

EXPRESS SWIM TEAM

April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SN—SuperNOVA BZ—Bronze SV—Silver G—Gold SR—Senior	FMC Natorium Westmont 5 Seasons Burr Ridge			1	2	3
4	5	6	7 @ 5 Seasons SN - 8-8:45 BZ—8-9:00 SV—8-9:15 G/SR—8-9:30	8 @ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	9 @ 5 Seasons SN-No Practice BZ- No Practice SV-6-7:15 G/SR-6-7:30	10 @ FMC/5 Seasons SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV-12-1:15 @ FMC G/SR-12-1:30 @ FMC
11 No Practice	12 @ 5 Seasons SN- No Practice BZ- No Practice SV- 8-9:15 G/SR- 8-9:30	13 @ FMC SN- 8-8:45 BZ- 8-9:00 SV- 8-9:15 G/SR- 8-9:30	14 @ 5 Seasons SN- 8-8:45 BZ- 8-9:00 SV- No Practice G/SR- 8-9:30	15 @ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	16 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	17 @ FMC/5 Seasons SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV- 12-1:15 @ FMC G/SR- 12-1:30 @ FMC
18 No Practice	@ 5 Seasons SN- No Practice BZ- No Practice SV- 8-9:15 G/SR- 8-9:30	20 @ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	21 @ 5 Seasons SN- 8-8:45 BZ- 8-9:00 SV- No Practice G/SR- 8-9:30	@ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	@ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	@ FMC/5 Seasons SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV- 12-1:15 @ FMC G/SR- 12-1:30 @ FMC
25 No Practice	@ 5 Seasons SN- No Practice BZ- No Practice SV- 8-9:15 G/SR- 8-9:30	27 @ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	28 @ 5 Seasons SN- 8-8:45 BZ- 8-9:00 SV- No Practice G/SR- 8-9:30	29 @ FMC SN—8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	30 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	SwimExpress.com