



Summer Registration 2021

~ IMPORTANT DATES & INFORMATION - LONG COURSE SEASON ~

- ONLINE Registration Opens for Returning Members ... **OPEN NOW!**
- ONLINE Registration Opens for New Members ... **OPEN NOW!**
- First Day of the Session – Tuesday , June 1st

~ REGISTRATION PROCESS ~

Express Swim Team registration will take place ONLINE registration for the Summer 2021 season. Begin by clicking on the “Swim Team ONLINE Registration” button on the right side of the website home page and then simply follow the step-by-step process. Returning members have an existing account and should sign into their account to complete the registration process. New members will need to create an account prior to registration.

~ PRACTICE LOCATIONS ~

Express Summer practices will take place at four locations:
Orchard Brook Swim Club, Downers Grove
5 Seasons Athletic Club, Burr Ridge
WEST Superior Swimming, Westmont
FMC Natatorium, Westmont

~ TRAINING GROUPS ~

Senior Training Groups – Ages 13 & Over

Summer-AM & PM sessions; 10 Sessions/week; (Ages 13 & Over).

Summer Session – Full Program (June 1st – July 30th)

PM-Only Summer - (June 1st – July 30th)

College – Returning College Students (June – July)

Age Group Training Group – Ages 6-13

Summer PM Sessions; 5 Sessions/week; (ages 6-13)

Swimmers should register for the training group based on their age at the end of the Long Course season.

Summer Session - (June 1– July 30th)

Purple (Ages 11-12) – Practice available 5 days/week for 1:30

Blue (Ages 10&Under) – Practice available 5 days/week for 1:00

~ PRACTICE SCHEDULE - Summer 2021 ~

The practice schedule for the first 10 days of the Summer session is not finalized at this writing. We are working with 4 pools and they are transitioning to their Summer schedules on different days/weeks. The General Summer Schedule is listed below. This schedule will begin on June 9th.

The June 1st – 9th schedule will be posted as soon as it is available.

GENERAL Summer Practice Schedule (June-July) Please check the ONLINE Practice calendar for the early June schedule

Practice Schedule beginning Wednesday, June 9th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENIOR	6:00-7:45 AM @ Orchard Brook	6:00-7:45 AM @ Orchard Brook	6:00-7:45 AM @ Orchard Brook	6:00-7:45 AM @ Orchard Brook	6:00-7:45 AM @ Orchard Brook
	2:30-4:00 PM @ WEST	4:30-6:00 PM @ 5 Seasons	7:20-8:50 PM @ FMC	4:30-6:00 PM @ 5 Seasons	4:30-6:00 PM @ WEST
PURPLE	2:30-4:00 PM @ WEST	4:30- 6:00 PM @ 5 Seasons	7:20-8:50 PM @ FMC	4:30-6:00 PM @ 5 Seasons	4:30-6:00 PM @ WEST
BLUE	2:30-3:30 PM @ WEST	4:30-5:30 PM @ 5 Seasons	7:20-8:50 PM @ FMC	4:30-6:30 PM @ 5 Seasons	4:30-6:30 PM @ 5 Seasons

~ FEES - PAYMENT SCHEDULE - POLICIES ~

- **Team Fees** - Team fees cover participation during the Long Course Summer Season - June 1st through July 31st.
- **USA Swimming Registration Fee - \$81** All athletes participating in Express Swim Team programs are required to be member of USA Swimming. This is an annual fee goes directly to USA Swimming and ISI and covers your insurance and other programming opportunities. Registration fees are collected now for the 2021 calendar year.
- **EXPR Registration Fee – \$40 Spring/Summer** This one-time per season per swimmer fee is paid at the time of registration and covers administrative fees; Express swim cap and Team T-shirt.
- **Meet Participation Fees** - Meet fees will not be collected at registration. Meet registration will take place ONLINE. Meet fees will be billed as they occur. Meet entries are submitted approximately 6-weeks prior to the meet. After our team entry has been submitted, swimmers / families will be responsible for their fees even if swimmers are unable to attend the meet. In the Billing Section of the website / Payment Set-up, families should establish a credit card on file for payment of meet fees. There is a \$3 Express Swim Team surcharge for all swimmers participating in meets.
- **Transfer Fee** - All swimmers coming to Express Swim Team from another USA Swim Team are required to submit a transfer form and \$10 transfer fee to Illinois Swimming
- **Payment Plan** Team fees are broken in to two installments - one at the time of registration and the second on July 1st.
- **Late Registration** – Swimmers who register late will need to make-up any missed payments that have been processed prior to beginning practice.
- **Refunds and Notification of Leaving the Team** – Team fees are non-refundable after 10 practices have been offered for the training group. The team must be notified in writing if you choose to leave the team. USA Swimming registration fees and any meet participation fees already paid are non-refundable.

GROUP	2 Installments at Registration & July 1 st
Blue	\$190
Purple	\$260
Senior	\$370
Single Payment @ Registration*	
SR-PM-ONLY*	\$370
SR-College*	\$370

**USA Fee & Registration Fee will be billed separately for New members only. Returning members have already paid the 2021 USA Membership and Registration fees.

~ SWIM MEET PARTICIPATION ~

The Summer Long Course Meet Schedule is be posted on the Express website. Express Swim Team is a competitive program and all participants are expected to compete during the season. Registration for meet participation will take place ONLINE where families can select the meets and sessions they would like to participate in. Meet participation fees are billed monthly. Meet participation fees for most swim meets have increased with adding of 'facility fees' There are no "refunds" if swimmers do not participate in a race, session or meet they have signed-up for.

As a reminder, our entries are submitted to the host team six weeks prior to the actual meet. Advanced planning will be necessary. Once the meet sign-up window has closed, no additions or changes are possible. Swimmers with qualifying time standards will participate in the end-of- season championship meets (Regional Champs, State Champs, Sectionals, Juniors, or Nationals).

EQUIPMENT REQUIREMENTS

- **Blue** Kick Board & Fins
- **Purple** Kick Board, Pull Buoy, Fins
- **Senior –** Kick Board, Pull Buoy, Fins/Zoomers, Snorkel, Paddles, Tempo Trainer