FFSC SCHEDULE

August 10-23, 2020

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	8/10	8/11	8/12	8/13	8/14	8/15	8/16	8/17	8/18	8/19	8/20	8/21	8/22	8/23
BRONZE - Sign-up required for all practices														
Swim	6:00-7:00	6:00-7:00	OFF	OFF	5:00-6:00	10:15-11:15	OFF	6:00-7:00	6:00-7:00	OFF	OFF	5:00-6:00	10:15-11:15	OFF
						AM							AM	
SILVER														
Swim	6:00-7:30	OFF	6:00-7:30	6:00-7:30	5:00-6:30	8:45-10:15		6:00-7:30	OFF	6:00-7:30	6:00-7:30	5:00-6:30	8:45-10:15	OFF
						AM							AM	
GOLD														
Swim-AM	6:15-8:15	6:15-8:15	6:15-8:15	6:15-8:15	6:15-8:15	8:15-10:15	OFF	6:15-8:15	6:15-8:15	6:15-8:15	6:15-8:15	6:15-8:15	8:15-10:15	OFF
NEWS & EVENTS														

Notes & Reminders

> IWU Practice Protocol: Arrive no earlier than 10 minutes before practice. You can use the lower circle or Franklin St. for drop-off. You'll be met by a coach at the back door. If you arrive after the practice start time, you will not be able to get in. Parents, you'll need to meet your swimmers at the back door after practice.

> COVID forms, bronze practice sign-up, and silver/bronze dryland sign-up can be found on the Summer Info page on the website. You need to be logged in.

> Please remember that the elevated lot behind the pool is for IWU staff only and may NOT be used for parking, drop-off, or pickup.