

EXPRESS SWIM TEAM

May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SN-SuperNOVA BZ-Bronze SV-Silver G-Gold SR-Senior	FMC Natorium Westmont 5 Seasons Burr Ridge					1 NO PRACTICE For ALL Groups SWIM MEET @ RecPlex
2 SWIM MEET @ RecPlex	3 @ 5 Seasons SN—No Practice BZ—No Practice SV-8-9:15 G/SR-8-9:30	4 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	5 @ 5 Seasons SN-8-8:45 BZ-8-9:00 SV-No Practice G/SR-8-9:30	6 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	7 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	8 @ 5S & FMC SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV-12-1:15 @FMC G/SR-12-1:30 @FMC
9	10 @ 5 Seasons SN—No Practice BZ—No Practice SV-8-9:15 G/SR-8-9:30	11 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	12 @ 5 Seasons SN-8-8:45 BZ-8-9:00 SV-No Practice G/SR-8-9:30	13 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	14 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	15 @ 5S & FMC SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV-12-1:15 @FMC G/SR-12-1:30 @FMC
16	17 @ 5 Seasons SN—No Practice BZ—No Practice SV-8-9:15 G/SR-8-9:30	18 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	19 @ 5 Seasons SN-8-8:45 BZ-8-9:00 SV-No Practice G/SR-8-9:30	20 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	21 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	22 @ 5S & FMC SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV-12-1:15 @FMC G/SR-12-1:30 @FMC
23	24 @ 5 Seasons SN—No Practice BZ—No Practice SV-8-9:15 G/SR-8-9:30	25 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	26 @ 5 Seasons SN-8-8:45 BZ-8-9:00 SV-No Practice G/SR-8-9:30	27 @ FMC SN-8-8:45 BZ-8-9:00 SV-8-9:15 G/SR-8-9:30	28 @ 5 Seasons SN-No Practice BZ-No Practice SV-6-7:15 G/SR-6-7:30	29 @ 5S & FMC SN-8-9 AM @ 5S BZ-8-9 AM @ 5S SV-12-1:15 @FMC G/SR-12-1:30 @FMC Last Day of Session
30	31 MEMORIAL DAY NO PRACTICE					SwimExpress.com