

**RED ALERT ... RED ALERT ... RED ALERT ... RED ALERT ...**

## **PLAN B!!**

Greetings Express Families ..

Nothing like starting out the Fall Season with a RED ALERT / PLAN B situation ... but somehow, at some level it seems both appropriate and 'normal'!

Last evening a received a phone call from Dave Krotiak, FMC Director, to inform us that FMC is going to have to delay their opening a few days. One of the final inspections has been pushed back and they now expect the opening to be Wednesday, September 16<sup>th</sup>. SOOOO, I have made some adjustments to our practice schedule for this upcoming week, only, with the goal of spreading out the water that we DO have among all training groups. This is definitely a zig-zag, and I am hoping everyone is ready and able to make some last-minute adjustments. If not, believe me, I TOTALLY understand. Here's what the NEW schedule looks like:

### **TODAY, Wednesday 9/9 @ 5 Seasons – 6-lane Outdoor Pool**

Bronze – 8:15-9:00

Silver – 8:15-9:30

**GOLD – 8:15-9:30**

### **Thursday, 9/10 - NO WATER – EXPRESS DAY OFF**

### **Friday, 9/11 @ 5 Seasons – 4-lane Indoor Pool**

SuperNOVA & RecExpress – 4:30-5:00

Silver – 5:00-6:00

Senior – 4:30-6:00

### **Saturday, 9/12 @ 5 Seasons – 4-lane Indoor Pool**

SuperNOVA & RecExpress – 9:00-9:30

Bronze – 9:30-10:15

Gold – 9:00-10:15

### **Sunday, 9/13 - NO WATER – EXPRESS DAY OFF**

### **Monday, 9/14 @ 5 Seasons – 6-lane Outdoor Pool**

Bronze – 8:15-9:00

Silver – 8:15-9:30

Gold/Senior – 8:15-9:30

### **Tuesday, 9/15 – NO WATER – EXPRESS DAY OFF**

### **Wednesday, 9/16 - FMC to OPEN .. Keep your fingers crossed!!**

- **PRACTICE CALENDAR & LOCATIONS – (PARTIAL REPRINT FROM PREVIOUS EMAIL)**
  - **Practice Locations** (September through November 15th)..  
**5 Seasons Sports Club - 6901 S. Madison - Burr Ridge**  
**FMC Natatorium - 275 Plaza Drive - Westmont**

**Attached to this email is a 5 Seasons Waiver that each swimmer is required to have on file.**

**PLEASE BRING YOUR 5 SEASONS WAIVER WITH YOU THE FIRST DAY YOU ATTEND PRACTICE (ATTACHED).**

