

Delta July Time Trial 2022

Hosted by Delta Aquatics

July 8, 2022

USA Swimming Sanction: #ILL0737-22

This meet is sanctioned by USA Swimming and Illinois Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced.

Meet Director	Meet Referee	IDPH/Safety Coordinator	Entry Chair
Jessica Bogie coachjessica@comcast.net	John Shenberger johnshenberger@comcast.net	Temo Flores coachtemo@gmail.com	Jessica Bogie coachjessica@comcast.net

LOCATION: Oswego East High School - 1525 Harvey Road Oswego, IL 60543

FACILITY: Oswego East High School: The competition course has not been certified in accordance with 104.2.2C(4). A 25 yard, eight lane pool with starting blocks at one end and with non-turbulent lane lines. The pool is twelve feet deep at the start end and four and a half feet deep at the turn end of the pool. A Dak-Tronics timing system with touch pads and button backups at the starting end of the pool will be used with an eight-lane read-out board. There will be two timers per lane using electronic watches. Additionally, there are two warm-up/cool down lanes available. The facility will accommodate 600 spectators.

IDPH COMPLIANCE: Meet will run under the current guidelines established by the Illinois Department of Public Health, and in accordance with the guidelines established for use by the Will County Health Department, Delta Aquatics, and District 308 while operating this event. Once inside the facility, all individuals will be required to wear face coverings and swimmers will be required to wear them up to and until they are behind the block ready to swim. At that point, swimmers will remove their face coverings.

FACILITY ENTRY PLAN: A face mask is required before entering the facility. All individuals will enter and exit the facility thru the Door #29 on the north side of the building. (This door is at the opposite end of the hall from Door #41.)

ON DECK PROTOCOL: There will be restrooms available in the PE locker room for athletes. There will be limited locker room use. Coaches & officials will use the restrooms in the swim offices.

COVID-19 PRECAUTIONS: Athletes will always wear a mask when not competing. Athletes will keep a mask on until they are whistled onto the starting blocks. At this time, athletes will remove their mask, place it into a zip lock bag and step onto the blocks. When the race is complete, athletes will replace their mask. Athletes will be safely distanced in-between events by utilizing the pool deck bleachers. Coaches will be responsible for organizing their athletes and assigning a location on deck. After competing athletes will walk to their designated area on the pool deck. There will be no athletes behind the blocks unless they are competing in the next heat. Coaches will be on deck to make sure athletes are wearing masks and social distancing. Hand sanitizer will be available on the pool deck and by the front entrance.

DISCLAIMER: Health and safety measures will be taken for all participants and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. By participating and attending this event, you voluntarily assume all risks related to exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. All participants, coaches, officials, and volunteers must have a COVID-19 waiver on file with Illinois Swimming prior to participation in the meet.

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BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, ILLINOIS SWIMMING, DELTA AQUATICS AND DISTRICT 308 AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

CONDUCT: The use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the entry deadline.

LIABILITY WAIVER: In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Delta Aquatics and District 308, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

CANCELLATION: Illinois Swimming retains the right, for any changes in health and safety considerations, or in compliance with governmental or health department guidance or rules, to revoke this sanction at any time on the authority of the General Chair or the Vice Chair for Program Operations.

RULES & SAFETY: All current USA Swimming & ISI Rules & Regulations apply. ISI & USA Swimming safety rules will be strictly enforced.

ELIGIBILITY: All USA Swimming Registered Swimmers are eligible. All USA Swimming and ISI rules apply including ISI safety rules which will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from in the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. All swimmers must be registered prior to entry deadline. Swimmer’s age as of July 8, 2022 will determine their age for the meet.

USA SWIMMING INC. MEMBERSHIP: Insurance regulations require that all swimmers & officials be current members of USA Swimming & must continuously display their USA Member registration card at all times while on deck. It is each club’s responsibility to register their swimmers, coaches and officials. Swimmers, coaches & officials who are not current members of USA Swimming may not participate in the meet or be on deck.

IMAGE AUTHORIZATION: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.

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MEET INFORMATION

Friday July 8, 2022
Doors Open: 4:40pm Warm-ups: 5:00pm Meet Start: 5:45pm
Events: #1-13 (All events are swim mixed & all ages) #1 200 IM #2 500 Freestyle #3 200 Butterfly #4 100 Breaststroke #5 200 Backstroke #6 100 Freestyle #7 400 IM #8 200 Freestyle #9 100 Butterfly #10 200 Breaststroke #11 100 Backstroke #12 50 Freestyle #13 100 IM

FORMAT: This is a USA Swimming Sanctioned Time Trial with competition as mixed events and ages. Events will be offered in the Timed Final format. The events are swum in the order listed, all ages mixed and girls and boys together in one session. The goal of this meet is to try new events, so swimmers should choose at least one event that is new to them (or a less frequent swum event).

NON-CONFORMING TIMES: Please submit all times in Short Course Yard Times for entry purposes. Long Course Meter Times and Short Course Meter Times will be considered non-conforming times and will be seeded in the slowest heats.

ENTRY LIMITATIONS: All swimmers may enter a total of 2 individual events. **DECK ENTRIES WILL NOT BE PERMITTED.**

ENTRY FEES: \$12.00 per swimmer

Make checks payable to Delta Aquatics. Payment should be received on the first day of the meet, no need to mail the checks ahead of time.

ENTRY DEADLINE: Entries will not be accepted before 9:00am Central Standard time on Monday, June 27, 2022. No entries will be accepted after 5:00pm Sunday, July 3, 2022. E-mail entries are the accepted method of entering this meet; please email entries to coachjessica@comcast.net.

ENTRY FORMS: This is a Hy-Tek Meet Manager software managed meet. Any teams who do not submit their entries electronically will NOT be accepted. The enclosed Summary of Fees Statement must be completed and the release form signed. These must be returned together with your payment check on the first day of the meet.

SEEDING: Swimmers will be seeded with their short course yard times from slowest to fastest. All non-conforming times will be seeded last in rank order. The meet will be pre-seeded, one event at a time. Modifications may be made at the time of seeding to create a more competitive atmosphere for the athletes. There will be no deck entries allowed.

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WARM-UP PROCEDURES: All current Illinois Swimming warm-up and safety guidelines will be in effect. Warmups will be conducted in a format at the discretion of the Meet Director and Meet Referee. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices. Coaches shall actively supervise their swimmers throughout the warm-up sessions.

Teams will be assigned specific warm-up times and lanes.

EVENTS: FINA starting procedures & rules (whistle commands & no recall) will be in effect for this meet. In accordance with USA Swimming Rules: Articles 105 & 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

SCORING: Events will not be scored.

AWARDS: There are no awards.

FINAL MEET RESULTS: Results posted in Meet Mobile are NOT FINAL RESULTS. Full meet results will be emailed to each team within 24 hours of the conclusion of the meet.

TEAM AREA: Swimmers will be on deck.

CONCESSIONS: May not be available, still being determined at this time depending on meeting necessary guidelines.

ADMISSION: No charge

HEAT SHEETS: Heat Sheets will be available as PDFs on our website and posted in Meet Mobile.

OFFICIALS: There will be a need for Officials at this event. Officials who would like to work should contact the Meet Referee John Shenberger at johnshenberger@comcast.net to be assigned positions keeping within the guidelines.

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Complete all information on this form and turn in with a check payable to Delta Aquatics. There is no need to mail checks ahead of the meet.

Summary of Fees Report

Total No. of swimmers _____ (surcharge) @ \$12.00 ea. = \$ _____

Total Fees: _____ \$ _____

Name of Club _____ L.S.C. _____ Club Code _____

Names of Coaches Attending Meet _____

Person Submitting Entry _____

Complete Mailing Address _____

City _____ Zip _____ Home Telephone () _____

E-mail Address _____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages, which may accrue against the USA Swimming, Illinois Swimming, Inc., and Delta Aquatics, Oswego East High School, District 308, their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as representative of any club. I also certify that all swimmers entered in the meet and their coaches are properly registered with USA Swimming. I attest to the fact that all athletes participating in this sanctioned/approved event competing under the name of a USA Swimming chartered club, or under an "Unattached" status, are duly registered athletes.

Signature: _____ Date: _____

Coach, Club Representative or Parent