

# 2003-2004 ISI Age Group Time Standards

Approved by ISI HOD 9/28/03

Effective 9/28/03 to 4/01/04

				Yards		
Girls			Event	Boys		
A.G. Champ	State A	B	10&U	A.G. Champ	State A	B
30.59	33.69	37.39	50 free	30.99	34.09	37.89
1:07.99	1:14.79	1:22.99	100 free	1:08.79	1:15.69	1:23.99
2:31.49	2:46.69	3:04.89	200 free	2:34.09	2:49.59	3:07.99
36.19	39.89	44.19	50 back	36.99	40.69	45.19
1:19.09	1:27.09	1:36.49	100 back	1:19.89	1:27.89	1:37.49
40.69	44.79	49.69	50 breast	41.89	46.09	51.19
1:29.39	1:38.39	1:49.09	100 breast	1:32.19	1:41.49	1:52.49
34.49	37.99	42.09	50 fly	35.19	38.79	42.99
1:22.39	1:30.69	1:40.59	100 fly	1:25.09	1:33.69	1:43.89
1:18.39	1:26.29	1:35.69	100 im	1:19.19	1:27.19	1:36.69
2:51.39	3:08.59	3:29.19	200 im	2:53.09	3:10.49	3:31.19
2:12.29	2:25.59	2:41.39	200 FR	2:12.39	2:25.69	2:41.59
2:30.59	2:45.69	3:03.79	200 MR	2:32.69	2:47.99	3:06.29
A.G. Champ	State A	B	11 & 12	A.G. Champ	State A	B
27.49	30.29	33.59	50 free	27.59	30.39	33.69
59.79	1:05.79	1:12.99	100 free	1:00.49	1:06.59	1:13.89
2:11.69	2:24.89	2:40.69	200 free	2:13.69	2:27.09	2:43.19
5:52.19	6:27.49	7:09.69	500 free	6:01.89	6:38.09	7:21.59
31.99	35.19	39.09	50 back	32.69	35.99	39.89
1:09.09	1:16.09	1:24.29	100 back	1:10.69	1:17.79	1:26.29
35.99	39.59	43.99	50 breast	36.59	40.29	44.69
1:18.39	1:26.29	1:35.69	100 breast	1:20.09	1:28.19	1:37.79
30.39	33.49	37.09	50 fly	30.99	34.09	37.89
1:09.29	1:16.29	1:24.59	100 fly	1:11.29	1:18.49	1:26.99
1:09.29	1:16.29	1:24.59	100 im	1:10.19	1:17.29	1:25.69
2:28.49	2:43.39	3:01.19	200 im	2:33.79	2:49.19	3:07.69
4:12.29	4:37.59	5:07.79	400 FR	4:19.79	4:45.79	5:16.99
4:41.29	5:09.49	5:43.19	400 MR	4:58.29	5:28.19	6:03.99
A.G. Champ	State A	B	13 & 14	A.G. Champ	State A	B
26.19	28.89	31.49	50 free	24.99	27.49	30.49
56.89	1:02.59	1:09.49	100 free	54.59	1:00.09	1:06.69
2:04.69	2:17.19	2:32.19	200 free	1:59.99	2:11.99	2:26.39
5:34.59	6:08.59	6:48.29	500 free	5:24.89	5:57.39	6:36.39
11:42.69	12:52.69	14:17.29	1000 free	11:25.09	12:23.59	13:55.79
19:30.59	21:27.69	23:48.19	1650 free	19:01.39	20:55.59	23:12.59
1:05.19	1:11.79	1:19.59	100 back	1:03.39	1:09.79	1:17.39
2:20.99	2:35.09	2:52.09	200 back	2:18.69	2:32.59	2:49.29
1:14.59	1:21.69	1:30.59	100 breast	1:11.59	1:18.79	1:27.39
2:41.29	2:57.49	3:16.79	200 breast	2:39.49	2:55.49	3:14.59
1:04.59	1:11.09	1:18.89	100 fly	1:02.69	1:08.99	1:16.49
2:26.39	2:41.09	2:58.69	200 fly	2:23.39	2:37.79	2:54.99
2:21.39	2:35.59	2:52.59	200 im	2:16.19	2:29.89	2:46.19
4:59.99	5:29.99	6:05.99	400 im	4:55.09	5:24.69	6:00.09
3:54.89	4:18.39	4:46.59	400 FR	4:24.19	4:50.69	5:22.39
8:37.69	9:29.49	10:31.59	800 FR	8:33.89	9:25.29	10:26.99
4:25.29	4:51.89	5:23.69	400 MR	3:52.79	4:16.09	4:44.99

CORRECTED 10/3/03  
BY ISI AGE GROUP COMMITTEE

# 2003-2004 ISI Age Group Time Standards

Approved by ISI HOD 9/28/03  
Effective 9/28/03 to 4/01/04

				SCM		
Girls			Event	Boys		
A.G. Champ	State A	B	10&U	A.G. Champ	State A	B
33.99	37.39	41.49	50 free	34.49	37.89	42.09
1:15.59	1:23.19	1:32.19	100 free	1:16.49	1:24.09	1:33.29
2:48.39	3:05.19	3:25.39	200 free	2:51.29	3:08.39	3:28.89
40.29	44.29	49.09	50 back	41.19	45.29	50.19
1:27.89	1:36.69	1:47.29	100 back	1:28.79	1:37.69	1:48.39
45.29	49.79	55.19	50 breast	46.59	51.29	56.79
1:39.39	1:49.29	2:01.19	100 breast	1:42.49	1:52.69	2:04.99
38.39	42.19	46.79	50 fly	39.19	43.09	47.79
1:31.59	1:40.79	1:51.69	100 fly	1:34.59	1:44.09	1:55.39
1:27.19	1:35.89	1:46.29	100 im	1:27.99	1:36.79	1:47.39
3:10.49	3:29.49	3:52.39	200 im	3:12.39	3:31.59	3:54.69
2:26.99	2:41.69	2:59.39	200 FR.	2:27.19	2:41.89	2:59.49
2:47.39	3:04.09	3:24.19	200 MR	2:49.69	3:06.69	3:26.99
A.G. Champ	State A	B	11 & 12	A.G. Champ	State A	B
30.59	33.69	37.29	50 free	30.69	33.79	37.49
1:06.49	1:13.09	1:21.09	100 free	1:07.29	1:13.99	1:22.09
2:26.39	2:40.99	2:58.59	200 free	2:28.59	2:43.49	3:01.29
6:01.39	7:10.49	7:57.49	500 free	6:42.19	7:22.39	8:10.59
35.59	39.19	43.39	50 back	36.39	39.99	44.39
1:16.79	1:24.49	1:33.69	100 back	1:18.59	1:26.49	1:35.89
39.99	43.99	48.79	50 breast	40.69	44.79	49.69
1:27.19	1:35.89	1:46.29	100 breast	1:28.99	1:37.89	1:48.59
33.79	37.19	41.29	50 fly	34.49	37.89	42.09
1:16.99	1:24.69	1:33.99	100 fly	1:19.29	1:27.19	1:36.69
1:16.99	1:24.69	1:33.99	100 im	1:17.99	1:25.79	1:35.19
2:44.99	3:01.49	3:21.29	200 im	2:50.89	3:07.99	3:28.49
4:40.39	5:08.39	5:41.99	400 FR	4:48.69	5:17.59	5:52.19
5:12.59	5:43.89	6:21.39	400 MR	5:31.49	6:04.59	6:44.39
A.G. Champ	State A	B	13 & 14	A.G. Champ	State A	B
29.19	32.09	34.99	50 free	27.79	30.59	33.89
1:03.29	1:09.59	1:17.19	100 free	1:00.69	1:06.79	1:14.09
2:18.59	2:32.49	2:49.09	200 free	2:13.39	2:26.69	2:42.69
6:11.79	6:48.99	7:33.59	500 free	6:00.99	6:37.09	7:20.49
10:24.59	11:27.09	12:42.09	800 free	10:08.89	11:09.79	12:22.89
19:43.59	21:41.99	24:03.99	1500 free	19:14.09	21:09.49	23:27.99
1:12.49	1:19.69	1:28.39	100 back	1:10.49	1:17.49	1:25.99
2:36.69	2:52.39	3:11.19	200 back	2:34.19	2:49.59	3:08.09
1:22.49	1:30.69	1:40.59	100 breast	1:19.59	1:27.59	1:37.09
2:59.29	3:17.19	3:38.69	200 breast	2:57.29	3:14.99	3:36.29
1:11.79	1:18.99	1:27.59	100 fly	1:09.69	1:17.69	1:24.99
2:42.69	2:58.99	3:18.49	200 fly	2:39.39	2:55.29	3:14.39
2:37.19	2:52.89	3:11.69	200 im	2:31.39	2:46.49	3:04.69
5:33.39	6:06.69	6:46.69	400 im	5:27.89	6:00.69	6:40.09
4:20.99	4:47.09	5:18.49	400 FR	4:53.59	5:22.99	5:58.19
9:35.29	10:32.79	11:41.79	800 FR	9:30.99	10:28.09	11:36.69
4:54.79	5:24.29	5:59.69	400 MR	4:18.69	4:44.59	5:15.59

CORRECTED 10/3/03  
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			<b>LCM</b>			
<b>Girls</b>			<b>Event</b>	<b>Boys</b>		
<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>	<b>10&amp;U</b>	<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>
35.19	38.79	42.99	<b>50 free</b>	35.89	39.49	43.79
1:19.79	1:27.79	1:37.39	<b>100 free</b>	1:21.49	1:29.69	1:39.49
2:54.69	3:12.19	3:33.19	<b>200 free</b>	2:59.39	3:17.39	3:38.89
42.99	47.29	52.49	<b>50 back</b>	43.39	47.79	52.99
1:32.79	1:42.09	1:53.29	<b>100 back</b>	1:36.19	1:45.89	1:57.39
48.29	53.19	58.99	<b>50 breast</b>	50.29	55.39	1:01.39
1:44.49	1:54.99	2:07.49	<b>100 breast</b>	1:50.19	2:01.29	2:14.49
40.69	44.79	49.69	<b>50 fly</b>	42.69	46.99	52.09
1:38.19	1:48.09	1:59.79	<b>100 fly</b>	1:46.89	1:57.59	2:10.49
3:14.49	3:33.99	3:57.29	<b>200 im</b>	3:26.09	3:46.79	4:11.49
2:33.49	2:48.89	3:07.29	<b>200 FR</b>	2:33.79	2:49.19	3:07.69
2:54.69	3:12.19	3:33.49	<b>200 MR</b>	2:58.19	3:16.09	3:37.39
<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>	<b>11 &amp; 12</b>	<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>
31.59	34.79	38.59	<b>50 free</b>	32.09	35.39	39.19
1:09.19	1:16.19	1:24.49	<b>100 free</b>	1:10.69	1:17.79	1:26.29
2:31.89	2:47.09	3:05.39	<b>200 free</b>	2:36.49	2:52.19	3:10.99
5:22.69	5:54.99	6:33.69	<b>400 free</b>	5:28.19	6:01.09	6:40.39
37.69	41.49	45.99	<b>50 back</b>	38.99	42.89	47.59
1:21.49	1:29.69	1:39.49	<b>100 back</b>	1:23.79	1:32.19	1:42.29
42.09	46.39	51.39	<b>50 breast</b>	43.79	48.19	53.49
1:32.19	1:41.49	1:52.49	<b>100 breast</b>	1:35.59	1:45.19	1:56.69
35.09	38.69	42.89	<b>50 fly</b>	36.59	40.29	44.69
1:21.19	1:29.39	1:39.09	<b>100 fly</b>	1:24.29	1:32.79	1:42.89
2:52.19	3:09.49	3:30.09	<b>200 im</b>	2:56.89	3:14.59	3:35.89
4:57.39	5:27.19	6:02.89	<b>400 FR</b>	4:59.09	5:29.09	6:04.89
5:34.49	6:07.99	6:48.09	<b>400 MR</b>	5:45.69	6:20.29	7:01.79
<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>	<b>13 &amp; 14</b>	<b>A.G. Champ</b>	<b>State A</b>	<b>B</b>
30.09	33.19	36.79	<b>50 free</b>	29.09	32.09	35.49
1:05.89	1:12.49	1:20.39	<b>100 free</b>	1:03.59	1:09.99	1:17.59
2:23.69	2:38.09	2:55.39	<b>200 free</b>	2:21.29	2:35.49	2:52.39
5:00.29	5:30.39	6:06.39	<b>400 free</b>	5:03.69	5:34.09	6:10.59
10:50.79	11:55.89	13:13.99	<b>800 free</b>	10:36.49	11:40.09	12:56.49
20:24.79	22:27.29	24:54.29	<b>1500 free</b>	19:57.79	21:57.59	24:21.39
1:17.29	1:25.09	1:34.29	<b>100 back</b>	1:16.09	1:23.79	1:32.89
2:46.89	3:03.59	3:23.69	<b>200 back</b>	2:43.89	3:00.29	3:19.99
1:27.59	1:36.39	1:46.89	<b>100 breast</b>	1:26.39	1:35.09	1:45.49
3:08.79	3:27.69	3:50.39	<b>200 breast</b>	3:09.49	3:28.49	3:51.19
1:14.99	1:22.49	1:31.49	<b>100 fly</b>	1:14.29	1:21.79	1:30.69
2:51.79	3:08.99	3:29.59	<b>200 fly</b>	2:51.69	3:08.89	3:29.49
2:43.19	2:59.59	3:19.09	<b>200 im</b>	2:40.39	2:56.49	3:15.69
5:50.59	6:25.69	7:07.79	<b>400 im</b>	5:50.99	6:26.09	7:08.29
4:43.59	5:11.99	5:45.99	<b>400 FR</b>	4:34.19	5:01.69	5:34.59
10:12.69	11:13.99	12:27.49	<b>800 FR</b>	10:03.79	11:04.19	12:16.69
5:19.29	5:51.29	6:29.59	<b>400 MR</b>	5:07.79	5:38.59	6:15.59

