

# Express Swim Team

## April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SwimExpress.com					1	2
3	4	5	<b>6 Stroke Clinic @South High</b>  10&Under—6:00-7:00 11-12 6:00-7:30 13&Over 6:00-7:30	<b>7 Stroke Clinic @ South High</b>  10&Under—6-7:00 11-12 -6-7:30 13&Over -6-8:00	<b>8 Stroke Clinic @ North High</b>  10&Under—6:00-7:00 11-12- 6:007:30 13&Over- 6:00-8:00	<b>9 First Day of Practice @North</b> SN/RX— 12:00-1:00 BZ- - 12:00-1:15 SV— 12:00-1:45 G/SR— 12:00-2:00
10	<b>11 @ South</b>  SN/RX-6-:006:45 BZ- 6-:007:00 SV- 6-:007:30 G/SR- 6-8:00	<b>12</b>  <b>No Practice</b>  <b>No Pools Available</b>	<b>13 @ South</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	<b>14 @ South</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	<b>15</b>  <b>No Practice</b>  <b>No Pools Available</b>	<b>16</b>  <b>No Practice</b>  <b>No Pools Available</b>
17	<b>18 @ South</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	<b>19 @ North</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV-No Practice G/SR-6:00-8:00	<b>20 @ South</b>  SN/RX-No Practice BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	<b>21 @ South</b>  SN/RX-6:00-6:45 BZ-No Practice SV-6:00-7:30 G/SR-6:00-8:00	<b>22 @ North</b>  SN/RX-No Practice BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	<b>23 @ North</b>  SN/RX— 12:00-1:00 BZ— 12:00-1:15 SV— 12:00-1:45 G/SR— 12:00-2:00
24	<b>25</b>  <b>No Practice</b>  <b>No Pools Available</b>	<b>26 @ North</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV-No Practice G/SR-6:00-8:00	<b>27 @ South</b>  SN/RX-6:00-6:45 BZ-6:00-7:15 SV— 6:00-7:30 G/SR-6:00-8:00	<b>28 @ South</b>  SN/RX— 6:00-6:45 BZ-No Practice SV-6:00-7:30 G/SR-6:00-8:00	<b>29 @ North</b>  SN/RX-No Practice BZ— 6:00-7:15 SV-6:00-7:30 G/SR— 6:00-8:00	<b>30 @ North</b>  SN/RX— 12:00-1:00 BZ— 12:00-1;15 SV— 12:00-1:45 G/SR— 12:00-2:00