

Express Swim Team

May/June 2022—UPDATE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 @ South SN/RX-6-6:45 BZ- 6-7:15 SV- 6-7:30 G/SR- 6-8:00	3 @ North SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	4 No Pools Available	5 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	6 @ North No Pools Available	7 @ North EXPRESS Time Trial @ DGN WM-up—12:00 Meet—12:30
8	9 @ South SN/RX-6-6:45 BZ- 6-7:15 SV- 6-7:30 G/SR- 6-8:00	10 No Pools Available	11 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	12 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	13 @ North SN/RX-6—6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00 FMC MEET DAY #1	14 SWIM MEET FMC Spring Into LC @ FMC Natatorium (Long Course) [NO PRACTICE]
15 SWIM MEET FMC Spring Into LC @ FMC Natatorium (Long Course)	16 @ South SN/RX-6-6:45 BZ- 6-7:15 SV- 6-7:30 G/SR- 6-8:00	17 @ North SN/RX-6-6:45 BZ-6:00-7:15 SV-6:00-7:30 G/SR-6:00-8:00	18 @ South NO PRACTICE DGS Hosting Jr High Conference Swim Meet	19 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	20 @ North NO PRACTICE DGN/DGS GRADUIATION	21 @ North NO PRACTICE DGN/DGS Graduation Rain Date
22	23 @ South SN/RX-6-6:45 BZ- 6-7:15 SV- 6-7:30 G/SR- 6-8:00	24 @ North NO PRACTICE North High Maintenance	25 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	26 @ South SN/RX-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	27 @ North NO PRACTICE North High Maintenance	28 @ North NO PRACTICE North High Maintenance
29	30 MEMORIAL DAY No Practice	31 @ North NO PRACTICE North High Maintenance	1 @ South SN/R-6-6:45 BZ-6-7:15 SV-6-7:30 G/SR-6-8:00	2 @ South LAST DAY OF SESSION Intersquad Meet Blue v Purple Wm-up—6:00 Meet—6:30-8:00	3 @ North NO PRACTICE North High Maintenance	<i>SwimExpress.com</i>