



# SWAMP THINGS NEWS

Coach Dave

## HOLIDAY NEWS...

Hey EST Swimmers who hit the Elmhurst Memorial Day Parade! You made NBC-Chicago News! Thanks for braving the rain. You were right, the rain was not only less wet than the pool, but it was also warmer... Check this out:

<http://www.nbcchicago.com/video/#!/on-air/as-seen-on/Elmhurst-Honors-Those-Who-Have-Served-in-Annual-Parade/304941281>

Team Whiffle Ball is planned for July 3 at 9:00 AM! Join us on the fields south of York H.S. for the fun.

## MEET REGISTRATION OPEN!

St. Charles Swim Team/Arena Endless Summer July 11-12, 2015 Swanson Pool, St. Charles  
Registration closes June 3. If you haven't registered, please email Mark Daniel your events after you select and save them on the website. Don't miss this meet! By this point in time, kids' times are dropping with each heat and it's an exciting day or two at a great venue. Long course swims are rare so join us!

**ALL HOME MEETS ARE NOW OPEN!!!!!!!!!!**  
VISIT [WWW.SWIMEST.ORG](http://WWW.SWIMEST.ORG) AND  
REGISTER FOR MEETS, REVISIT CALENDAR

## COACH'S CORNER

Stoke clinic is now wrapped up! As coaches we all look forward to seeing you through a great summer season. We know you are busy and enjoying the warm days, but all of us ask you to please make it to as many practices as possible! EST enjoys a great pool facility and we do not want our swimmers missing out on any coaching or any opportunity to be in the water repeating what you learn so that you are ALWAYS improving. We've found that inconsistent practice attendance is the most common thread when it comes to swimmers that seem to be hitting a ceiling on their level of improvement. We will be doing a lot of fun and valuable stuff in the pool all summer, so we look forward to seeing all of your smiles on deck soon!

## JUNE AT A GLANCE\*\*

June 8: Summer Swim Practice Starts (4 PM)

June 13-14: PPD 10<sup>th</sup> Annual Shark Frenzy

June 16: Board Meeting (5:00 PM)

June 16: Officials Social (Riley's) (7:00 PM)

June 17: Red/Blue Dual Meet at York

June 19: Touch the Wall, 7 PM (Library)

June 20: Touch the Wall, 7 PM (Library)

June 24: Meet at York

June 25-28: 2015 Camping (older swimmers)

**\*\* ALWAYS check [www.swimest.org](http://www.swimest.org) for updates.**

## Looking for Qualifiers!

EST is building its list of summer age group qualifiers for a relay team. Watch your times and keep working hard!

## Open Father's Day weekend...

EST will be hosting viewings of the feature-length documentary style film Touch the Wall. The movie is about swimmers Missy Franklin and Kara Lynn Joyce (Kara's helping us plan a Fitter Faster clinic) as they make their way to the 2012 Olympics. Other showings will be announced. EST asks that families attending make a voluntary donation when they arrive. Some of the donations will be shared with Friends of the Library. Please register to attend via the Elmhurst Public Library website, 279-8696 or in person. Want to volunteer?

## Fast Irish Water!

Great swims at the IA meet at Notre Dame last weekend!!! 98% of the swims resulted in best times. State qualifying times from: Christopher Bajda, Ben Harrington, Jeremy Harrington, Nick Maiers, and Brendan Wagner. Regional qualifying times from: Christopher Bajda, Dan Bajda, Nicole DeMare, Ben Harrington, Samantha Harrington, Alec Kissane, Nick Maiers, Claire Pfaff, Brendan



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Wagner. Keep it up swimmers! It was only the first meet and you have all summer to improve.

## **TEAM BUILDING/CAMPING**

Please insure that you have all the forms and work in progress in advance of this trip. Swimmers please insure you have all permissions turned in ASAP and parent campers please do the same and work on that USA Swimming membership. If you missed the meeting about the camping trip, it's simple, but you do need to reach Coach Davis.

## **2015-16 Season Preparation**

If you have timed, we would like four "regular" head timers. We are looking for parents to help with Treasurer's work during the coming year. EST is in the process of adjusting volunteer planning so that we make things a bit easier for everyone while also getting meets off on time and in a great way.

We need at least 50 volunteers to run a proper meet and allow one rotation of timers. We do well, but not without a bit of anxiety on the part of those who plan and work at the meets. Before EST assigns positions, parents will indicate preferences for volunteer assignments during 2015-16. The rest of the 2015-16 policy will be announced soon.

***Let's use summer to work on deck to gain a little experience and keep meets moving so kids get their best times. Officials should arrive an hour early (30 minutes early when needed due to work). Timers should be checked in and on deck near the admin table not later than 20 minutes before we start. We also rely on parents to help with meet administration and other on-deck administration. Please ask if we need help if you arrive later.***

## **Officials/Head Timer Social**

Officials and head timers, plan to attend a short evening of appetizers and not-too-technical discussion of life and strokes... Riley's (590 South York) at 7 PM on June 16. Please RSVP to Mark

Daniel. This includes anyone who is on the path to being certified and those who have been certified.

## **Other EST Accomplishments!**

Congrats to all EST swimmers on completing another school year! This newsletter will have been released before final grades, but to those with honors or receiving other credit for school and extracurricular activities we tip our hats.

For swimmers with birthdays this summer, we have your back. This month, several swimmers and their parents will proclaim that they made it another year! Happy Birthday to: 06/01: Alexander Marlott, Matthew Davydov & Logan Balducci; 06/02: Sarah Grivetti, Mary Kate Hilgart; 06/04: Alexis Ream; 06/05: Maria Rantis, Jack Rosen & Caitlin Wagner; 06/06: Anthony Incandela; 06/07 Michael Hansen; 06/07: Madeline Mauck; 06/08: Alma Piacenza; 06/09: Matthew Bajda; 06/12: Paul Nicoli; 06/14: Claire Blum, Troy Fabrizius, Vincenzo Bono; & Martin Polomsky; 06/20: Jeremy Vaupell, Emily Russo, & Mary Gracey; 06/22: Kacper Janowski; 06/23: Conor Van Santen; 06/24: Kaylin Reyna; 06/26: Quinn Jacobs; 06/30: Sophia Locascio & Patrick O'Leary.

## **EST ROAD MEETS/TRIPS**

A special thanks to the DeMare family for the work planning portions of last weekend's trip to Notre Dame and to the EST officials and timers who stepped up at the meet.

Two of our summer meets fell on different weekends for reasons we could not control. EST lost a few regulars in South Bend and in Palatine (June 13-14) due to conflicts. However, when you can make these trips, you are assured of having a great time and a solid meet experience. Please keep an eye on St. Charles (July), Holland, MI (October), Indianapolis (January) as well as the 2016 versions in South Bend and Palatine.

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