (1:00.92)	5:29.23 (1:34.42)	
6:29.60 (27.20)	7:01.05 (58.65)	7:32.98 (1:30.58)	
50 Greensburg YMCA		7:58.63	8:05.90
1) Anna Gibas 17	2) Emily Friedline 15	3) Jami Andrews 17	4) Laura Gorinski 18
27.09	56.76 (56.76)	1:27.31 (1:27.31)	
2:26.58 (28.97)	2:58.59 (1:00.98)	3:31.62 (1:34.01)	
4:31.39 (26.94)	5:01.77 (57.32)	5:34.40 (1:29.95)	
6:35.02 (27.22)	7:05.25 (57.45)	7:35.74 (1:27.94)	
51 Madison West YMCA		7:57.10	8:07.17
1) Carolyn Curran 15	2) Kayla Smith 18	3) Alissa Endres 17	4) Kayce Smith 14
28.90	59.69 (59.69)	1:31.26 (1:31.26)	
2:29.11 (26.38)	2:59.04 (56.31)	3:30.66 (1:27.93)	
4:29.53 (26.71)	5:00.20 (57.38)	5:33.01 (1:30.19)	
6:33.42 (28.08)	7:04.22 (58.88)	7:35.70 (1:30.36)	
--- Canandaigua YMCA		7:52.95	DQ
1) Maria Messina 15	2) Jennifer Benson 17	3) Heather Savage 16	4) Brittney Kuras 18
--- Montclair YMCA		7:57.44	DFS
Declared false start			
1) Stephanie Ferrell 16	2) Katherine O'Leary 18	3) Ellen Huelbig 17	4) Caitlin Nelson 18

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 200 Yard Medley Relay Swimming Competition**

National: 1:43.94 \* 4/2/2007

YMCA of the Triangle Area

Triangle Area

C Cooper, L Pucci, J Crawford, T Long

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1	Middle Tyger YMCA	1:45.79	1:44.35
	1) Annie Gillig 14      2) Caroline Fore 17		4) Addie Carne 18
	26.28      56.46 (30.18)      1:20.85 (24.39)	1:44.35 (23.50)	
2	Birmingham Family YMCA	1:44.93	1:44.63
	1) Taylor Steffl 15      2) Rachel Dekar 17		4) Lauren Nichols 18
	27.31      55.72 (28.41)      1:21.27 (25.55)	1:44.63 (23.36)	
3	Sarasota Family YMCA, Inc	1:45.64	1:44.90
	1) Ashlee Linn 16      2) Corinne Showalter 18		4) Katheryne Muth 17
	26.41      55.45 (29.04)      1:21.10 (25.65)	1:44.90 (23.80)	
4	Triangle Area YMCA	1:45.69	1:45.43
	1) Sabrina Benson 15      2) Abby Houchin 17		4) Nicole Miller 18
	26.12      56.12 (30.00)      1:21.50 (25.38)	1:45.43 (23.93)	
5	Springfield Family YMCA	1:46.21	1:45.69
	1) Margo Geer 17      2) Kendra Crew 14		4) Lauren Funk 17
	25.94      55.79 (29.85)      1:22.00 (26.21)	1:45.69 (23.69)	
6	Montgomery -East Branch YM	1:45.63	1:45.93
	1) Sarah Reynolds 14      2) Laura Johnson 18		4) Winston Waters 16
	26.65      55.11 (28.46)      1:20.93 (25.82)	1:45.93 (25.00)	
7	Oshkosh Community YMCA	1:46.64	1:46.02
	1) Siri Smits 15      2) Rachel Revolinski 16		4) Hilary Woldt 17
	26.47      56.02 (29.55)      1:21.79 (25.77)	1:46.02 (24.23)	
8	Anne Arundel County YMCA	1:46.05	1:47.31
	1) Caroline Burns 17      2) Kim Weyand 16		4) Emily Lloyd 16
	27.06      58.23 (31.17)      1:23.83 (25.60)	1:47.31 (23.48)	
<b>B - Final</b>			
9	Cheshire YMCA	1:46.99	1:45.88
	1) Lauren Solernou 16      2) Kim Jerome 16		4) Hollis Capuano 18
	26.35      55.68 (29.33)      1:21.91 (26.23)	1:45.88 (23.97)	
10	Fanwood-Scotch Plains YMC	1:46.68	1:46.04
	1) Nicole Colucci 18      2) Hannah Markey 15		4) Ariana Lyons 17
	26.91      57.14 (30.23)      1:22.28 (25.14)	1:46.04 (23.76)	
11	Wilton Family YMCA	1:46.91	1:46.71
	1) Shelby Fortin 16      2) KC Moss 14		4) Dana Gnerre 18
	26.84      56.70 (29.86)      1:22.70 (26.00)	1:46.71 (24.01)	
12	Lakeland Hills Family YMCA	1:47.10	1:46.99
	1) Lauren LaRocco 17      2) Melissa Feeney 15		4) Kaitlyn Utkewicz 16
	27.86      57.98 (30.12)      1:22.88 (24.90)	1:46.99 (24.11)	
13	Reading and Berks County YI	1:47.70	1:47.04
	1) Erin Timochenko 14      2) Kylie Reiter 15		4) Mary Moser 17
	28.01      58.70 (30.69)      1:24.06 (25.36)	1:47.04 (22.98)	
14	Somerset Valley YMCA	1:47.51	1:47.39
	1) Mara Valenzuela 15      2) Rachel Stoddard 14		4) Kristen Moll 17
	28.11      57.64 (29.53)      1:23.10 (25.46)	1:47.39 (24.29)	
15	Pabst Farms YMCA	1:47.52	1:48.60
	1) Becky Yokosh 17      2) Taylor Andrews 18		4) Jordon Momsen 17
	27.59      58.65 (31.06)      1:23.51 (24.86)	1:48.60 (25.09)	
16	Powel Crosley Jr. YMCA	1:47.59	1:48.86
	1) Celia Oberholzer 15      2) Mariah Akinbi 16		4) Bryn Dunbar 18
	26.63      57.04 (30.41)      1:23.66 (26.62)	1:48.86 (25.20)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Women 200 Yard Medley Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 Birmingham Family YMCA		1:46.92	1:44.93
1) Taylor Steffl 15	2) Rachel Dekar 17	3) Nikki Barczak 15	4) Lauren Nichols 18
27.45	56.26 (28.81)	1:22.08 (25.82)	1:44.93 (22.85)
2 Montgomery -East Branch YM		1:46.83	1:45.63
1) Sarah Reynolds 14	2) Laura Johnson 18	3) Rebecca Young 16	4) Winston Waters 16
26.63	55.13 (28.50)	1:20.81 (25.68)	1:45.63 (24.82)
3 Sarasota Family YMCA, Inc		2:08.57L	1:45.64
1) Ashlee Linn 16	2) Corinne Showalter 18	3) McKayla Lightbourn 16	4) Katheryne Muth 17
25.96	55.96 (30.00)	1:21.94 (25.98)	1:45.64 (23.70)
4 Triangle Area YMCA		1:48.44	1:45.69
1) Sabrina Benson 15	2) Abby Houchin 17	3) Erin Burke 18	4) Nicole Miller 18
26.36	56.15 (29.79)	1:21.60 (25.45)	1:45.69 (24.09)
5 Middle Tyger YMCA		1:47.59	1:45.79
1) Annie Gillig 14	2) Caroline Fore 17	3) Haley Lips 15	4) Addie Carne 18
26.35	57.36 (31.01)	1:22.18 (24.82)	1:45.79 (23.61)
6 Anne Arundel County YMCA		1:49.48	1:46.05
1) Caroline Burns 17	2) Kim Weyand 16	3) Kendall Farnham 16	4) Emily Lloyd 16
27.51	58.53 (31.02)	1:23.72 (25.19)	1:46.05 (22.33)
7 Springfield Family YMCA		1:49.37	1:46.21
1) Margo Geer 17	2) Kendra Crew 14	3) Elizabeth Malone 15	4) Lauren Funk 17
26.08	55.75 (29.67)	1:22.43 (26.68)	1:46.21 (23.78)
8 Oshkosh Community YMCA		1:45.64	1:46.64
1) Siri Smits 15	2) Rachel Revolinski 16	3) Abbey Tuchscherer 17	4) Hilary Woldt 17
26.63	56.32 (29.69)	1:22.28 (25.96)	1:46.64 (24.36)
9 Fanwood-Scotch Plains YMC		1:48.87	1:46.68
1) Nicole Colucci 18	2) Hannah Markey 15	3) Janene Senofonte 17	4) Ariana Lyons 17
27.82	57.72 (29.90)	1:22.58 (24.86)	1:46.68 (24.10)
10 Wilton Family YMCA		1:50.64	1:46.91
1) Shelby Fortin 16	2) KC Moss 14	3) Kelly Heyde 18	4) Dana Gnerre 18
27.15	56.99 (29.84)	1:22.91 (25.92)	1:46.91 (24.00)
11 Cheshire YMCA		1:47.49	1:46.99
1) Lauren Solernou 16	2) Kim Jerome 16	3) Kaela Bjornberg 17	4) Hollis Capuano 18
26.89	56.23 (29.34)	1:22.30 (26.07)	1:46.99 (24.69)
12 Lakeland Hills Family YMCA		1:48.41	1:47.10
1) Lauren LaRocco 17	2) Melissa Feeney 15	3) Molly Higgins 17	4) Kaitlyn Utkewicz 16
28.09	58.04 (29.95)	1:23.20 (25.16)	1:47.10 (23.90)
13 Somerset Valley YMCA		1:49.12	1:47.51
1) Mara Valenzuela 15	2) Rachel Stoddard 14	3) Courtney Raw 17	4) Kristen Moll 17
27.61	57.62 (30.01)	1:23.06 (25.44)	1:47.51 (24.45)
14 Pabst Farms YMCA		1:46.56	1:47.52
1) Becky Yokosh 17	2) Taylor Andrews 18	3) Diana Diel 17	4) Jordon Momsen 17
27.07	57.10 (30.03)	1:22.51 (25.41)	1:47.52 (25.01)
15 Powel Crosley Jr. YMCA		1:50.36	1:47.59
1) Celia Oberholzer 15	2) Mariah Akinbi 16	3) Laura Krueger 17	4) Bryn Dunbar 18
26.43	56.79 (30.36)	1:23.28 (26.49)	1:47.59 (24.31)
16 Reading and Berks County YL		1:49.44	1:47.70
1) Erin Timochenko 14	2) Kylie Reiter 15	3) Paige Impink 17	4) Mary Moser 17
27.88	59.38 (31.50)	1:24.57 (25.19)	1:47.70 (23.13)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
17 B.R. Ryall (Northwestern Dur		1:50.61	1:47.84
1) Sarah Galvin 18	2) Madeline Scarborough 18	3) Emily Gniatczyk 17	4) Allison Pavlik 14
27.16	57.41 (30.25)	1:23.57 (26.16)	1:47.84 (24.27)
18 Western Monmouth Co. YMC		1:50.31	1:48.14
1) Emily O'Neill 16	2) Chelsea Unger 17	3) Amelia Buckley 16	4) Lee Ingram 18
27.11	57.20 (30.09)	1:23.93 (26.73)	1:48.14 (24.21)
19 Red Bank Branch		1:52.74	1:48.79
1) Maureen McKenna 16	2) Megan Bock 17	3) Lisa Zhang 15	4) Sarah Finn 15
28.38	59.11 (30.73)	1:24.45 (25.34)	1:48.79 (24.34)
20 York And York County YMC		1:52.16	1:48.94
1) Sada Stewart 15	2) Taylor Brew 15	3) Sarah Dotzel 17	4) Julia Kucherich 17
27.29	58.66 (31.37)	1:24.53 (25.87)	1:48.94 (24.41)
21 Upper Main Line YMCA		1:50.75	1:48.98
1) Kathryn Greskoff 17	2) Emily Schon 17	3) Erin Seiler 15	4) Shannon Rauth 13
28.00	57.89 (29.89)	1:24.82 (26.93)	1:48.98 (24.16)
22 Somerset Hills YMCA		1:50.49	1:49.13
1) Katie Buchser 14	2) Jenelle Zee 15	3) Jenna Immormino 15	4) Julia Kudryashova 15
28.94	59.12 (30.18)	1:25.44 (26.32)	1:49.13 (23.69)
23 Pottstown YMCA		1:52.91	1:49.17
1) Shannon Draves 18	2) Jamie Kane 15	3) Melissa Cook 18	4) Rachel Gadzicki 18
28.29	58.86 (30.57)	1:25.49 (26.63)	1:49.17 (23.68)
24 Schroeder YMCA		1:50.44	1:49.32
1) Sadie Nennig 16	2) Maiyah Hilliard 16	3) Eva Schulteis 16	4) Alyssa Niebrugge 17
27.06	57.87 (30.81)	1:24.69 (26.82)	1:49.32 (24.63)
25 Burbank Branch YMCA		1:48.84	1:49.33
1) Amina Meho 17	2) Salena Casha 17	3) Nysa Casha 16	4) Michelle Walcker 17
27.83	58.16 (30.33)	1:24.46 (26.30)	1:49.33 (24.87)
26 Greensburg YMCA		1:49.24	1:49.41
1) Brooke Waugaman 16	2) Laura Gorinski 18	3) Emily Friedline 15	4) Anna Gibas 17
27.14	57.26 (30.12)	1:24.99 (27.73)	1:49.41 (24.42)
27 West Shore YMCA		1:50.24	1:49.52
1) Stephanie Kinsey 17	2) Morgan Pfaff 15	3) Emily Weaner 16	4) Lauren Schmittle 17
27.23	58.20 (30.97)	1:24.95 (26.75)	1:49.52 (24.57)
28 Winston Salem YMCA		1:49.60	1:49.59
1) Kelly Ann Baird 17	2) Anna Ratana 17	3) Anna Blair Bullock 15	4) Rachel Wilson 18
27.88	58.61 (30.73)	1:25.24 (26.63)	1:49.59 (24.35)
29 Spokane YMCA		1:51.02	1:49.60
1) Amani Amr 14	2) Melissa Peplinski 16	3) Emri Moore 15	4) Amber Amr 16
28.16	59.71 (31.55)	1:25.03 (25.32)	1:49.60 (24.57)
30 West Seattle Branch YMCA		1:50.86	1:49.72
1) Amanda Thach 15	2) Melissa Oishi 18	3) Maddy Morgan 16	4) Audrey Griggs 15
27.95	58.86 (30.91)	1:24.74 (25.88)	1:49.72 (24.98)
31 Tri-Hampton Family Branch		1:51.29	1:49.75
1) Tori Hall 17	2) Kylie McKenzie 17	3) Madeline Barlow 18	4) Alexis Houser 17
28.15	58.83 (30.68)	1:25.31 (26.48)	1:49.75 (24.44)
32 Westfield YMCA		1:51.07	1:49.78
1) Meredith Smith 16	2) Abby Pires 15	3) Carly Whitmer 14	4) Suzanne Lemberg 17
29.14	59.43 (30.29)	1:25.37 (25.94)	1:49.78 (24.41)
33 Canandaigua YMCA		1:49.63	1:49.90
1) Erin Molloy 16	2) Paula Bentley 16	3) Heather Savage 18	4) Brittney Kuras 18
29.69	1:00.89 (31.20)	1:26.49 (25.60)	1:49.90 (23.41)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
*34 Montclair YMCA			1:52.42	1:49.92
1) Ellen Huelbig 17	2) Stephanie Ferrell 16	3) Katherine O'Leary 18	4) Caitlin Nelson 18	
29.18	58.75 (29.57)	1:25.53 (26.78)	1:49.92 (24.39)	
*34 Harford County Family YMC			1:53.27	1:49.92
1) Meredith Foster 16	2) Sara Tillie 16	3) Carrie Dukes 13	4) Audrey Tolbert 17	
28.20	59.24 (31.04)	1:25.31 (26.07)	1:49.92 (24.61)	
36 Green Bay YMCA Metro			1:50.14	1:50.14
1) Jasmine Lee 16	2) Emily Blohm 18	3) Dayna Nellis 18	4) Emily Bourguignon 16	
28.16	58.63 (30.47)	1:25.30 (26.67)	1:50.14 (24.84)	
37 M.E. Lyons (Anderson) YMC			1:50.27	1:50.15
1) Julia Comodeca 16	2) Gabbie Pettinichi 16	3) Brittany Groene 18	4) Casey Ridge 18	
28.03	59.29 (31.26)	1:25.85 (26.56)	1:50.15 (24.30)	
38 Tri-City Area IL YMCA			1:51.27	1:50.23
1) Daphne Williams 18	2) Maddie Monroe 15	3) Andrea McPike 18	4) Sage Haggard 15	
28.38	1:00.18 (31.80)	1:25.27 (25.09)	1:50.23 (24.96)	
39 Bath Area Family YMCA			1:52.94	1:50.25
1) Jessica Russell 14	2) Abbey Ridge 17	3) Petra Janney 16	4) Emily Buczkowski 15	
28.31	59.10 (30.79)	1:25.99 (26.89)	1:50.25 (24.26)	
40 Eau Claire Wisconsin YMCA			1:50.02	1:50.44
1) Ali Glassbrenner 13	2) Leah Pronschinske 14	3) Trinity Whitney 17	4) Tina DeLakis 17	
28.90	59.25 (30.35)	1:25.89 (26.64)	1:50.44 (24.55)	
*41 Piedmont Family YMCA Inc.			1:53.62	1:50.52
1) Natalie Cronk 14	2) Seana Acker 14	3) Brodde Lamb 15	4) Madeline Bowe 18	
29.37	1:00.08 (30.71)	1:26.04 (25.96)	1:50.52 (24.48)	
*41 Edwardsville YMCA			1:50.06	1:50.52
1) Ashlie Benson 16	2) Lori Lynn 15	3) Erica Lynn 18	4) Ali Lampen 13	
29.54	1:00.14 (30.60)	1:25.40 (25.26)	1:50.52 (25.12)	
43 Lynchburg YMCA			1:52.19	1:50.62
1) Ainsley Reed 13	2) Jennifer Murphy 17	3) Amber Wingfield 15	4) Susanna White 15	
29.29	1:01.28 (31.99)	1:26.93 (25.65)	1:50.62 (23.69)	
44 Brandywine -DE YMCA			1:52.61	1:50.71
1) Meghan Lam 17	2) Becca Murray 17	3) Alexis Coon 15	4) Annie Carter 18	
28.42	58.95 (30.53)	1:25.69 (26.74)	1:50.71 (25.02)	
45 Farmington Family YMCA			1:52.86	1:50.80
1) Kayla Douglas 15	2) Marina Borri 14	3) Marissa Doepker 18	4) Milon Crawford 15	
28.02	59.34 (31.32)	1:25.70 (26.36)	1:50.80 (25.10)	
46 West Morris YMCA			1:51.53	1:50.82
1) Anna Susko 17	2) Hanna Schenkman 17	3) Emily Miles 16	4) Kristen Ferriero 17	
28.11	59.46 (31.35)	1:25.70 (26.24)	1:50.82 (25.12)	
47 Rapid Area YMCA - MI			1:53.13	1:50.83
1) Stephie Fox 18	2) Ali Bauer 15	3) Marissa Murphy 17	4) Taylor Folkertsma 15	
29.07	1:00.90 (31.83)	1:26.06 (25.16)	1:50.83 (24.77)	
48 New Canaan Community YM			1:52.25	1:50.88
1) Katie Orem 16	2) Monica Sullivan 17	3) Allie Skaperdas 15	4) Lulu Belak 16	
28.34	59.86 (31.52)	1:26.44 (26.58)	1:50.88 (24.44)	
49 Wyckoff Family YMCA Inc			1:52.36	1:50.91
1) Ashley El Naggar 15	2) Rikki Berk 14	3) Katie Hommes 17	4) Chloe Conjares 16	
29.06	59.73 (30.67)	1:26.81 (27.08)	1:50.91 (24.10)	
50 Countryside Ralph Stolle YM			1:54.29	1:50.98
1) Emilee Letarte 17	2) Breann McDowell 17	3) Lynn Brotherton 17	4) Rachael Lewis 15	
30.20	1:01.14 (30.94)	1:26.74 (25.60)	1:50.98 (24.24)	
51 Sunbury Branch YMCA			1:52.55	1:51.14
1) Kelsey Williams 16	2) Maggie Storm 16	3) Kala Misavage 19	4) Michelle Giordani 15	
27.64	58.67 (31.03)	1:25.75 (27.08)	1:51.14 (25.39)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
52 Burlington County YMCA			1:49.80	1:51.24
1) Courtney Sepich 17	2) Kristen Lee 16	3) Samantha Sides 16	4) Cathy Howard 18	
28.16	59.74 (31.58)	1:25.80 (26.06)	1:51.24 (25.44)	
53 North Shore (Sterling) MA YI			1:53.26	1:51.31
1) Kelly O'Connor 17	2) Jennifer Trodden 18	3) Emily Needham 18	4) Molly McSweeney 15	
28.34	59.78 (31.44)	1:26.90 (27.12)	1:51.31 (24.41)	
54 Greenwich YMCA			1:53.00	1:51.46
1) Jesse Evans 15	2) Emily Weir 17	3) Samantha Heyman 17	4) Kimberly Hill 12	
29.91	59.81 (29.90)	1:26.21 (26.40)	1:51.46 (25.25)	
55 South Family YMCA-Ketterir			1:52.31	1:51.58
1) Sarah Weidner 16	2) Elise Prayson 15	3) Ally Stover 18	4) Natalie Rohr 15	
28.47	1:00.65 (32.18)	1:27.60 (26.95)	1:51.58 (23.98)	
56 McGaw YMCA			1:53.52	1:51.72
1) Sharon Wu 14	2) Evan Swenson 14	3) Kayla McCoy 12	4) Allison Siegel 17	
28.94	59.14 (30.20)	1:27.25 (28.11)	1:51.72 (24.47)	
57 Eastside Family Branch YMC			1:53.21	1:51.83
1) Julia Adams 17	2) Shannon Markham 17	3) Rachael Ragen 17	4) Rylee Klomp 14	
28.72	1:00.15 (31.43)	1:27.60 (27.45)	1:51.83 (24.23)	
58 North Oakland Family YMCA			1:53.12	1:52.04
1) Hanna Hunstad 14	2) Claire Gilbert 16	3) Jenny Larsen 17	4) Lauren Burt 18	
29.01	59.78 (30.77)	1:26.92 (27.14)	1:52.04 (25.12)	
59 Summit Branch YMCA			1:54.23	1:52.25
1) Carey Fries 16	2) Tasha Kewalramani 14	3) Kelly Carroll 14	4) Hannah Benn 16	
28.38	59.42 (31.04)	1:26.55 (27.13)	1:52.25 (25.70)	
60 Western Connecticut YMCA			1:52.45	1:52.27
1) Kathleen Marrese 16	2) Kate O'Leary 17	3) Heather Librizzi 17	4) Julie Wallerstein 17	
30.79	1:01.14 (30.35)	1:27.63 (26.49)	1:52.27 (24.64)	
61 Boyertown Area YMCA			1:53.34	1:52.31
1) Katie Duggan 16	2) Haley Heydt 15	3) Brianna Bentz 15	4) Danielle Davis 15	
28.48	1:00.78 (32.30)	1:27.61 (26.83)	1:52.31 (24.70)	
62 La Crosse Area Family YMC			1:51.49	1:52.44
1) Clare Christopherson 17	2) Kirstin Klemp 16	3) Kayla McCormick 17	4) Brooke Reynolds 15	
28.58	1:00.60 (32.02)	1:27.59 (26.99)	1:52.44 (24.85)	
63 Columbia Northwest Family Y			1:53.92	1:52.50
1) Sarah Boyle 16	2) Laura Nichols 17	3) Logan Schumpert 14	4) Katie Shoemaker 15	
28.08	58.82 (30.74)	1:26.72 (27.90)	1:52.50 (25.78)	
64 Madison East YMCA			1:53.15	1:52.70
1) Hayley Martin 18	2) Elizabeth Emmerich 16	3) Kelsey Millin 16	4) Tessa Lindner 14	
28.07	59.75 (31.68)	1:26.49 (26.74)	1:52.70 (26.21)	
65 Western Branch YMCA			1:53.57	1:52.84
1) Claire Mesko 15	2) Britt Rehrig 18	3) Nicole Osman 16	4) Jill Faul 16	
29.86	1:00.16 (30.30)	1:27.11 (26.95)	1:52.84 (25.73)	
66 Kishwaukee Family YMCA			1:53.51	1:52.87
1) Emily Launer 15	2) Valerie Jones 16	3) Katie Hallenbeck 16	4) Emily Waller 18	
28.41	1:00.87 (32.46)	1:27.61 (26.74)	1:52.87 (25.26)	
67 Phoenixville Branch YMCA			1:53.00	1:52.88
1) Audrey Rittenhouse 16	2) Alex Zimmerman 17	3) Madeline Zimmerman 12	4) Julia Wisler 15	
29.85	1:02.01 (32.16)	1:28.20 (26.19)	1:52.88 (24.68)	
68 Rock Hill Area YMCA			1:54.55	1:52.97
1) Ashley Martin 16	2) Jenni Russell 17	3) Holly Hirsch 18	4) Alex Vezzetti 15	
29.61	1:01.28 (31.67)	1:27.94 (26.66)	1:52.97 (25.03)	
69 Orlando YMCA			1:52.32	1:53.02
1) Kate Woolbright 16	2) Katie England 17	3) Liz Broadley 18	4) Jen Gavin 17	
29.77	1:00.77 (31.00)	1:27.87 (27.10)	1:53.02 (25.15)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
70 Greater Flint YMCA			1:52.84	1:53.12
1) Emily Eaton 15	2) Courtney Weaver 13	3) Jessica Weber 17	4) Anna Wujciak 14	
28.98	1:01.74 (32.76)	1:29.16 (27.42)	1:53.12 (23.96)	
71 Hilliard YMCA			1:54.14	1:53.43
1) Erin Brooks 13	2) Katie Lewis 18	3) Sarah Behrent 15	4) Emily Thomas 18	
29.73	1:01.60 (31.87)	1:28.30 (26.70)	1:53.43 (25.13)	
72 Riverfront Branch YMCA			1:53.68	1:53.98
1) Allison Walker 17	2) Grace Kaminer 17	3) Kaitlin Richter 15	4) Jillian Gamble 16	
29.21	1:02.13 (32.92)	1:29.85 (27.72)	1:53.98 (24.13)	
73 Beaver Creek Branch YMCA			1:52.44	1:54.01
1) Melissa Woody 17	2) Jackie Moroz 17	3) Margo Khalili 17	4) Elizabeth Brunzman 17	
29.30	1:01.37 (32.07)	1:27.87 (26.50)	1:54.01 (26.14)	
74 Greater Holyoke YMCA			1:54.47	1:54.12
1) Kara Lacoste 15	2) Karissa Gorman 18	3) Meriza Werenski 13	4) Catriona Coppler 16	
29.15	1:01.64 (32.49)	1:29.87 (28.23)	1:54.12 (24.25)	
75 Hannibal YMCA			1:53.41	1:54.23
1) JaLynn Gieseke 16	2) Rebekah Land 15	3) Tessa Bieniek 14	4) Kaylan Gieseke 14	
28.71	1:01.89 (33.18)	1:29.17 (27.28)	1:54.23 (25.06)	
76 Canton IL YMCA			1:54.02	1:54.28
1) Sarah Rowe 13	2) Amy Herink 16	3) Marissa Yontz 15	4) Anna Yontz 15	
29.75	1:01.69 (31.94)	1:29.27 (27.58)	1:54.28 (25.01)	
*77 Rock River Valley YMCA			1:52.89	1:54.34
1) Rachel Larson 15	2) Arica Woolbright 17	3) Sarah Miner 16	4) Julia Rasmussen 17	
29.89	1:00.88 (30.99)	1:28.75 (27.87)	1:54.34 (25.59)	
*77 Lancaster Family YMCA			1:53.07	1:54.34
1) Emily Anderson 15	2) Sarah Beck 16	3) Katie Allison 18	4) Jessica Burkhart 16	
29.91	1:02.66 (32.75)	1:29.21 (26.55)	1:54.34 (25.13)	
79 Northern Dauphin County YM			1:52.56	1:54.39
1) Kasey Travitz 18	2) Allison Luzik 17	3) Brittany Luzik 17	4) Rose Kell 16	
29.37	1:01.17 (31.80)	1:28.89 (27.72)	1:54.39 (25.50)	
80 Madison West YMCA			1:50.84	1:54.51
1) Sierra Sachtjen 15	2) Heather Thole 16	3) Maddy O'Keefe 17	4) Kayla Smith 18	
29.99	1:01.79 (31.80)	1:30.29 (28.50)	1:54.51 (24.22)	
81 Hamilton Area NJ YMCA			1:54.01	1:54.73
1) Samantha Kietlinski 18	2) Amanda Grant 16	3) Gabrielle Giambagno 17	4) Meredith Ketchmark 16	
29.59	1:00.94 (31.35)	1:29.49 (28.55)	1:54.73 (25.24)	
82 Talbot County YMCA			1:52.85	1:54.80
1) Katie Sagaser 17	2) Casey Thomas 16	3) Devin Lessard 18	4) Payton Shirey 14	
28.66	1:02.62 (33.96)	1:29.78 (27.16)	1:54.80 (25.02)	
83 Macomb Family YMCA			1:54.18	1:54.85
1) Brooke Will 16	2) Nicole Hranchook 15	3) Nichole Contesti 16	4) Marah Pugh 13	
29.83	1:02.34 (32.51)	1:29.71 (27.37)	1:54.85 (25.14)	
84 Hunterdon County YMCA			1:54.33	1:54.87
1) Alyssa Finn 16	2) Megan VanKirk 15	3) Kara Millaci 16	4) Kathryn Coniglio 16	
29.61	1:01.80 (32.19)	1:29.71 (27.91)	1:54.87 (25.16)	
85 Fayette County Family YMC			1:54.08	1:54.93
1) Megan Niermann 13	2) Rachel Holm 13	3) Katie Kuhl 12	4) Kaylee Morris 15	
28.93	1:00.98 (32.05)	1:29.01 (28.03)	1:54.93 (25.92)	
86 Flushing YMCA			1:54.07	1:55.06
1) Julia Sung 16	2) Jane Kim 18	3) Kirsten Guelly 17	4) Keara Leong 16	
30.96	1:03.32 (32.36)	1:29.74 (26.42)	1:55.06 (25.32)	
87 The Licking County Family Y			1:54.60	1:55.45
1) Sydney King 13	2) Allison Schroeder 14	3) Abby Stone 12	4) Kaytee Postle 17	
29.85	1:02.74 (32.89)	1:29.81 (27.07)	1:55.45 (25.64)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 200 Yard Medley Relay Swimming Competition)**

Team	Relay	Seed Time	Prelim Time
88 Kennett Area YMCA		1:54.43	1:55.69
1) Rebecca Haegele 18	2) Laura Stephens 15	3) Mary Samuels 16	4) Emma Werkiser 14
29.87	1:01.25 (31.38)	1:29.47 (28.22)	1:55.69 (26.22)
89 Hilliker YMCA		1:54.55	1:55.77
1) Jenna Tugaoen 13	2) Taylor McCabe 16	3) Alyssa Heydorn 17	4) Alexa Kaufman 15
29.72	1:01.73 (32.01)	1:30.35 (28.62)	1:55.77 (25.42)
90 Vermilion Family YMCA		1:54.79	1:55.92
1) Caroline Hamp 16	2) Brooke Bartlebaugh 16	3) Stacy Loushin 15	4) Evann Heidersbach 17
29.28	1:04.30 (35.02)	1:31.89 (27.59)	1:55.92 (24.03)
91 Greater Johnstown Communit		1:54.41	1:56.04
1) Abby Motley 18	2) Danielle Parowski 14	3) Sarah Robbins 15	4) Sarah Kaneshiki 16
29.21	1:03.03 (33.82)	1:30.92 (27.89)	1:56.04 (25.12)
92 Miami County Ohio YMCA		1:54.15	1:56.12
1) Emma Kiefer 14	2) Vanessa Weidner 18	3) Lauren Lennartz 16	4) Allison Ulbrich 17
29.80	1:01.77 (31.97)	1:29.51 (27.74)	1:56.12 (26.61)
93 North Canton Community YM		1:54.72	1:58.39
1) Rachel Misanik 17	2) Jacquelyn Misanik 16	3) Stephanie Becks 18	4) Chase Kinney 14
29.44	1:03.28 (33.84)	1:32.73 (29.45)	1:58.39 (25.66)
94 Great Miami Valley Ohio YM		1:54.76	2:00.22
1) Julianna Lynch 18	2) Caitlyn Stanfield 17	3) Katelyn Pratt-Collins 18	4) Maya Lynch 16
28.99	1:05.00 (36.01)	1:32.69 (27.69)	2:00.22 (27.53)
--- Fox Cities YMCA		1:49.98	DQ
1) Laura Wardecke 17	2) Jill Georgen 14	3) McKenzie Goudreau 14	4) Laura Westfall 17
29.59	1:01.04 (31.45)	1:28.05 (27.01)	DQ (25.21)

**Women 400 Yard Medley Relay Swimming Competition**

National: 3:45.71 \* 1993

Houston, TX

Houston, TX

A. Breaus, J. Moriarty, S. Carnes, A. Burton

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Middle Tyger YMCA		3:48.96	3:44.38*
1) Annie Gillig 14	2) Monica Milici 15	3) Haley Lips 15	4) Laura Simon 18
26.68	54.65 (54.65)	1:24.16 (29.51)	1:58.36 (1:03.71)
2:23.24 (24.88)	2:52.21 (53.85)	3:17.08 (24.87)	3:44.38 (52.17)
2 Birmingham Family YMCA		3:51.10	3:48.46
1) Marissa Blumenthal 16	2) Rachel Dekar 17	3) Nikki Barczak 15	4) Lauren Nichols 18
27.83	57.59 (57.59)	1:27.01 (29.42)	2:01.64 (1:04.05)
2:27.48 (25.84)	2:57.91 (56.27)	3:21.88 (23.97)	3:48.46 (50.55)
3 Triangle Area YMCA		3:51.63	3:49.01
1) Sabrina Benson 15	2) Abby Houchin 17	3) Erin Burke 18	4) Nicole Miller 18
27.31	55.74 (55.74)	1:26.16 (30.42)	2:00.45 (1:04.71)
2:26.65 (26.20)	2:56.29 (55.84)	3:21.11 (24.82)	3:49.01 (52.72)
4 Cheshire YMCA		3:52.94	3:49.66
1) Lauren Solernou 16	2) Kim Jerome 16	3) Kaela Bjornberg 17	4) Hollis Capuano 18
26.64	55.12 (55.12)	1:25.25 (30.13)	2:00.19 (1:05.07)
2:27.10 (26.91)	2:57.93 (57.74)	3:22.62 (24.69)	3:49.66 (51.73)
5 Anne Arundel County YMCA		3:52.39	3:51.22
1) Caroline Burns 17	2) Nicole Provenza 15	3) Kendall Farnham 16	4) Emily Lloyd 16
27.96	58.06 (58.06)	1:29.15 (31.09)	2:05.80 (1:07.74)
2:32.26 (26.46)	3:02.34 (56.54)	3:25.71 (23.37)	3:51.22 (48.88)
6 Oshkosh Community YMCA		3:51.03	3:51.24
1) Siri Smits 15	2) Rachel Revolinski 16	3) Abbey Tuchscherer 17	4) Hilary Woldt 17
27.46	56.33 (56.33)	1:26.60 (30.27)	2:01.36 (1:05.03)
2:27.93 (26.57)	2:58.38 (57.02)	3:23.37 (24.99)	3:51.24 (52.86)



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Women 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Prelim Time</b>	<b>Finals Time</b>
7 Sarasota Family YMCA, Inc			3:51.48	3:51.48
1) Ashlee Linn 16	2) McKayla Lightbourn 16	3) Corinne Showalter 18	4) Katheryne Muth 17	
27.52	56.46 (56.46)	1:11.61 (15.15)	2:03.24 (1:06.78)	
2:29.22 (25.98)	2:59.82 (56.58)	3:24.75 (24.93)	3:51.48 (51.66)	
8 Springfield Family YMCA			3:53.47	3:53.83
1) Margo Geer 17	2) Kendra Crew 14	3) Elizabeth Malone 15	4) Lauren Funk 17	
27.26	55.75 (55.75)	1:11.56 (15.81)	2:01.96 (1:06.21)	
2:29.35 (27.39)	3:01.34 (59.38)	3:25.80 (24.46)	3:53.83 (52.49)	
<b>B - Final</b>				
9 Wilton Family YMCA			3:53.99	3:51.93
1) Shelby Fortin 16	2) KC Moss 14	3) Kelly Heyde 18	4) Dana Gnerre 18	
27.86	57.10 (57.10)	1:27.16 (30.06)	2:00.98 (1:03.88)	
2:28.40 (27.42)	2:58.96 (57.98)	3:24.14 (25.18)	3:51.93 (52.97)	
10 M.E. Lyons (Anderson) YMC			3:55.45	3:52.49
1) Julia Comodeca 16	2) Sam Hardewig 15	3) Brittany Groene 18	4) Casey Ridge 18	
28.04	57.34 (57.34)	1:27.81 (30.47)	2:03.60 (1:06.26)	
2:29.78 (26.18)	3:00.39 (56.79)	3:25.40 (25.01)	3:52.49 (52.10)	
11 Reading and Berks County YI			3:55.62	3:52.61
1) Paige Impink 17	2) Kylie Reiter 15	3) Mary Moser 17	4) Camilla Czulada 15	
27.35	57.17 (57.17)	1:27.55 (30.38)	2:02.85 (1:05.68)	
2:29.36 (26.51)	2:59.89 (57.04)	3:24.93 (25.04)	3:52.61 (52.72)	
12 York And York County YMC			3:53.51	3:52.68
1) Sada Stewart 15	2) Taylor Brew 15	3) Sarah Dotzel 17	4) Julia Kucherich 17	
27.66	57.49 (57.49)	1:28.26 (30.77)	2:03.71 (1:06.22)	
2:30.57 (26.86)	3:00.59 (56.88)	3:25.83 (25.24)	3:52.68 (52.09)	
13 B.R. Ryall (Northwestern Dup			3:55.56	3:54.28
1) Sarah Galvin 18	2) Madeline Scarborough 18	3) Emily Gniateczyk 17	4) Alex Iwanicki 15	
27.86	56.93 (56.93)	1:27.78 (30.85)	2:08.47 (1:11.54)	
2:29.72 (21.25)	3:01.15 (52.68)	3:26.03 (24.88)	3:54.28 (53.13)	
14 Western Monmouth Co. YMC			3:53.79	3:54.42
1) Emily O'Neill 16	2) Amelia Buckley 16	3) Chelsea Unger 17	4) Noelle Klockner 14	
27.89	57.51 (57.51)	1:27.58 (30.07)	2:01.87 (1:04.36)	
2:29.70 (27.83)	3:01.98 (1:00.11)	3:26.51 (24.53)	3:54.42 (52.44)	
15 Greensburg YMCA			3:55.58	3:54.70
1) Brooke Waugaman 16	2) Laura Gorinski 18	3) Emily Friedline 15	4) Anna Gibas 17	
27.57	56.78 (56.78)	1:26.65 (29.87)	2:00.35 (1:03.57)	
2:28.73 (28.38)	3:01.62 (1:01.27)	3:26.72 (25.10)	3:54.70 (53.08)	
16 Montclair YMCA			3:55.10	3:54.84
1) Ellen Huelbig 17	2) Stephanie Ferrell 16	3) Katherine O'Leary 18	4) Caitlin Nelson 18	
29.28	1:00.33 (1:00.33)	1:30.69 (30.36)	2:04.72 (1:04.39)	
2:31.01 (26.29)	3:01.55 (56.83)	3:26.59 (25.04)	3:54.84 (53.29)	

**Women 400 Yard Medley Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>				
1 Middle Tyger YMCA			3:48.25	3:48.96
1) Annie Gillig 14	2) Caroline Fore 17	3) Haley Lips 15	4) Addie Carne 18	
27.46	56.28 (56.28)	1:26.47 (30.19)	2:01.17 (1:04.89)	
2:26.77 (25.60)	2:56.32 (55.15)	3:21.14 (24.82)	3:48.96 (52.64)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
2 Oshkosh Community YMCA			3:51.09	3:51.03
1) Siri Smits 15	2) Rachel Revolinski 16	3) Abbey Tuchscherer 17	4) Hilary Woldt 17	
27.73	56.50 (56.50)	1:26.91 (30.41)	2:01.44 (1:04.94)	
2:27.47 (26.03)	2:58.06 (56.62)	3:23.19 (25.13)	3:51.03 (52.97)	
3 Birmingham Family YMCA			3:57.81	3:51.10
1) Marissa Blumenthal 16	2) Rachel Dekar 17	3) Nikki Barczak 15	4) Lauren Nichols 18	
27.92	58.07 (58.07)	1:27.97 (29.90)	2:02.34 (1:04.27)	
2:28.73 (26.39)	2:59.28 (56.94)	3:23.37 (24.09)	3:51.10 (51.82)	
4 Sarasota Family YMCA, Inc			3:52.95	3:51.48
1) Ashlee Linn 16	2) McKayla Lightbourn 16	3) Corinne Showalter 18	4) Katheryne Muth 17	
27.48	56.56 (56.56)	1:28.78 (32.22)	2:03.10 (1:06.54)	
2:29.24 (26.14)	2:59.14 (56.04)	3:24.41 (25.27)	3:51.48 (52.34)	
5 Triangle Area YMCA			3:55.35	3:51.63
1) Sabrina Benson 15	2) Abby Houchin 17	3) Erin Burke 18	4) Nicole Miller 18	
27.81	56.47 (56.47)	1:27.05 (30.58)	2:02.12 (1:05.65)	
2:28.59 (26.47)	2:58.82 (56.70)	3:23.81 (24.99)	3:51.63 (52.81)	
6 Anne Arundel County YMCA			3:53.96	3:52.39
1) Caroline Burns 17	2) Nicole Provenza 15	3) Kendall Farnham 16	4) Emily Lloyd 16	
28.00	58.44 (58.44)	1:30.02 (31.58)	2:06.81 (1:08.37)	
2:32.85 (26.04)	3:03.02 (56.21)	3:26.64 (23.62)	3:52.39 (49.37)	
7 Cheshire YMCA			3:55.51	3:52.94
1) Lauren Solernou 16	2) Kim Jerome 16	3) Kaela Bjornberg 17	4) Hollis Capuano 18	
27.40	56.25 (56.25)	1:26.63 (30.38)	2:01.63 (1:05.38)	
2:29.01 (27.38)	3:00.25 (58.62)	3:25.51 (25.26)	3:52.94 (52.69)	
8 Springfield Family YMCA			3:52.50	3:53.47
1) Margo Geer 17	2) Kendra Crew 14	3) Elizabeth Malone 15	4) Lauren Funk 17	
27.39	56.05 (56.05)	1:26.36 (30.31)	2:01.26 (1:05.21)	
2:28.31 (27.05)	3:00.61 (59.35)	3:25.33 (24.72)	3:53.47 (52.86)	
9 York And York County YMC			3:54.88	3:53.51
1) Sada Stewart 15	2) Taylor Brew 15	3) Sarah Dotzel 17	4) Julia Kucherich 17	
27.87	57.28 (57.28)	1:28.73 (31.45)	2:04.42 (1:07.14)	
2:31.09 (26.67)	3:00.44 (56.02)	3:26.04 (25.60)	3:53.51 (53.07)	
10 Western Monmouth Co. YMC			3:56.14	3:53.79
1) Emily O'Neill 16	2) Amelia Buckley 16	3) Chelsea Unger 17	4) Noelle Klockner 14	
27.98	57.71 (57.71)	1:27.41 (29.70)	2:01.58 (1:03.87)	
2:28.65 (27.07)	3:01.35 (59.77)	3:26.48 (25.13)	3:53.79 (52.44)	
11 Wilton Family YMCA			4:00.96	3:53.99
1) Shelby Fortin 16	2) KC Moss 14	3) Kelly Heyde 18	4) Dana Gnerre 18	
28.45	57.79 (57.79)	1:27.76 (29.97)	2:01.54 (1:03.75)	
2:28.75 (27.21)	3:00.00 (58.46)	3:25.62 (25.62)	3:53.99 (53.99)	
12 Montclair YMCA			3:57.38	3:55.10
1) Ellen Huelbig 17	2) Stephanie Ferrell 16	3) Katherine O'Leary 18	4) Caitlin Nelson 18	
29.42	1:00.12 (1:00.12)	1:30.29 (30.17)	2:04.24 (1:04.12)	
2:30.79 (26.55)	3:01.74 (57.50)	3:26.73 (24.99)	3:55.10 (53.36)	
13 M.E. Lyons (Anderson) YMC			3:55.05	3:55.45
1) Julia Comodeca 16	2) Sam Hardewig 15	3) Brittany Groene 18	4) Casey Ridge 18	
29.05	58.83 (58.83)	1:29.81 (30.98)	2:05.20 (1:06.37)	
2:31.64 (26.44)	3:02.69 (57.49)	3:28.20 (25.51)	3:55.45 (52.76)	
14 B.R. Ryall (Northwestern Dup			3:55.58	3:55.56
1) Sarah Galvin 18	2) Madeline Scarborough 18	3) Emily Gniatczyk 17	4) Alex Iwanicki 15	
28.22	57.85 (57.85)	1:28.68 (30.83)	2:03.84 (1:05.99)	
2:30.49 (26.65)	3:02.65 (58.81)	3:27.53 (24.88)	3:55.56 (52.91)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
15 Greensburg YMCA		3:52.42	3:55.58
1) Brooke Waugaman 16	2) Laura Gorinski 18	3) Emily Friedline 15	4) Anna Gibas 17
27.84	57.40 (57.40)	1:27.28 (29.88)	2:01.64 (1:04.24)
2:29.63 (27.99)	3:02.11 (1:00.47)	3:27.74 (25.63)	3:55.58 (53.47)
16 Reading and Berks County YI		3:53.22	3:55.62
1) Erin Timochenko 14	2) Kylie Reiter 15	3) Paige Impink 17	4) Mary Moser 17
29.28	1:00.07 (1:00.07)	1:30.68 (30.61)	2:06.39 (1:06.32)
2:32.28 (25.89)	3:04.85 (58.46)	3:29.12 (24.27)	3:55.62 (50.77)
17 Montgomery -East Branch YN		3:55.72	3:55.90
1) Sarah Reynolds 14	2) Laura Johnson 18	3) Rebecca Young 16	4) Winston Waters 16
27.94	58.12 (58.12)	1:27.88 (29.76)	2:02.23 (1:04.11)
2:29.23 (27.00)	3:01.03 (58.80)	3:27.13 (26.10)	3:55.90 (54.87)
18 North Shore (Sterling) MA YI		3:59.81	3:56.05
1) Kelly O'Connor 17	2) Jennifer Trodden 18	3) Emily Needham 18	4) Molly McSweeney 15
28.67	58.43 (58.43)	1:29.96 (31.53)	2:05.99 (1:07.56)
2:33.06 (27.07)	3:03.74 (57.75)	3:28.80 (25.06)	3:56.05 (52.31)
19 Lakeland Hills Family YMCA		3:55.19	3:56.32
1) Lauren LaRocco 17	2) Abby Fisher 13	3) Molly Higgins 17	4) Katherine Foley 18
28.69	59.55 (59.55)	1:31.07 (31.52)	2:06.85 (1:07.30)
2:32.92 (26.07)	3:03.42 (56.57)	3:28.43 (25.01)	3:56.32 (52.90)
20 Fanwood-Scotch Plains YMC		3:59.37	3:56.34
1) Nicole Colucci 18	2) Hannah Markey 15	3) Gabriella Levine 15	4) Janene Senofonte 17
28.53	59.49 (59.49)	1:30.27 (30.78)	2:05.86 (1:06.37)
2:32.87 (27.01)	3:03.56 (57.70)	3:28.45 (24.89)	3:56.34 (52.78)
21 Schroeder YMCA		3:54.88	3:56.36
1) Sadie Nennig 16	2) Annie Maercklein 16	3) Caroline Roos 17	4) Alexandra Meyers 13
27.63	57.12 (57.12)	1:28.06 (30.94)	2:03.39 (1:06.27)
2:31.07 (27.68)	3:04.04 (1:00.65)	3:29.11 (25.07)	3:56.36 (52.32)
22 Somerset Hills YMCA		3:57.46	3:56.70
1) Christina Daquila 18	2) Jenelle Zee 15	3) Jenna Immormino 15	4) Julia Kudryashova 15
29.45	59.59 (59.59)	1:29.79 (30.20)	2:05.03 (1:05.44)
2:32.15 (27.12)	3:03.60 (58.57)	3:28.46 (24.86)	3:56.70 (53.10)
23 Pabst Farms YMCA		3:55.00	3:56.83
1) Becky Yokosh 17	2) Taylor Andrews 18	3) Diana Diel 17	4) Jordon Momsen 17
28.22	57.60 (57.60)	1:28.61 (31.01)	2:05.29 (1:07.69)
2:31.12 (25.83)	3:02.03 (56.74)	3:28.18 (26.15)	3:56.83 (54.80)
24 Powel Crosley Jr. YMCA		3:55.36	3:57.00
1) Celia Oberholzer 15	2) Rachael Theiler 14	3) Laura Krueger 17	4) Sara Krueger 15
27.73	56.46 (56.46)	1:29.01 (32.55)	2:05.46 (1:09.00)
2:32.71 (27.25)	3:03.77 (58.31)	3:29.51 (25.74)	3:57.00 (53.23)
25 Tri-Hampton Family Branch Y		3:57.01	3:57.03
1) Tori Hall 17	2) Kylie McKenzie 17	3) Madeline Barlow 18	4) Courtney Beidler 17
29.20	1:00.03 (1:00.03)	1:31.20 (31.17)	2:07.16 (1:07.13)
2:33.87 (26.71)	3:04.56 (57.40)	3:29.74 (25.18)	3:57.03 (52.47)
26 Somerset Valley YMCA		3:56.02	3:57.10
1) Mara Valenzuela 15	2) Rachel Stoddard 14	3) Courtney Raw 17	4) Casey Stahl 17
28.02	59.26 (59.26)	1:30.19 (30.93)	2:06.34 (1:07.08)
2:32.47 (26.13)	3:04.08 (57.74)	3:29.33 (25.25)	3:57.10 (53.02)
27 West Shore YMCA		3:54.81	3:57.95
1) Stephanie Kinsey 17	2) Morgan Pfaff 15	3) Emily Weaner 16	4) Claire Loht 16
28.04	58.11 (58.11)	1:29.51 (31.40)	2:05.34 (1:07.23)
2:32.69 (27.35)	3:04.42 (59.08)	3:29.97 (25.55)	3:57.95 (53.53)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)

Team	Relay			Seed Time	Prelim Time
28 Upper Main Line YMCA				3:58.23	3:58.84
1) Kathryn Greskoff 17	2) Emily Schon 17	3) Erin Seiler 15	4) Jenny Dalmonte 17		
29.13	1:00.08 (1:00.08)	1:30.71 (30.63)	2:04.80 (1:04.72)		
2:32.98 (28.18)	3:05.35 (1:00.55)	3:30.88 (25.53)	3:58.84 (53.49)		
29 Harford County Family YMC				4:02.86	3:58.87
1) Meredith Foster 16	2) Sara Tillie 16	3) Carrie Dukes 13	4) Audrey Tolbert 17		
29.26	1:00.29 (1:00.29)	1:31.77 (31.48)	2:07.94 (1:07.65)		
2:34.93 (26.99)	3:06.06 (58.12)	3:31.24 (25.18)	3:58.87 (52.81)		
30 Pottstown YMCA				4:00.38	3:59.00
1) Shannon Draves 18	2) Jamie Kane 15	3) Melissa Cook 18	4) Rachel Gadzicki 18		
28.92	59.32 (59.32)	1:30.04 (30.72)	2:06.17 (1:06.85)		
2:33.39 (27.22)	3:06.30 (1:00.13)	3:31.30 (25.00)	3:59.00 (52.70)		
31 Burlington County YMCA				3:59.97	3:59.54
1) Courtney Sepich 17	2) Kristen Lee 16	3) Samantha Sides 16	4) Cathy Howard 18		
28.35	58.28 (58.28)	1:30.33 (32.05)	2:07.64 (1:09.36)		
2:34.11 (26.47)	3:05.54 (57.90)	3:31.40 (25.86)	3:59.54 (54.00)		
32 Red Bank Branch				3:58.85	3:59.62
1) Maureen McKenna 16	2) Lauren Lo 17	3) Lisa Zhang 15	4) Megan Foran 15		
29.36	1:00.65 (1:00.65)	1:32.60 (31.95)	2:09.08 (1:08.43)		
2:35.33 (26.25)	3:05.54 (56.46)	3:31.61 (26.07)	3:59.62 (54.08)		
33 Sunbury Branch YMCA				4:05.77	4:00.18
1) Kelsey Williams 16	2) Maggie Storm 16	3) Kala Misavage 19	4) Sammy Joe Koons 15		
28.67	58.19 (58.19)	1:29.96 (31.77)	2:05.64 (1:07.45)		
2:32.97 (27.33)	3:05.24 (59.60)	3:31.51 (26.27)	4:00.18 (54.94)		
34 Farmington Family YMCA				3:58.89	4:00.69
1) Kayla Douglas 15	2) Marina Borri 14	3) Marissa Doepker 18	4) Milon Crawford 15		
29.02	59.54 (59.54)	1:30.70 (31.16)	2:06.98 (1:07.44)		
2:34.01 (27.03)	3:05.16 (58.18)	3:30.89 (25.73)	4:00.69 (55.53)		
35 Green Bay YMCA Metro				4:03.25	4:00.71
1) Jasmine Lee 16	2) Emily Blohm 18	3) Dayna Nellis 18	4) Emily Bourguignon 16		
28.66	59.21 (59.21)	1:30.86 (31.65)	2:07.24 (1:08.03)		
2:34.78 (27.54)	3:06.37 (59.13)	3:32.02 (25.65)	4:00.71 (54.34)		
36 Spokane YMCA				3:58.67	4:00.85
1) Amani Amr 14	2) Melissa Peplinski 16	3) Emri Moore 15	4) Maggie Thompson 17		
29.44	1:00.39 (1:00.39)	1:32.85 (32.46)	2:10.00 (1:09.61)		
2:36.08 (26.08)	3:06.84 (56.84)	3:32.48 (25.64)	4:00.85 (54.01)		
37 Westfield YMCA				4:02.84	4:01.41
1) Maeve Maloney 14	2) Abby Pires 15	3) Carly Whitmer 14	4) Suzanne Lemberg 17		
30.20	1:01.66 (1:01.66)	1:33.63 (31.97)	2:10.87 ( )		
2:10.87 ( )	3:09.05 ( )	3:33.96 (24.91)	4:01.41 (52.36)		
38 Wyckoff Family YMCA Inc				4:01.35	4:01.42
1) Alison O'Connor 15	2) Rikki Berk 14	3) Katie Hommes 17	4) Chloe Conjares 16		
29.65	1:00.85 (1:00.85)	1:32.53 (31.68)	2:09.73 (1:08.88)		
2:37.25 (27.52)	3:08.75 (59.02)	3:33.67 (24.92)	4:01.42 (52.67)		
39 New Canaan Community YM				4:03.03	4:01.44
1) Katie Orem 16	2) Brooke Lacey 17	3) Allie Skaperdas 15	4) Lulu Belak 16		
28.89	59.33 (59.33)	2:06.57 (1:07.24)	2:34.25 (1:34.92)		
3:07.22 (32.97)	3:32.78 (58.53)	4:01.44 (28.66)			
40 Winston Salem YMCA				3:59.86	4:01.83
1) Kelly Ann Baird 17	2) Anna Ratana 17	3) Genevieve Miller 13	4) Rachel Wilson 18		
29.73	1:01.04 (1:01.04)	1:32.86 (31.82)	2:09.41 (1:08.37)		
2:36.51 (27.10)	3:08.53 (59.12)	3:34.16 (25.63)	4:01.83 (53.30)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
41 Edwardsville YMCA				3:58.37	4:01.88
1) Lori Lynn 15	2) Erica Lynn 18	3) Jennifer Deist 14	4) Ashlie Benson 16		
28.93	59.78 (59.78)	1:31.17 (31.39)	2:07.09 (1:07.31)		
2:34.53 (27.44)	3:06.13 (59.04)	3:32.33 (26.20)	4:01.88 (55.75)		
42 West Morris YMCA				3:59.90	4:02.10
1) Anna Susko 17	2) Jen Koide 13	3) Emily Miles 16	4) Kristen Ferriero 17		
28.88	58.74 (58.74)	1:31.58 (32.84)	2:09.49 (1:10.75)		
2:35.91 (26.42)	3:08.27 (58.78)	3:34.10 (25.83)	4:02.10 (53.83)		
43 Brandywine -DE YMCA				4:05.94	4:02.31
1) Bryn Crowder 16	2) Becca Murray 17	3) Alexis Coon 15	4) Annie Carter 18		
29.30	1:01.43 (1:01.43)	1:33.06 (31.63)	2:08.18 (1:06.75)		
2:35.77 (27.59)	3:08.42 (1:00.24)	3:34.09 (25.67)	4:02.31 (53.89)		
44 West Seattle Branch YMCA				3:58.14	4:02.46
1) Amanda Thach 15	2) Melissa Oishi 18	3) Maddy Morgan 16	4) Audrey Griggs 15		
28.63	58.28 (58.28)	1:28.86 (30.58)	2:04.74 (1:06.46)		
2:33.17 (28.43)	3:06.58 (1:01.84)	3:32.71 (26.13)	4:02.46 (55.88)		
45 Countryside Ralph Stolle YM				4:05.44	4:02.72
1) Emilee Letarte 17	2) Breann McDowell 17	3) Lynn Brotherton 17	4) Rachael Lewis 15		
30.74	1:02.31 (1:02.31)	1:33.71 (31.40)	2:09.91 (1:07.60)		
2:36.30 (26.39)	3:08.05 (58.14)	3:33.45 (25.40)	4:02.72 (54.67)		
46 Greater Flint YMCA				4:06.01	4:02.80
1) Heather Saule 16	2) Courtney Weaver 13	3) Jessica Weber 17	4) Anna Wujciak 14		
30.03	1:01.47 (1:01.47)	1:34.43 (32.96)	2:11.64 (1:10.17)		
2:39.43 (27.79)	3:11.15 (59.51)	3:35.84 (24.69)	4:02.80 (51.65)		
47 Darien Community YMCA				4:08.34	4:03.07
1) Lindsay Tyler 16	2) Kate Timmerman 17	3) Liza Bragg 14	4) Lauren Timmerman 17		
30.20	1:01.74 (1:01.74)	1:33.26 (31.52)	2:08.52 (1:06.78)		
2:36.40 (27.88)	3:08.92 (1:00.40)	3:34.68 (25.76)	4:03.07 (54.15)		
48 South Family YMCA-Ketterir				4:02.30	4:03.48
1) Sarah Weidner 16	2) Elise Prayson 15	3) Ally Stover 18	4) Natalie Rohr 15		
29.21	59.95 (59.95)	1:32.68 (32.73)	2:10.06 (1:10.11)		
2:38.22 (28.16)	3:10.39 (1:00.33)	3:35.17 (24.78)	4:03.48 (53.09)		
49 Rapid Area YMCA - MI				4:06.42	4:03.72
1) Stephie Fox 18	2) Ali Bauer 15	3) Marissa Murphy 17	4) Taylor Folkertsma 15		
30.00	1:02.02 (1:02.02)	1:34.47 (32.45)	2:11.76 (1:09.74)		
2:37.87 (26.11)	3:08.47 (56.71)	3:34.51 (26.04)	4:03.72 (55.25)		
50 Western Connecticut YMCA				4:03.01	4:04.48
1) Kathleen Marrese 16	2) Kate O'Leary 17	3) Heather Librizzi 17	4) Maddy Smart 13		
30.70	1:04.16 (1:04.16)	1:35.63 (31.47)	2:11.86 (1:07.70)		
2:39.94 (28.08)	3:11.02 (59.16)	3:36.24 (25.22)	4:04.48 (53.46)		
51 Piedmont Family YMCA Inc.				4:04.20	4:04.73
1) Brodde Lamb 15	2) Seana Acker 14	3) Emma McKinley 15	4) Madeline Bowe 18		
29.91	1:01.06 (1:01.06)	1:32.88 (31.82)	2:09.51 (1:08.45)		
2:37.65 (28.14)	3:09.62 (1:00.11)	3:35.51 (25.89)	4:04.73 (55.11)		
52 Phoenixville Branch YMCA				4:01.11	4:05.03
1) Lauren Baisden 17	2) Devonnie Moore 14	3) Paige Baisden 15	4) Amanda Malmstrom 15		
28.93	59.00 (59.00)	1:31.68 (32.68)	2:09.90 (1:10.90)		
2:37.97 (28.07)	3:10.34 (1:00.44)	3:36.30 (25.96)	4:05.03 (54.69)		
53 Summit Branch YMCA				4:05.26	4:05.82
1) Hannah Benn 16	2) Briehan Burke 18	3) Kelly Carroll 14	4) Carey Fries 16		
29.68	1:01.31 (1:01.31)	1:34.65 (33.34)	2:12.63 (1:11.32)		
2:40.12 (27.49)	3:11.79 (59.16)	3:37.31 (25.52)	4:05.82 (54.03)		

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
54 Rock Hill Area YMCA		4:06.07	4:06.14
1) Ashley Martin 16	2) Jenni Russell 17	3) Holly Hirsch 18	4) Alex Vezzetti 15
29.84	1:00.75 (1:00.75)	1:32.81 (32.06)	2:09.52 (1:08.77)
2:37.28 (27.76)	3:10.29 (1:00.77)	3:36.84 (26.55)	4:06.14 (55.85)
55 North Oakland Family YMCA		4:05.88	4:06.20
1) Hanna Hunstad 14	2) Claire Gilbert 16	3) Jenny Larsen 17	4) Samantha Ward 17
30.13	1:01.99 (1:01.99)	1:34.09 (32.10)	2:11.58 (1:09.59)
2:39.75 (28.17)	3:12.25 (1:00.67)	3:37.54 (25.29)	4:06.20 (53.95)
56 South Shore Mill Pond YMCA		4:05.19	4:06.41
1) Colleen O'Neil 14	2) Erica Hasson 16	3) Meg Powers 17	4) Bernadette Byrne 16
30.35	1:02.20 (1:02.20)	1:35.18 (32.98)	2:12.79 (1:10.59)
2:39.72 (26.93)	3:11.77 (58.98)	3:37.95 (26.18)	4:06.41 (54.64)
57 Kishwaukee Family YMCA		4:00.49	4:06.63
1) Emily Launer 15	2) Valerie Jones 16	3) Katie Hallenbeck 16	4) Emily Waller 18
30.13	1:01.82 (1:01.82)	1:34.69 (32.87)	2:11.62 (1:09.80)
2:39.53 (27.91)	3:11.27 (59.65)	3:37.80 (26.53)	4:06.63 (55.36)
58 Tri-City Area IL YMCA		4:05.03	4:06.69
1) Daphne Williams 18	2) Maddie Monroe 15	3) Andrea McPike 18	4) Sage Haggard 15
29.61	1:02.34 (1:02.34)	1:35.40 (33.06)	2:13.96 (1:11.62)
2:40.34 (26.38)	3:11.06 (57.10)	3:37.96 (26.90)	4:06.69 (55.63)
59 Boyertown Area YMCA		4:01.99	4:06.77
1) Carlene Ostromecki 17	2) Haley Heydt 15	3) Nina Lisella 16	4) Bridget Hilferty 17
29.27	1:00.88 (1:00.88)	1:34.17 (33.29)	2:12.69 (1:11.81)
2:40.09 (27.40)	3:12.19 (59.50)	3:37.75 (25.56)	4:06.77 (54.58)
60 Riverfront Branch YMCA		4:04.33	4:06.98
1) Allison Walker 17	2) Grace Kaminer 17	3) Erin Malone 14	4) Jillian Gamble 16
29.39	1:00.44 (1:00.44)	1:33.87 (33.43)	2:13.45 (1:13.01)
2:40.48 (27.03)	3:12.45 (59.00)	3:38.39 (25.94)	4:06.98 (54.53)
61 Madison West YMCA		4:00.62	4:07.33
1) Kayla Smith 18	2) Kayce Smith 14	3) Maddy O'Keefe 17	4) Carolyn Curran 15
29.18	1:00.70 (1:00.70)	1:33.32 (32.62)	2:10.59 (1:09.89)
2:40.03 (29.44)	3:13.42 (1:02.83)	3:39.35 (25.93)	4:07.33 (53.91)
62 Hamilton Area NJ YMCA		4:07.77	4:07.37
1) Samantha Kietlinski 18	2) Morgan Kandrac 15	3) Emily Schroeder 12	4) Meredith Ketchmark 16
30.24	1:01.93 (1:01.93)	1:34.54 (32.61)	2:12.64 (1:10.71)
2:40.88 (28.24)	3:13.66 (1:01.02)	3:39.36 (25.70)	4:07.37 (53.71)
63 Ridgewood NJ YMCA		4:08.38	4:07.69
1) Sara Nestrowitz 13	2) Becca Citti 18	3) Sarah D'Antoni 16	4) Eilish Devine 15
29.62	1:01.00 (1:01.00)	1:35.33 (34.33)	2:13.76 (1:12.76)
2:41.50 (27.74)	3:12.76 (59.00)	3:39.16 (26.40)	4:07.69 (54.93)
64 Bath Area Family YMCA		4:04.34	4:07.95
1) Jessica Russell 14	2) Abbey Ridge 17	3) Petra Janney 16	4) Emily Buczkowski 15
29.16	1:00.33 (1:00.33)	1:32.93 (32.60)	2:11.17 (1:10.84)
2:39.08 (27.91)	3:12.75 (1:01.58)	3:38.85 (26.10)	4:07.95 (55.20)
65 Eau Claire Wisconsin YMCA		4:07.18	4:07.99
1) Ali Glassbrenner 13	2) Leah Pronschinske 14	3) Trinity Whitney 17	4) Hillary Johnson 17
30.10	1:02.43 (1:02.43)	1:33.06 (30.63)	2:09.37 (1:06.94)
2:37.23 (27.86)	3:10.38 (1:01.01)	3:37.91 (27.53)	4:07.99 (57.61)
66 Rowan County YMCA		4:07.53	4:08.65
1) Caroline Smith 18	2) Garrison Stevens 17	3) Madi Ralston 16	4) McKenzie Stevens 13
28.64	59.28 (59.28)	1:31.70 (32.42)	2:08.66 (1:09.38)
2:37.42 (28.76)	3:10.50 (1:01.84)	3:38.09 (27.59)	4:08.65 (58.15)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
67 Greater Holyoke YMCA				4:01.49	4:08.97
1) Kara Lacoste 15	2) Karissa Gorman 18	3) Meriza Werenski 13	4) Catriona Coppler 16		
30.25	1:02.05 (1:02.05)	1:34.63 (32.58)	2:11.71 (1:09.66)		
2:40.04 (28.33)	3:13.64 (1:01.93)	3:39.96 (26.32)	4:08.97 (55.33)		
68 Columbia Northwest Family Y				4:05.79	4:09.28
1) Sarah Boyle 16	2) Laura Nichols 17	3) Katie Shoemaker 15	4) Annie Suarez 16		
30.03	1:01.64 (1:01.64)	1:33.90 (32.26)	2:12.56 (1:10.92)		
2:40.52 (27.96)	3:12.54 (59.98)	3:39.83 (27.29)	4:09.28 (56.74)		
69 Morris Center YMCA				4:04.05	4:09.31
1) Kimberly Hall 17	2) Deirdre Esposito 15	3) Kathryn Bromback 17	4) Kimberly Lawson 18		
31.52	1:04.70 (1:04.70)	1:20.30 (15.60)	2:13.57 (1:08.87)		
2:41.64 (28.07)	3:14.25 (1:00.68)	3:40.50 (26.25)	4:09.31 (55.06)		
70 Beaver Creek Branch YMCA				4:04.96	4:09.77
1) Melissa Woody 17	2) Jackie Moroz 17	3) Margo Khalili 17	4) Elizabeth Brunzman 17		
30.42	1:04.18 (1:04.18)	1:36.56 (32.38)	2:14.58 (1:10.40)		
2:40.87 (26.29)	3:13.39 (58.81)	3:39.88 (26.49)	4:09.77 (56.38)		
71 La Crosse Area Family YMC				4:03.76	4:10.34
1) Brooke Reynolds 15	2) Kirstin Klemp 16	3) Kayla McCormick 17	4) Allison Witt 17		
29.54	1:00.85 (1:00.85)	1:33.78 (32.93)	2:12.87 (1:12.02)		
2:40.79 (27.92)	3:14.66 (1:01.79)	3:41.19 (26.53)	4:10.34 (55.68)		
72 The Licking County Family Y				4:06.10	4:10.36
1) Sydney King 13	2) Kassandra Mestemaker 13	3) Abby Stone 12	4) Allison Schroeder 14		
30.96	1:03.60 (1:03.60)	1:35.25 (31.65)	2:12.18 (1:08.58)		
2:39.66 (27.48)	3:13.10 (1:00.92)	3:40.23 (27.13)	4:10.36 (57.26)		
73 Flushing YMCA				4:08.69	4:11.10
1) Julia Sung 16	2) Jane Kim 18	3) Kirsten Guelly 17	4) Keara Leong 16		
31.96	1:07.17 (1:07.17)	1:39.11 (31.94)	2:16.84 (1:09.67)		
2:43.53 (26.69)	3:14.78 (57.94)	3:41.26 (26.48)	4:11.10 (56.32)		
74 Macomb Family YMCA				4:05.61	4:11.26
1) Heather Thomson 17	2) Nicole Hranchook 15	3) Nichole Contesti 16	4) Hannah Pugh 16		
30.74	1:03.51 (1:03.51)	1:36.29 (32.78)	2:14.40 (1:10.89)		
2:42.72 (28.32)	3:16.23 (1:01.83)	3:42.36 (26.13)	4:11.26 (55.03)		
75 Rock River Valley YMCA				4:08.71	4:11.35
1) Rachel Larson 15	2) Arica Woolbright 17	3) Sarah Miner 16	4) Julia Rasmussen 17		
30.66	1:04.10 (1:04.10)	1:36.39 (32.29)	2:13.81 (1:09.71)		
2:42.20 (28.39)	3:15.69 (1:01.88)	3:42.27 (26.58)	4:11.35 (55.66)		
76 Western Branch YMCA				4:02.16	4:11.44
1) Claire Mesko 15	2) Britt Rehrig 18	3) Nicole Osman 16	4) Jill Faull 16		
32.74	1:07.02 (1:07.02)	1:37.94 (30.92)	2:14.24 (1:07.22)		
2:41.84 (27.60)	3:14.31 (1:00.07)	3:41.55 (27.24)	4:11.44 (57.13)		
77 Hunterdon County YMCA				4:07.90	4:12.29
1) Alyssa Finn 16	2) Megan VanKirk 15	3) Kara Millaci 16	4) Kathryn Coniglio 16		
30.78	1:03.56 (1:03.56)	1:36.21 (32.65)	2:14.24 (1:10.68)		
2:42.50 (28.26)	3:15.79 (1:01.55)	3:42.44 (26.65)	4:12.29 (56.50)		
78 Wheeler Regional Branch YM				4:06.77	4:13.02
1) Jillian Strassner 18	2) Maria Bartolotta 18	3) Cassie Cesaro 17	4) Monika Drogosz 17		
29.99	1:01.69 (1:01.69)	1:35.14 (33.45)	2:14.46 (1:12.77)		
2:43.33 (28.87)	3:17.23 (1:02.77)	3:43.09 (25.86)	4:13.02 (55.79)		
79 Fayette County Family YMC				4:05.90	4:13.24
1) Megan Niermann 13	2) Rachel Holm 13	3) Katie Kuhl 12	4) Kaylee Morris 15		
29.96	1:00.89 (1:00.89)	1:16.27 (15.38)	1:34.22 (33.33)		
2:11.84 (37.62)	2:40.82 (1:06.60)	3:14.72 (33.90)	4:13.24 (1:32.42)		

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Women 400 Yard Medley Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
80 Miami County Ohio YMCA		4:05.85	4:15.15
1) Emma Kiefer 14	2) Vanessa Weidner 18	3) Lauren Lennartz 16	4) Allison Ulbrich 17
30.96	1:03.85 (1:03.85)	1:37.42 (33.57)	2:15.19 (1:11.34)
2:44.13 (28.94)	3:17.52 (1:02.33)	3:44.03 (26.51)	4:15.15 (57.63)
81 Fox Cities YMCA		4:00.21	4:16.64
1) Laura Wardecke 17	2) Jill Georgen 14	3) McKenzie Goudreau 14	4) Laura Westfall 17
30.35	1:04.23 (1:04.23)	1:38.45 (34.22)	2:18.14 (1:13.91)
2:45.33 (27.19)	3:20.06 (1:01.92)	3:46.83 (26.77)	4:16.64 (56.58)
82 North Canton Community YM		4:08.85	4:19.10
1) Jacquelyn Misanik 16	2) Stephanie Becks 18	3) Rachel Misanik 17	4) Nicole Becks 15
29.79	1:01.93 (1:01.93)	1:36.13 (34.20)	2:16.35 (1:14.42)
2:46.39 (30.04)	3:22.29 (1:05.94)	3:48.90 (26.61)	4:19.10 (56.81)
83 Great Miami Valley Ohio YM		4:06.45	4:19.77
1) Julianna Lynch 18	2) Caitlyn Stanfield 17	3) Bekka Westrick 17	4) Maya Lynch 16
30.36	1:02.78 (1:02.78)	1:39.18 (36.40)	2:21.84 (1:19.06)
2:47.91 (26.07)	3:20.09 (58.25)	3:47.42 (27.33)	4:19.77 (59.68)
84 Hilliker YMCA		4:08.78	4:21.71
1) Jenna Tugaoen 13	2) Taylor McCabe 16	3) Alyssa Heydorn 17	4) Alexa Kaufman 15
31.21	1:05.41 (1:05.41)	1:38.91 (33.50)	2:16.94 (1:11.53)
2:46.09 (29.15)	3:22.47 (1:05.53)	3:50.31 (27.84)	4:21.71 (59.24)
85 Canandaigua YMCA		4:07.27	4:22.56
1) Erin Molloy 16	2) Emily Gwynn 14	3) Kristen Harding 16	4) Julia Messina 15
31.86	1:07.16 (1:07.16)	1:41.36 (34.20)	2:20.84 (1:13.68)
2:49.83 (28.99)	3:24.39 (1:03.55)	3:51.49 (27.10)	4:22.56 (58.17)
--- Lynchburg YMCA		3:59.87	DQ
Stroke Infraction swimmer #2: Incomplete stroke cycle other than one pull follow			
1) Ainsley Reed 13	2) Jennifer Murphy 17	3) Susanna White 15	4) Emily Black 16
30.99	1:02.92 (1:02.92)	1:36.00 (33.08)	2:13.28 (1:10.36)
2:40.30 (27.02)	3:10.96 (57.68)	3:37.89 (26.93)	DQ (55.85)
--- Madison East YMCA		4:01.35	DQ
Early take-off swimmer #3			
1) Hayley Martin 18	2) Elizabeth Emmerich 16	3) Kelsey Millin 16	4) Britney Hilgendorf 16
28.67	58.85 (58.85)	1:30.77 (31.92)	2:08.20 (1:09.35)
2:34.94 (26.74)	3:07.16 (58.96)	3:33.26 (26.10)	DQ (55.59)
--- Eastside Family Branch YMC		4:04.89	DQ
Stroke Infraction swimmer #1: Non-continuous turning action - back			
1) Julia Adams 17	2) Shannon Markham 17	3) Jamie Redlawsk 17	4) Rylee Klomp 14
29.73	1:02.23 (1:02.23)	1:34.98 (32.75)	2:15.27 (1:13.04)
2:43.41 (28.14)	3:16.80 (1:01.53)	3:42.17 (25.37)	DQ (53.67)

## Men 50 Yard Freestyle Swimming Competition

National:	20.34	*	4/14/2003	Gary Grant		Lakeland Hills-
Name	Age	Team	Prelim Time	Finals Time		
<b>A - Final</b>						
1 James Wells	17	Bath Area Family YMCA	21.13	20.50		
2 Mitchell Friedemann	16	Schroeder YMCA	20.61	20.60		
3 Dan Sweeney	18	New Canaan Community YMCA	20.91	20.77		
*4 Nick Johnson	18	Tri-Hampton Family Branch YMC	20.83	20.84		
*4 Mason Chenier	17	Goldsboro Family YMCA	20.87	20.84		
6 Tim Squires	17	Harrison Area YMCA	20.93	20.97		
7 Mike Wallace	18	Sunbury Branch YMCA	21.09	21.00		
8 Robert Parker	17	Somerset Valley YMCA	20.86	21.17		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 50 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>B - Final</b>				
*9 John Hauser	16	Pottstown YMCA	21.28	21.22
*9 Dustin Folio	18	Sunbury Branch YMCA	21.19	21.22
11 Brendan Murphy	17	Northwest Connecticut YMCA	21.28	21.24
12 Charles Pataffi	18	Red Bank Branch	21.24	21.36
13 Frank Cuzzola	18	Somerset Valley YMCA	21.15	21.40
*14 Adam Schneider	17	Riverfront Branch YMCA	21.27	21.56
*14 Tom Rhoads	17	Ridley Area YMCA	21.27	21.56
16 Paul Hunter	17	Andover/North Andover YMCA	21.30	21.58
<b>C - Final</b>				
17 Joseph Gallene	17	Western Monmouth Co. YMCA	21.33	21.18
18 Matt Hogan	17	Birmingham Family YMCA	21.39	21.21
19 Graham Kauffman	17	Middle Tyger YMCA	21.35	21.28
20 David Wilson	18	Somerset Valley YMCA	21.32	21.38
21 Austin Abigt	17	Montgomery -East Branch YMCA	21.44	21.45
22 Joseph Ward	18	Greater Johnstown Community	21.35	21.47
23 Joe Bonk	15	Triangle Area YMCA	21.32	21.67
24 Caleb Sandvold	18	Pabst Farms YMCA	21.43	21.68

**Men 50 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Ryley Pearson	17	Skagit Valley Family YMCA	22.38	22.32
2 Brian Batson	18	Down East Family YMCA	22.40	22.41
3 Jacob Hegge	17	La Crosse Area Family YMCA	22.32	22.42
*4 Dylan Coggin	18	Brandywine -DE YMCA	22.25	22.48
*4 Tyler Lareau	17	North Shore (Sterling) MA YMCA	22.02	22.48
*6 Jeremy Chaudet	18	Somerset Valley YMCA	23.61	22.58
*6 Elliott Batchelder	15	B.R. Ryall (Northwestern Dupag	22.98	22.58
8 Zachary Eller	17	Central/North Westchester NY Y	21.81	22.59
*9 Ryan Fortin	15	Andover/North Andover YMCA	22.98	22.62
*9 Matthew Brady	17	West Shore YMCA	22.49	22.62
11 Parker Huguley	16	Greater Bergen County YMCA	22.35	22.71
*12 Daly Brower	17	Greensboro YMCA	22.11	22.78
*12 Jan Yburan	17	Montclair YMCA	22.59	22.78
14 Frank Bozzi	15	Lakeland Hills Family YMCA	22.71	22.83
15 Jon Harre	17	Fayette County Family YMCA	22.83	22.87
16 Brian Giacobelli	18	Somerset Valley YMCA	22.40	22.89
17 Greg Fennell	16	Summit Branch YMCA	22.13	23.07
18 Sean Johnson	16	Somerset Valley YMCA	22.59	23.15
19 Matthew Vanbiervliet	15	Somerset Valley YMCA	22.60	23.18
20 Ryan Terracciano	18	Somerset Hills YMCA	23.07	23.22
21 Wes Manz	16	Eau Claire Wisconsin YMCA	22.86	23.26
22 Matt Fargione	18	Summit Branch YMCA	22.83	23.27
23 Andrew Urban	18	Ambler Area Branch YMCA	22.82	23.29
24 Jonathan Profit	17	Powel Crosley Jr. YMCA	22.92	23.31
*25 Michael O'Brien	14	Hilliker YMCA	23.77	23.43
*25 Ben Fuller	17	Chippewa Valley Family YMCA	23.04	23.43
27 Bryan Brown	16	Central Delaware YMCA	22.61	23.47
28 Brian Brennan	17	North Shore (Sterling) MA YMCA	23.04	23.49
*29 Alex Burgess	14	Powel Crosley Jr. YMCA	23.03	23.50

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 50 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*29	James Walker	18	Brandywine YMCA -PA	23.01	23.50
31	Matthew McAlear	17	Northern Middlesex County YMC	23.07	23.52
32	Parker Bratman	17	Catonsville MD YMCA	22.90	23.59
33	Eric Chung	16	Somerset Hills YMCA	23.73	23.64
34	Mark Grant	17	County YMCA - Ediboro, PA	23.00	23.66
*35	Craig Lupa	18	Hamilton Area NJ YMCA	23.59	23.72
*35	Nicholas Grippo	17	Red Bank Branch	24.05	23.72
37	Brad Ranson	17	Hamilton Area NJ YMCA	23.40	23.75
38	Eric Lethander	15	Powel Crosley Jr. YMCA	22.80	23.76
*39	Andrew Cotter	14	Ridgway YMCA	23.07	23.78
*39	Alex Bean	16	Suburban West Branch Ohio YMC	23.87	23.78
41	Mike Chickene	18	Hunterdon County YMCA	24.07	23.79
42	Max Docksey	17	Chippewa Valley Family YMCA	NT	23.80
43	Andy Savage	18	Hilliard YMCA	22.98	23.81
44	Zach Auclair	17	Laurel East Hartford YMCA	24.09	23.85
45	Darin Gillenwater	14	Central/North Westchester NY Y	23.27	23.90
46	Jeff Savage	17	Hilliard YMCA	23.89	23.93
47	Kevin Ng	17	Somerset Hills YMCA	24.60	23.96
48	Ryan Koul	14	Greater Johnstown Community	23.96	24.10
49	Matt Kendall	16	Somerset Valley YMCA	24.11	24.14
50	Paul Schaus	16	Chippewa Valley Family YMCA	24.69	24.18
51	AJ Kontostathis	15	Pottstown YMCA	23.53	24.48
52	Dylan Bernhardt	18	Bismarck YMCA	24.82	25.39

**Men 50 Yard Freestyle Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Garrett Snipes	17	Middle Tyger YMCA	22.09	21.33
2	Paul Maneri	17	Riverfront Branch YMCA	21.86	21.67
3	Jimmy Coleman	18	Burlington County YMCA	22.80	21.99
4	Austin Wolff	14	New Canaan Community YMCA	22.85	22.33
5	Brian Barr	16	Somerset Valley YMCA	22.40	22.35
6	Will Schlosser	17	Upper Main Line YMCA	23.13	22.45
7	Ryan Goggans	18	Fox Cities YMCA	22.58	22.53
*8	Kyle Doxtater	15	Mid-Delmarva Family YMCA	22.17	22.57
*8	Josh Johnson	17	Ashland Area YMCA	22.73	22.57
10	Shawn Leonard	16	Sarasota Family YMCA, Inc	22.63	22.62
11	John Scott	17	Winston Salem YMCA	22.68	22.68
12	John Quagliariello	15	Ridley Area YMCA	23.01	22.71
13	David Woodford	16	Riverfront Branch YMCA	22.70	22.72
*14	John Marciano	16	Burlington County YMCA	23.96	22.74
*14	Patrick Gilbreath	17	Tampa Metro YMCA	23.48	22.74
16	Patrick Durning	16	Western Monmouth Co. YMCA	23.04	22.78
17	Ben Orr	18	Newberry County Family YMCA	22.54	22.82
18	Joseph Connors	16	Red Bank Branch	23.32	22.84
19	Jacob Griffith	13	Lancaster & Fairfield YMCA	22.73	22.89
20	Brendan Lacey	16	Laurel Highlands Regional YMCA	22.86	22.90
21	Brencis Navia	17	Somerset Hills YMCA	22.68	22.96
22	James Walker	18	Brandywine YMCA -PA	22.90	23.01
*23	TJ Houck	16	Burlington County YMCA	23.35	23.04
*23	Josh Dugan	18	Waynesboro Family YMCA	23.52	23.04

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 50 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*25	Vincent Gill	16	Hilliard YMCA	23.18	23.05
*25	JB Easley	18	M.E. Lyons (Anderson) YMCA	23.73	23.05
27	Patrick Smith	17	Summit Branch YMCA	22.98	23.06
28	MP Salinas	14	Phoenixville Branch YMCA	22.97	23.07
29	Kevin Welsh	16	Hamilton Area NJ YMCA	22.91	23.13
30	Jack Edwards	16	Birmingham Family YMCA	23.22	23.14
31	Walter Bakun	18	Lakeland Hills Family YMCA	22.96	23.23
32	Alex Burgess	14	Powel Crosley Jr. YMCA	23.03	23.25
33	Rick Chopp	16	Boise YMCA	23.33	23.28
34	Matt Fargione	18	Summit Branch YMCA	22.99	23.30
35	Kevin Wehrheim	17	La Crosse Area Family YMCA	23.00	23.39
36	Danny Powderly	18	Springfield Family YMCA	22.83	23.44
37	Scott Taylor	17	Western Branch YMCA	23.26	23.47
38	Doug Gentile	18	Ashland Area YMCA	22.98	23.56
39	Shayne Custodio	14	Mid-Delmarva Family YMCA	23.20	23.63
40	David Yao	18	Somerset Valley YMCA	23.79	23.72
41	Joey D'Antoni	15	Cross Island YMCA	23.50	23.73
42	Douglas Ranson	17	Hamilton Area NJ YMCA	23.84	23.74
43	John Thompson	14	Hunterdon County YMCA	23.10	23.79
44	Adam Keup	16	Western Branch YMCA	23.46	23.80
45	Max Docksey	17	Chippewa Valley Family YMCA	23.72	23.82
46	Matt Altman	17	West Morris YMCA	23.20	23.87
47	Cullen O'Brien	17	Mount Desert Island YMCA	23.45	23.97
48	Thomas Rinaldi	15	Somerset Valley YMCA	23.79	24.03
49	Matthew Stasiunas	13	Jennersville YMCA	23.89	24.37
50	Chris Zappile	16	West Morris YMCA	24.80	24.42
51	Daniel Zalkind	18	Brandywine YMCA -PA	23.26	24.48
52	Julius Ota	16	Mid-Delmarva Family YMCA	24.39	24.81
---	JC Logan	16	Ridley Area YMCA	23.29	DQ
	False start				
---	Ray Ward	16	Greater Johnstown Community	23.40	DQ
---	Andrew Urban	18	Ambler Area Branch YMCA	22.82	NS
---	Tyler Lareau	17	North Shore (Sterling) MA YMCA	22.01	NS
---	Josh Kinney	17	Fox Cities YMCA	22.80	NS

**Men 50 Yard Freestyle Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Mitchell Friedemann	16	Schroeder YMCA	20.52	20.61
2	Nick Johnson	18	Tri-Hampton Family Branch YMC	20.82	20.83
3	Robert Parker	17	Somerset Valley YMCA	21.44	20.86
4	Mason Chenier	17	Goldsboro Family YMCA	20.78	20.87
5	Dan Sweeney	18	New Canaan Community YMCA	20.79	20.91
6	Tim Squires	17	Harrison Area YMCA	20.74	20.93
7	Mike Wallace	18	Sunbury Branch YMCA	21.18	21.09
8	James Wells	17	Bath Area Family YMCA	20.94	21.13
9	Frank Cuzzola	18	Somerset Valley YMCA	21.66	21.15
10	Dustin Folio	18	Sunbury Branch YMCA	21.62	21.19
11	Charles Pataffi	18	Red Bank Branch	21.16	21.24

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 50 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*12	Tom Rhoads	17	Ridley Area YMCA	21.24	21.27
*12	Adam Schneider	17	Riverfront Branch YMCA	21.67	21.27
*14	Brendan Murphy	17	Northwest Connecticut YMCA	20.77	21.28
*14	John Hauser	16	Pottstown YMCA	22.31	21.28
16	Paul Hunter	17	Andover/North Andover YMCA	21.15	21.30
*17	Joe Bonk	15	Triangle Area YMCA	21.60	21.32
*17	David Wilson	18	Somerset Valley YMCA	21.05	21.32
19	Joseph Gallene	17	Western Monmouth Co. YMCA	21.52	21.33
*20	Joseph Ward	18	Greater Johnstown Community	21.42	21.35
*20	Graham Kauffman	17	Middle Tyger YMCA	21.62	21.35
22	Matt Hogan	17	Birmingham Family YMCA	21.77	21.39
23	Caleb Sandvold	18	Pabst Farms YMCA	21.65	21.43
24	Austin Abigt	17	Montgomery -East Branch YMCA	21.95	21.44
25	Matt Taylor	17	Triangle Area YMCA	21.65	21.46
26	Brian Sivak	18	B.R. Ryall (Northwestern Dupag	21.71	21.47
27	Wade Boarman	17	Talbot County YMCA	21.45	21.48
28	Thomas Delves	18	B.R. Ryall (Northwestern Dupag	21.89	21.51
*29	Garrett Snipes	17	Middle Tyger YMCA	21.84	21.53
*29	Andrew Seiler	18	Upper Main Line YMCA	21.63	21.53
31	Jordan Stillman	17	Lakeland Hills Family YMCA	21.88	21.58
32	Jonathan Lollis	18	Rock Hill Area YMCA	21.45	21.60
*33	Eddie Lanoue	17	West Shore YMCA	21.85	21.63
*33	Gus Bailey	17	Suburban West Branch Ohio YMC	21.51	21.63
*33	Michael Hagensick	18	La Crosse Area Family YMCA	22.11	21.63
36	Nick Iwanicki	18	B.R. Ryall (Northwestern Dupag	21.73	21.66
37	Raymond Cswerko	15	Northwest Connecticut YMCA	21.40	21.67
*38	William Colbert	17	Schroeder YMCA	22.03	21.68
*38	Josh Fleagle	15	Auglaize-Mercer Counties YMCA	22.02	21.68
*40	Curtis Ramsey	18	Brandywine -DE YMCA	21.30	21.69
*40	Jack Lorentzen	16	Westfield YMCA	22.28	21.69
42	Aaron Pomeroy	15	Madison East YMCA	22.40	21.70
43	Zach Fischer	17	Powel Crosley Jr. YMCA	21.64	21.73
*44	Ricky Agresta	16	Brandywine -DE YMCA	21.29	21.74
*44	Doug McCan	16	Boise YMCA	21.37	21.74
46	Eric Trotta	17	Westport/Weston CT YMCA	21.48	21.75
*47	Jake Miller	17	Hilliard YMCA	21.74	21.76
*47	Nik Lumkong	18	West Morris YMCA	21.43	21.76
*49	Brock Jackson	18	State YMCA of Michigan (Sturgi	21.14	21.77
*49	Jeffrey Rowe	17	Riverfront Branch YMCA	21.74	21.77
*49	Mason Monheim	16	Orrville Ohio YMCA	21.78	21.77
*49	Matt Duffy	17	Boyertown Area YMCA	21.65	21.77
*53	Eddy Lynk	17	Edwardsville YMCA	22.54	21.78
*53	Nate Oropollo	18	Ridley Area YMCA	22.08	21.78
*53	Seth Dippold	17	Ridgway YMCA	21.31	21.78
*56	Evan Ciecimirski	17	New Canaan Community YMCA	22.05	21.82
*56	Joe Huyett	17	Reading and Berks County YMCA	21.80	21.82
*58	Will Brown	16	Fanwood-Scotch Plains YMCA	22.18	21.88
*58	James Ross	15	Somerset Hills YMCA	22.22	21.88
60	Sasan Tehrani	17	New Canaan Community YMCA	21.26	21.89

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 50 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
61	Christian Garlock	16	Hilliker YMCA	22.25	21.90
*62	Ryan Reynolds	17	Birmingham Family YMCA	21.46	21.91
*62	Jay Margherio	18	New Canaan Community YMCA	22.49	21.91
*62	Philip Hawley	16	Burlington County YMCA	21.94	21.91
*65	Ben Tillar	16	South Family YMCA-Kettering	21.70	21.92
*65	Alex Kosenski	19	Ocean County YMCA	21.98	21.92
67	Jack Thomas	18	West Morris YMCA	22.00	21.93
*68	Jake Schneider	18	Madison West YMCA	21.74	21.94
*68	John Bateman	15	North Shore (Sterling) MA YMCA	22.17	21.94
70	Jared Figueroa	18	Reading and Berks County YMCA	21.94	21.95
*71	Jared Lang	17	Hunterdon County YMCA	21.65	21.96
*71	David Paccapaniccia	17	Indiana County YMCA	21.50	21.96
*71	Andrew Slater	17	Lancaster & Fairfield YMCA	22.03	21.96
*71	Won Ho Chang	17	Bath Area Family YMCA	21.98	21.96
75	Lemar Linton	16	Ashland Area YMCA	21.75	21.98
76	Brendan Kerins	17	Catonsville MD YMCA	22.24	21.99
77	Nick Spaniel	16	Greater Burlington YMCA	22.29	22.00
78	Alexander Moser	16	Sunbury Branch YMCA	22.41	22.02
79	Ian Nichols	18	Bath Area Family YMCA	22.25	22.03
80	Kevin Kelley	18	Burlington County YMCA	21.91	22.04
81	Kyle Jennings	18	Somerset Valley YMCA	22.39	22.05
*82	Alex Lewis	16	M.E. Lyons (Anderson) YMCA	22.57	22.06
*82	Brad Powell	18	Montgomery -East Branch YMCA	21.78	22.06
84	David White	17	Hunterdon County YMCA	22.14	22.09
85	Tim Bradley	17	Sarasota Family YMCA, Inc	21.78	22.10
86	Michael Murphy	17	Powel Crosley Jr. YMCA	22.04	22.12
*87	David Yazbeck	17	South Shore Mill Pond YMCA	22.57	22.13
*87	Tim Cutler	17	Chippewa Valley Family YMCA	22.44	22.13
89	Kai Honeck	19	Orlando YMCA	22.35	22.15
90	James Foust	18	Madison West YMCA	21.65	22.16
*91	Ian Richardson	17	Mount Vernon Ohio YMCA	22.03	22.17
*91	Mitchell Smith	18	Greater Johnstown Community	22.09	22.17
93	Isaac Loegering	14	Red River Valley YMCA	22.27	22.19
94	Kenny Kim	17	Flushing YMCA	22.12	22.21
*95	Christophe Vandervest	18	Green Bay YMCA Metro	22.47	22.23
*95	Jack Forese	16	New Canaan Community YMCA	22.55	22.23
*95	Aaren Marecki	16	Farmington Family YMCA	21.76	22.23
98	Aaron Shields	17	Macomb Family YMCA	22.21	22.24
99	Kyle Disney-Huss	17	Triangle Area YMCA	22.41	22.26
100	Tyler Paulsen	18	The Licking County Family YMC	21.58	22.27
101	Pat McHugh	18	Springfield Family YMCA	21.85	22.28
102	Greg Hameister	14	Oshkosh Community YMCA	22.24	22.30
103	Braxten Judkins	16	Suburban West Branch Ohio YMC	22.29	22.31
*104	Zachary Eller	17	Central/North Westchester NY Y	21.81	22.32
*104	Charles Prestigiacomo	16	Schroeder YMCA	22.22	22.32
*104	Jacob Hegge	17	La Crosse Area Family YMCA	22.49	22.32
*104	Wayde Marsh	18	Central Delaware YMCA	21.85	22.32
*108	Dylan Coggin	18	Brandywine -DE YMCA	22.25	22.33
*108	Michael Krone	19	Blue Ash Branch YMCA	22.35	22.33
110	Mufaddal Kadibhai	17	Sarasota Family YMCA, Inc	22.53	22.35
111	Andrew Miller	16	Lebanon Valley Family YMCA	21.83	22.36

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 50 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
112	Alex Corbett	16	Boyertown Area YMCA	22.52	22.39
*113	JB Hall	17	Talbot County YMCA	22.09	22.41
*113	Jeffrey Mead	16	Columbia Northwest Family YMC	22.42	22.41
*113	Shay Flanagan	18	Clearfield YMCA	22.36	22.41
*113	Alex Olivero	18	Orlando YMCA	22.09	22.41
*113	Pat Dierker	15	Powel Crosley Jr. YMCA	22.36	22.41
*113	Connor O'Prey	15	Ridley Area YMCA	22.55	22.41
*119	James Black	17	North Shore (Sterling) MA YMCA	22.47	22.42
*119	Frank Sullivan	18	Williamsport Branch YMCA	22.17	22.42
*119	Brad Bielak	17	Ridgewood Branch OH YMCA	21.71	22.42
122	Tyler Benmark	18	Greater Flint YMCA	21.79	22.43
*123	Brian Giacopelli	18	Somerset Valley YMCA	25.86L	22.44
*123	Emmanuel Arias	16	Orlando YMCA	22.25	22.44
125	Thomas Tedrow	15	North Canton Community YMCA	21.94	22.45
*126	Connor Christiansen	16	Fox Cities YMCA	22.51	22.48
*126	Casey Dunleavy	18	Mon Valley YMCA	22.29	22.48
*126	Logan Hammerstein	16	Great Miami Valley Ohio YMCA	21.96	22.48
*129	Connor Murphy	17	Western Monmouth Co. YMCA	22.10	22.49
*129	Jimmy Ryan	15	Upper Main Line YMCA	22.37	22.49
*131	James DeGroff	18	Cuyahoga Falls Riverfront YMCA	22.28	22.52
*131	Ben Drexler	17	Camp-Hay-Went-Ha YMCA	22.22	22.52
*131	Derek Smith	17	Boise YMCA	22.58	22.52
134	Daniel Gallagher	15	Anne Arundel County YMCA	22.48	22.53
135	Gregory Kogut	16	Anne Arundel County YMCA	22.35	22.55
*136	Alexander Bauer	15	Pottstown YMCA	22.46	22.56
*136	Mike Harmon	17	Chambersburg Memorial YMCA	25.81L	22.56
138	Daniel Leahy	16	Lancaster Family YMCA	22.44	22.58
139	Chip Samuelson	16	Springfield Family YMCA	22.43	22.59
140	Robby Spichiger	18	The Licking County Family YMC	22.29	22.60
*141	Thomas Johnson	18	Bismarck YMCA	22.01	22.62
*141	Daly Brower	17	Greensboro YMCA	22.38	22.62
*143	Michael Weber	18	Vermilion Family YMCA	22.45	22.64
*143	Tyler Dietter	15	Downtown Youth Center YMCA	22.53	22.64
145	Michael Prewett	18	Hamilton Area NJ YMCA	24.83S	22.65
*146	Tim Martin-Toussaint	16	New Rochelle YMCA	22.50	22.66
*146	Eric Nagel	18	Bismarck YMCA	22.44	22.66
148	Ryan Brannan	17	Northwest Family Branch YMCA	22.01	22.67
*149	Julian Oprandi	17	The Licking County Family YMC	22.23	22.68
*149	Carl Newenhouse	15	Schroeder YMCA	22.44	22.68
*149	Jonathan Champagne	17	Brandywine -DE YMCA	22.40	22.68
*152	Lucas Amodio	16	Dutchess County YMCA	22.16	22.69
*152	Kyle Likens	17	Orrville Ohio YMCA	22.38	22.69
*152	Stefan Pietrobono	17	Western Branch YMCA	22.15	22.69
*155	Tyler Arndt	15	Penobscot Bay YMCA	22.40	22.70
*155	Ryan Bacci	16	Flushing YMCA	22.09	22.70
*155	Brendan Tamm	17	Birmingham Family YMCA	22.14	22.70
158	Patrick Inness	18	Knox County YMCA	22.12	22.71
*159	Josh Cillo	17	Williamsport Branch YMCA	22.41	22.73
*159	Greg Fennell	16	Summit Branch YMCA	22.24	22.73
*161	Pun Winichakul	17	Madison West YMCA	22.24	22.75
*161	Andrew Weber	16	Red Bank Branch	22.17	22.75

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 50 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
*163 Luke Fiore	17	Cheshire YMCA	22.54	22.76
*163 Tyler Essary	16	Prattville YMCA	22.44	22.76
*163 Parker Huguley	16	Greater Bergen County YMCA	22.45	22.76
166 JV Kracke	18	Western Monmouth Co. YMCA	22.55	22.77
*167 Vincent King	16	Columbia Northwest Family YMC	22.52	22.78
*167 Robby Husta	17	Laurel East Hartford YMCA	22.37	22.78
169 Andrew Provost	18	Birmingham Family YMCA	22.30	22.79
170 Justin Petrozzini	17	Wyckoff Family YMCA Inc	22.57	22.83
171 Matthew Brady	17	West Shore YMCA	22.49	22.84
172 Shane Smith	16	Powel Crosley Jr. YMCA	22.59	22.92
173 Greg Pristov	18	Lake County East End YMCA	22.44	22.93
*174 Andrew Keriazes	17	Springfield Family YMCA	22.50	22.99
*174 Joshua Nordike	14	Fayette County Family YMCA	22.56	22.99
176 Matthew Alfonso	17	Wyckoff Family YMCA Inc	22.34	23.00
177 Kevin Randich	18	Grays Harbor YMCA	22.53	23.02
178 Alex Dropo	17	Cape Cod YMCA	25.77L	23.14
179 Doug Morte	18	Sumter SC YMCA	22.42	23.19
180 BJ Frederick	16	Franklin/Grove City YMCA	22.52	23.28
181 Samuel Rappoport	17	Ottawa Illinois YMCA	22.58	23.30
--- Joey Grant	18	Hamilton Area NJ YMCA	21.76	DQ
--- Eric Surkovich	17	Howard County Family YMCA	22.09	DQ
--- Jake Reynolds	18	Montgomery -East Branch YMCA	20.84	DQ
False start				

## Men 100 Yard Freestyle Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Elliott Batchelder	15	B.R. Ryall (Northwestern Dupag	49.90	48.53
23.21	48.53 (25.32)			
2 David Yazbeck	17	South Shore Mill Pond YMCA	49.28	49.32
23.93	49.32 (25.39)			
3 Jonathan Champagne	17	Brandywine -DE YMCA	49.21	49.33
23.67	49.33 (25.66)			
4 James Black	17	North Shore (Sterling) MA YMCA	50.37	49.47
23.64	49.47 (25.83)			
5 Andrew Jung	15	Montclair YMCA	50.39	49.51
23.60	49.51 (25.91)			
6 Andrew Blyskal	16	Jennersville YMCA	49.73	49.52
23.94	49.52 (25.58)			
7 Jan Yburan	17	Montclair YMCA	49.99	49.53
23.40	49.53 (26.13)			
8 Chad Thompson	16	Kishwaukee Family YMCA	49.97	49.65
23.65	49.65 (26.00)			
9 JR Creekmore	16	Brandywine -DE YMCA	50.53	49.67
24.27	49.67 (25.40)			
10 Stephen O'Neill	16	Western Monmouth Co. YMCA	50.72	49.69
23.74	49.69 (25.95)			
11 Tommy Wolinski	15	Montclair YMCA	50.58	49.85
24.36	49.85 (25.49)			
12 Christian Garlock	16	Hilliker YMCA	49.61	50.05
24.07	50.05 (25.98)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
13	Vincent King	16	Columbia Northwest Family YMC	49.29	50.12
	23.76				50.12 (26.36)
14	Craig Lupa	18	Hamilton Area NJ YMCA	50.64	50.42
	24.48				50.42 (25.94)
15	Matt Morgan	18	Westfield YMCA	50.19	50.45
	24.35				50.45 (26.10)
16	Matt Kendall	16	Somerset Valley YMCA	53.58	50.58
	24.80				50.58 (25.78)
17	Bryan Brown	16	Central Delaware YMCA	49.52	50.98
	24.66				50.98 (26.32)
18	Philip Kang	14	Montclair YMCA	51.23	51.17
	24.43				51.17 (26.74)
19	Michael Rokosny	15	Pottstown YMCA	53.78	51.60
	24.49				51.60 (27.11)
20	Brian Kennedy	18	Champaign County YMCA	52.36	51.65
	25.32				51.65 (26.33)
21	Ryan Terracciano	18	Somerset Hills YMCA	50.31	52.35
	24.71				52.35 (27.64)
22	Darin Gillenwater	14	Central/North Westchester NY Y	51.70	52.90
	24.93				52.90 (27.97)
23	Joshua Nordike	14	Fayette County Family YMCA	49.54	52.97
	24.81				52.97 (28.16)
---	Jeremy Wilson	17	Harrison Area YMCA	54.00	NS
---	Andrew Smith	18	Somerset Hills YMCA	50.45	NS
---	Tim Bouvier	17	North Shore (Sterling) MA YMCA	53.31	NS
---	Pun Winichakul	17	Madison West YMCA	51.34	NS

**Men 100 Yard Freestyle Swimming Competition****National: 44.51 \* 4/14/2008 Evan Reed****UpperMainLine-PA**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Tim Phillips	18	Marietta YMCA	45.16	44.11 *
	21.32				44.11 (22.79)
2	Mitchell Friedemann	16	Schroeder YMCA	45.22	44.87
	21.71				44.87 (23.16)
3	Nick Johnson	18	Tri-Hampton Family Branch YMC	45.03	45.06
	21.68				45.06 (23.38)
4	Patrick Ceddia	17	Sarasota Family YMCA, Inc	46.17	45.51
	21.97				45.51 (23.54)
5	Ethan Griffel	17	Idaho Falls YMCA	46.21	45.78
	22.00				45.78 (23.78)
6	Jake Reynolds	18	Montgomery -East Branch YMCA	45.72	45.87
	21.70				45.87 (24.17)
7	Matt Hogan	17	Birmingham Family YMCA	45.94	46.07
	21.69				46.07 (24.38)
8	Andrew Grinalds	17	Westport/Weston CT YMCA	45.24	46.08
	22.27				46.08 (23.81)
<b>B - Final</b>					
9	Mason Chenier	17	Goldsboro Family YMCA	46.29	45.61
	21.46				45.61 (24.15)
10	James Wilson	16	Jennersville YMCA	46.35	45.83
	22.13				45.83 (23.70)



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**B - Final ... (Men 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
11 Matt Taylor	17	Triangle Area YMCA	46.39	46.01
22.22	46.01	(23.79)		
12 Garrett Snipes	17	Middle Tyger YMCA	46.67	46.49
22.73	46.49	(23.76)		
13 Alex Fitton	18	Red Bank Branch	46.52	46.50
22.62	46.50	(23.88)		
14 Brian Sivak	18	B.R. Ryall (Northwestern Dupag	46.67	46.89
22.53	46.89	(24.36)		
15 Robert Parker	17	Somerset Valley YMCA	46.43	46.95
22.66	46.95	(24.29)		
16 Dan Sweeney	18	New Canaan Community YMCA	46.31	47.57
21.78	47.57	(25.79)		

**C - Final**

17 Jack Pretto	17	Cheshire YMCA	46.74	46.42
22.45	46.42	(23.97)		
18 John Hauser	16	Pottstown YMCA	46.83	46.50
22.39	46.50	(24.11)		
19 Won Ho Chang	17	Bath Area Family YMCA	46.77	46.57
22.56	46.57	(24.01)		
20 Andrew Seiler	18	Upper Main Line YMCA	46.95	46.87
22.61	46.87	(24.26)		
21 Michael McElduff	16	Lakeland Hills Family YMCA	46.88	46.89
22.64	46.89	(24.25)		
22 Andrew Slater	17	Lancaster & Fairfield YMCA	47.05	46.99
22.95	46.99	(24.04)		
23 Joe Bonk	15	Triangle Area YMCA	46.82	47.05
22.32	47.05	(24.73)		
24 Tom Rhoads	17	Ridley Area YMCA	46.96	47.66
22.31	47.66	(25.35)		

**Men 100 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Evan Ciecimirski	17	New Canaan Community YMCA	48.72	48.32
23.00	48.32	(25.32)		
2 Alexander Moser	16	Sunbury Branch YMCA	49.00	48.33
22.66	48.33	(25.67)		
3 Jared Figueroa	18	Reading and Berks County YMCA	50.45	48.42
23.01	48.42	(25.41)		
4 Sava Turcanu	14	Catawba Valley YMCA	50.70	48.67
23.20	48.67	(25.47)		
5 Austin Wolff	14	New Canaan Community YMCA	50.12	48.85
23.11	48.85	(25.74)		
6 Patrick Gilbreath	17	Tampa Metro YMCA	51.65	48.88
23.60	48.88	(25.28)		
7 Graham Williams	15	Catawba Valley YMCA	49.70	48.95
23.74	48.95	(25.21)		
8 Pat Dierker	15	Powel Crosley Jr. YMCA	48.29	48.99
23.54	48.99	(25.45)		
9 Mitchell Smith	18	Greater Johnstown Community	47.90	49.03
23.32	49.03	(25.71)		
10 David Yazbeck	17	South Shore Mill Pond YMCA	NT	49.17
23.68	49.17	(25.49)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
11	Sean Dunne	14	Red Bank Branch	50.25	49.20
	23.55		49.20 (25.65)		
12	William Kasper	17	Ocean County YMCA	50.80	49.27
	23.67		49.27 (25.60)		
13	James Black	17	North Shore (Sterling) MA YMCA	49.92	49.39
	23.34		49.39 (26.05)		
14	John Bateman	15	North Shore (Sterling) MA YMCA	49.27	49.40
	23.66		49.40 (25.74)		
*15	Brencis Navia	17	Somerset Hills YMCA	52.09	49.54
	23.10		49.54 (26.44)		
*15	Kevin Morlock	18	Harford County Family YMCA	50.40	49.54
	24.10		49.54 (25.44)		
17	Kyle Jennings	18	Somerset Valley YMCA	49.62	49.57
	23.58		49.57 (25.99)		
18	Michael Prewett	18	Hamilton Area NJ YMCA	49.86	49.61
	23.69		49.61 (25.92)		
19	Sam Nowack	18	Northern Middlesex County YMC	50.39	49.69
	24.22		49.69 (25.47)		
*20	Jonathan Lollis	18	Rock Hill Area YMCA	49.30	49.70
	23.30		49.70 (26.40)		
*20	Tyler Dietter	15	Downtown Youth Center YMCA	49.59	49.70
	24.10		49.70 (25.60)		
22	JV Kracke	18	Western Monmouth Co. YMCA	49.04	49.73
	24.35		49.73 (25.38)		
23	Cory Bacon	15	Westport/Weston CT YMCA	51.52	49.87
	23.82		49.87 (26.05)		
24	JC Logan	16	Ridley Area YMCA	50.00	49.89
	23.97		49.89 (25.92)		
25	Patrick Durning	16	Western Monmouth Co. YMCA	49.63	49.93
	23.70		49.93 (26.23)		
26	Stephen O'Neill	16	Western Monmouth Co. YMCA	49.62	49.94
	24.26		49.94 (25.68)		
27	Ryan DeBerry	15	Western North Carolina YMCA	51.50	49.98
	23.90		49.98 (26.08)		
28	Braxten Judkins	16	Suburban West Branch Ohio YMC	49.64	50.08
	23.52		50.08 (26.56)		
29	Robby Husta	17	Laurel East Hartford YMCA	51.00	50.18
	24.03		50.18 (26.15)		
30	Ben Orr	18	Newberry County Family YMCA	49.08	50.19
	23.81		50.19 (26.38)		
*31	Kevin Hughes	19	Triangle Area YMCA	49.27	50.20
	23.98		50.20 (26.22)		
*31	Rick Chopp	16	Boise YMCA	51.47	50.20
	24.27		50.20 (25.93)		
33	Kevin Welsh	16	Hamilton Area NJ YMCA	49.99	50.22
	24.16		50.22 (26.06)		
*34	John Marciano	16	Burlington County YMCA	53.21	50.29
	24.06		50.29 (26.23)		
*34	Connor O'Prey	15	Ridley Area YMCA	52.43	50.29
	24.17		50.29 (26.12)		
36	Joseph Connors	16	Red Bank Branch	49.90	50.30
	24.17		50.30 (26.13)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
37	Kyle Grosman	17	Lakeland Hills Family YMCA	49.49	50.41
	23.81		50.41 (26.60)		
*38	Philip Murphy	16	Greater Holyoke YMCA	50.03	50.43
	24.21		50.43 (26.22)		
*38	Drew Sullenbarger	16	South Family YMCA-Kettering	51.03	50.43
	24.81		50.43 (25.62)		
40	Chris Pitler	17	Tri-Hampton Family Branch YMC	50.89	50.46
	24.00		50.46 (26.46)		
41	TJ Houck	16	Burlington County YMCA	52.29	50.49
	24.09		50.49 (26.40)		
42	Connor Christiansen	16	Fox Cities YMCA	49.40	50.54
	24.14		50.54 (26.40)		
*43	Dennis Hall-App	15	Montclair YMCA	50.70	50.56
	24.03		50.56 (26.53)		
*43	MP Salinas	14	Phoenixville Branch YMCA	50.35	50.56
	25.04		50.56 (25.52)		
45	Tim Martin-Toussaint	16	New Rochelle YMCA	49.17	50.65
	24.52		50.65 (26.13)		
46	Nolan Silbernagel	16	Lakeland Hills Family YMCA	51.71	50.74
	24.53		50.74 (26.21)		
47	Alexander Bauer	15	Pottstown YMCA	50.10	50.77
	24.17		50.77 (26.60)		
48	Tyler Arndt	15	Penobscot Bay YMCA	50.57	50.78
	24.85		50.78 (25.93)		
49	Matthew Alfonso	17	Wyckoff Family YMCA Inc	49.62	50.87
	24.36		50.87 (26.51)		
50	Henry Cohen	16	Lakeland Hills Family YMCA	51.39	50.88
	24.68		50.88 (26.20)		
51	Daniel Gallagher	15	Anne Arundel County YMCA	51.27	50.94
	24.04		50.94 (26.90)		
52	Josh Dugan	18	Waynesboro Family YMCA	50.54	50.97
	24.07		50.97 (26.90)		
*53	Connor McColligan	16	Red Bank Branch	52.20	50.98
	24.24		50.98 (26.74)		
*53	John Thompson	14	Hunterdon County YMCA	51.00	50.98
	24.49		50.98 (26.49)		
*53	Alex Dropo	17	Cape Cod YMCA	50.48	50.98
	24.27		50.98 (26.71)		
56	Vincent Gill	16	Hilliard YMCA	52.23	50.99
	24.46		50.99 (26.53)		
57	Robbie Biskup	16	Birmingham Family YMCA	50.30	51.03
	24.44		51.03 (26.59)		
58	Shane Smith	16	Powel Crosley Jr. YMCA	52.45	51.04
	24.61		51.04 (26.43)		
59	Patrick Smith	17	Summit Branch YMCA	50.56	51.07
	24.41		51.07 (26.66)		
60	Jaime Ianiro	16	Montclair YMCA	50.98	51.12
	24.55		51.12 (26.57)		
61	John Scott	17	Winston Salem YMCA	50.87	51.14
	24.52		51.14 (26.62)		
62	Jonathan Keim	16	Mid-Delmarva Family YMCA	51.24	51.16
	24.61		51.16 (26.55)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
63	Pat Geraghty	17	Greater Holyoke YMCA	50.07	51.20
	24.23		51.20 (26.97)		
64	Scott Taylor	17	Western Branch YMCA	50.11	51.23
	24.38		51.23 (26.85)		
65	Jai Singh	15	North Oakland Family YMCA	51.38	51.25
	24.95		51.25 (26.30)		
66	Brendan Tamm	17	Birmingham Family YMCA	50.30	51.34
	24.30		51.34 (27.04)		
67	Adam Hagensick	16	La Crosse Area Family YMCA	50.30	51.35
	24.56		51.35 (26.79)		
68	Adam Keup	16	Western Branch YMCA	50.96	51.37
	24.47		51.37 (26.90)		
*69	Walter Bakun	18	Lakeland Hills Family YMCA	50.19	51.39
	24.60		51.39 (26.79)		
*69	Kevin Wehrheim	17	La Crosse Area Family YMCA	49.99	51.39
	24.50		51.39 (26.89)		
71	Matthew Ward	17	Beavercreek Branch YMCA	49.70	51.43
	23.99		51.43 (27.44)		
72	Peter Horton	17	Northern Middlesex County YMC	49.80	51.53
	24.70		51.53 (26.83)		
73	Peter Palmer	16	Birmingham Family YMCA	52.10	51.54
	24.46		51.54 (27.08)		
*74	Jarvis Trotter	15	Edwardsville YMCA	50.59	51.55
	24.06		51.55 (27.49)		
*74	Brian Kennedy	18	Champaign County YMCA	51.65	51.55
	24.78		51.55 (26.77)		
76	Joey D'Antoni	15	Cross Island YMCA	52.80	51.59
	24.87		51.59 (26.72)		
77	Dann Williams	17	Ridley Area YMCA	51.52	51.61
	24.69		51.61 (26.92)		
78	Josh Murrell	14	North Oakland Family YMCA	51.58	51.71
	24.56		51.71 (27.15)		
79	Tim Bouvier	17	North Shore (Sterling) MA YMCA	53.31	51.84
	25.30		51.84 (26.54)		
80	Kris Sweetman	17	Cross Island YMCA	51.04	52.01
	24.49		52.01 (27.52)		
81	David Yao	18	Somerset Valley YMCA	51.60	52.02
	24.89		52.02 (27.13)		
82	Thomas Rinaldi	15	Somerset Valley YMCA	51.72	52.05
	24.77		52.05 (27.28)		
83	Roby Boggs	15	Birmingham Family YMCA	51.99	52.16
	24.74		52.16 (27.42)		
84	Ray Ward	16	Greater Johnstown Community	52.94	52.19
	24.85		52.19 (27.34)		
85	Kevin Hong	15	Somerset Valley YMCA	51.80	52.24
	24.95		52.24 (27.29)		
86	Matt Mccarthy	17	Ocean County YMCA	51.50	52.25
	25.14		52.25 (27.11)		
87	Joshua Nordike	14	Fayette County Family YMCA	49.54	52.36
	24.08		52.36 (28.28)		
88	Jeremy Wilson	17	Harrison Area YMCA	50.28	52.46
	25.24		52.46 (27.22)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**

**Results**

**- Time Trial ... (Men 100 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
89	Jake Fahrenkrog	18	Eau Claire Wisconsin YMCA	52.70	52.81
	24.76	52.81 (28.05)			
90	Joey DePaola	16	Lakeland Hills Family YMCA	52.99	53.19
	25.55	53.19 (27.64)			
91	Max Blum	18	Westfield YMCA	50.02	53.35
	24.91	53.35 (28.44)			
92	Kyle Marsh	16	Spokane YMCA	53.50	53.59
	25.64	53.59 (27.95)			
93	Nolan Schneider	14	Hunterdon County YMCA	52.90	53.68
	25.24	53.68 (28.44)			
94	Jonathan Ciriello	17	Somerset Hills YMCA	52.89	53.70
	25.47	53.70 (28.23)			
95	Nick Dello Buono	17	Kennett Area YMCA	53.44	55.44
	26.29	55.44 (29.15)			
---	Parker Baisden	16	Phoenixville Branch YMCA	50.33	DQ
---	John Morton	18	Triangle Area YMCA	49.00	DQ
---	Jared Lang	17	Hunterdon County YMCA	48.76	DQ
---	Daniel Hellman	16	Red Bank Branch	51.15	DQ
---	Matt Meserole	17	Westfield YMCA	46.67	DQ
---	Alexander Habursky	17	Eastside Family Branch YMCA	NT	NS

**Men 100 Yard Freestyle Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Nick Johnson	18	Tri-Hampton Family Branch YMC	45.34	45.03
	21.74	45.03 (23.29)			
2	Tim Phillips	18	Marietta YMCA	46.10	45.16
	21.69	45.16 (23.47)			
3	Mitchell Friedemann	16	Schroeder YMCA	44.92	45.22
	21.87	45.22 (23.35)			
4	Andrew Grinalds	17	Westport/Weston CT YMCA	44.77	45.24
	22.12	45.24 (23.12)			
5	Jake Reynolds	18	Montgomery -East Branch YMCA	45.53	45.72
	22.12	45.72 (23.60)			
6	Matt Hogan	17	Birmingham Family YMCA	45.17	45.94
	22.08	45.94 (23.86)			
7	Patrick Ceddia	17	Sarasota Family YMCA, Inc	45.71	46.17
	22.26	46.17 (23.91)			
8	Ethan Griffel	17	Idaho Falls YMCA	46.41	46.21
	22.39	46.21 (23.82)			
9	Mason Chenier	17	Goldsboro Family YMCA	45.58	46.29
	22.18	46.29 (24.11)			
10	Dan Sweeney	18	New Canaan Community YMCA	46.84	46.31
	21.69	46.31 (24.62)			
11	James Wilson	16	Jennersville YMCA	48.11	46.35
	22.38	46.35 (23.97)			
12	Matt Taylor	17	Triangle Area YMCA	46.49	46.39
	22.46	46.39 (23.93)			
13	Robert Parker	17	Somerset Valley YMCA	46.09	46.43
	22.24	46.43 (24.19)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
14	Alex Fitton	18	Red Bank Branch	46.64	46.52
	22.39		46.52 (24.13)		
*15	Garrett Snipes	17	Middle Tyger YMCA	47.45	46.67
	22.79		46.67 (23.88)		
*15	Brian Sivak	18	B.R. Ryall (Northwestern Dupag	46.89	46.67
	22.46		46.67 (24.21)		
17	Jack Pretto	17	Cheshire YMCA	47.28	46.74
	22.54		46.74 (24.20)		
18	Won Ho Chang	17	Bath Area Family YMCA	48.61	46.77
	22.66		46.77 (24.11)		
19	Joe Bonk	15	Triangle Area YMCA	47.90	46.82
	22.39		46.82 (24.43)		
20	John Hauser	16	Pottstown YMCA	47.84	46.83
	22.55		46.83 (24.28)		
21	Michael McElduff	16	Lakeland Hills Family YMCA	46.66	46.88
	22.41		46.88 (24.47)		
22	Nick McGowan	17	Birmingham Family YMCA	46.75	46.94
	22.51		46.94 (24.43)		
*23	Harrison Cefalo	16	Red Bank Branch	47.66	46.95
	22.57		46.95 (24.38)		
*23	Andrew Seiler	18	Upper Main Line YMCA	47.97	46.95
	22.50		46.95 (24.45)		
25	Tom Rhoads	17	Ridley Area YMCA	47.03	46.96
	22.31		46.96 (24.65)		
26	Andrew Slater	17	Lancaster & Fairfield YMCA	47.01	47.05
	22.35		47.05 (24.70)		
27	Alex Kosenski	19	Ocean County YMCA	48.16	47.09
	22.43		47.09 (24.66)		
28	Danny Crigler	17	Reading and Berks County YMCA	46.06	47.14
	22.52		47.14 (24.62)		
29	Tim Squires	17	Harrison Area YMCA	46.03	47.15
	22.26		47.15 (24.89)		
30	Michael Krone	19	Blue Ash Branch YMCA	46.55	47.21
	22.94		47.21 (24.27)		
*31	Greg Daniele	17	Red Bank Branch	46.68	47.24
	22.64		47.24 (24.60)		
*31	Thomas Delves	18	B.R. Ryall (Northwestern Dupag	47.10	47.24
	22.39		47.24 (24.85)		
33	Mike Wallace	18	Sunbury Branch YMCA	46.75	47.26
	22.44		47.26 (24.82)		
34	Brock Jackson	18	State YMCA of Michigan (Sturgi	46.15	47.29
	22.87		47.29 (24.42)		
35	Graham Kauffman	17	Middle Tyger YMCA	47.61	47.34
	22.80		47.34 (24.54)		
36	Shay Flanagan	18	Clearfield YMCA	47.81	47.37
	23.17		47.37 (24.20)		
37	Brendan Murphy	17	Northwest Connecticut YMCA	46.84	47.40
	22.82		47.40 (24.58)		
38	Wesley Trumbauer	17	Boyertown Area YMCA	49.10	47.42
	22.83		47.42 (24.59)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
39 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	47.59	47.43
22.86		47.43 (24.57)		
40 Mark Cox	17	Sarasota Family YMCA, Inc	47.17	47.45
22.85		47.45 (24.60)		
41 Joseph Gallene	17	Western Monmouth Co. YMCA	47.24	47.48
22.65		47.48 (24.83)		
42 Tyler Benmark	18	Greater Flint YMCA	47.01	47.49
22.84		47.49 (24.65)		
43 Ryan Hansen	17	Schroeder YMCA	46.50	47.50
22.38		47.50 (25.12)		
44 Charles Pataffi	18	Red Bank Branch	47.45	47.53
22.69		47.53 (24.84)		
45 Frank Cuzzola	18	Somerset Valley YMCA	47.43	47.55
22.57		47.55 (24.98)		
46 Jordan Hartman	17	Boyertown Area YMCA	47.31	47.59
23.08		47.59 (24.51)		
47 Philip Hawley	16	Burlington County YMCA	48.32	47.60
22.11		47.60 (25.49)		
48 Austin Abigt	17	Montgomery -East Branch YMCA	48.49	47.63
22.45		47.63 (25.18)		
49 Wade Boarman	17	Talbot County YMCA	47.35	47.64
22.51		47.64 (25.13)		
50 Carter Watson	16	Lynchburg YMCA	47.35	47.65
23.03		47.65 (24.62)		
51 Caleb Sandvold	18	Pabst Farms YMCA	47.20	47.66
22.49		47.66 (25.17)		
52 Sean Brown	18	B.R. Ryall (Northwestern Dupag	47.07	47.70
22.90		47.70 (24.80)		
53 Evan Mahoney	14	Ocean County YMCA	48.61	47.71
22.95		47.71 (24.76)		
*54 Andrew Golankiewicz	17	Wilton Family YMCA	48.27	47.72
23.09		47.72 (24.63)		
*54 Nick Iwanicki	18	B.R. Ryall (Northwestern Dupag	47.11	47.72
22.99		47.72 (24.73)		
56 Zach Fischer	17	Powel Crosley Jr. YMCA	48.99	47.82
22.70		47.82 (25.12)		
57 Curtis Ramsey	18	Brandywine -DE YMCA	46.63	47.84
22.65		47.84 (25.19)		
*58 Eric Trotta	17	Westport/Weston CT YMCA	47.55	47.86
22.92		47.86 (24.94)		
*58 Raymond Cswerko	15	Northwest Connecticut YMCA	47.35	47.86
22.98		47.86 (24.88)		
60 Ian Richardson	17	Mount Vernon Ohio YMCA	49.09	47.88
23.13		47.88 (24.75)		
61 Gus Bailey	17	Suburban West Branch Ohio YMC	48.49	47.95
22.69		47.95 (25.26)		
62 Sasan Tehrani	17	New Canaan Community YMCA	48.79	47.96
22.68		47.96 (25.28)		
63 Alex Lewis	16	M.E. Lyons (Anderson) YMCA	47.98	47.97
22.85		47.97 (25.12)		
64 Paul Maneri	17	Riverfront Branch YMCA	47.06	47.99
22.61		47.99 (25.38)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
65 Eddie Lanoue 23.17	17	West Shore YMCA	47.74	48.01
		48.01 (24.84)		
66 Jay Margherio 23.01	18	New Canaan Community YMCA	47.37	48.06
		48.06 (25.05)		
67 Lemar Linton 22.95	16	Ashland Area YMCA	47.81	48.08
		48.08 (25.13)		
68 Kyle Disney-Huss 23.07	17	Triangle Area YMCA	47.98	48.10
		48.10 (25.03)		
69 Adam Schneider 22.65	17	Riverfront Branch YMCA	47.80	48.13
		48.13 (25.48)		
70 Brad Powell 23.19	18	Montgomery -East Branch YMCA	47.61	48.14
		48.14 (24.95)		
71 Kyle Madley 23.00	16	Somerset Hills YMCA	48.30	48.15
		48.15 (25.15)		
72 Eddy Lynk 23.29	17	Edwardsville YMCA	48.08	48.18
		48.18 (24.89)		
73 Joseph Ward 22.71	18	Greater Johnstown Community	48.78	48.24
		48.24 (25.53)		
74 Jack Thomas 23.05	18	West Morris YMCA	47.93	48.28
		48.28 (25.23)		
*75 Doug McCan 23.38	16	Boise YMCA	47.59	48.37
		48.37 (24.99)		
*75 Ryan Reynolds 23.13	17	Birmingham Family YMCA	47.18	48.37
		48.37 (25.24)		
77 Brendan Kerins 23.25	17	Catonsville MD YMCA	48.63	48.38
		48.38 (25.13)		
78 Matt Duffy 23.33	17	Boyertown Area YMCA	47.72	48.40
		48.40 (25.07)		
79 James Ross 23.01	15	Somerset Hills YMCA	48.34	48.41
		48.41 (25.40)		
80 Josh Fleagle 22.92	15	Auglaize-Mercer Counties YMCA	48.07	48.42
		48.42 (25.50)		
81 Emmanuel Arias 23.28	16	Orlando YMCA	48.20	48.44
		48.44 (25.16)		
82 Michael Hagensick 22.71	18	La Crosse Area Family YMCA	47.96	48.53
		48.53 (25.82)		
83 Nathan Reed 23.45	17	Upper Main Line YMCA	47.76	48.54
		48.54 (25.09)		
84 Michael Murphy 22.77	17	Powel Crosley Jr. YMCA	47.32	48.58
		48.58 (25.81)		
85 David Wilson 22.90	18	Somerset Valley YMCA	47.24	48.59
		48.59 (25.69)		
86 Mason Monheim 22.91	16	Orrville Ohio YMCA	48.63	48.63
		48.63 (25.72)		
*87 Jeffrey Rowe 22.87	17	Riverfront Branch YMCA	48.21	48.65
		48.65 (25.78)		
*87 Ryan Goggans 23.34	18	Fox Cities YMCA	47.99	48.65
		48.65 (25.31)		
89 Nick Spaniel 23.07	16	Greater Burlington YMCA	48.87	48.68
		48.68 (25.61)		
*90 Joe Huyett 22.81	17	Reading and Berks County YMCA	48.02	48.74
		48.74 (25.93)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
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**Results**

**Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*90	Jack Lorentzen	16	Westfield YMCA	48.41	48.74
	23.39		48.74 (25.35)		
92	JB Stahl	17	Tuscarawas County YMCA	48.89	48.75
	23.34		48.75 (25.41)		
*93	Will Brown	16	Fanwood-Scotch Plains YMCA	48.05	48.76
	23.32		48.76 (25.44)		
*93	Jimmy Coleman	18	Burlington County YMCA	48.28	48.76
	23.13		48.76 (25.63)		
*93	Devon Byrt	17	Saratoga Springs YMCA	47.79	48.76
	23.26		48.76 (25.50)		
*96	Brian Barr	16	Somerset Valley YMCA	56.23L	48.79
	23.39		48.79 (25.40)		
*96	Tim Bradley	17	Sarasota Family YMCA, Inc	47.88	48.79
	23.30		48.79 (25.49)		
98	Charles Prestigiacomio	16	Schroeder YMCA	48.56	48.83
	23.33		48.83 (25.50)		
*99	Matt McKee	18	Countryside Ralph Stolle YMCA.	48.76	48.91
	22.69		48.91 (26.22)		
*99	Christophe Vandervest	18	Green Bay YMCA Metro	48.37	48.91
	23.45		48.91 (25.46)		
*99	Ben Tillar	16	South Family YMCA-Kettering	48.37	48.91
	23.09		48.91 (25.82)		
*102	Andrew Miller	16	Lebanon Valley Family YMCA	47.83	48.92
	23.10		48.92 (25.82)		
*102	Brian Brennan	17	North Shore (Sterling) MA YMCA	48.91	48.92
	23.94		48.92 (24.98)		
*104	Ryley Pearson	17	Skagit Valley Family YMCA	48.64	48.93
	22.99		48.93 (25.94)		
*104	Jake Schneider	18	Madison West YMCA	48.01	48.93
	23.05		48.93 (25.88)		
*104	Mufaddal Kadibhai	17	Sarasota Family YMCA, Inc	48.84	48.93
	24.00		48.93 (24.93)		
*107	Aaron Shields	17	Macomb Family YMCA	47.89	48.94
	23.51		48.94 (25.43)		
*107	Derek Smith	17	Boise YMCA	48.40	48.94
	23.77		48.94 (25.17)		
*109	Dylan Coggin	18	Brandywine -DE YMCA	47.95	48.96
	23.07		48.96 (25.89)		
*109	Kevin Kelley	18	Burlington County YMCA	48.73	48.96
	23.44		48.96 (25.52)		
111	David White	17	Hunterdon County YMCA	48.76	49.00
	23.27		49.00 (25.73)		
112	Aaron Pomeroy	15	Madison East YMCA	49.10	49.01
	23.04		49.01 (25.97)		
113	Gregory Kogut	16	Anne Arundel County YMCA	49.08	49.05
	23.66		49.05 (25.39)		
114	Ryan Kauth	16	Western Monmouth Co. YMCA	48.84	49.06
	23.95		49.06 (25.11)		
*115	Will Schlosser	17	Upper Main Line YMCA	48.95	49.09
	23.40		49.09 (25.69)		
*115	Aaren Marecki	16	Farmington Family YMCA	47.73	49.09
	23.33		49.09 (25.76)		

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**Results**

**Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
117	Ryan Bacci	16	Flushing YMCA	48.83	49.11
	23.58	49.11	(25.53)		
118	Jack Forese	16	New Canaan Community YMCA	48.51	49.16
	23.27	49.16	(25.89)		
119	Tyler Szarko	18	Catonsville MD YMCA	48.63	49.23
	23.59	49.23	(25.64)		
*120	Ian Carbone	17	Mount Desert Island YMCA	48.99	49.24
	23.66	49.24	(25.58)		
*120	Pat Dierker	15	Powel Crosley Jr. YMCA	48.29	49.24
	23.72	49.24	(25.52)		
122	Jake Miller	17	Hilliard YMCA	48.37	49.25
	22.84	49.25	(26.41)		
123	Ricky Agresta	16	Brandywine -DE YMCA	47.56	49.26
	23.19	49.26	(26.07)		
124	Andrew Weber	16	Red Bank Branch	48.54	49.28
	23.28	49.28	(26.00)		
125	James Foust	18	Madison West YMCA	47.77	49.31
	23.61	49.31	(25.70)		
126	Ben Drexler	17	Camp-Hay-Went-Ha YMCA	48.64	49.33
	23.29	49.33	(26.04)		
127	Robby Spichiger	18	The Licking County Family YMC	48.60	49.34
	23.23	49.34	(26.11)		
128	Wayde Marsh	18	Central Delaware YMCA	48.17	49.39
	23.45	49.39	(25.94)		
129	Jordan Stillman	17	Lakeland Hills Family YMCA	48.46	49.40
	23.14	49.40	(26.26)		
130	Alex Corbett	16	Boyertown Area YMCA	48.62	49.45
	23.63	49.45	(25.82)		
131	Nik Lumkong	18	West Morris YMCA	48.13	49.48
	23.22	49.48	(26.26)		
132	Greg Hameister	14	Oshkosh Community YMCA	48.58	49.51
	23.55	49.51	(25.96)		
133	John Quagliariello	15	Ridley Area YMCA	48.85	49.56
	24.04	49.56	(25.52)		
*134	Isaac Loegering	14	Red River Valley YMCA	48.91	49.57
	23.58	49.57	(25.99)		
*134	Kenny Kim	17	Flushing YMCA	49.02	49.57
	23.42	49.57	(26.15)		
*136	Seth Dippold	17	Ridgway YMCA	47.46	49.61
	23.47	49.61	(26.14)		
*136	Luke Fiore	17	Cheshire YMCA	47.68	49.61
	23.84	49.61	(25.77)		
138	Tyler Tadian	17	South Oakland Family YMCA	48.87	49.62
	23.80	49.62	(25.82)		
139	Tyler Essary	16	Prattville YMCA	48.44	49.67
	23.66	49.67	(26.01)		
*140	Jamie Barnard	20	South Eastern Coastline Branch	49.01	49.68
	24.00	49.68	(25.68)		
*140	JV Kracke	18	Western Monmouth Co. YMCA	49.04	49.68
	24.00	49.68	(25.68)		
142	Jimmy Ryan	15	Upper Main Line YMCA	49.15	49.69
	23.97	49.69	(25.72)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*143	Steven Spieker	18	Franklin/Grove City YMCA	48.78	49.72
	23.77				49.72 (25.95)
*143	Jeffrey Mead	16	Columbia Northwest Family YMC	49.14	49.72
	23.73				49.72 (25.99)
*143	Brendan Lacey	16	Laurel Highlands Regional YMCA	48.99	49.72
	23.85				49.72 (25.87)
146	Patrick Inness	18	Knox County YMCA	48.64	49.73
	23.74				49.73 (25.99)
147	Josh Johnson	17	Ashland Area YMCA	48.79	49.74
	23.85				49.74 (25.89)
148	Frank Bozzi	15	Lakeland Hills Family YMCA	48.95	49.76
	23.66				49.76 (26.10)
149	Nate Oropollo	18	Ridley Area YMCA	49.17	49.78
	23.93				49.78 (25.85)
150	Nick Mink	18	Beavercreek Branch YMCA	48.79	49.79
	23.77				49.79 (26.02)
151	Tim Cutler	17	Chippewa Valley Family YMCA	49.10	49.81
	23.82				49.81 (25.99)
152	Cole Hogg	14	Greater Manchester YMCA	48.53	49.83
	23.80				49.83 (26.03)
153	Greg Pristov	18	Lake County East End YMCA	48.75	49.85
	23.64				49.85 (26.21)
154	Tyler Long	17	Sunbury Branch YMCA	49.19	49.87
	24.04				49.87 (25.83)
155	Alexander Habursky	17	Eastside Family Branch YMCA	49.02	49.89
	24.03				49.89 (25.86)
156	Tim Martin-Toussaint	16	New Rochelle YMCA	49.17	49.91
	24.17				49.91 (25.74)
157	Andrew Sumnicht	17	Green Bay YMCA Metro	49.08	49.95
	24.16				49.95 (25.79)
158	Zachary Eller	17	Central/North Westchester NY Y	48.75	49.98
	23.50				49.98 (26.48)
*159	Tyler Paulsen	18	The Licking County Family YMC	47.66	50.00
	23.08				50.00 (26.92)
*159	David Woodford	16	Riverfront Branch YMCA	49.06	50.00
	23.98				50.00 (26.02)
161	David Paccapaniccia	17	Indiana County YMCA	47.62	50.05
	23.55				50.05 (26.50)
162	Daly Brower	17	Greensboro YMCA	48.95	50.08
	23.92				50.08 (26.16)
163	Andrew Urban	18	Ambler Area Branch YMCA	48.60	50.11
	23.87				50.11 (26.24)
164	Brian Mong	17	Franklin/Grove City YMCA	48.71	50.22
	24.40				50.22 (25.82)
165	Logan Hammerstein	16	Great Miami Valley Ohio YMCA	48.54	50.26
	24.23				50.26 (26.03)
166	JB Easley	18	M.E. Lyons (Anderson) YMCA	48.84	50.35
	24.43				50.35 (25.92)
167	Jon Harre	17	Fayette County Family YMCA	49.15	50.63
	24.17				50.63 (26.46)
168	Greg Fennell	16	Summit Branch YMCA	48.90	50.65
	24.12				50.65 (26.53)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
169 Kevin Bals	17	Michiana YMCA	49.02	50.71
24.15	50.71	(26.56)		
170 Eric Nagel	18	Bismarck YMCA	47.99	50.81
23.82	50.81	(26.99)		
171 Thomas Johnson	18	Bismarck YMCA	48.83	51.18
24.04	51.18	(27.14)		

**Men 200 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Matthew Vanbiervliet	15	Somerset Valley YMCA	1:46.81	1:46.51
24.45	51.10	(26.65)	1:18.97 (27.87)	1:46.51 (27.54)
2 Kyle Disney-Huss	17	Triangle Area YMCA	1:46.54	1:46.54
24.68	51.37	(26.69)	1:19.00 (27.63)	1:46.54 (27.54)
3 JC Logan	16	Ridley Area YMCA	1:48.02	1:46.70
24.53	51.45	(26.92)	1:18.76 (27.31)	1:46.70 (27.94)
4 Tyler Rauth	16	Upper Main Line YMCA	1:48.36	1:47.03
25.01	51.84	(26.83)	1:19.75 (27.91)	1:47.03 (27.28)
5 JR Creekmore	16	Brandywine -DE YMCA	1:46.03	1:47.12
24.84	52.08	(27.24)	1:19.69 (27.61)	1:47.12 (27.43)
6 Kyle Madley	16	Somerset Hills YMCA	NT	1:47.22
24.57	51.55	(26.98)	1:19.32 (27.77)	1:47.22 (27.90)
7 Kevin Morlock	18	Harford County Family YMCA	1:48.56	1:47.25
24.90	52.25	(27.35)	1:20.29 (28.04)	1:47.25 (26.96)
8 JB Easley	18	M.E. Lyons (Anderson) YMCA	1:47.34	1:47.31
24.96	51.99	(27.03)	1:20.01 (28.02)	1:47.31 (27.30)
9 Wayde Marsh	18	Central Delaware YMCA	1:47.65	1:47.34
24.24	51.22	(26.98)	1:19.30 (28.08)	1:47.34 (28.04)
10 JV Kracke	18	Western Monmouth Co. YMCA	1:49.24	1:47.81
25.12	52.30	(27.18)	1:19.90 (27.60)	1:47.81 (27.91)
11 Andrew Sumnicht	17	Green Bay YMCA Metro	1:47.63	1:47.84
25.24	52.56	(27.32)	1:20.32 (27.76)	1:47.84 (27.52)
12 Daniel Hellman	16	Red Bank Branch	1:50.03	1:48.07
24.51	51.24	(26.73)	1:19.48 (28.24)	1:48.07 (28.59)
13 Tyler Essary	16	Prattville YMCA	1:49.53	1:48.09
24.73	52.12	(27.39)	1:19.89 (27.77)	1:48.09 (28.20)
14 Elliott Batchelder	15	B.R. Ryall (Northwestern Dupag	1:48.66	1:48.21
25.04	52.77	(27.73)	1:20.77 (28.00)	1:48.21 (27.44)
15 Isaac Breen-Franklin	16	Anne Arundel County YMCA	1:48.17	1:48.48
24.89	52.13	(27.24)	1:20.69 (28.56)	1:48.48 (27.79)
16 Andrew Weber	16	Red Bank Branch	1:48.30	1:48.54
24.40	51.02	(26.62)	1:19.00 (27.98)	1:48.54 (29.54)
17 Josh Fleagle	15	Auglaize-Mercer Counties YMCA	1:48.74	1:48.65
24.73	52.35	(27.62)	1:21.52 (29.17)	1:48.65 (27.13)
18 Kenny Savage	16	Somerset Hills YMCA	1:49.24	1:48.72
25.08	52.57	(27.49)	1:20.67 (28.10)	1:48.72 (28.05)
19 Sean Johnson	16	Somerset Valley YMCA	1:50.76	1:48.74
25.10	52.54	(27.44)	1:20.95 (28.41)	1:48.74 (27.79)
20 Brendan Lacey	16	Laurel Highlands Regional YMCA	1:47.76	1:48.83
25.10	52.89	(27.79)	1:20.57 (27.68)	1:48.83 (28.26)
21 Craig Lupa	18	Hamilton Area NJ YMCA	1:49.93	1:48.89
25.37	53.23	(27.86)	1:21.57 (28.34)	1:48.89 (27.32)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
22	Sean Dunne	14	Red Bank Branch	1:48.75	1:48.95
	25.18	53.32 (28.14)	1:21.43 (28.11)	1:48.95 (27.52)	
23	Chad Thompson	16	Kishwaukee Family YMCA	1:50.83	1:49.00
	24.67	51.87 (27.20)	1:20.19 (28.32)	1:49.00 (28.81)	
24	Alexander Habursky	17	Eastside Family Branch YMCA	1:50.34	1:49.02
	25.47	53.30 (27.83)	1:21.95 (28.65)	1:49.02 (27.07)	
25	Charles Wu	16	Red Bank Branch	1:49.18	1:49.15
	24.99	52.68 (27.69)	1:20.69 (28.01)	1:49.15 (28.46)	
26	Harry Hamiter	14	M.E. Lyons (Anderson) YMCA	1:48.30	1:49.17
	24.67	52.06 (27.39)	1:20.91 (28.85)	1:49.17 (28.26)	
27	Patrick Malone	17	Riverfront Branch YMCA	1:49.80	1:49.18
	24.93	52.41 (27.48)	1:20.59 (28.18)	1:49.18 (28.59)	
28	Tyler Dietter	15	Downtown Youth Center YMCA	1:49.55	1:49.23
	25.94	53.19 (27.25)	1:21.66 (28.47)	1:49.23 (27.57)	
29	Stephen O'Neill	16	Western Monmouth Co. YMCA	1:49.90	1:49.28
	24.88	51.86 (26.98)	1:19.88 (28.02)	1:49.28 (29.40)	
30	Josh Dugan	18	Waynesboro Family YMCA	1:51.58	1:49.30
	25.67	54.18 (28.51)	1:22.03 (27.85)	1:49.30 (27.27)	
31	Dennis Hall-App	15	Montclair YMCA	1:49.64	1:49.54
	24.94	52.07 (27.13)	1:20.64 (28.57)	1:49.54 (28.90)	
32	Jack Edwards	16	Birmingham Family YMCA	1:54.00	1:49.64
	25.70	53.17 (27.47)	1:21.45 (28.28)	1:49.64 (28.19)	
33	Alex Kron	17	Cheshire YMCA	1:49.51	1:49.93
	25.15	52.54 (27.39)	1:21.11 (28.57)	1:49.93 (28.82)	
34	Peter Bihl	17	Waynesboro Family YMCA	1:49.10	1:49.99
	25.76	54.45 (28.69)	1:22.37 (27.92)	1:49.99 (27.62)	
35	Chris Nunez	16	Ridgewood NJ YMCA	1:49.06	1:50.03
	25.39	53.15 (27.76)	1:21.83 (28.68)	1:50.03 (28.20)	
36	Frank Gremaud	14	Edwardsville YMCA	1:49.25	1:50.07
	25.84	53.72 (27.88)	1:22.20 (28.48)	1:50.07 (27.87)	
37	Kevin Welsh	16	Hamilton Area NJ YMCA	1:51.08	1:50.08
	24.55	52.22 (27.67)	1:21.43 (29.21)	1:50.08 (28.65)	
38	Philip Murphy	16	Greater Holyoke YMCA	1:48.74	1:50.14
	25.19	53.03 (27.84)	1:21.62 (28.59)	1:50.14 (28.52)	
39	Jordan Lingo	16	Central Delaware YMCA	1:49.39	1:50.15
	25.76	53.69 (27.93)	1:22.23 (28.54)	1:50.15 (27.92)	
40	Jonathan Keim	16	Mid-Delmarva Family YMCA	1:50.98	1:50.23
	25.07	52.67 (27.60)	1:21.42 (28.75)	1:50.23 (28.81)	
41	Ben Drexler	17	Camp-Hay-Went-Ha YMCA	1:48.01	1:50.24
	24.56	51.95 (27.39)	1:21.08 (29.13)	1:50.24 (29.16)	
42	Brian Wilson	15	Harford County Family YMCA	1:53.48	1:50.36
	25.54	53.68 (28.14)	1:21.91 (28.23)	1:50.36 (28.45)	
43	Dann Williams	17	Ridley Area YMCA	1:52.05	1:50.64
	25.23	53.56 (28.33)	1:22.42 (28.86)	1:50.64 (28.22)	
44	James Foust	18	Madison West YMCA	1:47.24	1:50.79
	25.77	53.50 (27.73)	1:21.95 (28.45)	1:50.79 (28.84)	
45	Zack Haney	16	Sunbury Branch YMCA	1:48.93	1:50.83
	25.61	53.87 (28.26)	1:22.70 (28.83)	1:50.83 (28.13)	
46	Andrew Smith	18	Somerset Hills YMCA	1:48.74	1:50.90
	24.52	51.98 (27.46)	1:21.60 (29.62)	1:50.90 (29.30)	
47	Cory Bacon	15	Westport/Weston CT YMCA	1:49.17	1:51.13
	25.03	53.39 (28.36)	1:22.71 (29.32)	1:51.13 (28.42)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
48	Brian Strathmeyer	18	York And York County YMCA	1:49.19	1:51.23
	26.29	54.59 (28.30)	1:23.49 (28.90)	1:51.23 (27.74)	
49	Joseph Ward	18	Greater Johnstown Community	1:52.42	1:51.30
	24.94	53.04 (28.10)	1:22.15 (29.11)	1:51.30 (29.15)	
50	Scott Taylor	17	Western Branch YMCA	1:49.06	1:51.31
	25.34	53.06 (27.72)	1:21.26 (28.20)	1:51.31 (30.05)	
51	Alex Keller	14	Fayette County Family YMCA	1:49.47	1:51.36
	25.28	53.53 (28.25)	1:22.72 (29.19)	1:51.36 (28.64)	
52	Brian Giacobelli	18	Somerset Valley YMCA	1:49.12	1:51.43
	24.79	53.08 (28.29)	1:22.43 (29.35)	1:51.43 (29.00)	
53	Jeremy Wilson	17	Harrison Area YMCA	1:51.43	1:51.46
	25.49	53.99 (28.50)	1:23.62 (29.63)	1:51.46 (27.84)	
54	Henry Cohen	16	Lakeland Hills Family YMCA	1:55.03	1:51.52
	25.32	53.64 (28.32)	1:22.73 (29.09)	1:51.52 (28.79)	
55	Nic Graesser	15	Upper Main Line YMCA	1:55.70	1:51.62
	26.54	54.66 (28.12)	1:23.34 (28.68)	1:51.62 (28.28)	
56	Alex Fox	14	Winston Salem YMCA	1:50.48	1:51.64
	25.72	53.54 (27.82)	1:22.62 (29.08)	1:51.64 (29.02)	
57	Nolan Silbernagel	16	Lakeland Hills Family YMCA	1:55.32	1:51.68
	25.76	53.65 (27.89)	1:22.85 (29.20)	1:51.68 (28.83)	
58	Jeremy Chaudet	18	Somerset Valley YMCA	1:52.70	1:51.81
	25.24	53.64 (28.40)	1:22.83 (29.19)	1:51.81 (28.98)	
59	Tommy Wolinski	15	Montclair YMCA	1:49.84	1:51.83
	25.55	53.63 (28.08)	1:23.05 (29.42)	1:51.83 (28.78)	
60	Eric Nagel	18	Bismarck YMCA	1:48.80	1:51.85
	25.10	53.47 (28.37)	1:22.47 (29.00)	1:51.85 (29.38)	
61	Joseph Connors	16	Red Bank Branch	1:49.35	1:52.19
	25.12	53.74 (28.62)	1:23.04 (29.30)	1:52.19 (29.15)	
62	Connor McColligan	16	Red Bank Branch	1:57.21	1:52.24
	25.51	53.94 (28.43)	1:23.28 (29.34)	1:52.24 (28.96)	
63	Taylor Cole	17	Sunbury Branch YMCA	1:47.62	1:52.25
	25.69	53.58 (27.89)	1:22.74 (29.16)	1:52.25 (29.51)	
64	Matthew Lollis	16	Rock Hill Area YMCA	1:51.13	1:52.34
	26.62	54.85 (28.23)	1:23.88 (29.03)	1:52.34 (28.46)	
65	Chris Pitler	17	Tri-Hampton Family Branch YMC	1:54.12	1:52.47
	25.46	53.61 (28.15)	1:22.92 (29.31)	1:52.47 (29.55)	
66	Alex Dropo	17	Cape Cod YMCA	1:51.38	1:52.61
	25.09	52.74 (27.65)	1:21.89 (29.15)	1:52.61 (30.72)	
67	Jake Fahrenkrog	18	Eau Claire Wisconsin YMCA	1:52.00	1:52.65
	25.35	53.78 (28.43)	1:23.12 (29.34)	1:52.65 (29.53)	
68	David Yazbeck	17	South Shore Mill Pond YMCA	1:51.92	1:52.73
	24.87	53.22 (28.35)	1:22.95 (29.73)	1:52.73 (29.78)	
69	Greg Fennell	16	Summit Branch YMCA	1:52.00	1:52.82
	25.45	53.28 (27.83)	1:22.73 (29.45)	1:52.82 (30.09)	
70	Alexander Bauer	15	Pottstown YMCA	1:54.83	1:53.43
	25.72	53.58 (27.86)	1:23.22 (29.64)	1:53.43 (30.21)	
71	Michael Rokosny	15	Pottstown YMCA	1:54.78	1:53.57
	26.16	55.48 (29.32)	1:24.12 (28.64)	1:53.57 (29.45)	
*72	Isaac Loegering	14	Red River Valley YMCA	1:52.00	1:53.83
	25.82	54.00 (28.18)	1:23.76 (29.76)	1:53.83 (30.07)	
*72	Adam Hagensick	16	La Crosse Area Family YMCA	1:51.00	1:53.83
	25.15	53.10 (27.95)	1:23.01 (29.91)	1:53.83 (30.82)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Freestyle Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
74	Connor O'Prey	15	Ridley Area YMCA	1:57.07	1:55.31
	25.86	55.20 (29.34)	1:25.74 (30.54)	1:55.31 (29.57)	
75	Adrian Alexander	16	Laurel Highlands Regional YMCA	1:54.66	1:55.36
	26.69	56.01 (29.32)	1:25.96 (29.95)	1:55.36 (29.40)	
76	Thomas Rinaldi	15	Somerset Valley YMCA	1:52.71	1:55.50
	25.60	54.77 (29.17)	1:25.23 (30.46)	1:55.50 (30.27)	
77	Jonathan Werner	17	Bismarck YMCA	1:53.99	1:55.97
	25.86	55.34 (29.48)	1:25.87 (30.53)	1:55.97 (30.10)	
78	Jeff Sloan	17	Tri-Hampton Family Branch YMC	1:58.87	1:56.41
	26.90	56.15 (29.25)	1:26.32 (30.17)	1:56.41 (30.09)	
79	Ray Ward	16	Greater Johnstown Community	1:58.72	1:56.56
	25.76	55.19 (29.43)	1:26.01 (30.82)	1:56.56 (30.55)	
80	James Walker	18	Brandywine YMCA -PA	1:55.13	1:57.43
	26.02	56.58 (30.56)	1:27.76 (31.18)	1:57.43 (29.67)	
81	Thomas Johnson	18	Bismarck YMCA	1:54.00	1:58.42
	25.94	55.54 (29.60)	1:27.14 (31.60)	1:58.42 (31.28)	
82	Walter Bakun	18	Lakeland Hills Family YMCA	1:55.93	2:02.52
	24.23	52.62 (28.39)	1:26.23 (33.61)	2:02.52 (36.29)	
---	Matt Kendall	16	Somerset Valley YMCA	1:47.04	NS
---	Brian Barr	16	Somerset Valley YMCA	1:44.71	NS
---	Jake Schneider	18	Madison West YMCA	1:50.37	NS
---	Alex Kosenski	19	Ocean County YMCA	1:46.03	NS
---	Sam Nowack	18	Northern Middlesex County YMC	1:55.00	NS

**Men 200 Yard Freestyle Swimming Competition**National: **1:36.42** \* 2001

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Woody Joye	17	Montgomery -East Branch YMCA	1:38.77	1:36.65
	22.15	46.42 (24.27)	1:11.81 (25.39)	1:36.65 (24.84)	
2	Tim Phillips	18	Marietta YMCA	1:39.41	1:38.09
	22.49	47.33 (24.84)	1:12.79 (25.46)	1:38.09 (25.30)	
3	Patrick Ceddia	17	Sarasota Family YMCA, Inc	1:40.76	1:39.25
	23.40	48.74 (25.34)	1:14.29 (25.55)	1:39.25 (24.96)	
4	Andrew Grinalds	17	Westport/Weston CT YMCA	1:38.28	1:39.29
	22.33	46.86 (24.53)	1:13.25 (26.39)	1:39.29 (26.04)	
5	Mitchell Friedemann	16	Schroeder YMCA	1:39.59	1:39.53
	22.75	47.88 (25.13)	1:13.77 (25.89)	1:39.53 (25.76)	
6	Dustin Folio	18	Sunbury Branch YMCA	1:40.25	1:39.57
	22.73	47.90 (25.17)	1:13.84 (25.94)	1:39.57 (25.73)	
7	Matt Salig	17	Lionville Community YMCA	1:40.29	1:39.90
	23.33	48.39 (25.06)	1:14.15 (25.76)	1:39.90 (25.75)	
8	Luke Bushman	18	Green Bay YMCA Metro	1:40.58	1:42.03
	23.08	48.43 (25.35)	1:14.88 (26.45)	1:42.03 (27.15)	
<b>B - Final</b>					
9	Jack Pretto	17	Cheshire YMCA	1:41.49	1:40.02
	22.88	48.32 (25.44)	1:14.19 (25.87)	1:40.02 (25.83)	
10	Ethan Griffel	17	Idaho Falls YMCA	1:41.24	1:40.31
	24.01	48.84 (24.83)	1:14.71 (25.87)	1:40.31 (25.60)	
11	Alex Fitton	18	Red Bank Branch	1:42.04	1:40.71
	23.33	48.80 (25.47)	1:14.76 (25.96)	1:40.71 (25.95)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 200 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
12 Matt Taylor	17	Triangle Area YMCA	1:41.01	1:40.94
23.37	48.72 (25.35)	1:14.69 (25.97)	1:40.94 (26.25)	
13 Jordan Hartman	17	Boyertown Area YMCA	1:41.94	1:41.22
23.81	49.71 (25.90)	1:15.25 (25.54)	1:41.22 (25.97)	
14 Michael McElduff	16	Lakeland Hills Family YMCA	1:41.99	1:41.87
23.45	49.27 (25.82)	1:15.61 (26.34)	1:41.87 (26.26)	
15 Paul Hunter	17	Andover/North Andover YMCA	1:41.32	1:43.20
23.01	49.09 (26.08)	1:15.99 (26.90)	1:43.20 (27.21)	
16 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	1:41.83	1:44.82
23.23	49.57 (26.34)	1:17.05 (27.48)	1:44.82 (27.77)	

**C - Final**

17 John Hauser	16	Pottstown YMCA	1:42.14	1:41.57
23.18	49.30 (26.12)	1:15.87 (26.57)	1:41.57 (25.70)	
18 Nathan Reed	17	Upper Main Line YMCA	1:42.23	1:41.59
24.27	50.47 (26.20)	1:16.71 (26.24)	1:41.59 (24.88)	
19 Tom McKee	16	Brandywine -DE YMCA	1:42.54	1:41.70
23.83	49.71 (25.88)	1:15.88 (26.17)	1:41.70 (25.82)	
20 Ubaldo Zavaleta	18	Phoenixville Branch YMCA	1:42.19	1:42.06
23.83	49.88 (26.05)	1:16.04 (26.16)	1:42.06 (26.02)	
21 Steven Gasparini	16	West Shore YMCA	1:42.46	1:42.53
23.59	49.68 (26.09)	1:16.12 (26.44)	1:42.53 (26.41)	
22 Carter Watson	16	Lynchburg YMCA	1:42.06	1:43.79
23.86	50.02 (26.16)	1:16.88 (26.86)	1:43.79 (26.91)	
23 Coleman Allen	16	Spokane YMCA	1:42.34	1:44.08
24.13	50.30 (26.17)	1:17.03 (26.73)	1:44.08 (27.05)	
24 Kirt Davis	16	Sarasota Family YMCA, Inc	1:42.17	1:44.39
24.28	50.12 (25.84)	1:17.02 (26.90)	1:44.39 (27.37)	

**Men 200 Yard Freestyle Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Andrew Grinalds	17	Westport/Weston CT YMCA	1:39.91	1:38.28
22.66	47.02 (24.36)	1:12.53 (25.51)	1:38.28 (25.75)	
2 Woody Joye	17	Montgomery -East Branch YMCA	1:38.39	1:38.77
22.57	47.21 (24.64)	1:13.05 (25.84)	1:38.77 (25.72)	
3 Tim Phillips	18	Marietta YMCA	1:38.98	1:39.41
22.90	47.95 (25.05)	1:13.58 (25.63)	1:39.41 (25.83)	
4 Mitchell Friedemann	16	Schroeder YMCA	1:38.76	1:39.59
22.98	48.21 (25.23)	1:13.93 (25.72)	1:39.59 (25.66)	
5 Dustin Folio	18	Sunbury Branch YMCA	1:38.43	1:40.25
22.77	48.04 (25.27)	1:14.18 (26.14)	1:40.25 (26.07)	
6 Matt Salig	17	Lionville Community YMCA	1:40.01	1:40.29
23.38	48.74 (25.36)	1:14.37 (25.63)	1:40.29 (25.92)	
7 Luke Bushman	18	Green Bay YMCA Metro	1:39.86	1:40.58
22.96	48.16 (25.20)	1:14.14 (25.98)	1:40.58 (26.44)	
8 Patrick Ceddia	17	Sarasota Family YMCA, Inc	1:37.86	1:40.76
23.18	48.35 (25.17)	1:14.45 (26.10)	1:40.76 (26.31)	
9 Matt Taylor	17	Triangle Area YMCA	1:41.51	1:41.01
23.62	49.02 (25.40)	1:14.93 (25.91)	1:41.01 (26.08)	
10 Ethan Griffel	17	Idaho Falls YMCA	1:42.82	1:41.24
24.52	50.23 (25.71)	1:15.91 (25.68)	1:41.24 (25.33)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
11	Paul Hunter	17	Andover/North Andover YMCA	1:42.50	1:41.32
	23.16	48.50 (25.34)	1:14.87 (26.37)	1:41.32 (26.45)	
12	Jack Pretto	17	Cheshire YMCA	1:41.26	1:41.49
	23.39	49.37 (25.98)	1:15.50 (26.13)	1:41.49 (25.99)	
13	Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	1:40.90	1:41.83
	23.42	49.05 (25.63)	1:15.29 (26.24)	1:41.83 (26.54)	
14	Jordan Hartman	17	Boyertown Area YMCA	1:40.79	1:41.94
	24.18	50.44 (26.26)	1:16.40 (25.96)	1:41.94 (25.54)	
15	Michael McElduff	16	Lakeland Hills Family YMCA	1:43.16	1:41.99
	23.53	49.32 (25.79)	1:15.81 (26.49)	1:41.99 (26.18)	
16	Alex Fitton	18	Red Bank Branch	1:40.76	1:42.04
	23.44	49.12 (25.68)	1:15.39 (26.27)	1:42.04 (26.65)	
17	Carter Watson	16	Lynchburg YMCA	1:43.66	1:42.06
	23.28	48.59 (25.31)	1:15.24 (26.65)	1:42.06 (26.82)	
18	John Hauser	16	Pottstown YMCA	1:41.86	1:42.14
	23.26	49.37 (26.11)	1:15.82 (26.45)	1:42.14 (26.32)	
19	Kirt Davis	16	Sarasota Family YMCA, Inc	1:41.59	1:42.17
	24.29	50.17 (25.88)	1:16.00 (25.83)	1:42.17 (26.17)	
20	Ubaldo Zavaleta	18	Phoenixville Branch YMCA	1:44.65	1:42.19
	23.71	49.66 (25.95)	1:16.00 (26.34)	1:42.19 (26.19)	
21	Nathan Reed	17	Upper Main Line YMCA	1:42.51	1:42.23
	23.86	49.34 (25.48)	1:15.90 (26.56)	1:42.23 (26.33)	
22	Matt Meserole	17	Westfield YMCA	1:43.42	1:42.24
	23.78	49.77 (25.99)	1:15.93 (26.16)	1:42.24 (26.31)	
23	Coleman Allen	16	Spokane YMCA	1:41.89	1:42.34
	23.59	49.42 (25.83)	1:15.89 (26.47)	1:42.34 (26.45)	
24	Steven Gasparini	16	West Shore YMCA	1:42.70	1:42.46
	23.06	48.61 (25.55)	1:15.15 (26.54)	1:42.46 (27.31)	
25	Tom McKee	16	Brandywine -DE YMCA	1:42.08	1:42.54
	23.81	49.87 (26.06)	1:16.43 (26.56)	1:42.54 (26.11)	
26	Andrew Slater	17	Lancaster & Fairfield YMCA	1:43.40	1:42.58
	24.23	50.38 (26.15)	1:16.61 (26.23)	1:42.58 (25.97)	
27	Garrett Snipes	17	Middle Tyger YMCA	1:45.14	1:42.69
	23.54	49.63 (26.09)	1:16.72 (27.09)	1:42.69 (25.97)	
28	Brian Molloy	17	Ocean County YMCA	1:42.28	1:42.76
	24.14	50.14 (26.00)	1:16.29 (26.15)	1:42.76 (26.47)	
29	Brian Sivak	18	B.R. Ryall (Northwestern Dupag	1:42.02	1:42.85
	23.72	49.45 (25.73)	1:15.80 (26.35)	1:42.85 (27.05)	
30	Robert Parker	17	Somerset Valley YMCA	1:41.12	1:42.90
	23.17	48.96 (25.79)	1:15.87 (26.91)	1:42.90 (27.03)	
31	Jake Reynolds	18	Montgomery -East Branch YMCA	1:43.08	1:42.95
	23.37	48.91 (25.54)	1:15.52 (26.61)	1:42.95 (27.43)	
32	Jay Margherio	18	New Canaan Community YMCA	1:42.60	1:43.16
	23.73	49.40 (25.67)	1:16.19 (26.79)	1:43.16 (26.97)	
33	Jared Lang	17	Hunterdon County YMCA	1:42.90	1:43.17
	23.27	49.20 (25.93)	1:15.91 (26.71)	1:43.17 (27.26)	
34	Francisco Vital	17	Schroeder YMCA	1:44.09	1:43.30
	24.13	50.26 (26.13)	1:17.01 (26.75)	1:43.30 (26.29)	
*35	Nick Evans	18	North Oakland Family YMCA	1:40.15	1:43.36
	23.57	49.50 (25.93)	1:16.44 (26.94)	1:43.36 (26.92)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 200 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
*35 Alex Benham	18	Triangle Area YMCA	1:44.85	1:43.36
24.22	50.38 (26.16)	1:17.00 (26.62)	1:43.36 (26.36)	
37 Brendan Deveney	18	Wilton Family YMCA	1:43.72	1:43.40
23.90	49.65 (25.75)	1:16.61 (26.96)	1:43.40 (26.79)	
38 John Morton	18	Triangle Area YMCA	1:45.63	1:43.48
24.81	50.82 (26.01)	1:16.74 (25.92)	1:43.48 (26.74)	
39 Sean Brown	18	B.R. Ryall (Northwestern Dupag	1:42.06	1:43.54
24.53	50.42 (25.89)	1:16.69 (26.27)	1:43.54 (26.85)	
40 Tyler Benmark	18	Greater Flint YMCA	1:40.61	1:43.57
23.67	49.31 (25.64)	1:16.13 (26.82)	1:43.57 (27.44)	
41 Yag Yuruker	17	Glens Falls YMCA	1:42.39	1:43.66
23.75	49.64 (25.89)	1:16.36 (26.72)	1:43.66 (27.30)	
42 Thomas Delves	18	B.R. Ryall (Northwestern Dupag	1:43.99	1:43.84
23.45	49.30 (25.85)	1:16.60 (27.30)	1:43.84 (27.24)	
43 Andrew Golankiewicz	17	Wilton Family YMCA	1:43.40	1:43.86
24.03	50.08 (26.05)	1:16.78 (26.70)	1:43.86 (27.08)	
44 Jordan Guttrich	16	Greater Flint YMCA	1:44.88	1:43.97
25.03	51.03 (26.00)	1:17.40 (26.37)	1:43.97 (26.57)	
45 Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	1:43.27	1:43.99
24.03	50.41 (26.38)	1:17.56 (27.15)	1:43.99 (26.43)	
46 Matt Ramey	17	Laurel Highlands Regional YMCA	1:44.29	1:44.60
24.29	50.97 (26.68)	1:17.95 (26.98)	1:44.60 (26.65)	
47 Frank Cuzzola	18	Somerset Valley YMCA	1:44.70	1:44.63
23.51	49.50 (25.99)	1:16.92 (27.42)	1:44.63 (27.71)	
48 Matt Nutter	16	Andover/North Andover YMCA	1:45.01	1:44.65
24.07	50.27 (26.20)	1:17.39 (27.12)	1:44.65 (27.26)	
49 Jonny Kleinhenz	17	Powel Crosley Jr. YMCA	1:41.85	1:44.66
24.08	50.35 (26.27)	1:16.92 (26.57)	1:44.66 (27.74)	
50 Graham Williams	15	Catawba Valley YMCA	1:44.88	1:44.67
24.45	50.86 (26.41)	1:17.83 (26.97)	1:44.67 (26.84)	
51 Connor Maher	16	Downtown Youth Center YMCA	1:42.63	1:44.83
24.56	50.96 (26.40)	1:17.69 (26.73)	1:44.83 (27.14)	
52 Ryan Kauth	16	Western Monmouth Co. YMCA	1:45.61	1:44.90
24.20	50.12 (25.92)	1:17.38 (27.26)	1:44.90 (27.52)	
53 Mark Cox	17	Sarasota Family YMCA, Inc	1:41.55	1:44.91
24.41	50.51 (26.10)	1:17.55 (27.04)	1:44.91 (27.36)	
54 Tyler Greene	16	Greater Flint YMCA	1:44.81	1:44.95
24.80	51.74 (26.94)	1:18.31 (26.57)	1:44.95 (26.64)	
55 Eddy Lynk	17	Edwardsville YMCA	1:45.30	1:44.97
23.98	50.51 (26.53)	1:17.58 (27.07)	1:44.97 (27.39)	
56 Greg Daniele	17	Red Bank Branch	1:40.48	1:45.03
23.72	49.63 (25.91)	1:16.79 (27.16)	1:45.03 (28.24)	
57 Chris Wiederecht	17	Westport/Weston CT YMCA	2:00.27L	1:45.25
23.97	50.52 (26.55)	1:18.01 (27.49)	1:45.25 (27.24)	
58 Carlo Biedenharn	17	Countryside Ralph Stolle YMCA.	1:44.46	1:45.27
24.67	51.19 (26.52)	1:18.53 (27.34)	1:45.27 (26.74)	
59 Tyler Lareau	17	North Shore (Sterling) MA YMCA	1:44.96	1:45.29
23.81	50.08 (26.27)	1:17.67 (27.59)	1:45.29 (27.62)	
60 Brian Brennan	17	North Shore (Sterling) MA YMCA	1:45.62	1:45.35
24.93	51.35 (26.42)	1:18.52 (27.17)	1:45.35 (26.83)	
61 Caleb Williams	14	Lynchburg YMCA	1:46.94	1:45.39
24.73	50.87 (26.14)	1:17.75 (26.88)	1:45.39 (27.64)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
62 Konrad Opuszko	17	Middle Tyger YMCA	1:42.96	1:45.44
24.09	50.46 (26.37)	1:17.72 (27.26)	1:45.44 (27.72)	
63 Michael Krone	19	Blue Ash Branch YMCA	1:42.20	1:45.51
24.75	51.62 (26.87)	1:18.79 (27.17)	1:45.51 (26.72)	
*64 Graham Charlton	17	Schroeder YMCA	1:42.45	1:45.55
24.31	50.44 (26.13)	1:17.68 (27.24)	1:45.55 (27.87)	
*64 Evan Ciecimirski	17	New Canaan Community YMCA	1:43.49	1:45.55
24.10	50.73 (26.63)	1:18.07 (27.34)	1:45.55 (27.48)	
66 Brian Batson	18	Down East Family YMCA	1:44.44	1:45.61
24.47	51.14 (26.67)	1:18.21 (27.07)	1:45.61 (27.40)	
67 Joe Bonk	15	Triangle Area YMCA	1:44.69	1:45.69
23.77	50.03 (26.26)	1:17.91 (27.88)	1:45.69 (27.78)	
68 Dan Napolitano	15	Fanwood-Scotch Plains YMCA	1:46.31	1:45.86
24.74	52.30 (27.56)	1:19.23 (26.93)	1:45.86 (26.63)	
69 Mike Napolitano	15	Fanwood-Scotch Plains YMCA	1:45.85	1:45.99
24.64	51.06 (26.42)	1:18.70 (27.64)	1:45.99 (27.29)	
70 Kemp Pettyjohn	16	Lynchburg YMCA	1:46.75	1:46.04
24.33	50.85 (26.52)	1:17.91 (27.06)	1:46.04 (28.13)	
71 Daniel Schmitz	17	South Family YMCA-Kettering	1:42.48	1:46.06
24.62	51.16 (26.54)	1:18.63 (27.47)	1:46.06 (27.43)	
72 John Quagliariello	15	Ridley Area YMCA	1:44.86	1:46.19
24.37	50.76 (26.39)	1:17.99 (27.23)	1:46.19 (28.20)	
73 Ryan Goggans	18	Fox Cities YMCA	1:43.94	1:46.21
24.74	51.80 (27.06)	1:18.75 (26.95)	1:46.21 (27.46)	
74 Patrick Hagar	17	Catonsville MD YMCA	1:45.35	1:46.22
24.36	50.90 (26.54)	1:18.53 (27.63)	1:46.22 (27.69)	
75 Jordan Ray	18	Spokane YMCA	1:46.67	1:46.24
24.54	51.94 (27.40)	1:19.36 (27.42)	1:46.24 (26.88)	
76 Will Schlosser	17	Upper Main Line YMCA	1:46.65	1:46.27
24.45	51.63 (27.18)	1:18.81 (27.18)	1:46.27 (27.46)	
77 David Gordon	18	Kishwaukee Family YMCA	1:44.31	1:46.30
24.20	50.64 (26.44)	1:18.35 (27.71)	1:46.30 (27.95)	
78 Tanner Lowman	17	Rowan County YMCA	1:44.92	1:46.35
24.55	51.14 (26.59)	1:18.61 (27.47)	1:46.35 (27.74)	
79 Nathan Walters	16	Triangle Area YMCA	1:46.15	1:46.44
24.00	51.01 (27.01)	1:18.89 (27.88)	1:46.44 (27.55)	
*80 Matthew Collins	16	Flushing YMCA	1:46.00	1:46.71
24.59	51.22 (26.63)	1:19.28 (28.06)	1:46.71 (27.43)	
*80 James Ross	15	Somerset Hills YMCA	1:46.72	1:46.71
23.88	50.64 (26.76)	1:18.34 (27.70)	1:46.71 (28.37)	
82 Jimmy Coleman	18	Burlington County YMCA	1:47.00	1:46.91
24.04	50.96 (26.92)	1:18.47 (27.51)	1:46.91 (28.44)	
83 Nick Iwanicki	18	B.R. Ryall (Northwestern Dupag	1:46.95	1:46.92
24.06	51.60 (27.54)	1:19.44 (27.84)	1:46.92 (27.48)	
84 Ryan Hansen	17	Schroeder YMCA	1:40.71	1:47.05
23.35	50.11 (26.76)	1:18.67 (28.56)	1:47.05 (28.38)	
85 Shay Flanagan	18	Clearfield YMCA	1:44.47	1:47.20
24.91	51.49 (26.58)	1:19.19 (27.70)	1:47.20 (28.01)	
86 Sean Monahan	16	M.E. Lyons (Anderson) YMCA	1:45.83	1:47.21
24.88	51.98 (27.10)	1:19.80 (27.82)	1:47.21 (27.41)	
87 JB Stahl	17	Tuscarawas County YMCA	1:47.14	1:47.24
24.34	51.50 (27.16)	1:19.30 (27.80)	1:47.24 (27.94)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
88	Robbie Duran	17	Orlando YMCA	1:46.05	1:47.25
	25.28	52.42 (27.14)	1:20.33 (27.91)	1:47.25 (26.92)	
89	Emmanuel Arias	16	Orlando YMCA	1:45.19	1:47.27
	24.80	51.90 (27.10)	1:19.69 (27.79)	1:47.27 (27.58)	
90	Joe Huyett	17	Reading and Berks County YMCA	1:45.77	1:47.33
	24.46	51.26 (26.80)	1:18.73 (27.47)	1:47.33 (28.60)	
91	Jack Forese	16	New Canaan Community YMCA	1:46.38	1:47.38
	24.72	52.38 (27.66)	1:20.21 (27.83)	1:47.38 (27.17)	
92	Patrick Larrow	17	Greater Holyoke YMCA	1:46.29	1:47.40
	24.90	52.52 (27.62)	1:20.19 (27.67)	1:47.40 (27.21)	
93	Luke Fiore	17	Cheshire YMCA	1:46.41	1:47.41
	24.37	51.19 (26.82)	1:18.93 (27.74)	1:47.41 (28.48)	
94	Joseph Aburahma	17	Huntington WV YMCA	1:46.20	1:47.42
	25.16	52.82 (27.66)	1:20.34 (27.52)	1:47.42 (27.08)	
95	Stephen Melchiorre	17	Riverfront Branch YMCA	1:44.21	1:47.44
	23.89	50.02 (26.13)	1:17.48 (27.46)	1:47.44 (29.96)	
96	Tyler Long	17	Sunbury Branch YMCA	1:46.85	1:47.53
	25.15	52.72 (27.57)	1:20.60 (27.88)	1:47.53 (26.93)	
97	Paul Maneri	17	Riverfront Branch YMCA	1:43.39	1:47.54
	23.82	50.02 (26.20)	1:17.98 (27.96)	1:47.54 (29.56)	
98	John Ferretti	13	Sarasota Family YMCA, Inc	1:46.57	1:47.55
	26.37	53.91 (27.54)	1:21.04 (27.13)	1:47.55 (26.51)	
99	Carl Newenhouse	15	Schroeder YMCA	1:46.72	1:47.60
	24.74	52.24 (27.50)	1:20.03 (27.79)	1:47.60 (27.57)	
*100	Caleb Sandvold	18	Pabst Farms YMCA	1:46.21	1:47.81
	23.78	51.12 (27.34)	1:19.42 (28.30)	1:47.81 (28.39)	
*100	Tim Bradley	17	Sarasota Family YMCA, Inc	1:45.96	1:47.81
	25.49	52.65 (27.16)	1:20.30 (27.65)	1:47.81 (27.51)	
*102	Devon Byrt	17	Saratoga Springs YMCA	1:44.73	1:47.94
	24.37	51.06 (26.69)	1:19.20 (28.14)	1:47.94 (28.74)	
*102	Derek Smith	17	Boise YMCA	1:45.88	1:47.94
	25.09	52.61 (27.52)	1:20.24 (27.63)	1:47.94 (27.70)	
*104	Will Brown	16	Fanwood-Scotch Plains YMCA	1:44.51	1:47.96
	24.09	50.30 (26.21)	1:18.19 (27.89)	1:47.96 (29.77)	
*104	Brad Powell	18	Montgomery -East Branch YMCA	1:45.71	1:47.96
	24.55	51.03 (26.48)	1:18.65 (27.62)	1:47.96 (29.31)	
106	Jonathan Burr	16	Laurel East Hartford YMCA	1:46.28	1:47.99
	25.11	52.37 (27.26)	1:20.14 (27.77)	1:47.99 (27.85)	
107	Jake Irmiter	17	Rock Hill Area YMCA	1:46.32	1:48.22
	24.77	52.20 (27.43)	1:19.74 (27.54)	1:48.22 (28.48)	
108	Riley Sherer	17	Birmingham Family YMCA	1:47.17	1:48.23
	25.13	52.29 (27.16)	1:19.91 (27.62)	1:48.23 (28.32)	
109	Dylan Coggin	18	Brandywine -DE YMCA	1:45.11	1:48.37
	23.96	50.87 (26.91)	1:19.56 (28.69)	1:48.37 (28.81)	
110	Greg Hameister	14	Oshkosh Community YMCA	1:46.59	1:48.51
	24.89	52.12 (27.23)	1:20.54 (28.42)	1:48.51 (27.97)	
111	Justin Petrozzini	17	Wyckoff Family YMCA Inc	1:46.58	1:48.64
	25.08	52.75 (27.67)	1:20.82 (28.07)	1:48.64 (27.82)	
112	Jake Campbell	17	Farmington Family YMCA	1:45.84	1:48.68
	24.78	51.34 (26.56)	1:19.69 (28.35)	1:48.68 (28.99)	
113	Tyler Tadian	17	South Oakland Family YMCA	1:46.97	1:48.70
	24.16	51.25 (27.09)	1:20.01 (28.76)	1:48.70 (28.69)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
114 Adam Hunter	16	Wilmington YMCA - NC	1:46.66	1:49.13
25.47	52.83 (27.36)	1:20.74 (27.91)	1:49.13 (28.39)	
115 Robby Spichiger	18	The Licking County Family YMC	1:44.75	1:49.48
24.30	51.31 (27.01)	1:19.70 (28.39)	1:49.48 (29.78)	
116 Andrew Adams	18	Great Miami Valley Ohio YMCA	1:47.17	1:49.57
24.64	52.07 (27.43)	1:20.82 (28.75)	1:49.57 (28.75)	
117 Jason Ho	17	Riverfront Branch YMCA	1:44.99	1:49.58
25.02	52.58 (27.56)	1:20.89 (28.31)	1:49.58 (28.69)	
*118 Alan Nedley	18	Laurel Highlands Regional YMCA	1:46.79	1:49.84
25.06	52.65 (27.59)	1:21.22 (28.57)	1:49.84 (28.62)	
*118 Connor Murphy	17	Western Monmouth Co. YMCA	1:46.84	1:49.84
24.75	51.95 (27.20)	1:20.41 (28.46)	1:49.84 (29.43)	
120 Ben Tillar	16	South Family YMCA-Kettering	1:46.82	1:50.03
24.95	52.62 (27.67)	1:21.28 (28.66)	1:50.03 (28.75)	
121 Jeffrey Mead	16	Columbia Northwest Family YMC	1:46.69	1:50.13
25.20	52.67 (27.47)	1:21.42 (28.75)	1:50.13 (28.71)	
122 Timothy Healy	17	Wyckoff Family YMCA Inc	1:45.04	1:50.16
24.85	52.05 (27.20)	1:20.86 (28.81)	1:50.16 (29.30)	
123 Andy Lamb	16	South Family YMCA-Kettering	1:47.07	1:50.56
25.12	52.42 (27.30)	1:21.24 (28.82)	1:50.56 (29.32)	
124 Jake Iotte	14	Fox Cities YMCA	1:46.72	1:50.57
25.13	52.88 (27.75)	1:22.15 (29.27)	1:50.57 (28.42)	
125 Bip Cline	17	Lenawee County YMCA	1:47.05	1:50.99
25.20	52.52 (27.32)	1:21.43 (28.91)	1:50.99 (29.56)	
126 Andrew Miller	16	Lebanon Valley Family YMCA	1:45.02	1:51.09
24.66	52.37 (27.71)	1:21.43 (29.06)	1:51.09 (29.66)	
127 Cole Hogg	14	Greater Manchester YMCA	1:47.11	1:51.21
25.02	52.94 (27.92)	1:22.26 (29.32)	1:51.21 (28.95)	
128 Brian Mong	17	Franklin/Grove City YMCA	1:46.38	1:51.31
25.66	53.47 (27.81)	1:21.90 (28.43)	1:51.31 (29.41)	
129 Nick Keenan	16	Glens Falls YMCA	1:47.12	1:51.42
25.98	53.87 (27.89)	1:22.64 (28.77)	1:51.42 (28.78)	
130 Kyle Jennings	18	Somerset Valley YMCA	1:46.77	2:01.47
26.74	58.40 (31.66)	1:29.96 (31.56)	2:01.47 (31.51)	
--- Alex Kosenski	19	Ocean County YMCA	1:46.02	DQ
False start				
24.00	50.98 (26.98)	1:17.71 (26.73)	DQ (26.63)	

**Men 500 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Chris Kramer	18	York And York County YMCA	4:37.60	4:32.42
25.26	52.29 (27.03)	1:19.73 (27.44)	1:47.26 (27.53)	
2:14.90 (27.64)	2:42.38 (27.48)	3:09.94 (27.56)	3:37.63 (27.69)	
4:05.36 (27.73)	4:32.42 (27.06)			
2 Ted Millett	17	North Shore (Sterling) MA YMCA	4:48.49	4:40.00
25.47	52.79 (27.32)	1:20.56 (27.77)	1:48.56 (28.00)	
2:16.80 (28.24)	2:45.11 (28.31)	3:13.76 (28.65)	3:42.65 (28.89)	
4:11.62 (28.97)	4:40.00 (28.38)			
3 Matt Luminais	14	Upper Main Line YMCA	4:52.09	4:40.56
25.10	52.57 (27.47)	1:20.42 (27.85)	1:48.85 (28.43)	
2:17.22 (28.37)	2:45.88 (28.66)	3:14.41 (28.53)	3:43.32 (28.91)	
4:12.34 (29.02)	4:40.56 (28.22)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 500 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
4 Harry Hamiter	14	M.E. Lyons (Anderson) YMCA	4:56.50	4:48.04
25.78	54.27 (28.49)	1:23.69 (29.42)	1:52.79 (29.10)	
2:21.89 (29.10)	2:51.46 (29.57)	3:21.09 (29.63)	3:50.75 (29.66)	
4:20.26 (29.51)	4:48.04 (27.78)			
5 Daniel Hellman	16	Red Bank Branch	4:53.27	4:49.02
25.82	54.35 (28.53)	1:23.35 (29.00)	1:52.94 (29.59)	
2:21.91 (28.97)	2:51.57 (29.66)	3:21.14 (29.57)	3:50.50 (29.36)	
4:20.39 (29.89)	4:49.02 (28.63)			
6 Chris Nunez	16	Ridgewood NJ YMCA	4:50.67	4:49.52
26.42	54.87 (28.45)	1:24.26 (29.39)	1:53.74 (29.48)	
2:23.00 (29.26)	2:52.16 (29.16)	3:21.24 (29.08)	3:50.78 (29.54)	
4:20.49 (29.71)	4:49.52 (29.03)			
7 Garrett Spake	15	Rowan County YMCA	4:52.79	4:49.70
27.26	56.14 (28.88)	1:25.73 (29.59)	1:54.58 (28.85)	
2:23.55 (28.97)	2:52.97 (29.42)	3:22.09 (29.12)	3:51.36 (29.27)	
4:20.91 (29.55)	4:49.70 (28.79)			
8 Patrick Malone	17	Riverfront Branch YMCA	4:59.70	4:49.91
26.30	54.92 (28.62)	1:23.88 (28.96)	1:53.20 (29.32)	
2:22.29 (29.09)	2:51.58 (29.29)	3:21.46 (29.88)	3:51.39 (29.93)	
4:20.99 (29.60)	4:49.91 (28.92)			
9 Austin Kelly	17	Northern Middlesex County YMC	4:51.92	4:50.53
26.41	55.33 (28.92)	1:24.46 (29.13)	1:53.74 (29.28)	
2:23.60 (29.86)	2:53.05 (29.45)	3:23.12 (30.07)	3:53.37 (30.25)	
4:22.32 (28.95)	4:50.53 (28.21)			
10 Jonathan Keim	16	Mid-Delmarva Family YMCA	4:51.75	4:50.99
25.80	53.82 (28.02)	1:22.90 (29.08)	1:52.33 (29.43)	
2:22.33 (30.00)	2:52.37 (30.04)	3:22.76 (30.39)	3:52.80 (30.04)	
4:22.28 (29.48)	4:50.99 (28.71)			
11 Peter Palmer	16	Birmingham Family YMCA	4:51.00	4:51.92
25.84	53.63 (27.79)	1:22.73 (29.10)	1:52.19 (29.46)	
2:21.85 (29.66)	2:51.95 (30.10)	3:22.49 (30.54)	3:52.97 (30.48)	
4:22.76 (29.79)	4:51.92 (29.16)			
12 Andrew McCollister	16	Rowan County YMCA	4:58.65	4:52.08
26.43	55.00 (28.57)	1:24.44 (29.44)	1:53.30 (28.86)	
2:22.87 (29.57)	2:52.81 (29.94)	3:22.60 (29.79)	3:52.78 (30.18)	
4:22.81 (30.03)	4:52.08 (29.27)			
13 Matthew Montague	15	M.E. Lyons (Anderson) YMCA	4:51.50	4:52.44
26.26	54.94 (28.68)	1:24.12 (29.18)	1:53.28 (29.16)	
2:22.78 (29.50)	2:52.39 (29.61)	3:22.33 (29.94)	3:52.60 (30.27)	
4:22.83 (30.23)	4:52.44 (29.61)			
14 Dylan Ludwick	15	Tri-Hampton Family Branch YMC	4:53.75	4:52.81
26.26	55.35 (29.09)	1:24.44 (29.09)	1:54.06 (29.62)	
2:23.30 (29.24)	2:53.07 (29.77)	3:23.46 (30.39)	3:53.61 (30.15)	
4:23.57 (29.96)	4:52.81 (29.24)			
15 Philip Murphy	16	Greater Holyoke YMCA	4:54.35	4:52.89
25.65	53.90 (28.25)	1:23.54 (29.64)	1:53.23 (29.69)	
2:23.36 (30.13)	2:53.83 (30.47)	3:24.00 (30.17)	3:54.25 (30.25)	
4:24.26 (30.01)	4:52.89 (28.63)			
16 Alex Fox	14	Winston Salem YMCA	4:54.03	4:53.67
25.99	54.59 (28.60)	1:23.99 (29.40)	1:53.69 (29.70)	
2:23.62 (29.93)	2:53.60 (29.98)	3:23.46 (29.86)	3:53.67 (30.21)	
4:23.75 (30.08)	4:53.67 (29.92)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 500 Yard Freestyle Time Trial Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
17 Timothy Ramos	17	Greater Holyoke YMCA	4:55.03	4:53.70
25.70	53.75 (28.05)	1:22.94 (29.19)	1:52.01 (29.07)	
2:21.98 (29.97)	2:52.74 (30.76)	3:24.29 (31.55)	3:55.71 (31.42)	
4:25.08 (29.37)	4:53.70 (28.62)			
18 Justin Beegle	18	West Shore YMCA	4:57.16	4:53.75
26.09	55.08 (28.99)	1:24.63 (29.55)	1:54.40 (29.77)	
2:24.64 (30.24)	2:54.80 (30.16)	3:24.99 (30.19)	3:55.42 (30.43)	
4:25.34 (29.92)	4:53.75 (28.41)			
19 Alex Keller	14	Fayette County Family YMCA	4:55.82	4:53.96
26.26	55.56 (29.30)	1:24.89 (29.33)	1:54.81 (29.92)	
2:24.88 (30.07)	2:54.88 (30.00)	3:25.28 (30.40)	3:55.54 (30.26)	
4:25.17 (29.63)	4:53.96 (28.79)			
20 Brian Wilson	15	Harford County Family YMCA	4:58.01	4:55.37
25.97	54.48 (28.51)	1:23.37 (28.89)	1:52.68 (29.31)	
2:22.37 (29.69)	2:52.00 (29.63)	3:22.36 (30.36)	3:53.36 (31.00)	
4:24.77 (31.41)	4:55.37 (30.60)			
21 Frank Bozzi	15	Lakeland Hills Family YMCA	4:54.44	4:56.63
25.02	53.66 (28.64)	1:23.35 (29.69)	1:53.09 (29.74)	
2:23.66 (30.57)	2:53.94 (30.28)	3:24.50 (30.56)	3:55.59 (31.09)	
4:26.40 (30.81)	4:56.63 (30.23)			
22 Sam VanBuskirk	15	Rock Hill Area YMCA	5:02.18	4:58.49
28.26	58.11 (29.85)	1:28.54 (30.43)	1:59.06 (30.52)	
2:28.71 (29.65)	2:58.67 (29.96)	3:28.70 (30.03)	3:58.69 (29.99)	
4:28.98 (30.29)	4:58.49 (29.51)			
23 Aaron DuCharme	17	Greater Flint YMCA	4:58.00	5:00.48
26.89	56.10 (29.21)	1:26.01 (29.91)	1:56.27 (30.26)	
2:26.53 (30.26)	2:57.23 (30.70)	3:28.08 (30.85)	3:58.71 (30.63)	
4:29.82 (31.11)	5:00.48 (30.66)			
24 Victor Luo	14	Somerset Valley YMCA	5:06.16	5:01.08
25.33	53.96 (28.63)	1:23.61 (29.65)	1:54.43 (30.82)	
2:25.80 (31.37)	2:57.15 (31.35)	3:28.14 (30.99)	3:59.49 (31.35)	
4:30.60 (31.11)	5:01.08 (30.48)			
25 Adam Shaw	15	Cheshire YMCA	5:09.21	5:01.52
26.98	56.60 (29.62)	1:26.78 (30.18)	1:57.69 (30.91)	
2:28.47 (30.78)	2:58.68 (30.21)	3:29.43 (30.75)	4:00.63 (31.20)	
4:31.42 (30.79)	5:01.52 (30.10)			
26 Adam Hagensick	16	La Crosse Area Family YMCA	5:04.00	5:02.75
25.95	55.30 (29.35)	1:25.96 (30.66)	1:56.61 (30.65)	
2:27.42 (30.81)	2:58.51 (31.09)	3:29.61 (31.10)	4:01.25 (31.64)	
4:32.61 (31.36)	5:02.75 (30.14)			
27 Matt Mccarthy	17	Ocean County YMCA	5:03.60	5:06.70
28.07	58.37 (30.30)	1:29.34 (30.97)	2:01.20 (31.86)	
2:32.26 (31.06)	3:03.56 (31.30)	3:35.11 (31.55)	4:06.21 (31.10)	
4:37.06 (30.85)	5:06.70 (29.64)			
28 Charlie Hoffmaster	17	Catonsville MD YMCA	5:12.96	5:08.65
26.41	55.14 (28.73)	1:25.17 (30.03)	1:56.59 (31.42)	
2:28.80 (32.21)	3:01.59 (32.79)	3:34.15 (32.56)	4:06.40 (32.25)	
4:38.08 (31.68)	5:08.65 (30.57)			
29 Josh Murrell	14	North Oakland Family YMCA	5:01.01	5:13.63
28.02	58.58 (30.56)	1:30.22 (31.64)	2:01.21 (30.99)	
2:33.03 (31.82)	3:05.34 (32.31)	3:36.84 (31.50)	4:09.70 (32.86)	
4:42.17 (32.47)	5:13.63 (31.46)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Men 500 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
30 Jonathan Werner	17	Bismarck YMCA	5:15.15	5:21.30
	26.69	56.71 (30.02)	1:28.00 (31.29)	2:00.22 (32.22)
	2:33.34 (33.12)	3:06.65 (33.31)	3:40.66 (34.01)	4:14.63 (33.97)
	4:48.50 (33.87)	5:21.30 (32.80)		
--- Stephen Raynes	16	Somerset Hills YMCA	4:53.98	NS
--- Thomas Johnson	18	Bismarck YMCA	5:16.67	NS

**Men 500 Yard Freestyle Swimming Competition**

National: 4:21.74 \* 4/12/2008 Morgan Priestley

Birmingham-MI

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Patrick Ceddia	17	Sarasota Family YMCA, Inc	4:28.18	4:24.73
	24.53	51.24 (26.71)	1:18.04 (26.80)	1:44.96 (26.92)
	2:12.01 (27.05)	2:38.70 (26.69)	3:05.29 (26.59)	3:31.70 (26.41)
	3:58.49 (26.79)	4:24.73 (26.24)		
2 John Orban	18	Sarasota Family YMCA, Inc	4:31.27	4:26.87
	24.79	51.67 (26.88)	1:18.60 (26.93)	1:45.21 (26.61)
	2:11.95 (26.74)	2:38.78 (26.83)	3:06.01 (27.23)	3:33.10 (27.09)
	4:00.39 (27.29)	4:26.87 (26.48)		
3 Ty Perkins	18	South Family YMCA-Kettering	4:31.97	4:28.15
	24.75	51.26 (26.51)	1:18.19 (26.93)	1:45.33 (27.14)
	2:12.81 (27.48)	2:40.22 (27.41)	3:07.90 (27.68)	3:35.38 (27.48)
	4:02.49 (27.11)	4:28.15 (25.66)		
4 Nick Evans	18	North Oakland Family YMCA	4:31.27	4:28.23
	24.61	51.08 (26.47)	1:18.32 (27.24)	1:45.52 (27.20)
	2:12.65 (27.13)	2:40.28 (27.63)	3:07.62 (27.34)	3:35.14 (27.52)
	4:02.29 (27.15)	4:28.23 (25.94)		
5 Alex Miller	17	M.E. Lyons (Anderson) YMCA	4:27.68	4:31.10
	24.63	51.28 (26.65)	1:18.58 (27.30)	1:45.73 (27.15)
	2:12.82 (27.09)	2:40.46 (27.64)	3:08.02 (27.56)	3:35.99 (27.97)
	4:03.60 (27.61)	4:31.10 (27.50)		
6 John Silvers	16	Sarasota Family YMCA, Inc	4:32.41	4:32.72
	25.32	52.42 (27.10)	1:19.87 (27.45)	1:47.55 (27.68)
	2:15.29 (27.74)	2:43.04 (27.75)	3:11.02 (27.98)	3:39.17 (28.15)
	4:06.59 (27.42)	4:32.72 (26.13)		
7 John Hauser	16	Pottstown YMCA	4:32.09	4:33.97
	24.80	52.01 (27.21)	1:19.42 (27.41)	1:46.77 (27.35)
	2:14.15 (27.38)	2:41.99 (27.84)	3:10.05 (28.06)	3:38.58 (28.53)
	4:06.95 (28.37)	4:33.97 (27.02)		
8 Kirt Davis	16	Sarasota Family YMCA, Inc	4:27.64	4:34.14
	25.01	51.70 (26.69)	1:18.89 (27.19)	1:45.40 (26.51)
	2:12.72 (27.32)	2:39.89 (27.17)	3:07.52 (27.63)	3:36.10 (28.58)
	4:05.60 (29.50)	4:34.14 (28.54)		
<b>B - Final</b>				
9 Alex Benham	18	Triangle Area YMCA	4:32.75	4:31.09
	24.36	50.88 (26.52)	1:18.08 (27.20)	1:45.67 (27.59)
	2:12.98 (27.31)	2:40.83 (27.85)	3:08.85 (28.02)	3:37.17 (28.32)
	4:04.76 (27.59)	4:31.09 (26.33)		
10 Ethan Griffel	17	Idaho Falls YMCA	4:33.01	4:31.56
	24.95	51.56 (26.61)	1:18.73 (27.17)	1:46.49 (27.76)
	2:13.98 (27.49)	2:41.54 (27.56)	3:09.33 (27.79)	3:37.34 (28.01)
	4:05.22 (27.88)	4:31.56 (26.34)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**B - Final ... (Men 500 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
11 Matthew Kaminske	18	Sarasota Family YMCA, Inc	4:33.96	4:31.88
25.49	52.65 (27.16)	1:19.98 (27.33)	1:47.39 (27.41)	
2:15.05 (27.66)	2:42.72 (27.67)	3:10.38 (27.66)	3:37.90 (27.52)	
4:05.38 (27.48)	4:31.88 (26.50)			
12 Brian Molloy	17	Ocean County YMCA	4:32.88	4:32.20
25.13	52.09 (26.96)	1:19.49 (27.40)	1:47.10 (27.61)	
2:14.96 (27.86)	2:42.69 (27.73)	3:10.60 (27.91)	3:38.16 (27.56)	
4:05.25 (27.09)	4:32.20 (26.95)			
13 Nathan Reed	17	Upper Main Line YMCA	4:35.75	4:34.99
25.24	53.05 (27.81)	1:20.94 (27.89)	1:48.82 (27.88)	
2:16.58 (27.76)	2:44.78 (28.20)	3:12.95 (28.17)	3:40.88 (27.93)	
4:08.23 (27.35)	4:34.99 (26.76)			
14 Graham Williams	15	Catawba Valley YMCA	4:34.31	4:35.10
25.21	52.27 (27.06)	1:19.61 (27.34)	1:47.53 (27.92)	
2:15.53 (28.00)	2:43.78 (28.25)	3:11.75 (27.97)	3:39.89 (28.14)	
4:07.94 (28.05)	4:35.10 (27.16)			
15 Carlo Biedenharn	17	Countryside Ralph Stolle YMCA.	4:36.80	4:36.17
24.96	52.76 (27.80)	1:20.62 (27.86)	1:48.81 (28.19)	
2:17.11 (28.30)	2:44.57 (27.46)	3:12.59 (28.02)	3:40.77 (28.18)	
4:08.70 (27.93)	4:36.17 (27.47)			
16 Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:34.65	4:40.54
24.36	51.33 (26.97)	1:18.76 (27.43)	1:46.86 (28.10)	
2:14.99 (28.13)	2:43.27 (28.28)	3:11.94 (28.67)	3:41.61 (29.67)	
4:11.73 (30.12)	4:40.54 (28.81)			
<b>C - Final</b>				
17 Coleman Allen	16	Spokane YMCA	4:37.25	4:35.04
24.66	52.15 (27.49)	1:19.90 (27.75)	1:47.64 (27.74)	
2:15.48 (27.84)	2:43.49 (28.01)	3:11.41 (27.92)	3:39.71 (28.30)	
4:07.90 (28.19)	4:35.04 (27.14)			
18 Tim Bouvier	17	North Shore (Sterling) MA YMCA	4:38.21	4:35.30
25.56	53.06 (27.50)	1:20.87 (27.81)	1:48.52 (27.65)	
2:16.25 (27.73)	2:44.15 (27.90)	3:12.26 (28.11)	3:40.21 (27.95)	
4:08.39 (28.18)	4:35.30 (26.91)			
19 Jason Brame	17	Lynchburg YMCA	4:37.57	4:36.17
25.14	52.65 (27.51)	1:20.55 (27.90)	1:48.76 (28.21)	
2:16.98 (28.22)	2:45.11 (28.13)	3:13.24 (28.13)	3:41.32 (28.08)	
4:09.13 (27.81)	4:36.17 (27.04)			
20 Sean Monahan	16	M.E. Lyons (Anderson) YMCA	4:37.10	4:36.53
25.69	53.65 (27.96)	1:21.86 (28.21)	1:50.06 (28.20)	
2:18.08 (28.02)	2:46.30 (28.22)	3:14.08 (27.78)	3:42.45 (28.37)	
4:10.22 (27.77)	4:36.53 (26.31)			
21 Kevin Morlock	18	Harford County Family YMCA	4:38.71	4:37.18
25.26	52.84 (27.58)	1:20.85 (28.01)	1:49.30 (28.45)	
2:17.57 (28.27)	2:46.16 (28.59)	3:14.36 (28.20)	3:42.80 (28.44)	
4:10.81 (28.01)	4:37.18 (26.37)			
22 Ryan Turner	15	West Shore YMCA	4:38.16	4:37.40
24.97	51.61 (26.64)	1:18.75 (27.14)	1:46.66 (27.91)	
2:14.87 (28.21)	2:43.34 (28.47)	3:11.95 (28.61)	3:40.70 (28.75)	
4:09.29 (28.59)	4:37.40 (28.11)			
23 Sean Brown	18	B.R. Ryall (Northwestern Dupag	4:37.84	4:38.64
24.95	52.17 (27.22)	1:19.68 (27.51)	1:47.62 (27.94)	
2:15.74 (28.12)	2:43.99 (28.25)	3:12.55 (28.56)	3:41.33 (28.78)	
4:09.99 (28.66)	4:38.64 (28.65)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****C - Final ... (Men 500 Yard Freestyle Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
24 Matt Nutter	16	Andover/North Andover YMCA	4:38.01	4:42.51
24.86	52.26 (27.40)	1:20.68 (28.42)	1:49.15 (28.47)	
2:17.95 (28.80)	2:47.08 (29.13)	3:16.17 (29.09)	3:45.30 (29.13)	
4:14.50 (29.20)	4:42.51 (28.01)			

**Men 500 Yard Freestyle Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Kirt Davis	16	Sarasota Family YMCA, Inc	4:32.63	4:27.64
24.79	51.75 (26.96)	1:19.20 (27.45)	1:46.44 (27.24)	
2:13.52 (27.08)	2:40.82 (27.30)	3:07.85 (27.03)	3:35.02 (27.17)	
4:01.36 (26.34)	4:27.64 (26.28)			
2 Alex Miller	17	M.E. Lyons (Anderson) YMCA	4:31.60	4:27.68
24.37	50.44 (26.07)	1:17.44 (27.00)	1:44.54 (27.10)	
2:11.32 (26.78)	2:38.36 (27.04)	3:05.38 (27.02)	3:32.64 (27.26)	
4:00.25 (27.61)	4:27.68 (27.43)			
3 Patrick Ceddia	17	Sarasota Family YMCA, Inc	4:26.17	4:28.18
24.99	52.10 (27.11)	1:19.26 (27.16)	1:46.14 (26.88)	
2:13.02 (26.88)	2:40.08 (27.06)	3:07.13 (27.05)	3:34.27 (27.14)	
4:01.67 (27.40)	4:28.18 (26.51)			
*4 Nick Evans	18	North Oakland Family YMCA	4:31.15	4:31.27
24.93	52.36 (27.43)	1:19.82 (27.46)	1:47.08 (27.26)	
2:14.40 (27.32)	2:41.71 (27.31)	3:09.05 (27.34)	3:36.98 (27.93)	
4:04.91 (27.93)	4:31.27 (26.36)			
*4 John Orban	18	Sarasota Family YMCA, Inc	4:27.62	4:31.27
24.98	51.95 (26.97)	1:19.19 (27.24)	1:46.54 (27.35)	
2:13.89 (27.35)	2:41.35 (27.46)	3:09.04 (27.69)	3:36.77 (27.73)	
4:04.43 (27.66)	4:31.27 (26.84)			
6 Ty Perkins	18	South Family YMCA-Kettering	4:31.51	4:31.97
24.79	52.00 (27.21)	1:19.20 (27.20)	1:46.52 (27.32)	
2:14.10 (27.58)	2:41.83 (27.73)	3:09.56 (27.73)	3:37.47 (27.91)	
4:05.55 (28.08)	4:31.97 (26.42)			
7 John Hauser	16	Pottstown YMCA	4:32.53	4:32.09
25.08	52.33 (27.25)	1:19.89 (27.56)	1:47.34 (27.45)	
2:14.90 (27.56)	2:42.62 (27.72)	3:10.43 (27.81)	3:38.18 (27.75)	
4:05.48 (27.30)	4:32.09 (26.61)			
8 John Silvers	16	Sarasota Family YMCA, Inc	4:34.14	4:32.41
25.33	52.49 (27.16)	1:20.22 (27.73)	1:47.97 (27.75)	
2:15.70 (27.73)	2:43.40 (27.70)	3:11.20 (27.80)	3:39.03 (27.83)	
4:06.22 (27.19)	4:32.41 (26.19)			
9 Alex Benham	18	Triangle Area YMCA	4:37.91	4:32.75
24.40	50.78 (26.38)	1:17.81 (27.03)	1:45.55 (27.74)	
2:12.97 (27.42)	2:40.61 (27.64)	3:08.28 (27.67)	3:36.53 (28.25)	
4:04.75 (28.22)	4:32.75 (28.00)			
10 Brian Molloy	17	Ocean County YMCA	4:36.18	4:32.88
24.45	50.79 (26.34)	1:17.84 (27.05)	1:45.65 (27.81)	
2:13.60 (27.95)	2:41.60 (28.00)	3:09.66 (28.06)	3:38.01 (28.35)	
4:05.93 (27.92)	4:32.88 (26.95)			
11 Ethan Griffel	17	Idaho Falls YMCA	4:37.23	4:33.01
24.21	50.45 (26.24)	1:17.52 (27.07)	1:45.25 (27.73)	
2:12.71 (27.46)	2:40.32 (27.61)	3:08.65 (28.33)	3:37.08 (28.43)	
4:05.73 (28.65)	4:33.01 (27.28)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
12	Matthew Kaminske	18	Sarasota Family YMCA, Inc	4:36.39	4:33.96
	25.77	53.21 (27.44)	1:20.78 (27.57)	1:48.57 (27.79)	
	2:16.56 (27.99)	2:44.49 (27.93)	3:12.25 (27.76)	3:39.82 (27.57)	
	4:07.21 (27.39)	4:33.96 (26.75)			
13	Graham Williams	15	Catawba Valley YMCA	4:41.43	4:34.31
	24.84	51.63 (26.79)	1:19.10 (27.47)	1:46.73 (27.63)	
	2:14.37 (27.64)	2:42.15 (27.78)	3:10.26 (28.11)	3:38.33 (28.07)	
	4:06.63 (28.30)	4:34.31 (27.68)			
14	Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:43.18	4:34.65
	24.38	51.23 (26.85)	1:18.74 (27.51)	1:46.33 (27.59)	
	2:14.01 (27.68)	2:41.91 (27.90)	3:09.85 (27.94)	3:38.26 (28.41)	
	4:07.06 (28.80)	4:34.65 (27.59)			
15	Nathan Reed	17	Upper Main Line YMCA	4:37.17	4:35.75
	24.69	52.05 (27.36)	1:19.33 (27.28)	1:47.16 (27.83)	
	2:15.31 (28.15)	2:43.51 (28.20)	3:11.48 (27.97)	3:39.26 (27.78)	
	4:07.67 (28.41)	4:35.75 (28.08)			
16	Carlo Biedenharn	17	Countryside Ralph Stolle YMCA.	4:39.69	4:36.80
	25.25	52.92 (27.67)	1:20.98 (28.06)	1:49.37 (28.39)	
	2:17.33 (27.96)	2:45.50 (28.17)	3:13.58 (28.08)	3:41.63 (28.05)	
	4:09.43 (27.80)	4:36.80 (27.37)			
17	Francisco Vital	17	Schroeder YMCA	4:41.86	4:36.87
	24.93	52.37 (27.44)	1:20.59 (28.22)	1:49.21 (28.62)	
	2:17.82 (28.61)	2:45.86 (28.04)	3:13.55 (27.69)	3:41.56 (28.01)	
	4:09.26 (27.70)	4:36.87 (27.61)			
18	Sean Monahan	16	M.E. Lyons (Anderson) YMCA	4:40.71	4:37.10
	25.26	52.73 (27.47)	1:20.54 (27.81)	1:48.87 (28.33)	
	2:17.04 (28.17)	2:44.84 (27.80)	3:13.98 (29.14)	3:42.14 (28.16)	
	4:10.01 (27.87)	4:37.10 (27.09)			
19	Coleman Allen	16	Spokane YMCA	4:36.76	4:37.25
	25.02	52.71 (27.69)	1:20.43 (27.72)	1:48.28 (27.85)	
	2:16.28 (28.00)	2:44.37 (28.09)	3:12.38 (28.01)	3:40.61 (28.23)	
	4:09.19 (28.58)	4:37.25 (28.06)			
20	Jason Brame	17	Lynchburg YMCA	4:39.10	4:37.57
	24.90	52.29 (27.39)	1:20.10 (27.81)	1:48.14 (28.04)	
	2:16.56 (28.42)	2:44.90 (28.34)	3:13.35 (28.45)	3:41.78 (28.43)	
	4:10.15 (28.37)	4:37.57 (27.42)			
21	Sean Brown	18	B.R. Ryall (Northwestern Dupag	4:37.68	4:37.84
	25.36	52.82 (27.46)	1:20.57 (27.75)	1:48.63 (28.06)	
	2:16.47 (27.84)	2:44.54 (28.07)	3:12.82 (28.28)	3:40.94 (28.12)	
	4:09.28 (28.34)	4:37.84 (28.56)			
22	Matt Nutter	16	Andover/North Andover YMCA	4:44.94	4:38.01
	24.66	51.80 (27.14)	1:19.49 (27.69)	1:47.53 (28.04)	
	2:15.79 (28.26)	2:44.31 (28.52)	3:12.91 (28.60)	3:41.34 (28.43)	
	4:10.09 (28.75)	4:38.01 (27.92)			
23	Ryan Turner	15	West Shore YMCA	4:45.44	4:38.16
	25.16	52.11 (26.95)	1:20.05 (27.94)	1:48.53 (28.48)	
	2:17.19 (28.66)	2:46.06 (28.87)	3:14.56 (28.50)	3:43.37 (28.81)	
	4:11.30 (27.93)	4:38.16 (26.86)			
24	Tim Bouvier	17	North Shore (Sterling) MA YMCA	4:43.83	4:38.21
	25.37	52.65 (27.28)	1:20.47 (27.82)	1:48.67 (28.20)	
	2:17.04 (28.37)	2:45.29 (28.25)	3:13.91 (28.62)	3:42.48 (28.57)	
	4:10.85 (28.37)	4:38.21 (27.36)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
25 Kevin Morlock	18	Harford County Family YMCA	4:42.75	4:38.71
24.82	51.64 (26.82)	1:19.35 (27.71)	1:47.57 (28.22)	
2:16.11 (28.54)	2:44.90 (28.79)	3:13.81 (28.91)	3:42.78 (28.97)	
4:11.49 (28.71)	4:38.71 (27.22)			
26 Graham Charlton	17	Schroeder YMCA	4:42.00	4:39.00
24.98	52.35 (27.37)	1:20.24 (27.89)	1:48.49 (28.25)	
2:16.43 (27.94)	2:44.83 (28.40)	3:13.48 (28.65)	3:42.07 (28.59)	
4:10.62 (28.55)	4:39.00 (28.38)			
27 Jay Margherio	18	New Canaan Community YMCA	4:46.56	4:39.32
24.66	51.70 (27.04)	1:19.69 (27.99)	1:47.92 (28.23)	
2:16.31 (28.39)	2:44.63 (28.32)	3:13.31 (28.68)	3:42.54 (29.23)	
4:11.53 (28.99)	4:39.32 (27.79)			
28 Derek Pridemore	15	Sarasota Family YMCA, Inc	4:45.91	4:39.38
25.27	52.76 (27.49)	1:20.40 (27.64)	1:48.32 (27.92)	
2:16.69 (28.37)	2:45.21 (28.52)	3:14.06 (28.85)	3:43.15 (29.09)	
4:11.97 (28.82)	4:39.38 (27.41)			
29 Nathan Walters	16	Triangle Area YMCA	4:45.44	4:39.48
25.06	51.56 (26.50)	1:18.74 (27.18)	1:46.47 (27.73)	
2:14.67 (28.20)	2:43.13 (28.46)	3:11.89 (28.76)	3:41.20 (29.31)	
4:10.93 (29.73)	4:39.48 (28.55)			
*30 Wesley Trumbauer	17	Boyertown Area YMCA	4:34.93	4:39.51
24.88	52.70 (27.82)	1:20.37 (27.67)	1:48.32 (27.95)	
2:15.99 (27.67)	2:43.67 (27.68)	3:12.18 (28.51)	3:40.91 (28.73)	
4:10.14 (29.23)	4:39.51 (29.37)			
*30 Ryan Hansen	17	Schroeder YMCA	4:28.98	4:39.51
23.50	49.97 (26.47)	1:18.22 (28.25)	1:46.92 (28.70)	
2:15.43 (28.51)	2:44.32 (28.89)	3:13.51 (29.19)	3:42.90 (29.39)	
4:11.63 (28.73)	4:39.51 (27.88)			
32 Chris Wiederecht	17	Westport/Weston CT YMCA	4:37.86	4:40.36
24.54	51.62 (27.08)	1:19.55 (27.93)	1:47.51 (27.96)	
2:16.05 (28.54)	2:44.85 (28.80)	3:13.88 (29.03)	3:43.34 (29.46)	
4:12.55 (29.21)	4:40.36 (27.81)			
33 Bart Platow	17	Westport/Weston CT YMCA	4:38.68	4:40.61
25.36	52.85 (27.49)	1:20.67 (27.82)	1:48.95 (28.28)	
2:17.08 (28.13)	2:45.39 (28.31)	3:13.94 (28.55)	3:43.04 (29.10)	
4:12.20 (29.16)	4:40.61 (28.41)			
34 Michael Mowen	17	Waynesboro Family YMCA	4:40.66	4:40.63
24.95	52.44 (27.49)	1:20.75 (28.31)	1:49.17 (28.42)	
2:17.66 (28.49)	2:46.25 (28.59)	3:15.20 (28.95)	3:43.99 (28.79)	
4:12.71 (28.72)	4:40.63 (27.92)			
35 Mike Napolitano	15	Fanwood-Scotch Plains YMCA	4:43.69	4:40.70
25.10	52.49 (27.39)	1:19.90 (27.41)	1:48.11 (28.21)	
2:16.76 (28.65)	2:45.41 (28.65)	3:14.56 (29.15)	3:43.46 (28.90)	
4:12.65 (29.19)	4:40.70 (28.05)			
36 Brian Barr	16	Somerset Valley YMCA	4:44.31	4:40.77
25.79	53.41 (27.62)	1:21.40 (27.99)	1:49.67 (28.27)	
2:18.17 (28.50)	2:46.71 (28.54)	3:15.53 (28.82)	3:44.35 (28.82)	
4:13.08 (28.73)	4:40.77 (27.69)			
37 Kemp Pettyjohn	16	Lynchburg YMCA	4:43.18	4:40.81
25.17	53.36 (28.19)	1:21.66 (28.30)	1:50.28 (28.62)	
2:18.46 (28.18)	2:46.74 (28.28)	3:15.14 (28.40)	3:43.50 (28.36)	
4:12.22 (28.72)	4:40.81 (28.59)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
38 David Gordon	18	Kishwaukee Family YMCA	4:39.07	4:40.85
24.92	52.24 (27.32)	1:20.15 (27.91)	1:48.39 (28.24)	
2:17.00 (28.61)	2:45.61 (28.61)	3:14.39 (28.78)	3:43.39 (29.00)	
4:12.30 (28.91)	4:40.85 (28.55)			
39 Matt Ramey	17	Laurel Highlands Regional YMCA	4:41.42	4:41.01
24.94	52.40 (27.46)	1:20.48 (28.08)	1:49.15 (28.67)	
2:17.53 (28.38)	2:46.28 (28.75)	3:15.11 (28.83)	3:44.29 (29.18)	
4:13.04 (28.75)	4:41.01 (27.97)			
40 Jonny Kleinhenz	17	Powel Crosley Jr. YMCA	4:37.81	4:41.16
24.99	52.53 (27.54)	1:20.54 (28.01)	1:48.82 (28.28)	
2:17.27 (28.45)	2:45.72 (28.45)	3:14.63 (28.91)	3:43.96 (29.33)	
4:12.74 (28.78)	4:41.16 (28.42)			
41 Jordan Ray	18	Spokane YMCA	4:45.78	4:41.21
25.66	52.97 (27.31)	1:20.72 (27.75)	1:49.49 (28.77)	
2:18.46 (28.97)	2:47.44 (28.98)	3:15.31 (27.87)	3:43.72 (28.41)	
4:12.78 (29.06)	4:41.21 (28.43)			
42 Matthew Collins	16	Flushing YMCA	4:44.61	4:41.46
25.28	53.17 (27.89)	1:21.87 (28.70)	1:51.13 (29.26)	
2:20.00 (28.87)	2:48.33 (28.33)	3:17.07 (28.74)	3:45.71 (28.64)	
4:14.35 (28.64)	4:41.46 (27.11)			
43 Andrew Cook	16	Lynchburg YMCA	4:46.56	4:41.69
25.77	53.85 (28.08)	1:22.13 (28.28)	1:50.90 (28.77)	
2:19.62 (28.72)	2:48.45 (28.83)	3:17.49 (29.04)	3:46.39 (28.90)	
4:14.86 (28.47)	4:41.69 (26.83)			
44 Sava Turcanu	14	Catawba Valley YMCA	4:41.94	4:41.71
25.05	52.08 (27.03)	1:20.06 (27.98)	1:48.44 (28.38)	
2:17.22 (28.78)	2:46.04 (28.82)	3:15.17 (29.13)	3:44.20 (29.03)	
4:13.55 (29.35)	4:41.71 (28.16)			
45 Daniel Schmitz	17	South Family YMCA-Kettering	4:39.01	4:41.88
24.90	51.87 (26.97)	1:19.45 (27.58)	1:47.59 (28.14)	
2:16.08 (28.49)	2:44.56 (28.48)	3:13.37 (28.81)	3:42.40 (29.03)	
4:12.38 (29.98)	4:41.88 (29.50)			
46 Connor Beaulieu	16	Laurel East Hartford YMCA	4:38.27	4:41.95
25.11	52.61 (27.50)	1:20.48 (27.87)	1:48.83 (28.35)	
2:17.50 (28.67)	2:45.39 (27.89)	3:14.05 (28.66)	3:43.17 (29.12)	
4:13.15 (29.98)	4:41.95 (28.80)			
47 John Ferretti	13	Sarasota Family YMCA, Inc	4:49.42	4:42.30
26.59	55.22 (28.63)	1:23.19 (27.97)	1:51.65 (28.46)	
2:20.11 (28.46)	2:48.50 (28.39)	3:16.82 (28.32)	3:45.51 (28.69)	
4:13.90 (28.39)	4:42.30 (28.40)			
48 Tyler Greene	16	Greater Flint YMCA	4:39.33	4:42.59
25.43	52.82 (27.39)	1:20.75 (27.93)	1:49.16 (28.41)	
2:17.69 (28.53)	2:46.41 (28.72)	3:15.68 (29.27)	3:45.04 (29.36)	
4:14.19 (29.15)	4:42.59 (28.40)			
49 Billy Draves	16	Pottstown YMCA	4:47.86	4:42.82
25.41	52.74 (27.33)	1:21.16 (28.42)	1:49.86 (28.70)	
2:18.72 (28.86)	2:47.76 (29.04)	3:17.06 (29.30)	3:45.94 (28.88)	
4:15.06 (29.12)	4:42.82 (27.76)			
50 Ryan Kauth	16	Western Monmouth Co. YMCA	4:46.31	4:43.06
24.81	52.02 (27.21)	1:20.25 (28.23)	1:49.15 (28.90)	
2:18.09 (28.94)	2:46.69 (28.60)	3:15.68 (28.99)	3:44.89 (29.21)	
4:14.50 (29.61)	4:43.06 (28.56)			

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
51 Parker Baisden	16	Phoenixville Branch YMCA	4:36.53	4:43.61
25.40	53.09 (27.69)	1:21.78 (28.69)	1:50.63 (28.85)	
2:19.95 (29.32)	2:48.99 (29.04)	3:18.06 (29.07)	3:46.91 (28.85)	
4:15.68 (28.77)	4:43.61 (27.93)			
52 Alex Naglich	15	Tri-Hampton Family Branch YMC	4:42.61	4:43.84
25.39	53.41 (28.02)	1:22.12 (28.71)	1:51.26 (29.14)	
2:20.26 (29.00)	2:48.47 (28.21)	3:17.39 (28.92)	3:46.39 (29.00)	
4:15.32 (28.93)	4:43.84 (28.52)			
53 JR Creekmore	16	Brandywine -DE YMCA	4:47.70	4:43.95
25.29	52.33 (27.04)	1:20.21 (27.88)	1:48.50 (28.29)	
2:17.15 (28.65)	2:46.25 (29.10)	3:16.02 (29.77)	3:45.91 (29.89)	
4:15.47 (29.56)	4:43.95 (28.48)			
54 Connor Maher	16	Downtown Youth Center YMCA	4:42.19	4:44.46
25.38	53.08 (27.70)	1:21.19 (28.11)	1:49.71 (28.52)	
2:18.24 (28.53)	2:47.06 (28.82)	3:16.36 (29.30)	3:46.48 (30.12)	
4:15.92 (29.44)	4:44.46 (28.54)			
55 Robby Harder	15	Wilton Family YMCA	4:39.05	4:45.01
25.22	52.62 (27.40)	1:20.71 (28.09)	1:49.59 (28.88)	
2:18.60 (29.01)	2:47.65 (29.05)	3:17.06 (29.41)	3:46.96 (29.90)	
4:16.31 (29.35)	4:45.01 (28.70)			
56 Evan Ciecimirski	17	New Canaan Community YMCA	4:38.47	4:45.45
24.43	50.96 (26.53)	1:18.33 (27.37)	1:46.51 (28.18)	
2:15.77 (29.26)	2:45.31 (29.54)	3:14.93 (29.62)	3:45.36 (30.43)	
4:15.85 (30.49)	4:45.45 (29.60)			
57 Andy Watts	15	Sarasota Family YMCA, Inc	4:48.59	4:46.22
26.71	55.80 (29.09)	1:24.26 (28.46)	1:53.31 (29.05)	
2:22.78 (29.47)	2:51.74 (28.96)	3:20.87 (29.13)	3:49.90 (29.03)	
4:18.41 (28.51)	4:46.22 (27.81)			
58 Kyle Doxtater	15	Mid-Delmarva Family YMCA	4:42.42	4:46.23
25.10	53.31 (28.21)	1:22.09 (28.78)	1:51.15 (29.06)	
2:20.07 (28.92)	2:49.26 (29.19)	3:18.42 (29.16)	3:48.03 (29.61)	
4:17.47 (29.44)	4:46.23 (28.76)			
59 Brian Brennan	17	North Shore (Sterling) MA YMCA	4:49.52	4:47.25
25.57	53.32 (27.75)	1:22.02 (28.70)	1:51.10 (29.08)	
2:20.23 (29.13)	2:49.46 (29.23)	3:18.90 (29.44)	3:48.45 (29.55)	
4:18.33 (29.88)	4:47.25 (28.92)			
60 Tyler Nuss	17	Great Miami Valley Ohio YMCA	4:47.39	4:47.49
25.01	52.19 (27.18)	1:20.41 (28.22)	1:49.35 (28.94)	
2:18.56 (29.21)	2:48.34 (29.78)	3:18.31 (29.97)	3:48.33 (30.02)	
4:18.29 (29.96)	4:47.49 (29.20)			
61 Ryan Goggans	18	Fox Cities YMCA	4:44.99	4:47.67
25.43	53.47 (28.04)	1:22.12 (28.65)	1:51.19 (29.07)	
2:20.67 (29.48)	2:49.99 (29.32)	3:19.25 (29.26)	3:48.77 (29.52)	
4:18.81 (30.04)	4:47.67 (28.86)			
62 Tyler Long	17	Sunbury Branch YMCA	4:46.16	4:47.88
25.42	53.38 (27.96)	1:21.85 (28.47)	1:50.98 (29.13)	
2:20.27 (29.29)	2:49.65 (29.38)	3:19.65 (30.00)	3:49.80 (30.15)	
4:19.46 (29.66)	4:47.88 (28.42)			
63 Jack Forese	16	New Canaan Community YMCA	4:48.35	4:47.99
24.59	52.48 (27.89)	1:21.28 (28.80)	1:50.64 (29.36)	
2:20.06 (29.42)	2:49.56 (29.50)	3:19.21 (29.65)	3:49.21 (30.00)	
4:19.28 (30.07)	4:47.99 (28.71)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
64 J Key	16	Western North Carolina YMCA	4:48.79	4:48.17
25.06	52.83 (27.77)	1:21.81 (28.98)	1:51.32 (29.51)	
2:20.75 (29.43)	2:49.85 (29.10)	3:19.08 (29.23)	3:48.80 (29.72)	
4:18.49 (29.69)	4:48.17 (29.68)			
65 Mitch Colby	15	Somerset Hills YMCA	4:49.07	4:48.43
26.69	55.37 (28.68)	1:24.40 (29.03)	1:53.20 (28.80)	
2:22.27 (29.07)	2:51.68 (29.41)	3:21.21 (29.53)	3:50.49 (29.28)	
4:19.89 (29.40)	4:48.43 (28.54)			
66 Patrick Larrow	17	Greater Holyoke YMCA	4:47.73	4:48.88
25.09	52.53 (27.44)	1:21.62 (29.09)	1:51.35 (29.73)	
2:21.10 (29.75)	2:50.68 (29.58)	3:20.46 (29.78)	3:50.79 (30.33)	
4:20.45 (29.66)	4:48.88 (28.43)			
67 Alexander Robinson	17	Goldsboro Family YMCA	4:47.32	4:49.10
26.14	54.08 (27.94)	1:22.41 (28.33)	1:51.36 (28.95)	
2:20.86 (29.50)	2:50.59 (29.73)	3:20.56 (29.97)	3:50.69 (30.13)	
4:20.52 (29.83)	4:49.10 (28.58)			
68 Timothy Healy	17	Wyckoff Family YMCA Inc	4:47.52	4:49.40
25.97	53.81 (27.84)	1:22.70 (28.89)	1:51.31 (28.61)	
2:21.24 (29.93)	2:50.71 (29.47)	3:20.59 (29.88)	3:50.94 (30.35)	
4:21.07 (30.13)	4:49.40 (28.33)			
69 Isaac Breen-Franklin	16	Anne Arundel County YMCA	4:48.15	4:49.66
25.56	54.01 (28.45)	1:23.20 (29.19)	1:52.97 (29.77)	
2:22.69 (29.72)	2:52.27 (29.58)	3:21.89 (29.62)	3:51.88 (29.99)	
4:21.57 (29.69)	4:49.66 (28.09)			
70 Alex Mathews	18	York And York County YMCA	4:46.80	4:50.53
26.31	54.41 (28.10)	1:23.00 (28.59)	1:52.28 (29.28)	
2:21.56 (29.28)	2:50.79 (29.23)	3:20.35 (29.56)	3:50.87 (30.52)	
4:21.01 (30.14)	4:50.53 (29.52)			
71 Yag Yuruker	17	Glens Falls YMCA	4:39.44	4:50.59
24.33	51.07 (26.74)	1:18.82 (27.75)	1:47.35 (28.53)	
2:16.47 (29.12)	2:46.28 (29.81)	3:17.08 (30.80)	3:48.23 (31.15)	
4:19.76 (31.53)	4:50.59 (30.83)			
72 Andy Lamb	16	South Family YMCA-Kettering	4:50.03	4:52.07
25.69	53.73 (28.04)	1:22.72 (28.99)	1:52.22 (29.50)	
2:21.89 (29.67)	2:51.83 (29.94)	3:22.04 (30.21)	3:52.46 (30.42)	
4:22.47 (30.01)	4:52.07 (29.60)			
73 Jake Iotte	14	Fox Cities YMCA	4:45.00	4:52.11
25.85	53.98 (28.13)	1:23.11 (29.13)	1:52.29 (29.18)	
2:21.73 (29.44)	2:51.67 (29.94)	3:21.81 (30.14)	3:51.97 (30.16)	
4:22.26 (30.29)	4:52.11 (29.85)			
74 Chase Frazelle	15	Winston Salem YMCA	4:49.44	4:52.12
26.45	54.62 (28.17)	1:23.56 (28.94)	1:52.83 (29.27)	
2:22.18 (29.35)	2:52.05 (29.87)	3:22.53 (30.48)	3:52.97 (30.44)	
4:23.39 (30.42)	4:52.12 (28.73)			
75 Chris Jenkyns	17	Schroeder YMCA	4:47.58	4:55.12
25.89	54.14 (28.25)	1:23.60 (29.46)	1:53.45 (29.85)	
2:23.65 (30.20)	2:53.98 (30.33)	3:24.23 (30.25)	3:55.00 (30.77)	
4:25.36 (30.36)	4:55.12 (29.76)			
76 Andrew Adams	18	Great Miami Valley Ohio YMCA	4:50.11	4:55.78
25.17	53.27 (28.10)	1:22.36 (29.09)	1:52.41 (30.05)	
2:22.82 (30.41)	2:53.26 (30.44)	3:24.15 (30.89)	3:54.94 (30.79)	
4:25.98 (31.04)	4:55.78 (29.80)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1  
Swimming and Diving Championship**

**Results**

**Preliminaries ... (Men 500 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
77 Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	4:36.73	4:59.91
25.35	54.20 (28.85)	1:23.77 (29.57)	1:55.54 (31.77)	
2:26.07 (30.53)	2:56.88 (30.81)	3:27.94 (31.06)	3:59.07 (31.13)	
4:30.30 (31.23)	4:59.91 (29.61)			
--- Jordan Hartman	17	Boyertown Area YMCA	4:35.51	DNF
Did not finish				
25.02	52.49 (27.47)	1:20.21 (27.72)	1:48.27 (28.06)	
2:16.54 (28.27)	2:44.94 (28.40)	3:14.58 (29.64)		

**Men 1000 Yard Freestyle Swimming Competition**

National: 9:02.94 \* 4/3/2007 Charlie Houchin

Triangle Area

Name	Age	Team	Seed Time	Finals Time
1 John Orban	18	Sarasota Family YMCA, Inc	9:20.08	9:04.75
24.96	52.85 (27.89)	1:20.70 (27.85)	1:48.29 (27.59)	
2:15.76 (27.47)	2:43.08 (27.32)	3:10.10 (27.02)	3:37.52 (27.42)	
4:05.00 (27.48)	4:32.43 (27.43)	4:59.92 (27.49)	5:27.35 (27.43)	
5:54.66 (27.31)	6:22.04 (27.38)	6:49.28 (27.24)	7:16.95 (27.67)	
7:44.07 (27.12)	8:11.50 (27.43)	8:38.57 (27.07)	9:04.75 (26.18)	
2 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	9:11.94	9:07.11
24.94	52.52 (27.58)	1:20.52 (28.00)	1:48.37 (27.85)	
2:15.75 (27.38)	2:43.16 (27.41)	3:10.36 (27.20)	3:37.67 (27.31)	
4:05.22 (27.55)	4:32.83 (27.61)	5:00.44 (27.61)	5:28.26 (27.82)	
5:55.92 (27.66)	6:23.81 (27.89)	6:51.40 (27.59)	7:18.90 (27.50)	
7:46.41 (27.51)	8:13.95 (27.54)	8:41.01 (27.06)	9:07.11 (26.10)	
3 Alex Miller	17	M.E. Lyons (Anderson) YMCA	9:28.15	9:10.64
24.75	52.18 (27.43)	1:20.10 (27.92)	1:47.91 (27.81)	
2:15.77 (27.86)	2:43.62 (27.85)	3:11.12 (27.50)	3:38.67 (27.55)	
4:06.25 (27.58)	4:33.87 (27.62)	5:01.43 (27.56)	5:29.07 (27.64)	
5:56.69 (27.62)	6:24.18 (27.49)	6:51.76 (27.58)	7:19.50 (27.74)	
7:47.21 (27.71)	8:15.22 (28.01)	8:43.17 (27.95)	9:10.64 (27.47)	
4 Ty Perkins	18	South Family YMCA-Kettering	9:17.28	9:13.77
25.06	52.38 (27.32)	1:20.33 (27.95)	1:48.47 (28.14)	
2:16.37 (27.90)	2:44.31 (27.94)	3:12.32 (28.01)	3:40.22 (27.90)	
4:08.22 (28.00)	4:36.53 (28.31)	5:04.63 (28.10)	5:32.42 (27.79)	
6:00.45 (28.03)	6:28.29 (27.84)	6:56.06 (27.77)	7:23.99 (27.93)	
7:51.76 (27.77)	8:19.59 (27.83)	8:47.44 (27.85)	9:13.77 (26.33)	
5 Nick Evans	18	North Oakland Family YMCA	9:28.13	9:16.19
25.49	52.89 (27.40)	1:20.81 (27.92)	1:48.70 (27.89)	
2:16.85 (28.15)	2:44.88 (28.03)	3:12.97 (28.09)	3:41.05 (28.08)	
4:09.21 (28.16)	4:37.40 (28.19)	5:05.55 (28.15)	5:33.74 (28.19)	
6:01.93 (28.19)	6:30.09 (28.16)	6:58.16 (28.07)	7:25.94 (27.78)	
7:54.14 (28.20)	8:22.08 (27.94)	8:49.21 (27.13)	9:16.19 (26.98)	
6 Chris Kramer	18	York And York County YMCA	9:30.62	9:16.55
25.57	53.23 (27.66)	1:21.20 (27.97)	1:49.22 (28.02)	
2:17.24 (28.02)	2:45.10 (27.86)	3:12.98 (27.88)	3:40.94 (27.96)	
4:09.01 (28.07)	4:37.06 (28.05)	5:04.98 (27.92)	5:33.02 (28.04)	
6:01.15 (28.13)	6:29.29 (28.14)	6:57.35 (28.06)	7:25.43 (28.08)	
7:53.44 (28.01)	8:21.49 (28.05)	8:49.52 (28.03)	9:16.55 (27.03)	
7 John Silvers	16	Sarasota Family YMCA, Inc	9:20.42	9:17.19
25.54	52.94 (27.40)	1:20.64 (27.70)	1:48.71 (28.07)	
2:16.76 (28.05)	2:44.86 (28.10)	3:12.71 (27.85)	3:40.73 (28.02)	
4:09.02 (28.29)	4:37.49 (28.47)	5:05.71 (28.22)	5:33.96 (28.25)	
6:02.42 (28.46)	6:30.82 (28.40)	6:59.02 (28.20)	7:27.06 (28.04)	
7:55.15 (28.09)	8:23.05 (27.90)	8:50.58 (27.53)	9:17.19 (26.61)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
8 Matthew Kaminske	18	Sarasota Family YMCA, Inc	9:20.89	9:19.12
25.69	53.18 (27.49)	1:21.10 (27.92)	1:48.94 (27.84)	
2:16.67 (27.73)	2:44.44 (27.77)	3:12.28 (27.84)	3:40.22 (27.94)	
4:08.30 (28.08)	4:36.59 (28.29)	5:04.89 (28.30)	5:33.04 (28.15)	
6:01.14 (28.10)	6:29.55 (28.41)	6:57.97 (28.42)	7:26.40 (28.43)	
7:54.93 (28.53)	8:23.39 (28.46)	8:51.63 (28.24)	9:19.12 (27.49)	
9 Alex Benham	18	Triangle Area YMCA	9:38.94	9:22.20
25.19	52.44 (27.25)	1:20.28 (27.84)	1:48.47 (28.19)	
2:17.00 (28.53)	2:45.58 (28.58)	3:13.80 (28.22)	3:42.52 (28.72)	
4:11.44 (28.92)	4:39.96 (28.52)	5:09.09 (29.13)	5:37.49 (28.40)	
6:05.76 (28.27)	6:34.17 (28.41)	7:02.58 (28.41)	7:30.71 (28.13)	
7:58.99 (28.28)	8:27.21 (28.22)	8:55.33 (28.12)	9:22.20 (26.87)	
10 Tim Bouvier	17	North Shore (Sterling) MA YMCA	9:29.74	9:22.50
25.55	53.31 (27.76)	1:21.25 (27.94)	1:49.42 (28.17)	
2:17.50 (28.08)	2:45.56 (28.06)	3:13.82 (28.26)	3:41.97 (28.15)	
4:10.43 (28.46)	4:38.97 (28.54)	5:07.48 (28.51)	5:36.12 (28.64)	
6:04.82 (28.70)	6:33.38 (28.56)	7:01.97 (28.59)	7:30.44 (28.47)	
7:58.86 (28.42)	8:27.24 (28.38)	8:55.60 (28.36)	9:22.50 (26.90)	
11 Jason Brame	17	Lynchburg YMCA	9:34.16	9:25.91
25.77	53.70 (27.93)	1:21.98 (28.28)	1:50.31 (28.33)	
2:18.61 (28.30)	2:47.04 (28.43)	3:15.56 (28.52)	3:43.98 (28.42)	
4:12.63 (28.65)	4:41.34 (28.71)	5:09.88 (28.54)	5:38.47 (28.59)	
6:07.14 (28.67)	6:35.71 (28.57)	7:04.17 (28.46)	7:32.78 (28.61)	
8:01.29 (28.51)	8:29.85 (28.56)	8:58.24 (28.39)	9:25.91 (27.67)	
12 Graham Williams	15	Catawba Valley YMCA	9:35.92	9:27.42
25.69	53.38 (27.69)	1:21.68 (28.30)	1:49.97 (28.29)	
2:18.36 (28.39)	2:46.94 (28.58)	3:15.53 (28.59)	3:44.27 (28.74)	
4:13.18 (28.91)	4:42.15 (28.97)	5:10.99 (28.84)	5:39.68 (28.69)	
6:08.21 (28.53)	6:37.02 (28.81)	7:05.38 (28.36)	7:34.17 (28.79)	
8:02.79 (28.62)	8:31.13 (28.34)	8:59.58 (28.45)	9:27.42 (27.84)	
13 Derek Pridemore	15	Sarasota Family YMCA, Inc	9:44.01	9:33.66
26.55	55.42 (28.87)	1:24.32 (28.90)	1:53.26 (28.94)	
2:22.17 (28.91)	2:50.81 (28.64)	3:19.65 (28.84)	3:48.69 (29.04)	
4:17.49 (28.80)	4:46.67 (29.18)	5:15.67 (29.00)	5:44.59 (28.92)	
6:13.58 (28.99)	6:42.50 (28.92)	7:11.63 (29.13)	7:39.88 (28.25)	
8:08.48 (28.60)	8:37.58 (29.10)	9:06.25 (28.67)	9:33.66 (27.41)	
14 Kevin Morlock	18	Harford County Family YMCA	9:36.63	9:33.71
25.87	54.03 (28.16)	1:22.51 (28.48)	1:51.14 (28.63)	
2:19.93 (28.79)	2:48.81 (28.88)	3:17.88 (29.07)	3:47.14 (29.26)	
4:16.07 (28.93)	4:45.03 (28.96)	5:14.03 (29.00)	5:42.81 (28.78)	
6:11.82 (29.01)	6:41.10 (29.28)	7:10.18 (29.08)	7:39.25 (29.07)	
8:08.40 (29.15)	8:37.50 (29.10)	9:06.25 (28.75)	9:33.71 (27.46)	
15 Andrew Cook	16	Lynchburg YMCA	9:39.11	9:34.05
25.67	53.64 (27.97)	1:22.12 (28.48)	1:51.13 (29.01)	
2:19.90 (28.77)	2:49.10 (29.20)	3:18.00 (28.90)	3:46.61 (28.61)	
4:15.64 (29.03)	4:44.80 (29.16)	5:13.97 (29.17)	5:43.04 (29.07)	
6:12.36 (29.32)	6:41.40 (29.04)	7:10.77 (29.37)	7:39.45 (28.68)	
8:08.52 (29.07)	8:37.60 (29.08)	9:06.44 (28.84)	9:34.05 (27.61)	
16 Carlo Biedenbarn	17	Countryside Ralph Stolle YMCA.	9:45.38	9:38.25
26.20	54.78 (28.58)	1:23.96 (29.18)	1:53.66 (29.70)	
2:23.53 (29.87)	2:52.94 (29.41)	3:22.45 (29.51)	3:52.21 (29.76)	
4:22.01 (29.80)	4:51.94 (29.93)	5:20.07 (28.13)	5:48.66 (28.59)	
6:17.80 (29.14)	6:46.86 (29.06)	7:15.42 (28.56)	7:43.91 (28.49)	
8:12.66 (28.75)	8:41.70 (29.04)	9:10.61 (28.91)	9:38.25 (27.64)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
17 Matt Ramey	17	Laurel Highlands Regional YMCA	9:46.14	9:38.77
26.21	54.89 (28.68)	1:24.15 (29.26)	1:53.37 (29.22)	
2:22.32 (28.95)	2:51.80 (29.48)	3:21.15 (29.35)	3:50.04 (28.89)	
4:19.21 (29.17)	4:48.65 (29.44)	5:17.82 (29.17)	5:47.21 (29.39)	
6:16.39 (29.18)	6:45.53 (29.14)	7:14.76 (29.23)	7:43.94 (29.18)	
8:12.89 (28.95)	8:41.81 (28.92)	9:10.80 (28.99)	9:38.77 (27.97)	
18 Brian Molloy	17	Ocean County YMCA	9:33.47	9:38.90
26.19	54.08 (27.89)	1:22.79 (28.71)	1:51.87 (29.08)	
2:21.18 (29.31)	2:50.78 (29.60)	3:19.84 (29.06)	3:49.05 (29.21)	
4:18.34 (29.29)	4:47.43 (29.09)	5:16.81 (29.38)	5:45.50 (28.69)	
6:14.90 (29.40)	6:44.32 (29.42)	7:14.07 (29.75)	7:43.65 (29.58)	
8:13.13 (29.48)	8:42.21 (29.08)	9:10.77 (28.56)	9:38.90 (28.13)	
19 Tyler Greene	16	Greater Flint YMCA	9:42.75	9:39.87
26.07	54.19 (28.12)	1:22.96 (28.77)	1:51.73 (28.77)	
2:20.71 (28.98)	2:49.73 (29.02)	3:19.21 (29.48)	3:48.75 (29.54)	
4:18.15 (29.40)	4:47.64 (29.49)	5:17.07 (29.43)	5:46.30 (29.23)	
6:15.71 (29.41)	6:44.95 (29.24)	7:14.41 (29.46)	7:43.94 (29.53)	
8:13.26 (29.32)	8:42.69 (29.43)	9:11.97 (29.28)	9:39.87 (27.90)	
20 Jordan Ray	18	Spokane YMCA	9:59.83	9:40.25
26.44	55.31 (28.87)	1:24.23 (28.92)	1:53.38 (29.15)	
2:22.79 (29.41)	2:52.45 (29.66)	3:22.16 (29.71)	3:51.52 (29.36)	
4:21.22 (29.70)	4:51.05 (29.83)	5:19.19 (28.14)	5:47.90 (28.71)	
6:16.93 (29.03)	6:46.18 (29.25)	7:15.64 (29.46)	7:44.58 (28.94)	
8:13.69 (29.11)	8:43.25 (29.56)	9:13.05 (29.80)	9:40.25 (27.20)	
21 Michael Mowen	17	Waynesboro Family YMCA	9:43.17	9:40.42
24.80	52.40 (27.60)	1:20.93 (28.53)	1:49.72 (28.79)	
2:18.82 (29.10)	2:47.63 (28.81)	3:16.83 (29.20)	3:46.20 (29.37)	
4:15.34 (29.14)	4:44.75 (29.41)	5:14.23 (29.48)	5:43.84 (29.61)	
6:13.47 (29.63)	6:43.19 (29.72)	7:13.34 (30.15)	7:43.27 (29.93)	
8:13.01 (29.74)	8:42.81 (29.80)	9:12.02 (29.21)	9:40.42 (28.40)	
22 Sava Turcanu	14	Catawba Valley YMCA	9:37.88	9:40.54
25.84	54.10 (28.26)	1:22.91 (28.81)	1:52.11 (29.20)	
2:21.37 (29.26)	2:50.92 (29.55)	3:19.93 (29.01)	3:49.31 (29.38)	
4:18.83 (29.52)	4:47.96 (29.13)	5:17.23 (29.27)	5:46.56 (29.33)	
6:15.69 (29.13)	6:45.02 (29.33)	7:14.67 (29.65)	7:44.05 (29.38)	
8:13.54 (29.49)	8:42.91 (29.37)	9:12.27 (29.36)	9:40.54 (28.27)	
23 Bart Platow	17	Westport/Weston CT YMCA	9:53.41	9:40.71
27.05	56.01 (28.96)	1:25.54 (29.53)	1:54.99 (29.45)	
2:24.41 (29.42)	2:53.82 (29.41)	3:22.72 (28.90)	3:51.65 (28.93)	
4:21.04 (29.39)	4:50.28 (29.24)	5:19.51 (29.23)	5:48.48 (28.97)	
6:17.85 (29.37)	6:47.33 (29.48)	7:16.52 (29.19)	7:45.93 (29.41)	
8:15.11 (29.18)	8:43.98 (28.87)	9:12.77 (28.79)	9:40.71 (27.94)	
24 Grant Alef	16	Kishwaukee Family YMCA	9:44.18	9:41.75
25.36	53.67 (28.31)	1:22.61 (28.94)	1:51.89 (29.28)	
2:20.98 (29.09)	2:50.24 (29.26)	3:19.57 (29.33)	3:48.90 (29.33)	
4:18.38 (29.48)	4:47.76 (29.38)	5:17.29 (29.53)	5:46.55 (29.26)	
6:16.04 (29.49)	6:45.43 (29.39)	7:15.15 (29.72)	7:44.69 (29.54)	
8:14.36 (29.67)	8:43.96 (29.60)	9:13.45 (29.49)	9:41.75 (28.30)	
25 Kevin Rogers	16	Triangle Area YMCA	9:35.22	9:42.07
26.13	54.13 (28.00)	1:22.52 (28.39)	1:51.51 (28.99)	
2:21.12 (29.61)	2:50.55 (29.43)	3:20.10 (29.55)	3:50.09 (29.99)	
4:19.38 (29.29)	4:49.24 (29.86)	5:18.78 (29.54)	5:48.35 (29.57)	
6:18.35 (30.00)	6:47.99 (29.64)	7:16.59 (28.60)	7:46.01 (29.42)	
8:15.75 (29.74)	8:44.88 (29.13)	9:13.82 (28.94)	9:42.07 (28.25)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1000 Yard Freestyle Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
26 David Gordon	18	Kishwaukee Family YMCA	9:47.06	9:42.99
25.85	53.83 (27.98)	1:22.51 (28.68)	1:51.24 (28.73)	
2:20.15 (28.91)	2:49.07 (28.92)	3:18.21 (29.14)	3:47.44 (29.23)	
4:16.93 (29.49)	4:46.48 (29.55)	5:16.10 (29.62)	5:45.72 (29.62)	
6:15.57 (29.85)	6:45.40 (29.83)	7:15.28 (29.88)	7:45.09 (29.81)	
8:14.83 (29.74)	8:44.61 (29.78)	9:14.29 (29.68)	9:42.99 (28.70)	
27 JR Creekmore	16	Brandywine -DE YMCA	9:53.64	9:43.54
25.95	54.03 (28.08)	1:22.60 (28.57)	1:51.27 (28.67)	
2:20.30 (29.03)	2:49.51 (29.21)	3:18.75 (29.24)	3:47.98 (29.23)	
4:17.65 (29.67)	4:47.13 (29.48)	5:16.79 (29.66)	5:46.69 (29.90)	
6:16.58 (29.89)	6:46.37 (29.79)	7:16.34 (29.97)	7:46.19 (29.85)	
8:15.77 (29.58)	8:45.45 (29.68)	9:14.94 (29.49)	9:43.54 (28.60)	
28 Matthew Collins	16	Flushing YMCA	9:46.05	9:46.10
26.13	54.98 (28.85)	1:24.32 (29.34)	1:54.16 (29.84)	
2:24.21 (30.05)	2:53.70 (29.49)	3:23.10 (29.40)	3:52.46 (29.36)	
4:22.11 (29.65)	4:52.04 (29.93)	5:21.18 (29.14)	5:50.70 (29.52)	
6:20.10 (29.40)	6:50.09 (29.99)	7:20.58 (30.49)	7:49.39 (28.81)	
8:19.03 (29.64)	8:48.37 (29.34)	9:17.64 (29.27)	9:46.10 (28.46)	
29 Alex Naglich	15	Tri-Hampton Family Branch YMC	9:49.44	9:46.98
26.58	55.46 (28.88)	1:24.66 (29.20)	1:54.38 (29.72)	
2:23.60 (29.22)	2:52.97 (29.37)	3:22.39 (29.42)	3:52.03 (29.64)	
4:21.48 (29.45)	4:51.13 (29.65)	5:19.66 (28.53)	5:48.77 (29.11)	
6:18.17 (29.40)	6:48.22 (30.05)	7:18.05 (29.83)	7:48.16 (30.11)	
8:18.01 (29.85)	8:48.02 (30.01)	9:17.98 (29.96)	9:46.98 (29.00)	
30 Alexander Robinson	17	Goldsboro Family YMCA	9:59.28	9:47.02
25.99	54.13 (28.14)	1:22.86 (28.73)	1:52.33 (29.47)	
2:22.17 (29.84)	2:52.00 (29.83)	3:21.20 (29.20)	3:50.83 (29.63)	
4:20.69 (29.86)	4:50.56 (29.87)	5:20.26 (29.70)	5:50.49 (30.23)	
6:19.23 (28.74)	6:48.92 (29.69)	7:18.86 (29.94)	7:48.74 (29.88)	
8:18.69 (29.95)	8:48.49 (29.80)	9:18.07 (29.58)	9:47.02 (28.95)	
31 Andy Watts	15	Sarasota Family YMCA, Inc	9:56.40	9:47.22
27.01	56.29 (29.28)	1:25.62 (29.33)	1:55.52 (29.90)	
2:25.43 (29.91)	2:55.16 (29.73)	3:24.97 (29.81)	3:54.70 (29.73)	
4:24.33 (29.63)	4:54.75 (30.42)	5:24.00 (29.25)	5:53.90 (29.90)	
6:23.06 (29.16)	6:52.75 (29.69)	7:21.95 (29.20)	7:51.58 (29.63)	
8:21.01 (29.43)	8:50.44 (29.43)	9:19.10 (28.66)	9:47.22 (28.12)	
32 Ryan Hansen	17	Schroeder YMCA	9:34.25	9:47.41
25.28	53.74 (28.46)	1:23.61 (29.87)	1:52.84 (29.23)	
2:21.98 (29.14)	2:51.11 (29.13)	3:20.51 (29.40)	3:49.97 (29.46)	
4:19.77 (29.80)	4:49.99 (30.22)	5:19.23 (29.24)	5:48.47 (29.24)	
6:18.43 (29.96)	6:48.53 (30.10)	7:18.64 (30.11)	7:48.66 (30.02)	
8:18.61 (29.95)	8:48.59 (29.98)	9:18.17 (29.58)	9:47.41 (29.24)	
33 Robert Parker	17	Somerset Valley YMCA	9:40.21	9:49.56
25.35	53.02 (27.67)	1:21.62 (28.60)	1:50.66 (29.04)	
2:20.09 (29.43)	2:49.85 (29.76)	3:19.22 (29.37)	3:48.59 (29.37)	
4:18.23 (29.64)	4:48.21 (29.98)	5:18.40 (30.19)	5:48.19 (29.79)	
6:18.20 (30.01)	6:48.89 (30.69)	7:19.20 (30.31)	7:49.86 (30.66)	
8:19.83 (29.97)	8:49.80 (29.97)	9:20.37 (30.57)	9:49.56 (29.19)	
34 Matt Luminais	14	Upper Main Line YMCA	10:00.42	9:49.95
26.83	55.80 (28.97)	1:25.52 (29.72)	1:55.06 (29.54)	
2:24.73 (29.67)	2:54.48 (29.75)	3:24.58 (30.10)	3:54.43 (29.85)	
4:24.57 (30.14)	4:54.27 (29.70)	5:24.24 (29.97)	5:54.11 (29.87)	
6:23.96 (29.85)	6:53.61 (29.65)	7:23.43 (29.82)	7:53.10 (29.67)	
8:22.56 (29.46)	8:52.18 (29.62)	9:21.64 (29.46)	9:49.95 (28.31)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
35 John Ferretti	13	Sarasota Family YMCA, Inc	9:51.28	9:51.82
28.30	58.31 (30.01)	1:27.79 (29.48)	1:57.33 (29.54)	
2:27.03 (29.70)	2:56.43 (29.40)	3:26.12 (29.69)	3:55.77 (29.65)	
4:25.50 (29.73)	4:55.09 (29.59)	5:24.90 (29.81)	5:54.84 (29.94)	
6:24.59 (29.75)	6:54.46 (29.87)	7:24.26 (29.80)	7:54.11 (29.85)	
8:24.21 (30.10)	8:53.93 (29.72)	9:23.44 (29.51)	9:51.82 (28.38)	
*36 Matt Nutter	16	Andover/North Andover YMCA	9:51.39	9:52.51
25.73	54.01 (28.28)	1:23.18 (29.17)	1:52.70 (29.52)	
2:22.79 (30.09)	2:52.85 (30.06)	3:23.00 (30.15)	3:53.19 (30.19)	
4:23.34 (30.15)	4:53.29 (29.95)	5:23.20 (29.91)	5:53.25 (30.05)	
6:23.69 (30.44)	6:53.81 (30.12)	7:23.98 (30.17)	7:53.91 (29.93)	
8:23.97 (30.06)	8:53.92 (29.95)	9:23.86 (29.94)	9:52.51 (28.65)	
*36 Alex Martinek	16	Spokane YMCA	10:02.88	9:52.51
26.49	55.29 (28.80)	1:24.37 (29.08)	1:54.13 (29.76)	
2:23.42 (29.29)	2:52.85 (29.43)	3:22.54 (29.69)	3:52.45 (29.91)	
4:22.24 (29.79)	4:52.40 (30.16)	5:22.66 (30.26)	5:52.85 (30.19)	
6:23.14 (30.29)	6:53.47 (30.33)	7:24.11 (30.64)	7:53.94 (29.83)	
8:23.93 (29.99)	8:54.15 (30.22)	9:23.76 (29.61)	9:52.51 (28.75)	
38 Eric Spazzarini	18	Laurel East Hartford YMCA	10:02.11	9:54.37
27.05	56.10 (29.05)	1:25.93 (29.83)	1:55.97 (30.04)	
2:26.32 (30.35)	2:56.30 (29.98)	3:26.89 (30.59)	3:57.42 (30.53)	
4:27.64 (30.22)	4:58.13 (30.49)	5:28.62 (30.49)	5:59.08 (30.46)	
6:28.90 (29.82)	6:59.07 (30.17)	7:29.34 (30.27)	7:58.36 (29.02)	
8:27.48 (29.12)	8:56.65 (29.17)	9:26.15 (29.50)	9:54.37 (28.22)	
39 Harry Hamiter	14	M.E. Lyons (Anderson) YMCA	10:00.16	9:55.68
26.23	54.92 (28.69)	1:24.61 (29.69)	1:54.83 (30.22)	
2:24.78 (29.95)	2:54.75 (29.97)	3:24.88 (30.13)	3:54.97 (30.09)	
4:25.21 (30.24)	4:55.47 (30.26)	5:25.47 (30.00)	5:55.63 (30.16)	
6:25.82 (30.19)	6:56.10 (30.28)	7:26.01 (29.91)	7:56.33 (30.32)	
8:26.55 (30.22)	8:56.81 (30.26)	9:27.01 (30.20)	9:55.68 (28.67)	
40 Garrett Spake	15	Rowan County YMCA	9:58.48	9:55.76
27.95	57.19 (29.24)	1:26.88 (29.69)	1:56.80 (29.92)	
2:26.89 (30.09)	2:56.55 (29.66)	3:26.04 (29.49)	3:55.46 (29.42)	
4:25.04 (29.58)	4:54.64 (29.60)	5:24.27 (29.63)	5:54.02 (29.75)	
6:24.03 (30.01)	6:54.32 (30.29)	7:24.60 (30.28)	7:54.57 (29.97)	
8:24.93 (30.36)	8:55.41 (30.48)	9:25.74 (30.33)	9:55.76 (30.02)	
41 Ryan Turner	15	West Shore YMCA	9:42.20	9:56.38
25.60	53.53 (27.93)	1:22.64 (29.11)	1:52.28 (29.64)	
2:22.08 (29.80)	2:52.32 (30.24)	3:22.88 (30.56)	3:53.36 (30.48)	
4:23.26 (29.90)	4:53.23 (29.97)	5:23.32 (30.09)	5:53.65 (30.33)	
6:23.65 (30.00)	6:54.35 (30.70)	7:25.22 (30.87)	7:55.86 (30.64)	
8:26.40 (30.54)	8:56.80 (30.40)	9:26.94 (30.14)	9:56.38 (29.44)	
42 Alex Mathews	18	York And York County YMCA	10:02.20	9:57.27
26.83	55.82 (28.99)	1:25.47 (29.65)	1:55.15 (29.68)	
2:24.84 (29.69)	2:54.75 (29.91)	3:24.61 (29.86)	3:54.46 (29.85)	
4:24.66 (30.20)	4:54.82 (30.16)	5:25.24 (30.42)	5:55.59 (30.35)	
6:25.97 (30.38)	6:56.19 (30.22)	7:26.33 (30.14)	7:56.64 (30.31)	
8:27.30 (30.66)	8:57.64 (30.34)	9:27.63 (29.99)	9:57.27 (29.64)	
43 Ethan McNeil	18	Countryside Ralph Stolle YMCA.	10:00.82	9:58.17
26.09	54.53 (28.44)	1:24.13 (29.60)	1:53.92 (29.79)	
2:24.18 (30.26)	2:54.60 (30.42)	3:25.09 (30.49)	3:55.37 (30.28)	
4:25.72 (30.35)	4:56.27 (30.55)	5:26.25 (29.98)	5:56.73 (30.48)	
6:26.87 (30.14)	6:57.15 (30.28)	7:27.44 (30.29)	7:58.06 (30.62)	
8:28.59 (30.53)	8:58.90 (30.31)	9:29.26 (30.36)	9:58.17 (28.91)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1000 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
44 Mitch Colby	15	Somerset Hills YMCA	9:50.16	9:58.21
26.49	54.94 (28.45)	1:24.32 (29.38)	1:54.15 (29.83)	
2:23.82 (29.67)	2:53.59 (29.77)	3:23.36 (29.77)	3:53.21 (29.85)	
4:23.32 (30.11)	4:53.55 (30.23)	5:23.74 (30.19)	5:54.10 (30.36)	
6:24.55 (30.45)	6:55.32 (30.77)	7:26.20 (30.88)	7:57.01 (30.81)	
8:27.64 (30.63)	8:58.05 (30.41)	9:28.78 (30.73)	9:58.21 (29.43)	
45 Spencer Scarth	17	Wilton Family YMCA	9:56.45	9:58.66
25.90	54.65 (28.75)	1:24.17 (29.52)	1:53.64 (29.47)	
2:23.59 (29.95)	2:53.51 (29.92)	3:23.77 (30.26)	3:53.93 (30.16)	
4:24.29 (30.36)	4:54.89 (30.60)	5:25.66 (30.77)	5:56.39 (30.73)	
6:27.17 (30.78)	6:58.13 (30.96)	7:28.93 (30.80)	7:59.86 (30.93)	
8:30.50 (30.64)	9:01.06 (30.56)	9:30.63 (29.57)	9:58.66 (28.03)	
46 Peter Palmer	16	Birmingham Family YMCA	9:56.21	9:59.00
26.05	55.07 (29.02)	1:24.35 (29.28)	1:53.57 (29.22)	
2:23.49 (29.92)	2:53.42 (29.93)	3:23.55 (30.13)	3:53.58 (30.03)	
4:24.13 (30.55)	4:54.81 (30.68)	5:25.39 (30.58)	5:56.22 (30.83)	
6:27.08 (30.86)	6:57.89 (30.81)	7:28.70 (30.81)	7:59.74 (31.04)	
8:29.42 (29.68)	9:00.67 (31.25)	9:30.43 (29.76)	9:59.00 (28.57)	
47 Mike Napolitano	15	Fanwood-Scotch Plains YMCA	9:52.83	9:59.43
26.93	56.24 (29.31)	1:25.91 (29.67)	1:55.84 (29.93)	
2:25.65 (29.81)	2:55.71 (30.06)	3:26.17 (30.46)	3:56.02 (29.85)	
4:26.10 (30.08)	4:56.44 (30.34)	5:26.52 (30.08)	5:56.92 (30.40)	
6:27.41 (30.49)	6:57.60 (30.19)	7:28.21 (30.61)	7:58.39 (30.18)	
8:28.66 (30.27)	8:59.72 (31.06)	9:30.22 (30.50)	9:59.43 (29.21)	
48 Chase Frazelle	15	Winston Salem YMCA	9:57.57	10:03.84
26.76	55.88 (29.12)	1:25.58 (29.70)	1:55.26 (29.68)	
2:25.06 (29.80)	2:54.95 (29.89)	3:24.98 (30.03)	3:55.14 (30.16)	
4:25.36 (30.22)	4:55.70 (30.34)	5:26.23 (30.53)	5:56.90 (30.67)	
6:28.09 (31.19)	6:58.88 (30.79)	7:30.08 (31.20)	8:01.34 (31.26)	
8:32.20 (30.86)	9:03.26 (31.06)	9:34.16 (30.90)	10:03.84 (29.68)	
49 Jonathan Keim	16	Mid-Delmarva Family YMCA	9:58.80	10:08.07
26.48	56.02 (29.54)	1:25.86 (29.84)	1:55.92 (30.06)	
2:26.05 (30.13)	2:56.21 (30.16)	3:26.74 (30.53)	3:57.51 (30.77)	
4:28.07 (30.56)	4:58.86 (30.79)	5:29.94 (31.08)	6:01.23 (31.29)	
6:32.31 (31.08)	7:03.61 (31.30)	7:34.42 (30.81)	8:05.71 (31.29)	
8:36.72 (31.01)	9:07.49 (30.77)	9:37.95 (30.46)	10:08.07 (30.12)	

**Men 1000 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Parker Baisden	16	Phoenixville Branch YMCA	10:04.99	9:34.08
25.63	53.48 (27.85)	1:21.75 (28.27)	1:50.27 (28.52)	
2:19.23 (28.96)	2:48.12 (28.89)	3:17.15 (29.03)	3:45.91 (28.76)	
4:14.96 (29.05)	4:43.96 (29.00)	5:13.09 (29.13)	5:42.50 (29.41)	
6:11.92 (29.42)	6:41.17 (29.25)	7:10.41 (29.24)	7:40.02 (29.61)	
8:09.20 (29.18)	8:38.31 (29.11)	9:06.81 (28.50)	9:34.08 (27.27)	
2 Matthew Montague	15	M.E. Lyons (Anderson) YMCA	10:09.50	9:50.05
27.08	56.55 (29.47)	1:26.16 (29.61)	1:55.92 (29.76)	
2:25.66 (29.74)	2:55.48 (29.82)	3:25.33 (29.85)	3:55.29 (29.96)	
4:25.00 (29.71)	4:54.96 (29.96)	5:24.72 (29.76)	5:54.41 (29.69)	
6:23.98 (29.57)	6:53.79 (29.81)	7:23.49 (29.70)	7:53.26 (29.77)	
8:22.92 (29.66)	8:52.51 (29.59)	9:21.81 (29.30)	9:50.05 (28.24)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1  
Swimming and Diving Championship  
Results**

**- Time Trial ... (Men 1000 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
3 Austin Kelly	17	Northern Middlesex County YMC	10:41.88	10:02.73
26.83	55.91 (29.08)	1:25.96 (30.05)	1:56.05 (30.09)	
2:26.53 (30.48)	2:56.72 (30.19)	3:27.21 (30.49)	3:57.61 (30.40)	
4:28.58 (30.97)	4:59.38 (30.80)	5:30.11 (30.73)	6:00.57 (30.46)	
6:30.94 (30.37)	7:01.64 (30.70)	7:32.34 (30.70)	8:02.89 (30.55)	
8:33.09 (30.20)	9:03.76 (30.67)	9:33.86 (30.10)	10:02.73 (28.87)	
4 Dylan Ludwick	15	Tri-Hampton Family Branch YMC	10:00.00	10:16.38
26.38	56.25 (29.87)	1:26.49 (30.24)	1:56.61 (30.12)	
2:27.40 (30.79)	2:58.20 (30.80)	3:29.12 (30.92)	4:00.55 (31.43)	
4:31.98 (31.43)	5:03.59 (31.61)	5:34.84 (31.25)	6:07.10 (32.26)	
6:39.39 (32.29)	7:10.66 (31.27)	7:41.28 (30.62)	8:12.99 (31.71)	
8:45.09 (32.10)	9:16.34 (31.25)	9:46.47 (30.13)	10:16.38 (29.91)	
5 Kevin Posten	16	Greater Flint YMCA	10:36.08	10:20.63
27.89	58.40 (30.51)	1:29.33 (30.93)	1:59.76 (30.43)	
2:30.19 (30.43)	3:00.94 (30.75)	3:32.10 (31.16)	4:02.90 (30.80)	
4:34.50 (31.60)	5:06.10 (31.60)	5:38.15 (32.05)	6:10.20 (32.05)	
6:41.32 (31.12)	7:12.83 (31.51)	7:44.63 (31.80)	8:16.31 (31.68)	
8:47.95 (31.64)	9:19.06 (31.11)	9:49.69 (30.63)	10:20.63 (30.94)	
6 Alex Burgess	14	Powel Crosley Jr. YMCA	10:13.14	10:20.75
27.75	57.94 (30.19)	1:28.69 (30.75)	1:59.90 (31.21)	
2:31.13 (31.23)	3:02.43 (31.30)	3:34.05 (31.62)	4:05.54 (31.49)	
4:36.70 (31.16)	5:08.03 (31.33)	5:39.35 (31.32)	6:10.66 (31.31)	
6:41.98 (31.32)	7:13.55 (31.57)	7:44.98 (31.43)	8:16.16 (31.18)	
8:47.50 (31.34)	9:18.97 (31.47)	9:50.55 (31.58)	10:20.75 (30.20)	

**Men 1650 Yard Freestyle Swimming Competition**

National: 15:10.41 \* 4/5/2007 Charlie Houchin

Triangle Area

Name	Age	Team	Seed Time	Finals Time
1 Chris Kramer	18	York And York County YMCA	15:45.50	15:20.72
25.75	53.41 (27.66)	1:21.36 (27.95)	1:49.44 (28.08)	
2:17.56 (28.12)	2:45.55 (27.99)	3:13.48 (27.93)	3:41.49 (28.01)	
4:09.56 (28.07)	4:37.51 (27.95)	5:05.51 (28.00)	5:33.52 (28.01)	
6:01.81 (28.29)	6:29.91 (28.10)	6:57.97 (28.06)	7:25.96 (27.99)	
7:53.89 (27.93)	8:22.07 (28.18)	8:49.90 (27.83)	9:17.70 (27.80)	
9:45.75 (28.05)	10:13.65 (27.90)	10:41.48 (27.83)	11:09.33 (27.85)	
11:37.48 (28.15)	12:05.41 (27.93)	12:33.47 (28.06)	13:01.50 (28.03)	
13:29.53 (28.03)	13:57.56 (28.03)	14:25.68 (28.12)	14:53.69 (28.01)	15:20.72 (27.03)
2 Ty Perkins	18	South Family YMCA-Kettering	15:40.89	15:28.04
25.08	52.20 (27.12)	1:19.68 (27.48)	1:47.30 (27.62)	
2:15.05 (27.75)	2:42.84 (27.79)	3:10.78 (27.94)	3:38.96 (28.18)	
4:07.16 (28.20)	4:35.27 (28.11)	5:03.42 (28.15)	5:31.63 (28.21)	
5:59.71 (28.08)	6:27.99 (28.28)	6:56.42 (28.43)	7:24.85 (28.43)	
7:53.09 (28.24)	8:21.03 (27.94)	8:49.09 (28.06)	9:17.50 (28.41)	
9:45.80 (28.30)	10:14.21 (28.41)	10:42.60 (28.39)	11:11.04 (28.44)	
11:39.79 (28.75)	12:08.38 (28.59)	12:37.07 (28.69)	13:05.90 (28.83)	
13:34.41 (28.51)	14:02.82 (28.41)	14:31.47 (28.65)	15:00.06 (28.59)	15:28.04 (27.98)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
3 Alex Miller	17	M.E. Lyons (Anderson) YMCA	15:51.37	15:30.24
25.33	53.16 (27.83)	1:21.31 (28.15)	1:49.47 (28.16)	
2:17.45 (27.98)	2:45.32 (27.87)	3:13.03 (27.71)	3:41.09 (28.06)	
4:09.14 (28.05)	4:37.01 (27.87)	5:05.01 (28.00)	5:33.03 (28.02)	
6:01.01 (27.98)	6:28.96 (27.95)	6:57.20 (28.24)	7:25.54 (28.34)	
7:53.59 (28.05)	8:21.87 (28.28)	8:50.14 (28.27)	9:18.57 (28.43)	
9:46.94 (28.37)	10:15.51 (28.57)	10:44.04 (28.53)	11:12.95 (28.91)	
11:41.80 (28.85)	12:10.66 (28.86)	12:39.35 (28.69)	13:08.17 (28.82)	
13:36.40 (28.23)	14:05.02 (28.62)	14:33.76 (28.74)	15:02.30 (28.54)	15:30.24 (27.94)
4 Matthew Kaminske	18	Sarasota Family YMCA, Inc	15:49.47	15:35.34
26.32	54.53 (28.21)	1:22.89 (28.36)	1:51.49 (28.60)	
2:19.86 (28.37)	2:48.55 (28.69)	3:17.14 (28.59)	3:45.67 (28.53)	
4:14.12 (28.45)	4:42.36 (28.24)	5:10.67 (28.31)	5:39.00 (28.33)	
6:07.39 (28.39)	6:35.79 (28.40)	7:04.12 (28.33)	7:32.52 (28.40)	
8:01.00 (28.48)	8:29.48 (28.48)	8:57.94 (28.46)	9:26.44 (28.50)	
9:54.88 (28.44)	10:23.14 (28.26)	10:51.49 (28.35)	11:19.86 (28.37)	
11:48.20 (28.34)	12:16.65 (28.45)	12:45.04 (28.39)	13:13.65 (28.61)	
13:42.33 (28.68)	14:11.07 (28.74)	14:39.55 (28.48)	15:08.09 (28.54)	15:35.34 (27.25)
5 John Silvers	16	Sarasota Family YMCA, Inc	15:35.59	15:37.00
26.18	54.13 (27.95)	1:22.19 (28.06)	1:50.34 (28.15)	
2:18.59 (28.25)	2:46.93 (28.34)	3:15.25 (28.32)	3:43.66 (28.41)	
4:12.01 (28.35)	4:40.70 (28.69)	5:08.79 (28.09)	5:37.01 (28.22)	
6:05.36 (28.35)	6:33.85 (28.49)	7:02.36 (28.51)	7:30.98 (28.62)	
7:59.69 (28.71)	8:28.44 (28.75)	8:57.15 (28.71)	9:26.02 (28.87)	
9:54.53 (28.51)	10:23.15 (28.62)	10:51.64 (28.49)	11:20.42 (28.78)	
11:49.27 (28.85)	12:18.29 (29.02)	12:47.16 (28.87)	13:15.93 (28.77)	
13:44.72 (28.79)	14:13.47 (28.75)	14:42.32 (28.85)	15:10.41 (28.09)	15:37.00 (26.59)
6 Graham Williams	15	Catawba Valley YMCA	16:01.64	15:37.31
25.71	53.82 (28.11)	1:21.87 (28.05)	1:50.58 (28.71)	
2:19.14 (28.56)	2:48.03 (28.89)	3:16.83 (28.80)	3:45.65 (28.82)	
4:14.60 (28.95)	4:43.68 (29.08)	5:12.36 (28.68)	5:41.51 (29.15)	
6:10.05 (28.54)	6:38.78 (28.73)	7:07.54 (28.76)	7:36.08 (28.54)	
8:04.58 (28.50)	8:33.15 (28.57)	9:01.77 (28.62)	9:30.23 (28.46)	
9:58.64 (28.41)	10:27.00 (28.36)	10:55.46 (28.46)	11:24.05 (28.59)	
11:52.66 (28.61)	12:21.16 (28.50)	12:49.63 (28.47)	13:17.96 (28.33)	
13:46.27 (28.31)	14:14.64 (28.37)	14:42.96 (28.32)	15:10.75 (27.79)	15:37.31 (26.56)
7 Alex Benham	18	Triangle Area YMCA	16:10.65	15:46.24
24.99	52.32 (27.33)	1:20.57 (28.25)	1:49.22 (28.65)	
2:17.65 (28.43)	2:46.10 (28.45)	3:14.90 (28.80)	3:43.57 (28.67)	
4:12.45 (28.88)	4:41.51 (29.06)	5:10.20 (28.69)	5:39.26 (29.06)	
6:08.45 (29.19)	6:37.36 (28.91)	7:06.55 (29.19)	7:35.57 (29.02)	
8:04.81 (29.24)	8:34.19 (29.38)	9:03.27 (29.08)	9:32.33 (29.06)	
10:01.10 (28.77)	10:30.01 (28.91)	10:59.10 (29.09)	11:28.33 (29.23)	
11:57.28 (28.95)	12:26.21 (28.93)	12:55.63 (29.42)	13:24.63 (29.00)	
13:53.59 (28.96)	14:22.56 (28.97)	14:51.30 (28.74)	15:19.76 (28.46)	15:46.24 (26.48)
8 Brian Molloy	17	Ocean County YMCA	16:05.41	15:46.37
25.37	52.94 (27.57)	1:21.84 (28.90)	1:50.53 (28.69)	
2:19.31 (28.78)	2:48.36 (29.05)	3:17.39 (29.03)	3:46.33 (28.94)	
4:15.50 (29.17)	4:44.62 (29.12)	5:12.87 (28.25)	5:41.98 (29.11)	
6:10.97 (28.99)	6:39.87 (28.90)	7:09.00 (29.13)	7:38.45 (29.45)	
8:07.63 (29.18)	8:36.85 (29.22)	9:06.43 (29.58)	9:35.67 (29.24)	
10:04.69 (29.02)	10:33.78 (29.09)	11:02.80 (29.02)	11:31.35 (28.55)	
12:00.55 (29.20)	12:29.53 (28.98)	12:58.24 (28.71)	13:26.80 (28.56)	
13:55.30 (28.50)	14:23.48 (28.18)	14:51.63 (28.15)	15:19.25 (27.62)	15:46.37 (27.12)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
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**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
9 Jason Brame	17	Lynchburg YMCA	15:52.36	15:50.10
26.07	54.02 (27.95)	1:22.40 (28.38)	1:51.09 (28.69)	
2:19.68 (28.59)	2:48.66 (28.98)	3:17.49 (28.83)	3:46.29 (28.80)	
4:15.03 (28.74)	4:43.78 (28.75)	5:12.64 (28.86)	5:41.35 (28.71)	
6:10.09 (28.74)	6:38.95 (28.86)	7:07.92 (28.97)	7:37.00 (29.08)	
8:05.98 (28.98)	8:34.89 (28.91)	9:03.89 (29.00)	9:32.81 (28.92)	
10:01.83 (29.02)	10:30.95 (29.12)	11:00.15 (29.20)	11:29.18 (29.03)	
11:58.24 (29.06)	12:27.27 (29.03)	12:56.41 (29.14)	13:25.82 (29.41)	
13:54.95 (29.13)	14:24.31 (29.36)	14:53.57 (29.26)	15:22.44 (28.87)	15:50.10 (27.66)
10 Kevin Morlock	18	Harford County Family YMCA	16:08.69	15:54.25
25.70	53.29 (27.59)	1:21.84 (28.55)	1:50.65 (28.81)	
2:19.68 (29.03)	2:48.37 (28.69)	3:16.99 (28.62)	3:46.02 (29.03)	
4:15.24 (29.22)	4:43.86 (28.62)	5:12.98 (29.12)	5:42.30 (29.32)	
6:11.61 (29.31)	6:40.50 (28.89)	7:09.61 (29.11)	7:38.92 (29.31)	
8:08.19 (29.27)	8:37.32 (29.13)	9:06.52 (29.20)	9:35.94 (29.42)	
10:05.15 (29.21)	10:34.46 (29.31)	11:03.86 (29.40)	11:33.41 (29.55)	
12:03.00 (29.59)	12:32.44 (29.44)	13:01.76 (29.32)	13:31.39 (29.63)	
14:00.72 (29.33)	14:30.08 (29.36)	14:58.81 (28.73)	15:27.23 (28.42)	15:54.25 (27.02)
11 Tom McKee	16	Brandywine -DE YMCA	16:23.23	15:54.51
25.96	54.54 (28.58)	1:23.66 (29.12)	1:52.93 (29.27)	
2:22.15 (29.22)	2:51.14 (28.99)	3:20.51 (29.37)	3:49.55 (29.04)	
4:18.85 (29.30)	4:48.08 (29.23)	5:16.81 (28.73)	5:45.67 (28.86)	
6:14.76 (29.09)	6:43.69 (28.93)	7:12.77 (29.08)	7:41.90 (29.13)	
8:11.12 (29.22)	8:40.38 (29.26)	9:09.54 (29.16)	9:39.11 (29.57)	
10:07.82 (28.71)	10:36.43 (28.61)	11:04.96 (28.53)	11:33.79 (28.83)	
12:02.71 (28.92)	12:31.93 (29.22)	13:00.82 (28.89)	13:30.04 (29.22)	
13:59.33 (29.29)	14:28.62 (29.29)	14:58.01 (29.39)	15:27.39 (29.38)	15:54.51 (27.12)
12 Ethan Griffel	17	Idaho Falls YMCA	16:19.52	15:54.99
25.71	54.74 (29.03)	1:23.94 (29.20)	1:53.47 (29.53)	
2:22.62 (29.15)	2:51.50 (28.88)	3:20.68 (29.18)	3:49.84 (29.16)	
4:19.01 (29.17)	4:48.15 (29.14)	5:17.29 (29.14)	5:45.81 (28.52)	
6:14.86 (29.05)	6:44.01 (29.15)	7:12.87 (28.86)	7:41.83 (28.96)	
8:11.20 (29.37)	8:40.70 (29.50)	9:09.84 (29.14)	9:39.71 (29.87)	
10:08.72 (29.01)	10:37.53 (28.81)	11:06.45 (28.92)	11:35.32 (28.87)	
12:04.31 (28.99)	12:33.62 (29.31)	13:02.78 (29.16)	13:31.79 (29.01)	
14:01.32 (29.53)	14:31.06 (29.74)	15:00.36 (29.30)	15:28.31 (27.95)	15:54.99 (26.68)
13 Tim Bouvier	17	North Shore (Sterling) MA YMCA	16:06.18	15:56.19
26.20	54.78 (28.58)	1:23.62 (28.84)	1:52.50 (28.88)	
2:21.55 (29.05)	2:50.74 (29.19)	3:19.50 (28.76)	3:48.28 (28.78)	
4:17.31 (29.03)	4:46.55 (29.24)	5:15.57 (29.02)	5:44.78 (29.21)	
6:13.91 (29.13)	6:43.25 (29.34)	7:12.65 (29.40)	7:41.77 (29.12)	
8:11.00 (29.23)	8:40.23 (29.23)	9:09.65 (29.42)	9:38.86 (29.21)	
10:08.09 (29.23)	10:37.21 (29.12)	11:06.34 (29.13)	11:35.57 (29.23)	
12:04.68 (29.11)	12:33.80 (29.12)	13:02.87 (29.07)	13:32.08 (29.21)	
14:01.19 (29.11)	14:30.48 (29.29)	14:59.73 (29.25)	15:28.84 (29.11)	15:56.19 (27.35)
14 Carlo Biedenharn	17	Countryside Ralph Stolle YMCA	16:17.97	15:56.33
26.23	55.07 (28.84)	1:24.46 (29.39)	1:53.65 (29.19)	
2:23.29 (29.64)	2:52.82 (29.53)	3:22.27 (29.45)	3:51.93 (29.66)	
4:21.37 (29.44)	4:50.93 (29.56)	5:18.95 (28.02)	5:47.37 (28.42)	
6:16.01 (28.64)	6:44.64 (28.63)	7:13.89 (29.25)	7:43.02 (29.13)	
8:12.09 (29.07)	8:41.00 (28.91)	9:10.28 (29.28)	9:39.45 (29.17)	
10:07.58 (28.13)	10:36.20 (28.62)	11:04.77 (28.57)	11:33.68 (28.91)	
12:02.77 (29.09)	12:31.89 (29.12)	13:01.44 (29.55)	13:30.76 (29.32)	
14:00.25 (29.49)	14:29.64 (29.39)	14:59.16 (29.52)	15:28.85 (29.69)	15:56.33 (27.48)



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
15 Parker Baisden	16	Phoenixville Branch YMCA	16:30.97	15:58.71
25.54	53.41 (27.87)	1:21.89 (28.48)	1:50.65 (28.76)	
2:19.49 (28.84)	2:48.16 (28.67)	3:16.85 (28.69)	3:45.87 (29.02)	
4:14.90 (29.03)	4:43.82 (28.92)	5:12.85 (29.03)	5:41.88 (29.03)	
6:11.01 (29.13)	6:40.15 (29.14)	7:09.62 (29.47)	7:39.10 (29.48)	
8:08.46 (29.36)	8:38.10 (29.64)	9:07.36 (29.26)	9:36.64 (29.28)	
10:06.25 (29.61)	10:35.54 (29.29)	11:05.16 (29.62)	11:34.87 (29.71)	
12:04.72 (29.85)	12:34.47 (29.75)	13:04.12 (29.65)	13:34.03 (29.91)	
14:03.49 (29.46)	14:33.37 (29.88)	15:02.81 (29.44)	15:31.61 (28.80)	15:58.71 (27.10)
16 Tyler Greene	16	Greater Flint YMCA	16:12.57	16:02.54
26.27	54.90 (28.63)	1:23.93 (29.03)	1:53.22 (29.29)	
2:22.51 (29.29)	2:51.87 (29.36)	3:21.04 (29.17)	3:50.40 (29.36)	
4:19.49 (29.09)	4:48.49 (29.00)	5:17.67 (29.18)	5:46.91 (29.24)	
6:16.26 (29.35)	6:45.47 (29.21)	7:14.76 (29.29)	7:44.07 (29.31)	
8:13.34 (29.27)	8:42.63 (29.29)	9:11.78 (29.15)	9:40.98 (29.20)	
10:10.30 (29.32)	10:39.68 (29.38)	11:09.03 (29.35)	11:38.27 (29.24)	
12:07.55 (29.28)	12:36.86 (29.31)	13:06.46 (29.60)	13:36.04 (29.58)	
14:05.62 (29.58)	14:35.07 (29.45)	15:04.71 (29.64)	15:34.35 (29.64)	16:02.54 (28.19)
17 Michael Mowen	17	Waynesboro Family YMCA	16:25.04	16:04.77
26.19	54.94 (28.75)	1:23.88 (28.94)	1:52.71 (28.83)	
2:21.87 (29.16)	2:50.75 (28.88)	3:19.98 (29.23)	3:49.18 (29.20)	
4:18.54 (29.36)	4:47.86 (29.32)	5:17.32 (29.46)	5:46.90 (29.58)	
6:16.30 (29.40)	6:45.45 (29.15)	7:14.77 (29.32)	7:44.30 (29.53)	
8:13.93 (29.63)	8:43.27 (29.34)	9:12.64 (29.37)	9:42.47 (29.83)	
10:12.07 (29.60)	10:41.23 (29.16)	11:10.83 (29.60)	11:40.57 (29.74)	
12:09.97 (29.40)	12:39.64 (29.67)	13:09.44 (29.80)	13:38.81 (29.37)	
14:08.65 (29.84)	14:38.05 (29.40)	15:07.26 (29.21)	15:36.42 (29.16)	16:04.77 (28.35)
18 Jordan Ray	18	Spokane YMCA	16:40.06	16:05.27
26.30	54.89 (28.59)	1:24.12 (29.23)	1:52.76 (28.64)	
2:21.92 (29.16)	2:51.60 (29.68)	3:21.07 (29.47)	3:50.16 (29.09)	
4:18.79 (28.63)	4:47.87 (29.08)	5:17.66 (29.79)	5:46.82 (29.16)	
6:16.71 (29.89)	6:46.46 (29.75)	7:16.74 (30.28)	7:46.16 (29.42)	
8:14.71 (28.55)	8:43.70 (28.99)	9:13.03 (29.33)	9:42.60 (29.57)	
10:11.61 (29.01)	10:40.77 (29.16)	11:10.44 (29.67)	11:40.01 (29.57)	
12:10.10 (30.09)	12:39.76 (29.66)	13:09.61 (29.85)	13:39.52 (29.91)	
14:08.86 (29.34)	14:38.80 (29.94)	15:08.35 (29.55)	15:37.52 (29.17)	16:05.27 (27.75)
19 Andrew Cook	16	Lynchburg YMCA	16:41.72	16:07.18
26.17	54.48 (28.31)	1:23.12 (28.64)	1:52.18 (29.06)	
2:21.35 (29.17)	2:50.69 (29.34)	3:20.10 (29.41)	3:49.51 (29.41)	
4:19.19 (29.68)	4:48.77 (29.58)	5:18.62 (29.85)	5:48.18 (29.56)	
6:17.98 (29.80)	6:47.20 (29.22)	7:17.26 (30.06)	7:46.58 (29.32)	
8:16.15 (29.57)	8:45.48 (29.33)	9:14.84 (29.36)	9:44.93 (30.09)	
10:14.19 (29.26)	10:43.95 (29.76)	11:13.54 (29.59)	11:43.38 (29.84)	
12:13.47 (30.09)	12:42.40 (28.93)	13:11.64 (29.24)	13:41.45 (29.81)	
14:10.97 (29.52)	14:40.91 (29.94)	15:10.28 (29.37)	15:39.51 (29.23)	16:07.18 (27.67)
20 Derek Pridemore	15	Sarasota Family YMCA, Inc	16:21.77	16:08.35
26.68	56.03 (29.35)	1:25.59 (29.56)	1:55.20 (29.61)	
2:25.01 (29.81)	2:54.40 (29.39)	3:23.48 (29.08)	3:52.98 (29.50)	
4:22.27 (29.29)	4:51.73 (29.46)	5:20.84 (29.11)	5:50.00 (29.16)	
6:19.81 (29.81)	6:48.52 (28.71)	7:17.78 (29.26)	7:47.46 (29.68)	
8:16.66 (29.20)	8:45.69 (29.03)	9:15.54 (29.85)	9:45.17 (29.63)	
10:13.92 (28.75)	10:43.09 (29.17)	11:12.92 (29.83)	11:43.27 (30.35)	
12:12.72 (29.45)	12:41.10 (28.38)	13:11.13 (30.03)	13:40.54 (29.41)	
14:10.81 (30.27)	14:40.80 (29.99)	15:10.22 (29.42)	15:39.62 (29.40)	16:08.35 (28.73)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
21 Sean Brown	18	B.R. Ryall (Northwestern Dupag	16:24.04	16:08.81
26.05	54.31 (28.26)	1:23.18 (28.87)	1:52.07 (28.89)	
2:21.14 (29.07)	2:50.26 (29.12)	3:19.66 (29.40)	3:48.94 (29.28)	
4:18.36 (29.42)	4:47.71 (29.35)	5:17.32 (29.61)	5:46.93 (29.61)	
6:16.65 (29.72)	6:46.27 (29.62)	7:15.81 (29.54)	7:45.29 (29.48)	
8:14.87 (29.58)	8:44.48 (29.61)	9:14.13 (29.65)	9:43.86 (29.73)	
10:13.44 (29.58)	10:43.19 (29.75)	11:13.09 (29.90)	11:43.06 (29.97)	
12:12.70 (29.64)	12:42.53 (29.83)	13:12.48 (29.95)	13:42.21 (29.73)	
14:12.05 (29.84)	14:41.12 (29.07)	15:10.31 (29.19)	15:39.82 (29.51)	16:08.81 (28.99)
22 David Gordon	18	Kishwaukee Family YMCA	16:25.25	16:09.47
25.63	53.93 (28.30)	1:22.75 (28.82)	1:51.97 (29.22)	
2:21.32 (29.35)	2:50.60 (29.28)	3:19.93 (29.33)	3:49.28 (29.35)	
4:18.58 (29.30)	4:48.07 (29.49)	5:17.56 (29.49)	5:47.17 (29.61)	
6:16.72 (29.55)	6:46.24 (29.52)	7:15.79 (29.55)	7:45.30 (29.51)	
8:14.86 (29.56)	8:44.49 (29.63)	9:14.11 (29.62)	9:43.84 (29.73)	
10:13.38 (29.54)	10:43.10 (29.72)	11:12.93 (29.83)	11:42.89 (29.96)	
12:12.76 (29.87)	12:42.57 (29.81)	13:12.54 (29.97)	13:42.44 (29.90)	
14:12.42 (29.98)	14:42.18 (29.76)	15:11.87 (29.69)	15:41.30 (29.43)	16:09.47 (28.17)
23 Connor Maher	16	Downtown Youth Center YMCA	16:18.10	16:10.06
26.34	55.24 (28.90)	1:24.31 (29.07)	1:53.52 (29.21)	
2:22.97 (29.45)	2:51.55 (28.58)	3:20.55 (29.00)	3:49.59 (29.04)	
4:18.70 (29.11)	4:48.10 (29.40)	5:17.36 (29.26)	5:46.66 (29.30)	
6:16.29 (29.63)	6:45.73 (29.44)	7:15.53 (29.80)	7:45.20 (29.67)	
8:14.91 (29.71)	8:44.95 (30.04)	9:14.69 (29.74)	9:44.29 (29.60)	
10:13.85 (29.56)	10:43.69 (29.84)	11:13.57 (29.88)	11:43.13 (29.56)	
12:12.63 (29.50)	12:42.39 (29.76)	13:11.94 (29.55)	13:41.64 (29.70)	
14:11.47 (29.83)	14:41.38 (29.91)	15:11.36 (29.98)	15:41.33 (29.97)	16:10.06 (28.73)
24 Ryan Turner	15	West Shore YMCA	16:22.56	16:10.25
26.39	55.65 (29.26)	1:24.85 (29.20)	1:53.93 (29.08)	
2:23.53 (29.60)	2:53.05 (29.52)	3:22.33 (29.28)	3:51.86 (29.53)	
4:21.47 (29.61)	4:50.94 (29.47)	5:20.70 (29.76)	5:50.65 (29.95)	
6:20.74 (30.09)	6:50.54 (29.80)	7:20.47 (29.93)	7:51.09 (30.62)	
8:20.89 (29.80)	8:51.20 (30.31)	9:21.38 (30.18)	9:51.30 (29.92)	
10:20.88 (29.58)	10:50.37 (29.49)	11:19.55 (29.18)	11:48.89 (29.34)	
12:17.90 (29.01)	12:47.49 (29.59)	13:17.22 (29.73)	13:47.10 (29.88)	
14:17.05 (29.95)	14:45.24 (28.19)	15:14.26 (29.02)	15:43.26 (29.00)	16:10.25 (26.99)
25 Robby Harder	15	Wilton Family YMCA	16:16.70	16:15.80
25.87	54.33 (28.46)	1:23.15 (28.82)	1:52.26 (29.11)	
2:21.58 (29.32)	2:50.76 (29.18)	3:20.42 (29.66)	3:49.72 (29.30)	
4:19.31 (29.59)	4:49.10 (29.79)	5:18.52 (29.42)	5:48.39 (29.87)	
6:18.15 (29.76)	6:48.11 (29.96)	7:18.05 (29.94)	7:48.05 (30.00)	
8:18.05 (30.00)	8:48.34 (30.29)	9:18.39 (30.05)	9:48.30 (29.91)	
10:18.35 (30.05)	10:48.32 (29.97)	11:18.42 (30.10)	11:48.56 (30.14)	
12:18.86 (30.30)	12:48.92 (30.06)	13:19.04 (30.12)	13:49.07 (30.03)	
14:19.19 (30.12)	14:48.73 (29.54)	15:18.45 (29.72)	15:47.16 (28.71)	16:15.80 (28.64)
26 Jonny Kleinhenz	17	Powel Crosley Jr. YMCA	16:22.48	16:20.04
26.53	55.34 (28.81)	1:24.72 (29.38)	1:54.31 (29.59)	
2:24.22 (29.91)	2:54.14 (29.92)	3:24.33 (30.19)	3:54.34 (30.01)	
4:24.59 (30.25)	4:54.59 (30.00)	5:23.85 (29.26)	5:53.40 (29.55)	
6:23.08 (29.68)	6:52.90 (29.82)	7:22.73 (29.83)	7:52.45 (29.72)	
8:22.22 (29.77)	8:52.17 (29.95)	9:22.22 (30.05)	9:52.56 (30.34)	
10:22.34 (29.78)	10:52.58 (30.24)	11:22.91 (30.33)	11:52.86 (29.95)	
12:22.71 (29.85)	12:52.83 (30.12)	13:23.08 (30.25)	13:53.24 (30.16)	
14:23.27 (30.03)	14:53.07 (29.80)	15:22.97 (29.90)	15:52.33 (29.36)	16:20.04 (27.71)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
27 Alexander Robinson	17	Goldsboro Family YMCA	16:35.17	16:20.39
26.15	54.50 (28.35)	1:23.64 (29.14)	1:52.96 (29.32)	
2:22.73 (29.77)	2:52.00 (29.27)	3:21.60 (29.60)	3:51.16 (29.56)	
4:20.56 (29.40)	4:50.37 (29.81)	5:20.19 (29.82)	5:50.02 (29.83)	
6:20.22 (30.20)	6:50.62 (30.40)	7:20.72 (30.10)	7:50.71 (29.99)	
8:21.03 (30.32)	8:51.03 (30.00)	9:21.45 (30.42)	9:52.03 (30.58)	
10:21.27 (29.24)	10:51.59 (30.32)	11:21.49 (29.90)	11:51.82 (30.33)	
12:21.78 (29.96)	12:51.95 (30.17)	13:21.86 (29.91)	13:52.22 (30.36)	
14:22.39 (30.17)	14:52.11 (29.72)	15:22.36 (30.25)	15:51.93 (29.57)	16:20.39 (28.46)
28 Matt Ramey	17	Laurel Highlands Regional YMCA	16:40.59	16:20.54
26.22	55.03 (28.81)	1:24.14 (29.11)	1:53.22 (29.08)	
2:22.17 (28.95)	2:51.61 (29.44)	3:21.06 (29.45)	3:50.44 (29.38)	
4:19.72 (29.28)	4:49.01 (29.29)	5:18.60 (29.59)	5:48.11 (29.51)	
6:17.75 (29.64)	6:47.48 (29.73)	7:17.27 (29.79)	7:47.06 (29.79)	
8:16.91 (29.85)	8:47.01 (30.10)	9:17.03 (30.02)	9:47.15 (30.12)	
10:17.46 (30.31)	10:47.77 (30.31)	11:18.11 (30.34)	11:48.82 (30.71)	
12:19.18 (30.36)	12:49.47 (30.29)	13:19.89 (30.42)	13:50.46 (30.57)	
14:20.75 (30.29)	14:50.91 (30.16)	15:21.18 (30.27)	15:51.30 (30.12)	16:20.54 (29.24)
29 Grant Alef	16	Kishwaukee Family YMCA	16:22.28	16:21.44
26.26	55.46 (29.20)	1:25.07 (29.61)	1:54.64 (29.57)	
2:24.14 (29.50)	2:53.78 (29.64)	3:23.45 (29.67)	3:53.01 (29.56)	
4:22.65 (29.64)	4:52.49 (29.84)	5:22.35 (29.86)	5:52.17 (29.82)	
6:22.15 (29.98)	6:52.01 (29.86)	7:21.93 (29.92)	7:51.89 (29.96)	
8:21.98 (30.09)	8:52.02 (30.04)	9:22.10 (30.08)	9:52.24 (30.14)	
10:22.58 (30.34)	10:52.80 (30.22)	11:22.84 (30.04)	11:53.08 (30.24)	
12:23.20 (30.12)	12:53.15 (29.95)	13:23.07 (29.92)	13:52.90 (29.83)	
14:22.68 (29.78)	14:52.88 (30.20)	15:22.98 (30.10)	15:52.95 (29.97)	16:21.44 (28.49)
30 Kemp Pettyjohn	16	Lynchburg YMCA	16:21.65	16:21.53
26.22	55.16 (28.94)	1:24.26 (29.10)	1:53.46 (29.20)	
2:22.80 (29.34)	2:52.01 (29.21)	3:21.23 (29.22)	3:50.73 (29.50)	
4:20.48 (29.75)	4:49.81 (29.33)	5:19.42 (29.61)	5:49.06 (29.64)	
6:18.99 (29.93)	6:49.09 (30.10)	7:19.52 (30.43)	7:49.92 (30.40)	
8:20.19 (30.27)	8:50.73 (30.54)	9:21.26 (30.53)	9:51.34 (30.08)	
10:21.97 (30.63)	10:52.41 (30.44)	11:23.11 (30.70)	11:53.07 (29.96)	
12:22.85 (29.78)	12:52.46 (29.61)	13:22.26 (29.80)	13:52.39 (30.13)	
14:22.07 (29.68)	14:52.36 (30.29)	15:22.67 (30.31)	15:52.40 (29.73)	16:21.53 (29.13)
31 Alex Martinek	16	Spokane YMCA	16:42.46	16:22.05
27.24	55.77 (28.53)	1:25.00 (29.23)	1:54.31 (29.31)	
2:23.97 (29.66)	2:53.50 (29.53)	3:23.53 (30.03)	3:53.24 (29.71)	
4:23.23 (29.99)	4:53.06 (29.83)	5:23.14 (30.08)	5:53.27 (30.13)	
6:23.10 (29.83)	6:53.16 (30.06)	7:23.14 (29.98)	7:53.33 (30.19)	
8:23.76 (30.43)	8:53.89 (30.13)	9:23.66 (29.77)	9:54.10 (30.44)	
10:24.49 (30.39)	10:54.33 (29.84)	11:23.91 (29.58)	11:53.48 (29.57)	
12:23.09 (29.61)	12:52.97 (29.88)	13:22.73 (29.76)	13:52.03 (29.30)	
14:21.97 (29.94)	14:52.52 (30.55)	15:23.09 (30.57)	15:52.97 (29.88)	16:22.05 (29.08)
32 Mitch Colby	15	Somerset Hills YMCA	16:35.75	16:23.86
27.19	56.26 (29.07)	1:25.77 (29.51)	1:55.47 (29.70)	
2:25.43 (29.96)	2:55.49 (30.06)	3:25.07 (29.58)	3:54.75 (29.68)	
4:24.75 (30.00)	4:54.78 (30.03)	5:24.65 (29.87)	5:54.71 (30.06)	
6:24.88 (30.17)	6:54.96 (30.08)	7:24.94 (29.98)	7:54.66 (29.72)	
8:24.66 (30.00)	8:55.02 (30.36)	9:25.10 (30.08)	9:55.52 (30.42)	
10:25.81 (30.29)	10:55.91 (30.10)	11:26.07 (30.16)	11:56.26 (30.19)	
12:26.46 (30.20)	12:56.44 (29.98)	13:25.95 (29.51)	13:55.84 (29.89)	
14:26.21 (30.37)	14:56.24 (30.03)	15:25.78 (29.54)	15:55.10 (29.32)	16:23.86 (28.76)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
33 JR Creekmore	16	Brandywine -DE YMCA	16:31.83	16:24.11
26.16	54.27 (28.11)	1:23.32 (29.05)	1:52.68 (29.36)	
2:22.20 (29.52)	2:51.57 (29.37)	3:21.34 (29.77)	3:51.10 (29.76)	
4:20.88 (29.78)	4:50.67 (29.79)	5:20.37 (29.70)	5:50.41 (30.04)	
6:20.23 (29.82)	6:50.09 (29.86)	7:19.98 (29.89)	7:50.12 (30.14)	
8:20.30 (30.18)	8:50.40 (30.10)	9:20.55 (30.15)	9:50.88 (30.33)	
10:20.96 (30.08)	10:51.29 (30.33)	11:21.82 (30.53)	11:52.35 (30.53)	
12:22.76 (30.41)	12:53.42 (30.66)	13:23.58 (30.16)	13:53.78 (30.20)	
14:24.22 (30.44)	14:54.49 (30.27)	15:24.51 (30.02)	15:54.81 (30.30)	16:24.11 (29.30)
34 Andy Watts	15	Sarasota Family YMCA, Inc	16:38.80	16:27.03
27.30	57.06 (29.76)	1:27.08 (30.02)	1:57.17 (30.09)	
2:27.27 (30.10)	2:57.28 (30.01)	3:27.32 (30.04)	3:57.35 (30.03)	
4:27.23 (29.88)	4:57.33 (30.10)	5:27.09 (29.76)	5:56.97 (29.88)	
6:26.96 (29.99)	6:56.91 (29.95)	7:26.65 (29.74)	7:56.68 (30.03)	
8:26.76 (30.08)	8:57.01 (30.25)	9:26.97 (29.96)	9:57.20 (30.23)	
10:26.85 (29.65)	10:56.57 (29.72)	11:26.61 (30.04)	11:56.56 (29.95)	
12:26.54 (29.98)	12:56.15 (29.61)	13:27.00 (30.85)	13:56.97 (29.97)	
14:27.21 (30.24)	14:57.68 (30.47)	15:27.94 (30.26)	15:58.02 (30.08)	16:27.03 (29.01)
35 Max Byers	15	Edwardsville YMCA	16:43.27	16:27.75
27.07	56.17 (29.10)	1:25.50 (29.33)	1:55.00 (29.50)	
2:24.46 (29.46)	2:54.03 (29.57)	3:23.50 (29.47)	3:53.37 (29.87)	
4:23.32 (29.95)	4:53.24 (29.92)	5:23.20 (29.96)	5:53.33 (30.13)	
6:23.50 (30.17)	6:53.39 (29.89)	7:23.62 (30.23)	7:53.62 (30.00)	
8:23.86 (30.24)	8:54.30 (30.44)	9:24.41 (30.11)	9:54.52 (30.11)	
10:24.82 (30.30)	10:55.28 (30.46)	11:25.53 (30.25)	11:55.83 (30.30)	
12:26.19 (30.36)	12:56.64 (30.45)	13:26.93 (30.29)	13:57.46 (30.53)	
14:27.87 (30.41)	14:58.11 (30.24)	15:28.46 (30.35)	15:58.62 (30.16)	16:27.75 (29.13)
36 Joe Bonk	15	Triangle Area YMCA	16:21.80	16:30.97
26.31	55.31 (29.00)	1:24.79 (29.48)	1:54.77 (29.98)	
2:24.67 (29.90)	2:54.50 (29.83)	3:24.51 (30.01)	3:54.72 (30.21)	
4:25.07 (30.35)	4:55.29 (30.22)	5:25.69 (30.40)	5:55.78 (30.09)	
6:26.07 (30.29)	6:56.25 (30.18)	7:26.53 (30.28)	7:57.11 (30.58)	
8:27.45 (30.34)	8:57.16 (29.71)	9:26.99 (29.83)	9:57.40 (30.41)	
10:27.59 (30.19)	10:57.75 (30.16)	11:28.03 (30.28)	11:58.51 (30.48)	
12:28.91 (30.40)	12:59.66 (30.75)	13:30.27 (30.61)	14:00.66 (30.39)	
14:30.88 (30.22)	15:01.37 (30.49)	15:31.36 (29.99)	16:01.87 (30.51)	16:30.97 (29.10)
37 Chris Jenkyns	17	Schroeder YMCA	16:43.22	16:31.16
26.15	54.84 (28.69)	1:23.75 (28.91)	1:53.27 (29.52)	
2:22.92 (29.65)	2:52.57 (29.65)	3:22.15 (29.58)	3:51.94 (29.79)	
4:21.96 (30.02)	4:51.88 (29.92)	5:21.86 (29.98)	5:52.05 (30.19)	
6:22.19 (30.14)	6:52.31 (30.12)	7:22.43 (30.12)	7:52.64 (30.21)	
8:22.87 (30.23)	8:53.13 (30.26)	9:23.43 (30.30)	9:53.68 (30.25)	
10:24.19 (30.51)	10:54.69 (30.50)	11:24.87 (30.18)	11:55.45 (30.58)	
12:25.96 (30.51)	12:56.80 (30.84)	13:27.35 (30.55)	13:58.10 (30.75)	
14:28.44 (30.34)	14:59.71 (31.27)	15:30.44 (30.73)	16:01.19 (30.75)	16:31.16 (29.97)
38 Alex Mathews	18	York And York County YMCA	16:41.03	16:35.05
28.23	58.47 (30.24)	1:29.48 (31.01)	2:00.33 (30.85)	
2:31.01 (30.68)	3:01.17 (30.16)	3:31.60 (30.43)	4:01.88 (30.28)	
4:32.15 (30.27)	5:02.50 (30.35)	5:32.68 (30.18)	6:03.16 (30.48)	
6:33.48 (30.32)	7:03.82 (30.34)	7:34.05 (30.23)	8:04.33 (30.28)	
8:34.91 (30.58)	9:05.13 (30.22)	9:35.39 (30.26)	10:05.62 (30.23)	
10:36.00 (30.38)	11:06.43 (30.43)	11:36.59 (30.16)	12:06.90 (30.31)	
12:37.17 (30.27)	13:07.30 (30.13)	13:37.18 (29.88)	14:07.18 (30.00)	
14:37.26 (30.08)	15:07.36 (30.10)	15:37.15 (29.79)	16:06.66 (29.51)	16:35.05 (28.39)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**(Men 1650 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
39 Alex Naglich	15	Tri-Hampton Family Branch YMC	16:27.11	16:42.93
26.91	56.00 (29.09)	1:25.70 (29.70)	1:55.46 (29.76)	
2:25.11 (29.65)	2:54.61 (29.50)	3:24.46 (29.85)	3:54.07 (29.61)	
4:24.16 (30.09)	4:54.02 (29.86)	5:23.82 (29.80)	5:53.98 (30.16)	
6:24.14 (30.16)	6:54.63 (30.49)	7:24.98 (30.35)	7:55.67 (30.69)	
8:26.02 (30.35)	8:56.51 (30.49)	9:27.31 (30.80)	9:58.16 (30.85)	
10:29.02 (30.86)	11:00.43 (31.41)	11:31.45 (31.02)	12:02.16 (30.71)	
12:33.39 (31.23)	13:04.63 (31.24)	13:35.82 (31.19)	14:07.25 (31.43)	
14:38.53 (31.28)	15:10.32 (31.79)	15:41.57 (31.25)	16:12.55 (30.98)	16:42.93 (30.38)
40 Garrett Spake	15	Rowan County YMCA	16:40.31	16:53.14
28.45	58.91 (30.46)	1:29.95 (31.04)	2:00.04 (30.09)	
2:29.82 (29.78)	2:59.98 (30.16)	3:30.08 (30.10)	4:00.06 (29.98)	
4:30.21 (30.15)	5:00.18 (29.97)	5:30.33 (30.15)	6:00.62 (30.29)	
6:30.82 (30.20)	7:00.93 (30.11)	7:31.31 (30.38)	8:01.71 (30.40)	
8:32.21 (30.50)	9:02.95 (30.74)	9:33.69 (30.74)	10:04.62 (30.93)	
10:35.69 (31.07)	11:06.79 (31.10)	11:37.83 (31.04)	12:08.81 (30.98)	
12:39.98 (31.17)	13:11.45 (31.47)	13:43.01 (31.56)	14:14.50 (31.49)	
14:46.34 (31.84)	15:18.27 (31.93)	15:50.06 (31.79)	16:21.66 (31.60)	16:53.14 (31.48)
41 John Ferretti	13	Sarasota Family YMCA, Inc	16:30.89	16:57.35
27.70	57.73 (30.03)	1:27.86 (30.13)	1:57.75 (29.89)	
2:27.60 (29.85)	2:57.80 (30.20)	3:28.09 (30.29)	3:58.22 (30.13)	
4:28.54 (30.32)	4:59.38 (30.84)	5:30.53 (31.15)	6:01.40 (30.87)	
6:32.45 (31.05)	7:03.25 (30.80)	7:34.33 (31.08)	8:05.32 (30.99)	
8:36.40 (31.08)	9:07.82 (31.42)	9:39.42 (31.60)	10:10.82 (31.40)	
10:41.98 (31.16)	11:13.52 (31.54)	11:44.74 (31.22)	12:16.08 (31.34)	
12:47.93 (31.85)	13:19.26 (31.33)	13:50.45 (31.19)	14:21.65 (31.20)	
14:53.20 (31.55)	15:24.51 (31.31)	15:56.19 (31.68)	16:27.21 (31.02)	16:57.35 (30.14)
42 Spencer Scarth	17	Wilton Family YMCA	16:35.90	17:03.70
27.05	56.85 (29.80)	1:27.12 (30.27)	1:57.47 (30.35)	
2:28.31 (30.84)	2:58.92 (30.61)	3:29.76 (30.84)	4:00.64 (30.88)	
4:31.71 (31.07)	5:03.28 (31.57)	5:34.33 (31.05)	6:05.76 (31.43)	
6:37.32 (31.56)	7:08.83 (31.51)	7:39.79 (30.96)	8:10.80 (31.01)	
8:42.07 (31.27)	9:13.16 (31.09)	9:44.80 (31.64)	10:16.70 (31.90)	
10:48.43 (31.73)	11:20.02 (31.59)	11:51.73 (31.71)	12:23.41 (31.68)	
12:54.85 (31.44)	13:26.30 (31.45)	13:57.79 (31.49)	14:28.76 (30.97)	
15:00.05 (31.29)	15:31.68 (31.63)	16:02.79 (31.11)	16:33.72 (30.93)	17:03.70 (29.98)
--- John Orban	18	Sarasota Family YMCA, Inc	15:15.71	DQ
False start				
25.18	52.86 (27.68)	1:20.66 (27.80)	1:48.67 (28.01)	
2:16.14 (27.47)	2:43.85 (27.71)	3:11.40 (27.55)	3:38.84 (27.44)	
4:06.40 (27.56)	4:34.13 (27.73)	5:01.81 (27.68)	5:29.27 (27.46)	
5:57.01 (27.74)	6:24.69 (27.68)	6:52.51 (27.82)	7:20.32 (27.81)	
7:47.80 (27.48)	8:15.92 (28.12)	8:43.87 (27.95)	9:11.87 (28.00)	
9:39.61 (27.74)	10:07.40 (27.79)	10:35.53 (28.13)	11:03.45 (27.92)	
11:31.37 (27.92)	11:59.51 (28.14)	12:27.70 (28.19)	12:55.68 (27.98)	
13:23.94 (28.26)	13:52.13 (28.19)	14:20.24 (28.11)	14:48.12 (27.88)	DQ (26.76)
--- Ethan McNeil	18	Countryside Ralph Stolle YMCA.	16:27.72	DFS
Declared false start				

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Men 1650 Yard Freestyle Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Matthew Montague	15	M.E. Lyons (Anderson) YMCA	16:55.00	16:33.28
27.44	57.30 (29.86)	1:27.41 (30.11)	1:57.83 (30.42)	
2:28.54 (30.71)	2:59.24 (30.70)	3:29.99 (30.75)	4:00.66 (30.67)	
4:31.12 (30.46)	5:01.85 (30.73)	5:32.30 (30.45)	6:03.09 (30.79)	
6:33.51 (30.42)	7:04.08 (30.57)	7:34.58 (30.50)	8:05.12 (30.54)	
8:35.68 (30.56)	9:06.07 (30.39)	9:36.42 (30.35)	10:06.40 (29.98)	
10:36.53 (30.13)	11:06.67 (30.14)	11:36.56 (29.89)	12:06.58 (30.02)	
12:36.25 (29.67)	13:06.10 (29.85)	13:36.09 (29.99)	14:06.15 (30.06)	
14:35.84 (29.69)	15:05.56 (29.72)	15:35.27 (29.71)	16:04.93 (29.66)	16:33.28 (28.35)
2 Matt Luminais	14	Upper Main Line YMCA	16:50.99	16:33.75
27.17	56.32 (29.15)	1:26.39 (30.07)	1:56.78 (30.39)	
2:27.48 (30.70)	2:58.03 (30.55)	3:28.68 (30.65)	3:58.99 (30.31)	
4:29.49 (30.50)	5:00.28 (30.79)	5:30.74 (30.46)	6:01.40 (30.66)	
6:31.76 (30.36)	7:02.32 (30.56)	7:32.64 (30.32)	8:03.48 (30.84)	
8:34.02 (30.54)	9:04.68 (30.66)	9:35.71 (31.03)	10:06.30 (30.59)	
10:36.65 (30.35)	11:07.20 (30.55)	11:37.65 (30.45)	12:07.75 (30.10)	
12:38.09 (30.34)	13:07.89 (29.80)	13:38.37 (30.48)	14:08.60 (30.23)	
14:38.36 (29.76)	15:08.25 (29.89)	15:37.67 (29.42)	16:06.40 (28.73)	16:33.75 (27.35)
3 Peter Palmer	16	Birmingham Family YMCA	16:45.00	16:45.80
26.59	55.51 (28.92)	1:25.32 (29.81)	1:55.15 (29.83)	
2:25.02 (29.87)	2:54.68 (29.66)	3:24.60 (29.92)	3:55.10 (30.50)	
4:24.97 (29.87)	4:55.44 (30.47)	5:25.85 (30.41)	5:56.52 (30.67)	
6:27.14 (30.62)	6:57.40 (30.26)	7:27.90 (30.50)	7:58.85 (30.95)	
8:29.43 (30.58)	9:00.30 (30.87)	9:31.21 (30.91)	10:02.23 (31.02)	
10:33.22 (30.99)	11:04.21 (30.99)	11:35.30 (31.09)	12:05.99 (30.69)	
12:36.64 (30.65)	13:07.68 (31.04)	13:38.92 (31.24)	14:10.46 (31.54)	
14:42.20 (31.74)	15:14.28 (32.08)	15:45.10 (30.82)	16:16.18 (31.08)	16:45.80 (29.62)
4 Brian Wilson	15	Harford County Family YMCA	17:13.74	16:48.01
27.77	58.38 (30.61)	1:28.97 (30.59)	1:59.80 (30.83)	
2:30.50 (30.70)	3:00.97 (30.47)	3:31.35 (30.38)	4:01.75 (30.40)	
4:32.07 (30.32)	5:02.24 (30.17)	5:32.66 (30.42)	6:03.21 (30.55)	
6:33.51 (30.30)	7:03.89 (30.38)	7:34.43 (30.54)	8:05.02 (30.59)	
8:35.71 (30.69)	9:06.42 (30.71)	9:37.05 (30.63)	10:07.91 (30.86)	
10:38.41 (30.50)	11:09.05 (30.64)	11:39.88 (30.83)	12:10.86 (30.98)	
12:41.85 (30.99)	13:12.51 (30.66)	13:43.14 (30.63)	14:14.22 (31.08)	
14:45.28 (31.06)	15:16.26 (30.98)	15:47.23 (30.97)	16:18.34 (31.11)	16:48.01 (29.67)
5 Dylan Ludwick	15	Tri-Hampton Family Branch YMC	17:28.35	16:49.31
27.23	57.24 (30.01)	1:27.61 (30.37)	1:57.92 (30.31)	
2:28.41 (30.49)	2:58.98 (30.57)	3:29.69 (30.71)	4:00.40 (30.71)	
4:31.16 (30.76)	5:01.93 (30.77)	5:32.62 (30.69)	6:03.51 (30.89)	
6:34.48 (30.97)	7:05.49 (31.01)	7:36.48 (30.99)	8:07.36 (30.88)	
8:38.32 (30.96)	9:09.20 (30.88)	9:40.09 (30.89)	10:10.78 (30.69)	
10:41.43 (30.65)	11:12.45 (31.02)	11:43.34 (30.89)	12:14.35 (31.01)	
12:45.74 (31.39)	13:16.48 (30.74)	13:47.65 (31.17)	14:18.74 (31.09)	
14:49.77 (31.03)	15:20.69 (30.92)	15:51.78 (31.09)	16:21.10 (29.32)	16:49.31 (28.21)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## - Time Trial ... (Men 1650 Yard Freestyle Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
6 Austin Kelly	17	Northern Middlesex County YMC	18:23.44	16:49.97
26.51	55.86 (29.35)	1:25.62 (29.76)	1:55.84 (30.22)	
2:26.29 (30.45)	2:57.11 (30.82)	3:27.89 (30.78)	3:58.45 (30.56)	
4:29.18 (30.73)	4:59.97 (30.79)	5:30.93 (30.96)	6:02.03 (31.10)	
6:33.08 (31.05)	7:03.82 (30.74)	7:34.82 (31.00)	8:05.56 (30.74)	
8:36.69 (31.13)	9:07.75 (31.06)	9:38.87 (31.12)	10:09.77 (30.90)	
10:41.03 (31.26)	11:12.24 (31.21)	11:43.47 (31.23)	12:14.74 (31.27)	
12:45.43 (30.69)	13:16.59 (31.16)	13:47.53 (30.94)	14:18.07 (30.54)	
14:49.11 (31.04)	15:20.39 (31.28)	15:51.46 (31.07)	16:21.76 (30.30)	16:49.97 (28.21)
7 Ryan Kauth	16	Western Monmouth Co. YMCA	17:15.38	16:53.04
26.95	56.82 (29.87)	1:27.10 (30.28)	1:57.11 (30.01)	
2:27.44 (30.33)	2:57.92 (30.48)	3:28.40 (30.48)	3:59.17 (30.77)	
4:30.00 (30.83)	5:01.09 (31.09)	5:32.22 (31.13)	6:03.36 (31.14)	
6:34.32 (30.96)	7:05.74 (31.42)	7:37.35 (31.61)	8:08.64 (31.29)	
8:40.07 (31.43)	9:12.27 (32.20)	9:44.16 (31.89)	10:15.23 (31.07)	
10:47.03 (31.80)	11:18.82 (31.79)	11:50.21 (31.39)	12:21.24 (31.03)	
12:52.67 (31.43)	13:23.01 (30.34)	13:51.94 (28.93)	14:21.25 (29.31)	
14:51.40 (30.15)	15:21.73 (30.33)	15:52.31 (30.58)	16:23.17 (30.86)	16:53.04 (29.87)
8 Brian Brennan	17	North Shore (Sterling) MA YMCA	17:35.90	16:56.41
27.06	55.82 (28.76)	1:25.20 (29.38)	1:54.94 (29.74)	
2:24.93 (29.99)	2:55.01 (30.08)	3:25.21 (30.20)	3:55.46 (30.25)	
4:25.68 (30.22)	4:56.17 (30.49)	5:26.47 (30.30)	5:57.09 (30.62)	
6:28.17 (31.08)	6:59.41 (31.24)	7:30.62 (31.21)	8:01.99 (31.37)	
8:33.08 (31.09)	9:04.04 (30.96)	9:35.42 (31.38)	10:06.81 (31.39)	
10:38.28 (31.47)	11:09.68 (31.40)	11:41.30 (31.62)	12:12.79 (31.49)	
12:44.34 (31.55)	13:15.93 (31.59)	13:47.76 (31.83)	14:19.20 (31.44)	
14:50.71 (31.51)	15:22.21 (31.50)	15:54.14 (31.93)	16:25.61 (31.47)	16:56.41 (30.80)
9 Daniel Hellman	16	Red Bank Branch	16:55.00	16:59.32
26.98	56.74 (29.76)	1:27.24 (30.50)	1:58.11 (30.87)	
2:28.90 (30.79)	2:59.68 (30.78)	3:30.04 (30.36)	4:01.05 (31.01)	
4:32.07 (31.02)	5:03.58 (31.51)	5:35.09 (31.51)	6:06.50 (31.41)	
6:37.79 (31.29)	7:09.35 (31.56)	7:41.02 (31.67)	8:12.41 (31.39)	
8:43.28 (30.87)	9:13.86 (30.58)	9:44.52 (30.66)	10:15.33 (30.81)	
10:46.59 (31.26)	11:17.86 (31.27)	11:49.24 (31.38)	12:20.59 (31.35)	
12:52.09 (31.50)	13:22.74 (30.65)	13:53.70 (30.96)	14:24.61 (30.91)	
14:55.71 (31.10)	15:26.70 (30.99)	15:58.05 (31.35)	16:28.92 (30.87)	16:59.32 (30.40)
10 Zack Haney	16	Sunbury Branch YMCA	17:31.04	17:09.26
26.64	56.39 (29.75)	1:26.66 (30.27)	1:57.36 (30.70)	
2:28.20 (30.84)	2:59.20 (31.00)	3:30.41 (31.21)	4:01.75 (31.34)	
4:33.26 (31.51)	5:04.91 (31.65)	5:36.04 (31.13)	6:07.29 (31.25)	
6:38.62 (31.33)	7:09.99 (31.37)	7:41.58 (31.59)	8:13.00 (31.42)	
8:44.21 (31.21)	9:15.44 (31.23)	9:46.50 (31.06)	10:17.92 (31.42)	
10:49.53 (31.61)	11:21.06 (31.53)	11:52.61 (31.55)	12:23.99 (31.38)	
12:55.74 (31.75)	13:27.47 (31.73)	13:59.17 (31.70)	14:30.91 (31.74)	
15:02.61 (31.70)	15:34.61 (32.00)	16:06.49 (31.88)	16:38.64 (32.15)	17:09.26 (30.62)
11 Garrett Procnier	14	Greater Flint YMCA	18:19.00	17:10.18
28.44	58.81 (30.37)	1:30.12 (31.31)	2:01.47 (31.35)	
2:32.70 (31.23)	3:03.75 (31.05)	3:34.78 (31.03)	4:05.97 (31.19)	
4:37.04 (31.07)	5:08.32 (31.28)	5:39.57 (31.25)	6:11.05 (31.48)	
6:42.43 (31.38)	7:13.77 (31.34)	7:44.92 (31.15)	8:16.49 (31.57)	
8:48.18 (31.69)	9:20.06 (31.88)	9:51.56 (31.50)	10:23.16 (31.60)	
10:54.85 (31.69)	11:26.64 (31.79)	11:58.56 (31.92)	12:30.32 (31.76)	
13:02.22 (31.90)	13:33.81 (31.59)	14:05.41 (31.60)	14:36.97 (31.56)	
15:08.50 (31.53)	15:40.05 (31.55)	16:11.75 (31.70)	16:41.95 (30.20)	17:10.18 (28.23)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 1650 Yard Freestyle Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
12 Alexander Habursky	17	Eastside Family Branch YMCA	18:24.18	17:34.35
27.93	58.63 (30.70)	1:30.30 (31.67)	2:02.26 (31.96)	
2:33.94 (31.68)	3:05.71 (31.77)	3:37.11 (31.40)	4:08.50 (31.39)	
4:40.17 (31.67)	5:12.32 (32.15)	5:44.32 (32.00)	6:16.25 (31.93)	
6:47.96 (31.71)	7:20.10 (32.14)	7:52.53 (32.43)	8:24.73 (32.20)	
8:56.72 (31.99)	9:29.45 (32.73)	10:02.27 (32.82)	10:35.10 (32.83)	
11:07.42 (32.32)	11:39.89 (32.47)	12:12.24 (32.35)	12:45.43 (33.19)	
13:18.28 (32.85)	13:51.26 (32.98)	14:23.40 (32.14)	14:56.02 (32.62)	
15:29.02 (33.00)	16:01.23 (32.21)	16:33.03 (31.80)	17:04.89 (31.86)	17:34.35 (29.46)
13 Tommy Wolinski	15	Montclair YMCA	18:03.76	17:55.75
27.09	57.58 (30.49)	1:28.98 (31.40)	2:01.12 (32.14)	
2:33.83 (32.71)	3:06.50 (32.67)	3:38.77 (32.27)	4:11.64 (32.87)	
4:44.78 (33.14)	5:17.08 (32.30)	5:49.24 (32.16)	6:21.72 (32.48)	
6:54.67 (32.95)	7:27.41 (32.74)	8:00.25 (32.84)	8:33.22 (32.97)	
9:06.27 (33.05)	9:39.88 (33.61)	10:12.73 (32.85)	10:46.19 (33.46)	
11:19.77 (33.58)	11:53.94 (34.17)	12:26.33 (32.39)	13:00.02 (33.69)	
13:33.47 (33.45)	14:06.66 (33.19)	14:40.91 (34.25)	15:14.81 (33.90)	
15:47.28 (32.47)	16:19.95 (32.67)	16:52.53 (32.58)	17:24.91 (32.38)	17:55.75 (30.84)
14 Sam Dignan	16	Suburban West Branch Ohio YMC	17:55.21	18:32.96
28.10	59.22 (31.12)	1:31.50 (32.28)	2:05.31 (33.81)	
2:39.11 (33.80)	3:12.43 (33.32)	3:47.04 (34.61)	4:21.29 (34.25)	
4:55.04 (33.75)	5:28.87 (33.83)	6:02.86 (33.99)	6:36.65 (33.79)	
7:10.71 (34.06)	7:44.88 (34.17)	8:18.86 (33.98)	8:52.84 (33.98)	
9:26.89 (34.05)	10:01.22 (34.33)	10:35.63 (34.41)	11:10.03 (34.40)	
11:43.77 (33.74)	12:18.09 (34.32)	12:52.43 (34.34)	13:26.33 (33.90)	
14:00.91 (34.58)	14:35.09 (34.18)	15:09.64 (34.55)	15:44.40 (34.76)	
16:18.97 (34.57)	16:52.90 (33.93)	17:26.96 (34.06)	18:00.69 (33.73)	18:32.96 (32.27)

**Men 50 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Vincent King	16	Columbia Northwest Family YMC	28.00	26.91
2 David Grace	18	Hamilton Area NJ YMCA	28.09	28.89
--- Brad Ranson	17	Hamilton Area NJ YMCA	26.79	NS
--- Paul Schaus	16	Chippewa Valley Family YMCA	31.02	NS

**Men 100 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Adam Mania	20	Schroeder YMCA	48.00	47.16
22.56	47.16 (24.60)	1:04.90 (17.74)	47.16 ( )	
2 Bryan Walcker	15	Burbank Branch YMCA	52.88	53.48
26.05	53.48 (27.43)	1:09.64 (16.16)	53.48 ( )	
3 Frank Cuzzola	18	Somerset Valley YMCA	57.51	55.23
26.26	55.23 (28.97)			
4 Nic Graesser	15	Upper Main Line YMCA	54.98	55.51
27.09	55.51 (28.42)	55.51 ( )		
5 Frank Gremaud	14	Edwardsville YMCA	57.58	55.69
27.72	55.69 (27.97)			
6 Josh Fleagle	15	Auglaize-Mercer Counties YMCA	56.44	55.76
26.65	55.76 (29.11)			
7 Eric Lethander	15	Powel Crosley Jr. YMCA	56.60	55.79
27.29	55.79 (28.50)			



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Backstroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
8	Cody Wei	15	Tampa Metro YMCA	56.28	55.82
	27.47	55.82 (28.35)			
9	Alexander Habursky	17	Eastside Family Branch YMCA	1:00.62	55.84
	27.34	55.84 (28.50)			
10	Michael O'Brien	14	Hilliker YMCA	56.01	55.99
	27.38	55.99 (28.61)	1:20.42 (24.43)	55.99 ( )	
11	Jaime Ianiro	16	Montclair YMCA	1:00.95	56.24
	27.00	56.24 (29.24)			
12	Garrett Procnier	14	Greater Flint YMCA	57.10	56.30
	27.56	56.30 (28.74)			
13	Brandon Worley	16	Middletown Area YMCA	57.95	56.54
	26.91	56.54 (29.63)			
14	Nathaniel Boley	13	Westport/Weston CT YMCA	56.28	56.79
	27.74	56.79 (29.05)			
15	Jeremy Chaudet	18	Somerset Valley YMCA	58.73	56.82
	27.81	56.82 (29.01)			
16	Kris Sweetman	17	Cross Island YMCA	56.50	56.98
	27.90	56.98 (29.08)			
17	Kevin Hong	15	Somerset Valley YMCA	56.00	56.99
	27.48	56.99 (29.51)	56.99 ( )		
18	Dylan Coggin	18	Brandywine -DE YMCA	55.00	57.04
	28.15	57.04 (28.89)	57.04 ( )		
19	Benjamin Lin	14	Summit Branch YMCA	56.05	57.09
	27.57	57.09 (29.52)	1:14.06 (16.97)	57.09 ( )	
20	William Kasper	17	Ocean County YMCA	56.50	57.22
	27.68	57.22 (29.54)			
21	Tyler Arndt	15	Penobscot Bay YMCA	59.23	57.32
	28.21	57.32 (29.11)			
*22	Chris Pitler	17	Tri-Hampton Family Branch YMC	56.75	57.33
	27.72	57.33 (29.61)			
*22	Andrew Jackwin	18	Laurel East Hartford YMCA	57.03	57.33
	28.10	57.33 (29.23)			
24	Andrew Hiss	17	Western Monmouth Co. YMCA	56.55	57.79
	28.09	57.79 (29.70)			
25	Brad Ranson	17	Hamilton Area NJ YMCA	58.23	57.87
	28.07	57.87 (29.80)			
26	Isaac Loegering	14	Red River Valley YMCA	57.50	58.15
	27.71	58.15 (30.44)			
27	David White	17	Hunterdon County YMCA	56.74	58.61
	28.70	58.61 (29.91)			
28	Nolan Silbernagel	16	Lakeland Hills Family YMCA	1:00.08	58.78
	28.77	58.78 (30.01)			
29	Andrew Mitchell	16	Camp-Hay-Went-Ha YMCA	58.16	58.95
	28.18	58.95 (30.77)			
30	Adam Grant	17	Mid-Delmarva Family YMCA	57.65	58.98
	28.59	58.98 (30.39)			
31	David Grace	18	Hamilton Area NJ YMCA	58.51	59.06
	28.82	59.06 (30.24)			
32	Alex Bryson	16	Fox Cities YMCA	56.20	59.56
	29.06	59.56 (30.50)	1:17.21 (17.65)	59.56 ( )	
33	Jeff Ross	15	Springfield Family YMCA	59.85	1:00.08
	28.92	1:00.08 (31.16)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Backstroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
34 Arthur Hong	17	Ridgewood NJ YMCA	1:00.44	1:00.33
28.71	1:00.33 (31.62)			
35 Brandon Sweetman	16	Cross Island YMCA	58.12	1:00.68
29.28	1:00.68 (31.40)			
36 Max Garner	16	Harrison Area YMCA	1:01.52	1:00.85
29.34	1:00.85 (31.51)			
37 Tommy Nielsen	17	Northern Middlesex County YMC	57.87	1:01.06
29.55	1:01.06 (31.51)			
38 Kyle Marsh	16	Spokane YMCA	1:03.69	1:02.42
30.22	1:02.42 (32.20)			
--- Tyler Essary	16	Prattville YMCA	56.39	DQ
False start				
27.80	DQ (29.35)			
--- Victor Monheim	17	Orrville Ohio YMCA	57.28	NS
--- Jimmy Ryan	15	Upper Main Line YMCA	57.39	NS

**Men 100 Yard Backstroke Swimming Competition**

**National: 47.34 \* 2000**

**J. Cramer**

**M.E. Lyons, OH**

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 James Wells	17	Bath Area Family YMCA	49.02	47.70
22.93	47.70 (24.77)			
2 Mitchell Friedemann	16	Schroeder YMCA	49.03	48.74
23.57	48.74 (25.17)			
3 Woody Joye	17	Montgomery -East Branch YMCA	50.22	49.24
23.69	49.24 (25.55)			
4 Nick Johnson	18	Tri-Hampton Family Branch YMC	50.00	50.08
24.44	50.08 (25.64)			
5 Jake Reynolds	18	Montgomery -East Branch YMCA	50.08	50.11
24.32	50.11 (25.79)			
6 Matt Meserole	17	Westfield YMCA	50.97	50.23
24.13	50.23 (26.10)			
7 Gregory Mahon	18	Riverfront Branch YMCA	49.69	50.42
24.14	50.42 (26.28)			
8 Dustin Folio	18	Sunbury Branch YMCA	50.51	50.61
24.58	50.61 (26.03)			
<b>B - Final</b>				
9 Jack Pretto	17	Cheshire YMCA	51.35	50.66
24.60	50.66 (26.06)			
10 Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	51.04	51.17
24.72	51.17 (26.45)			
11 Brian Sivak	18	B.R. Ryall (Northwestern Dupag	51.54	51.21
24.72	51.21 (26.49)			
12 Thomas Mershon	16	Upper Main Line YMCA	51.37	51.34
25.08	51.34 (26.26)			
13 Pat McHugh	18	Springfield Family YMCA	51.29	51.70
25.15	51.70 (26.55)			
14 Andrew Golankiewicz	17	Wilton Family YMCA	51.20	51.86
25.40	51.86 (26.46)			
15 Kevin Rogers	16	Triangle Area YMCA	51.52	51.94
25.17	51.94 (26.77)			

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**B - Final ... (Men 100 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
16 Zach Peart	17	Fanwood-Scotch Plains YMCA	51.36	52.38
25.26	52.38	(27.12)		

**C - Final**

17 Marty Rauch	17	Sarasota Family YMCA, Inc	51.78	51.40
24.85	51.40	(26.55)		
18 Tyler Lareau	17	North Shore (Sterling) MA YMCA	52.58	52.19
25.38	52.19	(26.81)		
19 Konrad Opuszko	17	Middle Tyger YMCA	52.24	52.22
25.66	52.22	(26.56)		
20 Elliot Casey	18	Eden Family YMCA	52.40	52.29
25.46	52.29	(26.83)		
21 Alec Francis	18	Boyertown Area YMCA	52.00	52.60
25.68	52.60	(26.92)		
22 Paul Hunter	17	Andover/North Andover YMCA	51.82	52.61
25.56	52.61	(27.05)		
23 Zach Johnson	19	Ashland Area YMCA	52.57	54.36
27.02	54.36	(27.34)		
24 Mitchell Smith	18	Greater Johnstown Community	52.26	54.60
26.00	54.60	(28.60)		

**Men 100 Yard Backstroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 James Wells	17	Bath Area Family YMCA	49.88	49.02
23.70	49.02	(25.32)		
2 Mitchell Friedemann	16	Schroeder YMCA	50.18	49.03
23.73	49.03	(25.30)		
3 Gregory Mahon	18	Riverfront Branch YMCA	50.16	49.69
24.02	49.69	(25.67)		
4 Nick Johnson	18	Tri-Hampton Family Branch YMC	50.72	50.00
24.27	50.00	(25.73)		
5 Jake Reynolds	18	Montgomery -East Branch YMCA	51.12	50.08
24.16	50.08	(25.92)		
6 Woody Joye	17	Montgomery -East Branch YMCA	50.03	50.22
24.38	50.22	(25.84)		
7 Dustin Folio	18	Sunbury Branch YMCA	49.94	50.51
24.52	50.51	(25.99)		
8 Matt Meserole	17	Westfield YMCA	50.58	50.97
24.68	50.97	(26.29)		
9 Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	51.02	51.04
24.91	51.04	(26.13)		
10 Andrew Golankiewicz	17	Wilton Family YMCA	52.24	51.20
24.70	51.20	(26.50)		
11 Pat McHugh	18	Springfield Family YMCA	50.78	51.29
24.96	51.29	(26.33)		
12 Jack Pretto	17	Cheshire YMCA	51.23	51.35
24.88	51.35	(26.47)		
13 Zach Peart	17	Fanwood-Scotch Plains YMCA	51.65	51.36
25.01	51.36	(26.35)		
14 Thomas Mershon	16	Upper Main Line YMCA	54.36	51.37
25.09	51.37	(26.28)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
15	Kevin Rogers	16	Triangle Area YMCA	52.35	51.52
	25.04	51.52	(26.48)		
16	Brian Sivak	18	B.R. Ryall (Northwestern Dupag	52.41	51.54
	24.96	51.54	(26.58)		
17	Marty Rauch	17	Sarasota Family YMCA, Inc	52.95	51.78
	25.08	51.78	(26.70)		
18	Paul Hunter	17	Andover/North Andover YMCA	51.92	51.82
	25.20	51.82	(26.62)		
19	Alec Francis	18	Boyertown Area YMCA	52.02	52.00
	25.44	52.00	(26.56)		
20	Konrad Opuszko	17	Middle Tyger YMCA	53.78	52.24
	25.75	52.24	(26.49)		
*21	Mitchell Smith	18	Greater Johnstown Community	51.48	52.26
	25.02	52.26	(27.24)		
*21	Alex Fitton	18	Red Bank Branch	52.23	52.26
	25.33	52.26	(26.93)		
23	Elliot Casey	18	Eden Family YMCA	53.66	52.40
	25.42	52.40	(26.98)		
*24	Nick McGowan	17	Birmingham Family YMCA	51.93	52.57
	25.26	52.57	(27.31)		
*24	Zach Johnson	19	Ashland Area YMCA	51.92	52.57
	25.49	52.57	(27.08)		
<b>Swim-Off Required</b>					
26	Tyler Lareau	17	North Shore (Sterling) MA YMCA	52.99	52.58
	25.34	52.58	(27.24)		
27	Peter KO	17	Ridgewood NJ YMCA	53.63	52.73
	25.93	52.73	(26.80)		
28	Caleb Capozella	16	Green Bay YMCA Metro	53.71	52.75
	25.11	52.75	(27.64)		
*29	Karl Mayer	17	Lakeland Hills Family YMCA	52.45	52.79
	24.88	52.79	(27.91)		
*29	Illya Prikhodko	16	Orlando YMCA	52.93	52.79
	25.56	52.79	(27.23)		
31	Eric Naylor	17	West Shore YMCA	52.11	52.80
	25.34	52.80	(27.46)		
32	Grant Alef	16	Kishwaukee Family YMCA	52.57	52.85
	25.40	52.85	(27.45)		
33	Bryan Walcker	15	Burbank Branch YMCA	52.04	52.88
	25.55	52.88	(27.33)		
34	Adam Lebovitz	17	Wilton Family YMCA	53.37	52.90
	25.96	52.90	(26.94)		
35	Michael McElduff	16	Lakeland Hills Family YMCA	52.97	52.94
	25.81	52.94	(27.13)		
36	Austin Taylor	16	Wyckoff Family YMCA Inc	52.56	53.05
	25.46	53.05	(27.59)		
37	Matthew Vanbiervliet	15	Somerset Valley YMCA	54.66	53.06
	25.76	53.06	(27.30)		
38	Charles Wu	16	Red Bank Branch	53.30	53.12
	25.96	53.12	(27.16)		
39	Alexander Moser	16	Sunbury Branch YMCA	52.63	53.27
	25.66	53.27	(27.61)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
40	Jordan Guttrich	16	Greater Flint YMCA	53.52	53.38
	26.21	53.38	(27.17)		
41	Travis Bohn	15	West Shore YMCA	53.63	53.42
	25.91	53.42	(27.51)		
42	Scott Groel	18	West Morris YMCA	54.30	53.48
	25.99	53.48	(27.49)		
43	Zach Fischer	17	Powel Crosley Jr. YMCA	53.03	53.50
	25.95	53.50	(27.55)		
44	Carl Newenhouse	15	Schroeder YMCA	53.69	53.51
	26.14	53.51	(27.37)		
45	John Quagliariello	15	Ridley Area YMCA	53.27	53.53
	25.85	53.53	(27.68)		
46	Bryan Stephan	18	Westport/Weston CT YMCA	55.25	53.59
	26.10	53.59	(27.49)		
47	Alex Burzynski	15	Fanwood-Scotch Plains YMCA	54.39	53.60
	25.80	53.60	(27.80)		
48	Brendan Kerins	17	Catonsville MD YMCA	53.85	53.61
	25.65	53.61	(27.96)		
49	Brendan Deveney	18	Wilton Family YMCA	53.51	53.64
	25.93	53.64	(27.71)		
50	Ian Ballantyne	14	Bismarck YMCA	53.65	53.65
	25.68	53.65	(27.97)		
51	Ethan Duerwer	17	Edwardsville YMCA	53.57	53.66
	25.97	53.66	(27.69)		
52	Andrew Blyskal	16	Jennersville YMCA	54.32	53.70
	25.82	53.70	(27.88)		
53	Matt McNamara	14	South Oakland Family YMCA	54.66	53.75
	26.23	53.75	(27.52)		
54	Tyler Rauth	16	Upper Main Line YMCA	54.56	53.78
	26.19	53.78	(27.59)		
55	Phillip Jacques	17	Bath Area Family YMCA	54.56	53.79
	25.86	53.79	(27.93)		
*56	Jake Campbell	17	Farmington Family YMCA	53.25	53.81
	26.09	53.81	(27.72)		
*56	Matt McKee	18	Countryside Ralph Stolle YMCA.	51.37	53.81
	25.63	53.81	(28.18)		
58	Robby Harder	15	Wilton Family YMCA	54.04	53.85
	26.17	53.85	(27.68)		
59	Sean Johnson	16	Somerset Valley YMCA	55.74	53.86
	26.70	53.86	(27.16)		
60	Mike Harmon	17	Chambersburg Memorial YMCA	54.11	53.94
	25.91	53.94	(28.03)		
61	Wayde Marsh	18	Central Delaware YMCA	53.47	54.03
	26.25	54.03	(27.78)		
62	David Woodford	16	Riverfront Branch YMCA	54.02	54.06
	26.39	54.06	(27.67)		
63	Austin Bohn	17	West Shore YMCA	55.46	54.09
	26.52	54.09	(27.57)		
64	Tyler Revels	18	Sarasota Family YMCA, Inc	54.40	54.15
	26.20	54.15	(27.95)		
65	Jacob Kramb	17	Countryside Ralph Stolle YMCA.	53.96	54.17
	26.07	54.17	(28.10)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
66 Pete Megis	15	Boise YMCA	53.97	54.32
26.61	54.32	(27.71)		
67 Henry Cohen	16	Lakeland Hills Family YMCA	54.97	54.45
26.48	54.45	(27.97)		
68 Jimmy Coleman	18	Burlington County YMCA	53.62	54.46
26.20	54.46	(28.26)		
*69 Daniel Hammack	17	Triangle Area YMCA	54.94	54.47
26.26	54.47	(28.21)		
*69 Jonathan Lollis	18	Rock Hill Area YMCA	55.71	54.47
26.19	54.47	(28.28)		
71 Braden Bouchard	16	Orlando YMCA	54.84	54.48
26.13	54.48	(28.35)		
*72 Michael Moore	17	Brandywine -DE YMCA	53.23	54.49
26.10	54.49	(28.39)		
*72 Thomas Rinaldi	15	Somerset Valley YMCA	54.46	54.49
26.16	54.49	(28.33)		
74 Caleb Williams	14	Lynchburg YMCA	55.03	54.57
26.74	54.57	(27.83)		
75 Jeffrey Mead	16	Columbia Northwest Family YMC	55.37	54.61
26.12	54.61	(28.49)		
76 Charles Prestigiacomo	16	Schroeder YMCA	54.61	54.64
26.34	54.64	(28.30)		
*77 David Yao	18	Somerset Valley YMCA	54.78	54.65
26.49	54.65	(28.16)		
*77 Dylan Cummings	16	Wyckoff Family YMCA Inc	53.90	54.65
26.53	54.65	(28.12)		
79 Jake Irmiter	17	Rock Hill Area YMCA	55.08	54.70
26.53	54.70	(28.17)		
80 Evan Coleman	13	Casco Bay Regional YMCA	55.88	54.72
26.13	54.72	(28.59)		
81 Gus Bailey	17	Suburban West Branch Ohio YMC	53.29	54.73
26.35	54.73	(28.38)		
82 Scott Haskins	18	Oshkosh Community YMCA	55.04	54.78
26.40	54.78	(28.38)		
83 Austin Byrd	15	Eau Claire Wisconsin YMCA	53.67	54.79
26.94	54.79	(27.85)		
84 Andrew Jung	15	Montclair YMCA	54.86	54.81
26.57	54.81	(28.24)		
85 Joseph Gallene	17	Western Monmouth Co. YMCA	53.79	54.82
26.07	54.82	(28.75)		
86 Ian Wooley	14	Countryside Ralph Stolle YMCA.	55.21	54.88
26.40	54.88	(28.48)		
87 Tommy Easley	14	M.E. Lyons (Anderson) YMCA	54.88	54.93
26.83	54.93	(28.10)		
88 Daniel Zalkind	18	Brandywine YMCA -PA	54.65	54.95
26.90	54.95	(28.05)		
89 Stefan Tziolis	17	Westport/Weston CT YMCA	55.10	54.98
26.84	54.98	(28.14)		
90 Jack Disney-Huss	15	Triangle Area YMCA	55.50	55.07
26.53	55.07	(28.54)		
91 Colin Heil	16	Anne Arundel County YMCA	54.70	55.08
26.63	55.08	(28.45)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
92	Patrick Durning 26.47	16	Western Monmouth Co. YMCA	55.87	55.13
				55.13 (28.66)	
93	Eric Forrester 26.81	16	Mon Valley YMCA	54.16	55.14
				55.14 (28.33)	
94	Chris Jenkyns 26.93	17	Schroeder YMCA	53.82	55.19
				55.19 (28.26)	
95	Thomas Tedrow 26.84	15	North Canton Community YMCA	55.41	55.21
				55.21 (28.37)	
96	Eric Spazzarini 26.88	18	Laurel East Hartford YMCA	55.51	55.24
				55.24 (28.36)	
97	Ryley Pearson 26.38	17	Skagit Valley Family YMCA	55.10	55.28
				55.28 (28.90)	
98	Philip Kang 26.79	14	Montclair YMCA	54.89	55.30
				55.30 (28.51)	
99	Jack Edwards 26.79	16	Birmingham Family YMCA	54.91	55.32
				55.32 (28.53)	
100	Edward Griswold 27.42	17	Buehler YMCA	55.70	55.38
				55.38 (27.96)	
101	Ryan Walker 26.64	17	Fanwood-Scotch Plains YMCA	55.51	55.39
				55.39 (28.75)	
102	Ryan DeBerry 26.72	15	Western North Carolina YMCA	55.76	55.43
				55.43 (28.71)	
103	Brendan Murphy 27.10	17	Northwest Connecticut YMCA	54.39	55.46
				55.46 (28.36)	
104	Dylan Coggin 27.02	18	Brandywine -DE YMCA	55.00	55.48
				55.48 (28.46)	
105	Wade Boarman 26.62	17	Talbot County YMCA	54.60	55.50
				55.50 (28.88)	
106	Adam Schneider 27.18	17	Riverfront Branch YMCA	54.70	55.53
				55.53 (28.35)	
107	JB Hall 26.77	17	Talbot County YMCA	55.47	55.55
				55.55 (28.78)	
108	Sam Lynch 26.90	13	Red Bank Branch	55.55	55.56
				55.56 (28.66)	
109	Chase Frazelle 27.21	15	Winston Salem YMCA	55.27	55.57
				55.57 (28.36)	
110	Adam Kurtz 26.89	17	Reading and Berks County YMCA	54.02	55.63
				55.63 (28.74)	
111	Dennis Hall-App 26.79	15	Montclair YMCA	55.94	55.64
				55.64 (28.85)	
112	Mike Oster 26.61	16	Westfield YMCA	55.45	55.66
				55.66 (29.05)	
113	Connor Murphy 26.65	17	Western Monmouth Co. YMCA	54.78	55.68
				55.68 (29.03)	
114	Aaron Yunker 27.12	18	Greater Flint YMCA	55.01	55.71
				55.71 (28.59)	
115	Walter Bakun 26.47	18	Lakeland Hills Family YMCA	55.99	55.75
				55.75 (29.28)	
116	Ben Orr 27.19	18	Newberry County Family YMCA	55.56	55.76
				55.76 (28.57)	
117	Tyler Benner 27.26	16	Countryside Ralph Stolle YMCA.	55.53	55.78
				55.78 (28.52)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
118	Philip Hawley	16	Burlington County YMCA	55.71	55.85
	26.84	55.85	(29.01)		
119	Stefan Pietrobono	17	Western Branch YMCA	54.19	55.96
	27.22	55.96	(28.74)		
120	Paul Finstad	18	North Oakland Family YMCA	55.58	56.00
	26.61	56.00	(29.39)		
121	Alex Martinek	16	Spokane YMCA	55.64	56.04
	27.73	56.04	(28.31)		
122	Brian Strathmeyer	18	York And York County YMCA	55.73	56.08
	27.28	56.08	(28.80)		
123	Andy Zoka	17	Indiana County YMCA	55.28	56.12
	27.04	56.12	(29.08)		
124	Michael Lightner	17	Lebanon Valley Family YMCA	55.03	56.15
	27.15	56.15	(29.00)		
*125	Christopher DePietro	15	Lancaster & Fairfield YMCA	55.32	56.27
	27.55	56.27	(28.72)		
*125	Andrew Smith	18	Somerset Hills YMCA	54.53	56.27
	27.08	56.27	(29.19)		
*125	Nic Graesser	15	Upper Main Line YMCA	54.98	56.27
	27.11	56.27	(29.16)		
128	Kevin Murphy	17	Saratoga Springs YMCA	54.65	56.29
	27.34	56.29	(28.95)		
129	Drew Sullenbarger	16	South Family YMCA-Kettering	55.83	56.38
	28.09	56.38	(28.29)		
130	Shay Flanagan	18	Clearfield YMCA	55.89	56.40
	27.62	56.40	(28.78)		
131	Chad Thompson	16	Kishwaukee Family YMCA	55.80	56.43
	27.18	56.43	(29.25)		
132	Jarvis Trotter	15	Edwardsville YMCA	55.61	56.49
	27.39	56.49	(29.10)		
133	Jan Yburan	17	Montclair YMCA	55.73	56.51
	26.77	56.51	(29.74)		
134	Seth Dippold	17	Ridgway YMCA	55.79	56.53
	27.16	56.53	(29.37)		
135	Matthew Rochna	16	Indiana County YMCA	55.08	56.67
	27.62	56.67	(29.05)		
136	Bryan Brown	16	Central Delaware YMCA	54.84	56.70
	27.37	56.70	(29.33)		
137	Larry Zhang	16	Westfield YMCA	55.66	56.71
	27.52	56.71	(29.19)		
138	Matthew Lollis	16	Rock Hill Area YMCA	55.91	56.75
	27.60	56.75	(29.15)		
139	Ben Hitchcock	19	Western Branch YMCA	55.06	56.78
	27.12	56.78	(29.66)		
140	Adam Hunter	16	Wilmington YMCA - NC	55.80	56.80
	27.49	56.80	(29.31)		
141	Marc McLaurin	19	Cross Island YMCA	55.78	56.84
	27.72	56.84	(29.12)		
142	Chad Nowakowski	16	Lynchburg YMCA	55.46	56.86
	27.81	56.86	(29.05)		
143	Alex Kron	17	Cheshire YMCA	1:03.82L	57.07
	27.62	57.07	(29.45)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**

**Results**

**Preliminaries ... (Men 100 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
144 Brian Deaver	17	North Oakland Family YMCA	54.87	57.13
27.77	57.13	(29.36)		
145 Stewart Bush	18	Hannibal YMCA	54.82	57.20
27.98	57.20	(29.22)		
146 Ethan Lindenbaum	18	Tuscarawas County YMCA	55.36	57.36
27.42	57.36	(29.94)		
147 Aaron Holt	16	Jefferson County YMCA	55.71	57.72
27.49	57.72	(30.23)		
148 Michael Weber	18	Vermilion Family YMCA	55.31	57.94
28.33	57.94	(29.61)		
149 Jason Dutra	17	Glens Falls YMCA	55.98	58.10
28.13	58.10	(29.97)		
--- Lucas Amodio	16	Dutchess County YMCA	54.58	DQ
Non-continuous turning action				
27.21	DQ	(29.01)		
--- Evan Paulan	17	Fanwood-Scotch Plains YMCA	54.88	DQ
Non-continuous turning action				
26.44	DQ	(28.66)		

**Men 200 Yard Backstroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Jack Pretto	17	Cheshire YMCA	1:57.51	1:54.08
25.80	54.60	(28.80)	1:24.41 (29.81)	1:54.08 (29.67)
2 Adam Kurtz	17	Reading and Berks County YMCA	2:02.45	1:59.58
28.00	57.65	(29.65)	1:28.76 (31.11)	1:59.58 (30.82)
3 Austin Bohn	17	West Shore YMCA	2:05.00	2:00.12
28.11	58.39	(30.28)	1:29.34 (30.95)	2:00.12 (30.78)
4 Frank Gremaud	14	Edwardsville YMCA	2:02.95	2:00.53
28.69	58.61	(29.92)	1:30.02 (31.41)	2:00.53 (30.51)
5 Jack Edwards	16	Birmingham Family YMCA	2:02.00	2:00.77
28.30	58.24	(29.94)	1:29.51 (31.27)	2:00.77 (31.26)
6 Larry Zhang	16	Westfield YMCA	2:03.22	2:02.92
27.89	58.96	(31.07)	1:31.17 (32.21)	2:02.92 (31.75)
7 Victor Luo	14	Somerset Valley YMCA	1:59.81	2:03.08
27.96	58.10	(30.14)	1:30.06 (31.96)	2:03.08 (33.02)
8 Harry Hamiter	14	M.E. Lyons (Anderson) YMCA	2:05.00	2:03.16
28.60	59.64	(31.04)	1:31.90 (32.26)	2:03.16 (31.26)
9 Mitch Colby	15	Somerset Hills YMCA	2:05.11	2:03.56
30.33	1:02.05	(31.72)	1:33.32 (31.27)	2:03.56 (30.24)
10 Benjamin Lin	14	Summit Branch YMCA	2:03.71	2:03.61
28.67	59.87	(31.20)	1:32.33 (32.46)	2:03.61 (31.28)
11 Evan Coleman	13	Casco Bay Regional YMCA	2:03.45	2:04.29
28.28	59.54	(31.26)	1:32.38 (32.84)	2:04.29 (31.91)
12 Andy Lamb	16	South Family YMCA-Kettering	2:02.99	2:04.55
29.56	1:00.65	(31.09)	1:32.62 (31.97)	2:04.55 (31.93)
13 Mike Oster	16	Westfield YMCA	2:05.62	2:04.82
28.47	59.74	(31.27)	1:32.21 (32.47)	2:04.82 (32.61)
14 Tyler Essary	16	Prattville YMCA	2:07.96	2:05.01
29.82	1:02.21	(32.39)	1:33.92 (31.71)	2:05.01 (31.09)
15 Dougan McGrath	15	Ridley Area YMCA	2:13.47	2:05.48
29.62	1:01.87	(32.25)	1:34.07 (32.20)	2:05.48 (31.41)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Backstroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
16	Jordan Lingo	16	Central Delaware YMCA	2:04.98	2:06.82
	30.42	1:02.84 (32.42)	1:35.06 (32.22)	2:06.82 (31.76)	
17	Andrew Jackwin	18	Laurel East Hartford YMCA	2:01.86	2:07.26
	29.11	1:00.78 (31.67)	1:33.86 (33.08)	2:07.26 (33.40)	
18	Ian Delahunty	15	Middle Tyger YMCA	2:08.99	2:07.85
	30.21	1:02.58 (32.37)	1:35.30 (32.72)	2:07.85 (32.55)	
19	David Grace	18	Hamilton Area NJ YMCA	2:07.41	2:08.31
	29.62	1:01.65 (32.03)	1:34.95 (33.30)	2:08.31 (33.36)	
20	Shayne Custodio	14	Mid-Delmarva Family YMCA	2:05.53	2:08.40
	28.06	59.72 (31.66)	1:33.48 (33.76)	2:08.40 (34.92)	
21	Matthew Lollis	16	Rock Hill Area YMCA	2:02.34	2:09.01
	29.70	1:02.25 (32.55)	1:36.19 (33.94)	2:09.01 (32.82)	
22	Adam Shaw	15	Cheshire YMCA	2:05.51	2:09.91
	29.93	1:02.54 (32.61)	1:36.01 (33.47)	2:09.91 (33.90)	
---	Jack Lorentzen	16	Westfield YMCA	2:10.15	DQ
---	Frank Cuzzola	18	Somerset Valley YMCA	2:08.22	DQ

**Men 200 Yard Backstroke Swimming Competition**National: **1:44.25** \* 4/6/2005 Patrick Schirk

Pottstown, PA

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	James Wells	17	Bath Area Family YMCA	1:49.93	1:46.94
	24.56	51.85 (27.29)	1:19.28 (27.43)	1:46.94 (27.66)	
2	Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	1:50.08	1:47.89
	25.26	52.58 (27.32)	1:20.46 (27.88)	1:47.89 (27.43)	
3	Luke Bushman	18	Green Bay YMCA Metro	1:48.77	1:48.29
	25.10	52.41 (27.31)	1:20.00 (27.59)	1:48.29 (28.29)	
4	Connor Maher	16	Downtown Youth Center YMCA	1:50.77	1:49.54
	26.48	53.89 (27.41)	1:21.79 (27.90)	1:49.54 (27.75)	
5	Matt Meserole	17	Westfield YMCA	1:50.99	1:50.15
	25.86	53.62 (27.76)	1:21.93 (28.31)	1:50.15 (28.22)	
6	Dustin Folio	18	Sunbury Branch YMCA	1:51.77	1:50.46
	25.78	53.61 (27.83)	1:22.21 (28.60)	1:50.46 (28.25)	
7	Gregory Mahon	18	Riverfront Branch YMCA	1:51.61	1:50.55
	25.54	53.60 (28.06)	1:21.88 (28.28)	1:50.55 (28.67)	
8	Elliot Casey	18	Eden Family YMCA	1:50.98	1:51.60
	25.60	53.87 (28.27)	1:22.67 (28.80)	1:51.60 (28.93)	
<b>B - Final</b>					
9	Marty Rauch	17	Sarasota Family YMCA, Inc	1:52.61	1:50.93
	25.93	54.05 (28.12)	1:22.82 (28.77)	1:50.93 (28.11)	
10	Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	1:52.05	1:51.18
	25.25	53.40 (28.15)	1:22.27 (28.87)	1:51.18 (28.91)	
11	Andrew Golankiewicz	17	Wilton Family YMCA	1:52.64	1:51.27
	26.34	54.48 (28.14)	1:23.10 (28.62)	1:51.27 (28.17)	
12	Kevin Rogers	16	Triangle Area YMCA	1:52.92	1:52.31
	26.73	54.77 (28.04)	1:23.49 (28.72)	1:52.31 (28.82)	
13	Adam Lebovitz	17	Wilton Family YMCA	1:53.34	1:52.56
	26.45	54.28 (27.83)	1:23.30 (29.02)	1:52.56 (29.26)	
14	Michael McElduff	16	Lakeland Hills Family YMCA	1:53.52	1:52.71
	26.56	55.03 (28.47)	1:23.89 (28.86)	1:52.71 (28.82)	
15	Carl Newenhouse	15	Schroeder YMCA	1:53.17	1:53.28
	26.87	55.30 (28.43)	1:24.40 (29.10)	1:53.28 (28.88)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**

**Results**

**B - Final ... (Men 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
16 Austin Taylor	16	Wyckoff Family YMCA Inc	1:53.79	1:55.13
27.22	56.52 (29.30)	1:25.99 (29.47)	1:55.13 (29.14)	

**C - Final**

17 Jared Lang	17	Hunterdon County YMCA	1:53.80	1:53.23
26.23	54.46 (28.23)	1:24.14 (29.68)	1:53.23 (29.09)	
18 Robby Harder	15	Wilton Family YMCA	1:54.04	1:53.55
26.75	55.48 (28.73)	1:24.82 (29.34)	1:53.55 (28.73)	
19 Grant Alef	16	Kishwaukee Family YMCA	1:54.95	1:54.13
26.18	54.85 (28.67)	1:24.73 (29.88)	1:54.13 (29.40)	
20 Andrew Blyskal	16	Jennersville YMCA	1:54.93	1:54.40
27.07	55.80 (28.73)	1:25.19 (29.39)	1:54.40 (29.21)	
21 Peter KO	17	Ridgewood NJ YMCA	1:54.18	1:54.50
26.48	54.94 (28.46)	1:24.27 (29.33)	1:54.50 (30.23)	
22 Pat McHugh	18	Springfield Family YMCA	1:54.90	1:55.11
26.93	56.10 (29.17)	1:25.73 (29.63)	1:55.11 (29.38)	
23 Zach Peart	17	Fanwood-Scotch Plains YMCA	1:54.87	1:55.17
26.57	55.74 (29.17)	1:25.56 (29.82)	1:55.17 (29.61)	
24 Christopher Meyers	15	Schroeder YMCA	1:54.76	1:55.63
27.32	56.05 (28.73)	1:26.01 (29.96)	1:55.63 (29.62)	

**Men 200 Yard Backstroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Luke Bushman	18	Green Bay YMCA Metro	1:49.50	1:48.77
25.19	52.78 (27.59)	1:20.86 (28.08)	1:48.77 (27.91)	
2 James Wells	17	Bath Area Family YMCA	1:52.12	1:49.93
24.93	52.94 (28.01)	1:21.25 (28.31)	1:49.93 (28.68)	
3 Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	1:50.81	1:50.08
25.73	53.36 (27.63)	1:21.76 (28.40)	1:50.08 (28.32)	
4 Connor Maher	16	Downtown Youth Center YMCA	1:54.69	1:50.77
26.93	54.70 (27.77)	1:22.89 (28.19)	1:50.77 (27.88)	
5 Elliot Casey	18	Eden Family YMCA	1:59.99	1:50.98
25.35	53.34 (27.99)	1:22.20 (28.86)	1:50.98 (28.78)	
6 Matt Meserole	17	Westfield YMCA	1:50.02	1:50.99
25.70	53.44 (27.74)	1:22.14 (28.70)	1:50.99 (28.85)	
7 Gregory Mahon	18	Riverfront Branch YMCA	1:49.24	1:51.61
25.59	53.22 (27.63)	1:22.02 (28.80)	1:51.61 (29.59)	
8 Dustin Folio	18	Sunbury Branch YMCA	1:52.74	1:51.77
25.67	53.43 (27.76)	1:22.55 (29.12)	1:51.77 (29.22)	
9 Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	1:55.24	1:52.05
25.64	53.82 (28.18)	1:22.94 (29.12)	1:52.05 (29.11)	
10 Marty Rauch	17	Sarasota Family YMCA, Inc	1:56.64	1:52.61
26.31	54.88 (28.57)	1:24.09 (29.21)	1:52.61 (28.52)	
11 Andrew Golankiewicz	17	Wilton Family YMCA	1:56.05	1:52.64
26.15	54.10 (27.95)	1:23.06 (28.96)	1:52.64 (29.58)	
12 Kevin Rogers	16	Triangle Area YMCA	1:54.91	1:52.92
26.86	55.71 (28.85)	1:24.48 (28.77)	1:52.92 (28.44)	
13 Carl Newenhouse	15	Schroeder YMCA	1:55.08	1:53.17
26.74	55.48 (28.74)	1:24.34 (28.86)	1:53.17 (28.83)	
14 Adam Lebovitz	17	Wilton Family YMCA	1:53.98	1:53.34
26.76	54.94 (28.18)	1:24.31 (29.37)	1:53.34 (29.03)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
15	Michael McElduff	16	Lakeland Hills Family YMCA	1:53.56	1:53.52
	26.39	54.96 (28.57)	1:23.95 (28.99)	1:53.52 (29.57)	
16	Austin Taylor	16	Wyckoff Family YMCA Inc	1:54.60	1:53.79
	26.88	55.72 (28.84)	1:25.03 (29.31)	1:53.79 (28.76)	
17	Jared Lang	17	Hunterdon County YMCA	1:53.85	1:53.80
	25.91	54.13 (28.22)	1:23.70 (29.57)	1:53.80 (30.10)	
18	Robby Harder	15	Wilton Family YMCA	1:54.99	1:54.04
	26.53	55.11 (28.58)	1:24.66 (29.55)	1:54.04 (29.38)	
19	Peter KO	17	Ridgewood NJ YMCA	1:53.78	1:54.18
	26.44	54.54 (28.10)	1:24.11 (29.57)	1:54.18 (30.07)	
20	Christopher Meyers	15	Schroeder YMCA	1:54.51	1:54.76
	27.25	55.57 (28.32)	1:25.06 (29.49)	1:54.76 (29.70)	
21	Zach Peart	17	Fanwood-Scotch Plains YMCA	1:55.18	1:54.87
	26.79	55.37 (28.58)	1:25.18 (29.81)	1:54.87 (29.69)	
22	Pat McHugh	18	Springfield Family YMCA	1:54.49	1:54.90
	26.48	54.82 (28.34)	1:24.64 (29.82)	1:54.90 (30.26)	
23	Andrew Blyskal	16	Jennersville YMCA	1:54.17	1:54.93
	26.45	54.97 (28.52)	1:24.67 (29.70)	1:54.93 (30.26)	
24	Grant Alef	16	Kishwaukee Family YMCA	1:56.49	1:54.95
	26.70	55.44 (28.74)	1:25.49 (30.05)	1:54.95 (29.46)	
25	Nick McGowan	17	Birmingham Family YMCA	1:56.52	1:55.14
	27.22	56.44 (29.22)	1:26.00 (29.56)	1:55.14 (29.14)	
26	Paul Hunter	17	Andover/North Andover YMCA	1:54.30	1:55.26
	26.45	55.13 (28.68)	1:25.16 (30.03)	1:55.26 (30.10)	
27	Jordan Guttrich	16	Greater Flint YMCA	1:57.75	1:55.60
	28.06	57.22 (29.16)	1:26.55 (29.33)	1:55.60 (29.05)	
28	Bryan Walcker	15	Burbank Branch YMCA	1:55.06	1:55.62
	26.79	55.49 (28.70)	1:25.75 (30.26)	1:55.62 (29.87)	
29	Jake Irmiter	17	Rock Hill Area YMCA	1:57.50	1:55.73
	27.93	57.31 (29.38)	1:26.44 (29.13)	1:55.73 (29.29)	
30	Brendan Deveney	18	Wilton Family YMCA	1:57.15	1:55.93
	26.74	55.34 (28.60)	1:25.00 (29.66)	1:55.93 (30.93)	
31	Jake Campbell	17	Farmington Family YMCA	1:58.76	1:56.07
	26.94	55.63 (28.69)	1:25.73 (30.10)	1:56.07 (30.34)	
32	Bryan Stephan	18	Westport/Weston CT YMCA	1:58.21	1:56.13
	26.85	55.80 (28.95)	1:25.98 (30.18)	1:56.13 (30.15)	
33	Matt Nutter	16	Andover/North Andover YMCA	1:56.15	1:56.28
	27.21	56.31 (29.10)	1:26.23 (29.92)	1:56.28 (30.05)	
34	Jimmy Coleman	18	Burlington County YMCA	1:57.23	1:56.35
	26.76	55.82 (29.06)	1:26.12 (30.30)	1:56.35 (30.23)	
35	Konrad Opuszko	17	Middle Tyger YMCA	1:55.29	1:56.38
	26.83	55.23 (28.40)	1:25.34 (30.11)	1:56.38 (31.04)	
36	Alex Burzynski	15	Fanwood-Scotch Plains YMCA	2:00.48	1:56.51
	27.73	57.03 (29.30)	1:26.80 (29.77)	1:56.51 (29.71)	
37	Charles Wu	16	Red Bank Branch	1:56.49	1:56.54
	27.33	56.03 (28.70)	1:26.05 (30.02)	1:56.54 (30.49)	
38	Travis Bohn	15	West Shore YMCA	1:56.38	1:56.64
	26.89	55.85 (28.96)	1:26.38 (30.53)	1:56.64 (30.26)	
39	Ethan Duerwer	17	Edwardsville YMCA	1:59.09	1:56.75
	26.41	54.40 (27.99)	1:24.46 (30.06)	1:56.75 (32.29)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
40	Pete Megis	15	Boise YMCA	2:00.21	1:56.85
	28.00	57.57 (29.57)	1:27.07 (29.50)	1:56.85 (29.78)	
41	Caleb Williams	14	Lynchburg YMCA	1:57.51	1:56.99
	27.21	56.17 (28.96)	1:26.66 (30.49)	1:56.99 (30.33)	
42	Zach Johnson	19	Ashland Area YMCA	1:57.00	1:57.01
	26.16	54.86 (28.70)	1:25.74 (30.88)	1:57.01 (31.27)	
*43	Michael Moore	17	Brandywine -DE YMCA	1:54.08	1:57.03
	26.85	55.90 (29.05)	1:26.26 (30.36)	1:57.03 (30.77)	
*43	Matthew Vanbiervliet	15	Somerset Valley YMCA	2:00.52	1:57.03
	27.25	56.61 (29.36)	1:26.98 (30.37)	1:57.03 (30.05)	
45	Stephen Melchiorre	17	Riverfront Branch YMCA	1:57.35	1:57.32
	27.43	56.82 (29.39)	1:26.70 (29.88)	1:57.32 (30.62)	
46	Kevin Steel	17	Riverfront Branch YMCA	1:57.37	1:57.59
	26.84	55.92 (29.08)	1:26.20 (30.28)	1:57.59 (31.39)	
47	Scott Groel	18	West Morris YMCA	1:57.64	1:57.65
	27.03	56.68 (29.65)	1:27.10 (30.42)	1:57.65 (30.55)	
48	John Quagliariello	15	Ridley Area YMCA	2:00.97	1:57.77
	28.50	58.71 (30.21)	1:28.80 (30.09)	1:57.77 (28.97)	
49	Karl Mayer	17	Lakeland Hills Family YMCA	1:55.59	1:57.91
	26.61	55.73 (29.12)	1:26.43 (30.70)	1:57.91 (31.48)	
50	Stefan Tziolis	17	Westport/Weston CT YMCA	1:59.36	1:57.93
	27.53	56.92 (29.39)	1:27.41 (30.49)	1:57.93 (30.52)	
51	Alec Francis	18	Boyertown Area YMCA	1:55.66	1:57.95
	26.90	56.24 (29.34)	1:26.84 (30.60)	1:57.95 (31.11)	
52	Philip Kang	14	Montclair YMCA	1:57.96	1:58.03
	27.32	56.84 (29.52)	1:27.13 (30.29)	1:58.03 (30.90)	
53	Dylan Cummings	16	Wyckoff Family YMCA Inc	1:57.00	1:58.10
	27.13	56.70 (29.57)	1:27.63 (30.93)	1:58.10 (30.47)	
54	Tyler Rauth	16	Upper Main Line YMCA	1:59.85	1:58.18
	27.76	57.21 (29.45)	1:27.80 (30.59)	1:58.18 (30.38)	
55	Austin Byrd	15	Eau Claire Wisconsin YMCA	1:58.69	1:58.23
	27.86	57.80 (29.94)	1:28.10 (30.30)	1:58.23 (30.13)	
56	Alex Mathews	18	York And York County YMCA	1:57.81	1:58.28
	27.89	57.58 (29.69)	1:28.15 (30.57)	1:58.28 (30.13)	
57	Michael Mowen	17	Waynesboro Family YMCA	1:58.99	1:58.30
	27.21	56.64 (29.43)	1:27.56 (30.92)	1:58.30 (30.74)	
58	Sean Monahan	16	M.E. Lyons (Anderson) YMCA	1:59.01	1:58.34
	28.57	58.38 (29.81)	1:28.81 (30.43)	1:58.34 (29.53)	
59	Ryan DeBerry	15	Western North Carolina YMCA	1:58.18	1:58.35
	27.77	57.44 (29.67)	1:27.80 (30.36)	1:58.35 (30.55)	
60	Henry Cohen	16	Lakeland Hills Family YMCA	1:58.56	1:58.38
	27.45	57.19 (29.74)	1:27.67 (30.48)	1:58.38 (30.71)	
61	Mike Harmon	17	Chambersburg Memorial YMCA	2:00.67	1:58.45
	28.06	57.89 (29.83)	1:27.91 (30.02)	1:58.45 (30.54)	
62	Alex Martinek	16	Spokane YMCA	1:57.02	1:58.71
	28.03	57.48 (29.45)	1:27.96 (30.48)	1:58.71 (30.75)	
63	Braden Bouchard	16	Orlando YMCA	1:58.09	1:58.77
	27.89	58.08 (30.19)	1:28.71 (30.63)	1:58.77 (30.06)	
64	Chad Thompson	16	Kishwaukee Family YMCA	1:59.91	1:58.85
	27.62	57.11 (29.49)	1:27.75 (30.64)	1:58.85 (31.10)	
65	Mitchell Smith	18	Greater Johnstown Community	1:58.22	1:58.93
	26.87	56.07 (29.20)	1:27.23 (31.16)	1:58.93 (31.70)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Backstroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
66	Chris Jenkyns	17	Schroeder YMCA	2:01.24	1:59.32
	27.51	57.63 (30.12)	1:28.70 (31.07)	1:59.32 (30.62)	
67	Garrett Procnier	14	Greater Flint YMCA	2:01.09	1:59.45
	28.35	58.28 (29.93)	1:29.01 (30.73)	1:59.45 (30.44)	
68	Eddy Lynk	17	Edwardsville YMCA	2:00.94	1:59.46
	27.88	57.72 (29.84)	1:28.65 (30.93)	1:59.46 (30.81)	
69	Colin Heil	16	Anne Arundel County YMCA	1:58.83	1:59.54
	27.12	56.59 (29.47)	1:27.53 (30.94)	1:59.54 (32.01)	
70	Nic Graesser	15	Upper Main Line YMCA	1:59.35	1:59.56
	28.37	58.26 (29.89)	1:28.55 (30.29)	1:59.56 (31.01)	
71	Ryan Walker	17	Fanwood-Scotch Plains YMCA	2:00.78	1:59.61
	28.04	58.14 (30.10)	1:29.03 (30.89)	1:59.61 (30.58)	
72	Dennis Hall-App	15	Montclair YMCA	1:59.61	1:59.69
	27.63	57.65 (30.02)	1:28.50 (30.85)	1:59.69 (31.19)	
73	Connor Murphy	17	Western Monmouth Co. YMCA	1:59.36	1:59.87
	27.64	57.06 (29.42)	1:28.03 (30.97)	1:59.87 (31.84)	
74	Ian Wooley	14	Countryside Ralph Stolle YMCA.	2:00.34	1:59.92
	27.73	57.97 (30.24)	1:29.18 (31.21)	1:59.92 (30.74)	
75	Chase Frazelle	15	Winston Salem YMCA	1:57.88	1:59.96
	27.95	57.66 (29.71)	1:28.60 (30.94)	1:59.96 (31.36)	
76	Danny Collins	17	Flushing YMCA	1:58.40	2:00.01
	28.72	59.32 (30.60)	1:29.59 (30.27)	2:00.01 (30.42)	
77	Kenny Savage	16	Somerset Hills YMCA	2:00.65	2:00.02
	28.15	57.94 (29.79)	1:29.35 (31.41)	2:00.02 (30.67)	
78	Jack Disney-Huss	15	Triangle Area YMCA	1:58.59	2:00.27
	27.26	57.27 (30.01)	1:28.57 (31.30)	2:00.27 (31.70)	
79	Jacob Kramb	17	Countryside Ralph Stolle YMCA.	2:00.05	2:00.46
	27.87	58.53 (30.66)	1:29.54 (31.01)	2:00.46 (30.92)	
80	Daniel Zalkind	18	Brandywine YMCA -PA	1:59.58	2:00.83
	27.97	57.51 (29.54)	1:28.46 (30.95)	2:00.83 (32.37)	
81	Daniel Hammack	17	Triangle Area YMCA	2:01.04	2:00.96
	28.53	59.04 (30.51)	1:30.03 (30.99)	2:00.96 (30.93)	
82	Edward Griswold	17	Buehler YMCA	1:59.62	2:01.03
	28.29	58.34 (30.05)	1:29.92 (31.58)	2:01.03 (31.11)	
*83	Nathaniel Boley	13	Westport/Weston CT YMCA	2:00.95	2:01.05
	28.50	58.95 (30.45)	1:30.04 (31.09)	2:01.05 (31.01)	
*83	Matthew Montague	15	M.E. Lyons (Anderson) YMCA	2:01.02	2:01.05
	28.89	59.28 (30.39)	1:30.48 (31.20)	2:01.05 (30.57)	
85	Eric Spazzarini	18	Laurel East Hartford YMCA	1:57.86	2:01.09
	27.42	57.31 (29.89)	1:28.70 (31.39)	2:01.09 (32.39)	
86	Drew Sullenbarger	16	South Family YMCA-Kettering	1:59.96	2:01.11
	29.89	1:00.63 (30.74)	1:31.50 (30.87)	2:01.11 (29.61)	
87	Michael O'Brien	14	Hilliker YMCA	2:00.76	2:01.36
	28.14	58.57 (30.43)	1:29.98 (31.41)	2:01.36 (31.38)	
88	Sean Murphy	17	Wyckoff Family YMCA Inc	2:01.33	2:01.57
	29.05	59.66 (30.61)	1:30.79 (31.13)	2:01.57 (30.78)	
89	Sam Lynch	13	Red Bank Branch	2:00.95	2:01.59
	28.43	58.95 (30.52)	1:30.59 (31.64)	2:01.59 (31.00)	
90	Matt McKee	18	Countryside Ralph Stolle YMCA.	1:55.58	2:01.60
	26.88	57.12 (30.24)	1:28.78 (31.66)	2:01.60 (32.82)	
91	Matthew Collins	16	Flushing YMCA	1:59.05	2:01.61
	28.42	59.06 (30.64)	1:30.69 (31.63)	2:01.61 (30.92)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
92 Ryan Metzger	17	Barren County YMCA	2:00.80	2:02.03
27.72	58.60 (30.88)	1:30.80 (32.20)	2:02.03 (31.23)	
*93 Derek Pridemore	15	Sarasota Family YMCA, Inc	2:00.29	2:02.16
29.05	59.92 (30.87)	1:30.94 (31.02)	2:02.16 (31.22)	
*93 Garrett Pringle	18	Beavercreek Branch YMCA	2:01.46	2:02.16
28.31	59.08 (30.77)	1:29.94 (30.86)	2:02.16 (32.22)	
*93 Adam Hunter	16	Wilmington YMCA - NC	2:01.09	2:02.16
28.61	59.23 (30.62)	1:30.62 (31.39)	2:02.16 (31.54)	
96 Stefan Pietrobono	17	Western Branch YMCA	1:59.44	2:02.28
28.38	58.83 (30.45)	1:30.98 (32.15)	2:02.28 (31.30)	
97 Brendan Kerins	17	Catonsville MD YMCA	1:59.83	2:02.34
28.01	58.09 (30.08)	1:30.28 (32.19)	2:02.34 (32.06)	
*98 Tommy Easley	14	M.E. Lyons (Anderson) YMCA	1:59.39	2:02.52
28.27	58.64 (30.37)	1:30.90 (32.26)	2:02.52 (31.62)	
*98 Kirt Davis	16	Sarasota Family YMCA, Inc	1:55.02	2:02.52
27.66	57.55 (29.89)	1:29.68 (32.13)	2:02.52 (32.84)	
100 Alex Kron	17	Cheshire YMCA	2:18.53L	2:02.67
28.02	57.85 (29.83)	1:29.87 (32.02)	2:02.67 (32.80)	
101 Ben Orr	18	Newberry County Family YMCA	2:00.69	2:02.90
28.45	58.74 (30.29)	1:30.66 (31.92)	2:02.90 (32.24)	
102 Chad Nowakowski	16	Lynchburg YMCA	2:00.06	2:02.91
28.90	59.56 (30.66)	1:31.43 (31.87)	2:02.91 (31.48)	
103 Wayde Marsh	18	Central Delaware YMCA	1:59.13	2:03.28
28.42	59.21 (30.79)	1:31.24 (32.03)	2:03.28 (32.04)	
104 David Yao	18	Somerset Valley YMCA	1:59.40	2:03.29
28.19	58.95 (30.76)	1:30.90 (31.95)	2:03.29 (32.39)	
105 Patrick Malone	17	Riverfront Branch YMCA	2:00.61	2:03.41
28.07	58.85 (30.78)	1:31.04 (32.19)	2:03.41 (32.37)	
106 Andrew Smith	18	Somerset Hills YMCA	1:58.57	2:03.61
27.90	58.69 (30.79)	1:30.77 (32.08)	2:03.61 (32.84)	
107 Zach Fischer	17	Powel Crosley Jr. YMCA	2:00.06	2:03.70
28.64	1:00.23 (31.59)	1:32.18 (31.95)	2:03.70 (31.52)	
108 Garrett Hasslinger	18	Cumberland MD YMCA	2:01.47	2:03.74
28.47	58.61 (30.14)	1:30.55 (31.94)	2:03.74 (33.19)	
109 Kevin Hong	15	Somerset Valley YMCA	1:59.54	2:03.92
28.87	1:00.24 (31.37)	1:32.13 (31.89)	2:03.92 (31.79)	
110 Shane McKenzie	15	Tri-Hampton Family Branch YMC	2:01.52	2:04.02
29.31	1:00.71 (31.40)	1:32.67 (31.96)	2:04.02 (31.35)	
111 David Woodford	16	Riverfront Branch YMCA	2:00.75	2:04.20
28.00	58.83 (30.83)	1:31.21 (32.38)	2:04.20 (32.99)	
112 Brian Strathmeyer	18	York And York County YMCA	2:01.46	2:04.43
29.29	1:00.33 (31.04)	1:32.65 (32.32)	2:04.43 (31.78)	
113 Scott Haskins	18	Oshkosh Community YMCA	2:00.70	2:05.10
27.71	58.55 (30.84)	1:31.67 (33.12)	2:05.10 (33.43)	
114 Nick Spaniel	16	Greater Burlington YMCA	2:01.49	2:06.59
29.12	1:00.50 (31.38)	1:33.51 (33.01)	2:06.59 (33.08)	
115 Zack Haney	16	Sunbury Branch YMCA	2:01.41	2:07.34
29.15	1:00.97 (31.82)	1:34.31 (33.34)	2:07.34 (33.03)	
--- Ilya Prikhodko	16	Orlando YMCA	1:57.09	DQ
Non-continuous turning action				
26.29	55.15 (28.86)	1:25.00 (29.85)	DQ (30.14)	
--- Aaron Yunker	18	Greater Flint YMCA	1:59.18	DQ

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1  
Swimming and Diving Championship**

**Results**

**Preliminaries ... (Men 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
--- Chris Kramer	18	York And York County YMCA	1:52.57	DQ
Non-continuous turning action				
27.43	56.42 (28.99)	1:26.00 (29.58)	DQ (29.69)	
--- Parker Baisden	16	Phoenixville Branch YMCA	2:01.06	DQ
False start				
29.09	59.55 (30.46)	1:30.73 (31.18)	DQ (30.15)	
--- Patrick Hagar	17	Catonsville MD YMCA	2:00.22	DQ
Non-continuous turning action				
28.28	59.19 (30.91)	1:30.57 (31.38)	DQ (31.84)	
--- Coleman Allen	16	Spokane YMCA	1:53.77	DQ
Not on back off wall				
26.56	55.56 (29.00)	1:25.58 (30.02)	DQ (30.93)	
--- Bryan Brown	16	Central Delaware YMCA	2:01.57	DFS
Declared false start				
2:07.87				

**Men 50 Yard Breaststroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Max Garner	16	Harrison Area YMCA	29.39	28.72
2 Nate Oropollo	18	Ridley Area YMCA	29.52	29.08
3 Ian Ballantyne	14	Bismarck YMCA	28.50	29.27
4 Jeff Sloan	17	Tri-Hampton Family Branch YMC	30.89	29.29
5 Ian Zelaya	17	Mid-Delmarva Family YMCA	29.57	29.49
6 Douglas Ranson	17	Hamilton Area NJ YMCA	28.59	29.55
7 Tyler Tenney	17	Harrison Area YMCA	29.59	29.75
8 Alec Christopherson	16	La Crosse Area Family YMCA	28.57	29.90
9 Julius Ota	16	Mid-Delmarva Family YMCA	29.55	29.99
10 Patrick Inness	18	Knox County YMCA	32.31	30.13
11 Jacob Griffith	13	Lancaster & Fairfield YMCA	30.82	30.46
12 Michael Rokosny	15	Pottstown YMCA	32.77	31.19
13 Philip Kang	14	Montclair YMCA	31.66	31.23
14 Kevin Bane	15	Laurel Highlands Regional YMCA	30.56	31.37
15 Steve Brown	15	Brandywine YMCA -PA	31.08	31.49
--- Ted Millett	17	North Shore (Sterling) MA YMCA	27.01	DQ

**Men 100 Yard Breaststroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Connor Beaulieu	16	Laurel East Hartford YMCA	1:00.08	59.88
28.35	59.88 (31.53)			
2 James Sturmer	17	Tri-Hampton Family Branch YMC	1:01.10	1:00.21
28.59	1:00.21 (31.62)			
3 Caleb Tuten	16	York And York County YMCA	1:01.58	1:00.31
29.15	1:00.31 (31.16)			
4 Davin Jameson	19	Grand Island Nebraska YMCA	1:01.69	1:00.57
28.84	1:00.57 (31.73)			
5 Jack Lorentzen	16	Westfield YMCA	1:04.21	1:01.04
28.80	1:01.04 (32.24)			
6 Jack Pretto	17	Cheshire YMCA	1:04.00	1:01.55
29.22	1:01.55 (32.33)			



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
7	Zach Auclair	17	Laurel East Hartford YMCA	1:00.61	1:01.74
	29.37		1:01.74 (32.37)		
8	J Key	16	Western North Carolina YMCA	1:01.00	1:01.76
	28.79		1:01.76 (32.97)		
9	Mike Chickene	18	Hunterdon County YMCA	1:01.54	1:01.86
	29.01		1:01.86 (32.85)		
10	JC Logan	16	Ridley Area YMCA	1:02.80	1:02.00
	28.83		1:02.00 (33.17)		
11	Matthew Jennings	16	Brandywine -DE YMCA	1:01.45	1:02.22
	29.45		1:02.22 (32.77)		
12	Nathan Winkler	16	Camp-Hay-Went-Ha YMCA	1:01.98	1:02.49
	29.39		1:02.49 (33.10)		
13	Peter Bihl	17	Waynesboro Family YMCA	1:04.20	1:02.58
	29.17		1:02.58 (33.41)		
14	Jeff Sloan	17	Tri-Hampton Family Branch YMC	1:03.95	1:02.61
	29.42		1:02.61 (33.19)		
15	Nolan Silbernagel	16	Lakeland Hills Family YMCA	1:01.69	1:02.95
	29.69		1:02.95 (33.26)		
16	Mike Harmon	17	Chambersburg Memorial YMCA	1:03.29	1:02.96
	29.88		1:02.96 (33.08)		
17	John Bateman	15	North Shore (Sterling) MA YMC#	1:05.90	1:03.06
	30.04		1:03.06 (33.02)		
18	James Black	17	North Shore (Sterling) MA YMC#	1:05.90	1:03.10
	29.53		1:03.10 (33.57)		
19	Timothy Lattimer	15	Wilton Family YMCA	1:03.00	1:03.63
	29.88		1:03.63 (33.75)		
20	Matt Daw	15	Triangle Area YMCA	1:03.36	1:03.64
	30.05		1:03.64 (33.59)		
21	Hajime Ichikawa	18	Central/North Westchester NY Y	1:03.95	1:03.78
	30.41		1:03.78 (33.37)		
22	Adam Shaw	15	Cheshire YMCA	1:03.86	1:03.82
	30.10		1:03.82 (33.72)		
23	JV Kracke	18	Western Monmouth Co. YMCA	1:05.45	1:03.89
	30.17		1:03.89 (33.72)		
24	Joey DePaola	16	Lakeland Hills Family YMCA	1:02.81	1:03.90
	30.23		1:03.90 (33.67)		
25	Daniel Aberle	17	Catawba Valley YMCA	1:03.17	1:04.17
	30.42		1:04.17 (33.75)		
26	Ian Zelaya	17	Mid-Delmarva Family YMCA	1:02.95	1:04.25
	30.01		1:04.25 (34.24)		
27	Roby Boggs	15	Birmingham Family YMCA	1:03.33	1:04.30
	30.38		1:04.30 (33.92)		
28	Dann Williams	17	Ridley Area YMCA	1:05.66	1:04.32
	30.32		1:04.32 (34.00)		
29	Kyle Doxtater	15	Mid-Delmarva Family YMCA	1:05.27	1:04.48
	30.69		1:04.48 (33.79)		
30	Todd Eiseman	17	Hilliard YMCA	1:04.55	1:04.59
	30.16		1:04.59 (34.43)		
31	David Yazbeck	17	South Shore Mill Pond YMCA	1:04.72	1:04.70
	30.50		1:04.70 (34.20)		
32	TJ Houck	16	Burlington County YMCA	1:04.69	1:04.72
	30.05		1:04.72 (34.67)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Breaststroke Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
33	Mike Oster	16	Westfield YMCA	1:05.12	1:04.76
	30.42		1:04.76 (34.34)		
34	Alex Dropo	17	Cape Cod YMCA	1:02.84	1:04.79
	30.03		1:04.79 (34.76)		
35	Parker Huguley	16	Greater Bergen County YMCA	1:02.45	1:04.90
	29.87		1:04.90 (35.03)		
36	Tyler Tenney	17	Harrison Area YMCA	1:04.39	1:05.01
	30.13		1:05.01 (34.88)		
37	Trevor Manz	14	Eau Claire Wisconsin YMCA	1:04.40	1:05.02
	30.80		1:05.02 (34.22)		
38	Andre Latour	18	North Oakland Family YMCA	1:05.23	1:05.24
	29.99		1:05.24 (35.25)		
39	Alex Burgess	14	Powel Crosley Jr. YMCA	1:06.80	1:05.53
	31.18		1:05.53 (34.35)		
40	Jimmy Ryan	15	Upper Main Line YMCA	1:18.69	1:05.97
	31.03		1:05.97 (34.94)		
41	Kyle Marsh	16	Spokane YMCA	1:03.89	1:06.30
	31.01		1:06.30 (35.29)		
42	Shane McKenzie	15	Tri-Hampton Family Branch YMC	1:05.06	1:06.69
	31.45		1:06.69 (35.24)		
43	Max Docksey	17	Chippewa Valley Family YMCA	1:06.17	1:06.90
	30.96		1:06.90 (35.94)		
44	Alex Kron	17	Cheshire YMCA	1:10.51	1:06.93
	31.26		1:06.93 (35.67)		
45	Brandon Sweetman	16	Cross Island YMCA	1:06.52	1:06.95
	31.17		1:06.95 (35.78)		
46	Julius Ota	16	Mid-Delmarva Family YMCA	1:05.26	1:07.14
	30.77		1:07.14 (36.37)		
47	Jan Yburan	17	Montclair YMCA	1:07.95	1:07.24
	31.70		1:07.24 (35.54)		
48	Jaime Ianiro	16	Montclair YMCA	1:09.00	1:07.27
	32.48		1:07.27 (34.79)		
49	MP Salinas	14	Phoenixville Branch YMCA	1:08.50	1:07.63
	33.15		1:07.63 (34.48)		
50	Sam Lynch	13	Red Bank Branch	1:07.70	1:07.95
	32.69		1:07.95 (35.26)		
51	Luke Fiore	17	Cheshire YMCA	1:10.51	1:08.07
	32.22		1:08.07 (35.85)		
52	Chris Pitler	17	Tri-Hampton Family Branch YMC	1:13.29	1:08.16
	32.82		1:08.16 (35.34)		
53	Kevin Hong	15	Somerset Valley YMCA	1:05.95	1:08.48
	32.35		1:08.48 (36.13)		
54	Andrew Urban	18	Ambler Area Branch YMCA	1:07.36	1:08.58
	31.86		1:08.58 (36.72)		
55	Connor Murphy	17	Western Monmouth Co. YMCA	1:05.64	1:08.74
	32.34		1:08.74 (36.40)		
56	Kevin Bane	15	Laurel Highlands Regional YMCA	1:06.70	1:08.85
	32.34		1:08.85 (36.51)		
57	Nic Graesser	15	Upper Main Line YMCA	1:18.70	1:08.86
	32.82		1:08.86 (36.04)		
58	Michael Rokosny	15	Pottstown YMCA	1:07.28	1:08.92
	31.69		1:08.92 (37.23)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Breaststroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
59 Joseph Gallene	17	Western Monmouth Co. YMCA	1:05.60	1:09.06
32.70	1:09.06 (36.36)			
60 Kris Sweetman	17	Cross Island YMCA	1:12.99	1:12.53
34.65	1:12.53 (37.88)			
--- John Santoro	14	New Canaan Community YMCA	1:04.50	DQ
Downward butterfly kick				
30.26	DQ (33.23)			
--- Chris Zappile	16	West Morris YMCA	1:03.02	NS
--- Matt Meserole	17	Westfield YMCA	1:02.85	NS
--- Matt Morgan	18	Westfield YMCA	1:01.19	NS
--- Nate Oropollo	18	Ridley Area YMCA	1:03.50	NS
--- Jake Schneider	18	Madison West YMCA	1:03.60	NS
--- Charles Wu	16	Red Bank Branch	1:05.62	NS

**Men 100 Yard Breaststroke Swimming Competition**

National: 54.76 * 1994		J. Linn		Harrisburg ES,PA	
Name	Age	Team	Prelim Time	Finals Time	
<b>A - Final</b>					
1 William Colbert	17	Schroeder YMCA	56.15	54.27*	
25.62	54.27 (28.65)				
2 Kevin Steel	17	Riverfront Branch YMCA	57.18	56.02	
25.95	56.02 (30.07)				
3 Tanner Lowman	17	Rowan County YMCA	56.95	56.41	
26.55	56.41 (29.86)				
4 Harrison Cefalo	16	Red Bank Branch	56.73	56.64	
26.81	56.64 (29.83)				
5 Christian Higgins	16	New Canaan Community YMCA	56.88	56.68	
26.68	56.68 (30.00)				
6 Dominick Glavich	15	Triangle Area YMCA	56.86	56.96	
26.72	56.96 (30.24)				
7 Andrew Guinther	17	Glens Falls YMCA	57.11	57.18	
27.21	57.18 (29.97)				
8 Jared Kauffman	15	Middle Tyger YMCA	57.00	57.26	
27.07	57.26 (30.19)				
<b>B - Final</b>					
9 Ted Millett	17	North Shore (Sterling) MA YMCA	58.48	57.92	
27.37	57.92 (30.55)				
10 Sean Johnson	16	Somerset Valley YMCA	58.36	58.17	
26.91	58.17 (31.26)				
11 Zach Stephens	16	Sunbury Branch YMCA	58.09	58.24	
27.47	58.24 (30.77)				
12 Josh Kinney	17	Fox Cities YMCA	58.80	58.27	
27.41	58.27 (30.86)				
13 James Wilson	16	Jennersville YMCA	58.50	58.53	
27.47	58.53 (31.06)				
14 John Morton	18	Triangle Area YMCA	58.65	58.66	
27.48	58.66 (31.18)				
15 Jonathan Proffitt	17	Powel Crosley Jr. YMCA	58.62	59.89	
27.66	59.89 (32.23)				
--- Sho Young	18	Schroeder YMCA	58.74	DQ	
Downward butterfly kick					
27.53	DQ (30.93)				

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****C - Final ... (Men 100 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>C - Final</b>				
17 Graham Kauffman	17	Middle Tyger YMCA	59.02	58.52
27.24	58.52	(31.28)		
18 Raymond Cswerko	15	Northwest Connecticut YMCA	58.99	58.63
28.21	58.63	(30.42)		
19 Atahan Yaya	17	Tuscarawas County YMCA	58.89	58.64
27.19	58.64	(31.45)		
20 Cameron Weaver	17	Greater Flint YMCA	59.21	58.85
27.69	58.85	(31.16)		
21 Leo Lim	14	Wyckoff Family YMCA Inc	59.08	59.38
28.20	59.38	(31.18)		
22 Andrew Keriazes	17	Springfield Family YMCA	59.15	59.67
27.49	59.67	(32.18)		
23 Jeffrey Rowe	17	Riverfront Branch YMCA	58.85	59.78
27.47	59.78	(32.31)		
24 Andrew Seiler	18	Upper Main Line YMCA	58.92	59.98
28.27	59.98	(31.71)		

**Men 100 Yard Breaststroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 William Colbert	17	Schroeder YMCA	54.59	56.15
26.30	56.15	(29.85)		
2 Harrison Cefalo	16	Red Bank Branch	55.99	56.73
26.54	56.73	(30.19)		
3 Dominick Glavich	15	Triangle Area YMCA	56.39	56.86
26.92	56.86	(29.94)		
4 Christian Higgins	16	New Canaan Community YMCA	55.52	56.88
26.93	56.88	(29.95)		
5 Tanner Lowman	17	Rowan County YMCA	56.75	56.95
26.91	56.95	(30.04)		
6 Jared Kauffman	15	Middle Tyger YMCA	57.95	57.00
27.02	57.00	(29.98)		
7 Andrew Guinther	17	Glens Falls YMCA	58.57	57.11
27.04	57.11	(30.07)		
8 Kevin Steel	17	Riverfront Branch YMCA	58.56	57.18
26.35	57.18	(30.83)		
9 Zach Stephens	16	Sunbury Branch YMCA	57.18	58.09
27.74	58.09	(30.35)		
10 Sean Johnson	16	Somerset Valley YMCA	58.31	58.36
27.13	58.36	(31.23)		
11 Ted Millett	17	North Shore (Sterling) MA YMCA	57.48	58.48
27.46	58.48	(31.02)		
12 James Wilson	16	Jennersville YMCA	1:00.34	58.50
27.06	58.50	(31.44)		
13 Jonathan Proffitt	17	Powel Crosley Jr. YMCA	57.20	58.62
27.28	58.62	(31.34)		
14 John Morton	18	Triangle Area YMCA	59.12	58.65
27.53	58.65	(31.12)		
15 Sho Young	18	Schroeder YMCA	58.26	58.74
27.62	58.74	(31.12)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
16	Josh Kinney	17	Fox Cities YMCA	58.49	58.80
	27.38		58.80 (31.42)		
17	Jeffrey Rowe	17	Riverfront Branch YMCA	1:00.72	58.85
	27.42		58.85 (31.43)		
18	Atahan Yaya	17	Tuscarawas County YMCA	58.36	58.89
	27.76		58.89 (31.13)		
19	Andrew Seiler	18	Upper Main Line YMCA	59.21	58.92
	27.93		58.92 (30.99)		
20	Raymond Cswerko	15	Northwest Connecticut YMCA	57.73	58.99
	28.12		58.99 (30.87)		
21	Graham Kauffman	17	Middle Tyger YMCA	1:00.52	59.02
	27.50		59.02 (31.52)		
22	Leo Lim	14	Wyckoff Family YMCA Inc	59.04	59.08
	27.72		59.08 (31.36)		
23	Andrew Keriazes	17	Springfield Family YMCA	59.64	59.15
	27.54		59.15 (31.61)		
24	Cameron Weaver	17	Greater Flint YMCA	59.50	59.21
	27.81		59.21 (31.40)		
25	Matt Hogan	17	Birmingham Family YMCA	59.55	59.27
	27.32		59.27 (31.95)		
26	Riley Bouchard	17	Orlando YMCA	59.96	59.49
	28.28		59.49 (31.21)		
27	Evan Mahoney	14	Ocean County YMCA	1:00.54	59.53
	28.39		59.53 (31.14)		
*28	John Bushman	15	Green Bay YMCA Metro	59.14	59.90
	28.66		59.90 (31.24)		
*28	Eric Traub	16	Northwest Connecticut YMCA	59.57	59.90
	28.03		59.90 (31.87)		
30	Doug McCan	16	Boise YMCA	58.11	59.94
	28.28		59.94 (31.66)		
31	Connor Beaulieu	16	Laurel East Hartford YMCA	1:00.39	1:00.08
	28.59		1:00.08 (31.49)		
32	Ethan McNeil	18	Countryside Ralph Stolle YMCA.	59.73	1:00.15
	28.37		1:00.15 (31.78)		
*33	Ian Carbone	17	Mount Desert Island YMCA	59.27	1:00.23
	28.59		1:00.23 (31.64)		
*33	David White	17	Hunterdon County YMCA	1:01.59	1:00.23
	28.55		1:00.23 (31.68)		
35	Ryan Woltornist	16	Sunbury Branch YMCA	59.12	1:00.30
	28.71		1:00.30 (31.59)		
36	Max Byers	15	Edwardsville YMCA	1:00.19	1:00.31
	28.57		1:00.31 (31.74)		
37	Stephen Raynes	16	Somerset Hills YMCA	1:00.72	1:00.45
	28.22		1:00.45 (32.23)		
38	Kevin Hughes	19	Triangle Area YMCA	59.00	1:00.49
	28.04		1:00.49 (32.45)		
39	Ian Mangum	18	Montgomery -East Branch YMCA	1:01.80	1:00.53
	28.64		1:00.53 (31.89)		
40	Alex DeLakis	14	Eau Claire Wisconsin YMCA	58.91	1:00.56
	28.31		1:00.56 (32.25)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
41	Gregory Taplin	17	Edwardsville YMCA	1:00.47	1:00.64
	28.39		1:00.64 (32.25)		
42	Greg Baliko	15	Fanwood-Scotch Plains YMCA	1:01.00	1:00.74
	29.16		1:00.74 (31.58)		
43	David Ireland	17	South Family YMCA-Kettering	1:01.90	1:00.76
	28.84		1:00.76 (31.92)		
44	Patrick Greitzer	16	Springfield Family YMCA	59.91	1:00.79
	28.34		1:00.79 (32.45)		
45	Matt Kendall	16	Somerset Valley YMCA	59.50	1:00.82
	28.98		1:00.82 (31.84)		
46	AJ Burt	16	Powel Crosley Jr. YMCA	1:00.69	1:00.83
	28.82		1:00.83 (32.01)		
47	Ian Nichols	18	Bath Area Family YMCA	1:00.06	1:00.91
	28.29		1:00.91 (32.62)		
48	Zach Auclair	17	Laurel East Hartford YMCA	1:00.61	1:00.94
	28.92		1:00.94 (32.02)		
49	Matt Heverly	18	Phoenixville Branch YMCA	1:00.10	1:00.99
	28.90		1:00.99 (32.09)		
50	Matt McNamara	14	South Oakland Family YMCA	59.33	1:01.00
	28.47		1:01.00 (32.53)		
51	Evan Ciecimirski	17	New Canaan Community YMCA	1:00.04	1:01.03
	28.41		1:01.03 (32.62)		
52	Marshall Lambert	16	Boyertown Area YMCA	59.67	1:01.08
	28.66		1:01.08 (32.42)		
*53	Jeremy Chaudet	18	Somerset Valley YMCA	59.93	1:01.09
	28.63		1:01.09 (32.46)		
*53	Sean Drake	16	M.E. Lyons (Anderson) YMCA	1:02.72	1:01.09
	28.76		1:01.09 (32.33)		
55	Kyle Grosman	17	Lakeland Hills Family YMCA	1:00.70	1:01.13
	28.44		1:01.13 (32.69)		
56	Tyler Szarko	18	Catonsville MD YMCA	1:00.79	1:01.14
	28.69		1:01.14 (32.45)		
*57	Ryan Fortin	15	Andover/North Andover YMCA	1:00.01	1:01.28
	28.48		1:01.28 (32.80)		
*57	Patrick Kimutis	17	M.E. Lyons (Anderson) YMCA	1:00.26	1:01.28
	28.96		1:01.28 (32.32)		
59	Dylan Heer	17	Northern Middlesex County YMC	59.97	1:01.31
	29.18		1:01.31 (32.13)		
60	Nicholas Grippo	17	Red Bank Branch	1:02.27	1:01.45
	28.97		1:01.45 (32.48)		
61	Nathan Winkler	16	Camp-Hay-Went-Ha YMCA	1:01.98	1:01.48
	28.90		1:01.48 (32.58)		
62	Ryan Walker	17	Fanwood-Scotch Plains YMCA	1:02.12	1:01.49
	29.18		1:01.49 (32.31)		
63	Mason Monheim	16	Orrville Ohio YMCA	1:02.28	1:01.50
	28.41		1:01.50 (33.09)		
64	Nick Dello Buono	17	Kennett Area YMCA	1:01.97	1:01.53
	28.89		1:01.53 (32.64)		
65	Carter Head	15	Lynchburg YMCA	1:00.92	1:01.54
	29.23		1:01.54 (32.31)		
66	Seth Klair	15	Western Branch YMCA	1:00.71	1:01.56
	28.78		1:01.56 (32.78)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*67 Brian Power	17	Westport/Weston CT YMCA	1:00.14	1:01.60
29.05		1:01.60 (32.55)		
*67 Patrick Larrow	17	Greater Holyoke YMCA	1:02.67	1:01.60
29.28		1:01.60 (32.32)		
69 Chaz Ballard	15	Montgomery -East Branch YMCA	1:01.68	1:01.65
29.00		1:01.65 (32.65)		
70 Davin Jameson	19	Grand Island Nebraska YMCA	1:00.22	1:01.69
29.12		1:01.69 (32.57)		
71 Connor McColligan	16	Red Bank Branch	1:01.55	1:01.71
28.67		1:01.71 (33.04)		
72 Tim Cutler	17	Chippewa Valley Family YMCA	1:01.69	1:01.73
29.20		1:01.73 (32.53)		
73 James Sturner	17	Tri-Hampton Family Branch YMC	1:01.43	1:01.85
29.32		1:01.85 (32.53)		
74 Justin Beegle	18	West Shore YMCA	1:00.87	1:01.89
29.49		1:01.89 (32.40)		
75 Brock Jackson	18	State YMCA of Michigan (Sturgi	1:00.27	1:01.97
29.07		1:01.97 (32.90)		
*76 Mike Chickene	18	Hunterdon County YMCA	1:01.54	1:01.99
28.85		1:01.99 (33.14)		
*76 Christopher Meyers	15	Schroeder YMCA	59.98	1:01.99
28.81		1:01.99 (33.18)		
*76 Michael Gordon	15	Kishwaukee Family YMCA	1:01.23	1:01.99
29.04		1:01.99 (32.95)		
79 J Key	16	Western North Carolina YMCA	1:01.75	1:02.02
28.99		1:02.02 (33.03)		
80 Jason Castillo	17	Schroeder YMCA	1:00.04	1:02.03
29.03		1:02.03 (33.00)		
81 Kevin Kelley	18	Burlington County YMCA	1:01.19	1:02.08
28.70		1:02.08 (33.38)		
82 Tom Rhoads	17	Ridley Area YMCA	1:00.22	1:02.11
29.22		1:02.11 (32.89)		
83 Christophe Vandervest	18	Green Bay YMCA Metro	1:00.13	1:02.19
29.12		1:02.19 (33.07)		
84 Nolan Silbernagel	16	Lakeland Hills Family YMCA	1:01.66	1:02.20
29.19		1:02.20 (33.01)		
85 Doug Morte	18	Sumter SC YMCA	1:00.83	1:02.24
29.25		1:02.24 (32.99)		
86 Christopher Vandiford	16	Springfield Family YMCA	1:02.49	1:02.29
29.12		1:02.29 (33.17)		
87 Danny Powderly	18	Springfield Family YMCA	1:01.12	1:02.33
29.36		1:02.33 (32.97)		
88 Patrick Foos	17	Blue Ash Branch YMCA	1:01.38	1:02.37
29.08		1:02.37 (33.29)		
89 Patrick Gilbreath	17	Tampa Metro YMCA	1:01.18	1:02.39
29.33		1:02.39 (33.06)		
*90 Jake Iotte	14	Fox Cities YMCA	1:01.74	1:02.40
29.59		1:02.40 (32.81)		
*90 Matthew Jennings	16	Brandywine -DE YMCA	1:01.77	1:02.40
29.31		1:02.40 (33.09)		
*92 Connor Christiansen	16	Fox Cities YMCA	1:02.01	1:02.48
29.61		1:02.48 (32.87)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*92	Andrew McCollister	16	Rowan County YMCA	1:11.66L	1:02.48
	29.90		1:02.48 (32.58)		
94	Tyler Revels	18	Sarasota Family YMCA, Inc	59.75	1:02.49
	29.18		1:02.49 (33.31)		
*95	Michael Bower	18	Mattoon Area Family YMCA	1:02.79	1:02.56
	29.39		1:02.56 (33.17)		
*95	Brad Powell	18	Montgomery -East Branch YMCA	1:01.31	1:02.56
	29.45		1:02.56 (33.11)		
97	Ian Ballantyne	14	Bismarck YMCA	1:00.50	1:02.60
	29.25		1:02.60 (33.35)		
98	Ryan Terracciano	18	Somerset Hills YMCA	1:02.28	1:02.64
	29.36		1:02.64 (33.28)		
*99	Andy Lindstrom	18	Camp-Hay-Went-Ha YMCA	1:01.13	1:02.74
	29.39		1:02.74 (33.35)		
*99	Phillip Jacques	17	Bath Area Family YMCA	1:01.36	1:02.74
	29.37		1:02.74 (33.37)		
101	Matthew Knoth	18	Western Monmouth Co. YMCA	1:02.35	1:02.81
	29.60		1:02.81 (33.21)		
102	Max Garner	16	Harrison Area YMCA	1:02.39	1:02.93
	29.75		1:02.93 (33.18)		
103	Ryan Bacci	16	Flushing YMCA	1:02.25	1:02.99
	29.70		1:02.99 (33.29)		
104	Andrew Billon	18	Indiana County YMCA	1:01.72	1:03.04
	29.10		1:03.04 (33.94)		
*105	Christian Jansson	17	Ridgewood NJ YMCA	1:02.35	1:03.05
	29.32		1:03.05 (33.73)		
*105	Pun Winichakul	17	Madison West YMCA	1:00.96	1:03.05
	29.48		1:03.05 (33.57)		
107	Thomas Bushman	15	Green Bay YMCA Metro	1:02.21	1:03.09
	29.63		1:03.09 (33.46)		
108	Nolan Schneider	14	Hunterdon County YMCA	1:00.96	1:03.10
	29.43		1:03.10 (33.67)		
109	Chip Samuelson	16	Springfield Family YMCA	1:01.24	1:03.14
	29.12		1:03.14 (34.02)		
110	Brian Kennedy	18	Champaign County YMCA	1:02.71	1:03.17
	29.46		1:03.17 (33.71)		
111	Sean Murphy	17	Wyckoff Family YMCA Inc	1:02.46	1:03.21
	29.86		1:03.21 (33.35)		
112	Robby Mix	17	Lionville Community YMCA	1:10.39L	1:03.24
	29.51		1:03.24 (33.73)		
113	Douglas Ranson	17	Hamilton Area NJ YMCA	1:01.98	1:03.26
	29.75		1:03.26 (33.51)		
114	BJ Frederick	16	Franklin/Grove City YMCA	1:01.27	1:03.27
	29.48		1:03.27 (33.79)		
115	Larry Zhang	16	Westfield YMCA	1:01.91	1:03.35
	29.77		1:03.35 (33.58)		
116	Robbie Biskup	16	Birmingham Family YMCA	1:01.81	1:03.38
	29.50		1:03.38 (33.88)		
117	Brencis Navia	17	Somerset Hills YMCA	1:02.64	1:03.39
	29.82		1:03.39 (33.57)		
118	Nick Victor	15	Macomb Family YMCA	1:01.89	1:03.42
	29.72		1:03.42 (33.70)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
119	Garrett Pringle	18	Beavercreek Branch YMCA	1:01.29	1:03.44
	29.44		1:03.44 (34.00)		
*120	Vincent Gill	16	Hilliard YMCA	1:02.19	1:03.46
	28.86		1:03.46 (34.60)		
*120	Matthew Lagieski	16	Fox Cities YMCA	1:00.82	1:03.46
	29.62		1:03.46 (33.84)		
122	Jason Ho	17	Riverfront Branch YMCA	1:00.56	1:03.47
	29.70		1:03.47 (33.77)		
123	Dereck Harmon	17	Great Miami Valley Ohio YMCA	1:01.96	1:03.59
	29.42		1:03.59 (34.17)		
124	Joey DePaola	16	Lakeland Hills Family YMCA	1:02.70	1:03.70
	29.93		1:03.70 (33.77)		
125	Kevin Ng	17	Somerset Hills YMCA	1:02.70	1:03.73
	30.07		1:03.73 (33.66)		
126	Andrew Cotter	14	Ridgway YMCA	1:01.16	1:03.81
	29.71		1:03.81 (34.10)		
127	Parker Huguley	16	Greater Bergen County YMCA	1:02.45	1:03.89
	29.60		1:03.89 (34.29)		
128	John Scott	17	Winston Salem YMCA	1:02.38	1:03.98
	29.65		1:03.98 (34.33)		
*129	Alex DeSisto	18	Sarasota Family YMCA, Inc	1:12.05L	1:04.01
	30.32		1:04.01 (33.69)		
*129	Kenny Kim	17	Flushing YMCA	1:02.23	1:04.01
	29.84		1:04.01 (34.17)		
131	Garrick Givens	17	Farmington Family YMCA	1:01.71	1:04.09
	29.54		1:04.09 (34.55)		
132	Adam Lewis	18	Countryside Ralph Stolle YMCA.	1:01.55	1:04.14
	29.33		1:04.14 (34.81)		
133	Mark Grant	17	County YMCA - Ediboro, PA	1:01.61	1:04.28
	29.02		1:04.28 (35.26)		
134	Matthew McAlear	17	Northern Middlesex County YMC	1:00.91	1:04.32
	30.06		1:04.32 (34.26)		
135	Alex Wood	16	Birmingham Family YMCA	59.57	1:04.34
	29.60		1:04.34 (34.74)		
136	Sam VanBuskirk	15	Rock Hill Area YMCA	1:02.60	1:04.38
	30.38		1:04.38 (34.00)		
137	Victor Luo	14	Somerset Valley YMCA	1:02.25	1:04.40
	30.01		1:04.40 (34.39)		
138	Mike Cooke	17	Anne Arundel County YMCA	1:02.63	1:04.76
	29.90		1:04.76 (34.86)		
139	Mark Yurich	16	Birmingham Family YMCA	1:02.36	1:05.05
	29.75		1:05.05 (35.30)		
140	Jimmy Zummo	17	Metropolitan Oranges YMCA	1:02.44	1:05.14
	29.75		1:05.14 (35.39)		
141	Jesse O'Keefe	14	Madison West YMCA	1:02.65	1:05.66
	30.88		1:05.66 (34.78)		
142	Peter Dolnicek	16	South Oakland Family YMCA	1:02.43	1:05.74
	31.09		1:05.74 (34.65)		
143	Josh Cillo	17	Williamsport Branch YMCA	1:02.52	1:05.88
	30.48		1:05.88 (35.40)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
--- Matt Morgan	18	Westfield YMCA	1:01.19	DQ
Non-simultaneous kick				
29.37	DQ (32.93)			
--- Jordan Hartman	17	Boyertown Area YMCA	1:00.92	DQ
--- Colton Spark	16	Middle Tyger YMCA	1:01.00	DQ

**Men 200 Yard Breaststroke Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Ryan Woltornist	16	Sunbury Branch YMCA	2:18.69	2:13.87
29.19	1:01.78 (32.59)	1:37.62 (35.84)	2:13.87 (36.25)	
2 Nicholas Grippo	17	Red Bank Branch	2:17.81	2:15.09
29.58	1:03.13 (33.55)	1:38.67 (35.54)	2:15.09 (36.42)	
*3 Andrew McCollister	16	Rowan County YMCA	2:14.76	2:15.71
31.00	1:04.71 (33.71)	1:40.17 (35.46)	2:15.71 (35.54)	
*3 Nick Dello Buono	17	Kennett Area YMCA	2:19.23	2:15.71
29.94	1:03.63 (33.69)	1:39.11 (35.48)	2:15.71 (36.60)	
5 Zach Auclair	17	Laurel East Hartford YMCA	2:18.50	2:16.13
30.41	1:05.55 (35.14)	1:41.27 (35.72)	2:16.13 (34.86)	
6 Matthew Knoth	18	Western Monmouth Co. YMCA	2:16.29	2:17.23
30.79	1:05.36 (34.57)	1:40.77 (35.41)	2:17.23 (36.46)	
7 Davin Jameson	19	Grand Island Nebraska YMCA	2:19.99	2:17.70
30.90	1:05.87 (34.97)	1:42.07 (36.20)	2:17.70 (35.63)	
8 Christopher Vandiford	16	Springfield Family YMCA	2:17.84	2:17.82
30.16	1:05.32 (35.16)	1:41.57 (36.25)	2:17.82 (36.25)	
9 David White	17	Hunterdon County YMCA	2:17.50	2:18.28
30.73	1:05.61 (34.88)	1:41.80 (36.19)	2:18.28 (36.48)	
10 Hajime Ichikawa	18	Central/North Westchester NY Y	2:20.65	2:20.00
32.12	1:08.07 (35.95)	1:44.04 (35.97)	2:20.00 (35.96)	
11 Nathan Winkler	16	Camp-Hay-Went-Ha YMCA	2:22.31	2:20.05
30.57	1:05.35 (34.78)	1:41.59 (36.24)	2:20.05 (38.46)	
12 Max Garner	16	Harrison Area YMCA	2:21.51	2:20.11
31.17	1:06.72 (35.55)	1:43.66 (36.94)	2:20.11 (36.45)	
13 Tyler Ziegler	18	Brandywine YMCA -PA	2:22.70	2:20.13
32.36	1:08.04 (35.68)	1:43.42 (35.38)	2:20.13 (36.71)	
14 Douglas Ranson	17	Hamilton Area NJ YMCA	2:18.89	2:20.42
30.24	1:05.27 (35.03)	1:42.01 (36.74)	2:20.42 (38.41)	
15 TJ Houck	16	Burlington County YMCA	2:18.66	2:21.08
31.28	1:06.55 (35.27)	1:43.69 (37.14)	2:21.08 (37.39)	
16 Ian Zelaya	17	Mid-Delmarva Family YMCA	2:19.18	2:21.72
31.48	1:07.51 (36.03)	1:44.82 (37.31)	2:21.72 (36.90)	
17 Pun Winichakul	17	Madison West YMCA	2:18.52	2:22.23
31.59	1:06.69 (35.10)	1:44.07 (37.38)	2:22.23 (38.16)	
18 Mike Cooke	17	Anne Arundel County YMCA	2:18.37	2:22.65
30.25	1:05.55 (35.30)	1:43.47 (37.92)	2:22.65 (39.18)	
19 Brian Kennedy	18	Champaign County YMCA	2:19.67	2:22.67
30.85	1:06.03 (35.18)	1:43.31 (37.28)	2:22.67 (39.36)	
20 Andy Lindstrom	18	Camp-Hay-Went-Ha YMCA	2:18.26	2:22.77
29.96	1:05.01 (35.05)	1:43.30 (38.29)	2:22.77 (39.47)	
21 Joey DePaola	16	Lakeland Hills Family YMCA	2:21.04	2:23.06
31.29	1:07.69 (36.40)	1:44.93 (37.24)	2:23.06 (38.13)	
22 Kevin Hong	15	Somerset Valley YMCA	2:29.35	2:23.48
32.66	1:09.70 (37.04)	1:46.51 (36.81)	2:23.48 (36.97)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Breaststroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
23 Mark Yurich	16	Birmingham Family YMCA	2:20.84	2:23.80
30.85	1:06.81 (35.96)	1:44.67 (37.86)	2:23.80 (39.13)	
24 Alex Bryson	16	Fox Cities YMCA	2:24.50	2:24.13
32.06	1:09.06 (37.00)	1:46.63 (37.57)	2:24.13 (37.50)	
25 Jesse O'Keefe	14	Madison West YMCA	2:17.94	2:24.39
31.76	1:07.99 (36.23)	1:46.19 (38.20)	2:24.39 (38.20)	
26 Adam Shaw	15	Cheshire YMCA	2:16.32	2:24.54
32.19	1:08.63 (36.44)	1:47.08 (38.45)	2:24.54 (37.46)	
27 Mark Grant	17	County YMCA - Ediboro, PA	2:21.32	2:24.85
30.49	1:06.20 (35.71)	1:44.63 (38.43)	2:24.85 (40.22)	
28 Tim Cutler	17	Chippewa Valley Family YMCA	2:19.72	2:26.53
31.25	1:07.19 (35.94)	1:46.07 (38.88)	2:26.53 (40.46)	
29 Max Docksey	17	Chippewa Valley Family YMCA	2:29.56	2:28.54
32.44	1:10.66 (38.22)	1:50.27 (39.61)	2:28.54 (38.27)	
30 Chris Zappile	16	West Morris YMCA	2:20.17	2:28.56
31.48	1:08.23 (36.75)	1:48.38 (40.15)	2:28.56 (40.18)	
31 Alec Christopherson	16	La Crosse Area Family YMCA	2:32.00	2:29.51
32.25	1:10.57 (38.32)	1:50.90 (40.33)	2:29.51 (38.61)	
32 Kevin Bane	15	Laurel Highlands Regional YMCA	2:30.07	2:31.50
32.69	1:10.66 (37.97)	1:49.75 (39.09)	2:31.50 (41.75)	
33 Julius Ota	16	Mid-Delmarva Family YMCA	2:28.76	2:33.31
32.24	1:11.15 (38.91)	1:51.87 (40.72)	2:33.31 (41.44)	
--- Connor Christiansen	16	Fox Cities YMCA	2:29.29	NS
--- Matthew Lagieski	16	Fox Cities YMCA	2:18.78	NS
--- Kyle Jennings	18	Somerset Valley YMCA	2:30.75	NS

**Men 200 Yard Breaststroke Swimming Competition**National: **1:58.28** \* 4/15/2003 Michael Alexandrov

Champaign-

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Christian Higgins	16	New Canaan Community YMCA	2:01.56	2:00.63
26.82	57.37 (30.55)	1:28.68 (31.31)	2:00.63 (31.95)	
2 Harrison Cefalo	16	Red Bank Branch	2:00.63	2:00.95
26.87	57.67 (30.80)	1:28.85 (31.18)	2:00.95 (32.10)	
3 Mason Shaw	17	Spokane YMCA	2:05.17	2:04.14
27.95	59.45 (31.50)	1:32.03 (32.58)	2:04.14 (32.11)	
4 Tanner Lowman	17	Rowan County YMCA	2:03.07	2:04.58
27.72	59.06 (31.34)	1:32.14 (33.08)	2:04.58 (32.44)	
5 Jared Kauffman	15	Middle Tyger YMCA	2:05.60	2:04.61
28.00	59.92 (31.92)	1:32.41 (32.49)	2:04.61 (32.20)	
6 William Colbert	17	Schroeder YMCA	2:05.35	2:04.89
27.13	58.29 (31.16)	1:31.31 (33.02)	2:04.89 (33.58)	
7 Zach Stephens	16	Sunbury Branch YMCA	2:06.22	2:05.89
27.68	59.66 (31.98)	1:32.95 (33.29)	2:05.89 (32.94)	
8 Andrew Guinther	17	Glens Falls YMCA	2:06.48	2:08.16
28.23	1:00.41 (32.18)	1:34.12 (33.71)	2:08.16 (34.04)	
<b>B - Final</b>				
9 Matt Navata	17	Montclair YMCA	2:06.61	2:04.43
27.46	58.11 (30.65)	1:30.86 (32.75)	2:04.43 (33.57)	
10 Leo Lim	14	Wyckoff Family YMCA Inc	2:07.93	2:07.30
28.40	1:00.72 (32.32)	1:34.61 (33.89)	2:07.30 (32.69)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 200 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
11 John Bushman	15	Green Bay YMCA Metro	2:06.97	2:07.41
28.73	1:01.14 (32.41)	1:34.05 (32.91)	2:07.41 (33.36)	
12 Matt Kendall	16	Somerset Valley YMCA	2:06.96	2:07.80
28.85	1:01.00 (32.15)	1:34.37 (33.37)	2:07.80 (33.43)	
13 Ted Millett	17	North Shore (Sterling) MA YMCA	2:07.26	2:07.85
29.49	1:02.65 (33.16)	1:34.74 (32.09)	2:07.85 (33.11)	
14 Riley Bouchard	17	Orlando YMCA	2:06.53	2:08.10
28.82	1:01.50 (32.68)	1:34.30 (32.80)	2:08.10 (33.80)	
15 Atahan Yaya	17	Tuscarawas County YMCA	2:09.02	2:09.29
30.23	1:02.70 (32.47)	1:36.56 (33.86)	2:09.29 (32.73)	
16 Cameron Weaver	17	Greater Flint YMCA	2:06.53	2:10.36
29.35	1:02.03 (32.68)	1:35.68 (33.65)	2:10.36 (34.68)	

**C - Final**

17 Caleb Tuten	16	York And York County YMCA	2:10.75	2:07.19
29.53	1:01.88 (32.35)	1:34.82 (32.94)	2:07.19 (32.37)	
18 Danny Crigler	17	Reading and Berks County YMCA	2:10.10	2:07.48
29.11	1:01.50 (32.39)	1:34.53 (33.03)	2:07.48 (32.95)	
19 Max Byers	15	Edwardsville YMCA	2:09.32	2:08.42
29.18	1:01.64 (32.46)	1:35.17 (33.53)	2:08.42 (33.25)	
20 Justin Beegle	18	West Shore YMCA	2:10.36	2:09.16
29.33	1:01.95 (32.62)	1:35.54 (33.59)	2:09.16 (33.62)	
21 Connor Beaulieu	16	Laurel East Hartford YMCA	2:10.18	2:09.90
29.27	1:01.91 (32.64)	1:35.60 (33.69)	2:09.90 (34.30)	
22 Carter Head	15	Lynchburg YMCA	2:10.38	2:11.24
30.21	1:02.88 (32.67)	1:36.82 (33.94)	2:11.24 (34.42)	
23 Kevin Steel	17	Riverfront Branch YMCA	2:09.99	2:12.14
28.59	1:02.09 (33.50)	1:36.90 (34.81)	2:12.14 (35.24)	
24 Sean Johnson	16	Somerset Valley YMCA	2:09.90	2:12.15
28.69	1:02.80 (34.11)	1:37.47 (34.67)	2:12.15 (34.68)	

**Men 200 Yard Breaststroke Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Harrison Cefalo	16	Red Bank Branch	2:00.56	2:00.63
26.77	56.78 (30.01)	1:27.79 (31.01)	2:00.63 (32.84)	
2 Christian Higgins	16	New Canaan Community YMCA	2:01.99	2:01.56
27.12	57.95 (30.83)	1:29.02 (31.07)	2:01.56 (32.54)	
3 Tanner Lowman	17	Rowan County YMCA	2:07.91	2:03.07
28.03	59.26 (31.23)	1:30.65 (31.39)	2:03.07 (32.42)	
4 Mason Shaw	17	Spokane YMCA	2:01.86	2:05.17
28.52	1:00.36 (31.84)	1:32.55 (32.19)	2:05.17 (32.62)	
5 William Colbert	17	Schroeder YMCA	2:02.30	2:05.35
27.46	58.48 (31.02)	1:31.06 (32.58)	2:05.35 (34.29)	
6 Jared Kauffman	15	Middle Tyger YMCA	2:06.68	2:05.60
28.14	59.58 (31.44)	1:32.18 (32.60)	2:05.60 (33.42)	
7 Zach Stephens	16	Sunbury Branch YMCA	2:11.19	2:06.22
27.78	59.29 (31.51)	1:32.65 (33.36)	2:06.22 (33.57)	
8 Andrew Guinther	17	Glens Falls YMCA	2:06.63	2:06.48
28.42	1:00.03 (31.61)	1:32.97 (32.94)	2:06.48 (33.51)	
*9 Cameron Weaver	17	Greater Flint YMCA	2:08.89	2:06.53
28.51	1:00.18 (31.67)	1:32.91 (32.73)	2:06.53 (33.62)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Breaststroke Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*9 Riley Bouchard	17	Orlando YMCA	2:07.46	2:06.53
29.38	1:01.62 (32.24)	1:33.97 (32.35)	2:06.53 (32.56)	
11 Matt Navata	17	Montclair YMCA	2:04.87	2:06.61
28.62	1:00.00 (31.38)	1:32.69 (32.69)	2:06.61 (33.92)	
12 Matt Kendall	16	Somerset Valley YMCA	2:07.41	2:06.96
28.68	1:00.18 (31.50)	1:33.00 (32.82)	2:06.96 (33.96)	
13 John Bushman	15	Green Bay YMCA Metro	2:06.23	2:06.97
28.77	1:00.67 (31.90)	1:34.04 (33.37)	2:06.97 (32.93)	
14 Ted Millett	17	North Shore (Sterling) MA YMCA	2:05.50	2:07.26
27.99	59.66 (31.67)	1:32.70 (33.04)	2:07.26 (34.56)	
15 Leo Lim	14	Wyckoff Family YMCA Inc	2:08.18	2:07.93
28.22	1:01.41 (33.19)	1:34.33 (32.92)	2:07.93 (33.60)	
16 Atahan Yaya	17	Tuscarawas County YMCA	2:10.33	2:09.02
29.76	1:02.91 (33.15)	1:36.09 (33.18)	2:09.02 (32.93)	
17 Max Byers	15	Edwardsville YMCA	2:09.44	2:09.32
29.26	1:01.82 (32.56)	1:35.01 (33.19)	2:09.32 (34.31)	
18 Sean Johnson	16	Somerset Valley YMCA	2:11.03	2:09.90
28.73	1:02.03 (33.30)	1:36.64 (34.61)	2:09.90 (33.26)	
19 Kevin Steel	17	Riverfront Branch YMCA	2:10.17	2:09.99
28.76	1:01.65 (32.89)	1:35.95 (34.30)	2:09.99 (34.04)	
20 Danny Crigler	17	Reading and Berks County YMCA	2:09.02	2:10.10
28.34	1:00.99 (32.65)	1:34.92 (33.93)	2:10.10 (35.18)	
21 Connor Beaulieu	16	Laurel East Hartford YMCA	2:10.67	2:10.18
29.15	1:02.05 (32.90)	1:35.68 (33.63)	2:10.18 (34.50)	
22 Justin Beegle	18	West Shore YMCA	2:10.39	2:10.36
29.34	1:02.23 (32.89)	1:36.20 (33.97)	2:10.36 (34.16)	
23 Carter Head	15	Lynchburg YMCA	2:09.51	2:10.38
29.25	1:01.61 (32.36)	1:35.34 (33.73)	2:10.38 (35.04)	
24 Caleb Tuten	16	York And York County YMCA	2:11.52	2:10.75
30.26	1:03.14 (32.88)	1:37.15 (34.01)	2:10.75 (33.60)	
25 Eric Traub	16	Northwest Connecticut YMCA	2:11.75	2:10.94
28.42	1:00.45 (32.03)	1:35.18 (34.73)	2:10.94 (35.76)	
26 Josh Kinney	17	Fox Cities YMCA	2:09.18	J2:10.94
28.54	1:01.10 (32.56)	1:35.60 (34.50)	2:10.94 (35.34)	
27 Greg Baliko	15	Fanwood-Scotch Plains YMCA	2:09.41	2:11.28
29.52	1:02.28 (32.76)	1:36.54 (34.26)	2:11.28 (34.74)	
28 Andrew Keriazes	17	Springfield Family YMCA	2:11.14	2:11.46
28.74	1:02.07 (33.33)	1:36.41 (34.34)	2:11.46 (35.05)	
29 Sho Young	18	Schroeder YMCA	2:10.59	2:11.67
28.74	1:01.71 (32.97)	1:35.90 (34.19)	2:11.67 (35.77)	
*30 James Sturner	17	Tri-Hampton Family Branch YMC	2:15.19	2:11.74
29.73	1:03.40 (33.67)	1:37.39 (33.99)	2:11.74 (34.35)	
*30 Stephen Raynes	16	Somerset Hills YMCA	2:12.75	2:11.74
28.71	1:02.54 (33.83)	1:37.17 (34.63)	2:11.74 (34.57)	
32 Ian Mangum	18	Montgomery -East Branch YMCA	2:12.94	2:11.81
29.53	1:01.91 (32.38)	1:36.29 (34.38)	2:11.81 (35.52)	
*33 Graham Kauffman	17	Middle Tyger YMCA	2:14.95	2:12.53
28.85	1:02.63 (33.78)	1:37.38 (34.75)	2:12.53 (35.15)	
*33 AJ Burt	16	Powel Crosley Jr. YMCA	2:16.38	2:12.53
29.81	1:03.08 (33.27)	1:37.51 (34.43)	2:12.53 (35.02)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
35	David Ireland	17	South Family YMCA-Kettering	2:14.80	2:12.65
	30.68	1:04.13 (33.45)	1:37.87 (33.74)	2:12.65 (34.78)	
36	Ethan McNeil	18	Countryside Ralph Stolle YMCA.	2:16.77	2:12.86
	29.34	1:02.39 (33.05)	1:36.81 (34.42)	2:12.86 (36.05)	
37	J Key	16	Western North Carolina YMCA	2:13.28	2:12.91
	29.97	1:03.18 (33.21)	1:38.22 (35.04)	2:12.91 (34.69)	
38	Ian Carbone	17	Mount Desert Island YMCA	2:12.23	2:12.98
	29.65	1:03.51 (33.86)	1:37.81 (34.30)	2:12.98 (35.17)	
39	Patrick Kimutis	17	M.E. Lyons (Anderson) YMCA	2:15.90	2:13.03
	29.81	1:03.61 (33.80)	1:38.28 (34.67)	2:13.03 (34.75)	
40	Ryan Fortin	15	Andover/North Andover YMCA	2:11.07	2:13.18
	29.00	1:02.88 (33.88)	1:37.96 (35.08)	2:13.18 (35.22)	
41	Jeremy Chaudet	18	Somerset Valley YMCA	2:10.76	2:13.36
	29.70	1:03.24 (33.54)	1:37.91 (34.67)	2:13.36 (35.45)	
42	Matt McNamara	14	South Oakland Family YMCA	2:10.87	2:13.54
	30.28	1:03.87 (33.59)	1:38.81 (34.94)	2:13.54 (34.73)	
43	Jonathan Profitt	17	Powel Crosley Jr. YMCA	2:08.82	2:13.65
	28.63	1:01.22 (32.59)	1:35.95 (34.73)	2:13.65 (37.70)	
44	Christophe Vandervest	18	Green Bay YMCA Metro	2:10.72	2:13.75
	29.91	1:03.34 (33.43)	1:37.61 (34.27)	2:13.75 (36.14)	
45	Tyler Szarko	18	Catonsville MD YMCA	2:12.73	2:13.79
	29.45	1:03.09 (33.64)	1:38.14 (35.05)	2:13.79 (35.65)	
46	Dylan Heer	17	Northern Middlesex County YMC	2:15.63	2:13.85
	30.19	1:04.40 (34.21)	1:39.71 (35.31)	2:13.85 (34.14)	
47	Evan Mahoney	14	Ocean County YMCA	2:16.98	2:14.26
	30.16	1:04.47 (34.31)	1:38.94 (34.47)	2:14.26 (35.32)	
48	Chaz Ballard	15	Montgomery -East Branch YMCA	2:15.04	2:14.43
	29.91	1:03.60 (33.69)	1:38.86 (35.26)	2:14.43 (35.57)	
49	Sean Drake	16	M.E. Lyons (Anderson) YMCA	2:17.34	2:14.67
	29.85	1:04.59 (34.74)	1:39.64 (35.05)	2:14.67 (35.03)	
50	Kyle Grosman	17	Lakeland Hills Family YMCA	2:14.35	2:14.72
	29.77	1:03.41 (33.64)	1:38.52 (35.11)	2:14.72 (36.20)	
51	Andrew McCollister	16	Rowan County YMCA	2:14.84	2:14.92
	30.84	1:04.81 (33.97)	1:39.52 (34.71)	2:14.92 (35.40)	
52	Matt Morgan	18	Westfield YMCA	2:15.79	2:15.15
	30.10	1:04.51 (34.41)	1:39.56 (35.05)	2:15.15 (35.59)	
53	Matthew Jennings	16	Brandywine -DE YMCA	2:15.86	2:15.66
	30.78	1:04.74 (33.96)	1:39.44 (34.70)	2:15.66 (36.22)	
54	Alex DeSisto	18	Sarasota Family YMCA, Inc	2:15.92	2:15.73
	30.82	1:05.38 (34.56)	1:40.58 (35.20)	2:15.73 (35.15)	
55	Daniel Aberle	17	Catawba Valley YMCA	2:17.21	2:15.78
	30.33	1:03.84 (33.51)	1:39.16 (35.32)	2:15.78 (36.62)	
56	Doug Morte	18	Sumter SC YMCA	2:15.76	2:15.79
	30.41	1:04.55 (34.14)	1:39.36 (34.81)	2:15.79 (36.43)	
57	Alex DeLakis	14	Eau Claire Wisconsin YMCA	2:09.97	2:15.90
	29.52	1:03.51 (33.99)	1:39.39 (35.88)	2:15.90 (36.51)	
58	Dan Mangan	17	Wilton Family YMCA	2:15.10	2:15.95
	29.64	1:04.87 (35.23)	1:40.28 (35.41)	2:15.95 (35.67)	
59	Timothy Lattimer	15	Wilton Family YMCA	2:13.49	2:15.98
	30.11	1:04.45 (34.34)	1:39.66 (35.21)	2:15.98 (36.32)	
60	Nick Victor	15	Macomb Family YMCA	2:15.02	2:16.01
	31.08	1:05.35 (34.27)	1:40.26 (34.91)	2:16.01 (35.75)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Breaststroke Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
61	Ian Nichols	18	Bath Area Family YMCA	2:16.90	2:16.41
	28.09	1:01.45 (33.36)	1:38.04 (36.59)	2:16.41 (38.37)	
62	Larry Zhang	16	Westfield YMCA	2:16.96	2:16.58
	30.79	1:05.20 (34.41)	1:40.99 (35.79)	2:16.58 (35.59)	
63	BJ Frederick	16	Franklin/Grove City YMCA	2:15.91	2:16.76
	30.66	1:05.30 (34.64)	1:41.20 (35.90)	2:16.76 (35.56)	
64	John Santoro	14	New Canaan Community YMCA	2:17.30	2:16.77
	30.80	1:04.85 (34.05)	1:40.75 (35.90)	2:16.77 (36.02)	
65	Danny Powderly	18	Springfield Family YMCA	2:14.97	2:16.89
	30.45	1:05.33 (34.88)	1:40.75 (35.42)	2:16.89 (36.14)	
66	Sean Murphy	17	Wyckoff Family YMCA Inc	2:14.86	2:16.90
	30.85	1:05.71 (34.86)	1:41.33 (35.62)	2:16.90 (35.57)	
67	Marshall Lambert	16	Boyertown Area YMCA	2:16.06	2:16.97
	29.31	1:02.87 (33.56)	1:38.85 (35.98)	2:16.97 (38.12)	
68	Evan Paulan	17	Fanwood-Scotch Plains YMCA	2:12.56	2:16.98
	29.68	1:03.13 (33.45)	1:39.30 (36.17)	2:16.98 (37.68)	
69	Trevor Manz	14	Eau Claire Wisconsin YMCA	2:15.29	2:17.07
	31.19	1:05.85 (34.66)	1:41.28 (35.43)	2:17.07 (35.79)	
70	Matthew Knoth	18	Western Monmouth Co. YMCA	2:16.70	2:17.23
	30.59	1:05.09 (34.50)	1:40.12 (35.03)	2:17.23 (37.11)	
71	Patrick Greitzer	16	Springfield Family YMCA	2:13.01	2:17.38
	30.22	1:05.05 (34.83)	1:40.86 (35.81)	2:17.38 (36.52)	
72	Matt Daw	15	Triangle Area YMCA	2:16.73	2:17.42
	31.24	1:05.70 (34.46)	1:41.09 (35.39)	2:17.42 (36.33)	
73	Jason Castillo	17	Schroeder YMCA	2:13.74	2:17.52
	30.34	1:04.79 (34.45)	1:40.59 (35.80)	2:17.52 (36.93)	
74	Brian Power	17	Westport/Weston CT YMCA	2:17.36	2:17.53
	29.82	1:04.42 (34.60)	1:40.53 (36.11)	2:17.53 (37.00)	
75	Victor Luo	14	Somerset Valley YMCA	2:15.05	2:17.60
	30.15	1:04.35 (34.20)	1:40.19 (35.84)	2:17.60 (37.41)	
76	Roby Boggs	15	Birmingham Family YMCA	2:15.33	2:17.62
	30.80	1:05.33 (34.53)	1:41.13 (35.80)	2:17.62 (36.49)	
77	Danny Collins	17	Flushing YMCA	2:15.93	2:18.01
	30.68	1:05.34 (34.66)	1:41.37 (36.03)	2:18.01 (36.64)	
*78	Christopher Meyers	15	Schroeder YMCA	2:11.42	2:18.10
	30.08	1:04.58 (34.50)	1:41.20 (36.62)	2:18.10 (36.90)	
*78	Christian Jansson	17	Ridgewood NJ YMCA	2:16.39	2:18.10
	30.45	1:05.66 (35.21)	1:41.61 (35.95)	2:18.10 (36.49)	
80	Ross Gormley	18	New Canaan Community YMCA	2:16.26	2:18.40
	31.13	1:06.31 (35.18)	1:42.48 (36.17)	2:18.40 (35.92)	
81	Jeff Sloan	17	Tri-Hampton Family Branch YMC	2:17.24	2:18.41
	29.80	1:04.31 (34.51)	1:40.73 (36.42)	2:18.41 (37.68)	
82	Zach Auclair	17	Laurel East Hartford YMCA	2:35.31 L	2:18.50
	30.07	1:04.67 (34.60)	1:41.40 (36.73)	2:18.50 (37.10)	
83	Thomas Bushman	15	Green Bay YMCA Metro	2:16.11	2:18.52
	30.88	1:05.93 (35.05)	1:41.93 (36.00)	2:18.52 (36.59)	
84	Patrick Foos	17	Blue Ash Branch YMCA	2:16.90	2:18.81
	30.30	1:04.53 (34.23)	1:41.38 (36.85)	2:18.81 (37.43)	
85	Michael Bower	18	Mattoon Area Family YMCA	2:16.80	2:18.82
	30.39	1:04.65 (34.26)	1:41.43 (36.78)	2:18.82 (37.39)	
86	Kevin Ng	17	Somerset Hills YMCA	2:16.53	2:18.87
	31.45	1:06.12 (34.67)	1:42.28 (36.16)	2:18.87 (36.59)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Breaststroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
87 Ryan Terracciano	18	Somerset Hills YMCA	2:15.19	2:18.89
30.73	1:06.18 (35.45)	1:42.26 (36.08)	2:18.89 (36.63)	
88 Vincent Gill	16	Hilliard YMCA	2:17.09	2:19.00
29.29	1:04.09 (34.80)	1:40.75 (36.66)	2:19.00 (38.25)	
89 Connor McColligan	16	Red Bank Branch	2:15.08	2:19.06
30.69	1:05.10 (34.41)	1:41.57 (36.47)	2:19.06 (37.49)	
90 Davin Jameson	19	Grand Island Nebraska YMCA	2:37.48L	2:19.09
31.09	1:05.26 (34.17)	1:42.42 (37.16)	2:19.09 (36.67)	
91 Sam VanBuskirk	15	Rock Hill Area YMCA	2:17.02	2:19.10
31.69	1:06.77 (35.08)	1:42.86 (36.09)	2:19.10 (36.24)	
92 Tyler Revels	18	Sarasota Family YMCA, Inc	2:15.18	2:19.13
30.66	1:05.73 (35.07)	1:42.50 (36.77)	2:19.13 (36.63)	
93 Dylan Cummings	16	Wyckoff Family YMCA Inc	2:15.44	2:19.76
31.08	1:06.20 (35.12)	1:42.84 (36.64)	2:19.76 (36.92)	
94 Robby Mix	17	Lionville Community YMCA	2:16.65	2:19.95
30.68	1:05.52 (34.84)	1:42.29 (36.77)	2:19.95 (37.66)	
95 Peter Bihl	17	Waynesboro Family YMCA	2:16.94	2:20.06
30.53	1:05.75 (35.22)	1:42.23 (36.48)	2:20.06 (37.83)	
96 Matt Heverly	18	Phoenixville Branch YMCA	2:17.39	2:20.23
30.37	1:05.77 (35.40)	1:42.71 (36.94)	2:20.23 (37.52)	
97 Seth Klair	15	Western Branch YMCA	2:16.90	2:21.76
30.83	1:06.56 (35.73)	1:44.42 (37.86)	2:21.76 (37.34)	
98 Adam Shaw	15	Cheshire YMCA	2:16.32	2:24.39
31.35	1:06.96 (35.61)	1:45.21 (38.25)	2:24.39 (39.18)	
--- Gregory Taplin	17	Edwardsville YMCA	2:15.94	DQ
Downward butterfly kick				
30.66	1:04.64 (33.98)	1:39.47 (34.83)	DQ (35.58)	
--- Colton Spark	16	Middle Tyger YMCA	2:14.64	DQ
--- Alex Wood	16	Birmingham Family YMCA	2:14.53	DQ
--- Jason Ho	17	Riverfront Branch YMCA	2:12.91	DQ
Downward butterfly kick				
29.76	1:03.81 (34.05)	1:39.98 (36.17)	DQ (37.55)	
--- Kevin Hughes	19	Triangle Area YMCA	2:11.29	DQ
Arms not in same horizontal plane				
30.56	1:03.99 (33.43)	1:37.86 (33.87)	DQ (35.15)	

**Men 50 Yard Butterfly Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Patrick Inness	18	Knox County YMCA	24.76	24.53
2 Matthew Lagieski	16	Fox Cities YMCA	26.58	24.74
3 Shane Smith	16	Powel Crosley Jr. YMCA	26.35	25.02
4 Evan Deakyne	17	Phoenixville Branch YMCA	54.84	25.04
5 Parker Bratman	17	Catonsville MD YMCA	25.71	25.14
6 AJ Kontostathis	15	Pottstown YMCA	25.51	25.36
7 Nate Oropollo	18	Ridley Area YMCA	25.81	25.43
8 Peter Horton	17	Northern Middlesex County YMC	26.00	25.44
9 Ian Zelaya	17	Mid-Delmarva Family YMCA	25.90	25.68
10 Braxten Judkins	16	Suburban West Branch Ohio YMC	26.34	25.71
11 Dylan Bernhardt	18	Bismarck YMCA	24.75	25.91
12 Nolan Schneider	14	Hunterdon County YMCA	24.80	25.98
13 Justin Kostelnik	13	Laurel Highlands Regional YMCA	25.69	26.07



## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

**- Time Trial ... (Men 50 Yard Butterfly Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
14	Adrian Alexander	16	Laurel Highlands Regional YMCA	26.55	27.35
15	Jeff Sloan	17	Tri-Hampton Family Branch YMC	26.26	27.39
---	Robby Husta	17	Laurel East Hartford YMCA	25.30	NS

**Men 100 Yard Butterfly Swim-off**

	Name	Age	Team	Seed Time	Finals Time
<b>- Swim-off</b>					
1	Wesley Trumbauer	17	Boyertown Area YMCA	NT	50.98
	24.18		50.98 (26.80)		
2	Greg Daniele	17	Red Bank Branch	NT	51.22
	24.17		51.22 (27.05)		

**Men 100 Yard Butterfly Swimming Competition**

	Name	Age	Team	Prelim Time	Finals Time
<b>National: 47.46 * 2000 J. Cramer M.E. Lyons, OH</b>					
<b>A - Final</b>					
1	Tim Phillips	18	Marietta YMCA	47.54	46.96*
	21.65		46.96 (25.31)		
2	James Wells	17	Bath Area Family YMCA	49.63	48.84
	22.51		48.84 (26.33)		
3	Gregory Mahon	18	Riverfront Branch YMCA	49.80	49.37
	22.95		49.37 (26.42)		
4	Dominick Glavich	15	Triangle Area YMCA	50.36	49.79
	23.33		49.79 (26.46)		
5	David Ingraham	16	Middle Tyger YMCA	49.72	50.32
	23.15		50.32 (27.17)		
*6	Nick Johnson	18	Tri-Hampton Family Branch YMC	50.37	50.45
	23.26		50.45 (27.19)		
*6	Karl Mayer	17	Lakeland Hills Family YMCA	50.00	50.45
	23.18		50.45 (27.27)		
8	Won Ho Chang	17	Bath Area Family YMCA	49.52	50.90
	23.59		50.90 (27.31)		
<b>B - Final</b>					
9	James Wilson	16	Jennersville YMCA	50.75	49.71
	23.00		49.71 (26.71)		
10	Mark Cox	17	Sarasota Family YMCA, Inc	50.57	49.95
	23.70		49.95 (26.25)		
11	Steven Gasparini	16	West Shore YMCA	50.98	50.27
	23.62		50.27 (26.65)		
12	Dan Sweeney	18	New Canaan Community YMCA	50.63	50.29
	23.41		50.29 (26.88)		
13	Nathan Hart	17	Western North Carolina YMCA	51.14	50.65
	23.83		50.65 (26.82)		
14	Wesley Trumbauer	17	Boyertown Area YMCA	51.19	51.12
	24.23		51.12 (26.89)		
15	Michael Murphy	17	Powel Crosley Jr. YMCA	51.06	51.44
	23.75		51.44 (27.69)		
16	Francisco Vital	17	Schroeder YMCA	50.43	51.51
	23.58		51.51 (27.93)		
<b>C - Final</b>					
17	Coleman Allen	16	Spokane YMCA	51.29	51.24
	23.98		51.24 (27.26)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****C - Final ... (Men 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
18	Jack Bremer	15	Anne Arundel County YMCA	51.44	51.29
	24.08			51.29 (27.21)	
19	Austin Abigt	17	Montgomery -East Branch YMCA	51.27	51.31
	23.83			51.31 (27.48)	
20	Chris Wiederecht	17	Westport/Weston CT YMCA	51.32	51.41
	24.12			51.41 (27.29)	
21	Eric Naylor	17	West Shore YMCA	51.29	51.47
	24.17			51.47 (27.30)	
22	Garrett Snipes	17	Middle Tyger YMCA	51.47	51.55
	23.72			51.55 (27.83)	
23	Matt Meserole	17	Westfield YMCA	51.25	51.90
	23.70			51.90 (28.20)	
24	Greg Daniele	17	Red Bank Branch	51.19	52.27
	24.16			52.27 (28.11)	

**Men 100 Yard Butterfly Time Trial Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Time Trial</b>					
1	Ryley Pearson	17	Skagit Valley Family YMCA	52.27	52.87
	24.53			52.87 (28.34)	
2	Seth Dippold	17	Ridgway YMCA	54.73	53.04
	24.73			53.04 (28.31)	
3	Yag Yuruker	17	Glens Falls YMCA	53.09	53.26
	24.77			53.26 (28.49)	
4	Sava Turcanu	14	Catawba Valley YMCA	52.63	53.82
	24.95			53.82 (28.87)	
5	Philip Hawley	16	Burlington County YMCA	53.20	53.86
	24.77			53.86 (29.09)	
6	John Marciano	16	Burlington County YMCA	55.67	54.10
	25.27			54.10 (28.83)	
7	Andrew Jung	15	Montclair YMCA	53.87	54.16
	25.06			54.16 (29.10)	
8	Kevin Kelley	18	Burlington County YMCA	54.00	54.25
	25.32			54.25 (28.93)	
9	Dan Mangan	17	Wilton Family YMCA	54.48	54.26
	25.62			54.26 (28.64)	
10	Eric Shuman	16	Western North Carolina YMCA	54.10	54.29
	25.43			54.29 (28.86)	
11	Michael De Matos	17	Middle Tyger YMCA	53.59	54.36
	25.30			54.36 (29.06)	
12	Tyler Lareau	17	North Shore (Sterling) MA YMCA	53.46	54.41
	25.35			54.41 (29.06)	
13	Rick Chopp	16	Boise YMCA	54.47	54.46
	25.40			54.46 (29.06)	
14	Larry Zhang	16	Westfield YMCA	54.43	54.53
	25.56			54.53 (28.97)	
15	Jared Lang	17	Hunterdon County YMCA	58.29	54.59
	25.06			54.59 (29.53)	
16	Ian Ballantyne	14	Bismarck YMCA	54.57	54.63
	25.12			54.63 (29.51)	
17	Philip Kang	14	Montclair YMCA	54.80	54.67
	25.29			54.67 (29.38)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
18	Cody Wei	15	Tampa Metro YMCA	54.56	54.73
	25.49		54.73 (29.24)		
19	Josh Johnson	17	Ashland Area YMCA	54.50	54.81
	25.63		54.81 (29.18)		
20	Jason Dutra	17	Glens Falls YMCA	55.74	54.88
	25.83		54.88 (29.05)		
21	Tommy Easley	14	M.E. Lyons (Anderson) YMCA	56.05	54.92
	25.95		54.92 (28.97)		
22	Jack Lorentzen	16	Westfield YMCA	55.76	54.94
	25.62		54.94 (29.32)		
23	William Kasper	17	Ocean County YMCA	54.70	54.96
	25.52		54.96 (29.44)		
*24	Eric Lethander	15	Powel Crosley Jr. YMCA	53.80	54.97
	25.37		54.97 (29.60)		
*24	Patrick Gilbreath	17	Tampa Metro YMCA	57.32	54.97
	25.85		54.97 (29.12)		
26	AJ Kontostathis	15	Pottstown YMCA	55.98	54.98
	25.84		54.98 (29.14)		
27	Brencis Navia	17	Somerset Hills YMCA	57.50	55.02
	25.31		55.02 (29.71)		
*28	Wes Manz	16	Eau Claire Wisconsin YMCA	54.91	55.03
	25.31		55.03 (29.72)		
*28	Evan Coleman	13	Casco Bay Regional YMCA	54.89	55.03
	24.86		55.03 (30.17)		
30	David Campbell	15	Riverfront Branch YMCA	56.99	55.07
	25.71		55.07 (29.36)		
*31	J Key	16	Western North Carolina YMCA	1:00.00	55.08
	25.41		55.08 (29.67)		
*31	Ben Orr	18	Newberry County Family YMCA	55.12	55.08
	25.95		55.08 (29.13)		
*33	Sam Lynch	13	Red Bank Branch	56.70	55.10
	25.35		55.10 (29.75)		
*33	Ian Delahunty	15	Middle Tyger YMCA	54.89	55.10
	26.01		55.10 (29.09)		
35	Matt Mccarthy	17	Ocean County YMCA	54.40	55.26
	25.86		55.26 (29.40)		
36	John Quagliariello	15	Ridley Area YMCA	57.12	55.33
	26.36		55.33 (28.97)		
37	Evan Deakyne	17	Phoenixville Branch YMCA	54.89	55.35
	25.47		55.35 (29.88)		
38	Mike Harmon	17	Chambersburg Memorial YMCA	54.77	55.41
	25.61		55.41 (29.80)		
*39	Michael Prewett	18	Hamilton Area NJ YMCA	56.30	55.50
	25.63		55.50 (29.87)		
*39	John Scott	17	Winston Salem YMCA	56.81	55.50
	25.53		55.50 (29.97)		
*41	Steve Brown	15	Brandywine YMCA -PA	55.23	55.57
	25.98		55.57 (29.59)		
*41	Ryan Bacci	16	Flushing YMCA	58.00	55.57
	25.79		55.57 (29.78)		
43	Arthur Hong	17	Ridgewood NJ YMCA	55.22	55.66
	26.26		55.66 (29.40)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*44	Daly Brower	17	Greensboro YMCA	54.99	55.70
	25.24				55.70 (30.46)
*44	Connor Murphy	17	Western Monmouth Co. YMCA	55.53	55.70
	26.02				55.70 (29.68)
46	Dylan Coggin	18	Brandywine -DE YMCA	56.12	55.82
	25.46				55.82 (30.36)
47	Ben Fuller	17	Chippewa Valley Family YMCA	54.91	55.83
	26.18				55.83 (29.65)
48	Andrew Hiss	17	Western Monmouth Co. YMCA	55.55	55.92
	26.17				55.92 (29.75)
49	Victor Luo	14	Somerset Valley YMCA	57.09	56.02
	26.44				56.02 (29.58)
50	Paul Skousen	16	Countryside Ralph Stolle YMCA.	54.34	56.08
	25.60				56.08 (30.48)
51	Jonathan Ciriello	17	Somerset Hills YMCA	56.87	56.16
	25.92				56.16 (30.24)
52	Joe Gannon	18	Ashland Area YMCA	54.90	56.18
	25.32				56.18 (30.86)
53	Jai Singh	15	North Oakland Family YMCA	56.64	56.25
	26.10				56.25 (30.15)
*54	Patrick Foos	17	Blue Ash Branch YMCA	54.53	56.32
	25.59				56.32 (30.73)
*54	Braden Bouchard	16	Orlando YMCA	56.02	56.32
	26.22				56.32 (30.10)
56	Eric Chung	16	Somerset Hills YMCA	55.58	56.39
	26.39				56.39 (30.00)
57	Josh Murrell	14	North Oakland Family YMCA	55.61	56.42
	25.99				56.42 (30.43)
58	Jeff Ross	15	Springfield Family YMCA	55.10	56.47
	26.10				56.47 (30.37)
59	Robbie Biskup	16	Birmingham Family YMCA	55.70	56.54
	26.25				56.54 (30.29)
60	Brandon Sweetman	16	Cross Island YMCA	56.50	56.65
	26.01				56.65 (30.64)
61	Travis Bohn	15	West Shore YMCA	56.02	56.70
	26.35				56.70 (30.35)
62	Shayne Custodio	14	Mid-Delmarva Family YMCA	57.29	56.73
	25.74				56.73 (30.99)
63	Ryan DeBerry	15	Western North Carolina YMCA	1:00.00	56.77
	26.18				56.77 (30.59)
*64	Adam Keup	16	Western Branch YMCA	56.09	56.79
	26.11				56.79 (30.68)
*64	Jimmy Ryan	15	Upper Main Line YMCA	58.20	56.79
	26.67				56.79 (30.12)
66	Jan Yburan	17	Montclair YMCA	55.55	56.85
	26.04				56.85 (30.81)
67	Kevin Ng	17	Somerset Hills YMCA	56.89	56.86
	26.70				56.86 (30.16)
68	Marc McLaurin	19	Cross Island YMCA	55.41	56.88
	26.17				56.88 (30.71)
69	Brian Brennan	17	North Shore (Sterling) MA YMCA	57.29	57.00
	26.66				57.00 (30.34)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
70	James Black	17	North Shore (Sterling) MA YMCA <sup>A</sup>	58.79	57.02
	26.20		57.02 (30.82)		
71	John Bateman	15	North Shore (Sterling) MA YMCA <sup>A</sup>	56.83	57.03
	26.59		57.03 (30.44)		
72	Garrett Procnier	14	Greater Flint YMCA	57.20	57.05
	26.86		57.05 (30.19)		
73	John Thompson	14	Hunterdon County YMCA	57.14	57.07
	26.91		57.07 (30.16)		
74	Matt Morgan	18	Westfield YMCA	57.45	57.09
	26.51		57.09 (30.58)		
75	Shane Smith	16	Powel Crosley Jr. YMCA	1:00.30	57.42
	25.99		57.42 (31.43)		
76	Andrew Mitchell	16	Camp-Hay-Went-Ha YMCA	57.59	57.47
	26.49		57.47 (30.98)		
77	Joey D'Antoni	15	Cross Island YMCA	58.21	57.53
	26.44		57.53 (31.09)		
78	Luke Fiore	17	Cheshire YMCA	1:00.51	57.63
	26.32		57.63 (31.31)		
79	Bryan Brown	16	Central Delaware YMCA	54.97	57.68
	26.97		57.68 (30.71)		
80	Matthew Alfonso	17	Wyckoff Family YMCA Inc	57.83	57.72
	26.23		57.72 (31.49)		
81	Stew Conard	18	Hatboro Area YMCA	54.45	57.74
	26.24		57.74 (31.50)		
82	Mike Oster	16	Westfield YMCA	57.49	57.78
	26.48		57.78 (31.30)		
83	Andy Savage	18	Hilliard YMCA	58.95	57.79
	27.25		57.79 (30.54)		
84	Justin Kostelnik	13	Laurel Highlands Regional YMCA <sup>A</sup>	57.63	57.87
	26.61		57.87 (31.26)		
85	Jaime Ianiro	16	Montclair YMCA	54.14	57.90
	26.47		57.90 (31.43)		
86	Max Blum	18	Westfield YMCA	59.78	58.03
	26.76		58.03 (31.27)		
*87	Patrick Durning	16	Western Monmouth Co. YMCA	58.32	58.08
	25.80		58.08 (32.28)		
*87	Cole Hogg	14	Greater Manchester YMCA	56.25	58.08
	27.57		58.08 (30.51)		
89	Dougan McGrath	15	Ridley Area YMCA	58.72	58.22
	27.56		58.22 (30.66)		
90	Andrew Cotter	14	Ridgway YMCA	54.99	58.40
	26.62		58.40 (31.78)		
91	Matthew Brady	17	West Shore YMCA	56.87	58.42
	26.66		58.42 (31.76)		
92	Charlie Hoffmaster	17	Catonsville MD YMCA	59.50	58.58
	26.86		58.58 (31.72)		
*93	Shane McKenzie	15	Tri-Hampton Family Branch YMC	57.58	58.81
	26.88		58.81 (31.93)		
*93	Andrew Urban	18	Ambler Area Branch YMCA	1:11.34	58.81
	27.12		58.81 (31.69)		
95	Nate Oropollo	18	Ridley Area YMCA	59.78	58.89
	26.93		58.89 (31.96)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 100 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
96	Matthew Jennings 27.67	16	Brandywine -DE YMCA	59.02	58.98
					58.98 (31.31)
97	Nolan Schneider 26.03	14	Hunterdon County YMCA	55.30	59.10
					59.10 (33.07)
98	Adrian Alexander 28.80	16	Laurel Highlands Regional YMCA	59.72	59.94
					59.94 (31.14)
---	David Yao 26.41	18	Somerset Valley YMCA	56.83	DQ
					DQ (31.02)
---	Dylan Bernhardt	18	Bismarck YMCA	56.94	NS
---	Michael Moore	17	Brandywine -DE YMCA	52.50	NS
---	Ricky Agresta	16	Brandywine -DE YMCA	59.99	NS
---	Frank Cuzzola	18	Somerset Valley YMCA	55.45	NS
---	Curtis Ramsey	18	Brandywine -DE YMCA	52.50	NS

**Men 100 Yard Butterfly Swimming Competition**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Tim Phillips 21.93	18	Marietta YMCA	47.59	47.54
					47.54 (25.61)
2	Won Ho Chang 23.06	17	Bath Area Family YMCA	51.62	49.52
					49.52 (26.46)
3	James Wells 22.61	17	Bath Area Family YMCA	49.44	49.63
					49.63 (27.02)
4	David Ingraham 23.37	16	Middle Tyger YMCA	49.86	49.72
					49.72 (26.35)
5	Gregory Mahon 22.99	18	Riverfront Branch YMCA	48.13	49.80
					49.80 (26.81)
6	Karl Mayer 23.34	17	Lakeland Hills Family YMCA	49.97	50.00
					50.00 (26.66)
7	Dominick Glavich 23.57	15	Triangle Area YMCA	49.19	50.36
					50.36 (26.79)
8	Nick Johnson 23.40	18	Tri-Hampton Family Branch YMC	50.35	50.37
					50.37 (26.97)
9	Francisco Vital 23.75	17	Schroeder YMCA	49.18	50.43
					50.43 (26.68)
10	Mark Cox 23.99	17	Sarasota Family YMCA, Inc	56.98L	50.57
					50.57 (26.58)
11	Dan Sweeney 23.24	18	New Canaan Community YMCA	49.82	50.63
					50.63 (27.39)
12	James Wilson 23.55	16	Jennersville YMCA	51.68	50.75
					50.75 (27.20)
13	Steven Gasparini 23.70	16	West Shore YMCA	50.01	50.98
					50.98 (27.28)
14	Michael Murphy 23.64	17	Powel Crosley Jr. YMCA	50.73	51.06
					51.06 (27.42)
15	Nathan Hart 24.33	17	Western North Carolina YMCA	52.81	51.14
					51.14 (26.81)
16	Wesley Trumbauer 24.03	17	Boyertown Area YMCA	50.56	51.19
					51.19 (27.16)
17	Greg Daniele 23.73	17	Red Bank Branch	49.63	J51.19
					51.19 (27.46)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
18	Matt Meserole	17	Westfield YMCA	52.64	51.25
	23.69	51.25	(27.56)		
19	Austin Abigt	17	Montgomery -East Branch YMCA	51.22	51.27
	24.13	51.27	(27.14)		
*20	Eric Naylor	17	West Shore YMCA	50.71	51.29
	24.11	51.29	(27.18)		
*20	Coleman Allen	16	Spokane YMCA	51.01	51.29
	23.88	51.29	(27.41)		
22	Chris Wiederecht	17	Westport/Weston CT YMCA	51.10	51.32
	23.96	51.32	(27.36)		
23	Jack Bremer	15	Anne Arundel County YMCA	51.83	51.44
	24.00	51.44	(27.44)		
24	Garrett Snipes	17	Middle Tyger YMCA	52.92	51.47
	24.08	51.47	(27.39)		
25	Thomas Mershon	16	Upper Main Line YMCA	52.41	J51.47
	24.30	51.47	(27.17)		
26	Mason Chenier	17	Goldsboro Family YMCA	51.69	51.74
	24.24	51.74	(27.50)		
27	J Flanagan	18	Riverfront Branch YMCA	50.91	51.77
	23.69	51.77	(28.08)		
*28	Joseph Aburahma	17	Huntington WV YMCA	51.86	51.79
	24.25	51.79	(27.54)		
*28	David Ireland	17	South Family YMCA-Kettering	52.16	51.79
	23.90	51.79	(27.89)		
30	Sasan Tehrani	17	New Canaan Community YMCA	51.12	51.88
	24.21	51.88	(27.67)		
31	Billy Draves	16	Pottstown YMCA	52.43	51.98
	24.31	51.98	(27.67)		
*32	Andrew Yunker	14	Greater Flint YMCA	51.84	52.10
	24.45	52.10	(27.65)		
*32	Kyle Jennings	18	Somerset Valley YMCA	51.13	52.10
	24.13	52.10	(27.97)		
34	Zach Peart	17	Fanwood-Scotch Plains YMCA	52.56	52.14
	24.25	52.14	(27.89)		
35	Jeffrey Rowe	17	Riverfront Branch YMCA	52.54	52.20
	24.04	52.20	(28.16)		
*36	Graham Charlton	17	Schroeder YMCA	51.23	52.23
	24.35	52.23	(27.88)		
*36	Eric Forrester	16	Mon Valley YMCA	52.33	52.23
	24.26	52.23	(27.97)		
38	Caleb Sandvold	18	Pabst Farms YMCA	52.32	52.30
	24.34	52.30	(27.96)		
39	Jacob Hegge	17	La Crosse Area Family YMCA	52.50	52.33
	24.17	52.33	(28.16)		
40	Michael Moore	17	Brandywine -DE YMCA	52.31	52.50
	24.29	52.50	(28.21)		
41	Christian Josephson	15	Countryside Ralph Stolle YMCA.	52.37	52.53
	24.35	52.53	(28.18)		
42	Ryan Carey	18	Reading and Berks County YMCA	52.54	52.57
	24.64	52.57	(27.93)		
43	Aaron Lawson	16	Countryside Ralph Stolle YMCA.	51.98	52.60
	24.49	52.60	(28.11)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*44 Alexander Moser 24.43	16	Sunbury Branch YMCA	52.48	52.64
		52.64 (28.21)		
*44 Sava Turcanu 24.68	14	Catawba Valley YMCA	52.63	52.64
		52.64 (27.96)		
46 Caleb Capozella 24.38	16	Green Bay YMCA Metro	52.80	52.66
		52.66 (28.28)		
*47 Konrad Opuszko 24.58	17	Middle Tyger YMCA	52.70	52.72
		52.72 (28.14)		
*47 Brad Bielak 24.60	17	Ridgewood Branch OH YMCA	51.70	52.72
		52.72 (28.12)		
49 Kyle Disney-Huss 24.75	17	Triangle Area YMCA	53.54	52.82
		52.82 (28.07)		
50 Lemar Linton 24.41	16	Ashland Area YMCA	54.02	52.83
		52.83 (28.42)		
51 Austin Taylor 24.69	16	Wyckoff Family YMCA Inc	52.18	52.85
		52.85 (28.16)		
52 Josh Jacobson 24.79	17	Edwardsville YMCA	52.60	52.87
		52.87 (28.08)		
53 Kyle Madley 24.78	16	Somerset Hills YMCA	51.96	52.89
		52.89 (28.11)		
54 Alan Nedley 24.65	18	Laurel Highlands Regional YMCA	51.82	52.93
		52.93 (28.28)		
*55 David Wilson 24.63	18	Somerset Valley YMCA	52.14	52.96
		52.96 (28.33)		
*55 Paul Maneri 24.35	17	Riverfront Branch YMCA	52.18	52.96
		52.96 (28.61)		
*57 Tom Rhoads 24.50	17	Ridley Area YMCA	52.91	52.97
		52.97 (28.47)		
*57 Curtis Ramsey 24.23	18	Brandywine -DE YMCA	52.07	52.97
		52.97 (28.74)		
59 Alex Lewis 24.55	16	M.E. Lyons (Anderson) YMCA	52.02	52.98
		52.98 (28.43)		
60 Ryley Pearson 24.51	17	Skagit Valley Family YMCA	52.27	53.04
		53.04 (28.53)		
61 Raymond Cswerko 24.79	15	Northwest Connecticut YMCA	53.24	53.05
		53.05 (28.26)		
62 David Paccapaniccia 24.22	17	Indiana County YMCA	52.95	53.06
		53.06 (28.84)		
63 Austin Wolff 24.86	14	New Canaan Community YMCA	52.11	53.07
		53.07 (28.21)		
64 Nathan Walters 24.31	16	Triangle Area YMCA	52.79	53.13
		53.13 (28.82)		
65 Illya Prikhodko 24.76	16	Orlando YMCA	51.88	53.26
		53.26 (28.50)		
66 John Morton 24.87	18	Triangle Area YMCA	53.13	53.28
		53.28 (28.41)		
67 David White 25.03	17	Hunterdon County YMCA	53.32	53.32
		53.32 (28.29)		
68 Evan Paulan 24.31	17	Fanwood-Scotch Plains YMCA	52.83	53.34
		53.34 (29.03)		
69 Adam Kurtz 24.75	17	Reading and Berks County YMCA	52.10	53.41
		53.41 (28.66)		



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
70	Matt Luehrmann 24.73	17	M.E. Lyons (Anderson) YMCA	53.86	53.42
					(28.69)
71	Jack Thomas 24.84	18	West Morris YMCA	53.06	53.44
					(28.60)
*72	Mitchell Smith 24.76	18	Greater Johnstown Community	52.26	53.53
					(28.77)
*72	Michael De Matos 24.98	17	Middle Tyger YMCA	54.20	53.53
					(28.55)
*74	Sean Dunne 25.11	14	Red Bank Branch	54.07	53.56
					(28.45)
*74	Nick McGowan 25.08	17	Birmingham Family YMCA	53.37	53.56
					(28.48)
76	Jared Figueroa 24.97	18	Reading and Berks County YMCA	52.80	53.58
					(28.61)
*77	Philip Hawley 24.98	16	Burlington County YMCA	53.24	53.64
					(28.66)
*77	Chris Morales 25.29	18	Wyckoff Family YMCA Inc	53.95	53.64
					(28.35)
79	Daniel Hammack 25.31	17	Triangle Area YMCA	53.58	53.66
					(28.35)
*80	Stefan Tziolis 25.08	17	Westport/Weston CT YMCA	53.59	53.69
					(28.61)
*80	Elliot Casey 25.05	18	Eden Family YMCA	53.32	53.69
					(28.64)
82	Zach Johnson 24.90	19	Ashland Area YMCA	53.49	53.70
					(28.80)
83	Matt Torres 25.80	17	Sarasota Family YMCA, Inc	52.91	53.71
					(27.91)
84	Scott Haskins 24.80	18	Oshkosh Community YMCA	53.45	53.72
					(28.92)
85	Kyle Doxtater 24.73	15	Mid-Delmarva Family YMCA	52.49	53.75
					(29.02)
86	Brendan Fortin 25.22	18	Andover/North Andover YMCA	53.17	53.76
					(28.54)
87	Connor Yoo 24.72	16	Upper Main Line YMCA	53.94	53.79
					(29.07)
88	Pat Geraghty 24.78	17	Greater Holyoke YMCA	53.45	53.82
					(29.04)
89	Jordan Stillman 24.82	17	Lakeland Hills Family YMCA	53.72	53.90
					(29.08)
*90	Elliott Batchelder 25.07	15	B.R. Ryall (Northwestern Dupag	53.76	53.93
					(28.86)
*90	Michael Gordon 25.28	15	Kishwaukee Family YMCA	52.30	53.93
					(28.65)
92	John Keough 25.64	17	Upper Main Line YMCA	54.26	53.95
					(28.31)
93	Dan Napolitano 25.16	15	Fanwood-Scotch Plains YMCA	54.16	53.98
					(28.82)
94	Adam Schneider 24.61	17	Riverfront Branch YMCA	52.23	54.03
					(29.42)
95	Jeremy Raisky 25.19	16	South Oakland Family YMCA	53.46	54.12
					(28.93)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*96	Kris Sweetman	17	Cross Island YMCA	53.55	54.13
	25.46		54.13 (28.67)		
*96	Bryan Walcker	15	Burbank Branch YMCA	52.03	54.13
	25.30		54.13 (28.83)		
98	Riley Sherer	17	Birmingham Family YMCA	53.72	54.14
	24.86		54.14 (29.28)		
99	Pat McHugh	18	Springfield Family YMCA	54.16	54.20
	24.64		54.20 (29.56)		
100	Andrew Jung	15	Montclair YMCA	53.87	54.21
	24.82		54.21 (29.39)		
101	Robbie Duran	17	Orlando YMCA	53.61	54.25
	25.23		54.25 (29.02)		
102	Andrew Provost	18	Birmingham Family YMCA	53.64	54.27
	24.98		54.27 (29.29)		
*103	Brian Barr	16	Somerset Valley YMCA	52.61	54.31
	25.21		54.31 (29.10)		
*103	Eric Lethander	15	Powel Crosley Jr. YMCA	53.80	54.31
	25.03		54.31 (29.28)		
*105	Nik Lumkong	18	West Morris YMCA	52.95	54.33
	24.75		54.33 (29.58)		
*105	Ryan Goggans	18	Fox Cities YMCA	53.32	54.33
	25.39		54.33 (28.94)		
107	Ben Tillar	16	South Family YMCA-Kettering	54.09	54.34
	25.00		54.34 (29.34)		
108	Jonathan Burr	16	Laurel East Hartford YMCA	53.88	54.37
	25.38		54.37 (28.99)		
109	Adam Vogel	16	Boyertown Area YMCA	53.60	54.41
	25.59		54.41 (28.82)		
*110	Eric Shuman	16	Western North Carolina YMCA	54.17	54.43
	25.14		54.43 (29.29)		
*110	Mickey McNeece	17	Farmington Family YMCA	52.87	54.43
	24.76		54.43 (29.67)		
112	Jamie Barnard	20	South Eastern Coastline Branch	54.03	54.44
	25.35		54.44 (29.09)		
113	Gus Bailey	17	Suburban West Branch Ohio YMC	53.36	54.50
	24.65		54.50 (29.85)		
114	Chadd Lee	17	Bloomsburg Area YMCA	54.19	54.57
	25.48		54.57 (29.09)		
115	Gregory Kogut	16	Anne Arundel County YMCA	52.84	54.58
	25.06		54.58 (29.52)		
116	Justin Petrozzini	17	Wyckoff Family YMCA Inc	53.98	54.65
	25.69		54.65 (28.96)		
117	Timothy Healy	17	Wyckoff Family YMCA Inc	53.36	54.72
	25.14		54.72 (29.58)		
118	Luke Harrison	17	Oshkosh Community YMCA	54.16	54.75
	25.52		54.75 (29.23)		
119	Brian Key	16	Oshkosh Community YMCA	53.97	54.76
	25.44		54.76 (29.32)		
*120	Greg Pristov	18	Lake County East End YMCA	52.63	54.80
	25.58		54.80 (29.22)		
*120	Kyle Grosman	17	Lakeland Hills Family YMCA	54.02	54.80
	25.28		54.80 (29.52)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
122	Sam Nowack	18	Northern Middlesex County YMC	53.68	54.97
	25.68				54.97 (29.29)
123	Robby Husta	17	Laurel East Hartford YMCA	53.39	54.99
	25.43				54.99 (29.56)
124	Doug Morte	18	Sumter SC YMCA	54.12	55.03
	25.72				55.03 (29.31)
125	Kenny Kim	17	Flushing YMCA	53.53	55.06
	25.14				55.06 (29.92)
126	Stewart Bush	18	Hannibal YMCA	53.52	55.07
	26.06				55.07 (29.01)
127	Mitch Alters	15	North Canton Community YMCA	53.58	55.10
	25.91				55.10 (29.19)
*128	David Woodford	16	Riverfront Branch YMCA	54.05	55.18
	25.45				55.18 (29.73)
*128	Shawn Leonard	16	Sarasota Family YMCA, Inc	53.69	55.18
	26.11				55.18 (29.07)
130	Nick Keenan	16	Glens Falls YMCA	53.99	55.30
	25.87				55.30 (29.43)
131	Vincent Monheim	17	Orrville Ohio YMCA	54.10	55.36
	25.59				55.36 (29.77)
132	Daniel Schmitz	17	South Family YMCA-Kettering	52.88	55.41
	25.37				55.41 (30.04)
133	Andrew Jackwin	18	Laurel East Hartford YMCA	53.33	55.44
	25.95				55.44 (29.49)
134	Doug McCan	16	Boise YMCA	54.00	55.47
	25.74				55.47 (29.73)
*135	Cory Bacon	15	Westport/Weston CT YMCA	54.16	55.53
	25.47				55.53 (30.06)
*135	Brendan Tamm	17	Birmingham Family YMCA	53.73	55.53
	25.68				55.53 (29.85)
137	Emmanuel Arias	16	Orlando YMCA	54.05	55.58
	25.94				55.58 (29.64)
138	Joseph Connors	16	Red Bank Branch	53.50	55.59
	25.64				55.59 (29.95)
139	Josh Dugan	18	Waynesboro Family YMCA	54.07	55.66
	25.56				55.66 (30.10)
140	Ryan Brannan	17	Northwest Family Branch YMCA	54.11	55.68
	25.65				55.68 (30.03)
141	Ryan Metzger	17	Barren County YMCA	54.26	55.72
	26.07				55.72 (29.65)
142	Andy Zoka	17	Indiana County YMCA	53.83	55.73
	25.70				55.73 (30.03)
143	Thomas Rinaldi	15	Somerset Valley YMCA	53.78	55.76
	25.83				55.76 (29.93)
*144	Jaime Ianiro	16	Montclair YMCA	54.14	55.81
	25.73				55.81 (30.08)
*144	Alex Lewis	15	Beavercreek Branch YMCA	54.20	55.81
	26.00				55.81 (29.81)
146	Timothy Ramos	17	Greater Holyoke YMCA	53.66	55.83
	25.82				55.83 (30.01)
147	David Ball	18	Cuyahoga Falls Riverfront YMCA	54.20	55.88
	25.48				55.88 (30.40)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 100 Yard Butterfly Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
148 Tyler Nuss	17	Great Miami Valley Ohio YMCA	53.97	56.25
25.94	56.25 (30.31)			
149 Matthew Lagieski	16	Fox Cities YMCA	54.22	56.34
25.74	56.34 (30.60)			
150 Paul Schaus	16	Chippewa Valley Family YMCA	54.14	57.10
26.39	57.10 (30.71)			
151 Joshua Nordike	14	Fayette County Family YMCA	53.95	58.05
26.10	58.05 (31.95)			
--- Eric Surkovich	17	Howard County Family YMCA	52.61	DQ
--- Kevin Kosciuk	16	Cheshire YMCA	53.66	DQ
--- Brandon Worley	16	Middletown Area YMCA	53.85	DQ
False start				
24.94	DQ (28.99)			
--- Darren Surovic	17	County YMCA - Ediboro, PA	52.91	DQ
False start				
25.95	DQ (32.41)			
--- Aaron Yunker	18	Greater Flint YMCA	52.39	DQ

**Men 200 Yard Butterfly Swimming Competition**

National: 1:45.58 \* 2001

J. Cramer

M. E. Lyons, OH

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Luke Bushman	18	Green Bay YMCA Metro	1:48.25	1:46.07
23.94	50.75 (26.81)	1:17.95 (27.20)	1:46.07 (28.12)	
2 Mark Cox	17	Sarasota Family YMCA, Inc	1:48.96	1:48.58
24.63	52.03 (27.40)	1:19.97 (27.94)	1:48.58 (28.61)	
3 Dominick Glavich	15	Triangle Area YMCA	1:49.12	1:48.79
24.56	52.14 (27.58)	1:20.40 (28.26)	1:48.79 (28.39)	
4 David Ingraham	16	Middle Tyger YMCA	1:50.65	1:49.78
24.40	51.91 (27.51)	1:20.40 (28.49)	1:49.78 (29.38)	
5 Nathan Hart	17	Western North Carolina YMCA	1:50.38	1:49.83
24.59	52.90 (28.31)	1:21.10 (28.20)	1:49.83 (28.73)	
6 Matt Navata	17	Montclair YMCA	1:50.65	1:50.27
24.40	51.86 (27.46)	1:20.09 (28.23)	1:50.27 (30.18)	
7 Won Ho Chang	17	Bath Area Family YMCA	1:50.79	1:52.28
25.18	53.79 (28.61)	1:23.00 (29.21)	1:52.28 (29.28)	
8 Chris Wiederecht	17	Westport/Weston CT YMCA	1:50.70	1:52.57
24.95	53.41 (28.46)	1:23.10 (29.69)	1:52.57 (29.47)	
<b>B - Final</b>				
9 Andrew Yunker	14	Greater Flint YMCA	1:52.86	1:50.11
25.37	53.66 (28.29)	1:21.97 (28.31)	1:50.11 (28.14)	
10 Matt Salig	17	Lionville Community YMCA	1:50.90	1:50.30
24.89	53.20 (28.31)	1:21.19 (27.99)	1:50.30 (29.11)	
11 Mason Shaw	17	Spokane YMCA	1:50.94	1:51.10
25.65	54.44 (28.79)	1:22.61 (28.17)	1:51.10 (28.49)	
12 Patrick Ceddia	17	Sarasota Family YMCA, Inc	1:51.63	1:51.96
25.27	54.58 (29.31)	1:23.68 (29.10)	1:51.96 (28.28)	
13 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	1:52.82	1:52.61
25.34	54.27 (28.93)	1:23.61 (29.34)	1:52.61 (29.00)	
14 Brendan Fortin	18	Andover/North Andover YMCA	1:52.77	1:52.78
25.53	53.93 (28.40)	1:23.16 (29.23)	1:52.78 (29.62)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 200 Yard Butterfly Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
15 Francisco Vital	17	Schroeder YMCA	1:52.25	1:53.81
24.74	53.43 (28.69)	1:22.94 (29.51)	1:53.81 (30.87)	
16 Wesley Trumbauer	17	Boyertown Area YMCA	1:52.49	1:54.46
25.26	53.98 (28.72)	1:23.95 (29.97)	1:54.46 (30.51)	
<b>C - Final</b>				
17 Steven Gasparini	16	West Shore YMCA	1:53.83	1:51.98
24.67	52.50 (27.83)	1:21.53 (29.03)	1:51.98 (30.45)	
18 Aaron Lawson	16	Countryside Ralph Stolle YMCA.	1:53.25	1:52.80
25.48	54.72 (29.24)	1:22.56 (27.84)	1:52.80 (30.24)	
19 Marty Rauch	17	Sarasota Family YMCA, Inc	1:54.02	1:53.80
25.15	54.30 (29.15)	1:23.95 (29.65)	1:53.80 (29.85)	
20 Eric Naylor	17	West Shore YMCA	1:53.71	1:53.83
25.41	54.45 (29.04)	1:23.97 (29.52)	1:53.83 (29.86)	
21 Brad Bielak	17	Ridgewood Branch OH YMCA	1:53.31	1:53.94
25.13	54.11 (28.98)	1:23.67 (29.56)	1:53.94 (30.27)	
22 Billy Draves	16	Pottstown YMCA	1:53.13	1:54.36
24.93	53.87 (28.94)	1:23.64 (29.77)	1:54.36 (30.72)	
23 Sava Turcanu	14	Catawba Valley YMCA	1:54.46	1:54.64
25.89	54.78 (28.89)	1:24.59 (29.81)	1:54.64 (30.05)	
24 Graham Charlton	17	Schroeder YMCA	1:54.09	1:55.82
24.78	53.43 (28.65)	1:23.77 (30.34)	1:55.82 (32.05)	

**Men 200 Yard Butterfly Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Dan Mangan	17	Wilton Family YMCA	1:58.10	1:56.66
25.64	54.78 (29.14)	1:25.36 (30.58)	1:56.66 (31.30)	
2 David White	17	Hunterdon County YMCA	2:02.88	1:57.13
26.36	56.07 (29.71)	1:26.45 (30.38)	1:57.13 (30.68)	
3 Austin Wolff	14	New Canaan Community YMCA	2:02.92	1:57.99
25.90	55.65 (29.75)	1:26.47 (30.82)	1:57.99 (31.52)	
4 Andrew Jung	15	Montclair YMCA	2:03.07	1:58.64
26.28	56.05 (29.77)	1:27.10 (31.05)	1:58.64 (31.54)	
5 Ian Delahunty	15	Middle Tyger YMCA	2:02.08	1:59.91
27.17	57.28 (30.11)	1:28.52 (31.24)	1:59.91 (31.39)	
6 John Keough	17	Upper Main Line YMCA	2:08.00	1:59.96
26.62	56.98 (30.36)	1:28.28 (31.30)	1:59.96 (31.68)	
7 Matt Mccarthy	17	Ocean County YMCA	2:04.80	2:00.99
58.32	1:29.63 (31.31)	2:01.00 (31.37)	2:00.99 ( )	
8 Matt Kendall	16	Somerset Valley YMCA	2:05.70	2:01.40
57.58	1:28.89 (31.31)	2:01.30 (32.41)	2:01.40 (0.10)	
9 Ryan Goggans	18	Fox Cities YMCA	2:00.11	2:01.45
26.79	56.96 (30.17)	1:28.46 (31.50)	2:01.45 (32.99)	
10 Michael De Matos	17	Middle Tyger YMCA	2:02.12	2:01.66
27.31	58.27 (30.96)	1:30.04 (31.77)	2:01.66 (31.62)	
11 Kevin Posten	16	Greater Flint YMCA	2:04.08	2:01.74
27.49	58.28 (30.79)	1:29.98 (31.70)	2:01.74 (31.76)	
12 Alexander Robinson	17	Goldsboro Family YMCA	2:00.04	2:02.00
27.19	58.02 (30.83)	1:30.15 (32.13)	2:02.00 (31.85)	
13 Jack Forese	16	New Canaan Community YMCA	2:06.74	2:02.40
26.48	57.42 (30.94)	1:28.87 (31.45)	2:02.40 (33.53)	
14 Josh Dugan	18	Waynesboro Family YMCA	2:06.34	2:02.43
26.46	58.02 (31.56)	1:29.47 (31.45)	2:02.43 (32.96)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Butterfly Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
15	Jonathan Ciriello	17	Somerset Hills YMCA	2:03.17	2:02.88
	26.78	57.64 (30.86)	1:29.54 (31.90)	2:02.88 (33.34)	
16	John Quagliariello	15	Ridley Area YMCA	2:22.12	2:03.00
	28.11	59.68 (31.57)	1:31.22 (31.54)	2:03.00 (31.78)	
17	Evan Deakyne	17	Phoenixville Branch YMCA	2:05.75	2:03.18
	56.60	1:29.23 (32.63)	2:03.12 (33.89)	2:03.18 (0.06)	
18	Cole Hogg	14	Greater Manchester YMCA	2:06.20	2:03.42
	27.41	58.58 (31.17)	1:30.93 (32.35)	2:03.42 (32.49)	
19	Patrick Malone	17	Riverfront Branch YMCA	2:04.50	2:03.55
	27.13	58.00 (30.87)	1:29.65 (31.65)	2:03.55 (33.90)	
20	John Marciano	16	Burlington County YMCA	2:05.09	2:03.69
	57.52	1:30.07 (32.55)	2:03.65 (33.58)	2:03.69 (0.04)	
21	Alex Keller	14	Fayette County Family YMCA	2:07.25	2:03.88
	27.72	59.62 (31.90)	1:32.04 (32.42)	2:03.88 (31.84)	
22	Eric Chung	16	Somerset Hills YMCA	2:03.52	2:03.90
	27.45	58.55 (31.10)	1:30.99 (32.44)	2:03.90 (32.91)	
23	Austin Byrd	15	Eau Claire Wisconsin YMCA	2:08.75	2:03.95
	26.32	58.02 (31.70)	1:30.89 (32.87)	2:03.95 (33.06)	
24	Philip Kang	14	Montclair YMCA	2:05.80	2:04.04
	57.94	1:30.32 (32.38)	2:04.08 (33.76)	2:04.04 ( )	
25	Eric Lethander	15	Powel Crosley Jr. YMCA	2:06.03	2:04.19
	27.59	59.65 (32.06)	1:32.15 (32.50)	2:04.19 (32.04)	
26	Stephen O'Neill	16	Western Monmouth Co. YMCA	2:17.21	2:04.64
	28.00	59.29 (31.29)	1:30.66 (31.37)	2:04.64 (33.98)	
27	JR Creekmore	16	Brandywine -DE YMCA	2:07.77	2:04.96
	27.46	59.32 (31.86)	1:31.75 (32.43)	2:04.96 (33.21)	
28	Andrew Jackwin	18	Laurel East Hartford YMCA	2:02.44	2:05.73
	26.92	57.99 (31.07)	1:31.09 (33.10)	2:05.73 (34.64)	
29	Victor Luo	14	Somerset Valley YMCA	2:06.31	2:05.95
	27.51	58.73 (31.22)	1:31.79 (33.06)	2:05.95 (34.16)	
30	Aaron DuCharme	17	Greater Flint YMCA	2:04.65	2:06.41
	27.69	59.27 (31.58)	1:32.37 (33.10)	2:06.41 (34.04)	
31	Michael Bower	18	Mattoon Area Family YMCA	2:26.14	2:06.61
	27.73	59.51 (31.78)	1:31.93 (32.42)	2:06.61 (34.68)	
32	Ben Fuller	17	Chippewa Valley Family YMCA	2:04.99	2:06.80
	1:01.38	1:34.58 (33.20)	2:06.75 (32.17)	2:06.80 (0.05)	
33	AJ Kontostathis	15	Pottstown YMCA	2:10.35	2:07.39
	27.03	58.94 (31.91)	1:33.81 (34.87)	2:07.39 (33.58)	
34	William Kasper	17	Ocean County YMCA	2:10.00	2:07.76
	27.58	59.53 (31.95)	1:32.55 (33.02)	2:07.76 (35.21)	
35	Steve Brown	15	Brandywine YMCA -PA	2:28.45	2:07.77
	27.74	59.93 (32.19)	1:34.31 (34.38)	2:07.77 (33.46)	
36	Alex Fox	14	Winston Salem YMCA	2:06.69	2:07.93
	27.51	59.77 (32.26)	1:32.91 (33.14)	2:07.93 (35.02)	
37	Adam Keup	16	Western Branch YMCA	2:04.73	2:08.03
	58.61	1:32.58 (33.97)	2:08.03 (35.45)	2:08.03 ( )	
38	Sam Nowack	18	Northern Middlesex County YMC	2:15.78	2:08.31
	27.74	59.94 (32.20)	1:34.08 (34.14)	2:08.31 (34.23)	
39	Thomas Rinaldi	15	Somerset Valley YMCA	2:04.73	2:08.48
	58.32	1:33.05 (34.73)	2:08.55 (35.50)	2:08.48 ( )	
40	Connor O'Prey	15	Ridley Area YMCA	2:24.00	2:08.61
	28.37	1:01.36 (32.99)	1:35.40 (34.04)	2:08.61 (33.21)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard Butterfly Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
41 Josh Murrell	14	North Oakland Family YMCA	2:13.81	2:08.86
28.33	1:00.78 (32.45)	1:35.47 (34.69)	2:08.86 (33.39)	
42 Joseph Connors	16	Red Bank Branch	2:12.55	2:09.50
26.68	58.64 (31.96)	1:33.72 (35.08)	2:09.50 (35.78)	
43 Wes Manz	16	Eau Claire Wisconsin YMCA	2:08.75	2:10.10
26.71	58.81 (32.10)	1:34.43 (35.62)	2:10.10 (35.67)	
44 Frank Bozzi	15	Lakeland Hills Family YMCA	2:13.52	2:10.38
27.49	1:00.48 (32.99)	1:34.88 (34.40)	2:10.38 (35.50)	
45 Jai Singh	15	North Oakland Family YMCA	2:13.80	2:11.82
28.18	1:00.75 (32.57)	1:36.29 (35.54)	2:11.82 (35.53)	
46 Dougan McGrath	15	Ridley Area YMCA	2:24.16	2:14.15
28.61	1:02.53 (33.92)	1:39.29 (36.76)	2:14.15 (34.86)	
47 Brian Mong	17	Franklin/Grove City YMCA	2:12.00	2:15.01
29.40	1:03.47 (34.07)	1:39.70 (36.23)	2:15.01 (35.31)	
48 Alex Kosenski	19	Ocean County YMCA	2:10.00	2:16.10
28.35	1:01.43 (33.08)	1:38.38 (36.95)	2:16.10 (37.72)	
49 Tyler Ziegler	18	Brandywine YMCA -PA	2:28.59	2:28.29
26.80	57.11 (30.31)	1:41.87 (44.76)	2:28.29 (46.42)	
--- Max Blum	18	Westfield YMCA	2:10.15	NS
--- Tyler Essary	16	Prattville YMCA	2:13.84	NS
--- Larry Zhang	16	Westfield YMCA	2:06.15	NS
--- Parker Baisden	16	Phoenixville Branch YMCA	2:01.99	NS
--- Sean Johnson	16	Somerset Valley YMCA	1:59.81	NS

**Men 200 Yard Butterfly Swim-off**

Name	Age	Team	Seed Time	Finals Time
<b>- Swim-off</b>				
1 Sava Turcanu	14	Catawba Valley YMCA	NT	1:53.45
26.01	54.49 (28.48)	1:23.99 (29.50)	1:53.45 (29.46)	
2 Josh Jacobson	17	Edwardsville YMCA	NT	1:53.70
26.46	55.43 (28.97)	1:24.54 (29.11)	1:53.70 (29.16)	

**Men 200 Yard Butterfly Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Luke Bushman	18	Green Bay YMCA Metro	1:48.22	1:48.25
24.26	51.79 (27.53)	1:19.84 (28.05)	1:48.25 (28.41)	
2 Mark Cox	17	Sarasota Family YMCA, Inc	1:50.23	1:48.96
24.96	52.48 (27.52)	1:20.58 (28.10)	1:48.96 (28.38)	
3 Dominick Glavich	15	Triangle Area YMCA	1:49.26	1:49.12
24.43	52.50 (28.07)	1:20.43 (27.93)	1:49.12 (28.69)	
4 Nathan Hart	17	Western North Carolina YMCA	1:52.83	1:50.38
24.78	52.83 (28.05)	1:21.32 (28.49)	1:50.38 (29.06)	
*5 Matt Navata	17	Montclair YMCA	1:49.84	1:50.65
24.92	52.87 (27.95)	1:21.48 (28.61)	1:50.65 (29.17)	
*5 David Ingraham	16	Middle Tyger YMCA	1:49.02	1:50.65
24.95	53.13 (28.18)	1:21.45 (28.32)	1:50.65 (29.20)	
7 Chris Wiederecht	17	Westport/Weston CT YMCA	1:51.94	1:50.70
24.50	52.27 (27.77)	1:21.13 (28.86)	1:50.70 (29.57)	
8 Won Ho Chang	17	Bath Area Family YMCA	1:58.31	1:50.79
23.91	51.22 (27.31)	1:20.17 (28.95)	1:50.79 (30.62)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Butterfly Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
9 Matt Salig	17	Lionville Community YMCA	1:51.38	1:50.90
25.20	52.85 (27.65)	1:21.20 (28.35)	1:50.90 (29.70)	
10 Mason Shaw	17	Spokane YMCA	1:50.07	1:50.94
25.13	53.46 (28.33)	1:21.93 (28.47)	1:50.94 (29.01)	
11 Patrick Ceddia	17	Sarasota Family YMCA, Inc	1:52.37	1:51.63
25.41	53.98 (28.57)	1:22.54 (28.56)	1:51.63 (29.09)	
12 Francisco Vital	17	Schroeder YMCA	1:50.89	1:52.25
24.87	53.52 (28.65)	1:22.39 (28.87)	1:52.25 (29.86)	
13 Wesley Trumbauer	17	Boyertown Area YMCA	1:56.25	1:52.49
24.90	52.78 (27.88)	1:22.31 (29.53)	1:52.49 (30.18)	
14 Brendan Fortin	18	Andover/North Andover YMCA	1:54.91	1:52.77
25.69	54.15 (28.46)	1:23.31 (29.16)	1:52.77 (29.46)	
15 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	1:50.66	1:52.82
25.01	53.55 (28.54)	1:22.75 (29.20)	1:52.82 (30.07)	
16 Andrew Yunker	14	Greater Flint YMCA	1:54.87	1:52.86
25.71	54.37 (28.66)	1:23.69 (29.32)	1:52.86 (29.17)	
17 Billy Draves	16	Pottstown YMCA	1:58.00	1:53.13
25.66	54.46 (28.80)	1:23.55 (29.09)	1:53.13 (29.58)	
18 Aaron Lawson	16	Countryside Ralph Stolle YMCA.	1:55.09	1:53.25
25.39	53.64 (28.25)	1:22.37 (28.73)	1:53.25 (30.88)	
19 Brad Bielak	17	Ridgewood Branch OH YMCA	1:55.50	1:53.31
25.23	53.89 (28.66)	1:23.45 (29.56)	1:53.31 (29.86)	
20 Eric Naylor	17	West Shore YMCA	1:56.18	1:53.71
25.36	53.87 (28.51)	1:23.62 (29.75)	1:53.71 (30.09)	
21 Steven Gasparini	16	West Shore YMCA	1:56.82	1:53.83
25.43	54.19 (28.76)	1:23.76 (29.57)	1:53.83 (30.07)	
22 Marty Rauch	17	Sarasota Family YMCA, Inc	1:56.86	1:54.02
25.39	54.61 (29.22)	1:24.28 (29.67)	1:54.02 (29.74)	
23 Graham Charlton	17	Schroeder YMCA	1:55.07	1:54.09
24.73	53.21 (28.48)	1:22.84 (29.63)	1:54.09 (31.25)	
24 Sava Turcanu	14	Catawba Valley YMCA	1:54.51	1:54.46
25.80	54.40 (28.60)	1:24.26 (29.86)	1:54.46 (30.20)	
25 Josh Jacobson	17	Edwardsville YMCA	1:55.85	J1:54.46
24.95	53.52 (28.57)	1:22.83 (29.31)	1:54.46 (31.63)	
26 Nathan Reed	17	Upper Main Line YMCA	2:01.70	1:54.87
25.96	55.29 (29.33)	1:24.84 (29.55)	1:54.87 (30.03)	
27 David Ireland	17	South Family YMCA-Kettering	1:57.58	1:55.00
26.01	55.48 (29.47)	1:25.49 (30.01)	1:55.00 (29.51)	
28 Ryan Carey	18	Reading and Berks County YMCA	1:56.77	1:55.18
25.36	54.03 (28.67)	1:24.29 (30.26)	1:55.18 (30.89)	
*29 Greg Daniele	17	Red Bank Branch	1:52.73	1:55.20
24.83	53.07 (28.24)	1:22.14 (29.07)	1:55.20 (33.06)	
*29 Jack Bremer	15	Anne Arundel County YMCA	1:55.13	1:55.20
25.49	55.08 (29.59)	1:24.81 (29.73)	1:55.20 (30.39)	
31 Ubaldo Zavaleta	18	Phoenixville Branch YMCA	1:58.45	1:55.68
25.67	54.95 (29.28)	1:25.08 (30.13)	1:55.68 (30.60)	
*32 Michael Moore	17	Brandywine -DE YMCA	1:59.93	1:55.86
25.35	54.90 (29.55)	1:24.44 (29.54)	1:55.86 (31.42)	
*32 J Flanagan	18	Riverfront Branch YMCA	1:54.64	1:55.86
25.67	55.07 (29.40)	1:24.53 (29.46)	1:55.86 (31.33)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
34	Robbie Duran	17	Orlando YMCA	1:56.14	1:55.98
	26.15	56.02 (29.87)	1:25.98 (29.96)	1:55.98 (30.00)	
35	Kyle Jennings	18	Somerset Valley YMCA	1:56.23	1:56.15
	26.12	55.81 (29.69)	1:26.17 (30.36)	1:56.15 (29.98)	
36	Matt Torres	17	Sarasota Family YMCA, Inc	1:55.64	1:56.37
	26.11	55.35 (29.24)	1:26.03 (30.68)	1:56.37 (30.34)	
37	Kyle Doxtater	15	Mid-Delmarva Family YMCA	1:57.15	1:56.40
	26.04	55.57 (29.53)	1:26.00 (30.43)	1:56.40 (30.40)	
38	Caleb Tuten	16	York And York County YMCA	1:57.76	1:56.54
	26.79	56.63 (29.84)	1:26.25 (29.62)	1:56.54 (30.29)	
39	Kevin Rogers	16	Triangle Area YMCA	1:54.29	1:56.58
	25.98	55.39 (29.41)	1:25.50 (30.11)	1:56.58 (31.08)	
40	Kyle Madley	16	Somerset Hills YMCA	1:54.67	1:56.59
	25.74	54.98 (29.24)	1:25.22 (30.24)	1:56.59 (31.37)	
41	Austin Abigt	17	Montgomery -East Branch YMCA	2:00.62	1:56.68
	25.48	55.59 (30.11)	1:26.77 (31.18)	1:56.68 (29.91)	
42	Karl Mayer	17	Lakeland Hills Family YMCA	1:55.19	1:56.81
	24.55	54.12 (29.57)	1:24.45 (30.33)	1:56.81 (32.36)	
*43	Alan Nedley	18	Laurel Highlands Regional YMCA	1:58.12	1:57.01
	25.65	55.34 (29.69)	1:25.91 (30.57)	1:57.01 (31.10)	
*43	Paul Maneri	17	Riverfront Branch YMCA	1:56.74	1:57.01
	25.61	55.29 (29.68)	1:25.40 (30.11)	1:57.01 (31.61)	
45	Chris Morales	18	Wyckoff Family YMCA Inc	1:57.78	1:57.17
	26.02	55.54 (29.52)	1:26.06 (30.52)	1:57.17 (31.11)	
46	Matt Taylor	17	Triangle Area YMCA	1:54.55	1:57.22
	25.96	55.21 (29.25)	1:25.78 (30.57)	1:57.22 (31.44)	
47	Joseph Aburahma	17	Huntington WV YMCA	1:59.60	1:57.48
	25.66	54.87 (29.21)	1:25.72 (30.85)	1:57.48 (31.76)	
48	Sasan Tehrani	17	New Canaan Community YMCA	1:57.94	1:57.62
	25.80	55.08 (29.28)	1:26.25 (31.17)	1:57.62 (31.37)	
49	Brian Barr	16	Somerset Valley YMCA	1:56.43	1:57.77
	25.83	55.33 (29.50)	1:25.79 (30.46)	1:57.77 (31.98)	
50	Dan Napolitano	15	Fanwood-Scotch Plains YMCA	1:58.06	1:57.80
	26.01	55.46 (29.45)	1:26.57 (31.11)	1:57.80 (31.23)	
51	Christian Josephson	15	Countryside Ralph Stolle YMCA.	1:58.83	1:58.15
	26.03	56.79 (30.76)	1:27.44 (30.65)	1:58.15 (30.71)	
52	Justin Petrozzini	17	Wyckoff Family YMCA Inc	1:58.03	1:58.40
	26.45	56.02 (29.57)	1:26.97 (30.95)	1:58.40 (31.43)	
53	Elliott Batchelder	15	B.R. Ryall (Northwestern Dupag	2:00.76	1:58.41
	25.62	54.72 (29.10)	1:26.07 (31.35)	1:58.41 (32.34)	
54	Brian Key	16	Oshkosh Community YMCA	2:00.25	1:58.42
	25.57	54.99 (29.42)	1:25.96 (30.97)	1:58.42 (32.46)	
55	Yag Yuruker	17	Glens Falls YMCA	1:56.89	1:58.61
	25.30	54.76 (29.46)	1:26.20 (31.44)	1:58.61 (32.41)	
56	Aaron Yunker	18	Greater Flint YMCA	1:58.44	1:58.69
	26.70	56.33 (29.63)	1:26.45 (30.12)	1:58.69 (32.24)	
57	Tyler Lareau	17	North Shore (Sterling) MA YMCA	1:57.88	1:58.88
	26.26	55.97 (29.71)	1:27.01 (31.04)	1:58.88 (31.87)	
58	Connor Yoo	16	Upper Main Line YMCA	1:59.73	1:58.94
	25.41	55.04 (29.63)	1:26.37 (31.33)	1:58.94 (32.57)	
59	Jacob Hegge	17	La Crosse Area Family YMCA	1:57.67	1:59.05
	25.61	55.71 (30.10)	1:26.45 (30.74)	1:59.05 (32.60)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Butterfly Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
60	Ryley Pearson	17	Skagit Valley Family YMCA	2:01.83	1:59.06
	26.16	56.33 (30.17)	1:27.26 (30.93)	1:59.06 (31.80)	
61	Eric Shuman	16	Western North Carolina YMCA	1:57.82	1:59.07
	26.19	56.06 (29.87)	1:27.16 (31.10)	1:59.07 (31.91)	
62	Alex Lewis	16	M.E. Lyons (Anderson) YMCA	1:56.79	1:59.24
	25.20	54.31 (29.11)	1:25.88 (31.57)	1:59.24 (33.36)	
63	Mitch Alters	15	North Canton Community YMCA	2:00.74	1:59.32
	26.14	55.66 (29.52)	1:26.59 (30.93)	1:59.32 (32.73)	
64	Kyle Disney-Huss	17	Triangle Area YMCA	2:02.18	1:59.67
	26.35	56.75 (30.40)	1:27.57 (30.82)	1:59.67 (32.10)	
*65	Dan Mangan	17	Wilton Family YMCA	1:58.10	1:59.80
	26.16	56.25 (30.09)	1:27.50 (31.25)	1:59.80 (32.30)	
*65	Jonathan Burr	16	Laurel East Hartford YMCA	1:57.05	1:59.80
	25.91	55.62 (29.71)	1:27.01 (31.39)	1:59.80 (32.79)	
67	Dan Sweeney	18	New Canaan Community YMCA	1:54.58	1:59.94
	26.32	56.35 (30.03)	1:27.42 (31.07)	1:59.94 (32.52)	
68	Stefan Tziolis	17	Westport/Weston CT YMCA	2:01.84	2:00.01
	26.00	56.49 (30.49)	1:27.88 (31.39)	2:00.01 (32.13)	
69	Michael Murphy	17	Powel Crosley Jr. YMCA	1:57.28	2:00.19
	25.47	55.84 (30.37)	1:27.58 (31.74)	2:00.19 (32.61)	
70	Bart Platow	17	Westport/Weston CT YMCA	2:00.91	2:00.20
	27.59	58.32 (30.73)	1:29.52 (31.20)	2:00.20 (30.68)	
71	Sean Dunne	14	Red Bank Branch	2:01.75	2:00.24
	26.14	56.22 (30.08)	1:27.63 (31.41)	2:00.24 (32.61)	
72	Gregory Kogut	16	Anne Arundel County YMCA	1:59.06	2:00.35
	26.22	55.95 (29.73)	1:27.26 (31.31)	2:00.35 (33.09)	
73	Scott Haskins	18	Oshkosh Community YMCA	2:01.13	2:00.49
	25.20	55.11 (29.91)	1:27.19 (32.08)	2:00.49 (33.30)	
74	Eric Spazzarini	18	Laurel East Hartford YMCA	1:58.46	2:00.62
	26.15	56.38 (30.23)	1:27.88 (31.50)	2:00.62 (32.74)	
75	Pat Geraghty	17	Greater Holyoke YMCA	1:59.53	2:00.66
	26.51	57.45 (30.94)	1:29.14 (31.69)	2:00.66 (31.52)	
76	David Campbell	15	Riverfront Branch YMCA	2:02.17	2:00.76
	26.62	56.89 (30.27)	1:28.38 (31.49)	2:00.76 (32.38)	
77	Shawn Leonard	16	Sarasota Family YMCA, Inc	2:00.44	2:00.81
	27.66	58.84 (31.18)	1:30.41 (31.57)	2:00.81 (30.40)	
78	Ross Gormley	18	New Canaan Community YMCA	2:01.52	2:00.84
	27.01	57.07 (30.06)	1:28.67 (31.60)	2:00.84 (32.17)	
79	Nathan Walters	16	Triangle Area YMCA	1:57.10	2:01.02
	25.93	55.76 (29.83)	1:27.64 (31.88)	2:01.02 (33.38)	
80	Chris Nunez	16	Ridgewood NJ YMCA	2:01.20	2:01.14
	26.91	57.24 (30.33)	1:28.65 (31.41)	2:01.14 (32.49)	
81	Ian Delahunty	15	Middle Tyger YMCA	2:00.48	2:01.29
	27.39	58.16 (30.77)	1:29.99 (31.83)	2:01.29 (31.30)	
82	Bryan Walcker	15	Burbank Branch YMCA	1:59.87	2:01.55
	26.41	56.82 (30.41)	1:28.76 (31.94)	2:01.55 (32.79)	
83	Mickey McNeece	17	Farmington Family YMCA	1:59.99	2:01.62
	25.98	56.15 (30.17)	1:28.26 (32.11)	2:01.62 (33.36)	
84	Greg Pristov	18	Lake County East End YMCA	2:01.92	2:01.96
	26.84	57.60 (30.76)	1:29.38 (31.78)	2:01.96 (32.58)	
85	Arthur Hong	17	Ridgewood NJ YMCA	2:00.73	2:02.01
	26.72	57.07 (30.35)	1:28.64 (31.57)	2:02.01 (33.37)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**

**Results**

**Preliminaries ... (Men 200 Yard Butterfly Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
86 Luke Harrison	17	Oshkosh Community YMCA	2:01.29	2:02.10
26.70	57.09 (30.39)	1:29.27 (32.18)	2:02.10 (32.83)	
87 Brian Wilson	15	Harford County Family YMCA	2:01.82	2:02.19
26.83	57.23 (30.40)	1:28.12 (30.89)	2:02.19 (34.07)	
88 Fernando Gutierrez	16	Sarasota Family YMCA, Inc	2:02.17	2:02.33
27.66	58.63 (30.97)	1:29.99 (31.36)	2:02.33 (32.34)	
*89 Paul Skousen	16	Countryside Ralph Stolle YMCA.	2:01.03	2:02.35
25.96	56.67 (30.71)	1:28.63 (31.96)	2:02.35 (33.72)	
*89 Brian Batson	18	Down East Family YMCA	1:58.73	2:02.35
26.01	56.10 (30.09)	1:28.41 (32.31)	2:02.35 (33.94)	
91 Timothy Ramos	17	Greater Holyoke YMCA	2:00.12	2:02.62
26.55	56.43 (29.88)	1:28.45 (32.02)	2:02.62 (34.17)	
92 Danny Collins	17	Flushing YMCA	2:00.70	2:03.30
27.47	58.82 (31.35)	1:31.41 (32.59)	2:03.30 (31.89)	
93 Daniel Hellman	16	Red Bank Branch	2:01.97	2:03.60
27.41	58.33 (30.92)	1:31.85 (33.52)	2:03.60 (31.75)	
*94 Ian Wooley	14	Countryside Ralph Stolle YMCA.	2:01.05	2:03.69
26.21	57.49 (31.28)	1:30.30 (32.81)	2:03.69 (33.39)	
*94 Jeff Ross	15	Springfield Family YMCA	2:01.91	2:03.69
27.20	58.33 (31.13)	1:31.03 (32.70)	2:03.69 (32.66)	
96 Andrew Adams	18	Great Miami Valley Ohio YMCA	2:01.67	2:04.46
26.25	57.21 (30.96)	1:30.03 (32.82)	2:04.46 (34.43)	
97 Andrew Sumnicht	17	Green Bay YMCA Metro	2:01.85	2:04.80
27.06	57.63 (30.57)	1:30.72 (33.09)	2:04.80 (34.08)	
98 Kris Sweetman	17	Cross Island YMCA	2:02.02	2:05.08
26.68	57.84 (31.16)	1:31.00 (33.16)	2:05.08 (34.08)	
99 Alex Lewis	15	Beavercreek Branch YMCA	2:02.24	2:05.31
26.45	57.17 (30.72)	1:30.26 (33.09)	2:05.31 (35.05)	
100 Daniel Hammack	17	Triangle Area YMCA	2:00.58	2:05.59
27.49	58.61 (31.12)	1:31.83 (33.22)	2:05.59 (33.76)	
101 Justin Kostelnik	13	Laurel Highlands Regional YMCA	2:02.37	2:06.69
27.98	1:00.81 (32.83)	1:34.02 (33.21)	2:06.69 (32.67)	
102 Ethan Sagin	17	Cumberland MD YMCA	2:01.03	2:06.72
27.42	58.55 (31.13)	1:32.07 (33.52)	2:06.72 (34.65)	
103 James Ross	15	Somerset Hills YMCA	2:01.28	2:08.02
26.66	58.20 (31.54)	1:32.37 (34.17)	2:08.02 (35.65)	
--- Curtis Ramsey	18	Brandywine -DE YMCA	1:56.53	DQ
One hand touch				
25.00	53.51 (28.51)	1:24.65 (31.14)	DQ (34.12)	
--- Adam Vogel	16	Boyertown Area YMCA	1:59.92	DFS
Declared false start				

**Men 200 Yard IM Swimming Competition**

National: 1:47.10 * 2001		D. Trupin		Champaign Cty,IL	
Name	Age	Team	Prelim Time	Finals Time	
<b>A - Final</b>					
1 Woody Joye	17	Montgomery -East Branch YMCA	1:48.15	1:47.09 *	
22.82	49.29 (26.47)	1:22.23 (32.94)	1:47.09 (24.86)		
2 Andrew Grinalds	17	Westport/Weston CT YMCA	1:48.18	1:47.59	
23.08	49.82 (26.74)	1:22.26 (32.44)	1:47.59 (25.33)		
3 Luke Bushman	18	Green Bay YMCA Metro	1:49.73	1:48.23	
23.43	50.91 (27.48)	1:22.65 (31.74)	1:48.23 (25.58)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**A - Final ... (Men 200 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
4 Mason Shaw	17	Spokane YMCA	1:50.66	1:49.58
23.94	53.07 (29.13)	1:24.31 (31.24)	1:49.58 (25.27)	
5 Harrison Cefalo	16	Red Bank Branch	1:49.84	1:49.83
23.72	52.62 (28.90)	1:23.31 (30.69)	1:49.83 (26.52)	
6 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	1:51.22	1:50.76
24.34	52.91 (28.57)	1:25.70 (32.79)	1:50.76 (25.06)	
7 Matt Salig	17	Lionville Community YMCA	1:50.51	1:51.15
24.00	53.18 (29.18)	1:25.07 (31.89)	1:51.15 (26.08)	
8 Gregory Mahon	18	Riverfront Branch YMCA	1:51.43	1:51.50
23.41	50.60 (27.19)	1:24.32 (33.72)	1:51.50 (27.18)	

**B - Final**

9 Tim Phillips	18	Marietta YMCA	1:51.78	1:48.13
22.63	49.12 (26.49)	1:21.47 (32.35)	1:48.13 (26.66)	
10 Dominick Glavich	15	Triangle Area YMCA	1:51.47	1:50.17
23.68	51.84 (28.16)	1:24.08 (32.24)	1:50.17 (26.09)	
11 David Ingraham	16	Middle Tyger YMCA	1:51.49	1:51.74
23.61	51.62 (28.01)	1:25.33 (33.71)	1:51.74 (26.41)	
12 Thomas Mershon	16	Upper Main Line YMCA	1:52.59	1:52.51
24.01	52.13 (28.12)	1:26.61 (34.48)	1:52.51 (25.90)	
13 Christian Higgins	16	New Canaan Community YMCA	1:52.43	1:52.90
24.46	55.11 (30.65)	1:26.71 (31.60)	1:52.90 (26.19)	
14 Alex Fitton	18	Red Bank Branch	1:52.96	1:53.00
24.23	52.46 (28.23)	1:26.17 (33.71)	1:53.00 (26.83)	
15 Leo Lim	14	Wyckoff Family YMCA Inc	1:53.39	1:54.82
24.35	53.09 (28.74)	1:27.17 (34.08)	1:54.82 (27.65)	
16 Jared Kauffman	15	Middle Tyger YMCA	1:53.10	1:55.25
25.41	55.44 (30.03)	1:27.96 (32.52)	1:55.25 (27.29)	

**C - Final**

17 Matt Navata	17	Montclair YMCA	1:54.20	1:52.11
24.37	52.98 (28.61)	1:25.50 (32.52)	1:52.11 (26.61)	
18 Danny Crigler	17	Reading and Berks County YMCA	1:54.33	1:52.19
24.19	53.68 (29.49)	1:26.53 (32.85)	1:52.19 (25.66)	
19 John Morton	18	Triangle Area YMCA	1:54.54	1:53.74
25.17	54.32 (29.15)	1:26.56 (32.24)	1:53.74 (27.18)	
20 Tom McKee	16	Brandywine -DE YMCA	1:53.60	1:53.81
25.19	53.33 (28.14)	1:27.38 (34.05)	1:53.81 (26.43)	
21 Eric Traub	16	Northwest Connecticut YMCA	1:54.32	1:54.24
24.88	53.97 (29.09)	1:26.96 (32.99)	1:54.24 (27.28)	
22 Carter Watson	16	Lynchburg YMCA	1:53.96	1:54.43
24.71	53.52 (28.81)	1:28.69 (35.17)	1:54.43 (25.74)	
23 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	1:53.43	1:54.58
24.53	53.20 (28.67)	1:28.11 (34.91)	1:54.58 (26.47)	
24 Nathan Hart	17	Western North Carolina YMCA	1:53.89	1:54.94
24.55	53.15 (28.60)	1:27.39 (34.24)	1:54.94 (27.55)	

**Men 200 Yard IM Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Austin Bohn	17	West Shore YMCA	2:03.50	1:57.75
25.66	55.82 (30.16)	1:30.97 (35.15)	1:57.75 (26.78)	
2 John Bateman	15	North Shore (Sterling) MA YMCA	2:01.75	1:58.40
26.06	55.99 (29.93)	1:30.94 (34.95)	1:58.40 (27.46)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
3	John Santoro	14	New Canaan Community YMCA	2:01.69	2:00.87
	26.50	57.28 (30.78)	1:32.22 (34.94)	2:00.87 (28.65)	
4	Sam Lynch	13	Red Bank Branch	2:02.78	2:01.07
	25.82	57.57 (31.75)	1:32.83 (35.26)	2:01.07 (28.24)	
5	Mike Oster	16	Westfield YMCA	2:04.73	2:01.09
	26.54	56.57 (30.03)	1:32.91 (36.34)	2:01.09 (28.18)	
6	Mike Harmon	17	Chambersburg Memorial YMCA	2:03.61	2:01.15
	27.24	57.45 (30.21)	1:32.51 (35.06)	2:01.15 (28.64)	
7	Brian Brennan	17	North Shore (Sterling) MA YMCA	2:06.50	2:01.38
	26.20	57.59 (31.39)	1:34.09 (36.50)	2:01.38 (27.29)	
8	Kevin Kelley	18	Burlington County YMCA	2:01.77	2:01.51
	24.92	56.02 (31.10)	1:33.34 (37.32)	2:01.51 (28.17)	
9	Daniel Aberle	17	Catawba Valley YMCA	2:03.00	2:01.67
	26.02	57.41 (31.39)	1:33.15 (35.74)	2:01.67 (28.52)	
10	David Campbell	15	Riverfront Branch YMCA	2:03.03	2:01.91
	25.99	56.27 (30.28)	1:33.61 (37.34)	2:01.91 (28.30)	
11	Aaron Lawson	16	Countryside Ralph Stolle YMCA	2:03.04	2:01.94
	24.92	56.48 (31.56)	1:33.54 (37.06)	2:01.94 (28.40)	
12	Roby Boggs	15	Birmingham Family YMCA	2:03.11	2:02.07
	26.88	57.71 (30.83)	1:33.17 (35.46)	2:02.07 (28.90)	
13	Parker Baisden	16	Phoenixville Branch YMCA	2:02.99	2:02.50
	25.75	57.56 (31.81)	1:34.63 (37.07)	2:02.50 (27.87)	
14	Michael De Matos	17	Middle Tyger YMCA	2:05.99	2:02.61
	25.98	57.78 (31.80)	1:34.72 (36.94)	2:02.61 (27.89)	
15	Timothy Lattimer	15	Wilton Family YMCA	2:02.00	2:02.67
	26.46	57.81 (31.35)	1:33.61 (35.80)	2:02.67 (29.06)	
16	Nicholas Grippo	17	Red Bank Branch	2:06.27	2:02.95
	25.80	1:00.22 (34.42)	1:34.45 (34.23)	2:02.95 (28.50)	
17	Kenny Savage	16	Somerset Hills YMCA	2:03.59	2:02.98
	27.41	58.10 (30.69)	1:35.45 (37.35)	2:02.98 (27.53)	
18	Shane McKenzie	15	Tri-Hampton Family Branch YMC	2:01.97	2:03.10
	26.45	57.31 (30.86)	1:34.08 (36.77)	2:03.10 (29.02)	
19	Matt Daw	15	Triangle Area YMCA	2:04.20	2:03.45
	27.60	1:00.36 (32.76)	1:34.97 (34.61)	2:03.45 (28.48)	
20	Max Blum	18	Westfield YMCA	2:04.65	2:03.53
	26.22	58.64 (32.42)	1:35.18 (36.54)	2:03.53 (28.35)	
21	Jack Lorentzen	16	Westfield YMCA	2:09.16	2:03.59
	26.78	59.22 (32.44)	1:35.49 (36.27)	2:03.59 (28.10)	
22	Eric Chung	16	Somerset Hills YMCA	2:03.45	2:03.66
	26.32	58.29 (31.97)	1:35.00 (36.71)	2:03.66 (28.66)	
23	Henry Cohen	16	Lakeland Hills Family YMCA	2:04.17	2:03.76
	27.16	56.77 (29.61)	1:35.51 (38.74)	2:03.76 (28.25)	
24	Kevin Posten	16	Greater Flint YMCA	2:06.43	2:03.78
	26.60	57.97 (31.37)	1:34.91 (36.94)	2:03.78 (28.87)	
25	Larry Zhang	16	Westfield YMCA	2:02.11	2:03.92
	26.35	58.47 (32.12)	1:34.82 (36.35)	2:03.92 (29.10)	
*26	Jonathan Ciriello	17	Somerset Hills YMCA	2:04.97	2:03.94
	26.22	57.89 (31.67)	1:34.38 (36.49)	2:03.94 (29.56)	
*26	Ian Delahunty	15	Middle Tyger YMCA	2:06.99	2:03.94
	26.23	57.69 (31.46)	1:35.31 (37.62)	2:03.94 (28.63)	
*28	Pat Geraghty	17	Greater Holyoke YMCA	2:02.56	2:03.97
	25.21	57.11 (31.90)	1:35.28 (38.17)	2:03.97 (28.69)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
*28	Peter Bihl	17	Waynesboro Family YMCA	2:03.60	2:03.97
	26.99	59.43 (32.44)	1:35.32 (35.89)	2:03.97 (28.65)	
30	Eric Nagel	18	Bismarck YMCA	2:06.93	2:03.99
	25.45	58.01 (32.56)	1:34.49 (36.48)	2:03.99 (29.50)	
31	Dennis Hall-App	15	Montclair YMCA	2:04.99	2:04.04
	26.77	56.03 (29.26)	1:35.59 (39.56)	2:04.04 (28.45)	
32	Michael Bower	18	Mattoon Area Family YMCA	2:03.61	2:04.11
	26.87	58.09 (31.22)	1:33.81 (35.72)	2:04.11 (30.30)	
33	Charles Prestigiacomio	16	Schroeder YMCA	2:03.48	2:04.15
	26.27	57.48 (31.21)	1:36.08 (38.60)	2:04.15 (28.07)	
34	Sam Nowack	18	Northern Middlesex County YMC	2:02.56	2:04.26
	25.92	57.60 (31.68)	1:37.24 (39.64)	2:04.26 (27.02)	
35	Christian Jansson	17	Ridgewood NJ YMCA	2:05.08	2:04.57
	26.85	59.48 (32.63)	1:35.16 (35.68)	2:04.57 (29.41)	
36	Dann Williams	17	Ridley Area YMCA	2:04.54	2:04.66
	27.72	59.30 (31.58)	1:35.98 (36.68)	2:04.66 (28.68)	
37	Alex Dropo	17	Cape Cod YMCA	2:02.06	2:04.93
	27.17	59.14 (31.97)	1:35.86 (36.72)	2:04.93 (29.07)	
38	Connor McColligan	16	Red Bank Branch	2:05.83	2:04.94
	27.26	59.82 (32.56)	1:35.23 (35.41)	2:04.94 (29.71)	
39	Jordan Lingo	16	Central Delaware YMCA	2:04.05	2:05.03
	28.30	59.95 (31.65)	1:35.98 (36.03)	2:05.03 (29.05)	
40	Matthew Jennings	16	Brandywine -DE YMCA	2:04.86	2:05.29
	27.60	1:00.61 (33.01)	1:36.61 (36.00)	2:05.29 (28.68)	
41	Connor O'Prey	15	Ridley Area YMCA	2:10.46	2:05.38
	26.78	58.68 (31.90)	1:36.42 (37.74)	2:05.38 (28.96)	
42	Drew Sullenbarger	16	South Family YMCA-Kettering	2:05.00	2:05.39
	27.56	58.96 (31.40)	1:37.07 (38.11)	2:05.39 (28.32)	
43	Nick Dello Buono	17	Kennett Area YMCA	2:09.74	2:05.54
	27.71	1:00.50 (32.79)	1:34.91 (34.41)	2:05.54 (30.63)	
44	Matthew Knoth	18	Western Monmouth Co. YMCA	2:04.02	2:05.65
	27.36	59.76 (32.40)	1:34.86 (35.10)	2:05.65 (30.79)	
45	Mark Yurich	16	Birmingham Family YMCA	2:03.50	2:06.13
	27.65	1:01.68 (34.03)	1:36.99 (35.31)	2:06.13 (29.14)	
46	Tyler Ziegler	18	Brandywine YMCA -PA	2:11.07	2:06.21
	26.63	1:00.64 (34.01)	1:37.25 (36.61)	2:06.21 (28.96)	
47	Cole Hogg	14	Greater Manchester YMCA	2:06.11	2:06.67
	27.12	58.68 (31.56)	1:37.57 (38.89)	2:06.67 (29.10)	
48	Patrick Greitzer	16	Springfield Family YMCA	2:05.99	2:06.75
	27.17	1:01.08 (33.91)	1:36.81 (35.73)	2:06.75 (29.94)	
49	Christopher Vandiford	16	Springfield Family YMCA	2:05.89	2:06.81
	26.71	1:00.94 (34.23)	1:36.78 (35.84)	2:06.81 (30.03)	
50	Zack Haney	16	Sunbury Branch YMCA	2:06.54	2:06.82
	27.31	58.83 (31.52)	1:37.70 (38.87)	2:06.82 (29.12)	
51	Kevin Ng	17	Somerset Hills YMCA	2:10.02	2:06.84
	26.42	59.46 (33.04)	1:36.38 (36.92)	2:06.84 (30.46)	
52	Dougan McGrath	15	Ridley Area YMCA	2:13.29	2:07.05
	27.16	59.18 (32.02)	1:37.68 (38.50)	2:07.05 (29.37)	
53	Jack Disney-Huss	15	Triangle Area YMCA	2:08.35	2:07.35
	27.59	58.56 (30.97)	1:38.16 (39.60)	2:07.35 (29.19)	
54	Evan Coleman	13	Casco Bay Regional YMCA	2:08.09	2:07.98
	25.46	56.06 (30.60)	1:36.29 (40.23)	2:07.98 (31.69)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****- Time Trial ... (Men 200 Yard IM Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
55 Joey DePaola	16	Lakeland Hills Family YMCA	2:13.25	2:08.25
27.17	1:00.43 (33.26)	1:36.90 (36.47)	2:08.25 (31.35)	
56 Ben Fuller	17	Chippewa Valley Family YMCA	2:05.92	2:08.27
26.79	59.90 (33.11)	1:38.21 (38.31)	2:08.27 (30.06)	
57 Robby Mix	17	Lionville Community YMCA	2:08.01	2:08.36
26.58	1:01.43 (34.85)	1:36.82 (35.39)	2:08.36 (31.54)	
58 Brian Giacomelli	18	Somerset Valley YMCA	2:07.49	2:08.66
25.74	57.35 (31.61)	1:38.70 (41.35)	2:08.66 (29.96)	
59 Ben Drexler	17	Camp-Hay-Went-Ha YMCA	NT	2:09.09
25.84	59.04 (33.20)	1:39.24 (40.20)	2:09.09 (29.85)	
60 Andrew Cotter	14	Ridgway YMCA	2:04.10	2:09.29
26.69	1:00.79 (34.10)	1:38.44 (37.65)	2:09.29 (30.85)	
61 Steve Brown	15	Brandywine YMCA -PA	2:14.80	2:12.81
26.58	1:02.51 (35.93)	1:41.58 (39.07)	2:12.81 (31.23)	
62 Paul Schaus	16	Chippewa Valley Family YMCA	2:10.53	2:13.09
27.57	1:02.57 (35.00)	1:42.62 (40.05)	2:13.09 (30.47)	
--- Zach Auclair	17	Laurel East Hartford YMCA	2:13.01	NS
--- Jesse O'Keefe	14	Madison West YMCA	2:02.78	NS
--- Ben Drexler	17	Camp-Hay-Went-Ha YMCA	2:11.46	NS

**Men 200 Yard IM Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Woody Joye	17	Montgomery -East Branch YMCA	1:48.06	1:48.15
22.89	50.11 (27.22)	1:23.39 (33.28)	1:48.15 (24.76)	
2 Andrew Grinalds	17	Westport/Weston CT YMCA	1:48.93	1:48.18
23.01	50.60 (27.59)	1:22.44 (31.84)	1:48.18 (25.74)	
3 Luke Bushman	18	Green Bay YMCA Metro	1:50.74	1:49.73
23.86	50.70 (26.84)	1:23.82 (33.12)	1:49.73 (25.91)	
4 Harrison Cefalo	16	Red Bank Branch	1:54.86	1:49.84
23.53	52.01 (28.48)	1:23.14 (31.13)	1:49.84 (26.70)	
5 Matt Salig	17	Lionville Community YMCA	1:51.68	1:50.51
23.91	52.32 (28.41)	1:24.25 (31.93)	1:50.51 (26.26)	
6 Mason Shaw	17	Spokane YMCA	1:48.78	1:50.66
23.77	52.19 (28.42)	1:23.96 (31.77)	1:50.66 (26.70)	
7 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	1:50.54	1:51.22
24.16	51.93 (27.77)	1:25.77 (33.84)	1:51.22 (25.45)	
8 Gregory Mahon	18	Riverfront Branch YMCA	1:48.31	1:51.43
23.22	50.56 (27.34)	1:24.04 (33.48)	1:51.43 (27.39)	
9 Dominick Glavich	15	Triangle Area YMCA	1:52.79	1:51.47
23.76	52.22 (28.46)	1:24.70 (32.48)	1:51.47 (26.77)	
10 David Ingraham	16	Middle Tyger YMCA	1:51.97	1:51.49
23.71	52.04 (28.33)	1:25.09 (33.05)	1:51.49 (26.40)	
11 Tim Phillips	18	Marietta YMCA	1:52.34	1:51.78
22.78	50.82 (28.04)	1:24.87 (34.05)	1:51.78 (26.91)	
12 Christian Higgins	16	New Canaan Community YMCA	1:52.96	1:52.43
24.78	54.54 (29.76)	1:25.63 (31.09)	1:52.43 (26.80)	
13 Thomas Mershon	16	Upper Main Line YMCA	1:54.31	1:52.59
23.65	51.48 (27.83)	1:26.43 (34.95)	1:52.59 (26.16)	
14 Alex Fitton	18	Red Bank Branch	1:53.50	1:52.96
24.16	52.19 (28.03)	1:25.86 (33.67)	1:52.96 (27.10)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard IM Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
15 Jared Kauffman	15	Middle Tyger YMCA	1:55.66	1:53.10
24.72	54.13 (29.41)	1:26.36 (32.23)	1:53.10 (26.74)	
16 Leo Lim	14	Wyckoff Family YMCA Inc	1:55.24	1:53.39
24.27	52.39 (28.12)	1:26.13 (33.74)	1:53.39 (27.26)	
17 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	1:53.83	1:53.43
24.50	52.19 (27.69)	1:26.56 (34.37)	1:53.43 (26.87)	
18 Tom McKee	16	Brandywine -DE YMCA	1:56.32	1:53.60
25.18	53.28 (28.10)	1:27.42 (34.14)	1:53.60 (26.18)	
19 Nathan Hart	17	Western North Carolina YMCA	1:57.80	1:53.89
23.84	51.22 (27.38)	1:26.46 (35.24)	1:53.89 (27.43)	
20 Carter Watson	16	Lynchburg YMCA	1:58.00	1:53.96
24.48	53.01 (28.53)	1:27.71 (34.70)	1:53.96 (26.25)	
21 Matt Navata	17	Montclair YMCA	1:53.55	1:54.20
24.31	53.17 (28.86)	1:26.37 (33.20)	1:54.20 (27.83)	
22 Eric Traub	16	Northwest Connecticut YMCA	1:53.96	1:54.32
25.24	53.69 (28.45)	1:26.64 (32.95)	1:54.32 (27.68)	
23 Danny Crigler	17	Reading and Berks County YMCA	1:58.92	1:54.33
24.30	53.56 (29.26)	1:27.17 (33.61)	1:54.33 (27.16)	
24 John Morton	18	Triangle Area YMCA	1:56.70	1:54.54
24.77	54.16 (29.39)	1:27.12 (32.96)	1:54.54 (27.42)	
25 Zach Stephens	16	Sunbury Branch YMCA	1:53.52	1:54.78
24.76	54.13 (29.37)	1:27.34 (33.21)	1:54.78 (27.44)	
26 Brendan Deveney	18	Wilton Family YMCA	1:54.17	1:54.97
24.39	53.05 (28.66)	1:27.56 (34.51)	1:54.97 (27.41)	
27 Jack Pretto	17	Cheshire YMCA	1:55.82	1:54.98
24.74	53.97 (29.23)	1:28.45 (34.48)	1:54.98 (26.53)	
28 Steven Gasparini	16	West Shore YMCA	1:52.34	1:55.04
24.69	53.15 (28.46)	1:26.96 (33.81)	1:55.04 (28.08)	
29 Andrew Guinther	17	Glens Falls YMCA	1:55.96	1:55.10
24.60	54.63 (30.03)	1:27.68 (33.05)	1:55.10 (27.42)	
30 John Bushman	15	Green Bay YMCA Metro	1:55.02	1:55.18
26.11	54.50 (28.39)	1:27.52 (33.02)	1:55.18 (27.66)	
31 James Wilson	16	Jennersville YMCA	1:58.29	1:55.21
23.72	53.99 (30.27)	1:28.33 (34.34)	1:55.21 (26.88)	
32 Josh Jacobson	17	Edwardsville YMCA	1:56.80	1:55.25
24.85	54.18 (29.33)	1:27.83 (33.65)	1:55.25 (27.42)	
33 Bryan Stephan	18	Westport/Weston CT YMCA	1:59.20	1:55.28
24.83	53.81 (28.98)	1:27.54 (33.73)	1:55.28 (27.74)	
34 Brendan Fortin	18	Andover/North Andover YMCA	1:56.08	1:55.47
25.40	55.00 (29.60)	1:27.88 (32.88)	1:55.47 (27.59)	
35 Jared Lang	17	Hunterdon County YMCA	1:53.05	1:55.51
24.40	52.54 (28.14)	1:27.98 (35.44)	1:55.51 (27.53)	
36 Caleb Tuten	16	York And York County YMCA	1:57.98	1:55.52
26.31	56.00 (29.69)	1:29.13 (33.13)	1:55.52 (26.39)	
37 Adam Lebovitz	17	Wilton Family YMCA	1:57.54	1:55.57
25.68	53.69 (28.01)	1:28.70 (35.01)	1:55.57 (26.87)	
38 Tanner Lowman	17	Rowan County YMCA	1:55.89	1:55.69
24.77	55.01 (30.24)	1:27.66 (32.65)	1:55.69 (28.03)	
39 Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	1:56.23	1:55.71
24.58	53.27 (28.69)	1:28.60 (35.33)	1:55.71 (27.11)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
40	Ryan Carey	18	Reading and Berks County YMCA	1:54.10	1:55.72
	24.69	53.46 (28.77)	1:28.17 (34.71)	1:55.72 (27.55)	
*41	Sean Johnson	16	Somerset Valley YMCA	1:59.44	1:55.91
	26.03	55.13 (29.10)	1:28.86 (33.73)	1:55.91 (27.05)	
*41	Zach Peart	17	Fanwood-Scotch Plains YMCA	1:56.52	1:55.91
	24.47	52.97 (28.50)	1:27.99 (35.02)	1:55.91 (27.92)	
43	Ted Millett	17	North Shore (Sterling) MA YMCA	1:54.66	1:56.08
	24.93	54.68 (29.75)	1:27.93 (33.25)	1:56.08 (28.15)	
44	Greg Baliko	15	Fanwood-Scotch Plains YMCA	1:59.75	1:56.12
	25.56	55.53 (29.97)	1:28.49 (32.96)	1:56.12 (27.63)	
45	Kyle Madley	16	Somerset Hills YMCA	1:57.10	1:56.16
	25.01	54.12 (29.11)	1:29.26 (35.14)	1:56.16 (26.90)	
46	Andrew Seiler	18	Upper Main Line YMCA	1:57.74	1:56.21
	25.09	55.01 (29.92)	1:28.75 (33.74)	1:56.21 (27.46)	
47	Andrew Slater	17	Lancaster & Fairfield YMCA	1:58.85	1:56.35
	25.93	55.47 (29.54)	1:30.33 (34.86)	1:56.35 (26.02)	
48	Eric Naylor	17	West Shore YMCA	1:56.00	1:56.37
	25.09	54.33 (29.24)	1:29.00 (34.67)	1:56.37 (27.37)	
49	Cameron Weaver	17	Greater Flint YMCA	1:57.68	1:56.40
	25.76	55.89 (30.13)	1:28.92 (33.03)	1:56.40 (27.48)	
50	Patrick Hagar	17	Catonsville MD YMCA	1:59.42	1:56.42
	25.62	54.96 (29.34)	1:29.41 (34.45)	1:56.42 (27.01)	
51	Jordan Guttrich	16	Greater Flint YMCA	1:56.09	1:56.76
	25.56	54.60 (29.04)	1:29.27 (34.67)	1:56.76 (27.49)	
52	Matt Hogan	17	Birmingham Family YMCA	1:52.80	1:56.80
	23.27	53.55 (30.28)	1:27.61 (34.06)	1:56.80 (29.19)	
*53	Michael Gordon	15	Kishwaukee Family YMCA	1:56.84	1:57.28
	25.10	55.36 (30.26)	1:30.15 (34.79)	1:57.28 (27.13)	
*53	Peter KO	17	Ridgewood NJ YMCA	1:58.33	1:57.28
	25.64	54.17 (28.53)	1:29.33 (35.16)	1:57.28 (27.95)	
55	Jack Bremer	15	Anne Arundel County YMCA	1:57.45	1:57.33
	24.86	55.79 (30.93)	1:29.79 (34.00)	1:57.33 (27.54)	
56	J Flanagan	18	Riverfront Branch YMCA	1:58.43	1:57.44
	24.10	53.93 (29.83)	1:29.38 (35.45)	1:57.44 (28.06)	
57	Caleb Capozella	16	Green Bay YMCA Metro	1:55.65	1:57.51
	25.40	55.01 (29.61)	1:30.20 (35.19)	1:57.51 (27.31)	
58	Stephen Raynes	16	Somerset Hills YMCA	1:58.01	1:57.59
	25.34	55.09 (29.75)	1:28.87 (33.78)	1:57.59 (28.72)	
59	Kevin Steel	17	Riverfront Branch YMCA	1:58.37	1:57.60
	25.09	55.05 (29.96)	1:29.41 (34.36)	1:57.60 (28.19)	
60	Sean Drake	16	M.E. Lyons (Anderson) YMCA	1:57.03	1:57.61
	25.59	55.11 (29.52)	1:29.78 (34.67)	1:57.61 (27.83)	
61	Matt Kendall	16	Somerset Valley YMCA	1:58.60	1:57.76
	26.10	56.83 (30.73)	1:29.80 (32.97)	1:57.76 (27.96)	
62	Alex Burzynski	15	Fanwood-Scotch Plains YMCA	1:59.80	1:57.83
	25.89	55.37 (29.48)	1:29.94 (34.57)	1:57.83 (27.89)	
63	Spencer Scarth	17	Wilton Family YMCA	1:58.36	1:57.85
	25.79	55.18 (29.39)	1:30.77 (35.59)	1:57.85 (27.08)	
64	Scott Groel	18	West Morris YMCA	1:58.84	1:57.88
	25.41	54.05 (28.64)	1:29.79 (35.74)	1:57.88 (28.09)	
65	Tyler Szarko	18	Catonsville MD YMCA	1:58.30	1:58.07
	25.30	55.21 (29.91)	1:29.69 (34.48)	1:58.07 (28.38)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
66	Andrew Yunker	14	Greater Flint YMCA	1:58.02	1:58.08
	24.84	54.17 (29.33)	1:31.01 (36.84)	1:58.08 (27.07)	
67	Joseph Aburahma	17	Huntington WV YMCA	1:58.45	1:58.13
	24.35	54.58 (30.23)	1:30.04 (35.46)	1:58.13 (28.09)	
68	Christopher Meyers	15	Schroeder YMCA	1:59.44	1:58.18
	26.29	55.85 (29.56)	1:30.16 (34.31)	1:58.18 (28.02)	
69	Austin Taylor	16	Wyckoff Family YMCA Inc	1:58.26	1:58.26
	24.92	54.54 (29.62)	1:30.99 (36.45)	1:58.26 (27.27)	
70	Sean Dunne	14	Red Bank Branch	2:00.87	1:58.27
	25.36	56.34 (30.98)	1:31.13 (34.79)	1:58.27 (27.14)	
71	Robbie Duran	17	Orlando YMCA	1:57.15	1:58.32
	25.57	55.28 (29.71)	1:30.83 (35.55)	1:58.32 (27.49)	
72	Stephen Melchiorre	17	Riverfront Branch YMCA	1:58.93	1:58.39
	25.01	53.58 (28.57)	1:29.70 (36.12)	1:58.39 (28.69)	
73	Connor Yoo	16	Upper Main Line YMCA	1:57.93	1:58.43
	24.74	55.50 (30.76)	1:30.50 (35.00)	1:58.43 (27.93)	
74	Frank Cuzzola	18	Somerset Valley YMCA	2:20.08L	1:58.44
	24.73	55.72 (30.99)	1:31.38 (35.66)	1:58.44 (27.06)	
75	Cody Wei	15	Tampa Metro YMCA	1:58.90	1:58.70
	25.84	55.22 (29.38)	1:30.37 (35.15)	1:58.70 (28.33)	
76	Brock Jackson	18	State YMCA of Michigan (Sturgi	1:56.72	1:58.71
	24.97	54.40 (29.43)	1:30.30 (35.90)	1:58.71 (28.41)	
77	Chris Morales	18	Wyckoff Family YMCA Inc	1:59.56	1:58.84
	25.12	55.19 (30.07)	1:31.58 (36.39)	1:58.84 (27.26)	
78	Matt Torres	17	Sarasota Family YMCA, Inc	1:58.03	1:58.97
	25.58	55.26 (29.68)	1:31.36 (36.10)	1:58.97 (27.61)	
79	Ryan Fortin	15	Andover/North Andover YMCA	1:58.61	1:59.00
	24.55	55.42 (30.87)	1:30.54 (35.12)	1:59.00 (28.46)	
80	Matt McNamara	14	South Oakland Family YMCA	1:59.49	1:59.04
	26.50	56.96 (30.46)	1:29.42 (32.46)	1:59.04 (29.62)	
*81	Jake Campbell	17	Farmington Family YMCA	1:58.00	1:59.05
	25.64	54.42 (28.78)	1:30.55 (36.13)	1:59.05 (28.50)	
*81	Dylan Cummings	16	Wyckoff Family YMCA Inc	1:59.53	1:59.05
	26.38	56.63 (30.25)	1:31.35 (34.72)	1:59.05 (27.70)	
83	Brian Batson	18	Down East Family YMCA	1:58.68	1:59.22
	25.07	54.71 (29.64)	1:31.35 (36.64)	1:59.22 (27.87)	
*84	James Sturner	17	Tri-Hampton Family Branch YMC	2:00.49	1:59.31
	26.19	57.39 (31.20)	1:30.64 (33.25)	1:59.31 (28.67)	
*84	Dan Mangan	17	Wilton Family YMCA	2:00.74	1:59.31
	25.11	55.03 (29.92)	1:30.24 (35.21)	1:59.31 (29.07)	
86	Nick Evans	18	North Oakland Family YMCA	1:57.05	1:59.47
	25.04	55.77 (30.73)	1:32.68 (36.91)	1:59.47 (26.79)	
87	Evan Mahoney	14	Ocean County YMCA	2:01.15	1:59.54
	25.78	56.82 (31.04)	1:31.08 (34.26)	1:59.54 (28.46)	
88	Victor Luo	14	Somerset Valley YMCA	2:00.14	1:59.57
	26.59	55.37 (28.78)	1:30.49 (35.12)	1:59.57 (29.08)	
89	Patrick Gilbreath	17	Tampa Metro YMCA	1:57.40	1:59.82
	25.56	57.22 (31.66)	1:31.65 (34.43)	1:59.82 (28.17)	
90	Evan Paulan	17	Fanwood-Scotch Plains YMCA	2:01.19	1:59.89
	25.31	56.41 (31.10)	1:30.99 (34.58)	1:59.89 (28.90)	
91	AJ Burt	16	Powel Crosley Jr. YMCA	1:59.88	2:00.01
	26.09	57.50 (31.41)	1:31.87 (34.37)	2:00.01 (28.14)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 200 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
92	Gregory Taplin	17	Edwardsville YMCA	1:59.28	2:00.07
	25.44	56.26 (30.82)	1:30.45 (34.19)	2:00.07 (29.62)	
93	Ryan Walker	17	Fanwood-Scotch Plains YMCA	2:01.01	2:00.17
	25.98	56.23 (30.25)	1:31.43 (35.20)	2:00.17 (28.74)	
94	Phillip Jacques	17	Bath Area Family YMCA	1:59.16	2:00.33
	25.27	54.33 (29.06)	1:30.75 (36.42)	2:00.33 (29.58)	
95	Andrew Hiss	17	Western Monmouth Co. YMCA	2:00.45	2:00.47
	25.96	56.37 (30.41)	1:32.35 (35.98)	2:00.47 (28.12)	
96	Jason Castillo	17	Schroeder YMCA	1:59.59	2:00.52
	26.45	57.12 (30.67)	1:31.72 (34.60)	2:00.52 (28.80)	
97	Travis Bohn	15	West Shore YMCA	2:00.60	2:00.56
	26.91	55.99 (29.08)	1:33.35 (37.36)	2:00.56 (27.21)	
98	Ian Carbone	17	Mount Desert Island YMCA	1:59.11	2:00.78
	27.07	57.96 (30.89)	1:32.00 (34.04)	2:00.78 (28.78)	
99	Illya Prikhodko	16	Orlando YMCA	2:00.12	2:00.83
	25.28	56.04 (30.76)	1:32.91 (36.87)	2:00.83 (27.92)	
100	John Keough	17	Upper Main Line YMCA	2:00.17	2:00.96
	25.52	56.03 (30.51)	1:32.67 (36.64)	2:00.96 (28.29)	
101	Daniel Schmitz	17	South Family YMCA-Kettering	1:59.20	2:01.03
	25.30	56.12 (30.82)	1:32.74 (36.62)	2:01.03 (28.29)	
102	Philip Kang	14	Montclair YMCA	1:59.98	2:01.06
	25.88	55.31 (29.43)	1:32.20 (36.89)	2:01.06 (28.86)	
103	Patrick Foos	17	Blue Ash Branch YMCA	2:00.95	2:01.10
	24.86	56.55 (31.69)	1:30.84 (34.29)	2:01.10 (30.26)	
104	Andrew Sumnicht	17	Green Bay YMCA Metro	1:59.18	2:01.20
	25.43	57.46 (32.03)	1:33.32 (35.86)	2:01.20 (27.88)	
105	Andrew Keriazes	17	Springfield Family YMCA	1:58.02	2:01.27
	25.90	56.91 (31.01)	1:31.65 (34.74)	2:01.27 (29.62)	
106	Ross Gormley	18	New Canaan Community YMCA	2:18.74L	2:01.33
	25.94	56.47 (30.53)	1:32.91 (36.44)	2:01.33 (28.42)	
107	Alex DeLakis	14	Eau Claire Wisconsin YMCA	1:58.91	2:01.52
	26.17	58.78 (32.61)	1:32.95 (34.17)	2:01.52 (28.57)	
108	Charles Wu	16	Red Bank Branch	1:59.60	2:01.55
	26.50	56.11 (29.61)	1:32.89 (36.78)	2:01.55 (28.66)	
109	Mitch Alters	15	North Canton Community YMCA	1:58.99	2:01.62
	25.58	57.37 (31.79)	1:33.70 (36.33)	2:01.62 (27.92)	
110	Ryan Woltornist	16	Sunbury Branch YMCA	2:00.72	2:01.65
	26.95	57.89 (30.94)	1:32.03 (34.14)	2:01.65 (29.62)	
111	Ryan Bacci	16	Flushing YMCA	2:00.56	2:01.88
	26.37	57.89 (31.52)	1:33.68 (35.79)	2:01.88 (28.20)	
112	Tyler Nuss	17	Great Miami Valley Ohio YMCA	1:59.43	2:01.98
	25.66	57.07 (31.41)	1:33.02 (35.95)	2:01.98 (28.96)	
113	Chadd Lee	17	Bloomsburg Area YMCA	1:59.36	2:02.13
	25.45	55.91 (30.46)	1:32.61 (36.70)	2:02.13 (29.52)	
114	Kevin Hughes	19	Triangle Area YMCA	1:59.67	2:02.17
	25.66	57.08 (31.42)	1:32.04 (34.96)	2:02.17 (30.13)	
115	Matt Morgan	18	Westfield YMCA	2:01.36	2:02.21
	26.26	57.50 (31.24)	1:32.83 (35.33)	2:02.21 (29.38)	
116	Brian Power	17	Westport/Weston CT YMCA	2:00.65	2:02.28
	26.76	58.47 (31.71)	1:32.96 (34.49)	2:02.28 (29.32)	
117	Nick Keenan	16	Glens Falls YMCA	1:58.24	2:02.35
	26.35	57.59 (31.24)	1:33.36 (35.77)	2:02.35 (28.99)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 200 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
118 Kyle Grosman	17	Lakeland Hills Family YMCA	2:00.28	2:02.39
25.54	56.18 (30.64)	1:32.81 (36.63)	2:02.39 (29.58)	
119 Jake Iotte	14	Fox Cities YMCA	2:00.46	2:02.53
27.77	58.99 (31.22)	1:33.29 (34.30)	2:02.53 (29.24)	
120 Atahan Yaya	17	Tuscarawas County YMCA	2:01.46	2:02.71
25.73	56.44 (30.71)	1:32.35 (35.91)	2:02.71 (30.36)	
121 Austin Byrd	15	Eau Claire Wisconsin YMCA	1:59.63	2:02.90
26.06	57.93 (31.87)	1:34.73 (36.80)	2:02.90 (28.17)	
122 Timothy Healy	17	Wyckoff Family YMCA Inc	2:00.82	2:02.92
25.28	57.23 (31.95)	1:36.21 (38.98)	2:02.92 (26.71)	
123 Alex Keller	14	Fayette County Family YMCA	1:59.80	2:02.94
26.28	57.53 (31.25)	1:33.62 (36.09)	2:02.94 (29.32)	
124 Adam Hunter	16	Wilmington YMCA - NC	2:00.74	2:03.08
26.51	57.09 (30.58)	1:34.75 (37.66)	2:03.08 (28.33)	
125 Ian Ballantyne	14	Bismarck YMCA	1:58.55	2:03.10
26.12	56.56 (30.44)	1:32.19 (35.63)	2:03.10 (30.91)	
126 Josh Kinney	17	Fox Cities YMCA	1:58.50	2:03.29
25.71	58.54 (32.83)	1:33.51 (34.97)	2:03.29 (29.78)	
127 Robbie Biskup	16	Birmingham Family YMCA	2:01.03	2:03.34
26.00	57.59 (31.59)	1:33.77 (36.18)	2:03.34 (29.57)	
128 Patrick Malone	17	Riverfront Branch YMCA	2:01.03	2:03.55
26.15	56.16 (30.01)	1:33.94 (37.78)	2:03.55 (29.61)	
129 Alex Bryson	16	Fox Cities YMCA	2:00.68	2:03.61
27.29	58.07 (30.78)	1:35.00 (36.93)	2:03.61 (28.61)	
130 Tyler Revels	18	Sarasota Family YMCA, Inc	2:19.52L	2:03.73
25.96	57.63 (31.67)	1:34.01 (36.38)	2:03.73 (29.72)	
131 Adam Vogel	16	Boyertown Area YMCA	2:00.71	2:03.80
25.64	58.03 (32.39)	1:34.78 (36.75)	2:03.80 (29.02)	
132 Stew Conard	18	Hatboro Area YMCA	2:00.43	2:04.60
25.83	55.71 (29.88)	1:33.51 (37.80)	2:04.60 (31.09)	
133 Marshall Lambert	16	Boyertown Area YMCA	1:59.00	2:05.47
26.69	1:00.85 (34.16)	1:36.05 (35.20)	2:05.47 (29.42)	
134 Dylan Heer	17	Northern Middlesex County YMC	1:59.81	2:05.55
27.22	1:00.03 (32.81)	1:35.53 (35.50)	2:05.55 (30.02)	
135 Christopher DePietro	15	Lancaster & Fairfield YMCA	2:00.87	2:05.62
27.42	58.29 (30.87)	1:36.18 (37.89)	2:05.62 (29.44)	
136 Michael Weber	18	Vermilion Family YMCA	2:00.47	2:06.36
27.70	1:01.94 (34.24)	1:37.75 (35.81)	2:06.36 (28.61)	
137 Matt McKee	18	Countryside Ralph Stolle YMCA.	1:57.80	2:06.67
26.18	59.35 (33.17)	1:36.80 (37.45)	2:06.67 (29.87)	
138 Alex Wood	16	Birmingham Family YMCA	1:58.87	2:09.09
26.88	59.18 (32.30)	1:37.50 (38.32)	2:09.09 (31.59)	
--- Colton Spark	16	Middle Tyger YMCA	2:00.11	DQ
--- Jason Ho	17	Riverfront Branch YMCA	1:57.73	DQ
Scissors kick - fly				
24.51	54.84 (30.33)	1:30.02 (35.18)	DQ (29.03)	
--- Riley Bouchard	17	Orlando YMCA	1:59.68	DQ
Non-continuous turning action - back				
25.74	56.51 (30.77)	1:30.37 (33.86)	DQ (26.94)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Men 400 Yard IM Time Trial Swimming Competition**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Peter Bihl	17	Waynesboro Family YMCA	4:32.79	4:16.85
27.29	58.33 (31.04)	1:32.10 (33.77)	2:05.33 (33.23)	
2:41.14 (35.81)	3:17.79 (36.65)	3:47.70 (29.91)	4:16.85 (29.15)	
2 David White	17	Hunterdon County YMCA	4:35.56	4:18.03
26.65	56.49 (29.84)	1:31.34 (34.85)	2:05.10 (33.76)	
2:42.03 (36.93)	3:18.52 (36.49)	3:48.95 (30.43)	4:18.03 (29.08)	
3 Timothy Lattimer	15	Wilton Family YMCA	4:22.00	4:19.84
27.45	58.26 (30.81)	1:31.73 (33.47)	2:04.34 (32.61)	
2:40.68 (36.34)	3:18.14 (37.46)	3:49.39 (31.25)	4:19.84 (30.45)	
4 Patrick Malone	17	Riverfront Branch YMCA	4:25.83	4:21.49
27.35	58.58 (31.23)	1:31.53 (32.95)	2:03.51 (31.98)	
2:41.81 (38.30)	3:20.72 (38.91)	3:51.59 (30.87)	4:21.49 (29.90)	
5 Alex Keller	14	Fayette County Family YMCA	4:24.32	4:21.91
27.79	1:00.69 (32.90)	1:33.93 (33.24)	2:06.79 (32.86)	
2:44.67 (37.88)	3:23.12 (38.45)	3:53.39 (30.27)	4:21.91 (28.52)	
6 John Keough	17	Upper Main Line YMCA	4:35.00	4:22.55
27.26	58.30 (31.04)	1:32.82 (34.52)	2:06.21 (33.39)	
2:44.29 (38.08)	3:23.68 (39.39)	3:53.53 (29.85)	4:22.55 (29.02)	
7 Andrew Jung	15	Montclair YMCA	4:41.46	4:22.60
25.76	54.70 (28.94)	1:27.05 (32.35)	1:59.58 (32.53)	
2:38.66 (39.08)	3:19.41 (40.75)	3:51.99 (32.58)	4:22.60 (30.61)	
8 Andrew Hiss	17	Western Monmouth Co. YMCA	4:22.15	4:22.77
27.81	1:00.48 (32.67)	1:33.63 (33.15)	2:07.25 (33.62)	
2:44.51 (37.26)	3:22.09 (37.58)	3:52.88 (30.79)	4:22.77 (29.89)	
9 Christian Jansson	17	Ridgewood NJ YMCA	4:34.96	4:23.02
27.77	59.01 (31.24)	1:33.31 (34.30)	2:07.29 (33.98)	
2:44.37 (37.08)	3:21.86 (37.49)	3:53.20 (31.34)	4:23.02 (29.82)	
10 Michael Bower	18	Mattoon Area Family YMCA	4:30.87	4:23.30
28.03	58.87 (30.84)	1:33.74 (34.87)	2:08.64 (34.90)	
2:44.16 (35.52)	3:21.34 (37.18)	3:53.68 (32.34)	4:23.30 (29.62)	
11 Brian Wilson	15	Harford County Family YMCA	4:33.64	4:23.93
27.18	58.20 (31.02)	1:31.00 (32.80)	2:04.07 (33.07)	
2:43.39 (39.32)	3:23.89 (40.50)	3:55.05 (31.16)	4:23.93 (28.88)	
12 Alex Naglich	15	Tri-Hampton Family Branch YMC	4:33.89	4:24.33
28.09	1:00.95 (32.86)	1:33.68 (32.73)	2:07.54 (33.86)	
2:47.10 (39.56)	3:26.76 (39.66)	3:56.08 (29.32)	4:24.33 (28.25)	
13 Alex Bryson	16	Fox Cities YMCA	4:24.44	4:24.55
28.77	1:01.95 (33.18)	1:35.69 (33.74)	2:08.98 (33.29)	
2:46.69 (37.71)	3:24.79 (38.10)	3:55.58 (30.79)	4:24.55 (28.97)	
14 Nathaniel Boley	13	Westport/Weston CT YMCA	4:23.00	4:25.46
28.36	1:01.06 (32.70)	1:35.07 (34.01)	2:07.45 (32.38)	
2:46.86 (39.41)	3:25.39 (38.53)	3:56.32 (30.93)	4:25.46 (29.14)	
15 Andrew McCollister	16	Rowan County YMCA	4:22.50	4:26.63
29.58	1:03.52 (33.94)	1:38.14 (34.62)	2:11.70 (33.56)	
2:47.94 (36.24)	3:24.47 (36.53)	3:56.55 (32.08)	4:26.63 (30.08)	
16 Timothy Ramos	17	Greater Holyoke YMCA	4:30.14	4:26.87
26.95	57.83 (30.88)	1:32.27 (34.44)	2:06.76 (34.49)	
2:45.80 (39.04)	3:25.61 (39.81)	3:57.06 (31.45)	4:26.87 (29.81)	
17 Eric Shuman	16	Western North Carolina YMCA	4:26.00	4:27.10
26.35	57.04 (30.69)	1:32.79 (35.75)	2:07.55 (34.76)	
2:46.60 (39.05)	3:26.83 (40.23)	3:57.40 (30.57)	4:27.10 (29.70)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**- Time Trial ... (Men 400 Yard IM Time Trial Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
18	Kenny Savage	16	Somerset Hills YMCA	4:24.35	4:27.86
	29.00	1:02.89 (33.89)	1:37.00 (34.11)	2:09.12 (32.12)	
	2:48.91 (39.79)	3:28.57 (39.66)	3:59.53 (30.96)	4:27.86 (28.33)	
19	Dylan Ludwick	15	Tri-Hampton Family Branch YMC	4:30.89	4:28.81
	28.76	1:02.79 (34.03)	1:38.37 (35.58)	2:13.46 (35.09)	
	2:51.36 (37.90)	3:29.84 (38.48)	4:00.30 (30.46)	4:28.81 (28.51)	
20	Mike Harmon	17	Chambersburg Memorial YMCA	4:24.86	4:29.27
	28.62	1:01.79 (33.17)	1:34.81 (33.02)	2:07.59 (32.78)	
	2:46.74 (39.15)	3:26.89 (40.15)	3:59.59 (32.70)	4:29.27 (29.68)	
21	Sam VanBuskirk	15	Rock Hill Area YMCA	4:24.75	4:29.32
	29.28	1:02.69 (33.41)	1:37.23 (34.54)	2:11.34 (34.11)	
	2:48.95 (37.61)	3:27.24 (38.29)	3:58.77 (31.53)	4:29.32 (30.55)	
22	Robby Mix	17	Lionville Community YMCA	4:39.04	4:29.56
	27.61	1:00.40 (32.79)	1:37.86 (37.46)	2:14.10 (36.24)	
	2:50.43 (36.33)	3:28.32 (37.89)	3:59.08 (30.76)	4:29.56 (30.48)	
23	Michael De Matos	17	Middle Tyger YMCA	4:36.99	4:31.58
	27.18	57.49 (30.31)	1:33.12 (35.63)	2:08.25 (35.13)	
	2:47.82 (39.57)	3:28.77 (40.95)	4:00.54 (31.77)	4:31.58 (31.04)	
24	Tommy Wolinski	15	Montclair YMCA	4:30.79	4:31.68
	29.33	1:04.54 (35.21)	1:40.02 (35.48)	2:14.15 (34.13)	
	2:53.44 (39.29)	3:33.01 (39.57)	4:03.24 (30.23)	4:31.68 (28.44)	
25	Cole Hogg	14	Greater Manchester YMCA	4:31.07	4:32.03
	27.97	59.71 (31.74)	1:34.58 (34.87)	2:09.53 (34.95)	
	2:50.23 (40.70)	3:32.11 (41.88)	4:03.10 (30.99)	4:32.03 (28.93)	
26	Justin Kostelnik	13	Laurel Highlands Regional YMCA	4:35.99	4:34.64
	27.77	1:00.73 (32.96)	1:34.98 (34.25)	2:08.33 (33.35)	
	2:48.99 (40.66)	3:31.36 (42.37)	4:04.13 (32.77)	4:34.64 (30.51)	
27	Ryan Woltornist	16	Sunbury Branch YMCA	4:29.98	4:34.74
	27.61	59.73 (32.12)	1:34.09 (34.36)	2:09.69 (35.60)	
	2:49.42 (39.73)	3:29.38 (39.96)	4:01.87 (32.49)	4:34.74 (32.87)	
28	Stew Conard	18	Hatboro Area YMCA	4:28.99	4:37.65
	27.29	1:00.01 (32.72)	1:34.44 (34.43)	2:09.48 (35.04)	
	2:50.05 (40.57)	3:31.97 (41.92)	4:04.88 (32.91)	4:37.65 (32.77)	
29	Tyler Ziegler	18	Brandywine YMCA -PA	5:04.23	4:38.63
	27.02	58.75 (31.73)	1:35.77 (37.02)	2:11.96 (36.19)	
	2:51.52 (39.56)	3:33.02 (41.50)	4:06.45 (33.43)	4:38.63 (32.18)	
30	Andy Lindstrom	18	Camp-Hay-Went-Ha YMCA	4:45.23	4:42.72
	28.31	1:02.16 (33.85)	1:38.46 (36.30)	2:14.97 (36.51)	
	2:55.02 (40.05)	3:35.23 (40.21)	4:09.38 (34.15)	4:42.72 (33.34)	
31	Brandon Sweetman	16	Cross Island YMCA	4:59.01	4:42.97
	26.87	58.94 (32.07)	1:34.84 (35.90)	2:10.83 (35.99)	
	2:51.86 (41.03)	3:34.38 (42.52)	4:09.79 (35.41)	4:42.97 (33.18)	
32	Marc McLaurin	19	Cross Island YMCA	4:59.01	4:49.41
	27.72	1:00.13 (32.41)	1:36.88 (36.75)	2:13.33 (36.45)	
	2:57.77 (44.44)	3:42.42 (44.65)	4:16.56 (34.14)	4:49.41 (32.85)	
---	Matt Morgan	18	Westfield YMCA	4:23.44	NS

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Men 400 Yard IM Swimming Competition**

National: 3:48.79 \* 4/16/2003 Michael Alexandrov

Champaign-

Name	Age	Team	Prelim Time	Finals Time
<b>A - Final</b>				
1 Woody Joye	17	Montgomery -East Branch YMCA	3:58.76	3:50.33
23.64	51.25 (27.61)	1:20.59 (29.34)	1:49.85 (29.26)	
2:23.94 (34.09)	2:57.73 (33.79)	3:25.01 (27.28)	3:50.33 (25.32)	
2 Andrew Grinalds	17	Westport/Weston CT YMCA	3:56.77	3:52.87
23.87	51.67 (27.80)	1:20.88 (29.21)	1:50.00 (29.12)	
2:23.23 (33.23)	2:57.48 (34.25)	3:25.88 (28.40)	3:52.87 (26.99)	
3 Mason Shaw	17	Spokane YMCA	3:58.80	3:55.21
25.45	54.31 (28.86)	1:25.99 (31.68)	1:56.87 (30.88)	
2:29.75 (32.88)	3:02.09 (32.34)	3:28.80 (26.71)	3:55.21 (26.41)	
4 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	4:00.61	3:56.48
25.11	53.92 (28.81)	1:25.09 (31.17)	1:55.78 (30.69)	
2:29.16 (33.38)	3:04.18 (35.02)	3:30.80 (26.62)	3:56.48 (25.68)	
5 Chris Kramer	18	York And York County YMCA	4:00.38	3:57.20
25.51	54.44 (28.93)	1:25.11 (30.67)	1:54.75 (29.64)	
2:28.89 (34.14)	3:03.24 (34.35)	3:31.15 (27.91)	3:57.20 (26.05)	
6 John Orban	18	Sarasota Family YMCA, Inc	4:02.41	3:59.06
25.30	54.29 (28.99)	1:25.18 (30.89)	1:55.75 (30.57)	
2:30.77 (35.02)	3:05.73 (34.96)	3:33.04 (27.31)	3:59.06 (26.02)	
7 Matt Salig	17	Lionville Community YMCA	4:02.71	3:59.08
24.89	53.15 (28.26)	1:24.76 (31.61)	1:55.61 (30.85)	
2:30.23 (34.62)	3:05.01 (34.78)	3:32.78 (27.77)	3:59.08 (26.30)	
8 Thomas Mershon	16	Upper Main Line YMCA	4:02.66	4:03.12
25.33	54.16 (28.83)	1:25.89 (31.73)	1:56.56 (30.67)	
2:32.59 (36.03)	3:08.68 (36.09)	3:36.20 (27.52)	4:03.12 (26.92)	
<b>B - Final</b>				
9 David Ingraham	16	Middle Tyger YMCA	4:04.20	3:58.95
24.49	52.62 (28.13)	1:23.11 (30.49)	1:52.46 (29.35)	
2:27.38 (34.92)	3:02.26 (34.88)	3:30.93 (28.67)	3:58.95 (28.02)	
10 Nathan Hart	17	Western North Carolina YMCA	4:02.79	4:01.01
25.23	53.93 (28.70)	1:24.88 (30.95)	1:55.82 (30.94)	
2:31.45 (35.63)	3:06.32 (34.87)	3:34.23 (27.91)	4:01.01 (26.78)	
11 Jason Brame	17	Lynchburg YMCA	4:03.91	4:01.11
25.83	54.53 (28.70)	1:25.92 (31.39)	1:56.10 (30.18)	
2:31.18 (35.08)	3:06.13 (34.95)	3:34.56 (28.43)	4:01.11 (26.55)	
12 Marty Rauch	17	Sarasota Family YMCA, Inc	4:04.05	4:01.43
25.15	54.25 (29.10)	1:24.55 (30.30)	1:54.53 (29.98)	
2:31.60 (37.07)	3:08.26 (36.66)	3:35.58 (27.32)	4:01.43 (25.85)	
13 Caleb Tuten	16	York And York County YMCA	4:04.50	4:02.76
26.71	56.24 (29.53)	1:27.68 (31.44)	1:58.93 (31.25)	
2:34.20 (35.27)	3:08.37 (34.17)	3:36.20 (27.83)	4:02.76 (26.56)	
14 Tom McKee	16	Brandywine -DE YMCA	4:04.08	4:03.23
25.87	55.39 (29.52)	1:25.60 (30.21)	1:55.45 (29.85)	
2:31.70 (36.25)	3:08.41 (36.71)	3:36.44 (28.03)	4:03.23 (26.79)	
15 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	4:03.98	4:03.54
24.75	54.36 (29.61)	1:24.88 (30.52)	1:55.13 (30.25)	
2:31.40 (36.27)	3:08.26 (36.86)	3:36.29 (28.03)	4:03.54 (27.25)	
16 Brendan Fortin	18	Andover/North Andover YMCA	4:03.61	4:03.80
26.05	55.29 (29.24)	1:27.75 (32.46)	1:59.17 (31.42)	
2:34.15 (34.98)	3:09.04 (34.89)	3:37.17 (28.13)	4:03.80 (26.63)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**C - Final ... (Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
<b>C - Final</b>				
17 Danny Crigler	17	Reading and Berks County YMCA	4:05.63	4:00.51
25.01	54.18 (29.17)	1:26.15 (31.97)	1:57.76 (31.61)	
2:31.99 (34.23)	3:06.11 (34.12)	3:33.71 (27.60)	4:00.51 (26.80)	
18 John Bushman	15	Green Bay YMCA Metro	4:07.05	4:02.62
26.14	55.60 (29.46)	1:26.45 (30.85)	1:57.49 (31.04)	
2:31.39 (33.90)	3:04.95 (33.56)	3:34.77 (29.82)	4:02.62 (27.85)	
19 Jared Kauffman	15	Middle Tyger YMCA	4:06.83	4:03.08
25.83	55.51 (29.68)	1:28.01 (32.50)	2:00.22 (32.21)	
2:33.30 (33.08)	3:07.44 (34.14)	3:36.14 (28.70)	4:03.08 (26.94)	
20 Leo Lim	14	Wyckoff Family YMCA Inc	4:04.87	4:03.47
25.37	54.86 (29.49)	1:25.89 (31.03)	1:56.31 (30.42)	
2:31.62 (35.31)	3:06.66 (35.04)	3:35.53 (28.87)	4:03.47 (27.94)	
21 Ted Millett	17	North Shore (Sterling) MA YMCA	4:06.24	4:03.65
26.04	55.77 (29.73)	1:28.03 (32.26)	1:59.40 (31.37)	
2:33.27 (33.87)	3:07.62 (34.35)	3:36.39 (28.77)	4:03.65 (27.26)	
22 Ty Perkins	18	South Family YMCA-Kettering	4:04.93	4:06.96
25.48	54.86 (29.38)	1:26.96 (32.10)	1:57.89 (30.93)	
2:34.03 (36.14)	3:10.92 (36.89)	3:39.62 (28.70)	4:06.96 (27.34)	
23 Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:06.70	4:09.37
26.55	56.63 (30.08)	1:28.91 (32.28)	2:00.74 (31.83)	
2:37.20 (36.46)	3:14.09 (36.89)	3:42.63 (28.54)	4:09.37 (26.74)	
24 Caleb Capozella	16	Green Bay YMCA Metro	4:07.43	4:16.87
26.53	57.21 (30.68)	1:29.48 (32.27)	2:01.93 (32.45)	
2:39.41 (37.48)	3:17.55 (38.14)	3:48.33 (30.78)	4:16.87 (28.54)	

**Men 400 Yard IM Swimming Competition**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Andrew Grinalds	17	Westport/Weston CT YMCA	3:52.63	3:56.77
24.61	53.36 (28.75)	1:22.86 (29.50)	1:51.84 (28.98)	
2:26.21 (34.37)	3:01.34 (35.13)	3:29.92 (28.58)	3:56.77 (26.85)	
2 Woody Joye	17	Montgomery -East Branch YMCA	3:52.89	3:58.76
24.59	53.10 (28.51)	1:23.46 (30.36)	1:53.43 (29.97)	
2:28.35 (34.92)	3:03.84 (35.49)	3:32.46 (28.62)	3:58.76 (26.30)	
3 Mason Shaw	17	Spokane YMCA	3:50.45	3:58.80
25.33	54.49 (29.16)	1:26.24 (31.75)	1:57.15 (30.91)	
2:30.04 (32.89)	3:03.07 (33.03)	3:31.90 (28.83)	3:58.80 (26.90)	
4 Chris Kramer	18	York And York County YMCA	3:57.29	4:00.38
25.93	55.75 (29.82)	1:26.28 (30.53)	1:56.06 (29.78)	
2:30.60 (34.54)	3:05.21 (34.61)	3:33.43 (28.22)	4:00.38 (26.95)	
5 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	3:54.31	4:00.61
26.19	55.26 (29.07)	1:26.15 (30.89)	1:57.05 (30.90)	
2:31.94 (34.89)	3:06.87 (34.93)	3:34.14 (27.27)	4:00.61 (26.47)	
6 John Orban	18	Sarasota Family YMCA, Inc	4:01.69	4:02.41
25.64	55.03 (29.39)	1:25.79 (30.76)	1:55.95 (30.16)	
2:31.75 (35.80)	3:07.96 (36.21)	3:35.73 (27.77)	4:02.41 (26.68)	
7 Thomas Mershon	16	Upper Main Line YMCA	4:12.65	4:02.66
24.76	53.45 (28.69)	1:24.37 (30.92)	1:54.61 (30.24)	
2:31.13 (36.52)	3:08.05 (36.92)	3:35.91 (27.86)	4:02.66 (26.75)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
8	Matt Salig	17	Lionville Community YMCA	4:01.29	4:02.71
	25.31	54.06 (28.75)	1:26.10 (32.04)	1:57.45 (31.35)	
	2:32.43 (34.98)	3:07.57 (35.14)	3:35.77 (28.20)	4:02.71 (26.94)	
9	Nathan Hart	17	Western North Carolina YMCA	4:05.56	4:02.79
	25.13	54.27 (29.14)	1:25.18 (30.91)	1:55.62 (30.44)	
	2:31.18 (35.56)	3:06.66 (35.48)	3:35.19 (28.53)	4:02.79 (27.60)	
10	Brendan Fortin	18	Andover/North Andover YMCA	4:06.32	4:03.61
	25.89	54.76 (28.87)	1:26.31 (31.55)	1:57.35 (31.04)	
	2:31.33 (33.98)	3:06.48 (35.15)	3:35.66 (29.18)	4:03.61 (27.95)	
11	Jason Brame	17	Lynchburg YMCA	4:04.36	4:03.91
	25.80	54.97 (29.17)	1:26.79 (31.82)	1:57.93 (31.14)	
	2:33.34 (35.41)	3:08.73 (35.39)	3:37.06 (28.33)	4:03.91 (26.85)	
12	Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	4:06.08	4:03.98
	25.42	54.86 (29.44)	1:25.81 (30.95)	1:56.43 (30.62)	
	2:32.55 (36.12)	3:09.13 (36.58)	3:37.38 (28.25)	4:03.98 (26.60)	
13	Marty Rauch	17	Sarasota Family YMCA, Inc	4:16.07	4:04.05
	25.17	54.57 (29.40)	1:24.91 (30.34)	1:55.50 (30.59)	
	2:32.77 (37.27)	3:10.13 (37.36)	3:37.85 (27.72)	4:04.05 (26.20)	
14	Tom McKee	16	Brandywine -DE YMCA	4:11.86	4:04.08
	25.88	55.47 (29.59)	1:26.09 (30.62)	1:56.21 (30.12)	
	2:31.77 (35.56)	3:08.63 (36.86)	3:36.97 (28.34)	4:04.08 (27.11)	
15	David Ingraham	16	Middle Tyger YMCA	3:59.53	4:04.20
	24.72	53.69 (28.97)	1:24.75 (31.06)	1:54.56 (29.81)	
	2:30.85 (36.29)	3:07.44 (36.59)	3:36.52 (29.08)	4:04.20 (27.68)	
16	Caleb Tuten	16	York And York County YMCA	4:05.74	4:04.50
	26.34	56.29 (29.95)	1:27.68 (31.39)	1:58.49 (30.81)	
	2:33.41 (34.92)	3:08.29 (34.88)	3:36.84 (28.55)	4:04.50 (27.66)	
17	Leo Lim	14	Wyckoff Family YMCA Inc	4:02.93	4:04.87
	25.35	54.74 (29.39)	1:26.05 (31.31)	1:56.63 (30.58)	
	2:33.50 (36.87)	3:08.17 (34.67)	3:37.13 (28.96)	4:04.87 (27.74)	
18	Ty Perkins	18	South Family YMCA-Kettering	4:08.23	4:04.93
	25.17	54.26 (29.09)	1:25.85 (31.59)	1:57.18 (31.33)	
	2:33.05 (35.87)	3:09.54 (36.49)	3:37.59 (28.05)	4:04.93 (27.34)	
19	Danny Crigler	17	Reading and Berks County YMCA	4:07.91	4:05.63
	25.18	54.74 (29.56)	1:27.11 (32.37)	1:58.85 (31.74)	
	2:33.98 (35.13)	3:09.48 (35.50)	3:37.71 (28.23)	4:05.63 (27.92)	
20	Zach Stephens	16	Sunbury Branch YMCA	4:16.83	4:05.66
	25.95	56.87 (30.92)	1:29.24 (32.37)	2:01.02 (31.78)	
	2:34.86 (33.84)	3:09.88 (35.02)	3:38.11 (28.23)	4:05.66 (27.55)	
21	Ted Millett	17	North Shore (Sterling) MA YMCA	4:04.63	4:06.24
	26.25	55.73 (29.48)	1:28.42 (32.69)	2:00.45 (32.03)	
	2:34.58 (34.13)	3:09.26 (34.68)	3:38.30 (29.04)	4:06.24 (27.94)	
22	Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:15.30	4:06.70
	26.23	55.64 (29.41)	1:27.48 (31.84)	1:59.36 (31.88)	
	2:35.77 (36.41)	3:12.26 (36.49)	3:40.07 (27.81)	4:06.70 (26.63)	
23	Jared Kauffman	15	Middle Tyger YMCA	4:13.32	4:06.83
	26.32	56.51 (30.19)	1:29.17 (32.66)	2:01.48 (32.31)	
	2:34.93 (33.45)	3:09.18 (34.25)	3:38.69 (29.51)	4:06.83 (28.14)	
24	John Bushman	15	Green Bay YMCA Metro	4:04.79	4:07.05
	26.50	56.28 (29.78)	1:27.60 (31.32)	1:59.31 (31.71)	
	2:34.29 (34.98)	3:09.62 (35.33)	3:39.25 (29.63)	4:07.05 (27.80)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
25	Caleb Capozella	16	Green Bay YMCA Metro	4:11.74	4:07.43
	26.22	55.73 (29.51)	1:26.85 (31.12)	1:58.08 (31.23)	
	2:33.22 (35.14)	3:09.53 (36.31)	3:38.68 (29.15)	4:07.43 (28.75)	
26	Alex Miller	17	M.E. Lyons (Anderson) YMCA	4:10.35	4:07.46
	25.89	55.01 (29.12)	1:28.40 (33.39)	2:00.52 (32.12)	
	2:36.59 (36.07)	3:12.83 (36.24)	3:40.85 (28.02)	4:07.46 (26.61)	
27	Ryan Carey	18	Reading and Berks County YMCA	4:03.61	4:07.60
	25.42	54.41 (28.99)	1:25.93 (31.52)	1:56.76 (30.83)	
	2:33.00 (36.24)	3:09.65 (36.65)	3:39.05 (29.40)	4:07.60 (28.55)	
28	Connor Beaulieu	16	Laurel East Hartford YMCA	4:56.04L	4:08.25
	26.55	57.20 (30.65)	1:28.26 (31.06)	1:59.77 (31.51)	
	2:34.06 (34.29)	3:09.77 (35.71)	3:39.74 (29.97)	4:08.25 (28.51)	
29	Tyler Lareau	17	North Shore (Sterling) MA YMCA	4:11.64	4:09.08
	25.95	55.08 (29.13)	1:25.77 (30.69)	1:56.97 (31.20)	
	2:34.39 (37.42)	3:13.04 (38.65)	3:41.57 (28.53)	4:09.08 (27.51)	
30	Cameron Weaver	17	Greater Flint YMCA	4:10.76	4:09.15
	26.33	56.17 (29.84)	1:28.55 (32.38)	2:00.32 (31.77)	
	2:34.70 (34.38)	3:09.85 (35.15)	3:39.54 (29.69)	4:09.15 (29.61)	
31	Andrew Yunker	14	Greater Flint YMCA	4:13.30	4:09.59
	25.74	54.38 (28.64)	1:26.01 (31.63)	1:57.26 (31.25)	
	2:34.76 (37.50)	3:12.91 (38.15)	3:41.59 (28.68)	4:09.59 (28.00)	
32	Max Byers	15	Edwardsville YMCA	4:07.55	4:09.87
	26.93	57.47 (30.54)	1:30.07 (32.60)	2:01.85 (31.78)	
	2:36.53 (34.68)	3:11.74 (35.21)	3:41.23 (29.49)	4:09.87 (28.64)	
33	Jack Bremer	15	Anne Arundel County YMCA	4:13.81	4:10.24
	26.09	56.45 (30.36)	1:29.55 (33.10)	2:03.42 (33.87)	
	2:37.73 (34.31)	3:13.20 (35.47)	3:42.14 (28.94)	4:10.24 (28.10)	
34	Josh Jacobson	17	Edwardsville YMCA	4:53.11L	4:10.25
	25.57	54.98 (29.41)	1:27.15 (32.17)	1:58.09 (30.94)	
	2:33.51 (35.42)	3:10.32 (36.81)	3:40.69 (30.37)	4:10.25 (29.56)	
35	Stephen Raynes	16	Somerset Hills YMCA	4:07.86	4:10.27
	25.82	55.14 (29.32)	1:26.63 (31.49)	1:57.88 (31.25)	
	2:34.24 (36.36)	3:11.43 (37.19)	3:40.99 (29.56)	4:10.27 (29.28)	
36	Sean Drake	16	M.E. Lyons (Anderson) YMCA	4:18.81	4:10.37
	26.80	58.60 (31.80)	1:30.23 (31.63)	2:01.59 (31.36)	
	2:37.27 (35.68)	3:13.27 (36.00)	3:42.67 (29.40)	4:10.37 (27.70)	
37	Adam Lebovitz	17	Wilton Family YMCA	4:13.96	4:11.19
	26.51	56.44 (29.93)	1:27.64 (31.20)	1:57.80 (30.16)	
	2:35.40 (37.60)	3:13.15 (37.75)	3:42.22 (29.07)	4:11.19 (28.97)	
38	Carter Watson	16	Lynchburg YMCA	4:06.82	4:11.31
	25.91	56.42 (30.51)	1:28.10 (31.68)	1:59.69 (31.59)	
	2:36.73 (37.04)	3:14.39 (37.66)	3:43.16 (28.77)	4:11.31 (28.15)	
39	Eric Traub	16	Northwest Connecticut YMCA	4:15.66	4:11.65
	26.74	58.62 (31.88)	1:30.89 (32.27)	2:02.70 (31.81)	
	2:37.61 (34.91)	3:13.68 (36.07)	3:42.78 (29.10)	4:11.65 (28.87)	
40	Sean Monahan	16	M.E. Lyons (Anderson) YMCA	4:18.90	4:11.78
	28.07	59.60 (31.53)	1:30.65 (31.05)	2:00.73 (30.08)	
	2:37.79 (37.06)	3:15.60 (37.81)	3:44.45 (28.85)	4:11.78 (27.33)	
41	Andrew Guinther	17	Glens Falls YMCA	4:12.85	4:11.85
	26.39	57.36 (30.97)	1:31.41 (34.05)	2:04.77 (33.36)	
	2:40.18 (35.41)	3:15.43 (35.25)	3:44.11 (28.68)	4:11.85 (27.74)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
42	Matt Kendall	16	Somerset Valley YMCA	4:08.21	4:12.33
	26.89	57.36 (30.47)	1:29.91 (32.55)	2:01.64 (31.73)	
	2:37.45 (35.81)	3:14.39 (36.94)	3:44.02 (29.63)	4:12.33 (28.31)	
43	Yag Yuruker	17	Glens Falls YMCA	4:14.06	4:12.93
	24.99	54.47 (29.48)	1:28.63 (34.16)	2:02.17 (33.54)	
	2:39.26 (37.09)	3:16.82 (37.56)	3:45.32 (28.50)	4:12.93 (27.61)	
*44	Riley Bouchard	17	Orlando YMCA	4:18.00	4:13.48
	26.18	56.28 (30.10)	1:29.09 (32.81)	2:02.81 (33.72)	
	2:38.73 (35.92)	3:14.62 (35.89)	3:44.46 (29.84)	4:13.48 (29.02)	
*44	Patrick Hagar	17	Catonsville MD YMCA	4:13.27	4:13.48
	27.24	57.30 (30.06)	1:29.37 (32.07)	2:00.93 (31.56)	
	2:38.60 (37.67)	3:15.88 (37.28)	3:44.67 (28.79)	4:13.48 (28.81)	
46	Kirt Davis	16	Sarasota Family YMCA, Inc	4:51.73L	4:13.67
	27.29	58.00 (30.71)	1:29.52 (31.52)	2:00.74 (31.22)	
	2:37.56 (36.82)	3:15.98 (38.42)	3:45.43 (29.45)	4:13.67 (28.24)	
47	Christian Higgins	16	New Canaan Community YMCA	4:03.51	4:13.72
	26.11	56.58 (30.47)	1:30.61 (34.03)	2:04.20 (33.59)	
	2:37.65 (33.45)	3:12.98 (35.33)	3:44.12 (31.14)	4:13.72 (29.60)	
48	Greg Baliko	15	Fanwood-Scotch Plains YMCA	4:13.04	4:13.82
	25.89	55.86 (29.97)	1:28.82 (32.96)	2:01.63 (32.81)	
	2:36.56 (34.93)	3:13.35 (36.79)	3:44.03 (30.68)	4:13.82 (29.79)	
49	J Flanagan	18	Riverfront Branch YMCA	4:14.65	4:14.06
	24.47	52.52 (28.05)	1:25.15 (32.63)	1:59.18 (34.03)	
	2:35.65 (36.47)	3:13.23 (37.58)	3:44.22 (30.99)	4:14.06 (29.84)	
50	James Sturner	17	Tri-Hampton Family Branch YMC	4:15.99	4:14.24
	26.95	59.12 (32.17)	1:31.81 (32.69)	2:05.19 (33.38)	
	2:40.88 (35.69)	3:15.78 (34.90)	3:45.89 (30.11)	4:14.24 (28.35)	
51	Parker Baisden	16	Phoenixville Branch YMCA	4:15.99	4:14.40
	26.19	56.15 (29.96)	1:29.91 (33.76)	2:02.25 (32.34)	
	2:40.82 (38.57)	3:18.64 (37.82)	3:47.63 (28.99)	4:14.40 (26.77)	
52	Kyle Doxtater	15	Mid-Delmarva Family YMCA	4:08.18	4:14.60
	26.29	56.92 (30.63)	1:30.13 (33.21)	2:02.62 (32.49)	
	2:39.13 (36.51)	3:16.15 (37.02)	3:45.83 (29.68)	4:14.60 (28.77)	
53	Matt Torres	17	Sarasota Family YMCA, Inc	4:15.66	4:14.62
	26.36	56.30 (29.94)	1:29.18 (32.88)	2:00.80 (31.62)	
	2:38.60 (37.80)	3:16.31 (37.71)	3:46.35 (30.04)	4:14.62 (28.27)	
54	Bart Platow	17	Westport/Weston CT YMCA	4:21.71	4:14.69
	26.81	57.28 (30.47)	1:29.98 (32.70)	2:01.45 (31.47)	
	2:39.80 (38.35)	3:18.60 (38.80)	3:47.63 (29.03)	4:14.69 (27.06)	
55	Matthew Kaminske	18	Sarasota Family YMCA, Inc	4:19.03	4:14.81
	28.36	59.23 (30.87)	1:31.93 (32.70)	2:02.40 (30.47)	
	2:41.78 (39.38)	3:20.37 (38.59)	3:48.19 (27.82)	4:14.81 (26.62)	
56	Alexander Robinson	17	Goldsboro Family YMCA	4:16.69	4:14.93
	27.22	58.13 (30.91)	1:31.41 (33.28)	2:03.94 (32.53)	
	2:40.56 (36.62)	3:17.25 (36.69)	3:46.88 (29.63)	4:14.93 (28.05)	
57	J Key	16	Western North Carolina YMCA	4:20.54	4:15.16
	26.49	57.98 (31.49)	1:31.82 (33.84)	2:04.86 (33.04)	
	2:40.91 (36.05)	3:17.52 (36.61)	3:46.86 (29.34)	4:15.16 (28.30)	
*58	Connor Yoo	16	Upper Main Line YMCA	4:19.93	4:15.28
	25.44	55.04 (29.60)	1:28.14 (33.10)	2:00.79 (32.65)	
	2:36.81 (36.02)	3:14.15 (37.34)	3:44.83 (30.68)	4:15.28 (30.45)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
*58 Chris Morales	18	Wyckoff Family YMCA Inc	4:15.61	4:15.28
26.45	56.77 (30.32)	1:30.22 (33.45)	2:02.14 (31.92)	
2:39.97 (37.83)	3:18.89 (38.92)	3:47.45 (28.56)	4:15.28 (27.83)	
60 Jake Irmiter	17	Rock Hill Area YMCA	4:15.17	4:15.61
26.49	56.94 (30.45)	1:29.29 (32.35)	2:00.95 (31.66)	
2:39.97 (39.02)	3:18.33 (38.36)	3:47.34 (29.01)	4:15.61 (28.27)	
61 JR Creekmore	16	Brandywine -DE YMCA	4:21.65	4:16.22
27.34	58.94 (31.60)	1:31.11 (32.17)	2:02.28 (31.17)	
2:40.31 (38.03)	3:19.48 (39.17)	3:48.36 (28.88)	4:16.22 (27.86)	
62 Carter Head	15	Lynchburg YMCA	4:19.70	4:16.46
27.23	58.02 (30.79)	1:31.86 (33.84)	2:05.06 (33.20)	
2:41.22 (36.16)	3:18.16 (36.94)	3:48.04 (29.88)	4:16.46 (28.42)	
63 Peter KO	17	Ridgewood NJ YMCA	4:10.22	4:16.47
26.68	57.92 (31.24)	1:29.28 (31.36)	2:00.93 (31.65)	
2:38.57 (37.64)	3:16.61 (38.04)	3:46.74 (30.13)	4:16.47 (29.73)	
64 Kemp Pettyjohn	16	Lynchburg YMCA	4:12.12	4:16.48
26.13	57.12 (30.99)	1:29.73 (32.61)	2:01.06 (31.33)	
2:40.26 (39.20)	3:18.55 (38.29)	3:48.00 (29.45)	4:16.48 (28.48)	
65 Austin Byrd	15	Eau Claire Wisconsin YMCA	4:18.37	4:16.63
26.01	57.08 (31.07)	1:29.83 (32.75)	2:01.56 (31.73)	
2:39.64 (38.08)	3:17.67 (38.03)	3:47.95 (30.28)	4:16.63 (28.68)	
66 Daniel Aberle	17	Catawba Valley YMCA	4:18.51	4:16.64
26.43	56.89 (30.46)	1:30.34 (33.45)	2:02.74 (32.40)	
2:40.29 (37.55)	3:17.80 (37.51)	3:47.90 (30.10)	4:16.64 (28.74)	
67 Stephen Melchiorre	17	Riverfront Branch YMCA	4:15.23	4:17.36
25.40	56.01 (30.61)	1:27.04 (31.03)	1:57.92 (30.88)	
2:36.16 (38.24)	3:16.62 (40.46)	3:47.71 (31.09)	4:17.36 (29.65)	
68 Caleb Williams	14	Lynchburg YMCA	4:17.21	4:17.40
26.85	57.41 (30.56)	1:28.97 (31.56)	2:00.61 (31.64)	
2:38.65 (38.04)	3:17.43 (38.78)	3:48.30 (30.87)	4:17.40 (29.10)	
69 Michael Gordon	15	Kishwaukee Family YMCA	4:17.37	4:17.53
25.90	55.51 (29.61)	1:27.49 (31.98)	2:00.46 (32.97)	
2:39.32 (38.86)	3:18.99 (39.67)	3:48.41 (29.42)	4:17.53 (29.12)	
70 Danny Collins	17	Flushing YMCA	4:16.53	4:17.67
26.97	58.15 (31.18)	1:30.85 (32.70)	2:03.37 (32.52)	
2:41.02 (37.65)	3:18.47 (37.45)	3:48.62 (30.15)	4:17.67 (29.05)	
71 Ryan Kauth	16	Western Monmouth Co. YMCA	4:19.89	4:17.75
26.81	57.40 (30.59)	1:31.28 (33.88)	2:04.27 (32.99)	
2:42.30 (38.03)	3:20.83 (38.53)	3:49.91 (29.08)	4:17.75 (27.84)	
72 Ross Gormley	18	New Canaan Community YMCA	4:18.63	4:17.86
27.27	57.87 (30.60)	1:30.64 (32.77)	2:02.86 (32.22)	
2:41.03 (38.17)	3:19.22 (38.19)	3:48.89 (29.67)	4:17.86 (28.97)	
73 Jonathan Burr	16	Laurel East Hartford YMCA	4:17.98	4:17.89
26.00	57.03 (31.03)	1:30.51 (33.48)	2:04.02 (33.51)	
2:41.94 (37.92)	3:20.65 (38.71)	3:50.10 (29.45)	4:17.89 (27.79)	
74 John Silvers	16	Sarasota Family YMCA, Inc	4:16.48	4:17.90
27.83	58.50 (30.67)	1:31.48 (32.98)	2:04.19 (32.71)	
2:43.95 (39.76)	3:23.09 (39.14)	3:51.06 (27.97)	4:17.90 (26.84)	
75 Brian Batson	18	Down East Family YMCA	4:13.90	4:18.17
26.09	56.62 (30.53)	1:29.66 (33.04)	2:03.75 (34.09)	
2:40.11 (36.36)	3:18.76 (38.65)	3:47.93 (29.17)	4:18.17 (30.24)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard IM Swimming Competition)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
76 Patrick Larrow	17	Greater Holyoke YMCA	4:21.83	4:18.82
27.52	58.77 (31.25)	1:32.24 (33.47)	2:05.67 (33.43)	
2:42.81 (37.14)	3:20.02 (37.21)	3:49.86 (29.84)	4:18.82 (28.96)	
77 Spencer Scarth	17	Wilton Family YMCA	4:11.54	4:18.86
26.27	56.76 (30.49)	1:29.50 (32.74)	2:02.14 (32.64)	
2:40.08 (37.94)	3:18.63 (38.55)	3:49.10 (30.47)	4:18.86 (29.76)	
78 Andrew Cook	16	Lynchburg YMCA	4:15.46	4:18.92
27.12	57.86 (30.74)	1:31.15 (33.29)	2:02.77 (31.62)	
2:41.66 (38.89)	3:21.29 (39.63)	3:50.72 (29.43)	4:18.92 (28.20)	
79 Fernando Gutierrez	16	Sarasota Family YMCA, Inc	4:17.86	4:18.96
27.36	57.89 (30.53)	1:31.00 (33.11)	2:03.21 (32.21)	
2:41.80 (38.59)	3:20.37 (38.57)	3:50.23 (29.86)	4:18.96 (28.73)	
80 Zach Johnson	19	Ashland Area YMCA	4:19.36	4:19.40
26.68	57.75 (31.07)	1:29.23 (31.48)	2:00.98 (31.75)	
2:39.14 (38.16)	3:19.46 (40.32)	3:49.78 (30.32)	4:19.40 (29.62)	
81 Philip Kang	14	Montclair YMCA	4:19.34	4:19.48
26.34	57.26 (30.92)	1:28.94 (31.68)	2:00.59 (31.65)	
2:39.61 (39.02)	3:18.64 (39.03)	3:49.21 (30.57)	4:19.48 (30.27)	
82 Christopher DePietro	15	Lancaster & Fairfield YMCA	4:21.06	4:19.99
28.58	59.81 (31.23)	1:32.47 (32.66)	2:05.34 (32.87)	
2:42.94 (37.60)	3:21.36 (38.42)	3:50.66 (29.30)	4:19.99 (29.33)	
83 Scott Groel	18	West Morris YMCA	4:18.74	4:20.52
26.92	57.54 (30.62)	1:30.38 (32.84)	2:02.98 (32.60)	
2:41.34 (38.36)	3:20.07 (38.73)	3:50.90 (30.83)	4:20.52 (29.62)	
84 Cody Wei	15	Tampa Metro YMCA	4:20.22	4:20.69
26.37	56.16 (29.79)	1:29.60 (33.44)	2:02.16 (32.56)	
2:38.91 (36.75)	3:17.21 (38.30)	3:49.42 (32.21)	4:20.69 (31.27)	
85 John Santoro	14	New Canaan Community YMCA	4:19.39	4:20.73
27.41	59.13 (31.72)	1:31.88 (32.75)	2:04.98 (33.10)	
2:41.85 (36.87)	3:19.67 (37.82)	3:50.44 (30.77)	4:20.73 (30.29)	
86 Thomas Bushman	15	Green Bay YMCA Metro	4:19.92	4:21.01
27.70	1:00.10 (32.40)	1:32.55 (32.45)	2:06.52 (33.97)	
2:43.78 (37.26)	3:21.62 (37.84)	3:51.85 (30.23)	4:21.01 (29.16)	
*87 Sean Murphy	17	Wyckoff Family YMCA Inc	4:19.93	4:21.13
27.47	59.42 (31.95)	1:32.56 (33.14)	2:05.19 (32.63)	
2:41.85 (36.66)	3:19.32 (37.47)	3:50.92 (31.60)	4:21.13 (30.21)	
*87 Josh Johnson	17	Ashland Area YMCA	4:18.76	4:21.13
27.65	59.32 (31.67)	1:34.14 (34.82)	2:07.76 (33.62)	
2:43.37 (35.61)	3:20.43 (37.06)	3:51.22 (30.79)	4:21.13 (29.91)	
89 Ryan Turner	15	West Shore YMCA	4:20.72	4:21.39
27.46	58.82 (31.36)	1:32.95 (34.13)	2:06.01 (33.06)	
2:46.27 (40.26)	3:25.92 (39.65)	3:54.43 (28.51)	4:21.39 (26.96)	
90 Phillip Jacques	17	Bath Area Family YMCA	4:18.50	4:21.41
26.04	56.85 (30.81)	1:30.19 (33.34)	2:03.02 (32.83)	
2:41.24 (38.22)	3:20.03 (38.79)	3:50.81 (30.78)	4:21.41 (30.60)	
91 AJ Burt	16	Powel Crosley Jr. YMCA	4:21.89	4:21.75
27.51	59.23 (31.72)	1:33.63 (34.40)	2:07.51 (33.88)	
2:44.42 (36.91)	3:21.81 (37.39)	3:52.76 (30.95)	4:21.75 (28.99)	
92 Adam Vogel	16	Boyertown Area YMCA	4:57.83L	4:22.11
25.71	55.90 (30.19)	1:29.58 (33.68)	2:03.37 (33.79)	
2:41.46 (38.09)	3:21.15 (39.69)	3:52.12 (30.97)	4:22.11 (29.99)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 400 Yard IM Swimming Competition)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
93	Kevin Posten	16	Greater Flint YMCA	4:21.09	4:22.24
	26.74	57.80 (31.06)	1:31.19 (33.39)	2:04.75 (33.56)	
	2:42.64 (37.89)	3:21.15 (38.51)	3:51.89 (30.74)	4:22.24 (30.35)	
94	Matt Daw	15	Triangle Area YMCA	4:21.70	4:22.28
	28.71	1:00.58 (31.87)	1:36.11 (35.53)	2:10.87 (34.76)	
	2:47.22 (36.35)	3:24.13 (36.91)	3:53.55 (29.42)	4:22.28 (28.73)	
95	Andrew Sumnicht	17	Green Bay YMCA Metro	4:17.59	4:22.88
	26.75	57.34 (30.59)	1:31.41 (34.07)	2:04.96 (33.55)	
	2:44.14 (39.18)	3:22.25 (38.11)	3:53.71 (31.46)	4:22.88 (29.17)	
96	Chris Nunez	16	Ridgewood NJ YMCA	4:19.90	4:23.27
	26.93	57.64 (30.71)	1:32.28 (34.64)	2:06.51 (34.23)	
	2:44.05 (37.54)	3:23.27 (39.22)	3:53.48 (30.21)	4:23.27 (29.79)	
97	Tyler Nuss	17	Great Miami Valley Ohio YMCA	4:17.44	4:23.30
	26.13	56.77 (30.64)	1:30.88 (34.11)	2:04.02 (33.14)	
	2:43.30 (39.28)	3:22.59 (39.29)	3:53.52 (30.93)	4:23.30 (29.78)	
98	Kevin Kelley	18	Burlington County YMCA	4:21.20	4:23.86
	26.28	58.20 (31.92)	1:34.15 (35.95)	2:10.01 (35.86)	
	2:46.21 (36.20)	3:24.09 (37.88)	3:54.21 (30.12)	4:23.86 (29.65)	
99	Jonathan Ciriello	17	Somerset Hills YMCA	4:21.62	4:24.80
	26.59	57.82 (31.23)	1:32.14 (34.32)	2:05.55 (33.41)	
	2:43.62 (38.07)	3:22.33 (38.71)	3:54.00 (31.67)	4:24.80 (30.80)	
100	Ian Delahunty	15	Middle Tyger YMCA	4:21.00	4:25.01
	27.39	58.43 (31.04)	1:32.20 (33.77)	2:05.62 (33.42)	
	2:44.91 (39.29)	3:24.63 (39.72)	3:55.11 (30.48)	4:25.01 (29.90)	
101	David Campbell	15	Riverfront Branch YMCA	4:20.83	4:25.58
	27.01	58.12 (31.11)	1:30.16 (32.04)	2:02.90 (32.74)	
	2:42.66 (39.76)	3:22.93 (40.27)	3:54.59 (31.66)	4:25.58 (30.99)	
102	Mike Cooke	17	Anne Arundel County YMCA	4:20.84	4:25.78
	27.23	59.08 (31.85)	1:31.73 (32.65)	2:05.02 (33.29)	
	2:42.95 (37.93)	3:23.12 (40.17)	3:54.66 (31.54)	4:25.78 (31.12)	
103	Christian Josephson	15	Countryside Ralph Stolle YMCA.	4:18.11	4:25.92
	25.58	57.62 (32.04)	1:32.10 (34.48)	2:07.09 (34.99)	
	2:45.46 (38.37)	3:24.92 (39.46)	3:55.49 (30.57)	4:25.92 (30.43)	
104	Aaron DuCharme	17	Greater Flint YMCA	4:20.27	4:25.97
	26.41	56.58 (30.17)	1:30.36 (33.78)	2:03.81 (33.45)	
	2:43.46 (39.65)	3:23.92 (40.46)	3:55.12 (31.20)	4:25.97 (30.85)	
105	Shane McKenzie	15	Tri-Hampton Family Branch YMC	4:21.61	4:26.24
	27.51	59.94 (32.43)	1:33.49 (33.55)	2:06.12 (32.63)	
	2:45.70 (39.58)	3:25.78 (40.08)	3:56.78 (31.00)	4:26.24 (29.46)	
106	Victor Luo	14	Somerset Valley YMCA	4:17.63	4:26.60
	27.80	59.20 (31.40)	1:31.99 (32.79)	2:04.62 (32.63)	
	2:43.62 (39.00)	3:23.13 (39.51)	3:54.96 (31.83)	4:26.60 (31.64)	
107	Braden Bouchard	16	Orlando YMCA	4:59.91 L	4:26.71
	27.60	1:02.38 (34.78)	1:34.81 (32.43)	2:08.02 (33.21)	
	2:47.64 (39.62)	3:28.30 (40.66)	3:56.98 (28.68)	4:26.71 (29.73)	
108	Chad Nowakowski	16	Lynchburg YMCA	4:19.42	4:26.96
	28.00	1:00.45 (32.45)	1:32.70 (32.25)	2:04.39 (31.69)	
	2:45.07 (40.68)	3:25.50 (40.43)	3:56.67 (31.17)	4:26.96 (30.29)	
109	Alex Fox	14	Winston Salem YMCA	4:20.44	4:27.26
	27.81	59.44 (31.63)	1:32.97 (33.53)	2:06.54 (33.57)	
	2:46.42 (39.88)	3:26.61 (40.19)	3:57.26 (30.65)	4:27.26 (30.00)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Preliminaries ... (Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
110 Jordan Lingo	16	Central Delaware YMCA	4:21.91	4:29.12
28.91	1:02.20 (33.29)	1:36.65 (34.45)	2:09.92 (33.27)	
2:48.64 (38.72)	3:27.61 (38.97)	3:58.93 (31.32)	4:29.12 (30.19)	
111 Eric Chung	16	Somerset Hills YMCA	4:20.44	4:30.85
26.93	57.55 (30.62)	1:31.95 (34.40)	2:06.13 (34.18)	
2:46.53 (40.40)	3:27.90 (41.37)	3:59.88 (31.98)	4:30.85 (30.97)	
112 Kevin Hong	15	Somerset Valley YMCA	4:21.95	4:31.96
28.72	1:01.92 (33.20)	1:36.68 (34.76)	2:11.36 (34.68)	
2:51.05 (39.69)	3:30.46 (39.41)	4:01.10 (30.64)	4:31.96 (30.86)	
--- Matt Navata	17	Montclair YMCA	4:02.33	DQ
Non-continuous turning action - back				
25.06	53.78 (28.72)	1:24.17 (30.39)	1:54.62 (30.45)	
2:28.25 (33.63)	3:02.96 (34.71)	3:31.90 (28.94)	DQ (27.68)	
--- Colton Spark	16	Middle Tyger YMCA	4:21.50	DQ
--- Bryan Stephan	18	Westport/Weston CT YMCA	4:21.33	DQ
--- Jonny Kleinhenz	17	Powel Crosley Jr. YMCA	4:16.91	DQ
Shoulders past vertical toward breast - back				
25.98	56.05 (30.07)	1:27.96 (31.91)	2:00.62 (32.66)	
2:38.93 (38.31)	3:18.47 (39.54)	3:48.92 (30.45)	DQ (28.65)	

**Men 200 Yard Freestyle Relay Swimming Competition**

National: 1:22.64 \* 4/8/2005 Wilton CT Wilton Family CT

P Baity, R Hannigan, A Trepp, J Sudbury

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Schroeder YMCA		1:24.69	1:23.03
1) Ryan Hansen 17	2) Mitchell Friedemann 16	3) William Colbert 17	4) Francisco Vital 17
21.38	41.30 (19.92)	1:02.03 (20.73)	1:23.03 (21.00)
2 Riverfront Branch YMCA		1:23.69	1:23.48
1) Jeffrey Rowe 17	2) Gregory Mahon 18	3) Paul Maneri 17	4) Adam Schneider 17
21.57	41.82 (20.25)	1:02.72 (20.90)	1:23.48 (20.76)
3 Triangle Area YMCA		1:25.55	1:24.09
1) Dominick Glavich 15	2) Joe Bonk 15	3) Kevin Rogers 16	4) Matt Taylor 17
21.47	42.33 (20.86)	1:03.18 (20.85)	1:24.09 (20.91)
4 Red Bank Branch		1:25.02	1:24.80
1) Charles Pataffi 18	2) Harrison Cefalo 16	3) Greg Daniele 17	4) Alex Fitton 18
20.91	42.34 (21.43)	1:03.91 (21.57)	1:24.80 (20.89)
5 New Canaan Community YM		1:25.05	1:24.84
1) Dan Sweeney 18	2) Evan Ciecimirski 17	3) Jay Margherio 18	4) Sasan Tehrani 17
21.15	42.74 (21.59)	1:03.92 (21.18)	1:24.84 (20.92)
6 Montgomery -East Branch YN		1:25.74	1:24.89
1) Jake Reynolds 18	2) Austin Abigt 17	3) Brad Powell 18	4) Woody Joye 17
20.85	42.48 (21.63)	1:04.23 (21.75)	1:24.89 (20.66)
7 Bath Area Family YMCA		1:25.13	1:24.95
1) Won Ho Chang 17	2) James Wells 17	3) Ian Nichols 18	4) Phillip Jacques 17
21.43	41.63 (20.20)	1:03.46 (21.83)	1:24.95 (21.49)
8 Sunbury Branch YMCA		1:24.70	1:24.98
1) Mike Wallace 18	2) Alexander Moser 16	3) Zach Stephens 16	4) Dustin Folio 18
21.16	42.95 (21.79)	1:04.50 (21.55)	1:24.98 (20.48)
<b>B - Final</b>			
9 Brandywine -DE YMCA		1:26.01	1:25.02
1) Curtis Ramsey 18	2) Tom McKee 16	3) Ricky Agresta 16	4) Dylan Coggin 18
21.60	42.83 (21.23)	1:03.77 (20.94)	1:25.02 (21.25)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 200 Yard Freestyle Relay Swimming Competition)**

Team	Relay	Prelim Time	Finals Time
*10 Middle Tyger YMCA		1:25.98	1:25.48
1) David Ingraham 16	2) Garrett Snipes 17	3) Konrad Opuszko 17	4) Graham Kauffman 17
21.57	42.80 (21.23)	1:04.78 (21.98)	1:25.48 (20.70)
*10 B.R. Ryall (Northwestern Duf		1:25.90	1:25.48
1) Nick Iwanicki 18	2) Thomas Delves 18	3) Brian Sivak 18	4) Kevin Mihic 18
21.79	43.13 (21.34)	1:04.21 (21.08)	1:25.48 (21.27)
12 West Shore YMCA		1:26.43	1:25.94
1) Austin Bohn 17	2) Eddie Lanoue 17	3) Eric Naylor 17	4) Steven Gasparini 16
22.13	43.37 (21.24)	1:05.16 (21.79)	1:25.94 (20.78)
13 Sarasota Family YMCA, Inc		1:26.42	1:26.06
1) Nicholas Caldwell 15	2) Kirt Davis 16	3) Tim Bradley 17	4) Patrick Ceddia 17
21.84	43.77 (21.93)	1:05.13 (21.36)	1:26.06 (20.93)
14 Somerset Valley YMCA		1:26.36	1:26.10
1) David Wilson 18	2) Frank Cuzzola 18	3) Brian Barr 16	4) Robert Parker 17
21.93	43.03 (21.10)	1:05.00 (21.97)	1:26.10 (21.10)
15 Lakeland Hills Family YMCA		1:26.46	1:26.13
1) Karl Mayer 17	2) Jordan Stillman 17	3) Kyle Grosman 17	4) Michael McElduff 16
22.14	43.31 (21.17)	1:05.25 (21.94)	1:26.13 (20.88)
16 Green Bay YMCA Metro		1:26.15	1:26.45
1) Caleb Capozella 16	2) Luke Bushman 18	3) Christophe Vandervest 18	4) Andrew Sumnicht 17
22.00	43.19 (21.19)	1:04.80 (21.61)	1:26.45 (21.65)

**Men 200 Yard Freestyle Relay Swimming Competition**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Riverfront Branch YMCA		1:25.15	1:23.69
1) Jeffrey Rowe 17	2) Gregory Mahon 18	3) Paul Maneri 17	4) Adam Schneider 17
21.40	42.03 (20.63)	1:03.01 (20.98)	1:23.69 (20.68)
2 Schroeder YMCA		1:25.99	1:24.69
1) Ryan Hansen 17	2) Mitchell Friedemann 16	3) William Colbert 17	4) Graham Charlton 17
21.83	41.97 (20.14)	1:03.14 (21.17)	1:24.69 (21.55)
3 Sunbury Branch YMCA		1:29.11	1:24.70
1) Mike Wallace 18	2) Alexander Moser 16	3) Zach Stephens 16	4) Dustin Folio 18
21.14	42.76 (21.62)	1:04.07 (21.31)	1:24.70 (20.63)
4 Red Bank Branch		1:26.14	1:25.02
1) Charles Pataffi 18	2) Harrison Cefalo 16	3) Greg Daniele 17	4) Alex Fitton 18
21.22	42.31 (21.09)	1:03.97 (21.66)	1:25.02 (21.05)
5 New Canaan Community YM		1:28.29	1:25.05
1) Dan Sweeney 18	2) Evan Ciecimirski 17	3) Jay Margherio 18	4) Sasan Tehrani 17
21.12	42.73 (21.61)	1:03.96 (21.23)	1:25.05 (21.09)
6 Bath Area Family YMCA		1:26.99	1:25.13
1) James Wells 17	2) Won Ho Chang 17	3) Phillip Jacques 17	4) Ian Nichols 18
20.73	41.68 (20.95)	1:03.38 (21.70)	1:25.13 (21.75)
7 Triangle Area YMCA		1:25.42	1:25.55
1) Joe Bonk 15	2) Matt Taylor 17	3) Kevin Rogers 16	4) Dominick Glavich 15
21.66	42.80 (21.14)	1:04.18 (21.38)	1:25.55 (21.37)
8 Montgomery -East Branch YN		1:28.09	1:25.74
1) Woody Joye 17	2) Austin Abigt 17	3) Brad Powell 18	4) Jake Reynolds 18
21.00	42.87 (21.87)	1:04.70 (21.83)	1:25.74 (21.04)



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
9 B.R. Ryall (Northwestern Duq			1:27.22	1:25.90
1) Nick Iwanicki 18	2) Thomas Delves 18	3) Brian Sivak 18	4) Kevin Mihic 18	
22.07	43.45 (21.38)	1:04.59 (21.14)	1:25.90 (21.31)	
10 Middle Tyger YMCA			1:27.33	1:25.98
1) David Ingraham 16	2) Garrett Snipes 17	3) Konrad Opuszko 17	4) Graham Kauffman 17	
21.80	43.09 (21.29)	1:04.86 (21.77)	1:25.98 (21.12)	
11 Brandywine -DE YMCA			1:26.65	1:26.01
1) Curtis Ramsey 18	2) Tom McKee 16	3) Ricky Agresta 16	4) Dylan Coggin 18	
21.54	42.95 (21.41)	1:04.48 (21.53)	1:26.01 (21.53)	
12 Green Bay YMCA Metro			1:26.21	1:26.15
1) Caleb Capozella 16	2) Luke Bushman 18	3) Christophe Vandervest 18	4) Andrew Sumnicht 17	
21.93	42.77 (20.84)	1:04.36 (21.59)	1:26.15 (21.79)	
13 Somerset Valley YMCA			1:26.72	1:26.36
1) David Wilson 18	2) Frank Cuzzola 18	3) Brian Barr 16	4) Robert Parker 17	
21.97	43.12 (21.15)	1:05.37 (22.25)	1:26.36 (20.99)	
14 Sarasota Family YMCA, Inc			1:43.41 L	1:26.42
1) Patrick Ceddia 17	2) Nicholas Caldwell 15	3) John Orban 18	4) Marty Rauch 17	
21.49	42.81 (21.32)	1:04.69 (21.88)	1:26.42 (21.73)	
15 West Shore YMCA			1:29.79	1:26.43
1) Eddie Lanoue 17	2) Eric Naylor 17	3) Austin Bohn 17	4) Steven Gasparini 16	
21.91	43.73 (21.82)	1:05.43 (21.70)	1:26.43 (21.00)	
16 Lakeland Hills Family YMCA			1:26.08	1:26.46
1) Karl Mayer 17	2) Jordan Stillman 17	3) Kyle Grosman 17	4) Michael McElduff 16	
21.85	43.37 (21.52)	1:05.49 (22.12)	1:26.46 (20.97)	
17 Upper Main Line YMCA			1:29.08	1:26.60
1) Andrew Seiler 18	2) Thomas Mershon 16	3) Tyler Rauth 16	4) John Keough 17	
21.79	42.98 (21.19)	1:04.54 (21.56)	1:26.60 (22.06)	
18 Westport/Weston CT YMCA			1:29.61	1:26.62
1) Andrew Grinalds 17	2) Bart Platow 17	3) Bryan Stephan 18	4) Eric Trotta 17	
21.01	43.19 (22.18)	1:05.64 (22.45)	1:26.62 (20.98)	
19 Ridley Area YMCA			1:28.88	1:26.66
1) Tom Rhoads 17	2) Connor O'Prey 15	3) John Quagliariello 15	4) Nate Oropollo 18	
21.44	43.61 (22.17)	1:05.42 (21.81)	1:26.66 (21.24)	
20 Birmingham Family YMCA			1:27.67	1:27.26
1) Nick McGowan 17	2) Ryan Reynolds 17	3) Riley Sherer 17	4) Matt Hogan 17	
21.93	43.94 (22.01)	1:06.61 (22.67)	1:27.26 (20.65)	
*21 Reading and Berks County YI			1:28.87	1:27.39
1) Joe Huyett 17	2) Ryan Carey 18	3) Jared Figueroa 18	4) Danny Crigler 17	
21.90	44.05 (22.15)	1:06.21 (22.16)	1:27.39 (21.18)	
*21 Ocean County YMCA			1:30.39	1:27.39
1) Brian Molloy 17	2) Evan Mahoney 14	3) William Kasper 17	4) Alex Kosenski 19	
21.88	43.40 (21.52)	1:05.91 (22.51)	1:27.39 (21.48)	
23 Powel Crosley Jr. YMCA			1:28.42	1:27.55
1) Zach Fischer 17	2) Pat Dierker 15	3) Jonny Kleinhenz 17	4) Michael Murphy 17	
22.20	44.42 (22.22)	1:06.26 (21.84)	1:27.55 (21.29)	
24 Fanwood-Scotch Plains YMC			1:29.61	1:27.59
1) Alex Burzynski 15	2) Will Brown 16	3) Zach Peart 17	4) Ryan Walker 17	
22.26	43.73 (21.47)	1:05.77 (22.04)	1:27.59 (21.82)	
25 M.E. Lyons (Anderson) YMC			1:29.51	1:27.80
1) Alex Miller 17	2) Alex Lewis 16	3) JB Easley 18	4) Matt Luehrmann 17	
22.26	43.25 (20.99)	1:05.92 (22.67)	1:27.80 (21.88)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
26 Burlington County YMCA		1:27.04	1:28.04
1) Philip Hawley 16	2) Kevin Kelley 18	3) Jimmy Coleman 18	4) TJ Houck 16
21.74	43.90 (22.16)	1:05.57 (21.67)	1:28.04 (22.47)
27 Boyertown Area YMCA		1:26.22	1:28.09
1) Matt Duffy 17	2) Jordan Hartman 17	3) Alex Corbett 16	4) Wesley Trumbauer 17
21.95	44.00 (22.05)	1:06.07 (22.07)	1:28.09 (22.02)
28 North Shore (Sterling) MA YI		1:29.78	1:28.48
1) Tyler Lareau 17	2) Ted Millett 17	3) John Bateman 15	4) James Black 17
22.45	44.98 (22.53)	1:06.89 (21.91)	1:28.48 (21.59)
29 Westfield YMCA		1:30.41	1:28.52
1) Jack Lorentzen 16	2) Matt Meserole 17	3) Mike Oster 16	4) Matt Morgan 18
22.07	43.09 (21.02)	1:05.60 (22.51)	1:28.52 (22.92)
30 Springfield Family YMCA		1:30.20	1:28.60
1) Pat McHugh 18	2) Chip Samuelson 16	3) Andrew Keriazes 17	4) Danny Powderly 18
21.98	44.15 (22.17)	1:06.22 (22.07)	1:28.60 (22.38)
31 Andover/North Andover YMC		1:29.75	1:28.66
1) Paul Hunter 17	2) Ryan Fortin 15	3) Brendan Fortin 18	4) Matt Nutter 16
21.45	43.95 (22.50)	1:06.81 (22.86)	1:28.66 (21.85)
32 South Family YMCA-Ketterir		1:30.63	1:28.72
1) Daniel Schmitz 17	2) Andy Lamb 16	3) Ty Perkins 18	4) Ben Tillar 16
22.40	45.44 (23.04)	1:07.19 (21.75)	1:28.72 (21.53)
33 Western Monmouth Co. YMC		1:29.01	1:28.92
1) JV Kracke 18	2) Connor Murphy 17	3) Ryan Kauth 16	4) Joseph Gallene 17
22.84	44.87 (22.03)	1:07.42 (22.55)	1:28.92 (21.50)
34 Countryside Ralph Stolle YM		1:30.33	1:28.98
1) Steven Zimmerman 16	2) Christian Josephson 15	3) Carlo Biedenharn 17	4) Matt McKee 18
22.06	44.87 (22.81)	1:07.46 (22.59)	1:28.98 (21.52)
35 Northwest Connecticut YMC		1:31.07	1:29.05
1) Eric Traub 16	2) Raymond Cswerko 15	3) Eric Krupa 18	4) Brendan Murphy 17
22.55	43.89 (21.34)	1:08.27 (24.38)	1:29.05 (20.78)
36 Pottstown YMCA		1:29.85	1:29.15
1) Alexander Bauer 15	2) Matthew Bauer 17	3) Billy Draves 16	4) John Hauser 16
22.80	46.10 (23.30)	1:08.65 (22.55)	1:29.15 (20.50)
37 Catonsville MD YMCA		1:30.34	1:29.25
1) Tyler Szarko 18	2) Patrick Hagar 17	3) Parker Bratman 17	4) Brendan Kerins 17
22.50	45.09 (22.59)	1:07.86 (22.77)	1:29.25 (21.39)
38 Hunterdon County YMCA		1:28.86	1:29.27
1) Nolan Schneider 14	2) John Thompson 14	3) David White 17	4) Jared Lang 17
23.71	46.64 (22.93)	1:08.33 (21.69)	1:29.27 (20.94)
39 La Crosse Area Family YMC		1:29.20	1:29.49
1) Michael Hagensick 18	2) Adam Hagensick 16	3) Kevin Wehrheim 17	4) Jacob Hegge 17
21.87	45.12 (23.25)	1:07.59 (22.47)	1:29.49 (21.90)
40 Somerset Hills YMCA		1:29.98	1:29.56
1) James Ross 15	2) Brencis Navia 17	3) Andrew Smith 18	4) Kyle Madley 16
22.54	44.90 (22.36)	1:07.18 (22.28)	1:29.56 (22.38)
41 Boise YMCA		1:30.99	1:29.60
1) Doug McCan 16	2) Rick Chopp 16	3) Pete Megis 15	4) Derek Smith 17
22.47	44.90 (22.43)	1:07.74 (22.84)	1:29.60 (21.86)
42 Beaver creek Branch YMCA		1:29.71	1:29.72
1) Matthew Ward 17	2) Garrett Pringle 18	3) Nick Mink 18	4) Dave Heidrich 18
23.32	45.48 (22.16)	1:08.36 (22.88)	1:29.72 (21.36)
43 Montclair YMCA		1:29.92	1:29.85
1) Andrew Jung 15	2) Dennis Hall-App 15	3) Jan Yburan 17	4) Matt Navata 17
22.95	45.90 (22.95)	1:08.14 (22.24)	1:29.85 (21.71)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
44 Orlando YMCA		1:29.86	1:29.87
1) Alex Olivero 18	2) Kai Honeck 19	3) Braden Bouchard 16	4) Illya Prikhodko 16
22.73	45.23 (22.50)	1:07.25 (22.02)	1:29.87 (22.62)
45 Farmington Family YMCA		1:30.73	1:29.95
1) Aaren Marecki 16	2) Jake Campbell 17	3) Mickey McNeece 17	4) Garrick Givens 17
22.22	44.14 (21.92)	1:06.56 (22.42)	1:29.95 (23.39)
46 Anne Arundel County YMCA		1:30.25	1:30.12
1) Jack Bremer 15	2) Colin Heil 16	3) Daniel Gallagher 15	4) Gregory Kogut 16
22.68	45.31 (22.63)	1:07.94 (22.63)	1:30.12 (22.18)
47 Glens Falls YMCA		1:30.10	1:30.17
1) Jason Dutra 17	2) Yag Yuruker 17	3) Nick Keenan 16	4) Andrew Guinther 17
22.92	44.69 (21.77)	1:08.16 (23.47)	1:30.17 (22.01)
48 The Licking County Family Y		1:30.22	1:30.25
1) Julian Oprandi 17	2) Kevin Bell 16	3) Robby Spichiger 18	4) Tyler Paulsen 18
22.99	45.39 (22.40)	1:08.45 (23.06)	1:30.25 (21.80)
49 Greater Johnstown Communit		1:30.74	1:30.41
1) Mitchell Smith 18	2) Ryan Koul 14	3) Ray Ward 16	4) Joseph Ward 18
22.51	46.02 (23.51)	1:09.40 (23.38)	1:30.41 (21.01)
50 Wyckoff Family YMCA Inc		1:30.04	1:30.45
1) Matthew Alfonso 17	2) Justin Petrozzini 17	3) Austin Taylor 16	4) Leo Lim 14
23.05	45.32 (22.27)	1:07.87 (22.55)	1:30.45 (22.58)
51 Phoenixville Branch YMCA		1:30.53	1:30.46
1) Evan Deakyne 17	2) MP Salinas 14	3) Matt Heverly 18	4) Ubaldo Zavaleta 18
23.42	45.94 (22.52)	1:08.40 (22.46)	1:30.46 (22.06)
52 Wilton Family YMCA		1:28.68	1:30.51
1) Andrew Golankiewicz 17	2) Robby Harder 15	3) Timothy Lattimer 15	4) Dan Mangan 17
22.66	44.92 (22.26)	1:07.48 (22.56)	1:30.51 (23.03)
53 Franklin/Grove City YMCA		1:28.92	1:30.63
1) Brian Mong 17	2) Phillip Emerson 13	3) BJ Frederick 16	4) Steven Spieker 18
22.99	45.96 (22.97)	1:08.03 (22.07)	1:30.63 (22.60)
54 Fox Cities YMCA		1:29.81	1:30.77
1) Connor Christiansen 16	2) Jake Iotte 14	3) Josh Kinney 17	4) Ryan Goggans 18
22.61	46.03 (23.42)	1:08.64 (22.61)	1:30.77 (22.13)
55 Flushing YMCA		1:30.67	1:30.81
1) Ryan Bacci 16	2) Matthew Collins 16	3) Danny Collins 17	4) Kenny Kim 17
22.62	45.67 (23.05)	1:08.98 (23.31)	1:30.81 (21.83)
56 Kishwaukee Family YMCA		1:31.07	1:30.85
1) Chad Thompson 16	2) Grant Alef 16	3) David Gordon 18	4) Michael Gordon 15
23.05	45.91 (22.86)	1:08.86 (22.95)	1:30.85 (21.99)
57 West Morris YMCA		1:30.14	1:30.87
1) Jack Thomas 18	2) Matt Altman 17	3) Scott Groel 18	4) Nik Lumkong 18
22.51	46.52 (24.01)	1:09.24 (22.72)	1:30.87 (21.63)
58 Ashland Area YMCA		1:28.97	1:30.88
1) Lemar Linton 16	2) Josh Johnson 17	3) Zach Johnson 19	4) Doug Gentile 18
22.29	44.26 (21.97)	1:07.28 (23.02)	1:30.88 (23.60)
59 Madison West YMCA		1:29.57	1:30.91
1) Pun Winichakul 17	2) James Foust 18	3) Jake Schneider 18	4) Jesse O'Keefe 14
22.91	44.95 (22.04)	1:07.20 (22.25)	1:30.91 (23.71)
60 Williamsport Branch YMCA		1:41.58	1:30.98
1) Nathan Runtas 18	2) Trevor Harris 16	3) Josh Cillo 17	4) Frank Sullivan 18
23.44	46.50 (23.06)	1:08.96 (22.46)	1:30.98 (22.02)
61 Orrville Ohio YMCA		1:30.05	1:31.09
1) Kyle Likens 17	2) Victor Monheim 17	3) Vincent Monheim 17	4) Mason Monheim 16
22.71	46.33 (23.62)	1:09.45 (23.12)	1:31.09 (21.64)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
62 Chippewa Valley Family YMCA			1:30.73	1:31.13
1) Tim Cutler 17	2) Max Docksey 17	3) Paul Schaus 16	4) Ben Fuller 17	
22.34	45.08 (22.74)	1:08.49 (23.41)	1:31.13 (22.64)	
63 Bismarck YMCA			1:29.43	1:31.14
1) Thomas Johnson 18	2) Ian Ballantyne 14	3) Jonathan Werner 17	4) Eric Nagel 18	
22.71	45.24 (22.53)	1:08.60 (23.36)	1:31.14 (22.54)	
64 Edwardsville YMCA			1:30.35	1:31.40
1) Jarvis Trotter 15	2) Gregory Taplin 17	3) Ethan Duewer 17	4) Eddy Lynk 17	
23.62	46.20 (22.58)	1:09.50 (23.30)	1:31.40 (21.90)	
65 Indiana County YMCA			1:31.00	1:31.56
1) Andy Zoka 17	2) Matthew Rochna 16	3) Scott Churner 18	4) David Paccapaniccia 17	
23.30	46.55 (23.25)	1:10.00 (23.45)	1:31.56 (21.56)	
66 Western Branch YMCA			1:30.32	1:31.67
1) Stefan Pietrobono 17	2) Brandon Insley 19	3) Ben Hitchcock 19	4) Scott Taylor 17	
23.08	46.36 (23.28)	1:08.71 (22.35)	1:31.67 (22.96)	
67 North Oakland Family YMCA			1:30.67	1:31.76
1) Jai Singh 15	2) Paul Finstad 18	3) Brian Deaver 17	4) Nick Evans 18	
23.97	46.95 (22.98)	1:09.85 (22.90)	1:31.76 (21.91)	
68 Hilliard YMCA			1:30.95	1:31.80
1) Jake Miller 17	2) Jeff Savage 17	3) Andy Savage 18	4) Vincent Gill 16	
22.54	46.05 (23.51)	1:09.28 (23.23)	1:31.80 (22.52)	
69 Laurel East Hartford YMCA			1:30.69	1:31.82
1) Connor Beaulieu 16	2) Eric Spazzarini 18	3) Jonathan Burr 16	4) Robby Husta 17	
23.07	46.66 (23.59)	1:09.86 (23.20)	1:31.82 (21.96)	
70 Central/North Westchester NY			1:30.91	1:32.01
1) Zachary Eller 17	2) Darin Gillenwater 14	3) Ryan Flynn 17	4) Hajime Ichikawa 18	
22.89	46.11 (23.22)	1:09.45 (23.34)	1:32.01 (22.56)	
71 Oshkosh Community YMCA			1:31.10	1:32.03
1) Greg Hameister 14	2) Scott Haskins 18	3) Brian Key 16	4) Luke Harrison 17	
22.84	45.50 (22.66)	1:09.06 (23.56)	1:32.03 (22.97)	
72 Lebanon Valley Family YMC			1:30.98	1:32.06
1) Andrew Miller 16	2) Tyler Sevco 17	3) Zachary Yocum 17	4) Michael Lightner 17	
22.63	46.18 (23.55)	1:09.29 (23.11)	1:32.06 (22.77)	
73 Suburban West Branch Ohio			1:30.97	1:32.31
1) Gus Bailey 17	2) Alex Bean 16	3) Sam Dignan 16	4) Braxten Judkins 16	
22.14	45.75 (23.61)	1:10.01 (24.26)	1:32.31 (22.30)	
74 Summit Branch YMCA			1:31.10	1:32.40
1) Patrick Smith 17	2) Matt Fargione 18	3) Benjamin Lin 14	4) Greg Fennell 16	
23.44	46.14 (22.70)	1:09.65 (23.51)	1:32.40 (22.75)	
75 Macomb Family YMCA			1:30.61	1:32.55
1) Mack Biggert 16	2) Nick Victor 15	3) Jeff Voss 14	4) Aaron Shields 17	
23.80	46.64 (22.84)	1:09.83 (23.19)	1:32.55 (22.72)	
76 Harrison Area YMCA			1:30.92	1:32.59
1) Tyler Tenney 17	2) Max Garner 16	3) Jeremy Wilson 17	4) Tim Squires 17	
23.64	48.44 (24.80)	1:11.99 (23.55)	1:32.59 (20.60)	
77 Talbot County YMCA			1:30.75	1:32.65
1) Wade Boarman 17	2) Greg Remesch 17	3) JB Hall 17	4) Jake Steppe 17	
22.29	46.09 (23.80)	1:08.34 (22.25)	1:32.65 (24.31)	
78 Hamilton Area NJ YMCA			1:31.19	1:32.68
1) Kevin Welsh 16	2) Brad Ranson 17	3) Douglas Ranson 17	4) Michael Prewett 18	
23.33	46.60 (23.27)	1:10.03 (23.43)	1:32.68 (22.65)	
79 Laurel Highlands Regional YMCA			1:31.11	1:32.71
1) Brendan Lacey 16	2) Alan Nedley 18	3) Justin Kostelnik 13	4) Matt Ramey 17	
23.15	46.00 (22.85)	1:10.73 (24.73)	1:32.71 (21.98)	

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 200 Yard Freestyle Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
80 Cross Island YMCA		1:29.57	1:33.03
1) Joey D'Antoni 15	2) Brandon Sweetman 16	3) Kris Sweetman 17	4) Marc McLaurin 19
23.51	46.65 (23.14)	1:10.18 (23.53)	1:33.03 (22.85)
--- Greater Flint YMCA		1:29.63	DQ
Early take-off swimmer #2			
1) Jordan Guttrich 16	2) Tyler Greene 16	3) Andrew Yunker 14	4) Tyler Benmark 18
22.13	44.22 (22.09)	1:06.73 (22.51)	DQ (21.75)

## Men 400 Yard Freestyle Relay Swimming Competition

National: 3:03.14 \* 4/6/2005

Wilton, CT

Wilton Family, C

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Schroeder YMCA		3:06.58	3:01.34*
1) Ryan Hansen 17	2) Mitchell Friedemann 16	3) Graham Charlton 17	4) Francisco Vital 17
21.78	45.94 (45.94)	1:06.22 (20.28)	1:29.18 (43.24)
1:51.20 (22.02)	2:15.65 (46.47)	2:37.30 (21.65)	3:01.34 (45.69)
2 Triangle Area YMCA		3:05.88	3:04.13
1) Dominick Glavich 15	2) Matt Taylor 17	3) Kevin Rogers 16	4) Joe Bonk 15
22.40	46.46 (46.46)	1:07.95 (21.49)	1:31.50 (45.04)
1:53.14 (21.64)	2:17.88 (46.38)	2:39.58 (21.70)	3:04.13 (46.25)
3 Montgomery -East Branch YM		3:06.43	3:04.79
1) Austin Abigt 17	2) Brad Powell 18	3) Jake Reynolds 18	4) Woody Joye 17
22.16	47.25 (47.25)	1:09.22 (21.97)	1:34.85 (47.60)
1:56.02 (21.17)	2:19.92 (45.07)	2:41.24 (21.32)	3:04.79 (44.87)
4 B.R. Ryall (Northwestern Dup		3:06.02	3:05.25
1) Nick Iwanicki 18	2) Kevin Mihic 18	3) Thomas Delves 18	4) Brian Sivak 18
22.61	47.36 (47.36)	1:09.19 (21.83)	1:33.80 (46.44)
1:54.96 (21.16)	2:19.49 (45.69)	2:41.27 (21.78)	3:05.25 (45.76)
5 Red Bank Branch		3:07.90	3:06.25
1) Harrison Cefalo 16	2) Charles Pataffi 18	3) Greg Daniele 17	4) Alex Fitton 18
22.93	47.22 (47.22)	1:08.60 (21.38)	1:33.81 (46.59)
1:55.75 (21.94)	2:20.19 (46.38)	2:41.85 (21.66)	3:06.25 (46.06)
6 Sunbury Branch YMCA		3:07.51	3:06.92
1) Mike Wallace 18	2) Tyler Long 17	3) Zach Stephens 16	4) Dustin Folio 18
22.46	47.14 (47.14)	1:09.76 (22.62)	1:34.98 (47.84)
1:57.31 (22.33)	2:22.22 (47.24)	2:43.37 (21.15)	3:06.92 (44.70)
7 Upper Main Line YMCA		3:06.59	3:07.38
1) Thomas Mershon 16	2) Matt Luminais 14	3) Nathan Reed 17	4) Andrew Seiler 18
22.67	46.65 (46.65)	1:09.18 (22.53)	1:34.46 (47.81)
1:56.90 (22.44)	2:21.27 (46.81)	2:43.10 (21.83)	3:07.38 (46.11)
--- Sarasota Family YMCA, Inc		3:07.17	DQ
Early take-off swimmer #2			
1) Patrick Ceddia 17	2) Nicholas Caldwell 15	3) Mark Cox 17	4) Marty Rauch 17
22.33	46.27 (46.27)	1:07.72 (21.45)	1:31.04 (44.77)
1:52.77 (21.73)	2:17.06 (46.02)	2:39.23 (22.17)	DQ (46.93)
<b>B - Final</b>			
9 New Canaan Community YM		3:08.24	3:06.30
1) Dan Sweeney 18	2) Sasan Tehrani 17	3) Christian Higgins 16	4) Jay Margherio 18
21.39	45.71 (45.71)	1:07.43 (21.72)	1:33.09 (47.38)
1:55.79 (22.70)	2:20.73 (47.64)	2:42.26 (21.53)	3:06.30 (45.57)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Prelim Time</b>	<b>Finals Time</b>
10 Middle Tyger YMCA			3:08.81	3:07.28
1) David Ingraham 16	2) Garrett Snipes 17	3) Konrad Opuszko 17	4) Graham Kauffman 17	
22.56	47.00 (47.00)	1:09.63 (22.63)	1:34.14 (47.14)	
1:56.50 (22.36)	2:21.18 (47.04)	2:42.97 (21.79)	3:07.28 (46.10)	
11 West Shore YMCA			3:08.63	3:07.89
1) Austin Bohn 17	2) Eddie Lanoue 17	3) Eric Naylor 17	4) Steven Gasparini 16	
22.82	48.13 (48.13)	1:10.29 (22.16)	1:34.91 (46.78)	
1:57.56 (22.65)	2:22.63 (47.72)	2:44.08 (21.45)	3:07.89 (45.26)	
12 Boyertown Area YMCA			3:08.78	3:08.12
1) Jordan Hartman 17	2) Matt Duffy 17	3) Alec Francis 18	4) Wesley Trumbauer 17	
23.01	46.91 (46.91)	1:09.17 (22.26)	1:34.49 (47.58)	
1:57.09 (22.60)	2:21.92 (47.43)	2:43.87 (21.95)	3:08.12 (46.20)	
13 Bath Area Family YMCA			3:09.36	3:08.62
1) James Wells 17	2) Phillip Jacques 17	3) Ian Nichols 18	4) Won Ho Chang 17	
21.45	45.24 (45.24)	1:07.59 (22.35)	1:33.74 (48.50)	
1:56.49 (22.75)	2:22.27 (48.53)	2:44.42 (22.15)	3:08.62 (46.35)	
14 Somerset Valley YMCA			3:09.30	3:09.01
1) David Wilson 18	2) Brian Barr 16	3) Frank Cuzzola 18	4) Robert Parker 17	
22.98	48.49 (48.49)	1:10.89 (22.40)	1:35.98 (47.49)	
1:57.91 (21.93)	2:22.74 (46.76)	2:44.62 (21.88)	3:09.01 (46.27)	
15 Brandywine -DE YMCA			3:08.82	3:09.03
1) Curtis Ramsey 18	2) Ricky Agresta 16	3) Michael Moore 17	4) Tom McKee 16	
22.25	47.14 (47.14)	1:09.53 (22.39)	1:34.85 (47.71)	
1:57.19 (22.34)	2:22.49 (47.64)	2:44.76 (22.27)	3:09.03 (46.54)	
16 Birmingham Family YMCA			3:09.38	3:09.45
1) Ryan Reynolds 17	2) Riley Sherer 17	3) Matt Hogan 17	4) Nick McGowan 17	
22.92	48.25 (48.25)	1:11.43 (23.18)	1:37.33 (49.08)	
1:58.88 (21.55)	2:22.79 (45.46)	2:44.86 (22.07)	3:09.45 (46.66)	

**Men 400 Yard Freestyle Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>				
1 Triangle Area YMCA			3:07.33	3:05.88
1) Dominick Glavich 15	2) Joe Bonk 15	3) Kevin Rogers 16	4) Matt Taylor 17	
22.58	47.23 (47.23)	1:08.92 (21.69)	1:33.63 (46.40)	
1:55.34 (21.71)	2:19.93 (46.30)	2:41.80 (21.87)	3:05.88 (45.95)	
2 B.R. Ryall (Northwestern Duf			3:08.17	3:06.02
1) Nick Iwanicki 18	2) Thomas Delves 18	3) Kevin Mihic 18	4) Brian Sivak 18	
22.61	47.02 (47.02)	1:09.05 (22.03)	1:33.78 (46.76)	
1:56.16 (22.38)	2:20.48 (46.70)	2:41.95 (21.47)	3:06.02 (45.54)	
3 Montgomery -East Branch YM			3:07.53	3:06.43
1) Woody Joye 17	2) Austin Abigt 17	3) Brad Powell 18	4) Jake Reynolds 18	
21.96	45.71 (45.71)	1:08.02 (22.31)	1:32.87 (47.16)	
1:55.44 (22.57)	2:20.62 (47.75)	2:41.94 (21.32)	3:06.43 (45.81)	
4 Schroeder YMCA			3:07.26	3:06.58
1) Francisco Vital 17	2) Mitchell Friedemann 16	3) Graham Charlton 17	4) William Colbert 17	
22.92	47.93 (47.93)	1:08.73 (20.80)	1:31.85 (43.92)	
1:54.27 (22.42)	2:19.21 (47.36)	2:41.73 (22.52)	3:06.58 (47.37)	
5 Upper Main Line YMCA			3:10.42	3:06.59
1) Thomas Mershon 16	2) Andrew Seiler 18	3) Nathan Reed 17	4) Matt Luminais 14	
22.53	46.54 (46.54)	1:08.11 (21.57)	1:32.34 (45.80)	
1:54.85 (22.51)	2:19.23 (46.89)	2:41.55 (22.32)	3:06.59 (47.36)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
6 Sarasota Family YMCA, Inc			3:07.37	3:07.17
1) Nicholas Caldwell 15	2) John Orban 18	3) Marty Rauch 17	4) Patrick Ceddia 17	
22.45	46.53 (46.53)	1:09.34 (22.81)	1:34.27 (47.74)	
1:56.58 (22.31)	2:21.21 (46.94)	2:43.08 (21.87)	3:07.17 (45.96)	
7 Sunbury Branch YMCA			3:10.32	3:07.51
1) Mike Wallace 18	2) Tyler Long 17	3) Zach Stephens 16	4) Dustin Folio 18	
22.37	46.78 (46.78)	1:09.67 (22.89)	1:34.95 (48.17)	
1:56.82 (21.87)	2:21.93 (46.98)	2:43.59 (21.66)	3:07.51 (45.58)	
8 Red Bank Branch			3:08.43	3:07.90
1) Harrison Cefalo 16	2) Greg Daniele 17	3) Charles Pataffi 18	4) Alex Fitton 18	
22.94	47.60 (47.60)	1:09.85 (22.25)	1:34.60 (47.00)	
1:56.50 (21.90)	2:21.42 (46.82)	2:43.18 (21.76)	3:07.90 (46.48)	
9 New Canaan Community YM			3:13.08	3:08.24
1) Dan Sweeney 18	2) Evan Ciecimirski 17	3) Sasan Tehrani 17	4) Jay Margherio 18	
21.81	46.42 (46.42)	1:09.04 (22.62)	1:34.69 (48.27)	
1:56.61 (21.92)	2:21.73 (47.04)	2:43.67 (21.94)	3:08.24 (46.51)	
10 West Shore YMCA			3:13.35	3:08.63
1) Eric Naylor 17	2) Eddie Lanoue 17	3) Austin Bohn 17	4) Steven Gasparini 16	
22.95	47.75 (47.75)	1:10.07 (22.32)	1:35.08 (47.33)	
1:57.47 (22.39)	2:22.83 (47.75)	2:44.71 (21.88)	3:08.63 (45.80)	
11 Boyertown Area YMCA			3:08.44	3:08.78
1) Jordan Hartman 17	2) Matt Duffy 17	3) Alec Francis 18	4) Wesley Trumbauer 17	
23.34	47.82 (47.82)	1:09.99 (22.17)	1:35.12 (47.30)	
1:57.82 (22.70)	2:22.59 (47.47)	2:44.67 (22.08)	3:08.78 (46.19)	
12 Middle Tyger YMCA			3:09.53	3:08.81
1) David Ingraham 16	2) Jared Kauffman 15	3) Garrett Snipes 17	4) Konrad Opuszko 17	
22.49	46.70 (46.70)	1:09.10 (22.40)	1:34.08 (47.38)	
1:56.53 (22.45)	2:21.52 (47.44)	2:43.92 (22.40)	3:08.81 (47.29)	
13 Brandywine -DE YMCA			3:12.15	3:08.82
1) Curtis Ramsey 18	2) Tom McKee 16	3) Michael Moore 17	4) Ricky Agresta 16	
22.30	47.14 (47.14)	1:09.46 (22.32)	1:33.77 (46.63)	
1:56.14 (22.37)	2:21.15 (47.38)	2:43.28 (22.13)	3:08.82 (47.67)	
14 Somerset Valley YMCA			3:08.11	3:09.30
1) David Wilson 18	2) Brian Barr 16	3) Frank Cuzzola 18	4) Robert Parker 17	
22.74	48.68 (48.68)	1:11.31 (22.63)	1:36.68 (48.00)	
1:58.15 (21.47)	2:22.62 (45.94)	2:44.71 (22.09)	3:09.30 (46.68)	
15 Bath Area Family YMCA			3:13.67	3:09.36
1) Ian Nichols 18	2) Phillip Jacques 17	3) Won Ho Chang 17	4) James Wells 17	
23.36	48.85 (48.85)	1:11.73 (22.88)	1:37.89 (49.04)	
2:00.41 (22.52)	2:24.41 (46.52)	2:45.36 (20.95)	3:09.36 (44.95)	
16 Birmingham Family YMCA			3:15.96	3:09.38
1) Nick McGowan 17	2) Riley Sherer 17	3) Matt Hogan 17	4) Ryan Reynolds 17	
22.47	47.02 (47.02)	1:10.39 (23.37)	1:36.42 (49.40)	
1:58.28 (21.86)	2:21.98 (45.56)	2:44.35 (22.37)	3:09.38 (47.40)	
17 Riverfront Branch YMCA			3:09.10	3:09.45
1) Paul Maneri 17	2) Kevin Steel 17	3) Adam Schneider 17	4) Gregory Mahon 18	
22.82	48.38 (48.38)	1:10.46 (22.08)	1:35.97 (47.59)	
1:58.47 (22.50)	2:23.22 (47.25)	2:45.08 (21.86)	3:09.45 (46.23)	
18 Reading and Berks County YI			3:13.02	3:11.62
1) Joe Huyett 17	2) Adam Kurtz 17	3) Ryan Carey 18	4) Danny Crigler 17	
22.80	47.65 (47.65)	1:10.76 (23.11)	1:36.43 (48.78)	
1:59.18 (22.75)	2:24.48 (48.05)	2:46.57 (22.09)	3:11.62 (47.14)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
19 Westport/Weston CT YMCA			3:10.78	3:11.69
1) Andrew Grinalds 17	2) Eric Trotta 17	3) Bryan Stephan 18	4) Chris Wiederecht 17	
22.03	45.90 (45.90)	1:09.12 (23.22)	1:35.16 (49.26)	
1:57.95 (22.79)	2:23.55 (48.39)	2:46.41 (22.86)	3:11.69 (48.14)	
20 Ocean County YMCA			3:18.36	3:11.81
1) Brian Molloy 17	2) Evan Mahoney 14	3) William Kasper 17	4) Alex Kosenski 19	
22.84	47.74 (47.74)	1:10.48 (22.74)	1:35.60 (47.86)	
1:58.70 (23.10)	2:24.68 (49.08)	2:46.94 (22.26)	3:11.81 (47.13)	
21 Spokane YMCA			3:15.88	3:12.09
1) Mason Shaw 17	2) Coleman Allen 16	3) Alex Martinek 16	4) Jordan Ray 18	
22.50	46.52 (46.52)	1:02.38 (15.86)	1:34.07 (47.55)	
1:58.13 (24.06)	2:24.59 (50.52)	2:47.30 (22.71)	3:12.09 (47.50)	
22 Greater Flint YMCA			3:15.07	3:12.31
1) Jordan Guttrich 16	2) Tyler Greene 16	3) Andrew Yunker 14	4) Tyler Benmark 18	
23.17	47.81 (47.81)	1:10.90 (23.09)	1:36.04 (48.23)	
1:59.33 (23.29)	2:24.75 (48.71)	2:47.54 (22.79)	3:12.31 (47.56)	
23 Burlington County YMCA			3:17.62	3:12.61
1) Philip Hawley 16	2) Kevin Kelley 18	3) Jimmy Coleman 18	4) TJ Houck 16	
22.68	47.66 (47.66)	1:10.10 (22.44)	1:35.44 (47.78)	
1:57.99 (22.55)	2:22.88 (47.44)	2:46.11 (23.23)	3:12.61 (49.73)	
24 Green Bay YMCA Metro			3:12.37	3:13.15
1) Caleb Capozella 16	2) Christophe Vandervest 18	3) Andrew Sumnicht 17	4) Luke Bushman 18	
23.14	47.96 (47.96)	1:11.40 (23.44)	1:37.19 (49.23)	
2:00.61 (23.42)	2:26.53 (49.34)	2:48.78 (22.25)	3:13.15 (46.62)	
25 M.E. Lyons (Anderson) YMC			3:13.67	3:13.30
1) Alex Lewis 16	2) Matt Luehrmann 17	3) Sean Monahan 16	4) Alex Miller 17	
23.12	48.41 (48.41)	1:11.11 (22.70)	1:35.87 (47.46)	
2:00.19 (24.32)	2:26.34 (50.47)	2:48.91 (22.57)	3:13.30 (46.96)	
26 Andover/North Andover YMC			3:12.11	3:13.34
1) Matt Nutter 16	2) Paul Hunter 17	3) Ryan Fortin 15	4) Brendan Fortin 18	
23.28	48.37 (48.37)	1:10.73 (22.36)	1:34.88 (46.51)	
1:58.53 (23.65)	2:24.18 (49.30)	2:47.58 (23.40)	3:13.34 (49.16)	
27 Western Monmouth Co. YMC			3:13.18	3:14.22
1) Connor Murphy 17	2) Ryan Kauth 16	3) JV Kracke 18	4) Joseph Gallene 17	
23.31	49.05 (49.05)	1:12.22 (23.17)	1:37.55 (48.50)	
2:00.65 (23.10)	2:26.27 (48.72)	2:48.85 (22.58)	3:14.22 (47.95)	
28 Lakeland Hills Family YMCA			3:09.41	3:14.23
1) Karl Mayer 17	2) Jordan Stillman 17	3) Frank Bozzi 15	4) Michael McElduff 16	
22.65	47.84 (47.84)	1:10.78 (22.94)	1:37.60 (49.76)	
2:01.52 (23.92)	2:27.89 (50.29)	2:49.49 (21.60)	3:14.23 (46.34)	
29 South Family YMCA-Ketterir			3:17.02	3:14.49
1) Daniel Schmitz 17	2) Andy Lamb 16	3) Ty Perkins 18	4) Ben Tillar 16	
23.45	48.60 (48.60)	1:12.76 (24.16)	1:38.82 (50.22)	
2:01.70 (22.88)	2:26.46 (47.64)	2:48.67 (22.21)	3:14.49 (48.03)	
30 Countryside Ralph Stolle YM			3:19.28	3:14.76
1) Matt McKee 18	2) Steven Zimmerman 16	3) Paul Skousen 16	4) Carlo Biedenharn 17	
23.16	48.83 (48.83)	1:10.86 (22.03)	1:36.13 (47.30)	
1:59.54 (23.41)	2:26.39 (50.26)	2:49.36 (22.97)	3:14.76 (48.37)	
31 Somerset Hills YMCA			3:17.40	3:14.85
1) Kyle Madley 16	2) Andrew Smith 18	3) Stephen Raynes 16	4) James Ross 15	
22.93	48.40 (48.40)	1:11.06 (22.66)	1:36.89 (48.49)	
2:00.90 (24.01)	2:27.10 (50.21)	2:49.54 (22.44)	3:14.85 (47.75)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
32 North Shore (Sterling) MA YI			3:15.73	3:15.26
1) Tyler Lareau 17	2) Brian Brennan 17	3) John Bateman 15	4) Ted Millett 17	
23.36	48.70 (48.70)	1:12.60 (23.90)	1:37.96 (49.26)	
2:00.67 (22.71)	2:26.12 (48.16)	2:49.51 (23.39)	3:15.26 (49.14)	
33 Catonsville MD YMCA			3:16.18	3:16.18
1) Brendan Kerins 17	2) Parker Bratman 17	3) Patrick Hagar 17	4) Tyler Szarko 18	
23.36	48.77 (48.77)	1:12.45 (23.68)	1:38.99 (50.22)	
2:01.92 (22.93)	2:27.26 (48.27)	2:50.46 (23.20)	3:16.18 (48.92)	
34 Ridley Area YMCA			3:16.84	3:16.41
1) Tom Rhoads 17	2) Dougan McGrath 15	3) John Quagliariello 15	4) Nate Oropollo 18	
22.63	47.69 (47.69)	1:12.04 (24.35)	1:38.77 (51.08)	
2:02.22 (23.45)	2:27.84 (49.07)	2:50.58 (22.74)	3:16.41 (48.57)	
35 Pottstown YMCA			3:17.05	3:16.54
1) Alexander Bauer 15	2) Matthew Bauer 17	3) Billy Draves 16	4) John Hauser 16	
23.66	50.10 (50.10)	1:13.86 (23.76)	1:41.19 (51.09)	
2:04.38 (23.19)	2:30.65 (49.46)	2:52.25 (21.60)	3:16.54 (45.89)	
36 Northwest Connecticut YMC			3:15.61	3:17.06
1) Eric Traub 16	2) Raymond Cswerko 15	3) Eric Krupa 18	4) Brendan Murphy 17	
23.30	48.44 (48.44)	1:10.81 (22.37)	1:35.77 (47.33)	
2:01.43 (25.66)	2:30.80 (55.03)	2:52.30 (21.50)	3:17.06 (46.26)	
37 Farmington Family YMCA			3:17.83	3:17.16
1) Aaren Marecki 16	2) Jake Campbell 17	3) Mickey McNeece 17	4) John Blickle 17	
23.28	48.49 (48.49)	1:11.68 (23.19)	1:37.42 (48.93)	
2:01.24 (23.82)	2:27.31 (49.89)	2:50.66 (23.35)	3:17.16 (49.85)	
*38 Edwardsville YMCA			3:19.69	3:17.68
1) Josh Jacobson 17	2) Max Byers 15	3) Frank Gremaud 14	4) Eddy Lynk 17	
23.77	49.56 (49.56)	1:13.96 (24.40)	1:40.49 (50.93)	
2:04.37 (23.88)	2:30.33 (49.84)	2:52.92 (22.59)	3:17.68 (47.35)	
*38 Orlando YMCA			3:15.64	3:17.68
1) Braden Bouchard 16	2) Kai Honeck 19	3) Emmanuel Arias 16	4) Alex Olivero 18	
23.34	48.87 (48.87)	1:12.15 (23.28)	1:38.47 (49.60)	
2:01.92 (23.45)	2:27.23 (48.76)	2:51.13 (23.90)	3:17.68 (50.45)	
*38 Kishwaukee Family YMCA			3:16.90	3:17.68
1) Grant Alef 16	2) Chad Thompson 16	3) David Gordon 18	4) Michael Gordon 15	
24.00	49.17 (49.17)	1:12.82 (23.65)	1:38.99 (49.82)	
2:03.08 (24.09)	2:29.21 (50.22)	2:51.87 (22.66)	3:17.68 (48.47)	
41 Glens Falls YMCA			3:16.71	3:18.05
1) Andrew Guinther 17	2) Nick Keenan 16	3) Jason Dutra 17	4) Yag Yuruker 17	
23.84	49.80 (49.80)	1:14.41 (24.61)	1:41.16 (51.36)	
2:04.87 (23.71)	2:30.63 (49.47)	2:53.17 (22.54)	3:18.05 (47.42)	
42 Wyckoff Family YMCA Inc			3:17.42	3:18.18
1) Austin Taylor 16	2) Justin Petrozzini 17	3) Timothy Healy 17	4) Leo Lim 14	
23.55	49.40 (49.40)	1:12.90 (23.50)	1:39.15 (49.75)	
2:02.97 (23.82)	2:29.28 (50.13)	2:52.57 (23.29)	3:18.18 (48.90)	
43 Laurel East Hartford YMCA			3:19.38	3:18.37
1) Connor Beaulieu 16	2) Eric Spazzarini 18	3) Jonathan Burr 16	4) Robby Husta 17	
23.48	49.07 (49.07)	1:13.14 (24.07)	1:39.52 (50.45)	
2:03.54 (24.02)	2:29.44 (49.92)	2:52.39 (22.95)	3:18.37 (48.93)	
44 Franklin/Grove City YMCA			3:15.51	3:18.39
1) Brian Mong 17	2) Phillip Emerson 13	3) BJ Frederick 16	4) Steven Spieker 18	
24.20	49.93 (49.93)	1:13.30 (23.37)	1:39.89 (49.96)	
2:03.06 (23.17)	2:29.18 (49.29)	2:52.43 (23.25)	3:18.39 (49.21)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
45 Fox Cities YMCA			3:15.23	3:18.42
1) Ryan Goggans 18	2) Alex Bryson 16	3) Connor Christiansen 16	4) Jake Iotte 14	
23.50	48.64 (48.64)	1:12.60 (23.96)	1:38.74 (50.10)	
2:02.09 (23.35)	2:27.96 (49.22)	2:51.88 (23.92)	3:18.42 (50.46)	
46 Anne Arundel County YMCA			3:18.74	3:18.55
1) Colin Heil 16	2) Isaac Breen-Franklin 16	3) Gregory Kogut 16	4) Jack Bremer 15	
23.90	50.32 (50.32)	1:14.37 (24.05)	1:40.53 (50.21)	
2:03.86 (23.33)	2:30.20 (49.67)	2:53.11 (22.91)	3:18.55 (48.35)	
47 The Licking County Family Y			3:19.38	3:18.74
1) Julian Oprandi 17	2) Kevin Bell 16	3) Robby Spichiger 18	4) Tyler Paulsen 18	
24.04	51.23 (51.23)	1:14.62 (23.39)	1:41.52 (50.29)	
2:04.74 (23.22)	2:30.25 (48.73)	2:53.23 (22.98)	3:18.74 (48.49)	
48 Ashland Area YMCA			3:17.56	3:18.93
1) Josh Johnson 17	2) Doug Gentile 18	3) Zach Johnson 19	4) Lemar Linton 16	
23.24	49.33 (49.33)	1:14.28 (24.95)	1:42.51 (53.18)	
2:05.51 (23.00)	2:32.00 (49.49)	2:54.54 (22.54)	3:18.93 (46.93)	
49 Flushing YMCA			3:18.75	3:19.31
1) Ryan Bacci 16	2) Matthew Collins 16	3) Danny Collins 17	4) Kenny Kim 17	
23.53	49.12 (49.12)	1:13.35 (24.23)	1:39.26 (50.14)	
2:03.54 (24.28)	2:30.23 (50.97)	2:53.25 (23.02)	3:19.31 (49.08)	
50 Springfield Family YMCA			3:19.20	3:19.32
1) Chip Samuelson 16	2) Danny Powderly 18	3) Andrew Keriazes 17	4) Pat McHugh 18	
24.35	51.11 (51.11)	1:14.78 (23.67)	1:40.55 (49.44)	
2:04.13 (23.58)	2:30.59 (50.04)	2:53.40 (22.81)	3:19.32 (48.73)	
51 Boise YMCA			3:19.41	3:19.34
1) Doug McCan 16	2) Rick Chopp 16	3) Pete Megis 15	4) Derek Smith 17	
23.90	49.46 (49.46)	1:13.80 (24.34)	1:41.16 (51.70)	
2:04.34 (23.18)	2:30.34 (49.18)	2:53.97 (23.63)	3:19.34 (49.00)	
52 Hamilton Area NJ YMCA			3:19.60	3:19.48
1) Brad Ranson 17	2) Kevin Welsh 16	3) Craig Lupa 18	4) Michael Prewett 18	
24.59	51.34 (51.34)	1:14.67 (23.33)	1:40.23 (48.89)	
2:04.52 (24.29)	2:30.81 (50.58)	2:54.40 (23.59)	3:19.48 (48.67)	
53 Madison West YMCA			3:18.28	3:19.63
1) James Foust 18	2) Jake Schneider 18	3) Pun Winichakul 17	4) Jesse O'Keefe 14	
23.29	49.46 (49.46)	1:12.05 (22.59)	1:38.17 (48.71)	
2:00.79 (22.62)	2:27.44 (49.27)	2:51.70 (24.26)	3:19.63 (52.19)	
54 La Crosse Area Family YMC.			3:18.18	3:19.71
1) Kevin Wehrheim 17	2) Michael Hagensick 18	3) Adam Hagensick 16	4) Jacob Hegge 17	
24.21	50.60 (50.60)	1:13.12 (22.52)	1:39.78 (49.18)	
2:03.95 (24.17)	2:30.70 (50.92)	2:53.77 (23.07)	3:19.71 (49.01)	
55 Bismarck YMCA			3:17.44	3:19.80
1) Thomas Johnson 18	2) Ian Ballantyne 14	3) Jonathan Werner 17	4) Eric Nagel 18	
23.77	49.92 (49.92)	1:13.00 (23.08)	1:39.72 (49.80)	
2:03.99 (24.27)	2:31.06 (51.34)	2:53.74 (22.68)	3:19.80 (48.74)	
56 Laurel Highlands Regional YI			3:18.98	3:19.86
1) Matt Ramey 17	2) Alan Nedley 18	3) Adrian Alexander 16	4) Brendan Lacey 16	
23.76	48.48 (48.48)	1:12.22 (23.74)	1:38.36 (49.88)	
2:03.65 (25.29)	2:31.50 (53.14)	2:54.23 (22.73)	3:19.86 (48.36)	
57 Macomb Family YMCA			3:19.36	3:20.39
1) Mack Biggert 16	2) Nick Victor 15	3) Jeff Voss 14	4) Aaron Shields 17	
24.27	51.08 (51.08)	1:14.66 (23.58)	1:40.81 (49.73)	
2:04.73 (23.92)	2:31.56 (50.75)	2:54.38 (22.82)	3:20.39 (48.83)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
58 Northern Middlesex County Y				3:18.85	3:21.59
1) Matthew McAlear 17	2) Sam Nowack 18	3) Austin Kelly 17	4) Peter Horton 17		
24.41	51.00 (51.00)	1:14.81 (23.81)	1:40.72 (49.72)		
2:04.59 (23.87)	2:30.58 (49.86)	2:54.62 (24.04)	3:21.59 (51.01)		
59 Greater Holyoke YMCA				3:19.58	3:21.72
1) Philip Murphy 16	2) Timothy Ramos 17	3) Pat Geraghty 17	4) Patrick Larrow 17		
24.08	50.41 (50.41)	1:14.77 (24.36)	1:42.02 (51.61)		
2:05.80 (23.78)	2:32.85 (50.83)	2:56.04 (23.19)	3:21.72 (48.87)		
60 Oshkosh Community YMCA				3:18.23	3:22.20
1) Scott Haskins 18	2) Greg Hameister 14	3) Brian Key 16	4) Luke Harrison 17		
23.95	50.24 (50.24)	1:12.89 (22.65)	1:38.44 (48.20)		
2:02.93 (24.49)	2:29.99 (51.55)	2:54.55 (24.56)	3:22.20 (52.21)		
61 Montclair YMCA				3:17.66	3:22.56
1) Jaime Ianiro 16	2) Andrew Jung 15	3) Tommy Wolinski 15	4) Jan Yburan 17		
24.39	51.87 (51.87)	1:15.04 (23.17)	1:41.59 (49.72)		
2:06.02 (24.43)	2:32.50 (50.91)	2:55.49 (22.99)	3:22.56 (50.06)		
62 Williamsport Branch YMCA				3:17.73	3:22.74
1) Nathan Runtas 18	2) Trevor Harris 16	3) Josh Cillo 17	4) Frank Sullivan 18		
24.13	51.27 (51.27)	1:14.73 (23.46)	1:41.55 (50.28)		
2:05.13 (23.58)	2:32.85 (51.30)	2:56.29 (23.44)	3:22.74 (49.89)		
--- Fanwood-Scotch Plains YMC				3:18.35	DQ
Early take-off swimmer #3					
1) Alex Burzynski 15	2) Zach Peart 17	3) Dan Napolitano 15	4) Ryan Walker 17		
23.57	48.68 (48.68)	1:11.60 (22.92)	1:36.83 (48.15)		
1:59.88 (23.05)	2:25.57 (48.74)	2:48.61 (23.04)	DQ (49.09)		
--- West Morris YMCA				3:18.90	DQ
Early take-off swimmer #4					
1) Nik Lumkong 18	2) Matt Altman 17	3) Scott Groel 18	4) Jack Thomas 18		
23.74	49.90 (49.90)	1:14.32 (24.42)	1:42.02 (52.12)		
2:05.10 (23.08)	2:30.95 (48.93)	2:53.13 (22.18)	DQ (47.01)		
--- Wilton Family YMCA				3:17.75	DQ
Early take-off swimmer #2					
1) Brendan Deveney 18	2) Adam Lebovitz 17	3) Robby Harder 15	4) Andrew Golankiewicz 17		
23.24	48.31 (48.31)	1:11.23 (22.92)	1:36.50 (48.19)		
1:59.90 (23.40)	2:26.00 (49.50)	2:49.01 (23.01)	DQ (48.18)		
--- Powel Crosley Jr. YMCA				3:13.33	DQ
Early take-off swimmer #3					
1) Jonny Kleinhenz 17	2) Pat Dierker 15	3) Zach Fischer 17	4) Michael Murphy 17		
23.40	48.65 (48.65)	1:11.56 (22.91)	1:36.90 (48.25)		
1:59.12 (22.22)	2:24.25 (47.35)	2:46.75 (22.50)	DQ (47.95)		
--- Lynchburg YMCA				3:19.15	DQ
1) Carter Watson 16	2) Jason Brame 17	3) Caleb Williams 14	4) Kemp Pettyjohn 16		
--- Westfield YMCA				3:14.71	DQ
Early take-off swimmer #3					
1) Mike Oster 16	2) Max Blum 18	3) Jack Lorentzen 16	4) Matt Meserole 17		
23.71	49.78 (49.78)	1:13.42 (23.64)	1:39.90 (50.12)		
2:02.42 (22.52)	2:28.40 (48.50)	2:50.38 (21.98)	DQ (47.00)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Men 800 Yard Freestyle Relay Swimming Competition**

National: 6:43.02 \* 4/7/2004

ME Lyons YMCA

ME Lyons

S Davis, K Greene, K Nead, H Browning

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1	Sarasota Family YMCA, Inc	6:49.70	6:38.95 *
	1) Nicholas Caldwell 15      2) John Orban 18      3) Patrick Ceddia 17      4) Mark Cox 17		
	23.42      48.59 (48.59)      1:13.89 (1:13.89)      1:38.75 (1:38.75)		
	2:01.74 (22.99)      2:27.25 (48.50)      2:53.04 (1:14.29)      3:18.55 (1:39.80)		
	3:41.63 (23.08)      4:07.05 (48.50)      4:32.30 (1:13.75)      4:57.22 (1:38.67)		
	5:20.76 (23.54)      5:47.05 (49.83)      6:12.84 (1:15.62)      6:38.95 (1:41.73)		
2	Schroeder YMCA	6:49.15	6:42.99 *
	1) Ryan Hansen 17      2) Mitchell Friedemann 16      3) Francisco Vital 17      4) Graham Charlton 17		
	22.75      48.29 (48.29)      1:15.00 (1:15.00)      1:41.42 (1:41.42)		
	2:03.48 (22.06)      2:28.86 (47.44)      2:53.90 (1:12.48)      3:18.71 (1:37.29)		
	3:41.18 (22.47)      4:06.49 (47.78)      4:32.60 (1:13.89)      4:59.93 (1:41.22)		
	5:22.96 (23.03)      5:48.80 (48.87)      6:15.48 (1:15.55)      6:42.99 (1:43.06)		
3	Triangle Area YMCA	6:52.40	6:47.45
	1) Dominick Glavich 15      2) Kevin Rogers 16      3) John Morton 18      4) Matt Taylor 17		
	22.74      48.26 (48.26)      1:14.86 (1:14.86)      1:41.32 (1:41.32)		
	2:04.52 (23.20)      2:30.32 (49.00)      2:57.00 (1:15.68)      3:23.49 (1:42.17)		
	3:47.13 (23.64)      4:12.29 (48.80)      4:38.67 (1:15.18)      5:06.74 (1:43.25)		
	5:29.04 (22.30)      5:54.35 (47.61)      6:20.87 (1:14.13)      6:47.45 (1:40.71)		
4	Middle Tyger YMCA	6:53.41	6:50.28
	1) Garrett Snipes 17      2) David Ingraham 16      3) Konrad Opuszko 17      4) Graham Kauffman 17		
	23.61      49.04 (49.04)      1:15.59 (1:15.59)      1:42.09 (1:42.09)		
	2:04.26 (22.17)      2:29.90 (47.81)      2:56.42 (1:14.33)      3:23.32 (1:41.23)		
	3:46.14 (22.82)      4:11.74 (48.42)      4:39.01 (1:15.69)      5:07.15 (1:43.83)		
	5:30.06 (22.91)      5:55.82 (48.67)      6:22.68 (1:15.53)      6:50.28 (1:43.13)		
5	B.R. Ryall (Northwestern Dur	6:52.60	6:52.18
	1) Kevin Mihic 18      2) Sean Brown 18      3) Thomas Delves 18      4) Brian Sivak 18		
	23.05      48.81 (48.81)      1:15.94 (1:15.94)      1:42.73 (1:42.73)		
	2:05.85 (23.12)      2:31.15 (48.42)      2:58.24 (1:15.51)      3:26.95 (1:44.22)		
	3:49.53 (22.58)      4:15.13 (48.18)      4:42.27 (1:15.32)      5:09.80 (1:42.85)		
	5:33.10 (23.30)      5:59.36 (49.56)      6:25.36 (1:15.56)      6:52.18 (1:42.38)		
6	Red Bank Branch	6:53.43	6:53.82
	1) Alex Fitton 18      2) Daniel Hellman 16      3) Greg Daniele 17      4) Harrison Cefalo 16		
	23.53      48.91 (48.91)      1:15.34 (1:15.34)      1:41.78 (1:41.78)		
	2:06.11 (24.33)      2:32.48 (50.70)      3:00.29 (1:18.51)      3:28.76 (1:46.98)		
	3:52.21 (23.45)      4:17.75 (48.99)      4:44.46 (1:15.70)      5:11.85 (1:43.09)		
	5:34.76 (22.91)      6:00.59 (48.74)      6:27.04 (1:15.19)      6:53.82 (1:41.97)		
7	Upper Main Line YMCA	6:54.89	6:54.35
	1) Thomas Mershon 16      2) Nathan Reed 17      3) Andrew Seiler 18      4) Matt Luminais 14		
	24.27      50.64 (50.64)      1:17.29 (1:17.29)      1:43.49 (1:43.49)		
	2:07.06 (23.57)      2:33.18 (49.69)      2:59.82 (1:16.33)      3:25.85 (1:42.36)		
	3:48.84 (22.99)      4:14.52 (48.67)      4:41.60 (1:15.75)      5:09.06 (1:43.21)		
	5:33.07 (24.01)      5:59.75 (50.69)      6:27.09 (1:18.03)      6:54.35 (1:45.29)		
8	Westport/Weston CT YMCA	6:52.47	6:58.53
	1) Bart Platow 17      2) Chris Wiederecht 17      3) Bryan Stephan 18      4) Andrew Grinalds 17		
	24.03      49.93 (49.93)      1:17.15 (1:17.15)      1:44.66 (1:44.66)		
	2:07.81 (23.15)      2:34.43 (49.77)      3:01.75 (1:17.09)      3:29.08 (1:44.42)		
	3:52.27 (23.19)      4:18.58 (49.50)      4:46.71 (1:17.63)      5:15.85 (1:46.77)		
	5:37.94 (22.09)      6:03.51 (47.66)      6:31.17 (1:15.32)      6:58.53 (1:42.68)		

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## B - Final ... (Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay	Prelim Time	Finals Time
<b>B - Final</b>			
9 Spokane YMCA		6:55.20	6:53.77
1) Coleman Allen 16	2) Jordan Ray 18	3) Alex Martinek 16	4) Mason Shaw 17
23.52	49.30 (49.30)	1:15.96 (1:15.96)	1:42.92 (1:42.92)
2:06.88 (23.96)	2:33.91 (50.99)	3:00.20 (1:17.28)	3:26.18 (1:43.26)
3:50.80 (24.62)	4:18.03 (51.85)	4:46.46 (1:20.28)	5:14.18 (1:48.00)
5:37.06 (22.88)	6:02.69 (48.51)	6:28.35 (1:14.17)	6:53.77 (1:39.59)
10 New Canaan Community YM		6:56.76	6:54.99
1) Jay Margherio 18	2) Evan Ciecimirski 17	3) Dan Sweeney 18	4) Christian Higgins 16
23.50	49.67 (49.67)	1:16.38 (1:16.38)	1:43.21 (1:43.21)
2:07.15 (23.94)	2:33.78 (50.57)	3:01.33 (1:18.12)	3:28.22 (1:45.01)
3:51.62 (23.40)	4:18.05 (49.83)	4:44.22 (1:16.00)	5:10.80 (1:42.58)
5:33.97 (23.17)	6:00.16 (49.36)	6:27.26 (1:16.46)	6:54.99 (1:44.19)
11 Wilton Family YMCA		6:58.53	6:55.88
1) Brendan Deveney 18	2) Adam Lebovitz 17	3) Robby Harder 15	4) Andrew Golankiewicz 17
23.56	49.58 (49.58)	1:16.66 (1:16.66)	1:43.28 (1:43.28)
2:07.02 (23.74)	2:33.36 (50.08)	3:00.52 (1:17.24)	3:27.93 (1:44.65)
3:51.53 (23.60)	4:18.75 (50.82)	4:46.60 (1:18.67)	5:13.59 (1:45.66)
5:36.70 (23.11)	6:02.84 (49.25)	6:29.45 (1:15.86)	6:55.88 (1:42.29)
12 Montgomery -East Branch YM		6:57.51	6:56.00
1) Austin Abigt 17	2) Brad Powell 18	3) Jake Reynolds 18	4) Woody Joye 17
23.72	50.81 (50.81)	1:18.87 (1:18.87)	1:46.07 (1:46.07)
2:10.05 (23.98)	2:36.59 (50.52)	3:04.62 (1:18.55)	3:34.38 (1:48.31)
3:57.18 (22.80)	4:22.78 (48.40)	4:49.94 (1:15.56)	5:17.33 (1:42.95)
5:39.41 (22.08)	6:04.79 (47.46)	6:30.66 (1:13.33)	6:56.00 (1:38.67)
13 Somerset Valley YMCA		6:57.50	6:56.01
1) Frank Cuzzola 18	2) Matthew Vanbiervliet 15	3) Brian Barr 16	4) Robert Parker 17
23.36	49.67 (49.67)	1:16.85 (1:16.85)	1:43.81 (1:43.81)
2:07.34 (23.53)	2:33.82 (50.01)	3:01.33 (1:17.52)	3:28.37 (1:44.56)
3:52.32 (23.95)	4:18.58 (50.21)	4:46.22 (1:17.85)	5:13.70 (1:45.33)
5:36.45 (22.75)	6:02.09 (48.39)	6:29.09 (1:15.39)	6:56.01 (1:42.31)
14 M.E. Lyons (Anderson) YMC		6:57.76	6:57.81
1) Alex Miller 17	2) JB Easley 18	3) Sean Monahan 16	4) Matt Luehrmann 17
23.73	48.99 (48.99)	1:14.94 (1:14.94)	1:40.84 (1:40.84)
2:05.98 (25.14)	2:33.63 (52.79)	3:01.79 (1:20.95)	3:29.31 (1:48.47)
3:52.97 (23.66)	4:19.21 (49.90)	4:46.57 (1:17.26)	5:13.65 (1:44.34)
5:37.01 (23.36)	6:03.29 (49.64)	6:30.78 (1:17.13)	6:57.81 (1:44.16)
15 Fanwood-Scotch Plains YMC		6:57.37	6:59.78
1) Will Brown 16	2) Mike Napolitano 15	3) Dan Napolitano 15	4) Greg Baliko 15
24.30	50.98 (50.98)	1:18.57 (1:18.57)	1:45.49 (1:45.49)
2:09.70 (24.21)	2:36.30 (50.81)	3:03.71 (1:18.22)	3:30.97 (1:45.48)
3:54.02 (23.05)	4:20.30 (49.33)	4:46.99 (1:16.02)	5:13.73 (1:42.76)
5:37.67 (23.94)	6:04.66 (50.93)	6:32.49 (1:18.76)	6:59.78 (1:46.05)
--- Brandywine -DE YMCA		6:55.76	DQ
False start			
1) Curtis Ramsey 18	2) Michael Moore 17	3) JR Creekmore 16	4) Tom McKee 16
23.29	49.78 (49.78)	1:17.25 (1:17.25)	1:44.50 (1:44.50)
2:07.49 (22.99)	2:33.82 (49.32)	3:01.71 (1:17.21)	3:29.98 (1:45.48)
3:54.10 (24.12)	4:20.90 (50.92)	4:48.49 (1:18.51)	5:16.03 (1:46.05)
5:39.34 (23.31)	6:05.57 (49.54)	6:32.58 (1:16.55)	DQ (1:43.30)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**  
**Swimming and Diving Championship**  
**Results**

**Men 800 Yard Freestyle Relay Swimming Competition**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 Schroeder YMCA		6:46.01	6:49.15
1) Ryan Hansen 17	2) Graham Charlton 17	3) Mitchell Friedemann 16	4) Francisco Vital 17
22.75	48.56 (48.56)	1:15.43 (1:15.43)	1:42.71 (1:42.71)
2:06.16 (23.45)	2:32.24 (49.53)	2:59.47 (1:16.76)	3:26.72 (1:44.01)
3:48.49 (21.77)	4:14.17 (47.45)	4:40.61 (1:13.89)	5:07.22 (1:40.50)
5:29.54 (22.32)	5:54.70 (47.48)	6:21.39 (1:14.17)	6:49.15 (1:41.93)
2 Sarasota Family YMCA, Inc		7:46.05 L	6:49.70
1) Mark Cox 17	2) Patrick Ceddia 17	3) Nicholas Caldwell 15	4) Matthew Kaminske 18
23.98	49.92 (49.92)	1:16.57 (1:16.57)	1:43.35 (1:43.35)
2:06.61 (23.26)	2:32.81 (49.46)	2:59.37 (1:16.02)	3:24.77 (1:41.42)
3:48.75 (23.98)	4:14.76 (49.99)	4:40.82 (1:16.05)	5:05.80 (1:41.03)
5:30.70 (24.90)	5:57.16 (51.36)	6:23.69 (1:17.89)	6:49.70 (1:43.90)
3 Triangle Area YMCA		6:50.44	6:52.40
1) Dominick Glavich 15	2) John Morton 18	3) Alex Benham 18	4) Joe Bonk 15
23.64	49.79 (49.79)	1:16.61 (1:16.61)	1:43.13 (1:43.13)
2:07.04 (23.91)	2:33.14 (50.01)	2:59.12 (1:15.99)	3:25.90 (1:42.77)
3:49.31 (23.41)	4:15.27 (49.37)	4:42.23 (1:16.33)	5:08.72 (1:42.82)
5:32.47 (23.75)	5:58.51 (49.79)	6:25.11 (1:16.39)	6:52.40 (1:43.68)
4 Westport/Weston CT YMCA		6:59.45	6:52.47
1) Bart Platow 17	2) Chris Wiederecht 17	3) Bryan Stephan 18	4) Andrew Grinalds 17
24.27	50.36 (50.36)	1:17.19 (1:17.19)	1:44.18 (1:44.18)
2:07.04 (22.86)	2:33.32 (49.14)	3:01.05 (1:16.87)	3:29.09 (1:44.91)
3:52.54 (23.45)	4:19.41 (50.32)	4:46.78 (1:17.69)	5:14.15 (1:45.06)
5:36.08 (21.93)	6:00.99 (46.84)	6:27.11 (1:12.96)	6:52.47 (1:38.32)
5 B.R. Ryall (Northwestern Dur)		6:50.46	6:52.60
1) Sean Brown 18	2) Kevin Mihic 18	3) Thomas Delves 18	4) Brian Sivak 18
24.37	50.49 (50.49)	1:16.97 (1:16.97)	1:43.83 (1:43.83)
2:06.50 (22.67)	2:32.07 (48.24)	2:58.94 (1:15.11)	3:26.11 (1:42.28)
3:41.73 (15.62)	4:15.31 (49.20)	4:42.60 (1:16.49)	5:10.21 (1:44.10)
5:33.16 (22.95)	5:58.84 (48.63)	6:25.35 (1:15.14)	6:52.60 (1:42.39)
6 Middle Tyger YMCA		6:58.65	6:53.41
1) David Ingraham 16	2) Konrad Opuszko 17	3) Garrett Snipes 17	4) Graham Kauffman 17
24.09	49.81 (49.81)	1:16.11 (1:16.11)	1:43.00 (1:43.00)
2:06.08 (23.08)	2:31.95 (48.95)	2:59.04 (1:16.04)	3:26.85 (1:43.85)
3:49.95 (23.10)	4:15.74 (48.89)	4:42.67 (1:15.82)	5:09.29 (1:42.44)
5:32.78 (23.49)	5:59.36 (50.07)	6:26.67 (1:17.38)	6:53.41 (1:44.12)
7 Red Bank Branch		6:53.20	6:53.43
1) Alex Fitton 18	2) Daniel Hellman 16	3) Greg Daniele 17	4) Harrison Cefalo 16
23.56	48.84 (48.84)	1:15.17 (1:15.17)	1:41.28 (1:41.28)
2:05.23 (23.95)	2:32.14 (50.86)	3:00.14 (1:18.86)	3:28.51 (1:47.23)
3:51.46 (22.95)	4:16.95 (48.44)	4:43.81 (1:15.30)	5:11.68 (1:43.17)
5:34.96 (23.28)	6:00.67 (48.99)	6:26.89 (1:15.21)	6:53.43 (1:41.75)
8 Upper Main Line YMCA		6:59.21	6:54.89
1) Matt Luminais 14	2) Nathan Reed 17	3) Andrew Seiler 18	4) Thomas Mershon 16
24.91	51.39 (51.39)	1:18.81 (1:18.81)	1:46.23 (1:46.23)
2:09.74 (23.51)	2:35.80 (49.57)	3:02.44 (1:16.21)	3:28.54 (1:42.31)
3:51.35 (22.81)	4:17.81 (49.27)	4:44.90 (1:16.36)	5:12.00 (1:43.46)
5:35.69 (23.69)	6:02.17 (50.17)	6:28.57 (1:16.57)	6:54.89 (1:42.89)

## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
9 Spokane YMCA		7:02.00	6:55.20
1) Mason Shaw 17	2) Coleman Allen 16	3) Jordan Ray 18	4) Alex Martinek 16
24.26	50.36 (50.36)	1:15.79 (1:15.79)	1:41.24 (1:41.24)
2:04.61 (23.37)	2:30.59 (49.35)	2:57.06 (1:15.82)	3:23.88 (1:42.64)
3:47.30 (23.42)	4:13.02 (49.14)	4:40.20 (1:16.32)	5:06.80 (1:42.92)
5:31.15 (24.35)	5:58.48 (51.68)	6:27.02 (1:20.22)	6:55.20 (1:48.40)
10 Brandywine -DE YMCA		6:57.36	6:55.76
1) Curtis Ramsey 18	2) Michael Moore 17	3) JR Creekmore 16	4) Tom McKee 16
23.63	49.69 (49.69)	1:17.03 (1:17.03)	1:44.55 (1:44.55)
2:07.97 (23.42)	2:34.08 (49.53)	3:00.83 (1:16.28)	3:28.79 (1:44.24)
3:52.96 (24.17)	4:19.76 (50.97)	4:47.24 (1:18.45)	5:14.54 (1:45.75)
5:37.92 (23.38)	6:03.45 (48.91)	6:29.69 (1:15.15)	6:55.76 (1:41.22)
11 New Canaan Community YM		7:04.96	6:56.76
1) Christian Higgins 16	2) Evan Ciecimirski 17	3) Dan Sweeney 18	4) Jay Margherio 18
24.15	50.35 (50.35)	1:17.08 (1:17.08)	1:44.07 (1:44.07)
2:07.41 (23.34)	2:34.12 (50.05)	3:01.39 (1:17.32)	3:28.42 (1:44.35)
3:52.29 (23.87)	4:19.00 (50.58)	4:45.62 (1:17.20)	5:12.76 (1:44.34)
5:35.96 (23.20)	6:02.54 (49.78)	6:30.06 (1:17.30)	6:56.76 (1:44.00)
12 Fanwood-Scotch Plains YMC		7:04.14	6:57.37
1) Will Brown 16	2) Mike Napolitano 15	3) Dan Napolitano 15	4) Greg Baliko 15
23.85	49.76 (49.76)	1:16.40 (1:16.40)	1:43.88 (1:43.88)
2:07.62 (23.74)	2:33.82 (49.94)	3:00.94 (1:17.06)	3:28.09 (1:44.21)
3:51.55 (23.46)	4:17.44 (49.35)	4:44.79 (1:16.70)	5:11.76 (1:43.67)
5:35.15 (23.39)	6:01.55 (49.79)	6:29.43 (1:17.67)	6:57.37 (1:45.61)
13 Somerset Valley YMCA		6:57.31	6:57.50
1) Frank Cuzzola 18	2) Matthew Vanbiervliet 15	3) Brian Barr 16	4) Robert Parker 17
23.47	49.77 (49.77)	1:17.09 (1:17.09)	1:44.26 (1:44.26)
2:07.82 (23.56)	2:34.31 (50.05)	3:02.01 (1:17.75)	3:28.94 (1:44.68)
3:52.62 (23.68)	4:19.24 (50.30)	4:47.00 (1:18.06)	5:14.51 (1:45.57)
5:37.04 (22.53)	6:02.88 (48.37)	6:30.16 (1:15.65)	6:57.50 (1:42.99)
14 Montgomery -East Branch YM		6:58.12	6:57.51
1) Austin Abigt 17	2) Brad Powell 18	3) Jake Reynolds 18	4) Woody Joye 17
24.37	51.43 (51.43)	1:19.49 (1:19.49)	1:46.79 (1:46.79)
2:11.32 (24.53)	2:38.17 (51.38)	3:06.00 (1:19.21)	3:34.45 (1:47.66)
3:57.60 (23.15)	4:23.10 (48.65)	4:50.07 (1:15.62)	5:17.94 (1:43.49)
5:39.85 (21.91)	6:04.97 (47.03)	6:31.11 (1:13.17)	6:57.51 (1:39.57)
15 M.E. Lyons (Anderson) YMC		7:06.07	6:57.76
1) Matt Luehrmann 17	2) JB Easley 18	3) Sean Monahan 16	4) Alex Miller 17
24.25	50.99 (50.99)	1:18.37 (1:18.37)	1:44.90 (1:44.90)
2:09.49 (24.59)	2:36.19 (51.29)	3:03.62 (1:18.72)	3:31.00 (1:46.10)
3:55.47 (24.47)	4:22.45 (51.45)	4:49.83 (1:18.83)	5:17.08 (1:46.08)
5:40.14 (23.06)	6:05.70 (48.62)	6:32.09 (1:15.01)	6:57.76 (1:40.68)
16 Wilton Family YMCA		7:01.03	6:58.53
1) Brendan Deveney 18	2) Robby Harder 15	3) Adam Lebovitz 17	4) Andrew Golankiewicz 17
24.18	50.44 (50.44)	1:17.63 (1:17.63)	1:44.62 (1:44.62)
2:08.09 (23.47)	2:34.53 (49.91)	3:02.50 (1:17.88)	3:30.05 (1:45.43)
3:54.01 (23.96)	4:20.62 (50.57)	4:48.37 (1:18.32)	5:15.05 (1:45.00)
5:38.65 (23.60)	6:04.97 (49.92)	6:31.66 (1:16.61)	6:58.53 (1:43.48)
17 Greater Flint YMCA		6:56.88	6:58.67
1) Jordan Guttrich 16	2) Tyler Greene 16	3) Andrew Yunker 14	4) Tyler Benmark 18
25.06	51.67 (51.67)	1:18.42 (1:18.42)	1:45.45 (1:45.45)
2:09.23 (23.78)	2:35.61 (50.16)	3:02.45 (1:17.00)	3:29.18 (1:43.73)
3:53.62 (24.44)	4:20.43 (51.25)	4:47.91 (1:18.73)	5:15.04 (1:45.86)
5:38.31 (23.27)	6:04.59 (49.55)	6:31.75 (1:16.71)	6:58.67 (1:43.63)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
18 Riverfront Branch YMCA				6:54.92	6:59.01
1) Stephen Melchiorre 17	2) Gregory Mahon 18	3) Paul Maneri 17	4) Jason Ho 17		
24.77	51.50 (51.50)	1:18.23 (1:18.23)	1:44.89 (1:44.89)		
2:07.82 (22.93)	2:33.67 (48.78)	3:00.48 (1:15.59)	3:27.38 (1:42.49)		
3:50.94 (23.56)	4:17.53 (50.15)	4:44.68 (1:17.30)	5:12.14 (1:44.76)		
5:36.02 (23.88)	6:02.53 (50.39)	6:30.28 (1:18.14)	6:59.01 (1:46.87)		
19 Andover/North Andover YMC				7:03.75	6:59.75
1) Matt Nutter 16	2) Brendan Fortin 18	3) Ryan Fortin 15	4) Paul Hunter 17		
24.22	50.81 (50.81)	1:18.26 (1:18.26)	1:44.99 (1:44.99)		
2:08.76 (23.77)	2:35.12 (50.13)	3:02.55 (1:17.56)	3:30.16 (1:45.17)		
3:54.15 (23.99)	4:20.79 (50.63)	4:48.52 (1:18.36)	5:16.51 (1:46.35)		
5:39.92 (23.41)	6:06.58 (50.07)	6:33.41 (1:16.90)	6:59.75 (1:43.24)		
20 Sunbury Branch YMCA				7:00.85	7:01.18
1) Tyler Long 17	2) Zach Stephens 16	3) Dustin Folio 18	4) Taylor Cole 17		
24.35	51.48 (51.48)	1:19.71 (1:19.71)	1:47.49 (1:47.49)		
2:10.76 (23.27)	2:37.11 (49.62)	3:04.88 (1:17.39)	3:31.67 (1:44.18)		
3:53.94 (22.27)	4:19.63 (47.96)	4:46.04 (1:14.37)	5:12.22 (1:40.55)		
5:36.42 (24.20)	6:03.80 (51.58)	6:32.35 (1:20.13)	7:01.18 (1:48.96)		
21 North Shore (Sterling) MA YI				7:06.57	7:01.71
1) Ted Millett 17	2) Brian Brennan 17	3) Tim Bouvier 17	4) Tyler Lareau 17		
24.57	51.56 (51.56)	1:18.99 (1:18.99)	1:46.23 (1:46.23)		
2:10.36 (24.13)	2:37.05 (50.82)	3:04.43 (1:18.20)	3:31.68 (1:45.45)		
3:56.52 (24.84)	4:23.85 (52.17)	4:51.43 (1:19.75)	5:18.64 (1:46.96)		
5:41.95 (23.31)	6:07.72 (49.08)	6:34.74 (1:16.10)	7:01.71 (1:43.07)		
*22 Lynchburg YMCA				7:03.70	7:02.01
1) Carter Watson 16	2) Caleb Williams 14	3) Jason Brame 17	4) Kemp Pettyjohn 16		
24.33	50.58 (50.58)	1:17.62 (1:17.62)	1:44.52 (1:44.52)		
2:08.85 (24.33)	2:35.13 (50.61)	3:02.26 (1:17.74)	3:29.27 (1:44.75)		
3:53.70 (24.43)	4:20.32 (51.05)	4:47.64 (1:18.37)	5:14.55 (1:45.28)		
5:29.61 (15.06)	6:06.00 (51.45)	6:33.96 (1:19.41)	7:02.01 (1:47.46)		
*22 Orlando YMCA				7:07.81	7:02.01
1) Braden Bouchard 16	2) Emmanuel Arias 16	3) Robbie Duran 17	4) Illya Prikhodko 16		
24.34	51.56 (51.56)	1:19.09 (1:19.09)	1:46.13 (1:46.13)		
2:10.03 (23.90)	2:36.45 (50.32)	3:03.75 (1:17.62)	3:31.08 (1:44.95)		
3:55.14 (24.06)	4:21.53 (50.45)	4:49.76 (1:18.68)	5:17.09 (1:46.01)		
5:40.42 (23.33)	6:06.95 (49.86)	6:34.50 (1:17.41)	7:02.01 (1:44.92)		
24 Birmingham Family YMCA				7:15.12	7:02.83
1) Ryan Reynolds 17	2) Riley Sherer 17	3) Matt Hogan 17	4) Nick McGowan 17		
24.66	51.34 (51.34)	1:18.90 (1:18.90)	1:47.12 (1:47.12)		
2:12.14 (25.02)	2:39.49 (52.37)	3:06.91 (1:19.79)	3:34.55 (1:47.43)		
3:57.57 (23.02)	4:24.10 (49.55)	4:51.32 (1:16.77)	5:17.25 (1:42.70)		
5:41.54 (24.29)	6:08.79 (51.54)	6:36.03 (1:18.78)	7:02.83 (1:45.58)		
25 South Family YMCA-Ketterir				6:58.71	7:02.88
1) Andy Lamb 16	2) Daniel Schmitz 17	3) Ben Tillar 16	4) Ty Perkins 18		
24.95	52.08 (52.08)	1:20.38 (1:20.38)	1:49.54 (1:49.54)		
2:13.07 (23.53)	2:39.36 (49.82)	3:05.81 (1:16.27)	3:32.06 (1:42.52)		
3:55.48 (23.42)	4:22.52 (50.46)	4:51.41 (1:19.35)	5:20.40 (1:48.34)		
5:43.49 (23.09)	6:09.27 (48.87)	6:36.09 (1:15.69)	7:02.88 (1:42.48)		
26 Bath Area Family YMCA				7:18.04	7:03.59
1) James Wells 17	2) Won Ho Chang 17	3) Phillip Jacques 17	4) Ian Nichols 18		
23.41	50.15 (50.15)	1:17.26 (1:17.26)	1:44.31 (1:44.31)		
2:07.67 (23.36)	2:33.46 (49.15)	3:00.01 (1:15.70)	3:25.99 (1:41.68)		
3:50.34 (24.35)	4:17.52 (51.53)	4:45.78 (1:19.79)	5:14.33 (1:48.34)		
5:38.72 (24.39)	6:06.67 (52.34)	6:35.22 (1:20.89)	7:03.59 (1:49.26)		



## 2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

## Swimming and Diving Championship

## Results

## Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay			Seed Time	Prelim Time
27 West Shore YMCA				7:08.14	7:03.79
1) Ryan Turner 15	2) Eric Naylor 17	3) Eddie Lanoue 17	4) Steven Gasparini 16		
24.86	51.79 (51.79)	1:19.25 (1:19.25)	1:45.93 (1:45.93)		
2:09.97 (24.04)	2:36.36 (50.43)	3:03.31 (1:17.38)	3:30.47 (1:44.54)		
3:54.99 (24.52)	4:22.35 (51.88)	4:50.88 (1:20.41)	5:19.64 (1:49.17)		
5:43.31 (23.67)	6:09.47 (49.83)	6:36.39 (1:16.75)	7:03.79 (1:44.15)		
28 Ocean County YMCA				7:07.46	7:04.06
1) Alex Kosenski 19	2) Evan Mahoney 14	3) William Kasper 17	4) Brian Molloy 17		
24.42	51.73 (51.73)	1:18.77 (1:18.77)	1:45.32 (1:45.32)		
2:09.75 (24.43)	2:37.30 (51.98)	3:04.80 (1:19.48)	3:32.15 (1:46.83)		
3:56.26 (24.11)	4:23.71 (51.56)	4:52.41 (1:20.26)	5:21.79 (1:49.64)		
5:44.91 (23.12)	6:10.81 (49.02)	6:37.44 (1:15.65)	7:04.06 (1:42.27)		
29 Green Bay YMCA Metro				7:02.72	7:05.10
1) Caleb Capozella 16	2) Christophe Vandervest 18	3) John Bushman 15	4) Luke Bushman 18		
24.64	51.90 (51.90)	1:18.38 (1:18.38)	1:45.69 (1:45.69)		
2:10.15 (24.46)	2:37.70 (52.01)	3:05.67 (1:19.98)	3:33.25 (1:47.56)		
3:58.46 (25.21)	4:26.32 (53.07)	4:54.50 (1:21.25)	5:21.56 (1:48.31)		
5:44.27 (22.71)	6:10.10 (48.54)	6:37.32 (1:15.76)	7:05.10 (1:43.54)		
30 Ridley Area YMCA				7:09.71	7:05.11
1) Tom Rhoads 17	2) John Quagliariello 15	3) Dann Williams 17	4) JC Logan 16		
	50.25 (50.25)	1:17.23 (1:17.23)	1:43.89 (1:43.89)		
2:08.18 (24.29)	2:35.39 (51.50)	3:03.63 (1:19.74)	3:31.95 (1:48.06)		
3:56.02 (24.07)	4:23.22 (51.27)	4:51.64 (1:19.69)	5:19.87 (1:47.92)		
5:43.69 (23.82)	6:10.26 (50.39)	6:37.47 (1:17.60)	7:05.11 (1:45.24)		
31 Kishwaukee Family YMCA				7:11.29	7:05.49
1) Grant Alef 16	2) Chad Thompson 16	3) Michael Gordon 15	4) David Gordon 18		
	52.36 (52.36)	1:20.32 (1:20.32)	1:47.56 (1:47.56)		
2:11.97 (24.41)	2:39.17 (51.61)	3:07.07 (1:19.51)	3:35.15 (1:47.59)		
3:58.95 (23.80)	4:25.84 (50.69)	4:53.04 (1:17.89)	5:20.35 (1:45.20)		
5:44.44 (24.09)	6:11.08 (50.73)	6:38.41 (1:18.06)	7:05.49 (1:45.14)		
32 Reading and Berks County Y1				7:03.92	7:05.90
1) Ryan Carey 18	2) Adam Kurtz 17	3) Joe Huyett 17	4) Danny Crigler 17		
23.70	50.24 (50.24)	1:18.05 (1:18.05)	1:45.59 (1:45.59)		
2:09.40 (23.81)	2:36.32 (50.73)	3:04.53 (1:18.94)	3:32.96 (1:47.37)		
3:57.04 (24.08)	4:23.95 (50.99)	4:52.10 (1:19.14)	5:20.66 (1:47.70)		
5:43.30 (22.64)	6:09.85 (49.19)	6:37.85 (1:17.19)	7:05.90 (1:45.24)		
33 Lakeland Hills Family YMCA				7:12.49	7:08.47
1) Michael McElduff 16	2) Karl Mayer 17	3) Frank Bozzi 15	4) Kyle Grosman 17		
23.84	50.01 (50.01)	1:17.15 (1:17.15)	1:44.66 (1:44.66)		
2:08.28 (23.62)	2:34.95 (50.29)	3:02.18 (1:17.52)	3:30.08 (1:45.42)		
3:54.45 (24.37)	4:22.54 (52.46)	4:51.27 (1:21.19)	5:19.82 (1:49.74)		
5:44.01 (24.19)	6:10.66 (50.84)	6:38.94 (1:19.12)	7:08.47 (1:48.65)		
34 Edwardsville YMCA				7:12.33	7:08.53
1) Josh Jacobson 17	2) Max Byers 15	3) Frank Gremaud 14	4) Eddy Lynk 17		
24.53	51.38 (51.38)	1:18.51 (1:18.51)	1:45.90 (1:45.90)		
2:10.40 (24.50)	2:37.82 (51.92)	3:06.15 (1:20.25)	3:34.24 (1:48.34)		
3:58.50 (24.26)	4:25.88 (51.64)	4:54.78 (1:20.54)	5:23.72 (1:49.48)		
5:46.97 (23.25)	6:12.78 (49.06)	6:39.85 (1:16.13)	7:08.53 (1:44.81)		
35 Powel Crosley Jr. YMCA				7:07.69	7:08.64
1) Jonny Kleinhenz 17	2) AJ Burt 16	3) Alex Burgess 14	4) Michael Murphy 17		
24.71	51.40 (51.40)	1:17.64 (1:17.64)	1:44.58 (1:44.58)		
2:09.08 (24.50)	2:35.89 (51.31)	3:03.43 (1:18.85)	3:31.65 (1:47.07)		
3:58.36 (26.71)	4:27.19 (55.54)	4:54.10 (1:22.45)	5:21.54 (1:49.89)		
5:45.53 (23.99)	6:12.67 (51.13)	6:40.85 (1:19.31)	7:08.64 (1:47.10)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
36 Tri-Hampton Family Branch Y			7:09.40	7:08.67
1) Nick Johnson 18	2) Shane McKenzie 15	3) Dylan Ludwick 15	4) Alex Naglich 15	
	49.91 (49.91)	1:15.28 (1:15.28)	1:40.79 (1:40.79)	
2:06.53 (25.74)	2:35.24 (54.45)	3:04.70 (1:23.91)	3:33.38 (1:52.59)	
3:58.08 (24.70)	4:26.09 (52.71)	4:53.91 (1:20.53)	5:22.10 (1:48.72)	
5:46.75 (24.65)	6:13.65 (51.55)	6:40.92 (1:18.82)	7:08.67 (1:46.57)	
37 Phoenixville Branch YMCA			7:16.53	7:08.96
1) Parker Baisden 16	2) Ubaldo Zavaleta 18	3) MP Salinas 14	4) Evan Deakyne 17	
	25.39	52.95 (52.95)	1:20.81 (1:20.81)	1:47.68 (1:47.68)
2:11.39 (23.71)	2:37.64 (49.96)	3:04.19 (1:16.51)	3:30.59 (1:42.91)	
3:55.35 (24.76)	4:23.31 (52.72)	4:51.77 (1:21.18)	5:19.43 (1:48.84)	
5:43.64 (24.21)	6:10.95 (51.52)	6:39.59 (1:20.16)	7:08.96 (1:49.53)	
38 Fox Cities YMCA			7:11.45	7:09.61
1) Alex Bryson 16	2) Jake Iotte 14	3) Connor Christiansen 16	4) Ryan Goggans 18	
	51.59 (51.59)	1:19.64 (1:19.64)	1:47.71 (1:47.71)	
2:11.83 (24.12)	2:39.74 (52.03)	3:08.61 (1:20.90)	3:36.83 (1:49.12)	
4:00.90 (24.07)	4:28.58 (51.75)	4:56.90 (1:20.07)	5:25.16 (1:48.33)	
5:49.11 (23.95)	6:15.54 (50.38)	6:42.68 (1:17.52)	7:09.61 (1:44.45)	
39 Boyertown Area YMCA			7:03.25	7:10.29
1) Wesley Trumbauer 17	2) Alex Corbett 16	3) Alec Francis 18	4) Jordan Hartman 17	
	24.94	51.91 (51.91)	1:19.56 (1:19.56)	1:46.88 (1:46.88)
2:11.13 (24.25)	2:38.09 (51.21)	3:06.04 (1:19.16)	3:34.17 (1:47.29)	
3:58.91 (24.74)	4:27.00 (52.83)	4:56.16 (1:21.99)	5:24.50 (1:50.33)	
5:48.44 (23.94)	6:14.91 (50.41)	6:42.57 (1:18.07)	7:10.29 (1:45.79)	
40 Somerset Hills YMCA			7:08.55	7:10.38
1) Kenny Savage 16	2) Kyle Madley 16	3) Andrew Smith 18	4) James Ross 15	
	24.86	52.61 (52.61)	1:21.01 (1:21.01)	1:49.04 (1:49.04)
2:12.29 (23.25)	2:38.91 (49.87)	3:07.05 (1:18.01)	3:35.37 (1:46.33)	
3:59.34 (23.97)	4:27.24 (51.87)	4:56.35 (1:20.98)	5:24.75 (1:49.38)	
5:48.20 (23.45)	6:14.88 (50.13)	6:42.62 (1:17.87)	7:10.38 (1:45.63)	
41 Wyckoff Family YMCA Inc			7:06.66	7:10.51
1) Leo Lim 14	2) Justin Petrozzini 17	3) Timothy Healy 17	4) Austin Taylor 16	
	24.58	51.65 (51.65)	1:19.89 (1:19.89)	1:47.75 (1:47.75)
2:11.68 (23.93)	2:38.80 (51.05)	3:07.29 (1:19.54)	3:35.81 (1:48.06)	
3:59.86 (24.05)	4:26.63 (50.82)	4:54.79 (1:18.98)	5:23.05 (1:47.24)	
5:46.91 (23.86)	6:14.45 (51.40)	6:42.96 (1:19.91)	7:10.51 (1:47.46)	
42 Farmington Family YMCA			7:14.21	7:11.78
1) Jake Campbell 17	2) Aaren Marecki 16	3) Mickey McNeece 17	4) John Blickle 17	
	24.69	51.08 (51.08)	1:19.01 (1:19.01)	1:47.05 (1:47.05)
2:11.65 (24.60)	2:38.89 (51.84)	3:06.75 (1:19.70)	3:34.76 (1:47.71)	
3:59.09 (24.33)	4:25.79 (51.03)	4:54.33 (1:19.57)	5:22.84 (1:48.08)	
5:46.98 (24.14)	6:14.25 (51.41)	6:42.92 (1:20.08)	7:11.78 (1:48.94)	
43 Countryside Ralph Stolle YM			7:11.74	7:12.66
1) Matt McKee 18	2) Steven Zimmerman 16	3) Christian Josephson 15	4) Carlo Biedenharn 17	
	52.87 (52.87)	1:22.89 (1:22.89)	1:52.99 (1:52.99)	
2:15.81 (22.82)	2:42.40 (49.41)	3:10.51 (1:17.52)	3:38.82 (1:45.83)	
4:02.97 (24.15)	4:30.63 (51.81)	4:59.52 (1:20.70)	5:28.21 (1:49.39)	
5:51.60 (23.39)	6:18.15 (49.94)	6:45.44 (1:17.23)	7:12.66 (1:44.45)	
44 Montclair YMCA			7:12.58	7:13.31
1) Tommy Wolinski 15	2) Philip Kang 14	3) Dennis Hall-App 15	4) Matt Navata 17	
	24.54	51.77 (51.77)	1:20.04 (1:20.04)	1:48.31 (1:48.31)
2:12.61 (24.30)	2:40.34 (52.03)	3:09.68 (1:21.37)	3:39.30 (1:50.99)	
4:03.77 (24.47)	4:31.28 (51.98)	5:00.50 (1:21.20)	5:29.46 (1:50.16)	
5:52.39 (22.93)	6:18.34 (48.88)	6:45.50 (1:16.04)	7:13.31 (1:43.85)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
45 Cheshire YMCA			7:18.29	7:13.87
1) Jack Pretto 17	2) Luke Fiore 17	3) Adam Shaw 15	4) Alex Kron 17	
23.04	48.76 (48.76)	1:15.46 (1:15.46)	1:41.80 (1:41.80)	
2:06.18 (24.38)	2:33.58 (51.78)	3:02.19 (1:20.39)	3:30.77 (1:48.97)	
3:56.44 (25.67)	4:25.46 (54.69)	4:55.14 (1:24.37)	5:24.80 (1:54.03)	
5:49.57 (24.77)	6:17.07 (52.27)	6:45.29 (1:20.49)	7:13.87 (1:49.07)	
46 Western North Carolina YMC			7:17.71	7:13.99
1) Nathan Hart 17	2) Eric Shuman 16	3) J Key 16	4) Ryan DeBerry 15	
23.73	50.44 (50.44)	1:17.66 (1:17.66)	1:45.00 (1:45.00)	
2:09.66 (24.66)	2:37.28 (52.28)	3:05.96 (1:20.96)	3:34.68 (1:49.68)	
3:59.49 (24.81)	4:26.68 (52.00)	4:54.87 (1:20.19)	5:23.30 (1:48.62)	
5:47.88 (24.58)	6:15.42 (52.12)	6:44.47 (1:21.17)	7:13.99 (1:50.69)	
47 Glens Falls YMCA			7:11.79	7:14.59
1) Andrew Guinther 17	2) Yag Yuruker 17	3) Nick Keenan 16	4) Jason Dutra 17	
	50.09 (50.09)	1:18.24 (1:18.24)	1:46.29 (1:46.29)	
2:09.36 (23.07)	2:35.30 (49.01)	3:02.40 (1:16.11)	3:30.04 (1:43.75)	
4:00.90 (30.86)	4:23.58 (53.54)	4:53.13 (1:23.09)	5:22.76 (1:52.72)	
5:47.78 (25.02)	6:15.43 (52.67)	6:44.89 (1:22.13)	7:14.59 (1:51.83)	
48 North Oakland Family YMCA			7:18.07	7:15.05
1) Jai Singh 15	2) Josh Murrell 14	3) Paul Finstad 18	4) Nick Evans 18	
25.76	54.02 (54.02)	1:22.40 (1:22.40)	1:51.35 (1:51.35)	
2:16.28 (24.93)	2:44.47 (53.12)	3:13.60 (1:22.25)	3:43.12 (1:51.77)	
4:08.21 (25.09)	4:36.37 (53.25)	5:04.94 (1:21.82)	5:33.35 (1:50.23)	
5:56.34 (22.99)	6:22.04 (48.69)	6:48.73 (1:15.38)	7:15.05 (1:41.70)	
49 Laurel Highlands Regional YI			7:13.50	7:15.78
1) Matt Ramey 17	2) Alan Nedley 18	3) Adrian Alexander 16	4) Brendan Lacey 16	
24.64	51.48 (51.48)	1:18.59 (1:18.59)	1:45.58 (1:45.58)	
2:09.88 (24.30)	2:37.29 (51.71)	3:05.12 (1:19.54)	3:32.79 (1:47.21)	
3:58.57 (25.78)	4:27.15 (54.36)	4:57.03 (1:24.24)	5:26.70 (1:53.91)	
5:50.60 (23.90)	6:17.84 (51.14)	6:46.55 (1:19.85)	7:15.78 (1:49.08)	
50 Westfield YMCA			7:11.44	7:15.79
1) Mike Oster 16	2) Jack Lorentzen 16	3) Matt Morgan 18	4) Matt Meserole 17	
	52.55 (52.55)	1:21.47 (1:21.47)	1:50.60 (1:50.60)	
2:15.26 (24.66)	2:43.03 (52.43)	3:10.51 (1:19.91)	3:39.89 (1:49.29)	
4:04.78 (24.89)	4:32.32 (52.43)	5:01.32 (1:21.43)	5:31.27 (1:51.38)	
5:54.97 (23.70)	6:21.62 (50.35)	6:48.63 (1:17.36)	7:15.79 (1:44.52)	
51 Western Monmouth Co. YMC			7:09.15	7:16.59
1) Ryan Kauth 16	2) JV Kracke 18	3) Stephen O'Neill 16	4) Joseph Gallene 17	
	50.89 (50.89)	1:18.77 (1:18.77)	1:46.45 (1:46.45)	
2:10.93 (24.48)	2:38.33 (51.88)	3:06.67 (1:20.22)	3:35.38 (1:48.93)	
4:00.26 (24.88)	4:28.45 (53.07)	4:56.94 (1:21.56)	5:26.14 (1:50.76)	
5:50.37 (24.23)	6:17.87 (51.73)	6:47.16 (1:21.02)	7:16.59 (1:50.45)	
52 Catonsville MD YMCA			7:16.91	7:16.97
1) Patrick Hagar 17	2) Brendan Kerins 17	3) Tyler Szarko 18	4) Charlie Hoffmaster 17	
24.50	51.04 (51.04)	1:18.14 (1:18.14)	1:45.46 (1:45.46)	
2:09.18 (23.72)	2:36.79 (51.33)	3:05.40 (1:19.94)	3:34.30 (1:48.84)	
3:58.77 (24.47)	4:25.82 (51.52)	4:53.68 (1:19.38)	5:21.53 (1:47.23)	
5:46.83 (25.30)	6:15.14 (53.61)	6:45.72 (1:24.19)	7:16.97 (1:55.44)	
53 Ashland Area YMCA			7:07.75	7:18.77
1) Lemar Linton 16	2) Zach Johnson 19	3) Joe Gannon 18	4) Josh Johnson 17	
24.68	51.78 (51.78)	1:19.42 (1:19.42)	1:46.44 (1:46.44)	
2:10.64 (24.20)	2:37.80 (51.36)	3:06.15 (1:19.71)	3:34.10 (1:47.66)	
3:59.63 (25.53)	4:28.48 (54.38)	4:58.68 (1:24.58)	5:29.41 (1:55.31)	
5:53.57 (24.16)	6:21.43 (52.02)	6:50.21 (1:20.80)	7:18.77 (1:49.36)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 800 Yard Freestyle Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
54 Anne Arundel County YMCA		7:14.46	7:19.23
1) Isaac Breen-Franklin 16	2) Mike Cooke 17	3) Colin Heil 16	4) Jack Bremer 15
25.17	52.51 (52.51)	1:20.66 (1:20.66)	1:48.07 (1:48.07)
2:13.24 (25.17)	2:40.69 (52.62)	3:09.71 (1:21.64)	3:39.34 (1:51.27)
4:03.41 (24.07)	4:31.13 (51.79)	5:00.46 (1:21.12)	5:29.55 (1:50.21)
5:54.06 (24.51)	6:21.67 (52.12)	6:50.55 (1:21.00)	7:19.23 (1:49.68)
55 Greater Holyoke YMCA		7:16.75	7:20.03
1) Philip Murphy 16	2) Pat Geraghty 17	3) Timothy Ramos 17	4) Patrick Larrow 17
25.00	51.80 (51.80)	1:20.10 (1:20.10)	1:48.61 (1:48.61)
2:05.54 (16.93)	2:41.35 (52.74)	3:11.08 (1:22.47)	3:39.28 (1:50.67)
4:03.76 (24.48)	4:31.47 (52.19)	5:01.23 (1:21.95)	5:31.24 (1:51.96)
5:55.21 (23.97)	6:22.65 (51.41)	6:51.47 (1:20.23)	7:20.03 (1:48.79)
56 Hamilton Area NJ YMCA		7:18.29	7:20.52
1) Kevin Welsh 16	2) Michael Prewett 18	3) Brad Ranson 17	4) Craig Lupa 18
24.68	52.33 (52.33)	1:20.97 (1:20.97)	1:49.94 (1:49.94)
2:14.36 (24.42)	2:41.70 (51.76)	3:10.62 (1:20.68)	3:39.00 (1:49.06)
4:03.20 (24.20)	4:30.79 (51.79)	5:00.41 (1:21.41)	5:30.93 (1:51.93)
5:55.98 (25.05)	6:23.45 (52.52)	6:52.02 (1:21.09)	7:20.52 (1:49.59)
57 Pottstown YMCA		7:16.40	7:27.38
1) AJ Kontostathis 15	2) Michael Rokosny 15	3) Matthew Bauer 17	4) Billy Draves 16
25.54	54.16 (54.16)	1:24.17 (1:24.17)	1:54.30 (1:54.30)
2:20.14 (25.84)	2:49.71 (55.41)	3:18.95 (1:24.65)	3:48.98 (1:54.68)
4:14.10 (25.12)	4:42.30 (53.32)	5:11.01 (1:22.03)	5:40.38 (1:51.40)
6:04.33 (23.95)	6:30.66 (50.28)	6:58.76 (1:18.38)	7:27.38 (1:47.00)
--- York And York County YMC		7:12.81	DQ
Early take-off swimmer #4			
1) Caleb Tuten 16	2) Chris Kramer 18	3) Alex Mathews 18	4) Brian Strathmeyer 18
24.19	50.69 (50.69)	1:17.60 (1:17.60)	1:43.81 (1:43.81)
2:07.72 (23.91)	2:34.41 (50.60)	3:01.53 (1:17.72)	3:28.07 (1:44.26)
3:52.95 (24.88)	4:20.44 (52.37)	4:48.52 (1:20.45)	5:16.48 (1:48.41)
5:41.38 (24.90)	6:09.54 (53.06)	6:37.45 (1:20.97)	DQ (1:48.37)
--- Madison West YMCA		7:16.32	DQ
1) James Foust 18	2) Jake Schneider 18	3) Pun Winichakul 17	4) Jesse O'Keefe 14

**Men 200 Yard Medley Relay Swimming Competition**

National: 1:31.74 \* 2001

M.E. Lyons, OH

M. E. Lyons, OH

J. Cramer, R. Kauscher, M. Tomes, M. Bertke

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>			
1 Schroeder YMCA		1:32.35	1:30.91 *
1) Mitchell Friedemann 16	2) William Colbert 17	3) Francisco Vital 17	4) Graham Charlton 17
22.87	47.34 (24.47)	1:09.81 (22.47)	1:30.91 (21.10)
2 Riverfront Branch YMCA		1:32.36	1:32.16
1) Gregory Mahon 18	2) Kevin Steel 17	3) J Flanagan 18	4) Adam Schneider 17
23.82	48.99 (25.17)	1:11.38 (22.39)	1:32.16 (20.78)
3 Bath Area Family YMCA		1:34.20	1:32.19
1) James Wells 17	2) Ian Nichols 18	3) Won Ho Chang 17	4) Phillip Jacques 17
22.47	48.60 (26.13)	1:10.84 (22.24)	1:32.19 (21.35)
4 Red Bank Branch		1:34.21	1:33.25
1) Alex Fitton 18	2) Harrison Cefalo 16	3) Greg Daniele 17	4) Charles Pataffi 18
24.71	50.20 (25.49)	1:12.70 (22.50)	1:33.25 (20.55)
5 New Canaan Community YM		1:34.75	1:33.78
1) Dan Sweeney 18	2) Christian Higgins 16	3) Sasan Tehrani 17	4) Evan Ciecimirski 17
23.94	49.62 (25.68)	1:12.61 (22.99)	1:33.78 (21.17)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Men 200 Yard Medley Relay Swimming Competition)**

Team	Relay	Prelim Time	Finals Time
6 Montgomery -East Branch YM		1:34.58	1:33.87
1) Woody Joye 17	2) Chaz Ballard 15	3) Austin Abigt 17	4) Jake Reynolds 18
23.08	51.02 (27.94)	1:13.94 (22.92)	1:33.87 (19.93)
7 Middle Tyger YMCA		1:34.60	1:33.92
1) Konrad Opuszko 17	2) Jared Kauffman 15	3) David Ingraham 16	4) Graham Kauffman 17
24.92	51.08 (26.16)	1:13.01 (21.93)	1:33.92 (20.91)
8 Somerset Valley YMCA		1:33.78	1:33.97
1) Matthew Vanbiervliet 15	2) Sean Johnson 16	3) David Wilson 18	4) Robert Parker 17
25.29	51.12 (25.83)	1:13.58 (22.46)	1:33.97 (20.39)
<b>B - Final</b>			
9 Triangle Area YMCA		1:34.80	1:34.43
1) Kevin Rogers 16	2) John Morton 18	3) Dominick Glavich 15	4) Joe Bonk 15
24.65	51.21 (26.56)	1:14.01 (22.80)	1:34.43 (20.42)
10 Sunbury Branch YMCA		1:34.87	1:34.78
1) Dustin Folio 18	2) Zach Stephens 16	3) Alexander Moser 16	4) Mike Wallace 18
24.29	50.42 (26.13)	1:13.99 (23.57)	1:34.78 (20.79)
11 Powel Crosley Jr. YMCA		1:35.10	1:35.70
1) Zach Fischer 17	2) Jonathan Profitt 17	3) Michael Murphy 17	4) Pat Dierker 15
24.82	51.28 (26.46)	1:13.98 (22.70)	1:35.70 (21.72)
12 Boyertown Area YMCA		1:35.73	1:35.79
1) Alec Francis 18	2) Marshall Lambert 16	3) Wesley Trumbauer 17	4) Matt Duffy 17
24.65	51.71 (27.06)	1:14.66 (22.95)	1:35.79 (21.13)
13 Birmingham Family YMCA		1:35.98	1:36.06
1) Nick McGowan 17	2) Matt Hogan 17	3) Riley Sherer 17	4) Ryan Reynolds 17
24.88	50.43 (25.55)	1:14.84 (24.41)	1:36.06 (21.22)
14 Westport/Weston CT YMCA		1:35.80	1:36.34
1) Bryan Stephan 18	2) Brian Power 17	3) Chris Wiederecht 17	4) Andrew Grinalds 17
25.95	53.44 (27.49)	1:16.40 (22.96)	1:36.34 (19.94)
15 M.E. Lyons (Anderson) YMC		1:35.45	1:36.54
1) Matt Luehrmann 17	2) Sean Drake 16	3) Alex Lewis 16	4) Alex Miller 17
24.39	51.82 (27.43)	1:15.25 (23.43)	1:36.54 (21.29)
--- Sarasota Family YMCA, Inc		1:34.92	DQ
Early take-off swimmer #3			
1) John Orban 18	2) Tyler Revels 18	3) Mark Cox 17	4) Patrick Ceddia 17
24.08	50.79 (26.71)	1:13.43 (22.64)	DQ (20.26)

**Men 200 Yard Medley Relay Swimming Competition**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Schroeder YMCA		1:35.41	1:32.35
1) Mitchell Friedemann 16	2) William Colbert 17	3) Francisco Vital 17	4) Graham Charlton 17
22.81	48.10 (25.29)	1:10.83 (22.73)	1:32.35 (21.52)
2 Riverfront Branch YMCA		1:35.73	1:32.36
1) Gregory Mahon 18	2) Kevin Steel 17	3) J Flanagan 18	4) Adam Schneider 17
23.57	49.18 (25.61)	1:11.60 (22.42)	1:32.36 (20.76)
3 Somerset Valley YMCA		1:34.66	1:33.78
1) Matthew Vanbiervliet 15	2) Sean Johnson 16	3) David Wilson 18	4) Robert Parker 17
25.19	51.21 (26.02)	1:13.41 (22.20)	1:33.78 (20.37)
4 Bath Area Family YMCA		1:35.77	1:34.20
1) James Wells 17	2) Ian Nichols 18	3) Won Ho Chang 17	4) Phillip Jacques 17
23.15	49.91 (26.76)	1:12.45 (22.54)	1:34.20 (21.75)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
5 Red Bank Branch			1:36.70	1:34.21
1) Alex Fitton 18	2) Harrison Cefalo 16	3) Greg Daniele 17	4) Charles Pataffi 18	
24.92	50.74 (25.82)	1:13.33 (22.59)	1:34.21 (20.88)	
6 Montgomery -East Branch YM			1:37.49	1:34.58
1) Jake Reynolds 18	2) Chaz Ballard 15	3) Woody Joye 17	4) Brad Powell 18	
23.68	51.20 (27.52)	1:13.40 (22.20)	1:34.58 (21.18)	
7 Middle Tyger YMCA			1:38.64	1:34.60
1) Konrad Opuszko 17	2) Jared Kauffman 15	3) David Ingraham 16	4) Graham Kauffman 17	
24.93	51.32 (26.39)	1:13.60 (22.28)	1:34.60 (21.00)	
8 New Canaan Community YM			1:39.23	1:34.75
1) Dan Sweeney 18	2) Christian Higgins 16	3) Sasan Tehrani 17	4) Evan Ciecimirski 17	
24.29	49.74 (25.45)	1:13.22 (23.48)	1:34.75 (21.53)	
9 Triangle Area YMCA			1:35.79	1:34.80
1) Kevin Rogers 16	2) John Morton 18	3) Dominick Glavich 15	4) Joe Bonk 15	
24.66	51.09 (26.43)	1:13.75 (22.66)	1:34.80 (21.05)	
10 Sunbury Branch YMCA			1:37.72	1:34.87
1) Dustin Folio 18	2) Zach Stephens 16	3) Alexander Moser 16	4) Mike Wallace 18	
24.38	50.89 (26.51)	1:14.61 (23.72)	1:34.87 (20.26)	
11 Sarasota Family YMCA, Inc			1:39.18	1:34.92
1) Marty Rauch 17	2) Kirt Davis 16	3) Mark Cox 17	4) Patrick Ceddia 17	
24.47	51.75 (27.28)	1:14.26 (22.51)	1:34.92 (20.66)	
12 Powel Crosley Jr. YMCA			1:37.23	1:35.10
1) Zach Fischer 17	2) Jonathan Profitt 17	3) Michael Murphy 17	4) Pat Dierker 15	
24.80	51.05 (26.25)	1:13.68 (22.63)	1:35.10 (21.42)	
13 M.E. Lyons (Anderson) YMC			1:39.17	1:35.45
1) Matt Luehrmann 17	2) Sean Drake 16	3) Alex Lewis 16	4) Alex Miller 17	
24.06	51.49 (27.43)	1:14.41 (22.92)	1:35.45 (21.04)	
14 Boyertown Area YMCA			1:34.32	1:35.73
1) Alec Francis 18	2) Marshall Lambert 16	3) Wesley Trumbauer 17	4) Matt Duffy 17	
24.35	51.79 (27.44)	1:14.71 (22.92)	1:35.73 (21.02)	
15 Westport/Weston CT YMCA			1:41.07	1:35.80
1) Bryan Stephan 18	2) Brian Power 17	3) Chris Wiederecht 17	4) Andrew Grinalds 17	
25.71	52.95 (27.24)	1:15.67 (22.72)	1:35.80 (20.13)	
16 Birmingham Family YMCA			1:42.09	1:35.98
1) Nick McGowan 17	2) Matt Hogan 17	3) Riley Sherer 17	4) Ryan Reynolds 17	
25.28	51.20 (25.92)	1:14.87 (23.67)	1:35.98 (21.11)	
17 Lakeland Hills Family YMCA			1:35.97	1:36.09
1) Michael McElduff 16	2) Kyle Grosman 17	3) Karl Mayer 17	4) Jordan Stillman 17	
25.44	52.47 (27.03)	1:14.81 (22.34)	1:36.09 (21.28)	
18 Fanwood-Scotch Plains YMC			1:37.97	1:36.25
1) Zach Peart 17	2) Greg Baliko 15	3) Evan Paulan 17	4) Will Brown 16	
24.05	51.47 (27.42)	1:15.18 (23.71)	1:36.25 (21.07)	
19 B.R. Ryall (Northwestern Dup			1:42.21	1:36.28
1) Brian Sivak 18	2) Kevin Mihic 18	3) Elliott Batchelder 15	4) Thomas Delves 18	
24.29	51.65 (27.36)	1:15.52 (23.87)	1:36.28 (20.76)	
20 West Shore YMCA			1:37.97	1:36.82
1) Eric Naylor 17	2) Justin Beegle 18	3) Steven Gasparini 16	4) Eddie Lanoue 17	
24.94	53.05 (28.11)	1:15.74 (22.69)	1:36.82 (21.08)	
21 Green Bay YMCA Metro			1:37.42	1:37.13
1) Luke Bushman 18	2) Christophe Vandervest 18	3) Andrew Sumnicht 17	4) Caleb Capozella 16	
23.48	50.79 (27.31)	1:15.65 (24.86)	1:37.13 (21.48)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
22 Ridley Area YMCA				1:39.64	1:37.19
1) John Quagliariello 15	2) JC Logan 16	3) Tom Rhoads 17	4) Nate Oropollo 18		
25.32	52.58 (27.26)	1:16.10 (23.52)	1:37.19 (21.09)		
23 Westfield YMCA				1:39.78	1:37.34
1) Matt Meserole 17	2) Matt Morgan 18	3) Larry Zhang 16	4) Jack Lorentzen 16		
24.19	51.97 (27.78)	1:15.76 (23.79)	1:37.34 (21.58)		
24 Reading and Berks County Y1				1:41.19	1:37.61
1) Adam Kurtz 17	2) Danny Crigler 17	3) Jared Figueroa 18	4) Joe Huyett 17		
25.42	52.32 (26.90)	1:16.22 (23.90)	1:37.61 (21.39)		
25 Upper Main Line YMCA				1:40.44	1:37.93
1) Tyler Rauth 16	2) Andrew Seiler 18	3) Connor Yoo 16	4) Jimmy Ryan 15		
25.65	51.95 (26.30)	1:16.98 (25.03)	1:37.93 (20.95)		
26 Edwardsville YMCA				1:39.32	1:37.96
1) Ethan Duewer 17	2) Max Byers 15	3) Josh Jacobson 17	4) Eddy Lynk 17		
24.92	52.45 (27.53)	1:16.57 (24.12)	1:37.96 (21.39)		
27 Wilton Family YMCA				1:41.78	1:37.98
1) Andrew Golankiewicz 17	2) Brendan Deveney 18	3) Dan Mangan 17	4) Robby Harder 15		
24.31	51.61 (27.30)	1:16.06 (24.45)	1:37.98 (21.92)		
28 Greater Flint YMCA				1:40.59	1:38.01
1) Jordan Guttrich 16	2) Cameron Weaver 17	3) Aaron Yunker 18	4) Tyler Benmark 18		
25.23	52.68 (27.45)	1:16.73 (24.05)	1:38.01 (21.28)		
29 Northwest Connecticut YMC				1:37.86	1:38.11
1) Eric Traub 16	2) Eric Krupa 18	3) Raymond Cswerko 15	4) Brendan Murphy 17		
25.06	53.94 (28.88)	1:17.42 (23.48)	1:38.11 (20.69)		
30 Brandywine -DE YMCA				1:40.41	1:38.31
1) Michael Moore 17	2) Matthew Jennings 16	3) Curtis Ramsey 18	4) Ricky Agresta 16		
25.64	53.54 (27.90)	1:16.98 (23.44)	1:38.31 (21.33)		
31 Ocean County YMCA				1:40.78	1:38.37
1) Brian Molloy 17	2) Evan Mahoney 14	3) William Kasper 17	4) Alex Kosenski 19		
25.68	52.89 (27.21)	1:17.05 (24.16)	1:38.37 (21.32)		
*32 South Family YMCA-Ketterir				1:40.58	1:38.39
1) Daniel Schmitz 17	2) Ty Perkins 18	3) David Ireland 17	4) Ben Tillar 16		
26.63	53.60 (26.97)	1:17.14 (23.54)	1:38.39 (21.25)		
*32 Somerset Hills YMCA				1:41.06	1:38.39
1) Andrew Smith 18	2) Stephen Raynes 16	3) Kyle Madley 16	4) James Ross 15		
26.57	53.82 (27.25)	1:17.13 (23.31)	1:38.39 (21.26)		
34 Springfield Family YMCA				1:39.09	1:38.51
1) Pat McHugh 18	2) Patrick Greitzer 16	3) Andrew Keriazes 17	4) Chip Samuelson 16		
24.68	51.90 (27.22)	1:16.38 (24.48)	1:38.51 (22.13)		
35 Orlando YMCA				1:38.80	1:38.60
1) Illya Prikhodko 16	2) Riley Bouchard 17	3) Kai Honeck 19	4) Emmanuel Arias 16		
24.98	52.61 (27.63)	1:16.61 (24.00)	1:38.60 (21.99)		
36 Montclair YMCA				1:40.88	1:38.65
1) Philip Kang 14	2) Matt Navata 17	3) Andrew Jung 15	4) Jan Yburan 17		
26.02	53.02 (27.00)	1:16.46 (23.44)	1:38.65 (22.19)		
37 Farmington Family YMCA				1:40.75	1:38.69
1) Jake Campbell 17	2) Garrick Givens 17	3) Mickey McNeece 17	4) Aaren Marecki 16		
25.56	53.31 (27.75)	1:16.97 (23.66)	1:38.69 (21.72)		
38 Burlington County YMCA				1:37.92	1:38.70
1) Jimmy Coleman 18	2) Kevin Kelley 18	3) John Marciano 16	4) Philip Hawley 16		
25.26	53.33 (28.07)	1:17.57 (24.24)	1:38.70 (21.13)		
39 Wyckoff Family YMCA Inc				1:40.35	1:38.75
1) Austin Taylor 16	2) Leo Lim 14	3) Chris Morales 18	4) Justin Petrozzini 17		
25.35	52.15 (26.80)	1:16.52 (24.37)	1:38.75 (22.23)		

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
40 Spokane YMCA			1:41.43	1:38.77
1) Coleman Allen 16	2) Kyle Marsh 16	3) Mason Shaw 17	4) Jordan Ray 18	
24.96	53.49 (28.53)	1:16.63 (23.14)	1:38.77 (22.14)	
41 Andover/North Andover YMC			1:40.80	1:38.87
1) Paul Hunter 17	2) Ryan Fortin 15	3) Brendan Fortin 18	4) Matt Nutter 16	
25.21	53.27 (28.06)	1:17.53 (24.26)	1:38.87 (21.34)	
42 North Shore (Sterling) MA YI			1:39.77	1:38.90
1) Tyler Lareau 17	2) Ted Millett 17	3) Brian Brennan 17	4) John Bateman 15	
24.73	52.10 (27.37)	1:17.28 (25.18)	1:38.90 (21.62)	
43 Glens Falls YMCA			1:38.79	1:39.01
1) Jason Dutra 17	2) Andrew Guinther 17	3) Nick Keenan 16	4) Yag Yuruker 17	
26.29	52.73 (26.44)	1:17.80 (25.07)	1:39.01 (21.21)	
44 Laurel East Hartford YMCA			1:42.17	1:39.04
1) Eric Spazzarini 18	2) Zach Auclair 17	3) Robby Husta 17	4) Connor Beaulieu 16	
26.01	53.54 (27.53)	1:17.19 (23.65)	1:39.04 (21.85)	
45 West Morris YMCA			1:40.52	1:39.19
1) Scott Groel 18	2) Chris Zappile 16	3) Jack Thomas 18	4) Nik Lumkong 18	
25.73	54.37 (28.64)	1:18.06 (23.69)	1:39.19 (21.13)	
46 Tuscarawas County YMCA			1:41.21	1:39.24
1) Ethan Lindenbaum 18	2) Atahan Yaya 17	3) Mike Reilly 17	4) JB Stahl 17	
26.57	53.24 (26.67)	1:17.69 (24.45)	1:39.24 (21.55)	
47 Fox Cities YMCA			1:38.81	1:39.95
1) Alex Bryson 16	2) Josh Kinney 17	3) Ryan Goggans 18	4) Connor Christiansen 16	
27.32	53.93 (26.61)	1:17.89 (23.96)	1:39.95 (22.06)	
48 Anne Arundel County YMCA			1:41.69	1:40.12
1) Colin Heil 16	2) Jack Bremer 15	3) Gregory Kogut 16	4) Daniel Gallagher 15	
26.08	53.33 (27.25)	1:17.62 (24.29)	1:40.12 (22.50)	
49 Kishwaukee Family YMCA			1:41.06	1:40.39
1) Grant Alef 16	2) Michael Gordon 15	3) David Gordon 18	4) Chad Thompson 16	
25.10	53.27 (28.17)	1:17.73 (24.46)	1:40.39 (22.66)	
50 Catonsville MD YMCA			1:41.76	1:40.47
1) Brendan Kerins 17	2) Tyler Szarko 18	3) Parker Bratman 17	4) Patrick Hagar 17	
25.14	53.46 (28.32)	1:18.45 (24.99)	1:40.47 (22.02)	
51 Hunterdon County YMCA			1:40.46	1:40.58
1) Jared Lang 17	2) David White 17	3) Nolan Schneider 14	4) John Thompson 14	
24.42	52.55 (28.13)	1:17.90 (25.35)	1:40.58 (22.68)	
52 Phoenixville Branch YMCA			1:42.47	1:40.64
1) Ubaldo Zavaleta 18	2) Matt Heverly 18	3) Evan Deakyne 17	4) MP Salinas 14	
25.70	53.59 (27.89)	1:18.18 (24.59)	1:40.64 (22.46)	
53 La Crosse Area Family YMC.			1:40.41	1:40.72
1) Michael Hagensick 18	2) Alec Christopherson 16	3) Jacob Hegge 17	4) Kevin Wehrheim 17	
25.49	54.37 (28.88)	1:17.77 (23.40)	1:40.72 (22.95)	
54 Indiana County YMCA			1:38.45	1:40.79
1) Andy Zoka 17	2) Andrew Billon 18	3) Matthew Rochna 16	4) David Paccapaniccia 17	
26.04	53.92 (27.88)	1:18.87 (24.95)	1:40.79 (21.92)	
55 Orrville Ohio YMCA			1:40.24	1:40.82
1) Victor Monheim 17	2) Mason Monheim 16	3) Vincent Monheim 17	4) Kyle Likens 17	
26.44	53.83 (27.39)	1:18.41 (24.58)	1:40.82 (22.41)	
56 Ashland Area YMCA			1:40.85	1:40.93
1) Zach Johnson 19	2) Josh Johnson 17	3) Joe Gannon 18	4) Lemar Linton 16	
25.67	54.82 (29.15)	1:19.12 (24.30)	1:40.93 (21.81)	
57 Western North Carolina YMC			1:42.20	1:41.09
1) Ryan DeBerry 15	2) J Key 16	3) Eric Shuman 16	4) Nathan Hart 17	
25.99	54.25 (28.26)	1:18.88 (24.63)	1:41.09 (22.21)	



**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 200 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
58 North Oakland Family YMCA			1:41.32	1:41.14
1) Paul Finstad 18	2) Andre Latour 18	3) Nick Evans 18	4) Brian Deaver 17	
26.00	55.09 (29.09)	1:18.65 (23.56)	1:41.14 (22.49)	
59 Macomb Family YMCA			1:41.68	1:41.15
1) Mack Biggert 16	2) Nick Victor 15	3) Aaron Shields 17	4) Jeff Voss 14	
26.50	54.41 (27.91)	1:18.44 (24.03)	1:41.15 (22.71)	
60 Mon Valley YMCA			1:40.82	1:41.30
1) Jacob Nicolella 15	2) Randy Crooks 17	3) Eric Forrester 16	4) Casey Dunleavy 18	
27.13	56.12 (28.99)	1:19.09 (22.97)	1:41.30 (22.21)	
61 Eau Claire Wisconsin YMCA			1:40.93	1:41.39
1) Austin Byrd 15	2) Alex DeLakis 14	3) Wes Manz 16	4) Jake Fahrenkrog 18	
26.62	53.85 (27.23)	1:18.02 (24.17)	1:41.39 (23.37)	
62 Bismarck YMCA			1:40.98	1:41.42
1) Ian Ballantyne 14	2) Eric Nagel 18	3) Dylan Bernhardt 18	4) Thomas Johnson 18	
25.63	54.41 (28.78)	1:19.29 (24.88)	1:41.42 (22.13)	
63 Oshkosh Community YMCA			1:41.91	1:41.83
1) Scott Haskins 18	2) Andres Gier 15	3) Luke Harrison 17	4) Greg Hameister 14	
25.96	55.53 (29.57)	1:19.68 (24.15)	1:41.83 (22.15)	
64 South Oakland Family YMCA			1:42.76	1:41.91
1) Matt McNamara 14	2) Peter Dolnicek 16	3) Jeremy Raisky 16	4) Tyler Tadian 17	
25.10	55.50 (30.40)	1:19.64 (24.14)	1:41.91 (22.27)	
65 The Licking County Family Y			1:41.73	1:42.16
1) Julian Oprandi 17	2) Danny Cathcart 17	3) Tyler Paulsen 18	4) Robby Spichiger 18	
26.55	54.94 (28.39)	1:19.88 (24.94)	1:42.16 (22.28)	
66 Jennersville YMCA			1:41.79	1:42.20
1) Andrew Blyskal 16	2) Ryan Hausler 13	3) James Wilson 16	4) Matthew Stasiunas 13	
25.66	54.96 (29.30)	1:18.25 (23.29)	1:42.20 (23.95)	
67 Cheshire YMCA			1:42.70	1:42.26
1) Alex Kron 17	2) Adam Shaw 15	3) Jack Pretto 17	4) Luke Fiore 17	
26.93	56.59 (29.66)	1:23.51 (26.92)	1:42.26 (18.75)	
68 Camp-Hay-Went-Ha YMCA			1:42.63	1:42.30
1) Andrew Mitchell 16	2) Nathan Winkler 16	3) Ben Drexler 17	4) Andy Lindstrom 18	
26.60	54.52 (27.92)	1:19.37 (24.85)	1:42.30 (22.93)	
69 Cross Island YMCA			1:41.43	1:42.40
1) Marc McLaurin 19	2) Brandon Sweetman 16	3) Kris Sweetman 17	4) Joey D'Antoni 15	
26.40	55.76 (29.36)	1:19.50 (23.74)	1:42.40 (22.90)	
70 Hamilton Area NJ YMCA			1:42.75	1:42.49
1) Brad Ranson 17	2) Douglas Ranson 17	3) Michael Prewett 18	4) Kevin Welsh 16	
26.85	55.68 (28.83)	1:20.28 (24.60)	1:42.49 (22.21)	
71 Flushing YMCA			1:41.03	1:42.58
1) Matthew Collins 16	2) Danny Collins 17	3) Kenny Kim 17	4) Ryan Bacci 16	
27.25	55.86 (28.61)	1:20.02 (24.16)	1:42.58 (22.56)	
72 Madison West YMCA			1:41.46	1:42.61
1) Jesse O'Keefe 14	2) Pun Winichakul 17	3) James Foust 18	4) Jake Schneider 18	
28.24	56.24 (28.00)	1:20.99 (24.75)	1:42.61 (21.62)	
73 Rock Hill Area YMCA			1:41.67	1:42.68
1) Matthew Lollis 16	2) Sam VanBuskirk 15	3) Jake Irmeter 17	4) Jonathan Lollis 18	
26.72	56.07 (29.35)	1:20.39 (24.32)	1:42.68 (22.29)	
74 Hilliard YMCA			1:42.61	1:42.91
1) Vincent Gill 16	2) Todd Eiseman 17	3) Andy Savage 18	4) Jake Miller 17	
26.73	56.64 (29.91)	1:21.56 (24.92)	1:42.91 (21.35)	
75 Williamsport Branch YMCA			1:41.93	1:43.01
1) Lars Sigurdsson 15	2) Josh Cillo 17	3) Frank Sullivan 18	4) Alex Sullivan 15	
26.92	55.80 (28.88)	1:19.07 (23.27)	1:43.01 (23.94)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**

**Swimming and Diving Championship**

**Results**

**Preliminaries ... (Men 200 Yard Medley Relay Swimming Competition)**

Team	Relay	Seed Time	Prelim Time
76 Western Branch YMCA		1:42.79	1:43.06
1) Stefan Pietrobono 17	2) Seth Klair 15	3) Adam Keup 16	4) Scott Taylor 17
26.78	54.69 (27.91)	1:20.29 (25.60)	1:43.06 (22.77)
77 Mount Desert Island YMCA		1:41.22	1:43.20
1) Ty Onda 16	2) Ian Carbone 17	3) Michael Breen 18	4) Cullen O'Brien 17
26.90	54.93 (28.03)	1:20.11 (25.18)	1:43.20 (23.09)
78 Laurel Highlands Regional YI		1:42.33	1:43.46
1) Matt Ramey 17	2) Kevin Bane 15	3) Alan Nedley 18	4) Brendan Lacey 16
26.92	57.40 (30.48)	1:21.06 (23.66)	1:43.46 (22.40)
79 Chippewa Valley Family YM		1:42.03	1:43.52
1) Tim Cutler 17	2) Max Docksey 17	3) Paul Schaus 16	4) Ben Fuller 17
26.54	55.81 (29.27)	1:20.68 (24.87)	1:43.52 (22.84)
80 Mid-Delmarva Family YMCA		1:42.35	1:44.04
1) Adam Grant 17	2) Julius Ota 16	3) Ian Zelaya 17	4) Kyle Doxtater 15
26.74	56.03 (29.29)	1:21.25 (25.22)	1:44.04 (22.79)
81 Talbot County YMCA		1:42.67	1:44.08
1) Wade Boarman 17	2) Jake Steppe 17	3) JB Hall 17	4) Greg Remesch 17
25.73	55.63 (29.90)	1:20.45 (24.82)	1:44.08 (23.63)
82 Lancaster & Fairfield YMCA		1:41.84	1:44.12
1) Christopher DePietro 15	2) Andrew Slater 17	3) Matt Wingett 18	4) Jacob Griffith 13
27.48	55.35 (27.87)	1:21.39 (26.04)	1:44.12 (22.73)
83 Franklin/Grove City YMCA		1:39.57	1:44.22
1) Michael Hart 16	2) Will Stiglitz 17	3) Brian Mong 17	4) Steven Spieker 18
26.90	56.49 (29.59)	1:21.55 (25.06)	1:44.22 (22.67)
84 Brandywine YMCA -PA		1:42.04	1:44.28
1) Daniel Zalkind 18	2) Tyler Ziegler 18	3) Steve Brown 15	4) James Walker 18
27.21	56.10 (28.89)	1:21.66 (25.56)	1:44.28 (22.62)
--- Pottstown YMCA		1:41.04	DQ
1) Billy Draves 16	2) John Hauser 16	3) AJ Kontostathis 15	4) Alexander Bauer 15
--- Countryside Ralph Stolle YM		1:39.92	DQ
Early take-off swimmer #4			
1) Steven Zimmerman 16	2) Ethan McNeil 18	3) Christian Josephson 15	4) Matt McKee 18
24.59	51.60 (27.01)	1:14.84 (23.24)	DQ (21.11)
--- Northern Middlesex County Y		1:39.77	DQ
False start - Misc			
1) Tommy Nielsen 17	2) Matthew McAlear 17	3) Sam Nowack 18	4) Peter Horton 17
27.17	55.43 (28.26)	1:19.47 (24.04)	DQ (22.72)
--- Boise YMCA		1:39.33	DQ
Early take-off swimmer #4			
1) Pete Megis 15	2) Doug McCan 16	3) Rick Chopp 16	4) Derek Smith 17
25.59	52.73 (27.14)	1:17.10 (24.37)	DQ (21.65)

**Men 400 Yard Medley Relay Swimming Competition**

National: 3:21.05 \* 2001

M.E. Lyons, OH

M. E. Lyons, OH

J. Cramer, R. Kauscher, M. Tomes, M. Bertke

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Schroeder YMCA		3:22.34	3:18.89*
1) Mitchell Friedemann 16	2) William Colbert 17	3) Francisco Vital 17	4) Ryan Hansen 17
23.76	49.53 (49.53)	1:14.67 (25.14)	1:43.62 (54.09)
2:06.57 (22.95)	2:33.46 (49.84)	2:55.01 (21.55)	3:18.89 (45.43)

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****A - Final ... (Men 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Prelim Time</b>	<b>Finals Time</b>
2 Bath Area Family YMCA			3:27.65	3:24.65
1) James Wells 17	2) Ian Nichols 18	3) Won Ho Chang 17	4) Phillip Jacques 17	
22.70	47.63 (47.63)	1:14.70 (27.07)	1:47.36 (59.73)	
2:10.04 (22.68)	2:36.94 (49.58)	2:59.13 (22.19)	3:24.65 (47.71)	
3 Triangle Area YMCA			3:27.94	3:26.00
1) Kevin Rogers 16	2) John Morton 18	3) Dominick Glavich 15	4) Matt Taylor 17	
25.72	52.55 (52.55)	1:19.46 (26.91)	1:50.80 (58.25)	
2:13.97 (23.17)	2:40.43 (49.63)	3:02.16 (21.73)	3:26.00 (45.57)	
4 New Canaan Community YM			3:29.80	3:26.40
1) Dan Sweeney 18	2) Christian Higgins 16	3) Sasan Tehrani 17	4) Jay Margherio 18	
25.40	52.25 (52.25)	1:18.87 (26.62)	1:49.37 (57.12)	
2:13.02 (23.65)	2:40.13 (50.76)	3:02.02 (21.89)	3:26.40 (46.27)	
5 Sunbury Branch YMCA			3:27.13	3:26.67
1) Dustin Folio 18	2) Zach Stephens 16	3) Alexander Moser 16	4) Mike Wallace 18	
24.78	51.00 (51.00)	1:17.73 (26.73)	1:48.75 (57.75)	
2:12.24 (23.49)	2:40.53 (51.78)	3:02.32 (21.79)	3:26.67 (46.14)	
6 Red Bank Branch			3:27.26	3:27.25
1) Alex Fitton 18	2) Harrison Cefalo 16	3) Greg Daniele 17	4) Charles Pataffi 18	
25.89	53.38 (53.38)	1:19.74 (26.36)	1:49.69 (56.31)	
2:13.22 (23.53)	2:40.52 (50.83)	3:02.64 (22.12)	3:27.25 (46.73)	
7 Montgomery -East Branch YM			3:28.06	3:29.36
1) Jake Reynolds 18	2) Ian Mangum 18	3) Austin Abigt 17	4) Woody Joye 17	
24.78	51.19 (51.19)	1:19.64 (28.45)	1:51.23 (1:00.04)	
2:14.26 (23.03)	2:41.57 (50.34)	3:04.20 (22.63)	3:29.36 (47.79)	
8 Lakeland Hills Family YMCA			3:29.46	3:31.12
1) Henry Cohen 16	2) Kyle Grosman 17	3) Karl Mayer 17	4) Michael McElduff 16	
26.33	54.73 (54.73)	1:22.46 (27.73)	1:55.28 (1:00.55)	
2:18.03 (22.75)	2:45.19 (49.91)	3:06.86 (21.67)	3:31.12 (45.93)	
<b>B - Final</b>				
9 Countryside Ralph Stolle YM			3:30.03	3:25.91
1) Steven Zimmerman 16	2) Ethan McNeil 18	3) Christian Josephson 15	4) Matt McKee 18	
24.36	50.19 (50.19)	1:17.40 (27.21)	1:48.88 (58.69)	
2:12.58 (23.70)	2:40.00 (51.12)	3:01.55 (21.55)	3:25.91 (45.91)	
10 Greater Flint YMCA			3:30.27	3:28.81
1) Jordan Guttrich 16	2) Cameron Weaver 17	3) Andrew Yunker 14	4) Tyler Benmark 18	
25.64	52.54 (52.54)	1:19.98 (27.44)	1:51.70 (59.16)	
2:15.37 (23.67)	2:42.61 (50.91)	3:04.31 (21.70)	3:28.81 (46.20)	
11 Green Bay YMCA Metro			3:31.72	3:28.84
1) Caleb Capozella 16	2) John Bushman 15	3) Luke Bushman 18	4) Christophe Vandervest 18	
25.37	53.02 (53.02)	1:20.87 (27.85)	1:51.85 (58.83)	
2:14.36 (22.51)	2:40.95 (49.10)	3:03.38 (22.43)	3:28.84 (47.89)	
12 Sarasota Family YMCA, Inc			3:31.64	3:29.48
1) Marty Rauch 17	2) Nicholas Caldwell 15	3) Mark Cox 17	4) Patrick Ceddia 17	
25.03	52.06 (52.06)	1:20.34 (28.28)	1:52.35 (1:00.29)	
2:16.39 (24.04)	2:43.51 (51.16)	3:05.41 (21.90)	3:29.48 (45.97)	
13 Somerset Valley YMCA			3:31.13	3:30.36
1) Matthew Vanbiervliet 15	2) Sean Johnson 16	3) Kyle Jennings 18	4) Robert Parker 17	
26.43	54.33 (54.33)	1:21.09 (26.76)	1:52.72 (58.39)	
2:16.11 (23.39)	2:43.83 (51.11)	3:06.12 (22.29)	3:30.36 (46.53)	
14 Upper Main Line YMCA			3:31.70	3:30.65
1) Tyler Rauth 16	2) Andrew Seiler 18	3) Thomas Mershon 16	4) Nathan Reed 17	
26.25	53.84 (53.84)	1:21.19 (27.35)	1:53.18 (59.34)	
2:16.78 (23.60)	2:43.69 (50.51)	3:06.06 (22.37)	3:30.65 (46.96)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****B - Final ... (Men 400 Yard Medley Relay Swimming Competition)**

Team	Relay		Prelim Time	Finals Time
15 M.E. Lyons (Anderson) YMC			3:30.60	3:31.07
1) Matt Luehrmann 17	2) Sean Drake 16	3) Alex Lewis 16	4) Alex Miller 17	
24.91	51.87 (51.87)	1:19.98 (28.11)	1:52.57 (1:00.70)	
2:16.13 (23.56)	2:44.41 (51.84)	3:06.45 (22.04)	3:31.07 (46.66)	
16 West Shore YMCA			3:31.88	3:31.42
1) Eric Naylor 17	2) Justin Beegle 18	3) Steven Gasparini 16	4) Eddie Lanoue 17	
25.92	53.59 (53.59)	1:21.66 (28.07)	1:53.61 (1:00.02)	
2:17.18 (23.57)	2:44.09 (50.48)	3:06.46 (22.37)	3:31.42 (47.33)	

**Men 400 Yard Medley Relay Swimming Competition**

Team	Relay		Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Schroeder YMCA			3:20.45	3:22.34
1) Mitchell Friedemann 16	2) William Colbert 17	3) Francisco Vital 17	4) Ryan Hansen 17	
24.24	50.43 (50.43)	1:16.31 (25.88)	1:45.81 (55.38)	
2:08.65 (22.84)	2:35.55 (49.74)	2:57.68 (22.13)	3:22.34 (46.79)	
2 Sunbury Branch YMCA			3:28.97	3:27.13
1) Dustin Folio 18	2) Zach Stephens 16	3) Alexander Moser 16	4) Mike Wallace 18	
25.33	51.66 (51.66)	1:18.40 (26.74)	1:49.47 (57.81)	
2:12.89 (23.42)	2:41.00 (51.53)	3:02.65 (21.65)	3:27.13 (46.13)	
3 Red Bank Branch			3:25.30	3:27.26
1) Charles Wu 16	2) Harrison Cefalo 16	3) Alex Fitton 18	4) Charles Pataffi 18	
25.74	53.28 (53.28)	1:20.22 (26.94)	1:50.16 (56.88)	
2:13.46 (23.30)	2:40.82 (50.66)	3:02.56 (21.74)	3:27.26 (46.44)	
4 Bath Area Family YMCA			3:29.96	3:27.65
1) James Wells 17	2) Ian Nichols 18	3) Won Ho Chang 17	4) Phillip Jacques 17	
23.46	48.69 (48.69)	1:16.25 (27.56)	1:49.08 (1:00.39)	
2:11.91 (22.83)	2:38.18 (49.10)	3:00.82 (22.64)	3:27.65 (49.47)	
5 Triangle Area YMCA			3:28.92	3:27.94
1) Kevin Rogers 16	2) John Morton 18	3) Dominick Glavich 15	4) Matt Taylor 17	
26.31	53.60 (53.60)	1:20.72 (27.12)	1:51.98 (58.38)	
2:15.50 (23.52)	2:42.22 (50.24)	3:04.10 (21.88)	3:27.94 (45.72)	
6 Montgomery -East Branch YM			3:32.96	3:28.06
1) Jake Reynolds 18	2) Chaz Ballard 15	3) Woody Joye 17	4) Austin Abigt 17	
25.19	51.38 (51.38)	1:20.19 (28.81)	1:52.88 (1:01.50)	
2:15.17 (22.29)	2:41.26 (48.38)	3:03.41 (22.15)	3:28.06 (46.80)	
7 Lakeland Hills Family YMCA			3:26.36	3:29.46
1) Henry Cohen 16	2) Kyle Grosman 17	3) Karl Mayer 17	4) Michael McElduff 16	
26.44	54.33 (54.33)	1:22.07 (27.74)	1:54.28 (59.95)	
2:16.99 (22.71)	2:43.94 (49.66)	3:05.50 (21.56)	3:29.46 (45.52)	
8 New Canaan Community YM			3:36.37	3:29.80
1) Dan Sweeney 18	2) Christian Higgins 16	3) Sasan Tehrani 17	4) Jay Margherio 18	
25.79	54.09 (54.09)	1:20.98 (26.89)	1:51.08 (56.99)	
2:15.04 (23.96)	2:42.66 (51.58)	3:04.92 (22.26)	3:29.80 (47.14)	
9 Countryside Ralph Stolle YM			3:31.49	3:30.03
1) Steven Zimmerman 16	2) Ethan McNeil 18	3) Aaron Lawson 16	4) Matt McKee 18	
24.82	50.90 (50.90)	1:18.06 (27.16)	1:50.64 (59.74)	
2:14.75 (24.11)	2:43.06 (52.42)	3:05.02 (21.96)	3:30.03 (46.97)	
10 Greater Flint YMCA			3:31.87	3:30.27
1) Jordan Guttrich 16	2) Cameron Weaver 17	3) Andrew Yunker 14	4) Tyler Benmark 18	
26.04	53.46 (53.46)	1:21.08 (27.62)	1:52.25 (58.79)	
2:16.33 (24.08)	2:43.75 (51.50)	3:05.69 (21.94)	3:30.27 (46.52)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
11 M.E. Lyons (Anderson) YMC			3:34.17	3:30.60
1) Matt Luehrmann 17	2) Sean Drake 16	3) Alex Lewis 16	4) Alex Miller 17	
25.25	52.05 (52.05)	1:20.20 (28.15)	1:52.74 (1:00.69)	
2:16.37 (23.63)	2:44.11 (51.37)	3:06.43 (22.32)	3:30.60 (46.49)	
12 Somerset Valley YMCA			3:29.99	3:31.13
1) Matthew Vanbiervliet 15	2) Sean Johnson 16	3) Kyle Jennings 18	4) Robert Parker 17	
26.69	54.85 (54.85)	1:21.43 (26.58)	1:52.95 (58.10)	
2:16.62 (23.67)	2:44.70 (51.75)	3:06.68 (21.98)	3:31.13 (46.43)	
13 Sarasota Family YMCA, Inc			3:31.14	3:31.64
1) John Orban 18	2) Nicholas Caldwell 15	3) Mark Cox 17	4) Patrick Ceddia 17	
25.94	53.04 (53.04)	1:22.35 (29.31)	1:55.27 (1:02.23)	
2:18.95 (23.68)	2:45.61 (50.34)	3:07.73 (22.12)	3:31.64 (46.03)	
14 Upper Main Line YMCA			3:33.94	3:31.70
1) Tyler Rauth 16	2) Andrew Seiler 18	3) Thomas Mershon 16	4) Nathan Reed 17	
26.73	54.62 (54.62)	1:21.85 (27.23)	1:53.76 (59.14)	
2:17.05 (23.29)	2:44.54 (50.78)	3:07.08 (22.54)	3:31.70 (47.16)	
15 Green Bay YMCA Metro			3:34.17	3:31.72
1) Caleb Capozella 16	2) John Bushman 15	3) Luke Bushman 18	4) Christophe Vandervest 18	
25.79	53.08 (53.08)	1:21.49 (28.41)	1:53.34 (1:00.26)	
2:15.84 (22.50)	2:42.60 (49.26)	3:05.59 (22.99)	3:31.72 (49.12)	
16 West Shore YMCA			3:32.73	3:31.88
1) Eric Naylor 17	2) Justin Beegle 18	3) Steven Gasparini 16	4) Eddie Lanoue 17	
25.81	53.15 (53.15)	1:21.99 (28.84)	1:54.16 (1:01.01)	
2:17.31 (23.15)	2:44.30 (50.14)	3:07.06 (22.76)	3:31.88 (47.58)	
17 Reading and Berks County YI			3:35.45	3:32.07
1) Ryan Carey 18	2) Danny Crigler 17	3) Adam Kurtz 17	4) Joe Huyett 17	
26.23	53.41 (53.41)	1:21.00 (27.59)	1:52.63 (59.22)	
2:16.45 (23.82)	2:44.74 (52.11)	3:06.95 (22.21)	3:32.07 (47.33)	
18 B.R. Ryall (Northwestern Dup			3:33.45	3:32.11
1) Brian Sivak 18	2) Kevin Mihic 18	3) Elliott Batchelder 15	4) Thomas Delves 18	
25.11	52.19 (52.19)	1:19.89 (27.70)	1:52.14 (59.95)	
2:16.55 (24.41)	2:45.17 (53.03)	3:06.88 (21.71)	3:32.11 (46.94)	
19 Orlando YMCA			3:34.79	3:32.29
1) Illya Prikhodko 16	2) Riley Bouchard 17	3) Robbie Duran 17	4) Braden Bouchard 16	
25.71	52.45 (52.45)	1:20.61 (28.16)	1:52.63 (1:00.18)	
2:17.36 (24.73)	2:45.35 (52.72)	3:07.55 (22.20)	3:32.29 (46.94)	
20 Fanwood-Scotch Plains YMC			3:33.53	3:32.66
1) Zach Peart 17	2) Greg Baliko 15	3) Evan Paulan 17	4) Will Brown 16	
25.52	52.58 (52.58)	1:20.76 (28.18)	1:52.43 (59.85)	
2:16.01 (23.58)	2:45.21 (52.78)	3:07.44 (22.23)	3:32.66 (47.45)	
21 Boyertown Area YMCA			3:29.56	3:32.91
1) Alec Francis 18	2) Marshall Lambert 16	3) Wesley Trumbauer 17	4) Jordan Hartman 17	
26.35	54.11 (54.11)	1:21.54 (27.43)	1:54.10 (59.99)	
2:18.28 (24.18)	2:45.60 (51.50)	3:08.15 (22.55)	3:32.91 (47.31)	
22 Andover/North Andover YMC			3:33.39	3:33.77
1) Paul Hunter 17	2) Ryan Fortin 15	3) Brendan Fortin 18	4) Matt Nutter 16	
25.34	52.42 (52.42)	1:21.03 (28.61)	1:53.93 (1:01.51)	
2:18.77 (24.84)	2:46.95 (53.02)	3:09.29 (22.34)	3:33.77 (46.82)	
23 Powel Crosley Jr. YMCA			3:29.25	3:34.27
1) Zach Fischer 17	2) Jonathan Proffitt 17	3) Michael Murphy 17	4) Jonny Kleinhenz 17	
26.04	53.96 (53.96)	1:21.83 (27.87)	1:54.83 (1:00.87)	
2:18.47 (23.64)	2:46.65 (51.82)	3:09.34 (22.69)	3:34.27 (47.62)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
24 North Shore (Sterling) MA Y1			3:36.97	3:34.29
1) Tyler Lareau 17	2) Ted Millett 17	3) John Bateman 15	4) Brian Brennan 17	
25.25	52.20 (52.20)	1:19.29 (27.09)	1:51.42 (59.22)	
2:16.51 (25.09)	2:45.82 (54.40)	3:09.19 (23.37)	3:34.29 (48.47)	
25 South Family YMCA-Ketterir			3:38.91	3:34.33
1) Ben Tillar 16	2) Ty Perkins 18	3) David Ireland 17	4) Daniel Schmitz 17	
26.88	55.58 (55.58)	1:23.78 (28.20)	1:56.03 (1:00.45)	
2:19.96 (23.93)	2:47.28 (51.25)	3:09.76 (22.48)	3:34.33 (47.05)	
26 Boise YMCA			3:34.95	3:34.90
1) Pete Megis 15	2) Doug McCan 16	3) Rick Chopp 16	4) Derek Smith 17	
26.58	54.31 (54.31)	1:21.66 (27.35)	1:54.23 (59.92)	
2:18.71 (24.48)	2:47.40 (53.17)	3:09.94 (22.54)	3:34.90 (47.50)	
27 Spokane YMCA			3:33.02	3:35.12
1) Alex Martinek 16	2) Mason Shaw 17	3) Coleman Allen 16	4) Jordan Ray 18	
27.60	56.49 (56.49)	1:24.29 (27.80)	1:55.70 (59.21)	
2:19.69 (23.99)	2:46.98 (51.28)	3:10.01 (23.03)	3:35.12 (48.14)	
28 Birmingham Family YMCA			3:39.56	3:35.66
1) Nick McGowan 17	2) Matt Hogan 17	3) Riley Sherer 17	4) Ryan Reynolds 17	
25.69	52.47 (52.47)	1:20.38 (27.91)	1:53.07 (1:00.60)	
2:17.93 (24.86)	2:46.86 (53.79)	3:09.75 (22.89)	3:35.66 (48.80)	
29 Somerset Hills YMCA			3:35.55	3:35.68
1) Andrew Smith 18	2) Stephen Raynes 16	3) Kyle Madley 16	4) James Ross 15	
26.82	55.63 (55.63)	1:23.33 (27.70)	1:55.07 (59.44)	
2:19.13 (24.06)	2:47.47 (52.40)	3:10.17 (22.70)	3:35.68 (48.21)	
30 Westfield YMCA			3:34.61	3:35.78
1) Matt Meserole 17	2) Matt Morgan 18	3) Larry Zhang 16	4) Jack Lorentzen 16	
25.17	51.44 (51.44)	1:20.10 (28.66)	1:53.26 (1:01.82)	
2:18.37 (25.11)	2:48.18 (54.92)	3:10.46 (22.28)	3:35.78 (47.60)	
31 Hunterdon County YMCA			3:38.29	3:36.61
1) Jared Lang 17	2) Mike Chickene 18	3) David White 17	4) John Thompson 14	
25.60	52.25 (52.25)	1:20.65 (28.40)	1:53.88 (1:01.63)	
2:18.21 (24.33)	2:46.32 (52.44)	3:10.06 (23.74)	3:36.61 (50.29)	
32 Brandywine -DE YMCA			3:40.47	3:36.64
1) Michael Moore 17	2) Matthew Jennings 16	3) Curtis Ramsey 18	4) Tom McKee 16	
26.66	55.32 (55.32)	1:23.90 (28.58)	1:56.64 (1:01.32)	
2:21.05 (24.41)	2:49.78 (53.14)	3:12.07 (22.29)	3:36.64 (46.86)	
33 Burlington County YMCA			3:39.68	3:37.02
1) Jimmy Coleman 18	2) Kevin Kelley 18	3) John Marciano 16	4) Philip Hawley 16	
26.16	53.60 (53.60)	1:21.65 (28.05)	1:55.58 (1:01.98)	
2:19.65 (24.07)	2:49.26 (53.68)	3:11.60 (22.34)	3:37.02 (47.76)	
34 Springfield Family YMCA			3:35.34	3:37.65
1) Pat McHugh 18	2) Patrick Greitzer 16	3) Andrew Keriazes 17	4) Chip Samuelson 16	
25.54	52.86 (52.86)	1:20.63 (27.77)	1:53.59 (1:00.73)	
2:18.47 (24.88)	2:48.47 (54.88)	3:11.60 (23.13)	3:37.65 (49.18)	
35 Wyckoff Family YMCA Inc			3:38.18	3:37.77
1) Austin Taylor 16	2) Leo Lim 14	3) Chris Morales 18	4) Justin Petrozzini 17	
26.23	53.82 (53.82)	1:21.50 (27.68)	1:54.33 (1:00.51)	
2:19.21 (24.88)	2:48.31 (53.98)	3:11.89 (23.58)	3:37.77 (49.46)	
36 Kishwaukee Family YMCA			3:39.38	3:37.79
1) Grant Alef 16	2) Michael Gordon 15	3) David Gordon 18	4) Chad Thompson 16	
25.72	52.47 (52.47)	1:21.18 (28.71)	1:53.95 (1:01.48)	
2:19.19 (25.24)	2:48.55 (54.60)	3:11.90 (23.35)	3:37.79 (49.24)	

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1****Swimming and Diving Championship****Results****Preliminaries ... (Men 400 Yard Medley Relay Swimming Competition)**

<b>Team</b>	<b>Relay</b>		<b>Seed Time</b>	<b>Prelim Time</b>
37 Ridley Area YMCA			3:37.12	3:38.26
1) John Quagliariello 15	2) JC Logan 16	3) Tom Rhoads 17	4) Nate Oropollo 18	
26.61	54.32 (54.32)	1:22.55 (28.23)	1:56.09 (1:01.77)	
2:20.81 (24.72)	2:49.31 (53.22)	3:12.27 (22.96)	3:38.26 (48.95)	
38 Tri-Hampton Family Branch Y			3:40.85	3:38.34
1) Nick Johnson 18	2) James Sturner 17	3) Shane McKenzie 15	4) Chris Pitler 17	
24.51	50.33 (50.33)	1:18.42 (28.09)	1:50.43 (1:00.10)	
2:17.06 (26.63)	2:48.36 (57.93)	3:12.04 (23.68)	3:38.34 (49.98)	
*39 Tuscarawas County YMCA			3:41.76	3:38.39
1) Ethan Lindenbaum 18	2) Atahan Yaya 17	3) Mike Reilly 17	4) JB Stahl 17	
27.49	56.94 (56.94)	1:24.16 (27.22)	1:55.74 (58.80)	
2:20.59 (24.85)	2:50.54 (54.80)	3:13.33 (22.79)	3:38.39 (47.85)	
*39 Anne Arundel County YMCA			3:37.01	3:38.39
1) Colin Heil 16	2) Jack Bremer 15	3) Gregory Kogut 16	4) Isaac Breen-Franklin 16	
26.87	55.20 (55.20)	1:23.15 (27.95)	1:55.25 (1:00.05)	
2:20.18 (24.93)	2:48.89 (53.64)	3:12.69 (23.80)	3:38.39 (49.50)	
41 Lynchburg YMCA			3:36.27	3:38.46
1) Caleb Williams 14	2) Carter Head 15	3) Carter Watson 16	4) Chad Nowakowski 16	
26.60	54.20 (54.20)	1:22.91 (28.71)	1:55.60 (1:01.40)	
2:19.92 (24.32)	2:48.14 (52.54)	3:12.03 (23.89)	3:38.46 (50.32)	
42 Montclair YMCA			3:35.69	3:38.53
1) Philip Kang 14	2) Matt Navata 17	3) Andrew Jung 15	4) Jan Yburan 17	
27.12	56.39 (56.39)	1:23.83 (27.44)	1:55.04 (58.65)	
2:19.78 (24.74)	2:49.19 (54.15)	3:12.48 (23.29)	3:38.53 (49.34)	
43 Ocean County YMCA			3:40.51	3:39.20
1) William Kasper 17	2) Evan Mahoney 14	3) Matt Mccarthy 17	4) Alex Kosenski 19	
27.12	56.72 (56.72)	1:24.86 (28.14)	1:57.29 (1:00.57)	
2:22.31 (25.02)	2:51.72 (54.43)	3:07.45 (15.73)	3:39.20 (47.48)	
44 Cheshire YMCA			3:42.80	3:39.64
1) Alex Kron 17	2) Adam Shaw 15	3) Jack Pretto 17	4) Luke Fiore 17	
27.62	57.09 (57.09)	1:26.36 (29.27)	2:00.63 (1:03.54)	
2:23.99 (23.36)	2:51.35 (50.72)	3:14.51 (23.16)	3:39.64 (48.29)	
45 Wilton Family YMCA			3:43.65	3:39.65
1) Adam Lebovitz 17	2) Timothy Lattimer 15	3) Dan Mangan 17	4) Andrew Golankiewicz 17	
26.70	54.08 (54.08)	1:23.39 (29.31)	1:56.48 (1:02.40)	
2:21.86 (25.38)	2:51.38 (54.90)	3:14.41 (23.03)	3:39.65 (48.27)	
46 Laurel East Hartford YMCA			3:38.37	3:39.73
1) Eric Spazzarini 18	2) Zach Auclair 17	3) Jonathan Burr 16	4) Connor Beaulieu 16	
27.14	56.24 (56.24)	1:25.17 (28.93)	1:57.76 (1:01.52)	
2:22.81 (25.05)	2:51.43 (53.67)	3:14.06 (22.63)	3:39.73 (48.30)	
47 York And York County YMC			3:42.32	3:39.80
1) Alex Mathews 18	2) Caleb Tuten 16	3) Chris Kramer 18	4) Brian Strathmeyer 18	
27.38	55.84 (55.84)	1:24.95 (29.11)	1:57.13 (1:01.29)	
2:22.30 (25.17)	2:50.56 (53.43)	3:13.87 (23.31)	3:39.80 (49.24)	
48 Phoenixville Branch YMCA			3:40.11	3:40.12
1) Ubaldo Zavaleta 18	2) Matt Heverly 18	3) Evan Deakyne 17	4) MP Salinas 14	
26.94	54.99 (54.99)	1:23.42 (28.43)	1:55.70 (1:00.71)	
2:20.64 (24.94)	2:50.10 (54.40)	3:13.98 (23.88)	3:40.12 (50.02)	
49 Western North Carolina YMC			3:40.94	3:40.47
1) Ryan DeBerry 15	2) J Key 16	3) Nathan Hart 17	4) Eric Shuman 16	
26.93	55.44 (55.44)	1:24.84 (29.40)	1:58.24 (1:02.80)	
2:22.00 (23.76)	2:49.41 (51.17)	3:13.83 (24.42)	3:40.47 (51.06)	

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<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
50 Fox Cities YMCA				3:36.92	3:40.80
1) Alex Bryson 16	2) Josh Kinney 17	3) Matthew Lagieski 16	4) Ryan Goggans 18		
28.35	58.42 (58.42)	1:25.80 (27.38)	1:57.75 (59.33)		
2:22.47 (24.72)	2:52.90 (55.15)	3:15.48 (22.58)	3:40.80 (47.90)		
51 Farmington Family YMCA				3:35.56	3:40.95
1) Jake Campbell 17	2) Garrick Givens 17	3) Mickey McNeece 17	4) Aaren Marecki 16		
26.07	54.07 (54.07)	1:23.12 (29.05)	1:57.99 (1:03.92)		
2:22.78 (24.79)	2:52.76 (54.77)	3:15.41 (22.65)	3:40.95 (48.19)		
52 Northwest Connecticut YMC				3:40.68	3:41.10
1) Eric Traub 16	2) Eric Krupa 18	3) Raymond Cswerko 15	4) Brendan Murphy 17		
27.16	55.35 (55.35)	1:24.81 (29.46)	1:59.33 (1:03.98)		
2:24.64 (25.31)	2:54.58 (55.25)	3:16.64 (22.06)	3:41.10 (46.52)		
53 Western Monmouth Co. YMC				3:39.75	3:41.18
1) Patrick Durning 16	2) Matthew Knoth 18	3) Connor Murphy 17	4) Joseph Gallene 17		
27.25	56.60 (56.60)	1:25.50 (28.90)	1:59.03 (1:02.43)		
2:23.80 (24.77)	2:53.70 (54.67)	3:16.48 (22.78)	3:41.18 (47.48)		
54 Eau Claire Wisconsin YMCA				3:42.93	3:41.64
1) Austin Byrd 15	2) Alex DeLakis 14	3) Wes Manz 16	4) Jake Fahrenkrog 18		
27.18	55.14 (55.14)	1:23.70 (28.56)	1:56.68 (1:01.54)		
2:21.41 (24.73)	2:50.78 (54.10)	3:14.84 (24.06)	3:41.64 (50.86)		
55 West Morris YMCA				3:38.68	3:41.97
1) Scott Groel 18	2) Chris Zappile 16	3) Nik Lumkong 18	4) Jack Thomas 18		
26.45	54.87 (54.87)	1:24.83 (29.96)	2:00.30 (1:05.43)		
2:24.42 (24.12)	2:54.07 (53.77)	3:16.65 (22.58)	3:41.97 (47.90)		
56 North Oakland Family YMCA				3:42.07	3:42.03
1) Paul Finstad 18	2) Andre Latour 18	3) Josh Murrell 14	4) Nick Evans 18		
26.99	56.05 (56.05)	1:25.76 (29.71)	1:59.27 (1:03.22)		
2:24.26 (24.99)	2:54.79 (55.52)	3:17.34 (22.55)	3:42.03 (47.24)		
57 Catonsville MD YMCA				3:43.08	3:42.66
1) Brendan Kerins 17	2) Tyler Szarko 18	3) Parker Bratman 17	4) Patrick Hagar 17		
26.85	54.89 (54.89)	1:23.88 (28.99)	1:56.62 (1:01.73)		
2:22.45 (25.83)	2:53.16 (56.54)	3:16.50 (23.34)	3:42.66 (49.50)		
58 Flushing YMCA				3:41.57	3:43.62
1) Danny Collins 17	2) Ryan Bacci 16	3) Kenny Kim 17	4) Matthew Collins 16		
27.32	55.58 (55.58)	1:24.53 (28.95)	1:58.44 (1:02.86)		
2:23.56 (25.12)	2:53.88 (55.44)	3:17.86 (23.98)	3:43.62 (49.74)		
59 Mon Valley YMCA				3:43.08	3:43.77
1) Jacob Nicolella 15	2) Randy Crooks 17	3) Eric Forrester 16	4) Casey Dunleavy 18		
28.13	58.50 (58.50)	1:27.91 (29.41)	2:02.80 (1:04.30)		
2:26.66 (23.86)	2:54.10 (51.30)	3:16.97 (22.87)	3:43.77 (49.67)		
60 Indiana County YMCA				3:39.34	3:44.49
1) Matthew Rochna 16	2) Andrew Billon 18	3) Andy Zoka 17	4) David Paccapaniccia 17		
28.01	58.03 (58.03)	1:27.27 (29.24)	2:00.65 (1:02.62)		
2:25.90 (25.25)	2:55.44 (54.79)	3:18.25 (22.81)	3:44.49 (49.05)		
61 Oshkosh Community YMCA				3:42.59	3:44.99
1) Scott Haskins 18	2) Andres Gier 15	3) Luke Harrison 17	4) Greg Hameister 14		
26.94	56.22 (56.22)	1:26.37 (30.15)	2:02.54 (1:06.32)		
2:27.09 (24.55)	2:56.67 (54.13)	3:19.34 (22.67)	3:44.99 (48.32)		
62 South Oakland Family YMC				3:42.69	3:45.05
1) Matt McNamara 14	2) Peter Dolnicek 16	3) Jeremy Raisky 16	4) Tyler Tadian 17		
27.26	55.96 (55.96)	1:12.47 (16.51)	1:27.70 (31.74)		
2:26.92 (59.22)	2:55.76 (1:28.06)	3:18.86 (23.10)	3:45.05 (49.29)		



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<b>Team</b>	<b>Relay</b>			<b>Seed Time</b>	<b>Prelim Time</b>
63 Rock Hill Area YMCA				3:43.95	3:45.41
1) Matthew Lollis 16	2) Sam VanBuskirk 15	3) Jake Irmiter 17	4) Jonathan Lollis 18		
28.17	57.77 (57.77)	1:28.17 (30.40)	2:02.25 (1:04.48)		
2:28.13 (25.88)	2:57.21 (54.96)	3:19.77 (22.56)	3:45.41 (48.20)		
64 Western Branch YMCA				3:41.35	3:45.58
1) Stefan Pietrobono 17	2) Seth Klair 15	3) Adam Keup 16	4) Scott Taylor 17		
27.38	56.10 (56.10)	1:24.79 (28.69)	1:57.78 (1:01.68)		
2:23.89 (26.11)	2:55.12 (57.34)	3:18.63 (23.51)	3:45.58 (50.46)		
65 Ridgewood NJ YMCA				3:42.27	3:45.65
1) Peter KO 17	2) Christian Jansson 17	3) Arthur Hong 17	4) Chris Nunez 16		
26.79	55.31 (55.31)	1:25.18 (29.87)	1:59.49 (1:04.18)		
2:25.24 (25.75)	2:54.88 (55.39)	3:18.76 (23.88)	3:45.65 (50.77)		
66 Macomb Family YMCA				3:42.31	3:45.66
1) Mack Biggert 16	2) Nick Victor 15	3) Aaron Shields 17	4) Jeff Voss 14		
27.29	56.57 (56.57)	1:25.79 (29.22)	1:59.63 (1:03.06)		
2:25.56 (25.93)	2:56.08 (56.45)	3:19.38 (23.30)	3:45.66 (49.58)		
67 Northern Middlesex County Y				3:40.94	3:45.67
1) Austin Kelly 17	2) Dylan Heer 17	3) Sam Nowack 18	4) Peter Horton 17		
29.06	58.94 (58.94)	1:27.76 (28.82)	1:59.82 (1:00.88)		
2:24.92 (25.10)	2:54.76 (54.94)	3:18.46 (23.70)	3:45.67 (50.91)		
68 Laurel Highlands Regional YI				3:43.44	3:46.43
1) Matt Ramey 17	2) Kevin Bane 15	3) Alan Nedley 18	4) Brendan Lacey 16		
27.50	56.09 (56.09)	1:27.55 (31.46)	2:04.61 (1:08.52)		
2:29.01 (24.40)	2:57.37 (52.76)	3:20.69 (23.32)	3:46.43 (49.06)		
69 Hamilton Area NJ YMCA				3:43.25	3:46.61
1) David Grace 18	2) Douglas Ranson 17	3) Michael Prewett 18	4) Craig Lupa 18		
28.51	58.24 (58.24)	1:27.71 (29.47)	2:00.85 (1:02.61)		
2:26.05 (25.20)	2:56.65 (55.80)	3:20.91 (24.26)	3:46.61 (49.96)		
70 La Crosse Area Family YMC				3:42.66	3:46.68
1) Michael Hagensick 18	2) Alec Christopherson 16	3) Jacob Hegge 17	4) Kevin Wehrheim 17		
27.36	58.11 (58.11)	1:28.19 (30.08)	2:03.74 (1:05.63)		
2:27.40 (23.66)	2:56.12 (52.38)	3:19.64 (23.52)	3:46.68 (50.56)		
71 Mid-Delmarva Family YMCA				3:43.93	3:47.67
1) Shayne Custodio 14	2) Ian Zelaya 17	3) Kyle Doxtater 15	4) Jonathan Keim 16		
28.32	58.82 (58.82)	1:28.54 (29.72)	2:03.21 (1:04.39)		
2:27.35 (24.14)	2:56.37 (53.16)	3:20.83 (24.46)	3:47.67 (51.30)		
72 Madison West YMCA				3:41.96	3:49.01
1) Jesse O'Keefe 14	2) Pun Winichakul 17	3) James Foust 18	4) Jake Schneider 18		
29.49	1:01.01 (1:01.01)	1:29.74 (28.73)	2:02.95 (1:01.94)		
2:27.79 (24.84)	2:58.59 (55.64)	3:22.10 (23.51)	3:49.01 (50.42)		
73 Mount Desert Island YMCA				3:43.92	3:49.29
1) Ty Onda 16	2) Ian Carbone 17	3) Michael Breen 18	4) Cullen O'Brien 17		
28.28	57.53 (57.53)	1:26.20 (28.67)	1:58.90 (1:01.37)		
2:25.82 (26.92)	2:57.12 (58.22)	3:21.81 (24.69)	3:49.29 (52.17)		
74 Franklin/Grove City YMCA				3:42.87	3:52.83
1) Michael Hart 16	2) BJ Frederick 16	3) Will Stiglitz 17	4) Steven Spieker 18		
27.53	57.49 (57.49)	1:27.25 (29.76)	2:01.55 (1:04.06)		
2:29.07 (27.52)	3:02.69 (1:01.14)	3:26.52 (23.83)	3:52.83 (50.14)		
75 Williamsport Branch YMCA				3:43.34	3:54.63
1) Lars Sigurdsson 15	2) Trevor Harris 16	3) Duncan Frazier 15	4) Nathan Runtas 18		
28.50	59.14 (59.14)	1:29.10 (29.96)	2:04.74 (1:05.60)		
2:30.94 (26.20)	3:03.12 (58.38)	3:27.66 (24.54)	3:54.63 (51.51)		

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<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
--- Glens Falls YMCA		3:36.44	DQ
	Early take-off swimmer #3		
1) Jason Dutra 17	2) Andrew Guinther 17	3) Nick Keenan 16	4) Yag Yuruker 17
27.45	56.99 (56.99)	1:23.91 (26.92)	1:54.56 (57.57)
2:19.55 (24.99)	2:49.66 (55.10)	3:11.97 (22.31)	DQ (47.21)
--- Riverfront Branch YMCA		3:26.59	DQ
	Early take-off swimmer #3		
1) Gregory Mahon 18	2) Kevin Steel 17	3) J Flanagan 18	4) Paul Maneri 17
24.18	50.15 (50.15)	1:16.25 (26.10)	1:47.51 (57.36)
2:10.22 (22.71)	2:37.84 (50.33)	2:59.32 (21.48)	DQ (46.33)
--- Westport/Weston CT YMCA		3:30.97	DQ
	Early take-off swimmer #3		
1) Bryan Stephan 18	2) Brian Power 17	3) Chris Wiederecht 17	4) Andrew Grinalds 17
26.29	54.07 (54.07)	1:22.74 (28.67)	1:55.72 (1:01.65)
2:19.09 (23.37)	2:46.51 (50.79)	3:07.98 (21.47)	DQ (45.35)
--- Middle Tyger YMCA		3:29.04	DQ
	Early take-off swimmer #3		
1) Konrad Opuszko 17	2) Jared Kauffman 15	3) David Ingraham 16	4) Garrett Snipes 17
26.12	53.53 (53.53)	1:20.25 (26.72)	1:50.70 (57.17)
2:13.58 (22.88)	2:40.87 (50.17)	3:03.20 (22.33)	DQ (46.38)
--- Edwardsville YMCA		3:35.10	DQ
	Early take-off swimmer #3		
1) Ethan Duewer 17	2) Max Byers 15	3) Josh Jacobson 17	4) Eddy Lynk 17
25.94	54.23 (54.23)	1:22.32 (28.09)	1:54.23 (1:00.00)
2:18.14 (23.91)	2:47.10 (52.87)	3:09.72 (22.62)	DQ (47.66)