



SWAMP THINGS NEWS

25TH ANNIVERSARY TEAM OPENED AUG 3

2015-16 will be a special year. EST turns 25! Not only are we pleased to have served thousands of kids and families in the past, but we've got a lot in store for our current swimmers. Celebration of our 25th will be full of fun and surprises. Join us for a great year!

GREAT END-OF-THE-SUMMER SPRINT!!!

Congratulations to all of our swimmers. Paula Nolte qualified for Nationals. We also saw many great results for all of our kids who saw rewards for their dedication to practice in the form of faster times. Just a few tidbits:

State: Age Groups: Chris Bajda (100FR/200IM/200FR/50FLY/50FR/100BR/100FL), Michael Hansen (50BK), Ben Harrington (100 FR/50BR), Jeremy Harrington (100BK/50FL/50 BK/100FL), Nick Maiers (50FR/200FR/400FR-11th), Jeremy Harrington, Alec Kissane, Nick Maiers, and Chris Bajda (200FRREL), Mike Hansen, Chris Bajda, Jeremy Harrington, and Nick Maiers (200MEDREL).
Seniors: Molly Hill (100BK), Flanagan Waldherr (800FR).

Regional: 16 EST swimmers reached the 2015 Regional Championship meet at Niles North. 11 reached the award podium and brought home 24 medals! Swimmers: Christopher Bajda 10, Daniel Bajda 13, Nicole DeMare 13, Amy Feltz 16, Ben Harrington 12, Jeremy Harrington 10, Samantha Harrington 14, Molly Hill 18, Kanah Hori 15, Lauren Jones 10, Nick Maiers 9, Ciara Mulcahy 14, Paula Nolte 17, Claire Pfaff 12, Amanda Polach 13, Delaney Tase 14. **1st place Medals:** Chris Bajda (50BR/100BR); Ben Harrington (100FR); Nick Maiers (100BK); Paula Nolte (100BK). **2nd place medals:** Ben Harrington (50BK/100BK/100BR/100IM; Jeremy Harrington (50FR/100 IM); Nick Maiers (100FR/200 IM). **3rd place medals:** Ben Harrington (50FL/50FR);

Jeremy Harrington (100FR); Molly Hill (100FR); Paula Nolte (100FL).

Conference AA Times: Chris Bajda (100FR), Ben Harrington (100FR), Nick Maiers (200FR), **A Times:** Chris Bajda (50FR), Ben Harrington (100IM), Jeremy Harrington (50FL), Molly Hill (50FR/100FR), Nick Maiers (50FR/100FR), Claire Pfaff (50FR/100FR), **BB Times:** Chris Bajda (50BR), Anthony Bauer (50BK/50BR), Thomas Bennett (50FR/100FR/100BK), Amy Feltz (100FR/100BR), Xander Hall (50FR), Michael Hansen (50BK), Ben Harrington (100BR), Jeremy Harrington (100FR/100IM), Molly Hill (100BK), Lauren Jones (50FR/100FR/50FL), Alec Kissane (100IM), Nick Maiers (50BK), Ciara Mulcahy (500FR/100BR/100FL/200IM), Claire Pfaff (50BR), **B Times:** Dan Bajda (50FR/100FR/100BR), Anthony Bauer (100FR), Carter Fask (50FR/50BK), Olivia Ferraro (50FR), Emma Garvey (50FR), Grace Garvey (50FR/100FR), Xander Hall (100BR/200IM), Michael Hansen (50FR/100IM), Alec Kissane (50BR/50FL), Hannah Lonergan (50BK), Ryan Miceli (50BK), Abigail Sardo (50FR), Madison Sardo (100IM).

EST Draws Olympians to York!

Join EST as it hosts two clinics operated by Fitter & Faster Tour on November 22, 2015. United States' Olympic swimmers Lacey Nymeyer (2008/2012 Silvers) and Nick Thoman (2012 Gold/Silver) will serve as stroke and dry land clinicians. Both got their starts with local clubs. Parents of swimmers registered for the clinic are welcome to sit in on a discussion with Stacey Nymeyer to hear a parent's perspective of Lacey's path to the Olympics. EST swimmers have a first-come, first-serve priority for registration until October 5. EST will pay \$50 of each EST swimmer's tuition. Registration for this event opens August 11, so look for the August 10 24-hour notice email with the EST promo code and follow the instructions. This event will fill up fast and all swimmers are welcome to attend.



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25th Anniversary Schedule At a Glance

Aug 3 - Registration opens for returning swimmers
Aug 3 - Register for Fall 2015 officials clinics
Aug 10 - Registration opens for new swimmers
Aug 11 - Registration opens: Fitter Faster (11/22)
Aug 14 - D205 H.S. Classes start
Aug 19 - Remainder of D205 starts
Aug 26 - Board Meeting
Sep 3 - Stroke clinic opens (M-T-Th): 5:45-6:45;
6:45-7:45; 6:45-8:15(Older group)
Sep 23 - Board Meeting
Oct 2 - Officials' Clinic deadline to register
Oct 4 - End of EST Fitter & Faster preference
Oct 5 - Season opens (M-F): 5:45-6:45; 6:45-8:15
Oct 7 - Family Open House/New Family Meetings
Swimsuit fitting night at York
Oct 8 - Volunteer signup opens for Fall 2015
Oct 11 - Officials Training at York
Oct 12 - Fall 2015 volunteer signup closes
Oct 16 - Flipper Meet/Posting of Volunteer Sched.
Oct 24 - Holland MI meet
Oct 27 - Board Meeting
Oct 31 - Halloween practice
Nov 7 - Swim Council practice and meeting
Nov 21 - G.I.L.L.S Andrew Pentathlon
Nov 22 - Fitter Faster Tour Clinics
Nov 23 - ISI volunteer signup opens
Nov 24 - Board Meeting
Dec 1 - ISI volunteer signup closes
Dec 4 - ISI volunteer schedule released
Dec 8 - EST Team Photo Night
Dec 8 - Board Meeting
Dec 8 - Deadline for beverage donation
Dec 11-13 EST's home ISI meet
Dec 15 - Board Meeting, volunteer open house at
Riley's 6 PM until 9 PM
Dec 21 - Dec 31 Holiday AM Practices
Jan 3 - Season practice resumes

*Look for meet schedule and registration deadlines
in September newsletter and on website soon.*

ALWAYS CHECK CALENDAR AT
WWW.SWIMEST.ORG FOR CHANGES

August 2015

August 2015

EST hosts Oct 11 Officials Training

All EST officials are experienced and willing to help parents learn how to judge a swim meet. Plain and simple... this work is easy and it involves you more with your kids when they are practicing and competing. All parents should consider officiating. Not only does it reserve you a consistent spot at meets, but swimmers with parents working on deck and understanding the sport take a little more from the whole experience.

Although parents of older swimmers are welcome, parents of younger swimmers are strongly encouraged to become stroke and turn officials and eventually transition through the different levels so there is a continuous rotation of officials into new positions when others have no swimmer. If you have questions, please contact Doug Kellerstras (referee), Mark Daniel (referee), Troy Waldherr (starter, fmr. team president), Amy Sanders (starter, fmr. team president), Pat Mulcahy (judge), Suzy Harrington (judge), Julie Jones (admin judge) or Bob Maiers (judge).

AUGUST BIRTHDAYS: (08/01) Flanagan Waldherr, Danny Keating, (08/02) Ben Harrington, (08/03) Katelyn Hood, (08/05) Francesca Revello, (08/08) Thalia Ortiz, (08/11) Sean Davies, (08/12) Marty Ryan, Kayla Rask, (08/13) Ciara Belfiore, (08/16) Emmett Bradford, (08/17) Ervin Prophete, (08/18) Danielle Kolosieke, (08/19) Parker Hicks, Christina Sapata, Lillian Curry, Tess Curry, (08/20) Ariana Sanchez, Grace Garvey, Pierce Bradford, Conor Bradford, (08/22) Emily Hamil, (08/23) Natalie Rinchioso, (08/24) Anna Morley, (08/26) Brandon Musgrave, Carson Hicks, (08/27) Niamh Horan, (08/28) Avery Sanders, (08/29) Brennan Sanders, Luke Rospert.

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August 2015

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