



ELMHURST SWIM TEAM POLICY ____ CONCERNING CONCUSSIONS

Governor Rauner signed Public Act 99-0245 (the "Youth Sports Concussion Safety Act") into law in August 2015. USA Swimming also has concussion statements and policies. As a result of the combined effect of the Youth Sports Concussion Safety Act and USA Swimming's policies, the Board of Elmhurst Swim Team has adopted this policy to be effective on and after September 1, 2015.

COMMUNICATION

Each primary registration period, EST shall communicate—at least electronically—with all team members and families on the matter of concussions. This communication will be available on the EST website with links to files or other websites that contain relevant, reliable information about concussions. If Illinois law on the subject is more restrictive or demanding, EST will comply with this law.

PROHIBITIONS ON COMPETITION

EST does not have a concussion oversight team. EST will not allow a swimmer known to have suffered a concussion to return to the pool until EST possesses explicit written parental consent accompanied by a physician's note that clears the swimmer for all swim activities. Not all concussions will be known to EST coaches, officials or parents, but no swimmer who has suffered a concussion may participate in practice or meets until he or she presents the above-noted consent and physician's clearance. In any practice or meet setting, any coach or official has the authority to remove a swimmer from the water if the coach or official believes that the student might have suffered a concussion. If such a removal occurs, the swimmer may not return to the water until the above consent and physician's clearance is provided to EST. The consent and physician's clearance will be maintained by the team for not less than three years following the date the concussed swimmer reaches age 18.

EDUCATION

EST is not required to educate its coaches on concussions, but coaches' participation in concussion education will be considered in hiring decisions and during evaluations. EST will do its best to identify free educational programs and make them available not only to coaches, but to all families.