

# EXPRESS SWIM TEAM

## February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 @ 5 Seasons SN— No Practice BZ-8-8:45 SV-8-9:30 G/SR-8-9:30	2 @ FMC SN-7:45-8:30 BZ-7:45-8:45 SV-7:45-9:15 G/SR-7:45-9:30	3 @5 Seasons/FMC SN— No Practice BZ— 8-8:45 (5 S) SV-8:00-9:(5 S) G/SR-6-7:15 AM (FMC) G/SR-8-9:30 (5S)	4 NO PRACTICE	5 @ 5 Seasons SN-No Practice BZ-No Practice SV-4:30-6 G/SR— 4:30-6	6 @ 5 Seasons/FMC SN-8-9 AM(5 S) BZ-8-9 AM (5 S) SV-12:10-1:40(FMC) G/SR-12:10-1:55 (FMC)
7 @ FMC SN-1:10-1:55 BZ-12:10-1:10 SV-12:10-1:40 G/SR-12:10-1:55	8 @ 5 Seasons SN— No Practice BZ-8-8:45 SV-8-9:30 G/SR-8-9:30	9 @ FMC SN-7:45-8:30 BZ-7:45-8:45 SV-7:45-9:15 G/SR-7:45-9:30	10 @5 Seasons/FMC SN— No Practice BZ— 8-8:45 (5 S) SV-8:00-9:(5 S) G/SR-6-7:15 AM (FMC) G/SR-8-9:30 (5S)	11 NO PRACTICE	12 @ 5 Seasons SN-No Practice BZ-No Practice SV-4:30-6 G/SR— 4:30-6	13 @ 5 Seasons/FMC SN-8-9 AM(5 S) BZ-8-9 AM (5 S) SV-12:10-1:40(FMC) G/SR-12:10-1:55 (FMC)
7 14 @ FMC SN-1:10-1:55 BZ-12:10-1:10 SV-12:10-1:40 G/SR-12:10-1:55	15 @ 5 Seasons SN— No Practice BZ-8-8:45 SV-8-9:30 G/SR-8-9:30	16 @ FMC SN-7:45-8:30 BZ-7:45-8:45 SV-7:45-9:15 G/SR-7:45-9:30	17 @5 Seasons/FMC SN— No Practice BZ— 8-8:45 (5 S) SV-8:00-9:(5 S) G/SR-6-7:15 AM (FMC) G/SR-8-9:30 (5S)	18 NO PRACTICE	19 @ 5 Seasons SN-No Practice BZ-No Practice SV-4:30-6 G/SR— 4:30-6	20 @ 5 Seasons/FMC SN-8-9 AM(5 S) BZ-8-9 AM (5 S) SV-12:10-1:40(FMC) G/SR-12:10-1:55 (FMC)
7 21 @ FMC SN-1:10-1:55 BZ-12:10-1:10 SV-12:10-1:40 G/SR-12:10-1:55	22 @ 5 Seasons SN— No Practice BZ-8-8:45 SV-8-9:30 G/SR-8-9:30	23 @ FMC SN-7:45-8:30 BZ-7:45-8:45 SV-7:45-9:15 G/SR-7:45-9:30	24 @5 Seasons/FMC SN— No Practice BZ— 8-8:45 (5 S) SV-8:00-9:(5 S) G/SR-6-7:15 AM (FMC) G/SR-8-9:30 (5S)	25 NO PRACTICE	26 @ 5 Seasons SN-No Practice BZ-No Practice SV-4:30-6 G/SR— 4:30-6	27 @ 5 Seasons/FMC SN-8-9 AM(5 S) BZ-8-9 AM (5 S) SV-12:10-1:40(FMC) G/SR-12:10-1:55 (FMC)
7 28 @ FMC SN-1:10-1:55 BZ-12:10-1:10 SV-12:10-1:40 G/SR-12:10-1:55				SN-SuperNOVA BZ-Bronze SV-Silver G-Gold SR-Senior	LOCATIONS 5S— 5 Seasons— Burr Ridge FMC—Westmont	SwimExpress.com