

Express Swim Team

December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RX-RecExpress SN-SuperNOVA BZ-Bronze SV-Silver G-Gold SR-Senior HS-High School Girls			1 @ DGN SN—No Practice BZ 6-7:15 SV— 6-7:30 G/SR/HS—6-8	2 @ DGN SN 6-6:45 BZ No Practice SV 6-7:30 G/SR/HS 6-8	3 @ DGS NO POOLS AVAILABLE	4 @ DGS SN—12-12:45 BZ—12-1 SV -12-1:30 G/SR/HS—12-1:30
<i>5H</i>	6 @ DGN RecX Session 2 Begins RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HSB 6-8	7 @ DGS RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	8 @ DGN RX/SN—No Practice BZ 6-7:15 SV— 6-7:30 G/SR/HS—6-8	9 @ DGN RX/SN 6-6:45 BZ No Practice SV 6-7:30 G/SR/HS 6-8	10 @ DGS RX/SN 6-6:45 BZ— 6-7:15 SV—No Practice G/SR/HS— 6-8 (EA Snowball Bash)	11 SWIM MEET Elmhurst Aquatics Snowball Bash @ York HS
12 SWIM MEET Elmhurst Aquatics Snowball Bash @ York HS	13 @ DGN RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	14 @ DGS RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	15 @ DGN RX/SN—No Practice BZ 6-7:15 SV— 6-7:30 G/SR/HS—6-8	16 @ DGN Express CANDY CANE Splash All-6-7:30 PM	17 @ DGS NO POOLS AVAILABLE	18 @ DGS NO POOLS AVAILABLE
19	20 @ DGN No School RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	21 @ DGS No School NO POOLS AVAILABLE	22 @ DGN No School NO POOLS AVAILABLE	23 @ DGN No School NO POOLS AVAILABLE	24 @ DGS No School NO POOLS AVAILABLE	25 @ DGS NO POOLS AVAILABLE
26	27 @ DGN No School RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	28 @ DGS No School RX/SN 6-6:45 BZ 6-7:15 SV 6-7:30 G/SR/HS 6-8	29 @ DGN No School RX/SN—6-6:15 BZ 6-7:15 SV— 6-7:30 G/SR/HS—6-8	30 @ DGN No School NO POOLS AVAILABLE	31 @ DGS No School NO PRACTICE	 <i>Swimexpress.com</i>