

# Express Swim Team

## December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 End Express Session 1	2 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	3 @ South SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	4 @ South SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8	5 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	6 @ South  D99 Conflict Boys Home Swim Meet NO PRACTICE	7 @ North 10-11 AM—All 10&U 10-11:30-All 11&O Swim Meet Arlington Winter @ RecPlex
8 Swim Meet SCST 8&U Classic @ STC North HS  Arlington Winter @ RecPlex	9 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	10 @ South  D99 Conflict NO PRACTICE	11 @ South  D99 Conflict Holiday Concert NO PRACTICE	12 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	13 @ South Swim Meet Elmhurst A-B  NO PRACTICE Boys Home Swim Meet	14 @ North 10-11 AM—All 10&U 10-11:30-All 11&O Swim Meet Elmhurst A-B @ York HS
15 Swim Meet Elmhurst A-B @ York HS	16 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	17 @ South SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM	18 @ South SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8	19 @ North SN-6-6:45 BZ-6-7:15 SV-6-7:30 G/S/H—6-8 RX-6-6:45 PM (End RX Session 2)	20 @ NORTH Candy Cane Splash SN- 4:30-6 BZ- 4:30-6 SV- 4:30-6 G/S/H- 4:30-6	21 @ North SN-10-10:45 BZ-10-11:15 SV-10-11:30 GSH-10-12:00
22	23  NO PRACTICE D99 Conflict	24  NO PRACTICE D99 Buildings Closed	25  NO PRACTICE D99 Buildings Closed	26  NO PRACTICE D99 Buildings Closed	27 @ North SN-5-5:45 BZ-5-6:15 SV-5-6:30 G/S/H—7-7:00	28 @ North SN-10-10:45 BZ-10-11:15 SV-10-11:30 G/S/H-10-12:00
29	30 @ North SN-5-5:45 BZ-5-6:15 SV-5-6:30 G/S/H—7-7:00	31  NO PRACTICE D99 Buildings Closed	1  NO PRACTICE D99 Buildings Closed	2  NO PRACTICE D99 Buildings Closed	3 @ North SN-5-5:45 BZ-5-6:15 SV-5-6:30 G/S/H—5-7:00	4 @ North SN-10-10:45 BZ-10-11:15 SV-10-11:30 G/S/H-10-12:00