

Rock Island County ORCA
9th Annual Fall Spook & Splash Meet
October 23-24, 2021

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.

Sanction Number - ILS1049-21

MEET DIRECTOR

Jill King
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ENTRY CHAIRPERSON

Allison Patch
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MEET REFEREE

Irma Gripp

SAFETY CHAIR

Jason Roessler

ADMINISTRATIVE OFFICIAL

Brian Depover

IDPH COMPLIANCE COORDINATOR

Jason Roessler

Sessions 1 & 3: Sat & Sun AM

Sessions 2 & 4: Sat & Sun PM

Warms-ups

8:15 AM

Not before 12:15 PM

Start

9:30 AM

Not before 1:30 PM

Pool Location:

Rock Island High School, 1400 25th Avenue, Rock Island, IL 61201

Facility:

The RIHS pool is a 25-yard, six lane pool with non-turbulent lane lines, starting blocks and a Colorado automatic timing system. Depth at the primary starting end of the pool is 9 feet. Depth at the shallow end is 3.5 feet. Seating is available for about 500 people.

Pool Certification:

The competition course has not been certified in accordance with the 104.2.2C (4).

Format:

Timed Finals. Heats will be seeded slowest to fastest except for the 1650, which will be swum fastest to slowest.

Rules and Safety:

This meet is sanctioned by USA Swimming and Illinois Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced.

Safe Sport:

Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athletes/coaches areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Eligibility:

Only USA Swimming, Inc. registered swimmers are eligible. Entries listed “Registration applied for” will not be accepted. Age for this meet shall be the swimmer’s age as of October 24, 2021. USA Swimming registration forms can be obtained from Illinois Swimming Inc., 1400 East Touhy Avenue, Suite 410, Des Plaines, IL 60018. Telephone: 847-824-1596. Email: ilswimoffice@ilswim.org Web: www.ilswim.org

Coaches:

All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet. Coaches will need to continuously display their current USA Coach Member registration card at all times while on deck. **All coaches MUST sign in at timers table per the new ISI rule.** Only authorized parents helping in the running of the meet are allowed on deck.

Pre-seeded Meet:

This meet must be pre-seeded. No entries will be accepted after meet recon is commenced.

Events:

This is a timed finals meet. Heats will be seated slowest to fastest except for the 1650 Yard Freestyle, which will be swum fastest to slowest. **The 25-yard events and 8 & under 2nd & 4th relay swimmers will begin in the water of the shallow end of the pool.** The no show & scratch rule will not apply to this meet. If you would like a downloadable file of the order of events, please go to Rock Island County Orca’s website or Illinois Swimming website.

Qualifying Times:

No Qualifying times or cutoff times apply. NT times will be accepted.

Entry Limitations:

No entries will occur after meet recon has commenced. **Swimmers may swim a maximum of 4 individual events and 1 relay per session.** In order to participate in a relay, a swimmer must swim in at least one individual event. The host team reserves the right to swim additional heats if time allows. The host team also reserves the right to limit the number of heats to conform to a four-hour time limit for each session.

Meet Recon Considerations:

You will receive notification of any problems with your entries as soon as possible, including normal meet recon issues as well as waiver compliance issues.

Long Events and Relays:

Due to the Illinois Swimming 10-hour and 4-hour limitation rules, it may be necessary to limit entries for relays and/or any distance events of 200 yards and greater. Teams will be notified as soon as possible if limitations are necessary and a refund of entry fees for these events will be given if this occurs. If limitations are imposed, entries will be accepted according to the fastest seed times with first priority given to host team swimmers. Each swimmer in the 1650 Yard Freestyle must provide their own timers and lap counters.

Entry Fees:

The entry fee for this meet is \$5.00 for individual events and \$8.00 for each relay. There is a \$2.00 Illinois Swimming Surcharge fee per athlete.

Entry Deadlines:

Entries, with all enclosures, must be received no earlier than 8:00 am, October 1, 2021 and not later than 9:00 pm, October 20, 2021. If you wish to have verification that your entry packet has arrived, please enclose an email address or a stamped, self-addressed envelope or postcard. Entries will be accepted, subject to the 4-hour rule, until the maximum time limit is reached and entries received thereafter will be returned immediately.

Entry Forms:

The enclosed fee summary sheet/release form, signed by the coach, parent, or club representative must accompany all entries. Please submit all entries using short course yard times. Send electronic entries to akpatch2112@gmail.com in a zip file. For those clubs not sending an electronic entry file, a typed list of each swimmer's name, registration, events and times is required. All entries must be submitted on the entry form attached or a facsimile. The enclosed entry form or facsimile, the fee summary sheet/release form and payment must be received within 72 hours of transmission of e-mail. Failure to comply with any of the above requirements is sufficient grounds to refuse entry. Mail entry forms and payment check to: Allison Patch, P.O. Box 6606, Rock Island, IL 61204-6606. Please make checks payable to "RIC Orca".

Meet Schedule:

Warm-ups for the AM sessions on Saturday & Sunday, October 23-24, 2021 will start at 7:45 am, with the meet beginning at 9:00 am. Warm-ups for the PM session will not start before 12:15 pm, with the meet starting one hour and 15 minutes after the warm-ups have started. This meet will use fly over starts format except for backstroke & relays.

Scoring:

Points scored will be standard 16 place scoring for individual events & doubled for relays. Swimmers may swim up in open events, however, points achieved **will NOT** be accumulated for individual high point across age groups.

Awards:

Individual High Point in each age group and gender: 8 and under, 9-10, 11-12, 13-14, and 15 and above will be awarded for 1st through 3rd places.

For individual events, medals will be awarded for 1st through 3rd places and ribbons for 4th through 6th places. Relay awards will be given to 1st through 3rd places in each relay event. Heat awards will be given. All awards will be distributed to each team's coach or team representative. Be sure to appoint a team representative to pick up awards after the meet. AWARDS WILL NOT BE MAILED.

Concessions and Sales:

Food and beverages will be available for sale. All concessions will be pre-wrapped/pre-packaged. Heat sheets will be available for purchase at \$4 per session.

Swimmers with Disabilities:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Meet Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

Racing Start Certifications:

Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Required Conduct:

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Image Authorization:

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.

Safety Requirements:

1. WARM UP PROCEDURES

- a. General Warm-up (first 30 minutes)
 - i. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - ii. No sprinting or pace work allowed during this general warm-up session.
 - iii. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. SPECIFIC WARM-UP (last 30 minutes)
 - a. Push/Pace Lanes- Push off one or two lengths from starting end. Circle swim only. NO DIVING.
 - b. Diving Lanes- Sprint lanes for diving from blocks or for backstroke starts in specified at designated times. (One length only)
 - c. General Warm-Up Lanes- NO DIVING. Circle swim only.
 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.
3. SAFETY GUIDELINES
 - a. Coaches Responsibilities
 - i. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - ii. Coaches shall be on deck during warm-ups and shall actively supervise their swimmers throughout the warm-up session at meets and practices.
4. HOST TEAM RESPONSIBILITIES
 - a. Marshaling
 - i. A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on deck during the warm-up session.
 - ii. Marshals shall be current members of USA Swimming.
 - iii. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
5. MISCELLANEOUS

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the block.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

MAAPP:

All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the entry deadline.

COVID-19 Considerations and Risks:

We have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR

PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Special Note for Out of State Participants:

In order to comport to guidelines promulgated by the Illinois Department of Public Health (“IDPH”) and the Illinois Department of Commerce and Economic Opportunity (“DCEO”), Illinois Swimming, Inc.’s Board of Directors is adopting the following temporary policy during the COVID-19 Pandemic, pursuant to 4.3.1.1.a of the Illinois Swimming Policy and Procedure Manual.

Until such time as the restriction on competition are lifted or the general spread of COVID-19 is contained, teams or athletes registered with an LSC other than Illinois Swimming seeking to compete inside the Illinois Swimming LSC will need approval in writing from the Board of Directors of their LSC or that Board’s assign.

To effectuate this policy, teams will need to submit to the Sanctioning Officer of Illinois Swimming said written approval at the time of the normal meet recon process. If no such permission is available at that time the Sanctioning Officer will require the entries of out-of-LSC athletes be removed from the meet.

Illinois Swimming Liability Waivers:

All athletes, coaches, officials and volunteers are required to complete the Illinois Swimming Coronavirus Liability Waiver prior to the beginning of their time on deck. Athletes waivers are checked during the meet recon process. Others need to sign waivers at the meet. The PDF of the waiver is available on the Sanctions page of the Illinois Swimming website. Meet Directors and Meet Referees are to work together to ensure compliance with this requirement.

Cancellation

Illinois Swimming retains the right, for any changes in health and safety considerations, or in compliance with governmental or health department guidance or rules, to revoke this sanction at any time on the authority of the General Chair or the Vice Chair for Program Operations.

Meet Results:

Meet results in .pdf format and Hytek results file will be emailed to all visiting teams or posted to a website to download. Individual hard copies will not be available.

COVID Restrictions:

The State of Illinois requires all individuals to be masked when inside. All participants will be required to be masked when not in the pool and will need to be required on deck. All spectators and volunteers will need to be masked at all times when in the building.

Locker rooms will be made available for swimmers only. Restroom facilities will be available for spectators on the main level of the building.

The pool deck will only be available for teams, coaches, and volunteers. Teams will be assigned locations on the pool deck where swimmers can wait for their races. There will be no bull pen, and coaches are responsible for ensuring their swimmers are at the starting point for their races.

All spectators must stay in the crash area. Spectators are allowed in the viewing area to watch single events and must exit the bleacher area when their swimmer's specific event is complete. To facilitate an orderly entry/exit from the viewing area, one door will be labeled for entry and one for exit.

Crash locations will be on the main floor and the lower level. Social distance must be maintained as much as possible while in the crash areas, and people are reminded that wearing masks while inside is mandatory.

Order of Events

Saturday, October 23 SESSION 1

Warm--ups: 8:15 AM

Meet Starts: 9:30 AM

Girls Event

- 1 10-U 100 IM
- 3 8-U 25 Fly
- 5 10-U 50 Fly
- 7 8-U 50 Back
- 9 10-U 100 Back
- 11 8-U 25 Free
- 13 10-U 100 Free
- 15 8-U 50 Breast
- 17 10-U 100 Breast
- 19 8-U 100 Free Relay
- 21 10-U 200 Free Relay

Boys Events

- 2 10-U 100 IM
- 4 8-U 25 Fly
- 6 10-U 50 Fly
- 8 8-U 50 Back
- 10 10-U 100 Back
- 12 8-U 25 Free
- 14 10-U 100 Free
- 16 8-U 50 Breast
- 18 10-U 100 Breast
- 20 8-U 100 Free Relay
- 22 10-U 200 Free Relay

Saturday, October 23 SESSION 2

Warm--ups: Not Before 12:15 PM

Meet Starts: Not Before 1:30 PM

Girls Events

- 23 11-12 100 IM
- 25 Open 200 IM
- 27 11-12 50 Free
- 29 Open 100 Free
- 31 11-12 100 Fly
- 33 Open 200 Fly
- 35 11-12 50 Back
- 37 Open 100 Back
- 39 11-12 100 Breast
- 41 Open 200 Breast
- 43 11-12 200 Free Relay
- 45 Open 400 Free Relay

Boys Events

- 24 11-12 100 IM
- 26 Open 200 IM
- 28 11-12 50 Free
- 30 Open 100 Free
- 32 11-12 100 Fly
- 34 Open 200 Fly
- 36 11-12 50 Back
- 38 Open 100 Back
- 40 11-12 100 Breast
- 42 Open 200 Breast
- 44 11-12 200 Free Relay
- 46 Open 400 Free Relay

Sunday, October 24

SESSION 3

Warm--ups: 8:15 AM

Meet Starts: 9:30 AM

Girls Events

47 10-U 50 Free

49 8-U 50 Free

51 10-U 50 Back

53 8-U 25 Back

55 10-U 100 Fly

57 8-U 50 Fly

59 10-U 200 IM

61 8-U 25 Breast

63 10-U 50 Breast

65 8-U 100 Medley Relay

67 10-U 200 Medley Relay

Boys Events

48 10-U 50 Free

50 8-U 50 Free

52 10-U 50 Back

54 8-U 25 Back

56 10-U 100 Fly

58 8-U 50 Fly

60 10-U 200 IM

62 25 Breast

64 10-U 50 Breast

66 8-U 100 Medley Relay

68 10-U 200 Medley Relay

Sunday, October 24

SESSION 4

Warm--ups: Not Before 12:15 PM

Meet Starts: Not Before 1:30 PM

Girls Events

69 11-12 100 Free

71 Open 50 Free

73 11-12 50 Fly

75 Open 100 Fly

77 11-12 100 Back

79 Open 200 Back

81 11-12 50 Breast

83 Open 100 Breast

85 11-12 200 Free

87 Open 200 Free

89 11-12 200 Medley Relay

91 Open 200 Medley Relay

93 11-12 500 Free**

95 Open 500 Free**

Boys Events

70 11-12 100 Free

72 Open 50 Free

74 11-12 50 Fly

76 Open 100 Fly

78 11-12 100 Back

80 Open 200 Back

82 11-12 50 Breast

84 Open 100 Breast

86 11-12 200 Free

88 Open 200 Free

90 11-12 200 Medley Relay

92 Open 200 Medley Relay

94 11-12 500 Free**

96 Open 500 Free**

****Swimmers must provide their own timers and counters for this event**

Rock Island County ORCA
6th Annual Fall Spook & Splash
October 23-24, 2021

Complete this form and mail it along with entry forms (if not sent via .zip file) and a check payable to "RI ORCA" to:

Allison Patch
P.O. Box 6606
Rock Island, IL 61204-6606

Summary of Fees

Total number of entries _____ @ \$5.00 =
\$ _____

Surcharge # of swimmers _____ @ \$2.00 = \$ _____

of relays _____ @ \$8.00 = \$ _____

TOTAL = \$ _____

Name of Club _____ Club Code _____
Mailing Address _____ LSC _____
City, State _____ Zip _____
Contact Name _____ Phone _____
Email Address _____

Names of Attending Coaches

1. _____ 2. _____
3. _____ 4. _____

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Rock Island Orca Swim Club, Rock Island High School, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature (Coach, Parent, or Club Representative) _____

Printed Name _____ Title _____

This signed release and payment must accompany the entry or the entry will not be accepted. Entry must be received no earlier than 8:00 AM October 1, 2021, and no later than 9:00 PM October 20, 2021. Entries will be accepted on a first received, first entered basis. E-mailed or Mailed Entries only will be accepted. No Hand Delivered Entries.