

# HEAT Registration Checklist

Welcome to the Champaign County YMCA swim team! We are excited you are joining us for another great season whatever that is going to look like! Whether you are a new or returning member, please go through the following checklist to register your swimmer(s) for the upcoming season. Print out the following registration pages, fill them out and turn them into the member services desk at the Y.

Evaluations for this season will have to be done by appointment to ensure safe practices. Please email coach Will at [will@ccymca.net](mailto:will@ccymca.net). Please do not show up to practices and ask for an evaluation. You will be asked to contact Will.

Page(s):

2. HEAT Fall/Winter 2020-2021 Registration Form
3. Service Commitment
4. HEAT Swim Team Agreement
5. Stephens Family YMCA Policies and Waiver
6. Fall/Winter Fee Information
- 7-9. USA Swimming Code of Conduct
- 10-11. Practice Schedule

Read, fill out, sign and RETURN  
pages 1-5.

**\*\* KEEP pages 6-11 for your  
information \*\***

## HEAT Fall/Winter 2020-2021 Registration Form

Swimmer #1: \_\_\_\_\_  
First Name Middle Initial Last Name Birthdate

Group # : \_\_\_\_  Full practice  2 days/week

Aug(prorated)  Sept  Oct  Nov  Dec  Jan  Feb  March (1/2)

Swimmer #2: \_\_\_\_\_  
First Name Middle Initial Last Name Birthdate

Group # : \_\_\_\_  Full practice  2 days/week

Aug(prorated)  Sept  Oct  Nov  Dec  Jan  Feb  March (1/2)

Swimmer #3: \_\_\_\_\_  
First Name Middle Initial Last Name Birthdate

Group # : \_\_\_\_  Full practice  2 days/week

Aug(prorated)  Sept  Oct  Nov  Dec  Jan  Feb  March (1/2)

Annual USA Swimming Membership Fee (one of these options is required for groups 2 and up):

\$77 per swimmer (1 time per calendar year, Unlimited meet participation Incl. championship meets)

\$20 per swimmer (USAS new flexible member ship. Can participate up to 2 meets in a calendar year)

Booster Club Fee (required) (1 time per season) (this is for fall/winter)

\$125 per family (groups A,B,C,D)

\$75 per family (group E and F, or high school swimmer gone for their season)

Parent(s)/Guardian(s): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Numbers: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Cell 2: \_\_\_\_\_

Contact Email(s): \_\_\_\_\_

In case of emergency, and the parent/guardian cannot be reached, please contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I am a returning HEAT member. Please use previous account info for billing

## Service Commitment

As a team, we are committed to providing local opportunities for our athletes to compete. We do this by hosting several in town meets. These meets provide financial support for our team, minimize travel costs for our families, and give our athletes the comfort and advantage of competing in a familiar pool. As parent volunteers, we partner together to fully run these in town meets. *To do this we need your help!*

Serving is a fun way to build our team and together we can maintain our reputation of hosting some of the best meets in downstate Illinois!

### **What are the service requirements?**

We host several meets during the year. Some are dual meets run on a weekend morning or afternoon (YMCA meets); while others are large invitational meets (Erin Block, Mid-Winter and Illinois Open) that are Friday evening through Sunday evening.

- **Dual Meets:** For YMCA meets (duals), all families that attend are expected to have at least one worker if your swimmer is participating in that meet. This also includes championship meets (District and Area).
- **Hosted Meets:** This would be Erin Block (November), Mid-Winter (January), or the Illinois Open (July). If you have a swimmer who participates in any of these meets, regardless of how many sessions he/she swims in that meet, you are required to serve 3 sessions during the course of that meet. One of the sessions can be a food donation. If you do not serve, you will be charged **\$50 per session** of service that was not completed.
- **Out of Town Meets:** If your swimmer is swimming at an out of town meet, often the host team will ask each team to provide timers. The amount our team needs to provide will be posted in the meet overview in the days leading up to the meet. It is our job as parents to jump in and help take turns serving for our team at these meets. This is especially true during our championship season.

### **How do I sign up to serve?**

Our volunteer coordinators will email you before each meet with a link to go online and sign up.

### **What areas can I serve in?**

For every meet, we need help with meet set-up/tear down, timers, runners, concessions, runners, and more. There are plenty of places to help and none require previous experience. If you have questions or need suggestions, just ask the Volunteer Coordinator. If you know that you will not be able to help at a particular meet, please let the Volunteer Coordinator know as soon as possible (preferably 2-4 weeks before the meet) or you will be charged for those missed sessions. *There are always 16 pre or post meet duties that need attention. You can help with these needs before you leave or when you get back.*

### **What if I don't serve?**

Families that do not meet the volunteer commitment and do not make other arrangements will be billed **\$50 per missed session**. Please understand that we really do not want your money. We much prefer your assistance!

**I have read and understand the HEAT service commitment:**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**HEAT Swim Team Agreement**

1. Team fees are charged on a monthly basis on the 1<sup>st</sup> of the month. Parents have the option to pay by automatic draft from credit card, checking or savings accounts. You will be billed for the season (April-August) as per your indications on the registration form.
2. Fees are based on enrollment, not attendance; **no adjustment will be made for non-attendance unless there are extenuating circumstances,**
3. *If an athlete attends two or more practices during a particular month, they will be charged for that month whether the registration form shows registration for that month or not. ½ months can be applied.*
4. Payment must be made prior to attendance in the program.
5. Your monthly bank/credit card statement is your receipt of payment.
6. All returned checks or bank drafts will be charged a return fee of \$25.00 per transaction.
7. It is your responsibility to read and understand the policies set forth in the parents' handbook and the USA code of Conduct (attached to this registration packet).
8. The YMCA reserves the right to make changes in its programs and program fees without advance notice. Also, the YMCA reserves the right to close programs that do not meet the minimum requirements for attendance.
9. As mandated by the State of Illinois, we will report any form of abuse or any suspicion of abuse.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

### **Bank Draft and Credit Card Authorization**

I authorize my bank/credit card to honor pre-authorized drafts drawn by the YMCA on my account for the Champaign County YMCA HEAT Competitive Swim Team fees. When the bank/credit card honors the draft by charging my account, such drafts constitute my receipt for payment. Should any draft not be honored by said bank when received by them, it is understood that the payment is to be made in the amount of said payment plus a service charge. Said payment and service charge may be submitted as an additional draft at any time following the notice of the dishonoring of the original bank draft. Regardless of attendance, charges will be drawn for the months committed to at registration plus any months where an athlete attends two or more practices. Any changes in payment information affecting my Champaign County YMCA HEAT Competitive Swim Team draft are required to be submitted in writing with a 15-day notice. Failure to do so will result in the next month's draft being, possibly, non-refundable. **Voided check or savings account information is required with all bank draft applications.**

Please continue to use the same account information from the prior season.

Please use the new account information. Last 4 digits of account: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Stephens Family YMCA Policies:**

You must be a YMCA member to register for HEAT. See member services desk for details.

- » YMCA Member ID must be scanned or Photo ID is required for entry.
- The YMCA is a smoke-free facility in and around property.
- The YMCA does not allow cell phone or camera photos to be taken in any locker room.
- The YMCA is not responsible or liable for articles lost, damaged or stolen.
- Lost and Found is located near the maintenance office.
- » The YMCA does not provide accident insurance for members or program participants. Each person participates at his or her own risk.
- Areas of the YMCA facility may be reserved or for adult use only. Please check with the Member Service Desk.
- Food/drinks are not allowed in locker rooms, gyms, pools or activity areas.
- Children under the age of 14 may not be upstairs. Children 12-14 may be upstairs if accompanied by a parent or trainer.
- We accept cash, MasterCard, Visa, Discover, American Express and personal checks as forms of payment.
- The YMCA does NOT issue any type of membership refund.
- Private and Semi-Private Swim Lessons expire 1 year from purchase date, no refunds.
- Membership fees are NOT contingent upon facility usage.
- Any credits owed to the member at the time of termination will be applied to accrued debt.
- Any balance due at the time of termination must be paid.
- There is a \$2 charge for replacement ID cards.
- Free App for your Smartphone: Stephens Family YMCA; you can upload your barcode there.
- Any changes to membership must be completed and turned in by the 13<sup>th</sup> day of the month in order to put your membership on Hold or Terminated the draft for the 14<sup>th</sup>.
- Guest Passes: policies and usage are subject to change at any time, authorized by administration.
- The building will be closed for one week in August of each year for maintenance.

Waiver: I understand the YMCA assumes no responsibility for injuries or illnesses which I or any member of my family may sustain as a result of my physical condition or resulting from my participation in any athletic activities, sports programs, the use of any equipment, exercise, or any other activities or programs. I expressly acknowledge that I assume the risk for any and all injuries and illnesses, which may result from my or my family's participation in these activities. I hereby release and discharge the YMCA, its agents, servants, and employees from any and all claims for injury, illnesses, death, loss, or damage which I or any member of my family may suffer as a result of my participation in these activities. I understand the YCMA is not responsible for personal property lost or stolen while members and/or guest members are using YMCA facilities or on YMCA premises. I give my permission to the YMCA to use, without limitation or obligation, photographs, film footage, or tape recordings, which may include my or my family's image(s) or voice(s) for purposes of promoting or interpreting YMCA programs.

I, THE UNDERSIGNED, ACKNOWLEDGE THAT THE YMCA IS NOT RESPONSIBLE FOR THE ACTIONS OF ITS STAFF MEMBERS DURING TIME PERIODS WHEN THE STAFF IS NOT PERFORMING DUTIES SPECIFICALLY FOR THE YMCA.

**Program Participant Cancellations Policy**

By the YMCA:

- Insufficient enrollment: Full Refund
- Registration for a class is received in the mail after the class has been filled: Full Refund By

the participant:

- Cancellation by member occurs before the start of the program: Full Refund
- Cancellation by members occurs after the start of the program session: No Refund

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## HEAT Fall/Winter Fee Information Fall 2020

	Price per month (no 2 days/week price at this time)
Group A	\$100
Group B	\$90
Group C	\$80
Group D	\$70
Group E	\$55
Group F	\$50

### Other required fees:

- Booster Club Fee, per family, per season \$125 groups E and F, \$75 Group 1 or High School swimmer that will be gone for their season.
- USA Swimming Membership Fee, per swimmer, annually \$77 unlimited, \$20 for flex membership (see registration form)
- The Y offers discounts on monthly training fees for families with multiple children participating in HEAT:
  - 1<sup>st</sup> child (highest group level): Full Price
  - 2<sup>nd</sup> child: 15% discount
  - 3<sup>rd</sup> child: 30% discount
  - 4<sup>th</sup> child+: 60% discount

Our current practice schedule can be found at [ccymcaheat.com](http://ccymcaheat.com)

For more information, contact Head Coach Will Barker at [will@ccymca.net](mailto:will@ccymca.net) or 239-2806

# USA SWIMMING CODE OF CONDUCT (EXCERPTED FROM 2012 USA SWIMMING RULE BOOK)



## ARTICLE 304

### CODE OF CONDUCT (EXCERPTED FROM 2012 USA SWIMMING RULEBOOK)

#### **[DOWNLOAD FULL RULEBOOK HERE](#)**

##### **304.1**

The mission of USA Swimming is to encourage participation and the pursuit of excellence in all aspects of swimming. USA Swimming grants the privilege of membership to individuals and organizations committed to that mission. The privilege of membership may, therefore, be withdrawn or denied by USA Swimming at any time where USA Swimming determines that a member or prospective member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate in it.

In order to assist all members to better serve the interests of those who participate in swimming, USA Swimming has adopted this Code of Conduct.

##### **304.2**

Any member or prospective member of USA Swimming may be denied membership, censured, placed on probation, suspended for a definite or indefinite period of time with or without terms of probation, fined or expelled from USA Swimming if such member violates the provisions of the USA Swimming Code of Conduct, set forth in 304.3, or aids, abets or encourages another person to violate any of the provisions of the USA Swimming Code of Conduct.

##### **304.3**

The following shall be considered violations of the USA Swimming Code of Conduct:

.1 Violation of the right to compete provisions set forth in 301.1 through 301.4.

.2 Violation of the anti-doping provisions set forth in 303.3.

.3 Discrimination in violation of any part of the USA Swimming Rules and Regulations or the Amateur Sports Act which requires that USA Swimming must provide: "an equal opportunity to amateur athletes; coaches, trainers, managers, administrators, and officials to participate in amateur athletic competition, without discrimination on the basis of race, color, religion, age, gender, or national origin."

.4 Violation of any of the Athlete Protection Policies set forth in Article 305

.5 Violation of any of the Sexual Misconduct Reporting Requirements set forth in Article 306.

.6 Conviction of, imposition of a deferred sentence for, or any plea of guilty or no contest at any time, past or present, or the existence of any pending charges, for (i) any felony, (ii) any offense involving use, possession, distribution or intent to distribute illegal drugs or substances, (iii) any crime involving sexual misconduct, or (iv) any criminal offense against a minor.

.7 Bullying is prohibited. For these purposes, the term "bullying" shall mean, regardless of when or where it may occur, the severe or repeated use by one or more USA Swimming members ("Members") of an oral, written, electronic or other technological expression,

image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other Member that to a reasonably objective person has the effect of: (i) causing physical or emotional harm to the other Member or damage to the other Member's property; (ii) placing the other Member in reasonable fear of harm to himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other Member at any USA Swimming activity; (iv) infringing on the rights of the other Member at any USA Swimming activity; or (v) materially and substantially disrupting the training process or the orderly operation of any USA Swimming activity

(which for the purposes of this section shall include, without limitation, practices, workouts and other events of a member club or LSC).

.8 Any inappropriate sexual conduct or advance, or other oral, written, visual, or physical conduct of a sexual nature directed towards an athlete by (i) a coach member or other non-athlete member, or (ii) any other adult participating in any capacity whatsoever in the activities of USA Swimming (whether such adult is a member or not). Any act of sexual harassment, including without limitation unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature in connection with or incidental to a USA Swimming-related activity by any person participating in the affairs or activities of USA Swimming (whether such person is a member or not) directed toward any member or other person participating in the affairs or activities of USA Swimming.

.9 The sale or distribution of illegal drugs or the illegal sale or distribution of any substance listed on FINA's recognized list of banned substances.

.10 The use of illegal drugs in the presence of an athlete, by a coach, official, trainer, or a person who, in the context of swimming, is in a position of authority over, that athlete.

.11 The providing of alcohol to an athlete by a coach, official, trainer, manager or any other person where the athlete is under the legal age allowed to consume or purchase alcohol in the state where the alcohol is provided.

.12 The abuse of alcohol in the presence of an athlete under the age of 18, by a coach, official, trainer, or a person who, in the context of swimming, is in a position of authority over that athlete.

.13 Physical abuse of an athlete by any person who, in the context of swimming, is in a position of authority over that athlete.

.14 Any act of fraud, deception or dishonesty in connection with any USA Swimming-related activity.

.15 Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any meet official and which is related to any decision made by such official in connection with a USA Swimming sanctioned competition.

.16 Action, other than through general advertising, by a coach, owner, officer, volunteer, representative, or employee of a swim club, or a USA Swimming or LSC employee, either through direct contact with an athlete or the encouragement of others, to recruit or otherwise encourage an athlete who is already a member of a USA Swimming member swim club to leave that club, unless the acting party receives prior written approval to recruit or encourage the athlete to change affiliation from the designated club representative of the athlete's existing USA Swimming-member swim club or contact is initiated by the athlete, the athlete's parent or authorized representative. General advertising includes any information that is:



A Distributed to an identifiable general population where there is a reasonable expectation that the majority of that population are not current members of USA Swimming, or

B Placed in or on any item that is sold.

In the event of a violation of this section, a sanction may be imposed against any coach, owner, officer, volunteer, representative or employee of a swim club, or against any such club, or any combination thereof, as appropriate.

.17 Violation of any team misconduct rule as established by the USOC, USA Swimming, any Zone or LSC team authority.

.18 Any other material and intentional act, conduct or omission not provided for above, which is detrimental to the image or reputation of USA Swimming, a LSC or the sport of swimming.

**Explanation of Group 5 Flex and Group 5 High Performance**

**HEAT Swim Team Schedule Aug 17 to Approx Oct 17**

	Monday	Tuesday	Wednesday	Thursday	Friday	
3:10-3:45pm	F	E	F	E	E	10:00-10:50
3:55-4:30pm	D	D	D	D	F	11:00-11:50
4:35-5:20pm	C	C	C	C	D	12:00-12:50
7:00-7:50pm	B	B	B	B	M	12:10-12:50
8:00-9:00pm	A	A	A	A	M	1:00-1:50

For Group Assignments check website: [ccymcaheat.com](http://ccymcaheat.com)