

Express Swim Team
Express February “Fast One”
February 7-8, 2015

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number – ILS15-0203

MEET DIRECTOR

Judy Busse
PO Box 358
Downers Grove, IL 60515
630.926.2220
judybusse@gmail.com

ENTRY CHAIRPERSON

Judy Busse / Kris Busse
PO Box 358
Downers Grove, IL 60515
630.926.2220
judybusse@gmail.com

SAFETY CHAIRPERSON

Judy Busse

MEET REFEREE

Kimberly Mozdierz-Frank
kitome@att.net

MEET INFORMATION

LOCATION

Downers Grove SOUTH High School
1436 Norfolk
Downers Grove, IL 60516

FACILITY

The **Downers Grove South High School** pool is a 25-yard, eight-lane pool with starting blocks at the deep end of the pool. The start end is 8' deep and the turn end is 4' deep with Competitor Non-Turbulent lane lines and a Colorado 6 scoring system with a full color video score board. There is a separate diving well that will be available for warm-up/cool down. A coach must supervise swimmers in the warm-up/cool down pool at all times. Spectator seating is for 800.

FORMAT

This is USA Sanctioned Open Meet with the following non-standard age categories for girls and boys: 8 & Under, 10 & Under, 12 & Under, 13-14, Open and Mixed. All events will be Positive Check-in, Timed Finals. An Event Listing is attached.

Saturday and Sunday A.M.

Warm Ups: 7:00 AM
Meet Start: 8:00 AM
Positive check in will close at 7:20 AM

Saturday and Sunday PM

Warm Ups: 12:00 Noon
Meet Start: 1:00 PM
Positive check in will close at 12:20 PM

POSITIVE CHECK-IN

This is a Positive Check-in Meet. Positive check-in will close 40 minutes prior to the first event for each session. Swimmers not checking in will be considered a scratch for that session's events

ENTRY INFORMATION

DEADLINE

The Entry Chairperson will not accept entries before Friday, January 16, 2015 at 8:00 am. Hand delivered, phoned or faxed entries will **NOT** be accepted. All team entries must be e-mailed. Please e-mail your zipped, commlink files beginning at 8:00 am, Central Standard Time on **Friday, January 16, 2015**. A completed and signed Entry Summary Sheet, provided in this packet, and payment in full must be received within 72 hours of receipt of your e-mailed entry. An entry is not complete until all necessary paperwork including, Entry Summary Sheet, Volunteer Sheet, Summary of Fees Report and check for entry fees made payable to Express Swim Team are received. Entries that are expressed mail should be delivered with no signature required. If you desire verification of entries received, include an e-mail address or a self-addressed postal card with your entries.

E-Mail Entries to:

Judy Busse /Kris Busse
judybusse@gmail.com

Mail Entries to:

Judy Busse
Express Swim Team
PO Box 358
Downers Grove, IL 60515

ENTRY LIMITATIONS

DECK ENTRIES BE MAY BE PERMITTED if space allows. Swimmers may swim a maximum of 4 individual events per session. The 12 & Under 200 Freestyle and Individual Medley and the Mixed 400 IM and 500 Freestyle will be limited to the fastest three heats. The host team reserves the right to swim additional heats if time allows. The host team reserves the right to limit the number of heats to conform to a four-hour time limit for each session.

ENTRY VERIFICATION

An e-mail will be sent confirming receipt of entry within 48 hours.

FORMS

Team entries should be submitted via e-mail using Hy-tek software. A hard copy printout of the entry, showing team's name, meet name, swimmers current registration number, age, first name, middle initial and last name must be part of the meet packet. If Hy-tek is not used, the entries must be submitted on the enclosed entry form. Do not submit entry cards. The enclosed "Entry Summary Sheet" must be completed and a copy of the "Team Manager Fees Report" enclosed. The Release Form **MUST BE SIGNED** and returned with your entry. These must be returned together with your check payable to: Express Swim Team. Failure to enclose all required paperwork shall be sufficient grounds for refusal of the entry. **ENTRY PACKETS WILL BE ACCEPTED ONLY AT THE ABOVE ADDRESS FOR THE MEET ENTRY CHAIRPERSON.**

ENTRY FEES

The entry fees are \$4.00 per event, ISI surcharge of \$2.00 per swimmer, and a facilities surcharge of \$2.00 per swimmer. Make checks payable to Express Swim Team.

ENTRY DEADLINE & TIME LINE LIMIT

Wednesday, January 29, 2015 is the last date the entry chairperson will accept entries. Entries shall not be considered received until delivered to the entry chairperson at the address shown in the meet information. Entries will be accepted until the time limit, subject to the 4-hour/10 hour rule is reached and entries received thereafter will be returned immediately. If a phone number is included on the Entry Summary Sheet, teams that do not get into the meet will be called immediately. No additional swimmers may be entered after original team entry has been processed without consent from the entry chair.

EVENTS

In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest. All non-conforming times will be seeded last in rank order.

ADDITIONAL INFORMATION

AWARDS

Individual Awards will be presented to the top 12 finishers in each event.

OFFICIALS/MEET WORKERS

Officials are needed. Anyone willing to officiate should call the Meet Referee

RULES AND SAFETY

All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced.

STARTING

FINA starting procedures and rules (whistle commands and no recall) will be in effect for this meet. In accordance with USA Swimming Rules; Articles 105, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches and swimmers to contact the Meet Referee, prior to competition, with specific requests.

USA SWIMMING RULES will be strictly enforced:

- **202.3.4 - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.**
- **The competition course has not been certified in accordance with 104.2.2C(4).**
- **Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

DECK CHANGING:

The practice of Deck Changing is prohibited at all Illinois Swimming Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.

ELIGIBILITY

All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Ave., Suite 245, Des Plaines, IL 60018, Phone 847.824.1596. Fax 847.824.1726 . A swimmer's age as of **February 7, 2015** will determine their age for the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA SWIMMING, INC MEMBERSHIP

Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES

All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

ADMISSIONS & HEAT /PSYCH SHEETS

Saturday admission is \$5.00 and Sunday admission is \$5.00. No charge for children.

CONCESSIONS

Food and beverages will be available for sale in the observation balcony. **NO FOOD IS ALLOWED ON DECK.** A hospitality room will be provided for coaches and officials. There is absolutely no smoking allowed on the school grounds or in the building.

MEET RESULTS

Results will be posted on the host website within 24 hours of the meets conclusion

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- Order of Events -

Session 1 Saturday AM

Wm-up- 7:00 AM
Meet - 8:00 AM

Women		Men
1*	12 & U 200 IM	2*
3	8 & U 25 Back	4
5	12 & U 100 Back	6
7	12 & U 50 Breast	8
9	8 & U 25 Fly	10
11	12 & U 100 Fly	12
13	8 & U 100 Free	14
15	12 & U 50 Free	16

Session 4 Sunday AM

Wm-up- 7:00 AM
Meet 8:00 AM

Women		Men
45*	12 & U 200 Free	46*
47	12 & U 50 Back	48
49	8 & U 25 Breast	50
51	12 & U 100 Breast	52
53	8 & U 25 Free	54
55	12 & U 100 IM	56
57	12 & U 50 Fly	58
59	8 & U 50 Free	60
61	12 & U 100 Free	62

Session 2 Saturday PM

Wm-up- 12:00 N
Meet - 1:00 PM

Women		Men
17	14&U 200 IM	18
19	Open 200 IM	20
21	10&U 50 Fly	22
23	13-14 100 Fly	24
25	Open 100 Fly	26
27	13-14 200 Breast	28
29	Open 200 Breast	30
31	10&U 50 Breast	32
33	13-14 100 Back	34
35	Open 100 Back	36
37	10 & U 50 Free	38
39	13-14 100 Free	40
41	Open 100 Free	42

Session 5 Sunday PM

Wm-up- 12:00 N
Meet- 1:00 PM

Women		Men
63	14&U 200 Free	64
65	Open 200 Free	66
67	10&U 50 Back	68
69	13-14 200 Back	70
71	Open 200 Back	72
73	13-14 200 Fly	74
75	Open 200 Fly	76
77	10&U 100 IM	78
79	13-14 100 Breast	80
81	Open 100 Breast	82
83	10&U 100 Free	84
85	13-14 50 Free	86
87	Open 50 Free	88

Session 3 Saturday PM

Wm-up – Following Session 2

43* – Mixed Open 400 IM

Session 6 Sunday PM

Wm-up - Following Session 5

89* – Mixed Open 500 Free

*Limited to fastest three heats. We will swim more if time allows.

Express Swim Team
EXPRESS FEBRUARY "FAST ONE"
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Judy Busse, Entry Chair
PO Box 358
Downers Grove, IL 60515
judybusse@gmail.com 630.926.2220

Summary of Fees

Individual Event Fees:

Total Number of Individual Entries _____ @ \$4.00 each = \$ _____

Swimmer Surcharge:

Total Number of Swimmers Attending Meet _____ @ \$2.00 each = \$ _____

Facility Surcharge:

Total Number of Swimmers Attending Meet _____ @ \$4.00 each = \$ _____

Grand Total = \$ _____

*Please make all checks payable to: **Express Swim Team***

Name of Club _____ Club Initials _____

Names of coaches attending Meet _____

Mailing Address Name _____

Address _____

City, State, Zip _____

Home Phone _____ Work Phone _____

e-mail address _____

In consideration of acceptance of this entry I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against U. S. Swimming, Inc.; Illinois Swimming Inc.; Express Swim Team, and Community High School District 99, their Representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

Signature (Coach, Parent, or Club Representative) _____ Date _____

This signed release must accompany the entry or the entry will not be accepted.

Entries will not be accepted before Friday, January 16, 2014