

EXPRESS SWIM TEAM

October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
G— Gold S—Silver SN—SuperNova						1
2	3 @ North G-6-7:30 S-6-7:15 SN-6-7:00	4 @ South G-6-7:30 S-6-7:15 SN-6-7:00	5 @ North G-6-7:30 S-6-7:15 SN-6-7:00	6 @ North NO PRACTICE NO POOLS AVAILABLE	7 @ South NO PRACTICE NO POOLS AVAILABLE	8
9	10 @ North G-6-7:30 S-6-7:15 SN-6-7:00	11 @ South G-6-7:30 S-6-7:15 SN-6-7:00	12 @ North NO PRACTICE NO POOLS AVAILABLE	13 @ North G-6-7:30 S-6-7:15 SN-6-7:00	14 @ South G-6-7:30 S-6-7:15 SN-6-7:00	15
16	17 @ North NO PRACTICE NO POOLS AVAILABLE	18 @ South G-6-7:30 S-6-7:15 SN-6-7:00	19 @ North G-6-7:30 S-6-7:15 SN-6-7:00	20 @ North NO PRACTICE NO POOLS AVAILABLE	21 @ South G-6-7:30 S-6-7:15 SN-6-7:00 Swim Meet@ FMC	22 Swim Meet HOSC @ FMC
23 Swim Meet HOSC @ FMC	24 @ North G-6-7:30 S-6-7:15 SN-6-7:00	25 @ South NO PRACTICE NO POOLS AVAILABLE	26 @ North G-6-7:30 S-6-7:15 SN-6-7:00	27 @ North G-6-7:30 S-6-7:15 SN-6-7:00	28 @ South G-6-7:30 S-6-7:00 SN-6-7:00 Swim Meet @ FOX	29 Swim Meet FOX FALL CLASSIC
30 Swim Meet FOX FALL CLASSIC	31 @ North G-6-7:30 S-6-7:15 SN-6-7:00				Downers Grove North Downers Grove South	SwimExpress.com